

# SUN SENIOR NEWS

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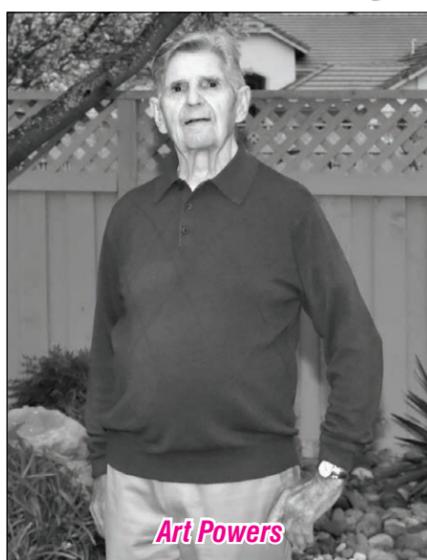
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## Arthur Lee Powers — Staying Active at 95

BY P. J. CONRADI

Organ music envelops the front porch of the Timberlodge model, disallowing a doorbell ring until an interlude. The resident, 95 year old Arthur Lee Powers, began keyboarding at age seven. He is fashionably clothed, duteously groomed, and fit from exercising at the Fitness Center three times per week; recumbent bike, treadmill, and free weights. Such discipline is reflected in the pristine nature of the home's discerning décor, including the prominent organ, spotless white carpets, and brand new white leather furniture. Art offers a tour, barely concealing his pride. The back yard landscape blends twenty-five year old plants with some newly acquired, a satin stamped concrete walk running from front fence to front fence, and a stucco BBQ. The interior reveals his excellent taste in furnishings and objects d'art.

Military and aviation memorabilia are mostly confined to his meticulous bedroom, even though they reflect very large parts of his life. Art is clearly a man of refinement



Art Powers

PHOTO BY RICHARD PAINE

and charisma who does not dwell in the past. Nor does he look a day over 70, with too few wrinkles and a full head of perfectly styled hair.

Born in 1923 in Tazwell, Tennessee, Art grew up in both Tennessee and Kentucky, with parents and a favorite grandfather. In addition to tickling the ivories, he played saxophone. Teenage extracurricular activities centered on music; band, glee club, marching band, and orchestra, but he also worked as a life guard at the junior college pool. Some of those college girls must have thought he was cute because they occasionally feigned drowning to get him to dive to their rescue—even though they were on the swim team.

Having never seen the ocean, Art somehow developed a passion for it, and for flying. With no money for college, he joined the navy immediately after graduating from high school in May of 1941. It offered submarines, ships, or aviation, and he was happy his test scores qualified him for aviation. He was trained as an Aviation Machinist Technician (AMT) and assigned to North Island Naval (cont' on page 23)

## SCR Foundation

A charitable service organization by and for the residents of Sun City Roseville

BY TONI FISHER,

Public Relations Director



### More Fun and Fundraising

Our recent Bingo! event provided another afternoon of fun for all and cash prizes for lucky gamers. Director Nancy Schubach recruited amazing volunteers who stepped up to transport and set up the equipment, sell game cards, set up the room, call numbers, verify winners, ready and deliver prizes and clear tables. We thank these willing volunteers: Rosemary Dinse, Kent Hilburn, Frank Kilpatrick, Bob McBride, Janet Morelli, Mike Parmley, Carolyn Pittman, John Raniseski, Joan Rose, Vickie Schmuhl, Janice Shreve, Ginny Taylor, Jim Viele, Edna Zissler and Toni Fisher. Although we emphasize the social benefits, a modest amount of funds are raised, so we thank everyone who joined in and daubed away!

Speaking of fundraisers, our mailing regarding our Annual Friends of the Foundation Appeal should have arrived recently. Tax deductible donations in any amount guarantee our mission of "Neighbors Helping Neighbors" will continue, enabling our work on your behalf. Donations can be submitted throughout the year. If the timing

(cont' on page 30)

## Singers

BY JACKIE PROETT

It's April and the Bunny is going to be late this year! Like Alice's white rabbit crying, "I'm Late, I'm late!", expecting us to jump down that hole after him. Last year he landed on April Fool's Day and any Fool knows that we hardly had time to dye eggs. This year we'll just wait! We have plenty of time to buy those Easter Bonnets. But, according to our Concert theme, the bonnets may look more like cowboy Stetsons.

Yes, our June 3 Concert, "Y'ALL COME TO BROADWAY" has a dual theme. It's complicated. Tickets are \$12.00 each and Ticket Chairs are Margy Flentge, (916) 813 5052 or Kathy Beard, (916) 521 8650. Buy tickets early and come at 7:00pm to the Ballroom to find out how Country Western and Broadway can possibly get together.

Our Easter Basket of music is a tasty mélange of candy-coated John Denver and lavishly colored *Phantom of the Opera*. The Grand Ole Opry Joins up with Ziegfeld Follies. Everyone loves Rhinestones and plumes. The Performance Committee is having fun with costume ideas and brain-storming the Gut-Bucket Brigade. Y'all come. You won't be disappointed.

For those of you still hankering to join us, do it now. Most of our Concert music is familiar. There is still time to learn it before the concert. We meet every Thursday, at 2:30 Back of the Ballroom. Be sure to double check because we have been bumped or moved around quite a bit this year. Wherever we are we will welcome you with open arms. We'll even give you a Bunny-hug.

•••

## Music & Laughter

BY JANE BOHN

Hooray for daylight savings and easy parking at our Sierra Pines Lodge. Hooray for talented people who consistently appear at our "open mic" to entertain us. Here comes a huge thank you to our audience, our helpers and our Sun City entertainers. After singing our happy birthday song to all those born in the month of March we opened our show. Starting out was our virtuoso pianist, Belita Anatalio, followed by story teller Jackie Proett. One of our newest comics, Cheewa James brought us more laughter without the assistance of a microphone. Our regular singer/guitarist, Ken Roberts played and sang some Irish Tunes allowing the audience to chime in. Lastly, jokesters Ed Lick and Jan Montero performed their latest funnies knowing how to keep us all laughing. Maria Hajgato and Nancy Stetz, graciously assisted as our greeter and recorder. In closing the show, we awarded our first prize of \$10 to Joe Lopez, who I enticed to serenade us with his famous rendition of "That's Amore" prior to receiving it. Second prize of \$5 went to Edie Durham (frequent attendee and prize winner) and our third and fourth prizes of \$2 each to Dorothy Maurer and Judi Cassidy. What a great way to spend an hour with wonderful folks for some easy listening, laughing and sharing another opportunity to leave the building with our spirits lifted and a smile on our face. We hope you will pass the word to those who haven't yet attended this fun group. Meanwhile, we'll be looking forward to seeing you all at our next gathering on our usual second Wednesday of each month, at 7 o'clock

(cont' on page 3)

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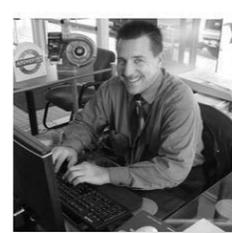
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Gregg and Liz Goldthorpe

**EDITORS**  
 Gregg & Liz Goldthorpe

**PRODUCTION ASSISTANTS**  
 Mark Bernard, Targa Funk,  
 Madison Goldthorpe-Lewis, Emily Goldthorpe.

**ADVERTISING**  
 Gregg Goldthorpe

**CONTRIBUTORS**

P.J. Conradi, Richard Paine, Toni Fisher, Jackie Proett, Jane Bohn, Barbara Mills, Bud Gardner, Jennifer Martin, Linda Aug, Susan Edie, Pat Teilh, Carolyn Desantis, Dick Ferguson, Cynthia Sindrey, Patricia Madden, Kathy Casten, Charlyn Ross, Diana Rischling, Megan MacPherson, Bonnie Gore, Rayann Golda, Tim Miles, Martin Green, Gwen Myers, Stephen Emanuel, Dawn Beck, Paul Regnier, Carole Vaillacourt, Toni Fisher, P.J. Palmer, Carole McCullough, Elna Ragan, Judy Singleton, Earl Wiklund, Darlene Kapur, Janet Morelli, Ed Underwood, Pete Grady, Diana Rischling, Paul Keck, Marion R. Applegate, Debbie Phillips, Bob Verzello, Richard Epting, Karen Yeates, Diane Barnett, Lynnda Dunn, Barbara Mills, Tom Devitt, Kathie De Vito, Phil Zeitman, Gerry Cristoni, Olga Widnes, John Vogeli, Claudia Dehart, Jennifer Iwig, Jean Eccleston, Pat Oberlandner.

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**Music & Laughter**

(cont' from page 1)

in the evening on April 10 at our Sierra Pines Lodge. For you new folks, the address is the corner of Del Webb Boulevard and Whistlestop way. Looking forward to greeting you there.

**All Tuned Up**

BY BARBARA MILLS

What a fabulous concert it was on February 11 in the Ballroom! The All Tuned Up Band presented "Heart of My Heart Variety Show" to a sold-out audience of residents and friends. Even while waiting in line before the show, attendees were serenaded by band members (L-R) Ray DeBenedetto, Daryl Rasmussen, Carver Sears, and Gary Mills, singing "Walk Right In, Sit Right Down". Also in the picture is ATU member and one of several volunteer ushers, Lura Tamm.

We enjoyed a mix of songs from country favorites, doo-wop's from the 50's and 60's such as "Earth Angel"; and romantic melodies, "Only You" and "Have I Told You Lately that I Love You". "Heart of My Heart", "California Dreamin'", and "The Tide is High" charged the audience with rhythm. Ted Ball made



Ray DeBenedetto, Daryl Rasmussen, Carver Sears, Gary Mills and Lura Tamm.

us all laugh with his banter followed by his comedy number, "I Don't Look Good Naked Anymore". ATU's ukulele group performed "I Walk the Line", "Bring Me Sunshine", and "Hukilau", complete with hula dancers. You should have seen them hula! Sing-along songs with the audience chiming in and the final number, Kansas City, with so many residents up on their feet dancing the Electric Slide made for an evening which was really fun!

After the concert, ATU band members who had worked so hard were invited to the home of Barbara and Gary Mills for a chance to unwind and relax. ATU performs twice a year so please watch for an announcement for our next show so you'll enjoy the fun.

**Harmonicoots**

BY BUD GARDNER

The Harmonicoots' 2019 Jamboree tickets (\$15) are selling fast. So, don't delay. Get your tickets from any member of the Harmonicoots or at the Coots' table on April 1 or 2 in the Timbers Lobby. Under the theme, "Enchanting Harmonica," this year's Jamboree—scheduled for Tuesday, May 14, 2019, at 7:00pm in the ballroom—will feature such songs as "Sentimental Journey," "Younger Than Springtime," and "Unchained Melody." Chris Bauer, harmonica virtuoso, will be the headliner this year.

Forty-five energetic students—including Dick Conzelmann, former SCRCA Board member; and P.J. Conradi, Director of Citizen's Patrol and Neighborhood Watch—enjoyed Bud Gardner's Beginning Harmonica Class and learned to play "Oh When the Saints,"

(cont' on page 5)

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## Harmonicoots

(cont' from page 3)

“Shenandoah,” and “Moon River.”

Bud will teach a new 6-week Beginning Chromatic Class, starting on Thursday June 13, through July 25, 2019, at 3:30pm in the Ponderosa room at Sierra Pines. The class fee is \$20, which includes an instruction/songbook and CD. Students will need to bring their own chromatic harmonica—one with a lever or button to play sharps and flats—or buy a 12-hole (48 notes) chromatic at class for \$50. No, you didn't have to have taken Bud's Beginning Harmonica class to sign up for this chromatic class. All are welcome to register. Fill out the coupon on the flyer in the Harmonicoots' slot in the Timbers Lobby and send it to Bud Gardner, 5764 Sandlewood Way, Roseville, CA 95747. Bud's phone: (916)-781-2830.

Designed for men and women, beginners and up, this class will teach the chromatic scale and songs such as “Peg O My Heart,” “America the Beautiful,” “California Here I Come,” and many other timeless tunes. See learning to play the chromatic harmonica as another adventure for your bucket list. You just might love getting a new breath of life.

• • •

## SCR Dance Club

BY LINDA AUG

April showers bring May flowers to our very own Tap and Jazz instructor Alyson Meador.



Alyson Meador

Alyson was born to dance! Alyson was trained in her family's own dance studio. Her mother was a local radio personality in her hometown and a former Radio City Rockette. Her father was an Arthur Murray ballroom instructor.

Alyson's first professional opportunity arose in the form of a Warner Brothers production role and then touring as a backup dancer abroad for a popular Mexican singer. At twenty years old, Alyson began teaching dance. She has had many honors and awards including a teaching opportunity at the H & H Dance Troupe and an invitation for her students to perform in New York for “Tappy Holidays” and in Southern California at the “L.A. Tapfest”.

During her eight years as artistic director of Sound Out Tap Company, Alyson choreographed seven original dance concerts. She was the recipient of a distinguished dance teaching award that she earned in 2000 and her dance company was voted New York's Favorite Youth Tap Company in 2010.

Alyson currently serves as the Tap Director of both the Lincoln Hills Tap Company and the Sun City Strutters. Alyson states “I have worked at Sun City for 19 years. We have had many fun experiences including performing at a King's Game, the annual Talent Show and also making a video.”

Mark your calendars for April 22 when the Ballroom dance group will host an “all dance” social. There will be dances for everyone to enjoy! Tickets will be available at April Courier Days and at your dance classes. See you on the dance floor.

• • •

## Fine Arts Club

BY SUSAN EDIE

By the time you read this our Twenty-Fourth Annual Art Show will be over (whew)! Although we are all still recovering, smiles abound. Hearty congratulations to all our ribbon winners and hats off to our many club members who gave their time, energy, and talent to make this event happen.

We are especially grateful to our esteemed judge, Mima Begovic of artspace 1616, who had the daunting task of judging over 125 art pieces in the Ballroom.

We had four beautifully wrapped baskets containing small paintings, original art cards, and art journals for door prizes. Were you one of our lucky winners? Hope so.

Our April 11 general membership meeting will begin at 1:00 PM. Our demonstrator will be Marilyn Rose. Marilyn is an outstanding artist and it should be a fun afternoon.

You are also invited to attend the Woodcreek High School students' art reception on Friday, April 26 from 6pm to 8pm. They dazzle us every year with their artistic perspective and drawing talent.

• • •

## Creative Arts Club

BY PAT TEILH

Come join our Decorative Painting class which meets on the first and third Thursday from 9:00 to 11:30. Instructor Lois Habein has been painting since 1970. Students in the decorative arts class will learn to paint on wood, glass, bottles, rocks, fabric, and more. Most supplies are available in the classroom, including many surfaces to paint.

Decorative painting has been practiced for hundreds of years, commonly called folk art and tole painting, and was used to decorate common household items such as furniture, doors, walls and vases. German, Russian, and other Europeans introduced the art to America. It seems to be experiencing a revival in recent years.

If you are interested in learning something new or, if you have something at home that is just begging for a makeover, come to this fun and exciting class on Thursday mornings in the Creative Arts room.

While you are walking down the hall at the lodge going toward the fitness room, take a look at the several art display windows. These windows are from Needle Arts, Fine Arts and Creative Arts and more. The projects are all handiwork of residents living here at Roseville Sun City. Enjoy this great collection of talent.

A special thank you to the members of Creative Arts Club who serve you and make our club stand out as a wonderful group. Gerri Junso, holiday party chair, Brenda Stults, historian, Jeannie Reigel, sunshine committee, June Evans, president and art show coordinator, Carol Berger, window decorator, Pat Teilh, vice president, Darleen Hergale, secretary and Mary Mentser, treasurer.

• • •

## Needle Arts

BY CAROLYN DESANTIS

If you missed the March Meeting you missed a great presentation by Janet Paluch. Her parade of coats was stunning and a real show stopper. Some of our members modeled her coats.



March General Meeting presenter Janet Paluch



“Models” for the March Needle Arts meeting presentation of hand-made coats: Marsha Rhodes, Betty Manning, Gertrude Leven, Barbara Aberg, Bobbi Odegaard, Barbara Davis, Sharon Donaldson and Dianne Faulkner

Our Wednesday, April 3 program for Needle Arts will be Nancy Brown. She does wild animal, pet, family and album quilts. Nancy has exhibits around the country and

has won several awards. Her quilting style is unique and breathtaking.

Remember our General Meetings are always the first Wednesday of the month at 2:00pm in the Ballroom. Members and guests are always welcome. A great way to spend the afternoon.

• • •

## Cinema Group

BY DICK FERGUSON

Join the Cinema Group for their April movie.

“The Martian” This 2015 film lets you take a step into the future, when an astronaut becomes stranded on Mars and must rely on his ingenuity to find a way to send a signal to Earth that he is still alive.



On the movie review website, “Rotten Tomatoes,” the Critics Consensus on this film was... “Smart, thrilling and surprisingly funny, The Martian offers a faithful adaptation of the bestselling book that brings out the best in leading man Matt Damon and Director Ridley Scott.”

It was nominated for seven Oscars—Best Motion Picture, Actor, Adapted Screenplay, Sound Mixing, Sound Editing, Visual Effects, and Production Design.

Friday, April 19 • 1:30 pm, Sierra Pines, Spruce Room

Admission is Free!

For information: Dick Ferguson 916-773-1298.

• • •

## International Social Group

BY CYNTHIA SINDREY

At our March meeting we honored Ireland with an evening filled with Irish food and entertainment. We served Irish Stew instead of the typical St. Patrick's Day corned beef and cabbage. We felt like since our meeting was two weeks after St. Patrick's

day that everyone would like the change in menu. Our next meeting will be Wednesday, May 22nd. when we will be honoring India

(cont' on page 10)

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## Ambassador Committee

BY PATRICIA MADDEN

New Sun City Roseville Staff member, Kristin White, was introduced to the Ambassador Committee members. As Senior Activities Assistant, she will work with Activities Director, Sharon Mowry to continue to bring to the residents of SCR, a variety of entertaining performances.



Kristin White

In addition, Ambassadors' will continue with the "fun" ticket and greeting responsibilities for these events.

The ambassadors hosted another New Resident Welcome event in February with 75 guests. These guests were joined by Board Members, staff, and members of the Ambassador Committee. Sherry Hilger and Linda Aug planned and organized the party. All Ambassadors assisted with greeting the new residents. Dereck Zackman, Director of Golf Operations and Redell Moore, the IT Director highlighted their areas of

responsibility. The highlight of the party is always the individual introductions from the new residents. (insert photo) #2 It is a delight to hear of their personal stories and how they made their decisions to move to Sun City Roseville. There were many golfers among the new residents. Many of the non-golfers remarked that the one of the reasons they choose SCR was to enjoy the beauty of living in a golf community.

Ambassadors Michael Hemingway and Carolyn Friend reported on the Rocklin Awards Dinner. This event was described as a "Who's Who in Placer County. Notables attending included Bonnie Dore and another member of the Board of Supervisors. SCR Roseville Board of Directors were represented by Linda Brenninger.

During the month of March, invitations will be sent to over 34 local realtors. Ambassadors Karen Cochran and Penni-Lu Hensen are busy coordinating a breakfast to support realtors relations...



New Resident Welcome

This is an opportunity to update relators on all aspect of our great community.

The March Ambassadors meeting will be held on March 19th in the Card Room. As always, all residents are welcome to attend. We hope to see you at the Treasure Hung, Mix & Mingle, April 29th, 4 to 6 pm, in the Timber Creek Ballroom.

## Compliance Committee

BY KATHY CASTEN

Thinking of painting your house?

Spring is finally here! It's the perfect time to take a look at the exterior of your home and your fences for needed repair and paint. Please remember that exterior painting of a residence, fence or gate requires an application that needs to be approved by the Architectural Review Committee (ARC) prior to starting the project. The ARC will soon be adding new colors to the approved paint palette so you may want to check those out first. The paint palettes are available to view at the Monitor's desk. If you have questions, they can be answered by visiting the Administration office. You can pick up your exterior painting application, along with the handy check list, just outside the Administration office or download it from the Website.

Responsibility for fence repairs is specified in CC&R's Article VII, Section 7.03. Also as a reminder, the wood fence paint color

is Dusty Olive K18-2 from Kelly Moore.

Upcoming exterior paint canvass

Your Compliance Committee is required to canvass villages no less than once a year to include the street views of all properties. This spring we will be canvassing properties that need painting and/or fence repair and painting. Remember that maintaining your property keeps your home value up and helps keep Sun City Roseville the beautiful community that we all enjoy!

A request from the Community Standards Department (CSD)

From time to time, a resident may observe an issue and bring it to the attention of the CSD. The Association Rules say that "Any resident may make a complaint of a violation by phoning the CSD or filling out a complaint form available in the Administration office. The name of the person making the complaint is not revealed to the alleged violator." Many of the calls and forms received by CSD are anonymous. The anonymous form or email does bring an issue forward, but doesn't allow the CSD to keep the complainant informed on how the issue is being resolved nor does it give them the ability to obtain additional information or clarification, if needed. Providing your contact information is helpful for the CSD, remember it will remain confidential.

If you have a question regarding the guidelines, paint palettes, or about paint applications, please call Ryan O'Connell, Assistant Director of Community Standards, at 916-774-3863.

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WOODCREEK  
DENTISTRY

## Website Work Group

BY CHARLYN ROSS

What a Great Place to Live!

Is it realistic to say that Sun City Roseville (SCR) is a great place to live? Well, let's take an inventory and see if it adds up to supporting that statement.

There is the fact that SCR is located in a remarkable area. Within a mile or two, are major super markets surrounded by other handy shops; major drug stores; Mahany Park containing sports fields, tennis courts, a dog park, a fitness center, a Library, Utility Exploration Center, and Aquatic Complex. Veteran's Memorial Park across Blue Oaks Boulevard offers a playground, sports fields, and picnic areas. Several off-street bike trails surround our development. Most important is the Fire Station and Emergency Response Team which is located just across Pleasant Grove Boulevard.

Within Roseville's city limits are a large, enclosed regional mall and many open malls, containing all ranges of retail stores and restaurants, five big box stores, two movie theaters, two major hospitals, and several large medical centers. New to the area is the FBI Building at Blue Oaks and Washington Boulevards located across the street from the large golf entertainment center.

Roseville has seen its population more than double in the last 20 years, with more growth planned for the future. With wise management, the City has kept up with this growth. This is apparent in its street

maintenance procedures to handle the increased traffic. When needed, streets are widened and additional turn lanes are added. Also, the City is noted as being family-friendly by providing adequate schools and many parks. Then, of course, Roseville is situated within a day's drive of many recreational areas from the West Coast to the High Sierras.

Driving through our SCR streets, it is evident that after 24 years our homes and their landscapes have been maintained, indicating pride of ownership. The same can be said of the common areas, which are maintained by our staff. Also, the facilities available to the residents provide opportunities for fitness, creativity, entertainment, sports, and camaraderie, with assistance from trained staff. Our restaurant and catering services are exceptional, and our golf courses are highly rated.

SCR's Public Website, [www.suncityroseville.org](http://www.suncityroseville.org), which is accessible to anyone, anywhere, via the Internet, details all the advantages of living here. The information provided on the public website would definitely support the bragging statement made at the beginning of this article.

But here is the "icing on the cake." This month our Activities Department has planned "Spirit Days," three days of fun-filled events, which will provide great entertainment, a chance to get to know your neighbors, and an opportunity to enjoy many of SCR's great amenities. All the up-to-date information about the events is available on our Resident Website, [www.scrres.org](http://www.scrres.org).

Your first, wise step was choosing to live in SCR. Now, all you have to do is take advantage of all that makes Sun City Roseville...A Great Place To Live!

## Chartered Club Committee

BY DIANA RISCHLING

Your group is planning to meet in one of the club rooms at the Lodge. "Let's bring snacks!" a member suggests when planning the meeting. Sounds like something that is often suggested...but are snacks allowed in club rooms? The specific answer to that question can be found in the Association Rules (July 20, 2017), pages A-5 and A-6 for the Food & Beverage policy in Timber Creek Lodge. A summary of that topic basically says:

\*Alcoholic beverages are not permitted in Club Rooms

\*Resident-supplied food may be served and consumed and include: a.) light snacks included on the list of snacks approved by the Food & Beverage Director (Sharon Mowry has the list, b.) Doctor-controlled dietary items for personal consumption and c.) other food, if approved by the Executive Director, for special occasions.

\*Wine and beer (no hard liquor) may also be consumed in the patio area of Sierra Pines, School House Park, and the sports courts patio areas of the tennis, bocce and pickle ball courts.

Of course, different rules apply for the Timber Creek Ballroom. Food and beverage

consumed in the Ballroom must be purchased through the Association Food and Beverage Department. At Sierra Pines, resident-supplied food, and if free of charge, beer and wine (no hard liquor) may be served and consumed. State-licensed non-Association catering services may also be used, but caterers may not serve alcoholic beverages.

Any questions? Please stop by the Administration Office and talk to Sharon - she has answers!

## High Tea and Fashion Show

On Saturday, April 6, 2019, the worship center at Pleasant Grove Community Church will be transformed into a tea room. A high tea will be held from 11:00 AM to 1:00 PM. Delectable scones, traditional tea sandwiches and sweet treats will be served by men from the congregation. Seating is at tables of eight.

Sponsored by Women's Ministries, the occasion also includes a fashion show with clothing from Chico's, located in the Fountains. The public is cordially invited for this event.

Tickets are \$15 and are available at the church on Sundays beginning March 10, or by calling Kay Thomson at 916-297-7060 or email at [katie.thomson@yahoo.com](mailto:katie.thomson@yahoo.com).

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# From City of Roseville

## Community Encouraged to Engage on Policy Issues

BY MEGAN MACPHERSON, *Public Affairs and Communications Director*

With the appointment of a new councilmember and the selection of a new mayor completed Feb. 6, the Roseville City Council continues its work on policy matters. At the top of the list, developing a new budget and new charter policies, and determining the use of Measure B revenue.



Megan MacPherson

Fiscal Year 2019-20 Budget Workshops

Fiscal year 2019-20 begins July 1. At its initial public budget workshop March 13, the City Council focused on the budget process, General Fund revenue projections, five-year forecast, cost pressures, and fund balances. The Council also reviewed the preferences it developed last fall for the use of revenue from Measure B.

Measure B, the half-cent local sales tax to protect Roseville's essential services, was approved by voters in the November 6, 2018 election. Measure B is expected to generate \$16 million to \$19 million annually in sales tax revenues to the City. The sales tax increase goes into effect April 1, and the City will begin receiving the additional revenue in July.

Other key dates in the budget process:

- An update on the proposed FY 2019-20 Capitol Improvement Project budget will be presented at the regular April 17 City Council meeting, 7 p.m., City Council Chambers, 311 Vernon St.
- The City will release the full proposed FY 2019-20 budget on May 20 for public review.
- The City Council will be holding its next budget workshops at 4 p.m. June 3 and 4 in the City Council Chambers, 311 Vernon St. in Downtown Roseville. The meetings are open to the public.

Local Sales Tax Oversight Committee

To promote transparency and accountability for the allocation of new sales tax revenue generated by Measure B, the Roseville City Council enacted the provision in the voter-approved measure that calls

for Local Sales Tax Oversight Committee.

At its February 20 meeting, the City Council appointed the following Roseville residents who'd applied to serve on the committee: Brandon Baldwin, Richard Duffy, John Ellison, Kathryn Kitchell and Meghan Krafka.

The five-member Local Sales Tax Oversight Committee will be charged with the annual review and report to the City Council on the revenue and expenditures of revenues generated by Measure B.

The Oversight Committee will not have authority or input on specific city services, the level of funding for city services, or the City's budget. The City Council has sole authority over these as outlined in the City Charter. An initial meeting date will be set later this year since the City won't begin receiving the revenue until July 1. Meetings are open to the public.

Charter Review Commission

The municipal government of the City of Roseville is governed through a charter authorized by the California Constitution. The Charter is a vital document which establishes a degree of autonomy to local governments and addresses important aspects of Roseville's authority.

Every 10 years, the Roseville City Council appoints members of the community to review the City's Charter and make recommendations for amendments to the City Council for consideration. Any amendments the Council moves forward will be on the November 3, 2020 ballot for Roseville voters to consider.

At its February 20 meeting, the City Council appointed the following Roseville residents who'd applied to serve on the Charter Review Commission: Rita Brohman, Samuel Cannon, Peter Constant, Kristine Dohner, Paul Frank, LaMills Garrett, Susan Rohan, Robert Sanchez and James Viele.

On March 18, the commission will begin meeting on the third Monday of every month

from 5:30 – 7:30 p.m. in the City Council Chambers, 311 Vernon Street. The meetings are open to the public.

The Commission will complete a report by March 16, 2020 and then hold two public forums on its report and recommendations. A final report with proposed amendments will be presented to the City Council on June 3,

2020 for consideration. Amendments moved forward by the Council will be placed on the November 3, 2020 ballot.

Stay informed by signing up for e-newsletters or connecting on social media at [roseville.ca.us/connect](http://roseville.ca.us/connect).

# From Your Placer County Supervisor

BY BONNIE GORE — *Supervisor Placer County, District 1*



Bonnie Gore

Spring is here and waters are receding but the affects of the heavy storms have been felt throughout our County. One place that was significantly impacted by the February storms was the Walerga Road Bridge over Dry Creek. As the creek rose, it flooded the bridge which caused danger to drivers and significant backups during commute hours. As our community continues to grow, addressing older infrastructure will be key.

At my first Supervisors' meeting in January, the Board approved a 3.7-million-dollar contract for a replacement bridge for Walerga Road which will raise and widen this portion of the road, providing four lanes of traffic and sufficient shoulder widths for bike lanes and pedestrian access.

Following my March newsletter, I received feedback regarding concerns about increased traffic and the need to address this issue. I would like to refer you to a video published by Placer County featuring Ken Grehm, the Director of Public Works, who walks through the status/issues with Baseline Road traffic then touches on the process for the expansion plan. The video can be found on Placer County's Official YouTube page at <https://youtu.be/YRT14nF8jyk>.

In summary, there are 10,000 to 12,000 new homes planned to be built north of Baseline Road in the City of Roseville and an additional 14,000+ new homes planned on the south side of Baseline. Baseline is a county managed road and will ultimately be widened to six lanes but it cannot happen at one time. As new developments get approved and built,

money from each development will pay for each new phase. We are also partnering with Sutter County to make sure vehicles can smoothly make it to Highway 99.

As of this writing, the county looks to make the first stop sign-to-signal conversion in 3 to 5 years and improvements are also being planned for Watt Avenue for vehicles traveling to Interstate 80. Placer County

staff is aware of the compounding issues and has a plan to address them as our community continues to grow.

Looking Ahead

Grand Jury: The Superior Court of California, County of Placer is seeking applications from Placer County citizens interested in an opportunity to serve on the 2019-2020 Grand Jury. The Grand Jury's one-year term begins on July 1, 2019 and ends June 30, 2020. Additional information and application for Grand Jury service are available by contacting the Court Executive Office at 916-408-6186, or by visiting the Court's website at: [www.placer.courts.ca.gov](http://www.placer.courts.ca.gov).

In April, the Board of Supervisors meets Tuesday, April 9 in Auburn and on Tuesday, April 23 in Tahoe. Meetings begin promptly at 9 a.m. and agendas are posted three business days in advance. I encourage you to attend or watch the meetings online if you have not participated in the past.

Our District Office maintains office hours of 9 a.m. to 12 p.m. every Friday and you can always make an appointment by contacting the office at 916-787-8952 or contact me directly at [SupervisorGore@Placer.CA.Gov](mailto:SupervisorGore@Placer.CA.Gov).

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### International Social Group

(cont' from page 5)

with a catered Indian dinner followed by a presentation by one of our members who is actually from India. Flyers will be mailed to our members and also available on the rack at the lodge. We are a purely social group that enjoys meeting and talking to people from all over the world, and yes, even America. We meet every other month and feature different countries. Dues are \$10 per person for 2019 and we always have room for more members.

For further information please contact: Cynthia Sindrey, President 916 773-5151 or Gini Christiansen, Co-President 916772-0506.

• • •

### Heartland Group

BY RAYANN GOLDA

The Heartland Club will host an event on Saturday, April 27, 2019 at 6 PM at Sierra Pines. The theme will be Spring Fling Extravaganza. Not to be missed will be a fantastic variety show for your enjoyment.

Dinner will be catered by Original Pete's Restaurant with a mouthwatering complete pasta dinner. Afterward a yummy dessert will be offered. As always coffee, water and hot chocolate will be provided. BYOB is accepted. We provide the bottle opener! Ticket price is \$15 per person and must be made prior to the event.

You can mail your check to Ray Ille (Heartland Club 5416 Campcreek Loop, Roseville, CA 95747) or include it with your money for the next event. Phone: 916-780-1660. (Membership dues run from July 1 to June 30.) Membership is \$3 per person per year.

The Heartland Group is open to all

Activity Card (previously referred to as Association Membership Card) residents of Sun City. We think you will be comfortable with the group whether you are single or couples. There you have it; a mix of residents who come to have some fun. You won't be disappointed.

The Heartland Group meets four times a year usually on the last Saturday of January, April, July, and October. The membership year runs from July to July.

Questions: Joe Flores (President) 580-3787.

• • •

### Postage Stamp Group

BY TIM MILES

We're already into April and the hobby is starting to see activity as we roll toward summer. The news this month is the big Westpex Stamp Show at the SF Airport Marriott Hotel in Burlingame, just off the Bayshore Freeway south of SFO Airport on April 26-28. It is the biggest show of the year in our area and we usually have car pools set up to attend so be sure and contact club members if you wish to attend. Call Al Capparelli at 916-771-8288.

The club currently has several collections available for perusal, along with empty album sheets, various size glassine envelopes, stock pages and books, and many other supplies for your hobby.

On the general news front, there doesn't seem to be any backlash from the increase in first class postage to fifty-five cents.

Contact Steve Emanuel to pay your 2019 dues. We've got a lot of worthwhile things that'll take place this year and the amount due

(cont' on page 13)



# STEEL MAGNOLIAS

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# Favorite Restaurants



BY MARTIN GREEN

A very interesting email from Cathy Sylvia of SCLH. Here's what she writes: "I enjoy reading your recommendations about what restaurants to check out." (This shows right away she's a discerning reader). "I would like to let you know about B&B Boba, Coffee and Bakery that opened in December between Orchard Thai and Subway in the little shopping center on the corner of Twelve Bridges and Joiner. Their address is 835 Twelve Bridges Drive. Phone number: 916-209-3147. Currently, their hours are Monday through Saturday, 8 am. to 8 pm. Sunday: 9 am to 3 pm.

The owners have an interesting story. I had been volunteering with the Placer County Literacy Program, helping folks with their English. My most recent student was a sweet gal from Ukraine, Daria Pudovia. She and I became fast friends and when she told me her parents were hoping to find a good location for a bakery I was very excited. After months of them unsuccessfully searching for the perfect spot, I noticed that there was a 'For Lease' sign in a storefront that had previously been a Sweets and Boba Café near us. The location seemed good to me... Luckily it worked out and Daria's family opened their café six months later. There was no kitchen in the previous café, so they had to start from scratch and purchase all the equipment they needed to

bake pastries, serve the yummy boba drinks and coffee. (I had never had a boba drink, but after trying several flavors, I'm a fan. They're refreshing and tasty).

"Olga, Daria's mother, bakes all the European-style pastries. They are excellent. Daria is the barista, and Polina, Daria's sister, is the cashier and front counter helper. These three lovely ladies do a fantastic job. The customer service is terrific. I highly recommend this wonderful place. It is decorated in soothing colors and has free WiFi. It is an oasis in our busy lives." One more thing from Cathy, B&B serves a meat pie which is "a typical East European piroshki and very tasty." (A piroshki is a puffed pastry).

A nice story, I think, and I left out Cathy's paragraph on Daria's family having to get through the complex paperwork needed to open a small business. Here's wishing them success.

The most recent outing of our LEO lunch group was to Siino's restaurant, which just happened to be in the same shopping center as the B&B Bakery. So, before getting to Siino's, after our lunch our neighbors Beverly and Nelson Schmidt, who'd driven us there, drove the short distance to the bakery. It's a fairly spacious place with comfortable-looking chairs and a counter filled with pastries. I'd investigated bobas and discovered it's a tea invented, not in Ukraine, but in Taiwan and Taichung in the 1980s, which has flavors of milk and sugar and toppings such as chewy tapioca balls. A cousin of the family, Anita, was there and gave us some samples, not of the tea,

but of the tapioca balls. At any rate, B&B's seems like, as Cathy, wrote, a good place to come, have some boba (tea), a pastry, maybe a piroshki, and relax.

Back to our lunch at Siino's... The restaurant is the creation of Annalisa Siino, hence the name. It's fair-sized, has both booths and tables and a long counter in front, plus a number of TV's, all showing some sporting event. We were there at 1pm and it was pretty crowded, with some people waiting. I'd say Siino's is a combination of Italian and American food. It has appetizers, salads, sandwiches, burgers, pasta, and pizza; also, as its website says, "an extensive wine and beer list" and a gluten-free menu.

Sandwiches include hot pastrami, turkey Swiss, steak, Italian meatball, and hot Italian club. Burgers include classic American, mushroom, BBQ and Lincoln High's Zebra, which is pepper jack cheese, avocado, bacon, lettuce, tomato, mayo, and spicy brown mustard. Some of the "specialties" are a 14-ounce ribeye steak, chicken picatta, fish and chips, homemade meatloaf and grilled salmon. Kinds of pasta include spaghetti marinara, spaghetti bolognese, fettuccine, chicken parmesan, and Siino's spinach and cheese ravioli. There's a "Lunch" section, dishes that come with a cup of soup or a house salad. Beverly and I both had the lunch with spaghetti bolognese and took about half back home for a second meal. Siino's is at 815 Twelve Bridges Drive in Lincoln; the phone number is 916-543-0069. Hours are 11 AM-9 PM daily.

Beverly and I don't get down to A Slice

of Goodness too often but our friends Jan and Martin Wolf drove us there recently and so I'll take the opportunity of reminding readers once again that this is the place to go for the best pies in the area. A Slice of Goodness, a family operation, has been a Roseville institution since 1985. It's located at 924 Douglas Boulevard, pretty close to Harding Boulevard. The phone is 916-781-3727. Beverly and I got our usual half sandwich and pie. Our favorite pie is peach/apricot. They were out this time so we got the peach/cranberry, and it was just as good. I don't know what their recipe is but their pie crusts are incomparable. A Slice of Goodness is open Monday-Friday for breakfast and lunch. Hours on websites I saw differed, but it's open until 2:30. Call for opening time and to check closing time. Recommendation: Go there.

Still hoping for more e-mails for next month. Please send them to mgreensuncity@yahoo.com. Thanks and bon appetit!

## Friends of the Roseville Public Library — Used Book Sale!

Saturday, April 6, 2019 from 10 am to 3 pm at the Downtown Library, 225 Taylor Street Roseville. Lots of great books, cheap prices, cash, check or charge.

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## Postage Stamp Group

(cont' from page 10)

is more than reasonable.

Take note: There is only one meeting this month due to the availability of the meeting rooms at the Lodge. The date is Thursday, April 25 at 6:45 pm. In May we will return to the 2nd and 4th Thursday at 6:45 pm. The location is the Sun City Roseville Main Lodge (7050 Del Webb Blvd).

If you have never attended any of our meetings, feel free to drop in any time and be sure to bring your "old" album. We have all the current catalogs and research vehicles available for you to get an idea of what things are worth at today's prices. We feature door prizes, stamp lectures, discounts on all supplies, and a lot of nice folks who enjoy the hobby and are informed.

• • •

## SCR Travel Club

BY GWEN MYERS

Upcoming trips: Fliers are in the Lodge kiosk or go to the SCR Travel Club on SCRES.com to review. Registration is completed by trip registrars at monthly meetings or contact the registrars listed below..

2019 —

March 10-22 Italian Vistas- Contact Joy Winston, joywinston4094@comcast.net

March 21-29 Explore Tuscany – Contact: Joy Winston

April 14-22 Sail the Pacific Northwest (Columbia River) – Contact: Phyllis Melberg, pmmelberg@surewest.net (Note: corrected email address)

June 8-15 Magnificent Michigan featuring the Mackinac Island Lilac Festival – Contact Barbara Wells, barbwwells@comcast.net

\*NEW! July 29-August 1 – Pageant of



Members promoting Travel Club trips.

the Masters, the Time Machine – Contact Joy Winston

August 1-12 Norwegian Coastal Voyage - Contact: Pamela Cringle, itshouse@comcast.net

August 13-20 Discover North and South Dakota - Contact: Pamela Cringle (see above)

September 21-28 Journey Through the Clouds – Calgary to Vancouver BC - Contact: Phyllis Melberg, pmmelberg@surewest.net (Note: corrected email address)

October 10-18 The Great Smokey Mountains – Contact: Phyllis Melberg (See above)

\*\*NEW December 8-15 – America's Music Cities Holiday (New Orleans, Memphis, Nashville) – Contact: Pamela Cringle, itshouse@comcast.net

Note: Please email large and small group photos from your recent Travel Club trips to Gwen Myers, gwen.g.myers@gmail.com. Include what trip and where the photo was taken. Thank you.

• • •

## Jewish Fellowship Circle

BY STEPHEN EMANUEL

It seems that the prospect of a free lox and bagel brunch brought an influx of hungry residents, both old members and new members to our February meeting. Over 60 people showed up including new members Arnie and Linda Schneider. The silent auction was quite successful.

Our Shabbat services will be on April 5. The service will be led by Larry and Sherry Bleiweiss and they will also host the Oneg.

Our book club meets once again, this month on April 8, 7pm at the home of Marilyn Ruxin. The selection for discussion is The Tattooist of Auschwitz by Heather Morris, a novel and kind of a love story.

This year our annual Passover Seder will be on Tuesday, April 23, in the Solarium. Because of the deadline for submittal of this article, we don't have a count of the signups nor prices. We will be sending out a flyer with all the information you need.

• • •

## Singles

BY DAWN BECK

Easter is a special holiday for all Christians and also for candy makers. Only Halloween has more candy sales. Chocolate bunnies would seem to be the top seller, but marshmallow peeps are the real favorite. Lilies decorate churches and homes and hats decorate the ladies on Fifth Avenue in New York's Easter Parade.

Before we celebrate April, though, I owe

an apology to our March Hostesses. Adah Haskins and Marlene Nancett did the honors. Please forgive me, dear ladies.

Our April speaker is Nina Aujla, a new dentist in town. She wants to contact seniors about dental

health. Her office is right on Pleasant Grove Boulevard. Healthy teeth can make a real difference in our lives.

Jean Hedin and Melinda Pitman want to stay in the Easter spirit by having a fancy hat contest at our April 20 social. There will be a prize for the prettiest hat so get those flowers out, start decorating and join our own parade. It's a potluck so sign up at the April 6 meeting for an entree, salad or dessert. Pay \$10.00 at the door if you would rather not cook and guests pay \$12.00. Call Jean 916-771-4870 or Melinda 916-743-4460 to make reservations. Remember reservations must be made by Thursday, April 18 at noon. Bring your own beer or wine. The party starts at 6:00pm.

Don't forget our Games including Canasta with Cela 916-782-4722, Mexican Train with Janice

916-773-1816, and Hand and Foot with Susan 916-398-2252. You can call or sign up at the meeting.

We welcome new members. Anyone living single in Sun City Roseville may join our club. Contact Pauline Battle at 916-771-0890 for further information. Our meetings are the first Wednesday of the month at 6:00pm in the ballroom.

• • •

## Veterans Club

BY PAUL REGNIER

It's April with its flowers, showers, class breaks, egg hunts and family. Oh those memories. June will start our Veteran fun calendar this year with your annual Bar-B-Que.

Tickets and flyers should start appearing soon. This is a very popular event. Look for Manny's flyers and sign-up sheets. Once again, Jack, Carl and Ida have stepped forward to "show how it is done"! Talk about taste! Thanks in advance to all of you that help to make this outing the success that it has been and will be.

Our own, Mel Nosal, will be presenting our next speaker. Mel has prepared our presentations for many years. Thank you, Mel. Mel will be stepping away for some much earned time off. Some others will try to step into his very large shoes...good luck. We will always look and listen with feelings of both admiration and affection for one that has stood so very tall and served so very well.

Where oh where do all our years go? For some, memories are absorbed, for others we are

challenged to do and be more. When we come together at 10AM on those first Wednesdays we get a great chance to both remember and share. Oh yes, there's the donuts and coffee, too. We veterans do know how to party!

Stay tuned for more that will be happening along this year's "Veterans Trail". God Bless

• • •

## Sun City Republican Group

BY CAROLE VAILLANCOURT

Our April 4, 2019 speaker, is State Assemblyman Keven Kiley. Assemblyman Kiley is our districts representative; he is also running for State Senator in District 1. He is a very dynamic and informational speaker. I have requested that he address the challenges facing Republicans with the current situation in our State Legislature...

Please be aware that due to unforeseen, unplanned conflicts our scheduled speaker may be subject to substitution!

We continue to represent the Republicans at Courier Days each month, volunteers are needed to assist our Treasurer in this endeavor, please call Asdghig, at 780-7701.

May 2, 2019 meeting will feature Einar Maisch, General Manager of the Placer County Water Agency. We felt that since the subject of water issues were discussed at our February debate, it would be beneficial to get some more information to better educate ourselves. Please plan to attend, by supporting our group we are able to attract interesting speakers.

For further questions or information about joining our active Club, please call Carole at 781-2468.

• • •

## SCR Democrats

BY TONI FISHER

While we valued the frequent plentiful rains that revived our area this winter, we are hoping that April will bring more sun and warmer weather. April will also bring a new speaker for our monthly meeting as we move toward what is bound to be an active election season.

Recent months offered programs that informed us and made us think. The Roseville City representatives in January provided helpful information on how we can live safely and what we can do to protect our environment. February's panel triggered our thinking about how we can value others no matter what their political leanings may be, thus building a better life for everyone in our social sphere. March brought us together to develop our focus for the future of our club. We thank everyone

(cont' on page 15)



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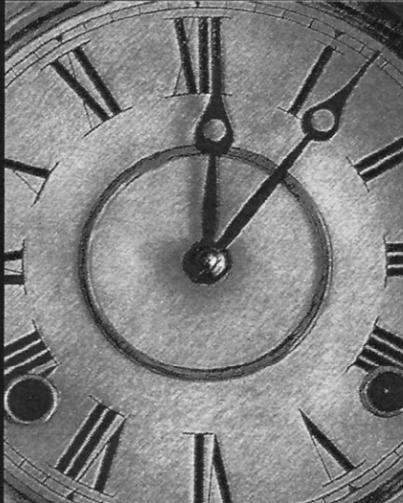


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### SCR Democrats

(cont' from page 13)

who offered their thoughts.

Our April 24 meeting brings a talented and experienced speaker who will provide ideas for developing strategies to advance our advocacy and communications. Bethany Snyder of Snyder Strategies worked for Senator Al Franken for a number of years prior to moving to Roseville. Her experience taught her what it takes to be most effective when engaging the community. We invite everyone to attend to hear what she shares.

One note on our February program: We thanked the panelists by following our community commitment, donating a number of items in their name for the Gathering Inn participants. These included a variety of toiletries, umbrellas, jackets, gloves, ear muffs and canvas shoulder bags. That always feels good!

...

### Computer Club

BY P.J. PALMER

General Meeting – Monday, April 22, 10:00am in Ballroom. Everyone is welcome at this meeting.

Council Meeting – Monday, April 22, 9:00am in Computer Room.

Special Interest Groups (SIGs):  
Digital Imaging and Editing – April 5: First Friday, 10:00am, Computer Room. Explore Camera Usage. Learn to edit, process images, and improve photos on your computer. Call Charlyn Ross at 772-1447.

Genealogy – We will be having a Beginning Genealogy Workshop on Saturday April 13, April 27 with Vi Parsons. If you haven't started yet or need help stop by the Computer Room on Thursday April 11 for help. Check Calendar for Genealogy Monitor to pick up a 'starter packet' or to get help with your Genealogy.

PC Forum – April 4: First Thursday 3:00pm in Computer Room. Dick Geistert will help explain ChromeBook. Bring your own or share ours. All are welcome.

Android Phone Help– April 19: 3rd Friday, in Computer Room for help with Android Phone and Tablet help with Tom Gottdiner 1-3pm.

All 'Bout Apple–April 9: Second Tuesday, 2:00pm-4:00pm, in Computer Room. All user levels of MAC computer, iPad and iPhone. Information: Charlyn Ross, 772-1447 or Dennis Studer, 899-8221.

Photo Sig – April 19: Third Friday, 10:00 am, Computer Room.

April's theme: \*"Anything Old in Poor

Condition" \*Time Frame Limited: Photos must be taken within 12 months prior to theme of the SIG meeting. Members email up to three photos to PhotoSIG916@gmail.com by April 15. Contact Dennis Studer-yostuder@yahoo.com.

idevices – will return Wednesday, April 24 at 6:00pm or check monthly Monitor calendars for help.

...

### SCR Boomer Generation

BY CAROLE MCCULLOUGH

Will April showers bring May flowers? I'm loving watching my garden getting ready for Spring. But so are the weeds.

Boomers celebrated St Patrick's Day with an Irish theme party. A perfect serving of corn beef and all the fixings was enjoyed that evening. The entertainment kept with the holiday theme and I heard many good



comments, maybe they will be back next year.

Featured SIG (Special Interest Group): This month's SIG is our Bowling Club. Members meet the third Friday each month. Games are played for two hours at Strikes and all skill levels are welcome. Please contact Maggie Burke, maggie541burke@yahoo.com.

Our Movie Group has a new leader, Darlene Miller. Watch for more information from Darlene.

Also, we are working on two new Book Clubs, afternoon and evening clubs will be coming soon stay tuned.

Check out the other SIGs on our website. One can chose from Golf, Dining Out, Bunco, Bowling, Walking, Progressive Dinner, Movies or Book Club. Times, dates and who to contact are listed on the website.

Remember it's never too late to join the Boomer Generation Club. Are you young at heart or just like to socialize and have fun, you are part of the Boomer Generation?

...

### Rods & Relics

BY ELNA RAGAN

The third Car Show meeting was held on Friday, March 8. Good progress was reported in early vehicle registrations and the number of trophy sponsors. Rich Ragan, Car Show Chairman, will be attending a City Planning Meeting on April 9 to coordinate City Department's support for the June 1 Downtown Lincoln Car Show. Over the years, we have donated \$164,071.00 to local charities from the proceeds of our annual Car Show. The charities to benefit this year are: RRUFF Healing Heroes, Women of Worth, and Ride to Walk. Our Club also donates time to help at the Lincoln Library book sales, provides a car-related magazine subscription there, and sponsors a Little League Baseball Team in Lincoln.

On February 21, Board member elections were held at the General Business Meeting for three positions. George Funk is returning as Treasurer, Craig Kirkpatrick is returning as Member- At-Large, and Landon Schadel is the new Activities Director.

Car Shows are just starting to take place... since the weather has warmed up and the sunshine has returned. On March 16, several Club members journeyed to the 9th Annual Casa Robles Car Show in Orangevale.

The Opening Day Ceremony for the Lincoln Little League was held on Saturday, March 16. Rich Ragan, Car Show Chairman, attended the ceremony and was very impressed by the teams' youthful enthusiasm! The Rods & Relics are sponsoring the AA Division "Blue Rocks." "Hey, batter, batter" ... let the games begin!

If you own a 1975 or older American-made or American-powered vehicle and enjoy getting together with like-minded auto enthusiasts, come out to the get-togethers listed below!

Upcoming Events —

April 2, 16, 30: Breakfast at the Waffle Farm in the Twelve Bridges Shopping Center. Members start arriving at 7:45 a.m. Join us for a tasty breakfast and to catch up on Car Club-related news.

April 18: The General Business Meeting will be held at the Turkey Creek Golf Club, 1525 Highway 193, Lincoln. Dinner is available from 5:00 p.m. on and may be followed by a speaker at 6:00 p.m. The General Business Meeting starts at 6:15 p.m.

Contact: Ray Geiger, President 1-916-543-0464; Mike Carvidi, Membership Director 1-707-849-2834.

Website: www.rodsnrelics.net

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### SCR Garden Club

BY JUDY SINGLETON

Our March program was Kevin Marini, Head of Master Gardening Programs for Placer and Nevada Counties, who spoke on the Top 10 Tips for Vegetable Gardens. He discussed new methods and ideas for preparing soil and planting schedules. He is always an enthusiastic and informative speaker.



Our Tuesday, April 2 program will be Julie Saare-Edmonds, Master Gardener, speaking on "The Good, The Bad and The Ugly" and will focus on bugs - how to attract the good ones and how to get rid of the bad. The May 7 meeting will feature Jim Ferrin, our SCR Golf Course Superintendent/Landscape Supervisor. The May meeting only will be held in the Aspen/Birch rooms in the Lodge rather than the Ponderosa Room in Sierra Pines.

Peggy Smith, Garden Club Secretary for the past two years has stepped down and Valerie Preston will cover Secretary duties for the remainder of the term. Thanks to Peggy for her hard work and thanks to Valerie for stepping up to help us out.

The Garden Club meets ten months a year (no meetings in July or August) on the first Tuesday of the month at 7:00pm at Sierra Pines. Annual membership is \$15. Please complete the membership form on the Garden Club resident web page and bring to a meeting or drop it with your check into the small mailbox on the front porch of 6132 Granite Flat Lane. Guests may attend a meeting with a speaker for \$5. For further information, call Judy Singleton at 916-666-7342.

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(more Club News cont' on page 20)

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Additional details, including dates and times for informational sessions, and applications are available by contacting (916) 408-6186, or by visiting the Court's website at: [www.placer.courts.ca.gov](http://www.placer.courts.ca.gov).

**Applications are due May 10, 2019**

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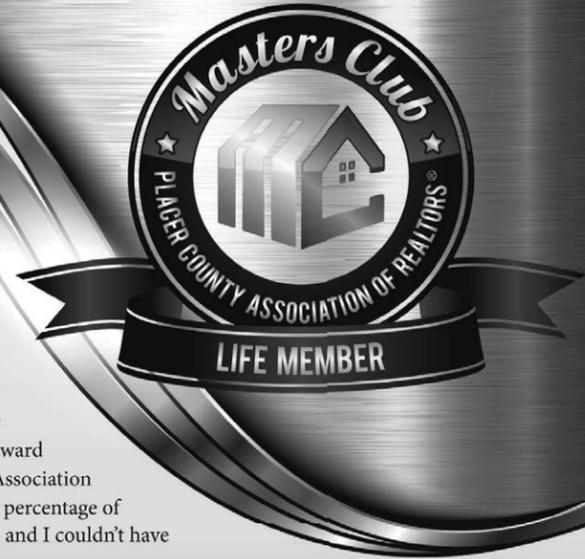
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# Executive Director Comments

## Let the Spirit Be With You

BY EARL WIKLUND

Join us on April 16-18th for the Association's 2019 Spirit Days. Grab your neighbors, friends, neighborhood watch members, club and group mates and your spouse and come on down to the Lodge for a great time. Plan on letting your hair down and mixing it up a little. Go a little bit crazy celebrating the spirit of our community. The three day event will include food events, games, an illusionist, resident teams in various competition, ice cream social, food trucks, resident recognition, tournaments, staff versus resident sport tournaments and dancing while creating some memories. Remember, what happens at the Lodge, stays at the Lodge.

This year's Spirit Days emanates from the original multi-day community association gathering in 2006 when we celebrated the community's 10 year anniversary celebration. This celebration was a six day celebration and quite frankly wore everybody out. But what a great time of having fun, establishing new friendships and creating memories ... and Community Spirit. This successful celebration was followed up in 2009 and 2013 for two three day Spirit Days with similar activities and fun. We celebrated our 20 year anniversary in 2016 with a five day event packed with fun events. A different theme for each of these five events was created, with months of planning and

sponsorships to help offset costs and keep event ticket prices low for greater participation.

This brings us to the 2019 three day Spirit Days fast approaching in a couple of weeks. Tickets for the various events went on sale March 8th and will be available until sold out. This year's theme is 'Fun & Games' and the Activities Department has produced a colorful brochure of Schedule of Events for the three days. Each page is full of excitement and fun and you will want to plan attending at least one event each day. Considering each day has an activity centered on food at the Timbers Restaurant so that should be an easy decision. Plan on participating in a game, competition or attend one of the entertainment events and just relax.

So, seek out the detailed information on the 2019 Spirit Day activities on the resident website or in the Timbers Lodge information kiosk, plan out your daily events you'll want to participate in, buy a reasonable priced ticket, layout some fun outfits and comfortable shoes, put on your good neighbor smile, turn on your radiant personality and come on down and have a fantastic time. Mix and mingle and meet some new folks. But be sure to smile and say hello when we meet. We'll be on the look-out for you. Enjoy your Spirit Day event and enjoy your Community each day.

# Sunshine Services

BY JENNIFER MARTIN

Support for Caregivers: Are you the caregiver of a spouse with Alzheimer's? Does your significant other require your care as they cope with Lewy-Body, Parkinson's and other debilitating diseases? You might be relieved to know we have a support group that might meet your needs. The Alzheimer's Support Group, led by Marge Cowan and Lynn Xavier, meets on the third Thursday of each month at 6:30pm in the Aspen Room at the Lodge. Their group offers shared information, solace, and support for caregivers of residents who have neurological diseases such as, but not limited to, Alzheimer's. As we learned from Sunshine's last general meeting speaker, Michelle Nevins, Executive Director of Del Oro Caregiver Resource Center, it's imperative that caregivers receive support and nurturing so that they can get their batteries recharged as they continue to care for their loved ones. For more information, contact Marge Cowan at 916-771-3246.

New Sunshine Secretary: Janice White, Sunshine Service's secretary for many years, has had to step down from our Council for health reasons. She deserves our greatest thanks for her hard work, loyalty, and dedication to Sunshine and we will miss her. Donna Leitz, who has experience working as a secretary before she retired, has accepted the job as our new secretary. Welcome aboard, Donna.

Errands and Shopping: We have five volunteers whom you can call to complete

shopping or errands if you are temporarily incapacitated. Due to liability considerations, they can't let you ride in the car with them. But they will come to your door, receive your cash and a list and take care of your shopping needs. See our yellow flyer for their phone numbers.

Thought for the Day: If life were fair, Elvis would be alive and all the impersonators would be dead—Johnny Carson

# HEAL — Health and Environmental Alliance

BY JENNIFER MARTIN

"A far-reaching investigation into America's great waterways. They are in peril. There's a new wave of pollution that's killing fish, causing mutations in frogs—and threatening human health."

This is a brief synopsis of the documentary, Poisoned Waters, which examines rising hazards to human health and the ecosystem and why it's so hard to keep our waters clean. Join us for a viewing of this eye-opening video at our next H.E.A.L. (Health and Environmental Alliance) meeting, April 3, at 1:30pm in the Ponderosa Room.

There are no dues to become a member of H.E.A.L. which meets on the first Wednesday of the month to discuss the latest research on health issues, especially those stemming from our environment. H.E.A.L. flyers, listing our topics for the year, are in the lobby at Timbers Lodge.

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## SSNR Writer — When Lilly and John Ruled

BY DARLENE KAPUR

There was a time when most women in America knew what Lilly Dache, Schiaparelli, and Mr. John did for a living. As recently as the late 60's, no self respecting woman visited San Francisco without a hat and gloves. We wore hats to go shopping, out to lunch, church and traveling by plane and train. If a woman put on heels a hat was automatic. We stood up straighter, walked with more grace and looked fabulous.

Halston designed Jacqueline Kennedy's famous pill box hat for JFK's inauguration, and breathed new life (however briefly) into the American hat industry. Coco Chanel and Oleg Cassini hats had their own look, but Frenchwoman Caroline Reboux invented the cloche, and sewed each one to custom fit her customer's head.

Remember 'after five' hats? What fun to put on a cocktail dress and then set a smart sequined or beaded little gem at just the right angle for maximum effect. If it had a veil, oh, look out boys, Lulu's back in town.

And speaking of men, where are the snap-brims, fedoras, boaters, Panamas and felt hats? Every man looks good in a hat, but ball caps don't count unless you've just hit a home run. Military and cowboy hats are, well, dashingly manly. A quality felt cowboy hat can

cost \$500, but will last a lifetime. Both sexes look great in the humble western straw hat with a colorful handkerchief tied around the hat band. If you're wearing chaps and sitting on a quarter horse, you'll look even better.

I discovered the wearing of hats is regional in California. After living in Southern California for 5 years, where summer straw hats are popular, I moved back to my northern roots. Wearing a flat topped, black straw hat to the local farmer's market one day, I kept getting curious looks. Finally, a couple asked if I had come from a 'ceremony' of some kind.

A woman in her garden, watering can in hand, wearing a big floppy sun hat is a classic American scene. As are hats on Easter Sunday and at the Kentucky Derby, but then what? Tell me we haven't heard the final dirge for hats; that this is just a historical lull in the 5,000 year life of hat wearing.

George Bernard Shaw summed it up nicely, "If a woman rebels against high heeled shoes, she should take care to do it in a very smart hat."

*We welcome your submissions such as humorous observations and poetry. Please see page 3 for submissions information.*

## Lincoln Veterans Memorial Coalition Launches Website and Memorial Plaque Sales

The Lincoln Memorial Coalition board members will be visiting all military organizations as well as all service organizations in Placer County spreading the word about the Lincoln Veterans Memorial.

The Memorial will be dedicated on November 11, 2019 at 11:11 a.m. at McBean Park in Lincoln.

If you were or are in the military and live or lived in Placer County, you are eligible to purchase a plaque. The Lincoln Veterans Memorial website has been completed and is now ready to take orders for — *Memorial Plaques 6 X 4: \$150; Replica Plaque 6 X 4: \$60; Challenge Coins \$25.*

If you would like one of the LVMC Board Members to speak at your event, please contact us to schedule the day and time.

Volunteers are welcome to help with the LVMC activities. Please contact us for more information, please contact the LVMC: Don Witt, Public Relations Officer - 530-812-0376.

Email: [LVMC@lincolnveteransmemorial.org](mailto:LVMC@lincolnveteransmemorial.org)

Web: <https://www.lincolnveteransmemorial.org/>

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## Neighborhood Watch/Citizens Patrol Garage Door Battery Requirement

BY P. J. CONRADI

Effective July 1st, all residential garage door openers (GDOs) sold or installed in California must have a battery backup (BBU) to operate the motor during a power outage. And new/replacement doors will have to be attached to a GDO which has a BBU.

The law is in response to recent wildfire related power outages, and the resultant inability of some folks to disengage GDO motors and/or to manually lift doors. The law would have applicability, of course, for any power outage. For clarification, I am inserting part of my December 2015 article—archived on the web site. It concerned thievery, but that is not my thrust today.

Your garage door consists of horizontal panels on roller tracks. An electric motor raises and lowers the panels. A red rope is attached to a lever such that, during a power outage, you can pull it down to disengage the electric motor and physically lift the panels and roll them up their tracks.

But, before you run out and purchase anything, remember that outages in Sun City are quite rare, and, hopefully, you have relationships with your neighbors which would result in everyone helping each other in such

circumstances. And, please know that industry analysts have

- questioned whether some BBUs provide enough oomph to actually lift some garage doors.

- expressed concerns about both longevity and maintenance issues for the batteries themselves.

Current advertised prices range from \$75.00 for BBUs to nearly \$300.00 for a motor and BBU package. Like any new product line, quality will evolve and features will roll out. If it ever becomes necessary to buy, comparison shopping should focus on compatibility, sufficiency and reliability.

If you plan to retain your current garage door and GDO, please remember that the Sun City Foundation, or perhaps a neighbor, may help you adopt the methods described in the 2015 article. Those methods apply to both thievery and power outages. Your Neighborhood Watch program preaches neighbors-helping-neighbors, especially for residents with physical limitations.

Therefore, this topic would be excellent for your next Neighborhood Watch social. You do have those, right?

### Important Phone Numbers —

*P.J. Conradi, Citizen Patrol & Neighborhood Watch Director*

*Citizens Patrol Office: 774-3853 [citizenspatrol@scraa.org](mailto:citizenspatrol@scraa.org)*

*Neighborhood Watch Office: 774-3817 [neighborhoodwatch@scraa.org](mailto:neighborhoodwatch@scraa.org)*

*Roseville Police/Fire - Emergency: 9-1-1*

*From your cell phone: 916-786-6444 • Roseville Police Non-Emergency: 916-774-5000*



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## SCR Birders

BY JANET MORELLI

In mid-August of every year, a group of SCR Birders get together on a seasonably hot afternoon to create a field trip schedule for the coming birding season (mid-September to mid-May). The product, a new Bird Group Schedule, is then placed on the Bird Group's web site that can be accessed by SCR residents. By the middle of February every year, smoke, rain, mud, and freezing morning temperatures have played havoc with what was once a well thought-out schedule. In January, the Colusa Wildlife Refuge field trip was rained out and, in February, the Nimbus Fish Hatchery trip was cancelled due to the muddy trails and the freezing morning temperature. The Birders that met in the Timbers' lobby for the latter trip decided to "bird-by-auto" on the country roads north and west of SCR. It was a good decision as they sighted 42 species (Yellow-billed Magpies, White-faced Ibis, White-fronted Geese, Bald Eagles, Tundra Swans, etc.).

Two field trips are planned for the month of April: On Thursday April 4, Birders will travel to the northwest side of Davis to explore the bird life in that area. This will be bird watching on foot at the Julie Partansky Wildlife Area where local docents lead bird watching strolls on Wednesday mornings. This will be the first time SCR Birders have visited this Area and are expecting to see Swainson's Hawks and Barn Swallows among many other species there.

On April 18, SCR Birders are scheduled to walk the Canyon Oaks trail in Lincoln Hills where they have seen about two dozen species on previous visits, including Say's Phoebe,

Ruby-crowned Kinglets, Spotted Towhees, Downey Woodpeckers, and Yellow-rumped Warblers. For these two trips in April, the Birders will meet in the Timbers lobby at 7:15 am (Please note change of time).

## Rod & Reel Club

BY ED UNDERWOOD

15 members enjoyed a chicken tenders lunch with all the trimmings at our meeting on March 1st.

Secretary-Treasurer Ed asked each member to recruit a new member as our membership has dropped over the last few years.

Ed also mentioned that we are planning a crab feed for the next meeting that will include wives. A preliminary count from those present indicated that we could have up to 25 attending.

Ken Roberts reported that fishing at Lake Berryessa was poor due to high water and poor water visibility. He also mentioned that a recent trip to Folsom Lake was poor due to visibility issues as well as high wind.

Ed reported that VP Tom McDonald was recovering from knee replacement surgery but was doing well. He also reported that Howard Vonbergen was slowly recovering at home from pneumonia and was on oxygen.

(more Club News cont' on page 21)



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### SCR Hiking Group

BY PETE GRADY

April 2019 Hikes • Note start time 8AM  
Join us to try out hiking. You can hike 3 times without joining.

We meet every Thursday at 7:45AM in the Tennis Court Parking Lot.

Carpooling is organized for the drive to the Trail Head.

Rides vary in cost as do the hike distance and difficulty.

Please go to the SCR Website and Hiking Group to get more details on the hikes.

April 4 – Redbud Trail. #5.5 (moderate). 5.5 miles. \$10.00 Ride.

April 11 – Spenceville. #3.5 (easy). 5.25 miles. \$6.00 Ride.

April 18 – Bridgeport. #4.5 (moderate). 5.5 miles. \$6.00 Ride.

April 25 – Lake Clementine Loop. #5.5 (moderate to diff). 8.5 miles. \$6.00 Ride.

•••

### Cycle Club

BY DIANA RISCHLING

Find a ride! It's time to get on your bike and enjoy California's roads and trails. Ten cycle club members participated in the 30-mile Pedaling Paths to Independence Ride held on the roads around Linden in late February. To



quote one rider "we braved the early morning cold, but the sun came out and we rode on good flat roads and enjoyed flavorful food". Not all of us want to start our season with a long ride, however. So another option would be to join us in April when we offer a guided ride to Boudin's Bakery in the Fountains where we will also have breakfast. Or try one of our daily rides which leave from the tennis court area at 8am and provide a choice of mileage and difficulty. Alternatively, come by our monthly meeting on the third Monday of each month at Sierra Pines at 8am. Club rides and our social events are also itemized on the flyer available in the Club and Group News Bulletin Board in the Lodge. More information can be obtained from our president, Craig Morkert, (916) 953-9333.

Upcoming Events —

April 6: Party Pardee Ride (outside ride)

April 9: Club Breakfast Ride to Boudin's

April 27: Sutter Buttes Ride (outside ride)

April 28: Chico Wildflower Ride (outside ride)

•••

### Bocce Club

BY PAUL KECK

And they're off... Bocce coming in like a lion this month. Spring mini league begins with sign-ups on Friday, April 5, 6:00PM at the bocce courts. Note that this sign up is separate and in addition to bocce club membership. You need to already be a member of the bocce club to sign up for spring mini league.

Dates to write on the calendar –

Friday, April 5, 6:00pm – Mini League sign up. One night only. If you can't be there, have someone else sign you up. Bring snacks and beverages.

Mini League cost is \$10, checks only, made out to SCR Bocce Club.

Questions, call Joan or Dwight Rose, 916-474-5796.

Monday, April 8, 8:30AM. Open play. This will go on every Monday morning throughout the season. Walk on, no pre-sign ups, no cost.

Thursday, April 11, first day of Mini League play. Check for start times as times may be different depending on day. Please plan to show up a half hour before game time.

Saturday, April 13, 8:00am - First tournament, mixed blind-draw. Tournament entry fee is \$3.00. Pay that day. Bob Horning is our new tournament director this year.

Saturday, April 13, Spring Fling at the Pines. Details will be announced.

Tuesday, April 16, Bocce council meeting, 6:30PM in the fine arts room.

Wednesday, April 17, 6PM. First night of weekly bocce social play. Choose partners for open play and bring goodies to eat and favorite beverage.

Thursday, April 18, SCR staff vs Bocce Club. 1PM at the courts. OK, staff, you're going to have to play by our rules today.

Saturday, April 27, 8:00AM, Battle of the sexes tournament.

•••

### Croquet

BY MARIAN R. APPELEGATE AND DEBBIE PHILLIPS

April already! Well here's hoping the showers are behind us--we've had enough! It's great seeing many new croquet players out enjoying our beautiful court, and of course, the old standby's who never miss a game.

And this reminds me of what I heard as I passed by three elderly croquet players

who were talking. One remarked to the other, "Windy, isn't it?" "No," the second woman replied, "It's Thursday." And the third lady chimed in, "I am too, here's some water."

Now back to Croquet!

Did you know (rule 11.1b) that if a player plays out of turn, the play is stopped as soon as the error is discovered and all balls replaced with no penalty assessed. (This is good for me since I'm so impatient).

Upcoming Club Events —

April 13, 2019 Golf Croquet Tournament and Social (flier in your email)

June 1, 2019 "Open House" on the croquet court for residents who want to learn to play croquet. (Flier will be out in May)!! Come out an enjoy!!

Big THANK YOU to Marian Applegate for writing the croquet article the past months.

•••

### Pickleball

BY BOB VERZELLO

Congratulations to Gary Pyle and Gene Cochran who participated in the 75+ age group at the 2019 Palm Desert Senior Games in February. Together they won a silver medal in men's doubles against five other teams. And Gary went on to play mixed doubles with Rosalie Knutson from Washington state, also in the 75+ age group, and won a silver medal against three other teams. Overall, there were 530 very good pickleballers in the various age groups.

By the way, anyone interested in playing in a tournament or just going to a tournament can look at the pickleballtournaments.com website for more information.

(cont' on page 24)

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## Roseville Update

Model	ACTIVE Listings	Average List Price	PENDING Sales	Average Pending List Price	SOLD Last 2 Months	Average Sale Price
Wilshire						
Timberlodge	1	\$718,000			2	\$656,000
Hearthwood					1	\$738,000
Stonecrest						
Delta Breeze			2	\$636,500	4	\$582,000
Turnberry	1	\$559,000				
Sierra	2	\$537,000			1	\$535,000
Summit					2	\$535,000
Plumas	1	\$495,000	1	\$505,000		
Ironwood						
Grove			1	\$514,500	2	\$456,300
Yosemite	3	\$466,000	3	\$488,800	1	\$487,500
Baywood	1	\$450,000				
Calaveras			4	\$450,700	3	\$425,700
Parkland						
Regent						
Shasta	2	\$439,500	1	\$459,999	1	\$432,000
Pinery						
Countryrose	3	\$416,700	2	\$415,000	3	\$444,500
Rosetree	1	\$434,500	2	\$358,500	3	\$388,200
Orchard	1	\$410,000	1	\$405,000		
Timberrose	1	\$395,000	1	\$325,000	3	\$367,700
Meadow					2	\$368,000
Rosegarden			2	\$362,900	1	\$350,000
Willow	1	\$324,900				

NOTE: The statistics above do not reflect any consideration in value for model options nor location.

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# Arthur Lee Powers

(cont' from page 1)

Air Station, San Diego. There he caught his first glimpse of an ocean. Weather being what it is there, he was in the base swimming pool on December 7th, when he noticed an animated group of sailors gathering at a barracks. The fuss was about Pearl Harbor.

Art applied for pilot training, but the navy saw his value in fixing planes until early April, 1943, when he was commissioned as an aviation cadet. He trained for nearly two years, but then he and 400 other cadets were informed that training might last until the



*Art Powers at his organ.*

PHOTO BY RICHARD PAINE



*Art and his daughter Debra in the cockpit of a United airliner. Debra was the first female pilot that United hired.*



*Art's friends helped him celebrate his 95th birthday!*

war was over. Art and twenty-four other AMTs were asked if they would forgo their commissions to assist the war effort as AMTs. Typical of the Greatest Generation, all twenty-five agreed.

Art served joined an F6F Hellcat squadron aboard the aircraft carrier USS Bataan. He was transferred to an F4U Corsair squadron aboard the USS Essex in the Pacific fleet, and experienced the Battle of Saipan, the Liberation of the Philippines, and the attacks on Okinawa and Japan's homeland. Art hesitates to talk about witnessing a particularly tragic loss, on the flight deck, of a friend, a Corsair pilot, preferring to embrace his fondest memory; the captain of

the Essex announced, on the ship-to-aircraft radio, heard simultaneously aboard ship, "Attention all pilots. Attention all pilots. Jettison all ordinance and return to base. The war is over."

The Essex staged outside Tokyo Bay as the peace treaty was signed, and subsequently returned to Sand Point NAS in Seattle. His squadron was released, and he spent 70 days of earned leave in Kentucky to visit family. While there, he breezed through all the required Federal Aviation Agency's checklists and earned a civilian pilot license.

In late 1945, Art was slated for assignment to Bikini Island for underwater nuclear testing.

The tests were cancelled, however, so, being a qualified pilot, he spent nearly two years flying an admiral in and out of Pearl Harbor. When an earthquake occurred off the coast of Hilo, the ocean rolled out, exposing "beaches" the residents had never seen. Art and two other aviators flew to Hilo to observe the resultant tidal wave, unaware that the Hilo residents did not expect it. As Art watched helplessly from above, hundreds, including teachers and students, were swamped and killed as they explored the expanded shoreline. Art was an aviation instructor when honorably discharged in May of 1947.

In June, he took employment as a flight instructor at the Spartan School of Aeronautics, earning more teaching credentials and a commercial air transport rating. One of his students introduced his sister, Helen Ruth Hollar. She and Art were married in December, 1948, in a double wedding with her sister. That union spanned 65 years until Helen passed in 2012. They produced two daughters, Debbie in 1954 and Nancy in 1955.

likely extended Helen's life by about ten years.

In 1951, United Airlines finally answered his application. For 32 years, Art piloted the Douglas DC3, DC4, DC6, DC7, DC8 and McDonald Douglas DC10, the Boeing 727 and 747, and the Convair 240, 340 and 440. Various passengers included Bob Hope, Bing Crosby, and Tom Selleck—and Liberace, who wrote notes to Debbie and Nancy when Art told him they played piano. Age 60 brought mandatory retirement.

Art is especially proud that both his daughters also learned to fly. Nancy became an RN, and let her private pilot license lapse. She lives in Roseville, joined Art for snowskiing for many years, and now visits at least once a week. Debbie followed her father's footsteps and was in the first group of three female pilots UA hired in 1978. Having flown DC8s, 737s and 767s, Debbie retired from UA as a captain in February, while flying 777's between California and China, at her mandatory age 65.

When Art retired, Debbie was a second officer, so UA let her ride jump-seat in the cockpit on his last flight. The passengers on his final flight all stopped to shake his hand, acknowledge his career, and wish him happy birthday. Debbie had disappeared from the flight deck a few times, and he suspects that is how the passengers knew to greet him upon landing. Art muses that sometime between the first and last passenger, the FAA pulled his license, precisely on the hour of his birth.

Art now enjoys an active social life, which includes chortling with the self-proclaimed Knights of the Round Table, a witty coffee klatch of primarily male residents who can be found most mornings at the Fitness Center, guffawing frequently and loudly. It is little wonder that Art remains a very young 95.

They were among Sun City's first residents in 1995. Having been raised to the sublime degree of Master Mason in 1957, Art became a 32nd degree Scottish Rite Mason, and a Noble in the Ben Ali Shrine—think Shriners Hospitals for Children—soon thereafter.

When Helen developed health issues, devoted Art was with her 24/7 for her last fifteen years. She wanted to travel, but could not drive, so Art took her across the country three different times on different routes, each with multiple side trips. Their doctor said that because she loved travel so much, those trips

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### Pickleball

(cont' from page 21)

While the rain held off during the Senior Games, the Palm Desert/Palm Springs area experienced the third heaviest rainfall in recorded history just a few days later – on Valentine's day.

The Pickleball Club council met on February 28 to discuss ongoing club business, including progress on reconstruction of the pickleball courts. Watch your e-mail for announcements about the work schedule.

Playing Tips: Wayne Miller, who has conducted classes for our beginners, offers these steps to becoming a good pickleball player:

1. Safety first.
2. Good sportsmanship and court etiquette.
3. Limit your errors (hit the ball in safe areas.
4. Move your feet.
5. Watch the ball.
6. Watch your opponent's paddle.
7. Communicate.
8. Practice.
9. Learn and understand the rules.
10. And most important of all "Have Fun".

### SCR Senior Softball

BY RICHARD EPTING

On February 25, the Sun City Roseville Senior Softball League had its annual draft. We are really excited about the results, because this year we have a plethora of talented "new" players which should result in some exciting softball. Five teams were drafted; each

team consisting of 13 players, including a manager and coach. You might wonder what the difference is between a manager and a coach. As explained to me, when the team wins a game, the manager takes the credit; and conversely, after a loss, everyone blames the coach. Of course, we're only kidding. We have outstanding managers and coaches who make our league so much fun to play in.

Here are the teams that were in the draft: Team 1, sponsored by Eskaton Village, is managed by Ed Day and Harry Temple is their coach. Team 2, with Excel Realty as their sponsor is managed by Ken Miller. Bill Hunter is Team 2's coach. Team 3, last year's champs, is sponsored by Jem Tam Real Estate Services. Larry Larson is their manager, Barry Schivo is the coach. Team 4 is sponsored by A/C Girl. Eric Erickson is the manager and they are coached by Dave Garley. Last but not least is Team 5, Coldwell Banker, managed by Ron Roberts with Mike Webber as their coach.

We are really excited about this season. We have five strong competitive teams. Opening season was March 27 at Mahany Park. Play Ball!

...

### Table Tennis

BY KAREN YEATES

April is finally here and summer is on the way. April looks to be a great month in Sun City with the much anticipated Spirit Days. Make sure you check out the Spirit Days booklet with all the activities planned during the week of April 15 and pick some things that interest you. As for table tennis, we have our usual schedule this month. Members have been

(cont' on page 25)

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### Table Tennis

(cont' from page 24)

doing better at signing up for being the room monitor at least every 5 or 6 weeks. That is greatly appreciated – it is no fun trying to track people down and asking them to take a turn.

This month's tip – the benefits of playing close to the table. With the plastic ball now a standard part of the game, more players are staying closer to the table and using shorter and more explosive strokes. Staying close is more efficient for footwork and reduces your opponent's reaction time. A close table game allows you to produce rapid returns with a lot of spin and acceleration without the risks of playing further back from the table. Being closer helps you keep your balance and reduces the effects of wide angles. While it might reduce your reaction time in a point, it can be worth it for offensive players. It only takes on shot to throw you off balance once you are further back and that usually results in lost point or lost game. If you do find yourself forced back or out of position, put topspin on the ball. This buys you time and forces a slower defensive shot from your opponent. Or you can do a chop. Playing a chop when back from the table buys you time and may cause your opponent to push back allowing you to take control.

...

### SCR Tennis Club

BY DIANE BARNETT

Tennis! It's a sport for a lifetime! Of all of the available activities here, why should you play tennis? Experts agree that it's much more than a great way to stay active. Scientists and Doctors point to tennis as one of the healthiest

activities that you can participate in because it delivers overall physical, mental and emotional gains, and it can add years to your life.

Seven top reasons to play Tennis:

1. Get Fit, lose weight, and burn calories – One hour of active tennis play equals between 580-870 calories burned, and, playing just 3 hours a week will reduce your risk of heart disease 56%.

2. Strengthen heart, muscles and bones – Compared to other sports, tennis players have the lowest incidence of cardiovascular disease.

3. Improve hand-eye coordination – You can improve your agility, balance, coordination, and reaction time which is a plus for seniors.

4. Enjoy tennis with family and friends. It's a great activity to meet new people and enjoy time with friends and family.

5. Improve social skills through team work and sportsmanship. Doubles play teaches you to compete fairly with opponents and to win graciously and lose with honor.

6. Reduce stress. Tennis, as well as all other forms of exercise, causes the brain to release endorphins and serotonin aka "your happy chemicals".

7. Increase brain power and problem solving. Several experts propose that tennis requires alertness and tactical thinking.

At every level of the game and at every age, tennis players can have fun while getting a great workout. Are you looking for a way to get better on the court? The SCRCA Tennis Club can help you so come check us out! Contact Ray Barnett at 916-759-2578 and he will get you pointed in the right direction!

...

### Sierra Pines Ladies Golf

BY LYNND A DUNN

The beautiful fairways and greens on Sierra Pines remind us Spring is here. The leprechauns and Golf Gods have given way to some sunshine and glorious golf days. I was convinced a little man in green had snatched my club while playing the other day. Instead it was my friend who helped me by placing my club in her bag! What wonderful friends I have (really)!

Congrats to three awesome Ladies who braved some rain and muddy conditions in February to qualify as most Improved Players for February.

Cathy Hurst, Sharon Lee-Giesser, and Tena Johnson... great playing.

SPLG has been invited to two Away Tournaments. Northridge June 4 and Wildwood June 11. The final day for signup is May 3. Please see Janet King regarding cost and carpool information. A fun day for y'all to represent SPLG.

Carolyn Pittman is taking a leave as Co-Captain beginning in June. But aren't we lucky to have Debbie Gassen taking Carolyn's position as Co-Captain. As if that isn't



Dee, Liz, and Carolyn ready to tee off.

enough Barbara Simon will handle our Home Tournaments in Carolyn's absence. Thank you, ladies, willing volunteers keep SPLG on track.

Don't forget to sign up for Putt for Points. Y'all need another challenge second Wednesday of each month continuing through November. Go for it!

Carolyn Pittman has scheduled Tournaments for April 3 and April 17. Always fun...and mulligans will be on sale! Best of all we will have two starting times...early at 8:00am and late 10:30am. Am I the only one enjoying the late starting time? Some of y'all must be loving the second cup of coffee too.

General Meeting is April 17 at 2:00pm at the Pines. Y'all need to attend to hear all the latest news happenings at SPLG. AND social after the meeting is when we have a chance to visit with ladies who prefer to play early. (Maybe that is just me!)

There won't be an April Council Meeting but we have the Spring Luncheon instead. More news about that to come next month.

Now y'all come on out for a round of golf!!

...



Teresa and Debbie braving a windy morning.

(more Club News cont' on page 28)



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Days & Destination	Cruise Line ~ Sailing Date	Starting Price/	Inside	Outside	Balcony
<b>15 DAY HAWAII from SFO! Princess</b> Grand Princess ~ 2600 Passengers	Nov 3, 2019	\$1,299	\$1,529	\$2,499	
	Dec 3, 2019	\$1,329	\$1,499	\$2,199	
	Dec 28, 2019	\$1,599	\$1,769	\$2,389	
	Jan 27, 2020	\$1,399	\$1,579	\$2,399	

Sail round trip from San Francisco, California to Kauai, Nawiliwili Hawaii; Honolulu, Hawaii; Maui, Lahaina Hawaii; Hilo, Hawaii; Ensenada, Mexico, San Francisco, California.

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<b>10 DAY ALASKA From SFO! Princess</b> Grand Princess ~ 2600 Passengers	May 6, 2019	\$899	\$999	\$1,849	
	May 16, 2019	\$899	\$949	\$1,529	
	Jun 25, 2019	\$1,239	\$1,339	\$2,399	
	Jul 15, 2019	\$1,299	\$1,399	\$2,499	
	Aug 4, 2019	\$1,299	\$1,399	\$2,079	
	Aug 14, 2019	\$999	\$1,099	\$1,499	

Sail round trip from San Francisco, California to Juneau, Alaska; Skagway, Alaska; Glacier Bay, Alaska; Ketchikan, Alaska; Victoria, British Columbia, Canada; San Francisco, California.

**^ROUND TRIP LINCOLN SHUTTLE TO SHIP AVAILABLE!**

<b>7 DAY CA Coastal from SFO! Princess</b> Grand Princess ~ 2600 Passengers	Oct 13, 2019	\$1,199	\$1,299	\$1,949	
	Oct 20, 2019	\$1,099	\$1,299	\$1,599	

Sail round trip from San Francisco, California to Astoria, Oregon; Seattle, Washington; Vancouver, BC, Canada; Victoria, BC, Canada; San Francisco, California.

**^ROUND TRIP LINCOLN SHUTTLE TO SHIP AVAILABLE!**

<b>10 DAY MEXICO From SFO! Princess</b> Grand Princess ~ 2600 Passengers	Oct 3, 2019	\$899	\$1,049	\$1,199	
	Dec 18, 2019	\$1,199	\$1,399	\$1,699	

Sail round trip from San Francisco, California to Puerto Vallarta, Mexico; Manzanillo, Mexico; Mazatlan, Mexico; Cabo San Lucas, Mexico; San Francisco, California. **^ROUND TRIP LINCOLN SHUTTLE TO SHIP AVAILABLE!**

<b>15 DAY PANAMA CANAL Princess</b> Coral Princess ~ 2000 Passengers	Nov 17, 2019	\$1,779	\$1,879	\$2,499	
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Sail from San Francisco, California to Fort Lauderdale, Florida to visiting Cabo San Lucas, Mexico; San Juan Del Sur, Nicaragua; Puntarenas, Costa Rica; Fuerte Amador, Panama; Transit the Panama Canal; Cartagena, Colombia; Fort Lauderdale, Florida. **INCLUDES LINCOLN SHUTTLE TO SHIP & SACRAMENTO AIR RETURN**

<b>20 DAY Panama Canal Princess</b> Coral Princess ~ 2000 Passengers	Apr 21, 2020	\$2,299	\$2,499	\$2,999	
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Sail round trip from Los Angeles, California to Huatulco, Mexico; Puerto Chiapas, Mexico, Puerto Quetzal, Guatemala; Transit the locks of the Panama Canal; Puntarenas, Costa Rica; San Juan del Sur, Nicaragua; Manzanillo, Mexico; Los Angeles, California. **INCLUDES Sacramento Airport Shuttle & Round Trip Airfare**

Prices are per person; based on double occupancy and subject to availability. Other items not included in the cruise prices are airfare-unless otherwise noted, taxes, transfers, fuel surcharge & travel insurance. Some restrictions may apply. See brochure for complete details. ^Round Trip Shuttle is \$100 per person.



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Days & Destination	Cruise Line ~ Sailing Date	Starting Price/ Inside	Outside	Balcony
<b>14 DAY ALASKA</b>	Holland America Aug 12, 2019	\$1,999	\$2,199	\$4,399
<b>Amsterdam ~ 1380 Passengers</b> Sail round trip from Seattle, Washington to Vancouver Island, BC; Ketchikan, Alaska, Juneau, Alaska; Icy Strait Point, Alaska; Anchorage, Alaska; Homer, Alaska; Kodiak, Alaska; Hubbard Glacier, Alaska; Sitka, Alaska; Victoria, BC, Canada; Seattle, Washington. Distinctive Voyage with extra amenities & host!				
<b>INCLUDES SACRAMENTO AIRFARE!</b>				
<b>12 DAY MEDITERRANEAN CELEBRITY</b>	Celebrity Infinity ~ 2046 Passengers Sep 5, 2019	\$1,399	\$2,199	\$3,499
Sail from Barcelona, Spain to Rome (Civitavecchia), Italy visiting Provence (Marseille), France; Florence/Pisa (Livorno), Italy; Ajaccio, Corsica; Valletta, Malta; Kotor, Montenegro; Corfu, Greece; Sicily (Messina), Italy; Amalfi Coast (Salerno), Italy; Rome (Civitavecchia), Italy. Ask about special \$899 airfare!				
<b>14 DAY TROPICAL CARIBBEAN</b>	Holland America Nov 17, 2019	\$1,699	\$1,999	\$2,299
<b>Nieuw Statendam ~ 1964 Passengers</b> Sail round trip from Fort Lauderdale, Florida to Half Moon Cay, Bahamas; Falmouth, Jamaica; Georgetown, Grand Cayman; Cozumel, Mexico; Grand Turk, Turks & Caicos; Amber Cove, Dominican Republic; Key West, Florida; Fort Lauderdale, Florida.				
<b>26 DAY SOUTH PACIFIC</b>	SFO to Sydney Princess Sep 28, 2019	\$4,199	\$4,599	\$5,899
<b>Golden Princess ~ 2600 Passengers</b> Sail from San Francisco, California to Sydney, Australia visiting Hawaii; Bora Bora, French Polynesia; Papeete, Tahiti; Pago Pago, American Samoa; Auckland, New Zealand; Tauranga, New Zealand; Napier, New Zealand; Sydney, Australia. Ask about extending your stay in Australia and the Great Barrier Reef.				
<b>INCLUDES LINCOLN SHUTTLE TO SHIP &amp; SACRAMENTO AIR RETURN!</b>				
<b>28 DAY Tahiti/Bora Bora</b>	Holland America Mar 21, 2020	\$3,199	\$3,499	\$3,999
<b>Oosterdam ~ 1974 Passengers</b> Sail round trip from San Diego, California to Hilo, Hawaii; Honolulu, Hawaii; Lahaina, Maui, Hawaii; Bora Bora, French Polynesia (2 Days); Raiatea, Society Islands; Papeete, Tahiti (2 Days); Moorea, French Polynesia; Fakarava, Tuamotu, French Polynesia; Nuku Hica, French Polynesia; San Diego, California.				
<b>INCLUDES SACRAMENTO AIRFARE &amp; AIRPORT SHUTTLE!</b>				
<b>15 DAY GRAND EUROPEAN</b>	Viking River Cruise Various Dates	\$4,899	\$5,299	\$6,199
<b>Various Ships ~ 190 Passengers</b> Sail from Amsterdam to Budapest visiting Kinderdijk, The Netherlands; Cologne, Koblenz, Wurzburg, Bamberg, Nuremberg, Regensburg & Passau, Germany; Melk & Vienna, Austria; Budapest, Hungary.				
<b>INCLUDES SACRAMENTO AIRFARE &amp; AIRPORT SHUTTLE!</b>				
<b>8 DAY RHINE GETAWAY</b>	Viking River Cruise Various Dates	\$2,699	\$2,899	\$3,099
<b>Various Ships ~ 190 Passengers</b> Sail from Basel, Switzerland to Amsterdam visiting Breisach, Germany; Strasbourg, France; Heidelberg, Germany; Koblenz, Germany; Cologne, Germany; Kinderdijk, The Netherlands; Amsterdam, The Netherlands.				
<b>INCLUDES SACRAMENTO AIRFARE &amp; AIRPORT SHUTTLE!</b>				

Prices are per person; based on double occupancy and subject to availability. Other items not included in the cruise prices are airfare-unless otherwise noted, taxes, transfers, fuel surcharge and travel insurance. Some restrictions may apply. See brochure for complete details.



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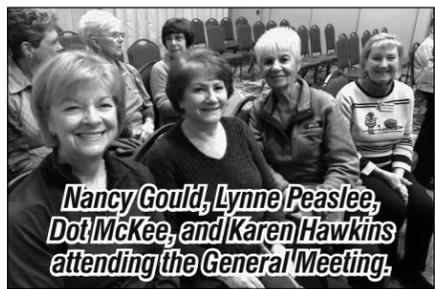
**Timber Creek Women's Golf Club**

BY BARBARA MILLS

It was a great turn-out from several golf clubs at our last General Meeting to hear John Korvin, NCGA Clinician, who was very informative on the new golf rules for 2019.



*Cheryl Simmons, John Korvin and Sherrill Pahl.*



*Nancy Gould, Lynne Peaslee, Dot McKee, and Karen Hawkins attending the General Meeting.*

Congratulations to our Most-Improved players in February: Cindy Murphy (1st Flight), Barbara Treleven (2nd Flight), and Bobbi Dunk (3rd Flight).

We are busy choosing our partner for the first major competition, the 36-Hole Better Ball Tournament, to be held April 10 and April 17 playing from the red and white tees

as long as there are at least 12 players playing from each tee. Overall winners from the red and white tees will receive monetary awards and their names added to the 36-Hole Better Ball Plaque! Winners in the various flights will also receive monetary awards. Last year's winners, Gail Quintel and Vernita Hillwig, are planning the award's ceremony and luncheon to be held after golf on April 17 at Sierra Pines.

Chairs Gail Quintel and Dot McKee plus a host of volunteers are planning for the always fun One Day Invitational Tournament on May 22. The theme is "Kentucky Derby" so invite three guests, who do not have to be SCR residents, and share the joy of playing on our wonderful Timber Creek course! A buffet breakfast and luncheon will be served in the Ballroom where the winners will be announced.

Quite a few of our members volunteer on Boards and Committees. For the Ambassador Committee it is Connie deBlaquiere, Marg Donnelly, and Sherry Hilger. For the Compliance Committee it is Kathy Casten, Diane Dooley, and Barbara Mills. Peggy Mucci and Johnice Swallender volunteer for the Golf Committee; Judy Bickel is on the Government Affairs Committee; and Vernita Hillwig is on the Properties Committee.

...

**Timber Creek Men's Golf Club**

BY TOM DEVITT

The first tournament of the year for the Timber Creek Men's Golf Club (TCMGC) was held on Feb 12, the infamous "Pink Ball" tournament. Twenty-seven 4 man teams participated. Six teams finished with the Pink Ball still in play. The low net of 68 for the

*(cont' on page 29)*

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**Timber Creek Men's Golf Club**

(cont' from page 28)

Pink Ball finishers was recorded by the team of Roger Exline, Ted Allen, Tony Garcia and Bob Dunn. Low net of 52 for the non "Pink Ball" finishers was turned in by the team of John Ladas, J. R. Moors, Phil Ereno and Bud Harrison. The TCMGC council met on February 28 and adopted a new local rule that allows for an additional option after hitting a ball out of bounds. See the TCMGC web site for details. This new local rule in is effect for all TCMGC regular and tournament play. The TCMGC General Meeting was held on March 6th. Bob Dunn reviewed the St Patrick's Scramble tournament held the previous day although the results were still being calculated. Twenty three teams participated. The weather was a little unforgiving and the course a little soggy but all the teams finished in good spirits. Jay Dameron gave some additional insight into the new rules changes that went into effect on Jan 1. The details of the changes can be found on the TCMGC web site under the Rules button. Signups for the NCGA Senior Net are now being taken. Qualifying will be held April 2. Registration sheets are in the Resident's room next to the pro shop. The R.A.M.P. and the Evening Host programs are starting up this month. These programs are open to all SCR residents and are looking for volunteers. Check in the pro shop for more information.

The next general meeting of the TCMGC will be on Wednesday April 3 at 8:30 am at Sierra Pines.

...

**He & She Golf Club**

BY KATHIE DE VITO

Here's to hoping that all this early year rain will give way to a beautiful spring golf playing season. We are excited about the He & She Golf Club Spring Tournament and Luncheon scheduled for May 13th this year. If you haven't signed up yet, please check your emails or the SCR club site (click on the "Clubs & Groups" button) for the details.

Along with the better weather is the opportunity to take advantage of "Open" play days with the He & She Golf Club. The second and fourth Mondays are designated as tournament days but we are currently piloting "Open" play on the other Mondays of each month. It's nice to know that we can have a standing tee time on Mondays to play with the group. Please show your support by signing up at either the Timbers or Pines. Also, remember that Open play days allow club members to play either the 9- or 18-hole courses without needing a handicap index. Since Timber Creek is so popular, the majority of "open" play dates in April are already superseded by outside events. But May will have two dates; May 6th and May 27th with tee times starting around 8am.

The He & She Golf Club always welcomes new players, either singles or couples. We're the only SCR golf club that gives you the option to play either at Sierra Pines or Timber Creek. Give us a try! More information about the club is on our SCR club website or in the Timber Creek lobby Club and Group News Bulletin area.

...

**Golden Niners**

BY PHIL ZEITMAN

If this article sounds like the one from the February, it is. Again rain forced us to cancel half of our games.

But, we did have some winners for the month. Leading the pack with \$21 in winnings were Terry Drew and Tom Martin. They were followed by Rich Bradshaw with \$19 and then Lyn Massie with \$18. Other double figure amount were Lloyd Leitz, and Pat McDonald. A total of \$367 was distributed. This money can be used to pay golf fees or in the restaurant.

The 9er's play every Tuesday morning with 2 shot gun starts. New members are always welcome. Contact Doug Peck at 773-2313 for more information.

...

**SCR Billiards Club**

BY GERRY CRISTONI

The general meeting was held on February 20. Secretary, Mercedes Pact, has turned in her resignation. If anyone would like to hold this position until June 30, please contact President Joe Lavette.

The annual members dinner will be held



Mercedes Pact, Derek Tegg, Tim Connolly and Ken Neal.

in the ballroom on Monday, June 17 at 5:30 pm. Member dinners are free, guests \$20.00. Sign up sheet posted in billiards room.

June 30 ends the term of the present officers. A sign up sheet has been posted in the billiards room for volunteers to hold an officers position for the upcoming year, 2019-2020. New officers will be announced at the annual members dinner.

The tournament winners for February were — Open 8 ball: Mercedes Pact and Derek Tegg, Tim Connolly and Ken Neal.

Open 8 ball: Ken Neal

Men's Only 8 Ball: Ken Neal and Paul Garcia.

...

**SRC Monday Morning Bowlers**

BY OLGA WIDNES

Our Second half of bowling continued to be as good as our first half. During January 2019 the following enjoyed their bowling skills as follows: David Zurawski, Joe Shirley, Gary Wolff, Sue Sequeira, Mike Wedemeyer and Dennis Schoessow bowled 50 pins over their average. Those that bowled a 200 game were as follows: Gary Wolff, Dennis Schoessow and Mike Wedemeyer. The month of February also had good bowling. Ingrid Zurawski, Carol McCathy and Art Green bowled 50 pins over their average. Herb Hayes and Larry Manley bowled a 600 series. Tom Wehri and Renee Gann had a clean game. Congratulations to all the winners. See you next month.

...

(more Club News cont' on page 30)

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## SCR Foundation

(cont' from page 1)

is not the best, save the paperwork for a later donation.

22nd Annual Golf Tournament June 7! All SCR golfers and their friends are invited to tee up for this year's tournament. Director Kent Hilburn is planning some new twists that will surely offer a more competitive format, challenging everyone while enhancing the social aspects.

Many components will return: You can choose to play 9 or 18 holes; a shotgun start will occur at 7:30a.m. for Timber Creek and 8:30 a.m. for Sierra Pines; the four-person scramble format will continue; friends from outside Sun City are welcome; and, cash prizes and drawings for gifts donated by SCR groups and local businesses will be featured at the Awards Luncheon.

New features this year: An A, B, C, D format with the Pro Shop creating the pairings; men will play from the gold tees, women from the white tees; \$150 awards go to the golfers landing closest to the designated hole on each course; and, there will be more prize money this year!

The \$75 entry fee, plus green and cart fees, includes golf, prizes, lunch, awards and drawings. Complete the required entry form at either pro shop or on the Foundation website, [scrfoundation.org](http://scrfoundation.org). Submit the form no later than May 24 with your check made payable to SCR Foundation.

Whatever your skill level, plan for a great day meeting new people!

## Tuesday Sun Seniors Bowling

BY JOHN VOGELI

Let me start by congratulating Dave Harriman of "Shuda Been" for rolling his first "Perfecto" 300 game, on February 26th. He's pictured below receiving a nice certificate of his accomplishment from CJ Johnson. This was Dave's first official 300 after several "perfectos" in practice sessions. For us that bowl with Dave, we all know how good he really is, since he is the highest average most seasons with a 220.



**CJ Johnson presents Dave Harriman a certificate for his first 300 game.**

Since my last article our league has had a position round to determine who our 3rd qtr Champion would be. Joining "Shuda Been" (John Cho, Sue Mattimoe, Jeff Mattimoe, Dave "Perfecto" Harriman), and the "Alley Gators" (Mike Johanik, Nettie Cavalli, Marilyn Edwards, Debra Scott), will be "Something Missing" (Carol Torno, Bob Vincent, Roy "Perfecto" Hackman, Ron Basnett) with the

(cont' on page 32)

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### APRIL / MAY ONGOING —

#### Care Program

Home from the hospital, live alone and need assistance? Sunshine Services' Individual Care Program offers 40 hours of care per year. Our Caregiver Relief program offers 4 hours of respite per week for 2 years for 24/7 caregivers of residents who can't be left alone. There's a \$5.00 per hr. co-pay for both programs which employ licensed home health workers. Call Jean Hawkins at 916-781-7705.

#### Vision Support Group

If you've been diagnosed with an eye condition, have a family member who has, or have become a caregiver, joining a support group may be the most important thing you'll ever do. For that reason, Sunshine Services is hosting a Vision Support Group which meets on the second Wednesday of each month in the Poker Club at Timbers Lodge to share common concerns and find solutions to your vision-related difficulties such as macular degeneration, glaucoma, cataracts, and other eye-related diseases. For details, call Diane Wilson at 916-837-1109 or Jennifer Martin at 916-781-2830.

#### Dial-A-Ride Tickets!

Sunshine Services sell Dial A Ride tickets in the Lodge Lobby. Tickets are sold the first Thursday of the month from 8:30 - 10:30 am. Funded by SCR Foundation, tickets cost residents \$10 for 10 one way-rides.

#### All Tuned Up

All Tuned Up meets every Thursday, 9-10:45 A.M., at Sierra Pines, Ponderosa Room. All musicians are welcome. Sun City Roseville has a lot of talent. We want people with and without instruments. Come and sing or just listen. For more information, call Letha Dawson at 916-872-8019.

#### Do you speak French and/or Spanish?

FRENCH - 3rd Tuesday 2-4 PM.  
SPANISH - 3rd Wednesday 2-4 PM. Have fun retaining or improving your language skills with

videos, games and other activities. Fluency not required, but some knowledge of the language is helpful as activities are not lessons. - Sandy Haley sjhwme@comcast.net, 792-2881.

#### Tuesday Evening Men's Poker

Got the Tuesday night blues, how much idol and reality TV can you watch! All right I made my spiel, come on down to the lodge and join us in the poker room from 6 to 9:30pm for some friendly action of poker. Our games are 95% "split the pots" and remember we don't have a yearly dues. Questions, give me a call Ed Day at 771-0638.

#### Grief Support Group

If you are experiencing grief, loss, or transition, you may be able to find support and encouragement as you grieve and heal.

Diane Wilson, Health and Wellness Chaplain, is available to receive Individual Grief Support telephone calls and emails.

Karen Bolte, Sutter Health Bereavement Chaplain facilitates the Sunshine Services Grief Support Group, which meets on the 2nd Wednesday of each month, 9:00 to 10:30 a.m., in the Club/Poker Room. Please contact either of us at 916-837-1109 for further information and questions about the group, or to schedule an appointment for individual support.

#### Alzheimer's Support Group

Alzheimer's Support Group meets the 3rd Thursday of each month, 6:30pm at SCR main lodge.

### COMMUNITY —

#### Semper Fi Association

The Semper Fi Association meets the first Monday of the month at 9:00 am at the Legends Restaurant at Woodcreek Golf Course, 5800 Woodcreek Oaks Blvd. in Roseville. Come early to purchase breakfast before the meeting. For more info: Semper Fi Association: Don Witt, Public Relations Chairman, Phone: 916-573-1704 Ext: 0001. Email: semperfiassociation@gmail.com Web: www.semperfiassociation.org Marines and Navy Corpsmen especially invited. Hope to see you there.

#### Sons In Retirement Branch 13

Sons In Retirement Branch 13 (Lincoln/Roseville) will hold its monthly luncheon on Tuesday, April 16th at Catta Verdera Country Club, 1111 Catta Verdera Drive in Lincoln. This is a great way for men new to our area to meet other men. A three course gourmet lunch costs \$20pp. Arrive at 11:30AM; luncheon adjourns at 1:30PM. Sons In Retirement is a fun social group dedicated to promoting the camaraderie of retired men. If you are interested in joining SIR or attending the luncheon as a guest, please contact Chet Winton (916-408-8708).

#### Sons in Retirement Branch 98

The Rocklin/Roseville Branch of SIR meets monthly on the 2nd Wednesday in the ball room of the Timbers at Sun City Roseville beginning at 10:30a.m. Join retirees for fellowship, lunch, golf, fishing, cards, and even bocce ball... many other activities also available. Call Tom Werth at 782-3536 for more information.

#### Retired Law Enforcement

Retired Law Enforcement Officers Group — Our members are either retired or active law enforcement officers and we have quarterly breakfast meeting with guest speakers. Please join us for some camaraderie with America's finest. Contact Chuck Schmidt, RLEO Coordinator: 530cms@gmail.com

#### Parkinson's Support Group

If you have been diagnosed with Parkinson's Disease or care for someone who has, we invite you to join us at the monthly West Roseville Parkinson's Support Group for informational and inspirational discussions with others on the journey.

4th Tuesday, 2:30 pm – 4:00 pm  
Sierra Pointe Senior Living  
5161 Foothills Blvd., Roseville  
Contact for more information: Jim Morris 916-359-4859. Parkinson Association of Northern California: 916-357-6641

#### Senior Peer Counseling

Senior Peer Counseling provides free, in-home peer support; to Placer County residents age 55+ who are experiencing depression, anxiety, substance abuse, family conflict, change in independence and other age-related adjustment issues. Please call: 916-787-8859.

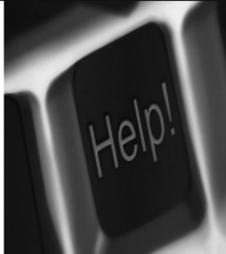
#### Essential Tremor Support

Essential Tremor will now be meeting on the first Saturday at Kaiser Permanente, 1600 Eureka Rd, Roseville Woman's and Children's building B16. Our meeting starts at 10AM. For further information call Paula Lavin 771-4866.

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## Tuesday Sun Seniors Bowling

(cont' from page 30)

4th qtr Champion to be crowned in early May. At that time the league will have the end of season roll-off to determine the overall Champion.

I would like to acknowledge some of our personal and team accomplishments up to this point in the season.

Team Scratch Series: "We Don't Care" (CJ Johnson, Jim Gothier, Richard Armentrout, PK Lewis) 2527

Team Scratch Game: "Shuda Been" (John Cho, Sue Mattimoe, Jeff Mattimoe, Dave Harriman) 857

Team Handicap Series: "Something Missing" (Carol Torno, Bob Vincent, Roy Hackman, Ron Basnett) 2836

Team Handicap Game: "EZDuzit" (Bernie Pratt, Patrick Heredia, Pete Farrar, Owen Brosh) 1040

Men Scratch Series: CJ Johnson 748, Ron Basnett 702, Dale Mellberg 694.

Women Scratch Series: PK Lewis 662, Pat Fisk 573, Claudia Dehart 555.

Men Scratch Game: Roy Hackman 300, Dave Harriman 300, Joe Ortiz 258.

Women Scratch Game: Helen Rodante 226, Wendy Green 225, Karol Rich 216.

Men Handicap Series: Jeff Mattimoe 831, Mike Becze 781, Dennis Thompson 775.

Women Handicap Series: Debra Scott 760, Rumiko Asbell 742, Marilyn Edwards 735.

Men Handicap Game: Jack Uchman 306, Dennis Cirrone 300, Robert Smith 297.

Women Handicap Game: Jill Munyan 294, Bernie Pratt 293, Renee Gann 273.

Well as of this article we have 8 weeks left in our season so it might be a little late to

get in on the fun at this time. However Strikes will have summer bowling leagues and there is another Fall-Winter league in September. So if you or group of friends want to come out and challenge some of these bowlers mentioned in this article, you may contact Stacey Pudge at Strikes Unlimited at 916-626-6361. You may also contact our league secretary Linda Zierman at 916-408-2397 or lzierman@sbcglobal.net. Until my next literary piece may we all overwhelm that "damn ten pin" and crush them splits.

...

## Thursday AM Sun Senior Bowlers Strikes Unlimited, Rocklin

BY CLAUDIA DEHART

Congratulations to the team Pins4Us (Richard Bronson, Jeanine Bronson, Bert Hance & Darrell Rinde) for winning the 3rd quarter.

High scores for this month were:

Ann Holbak - 176 game (+54) & Pat Basnett - 204 game (+51)

Dan Anderson - 258 game (+106), Curt Clawson - 236 game (+78), Rich Connell - 233 game (+64) & Larry Manley (+54)

Chuck Leming - 223/225 games, 647 series.

Come join the fun and meet new friends. If you are interested in joining the 2019-2020 bowling season, call Claudia Dehart at 916.645.9345 to sign up.

...

(more Club News cont' on page 33)



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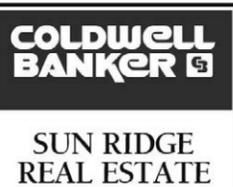
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### Thursday Afternoon Bowlers

BY JENNIFER IWIG

Hi Thursday Afternoon Bowlers hope you all are having a good time. There has been some changes in the Season High Scores; Team Scratch Series- Sleepers 2314, 4 Shades of Grey 2086, and Ten Pin Alley 2041; Team Scratch Game- Strike Force 770, Split Personalities 768, and Rack'em Up 738; Team Handicap Series- It is What It is 2911, The Go-Getters 2895, #Fab 4 2865, and Who Cares!; Team Handicap Game- Stars & Strikes 1027, A Tab Life 1014, Lucky Strikes 1003. The men Scratch Series- Dave Fisk 746, John Habein 697, and Larry Johnson 666; Scratch Game- Roy Hackman 300, Bob Barrows 258, Jerry Gordon 252; Handicap Series- Randy Dvorak 810, Marv Zamba 795, and John Vogeli 792; Handicap Game- Paul Carroll 352, Al Raub 306, and Horace Snowden. The women Scratch Series- PK Lewis 641, Marie Messina 545, AND Dee Maher 537; Scratch Game- Karen Markie 235, Debra Scott 218, Terri Krcha 202, and Toni Brown 202; Handicap Series- Carol Golbranson 781, Margo Zamba 779, and Anita Miller 767; Handicap Game- Sharon Shelvon 304, Judy Butler 293 and Marion Munoz 293. Congratulations to all!

### Mah Jongg

BY CINDY FAULKNER

We have now received our new Mah Jongg Card in the mail and are anxious to play with it. Does it have your favorite hand or does it look more challenging than the last card? It is new and exciting to start learning a new card. Every year we look forward to a new card and we miss the old hands and lament loudly. Enjoy

this card as the year goes quickly by.

We welcome our new students to the Mah Jongg class: Mercedes Pack, Janet Preis, Brence Davis, Dev Corlett, Wendy Lentz, Therese Leonard, Judy Stokes, Chris Bernasconi, Edie Durham, Gail Brooks, Kathy Bomar.

Our next lunch followed by Mah Jongg play will be on Friday April 26, at 11:30am at Sierra Pines. Lunch will be catered by Sourdough and Co. Sign up sheets will be in the card room. Hosts will be Flo Miles, Dana Eggerts, Angie Gamble, Sidnee McKinney, and Cindy Faulkner. Any questions regarding the luncheon, contact Cindy Faulkner 916 772 0682.

All Mah Jongg play is fragrance free.

### SCR Bridge Club

BY JEAN ECCLESTON

Let's take a walk back in time and see how our Bridge Club was started. The date was 1995, on a wet and muddy day in March, Founding "Mother" Jean Hedin organized the first SCR Bridge game in a trailer on Pleasant Grove Boulevard. Only 25 homes made up our community here in Sun City. Twenty people gathered bringing all the necessary material. Start-up expenses were financed by generous donors, Bob Boggs, master bridge player, and Thera Squire, SCR resident and benefactor. During that year, a Social Group, Beginner's Group and a Duplicate Group were formed. A charter enabled SCR Bridge Club to be a part of the SCR Association.

In 1996-1997 the Timbers Lodge opened and the Bridge Club moved into the Card Room. As more people moved in to our community, the Bridge Club membership

grew. Bob Boggs started and continues to this day giving Bridge lessons free, charging only for materials. Willi Williams also taught and continues bridge lessons free to beginners and the Fun & Friendly group. Also this year, a Christmas Party was organized, by Ed McCooey which was the beginning of our year-round quarterly tournaments.

In 1998-1999 The Club became an ACBL member where members could earn masterpoints in sanctioned club games. Club membership topped 370 in 2003-2004. Over the years a budget was adopted, and bidding boxes, a Duplimate machine and Bridgemates were purchased all with the help of SCR Association.

Throughout the twenty-three plus years, the Bridge Club has involved numerous people who have given their time and talents in making this challenging game of Bridge a pleasure to play, and a pleasure to know so many wonderful people.

If you are not signed into the Sun City Roseville web site, you can access all ACBL Duplicate information on BridgeWebs at: <https://wwwbridgewebs.com/suncityroseville/>

### Bunco

BY PAT OBERLANDER

Winners for February 11 —  
Most Bunco's: Helen Blankenhorn  
Most Games: Audie Gould  
Winners for February 25 —  
Most Bunco's: Carol Del Sarto and Vivian Shahoian  
Most Games: Helen Blankenhorn, Audie Gould and Pat Oberlander  
Booby: Sydnee McKinney and Marty  
Come join us 2nd & 4th Mondays! No training necessary, just luck. Sign in starts at



Bunco Winners!



8:30am and we start playing at 9am. Good way to meet neighbors and lots of fun. We'd love for you to join us. We're in the card room at Timber's Lodge. You don't have to commit to every time, but once you start, you'll be hooked. Come on down! We'd love to have you!




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# Observations on This and That

BY MARTIN GREEN

Spam: Like most readers, I suspect, I routinely delete the Spam e-mails that I receive every day. But, every now and then I become curious as to what's going on in the Spam world so actually read some of them. In the past, many Spammers were concerned about my sex life. Other Spammers informed me I'd won millions in some lottery and I just had to take a few simple steps, like sending them some money, to collect my prize. Nowadays, the Spammers seem to be worried about my finances. Speedy Net Loan would give me up to \$5,000. This was nothing. Financial Help would give me up to \$35,000. Personal Loan Offers said I could get up to \$40,000 in just a day. Globe Life offered "final expense insurance" where \$1 would get me \$50,000 and advised, "Don't Leave Your Family Buried in Debt." Windloot didn't offer me a loan but told me I could get into a contest with a "Grand Prize Giveaway" of \$10,000 a month for life. They didn't tell me what the odds of winning the Grand Prize were. Well, with all of those loan offerings I guess I don't have to worry about my financial future. I'll check back in a few months to see if there's anything new going on in the Spam world.

As I have mentioned in the past, some of my fondest memories of growing up in the Bronx are of playing handball and I know that Vic Herschkowitz and Moe Orenstein, the two outstanding players of my day, although New

Yorkers, were not from the Bronx. I Googled again (because once you start Googling it's hard to stop) and found one great handball player who's a genuine Bronxite, Fred Lewis, now 72 years old, so a little after my time. Lewis won 16 titles as a professional and was named the player of the decade by the National Handball Association.

I was curious as to what other persons of note, besides myself, are from the Bronx so I did my research, i.e., I Googled. I found an interesting mixture, including actress (and wife of Humphrey Bogart) Lauren Bacall; Ellen Barkin, another actress; Sylvia Sidney, a really old-time actress whom I recall from my childhood; actor Tony Curtis; composer Billy Joel; legendary Dodgers announcer Vin Scully; actor, writer, everything Carl Reiner; and author (Caine Mutiny, Winds of War and others) Herman Wouk.

I remembered seeing Carl Reiner on a TV show about elderly entertainers not too long ago, so again I Googled, and he is still going strong at 97 years old. Carl Reiner reminded me of Sid Caesar and I recalled that Sid had lived to an old age; I found he passed away in 2014 at 91. I wondered about Tony Curtis and sadly found he'd died in 2010, age 75. Somehow it's always a little surprising to discover that the film stars of your youth are no longer young but have aged along with yourself.

What's New: For any reader who's missed

it, Meghan Markle is an American actress who married Prince Someone-or-Other of the British royal family and whose every move since then, and also leading up to the wedding, has been reported on. I've noticed that several other things have also become almost daily news stories. Some passenger is thrown off an airplane for some reason or other. A huge fish or something else is found washed up on a beach somewhere. Some person has an encounter with a bear, a mountain lion or an alligator.

Some words and phrases also seem to come up constantly in the daily news. The one phrase I remember from years past is "no boots on the ground." Nowadays, bills in Congress are pronounced "dead on arrival." Politicians are always saying that the American people deserve to know, want to know or have to know about something. Something is always going viral. Then there's HashtagSomething and Tweet.

Herman Wouk and Old Age: Readers know that I'm interested in anything having to do with old age. I noted above that Carl Reiner is still going strong at 97 and Herman Wouk is, as far as I know, still doing the same at the incredible age of 104. Here's what he said when asked what he meant by being a "cheerful centenarian", Wouk said, "Well, centenarian needs no explanation. It's cheerful that requires some. Well, setting aside the infirmities that come with it, it's a great time of life. I wake up every day and I'm thankful to the Lord I've arrived here, four arms and legs, eyes still working, ears still working. That there is a reason to be cheerful if one thinks

about it. As for the infirmities, that's part of the game. You've got to pay, and what you pay on the way out depends on how far you go, I guess, to see how long the coupon will last."

I can't say I'm with Wouk in being cheerful about my old age and the infirmities that come with it, but I am cheered that he and Carl Reiner, fellow Bronxites, are still alive and kicking and hope that bodes well.

## 4th Annual Garden Faire

The public is invited to learn about all things gardening at the 4th Annual Garden Faire, Saturday, April 13th, from 10 a.m. to 3 p.m. This year, the Faire will be free for adults and children at a new location, the Maidu Community Center at 1550 Maidu Drive in Roseville. Presented by the UC Master Gardeners of Placer County, the Garden Faire will feature speakers and educational activities for children and adults.

Come for the day or just for a while and enjoy all things gardening! Parking at the Maidu Community Center is free, and registration is not required.

For a complete list of Placer County master gardener events, visit <http://pcmg.ucanr.org/>. Home gardening questions? Call the master gardener Hotline at 530-889-7388.



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**ORGAN CONCERT:** Dr. Ryan Enright plays the early Baroque style pipe organ at St. Andrew's Episcopal Church, 7850 Watt Ave., Antelope on Sunday, April 7, 3 pm. Free admission, donations welcome! 916-320-8423.

**BOWLING — SUMMER LEAGUES** Are Forming: Age 50+, Sun City Residents and also outside residents. Invite your friends! Tuesday - Pin Blasters — This is a USBC sanction league. Location: Strikes Unlimited, Rocklin. Start May 21st at 9:30 AM. Contact Carol Torno, 916-757-1921, pinblasters@gmail.com  
Wednesday - Silver Strikers — This is a no-tap league. Location: Strikes Unlimited, Rocklin. Start June 5th at 12:30 PM. Contact John Bache, 916-546-6478, johnnyplus03@yahoo.com

**PLACER VETERANS Stand Down Event:** May 14 thru 16, 2019 Gates Open at 8AM • @theGrounds • 800 All American City Blvd., Roseville. We have an urgent need for dentists, hygienists and dental assistants to help in the dental clinics at our event in May 14th and 15th. The time commitment is for 4 hour shifts. You can easily register at www.placerveteransstanddown.org.

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**Business Ads** are 15 words for \$25 for one-month. Additional words \$1 each. (\$65 for three months for the same ad.)

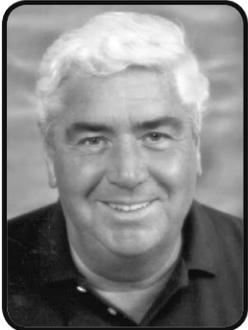
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