

# SUN SENIOR NEWS

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## David and Judy Otis — 33 Feet and 3500 Miles

BY RUTH MORSE

David and Judy Otis owe a little bit of gratitude to a famous San Francisco bordello owner named Sally Stanford. Sally, after her success in San Francisco, opened the Valhalla Restaurant in Sausalito in 1950, located across the bay. It was at the bar in this restaurant that the couple first met. The two married in Sausalito in 1961 and will celebrate their fifty-eighth anniversary this year. The restaurant no longer exists, but the Otis marital bond is still going strong.

Like Stanford, the couple has an interesting history. Sally wrote about her interesting life in her autobiography, *Lady of the House*. She eventually became mayor of Sausalito. David and Judy also lived in Sausalito for a time, but it was only for a brief period and a small part of a very peripatetic existence after beginning their marital life in San Francisco.

The stint in Sausalito was only one of sixteen geographic locations during their married life before they settled in Lincoln



Judy and David Otis

Photo by Jeff Andersen

Hills four years ago. Amazingly, the four-year duration in Lincoln is one of the longest in their marriage. Another long stay was in Virginia where they kept their thirty-three foot sailboat nearby for beloved trips on the water.

David Otis was born in a small town in Iowa named Creston. He spent four years in the Air Force after high school graduation, three of the years stationed in Germany. He says he had “experiences,” mostly involving some form of pleasant socializing, in four different colleges but he never actually graduated. He came to California with some friends from Colorado ready for adventure and settled in San Francisco, eventually working for Schick, the first career in the corporate world of sales that would take him and his family all over the United States.

Judy was born in Michigan and lived in Bloomfield Hills. Her father owned a newspaper in Birmingham, Michigan. She made her way out to San Francisco with several college girlfriends who had attended the University of Colorado in Boulder, a known “party school.” When she arrived in San Francisco, she worked in the Fairmont

(cont' on page 37)

## April Activities — Easter, Earth Day and Bingo!

BY DENISE BOWDEN

After recovering from Easter egg hunts and Earth Day activities join the Lincoln Hills Foundation for Bingo on Tuesday, April 23rd then relax the rest of the month as you get ready for the Big Day of Giving.



Come as a group and reserve a table or come by yourself and make new friends. Tables for seven to ten players can be reserved in advance by sending an email to [bingo@lincolnhillsfoundation.org](mailto:bingo@lincolnhillsfoundation.org).

Cost is \$20 for twelve games. Don't forget to bring your dauber or purchase one on-site for \$1.50.

Doors open at 12:30 in the Orchard Creek Ballroom and the games begin at 1:00.

Attn Players: You no longer need to print out coupons for pop-ups. To give every Bingo player an equal chance of winning prizes, each player will receive 3 complimentary pop-ups with the purchase of their game cards.

As usual Meridians Restaurant will offer its tasty pre-game luncheon special. Look for the complete 2019 Bingo schedule on the website at [www.lincolnhillsfoundation.org](http://www.lincolnhillsfoundation.org).

## LH Community Chorus

BY BARRY MACKINTOSH

Some of Our Favorite “Songs through the Decades” — The Lincoln Hills Community Chorus is excited about bringing you “Songs through the Decades,” our spring concert on April 28-30. Our program features more than 20 hits from the 1920s through the '80s, selected by Director Paul Melkonian to bring out the best in us and recall fond memories for you.

We've been rehearsing this repertoire since January, and as you might expect, many of us have personal favorites. Let's hear from some of our leaders:

Maestro Paul especially enjoys “On the Atchison, Topeka, and the Santa Fe,” a 1945 collaboration by the famed songsters Harry Warren and Johnny Mercer. He calls it a “fun song” because we get to imitate the train with its whistle: “Chug-a, chug-a, chug-a, oo-woo!”



Doug Brown



Paul Melkonian and Nina Malone

Our accompanist Nina Malone is drawn to “The Sound of Silence,” written by Paul Simon in 1964, for its “haunting quality” and the challenge our choral arrangement presents us and her on the piano.

Doug Brown, our concert producer, chooses another Harry Warren classic with words by Mack Gordon—“At Last” from 1942. He deems it “a perfect blend of music, lyrics, and romance!”

Soprano section leader Monica Maddern picks “All of Me,” a great American standard from 1931, for our arrangement's jazzy scat: “... bodidly doo ba doo ba doo ba doo ba doo dat...”

Rosie Songey, our alto

(cont' on page 7)



John Baarts, Marian Casey, Rosie Songey and Monica Maddern

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## Michelle's Current Listings



### 1839 Fallen Leaf Lane – Annadel on View Lot with 3 Car Garage

Lovely Annadel floor plan on spectacular golf course lot features a 3-car garage. The minute you walk in the front door, you'll immediately know why this home is so special. The sweeping views of multiple fairways, skylines and neighboring villages are truly amazing. Inside the home you'll notice the beautiful tile floors, built-ins in the office/den/great room, cozy gas log fireplace and spacious open floor plan. The oversized kitchen offers built-in appliances, granite counter tops, large center island, pantry closet and inviting breakfast nook. This model is designed with the bedrooms on the opposite side of the home for optimal privacy. As an added bonus, this home has an expanded living area on the back patio with its many seating areas. The covered patio plus extended pergola, is the perfect spot after a long game of tennis or pickleball.

Priced at \$729,000



### 2435 Hidden Hills Lane - Tahoe Model with 2.5 Car Garage

This nicely appointed Tahoe model has an oversized 2.5 car garage with many upgrades that include wood floors in kitchen, nook and entry, spacious kitchen with gas cook-top and built-in appliances. The large dining bar is perfect for entertaining all your new friends you'll make once moving into the neighborhood. Perfectly sized, not too big or too small, this 2 bedroom / 2 bathrooms also offers a separate den/office. The landscape is lush and mature in both the front and backyard. Enjoy the soothing waterfall in the very private backyard under the cover back patio. Come live the Sun City Lincoln Hills lifestyle!

Priced at \$529,000



### 103 Snapdragon Place – Tehama Model on Spacious Lot

This ever-popular Tehama floor plan is a Buyer's dream. Perfectly sized on a spacious lot, this home will attract lots of prospective Buyers. Inside, you'll find maple cabinets, Corian counter tops, oversized floor tiles in the entry, kitchen, bathrooms and laundry room, ceiling fans, raised vanities in the bathrooms, large walk-in closet in the master bedroom and loads of windows making the home light and bright. As an added bonus, you're within walking distance to Kilaga Springs Clubhouse, pool and shopping. Come live the Sun City lifestyle!

Priced at \$469,000



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Back issues are available to download there as well.

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**SUBMISSIONS**

The Sun Senior News - Lincoln Hills welcomes announcements from social clubs, schools, charitable organizations, non-profit organizations, local government and community events. Also, editorial contributions as well as articles, cartoons and photographs are welcomed and considered for publication. Deadline for submissions is the 15th of each month. *Please submit via email to: egnews@egnews.com*

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## Big Day of Giving – Neighbors Helping Each Other

BY DENISE BOWDEN

May is the month when we start thinking about getting ready for summer and vacations, but it is also an important month for our own Lincoln Hills Foundation. May 2nd this year marks the 5th year of the Big Day of Giving.

This is the day that four local counties join together in a 24 hour day of giving to support local non-profits. The Lincoln Hills Foundation is proud that money raised over the last few years has allowed us to continue to fund key programs with the Salt Mine, Seniors First, and local support groups. Our major focus this year has been to grow a Caregiver Respite program to provide much needed time off for family members caring for loved ones on a 24 x 7 basis. The need for caregiver support in this community continues to grow as the population continues to age. In partnership with the Del Oro Caregiver Resource Center we are making a difference but we need the help of the community to continue our efforts and grow with the needs of our neighbors here in Lincoln Hills.

Donations can be made on May 2nd online at [www.bigdayofgiving.org](http://www.bigdayofgiving.org) but you don't have to wait until then to show your support and make your donation. Beginning April 18th, you may go online to schedule

your donation by entering [bigdayofgiving.org/lincolnhillsfoundation](http://bigdayofgiving.org/lincolnhillsfoundation). You may also call Denise at cell 408-307-1700 to make a cash, check or credit card donation from now through May 2nd and we'll come get the paperwork from you. As our huge thank you for your support, every donation of \$500 or above will receive a complimentary ticket to the Concours d'Elegance at Lincoln Hills Pre-Party on May 18th. Don't miss it!

## Blood Drive!

BY BILL COOK

The Rotary Club of Lincoln is sponsoring a blood drive in conjunction with Vitalant, formerly known as Blood Source, on April 26, 2019, at the Veterans' Memorial Hall, 541 Fifth Street in downtown Lincoln. The hours are from 1:00PM until 5:30PM. To pre-register go to:

<https://lincolnblooddrive042619.eventbrite.com>

and choose a time that is convenient for you.

Walk in donors will be accepted as well between 1:00PM and 5:00PM. Just know that walk-ins will have to wait while pre-registered donors are served. That could be a delay for you of a few minutes.

Home made refreshments will be furnished by Placer Nevada Cattlewomen.

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**Lincoln Hills February Sales Snapshot**

Address	Street	Sq ft	Selling Price	Model
2263	Lamplight	1020	\$369,325	Mariposa
2933	Black Hawk	1190	\$361,000	Calaveras
2639**	Woodacre	1322	\$434,000	Bridgegate
527	Belladonna	1349	\$399,000	Madera
135	Northfield	1515	\$485,500	Pine Hill
264	Stags Leap	1549	\$420,000	Alpine
385	Lilypond	1595	\$449,000	Quail Cove
403	Poppyfield	1704	\$575,000	Echo Ridge
1855	Graeagle	1715	\$530,000	Mendocino
1350	Strolling Hills	1774	\$595,000	Pine Hill
644	Gold Strike	1791	\$480,000	Tahoe
1778	Monument	2152	\$650,000	Fremont
1815	Homewood	2176	\$585,000	Sausalito
796	Castleberry	2176	\$712,889	Sausalito
966	Gold Nugget	2754	\$835,000	Springcrest

\*\* Listed or Sold by Paula

Per Sacramento mls reported sales 2/1/19 - 2/28/19

**Lincoln Veterans Memorial Coalition Launches Website and Memorial Plaque Sales**

The Lincoln Memorial Coalition board members will be visiting all military organizations as well as all service organizations in Placer County spreading the word about the Lincoln Veterans Memorial.

The Memorial will be dedicated on November 11, 2019 at 11:11 a.m. at McBean Park in Lincoln.

If you were or are in the military and live or lived in Placer County, you are eligible to purchase a plaque. The Lincoln Veterans Memorial website has been completed and is now ready to take orders for — *Memorial Plaques 6 X 4: \$150; Replica Plaque 6 X 4: \$60; Challenge Coins \$25.*

If you would like one of the LVMC Board Members to speak at your event, please contact us to schedule the day and time.

Volunteers are welcome to help with the LVMC activities. Please contact us for more information, please contact the LVMC: Don Witt, Public Relations Officer - 530-812-0376.

Email: [LVMC@lincolnveteransmemorial.org](mailto:LVMC@lincolnveteransmemorial.org)

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# From Your Placer County Supervisor

BY ROBERT M. WEYGANDT, *Supervisor*

I am excited to share that the first-ever countywide Placer County Parks and Trails Master Plan draft is now available for public input through May.

Your input is vital to help shape the future of recreation in your community. I'll share how you can participate in just a moment.

For those unfamiliar, the plan will provide a 10-year vision for the development and operations of parks, recreation opportunities, open space and trail networks in Placer County.

It's intended to reflect the recreational needs of individual communities, such as league play demands in Granite Bay and Loomis, and the need for connected trails for summer and indoor recreation during the winter in eastern Placer County.

To develop this plan, our Placer County Parks Division collected community input over a two-year planning process through a series of public workshops, online surveys, focus groups and municipal advisory council meetings.

The Parks and Trails Master Plan survey results are available online at [placerparks.com](http://placerparks.com). I encourage you to take a look.

Here are a couple of highlights from the survey.

Survey respondents from the west Placer region, which includes rural Lincoln and



Robert M. Weygandt

Sheridan, expressed a desire for larger, multipurpose parks over smaller neighborhood-based parks.

Another integral part of Placer County's vision for outdoor recreation facilities is trails.

Our intent with the plan is to connect people to parks, open space and community destinations. This is an exciting

element that will promote active transportation throughout Placer, literally. The plan envisions a countywide system of trails from the Sacramento Valley to the Sierra Nevada and neighboring counties and cities.

As I mentioned earlier, you still have an opportunity to get involved.

The easiest way is through the plan website, [placerparksplan.com](http://placerparksplan.com). Just click on the "Get Involved" tab to provide feedback.

While you're on the website, sign up to receive updates on workshop opportunities and stay informed on the progress of the master plan.

You can also attend an upcoming workshop in April. Our Parks Division staff will provide a presentation and be available to answer questions and listen to your feedback. Workshop dates and locations will be posted on the same website soon.

I hope you join the conversation, no matter your level of outdoor experience. Our

Parks Division staff wants to hear from you - from weekend warriors to casual walkers.

But better act fast - you have until May to provide feedback. The Parks and Trails Master Plan draft will be finalized and brought before the county Board of Supervisors for review, expected in June.

## Lincoln Police Department — Volunteer Program

The Lincoln Police Department is recruiting for its LPD Volunteer Program. The program is open to Lincoln Residents who are 21 years old or older.

This ongoing recruiting effort is for those individuals who would like to volunteer either as Front Office Staff (informational, meet and greet) or Patrol (vehicle patrol, "eyes and ears" in the community). Qualified individuals will receive training on all aspects of Police Volunteer work.

For more information contact Roy Osborne at 916-645-4081.

## Winds of Faith Spring Concert in Lincoln

Winds of Faith, under the direction of Van Crane, is a 40-member community concert band that performs a variety of sacred, secular, and patriotic music; all built around the theme—"The Story". With talented musicians and vocalists from around Northern California, Winds of Faith continues to entertain audiences. The band's upcoming concert in Lincoln.

Sunday, May 26th • 5:00 pm  
Lincoln Hills Community Church

950 E Joiner Parkway in Lincoln

Admission is free to the public, there will be drawings for door prizes and a freewill offering will be taken.

Director Crane recently commented, "I'm very happy with the current membership but there is always room for more qualified musicians." All interested musicians email Van Crane at [vcrane@WindsOfFaith.com](mailto:vcrane@WindsOfFaith.com).

Winds of Faith, a Community Concert Band, is a non-profit organization and a member of the Sacramento Valley Symphonic Band Association. For more information, visit Winds of Faith on Facebook: <https://www.Facebook.com/WindsOfFaithCommunityBand> and [www.WindsOfFaith.com](http://www.WindsOfFaith.com).

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### LH Community Chorus

(cont' from page 1)

leader, loves the catchy tune and text of "I'd Like to Teach the World to Sing." Composed in 1971 first as a commercial jingle ("I'd like to buy the world a Coke"), it reminds her of "It's a Small World" at Disneyland.

LINCOLN HILLS COMMUNITY CHORUS presents

## Songs THROUGH THE Decades

20s 30s 40s 50s 60s 70s 80s

2019 SPRING CONCERT  
Orchard Creek Ballroom

Ain't Misbehavin'  
All of Me \* At Last  
Fly Me to the Moon  
Obladi, Oblada  
Sound of Silence  
Eye of the Tiger  
It's Still Rock & Roll to Me

Sunday, April 28<sup>th</sup> at 2 pm  
Monday, April 29<sup>th</sup> at 7 pm  
Tuesday, April 30<sup>th</sup> at 7 pm

Tenor leader Marian Casey favors "Ob-La-Di, Ob-La-Da." Written by John Lennon and Paul McCartney for The Beatles in 1968, it later became the theme song for the TV series "Life Goes On." Its rhythmic feel makes Marian want to dance!

John Baarts, our bass leader, goes for "Surf's Up!" It's a matchless medley of Beach Boys and Jan and Dean hits from the '60s—"Surfin' U.S.A.," "Surf City," "The Little Old Lady from Pasadena," "Little Deuce Coupe," and "Don't Worry Baby"—plus "Kokomo" from 1988. John has always admired their marvelous harmonies but never dreamed he'd get to sing them.

Which of our "Songs through the Decades" will be your favorites? To find out, you'll just have to join us in the Ballroom at 2 PM on the 28th or 7 PM on the 29th or 30th and hear them all!

...

### Players Club

BY DOUG BROWN

The Lincoln Hills Players Club is delighted to announce the performance of Neil Simon's hilarious "The Odd Couple (Female Version)" in early June.

The American playwright, screenwriter, author, and master of comedy wrote and produced the acclaimed Broadway play The Odd Couple in 1965. Everyone raved over the original, which was followed up in 1968 by the screen version, then the TV series that ran in the 1970s—starring Jack Klugman as the sloppy and free-spirited Oscar Madison and Tony Randall as the uptight, obsessive Felix Unger.

Twenty years later, still basking in the success of The Odd Couple, Neil Simon sat down with playwright's pen in hand and created an equally hilarious female version

Lincoln Hills Players Present

Neil Simon's

## The ODD Couple

Female Version

Directed by  
Merilee Thompson Imamoto

June 6 and 7 - 7:00 pm  
June 8 and 9 - 2:00 pm  
KS Presentation Hall



Everyone has a good laugh in auditions for *The Odd Couple (Female Version)*. From L to R: (seated) Merilee Thompson Imamoto (Director), Becky Nicholson, Paul Gardner, and Ken Reiss; (standing) Jeri Ferris and Julie Africa.

that debuted in 1985. In his signature comedic strokes of genius, Simon's "gender-swap" version has been brightening stages ever since, much to the delight of mirthful audiences across the country.

Simon's female reimagining of his prototype "Odd Couple" is as comical as the original, with Olive and Florence as counterparts to Oscar and Felix. Olive, a hopeless cultivator of clutter, is the perfect foil for Florence, the neurotic, obsessively clean neat freak. Add four other women, whose repartee over a Trivial Pursuit board game is classic knee-slapping Neil Simon humor, and the show is off and running from the get-go.

Just when you think matters couldn't get funnier, the appearance of two hysterical and passionate Spanish neighbors, brothers Manolo and Jesus Costazuela, are the ultimate complement to the feminine vibes in the room. With their sidesplitting lost-in-translation malapropisms, they come off somewhere between Barcelona lounge lizards and would-be irresistible Latin lovers – with perfectly timed comedic antics.

Mark your calendar! On Thursday through Sunday, June 6, 7, 8, and 9, join your Lincoln Hills friends and neighbors for this first-ever Lincoln Hills performance of Simon's female version of the Odd Couple. Director Merilee Thompson Imamoto is excited about offering this hilarious play in Kilaga Springs' intimate Presentation Hall, where the audience laughs are always infectious. Tickets will go on sale in the lodges on April 17 and you'll want to get yours early, as Kilaga Springs Presentation Hall always fills up quickly for this summertime show.

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### LH Line Dance Group

BY JUNE WILLIS

The Line Dance Group participated in the Lifestyle Expo which was held in the ballroom in late February. Our exhibit table was decorated with dance items and information about our group. We caught the eye of many interested people, especially those who were new to line dancing and wanted to explore what



Anne Farris and Nancy Welsch - ready to answer questions.

the world of line dance had to offer. Some of the questions the newcomers asked concerned the type of shoes required or if they needed any former dance training. We assured them that no special footwear was necessary, although there are dance shoes which can be bought online. But we also informed them that there are "rubber socks" that fit right over any shoe and these can make gliding easier. No dance experience is necessary – there is an absolute beginner class where a participant learns all the dance terminology and steps in a fun, non-threatening environment. Line dance is great exercise and can improve balance. But most importantly, it is fun. Please come and join one of our classes.

...

### Tap Company

BY FREDDIE DEMPSTER

Tap Company members will venture forth on June 13th to the Timbers Restaurant in Roseville for our 2019 Summer Luncheon. Put the date on your calendar and check your email for details soon. We enjoy dancing and practicing, as well as eating. The date for our Holiday Luncheon is December 19th, at Orchard Creek. Put that date on your calendar now and check your email much later for details! Keep dancing and we'll see you in class.

...

(more Club News cont' on page 8)

## PLACER COUNTY GRAND JURY



The Placer Superior Court is seeking applications from Placer County citizens interested in an opportunity to serve on the 2019-2020 Grand Jury.

Additional details, including dates and times for informational sessions, and applications are available by contacting (916) 408-6186, or by visiting the Court's website at: [www.placer.courts.ca.gov](http://www.placer.courts.ca.gov).

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### Country Couples

BY RICH PICK

Country Couples held a "No Frill's" dance in (KS) on March 9, from 12:00 to 4:00 PM. No Frill's means no decorations and everyone brings their own food. Participants ate and danced when they wanted to, offering a relaxed atmosphere. Country Couples provided cake, cookies, and chocolates for dessert. There were over 64 participants warming the dance hall on this Saturday afternoon, with a wonderful blend of Country Couples dancers and Country Line dancers.

Jim and Jeanie Keener provided the entertainment. Jim prepared the music while Jeanie offered her take on the dance routines for either couple's dancing or line dancing. Both groups were able to enjoy their type of dancing together on the dance floor.

There was a variety of music for; slow dance, Country Two Step, Cha Cha's, Waltz, East and West Coast Swing and Line Dancing.

It was a wonderful afternoon inspired by old friends and new friends getting together to dance, eat, talk and laugh.

Our next dance will be held on Saturday, April 13.

Reminder: Country Couples Members, if you intend to go on the Sierra Pacific Tour, April 24, please turn in your signed waivers to Irene Hesson one week before the tour. There are still rooms available for the October 13-20 cruise to: Astoria, OR; Seattle, WA; Vancouver and Victoria, BC, sailing in and out of San Francisco, but they are going fast. For information on Country Couples Dance Club,



Country Couples, "No Frill's Dance": Randy English, Sandy Manildi and Judy Presnall.

the upcoming cruise, or the Sierra Pacific Tour, please contact: Irene Hesson 916-434-6804

### Ballroom Dance Club

BY BDC MEMBER

Spring is in the air, and with Mardi Gras behind us, we are looking forward to our Spring potluck on May 11th. Save the date.



Mary and John Kirkwood.

April continues the new scheduling of dance lessons from 3 week rotations to month-long rotations. And, as a bonus, if there is a

(cont' on page 11)

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# Favorite Restaurants

BY MARTIN GREEN



A very interesting email from Cathy Sylvia of SCLH. Here's what she writes: "I enjoy reading your recommendations about what restaurants to check out." (This shows right away she's a discerning reader). "I would like to let you know about B&B Boba, Coffee and Bakery that opened in December between Orchard Thai and Subway in the little shopping center on the corner of Twelve Bridges and Joiner. Their address is 835 Twelve Bridges Drive. Phone number: 916-209-3147. Currently, their hours are Monday through Saturday, 8 am. to 8 pm. Sunday: 9 am to 3 pm.

The owners have an interesting story. I had been volunteering with the Placer County Literacy Program, helping folks with their English. My most recent student was a sweet gal from Ukraine, Daria Pudovia. She and I became fast friends and when she told me her parents were hoping to find a good location for a bakery I was very excited. After months of their unsuccessfully searching for the perfect spot, I noticed that there was a 'For Lease' sign in a storefront that had previously been a Sweets and Boba Café near us. The location seemed good to me... Luckily it worked out and Daria's family opened their café six months later. There was no kitchen in the previous café, so they had to start from scratch and

purchase all the equipment they needed to bake pastries, serve the yummy boba drinks and coffee. (I had never had a boba drink, but after trying several flavors, I'm a fan. They're refreshing and tasty).

"Olga, Daria's mother, bakes all the European-style pastries. They are excellent. Daria is the barista, and Polina, Daria's sister, is the cashier and front counter helper. These three lovely ladies do a fantastic job. The customer service is terrific. I highly recommend this wonderful place. It is decorated in soothing colors and has free WiFi. It is an oasis in our busy lives." One more thing from Cathy, B&B serves a meat pie which is "a typical East European piroshki and very tasty." (A piroshki is a puffed pastry).

A nice story, I think, and I left out Cathy's paragraph on Daria's family having to get through the complex paperwork needed to open a small business. Here's wishing them success.

The most recent outing of our LEO lunch group was to Siino's restaurant, which just happened to be in the same shopping center as the B&B Bakery. So, before getting to Siino's, after our lunch our neighbors Beverly and Nelson Schmidt, who'd driven us there, drove the short distance to the bakery. It's a fairly spacious place with comfortable-looking chairs and a counter filled with pastries. I'd investigated bobas and discovered it's a tea invented, not in Ukraine, but in Taiwan and Taichung in the 1980s, which has flavors of milk and sugar and toppings such as chewy tapioca balls. A cousin of the family, Anita, was there

and gave us some samples, not of the tea, but of the tapioca balls. At any rate, B&B's seems like, as Cathy, wrote, a good place to come, have some boba (tea), a pastry, maybe a piroshki, and relax.

Back to our lunch at Siino's... The restaurant is the creation of Annalisa Siino, hence the name. It's fair-sized, has both booths and tables and a long counter in front, plus a number of TV's, all showing some sporting event. We were there at 1pm and it was pretty crowded, with some people waiting. I'd say Siino's is a combination of Italian and American food. It has appetizers, salads, sandwiches, burgers, pasta, and pizza; also, as its website says, "an extensive wine and beer list" and a gluten-free menu.

Sandwiches include hot pastrami, turkey Swiss, steak, Italian meatball, and hot Italian club. Burgers include classic American, mushroom, BBQ and Lincoln High's Zebra, which is pepper jack cheese, avocado, bacon, lettuce, tomato, mayo, and spicy brown mustard. Some of the "specialties" are a 14-ounce ribeye steak, chicken picatta, fish and chips, homemade meatloaf and grilled salmon. Kinds of pasta include spaghetti marinara, spaghetti bolognese, fettuccine, chicken parmesan, and Siino's spinach and cheese ravioli. There's a "Lunch" section, dishes that come with a cup of soup or a house salad. Beverly and I both had the lunch with spaghetti bolognese and took about half back home for a second meal. Siino's is at 815 Twelve Bridges Drive in Lincoln; the phone number is 916-543-0069. Hours are 11 AM-9 PM daily.

Beverly and I don't get down to A Slice of Goodness too often but our friends Jan and Martin Wolf drove us there recently and so I'll take the opportunity of reminding readers once again that this is the place to go for the best pies in the area. A Slice of Goodness, a family operation, has been a Roseville institution since 1985. It's located at 924 Douglas Boulevard, pretty close to Harding Boulevard. The phone is 916-781-3727. Beverly and I got our usual half sandwich and pie. Our favorite pie is peach/apricot. They were out this time so we got the peach/cranberry, and it was just as good. I don't know what their recipe is but their pie crusts are incomparable. A Slice of Goodness is open Monday- Friday for breakfast and lunch. Hours on websites I saw differed, but it's open until 2:30. Call for opening time and to check closing time. Recommendation: Go there.

Still hoping for more e-mails for next month. Please send them to mgreensuncity@yahoo.com. Thanks and bon appetit!





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## Ballroom Dance Club

(cont' from page 8)

5th week in the month, a different dance will be offered to challenge and delight. In April, get ready for the Salsa on the 5th week.

In April, Ruth and Sal will be bringing the Cuban-African rhythms of the Rumba to the ballroom on the 2nd, 9th, 16th and 23rd. The word "Rumba" is derived from the word "Rumbear" which means going to parties, dancing and having a good time. The origins of the Rumba go back all the way to the 16th century. The main growth of the dance as we know it today was in Cuba and other Caribbean islands.

The first attempted introduction of the Rumba into the United States was in 1913. Real interest in the dance spiked in 1935 with the release of the movie "Rumba" starring George Raft and Carol Lombard. Today, there are several styles of the Rumba—Cuban, American, and International. All of the versions have "Cuban motion" in common – a discreet, expressive hip motion.

So, dust off your dancing shoes, and loosen up those hips, and join us in April for one of the most popular ballroom dances in the world. You won't be disappointed.

If you are interested in learning more about the Ballroom Dance Club, feel free to join us on Tuesday afternoons for a free lesson and an hour of social dancing. Non-members are welcome to attend a couple of lessons before committing to join the club. Singles and couples are welcome.

Annual membership for the Ballroom Dance Club is only \$7.00 per person and is open to SCLH residents, sponsored guests, couples and singles. Free lessons are offered in the KS Lincoln room each Tuesday from 2-3 PM for beginners, and from 4-5 PM for more experienced dancers. Open dance is from 3-4 PM during which you can practice many different styles of dance, including the current month's offering to the many styles learned throughout the year.

Contact: Ruth Algeri 916-408-4752

## LH Painters' Club

BY JOYCE BISBEE

Many of Sun City Lincoln Hills artists and crafters will be in the 2019 "Art and Craft Tour" on May 11 and 12 from 10 to 4 pm on Saturday and 12 to 3pm on Sunday. Artists will participate on both days by showing their work in their home studios or another artists home. Posters and maps with directions are in Orchard Creek Lodge.

At our April 16 meeting, members

learned techniques useful in painting animals. Professional artist Sandy Linblad offered a demonstration and advice.

Our Program Chair, Margot Comer, makes sure we have interesting and informative guest artists' each month. Demonstrations are always helpful and inspiring and we are lucky to have some of the areas well known professional artists at our meetings.

Almost every month we have a "Show and Tell" session where members bring their most recent work to share with the Club. Out meetings are the third Tuesday of the month in the Fine Arts Room at Orchard Creek Lodge at 2:00, we look forward to seeing you there!

For more information, contact President Joan Musillani at 916-712-4393

## Mixed Media Club

BY JILL SHORT

On February 20th, thirteen members of the Mixed Media Club took a field trip to Sparrow 5 in Roseville Ca. Upon entering the store, it felt like stepping through the looking glass in Alice in Wonderland. Everyday items such as a toaster were made into interesting new art pieces. Unusual items were all around us. What an amazing time we had visiting with the owner, Marsha. She took us into her classroom area towards the back of the store. As we took our seats around the class table, we were shown beautiful, fun whimsical art pieces and art journals. Marsha shared her travel journals too. How many of us would have guessed that cemeteries are places to get inspired for journal pages? According to the owner/artist cemeteries are a wealth of inspiration especially when visiting ones in foreign lands. As we sat at the table, we quickly noticed the walls, tables and floor were filled with creative pieces. Could things get more exciting? Then we looked up to the ceiling. There to our amazement were altered books and journals hanging from the ceiling.



Mixed Media Arts Club visit Sparrow 5 in Roseville.

We were itching to see more and know more about what Marsha teaches. Well, apparently, she teaches all kinds of Mixed Media classes such as painting your pet, Mixed Media techniques, art journaling, how to use napkins, and scripture journaling just to name a few. What an exceptional afternoon for us.

The Mixed Media Arts Club was happy to participate in the lifestyle Expo the end of February. This great activity happens once a year. It is a wonderful time to see all the clubs in Lincoln Hills Sun City. We hope everyone got a chance to check us out and see the work from our members. Part of the time a video of the Mixed Media art journal class was also seen at our table. If you stopped by you got to meet our members in the booth who were ready to answer questions and encourage new people to join us in discovering how fun mixed media is.

Mixed Media Arts Club meets the 3rd Wednesday of the month in the Ceramics Room (OC) 1:00 PM. Come join in the fun and as guest speakers and club members take us thorough some exciting art projects and techniques. April 17 Jan Stephens will be leading us in an interesting paper project. We will be creating a mixed media "rituals" collage on canvas using paper scrolls, beads, jewelry, twigs, or other ephemera.

At the May meeting we will be learning some of Chris Fetter's favorite techniques using Gelli plates to make journal/notebook covers. Don't worry if you don't have A Gelli plate, the club will make sure there are some available to share and use. If you never heard of these plates this will be a perfect opportunity to see what they are all about.

Don't forget about our monthly challenges (participation in this is voluntary). The challenges are a great way to share our work with each other and we get to know each other a little better through our artwork. The Challenge for April is using the prompt, "black and white" and adding a pop of color. There

are no other rules, just go where the prompt leads you and let's see your creation at the April meeting. Looking ahead, the May Challenge is "Junk Mail". Start collecting all your junk mail to create an inventive art project. Get ready for some recycling and reusing fun.

Did you know that you do not need to spend a lot of money on mixed media supplies? Watch when the back to school sales happen. That is a great time to pick up crayons, glue, glue sticks, paint boxes, and markers. Dollar Tree can have inexpensive embellishment supplies, great napkins and tissue paper. Tuesday Morning is like a treasure hunt. You never know what they have but you will always find something. You can find beautiful napkins that are not expensive. They do have stencils, stamps, and scrapbook paper, just to name a few items. If you never have been to ReCreate this is an adventure of hunt and find. ReCreate collects perfectly good, incredibly cool—but no longer needed—materials from local businesses and sells them to artists or anyone with a project. As an added bonus when you buy from them you help support their educational programs. Check out the ReCreate Warehouse at 8417 Washington Blvd #135, Roseville.

## Needle Arts Club

BY JILL SHORT

April Showers may bring May flowers, but Needle Arts is blooming in the sunshine of great speakers at our monthly meetings. We were fortunate to have Martha Wolfe join us on March 12. Her work has been seen in various magazines. To see her pictures come alive in quilts was a special treat. The techniques she



Martha Wolfe shares one of her beautiful art quilts.

uses is fascinating. On April 9, come and hear Pat Fryer, the owner of Villa Rosa Designs, home of Rose Card quilt patterns. She offers quilt patterns, fabric, kits, and bundles. She also has a new outlet store in Grass Valley. Her website is [www.villarosadesigns.com](http://www.villarosadesigns.com). Our

(cont' on page 12)

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## Needle Arts Club

(cont' from page 11)

monthly meetings are the second Tuesday of the month in P-Hall (KS) at 1:00 PM.

Instead of our regular May meeting, we will be boarding the Threads of Friendship Cruise Ship as we embark in a fun afternoon of yummy food, friendship and of course, entertainment. So, don your cruise ship attire and get yourself signed up. Bring a few dollars to go shopping at the cruise ship store. Don't be left at the dock wishing you were on board. Check out the Needle Arts website for sign up details and more information.

Monthly workshops have been outstanding. Lately the cost for these have been \$5 or less. Where can you go to learn something new so inexpensively and be among friends? March attendees created a beautiful garden at the embroidery silk flower workshop. We all succeeded in having a green thumb and "cultivated" a small silk ribbon rose (spiderweb rose), vine and leaves. Thanks, Ginni Jannicelli for instructing the ladies in the art of embroidering silk flowers. The April 3rd workshop brought Kaleidoscope quilts by Mary Gililland. Workshops are held the first Wednesday of the month from 1:00 to 4:00 PM in the Sewing Room (OC). Notices of upcoming workshops are sent out to members in an email and also posted on the Needle Arts website.

The Spring Needle Arts Mercy Retreat is May 6-10. Check the website for up to date information about the retreat.

Needle Arts had a fantastic spot at the Lifestyle Expo held the end of February. Thank you all who showed your work, set up our tables, manned the tables and also cleaned up after everything was done. What a great

way for our community to see what our club is all about and ask questions.

We welcome visitors to check us out. There are so many ways to get involved. Ready to join in the fun of Needle Arts? Go to the website and get the membership information. Don't forget to check the calendar online to see when and where the subgroups are meeting. It is always fun to drop in on the subgroups and check out their projects. How about a little cross stitch? This group can be found stitching away on projects Wednesdays 9:00 – noon in the Sewing Room (OC). Do you like applique? There is a subgroup that meets the 4th Friday 1:00 – 4:00 PM in the Sewing Room (OC). Remember check out the rest of the subgroups on the website. Our up to date website can be found at [www.sclhna.com](http://www.sclhna.com)

•••

## Paper Arts Club

BY LINDA LUCCHETTI

Thank you to Judy Perkin and Randi Lontz, presenters of our March project. We made beautiful birthday cards with colors reminiscent of springtime. At our April meeting, Peggy Jo Ackley of Pink Ink Stamp Company joins us for her long-awaited return. Last year, she demonstrated techniques for coloring with colored pencils. This time, Peggy will show us how to take our coloring skills to a new level by using a stylus.

The next Open Lab for "Members Only" is April 18, from 9:00 AM to 12:00 PM in our meeting room at the Kilaga Springs Lodge. This session has become very popular, so if you haven't checked it out yet, come on down! No need to sign up, just drop in. See what your

(cont' on page 13)

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### Paper Arts Club

(cont' from page 12)

fellow members are working on, pick up some new ideas, use some tools you may not have, or just get together with others who enjoy paper crafting. There's always 'free stuff' for the taking too.

Thank you to all who visited our display table at this year's "It's the Lifestyle" club expo at the Orchard Creek Lodge. We appreciate your interest and support!



"It's the Lifestyle" in February.

We meet on the first Thursday of each month at 9:00 AM in the Terra Cotta Room at Kilaga Springs. For further information, contact: Nancy Sealy at nancyb1944@yahoo.com or 315-702-7986.

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### LH Photography Club

BY DIANE MARGETTS

Thirteen very talented and creative members participated in the Club's March Show and Tell. Presentations ranged from the stunning beauty captured at the recent

Yosemite field trip to journeys into childhood to expose the curiosity and compulsion that ultimately produced a photographer. As a group, we even joined a presenter in searching for puppies in the clouds and other such hidden wonders tucked away in photographs. The Club's Show and Tell is always a favorite and it just keeps getting better.

In addition to the recent Yosemite trip, we are quickly approaching our next trip to Monterey, Carmel, Big Sur and Hearst Castle which will happen in April. And in July, the wildflowers of the High Sierras' will be focused in our lenses. We routinely schedule local field trips to known local success spots such as Ferrari Pond and the Rookery Tree; and we also schedule last minute flash mob trips when an unanticipated opportunity pops up.

Also inspiring were the March SIGS. The Round Table explored the different camera sizes and the techniques needed to achieve identical results from different sensors. The Learning SIG examined black and white photography. The topic looked into when to use black and white and the different ways to achieve black and white, primarily in camera or post processing.

Upcoming fun and interesting events include our first ever swap meet and a summer BBQ. The Photography Club always welcomes new members of all skill levels. Joining the Club is easy—just attend, you can sign up when you attend a General Meeting or any of our several Special Interest Groups. Check out the meeting schedule on our website.

Contact: Diane Margetts; 916-955-1809  
Website: <http://www.lhphotoclub.com>

...

### Antique Group

BY ELLEN STEELE

The May 6th program will feature Patrick Osborne. For 20 years he has been doing photo restoration for clients in his SCLH studio. He is able to digitally repair and print photos from originals that are torn, faded, cracked or stained, some even dating back to the 19th century. He will be presenting an overview of 160 years of photo capture and printing methods, and will show examples of before/ after restoration. He will be able to answer questions, and evaluate images that members bring to the meeting. Imagine being able to renew, correct and frame a treasured photo from the past!

Join us in the Heights and Gables Room (OC), the first Monday of every month from 10 to 11:30 AM. Followed by an optional lunch at the Meridian.

The Spring Social will be Wednesday, May 1st in the Kilaga Kitchen Room. 5:30PM, \$10 per person. Guests are welcome. Tickets will be on sale at the meeting or contact Anne Reyner at 916-408-7008 if you need to purchase a ticket. Anne has planned a spectacular Vintage Circus theme, with colorful decorations and delicious food you might have found at the Big Tops of by-gone days. Contact: Pat Le Page 916-543-9564.

...

### Woodcarvers Club

BY LIONEL RAINMAN

Mention any kind of craft and there is a good chance there is a web site, blog, or article covering the basics to online classes. Woodcarving is no exception. Projects and how to features cover from the very simple

to the very ornate. All that is very convenient and much can be learned. Most of us have been around long enough to remember when a parent, teacher or friend showed us how to do something rather than look on the computer. I believe that the interaction between people is what makes a club more interesting. Woodcarvers club has that type of interaction. Members are willing to share their knowledge, help, suggest, or just admire other people's work. Additionally, woodcarvers club has an extensive library of books, magazines and CD's to support all members either novice or experienced. Our door is always open so you are welcome to visit and see what is being carved.

Woodcarvers Club meets every Wednesday from 1:00-4:00 PM in the Sierra Room at (KS).  
Contact: Lionel Rainman 916-253-9534.

...

### Postage Stamp Group

BY TIM MILES

We're already into April and the hobby is starting to see activity as we roll toward summer. The news this month is the big Westpex Stamp Show at the SF Airport Marriott Hotel in Burlingame, just off the Bayshore Freeway south of SFO Airport on April 26-28. It is the biggest show of the year in our area and we usually have car pools set up to attend so be sure and contact club members if you wish to attend. Call Al Capparelli at 916-771-8288.

The club currently has several collections available for perusal, along with empty album sheets, various size glassine envelopes, stock pages and books, and many other supplies for

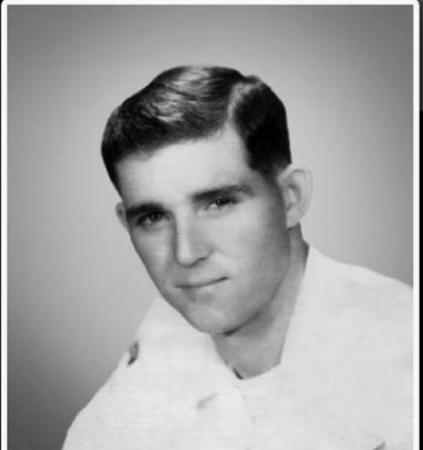
(cont' on page 15)

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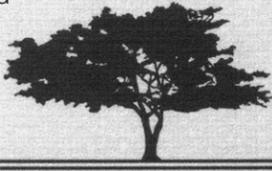





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## Postage Stamp Group

(cont' from page 13)

your hobby.

On the general news front, there doesn't seem to be any backlash from the increase in first class postage to fifty-five cents.

Contact Steve Emanuel to pay your 2019 dues. We've got a lot of worthwhile things that'll take place this year and the amount due is more than reasonable.

Take note: There is only one meeting this month due to the availability of the meeting rooms at the Lodge. The date is Thursday, April 25 at 6:45 pm. In May we will return to the 2nd and 4th Thursday at 6:45 pm. The location is the Sun City Roseville Main Lodge (7050 Del Webb Blvd).

If you have never attended any of our meetings, feel free to drop in any time and be sure to bring your "old" album. We have all the current catalogs and research vehicles available for you to get an idea of what things are worth at today's prices. We feature door prizes, stamp lectures, discounts on all supplies, and a lot of nice folks who enjoy the hobby and are informed.

• • •

## OC Book Club

BY CATHIE SZABO

"I would like to be remembered as someone who used whatever talent she had to do her work to the very best of her ability" – Ruth Bader Ginsburg

And how many of us can say the same about ourselves? Notorious RBG certainly can.

For April, the Book Club will be discussing *Notorious RBG* by Irin Carmon and Shana Knizhnik, an intimate, irreverent look at Ruth Bader Ginsburg's life and work. From this now frail-looking octogenarian come legal opinions and notable quotes mountainous in size and influence. The book follows her life from growing up in Brooklyn, through her journey as a woman in the law to her tremendous presence on the Supreme Court.

Whether you are left- or right-leaning, *Notorious RBG* and Ruth Bader Ginsburg will have an effect on you. Join us on April 18 at 1 pm in the OC multi-purpose room for a discussion that promises to be as lively as an RBG quote.

The OC Book Club is a group of readers with a wide range of preferences in reading choices. Newcomers are always welcome to come and listen or, read the book and join in the discussion. There's no requirements for membership, just a love of reading. And all our members are welcome to recommend books

for consideration as next year's selections.

For the balance of 2019, we will be delving into the following books:

May – *Killers of the Flower Moon: the Osage Murders and the Birth of the FBI* by David Grann  
June – *Evil Under the Sun* by Agatha Christie

July – *Rocket Men* by Robert Kurson

August – *The Invisible Library* by Genevieve Cogman

September – *The Things We Don't Say* by Ella Casey

October – *The Tea Girl of Hummingbird Lane* by Lisa See

November – *The Woman in the Window* by A. J. Finn

(and voting on selections for 2020)

December – Holiday Luncheon

For further information about the OC book club, contact Maureen Deal at mdeal2010@gmail.com, Joanne Johnson Felt at ivyarbortcourt@aol.com, or Cathie Szabo at catsickle@gmail.com.

• • •

## Writer's Group

BY ANDY DEXTER

April is National Poetry month and the Writer's Group members will be writing poems to celebrate. The Sun City Lincoln Hills Writers have poets as well as other type of writers. We get together and share our writings, experiences, knowledge, family history and some great fiction. We are all want to be authors and one does not have to be a professional writer to fit in. If you would like to hear some great stories or just have an evening of entertainment, come and join us in the Ceramics room of Orchard Creek Lodge on the 2nd, 4th and 5th Monday of each month.

• • •

## Genealogy Club

BY DR. BARBARA BRANCH

The next Genealogy Club presentation will be held on April 15th, 6:30 – 8:30 PM in P-Hall (KS). Marian Kile will be addressing Using Medical Genealogy. For this class, Marian will show us what to look for, where to research, how to capture the information and how to enter it into our genealogy databases. She will also share ideas on creating our own medical reports and medical reports as documentation.

Marian attended her first genealogy seminar at the Antelope Family History



Marian Kile

Center in November of 2005. They asked for volunteers to help at the center, so she signed up.

Within three years she was teaching a few genealogy classes. She continues to learn and expand the different classes she gives. She teaches classes from Solano County to Shasta County. Over the last ten years, she has taught over 200 different sessions. Marian also attended a Legacy Users Group meeting for four years and then when the instructor retired, she asked Marian to lead the group. She has been doing that for the last six years. She also teaches self-publishing classes every other year in Sacramento. The next set of those classes will start in February 2020.

2019 paid Members should come a few minutes early to check in and receive your door prize ticket for a Kindle Fire 7" with Alexa. After the meeting refreshments will be served across the hall and you will have a chance to network with others who share your interests.

Always check the website, lincolnhillsgenealogy.com, for handouts and updates. For more information contact Dr. Barbara Branch 916-543-8219.

• • •

## Astronomy Group

BY BILL WEAVER

At its March general meeting, the Lincoln Hills Astronomy Group (LHAG) members attended a lecture by Professor Charles Hunt, Ph.D. (ret.) on the creation of the heavier elements in the Cosmos and how they are distributed throughout our Milky Way Galaxy. This presentation provided a great opportunity to learn more about the makeup of stars, our Sun, and how they behave.

On March 2, 2019, LHAG members participated in the annual STEM [Science, Technology, Engineering and Mathematics] Expo at the William Jessup University in Rocklin. Attended by the public throughout Placer County and the region, the Expo showcased elementary through high school student-generated activities exhibiting potential educational opportunities and viable career paths. The LHAG booth displayed high-resolution astronomical photos and related information that generated numerous discussions and questions by Expo participants and visitors.

Scheduled for the April 3, 2019 LHAG general meeting, Astronomer J. Timothy Unruh will give a presentation on tektites... (gravel-sized bodies composed of black, green, brown, or gray natural glass formed from terrestrial debris ejected during meteorite impacts). Mr. Unruh will display a collection of tektites gathered from his many years of

searching in and around meteorite impacts throughout the globe. His presentation will be held in the Kilaga Springs Presentation Hall at 6:45 p.m., is free, and open to all Sun City Lincoln Hills residents.

For its meeting on May 1, 2019 the LHAG will show the NASA/PBS produced cinematic documentary video titled: "The Farthest Voyager in Space...12 Billion Miles and Counting". This video details accounts of the 1977 launch of the twin Voyager spacecraft, their many achievements, images of their grand tour of our outer planets, and the journey of over 12 billion miles to their recent escape from our solar system and endless venture into interstellar space. This presentation will begin at 6:45 p.m. in the Kilaga Springs Presentation Hall, is free, and open to all Sun City Lincoln Hills residents.

The Cosmology Interest Group (CIG) is a sub-group of the LHAG and will meet in the Fine Arts Room at Orchard Creek Lodge on Monday, March 18 at 6:45 pm. Residence of the SCLH are invited to attend. The lecture and discussion will involve the following subjects:

#11 Pulsars and Gravity: Learn how pulsars, these precise interstellar clocks, are used to confirm Einstein's prediction of gravitational waves by observations of a double-neutron-star system, and how we pull the pulsar signal out of the noise.

#12 Pulsars and the 300-Foot Telescope: Learn how the 300-foot telescope was built quickly and cheaply. It ended up studying pulsars and hydrogen in distant galaxies and made the case for dark matter.

The Telescope Interest Group (TIG) is a sub-group of the LHAG and has scheduled a star party for March 28, 2019 at the SCLH Sports Pavilion. Sunset is at 7:25 p.m. Club members set up their telescopes and related equipment to view prominent objects in the Cosmos. These sessions also provide captivating experiences for individuals without observation equipment to view heavenly objects in real time. This event is contingent upon good weather conditions and interested parties can check the LHAG website below to get the status of the event. All residents of SCLH are very welcome to attend.

Any questions regarding the LHAG and its sub groups should be directed to Vice President Bill Weaver at hamweaver@wavecable.com. Additional information about the LHAG and its sub groups can also be found on its website at www.lhag.org.

• • •

(more Club News cont' on page 16)



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#### **COMING EVENTS**

**"GOOD FRIDAY SERVICE"**

**Friday, April 19 – 6:00 PM**

**"COMMUNITY SUNRISE SERVICE"**

**6:30 AM**

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## LH Italian Club

BY LINDA LUCCHETTI

This month we offer a closer look at one of the most fascinating areas of Italy – Lazio. A central Italian region bordering the Tyrrhenian Sea, its principal city, Rome, is Italy's capital and was once the heart of the ancient Roman Empire. Its iconic ruins include the Coliseum, an amphitheater that seated thousands.

Join us for "All Things Lazio", April 13 at the Kilaga Springs Lodge, from 12:30 to 3:00 PM for some fun and facts. Learn more about the enchanting area of Lazio, its art, rich history, geography and of course, delicious variety of foods. (Check the website for sign-up information.)

The Italian Club offers a special activity each month that is sure to be entertaining and fun. Check out the events calendar on our website for more information.

If you are a Sun City resident of Italian heritage, check out our website at [www.lhitalianclub.org](http://www.lhitalianclub.org) and learn more about us. Want to join? Contact: Sandi Graham, membership, at 916-826-5711.



**New members Mary and Jim Adamson.**

...

## LH Travel Group

BY TEENA FOWLER

Our meeting this month is on Thursday, April 25th at 6:00PM in the Kilaga Springs Kitchen. Ilene Ferguson, Alamo Travel President, Will present information and visuals about Alamo trips being offered through our Travel Group. Our committee will present information about other trips listed below.

You do not have to be a member of the Travel Group to attend our meetings. See our website for detailed information about all our booked trips.

[www.lincolnhillstravelgroup.com](http://www.lincolnhillstravelgroup.com)

Crystal Athens-Rome 7-day Cruise w/1-Nite Athens/2-Nites Rome(May 2-13,2019) (Louise) Athens, Santorini, Valleta, Giardini Naxos, Sorrento, Rome. Everything is included!

Paul Gaugin Tahiti & The Society Islands 7-day Cruise (Oct 11-20, 2019 (Louise)

Papeete to Papeete, Bora Bora, Moorea, Huahine, Taha'a All inclusive adventure.

Niagara Falls to New York City Fall Colors Tour (Oct 13-20, 2019 (Teena) Waitlist only. Additional date OCT4-11,2019–Waitlist only.

Vintage Train Ride, Cooperstown, Maid of the Mist & Erie Canal cruises, West Point, NYC

South Africa/Victoria Falls/Botswana. Dubai option (Oct 26-Nov 8, 2019 (Sheron)

Egypt featuring Deluxe 4-nite Nile River Cruise (Feb 11-24, 2020)(Sheron & Teena)

Giza, Pyramids, Sphinx, Valley of the Kings, Aswan, Old Cairo, Karnak Temple (Optional 4 Days 3-Night Jordan Post Tour Extension)

Washington D.C. Single hotel stay (May

*(cont' on page 17)*



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### LH Travel Group

(cont' from page 16)

7-12, 2020) (Sheron)

WWII Memorial, Smithsonian, Arlington Cemetery, Mt Vernon, Ford's Theater

Croatia & Its Islands – Land & 7-Nite Small Ship Cruising along the Adriatic Coast

3 Dates offered: June 23rd, Aug 18th, Sept 29th (Sheron)

Puget Sound & San Juan Islands (Jul 11-18, 2020) Seattle Round Trip (Teena)

Anacortes, Friday Harbor, Victoria BC, Port Angeles, Port Townsend, Poulsbo

Planned Trips: Rhine & Moselle Cruise (Fall 2020) (Teena) – Teena – Collette

Travel Group Committee Member

Contacts: Sheron Watkins 916-849-9504 sheron55@att.net; Teena Fowler 916-543-3349 teenafowler@wavecable.com; Louise Kuret 916-408-0554 lkuret@sbcglobal.net; Judy Peck 916-543-0990 Judyvolk@outlook.com

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### Lavender Friends

BY SANDI DOLBEE

While the rainy winter sidelined several Saturday morning dog walks, along with an arboretum tour, it still has been a busy couple months for Lavender Friends.

The club had a very successful mixer in February, with nearly 40 members gathered for the chance to connect with new and returning friends over shrimp and chicken wings. We also had a movie outing (“On the Basis of Sex”) and staffed a table for the association’s annual club expo at Orchard Creek. In between, were our weekly coffees at Kilaga Springs and monthly buffets at Thunder Valley.

Coming up: a baked potato potluck in April and a first-ever tea dance in May. The tea dance will commemorate a Sunday afternoon tradition that began decades ago in various LGBT communities, when same-gender dancing was not legal, so community members gathered together under the guise of having tea.

Lavender Friends represents LGBT residents in Lincoln Hills by offering social activities, support and outreach opportunities. To learn more about the club and upcoming events, check out our website: [www.lavenderfriends.com](http://www.lavenderfriends.com).

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### Shalom Social Group

BY JUDY GANULIN

We had a rare opportunity to hear a speaker who actually survived the Holocaust. Sy Karfiol was a very young child during the German occupation of Belgium; fortunately he was hidden by Catholics and lived to tell his story.

The Shalom Social Group is growing in both number and breadth of activity. We have added table tennis on a regular basis. On the 2nd and 4th Sundays of each month table tennis is available to our members. We also have a hike scheduled, and a River Cats game in June. For information on membership please call Joanne Levy, 508-333-8590.

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### LH Veterans Group

BY B.L. LEWIS

Placer County Veterans Service Officer, Suzi Vinci will be the guest speaker at the general membership meeting April 18, 2019 at 1:00 p.m. in the Kilaga Springs Presentation

Hall. She is a U.S. Navy veteran with more than 14 years of service and is now a veterans service officer specializing in assisting veterans and their families obtain their benefits. Vinci has worked in veterans services since 2007 and is now part of the Placer county Veterans Service Team. The Placer County Veterans’ Services Office is located at 1000 Sunset Blvd. Suite 115, telephone number is 916-780-3290; office hours are 8:00 a.m. to noon and 1 to 5:00 p.m., Monday through Thursday and 8 a.m. to noon on Fridays. This is a great opportunity to get answers to your benefit questions and to invite your veteran friends to the meeting.

Assembly Bill 427 has been introduced, to exempt military retirement pay from state income tax collection. The bill was introduced by Republican Assemblyman, Bill Brough; see the April Bulletin or more details. Also a Federal Court has ruled that the VA must pay disability Benefits to “Blue Water” Vietnam Veterans. This ruling is a Major Victory for the Navy veterans that have been denied these benefits for years and unfortunately too late for some Lincoln Hills Veterans.

Lincoln Hills resident, Janet Hamil a member of “Flag Legacy” collects flags that are to be retired from veteran’s organizations. The blue fields (canton) are removed and laundered; The embroidered stars are cut out, trimmed and slipped into a plastic bag with an insert that reads: A Flag’s Legacy – From a tattered flag the Stars shine on. The Star is a symbol to honor your service to our Country. THANK YOU! The Stars are then given to veterans as a Thank You for Your Service.

Placer Veterans Stand Downs – Free to all Veterans, their Spouses and Children! May 14th thru 16th, 2019 at “The Grounds” (Placer County Fairgrounds), gates open 8am. Services

include Dental, Hearing, Vision, and Legal. There will also be Lodging, Meals, Clothing, Personal care supplies, and Pet Services. To Volunteer and obtain further information, contact Jack Everett, 916-201-4608.

Welcome Aboard to new members, James Christie, U.S. Navy; Paul Cimarusti, U.S. Army; Herbert Holeman, U.S. Navy, Air Force, Army; Carl Johnston, U.S. Navy; and Ron Jung, U.S. Navy. As of February 8, 2019, the group’s paid membership stood at 193, including 116 life members and 19 Associate members. World War II veterans (including Spouses) total 22, total membership was 233.

In Memoriam —

Bob Sherer, U.S. Marine Corp: Korean War Veteran, Barry Logan, U.S. Air Force.

Steve D. Natcher, U.S. Coast Guard: Life Member of the Lincoln Hills Veterans Group.

The Veterans Group extends its deepest Condolences to the families and friends of these Veterans.

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### LH Amateur Radio Group

BY RUSSELL STEELE, KF6TAR

First let me thank everyone who stopped by our EXPO Table to say hello. Hope we answered all your questions. The Tour de Lincoln cycling event will be held on 11 May this year. This a fun activity for the biking community and an opportunity for ARG members to provide support for riders on the courses and communications between rest stops and central control. Support and Gear (SAG) wagons sweeps the course at the end of each event, to ensure that everyone on the course is safe and secure. This support is

(cont' on page 18)



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## LH Amateur Radio Group

(cont' from page 17)

coordinated by the Western Placer Amateur Radio Club, with participation by ARG members. If you find this kind of community activity interesting come to our weekly meetings on Mondays at 6:30 in the Lincoln Hills South Entrance Facility. We also hold a network at 7 PM each Monday on the W6LHR Repeater at 443.2250 with a PL of 167.9. If you are an amateur radio operator, please let us know you are out there by checking in. The more participation we have the better we can support the community in an emergency.

Additional information about the LHARG can be found on the website at [www.lharg.us](http://www.lharg.us) or contact President Jim Darby at 916-408-8599; VP Claire Schloenvogt at 916-253-9155.

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## Apple User Group

BY HELEN RAINS

The Lincoln Hills Apple User Group, a club many in SCLH have joined, provides a range of support and a wealth of information for all things Apple.

Members have the benefit of expert advice by telephone or get their questions about Apple devices and software answered when they drop in at the open labs. They can choose to attend a variety of monthly educational seminars on iMac, iPhone, iPad, Apple Watch, and/or tap the video library to watch past presentations on these topics and more. For more one-on-one help regarding a particular application or product you are working with, the club has a list of capable tutors you can call to assist you.

Want to join? Go to the club website,

[lhaug.org](http://lhaug.org). Select the "Join" button. There's a link with instructions to the LHAUG membership application form.

Are you thinking about upgrading to a new iPhone, iPad, iMac, Mac Mini or Apple Laptop and don't know what to do with the old device?

Do you have any Apple product items just sitting forgotten somewhere?

Please consider giving them to others who are less fortunate than ourselves. The club has a donation program that may assist you.

If you have an Apple product that is a 2010 or newer item, then please contact the LHAUG about donating your equipment.

The LHAUG support techs will handle all the details - take your old equipment, completely erase all the data and info and pass them along to others who need them.

Club Contact: Helen Rains by email [helen.lhaug@icloud.com](mailto:helen.lhaug@icloud.com) or call 916-408-4505.

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## Computer Club

BY KARLSCHOENSTEIN

Main Meeting April 10, 06:30 PM "Secure Your Data": One Drive, Google Drive, and Your Own Backup Drive. What if we had a true disaster in Lincoln? What if your hard drive crashes? Are you willing to lose your pictures and other important files?

A power surge, lightning strike, hardware failure, or natural disaster could leave you without your important data or the use of your computer. Backing up your



Rita Wronkiewicz

(cont' on page 19)

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### Computer Club

(cont' from page 18)

files can help you avert disaster. It's shocking (pun intended) how many people do not! Rita Wronkiewicz will explore common backup strategies for your PC and demonstrate their setup. P-Hall (KS)

Walk-In-Workshop: April 16, 1:00PM - 3:00PM in the Computer Lab at Orchard Creek. Our more experienced computer members will provide assistance to any of our Club members who would like hands-on help in utilizing computer hardware components, the Windows operating systems, or application programs.

Ask The Tech. April 26, 10:00 AM Our regular monthly meeting where all members can come to get solutions to their technical and non-technical WINDOWS PC, ANDROID PHONE and ANDROID TABLET problems. (OC Multi Purpose Room).

### S.C.H.O.O.L.S.

BY PATTI KINGSTON

The teachers in our elementary schools are still asking for help and they are looking for volunteers just like you! We have a large group of volunteers, but if you have time to spare and an interest in working with children in our Lincoln schools, you can begin in a classroom and grade level of your choice and with a schedule to accommodate your lifestyle. You need not have had teaching experience to participate.

Visit our website at <http://schoolssuncity.org>. The website has information about the volunteer program including the district school calendar, photos, and quotes from teachers



and volunteers. Contact a leader listed below who can answer your questions.

Crystal Elledge (Elementary) 543-8617, ceelledge@sbcglobal.net or Irma Mendez (Phoenix HS) at jmeidm@aol.com.

### Singles Club

BY SUSAN FOSTER-PLATT

Welcome to Spring in Sun City! It is great to see the sun again in our beautiful community! We kick off the month with our Activities Meeting in the Ceramics Room at Orchard Creek. Join us on Tuesday, April 2nd at 4:30PM and help plan our events for the Spring and Summer months!

Cocktail Time is on Thursday, April 4th. It will be a bit different this month, as Sarah and Mike have offered their home for a Thank You and a Good-By party for Maggie Parraz. Maggie has been a member of the Singles for many years. She planned our parties and served on the Board as Membership Chairperson for several terms. She also volunteered as an Ambassador and was always there to help in many ways. More information will be coming

soon on this event. Maggie is moving to Texas and will be living in another Del Webb community. We will miss her!

It will be time for our Birthday Celebration at 4:00PM on Sunday, April 7th in the Sports Bar at Orchard Creek. If it is your birthday, enjoy a cold one on the house! This event is a favorite of one and all! Our Business Meeting is scheduled for 6:00 PM on Thursday, April 11th in the Ballroom at Orchard Creek. The Second Saturday Breakfast will be on Saturday, April 13th at 9:00AM at Meridians.

For our Dining Out event we will be staying in Lincoln and enjoying a great meal at Kobe's. We meet on Thursday, April 18th at 4:30PM for this event. Call Sue to make your reservation for this evening.

We finish this month on Thursday, April 25th with our annual Auction! Join us at 6:00PM in the Ballroom at Orchard Creek for an exciting evening and a chance to bid for and win one of the many special items, which will be put up for auction. Further information will be forthcoming in our weekly blast.

### Hearing Impaired Support Group

BY JOANNE MITCHELL

The next meeting of the SCLH Hearing Impaired Support Group will take place on Thursday, April 25th, in the multi-purpose room at Orchard Creek Lodge, from 2:30 PM to 4:30 PM. Our guest speaker will be Rachel Tempesta of Cochlear Americas, who will be speaking to us about the various hearing assistive devices offered by her company, including cochlear implants and hybrids.

### Low Vision Support Group

BY JOAN BRANT-LOVE

April Meeting – Tuesday, 4/2, 2019, 2:00-4:00 PM, Fine Arts Room, Orchard Creek Lodge.

“Keep Driving Now – Be Driven in the Future” will be our topic. Our presenter will be Jerrod Sieberg, Senior Driver Ombudsman, from the CA Department of Motor Vehicles. He will bring us up to date on drivers' licenses, testing, I.D.'s and self-driving cars. There will be ample time for Q&A so bring your questions with you.

May Meeting – Tuesday 5/7, 2019, 2:00-4:00 PM, Fine Arts Room, Orchard Creek Lodge.

Janet Roberts, President of Neighbors InDeed will be our presenter. Janet will discuss the services provided by NID's Handy Helpers, Medical Equipment Loan Program, and Information & Referral Program.

Need Some Magnification or Other Aids? The following is a list of vendors who supply various devices that can be very helpful to those dealing with vision loss. Check them out to find a tool that will help you or a loved one.

Enhanced Vision: 1-800-811-3161, www.EnhancedVision.com; Northstate: 1-877-682-0452, info@northstate.com; MaxiAids: 1-800-522-6294, sales@maxiaids.com; Read Again: 1-888-322-5949, www.Readagain.org; Optelec: 1-800-826-4200, www.Optelec.com; LS&S: 1-800-408-4789, www.LSSproducts.com.

Low Vision Support Group Contact: Cathy McGriff 916-408-0169.

(more Club News cont' on page 21)

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### Bosom Buddies

BY VAL SINGER

Roses are red, violets are blue, April is here - and not a moment too soon!!

Yep! I saw a robin the other day and along with the beautiful blossoms on the trees, it says spring is coming. We've had enough rain and gloomy days to satisfy even the most skeptical weatherman. The snow is piling up which means the lakes and reservoirs will be brimming full. You can almost hear the fish sighing with relief that they will once again be able to languish in good clean water.

Here in Lincoln Hills, we have a gorgeous display of nature's colors that rival the eastern part of our country. Rows upon rows of trees in blossom make us all smile and want to get out in the garden and plant! We all enjoy watching new life sprouting in our yards. I know it revitalizes me to know that warm weather is just on the horizon and I feel very privileged to see all the beauty right in my own community.

As most of you know, January and February were not the best months for my family. When a situation occurs that you don't control in any way, it becomes sparkling clear just how vulnerable you really are. I can truly empathize with all of you who have experienced such traumas and want to thank everyone who sent prayers and well wishes our way. I thought of asking some of you to fly to Australia to hold my hand but I thought I might be pushing the Buddyhood a bit far. All the hugs I received when getting home made me feel soooooo good.

Our own Peggy Ryan had her head shaved at the Galleria on March 2nd. She did this in order to collect money for the Keaton's Child Cancer Alliance, St. Baldrick's Foundation. As the name indicates, this program specifically targets child cancer. So far, she has collected over \$400. Our picture shows the Bosom Buddies in their pink shirts who cheered Peggy on. Good job, Peggy!!

The St. Baldrick's Foundation is a not-for-profit organization with the aim of raising funds to help find cures for children with cancer. Volunteers sponsored by family, friends, and employers shave their heads or "chop" their ponytails in solidarity with children who typically lose their hair during cancer treatment. If you wish to make a donation, contact Peggy.



Our members thoroughly enjoyed the demonstrations by Nancy Deross from the Sacramento Makeup & Design Studio in Lincoln. The Studio is home to a team of professional makeup artists with over 30 years of combined experience in the beauty industry. Nancy spoke about the products sold

in the studio and demonstrated on Peggy how glamorous we can be with a little extra time in front of the mirror. Thanks Nancy, it was fun!

Our spring luncheon will be held at Mimi's in Roseville on April 11 at 11:30. Mae has scoured the area looking for an appropriate venue and according to her, the people at Mimi's were very accommodating, so it should be great. Check the newsletter for menu selection and directions.

Our May speaker is going to be Ji Hye Park from the Sutter Lymphodema Center. We have all been waiting for this speaker, so mark your calendar now.

It's time to sign up for the Relay. I did it, so it must be easy. Just pull up Relay for Life, Lincoln, CA., and follow the prompts. You'll need to know your password from last year or create a new one. Let's build our team!!!

If you have any questions regarding Bosom Buddies, please contact Marianne Smith (1-916-408-1818) or Patty McCuen (1-916-408-4185). We meet at Orchard Creek Lodge on the second Thursday of each month at 1:00 pm.

If you wish to go to lunch at the Meridians before the meeting, please call Val Singer (1-916-645-8553) and she will make the reservation.

We end each meeting by holding hands and saying:

"Together we are strong; together we will make a difference; together we will survive! And, we will, hopefully with a little fun..."

### Alzheimer's-Dementia Caregiver Support Group

BY JEFF ANDERSEN

Now that the warm weather has returned, it's good to remember that hydration is important for both the diagnosed and the caregiver. When you feel thirsty, you are dehydrated to some degree, so you drink water. But, a person with Alzheimer's doesn't necessarily recognize that thirsty signal. More, Alzheimer's patients often don't like to drink, shower or bath in water. Not getting enough water can lead to frequent bladder and other infections that are serious health hazards, sometimes making dementia patients mean, disoriented, dull, and hard to manage. Having a glass of water within easy reach and encouraging intake seems a better road to travel.

The expanded caregiver support program for Lincoln Hills residents continues through a grant from the Lincoln Hills Foundation. This program provides up to \$1,500 per year in respite and counseling benefits through the Del Oro Caregiver Resource Center. Respite is the single most important need this program addresses. Being a client of Del Oro is both simple and free, and is required in order to receive the Foundation supported benefits.

### SCLH Sports Car Group

BY PAM BERRY

The weather was a bit iffy but off we went on our annual Sausage Run. The Lockeford Sausage company has been open for close to 50 years and makes the best sausage and in so many varieties it boggles the mind. Next, we enjoy lunch at Teresa's Place in Jackson. They are getting ready to celebrate 100 years. Food is always great and the service friendly.



The ride to Capay Valley took us through lush green fields. The perfect spring ride. Of course, all that driving makes you hungry so we had lunch at Cache Creek Casino. Lots of fun.

The next adventures are Crystal Hermitage Gardens with 108 varieties and over 5,000 bulbs

planted then a three-day adventure to Murphys and the Ironstone Winery.

If you would like more information, contact Jo.

Contact: Jo Fratessa 916-759-8760

mfratessa4@icloud.com

Website: lhsportscars.com

Meeting is first Monday of the month at P-Hall (KS)

### RoadRunners Motorcycle Club

BY MIKE SMITH

The RoadRunners started their official riding season on March 16. Led by Road Captain Dan Harlander, the riders toured scenic Sierra Foothill backroads leading to the small hamlet of Mount Aukum. Coming up on April 13, Road Captain John Marin will be leading a ride through Mill Valley and some beautiful redwood groves.

The RoadRunners have scheduled rides on the second Saturday of the month, March - November. If you like motorcycle touring and have a road worthy motorcycle or trike - check us out! The RoadRunners meet on the fourth Thursday of the month at 6:00 PM Multipurpose Room (OC) Guests are always welcome. The next meeting will be on April 25. "Ride Safe - Ride With Friends"

Contact: Manny Perez 916-253-9121 manwil412@wavecable.com

### Rods & Relics

BY ELNA RAGAN

The third Car Show meeting was held on Friday, March 8. Good progress was reported in early vehicle registrations and the number of trophy sponsors. Rich Ragan, Car Show Chairman, will be attending a City Planning Meeting on April 9 to coordinate City Department's support for the June 1 Downtown Lincoln Car Show. Over the years, we have donated \$164,071.00 to local charities from the proceeds of our annual Car Show. The charities to benefit this year are: RRUFF Healing Heroes, Women of Worth, and Ride to Walk. Our Club also donates time to help at the Lincoln Library book sales, provides a car-related magazine subscription there, and sponsors a Little League Baseball Team in Lincoln.

On February 21, Board member elections were held at the General Business Meeting for three positions. George Funk is returning as Treasurer, Craig Kirkpatrick is returning as Member- At-Large, and Landon Schadel is the new Activities Director.

(cont' on page 22)

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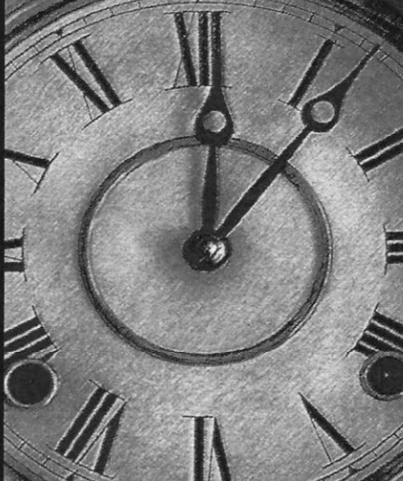
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### Rods & Relics

(cont' from page 21)

Car Shows are just starting to take place... since the weather has warmed up and the sunshine has returned. On March 16, several Club members journeyed to the 9th Annual Casa Robles Car Show in Orangevale.

The Opening Day Ceremony for the Lincoln Little League was held on Saturday, March 16. Rich Ragan, Car Show Chairman, attended the ceremony and was very impressed by the teams' youthful enthusiasm! The Rods & Relics are sponsoring the AA Division "Blue Rocks." "Hey, batter, batter" ... let the games begin!

If you own a 1975 or older American-made or American-powered vehicle and enjoy getting together with like-minded auto enthusiasts, come out to the get-togethers listed below!

Upcoming Events —

April 2, 16, 30: Breakfast at the Waffle Farm in the Twelve Bridges Shopping Center. Members start arriving at 7:45 a.m. Join us for a tasty breakfast and to catch up on Car Club-related news.

April 18: The General Business Meeting will be held at the Turkey Creek Golf Club, 1525 Highway 193, Lincoln. Dinner is available from 5:00 p.m. on and may be followed by a speaker at 6:00 p.m. The General Business Meeting starts at 6:15 p.m.

Contact: Ray Geiger, President 1-916-543-0464; Mike Carvidi, Membership Director 1-707-849-2834.

Website: [www.rodsnrelics.net](http://www.rodsnrelics.net)

...

### Bird Group

BY RUTH BAYLIS

It's that time of year when our wintering birds will be heading out. The White-crowned Sparrows are usually gone by April 15, off to Canada and Alaska to breed. Others disappearing include Golden-crowned sparrows, Dark-eyed Juncos, Northern Flickers, Ruby-crowned Kinglets, Yellow-rumped Warblers, and Say's Phoebe. But replacing them will be various swallows, Western Kingbirds, Black-headed Grosbeaks, and Ash-throated Flycatchers. And soon, only the Mallards, Coots, Pied-billed Grebes and Canada Geese will be the most likely sightings on our ponds. You may be noticing a lot of Turkey Vultures overhead, and Don and I have even had them swooping down low over our heads—whatever that means! Deren Ross, who heads up the fall Vulture Watch in Auburn that tracks the southern migration of Turkey Vultures, tells me that mid-March is when those vultures start their return.

There were two outings over the last month as we try to get as much of the wintering waterfowl in before they take off for their breeding locations to the north. In late February, on a very cold and windy day, we visited Bridgeway Island Pond in West Sacramento. A great sighting was 2 Bald Eagles and an Osprey having a dispute over a perch. While they were at it, a couple of Common Ravens took over the perch. This pond is remarkable in that it hosts a large number of teal geese, especially Blue-winged Teal. The US Geological Survey has set up net cages there where they trap the Blue-Winged and Cinnamon Teal and band them. They

(cont' on page 23)

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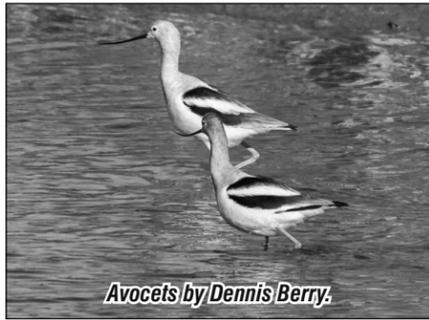
**Bird Group**

(cont' from page 22)

would like to understand why these birds are attracted to this site, but more to monitor their population, health and distribution in general. We were fortunate to be there when the USGS scientists were present and could interact with them as they handled the birds.

Our scheduled trip in early March to Vic Fazio was not possible due to flooding. Instead we checked out the wastewater treatment plants at Davis and Woodland. Still plenty of waterfowl to enjoy, but nothing unexpected. On our usual return route through the rural areas west of Lincoln we did confirm that the Burrowing Owl(s) on Brewer Road was still present but now becoming well hidden by the growing grasses.

The featured presenter at our March meeting was JD Bergeron, executive director of the International Bird Rescue Group in Fairfield. You may remember that we participated in their release of a Snow Goose at Staten Island in December and visited their facility in February. JD recently returned from Midway Atol where he participated in



the annual nesting Albatross census and he shared with us much interesting information about Albatross. Midway Atol is the site of the world's largest albatross nesting colony and one of its nesters is Wisdom. She is 68 years old and is the oldest known seabird in the USGS Bird Banding Lab's records. JD said that [Laysan] Albatross return to the same natal colony to breed, so entire generations are nesting close together. It could be speculated that Wisdom is in fact nesting right next to her mother or grandmother who were never banded.

The following are our upcoming events for April. Unless otherwise noted, our birding trips meet for carpooling at the far western end of the Orchard Creek parking lot, near the fitness center indoor pool. For longer trips, bringing water and snacks is suggested, and we often stop for lunch at a restaurant along the route. Please do check the events section of our website, and your Bird Group emails, for confirmation because sometimes circumstances require that we make changes.

Apr 5, Fri, 8AM: Traylor Ranch Bird Sanctuary and Nature Preserve, Penryn. Located a short drive over the ridge in Penryn, this little preserve is quite a gem. It has a maintained bluebird trail and we have seen



Wood Ducks here. Also seen here has been a California Thrasher, not common in this area. It is open to horseback riders so we do have to watch for them, and one year we even encountered a lady riding a Texas Longhorn. She said she rides it in local parades.

Apr 8, Mon, 1:30PM: Monthly meeting, Kilaga Presentation Hall. This month John Garfein will do a presentation on his recent trip to Cuba. His presentation will be full of his photos of Cuban birds, botanical gardens, old plazas filled with local residents, and vintage 1950's vehicles. John has shared with us that it was an amazing adventure.

Apr 26, Fri, 8AM: Canyon Oaks Trail, Lincoln Hills. This trail, and the Ferrari Pond Trail, are the most productive trails in Lincoln Hills. There are a couple of small ponds, where we used to see Wood Ducks but no more (always hoping!), although Hooded Mergansers have nested in the Wood Duck boxes there in recent years. However, this is primarily a walk through oak woodlands where we will likely sight Acorn Woodpeckers, Oak Titmice, California Scrub Jays, and White-breasted Nuthatches. We might also find Ash-throated Flycatchers and Western Kingbirds if they have arrived for the season.

For a full listing of future events, birding tips, a photo gallery, bird lists from trips and MORE, visit our website: <http://www.lhbirders.org>

You can communicate with the Lincoln Hills Bird Group at email address: [LH\\_Bird\\_Group@yahoo.com](mailto:LH_Bird_Group@yahoo.com).

• • •

**Garden Club**

BY LORRAINE IMMEL

Safe the dates...something for everyone! We have quite a few Garden Events coming up, but there is no April General Meeting due to the Home Garden Tour that day.

April 6 (Saturday) Plant Sale at the Sport Pavilion, 9-11 AM. If you are donating plants, pots, garden objects, bulbs, etc. beforehand, please try to have them there by 8 AM so we can price and place them. Be sure to have them labeled! Contact: Marie Salers, 916-408-3895.



April 13 (Saturday) Garden Faire (free admission) sponsored by Master Gardeners of Placer County at Maidu Community Center, 1550 Maidu Drive, Roseville.

April 22 (Monday) Field Trip to UC Davis Arboretum. SCLH Bus Trip. Information in the Compass. Sign up at the lodge.

April 23 (Tuesday) Rose Garden Tour to Sue McGill's (Guest Speaker last year) house

(cont' on page 26)

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	Dec 3, 2019	\$1,329	\$1,499	\$2,199	
	Dec 28, 2019	\$1,599	\$1,769	\$2,389	
	Jan 27, 2020	\$1,399	\$1,579	\$2,399	

Sail round trip from San Francisco, California to Kauai, Nawiliwili Hawaii; Honolulu, Hawaii; Maui, Lahaina, Hawaii; Hilo, Hawaii; Ensenada, Mexico, San Francisco, California.

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<b>10 DAY ALASKA From SFO! Princess</b> Grand Princess ~ 2600 Passengers	May 6, 2019	\$899	\$999	\$1,849	
	May 16, 2019	\$899	\$949	\$1,529	
	Jun 25, 2019	\$1,239	\$1,339	\$2,399	
	Jul 15, 2019	\$1,299	\$1,399	\$2,499	
	Aug 4, 2019	\$1,299	\$1,399	\$2,079	
	Aug 14, 2019	\$999	\$1,099	\$1,499	

Sail round trip from San Francisco, California to Juneau, Alaska; Skagway, Alaska; Glacier Bay, Alaska; Ketchikan, Alaska; Victoria, British Columbia, Canada; San Francisco, California.

**^ROUND TRIP LINCOLN SHUTTLE TO SHIP AVAILABLE!**

<b>7 DAY CA Coastal from SFO! Princess</b> Grand Princess ~ 2600 Passengers	Oct 13, 2019	\$1,199	\$1,299	\$1,949	
	Oct 20, 2019	\$1,099	\$1,299	\$1,599	

Sail round trip from San Francisco, California to Astoria, Oregon; Seattle, Washington; Vancouver, BC, Canada; Victoria, BC, Canada; San Francisco, California.

**^ROUND TRIP LINCOLN SHUTTLE TO SHIP AVAILABLE!**

<b>10 DAY MEXICO From SFO! Princess</b> Grand Princess ~ 2600 Passengers	Oct 3, 2019	\$899	\$1,049	\$1,199	
	Dec 18, 2019	\$1,199	\$1,399	\$1,699	

Sail round trip from San Francisco, California to Puerto Vallarta, Mexico; Manzanillo, Mexico; Mazatlan, Mexico; Cabo San Lucas, Mexico; San Francisco, California. **^ROUND TRIP LINCOLN SHUTTLE TO SHIP AVAILABLE!**

<b>15 DAY PANAMA CANAL Princess</b> Coral Princess ~ 2000 Passengers	Nov 17, 2019	\$1,779	\$1,879	\$2,499	
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Sail from San Francisco, California to Fort Lauderdale, Florida to visiting Cabo San Lucas, Mexico; San Juan Del Sur, Nicaragua; Puntarenas, Costa Rica; Fuerte Amador, Panama; Transit the Panama Canal; Cartagena, Colombia; Fort Lauderdale, Florida. **INCLUDES LINCOLN SHUTTLE TO SHIP & SACRAMENTO AIR RETURN!**

<b>20 DAY Panama Canal Princess</b> Coral Princess ~ 2000 Passengers	Apr 21, 2020	\$2,299	\$2,499	\$2,999	
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Sail round trip from Los Angeles, California to Huatulco, Mexico; Puerto Chiapas, Mexico, Puerto Quetzal, Guatemala; Transit the locks of the Panama Canal; Puntarenas, Costa Rica; San Juan del Sur, Nicaragua; Manzanillo, Mexico; Los Angeles, California. **INCLUDES Sacramento Airport Shuttle & Round Trip Airfare!**

Prices are per person; based on double occupancy and subject to availability. Other items not included in the cruise prices are airfare-unless otherwise noted, taxes, transfers, fuel surcharge and travel insurance. Some restrictions may apply. See brochure for complete details. ^Round Trip Shuttle is \$100 per person.



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Days & Destination	Cruise Line ~ Sailing Date	Starting Price/ Inside	Outside	Balcony
<b>14 DAY ALASKA</b> Amsterdam ~ 1380 Passengers Sail round trip from Seattle, Washington to Vancouver Island, BC; Ketchikan, Alaska; Juneau, Alaska; Icy Strait Point, Alaska; Anchorage, Alaska; Homer, Alaska; Kodiak, Alaska; Hubbard Glacier, Alaska; Sitka, Alaska; Victoria, BC, Canada; Seattle, Washington. Distinctive Voyage with extra amenities & host!	Holland America Aug 12, 2019	\$1,999	\$2,199	\$4,399
<b>INCLUDES SACRAMENTO AIRFARE!</b>				
<b>12 DAY MEDITERRANEAN CELEBRITY</b> Celebrity Infinity ~ 2046 Passengers Sail from Barcelona, Spain to Rome (Civitavecchia), Italy visiting Provence (Marseille), France; Florence/Pisa (Livorno), Italy; Ajaccio, Corsica; Valletta, Malta; Kotor, Montenegro; Corfu, Greece; Sicily (Messina), Italy; Amalfi Coast (Salerno), Italy; Rome (Civitavecchia), Italy. Ask about special \$899 airfare!	Sep 5, 2019	\$1,399	\$2,199	\$3,499
<b>14 DAY TROPICAL CARIBBEAN</b> Nieuw Statendam ~ 1964 Passengers Sail round trip from Fort Lauderdale, Florida to Half Moon Cay, Bahamas; Falmouth, Jamaica; Georgetown, Grand Cayman; Cozumel, Mexico; Grand Turk, Turks & Caicos; Amber Cove, Dominican Republic; Key West, Florida; Fort Lauderdale, Florida.	Holland America Nov 17, 2019	\$1,699	\$1,999	\$2,299
<b>INCLUDES SACRAMENTO AIRFARE!</b>				
<b>26 DAY SOUTH PACIFIC</b> Golden Princess ~ 2600 Passengers Sail from San Francisco, California to Sydney, Australia visiting Hawaii; Bora Bora, French Polynesia; Papeete, Tahiti; Pago Pago, American Samoa; Auckland, New Zealand; Tauranga, New Zealand; Napier, New Zealand; Sydney, Australia. Ask about extending your stay in Australia and the Great Barrier Reef.	SFO to Sydney Princess Sep 28, 2019	\$4,199	\$4,599	\$5,899
<b>INCLUDES LINCOLN SHUTTLE TO SHIP &amp; SACRAMENTO AIR RETURN!</b>				
<b>28 DAY Tahiti/Bora Bora</b> Oosterdam ~ 1974 Passengers Sail round trip from San Diego, California to Hilo, Hawaii; Honolulu, Hawaii; Lahaina, Maui, Hawaii; Bora Bora, French Polynesia (2 Days); Raiatea, Society Islands; Papeete, Tahiti (2 Days); Moorea, French Polynesia; Fakarava, Tuamotu, French Polynesia; Nuku Hica, French Polynesia; San Diego, California.	Holland America Mar 21, 2020	\$3,199	\$3,499	\$3,999
<b>INCLUDES SACRAMENTO AIRFARE &amp; AIRPORT SHUTTLE!</b>				
<b>15 DAY GRAND EUROPEAN</b> Various Ships ~ 190 Passengers Sail from Amsterdam to Budapest visiting Kinderdijk, The Netherlands; Cologne, Koblenz, Wurzburg, Bamberg, Nuremberg, Regensburg & Passau, Germany; Melk & Vienna, Austria; Budapest, Hungary.	Viking River Cruise Various Dates	\$4,899	\$5,299	\$6,199
<b>INCLUDES SACRAMENTO AIRFARE &amp; AIRPORT SHUTTLE!</b>				
<b>8 DAY RHINE GETAWAY</b> Various Ships ~ 190 Passengers Sail from Basel, Switzerland to Amsterdam visiting Breisach, Germany; Strasbourg, France; Heidelberg, Germany; Koblenz, Germany; Cologne, Germany; Kinderdijk, The Netherlands; Amsterdam, The Netherlands.	Viking River Cruise Various Dates	\$2,699	\$2,899	\$3,099
<b>INCLUDES SACRAMENTO AIRFARE &amp; AIRPORT SHUTTLE!</b>				

Prices are per person; based on double occupancy and subject to availability. Other items not included in the cruise prices are airfare-unless otherwise noted, taxes, transfers, fuel surcharge and travel insurance. Some restrictions may apply. See brochure for complete details.



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**Garden Club**

(cont' from page 23)

in Roseville-\$3 per person and optional lunch. Contact Ann Beede, Field Trip Coordinator: 916-792-6443.

April 25 (Thursday) Home Garden Tour. Visit yards of SCLH residents from (10 AM until 3 PM). Pick up information and directions at 10 to 11:30 AM that morning at the Orchard Creek drive-through Portico...no need to leave your car. These packets are \$5 each (preferably exact cash or check, made to the SCLH Garden Group). It includes a coupon for all day Thursday or Friday, 25/26th, for 20% off the bill up to 4 people per coupon at the Meridian, Sports Bar, or Kilaga Cafe.

April 27 and 28 (Saturday and Sunday) Amateur Rose Show and Competition. 10 AM- Sat. to 4 PM Sun.) All the information has been sent to members by email for entering your home grown roses! Also, information and guidelines are on the website: lhgarden group.org. Contact: Marian Reeder, 916-408-1739 or Robin Juhasz, 916-899-2382. (Competition in the categories is for members only, but all residents may bring roses or arrangements for a display table.)

May 16 (Thursday) "A Tisket a Tasket a May Garden Basket"- Spring Luncheon. All details about this luncheon (menu and basket contest) have been sent to members by email. Also, information and contest guidelines are on the website: lhgarden group.org. If you did not sign-up at the March meeting, contact: Debbie Schryver, 916-666-1741.

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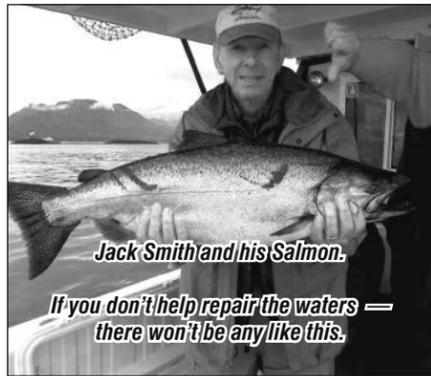
**Fishing Club**

BY HENRY SANDIGO & ERIC KNAGGS

It is important that our members support and understand the need to protect freshwater spawning grounds of fish in general and especially Coho Salmon because of their declining numbers year to year. Our member Eric Knaggs recently wrote this article to underscore our necessity to be proactive about protection.

Pacific Decadal Oscillations And it's Effect On Coho salmon, Pacific Sardines, Pacific mackerel, and Anchovies. Fishermen and biologists are always interested in protecting the fresh water spawning grounds and nursery areas of the Coho Salmon, and rightly so, since these salmon need good water and habitat to spawn. Also the juveniles of this species spend one year in fresh water before they migrate to the ocean. However, this is just one part of the Coho salmon's lifecycle.

These fish live most of their life in the ocean, and ocean conditions called the "Pacific Decadal Oscillations" have a large impact on the growth and survival of these



Jack Smith and his Salmon.

*If you don't help repair the waters — there won't be any like this.*

fish. This article discusses the impact of these oscillations on four species of fish; Pacific sardine, Pacific mackerel, anchovy, and Coho salmon. These oceanic oscillations last from a few years to several decades. Think of these oscillations as 'flips' in ocean condition that favor one species or another. The recent oceanic oscillations occurred in 1925, 1947, 1977, 1997, and 2014. I have listed these years as reference point since the actual change may occur over three to four years (i.e., 1947-1952, and 1976-1979). The 1925 to 1947 oceanic conditions favored the successful recruitment and survival of Pacific sardines and mackerel. The population for these two species of fish increased dramatically during this time period. While anchovy and Coho salmon populations survived, the populations did not increase during this time period. Starting in 1947 the Pacific sardine and mackerel populations literally "collapsed." Between 1947 and 1977, the oceanic conditions favored the successful recruitment and survival of anchovy and Coho salmon populations. In Oregon, the hatchery system concentrated on the raising and releasing of Coho salmon. Starting in 1977, the oceanic conditions flipped again and the populations of Pacific sardine and mackerel increased dramatically, while anchovy and Coho salmon population decreased. In 2014 (2014-2017), it appears oceanic conditions will again favor the Coho salmon recruitment and survival. At least I hope this is the case.

While we need to protect the fresh water spawning and juvenile habitat of Coho salmon, we also need to be aware of these "Pacific Decadal Oscillations" and the effects they have on the recruitment and survival of certain species of fish particularly the Coho salmon.

...

**Shooting Group**

BY JOHN KIGHTLINGER

Would you like to join a friendly group of residents enjoying recreational shooting sports? The shooting group may be just what you are looking for. Our purpose is to make friends among residents who are interested in enjoying safe recreational shooting sports. If you have not shot in years, or have never shot before, you will find the group welcoming with members available to help. You may join our shooting activities on any of our scheduled dates, regularly or intermittently. Just come out and have fun!

Weather permitting, we meet on Tuesday of each week for Trap and on Thursdays for Skeet at Coon Creek Trap and Skeet, 5393 Waltz Road, Rio Oso, CA 95674, just minutes from Lincoln. You may join us for either trap or skeet, or both. Occasionally other shotgun sports such as International Trap, Sporting Clays and 5-Stand are enjoyed. We have no fees but each shooter must pay the Coon Creek clay targets fee. For more information about shotgun shooting sports contact John Kightlinger at 916-916-408-3928 or johnnpat@sbcglobal.net

Generally, the rifle and pistol activities occur on Tuesdays at the Lincoln Rifle Club located at 150 Lincoln Boulevard. For information about rifle or pistol shooting please contact Jim Trifilo at 434-6341 or trifilom@gmail.com.

...

(more Club News cont' on page 27)



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### Sun City Hiking Group

BY STEPHANIE HUNTINGDALE

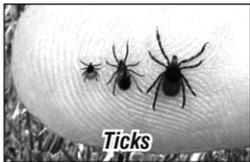
We look outside and see blue skies, trees and flowers in bloom, temperatures in the 70's and we are ready to say, "Wake up legs, winter is over and it's time to get moving!" The clothes are ready (maybe even some new ones), the boots, the trekking poles, hats, sunscreen, bug spray, lip balm, tissue. We are so anxious with anticipation to get out on the hiking trails and enjoy the fresh air and wild flowers. We are bursting with glee!

Wait a minute, not so fast! The winter has been rough on our many favorite hiking trails. The rivers are still running fast. The news says this is the most snow in the Sierras in the last 10 years and it has not yet started to melt and fill our rivers once again. When it does melt, we will have a banner year for mosquitos and ticks.

Poison Oak is always present here in the valley as well as ticks. The following is a reprint from my April 2015 and June 2017 articles. It is worth reading and being reminded about ticks.

What is a tick? Ticks are small, blood-sucking parasitic arachnids. Most are about the size of a grain of rice. Cold temperatures inhibit egg development; however, the vet told us that tick season is "all year round" here in the Lincoln area. She said it doesn't get cold enough for them to die off.

We have many deer ticks in our foothills. They usually sit at the tip of tall grasses and other plants,



waiting for animals or humans to brush by. I read that they can be found from sea level to over 8,000ft. The best way to avoid ticks is to stay out of the areas they live in; however this would leave many beautiful and interesting places out of our hiking world.

In my research, it was suggested that wearing light colored clothing will make them far easier to see. If you spot a tick, brush it off. Trying to crush it to death between your fingers is almost impossible with hard ticks. If you catch the tick by surprise they are easy to flick off. If the tick has embedded itself in your skin, the best way to remove it is with tweezers. Grasp the tick close to the skin and apply steady upward pressure without crushing or twisting the tick.

Sometimes using a mosquito spray containing deets is useful; however I read that it is less effective than using an aerosol clothing spray containing Permethrin. After reading about Permethrin I looked up products on the internet and found that there are several brands of clothing made with Permethrin-infused fabric, or you can buy a spray. Do note that these are pesticides and be warned that Permethrin is dangerously toxic to cats and fish, so if you have these in your home it is not advised to use this method. This is not an endorsement, but I found Sawyer Products Premium Permethrin Clothing Insect Repellent Trigger Spray on Amazon for a little more than \$10. It says its odorless, as effective as 100-Percent DEET, does not harm fabrics and finishes and lasts up to 6 weeks or up to 6 washings. You might want to check it out. Let's not be complacent and forget just how harmful ticks can be. We should all be diligent in watching for them and they won't be a problem.



We had a great Hike Leaders meeting in March and many hikes have been planned for the next quarter. Check the website.

Upcoming Easy Hikes: April 9, Griffith Quarry (Penryn)

Upcoming Moderate Hikes: April 4, Deer Creek, Sue Geisler Memorial Hike (Nevada City), April 13, Angel Island (SF Bay), April 25, Quarry Trail (Auburn Recreation Area), April 30, Weimer Institute

Upcoming Moderate/Strenuous Hikes: April 18, Stevens Trail (Colfax)

Hiking-Walking Group Website: <http://www.lincolnhillshikers.org>

Call Art McGrath Hiking Group President, 434-5540 with questions about the Hiking Group.

Call Debbie Schryver, Walking Group Coordinator, 666-1741 with questions about the Walking Group.

• • •

### LH Cyclists

BY TOM FRADY

I'm not much of a bike mechanic. I've changed a rear cassette, twisted some spokes and called it "trueing the wheel", installed new pedals and made slight adjustments to shift cables. Brakes are somewhat of a mystery to me and don't even ask me to look at your headset. Now that I have disc brakes and

Di2 shifting my ability to work on brakes and shifting has disappeared.

But I have a workspace in the garage with a very bike-centric feel to it. A couple of posters, extra wheels hanging from the ceiling, a few bike tools mixed in with the hammers and 3 pound coffee cans full of odd pieces of hardware, plus a mobile made out of old water bottles. I have some drawers with bike gloves, hats, tubes and old blinkie lights therein and some cubbies with cleaning tools, chain oil and flat repair paraphernalia readily available. And three bikes (one is my wife's).

Of course, my workbench is often covered with the flotsam (or is it jetsam?) that comes from having a life besides bikes. Bags of toys for the grandkids and stuff we pile there when company is coming.

But having a few tools and a space to work on your bike can make whatever work you do easier and more enjoyable. Here are some ideas for you to get started or to add to your existing set up.

Just a few tools are plenty for the non-mechanically inclined. A good Allen wrench set, chain gauge, floor pump, tire levers, and a spoke wrench are all a good start. If you include an adjustable wrench and pliers from the tool box you probably already have, you've got about all you need. You know what's handy? A little flashlight.

And, oh, a good bike maintenance book.

Cleaning your bike is an important part of maintenance and it doesn't take much talent. You will need gentle soap (Dawn dish soap seems to work well), maybe a biodegradable grease cutter (Simple Green-ish), a brush or two and lots of soft rags. I have found a chain cleaning tool very handy, but still use some

(cont' on page 29)



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### Lincoln Hills Update

Model	ACTIVE Listings	Average List Price	PENDING Sales	Avg. Pending List Price	SOLD Last 2 Months	Average Sale Price
Santa Clara	1	\$925,000				
Carmel						
Santa Barbara			1	\$899,900	2	\$880,000
Meadowgate	1	\$1,075,000	1	\$739,000	1	\$870,000
Sonoma	1	\$849,000	1	\$670,000		
Springcrest	2	\$719,000			1	\$835,000
Marin	2	\$754,500				
Tiburon			1	\$715,000		
Monterey						
San Mateo					1	\$590,000
Atherton					1	\$659,000
Napa	4	\$731,200	3	\$776,700	1	\$800,000
Shasta	1	\$760,000	1	\$639,000		
Sausalito	3	\$649,300			2	\$649,000
Ventura					1	\$561,000
Annadel			1	\$610,000		
El Dorado	1	\$549,000			2	\$530,000
Ventana						
Fremont					2	\$636,000
Orchard Crest	1	\$499,500	3	\$549,000	3	\$525,700
Plumas						
Tehama			1	\$469,000	1	\$500,000
Tahoe			1	\$550,000	3	\$519,300
Santa Cruz			2	\$487,500	2	\$502,500
Mendocino					2	\$529,000
Baldwin	1	\$525,000				
Echo Ridge					2	\$595,000
Trinity	1	\$489,900			1	\$476,000
Lassen	1	\$479,000	1	\$475,000	2	\$447,700
Quail Cove					3	\$454,700
Alpine	1	\$489,000	2	\$489,200	6	\$452,300
Pine Hill	3	\$440,700			2	\$540,200
Almanor	1	\$469,950				
Madera					1	\$399,000
Bridgegate			1	\$420,000	3	\$437,700
Calaveras			2	\$386,500	1	\$361,000
Sequoia	2	\$391,500	1	\$370,000		
Millpond					1	\$375,000
Mariposa			1	\$395,000	1	\$369,300
Woodleaf					1	\$325,000

NOTE: The statistics above do not reflect any consideration in value for model options nor location.

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### LH Cyclists

(cont' from page 27)

fuzzy pipe cleaners, at times. Lemon Pledge wipes will give your bike a nice shine.

The next step might be to add a chain whip, chain tool and cassette lock ring sockets, cone wrenches and bottom bracket wrenches. Most of that is too much for me, but you might be ready for swapping drivetrains and hub overhauls.

Anything beyond this is totally out of my league. If you are already capable of building a bike from scratch, there is nothing I can tell you. But here are a few other ideas for the more normal among us.

A good work stand just makes everything from cleaning your bike to adjusting the gears easier. One that folds up doesn't take up much room. They can be found for well under \$100, but you might want to spend a bit more for a solid one. It is money well spent.

I will admit I am a bit of an organization guy, but I do know where my stuff is. Even if your "shop" is just a tool box, have a place for everything and put it back there when you're done. You want to be spending your time fixing, not looking. Of course, if you have room, having everything hanging on the wall behind your bench is great.

If you are buying bike tools, buy quality. Many manufacturers sell complete kits that come in a handy box of some kind. It can be a bit expensive, but probably cheaper than buying everything separately.

There is a certain satisfaction to being able to do some maintenance on your bike, but don't be shy about taking it to a good shop if you just aren't sure about what you are doing.

• • •

### Water Volleyball Club

BY ROSEMARY ELSTON

Busy month for the Water Volleyball Club. As a result of the ranking process that transpired during the month of January, a large number of recreational players are transitioning to competitive play at either the Level 3 Red Ball Competitive Team or Level 4. Both of these play options provide an opportunity for members to demonstrate their volleyball skills with their peers in a more competitive format. Players now in Level 3 Red Ball Competitive Team and Level 4 will need to review the play schedule on the Water Volleyball Club website or white board in the Kilaga Springs pool area for specific level play sessions during the week.

February 27th proved to be another successful training night for recreational players (red ball) and competitive players (blue ball). The focus for red ball players was positioning and serving; the focus for blue ball players was serving and receiving. This awesome training boasted of close to fifteen recreational and fifteen competitive players on each net. Participation in the monthly trainings is a tremendous benefit not only to the members attending the training but the general membership who will experience enhanced skill levels during weekly play sessions. Kudos to the training coordinator, trainer volunteers and the members who took advantage of this club benefit.

On March 6th, the Water Volleyball Club women showed off their skills with the red ball. Ladies' Night is proving to be a wonderful venue for interplay between recreational and competitive players. In addition to practicing the infamous triangle, participants get to meet

and greet with ladies possessing a variety of water volleyball skills.

Finally, the Water Volleyball Club participated in the annual LifeStyle Expo on February 26th at the Orchard Creek Lodge. The following members volunteered their time, expertise and equipment to make sure our club was positively represented: Jeanne, Dave, Harriet, Kalli and Dolores. Special thanks to Dave for bringing the banner and red/blue balls, Jeanne for bringing her computer showcasing our awesome training videos and Candy for all the props/flyers/supplies. Attendees at the LifeStyle Expo were able to view the training video, touch and feel the red and blue volleyballs and ask questions of the club volunteers. Based on feedback from the residents who stopped at the Water Volleyball Club table, approximately 12 to 14 individuals are interested in exploring the sport of water volleyball. Hopefully, 8 to 10 residents will follow-up with an e-mail expressing their interest in our club. E-mail contact: sclhwatervolleyball@gmail.com. Website address: lhwatervolleyball.com

• • •

### Ladies Golf —18 Holes

BY CANDICE KOROPP

The third week of February was a stroke play event, as well as a day to count putts, on the Hills Course. Candy Koropp won the putting portion of the contest and also led the First Flight with 72, winning a tiebreaker over Judy Habecker. Dee Arts was third with 74. In Flight Two, Yeong Ja Hur won the tiebreaker over Karen McGraw, scoring 73, and Valerie McElroy was third with 75. Linda Anselmo, back after a year's absence, shot 72 to claim first in Flight Three. Mikie Briggs was second

with 74, and Linda Chappellear had 75 for third. Trish Ramirez captured the CTP.

The ladies were able to play the first two Thursdays of March. Our monthly NetChix was on the Hills with only 19 players, after many cancellations. There were a couple of spritzes of rain and a cold breeze, but we all persevered and were happy to play after the stormy February knocked out a couple of weeks of play. The NetChix for March was Judy Emge, who netted 69. She won by a stroke over one of our new members, Barbara Grant, while most of the other players netted high 70's. Dee Arts led the First Flight, followed by Trisha Ramirez and Kathi McCoy. Then, Yeong Ja Hur topped the Second Flight, with Karen Thom and Peggy Carr all even with Hur. A tiebreaker sorted out the standings. Flight Three was led by Grant. Nancy Gadsby tied with Mikie Briggs, but Gadsby took the tiebreaker. Ramirez also snagged the CTP, though a heck of a long ways from the flag, it was all it took for the win. March 14th results were not available.

• • •

### Lincster Golf Club

BY SUSAN PHARIS

The months of February and March were cold and rainy causing many cancelled Lincster play days. The one day that the ladies were able to play was on February 9. The play was on the Orchard front nine. Winning first place in flight A was Phyllis Patrick. First place winner in flight B was Sandra Braa. First place winner in flight C was Judy Otis, and the first place winner in flight D was Carol Sexton. The Lincsters held their first general meeting on March 13th. The meeting included a lengthy discussion of the revised rules of golf and an introduction

(cont' on page 30)



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### Lincster Golf Club

(cont' from page 29)

to Golf Genus, the new computer program that will be used by the club. The total club membership is 144 plus two social members. New members that joined the Lincsters in March are BJ Goozee, Mary Holland, Tish Leo, and Julie Marquart. Upcoming events are the Bring a Friend Tournament on April 24, Senior Rules FYOF Tournament on May 29, the Tin Cup FYOF Tournament on July 31, and the Breast Cancer Tournament on October 23. The club championship dates and format are being discussed.

• • •

### Men's Golf Club

BY DOUG HINCHEY

April 9 will be the Just For Fun Stroke Play Individual Tournament, followed by the Presidents Cup starting May 14. This match play tournament will be played on consecutive Tuesdays until a winner is declared, three or four weeks later depending on the signups.

Gross winners in the 4 man scramble were: Alan Elsey, Tom Horan, Ed Lazarek, Glenn Walker, Rick Campbell, Tom Kausch, Doug King, Tom Traxel, Stan, Hing, Bill Hynes, Keith Kott, Don Murray, Bob Bonomni, Larry Brendan, Jack Dillon, Bill Fagan, John Milbauer, Rob Phillips, Mercer Tyson, George Wuschig, First Net; Peter Harper, Jason Hong, Dale Howell, Mike Munro, Ron Cook, Les Hanson, Steve Mumma, Brian Stowe, Gene Andrews, Larry Hazen, Dan Kramer, Warren Mercer, Mike Camy, Ike Ron Balderston, Don Bowden, Russ, Galvan, Kerry Daniels, Joe Varner, Ron Weech. Enjoy golfing as the weather warms!

• • •

### Mad Hatters Bocce Group

BY PAUL MACGARVEY

We had occasion to spend some time going through all the old pictures and documents in our old Mad Hatters files. We needed to come up with a brief article and pictures for the Sun City Twentieth Anniversary celebration. It brought back a lot of memories, some sad and some happy. In the twenty years the Mad Hatters Bocce Group has been active in Sun City we have seen many faces come and go. We were touched by several photos of group members who have passed on. One in particular, a picture of Ed Law wearing a ridiculous hat, reminded us of the very beginning when he and a few others first formed the group. We had fond memories looking at a picture of Marilyn Potts looking very much like a bumble bee.

The other thing that struck us is how many current members have been playing Bocce with us for many years now. Bob and Dianne, and Frank and Carol, and Mike, Lionel, Erna, Laura, Don and Selby, Larry and Bonnie, Jim and Sherry, and it goes on and on. If you'd like to join them and become part of our history please feel free to come play Bocce with us every Thursday morning. We are currently starting our play sessions at 10:00 AM but beginning Thursday, May 2, we will switch to our summer hours of 8:00 AM to 10:00 AM.

Contact: Paul Mac Garvey, 916-543-2067, pmac1411@aol.com; Bob Vincent, 916-543-0543

• • •



### Pickleball Club

BY MIKE GARDNER

Our first tournament of the year is fast approaching.

The "President's Cup" will be played April 12.

It's a nod to all of our "Super Seniors" by being open to only those who are in their seventh decade (and older).

The following day we will celebrate the tournament and spring with a mixer.

That event is open to club members only. So, mark your calendar for 5 PM April 13.

We will offer other tournaments in May and September.

Not ready for a tournament but interested in learning how to play?

The Pickleball Club will again offer what we call "Welcome Saturday" to introduce Lincoln Hills residents to our sport. It's free.

"Welcome Saturday" will be held at the courts April 20, May 25, Sept. 28 and Oct. 26. The program begins at 11 AM. No reservations or paddles are required, but please wear tennis shoes.

Cal Meissen will continue to offer that free introduction class most Wednesdays,

weather permitting, at 1 PM. No reservations or equipment needed.

For more information, go to [www.lhpickleball.com](http://www.lhpickleball.com)

• • •

### Table Tennis

BY DENNIS ZARO

All are welcome including beginners. Seven tables are available for all skill levels. Raw beginners play in the kitchen where the objective is to keep the ball in play without slamming. As players advance, they strive to perfect their skills such as serving legally.

A legal serve is as follows. The ball must rest in the open palm hand. Then it must be tossed up at least six inches and struck so the ball first bounces on the server's side and then on the opponent's side. If the ball touches the net but continues to the opponent's side on a serve, it is not scored and taken over. The serving rule is not enforced. Many players who just want to have fun ignore this rule. So, don't let the serving rule stop you from joining the game. Guest paddles are available. Wear tennis shoes rather than street shoes. We play doubles, and games are played at the Multipurpose Room (KS). Play times are: Sunday, 9:00 AM to KS closing except on the first Sunday when play begins at 12:30 PM, Tuesdays, 6:00 to 9:00 PM, and Fridays, 8:00 to 11:00 AM. On Fridays a robot ball machine is available of 10 minutes of practice.

Free lessons are available including instruction how to perfect a legal serve. For more information contact Tim at [timefrank@gmail.com](mailto:timefrank@gmail.com).

• • •

(more Club News cont' on page 33)

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APRIL / MAY

### Multiple Sclerosis Support Group

“Rich’s Moment” will be introduced at the Tuesday, April 2, 1PM • Sierra Room Kilaga Springs. New resident, Richard Walker, will share interesting topics learned weekly when attending the Multiple Sclerosis Achievement Center in Citrus Heights. Rich will show and demonstrate Cooling Vests, anticipating our hot summers.

Also, we’ll be getting our Trailmixers Team together for the May 5 Multiple Sclerosis Walk along the American River, Folsom. A Guest Speaker from the No. Ca MS Society, Michelle Schott, will speak to us on why we need to participate. All residents and guests are invited to Walk, Root and enjoy each other’s company. Virtual Walking is welcomed too.

If you wish to donate, Click: Folsom Walk 2019; Click Donate: Click Lincoln Trailmixers. To register for call Captain Jeri Di Fiore, 530 401-2135.

### Parkinson’s Group

Happy Spring! This month at our we will have a general discussion. That means we get to chat about what is good, what is working, what is not working and just enjoy the camaraderie and support one another. We meet at Granite Springs Church, 1170 E. Joiner Parkway in Lincoln from 10:00 am-11:30am. If you have questions or want more information, please contact Brenda Cathey at 916-253-7537.

### SCLH Republican Club

Our next meeting is Tuesday, April 16, in P-Hall (KS). Doors open at 6:00 PM, program begins at 6:30 PM.

Our speaker is Eric Johnson, a member of the City of Lincoln Planning Commission. Mr. Johnson will discuss recent and upcoming projects in Lincoln, for example, is a new shopping center coming?

For more info, including membership: info@RepublicanClubSCLH.org

### Sign Petition — Bocce Ball Players!

Sign Petition for getting Lattice Sun Shades behind the bocce ball courts one at each end of the courts and new benches, funded through the Community Enhancement Fund (CEF). They will make the courts appealing and improve the looks of the area.

Sign the petition at Kilaga Springs Lodge on Mondays 1:30 pm to 3:30 pm in California

Room and Thursdays 1:00 pm to 3:00 pm in Placer Room (kitchen).

### Bowling Summer Leagues Forming

Age: 50+, Sun City Residents and also outside residents. Invite your friends!

Tuesday - Pin Blasters — This is a USBC sanction league. Location: Strikes Unlimited, Rocklin. Start May 21st at 9:30 AM. Contact Carol Torno, 916-757-1921, pinblasters@gmail.com

Wednesday - Silver Strikers — This is a no-tap league. Location: Strikes Unlimited, Rocklin. Start June 5th at 12:30 PM. Contact John Bache, 916-546-6478, johnnyplus03@yahoo.com

### Lincoln Democratic Club

We meet the third Thursday of the month at Kilaga Springs Lodge, 1167 Sun City Blvd, Lincoln. Doors open at 6:15 PM for a social time, business meeting is at 6:45 PM, followed by the program. Please see the club website at <http://www.democraticclublincolnca.org>

### Minnesota Club

Calling all former Minnesotans!

Please join us for our Spring event on Thursday, May 2nd from 3:30 to 6:30 pm or whenever... at the Sports Pavilion.

More details to follow as soon as all the plans are finalized. Most importantly be sure to mark the date on your calendar!

Looking forward to seeing you all again!

Please contact Donna Szabados: dszabados@gmail.com or 916-543-3288.

### Yacht Club?

Ahoy, residents of Sun City Lincoln Hills! Are you a salt water sailor or power boater; owner or crew; 6-pack ticket holder, or higher? Perhaps a reader of Latitude 38? Do you have neighbors who are? I don’t see any boating oriented clubs listed in the COMPASS pages. Would you like to meet and swap sea stories, compare racing tactics, or bareboat charter adventures? Let me know? Maybe lunch at the Sports Bar will lead to a Yacht Club.

Call: Norm Trondsen: 916-209-3402 or ntrondsen@yahoo.com

### Semper Fi Association

Semper Fi Association, open to all active and inactive Marines, plus Navy Corpsmen, meets at the Legends Sports Bar & Grill (at the Woodcreek Golf Club), 5880 Woodcreek Oaks Ln., Roveville on the first Monday of the

month. Breakfast (optional) available at 8:30 a.m., meeting starts at 9:00 a.m. Contact Mike Scott, 916-435-4940, or Richard Martinez, 916-543-7965.

### Grupo De Conversacion

Nos reunimos para practicar y mejorar nuestro español. We meet every Tuesday at 4:00 pm in the “Living Room” area of Kilaga Springs Lodge, call Manuel 408-8163.

### Sons In Retirement Branch 13

Sons In Retirement Branch 13 (Lincoln/Roseville) will hold its monthly luncheon on Tuesday, April 16th at Catta Verdera Country Club, 1111 Catta Verdera Drive in Lincoln. This is a great way for men new to our area to meet other men. A three course gourmet lunch costs \$20pp. Arrive at 11:30AM; luncheon adjourns at 1:30PM. Sons In Retirement is a fun social group dedicated to promoting the camaraderie of retired men. If you are interested in joining SIR or attending the luncheon as a guest, please contact Chet Winton (916-408-8708).

### Sons in Retirement Branch 98

The Rocklin/Roseville Branch of SIR meets monthly on the 2nd Wednesday in the ball room of the Timbers at Sun City Roseville beginning at 10:30a.m. Join retirees for fellowship, lunch, golf, fishing, cards, and even bocce ball... many other activities also available. Call Tom Werth at 782-3536 for more information.

### Lincoln American Legion Post #264

Meetings 7:00 P.M. the first and third Wednesday of the month at the Veterans Memorial Hall 541 5th St, Lincoln. The business meeting for members is the first meeting and the second meeting is general information for everyone. All U.S. military veterans that have served in time of war or recognized conflicts are eligible to join. Contact us at ph: 916-409-6750 & e-mail: commander@lincolnlegion.org. “For God and Country”

### LH Lions Club Meeting

The Lincoln Hills Lions Club meets the 1st and 3rd Thursday of each month at noon at the Lincoln Veterans Memorial Hall, 541 5th Street. We brown bag it so bring your lunch and a drink and come join a group of service minded men and woman who are interested in improving our community while having fun. Call Sue and Bob Olin for info 916-543-0002.

### Lincoln Kiwanis Club Meeting

Lincoln Kiwanis dinner meeting is at 6:00 p.m. on the first Tuesday of the month and breakfast meetings are from 7 to 8 a.m. all other Tuesdays at Buonarroti’s, 460 Lincoln Blvd. Guests are welcome. Info: President, Christy Auld at 916-253-7074 or 916-300-3941 or [lincolнкиwanis.org](http://lincolнкиwanis.org).

### Kiwanis Club of Lincoln Foothills

Kiwanis Club of Lincoln Foothills dinner meeting is at 5:30 p.m. on the first Wednesday and 11:30 a.m. on the third Friday of each month at Turkey Creek Country Club, 1525 Highway 193 in Lincoln. Lunch available for \$13, dinner available for \$15. Guests welcome. RSVP and information: Rae at 916-251-6241.

### Rotary Club of Lincoln

We have weekly meetings Thursday noon (12-1:30) at the Lincoln Woman’s Club 5th and E Street. Interesting speakers and service to the community. For info visit [LincolnCaRotary.org](http://LincolnCaRotary.org) or call us at 916-844-2582.

### Retired Law Enforcement Officers Group

Our members are either retired or active law enforcement officers and we have quarterly breakfast meeting with guest speakers. Please join us for some camaraderie with America’s finest. Contact Chuck Schmidt, RLEO Coordinator: 530cms@gmail.com

### LH Airport Co-Op

The Lincoln Hills Airport Co-Op is open to Lincoln Hills residents to share rides to and from the Sacramento International Airport.

The cooperative works on a point system. Drivers earn points taking travelers to and from the airport while travelers spend points to receive rides. Membership is \$15 per year (Jan-Dec) per household. To join, visit our website [www.lh-airportco-op.org](http://www.lh-airportco-op.org) click the membership tab, download the application, mail, along with required documentation to the address on the application. Call Barb Iniguez at 916-408-7812 for more info.

### Lincoln Rotary 8th Annual Wine Fest

Saturday, April 27 • 1PM-5PM at Beermann’s Plaza. Features 20 Placer County wineries paired with food from Lincoln restaurants. Live music, specialty vendors, and more. Tickets: \$35 ordered on-line at the website: [www.lincolnwinefest.org](http://www.lincolnwinefest.org); \$40 or at the event.

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## Thoughts From Jack— The Hindrance of Advancement

BY JACK FABIAN

I turned to wife the other morning and asked for a piece of newspaper. She informed me we don't have a newspaper because newspapers are obsolete. She then said, "Here, use my iPad." So I took her iPad, and I gotta tell ya', 'That fly had no idea what hit him!'

The use of basic terminology that we experienced in the 20s, 30s and 40s has become very confusing due to advancements in technology in today's world of "hacker heaven".

For example, take the term "on line". When I was a kid, this meant, "Grab the clothespins, we're gonna hang the sheets out to dry". With a little luck, they would not be downwind from the barnyard.

Years ago, "Amazon" was a river in South America flowing heavily with tons o' water. Now, Amazon is flowing heavily with tons o' junk.

Anytime you call regarding problems with your computer or TV, they end up telling you to "reboot". Back in the 30's, my Mom would holler, "Don't come in here with those dirty things, put on some clean shoes!"

"Bits n' bytes", only relevant if you live where there are mosquitoes. And "web browser" is what you did when you first came to Lincoln Hills and strolled through the model homes. And, I thought it was a very strange coincidence when the salesperson's name was Anna Dell.

And, then there's "password". I've got a folder full o' these things 'cause everything you touch requires a "password". We went to our neighbor's for a glass o' wine the other night, and he had to give me a password to get in the bathroom.

Back in the 30's and 40's, "password" was what you hollered at that truck driver when you finally managed to get around him on that narrow 2-lane country road.

And, what about ".com"? In 1944, I took Dot Calm to the Junior Prom. Dorothy was one heck of a gal. She was a senior and I was a junior, and every guy in the place wished he was in my shoes. Dot was the gal whose dad reminded me as we left to go to the prom, "Don't forget, I want her back here by 11:30", and I thought, "Holy cow! I get to keep her 'till after Thanksgiving!"

Before I end this, I want to emphasize that all advancements are not hindrances. Some years back, they developed a technique for the removal of cataracts in your eyes. There are able to remove your cataract-laden lens and replace it with a manmade lens that improves your eyesight significantly.

Just a few weeks ago, my wife went through this eye surgery, and, in just a few days, she was amazed at the clarity of her vision. She looked at me and said she had never seen me in such great detail. She then picked up the phone, called her doctor, and asked if he could put the old parts back.

That disturbs me just a little bit.

# Neighborhood Watch

BY KATHY GIRE

On April 1 in 1700, English pranksters began popularizing the annual tradition of playing practical jokes on each other. "All Fool's Day" may date back to 1582 when France switched from the Julian calendar to the Gregorian calendar. People who were slow to get the news became the butt of jokes and hoaxes.

The fun spread throughout Britain and became a two-day event in Scotland. The favorite pranks were pinning fake tails or "kick me" signs on people's derrieres.

On "April Fool's Day," watch your back. Alerts —

On February 16, someone entered a residence during the night on Eagles Peak Lane in Village 35B. The intruder entered through the rear sliding door after smashing it. The loss was jewelry, and the Lincoln Police were called.

On that same night, a resident in the 2300 block of Longspur Loop in Village 36 heard a noise at his back door. He saw a man with a pry bar trying to open the security screen door. The man fled when he saw the resident, and he exited through the back yard toward open space and Twelve Bridges. The resident reported it to the Lincoln Police and Curator, and both responded. Unfortunately the suspect escaped. It appears that the incident here was connected with the event on Eagles Peak Lane and another on Catta Verdera.

Suspicious Persons: Two people have been going door to door allegedly to be doing an "analysis service" for PG&E. They ask to enter your home. Someone on the street called Curator, and they did question the two strangers. The subjects did not have a valid Permit, and then stated that they represented an alarm company; later they changed their business to a Solar Panel company. One subject had a beard and the other had red hair. They drove a Subaru colored silver vehicle with red mud flaps. License plate number was 8DHA037.

On March 4, an unknown person stole 4 credit cards from an unlocked vehicle in the Orchard Creek parking lot.

On March 11, a resident in the 2600 block of Woodacre Lane in Village 22B reported that while he was out of his house someone

smashed the rear sliding door and entered his home. The burglar went through the bedroom closets and drawers. No clothes were stolen. The house's outside motion sensor lights were broken, however. The Lincoln Police were involved.

A resident reported that she had received an email from an unknown person stating that she/he had the resident's personal information. The potential hacker demanded the resident turn over \$7,400 within 48 hours or "consequences would occur." The resident did not fall for the scam and has since installed a "Firewall."

Warning: The Microsoft scam is back in business. That is when your own name and phone number appear on your phone, and the scammer threatens that your Microsoft computer service will be cut. Just hang up!

Mission Statement

- To strengthen neighborhood ties
- To increase personal safety and security awareness

- To be the "eyes and ears" of the Lincoln Police and Fire Departments

- To encourage emergency preparedness

Workshop: The first step in being a good Mail Box Captain is to attend a workshop to learn more about your duties. Learn which forms you need to use, what organizational tools will simplify your work and use of available resources.

Attend the New Volunteer Orientation for NEW Mail Box Captains workshop on Tuesday, April 16 at Orchard Creek Lodge, Fine Arts from 6:00 - 8:00 PM. Village Coordinators and any interested resident are welcome to attend the presentation.

New Mail Box Captains: Neighborhood Watch welcomes two new Mail Box Captains. They are Anne Cannon from Village 38D and Jim Worley, Village 21.

We have the following villages in need of Village Coordinators. You need not live in that village for you to adopt one of the following villages: 16B, 19B, 20, 22A, 24A, 24C, 26C, 32A, 35B, 38B, 38C, 39, and 40B.

If you are interested in being involved in Neighborhood Watch, please contact Executive Director, Linda Minor at 707 235-0778 or Secretary, Pauline Watson at 916

543-8436.

A Happy Ending for Ruffio!! Ruffio (now named "Cosmo") has quite a story to tell. He is a short haired gray cat with black stripes that was found wandering in Roseville in 2018. With his owner's permission, the Good Samaritan decided to keep him. That family renamed him "Cosmo," and moved from Lincoln to Newcastle.

"Cosmo," however, had other plans. He got out and walked all the way back to his home in Lincoln. Although his microchip was not updated, the previous owner had information on the cat's new owner. Both parties were afraid they would never see "Ruffio-Cosmo" again.

A SCLH resident spotted Cosmo and brought him into her house. She then went to the Village Mail Box Captain and asked her to contact Neighborhood Watch's Lost/Found Pet Alerts Program. With the Microchip and a savvy Mail Box Captain, the program worked and the ending was happy. Cosmo is back in his new home in Newcastle.

## Tennis Group

BY LINDA BURKE

Live, Love, Laugh and Tennis...

The St Patrick's Day Men's and Women's Doubles Tournament was held in March. 60 participants played and after were served a fabulous Irish themed lunch organized by our Social Co-chairs Carol Vasconcellos and Sandy Zenter, thank you ladies. Pictures will be posted on our website at <http://sclhtg.com>.

Lincoln Intramural Team Tennis (LITT) is gearing up to start in April on Wednesdays at 2:00 PM – Early April for 5 weeks. Weekly Matches between teams will consist of 3 Doubles Matches: Men's, Women's and Mixed. It is one of the best ways to meet other players of all levels – in addition to having fun!

Social drop-in time has changed to summer hours, Wednesday and Saturday from 8-10am. If you are new to the Tennis Group it is a great way to meet other tennis players and is open to all Lincoln Hills residents.

We have a new Ball Machine coordinator – Steve Bringman. He will be out on the courts on Saturdays with other volunteers to run some drills. Times to be announced – check the bulletin board at the Pavilion.

See the Calendar of Events for all that's going on with the Tennis Group.

• • •

(more Club News cont' on page 35)

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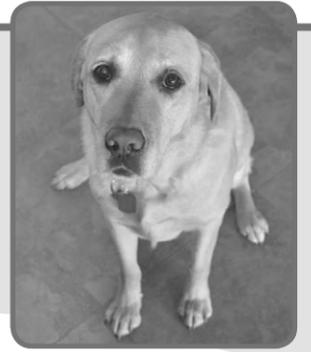
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## LH Billiards Group

BY STEVE FOWLER

The Billiards Group offers tournaments to all residents for beginners, intermediate, and advanced players. Please join us in the fun and make new friends. The Billiards Group offers free lessons to residents at Kilaga Springs Lodge on Tuesdays 9:00 to 10:00 AM for new and returning players. You do not need anything to play, just show up and see what we have to offer. Remember it's free. Contact Tony Felice 1-916-955-0501, or atfelice3@gmail.com for further info.

We have many subgroups for all skill levels. Mentoring Training (new and returning players), Rookies, Breakers and Upstarts Groups are for beginners and midlevel players who haven't played in a while. They help to introduce players to the way the other groups operate. The Co-Ed and Players Groups are for midlevel players with the Challengers, Cue-Masters, Rack-N-Roll are for advanced players, and Women's Groups being for midlevel to advanced players. Most groups have timed games.

We encourage advanced sign up for Tournament play but frequently standby and walk in players can play. The signup binders are located on the Kilaga Springs Billiards Room Fireplace Mantle. The groups have differing advance sign up procedures.

Some groups will share tournament winners with an email message weekly. Other groups will reward winners in other ways. Photos of some of the winners are posted in the Compass Magazine and the Sun Senior News. The Billiards Group has social functions a couple times a year. This year our summer picnic is at the Sports Pavilion on Saturday June



1st. Our Holiday Party is on Friday December 13th, in the Ballroom at Orchard Creek. Save these dates. More information will follow.

We have regularly scheduled tournaments with Couples, Upstarts, Breakers, Players, Challengers, Rookies and Women's being free. The Cue Masters and Rack-N-Roll tournaments require an entry fee of \$2 to play that day. All monies collected are paid out as prizes.

We play by the American Pool Players Association Rules that can be downloaded from [www.poolplayers.com](http://www.poolplayers.com). A copy of the APA Rules including any revisions/additions to include individual tournaments, e.g., Challengers, Upstarts, etc. are contained in binders on the fireplace mantles in both billiard rooms. Contact Tony Felice at 916-955-0501 atfelice3@gmail.com for information on the below listed tournaments, or membership application. The Club dues are \$10 a year. Membership year is Jan 1 through December 31 of each year. Dues paid in the month of October, November and December will be counted current for the following year. Membership Forms are also available on the Billiards Room Bulletin Boards at both Kilaga

and Orchard Creek Lodges.

Billiards Group Schedule —  
Recommended Playing Levels  
All tournaments are held at Kilaga Springs Billiard Room.

Level: Beginners  
Rookie Tournament – 8 ball singles play.  
Monday 10:00 AM to 12:30 PM.

Mentoring – Learn how to play pool.  
Tuesday 9 AM-10 AM.

Level: Novice - Intermediate Players  
Breakers –Saturday 10:00 AM to 12:30 PM. 8 Ball.

Ladies Group -Tuesday 12:45 PM- 3:00 PM.

Co-Ed -Wednesday 4:15-6:30 PM. 8 Ball.  
Upstarts Group -Thursday 11:45-2 PM. 8 Ball (beginners to intermediate).

Players Group - Thursday 2:15-4:30 PM for midlevel players. 8 Ball.

Challengers Group: Friday 9:45-12:00 PM. 8 Ball (1/15) intermediate to advanced players.

Level: Advance Players  
Rack-N-Roll Billiards Group – Every Monday 2:30 to 5:30 PM

Teams play straight 8 Ball, 8 ball with 1/15, 8 ball rotation, 8 ball with tower or 9 ball. All games are singles games (played with no partner).

Remy Giannini 916 543-8790

CueMasters: 12:45 PM Sign in with a start time of 1 PM. Meets 1st Wednesday for Singles 8 Ball (1/15), Meets 2nd Wednesday for Singles 9 Ball, Meets 3rd Wednesday for Doubles 8 Ball (1/15).

• • •

## Tuesday Sun Seniors Bowling

BY JOHN VOGELI

Let me start by congratulating Dave Harriman of "Shuda Been" for rolling his first "Perfecto" 300 game, on February 26th. He's pictured below receiving a nice certificate of his accomplishment from CJ Johnson. This was Dave's first official 300 after several "perfectos" in practice sessions. For us that bowl with Dave, we all know how good he really is, since he is the highest average most seasons with a 220.

Since my last article our league has had a position round to determine who our 3rd qtr Champion would be. Joining "Shuda Been" (John Cho, Sue Mattimoe, Jeff Mattimoe, Dave "Perfecto" Harriman), and the "Alley Gators" (Mike Johanik, Nettie Cavalli, Marilyn Edwards, Debra Scott), will be "Something Missing" (Carol Torno, Bob Vincent, Roy "Perfecto" Hackman, Ron Basnett) with the 4th qtr Champion to be crowned in early May. At that time the league will have the end of season roll-off to determine the overall Champion.

I would like to acknowledge some of our personal and team accomplishments up to this point in the season.

Team Scratch Series: "We Don't Care" (CJ Johnson, Jim Gothier, Richard Armentrout, PK Lewis) 2527

Team Scratch Game: "Shuda Been" (John Cho, Sue Mattimoe, Jeff Mattimoe, Dave Harriman) 857

Team Handicap Series: "Something Missing" (Carol Torno, Bob Vincent, Roy Hackman, Ron Basnett) 2836

Team Handicap Game: "EZDuzit" (Bernie Pratt, Patrick Heredia, Pete Farrar, Owen

(cont' on page 39)

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# David and Judy Otis

(cont' from page 1)

Hotel and eventually at the Ferry Building.

After David and Judy met and married, David had, as he likes to tell it, a total of three careers. First, he worked for several large consumer product concerns such as Schick Safety Razors, which was bought out by Warner-Lambert. Then he assisted Yardley of London for a while. After that, he had his own manufacturer's rep business for up to forty different companies involved in consumer products in the San Francisco area. Finally, he ventured into real estate. Along the way, he developed skills as a woodworker and crafter that have served him well in retirement.

While in Sausalito, the young couple started their family with the birth of their first daughter. They bought their first home in Corte Madera. The second daughter was born two years later.

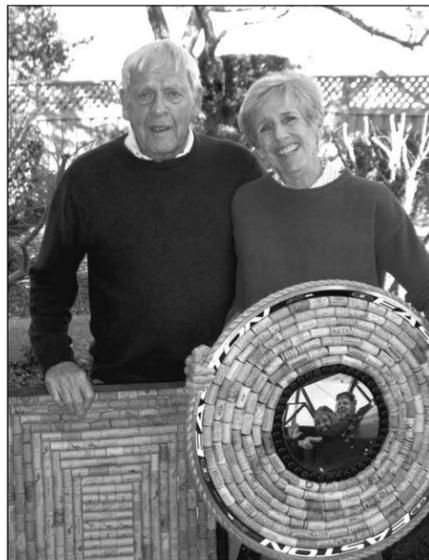
It was shortly after this time that the job-related moves for the family started in earnest. The oldest daughter started kindergarten in California, attended part of the year in Fairview Park, a suburb of Cleveland, Ohio, and then finished in Palos Verdes, also in California. Then came, in quick succession, moves to Dallas (Texas), Kansas City (Kansas), Milford (Connecticut), New Jersey, and back to Marin County in California. When they ended up in Ross, a small town in Marin County, David promised the family they would stay so the girls could finish high school. They stayed in place for more than three years, but both girls decided to participate in a student exchange program. One went to Germany for a year and one went to Australia.

Both of the daughters, their spouses and children now live in the Northern California area—one in Scotts Valley near Santa Cruz and one in Sonoma. There are a total of five grandsons and Judy and David are glad their family is close by, but this definitely wasn't the



*Judy and David Otis pictured with their art.*

PHOTOS BY JEFF ANDERSEN



case just a few years ago.

After David retired from corporate life and had his own business in San Francisco for a while, the couple decided to spend some time on a sailboat. They sailed for two years in area



*Judy and David Otis on their wedding day—February 4, 1961.*

of the islands of the Bahamas and on the East Coast before settling in Virginia on the water. They loved their house and Judy thrived as a caterer. Her first dinner was for 125 people and was a great success. She still does this sometimes when she sees the need. David and Judy dabbled in real estate. But, they realized, they were 3,500 miles away from family, and, although they all made trips every year, it still was a distance. So, with the encouragement of their children and grandchildren, they moved back to California once again, this time to Arnold, an unincorporated area in Calaveras County, for six months, and then they bought a home in Murphys, also an unincorporated area in Calaveras County and located in the foothills. Still not quite settled, they sold that home and moved to Sonoma County before finally moving to Lincoln Hills.

Before their current location in Lincoln Hills, they looked at retirement communities in Reno and Lincoln. They love the community in Lincoln Hills and have found a group they connect with. They both have played golf in the past and have enjoyed many of the amenities available to them. The best part is probably the ease with which they can travel to see their family.

The Otis home in Sun City is an interesting homage to their lives together and their many varied interests. Near the front door in the hallway is a wooden butler that David made and Judy, an artist, painted. They used to sell the figures and kept a wooden lion that graces their breakfast nook. Perhaps as part of a sentimental streak for meeting Judy in a bar many years ago, David makes message boards and other decorations for the home out of recycled wine bottle corks. There is a lot of natural wood in their house including

a large dining room table and chairs. There is also a collection of small wooden giraffes surrounding pleasant family pictures of all their grandchildren. Modern art graces the walls, and a colorful mobile hangs over the kitchen island.

David and Judy are entertaining hosts and, between the two of them, exhibit humor and grace in the midst of life's difficult situations. They look back on their many moves and adventures as a life well-lived and not a frustrating series of packing up once again to leave a beloved home. From their meeting in a Sausalito bar to the pool in Texas to a barn with animals in Connecticut to a place for their sailboat in Virginia, they always enjoyed the moment where they were located but left the possibilities open for the future. They bring a lively addition to Lincoln Hills with lives full of love for their family, their neighbors and each other and many stories to share.

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## Lincoln Public Library Open House

There will be a Lincoln Public Library Open House for the community on Thursday May 2 at the library located at 485 Twelve Bridges Drive. This special event is sponsored by the Friends of the Lincoln Library (FOLL). The library will close at 5 and then reopen for the 5:30 PM to 7:30 PM activity.

May 2 is "Big Day of Giving" and this special library evening event is coordinated by FOLL with Library personnel to culminate the day.

Library staff will be available to offer guided tours plus demonstrations of online learning resources and eight new art pieces bought by FOLL for the library will be showcased. There will be door prizes, light refreshments and music during the evening. FOLL members can vote on proposed new by-laws for FOLL.

For more details — [www.friendsofthelincolnlibrary.org](http://www.friendsofthelincolnlibrary.org)

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# Observations on This and That

BY MARTIN GREEN

Spam: Like most readers, I suspect, I routinely delete the Spam e-mails that I receive every day. But, every now and then I become curious as to what's going on in the Spam world so actually read some of them. In the past, many Spammers were concerned about my sex life. Other Spammers informed me I'd won millions in some lottery and I just had to take a few simple steps, like sending them some money, to collect my prize. Nowadays, the Spammers seem to be worried about my finances. Speedy Net Loan would give me up to \$5,000. This was nothing. Financial Help would give me up to \$35,000. Personal Loan Offer said I could get up to \$40,000 in just a day. Globe Life offered "final expense insurance" where \$1 would get me \$50,000 and advised, "Don't Leave Your Family Buried in Debt." Windloot didn't offer me a loan but told me I could get into a contest with a "Grand Prize Giveaway" of \$10,000 a month for life. They didn't tell me what the odds of winning the Grand Prize were. Well, with all of those loan offerings I guess I don't have to worry about my financial future. I'll check back in a few months to see if there's anything new going on in the Spam world.

As I have mentioned in the past, some of my fondest memories of growing up in the Bronx are of playing handball and I know that Vic Herschkowitz and Moe Orenstein, the two outstanding players of my day, although New

Yorkers, were not from the Bronx. I Googled again (because once you start Googling it's hard to stop) and found one great handball player who's a genuine Bronxite, Fred Lewis, now 72 years old, so a little after my time. Lewis won 16 titles as a professional and was named the player of the decade by the National Handball Association.

I was curious as to what other persons of note, besides myself, are from the Bronx so I did my research, i.e., I Googled. I found an interesting mixture, including actress (and wife of Humphrey Bogart) Lauren Bacall; Ellen Barkin, another actress; Sylvia Sidney, a really old-time actress whom I recall from my childhood; actor Tony Curtis; composer Billy Joel; legendary Dodgers announcer Vin Scully; actor, writer, everything Carl Reiner; and author (Caine Mutiny, Winds of War and others) Herman Wouk.

I remembered seeing Carl Reiner on a TV show about elderly entertainers not too long ago, so again I Googled, and he is still going strong at 97 years old. Carl Reiner reminded me of Sid Caesar and I recalled that Sid had lived to an old age; I found he passed away in 2014 at 91. I wondered about Tony Curtis and sadly found he'd died in 2010, age 75. Somehow it's always a little surprising to discover that the film stars of your youth are no longer young but have aged along with yourself.

What's New: For any reader who's missed

it, Meghan Markle is an American actress who married Prince Someone-or-Other of the British royal family and whose every move since then, and also leading up to the wedding, has been reported on. I've noticed that several other things have also become almost daily news stories. Some passenger is thrown off an airplane for some reason or other. A huge fish or something else is found washed up on a beach somewhere. Some person has an encounter with a bear, a mountain lion or an alligator.

Some words and phrases also seem to come up constantly in the daily news. The one phrase I remember from years past is "no boots on the ground." Nowadays, bills in Congress are pronounced "dead on arrival." Politicians are always saying that the American people deserve to know, want to know or have to know about something. Something is always going viral. Then there's HashtagSomething and Tweet.

Herman Wouk and Old Age: Readers know that I'm interested in anything having to do with old age. I noted above that Carl Reiner is still going strong at 97 and Herman Wouk is, as far as I know, still doing the same at the incredible age of 104. Here's what he said when asked what he meant by being a "cheerful centenarian", Wouk said, "Well, centenarian needs no explanation. It's cheerful that requires some. Well, setting aside the infirmities that come with it, it's a great time of life. I wake up every day and I'm thankful to the Lord I've arrived here, four arms and legs, eyes still working, ears still working. That there is a reason to be cheerful if one thinks

about it. As for the infirmities, that's part of the game. You've got to pay, and what you pay on the way out depends on how far you go, I guess, to see how long the coupon will last."

I can't say I'm with Wouk in being cheerful about my old age and the infirmities that come with it, but I am cheered that he and Carl Reiner, fellow Bronxites, are still alive and kicking and hope that bodes well.

## 4th Annual Garden Faire

The public is invited to learn about all things gardening at the 4th Annual Garden Faire, Saturday, April 13th, from 10 a.m. to 3 p.m. This year, the Faire will be free for adults and children at a new location, the Maidu Community Center at 1550 Maidu Drive in Roseville. Presented by the UC Master Gardeners of Placer County, the Garden Faire will feature speakers and educational activities for children and adults.

Come for the day or just for a while and enjoy all things gardening! Parking at the Maidu Community Center is free, and registration is not required.

For a complete list of Placer County master gardener events, visit <http://pcmg.ucanr.org/>. Home gardening questions? Call the master gardener Hotline at 530-889-7388.

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**Tuesday Sun Seniors Bowling**  
(cont' from page 35)

Brosh) 1040  
Men Scratch Series: CJ Johnson 748, Ron Basnett 702, Dale Mellberg 694.  
Women Scratch Series: PK Lewis 662, Pat Fisk 573, Claudia Dehart 555.  
Men Scratch Game: Roy Hackman 300, Dave Harriman 300, Joe Ortiz 258.  
Women Scratch Game: Helen Rodante 226, Wendy Green 225, Karol Rich 216.  
Men Handicap Series: Jeff Mattimoe 831, Mike Becze 781, Dennis Thompson 775.  
Women Handicap Series: Debra Scott 760, Rumiko Asbell 742, Marilyn Edwards 735.  
Men Handicap Game: Jack Uchman 306, Dennis Cirrone 300, Robert Smith 297.  
Women Handicap Game: Jill Munyan 294, Bernie Pratt 293, Renee Gann 273.

Well as of this article we have 8 weeks left in our season so it might be a little late to get in on the fun at this time. However Strikes will have summer bowling leagues and there is another Fall-Winter league in September. So if you or group of friends want to come out and challenge some of these bowlers mentioned in this article, you may contact Stacey Pudge at Strikes Unlimited at 916-626-6361. You may also contact our league secretary Linda Zierman at 916-408-2397 or lzierman@sbcglobal.net. Until my next literary piece may we all overwhelm that "damn ten pin" and crush them splits.

**Thursday AM Sun Senior Bowlers Strikes Unlimited, Rocklin**

BY CLAUDIA DEHART  
Congratulations to the team Pins4Us (Richard Bronson, Jeanine Bronson, Bert Hance & Darrell Rinde) for winning the 3rd quarter.

High scores for this month were:  
Ann Holbak - 176 game (+54) & Pat Basnett - 204 game (+51)

Dan Anderson - 258 game (+106), Curt Clawson - 236 game (+78), Rich Connell - 233 game (+64) & Larry Manley (+54)

Chuck Leming - 223/225 games, 647 series.

Come join the fun and meet new friends. If you are interested in joining the 2019-2020 bowling season, call Claudia Dehart at 916.645.9345 to sign up.

**Thursday Afternoon Bowlers**

BY JENNIFER IWIG  
Hi Thursday Afternoon Bowlers hope you all are having a good time. There has been some changes in the Season High Scores; Team Scratch Series- Sleepers 2314, 4 Shades of Grey 2086, and Ten Pin Alley 2041; Team Scratch Game- Strike Force 770, Split Personalities 768, and Rack'em Up 738; Team Handicap Series- It is What It is 2911, The Go-Getters 2895, #Fab 4 2865, and Who Cares!; Team Handicap Game- Stars & Strikes 1027, A Tab Life 1014, Lucky Strikes 1003. The men Scratch Series- Dave Fisk 746, John Habein 697, and Larry Johnson 666; Scratch Game- Roy Hackman 300, Bob Barrows 258, Jerry Gordon 252; Handicap Series- Randy Dvorak

810, Marv Zamba 795, and John Vogeli 792; Handicap Game- Paul Carroll 352, Al Raub 306, and Horace Snowden. The women Scratch Series- PK Lewis 641, Marie Messina 545, AND Dee Maher 537; Scratch Game- Karen Markie 235, Debra Scott 218, Terri Krcha 202, and Toni Brown 202; Handicap Series- Carol Golbranson 781, Margo Zamba 779, and Anita Miller 767; Handicap Game- Sharon Shevelson 304, Judy Butler 293 and Marion Munoz 293. Congratulations to all!

**SCLH Duplicate Bridge Club**

BY LYNNE WHITE  
Duplicate bridge is a timed event. An interesting fact is that we can all play a hand every six or seven minutes every day for the rest of our lives and we will never see the same hand. Those who engage in mentally stimulating activities experience slower memory decline according to the Journal of American Academy of Neurology. Bridge maybe the most mentally stimulating activity and the best exercise for the brain.

Pictured are David Glasspiegel, an avid tennis player and Ken Reiss, a

gifted actor who formed a duplicate bridge partnership a few years ago. Just as tennis has rules and acting has time constraints, bridge is the same, just a different venue.

At our Club, little happens by chance. We have many committees who handle every aspect of play, education and social activities. We always welcome input and new ideas or how to improve on old ideas. At last count, each game has approximately 12 to 16 volunteers contributing to our members having an enjoyable day.

In January, we started an Ambassador Program. It includes members who want to learn more and members who love to teach. We have 42 players paired or waiting for a mentor. Education is a top priority for us. Lectures, mentor programs, the Ambassador Program and members who give private lessons.

We hope to grow our membership by providing educational opportunities. Pictured are 3 of our Ambassadors. Estelle Feineman, Sharon Neff and Bob Koedel.

We are an invitational club with games open to residents of Sun City

(cont' on page 41)



David Glasspiegel and Ken Reiss.



Estelle Feineman, Sharon Neff and Bob Koedel.

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### SCLH Duplicate Bridge Club

(cont' from page 39)

and their invited guests. We play in the Kilaga Springs Lodge every Wednesday and Saturday at 12:30 p.m. We have 2 to 3 sections catering to different levels of play. We also have a Friday game starting at 5:00 p.m. with one section and all levels of play. Our game table are \$2.00 per person for members and \$5.00 for guests. For additional information about our club, please visit the club website. You will find many resources, including members to call for further information [www.bridgewebs.com/lincolnhills](http://www.bridgewebs.com/lincolnhills).

• • •

### Cribbage Club

BY DON LLOYD

The Sun City Cribbage Club plays Tuesdays from 8:00 A M until 12:00 PM in the Card Room at Orchard Creek Lodge. After beginning with an hour of preliminary games, the six game mini-tournament starts at 9:00 AM. We play four handed partner games, adding a two handed or three handed game when necessary. We use a rotation system to mix players and lately we have had 20 or more to enjoy the competition.

Our February weekly winners were: Jack Poshepny, week one; Rick Johnson, week two; Dorsey Farris, week three and there was no play on week four.

We always welcome new players to join us in the fun.

Contact: Don Lloyd 916-253-7614

• • •

# The Woman's Club of Lincoln Needs Your Help

BY HARRIET GARLAND

Did you know there is a historical gem right in the middle of our wonderful town? It is called the Woman's Club of Lincoln and if you haven't attended an event, meeting or other gathering there you are missing out on a piece of Lincoln's history.

The historical building at 499 E Street started its construction to be built in 1923 and opened its doors as "The Woman's Club of Lincoln" on April 8, 1924. Construction was possible due to many generous donations from the Lincoln community. The Woman's Club was founded by Carrie Gladding and her friends in 1911, first gathering in private homes. The Woman's Club of Lincoln has been a place that not only women but also families, private parties, funerals, organizations, businesses, schools, churches and service clubs have been gathering since its completion in 1924. The Lincoln Rotary Club started meeting and having luncheons there in the mid 1920's and still hold weekly meetings there.

The Clubhouse is on the National Register of Historic Places in the United States of America (#01000331). How the original builders had such foresight, we don't know, but for the past 95 years it has been a great building in our little town of Lincoln and we are so proud that is now a Historical Building.

In the past few years, this Historical building has started seeing its age. We have had donations, some fundraising and a few grants, but the building is 95 years old and needs some major renovations. Recently, we have had our air conditioning replaced which cost the Club



over \$24,000. This year's rain has caused major leaks in our roof and consequently the parlor is completely ruined which we had just redone with member's donating things to fix it up this year. The roofing base price is \$34,900 but that is expected to possibly go as high as \$50,000 as it is almost a certainty that dry rot and other unforeseen conditions will be found when the roof is removed. We have received a grant for the roof but it will not cover all the costs. We also need to raise money in the next six months to be able to keep a donation we were given to have the building painted and that cost will be about \$10,500 (our grant is \$7,500).

The past several years has seen us raise over \$45,000 to make the building ADA accessible. Work will hopefully start in soon. This will be just Phase 1 of the required work for ADA compliance.

At this time, the members of the Woman's Club of Lincoln are asking for your help to bring this beautiful historical clubhouse up to modern standards and back to good standing. This is necessary to keep the building available for families for years to come. If this work is not completed we are afraid what is going to happen to this landmark that we all have grown

to love. We are inviting you to make a donation toward our various projects. Every dollar counts and is appreciated. Every donation is vital – whether it be \$10, \$100, \$500 etc.

There are several ways to donate:

Make checks payable to Woman's Club of Lincoln. We are a 501c4 nonprofit charity. Consult your tax advisor as to tax deduction eligibility.

(P. O. Box 1113, Lincoln, CA 95648)

Make checks payable to Lincoln Rotary Foundation. This is a 501c3 and contributions will be tax deductible. (P.O. Box 663, Lincoln, CA 95648). Make a notation on the check that it is for the Woman's Club Building Maintenance.

A Go Fund Me page has been set up under Woman's Club of Lincoln

The Woman's Club of Lincoln meets the 4th Tuesday of every month at the Clubhouse. Social time begins at 12 noon with refreshments provided, the meeting starts at 12:30 with a program following. There is no charge to attend a meeting and we would love to have you visit if you have not done so previously. Our membership is now over 100 ladies from all ages and every neighborhood within Lincoln.

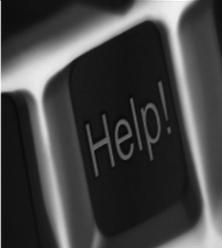
The Woman's Clubhouse is available for rentals for one time special events, business meetings or recurring weekly/monthly gatherings. For further information please contact Barbara Araujo at 916-792-9830 or Carol Smith at 916-708-9712

The Clubhouse was built by the Lincoln community and that same community spirit will ensure it is here for future generations to enjoy!

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— — —

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AIRPORT & CRUISE PORTS Sacramento \$75, Oakland-SFO-Pier \$250. License TCP25881. Since 2006. Apex Transportation 916-344-3690.

PET SITTING IN MY HOME. I will love and spoil your furry child just like my own. Sandy 916-960-6800.

\$\$\$SAVE MONEY WHEN SELLING HOME. LH Resident/RE Broker will list your home for only 1.5%! Full service, less cost! DRE#01195871. SELL n SAVE w/ Cindy. Action Realty: 916-595-2635 . www.sellnsavewithcindy.com

HEALTHY FEET PLUS: RN specializing in in-home foot care and health coaching for diabetics and those with problem feet, difficult nails and calluses. Call Debbie at 916-698-3176.

NEED A RIDE to doctor's appointment, airport or shopping? Call your SCLH neighbor Dianne! 916-434-8961. SAC Int'l. \$50. Lic#106453.

Gary's Sprinkler Repair: Lic# 869624. Valves replaced, drip systems checked, timers, broken pipes. 916-223-3706.

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### FOR RENT

FOR RENT: MAUI Condos 2BR/2BA from \$195/nt. By SCLH owner Gil Van Valkenburg. 605-207-0567. Maui, Oceanfront - www.homeaway.com/368171. Maui, Wailea - www.homeaway.com/368174.

### FOR SALE

Golf Cart 4 Seat Rare Solar/Electric Hybrid. Driven Only 25 Hours \$5,500 OBO 916-838-8227.

27" Samsung TV, 23" Insignia TV, Adjustable drafting table, small drafting table. Patricia 916-408-8794.

Cranberry Glass; punchbowl & 25+ footed cups. \$150. 916-408-5911.

XXIO Driver 10.5 \$250 Arnie 916-343-0158.

Men's and Women's Golf clubs. Used very little, newer bags on newer pull carts, many extras. Men's 14 clubs, metal shafts, \$129. Women's 12 clubs, graphite shafts, \$145. Both \$235. 916-408-5817.

Roho Cabinet from Crate & Barrell. \$500 OBO. 916-502-3956.

Upright Piano with benche. Made in Germany. Top condition. \$1,250. 916-543-4744.

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# SUN SENIOR NEWS CLASSIFIEDS

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• • •

CASH PAID! MILITARY & VINTAGE ITEMS Medals, patches, documents, photos, weapons, helmets, model trains, old toys, other antiques & collectibles. George: 916.768.4694.

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RECORDS 1950's and 60's: Jazz, Blues, Rock, Country, etc. Buying small and large collections: LP's, 45's, and 78's Also looking for reel-to-reel tapes (all types) and music memorabilia. Call 530-273-8490.

• • •

ANY YEAR CAR, TRUCK, SUV IN ANY CONDITION. Pay Top prices. Montie Boatwright, LH resident. 916 434-5089.

• • •

SUB OR/PERMANENT player for Sunday various games. Noon to 3:30. 916-396-4263.

• • •

PERSON WITH A HEART for those with Parkinson's to facilitate monthly meetings. Contact: Brenda 916-253-7537.

• • •

NEED MAHJONG player for Wed. Noon to 3:30 pm 916-396-4263.

• • •

NON- PROFIT Organization in Lincoln needs Board Members. Ride To Walk looking for new, energetic board members. Enjoy helping individuals with disabilities. Applicants need good understanding non-profit, experience in leadership. ridetowalk@sbcglobal.net or 720 Sunrise Ave. #D-110 Roseville 95661

• • •

## ANNOUNCEMENTS

BASKETBALL Tuesday mornings Lincoln Community Center Gym. Contact Gage Johnson for details. Gage.retired@gmail.com 916-409-9619.

• • •

HARMONICA GROUP forming, players and newbies. Looking at Sunday PM. Contact Lucy at 916-402-2142.

• • •

LINCOLN LIBRARY AUTHOR NIGHT: Clare Booth, author of the Sheriff Hank Worth mystery series will be the guest at the Lincoln Library Author Night on Tuesday April 8. The third book in this series was just released March 1. Booth is also known for the book "The False Prophet: Conspiracy, Extortion and Murder." This was the true account of a Northern California scheme that included murder in the name of God. Doors open for the Twelve Bridges Library event at 6 pm with the author's presentation including questions and answers at 6:30. Friends of the Lincoln Library provide refreshments. This is open to the public.

• • •

PLACER VETERANS Stand Down Event: May 14 thru 16, 2019 Gates Open at 8AM, @theGrounds • 800 All American City Blvd., Roseville. We have an urgent need for dentists, hygienists and dental assistants to help in the dental clinics at our event in May 14th and 15th. The time commitment is for 4 hour shifts. You can easily register at www.placerveteransstanddown.org.

• • •

CENTRAL CALIFORNIA Lab Retriever Rescue CCLRR have a pressing need for temporary homes for the homeless dogs that we take in as strays, dogs that owners can no longer care for and dogs brought to the animal shelters. These labs need a loving home so eventually they can be adopted into a forever home. It will be much appreciated by these sweet dogs. Call 916-849-3728 for more information.

• • •



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## Classified Ads should be Emailed by the 12th of each month to: CA@egnews.com

### \*\*FREE ADS — INCLUDE

- ◆ First 15 words are FREE (for SCLH residents only), additional words \$1 each
- ◆ ONE AD PER HOUSEHOLD, PER MONTH
- ◆ *Any Real Estate or Business Ads* are not free. Please see "Business Ads"
- ◆ Lost and found items/pets.

### BUSINESS ADS

- ◆ Anything of a commercial nature, including pet sitting, real estate, rentals, timeshare/condos, etc.
- ◆ 15 words for \$35. Additional words \$1 each.
- ◆ \$65 for three months, same ad! (15 words only) additional words \$1 each

### Classified Ad Submissions —

WHEN: By the 12th of the month, please email the information below to: CA@EGnews.com

Subject Line should be SCLH Classified and your Phone Number (Example: SCLH Classified 916-123-4567)

1. Contact name and phone number.
2. Which category to place your classified ad in: (Service, For Sale, Wanted, Announcement)
3. Classified ad text - including the phone number you want readers to call.

SCLH residents get FREE non-business Classified Ads; limited to 15 words; one per household per month.

**Non-business Ad** items include selling personal used items such as furniture, tools, books, rugs, electronics, personal car, golf cart, etc.

**Business Ads** include anything of a commercial nature or service, including pet sitting, real estate, rentals, timeshare/condos, any service etc.

**Business Ads** are 15 words for \$35 for one-month. Additional words \$1 each. (\$90 for three months for the same ad.)

If your classified ad is determined to be "business" related, we will email you an invoice that will allow you to pay immediately with a credit card, or mail a check.

\*HINT on Word Counts: A "word" is anything separated by spaces, or as reported by word-process software like Microsoft Word.

If you have any questions, please email us at: CA@EGnews.com



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<b>1863 Homewood Lane</b>	<b>Mendocino</b>	<b>\$528,000</b>
<b>1705 Gleenbrook Lane</b>	<b>Tahoe</b>	<b>\$532,750</b>
<b>216 Calistoga Lane</b>	<b>El Dorado</b>	<b>\$545,000</b>
<b>1815 Homewood Lane</b>	<b>Sausalito</b>	<b>\$585,000</b>
<b>1100 Sun Valley Loop</b>	<b>San Mateo</b>	<b>\$590,000</b>
<b>1350 Strolling Hills</b>	<b>Pine Hill</b>	<b>\$595,000</b>
<b>883 Bridaveil Lane</b>	<b>Freemont</b>	<b>\$622,000</b>
<b>1778 Monument Drive</b>	<b>Fremont</b>	<b>\$650,000</b>
<b>796 Castleberry Lane</b>	<b>Sausalito</b>	<b>\$712,111</b>
<b>966 Gold Nugget Circle</b>	<b>Springcrest</b>	<b>\$835,000</b>

\*information herein deemed reliable but not guaranteed \*

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