

SUN SENIOR NEWS

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The Miles — Flaming Love

BY RUTH MORSE

A local mural artist from Cool (in El Dorado County), Michael Stratford, painted a European scene on the interior wall of a restaurant known as Venita Rhea's in Rocklin. Tim and Flo Miles admired the painting, located the artist, and hired him to paint a scene in their breakfast nook from a picture they had taken on a cruise to the Monte Carlo area in Monaco. It took Michael about a week to project the photograph, pencil in the sketch and complete with oils. This was soon after they had purchased their Sun City home and moved in with Flo's mother about twenty years ago. Flo's mother, who had mild dementia at the time, was fascinated by the process and spent hours watching his progress. The painting makes it appear as if one is looking out a window onto a waterfront scene. It is striking. Michael Stratford's work



Tim and Flo Miles with their dog BooBoo.

PHOTO BY RICHARD PAINE

as a muralist is also on view in Auburn, Folsom and other local places.

The wall scene may be European in

nature, although Tim's and Flo's roots go deep into the San Francisco landscape. Both of them grew up in San Francisco and they continued to live in the Bay area until they moved to Roseville. However, school, careers, two marriages ending in divorce, and the birth of six children occurred before they met. When they did finally meet and marry in 1989, they discovered that they had many mutual friends.

Tim Miles was raised in a Catholic family who lived near Golden Gate Park. He attended a Jesuit high school named St. Ignatius. After high school, he went on to join the military and worked at Arlington Cemetery. His group was responsible for assisting with Kennedy's inauguration parade and the burial of John Foster Dulles, among many others. He

(cont' on page 29)

SCR Foundation

A charitable service organization by and for the residents of Sun City Roseville

BY TONI FISHER,
Public Relations Director



The Fun and FUNdraisers Begin!

As Spring arrives following a better than normal rainy season, we look to events our Foundation offers to help us enjoy the weather and our friends. Between now and Fall, several events are scheduled which fulfill the Foundation's mission to provide services that address the physical, cultural, educational and social needs of Sun City Roseville residents beyond those services already provided by the Community Association.

As the enjoyable Speaker Series, funded by the Foundation and managed by the Activities Department, continues, March 10 brings the first of two annual Bingo! afternoons where everyone can socialize with friends and family and possibly win cash! Tickets are sold on Courier Day, March 1, from 8:00 a.m. to noon and at the door the afternoon of the event. To refresh you on the details, cash prizes are awarded for each game - \$100 for the early rounds and \$250 for the final special

(cont' on page 30)

Sun City Singers

BY JACKIE PROETT

It's March and the Red stop light has turned to Green. Red reminded us to stop eating all that Valentine candy and Green tells us to go ahead and celebrate St. Patrick's Day on March 17 and the first day of spring on March 20. Green is for Shamrocks, Leprechauns and cabbage (which goes famously with corned beef). Green is also for new life, and the blessing of rain that has tinted our grasses that special shade of emerald. March maybe breezy and sneezy, but it is oh so green!

Speaking of new life, we are so happy to welcome back Sopranos, Patricia Zednorozec and Renee Lewis who has been a special part of Singers for many years. Thanks Ladies, every voice counts.

The Singers are never green when it comes to preparing a Concert. This should be a fun one. It proves that the "twain" in the old adage, East is East and West is West, can indeed meet on Broadway! "Y'ALL COME TO BROADWAY", is the title of our Summer Concert on Monday June 3 at 7:00pm in the Timbers Ballroom. Tickets are \$12.00 each Get yours early! Can you imagine an entourage of kazooos, washboard, gut-bucket and singing-saw meeting up with Broadway's finest? See for yourself, Y'all come!

There is still time to be part of that concert. Come join us. We meet every Thursday at 2:30pm back of the Ballroom. We may not be Leprechauns but we'll give you a pot of gold music to sing and make you feel like your blessed with the luck of the Irish. Go Green!

• • •

Harmonicoots

BUD GARDNER & JENNIFER MARTIN
They're here! Tickets for the Coots' Jamboree, May 14, 2019, are on sale (\$15) from any member of the Harmonicoots, at the Coots' table on March 1st and 2nd, during Courier Days, or call Bud Gardner at 916-781-2830.

High praise to Terry Armstrong for her outstanding graphic artistry in creating our Jamboree poster, flyer, and tickets as she has done for us across the years.

This year's Jamboree headliner is Chris Bauer, a stellar, professional harmonica player, who plays with a free sense of swing and joy. For 40 years, Chris has performed popular jazz and timeless standards on the chromatic harmonica. His father, Bob, had played with the Harmonicats, the trio which took the harmonica to worldwide prominence. In international competitions, Chris has placed as the highest American player several times. Over the years, he has performed at many venues, including B.B. Kings, Kenny's Castaways in New York, SPAH Conventions, and the harmonica role in the play Big River. You will marvel at his virtuoso harmonica talent



Chris Bauer

The Harmonicoots, known worldwide, have been invited to possibly host the 2022 SPAH Convention in Sacramento. SPAH stands for the Society for the Preservation and Advancement of Harmonica. In 2009, we hosted the most successful SPAH Convention

(cont' on page 5)

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SUBMISSIONS

The Sun Senior News - Roseville welcomes announcements from social clubs, schools, charitable organizations, non-profit organizations, local government and community events. Also, editorial contributions as well as articles, cartoons and photographs are welcomed and considered for publication. Deadline for submissions is the 15th of each month. *Please submit via email to: egnews@egnews.com*

All information submitted to the Sun Senior News - Roseville must be accompanied by your name, phone number and written consent. All letters received become the property of the publisher (EGnews Inc.). The Sun Senior News - Roseville reserves the right to edit letters for publication and liability purposes and are not guaranteed to be published.



Letters to the Editors...

Authors are solely responsible for the content of their letters.

So — What is behind our next association dues increase?

The talk around town is that the next dues increase will be a hefty one – perhaps as much as six dollars. So, we decided to look into it and determine the reasons for a larger-than-normal rise that is expected to be mostly unavoidable.

First, we found that the minimum wage law in California mandates wage increases for many of our workers – those serving us in the restaurant and lounge and those doing the outside work on our golf courses and landscapes. Plus, a few others. Naturally, when such increases are forced by law, those in the supervisory and other senior positions don't want to work for the same wages. So, we need to increase their wages to acknowledge their additional responsibilities. This reality will continue for a while. For this item, alone, we must raise our dues by \$2.50 on July 1!

Second, from our beginning, those in leadership positions have insisted that we keep our Reserves funded at 100% - or as close to it as the mathematics will allow. If you are a follower of the percent-funded levels of our Reserves, you will see that they have been as low as 95% and as high as 104%. The whole idea is that we must support our individual home values by promising new buyers of our homes that they will not have to 'pony up' for needed expensive asset and infrastructure replacements through a special assessment at the time when the asset must be replaced. So, instead, each of us spends a little dues money each month for those Reserves to support our home values and provide this assurance. For now, this requirement means that another \$2 will be needed from each of us come July 1.

So, if it is true that the Association will need \$6 more come July – it looks like \$4.50 of those dollars are already spoken for – largely from sources beyond our control. So, what needs are there on top of that – and what will those needs translate into in the form of additional assessment dollars?

There are many other things that add up to what is currently seen as another \$1.50.

Also facing the Association are the City of Roseville's new half percent sales tax increase

on purchases, the 12-cent additional gas tax, our vendors impact from increasing minimum wage, and higher utility rates. Inflation factors, happily, continue to be modest – in the 2 % range. However, for all the things we must buy – food, beverages, maintenance supplies, water, plants, irrigation components, office supplies, computers and associated technology – these items are not only moving up with inflation but are also up as a result of the new minimum wage law and sales tax increase – affecting us both directly and indirectly. Taken together, these externally mandated cost increases result in the requirement of an additional \$1.50 in dues – starting July 1.

Board Members and all the various Committee members are homeowners, first and foremost, and you can bet that they are not happy about having to ask our residents (and themselves) for additional dollars come July. On the other hand, they are duty bound to keep the place looking good, financially sound, and above all, protecting each homeowner's greatest asset – their home – for the day when it is time to sell it to somebody else.

*Jack Ellison, George Porter,
 Dick Conzelmann, Linda Breninger,
 Rodger Page, Jim Viele, Marsha Rhodes*

*Send your letters to the editor...
 See same page for details!*



Every month people in Sun City turn to our pages for the latest on community news!

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Harmonicoots

(cont' from page 1)

ever. Last month, 44 signed-up for Bud's beginning harmonica class, so he split the class into Monday and Thursday afternoon sessions. Thanks to all participants who have taken the plunge into the world of the harmonica. You're going to have a great time, making enjoyable harmonica music.

Kudos to Gene Preston for his expert song arranging and directing; Mary Ann Chittick for recording our songs on her clavino piano and directing; Gary Mills for his brilliant guitar work; and Lou Leger for teaching the Harmonikids at Kaseberg Elementary School.

Music & Laughter

BY JANE BOHN

If you weren't able to attend our February gathering due to a rainy blustery day, you missed hearing some truly great talent. On hand, at our "Open Mic" were the following entertainers: Belita Anatalio, a virtuoso pianist, who wowed the crowd with several special renditions of love songs in the spirit of Valentines Day; Charlie Kidd and Ken Roberts, singer/guitarists, who performed a special duet as well as individual solos and sing-a-longs; Cheewa James, who shared her interesting and funny true life stories; Christine Hohmann, another fabulous extemporaneous story teller who always keeps us captivated; Lori Burt, a newcomer to our group, who sang a duet with Jane Bohn and had our audience chime in on the chorus; Ed Lick, our regular jokester, who came with his latest funnies and included a humorous story about his precious doggie. What a fabulous hour of entertainment. Our prize winners were: \$10 to Janet Preis, \$5 to Norah Bork, and our Pirouline Chocolate Wafers went to Richard Paine. A special thank you to my helpers, Maria Hajgato and Nancy Stetz, all our fabulous entertainers and of course, our continual loyal audience.

For your convenience, our detailed flyer is located in the Club and Group section on the left as you enter our main lodge. You will note the dates we meet located at the bottom of the page. Come join us at our next "Open Mic" on March 13, at 7 o'clock held at our Sierra Pines Lodge located on the corner of Del Webb and Whistlestop Way. We know you will enjoy an hour of uplifting entertainment. The cost is one dollar and it's actually a donation which allows you to get in on the prizes. Now that is a pretty good bargain, don't you think? Bring your smiles and we'll look forward to seeing you there.

...

SCR Dance Club

BY LINDA AUG

Don't let the winter chill keep you inside. As we watch the raindrops tap on our windows and the winter cold keeps us indoors, the Dance Club has many classes to offer for indoor exercise, fun and socializing!

The Dance Club "Marches" into Spring with many exciting classes, socials and workshops. Mark your calendars for a Line Dance 1 Social on March 20. Check the flyer kiosk for more information.

The Line Dancers haven't let the grass grow under their boots in February. Dancers were corralled to a Line Dance 2 Workshop on February 2 where new and more advanced steps were introduced. Line Dance 2,3, and 4 sweetened the dance floor on February 13 with "Heart's Delight" where all could enjoy dance routines taught in class.

We continue to feature our dance instructors as we swing into spring! Married for 66 years, Jim and Jeanie Keener moved to Sun City in 1996 and began teaching line dancing. Prior to coming to Sun City, the Keeners started teaching line dance and country couples since the 1980's. Their love of dancing took them all over the central coast, teaching and performing with dance groups at festivals, weddings, and private parties.



Jim and Jeanie Keener

The Keeners attended various workshops around the country during their annual trips to the "International Line Dance Spectacular" in Las Vegas. "Dancing has been and continues to be a great part of our life. We enjoy meeting people, making friends and having fun. It's been a pleasure to teach at Sun City for all these years. Our motto is "Keep Moving". You will find Jim and Jeanie "marching" in step at the Line Dance 3 and Circle Dance classes. Come and join them!

See you on the dance floor.

...

Creative Arts Club

BY PAT TEILH

On January 24, several members of the Creative Arts Club went on a field trip to ReCreate, a ReUse Store and EcoArt Studio, in Roseville. Our creative club artists tried their hand at acrylic paint pour. Acrylic paint pouring is a technique where acrylic paint colors are mixed with white glue and has an



Donna Self



Jill Becker Pharris

additive, then poured onto a canvas or other surface in a variety of ways. Sometimes colors are poured directly from individual cups, and other times multiple colors are combined into one cup and poured together. Even if you've never painted before and don't consider yourself an artist, this technique is something anyone can do. Many beautiful masterpieces were the result. A fun project to try with grandchildren.

The annual Spring Art Show is March 15-17. The Spring Art Show is a fabulous way to socialize with people who share similar interests, you will probably go home with a treasure or two. Many unique and one-of-a-kind creations can be found in all classrooms, the Lodge Lobby and in the Ballroom.

Creating art brings joy to one's soul. It's a piece of your heart. Look at the works you always wanted to do but didn't think you had the time because of work and family]

[obligations. Now you can get out and do these things. Come visit our many creative art classes, there is something for everyone.

...

Needle Arts Club

BY CAROLYN DESANTIS

Our Wednesday, March 6 meeting will feature Janet Paluch, "Parade of Coats" modeled by our members. This is an amazing approach to making a coat for everyone. This will take place in the Partial Ballroom at 2:00pm.



Needle Arts Vice President CJ Kidd and the presenter at the February Needle Arts General meeting, Jonelle Tannahill.



Needle Arts member Ruth Berger who received a door prize from presenter Jonelle Tannahill at the February Needle Arts General Meeting.

Don't forget the Spring Arts/Craft Show. Fine Arts starts the weekend with a show in the Ballroom Friday evening, March 15, 5:30-8:30pm then on Saturday 10:00am-5:00pm and Sunday 11:00am-3:00pm Needle Arts will be selling handmade items in the Needle Arts Room.

On April 3 we will have Nancy Brown featuring stories behind her animal designs used in quilts, again in the Ballroom at 2:00pm.

May brings you the spring event which is a fashion show and luncheon, "Sweet Spring" held Friday, May 3, 11:00am in the Ballroom. The fashions modeled by our members will be from J. Jill. Tickets are \$27, guests are welcome and ticket sales begin at our March 6 Meeting.

If you know of anyone who has been displaced and living here because of the Camp Fire, Needle Arts would like to reach out to them with whatever help possible. Contact Carolyn at 916-765-4690.

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(more Club News cont' on page 6)

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Fine Arts Club

BY SUSAN EDIE

March Madness is upon us again! We are all working hard to bring the community our Annual Art Show and Sale. Our artists are putting the final touches on their art work. Please join us for a Friday night reception in the Ballroom on March 15 at 5:30 pm to 8:30 pm. There will be a no host bar and lots of wonderful art to see. Mark your calendar for Friday March 15, 5:30 pm to 8:30 pm, Saturday March 16, 10 am to 5 pm and Sunday, March 18, 11 am to 3 pm. This should be a great show and lots of fun. We hope everyone will participate as seller, buyer or viewer. If you are a club member who is not showing, please participate as a hostess or cashier. It takes the whole club to put on this event. Don't miss our friends in the needle arts and creative arts rooms. More to see every year. Bring your friends and family. We really hope to see a big crowd this year. Artists will be there to share their work with you and let you in on what inspires them to create their art.

Our monthly meeting which is open to all residents of Sun City will be on March 14 at 1 pm. Following our meeting and snack break our demonstrator for this month will be Lynn Slade. Lynn is a fabulous watercolor collage artist. Her work is filled with energy and depth. Plan to attend and be wowed.

Sign up for April classes. We offer 5 different classes in oil and acrylic. Check out our calendar in the window by the Fine Arts Room or on our website. Wednesdays are open studio days. We invite you to join other artists and work on your own while enjoying the company of other members. It is a fun day to paint, share and explore. Bring a bag lunch.

• • •

Cinema Group

BY DICK FERGUSON

Join the Cinema Group for their March movie: "The African Queen"



In Africa during World War I, a gin-swilling riverboat captain, Humphrey Bogart, is persuaded by a straight-laced missionary, Katharine Hepburn, to use his boat to attack an enemy warship.

The American Film Institute includes *The African Queen* on its list the "100 Best Films of all Times."

Humphrey Bogart won an Oscar for his role.

Katharine Hepburn was nominated for Best Actress.

John Huston was nominated for Best Director.

John Agee and John Huston were nominated for Best Screenplay.

A reviewer wrote, "perfectly cast, smartly written, and beautifully filmed, *The African Queen* remains thrilling, funny, and effortlessly absorbing."

Friday, March 15th • 1:30 pm, Sierra Pines, Spruce Room - Admission is Free!

For information: Dick Ferguson 916-773-1298.

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(more Club News cont' on page 7)

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Heartland Group

BY RAYANN GOLDA

The Heartland Club will host an event on Saturday, April 27, 2019 at 6 PM at Sierra Pines. The theme will be Spring Fling Extravaganza. Not to be missed will be a fantastic variety show for your enjoyment.

Dinner will be catered which at this time is still undetermined (watch for email updates), As always coffee, water and hot chocolate will be provided. BYOB is accepted. We provide the bottle opener! Ticket price is \$15 per person.

Membership is \$3 per resident per year. You can mail your check to Ray Ille (Heartland Club 5416 Campcreek Loop, Roseville, CA 95747) or include it with your money for the next event. Phone: 916-780-1660. (Membership dues run from July 1 to June 30.)

The Heartland Group is open to all Activity Card (previously referred to as Association Membership Card) residents of Sun City. We think you will be comfortable with the group whether you are single or couples. There you have it; a mix of residents who come to have some fun. You won't be disappointed.

The Heartland Group meets four times a year usually on the last Saturday of January, April, July, and October. The membership year runs from July to July.

Questions: Joe Flores (President) 580-3787.

• • •

Singles

BY DAWN BECK

We're all Irish on St. Patrick's Day and most of us like to celebrate by wearing a shamrock and drinking green beer. In fact Chicago has dyed their river green for the holiday since 1962. New York City has the

world's largest parade and many of us have seen or been part of the one in San Francisco. But there's more to the holiday than just green beer and parades. The four-leaf clover has a special meaning: Faith, Hope, Love and Luck. How could anyone go wrong with that attitude?

We'll be having our St. Patrick's potluck on March 16 at 6:00pm at Sierra Pines. Sign-ups are at the regular meeting March 6. We need corned beef, potatoes, carrots, cabbage, salads and desserts. Anyone know how to bake soda bread? Joanne LaPorte will entertain us with some Irish songs and hopefully members will tell some good Irish jokes. Members can pay \$10.00 at the door if they prefer not to cook while guests pay \$12. Bring your own beer or wine.

Reservations must be made no later than noon Thursday, March 14. Call Ann Salazar at 916-474-4956 or Dawn Beck 916-771-5645.

If you want to get better acquainted with more members join up for Fun and Games. Our chairperson for Canasta is Cela Armstrong at 916-782-4722. Janice Shreve at 916-773-1816 is the chair for Mexican Train, and Susan Borkland at 916-249-0000 is our Hand and Foot chair. The games are fun and easy too learn. Be adventurous and try something new.

Anyone single or living alone can join Sun City Singles. Contact Pauline Battle, Membership Chair at 916-711-0880 for further information. Singles meets in the ballroom on the first Wednesday of the month at 6:00pm.

• • •

International Social Group

BY CYNTHIA SINDREY

The International Social Group would like to welcome our recent new members and hope they will enjoy the fun meetings we have.

The 'Bringing In The New Year' dinner and entertainment at Sierra View Country club proved to be a huge success. The Country club did an outstanding job of serving great food and servers were quick and friendly. What more could you ask for? and we didn't even have to do the dishes. Mike Branson had us all singing and dancing and our single members did not have to sit and watch as everyone male and female were mixing. I even got to dance with Mike Branson. The next event on Wednesday, March 27th, we will be honoring Ireland with a dinner and entertainment which will have an Irish Theme. No, it is not a St. Patrick's Day event and we are not serving corned beef and cabbage. We thought that by the end of March everyone will have had enough corned beef. Come on by and see what we are really serving. In May we will choose India as our theme country and it will be honoring India and also American Indians. Of course the food will be authentic Indian and our member, Cheewa James will be the entertainment. If you haven't sent in your dues for 2019 yet, please do so. It is only \$10 per person for the year and new members are always welcome.

Flyers and member applications can be found on the rack in the lobby.

For further information please contact: Cynthia Sindrey, President 916-773-5151 or Gini Christiansen, Co-President 916-772-0506

• • •

Boomer Generation Club

BY CAROLE MCCULLOUGH

Do you have Spring Ever yet? March is here and should warm us with more sunshine and wash away the winter blues.

The year has just started and the Boomer Club has been active. January was our After-



Holiday Party with a Mardi Gras theme. February Our General Meeting was held at Sierra Pines where members heard what exciting events will take place this year. March's event will have a St. Patrick's Day theme on the 21st, along with our Council meeting on the 12th held at the Lodge. The next Boomer General meeting will be held April 18 at 7:00 in Sierra Pines, remember its BYOP (Bring Your Own Party). Keep your eyes open for the date of our next Wine and Cheese Extravaganza coming this Spring.

Featured SIG (Special Interest Group): This month's SIG is our Wine Club. February

(cont' on page 9)

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Boomer Generation Club

(cont' from page 7)

2 the members met at Sierra Pines to share wine, appetizers and fabulous company. We were asked to bring a wine from the Southern Hemisphere. The club has become quite popular.

Check out the other SIGs on our website. One can chose from Golf, Dining Out, Bunco, Bowling, Walking, Progressive Dinner, Movies or Book Club. Times, dates and who to contact is listed on the website.

Remember it's never too late to join the Boomer Generation Club. Are you young at heart or just like to socialize and have fun, you are part of the Boomer Generation?

• • •

Jewish Fellowship Circle

BY STEPHEN EMANUEL

All those members who paid their dues for this year enjoyed our annual no-cost Lox & Bagel brunch. If anyone has not paid their dues yet, it's not too late to join; but sorry, no free bagels. Our first event of this month is our Friday night Oneg Shabbat on Friday, March 1, at 7:30 pm in Sierra Pines. Services will be led by Barry Tossman and the Oneg presented by Inge Farkas.

Our cultural event for March will be on Friday, March 22, 1:30pm in Sierra Pines. As of this writing we don't have a specific program but you may contact Rita Abbott for details.

On April 23, we will have our Passover Seder. This year we will have it in the Solarium. It may be in the partial ballroom if enough signups warrant a larger room. Prices and details have not been finalized as yet but Manny Hirschel will keep us apprised later this month.

Also in March, the Jewish Film Festival returns to the iconic Crest Theatre in Sacramento on March 7-10. We may organize a car pool system. For further information on the Festival, visit the Crest website at crestsacramento.com

• • •

SCR Travel Club

BY GWEN MYERS

Upcoming trips: Fliers are in the Lodge kiosk or go to the SCR Travel Club on SCRES.com to review. Registration is completed by trip registrars at monthly meetings or contact the registrars listed below..

2019 —

March 10-22: Italian Vistas — Contact Joy Winston, joywinston4094@comcast.net

March 21-29: Explore Tuscany — Contact: Joy Winston

April 14-22: Sail the Pacific Northwest (Columbia River) — Contact: Phyllis Melberg, pmmelberg@surewest.net (Note: corrected email address)

June 8-15: Magnificent Michigan featuring the Mackinac Island Lilac Festival — Contact Barbara Wells, barbwells@comcast.net

*New! July 29-August 1: Pageant of the Masters, the Time Machine — Contact Joy Winston

August 1-12: Norwegian Coastal Voyage - Contact: Pamela Cringle, itshouse@comcast.net

August 13-20: Discover North and South Dakota - Contact: Pamela Cringle (see above)

September 21-28: Journey Through the Clouds — Calgary to Vancouver BC - Contact: Phyllis Melberg, pmmelberg@surewest.net (Note: corrected email address)

October 10-18: The Great Smokey Mountains — Contact: Phyllis Melberg (See above)

**New December 8-15: America's Music Cities Holiday (New Orleans, Memphis, Nashville) — Contact: Pamela Cringle, itshouse@comcast.net

The next general meeting will be on Monday, March 25 at 3 pm in the Ballroom.

Note: Please email large and small group photos from your recent Travel Club trips to Gwen Myers, gwen.g.myers@gmail.com. Include what trip and where the photo was taken. Thank you.

• • •

Computer Club

BY P.J. PALMER

General Meeting — Monday, March 25, 10:00am in Ballroom. Mury Shohat will talk about buying/selling online. Everyone is welcome at this meeting.

Council Meeting — Monday, March 25, 9:00am in Computer Room.

Special Interest Groups (SIGs):

Digital Imaging and Editing — March 1: First Friday, 10:00am, Computer Room. Explore Camera Usage. Learn to edit, process images, and improve photos on your computer. Call Charlyn Ross at 772-1447.

Genealogy — We will be having a Beginning Genealogy Workshop on Saturday March 9, Saturday March 23, April 13, April 27 with Vi Parsons. Sign up in the Computer Room. \$25.00 for 4 sessions.

March 14: Second Thursday, 1:00-3:00pm in the Computer Room. No formal speaker. Bring your family history paperwork, your questions, your laptop (optional) and/or flash drive and we will help you enter your information. If you haven't started yet or need help stop by the Computer Club table at

Courier Day, Friday March 1 or the Computer Room anytime to pick up a 'starter packet'.

PC Forum — March 7: First Thursday 3:00pm in Computer Room (subject to change). Topics for more advanced computer users, but all are welcome. Alternate leaders of discussions.

Android Phone Help — March 15: 3rd Friday, in Computer Room for help with Android Phone and Tablet help with Tom Gottdiner 1-3pm.

All 'Bout Apple — March 12: Second Tuesday, 7:00pm, in Aspen Room. All user levels of MAC computer, iPad and iPhone. Information: Charlyn Ross, 772-1447 or Dennis Studer, 899-8221.

Photo Sig — March 15: Third Friday, 10:00 am, Computer Room.

March's theme: "Letter T". Something shaped like the letter "T" or something that starts with the letter "T". Members email up to three photos to PhotoSIG916@gmail.com by March 11. Contact Dennis Studer-yostuder@yahoo.com.

idevices — will return Wednesday, March 27 at 6:00pm or check monthly Monitor calendars for help.

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Postage Stamp Group

BY TIM MILES

March is here and we have two meetings scheduled for the first and third Thursday of the month (March 7 and 21) at 6:45 pm. We'll be at the Sun City Roseville Main Lodge (7050 Del Webb Blvd). Plenty of parking and easy access is available) We are affiliated with the Roseville Chamber of Commerce and it is attracting new members. We had a couple of newcomers at our last meeting.

If you haven't paid the 2019 dues yet, contact Steve Emanuel or Al Capparelli (916-771-8288) for any questions. Also, the club has recent additional collections and philatelic supplies available. The St. Valentine's day meeting was about both foreign and domestic stamps. Some members bring whatever albums they have questions about and there is always somebody available to assist.

After the wonderful dinner at Claimjumper's Restaurant in January that she so ably organized, June Stark broke her wrist in a fall as she was leaving so keep her in your thoughts and prayers. She was missed at our meeting.

Please feel free to drop in at any of our meetings and bring your "olde" stamp album with the high school collection and see what things are worth now. You never know until you ask. We have all the catalogs and research publications plus a lot of the hobby

accouterments at all meetings. There are also additional stamps available at rock bottom prices, way under catalog value.

• • •

SCR Democrats

BY TONI FISHER

We want to hear from you! We know you're out there! You have suggestions and ideas to offer on how the Democrats Club can continue to grow and be responsive to its membership. Come to the meeting on March 27 and get those creative juices flowing. We will be hosting an Open Forum and providing members with the opportunity to brainstorm topics such as Programs, Member Involvement and Growing Membership in order to have a voice in future planning for our club. We last conducted an Open Forum in 2017 and implemented changes in response to your feedback. We're ready to get to work! Meetings are held the fourth Wednesday of the month in the Ponderosa Room of Sierra Pines, 9:30-11:30a.m.

This meeting is yet another step in our goal to strengthen our understanding of how people of similar interests and ideals can work together in order to achieve progress in improving our lives. Our very informative panel presentation at our February meeting showed us how we can also work with others of varying ideals to identify and reach common goals.

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Rods & Relics

BY ELNA RAGAN

The Club has been working hard in preparation for our Downtown Lincoln Car Show being held on Saturday, June 1. Committee planning has started, and meetings have been held. We are busy lining up trophy and major sponsors and have The Waffle Farm and Caliber Collision signed as Platinum Sponsors. Over the years, we have donated \$163,696.00 to local charities from the proceeds from our annual Car Show. The charities to benefit this year are: RRUFF Healing Heroes, Women of Worth, and Ride to Walk. Our Club also donates time to help at the Lincoln Library book sales, provides a car-related magazine subscription there, and sponsors a Little League Baseball Team in Lincoln.

Rainy weather challenged Car Show enthusiasts attending the Sacramento Autorama that was held February 15 - 17 at Cal Expo. The Expo showcased street rods, customs, and classics. Three of our Club members had their vehicles on display in the Butch Gardner Clubhouse. Club President,

(cont' on page 10)

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Kindly RSVP to roseville-marketing@oakmontmg.com or call LaDonna at 916-993-3140, as space is limited.

There will be special door prize drawings during the event.



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Rods & Relics

(cont' from page 9)

Ray Geiger, drove his '29 Ford Sport Coupe there on Wednesday and ran into some showers. George Funk, Club Treasurer, drove his '41 Graham down on Thursday between rain clouds and escaped getting his car wet. Rich Ragan, Car Show Chair, drove his windowless '23 T-Bucket Roadster on Thursday and was drenched the last six miles of the trip. Many people stopped and visited with our Club members and said they enjoyed the extensive variety of vehicles on display in all of the buildings.

On February 21, Board member elections were held at the General Business Meeting for the following three positions in our Car Club: Treasurer, Activities Director, and Member-At-Large. More information regarding the elections will follow in the April newsletter.

If you own a 1975 or older American-made or American-powered vehicle and enjoy getting together with like-minded auto enthusiasts, come out to the get-togethers listed below!

Upcoming Events

March 5, 19: Breakfast at the Waffle Farm in the Twelve Bridges Shopping Center. Members start arriving at 7:45 a.m. Join us for a tasty breakfast and to catch up on Car Club-related news.

March 21: The General Business Meeting will be held at the Turkey Creek Golf Club, 1525 Highway 193, Lincoln. Dinner is available from 5:00 p.m. on and may be followed by a speaker at 6:00 p.m. The General Business Meeting starts at 6:15 p.m.

Contact: Ray Geiger, President 1-916-543-0464

Mike Carvidi, Membership Director
1-707-849-2834

Website: www.rodsnrelics.net

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SCR Garden Club

BY JUDY SINGLETON

Are you proud of your landscaping? Does it look lovely in the spring? Would you like to have people see your beautiful backyard? If so, please consider showing off your green thumb and outdoor design abilities during the SCR Garden Club's Garden Tour which will be on May 2, 2020. We will be selecting homes for the 2020 tour this spring and are looking for SCR residents who would like to share their yard for one afternoon. If you are interested or know of a beautiful garden, please contact Judy Singleton at 916-666-7342 or email judy.singleton@comcast.net.

The Garden

Club's February meeting featured an informative presentation by Debbie Arrington, rosarian and former Sac Bee home and garden writer. Debbie discussed new trends in gardening, some of the new plants coming on the market and how people are changing their planting choices.



Debbie Arrington

Our March speaker will be Kevin Marini, Master Gardener, who will discuss raised

(cont' on page 11)



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SCR Garden Club

(cont' from page 10)

planting beds and vegetables. Kevin loves gardening and is a fun speaker.

The Garden Club meets ten months a year (no meetings in July or August) on the first Tuesday of the month at 7:00pm at Sierra Pines. Annual membership is \$15. Please complete the membership form on the Garden Club resident web page and bring to a meeting or drop it with your check into the small mailbox on the front porch of 6132 Granite Flat Lane. Guests may attend a meeting with a speaker for \$5. For further information, call Judy Singleton at 916-666-7342.

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SCR Birders

BY JANET MORELLI

The first scheduled field trip of the new year was to Cosumnes River Preserve in Galt and the weather was perfect for bird watching. What the birders hadn't realized until they arrived at the site was that the Preserve was under the protection of the National Park Service. The parking lot was gated and locked, restrooms were locked, and the visitor's center was closed due to the Federal Government shutdown. Birders were limited to the exploring the Preserve's ponds across from the visitor center. Although only 14 species were identified, thousands of migrating and resident birds were sighted, including Greater White-fronted Geese, Coots, Teals, and Black-



Great Blue Heron

necked stilts.

Two trips are scheduled for the month of March: one to Traylor Ranch in Penryn (March 7) and the other to the Yolo Bypass Refuge near Davis (March 21). The last time the Birders visited Traylor Ranch, 21 species were sighted, including Ruby-crowned Kinglets, Tree Swallows, Red-winged Blackbirds, Red-shouldered Hawks, Lincoln's Sparrow and Western Bluebirds. This will be a walking trip on dirt paths.

The Yolo Bypass trip will be birding-by-auto around the ponds where the Birders will expect to see many ducks, geese, shore birds, raptors, and blackbirds (including Yellow-headed Blackbirds). For this trip, bring the usual binoculars or good camera, money for your carpool driver and money for lunch in Davis before we return to SCR.

One very large bird that makes its home in SCR is the Great Blue Heron. It is gray-blue in color with a long yellowish bill and has a wing span of 72" and length of 50". They are commonly seen alone along the sides of ponds, lakes, and streams waiting for prey to impale with its bill. When they move, they do so in taking slow motion movements.

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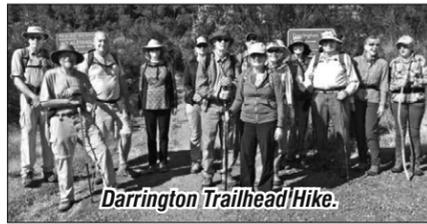
SCR Hiking Group

BY PETE GRADY

March 2019 Hikes • Start Time 9AM

Join us to try out hiking. You can hike 3 times without joining.

We meet every Thursday at 8:45AM in the Tennis Court Parking Lot.



Darrington Trailhead Hike.

Carpooling is organized for the drive to the Trail Head.

Rides vary in cost as do the hike distance and difficulty.

Please go to the SCR Website and Hiking Group to get more details on the hikes.

March 7 – Yuba River near Washington. #4 (easy to moderate). 6 miles. \$8 Ride.

March 14 – Capay Valley. #5.5 (moderate). 7 miles. \$8 Ride.

March 21 – Yuba Rim Trail. #5 (moderate). 5.25 miles. \$8 Ride.

March 28 – Darrington. #3.5 (easy). 6 miles. \$6 Ride.

• • •

Cycle Club

BY DIANA RISCHLING

Mornings are warmer, fields are greener and raindrops are fewer - it must be the start of Spring in northern California. What a perfect time to dust off your bike, give it a tune up and start pedaling along streets and trails.

Over the last few months our officers have been hard at work planning rides and events for our members and guests. Seamus Flanagan and Jeff Holland, ride coordinators, plan two club rides each month which reflect either new venues or past favorites. This gives us all a chance

to participate in rides that may be a bit more challenging than our daily outings. The fact that these rides usually include a meal adds to the enjoyment of the ride.

Social events, planned by Betty Manning and Lori Javor, bring together both riders and non-riders. We always have fun at big events like our holiday party but Lori and Betty find ways to keep us entertained and well-fed at events such as a summer picnic social or Sierra Pines patio meet-up. Again, with food and beverages as an enticement they can count on lots of participation.

Behind the scenes, president Craig Morkert, treasurer Carolyn Purdy and secretary Carol Morones, keep the club running smoothly and efficiently. We thank them all for their time and commitment to the club and to promoting cycling in our community.

If you wish to find out more about our club and its activities, please come to our monthly meeting, the third Monday of each month, 8am, at Sierra Pines. And for a detailed list of rides and activities take a flyer from the Club and Group News Bulletin Board in the Lodge.

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(more Club News cont' on page 14)



Cycle Club officers: Carol Morones, Betty Manning, Seamus Flanagan, Lori Javor, Craig Morkert and Carolyn Purdy.

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From Your Placer County Supervisor

BY BONNIE GORE — Supervisor
Placer County, District 1

My first few weeks as your Supervisor has been both interesting and challenging. The feedback I have received from you has been amazing and I look forward to continuing our dialogue.

I am excited to welcome you to our District 1 office at 117 Church Street on March 7th at 4 p.m. My goal as your County Supervisor is to be accessible to you and this open house will be a great way for us to connect. I look forward to seeing you there!

One of the most significant issues we face as a county, and as a state, is the lack of housing. Placer County has implemented a housing master plan with nine main goals. I have made it a priority to help accomplish these goals, especially new construction of attainable housing, housing for seniors and housing for the continued increase in population. Placer County has been rated as one of the top places to retire in California, and to retain that status we must continue to expand our housing offerings.

Projects like Placer Ranch and Placer Vineyards, to the north and south of Roseville, respectively, are continuing to be fleshed out and you are encouraged



Bonnie Gore

to have your voice heard. What is needed to ensure services can be maintained for current residents while we welcome new neighbors to our communities? How do these projects affect you and what can we, as the Board of Supervisors, do to mitigate any issues?

My team and I are always happy to hear from you and want to make sure any issues are addressed prior to shovels

going into the ground on new projects.

Looking Ahead

In March, the Board of Supervisors meets Tuesday, March 12th and Tuesday, March 26th. Meetings begin promptly at 9 a.m. and agendas are posted three business days in advance. I encourage you to attend or watch the meetings online if you have not participated in the past.

Our District office will begin regular office hours Friday mornings 9 a.m. to 12 p.m. beginning in March. You can always make an appointment by contacting us at 916-787-8952 or sending an email message to my District Director, Landon Wolf at LandonWolf@Placer.CA.Gov.

Have a marvelous March. I look forward to seeing you soon!

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Favorite Restaurants

BY MARTIN GREEN



I'm sure the name Boudin will be familiar to many readers, especially those from the Bay Area. I researched it (via Google of course) and found that Boudin goes back to Gold Rush days, with the first Boudin bakery established in San Francisco in 1849 by Isadore Boudin, son of a family of master bakers from Burgundy, France. Boudin is famous for the first San Francisco sourdough bread and today still "bakes daily using the same mother dough cultivated from a gold miner's sourdough starter." The flagship Boudin is at Fisherman's Wharf in San Francisco and there are 30 locations in California, one of which is in the Fountains here in Roseville. Boudin, says their website, is San Francisco's oldest continuously operating business. And I learned that the proper pronunciation is "boo-DEEN."

Beverly and I went to the Fountain's Boudin many years ago, maybe shortly after it opened, but for some reason hadn't been back there since; although, I remember that we liked it. It turns out that Boudin is one of the favorite eating places of Beverly's brother Tommy and his wife Bette and we recently joined them there for lunch. The restaurant is middle-sized with booths and tables and is pleasantly light with windows along one side. There's also outdoor seating. When we came

around 1pm, it was fairly crowded and there were a number of people eating outside as it was a nice day.

You order at the counter and our orders were delivered to our table fairly quickly. You get your drinks from a machine in a far corner. Besides sodas, there's lemonade, Peet's coffee, and beer and wine are available. Tommy and Bette both had the barbequed chicken salad, served in huge bowls and, to our amazement, both finished their meals. Beverly had the clam chowder in bread and Caesar salad and I had the French dip on sourdough with clam chowder and a small salad. We remembered from the distant past that the claim chowder was good, and it was, and so was the sourdough sandwich. I had half of the sandwich and brought the rest home, with some salad, for a second meal.

Boudin has a pretty extensive menu for a place where you order up front. It offers soups, salads, sandwiches and even sourdough pizzas and breakfast scrambles and French toast. Their menu says "New from our Kitchen" are a sourdough patty melt, a turkey cranberry bacon melt and a tuna melt. Desserts are also available: cookies, brownies and bars. I'm sure Beverly and I will be going back there again to try some of their other lunches and maybe a cookie or two. Boudin's address is 1017 Galleria Boulevard; the phone number is 916-782-1849. It's open daily from 8 AM to 9 PM.

Our friends Jan and Martin Wolf took us to lunch at a Mexican restaurant new to us, Carmelita's, in downtown Roseville. Carmelita's was established way back in 1962

by Alberto and Carmen Heredia and was voted "Best Mexican Restaurant of 2018" by KCRA Sacramento. Carmelita's website says "Inspired by Grandma Carmalita's Recipes." It's a rather small place, all booths, with kind of a skylight and also Mexican music, a plus or minus depending on your musical taste. I should mention that although in downtown Roseville on busy Riverside Avenue we were able to park just a block or so away.

Carmalita's has the standard Mexican dishes under the menu heading of "Classic," which come with rice and beans. Martin had the lunch burrito, Jan had the chimichanga, Beverly had enchiladas and I had my usual tamales. All of our meals were generous and satisfying. Besides the "Classic" dishes there are a number of "Rice Bowls," including steak Serrano, chicken chipotle and carnitas fajitas. Carmalita's has a larger dinner menu, which offers starters, soup and salads. Specialties include steak Tampiquena, chicken Serrano and chicken Chipotle. There are also several seafood entrees.

Carmalita's is at 204 Riverside Avenue; the phone number is 916-783-0411. Hours are: Monday-Thursday, 11 AM-9 PM; Friday, 11 AM-10 PM; Saturday, 10 AM-10 PM; Sunday, 10 AM-9 PM.

I'm sorry to say there were no e-mails this month but Paul Garcia and a couple of other players in the pool room recommended Moo Moo's for their burgers. I believe Moo Moo's has been reviewed here before but it never hurts to have a reminder, especially for readers in search of that perfect hamburger. Moo Moo's

website states that it is "a whimsical, full table service, casual dining restaurant, featuring a variety of cooked to order juicy burgers." There are 20 such burgers, all named Moo Something, such as the Classic Moo, sesame seed bun with Moo sauce, lettuce, tomatoes and red onions; the Double Moo; and the Monster Moo, triple decker toasted white bread, two 1/3 pound patties, American cheese, bacon, Moo sauce, lettuce, tomatoes and red onions. And there's a No Moo veggie burger.

Moo Moo's also offers a number of sandwiches, including a Rueben, Philly cheese steak, French dip and hot pastrami. Burgers and sandwiches are served with a choice of regular fries, beer battered fries, onion rings, sweet potato fries, coleslaw or a house green salad. Moo Moo's menu also includes a number of salads, such as chicken Caesar, Greek, garden, a chef salad and Moo's farm spinach salad, as well as hot dogs and fish and chips.

Moo Moo's is a small chain; ours is located at 2330 Sunset Boulevard in Rocklin. The phone number is 916-872-1261. Hours are: Monday-Thursday, 7:30 AM-8 PM; Friday, Saturday/Sunday, 7:30-9 PM/8 PM.

Last month I had a rundown of several restaurants reviewed here in 2018, including Ettore's Bakery and Café at 290 North Sunset Boulevard. Several readers have informed me that Ettore's has closed. It hadn't been opened that long but evidently ran into financial troubles. My apologies for this.

Please share your "Favorite Restaurants" by e-mailing me at mgreensuncity.com.



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SCR Tennis Club

BY DIANE BARNETT

Tennis Club member Susan Pankopf was honored at a luncheon, in the home of Cheewa James, on February 1st, in appreciation for scheduling and coordinating the Ladies Tennis Group on Tuesday mornings. Susan is pictured holding the trophy that was presented to her. Thank you Susan for all you continue to do for the Tennis Club.



Also pictured are 5 new members of the Tennis Club at the February Membership meeting/Pizza dinner. The Tennis Club Pizza dinner is an annual, FREE, event for members who paid their yearly dues by the event. Every February, the room is filled with Tennis Members who anxiously await the arrival of hot delicious, pizza catered by Pete's Pizza. This year, the tennis members were there but the 26 boxes of pizza were not. When the pizza did not arrive as planned, Social Chair Linda Gordon called Pete's and was told there was a mix up in dates. Being the professional that the owner of Pete's is, he hurriedly

delivered as many pizzas as they could quickly make, along with spaghetti and marinara sauce, fettuccine alfredo and hot baked cheesy bread, free of charge because of the mix up. The Social Committee served Caesar salad and chocolate covered ice cream bars. Our thanks to Pete's for their continued professional service and for saving, what could have been, a dinner that "almost wasn't." While waiting for the food to be delivered, wine, beer,

and soft drinks, accompanied by veggie trays with dip and chips, kept 100 hungry people comfortably satisfied. Thank you Linda and Committee.

Further information on the March Tennis Tournament is posted at the courts. Contact Patrick Maglione (740-2353) if you are interested in hosting a future Tennis Tournament. Don't miss the April Membership Meeting/Social that will feature the annual baked Ham dinner.

...

(more Club News cont' on page 21)



New Tennis members: Edie Durham, Carl Funk, Kathryn Riggs, Silvana Hughes and Dieter Rohlfelrich.



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Executive Director Comments

Town Hall Meetings Answer Questions on Upcoming Budget

BY EARL WIKLUND

Two recent February Town Hall Meetings, attended by 450 to 500 residents, focused on the explanation of the anticipated upward trend of monthly assessment increases in future budget years. The five year budget projection presented by staff to the Finance Committee in their November 2018 Long Range Planning meeting indicated that the community should be expecting future annual increases in assessments of between 3% and 4%, a jump from 2% to 3% that we have seen over the past ten years. This brings monthly assessment increases to as much as \$6 for the new fiscal year; up approximately 3.75%. Other local HOAs in the area are experiencing increases of 5% to 15%.

The expected \$6 monthly increase was broken down at the meeting into three broad areas. The highest component of the increase was \$2.50 monthly for minimum wage increases, \$2.00 per month for additional contribution to our Reserve fund to maintain the balance at approximately 100% and \$1.50 for all other expenses net of expected increase in revenue from business operations. It was also shown that of the budgeted revenue increases over the last ten years to cover rising expenses, 71% of the increase was from business revenue, maintaining the Board's goal of trying to mitigate rising dependence on increasing resident assessments.

The Board has made major changes in the structure of our annual budget to shift some of the burden away from rising resident assessments. In 2017 the Board created the Common Area Improvement Account to be funded by a new Special Use Fee paid by new homeowners and from excess business revenues generated from prior year results. Prior to this change, New Capital and Capital Improvement Projects were paid by resident assessments. This saved each resident an ongoing \$4 per month in each future fiscal year budget. In addition, the Board implemented the Alternative Investment approach to Reserve Fund investing in equities to increase the lower return from fixed rate investments. Both changes have lowered dependence on resident paid assessments.

Again, the focus of the presentation was to alert the residents on the trend of the acceleration of increasing assessments as the increase of minimum wage to \$15 plays out. When fully implemented in 2022, projection shows that the impact to resident monthly assessments will have been approximately \$14. The final proposed monthly assessment increase for the upcoming 2019-2020 fiscal year will be presented by staff in the Finance Committee's four-day budget meetings starting March 18th through the 21st. Materials from the Town Hall Meeting are

available on the resident website Announcement Page and include the video of the presentation, the powerpoint presentation with other materials and articles. Please come to the March budget meetings and give your input. In the meantime, enjoy your Community that we all work so hard to maintain the lifestyle we enjoy.

resident, is a mobile notary public (since 1975) and gets many calls to go to hospitals or nursing homes because people don't have a power of attorney already done for each other, even those who may have been married for many years. She asked us to remind residents that when there is a personal emergency (and there will be one for everyone at some time in their life) people need to have a power of attorney already done so that their spouse or child or friend can handle things for them. There're many instances where you or your family needs to be able to take care of your affairs quickly because you may be away on vacation, unconscious or dead. So, if you haven't already done so, be sure to fill out power of attorney forms, available at Staples, Office Depot or online, and get them notarized.

Thought for the Day: *Never eat more than you can lift—Miss Piggy*

Sunshine Services

BY JENNIFER MARTIN

Caregiver Relief and Individual Care Programs: If you're home from the hospital, live alone and need assistance, Sunshine's Individual Care Program provides 40 hours of care per year by a licensed home health worker. If you're a 24/7 caregiver and need some time for yourself, Sunshine's Caregiver Relief Program offers 4 hours a week for 2 years for caregivers of residents who cannot be left alone. There's a \$5-per hour co-pay for both programs. For details, call Jean Hawkins at 916-781-7705.

Director of Hospitality: We're happy to announce our new Director of Hospitality. Rebecca Hellman has agreed to step into this position to help Sunshine with fundraisers (Parking Lot Sale of coffee and doughnuts and our annual Holiday luncheon) and refreshments for our general meetings. Welcome aboard, Rebecca!

Power of Attorney: Pat Shook, SCR

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MAKING SENSE OF INVESTING

Ambassador Committee

BY PATRICIA MADDEN

In preparation to welcome new residents, the committee is testing a “Welcome Phone Call” Program. Ambassadors will call new residents to let them know they will soon be receiving an invitation to the New Resident Reception. In addition they offer to answer any questions the new resident may have about SCR and its surrounding communities. Responses to this approach will be reviewed.

Ambassadors Rosemary Denise and Judith Shively attended the January Roseville Chamber of Commerce Luncheon sponsored by Roseville Electric Utility. Roseville Electric Utility gave a brief presentation on their services.

This spring, Ambassadors will host

an informational meeting for Relators. Karen Cochran and Penni-Lu Hansen will provide information about community guidelines for Sun City Roseville residents. As Ambassadors, they continue to emphasize SCR as the “Premier over 55 adult Community in Northern California.”

Ambassador Leah Delury continues to schedule the numerous request for tours of our Sun City Community. Other Ambassadors greet and meet with these visitors to review all the activities and events available to all residents. In addition the Ambassador walk the visitors through the Lodge, facilities, such as activity rooms, the Fitness Center, the ballroom and restaurant.

The March Ambassador Meeting will be held on Tuesday, March 19th, at 2PM in the Card Room. Residents are always welcome to attend.



The Sun City Roseville Ambassador Committee comes together to work on a variety of interesting responsibilities and activities.

Compliance Committee

BY SCOTT TITENSOR

Do Your Trees and Shrubs Need Attention?

Sun City Roseville is blessed to have so many beautiful trees. They clean and cool the air and are especially helpful during our hot summer days. Like all living things, our trees and large shrubs require periodic attention to keep them healthy, beautiful, and hazard free. March is a great time to address these important assets while the temperatures are cool.

Our Association Rules, Design Guidelines, Section 3.03 (d) says in part “Owners should carefully consider whether the canopy (or width) of the full-grown tree will overhang into the neighbor’s lot. Owners are responsible for the maintenance of their trees to avoid limb overhang on neighboring lots or common areas.” Additionally, California Law specifies that homeowners have a “common reasonable prudence” to prevent injury to others or to property of a neighbor. If your tree(s) or shrubs demonstrate a clear potential for damage, liability could exist. One example would be a large limb hanging over a neighbor’s roof or walkway with a breakage danger in a storm. There are so many variables we recommend contacting a professional to assess and make recommendations.

Please make sure that your tree(s) do not block street signage or your house

number, it is important that emergency vehicles can quickly find homes in an emergency. Shrubs that hide fire hydrants and utility boxes may also require pruning. We all want a clean, neat and safe environment.

One last thing, a homeowner can trim a tree that encroaches upon their property, but they cannot cause harm or affect the tree’s esthetic value. Therefore, we highly recommend that both neighbors work out a solution. Please remember if you need to add or replace a tree, you’ll need to submit an ARC application.

If you have a question or need additional information, please call Ryan O’Connell, Assistant Director of Community Standards, at 916-774-3863.

Website Work Group

BY CHARLYN ROSS

Let’s Party!

The word PARTY has several meanings. A search for definitions yielded the following.

As a noun:

“A social gathering of invited guests, typically involving eating, drinking, and entertainment.”

“A person or group taking one side of a question, dispute, or contest.”

“A group who is involved in an activity

(cont’ on page 17)

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Website Work Group

(cont' from page 16)

together, such as a landing party.”

“A political group with particular beliefs and goals.”

As a verb:

“To enjoy oneself at a lively gathering.”

Let’s focus on “A social gathering of invited guests, typically involving eating, drinking and entertainment,” which permits you to “enjoy yourself at any lively gathering.”

When you plan a “social gathering,” the location, ambiance, and services are very important. Also, you want to assure that the “eating, drinking, and entertainment” is of good quality, so that you can “enjoy yourself.” To meet all these requirements, you need look no further than our community’s three amenities. Information on Sun City Roseville’s (SCR) Catering Services, Timbers Restaurant at the Lodge and Solarium, and Sierra Pines can be accessed from our Resident Website’s Home Page (www.scred.org) in the “Amenities” menu.

For Catering Services link to “Timber Creek Ballroom” or “Resident Rates.”

The initial screen indicates that a SCR resident is entitled to a discount for any event that is scheduled Sunday through Friday in any of our Catering facilities.

- Full or Partial Ballroom
- Aspen, Birch, and Cedar Breakout Rooms

- Restaurant Patio
- Rose Garden Arbor

Jenny Giallanza, our award winning Catering Sales Director, has not only provided extensive menus, but also a list of equipment that can be obtained to enhance any event.

From the “Timber Creek Ballroom” link you can also access the Public Catering Website (www.timbercreekballroom.com). At that website take a moment to view the rotating photo banner showing off our spectacular facilities, as well as a video of a recent wedding. This public website is beautifully designed to entice non-residents to use our facilities for their special events. To take advantage of these convenient catering services, contact the Catering Sales Office at 916-774-3870 or by email jenny@timbercreekballroom.com.

Our “Timbers at the Lodge Restaurant” is a perfect venue for small parties. The Solarium Room can be booked for parties up to forty people, and smaller gatherings can be held in the restaurant or lounge areas. From the website link for “Timbers at the Lodge Restaurant” you can view information on the menus for all of these areas, as well as any upcoming restaurant events and specials. To schedule an event in the Solarium, contact Felicia Loe, 916-774-3876.

Catering Services, Timbers Restaurant, and the Lounge are well known for providing great “eating, drinking, and entertainment” along with efficient service.

For a more casual party atmosphere, consider using Sierra Pines. The nicely appointed entry way leads to the Spruce and Ponderosa rooms, which can be joined for larger gatherings. A Kitchenette and Patio/BBQ may also be reserved for private, resident events. The “Amenities” menu links to “Sierra Pines Facilities Rental,” where specific information is available. Events at Sierra Pines are reserved through the Activities Department, 916-774-3871.

It is easy to see that SCR is not only a great place to live, be active, and be involved, its facilities provide all that you would need to schedule a “social gathering of invited guests, typically involving eating, drinking and entertainment,” which permits you to “enjoy yourself.”

So, let’s party at Sun City Roseville!

HEAL — Health and Environmental Alliance

BY JENNIFER MARTIN

Want to learn about successful cancer treatments and protocols that don’t involve painful and often unsuccessful chemotherapy sessions? Come to our next H.E.A.L. meeting on March 6 at 1:30pm in the Ponderosa Room at Sierra Pines. We will be watching Part 7 of the award-winning documentary, The Truth About Cancer, which interviews doctors and cancer survivors around the world who offer their own testimony about alternative and successful cures for cancer.

Part 7 focuses on how to heal cancer with clean electricity, unique water, natural sunlight and combining superfoods. Come hear this life-saving information. There are no dues to join H.E.A.L. (Health and Environmental Alliance). For more information, call Jennifer Martin at 916-781-2830.



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Days & Destination	Cruise Line ~ Sailing Date	Starting Price/	Inside	Outside	Balcony
15 DAY HAWAII from SFO! Princess Grand Princess ~ 2600 Passengers	Apr 6, 2019	\$1,049	\$1,499	\$1,599	
	Nov 3, 2019	\$1,299	\$1,599	\$2,299	
	Dec 3, 2019	\$1,399	\$1,499	\$2,099	

Sail round trip from San Francisco, California to Kauai, Nawiliwili Hawaii; Honolulu, Hawaii; Maui, Lahaina, Hawaii; Hilo, Hawaii; Ensenada, Mexico, San Francisco, California.

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10 DAY ALASKA From SFO! Princess Grand Princess ~ 2600 Passengers	May 6, 2019	\$899	\$999	\$1,849	
	May 16, 2019	\$1,099	\$1,199	\$1,799	
	Jun 25, 2019	\$1,399	\$1,499	\$2,699	
	Jul 15, 2019	\$1,299	\$1,399	\$2,499	
	Aug 4, 2019	\$1,199	\$1,249	\$1,899	
	Aug 14, 2019	\$999	\$1,199	\$1,499	

Sail round trip from San Francisco, California to Juneau, Alaska; Skagway, Alaska; Glacier Bay, Alaska; Ketchikan, Alaska; Victoria, British Columbia, Canada; San Francisco, California.

^ROUND TRIP LINCOLN SHUTTLE TO SHIP AVAILABLE

7 DAY CA Coastal from SFO! Princess Grand Princess ~ 2600 Passengers	Mar 30, 2019	\$699	\$799	\$969	
	**Oct 13, 2019	\$1,099	\$1,299	\$1,499	
	**Oct 20, 2019	\$1,099	\$1,199	\$1,499	

Sail round trip from San Francisco, California to Santa Barbara, California; Los Angeles, California; Ensenada Mexico; San Diego, California; San Francisco, California. **Sail round trip from San Francisco, California to Astoria, Oregon; Seattle, Washington; Vancouver, BC, Canada; Victoria, BC, Canada; San Francisco, California.

^ROUND TRIP LINCOLN SHUTTLE TO SHIP AVAILABLE

10 DAY MEXICO From SFO! Princess Grand Princess ~ 2600 Passengers	Oct 3, 2019	\$949	\$1,099	\$1,269	
	Dec 18, 2019	\$1,399	\$1,599	\$1,799	

Sail round trip from San Francisco, California to Puerto Vallarta, Mexico; Manzanillo, Mexico; Mazatlan, Mexico; Cabo San Lucas, Mexico; San Francisco, California. **^ROUND TRIP LINCOLN SHUTTLE TO SHIP AVAILABLE**

20 DAY Panama Canal Princess Coral Princess ~ 2000 Passengers	Apr 21, 2020	\$2,499	\$2,699	\$3,299	
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Sail round trip from Los Angeles, California to Huatulco, Mexico; Puerto Chiapas, Mexico, Puerto Quetzal, Guatemala; Transit the locks of the Panama Canal; Puntarenas, Costa Rica; San Juan del Sur, Nicaragua; Manzanillo, Mexico; Los Angeles, California. **INCLUDES Sacramento Airport Shuttle & Round Trip Airfare**

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Days & Destination	Cruise Line ~ Sailing Date	Starting Price/	Inside	Outside	Balcony
15 DAY PANAMA CANAL Princess Coral Princess ~ 2000 Passengers	Nov 17, 2019	\$1,729	\$1,829	\$2,469	
Sail from San Francisco, California to Fort Lauderdale, Florida to visiting Cabo San Lucas, Mexico; San Juan Del Sur, Nicaragua; Puntarenas, Costa Rica; Fuerte Amador, Panama; Transit the Panama Canal; Cartagena, Colombia; Fort Lauderdale, Florida. INCLUDES LINCOLN SHUTTLE TO SHIP & SACRAMENTO AIR RETURN!					
17 DAY PANAMA CANAL Holland America	Apr 18, 2019	\$1,999	\$2,199	\$3,799	
Volendam ~ 1432 Passengers INCLUDES SACRAMENTO AIR, 1 NT Hotel in FLORIDA & LINCOLN SHUTTLE RETURN! Sail from Fort Lauderdale to San Francisco visiting Cartagena, Columbia; Transit the Panama Canal; Puerto Caldera (Puntarenas), Costa Rica; Corinto, Nicaragua; Puerto Quetzal, Guatemala; Puerto Chiapas, Mexico; Huatulco, Mexico; Manzanillo, Mexico; Puerto Vallarta, Mexico; Cabo San Lucas, Mexico; San Francisco, CA					
11 DAY CARIBBEAN&CANAL Holland America	Apr 10, 2019	\$1,299	\$1,399	\$1,799	
Zuiderdam ~ 1964 Passengers Sail round trip from Fort Lauderdale, FL to Half Moon Cay, Bahamas; Oranjestad, Aruba; Willemstad, Curacao; Cartagena, Columbia; Transit the Panama Canal; Colon, Panama; Puerto Limon (San Jose), Costa Rica, Fort Lauderdale, FL. ***Special SHORT NOTICE OFFER*** INCLUDES Round Trip Airfare!					
26 DAY SOUTH PACIFIC SFO to Sydney Princess	Sep 28, 2019	\$4,199	\$4,599	\$5,899	
Golden Princess ~ 2600 Passengers INCLUDES LINCOLN SHUTTLE TO SHIP & SACRAMENTO AIR RETURN! Sail from San Francisco, California to Sydney, Australia visiting Hawaii; Bora Bora, French Polynesia; Papeete, Tahiti; Pago Pago, American Samoa; Auckland, New Zealand; Tauranga, New Zealand; Napier, New Zealand; Sydney, Australia. Ask about extending your stay in Australia and the Great Barrier Reef.					
15 DAY GRAND EUROPEAN Viking River Cruise	Various Dates	\$4,899	\$5,299	\$6,199	
Various Ships ~ 190 Passengers INCLUDES Your home to Sacramento Airport Shuttle & Round Trip Airfare! Sail from Amsterdam to Budapest visiting Kinderdijk, The Netherlands; Cologne, Koblenz, Wurzburg, Bamberg, Nuremberg, Regensburg & Passau, Germany; Melk & Vienna, Austria; Budapest, Hungary.					
8 DAY RHINE GETAWAY Viking River Cruise	Various Dates	\$2,499	\$2,499	\$2,799	
Various Ships ~ 190 Passengers INCLUDES Your home to Sacramento Airport Shuttle & Round Trip Airfare! Sail from Basel, Switzerland to Amsterdam visiting Breisach, Germany; Strasbourg, France; Heidelberg, Germany; Koblenz, Germany; Cologne, Germany; Kinderdijk, The Netherlands; Amsterdam, The Netherlands.					

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CST # 2033380-40 March 2019 edition

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Table Tennis

BY KAREN YEATES

Our annual holiday party in January is now just a memory but it was a lot of fun and a great turnout. A big thank you to Steve Cho for all the pictures he took and for sharing them via Shutterfly with all our members. As spring approaches, we will plan to have some type of a spring outing – maybe bowling again – so stay tuned for more information on that in the coming months. And speaking of spring, remember that March 10 is the magic date to turn your clocks back.

There aren't a lot of options for playing recreational table tennis (or ping pong as many refer to it) in our area. But word has it that there will be one more place in Roseville by the end of the year. Round 1 Bowling and Amusement is coming to the Galleria later this year. They will go into the former Sears location. They will have 20 bowling lanes, karaoke rooms, hundreds of arcade amusements, billiards, darts, and – you guessed it – ping pong tables! The web site is round1usa.com. There is no specific opening date yet but maybe we can plan on that for a fall 2019 social outing.

Finally just a plug for the upcoming Sun City Roseville variety show on March 28 and 29 in the ballroom. A few of our table tennis members will be in the show so if you haven't purchased your tickets yet, please consider adding that to your event calendar.

• • •

SCR Senior Softball

BY RICHARD EPTING

Our Senior Softball League draft will be held on February 25. At that time, the five managers and coaches will draft players for the various teams. After the draft, weather permitting, we will have three weeks of team practices so the players can sharpen their baseball skills. We'd like to thank this year's generous team sponsors. They are: AC Girl Heating, Eskaton Village, Coldwell Banker-Sun Ridge, Dr. Satbir Kahlon, and Team Excell Realty and Mortgage Company. Without the support of these generous sponsors, our league would not be as successful as it is.

Our official league games will begin in late March with Opening Day ceremonies held at Mahany Park on Pleasant Grove Blvd. Everyone is welcome to attend. Our season will consist of 20 scheduled games in addition to All-Star games and division play-offs.

Next month, after the draft is complete, we will have more information on the individual teams and which teams seem to have the best chance for success.

• • •

Bocce

BY PAUL KECK

March is tune-up month for the official April league sign-ups and league play. Well, I might say tune-up month for those seasoned players who just like the socialization and want to polish up their game for the new season. It's also a great time for new players to learn the game and meet new friends.

Bocce rules and etiquette will be posted outside the equipment room and any Sun City resident can get a key to the equipment box, which is located on the bocce grounds facing the pool. The key is available at the desk in the exercise room.

Bocce is a very popular club because it has a nice blend of low-impact exercise, social interaction, and excellent member-oriented leadership. In exchange, we encourage members to:

- show good sportsmanship
- know the rules
- contribute to the set-up and take-down of equipment. In other words, participate in the club, not just the game

Dates to remember:

March 26, 6PM - league orientation and instruction for newer members, but all are welcome. BYOP, which is bocce for bring your own party snacks and beverages, including adult beverages. New member sign-ups will be available.

Note: March 26 is the last day you can join bocce and be eligible for mini league sign up, which is on April 5.

Bocce club annual dues are \$12, checks only.

April 2, 2PM – informal game introduction and practice for new members

April 5, 6:00PM – Spring Mini League sign up. BYOP

Note: You need to be a registered club member by March 26 to join the spring league.

Roll 'em straight!

• • •

Pickleball

BY BOB VERZELLO

When our club president Gary Pyle was asked what we should include in this month's article, he replied "Just tell them how much fun we're having playing and tell them to come and join us." That about sums up the spirit of our whole club. Tom May added we should remember a quote from former pro football quarterback Joe Namath that "When you win, nothing hurts." Tom suggests these words apply to old pickleballers, too.

As this article is being submitted, Gary Pyle and Gene Cochran are competing in the

2019 Palm Desert Senior Games (50+). We'll let you know how they did in next month's article.

Also, in next month's article will be a report on the February 28 pickleball club's council meeting (4:40 pm in the Club Room). All members are encouraged to attend these council meetings and provide input. If you cannot attend, but have something to contribute, just send a note to one of the council members. To refresh your memory, the council members are: Gary Pyle – President, Gene Cochran – VP, Chris Bernasconi – Secretary, Jane Julian – Treasurer, Karen Baumann – Social Events, Sharyn Bowen – Equipment Manager, and Bob Verzello – Article Editor.

Now for this month's playing tip: The Pickleball Strategy Guide by "Mo" states that the highest percentage shot is a soft, low ball hit to the middle of the no volley zone (kitchen). And, when at the net be patient. Keep hitting the ball softly and low back into the no volley zone until your opponents make the mistake of hitting the ball too high and giving you a "kill shot"

• • •

Croquet

BY MARIAN R. APPLGATE AND DEBBIE PHILLIPS

Now that January and February is over we can hope to rely on the weather to keep us on our scheduled croquet play time. We do thank all those wonderful players who came out to sub for those who couldn't make it and to keep the game going through the cold, wind, fog and mist! But who could ever miss the delightful food that is served at our meetings, thanks to the "food committee"! Our next meeting is February 24 at noon and you won't want to miss it.

You've got to hear this! There were two of our croquet players, who have been friends for a long time sharing many games, yet lately, there activities have been limited to just a few times a month. One day, they started to warm up their croquet mallets by hitting a few balls through the wickets when one of the players said, "Now don't get mad at me...I know we've been friends for a long time, but I can't think of your name! I've thought and thought, but can't remember it. Please tell me what your name is." Her friend glared at her for at least three minutes. She just stared and glared at her and finally said, "How soon do you need to know?"

Okay, back to Croquet. Did you know you are able to move your ball if the spot where your ball lands is a damaged area, like a former divot in the lawn? Check page 23b of our Official rules book. There is a damaged

area around the fourth wicket to be aware of. And now, don't forget Thursdays at 4:00 P.M. for the get-together at the court. See you on the court!

• • •

He & She Golf Club

BY VERNITA HILLWIG

Spring is just around the corner and a great way to celebrate the new season's arrival is getting out on the golf course. Jim Ferrin's landscape crew does a great job on both the common areas and the golf courses around SCR, but as golfers, don't we feel privileged to enjoy the beauty of the courses that many non-golfers never experience? Sure, we pay for the privilege, but golf allows us to enjoy comradery with our fellow players, to exercise our bodies and challenge our brains, and to admire the pristine greens surrounded by nature (and a few houses). Consider playing golf. Our pro shop has lessons for every level. And consider joining the He & She Golf Club if you're not yet a member.

Our club likes to highlight the winners of previously held tournaments. Congratulations to all the winners!

Sierra Pines – January 14 - The first-place foursome was Terry and Diane Dooley and Dwight and Joan Rose. The closest-to-the-pin first place winners were Arlene Lizotte and Terry Dooley.

Timber Creek – January 14 - The first-place foursome was Jim Dachauer, Johnice Swallender, Jim Sherrard and Vernita Hillwig.

Sierra Pines – January 28 - The first-place foursome was Brad Owens and Gail Raglen and Terry and Diane Dooley. The closest-to-the-pin first place winners were Lisa Giles and Duane Kreun.

Timber Creek – January 28 - The first-place foursome was Buck Taylor, Jean Nakao, Jim Sherrard and Vernita Hillwig.

The He & She Golf Club always welcomes new players, either singles or couples. We're the only SCR golf club that gives you the option to play either at Sierra Pines or Timber Creek. Give us a try! More information about the club is on our SCR club website or in the Timber Creek lobby Club and Group News Bulletin area.

• • •

(more Club News cont' on page 22)



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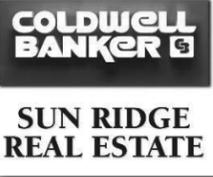
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Sierra Pines Ladies Golf

BY LYNND A DUNN

Let me start with correction of an omission last month... Arlene, retired Historian, is Arlene Lizotte. I was so excited I assumed y'all could read my mind. Wow this is bad when I must admit my mistakes publicly!

Can y'all believe it is March already? This is the time of year to watch out for those small guys in green (if you are a believer)? Leprechauns are known for their mischievous tricks so keep a close watch on your ball and even your clubs!



Arlene Lizotte and Barbara Clegg - Thankyou both for your dedication over the last 18 years as photographer and newsletter editor for the Sierra Pine Ladies Golf!



New SP Lady Golfers Welcome Coffee.

Even though the weather has been questionable we had some Ladies who played through rain, sleet, and snow! Most Improved Golfers for January were First Flight Linda Osgood, Second Flight Sharon Lee-Giesser, Third Flight Frankie Lee Schesser, and Fourth Flight Janet Zeitman.

Signup sheets for the Spring Luncheon in April will be out soon. Every year we are surprised with a special theme planned by Pati Struble. To all old and new members, be sure to attend because y'all are in for a treat.

B. J. Dumm will be putting signups sheets out soon for Putt for Points. Bring your checkbooks and join another challenge while

we are playing. As if I don't have enough challenge just playing!

We know Spring is here when Sierra Pines Ladies switch to two starting times Yea! No more excuses for sleepy heads. Early play will start at 8:00am and late play will start at 10:30am.

Carolyn Pittman will start us off with the first tournament for the new year March 6. Carolyn always has some fun plans so be sure to join the fun. Next tournament will be March 20. And then March 27 we rotate and play the Lakes at Timber Creek.

March Council Meeting is at 2:00pm March 13. General Meeting is March 20 at 2:00pm. New members be sure to attend, not only do you keep up with what is happening... bonus social afterwards hosted by our fearless legends Barbara Clegg and Arlene Lizotte.

See y'all enjoying some great golf!!

(more Club News cont' on page 23)

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Timber Creek Women's Golf Club

BY BARBARA MILLS

It has been very cold in the mornings and we had to bundle up to prevent frost-bitten fingers and noses. Yet, once in a while it is a warmer day and jackets are soon discarded for a beautiful golf day attested to by these players.

The Most Improved players for December were: Connie deBlaquiere (1st Flight); Linda Acuff (2nd Flight); and Lynn Pearsall (3rd Flight).

The Most Improved players for January were: Cindy Murphy (1st Flight); Barbara Treleven (2nd Flight); and Paula Hau (3rd Flight).

For our General Meeting on February 20th we invited John Korvin, NCGA Clinician, who gave a presentation on the new golf rules for 2019. The rules will save time and be helpful, especially ones like "drop ball from the knee"! Members can print out the new TCWGC Local Rules posted on our website to keep handy in your golf bag.

There are many tournaments to look forward to this year starting with our 36-Hole Better Ball Tournament on April 10 and 17.



Barbara Mills, Linda Acuff, Mary Jorgensen and Paula Hau.

Partners' handicaps must be no greater than 10 strokes based on the lower player's handicap. So pick your partner and we will all celebrate with a luncheon on the 17th.

There is no General Meeting in March.

Women golfers at any level living in Sun City are encouraged to join us for a round of golf and have lunch with us afterwards. We would love to welcome you to our Club and have Big Sisters ready to help!

• • •

Timber Creek Men's Golf Club

BY TOM DEVITT

The new golf year was welcomed in at the first general meeting on the Timber Creek Men's Golf Club (TCMGC) held on Wednesday, February 6. The TCMGC was started in 1996 and at this meeting the 22 past presidents and club champions were recognized. Derek Zackman, Timber Creek GC head professional, presented a new program, Operation 36, from the Timber Creek Academy that will be starting up in March. The program is appropriate for the beginning golfer as well the seasoned player. Materials are available on the Timber Creek Golf Course web site (timbercreekgc.com). Derek mentioned that during this time of year when the weather is cold you can check the course conditions by going to the Timber Creek Golf Course website and selecting frost delay information under the Play Golf menu option. Tom May, treasurer, presented the 2019 budget. The budget was approved by the membership. Bob Dunn presented the TCMGC tournament schedule for the year. The first tournament (infamous Pink Ball) of the year is being held on Tuesday, February 12th. The full tournament schedule is available

on the TCMGC web site. Jay Dameron started a program to review and explain the changes to the rules of golf that the USGA implemented as of January 1, 2019. Jay demonstrated the newly adopted local option for OB. The details can be found on the TCMGC web site. Roger Exline reviewed the club requirements for recording and posting of scores. The membership GHIN H.I. report can be found on the TCMGC web site. Congratulations to J.D. Dean who got the first hole in one for the year on the 8th hole of the Sierra Pines course. After many years of playing this great game, this was his first.

The next general meeting of the TCMGC will be on March 6th at 800am at Sierra Pines.

• • •

Golden Niner's

BY PHIL ZEITMAN

Mother Nature was the big winter for the month of January. We only got to play twice. The rest of the month was full of rain and cart path only.

Still some good golf was played and we had a set of money winners.

Lloyd Leity and Lyn Massie shared first place with a total of 15 points. Second place went to Jerry Frederichsen with 14 points, followed by Lowell Ploss with 13 points.

The first of February wasn't too kind either as only 12 Players braved the elements. Hopefully February will be a kinder and drier month.

The Niner's meet every Tuesday morning and play a variety of games. At this time of the year we are doing two starting time, 8 & 10:30 am. New members are always welcome. Contact Doug Peck at 773-2313.

• • •

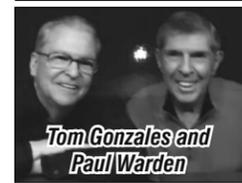
SCR Billiards Club

BY GERRY CRISTONI

Now that we have had the pool tables recovered, did anyone notice that we had 2 breaking pool sticks and 4 regular pool sticks re tipped? Big thanks to our vice president,



Paul Garcia, Ken Neal and Don Warden.



Tom Gonzales and Paul Warden

Tim Connolly, for doing this. He sure keeps and eye on the billiards room. T h e tournaments

winners for January:

January 8: Open 8 Ball - Tom Gonzales and Don Warden.

January 15: Men's Only 8 Ball - Paul Garcia, Ken Neal and Don Warden

• • •

SRC Monday Morning Bowlers

BY OLGA WIDNES

December again was a short month but we still like to celebrate the winners. And they are: 50 pins over - Herb Hayes, Joni Lacey and Dick Ferguson. 500 series was George Miller with a score of 503.

600 Series was Jerry LaFave with a score of 612.

(cont' on page 26)

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Neighborhood Watch/Citizens Patrol Calling the Police

BY P. J. CONRADI

We have a wonderful police department, with very high standards and training.

Dedicated individuals at all levels have workloads such that they can, almost always, devote time to you and your circumstance. Many came from large agencies, which gave them much experience, but also frustration over not being able to devote time and resources to anything but more serious events. They are happy that, in Roseville, they can actually provide meaningful and reassuring service.

First, know this about calling our police:

- Dispatchers and officers want you to call if you have concerns. They applaud good intentions. If it turns out for naught, they gladly flip nothingburgers—with smiles.
- They would much rather you call about what you think may be a little thing, versus you not call about something that may be, or may become, the piece of a significant puzzle. Events, perhaps months old—or yet to occur—may relate to why you are calling.
- They will know things you cannot possibly know, such as who else just called about the same or a similar circumstance, and

from where, and the location and availability of officers to respond.

- Your call and information will be captured, even if not dispatched, in their whiz-bang computer assisted dispatch and records management system, which self-connects dots, and is continually explored by dispatchers, street cops, detectives, and devoted crime analysis staff.

Second, proactively learn how to call the police. You know 911, but you can also gain familiarity with the non-emergency—916-774-5000—by dialing, listening to the prompts, and hanging up before they answer. Even if they answer, they will be happy to learn that you are preparing.

- Calling the police should be an uncomplicated task, not a sudden, unplanned for, “OMG, What Do I Do Now” episode.

Lastly, know that Citizens Patrol will not respond to your calls about occurring events. Call the police, promptly, directly—and comfortably. If I was there with you, seeing the same thing, I would call the police. Inform me only well afterward, and only so I can assess whether to alert other residents.

Important Phone Numbers —

P.J. Conradi, Citizen Patrol & Neighborhood Watch Director

Citizens Patrol Office: 774-3853 citizenspatrol@scrca.org

Neighborhood Watch Office: 774-3817 neighborhoodwatch@scrca.org

Roseville Police/Fire - Emergency: 9-1-1

From your cell phone: 916-786-6444 • Roseville Police Non-Emergency: 916-774-5000

Roseville Lodge 2248 Honor Police Officers and Fire Fighters

BY JUDY GRAYSON

Last month Roseville Lodge 2248 honored police officers and fire fighters from the greater northern California area. Pictured (L to R), Officer Alana Grove,



Roseville Police Department, Captain Dave Bookout, CAL Fire, Deputy Mike Stoichich, Placer County Sheriff's Office, Exalted Ruler, John Vertido, Leading Knight, Michael Jones, Officer Abe Cho, California Highway Patrol, and Brian Schwalbe, Roseville Fire Battalion Chief.

From City of Roseville

Roseville City Council Appoints New Member and Selects Mayor Council also make appointments for Charter Review and Local Sales Tax Oversight

BY MEGAN MACPHERSON, *City of Roseville Public Affairs and Communications Director*

With the resignation of Roseville Mayor Bonnie Gore in January to take the seat she won on the Placer County Board of Supervisors, the Roseville City Council needed to fill the vacant seat on the Council and select a new Mayor.

After reviewing applications for the City Council seat, the Council appointed Bruce Houdesheldt to the City Council at its February 6 meeting. With Houdesheldt on board, the Council then selected John B. Allard II to be Roseville's new Mayor during the same meeting.

Allard will serve as Mayor until December 2020. Vice Mayor Krista Bernasconi will then become mayor. The Roseville City Charter states that the candidate receiving the most votes in a Council election becomes Vice Mayor for two years before becoming Mayor for two years. Bernasconi won the most votes in the November 2018 election.

The City Charter does not specify a process for filling a vacant council or mayor seat. It is up to the City Council to determine the process. Historically councils have appointed a member of the community to the open seat.

In January, the City Council also accepted applications from Roseville residents to fill seats on newly formed Local Sales Tax Oversight Committee and the Charter Review Commission. At its February 20 meeting, the Council appointed members to both.

The formation of the Local Sales Tax Oversight Committee is part of Measure B, the half-cent local sales tax approved by voters in the November 2018 election. The five-member Local Sales Tax Oversight Committee will be charged with the annual review of how the revenue generated by Measure B was allocated and will provide a report to the City Council.

While Measure B is a general tax and the City Council has sole authority and full discretion over how revenues may be allocated and the levels of service the City provides, the Oversight Committee will review the revenue receipts and expenditures of Measure B funds and review the status of programs and services supported by Measure B taxes.

The Charter Review Commission's task is to review the City's Charter and make recommendations for amendments to the City Council for consideration. Any amendments the Council moves forward will be on the November 3, 2020 ballot for Roseville voters to consider.

The municipal government of the City of Roseville is governed through a charter authorized by the California Constitution. The Charter is a vital document which establishes a degree of autonomy to local governments. The Charter addresses important aspects of Roseville's authority.

Although not required by state law, the City of Roseville has historically reviewed and amended the Charter every 10 years.



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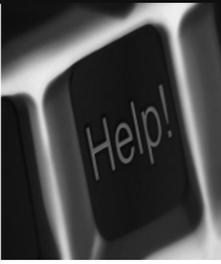
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SRC Monday Morning Bowlers

(cont' from page 23)

On the 7th of January we had the following winners: David Zurawski, Joe Shirley and Gary Wolff bowled 50 pins over their average. Gary also had a 200 game. On the 28th of January, Sue Sequeira, Mike Wedemeyer and Dennis Schoessow bowled 50 pins over their average and Mike and Dennis had 200 games. Wonderful bowling from all. Keep it up!

Tuesday SS Bowling League

BY JOHN VOGELI

Let me start this piece with an acknowledgement of excellence. Roy "Perfecto" Hackman a couple of weeks back rolled a perfect 300 game. However that is not the biggest news, because that was his 3rd "perfecto" since September 2018. Lucky me got to see first hand two of them in the Lincoln Hills PM 2018-2019 league, when he rolled one against my team and the other one on the lanes next to our match. Sure was pretty to watch though. I have been informed that Roy has a total of 11 "Perfectos". Great job Roy and may you have 11 more, except leave me off that list. Now onto some personal and team accomplishments. With a couple of weeks left until our 3rd Qtr position round "Pin Pals" (Curt Clawson, Rumiko Asbell, Claudia DeHart, Russ Asbell) are in the first position with "Alley Oops" (Rich Connell, Arlene Donaher, Bill Byall, Doug Tran) a couple of points back of that with EZDuzit (Bernie Pratt, Patrick Heredia, Pete Farrar, Owen Brosh) and Roll X (Helen Rodante, Jack Uchman, Dennis Thompson, Rex Miller) are only a couple points back of that. So as of

this article there are a number of teams with a chance to be our Third Qtr Champion. I will update the third Qtr results in my next article. Now on to some individual accomplishments.

Dave Harriman 219, Roy Hackman 211, Ron Basnett 205 lead the men high averages, with PK Lewis 189, Wendy Green 171, and Claudia DeHart 167 the best in the womens category. In the Team scratch series "We Don't Care" (Donald Lewis, CJ Johnson, Jim Gothier, PK Lewis) is leading the way with a 2527 pins. The best team scratch game is 849 by "Something Missing" (Carol Torno, Bob Vincent, Roy Hackman, Ron Basnett). The best team handicap Series is 2797 by the "Pin Pals" (Curt Clawson, Rumiko Asbell, Claudia DeHart, Russ Asbell). The best team Handicap game is 1040 by "EZDuzit" (Bernie Pratt, Patrick Heredia, Pete Farrar, Owen Brosh). Best scratch series CJ Johnson 748 for the men and PK Lewis 662 for the women. Best scratch game Roy "Perfecto" Hackman 300 for the men and Helen Rodante with a 226 for the women. In the handicap high series Jeff Mattimoe has an 831, with Debra Scott with a 760 for the women. The high handicap game for the men is 306 by Jack Uchman and 293 for Bernie Pratt representing the women. A very nice performance by all of the aforementioned bowlers and teams, keep up the great bowling.

If there is anyone out there that is interested in joining a league and meeting new friends and competitors then you ought to visit Stacey Pudge at Strikes Unlimited Bowling Lanes in Rocklin or call: 916-626-6361.

Remember have fun — all the best til next time.

(more Club News cont' on page 29)

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WOODCREEK DENTISTRY

AAUW 2019 Women of Distinction Spy plane pilot featured as event key note speaker, honorees are Lincoln Community Activist and Sierra College Professor

The American Association of University Women proudly announces that Air Force Colonel Merryl Tengesdal, Ret., former pilot of the U-2S spy plane, highlights the Women of Distinction fundraising dinner on March 28, 2019 in Roseville as its keynote speaker. The dinner, open to the public, is set for Roseville's Falls Event Center at 5:30 pm and is the fourth annual fundraiser presented by the nonprofit American Association of University Women-Roseville South Placer branch (AAUW-RSP). The 2018 honorees Dawn Clayton (General Manager of Thunder Valley Resort) and Susan Rohan (former Mayor of Roseville) are the honorary chairs for this event.

"We're excited to have one of the Air Force's most highly skilled pilots as our speaker," says Kate Tionson, of the AAUW-RSP Event Committee. Colonel Tengesdal flew missions out of Beale Air Force Base, worked at North American Aerospace Defense Command (NORAD) and the U.S. Northern Command (NORTHCOM) and will tell stories of her military days. "Colonel Tengesdal has broken barriers and been a role model for women and girls, as are our two honorees," Tionson concludes.

The 2019 Honorees— Kris Wyatt and Megan Seely— were selected "based on their accomplishments and on being a role model



Air Force Colonel Merryl Tengesdal, Ret.



Kris Wyatt



Megan Seely

and advancing equity for women and girls, which is central to AAUW's mission," notes Event Chair Sanchia Spadow.

Lincoln community activist Kris Wyatt is a retired teacher and counselor from Lincoln High School. Since her retirement, Wyatt has been elected to the Western Placer Board of Education and joined the board of the Lincoln Community Foundation and Friends of McBean Park Stadium. She also continues to be active with Lincoln High as an advisor for the Interact Club. Wyatt was chosen for her extensive service to the Lincoln community, marked by her leadership with the Lincoln Community Resource Collaborative, Rotary, and the Lincoln County Foundation. "Most notable is Kris' continuing dedication to mentoring young people and serving as an

outstanding role model for women and girls in the South Placer communities" notes Sanchia Spadow.

Megan Seely is a professor and chair of the Sociology Department at Sierra College.

award for her outstanding service for the young women in our community, as a role model and her lifelong advocacy for girls and women" advises Sanchia Spadow.

AAUW-Roseville South Placer Branch is a 501 (c) 3 non-profit organization. For more than 15 years, the Branch has awarded scholarships to Sierra College students; funds raised also help send local middle school girls to Tech Trek (STEM summer camp), support Sierra College Leadership and go toward high school scholarships. Women of Distinction event tickets (\$90 each) include dinner and are available until March 15, call Linda at (916) 708-5463. The event also features a raffle with prizes including wine country getaways and golf packages.

High Tea and Fashion Show

On Saturday, April 6, 2019, the worship center at Pleasant Grove Community Church will be transformed into a tea room. A high tea will be held from 11:00 AM to 1:00 PM. Delectable scones, traditional tea sandwiches and sweet treats will be served by men from the congregation. Seating is at tables of eight.

Sponsored by Women's Ministries, the occasion also includes a fashion show with clothing from Chico's, located in the Fountains. The public is cordially invited for this event.

Tickets are \$15 and are available at the church on Sundays beginning March 10, or by calling Kay Thomson at 916-297-7060 or email at katie.thomson@yahoo.com.

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SUN SENIOR PROFILES *Getting to know you...*

The Miles

(cont' from page 1)

was in the U.S. Army 1st Battle Group, 3rd Infantry Regiment (The Old Guard) at Fort Myer, Arlington, Virginia. The group is both the Honor Guard unit for Arlington Cemetery and the active infantry unit that is designated to defend the Washington, D.C. area from attack.

After returning from the military, Tim became a fourth-generation firefighter in San Francisco. His great-grandfather (for whom he was named), grandfather and father all served in the San Francisco Fire Department and the tradition is traced back to the 1890s. He first worked as a firefighter, then assisted with the collections department of the firefighter's credit union and then helped to start a Visa department at the credit union. He tells an interesting story of a visit to a prominent home in the Telegraph Hill area and, while speaking to the hostess and owner of the residence, she discovered his family history and took him upstairs to show a picture of firefighters on her wall dating to 1918. In the picture, he recognized his great-grandfather. He also was an extra in the movie "Towering Inferno," which hired one thousand firefighters.

Flo started out in a different part of San Francisco and went to public schools. She lived in the southern end of the city and attended Balboa High School. She was a Girl Scout and also, along the way, made lifetime girlfriends, some dating back to kindergarten. They still get together on a monthly basis in each others' homes. When it is her time to entertain, they have been known to spend many happy hours at the local Thunder Valley Casino.



PHOTO BY RICHARD PAINE



Flo went on to work at Avon for twenty years. Part of that time, she supervised several large areas and encouraged many women from all backgrounds, neighborhoods and economic levels to prosper and interact. At one point, one of her sellers was so successful she was sent to New York for a recognition that included an interview with Barbara Walters. Flo proudly accompanied her.

After both Tim and Flo divorced their respective spouses, they were set up on a blind date. Tim was reticent at first about the encounter, but the marriage has been such a happy one he can only wish he had met her sooner.

The Miles now have a huge extended family with children, eleven grandchildren, and one great-grandchild (with a second one on the way). Every Christmas they celebrate in Sun City with a huge party including Santa Claus. They do it a little before Christmas or a

little after to accommodate the large growing family with all of their other commitments.

The children live in many different places. Sadly, Flo's oldest daughter died suddenly two years ago of a brain aneurysm on Flo's seventy-fifth birthday. Flo has found it therapeutic to work on a book of inspiration for others who will go through similar trials. She has a strong spirituality that gives her hope and peace of mind in even the most difficult situations.

As Tim and Flo neared retirement in the San Francisco area, they pondered where they wanted to live. The couple was living in San Rafael. They visited a cousin who was living in the Roseville area and toured Sun City. The decision to move here was made in part because of its amenities including golf, a gym, the restaurant and nice neighbors. Tim especially likes the fact that the utilities are underground. Flo's sister now lives in Sun City and is active in the AAUW (American Association of University Women). Tim played golf until a couple of years ago. They both like to play mahjong and a gambling game called Pan. She is active in the Needle Arts Club and loves to help with auction items for a Foundation Committee annual fundraising event.

When they first moved in to Sun City, Flo's mother lived with them for several years before spending some time in an assisted care facility until her death about ten years ago. In retirement, Tim used his skills to work for an organization with a contract with Sacramento Transit to install three hundred bus stops. He assisted them for several years and learned a lot about Sacramento streets and geography.

The Miles radiate love to each other, to their families and neighbors. Their journey has not always been easy, but as Flo states, as she works on her book titled "Roses Mean Remembrance," that all things work together for good and there are reasons for everything. Flo believes that Tim should also write a book, a nonfiction one about his many interests. However, he feels that it "would need to be published as fiction," and besides, "patience is not his long suit." Visiting their colorful home leaves one with a visual vacation including a medium size poodle named Boo Boo, a bathroom decorated with animal prints and

Mardi Gras masks, and a study full of firefighter memorabilia. They have definitely shared their gift of hospitality with many people who have crossed their paths.

Want to share your story or know a neighbor who should be recognized?

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Call us at 916-727-6383 or e-mail us at: egnews@egnews.com

Thursday AM Sun Senior Bowlers Strikes Unlimited, Rocklin

BY CLAUDIA DEHART

Amazingly this bowling season has gone by quickly with only 8 more weeks until the end of the season.

We had some great bowling this month: Karen Egea 205 game (+66) & Susan Moore 202 game (+62).

Dennis Thompson 242 game (+82), Cliff Harada 227 game (+77), Ross Underwood 192 game (+76), Ralph Cristoni 248 game (+75), Richard Bronson 247 (+75), Dan Rogers 235 game (+73), Norm Zimmerman 206 game (+65)

Come join the fun and meet new friends. If you're interested in bowling, you can contact me by phone at 916-645-9345.

Thursday PM Bowling League

BY JENNIFER IWIG

Hope everyone is having a good time bowling on Thursday afternoon. As of the 7th of Feb. the number one team is Split Personalities with 22 games won. Season High Scores, Team Scratch Series: Sleepers 2314, Strike Force 2103, and Ten Pin Alley 2041: Team Scratch Game, Split Personalities 768, Rack'em Up 738, 4 Shades of Grey 738: Team Handicap Series, It is What It Is 2911, The Go-Getters 2895, #Fab4 2865, and Who Cares! 2865: Team Handicap Game: Stars & Strikes 1027, A Tad Lite 1014, and Lucky Strikes 1003.

Men: Scratch Series: Dave Fisk 746, John Habein 693, and Larry Johnson 666: Scratch Game Roy Hackman 300, Bob Barrows 258, and Jerry Gorden 252: Handicap Series: Randy Dvorak 810, Marv Zamba 795, and John Vogeli 792: Handicap Game: Paul Carroll 352, Al

(cont' on page 30)



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SCR Foundation

(cont' from page 1)

game! The cost is \$20 for fifteen games, plus \$2 for the final special game. For just \$25 you can get two sets of game cards for one player, if you think you're up to the challenge of a fairly lively pace. Players must be at least 18 years old. The ballroom doors open at 12:30 and the numbers begin to drop at 1:00 p.m. Daubers are provided and your snacks and non-alcoholic beverages are welcome on the table. Everyone enjoys the afternoon!

Later this month, letters will arrive in your mail for the Annual Friends of the Foundation Appeal. Your tax-deductible contribution in any amount substantially funds the work of the Foundation, providing many services to all residents. The letter lists all services and programs supported by your donation. While our other programs earn some funds, the events listed are mostly intended to provide social enjoyment to enhance our lives. Donations are accepted and appreciated all year, so keep the letter if you need to delay your contribution. Memorial donations are also welcome.

Note: The handicapped-accessible golf cart shown in last month's issue is just one example of how funds are used to benefit residents.

Thursday PM Bowling League

(cont' from page 29)

Raub 306, and Horace Snowden 305:

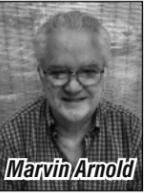
Women: Scratch Series: PK Lewis 641, Marie Messina 545, and Dee Maher 537: Scratch Game: Karen Markle 235, Debra Scott 218 and Linda Zierman 208: Handicap Series: Carol Golbranson 781, Margo Zamba 779, and Anita Miller 767: Handicap Game: Sharon Sheveison 304, Judy Butler 293, and Marion Munoz 293. Congrats to everyone.

SCR Bridge Club

BY JEAN ECCLESTON

Marvin Arnold – ACBL Director

Marvin has been our Director at the sanctioned game at Sierra Pines for almost four years now. I thought we should get to know more about him, so this is what I found out. Marvin was born in Salem, Oregon and two years after high school graduation, he joined the Navy. He served four years of duty on nuclear submarines. One tidbit he shared was that, mariners who have not past the equator are called Polywogs, those who have crossed the equator are called Shellbacks, a sign of sea worthiness, and those who have crossed at the international date line are called "Golden Shellbacks". Marvin wears this distinction. After the Navy, he attended and graduated from the University of Oregon. In 1977 he moved to Sacramento and has been there



Marvin Arnold

(cont' on page 33)

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MARCH / APRIL

Sun City Showtime

See the U.S.A. in song and dance and comedy! It's this year's fabulous Sun City Showtime, Coming to America, March 28th and March 29th.

Acts will be performed by our own talented residents. This variety show is back by popular demand so you don't want to miss it!

Thursday March 28 and
Friday March 29 • 7:00 P.M.
Timber Creek Ballroom
\$20 Tickets at the Activity Desk.

Dog Owner's Group

The Sun City Dog Owner's Group is organizing a "Paint Your Pet" day on Thursday March 28th. This will be a 4.5 to 5 hour class and the cost is \$60. The artist (Sparrow5) will supply everything you will need for your mixed media project. You will need to email your pet's picture to the artist in advance and our cut off is March 14th. She will draw it and then you will paint it. Location will depend on level of interest. This class will fill up so contact/text President of Sun City D.O.G. ASAP. Sherri Walker. 916-213-1320.



ONGOING —

Care Program

Home from the hospital, live alone and need assistance? Sunshine Services' Individual Care Program offers 40 hours of care per year. Our Caregiver Relief program offers 4 hours of respite per week for 2 years for 24/7 caregivers of residents who can't be left alone. There's a \$5.00 per hr. co-pay for both programs which employ licensed home health workers. Call Jean Hawkins at 916-781-7705.

Vision Support Group

If you've been diagnosed with an eye condition, have a family member who has, or have become a caregiver, joining a support group may be the most important thing you'll ever do. For that reason, Sunshine Services is hosting a Vision Support Group which meets on the second Wednesday of each month in the Poker Club at Timbers Lodge to share common concerns and find solutions to your vision-related difficulties such as macular degeneration, glaucoma, cataracts, and other eye-related diseases. For details, call Diane Wilson at 916-837-1109 or Jennifer Martin at 916-781-2830.

Dial-A-Ride Tickets!

Sunshine Services sell Dial A Ride tickets in the Lodge Lobby. Tickets are sold the first Thursday of the month from 8:30 - 10:30 am. Funded by SCR Foundation, tickets cost residents \$10 for 10 one way-rides.

All Tuned Up

All Tuned Up meets every Thursday, 9-10:45 A.M., at Sierra Pines, Ponderosa Room. All musicians are welcome. Sun City Roseville has a lot of talent. We want people with and without instruments. Come and sing or just listen. For more information, call Letha Dawson at 916-872-8019.

Do you speak French and/or Spanish?

FRENCH - 3rd Tuesday 2-4 PM.
SPANISH - 3rd Wednesday 2-4 PM. Have fun retaining or improving your language skills with videos, games and other activities. Fluency not required, but some knowledge of the language is helpful as activities are not lessons. - Sandy Haley sjhwme@comcast.net, 792-2881.

Tuesday Evening Men's Poker

Got the Tuesday night blues, how much idol and reality TV can you watch! All right I made my spiel, come on down to the lodge and join us in the poker room from 6 to 9:30pm for some friendly action of poker. Our games are 95% "split the pots" and remember we don't have a yearly dues. Questions, give me a call Ed Day at 771-0638.

Grief Support Group

If you are experiencing grief, loss, or transition, you may be able to find support and encouragement as you grieve and heal.

Diane Wilson, Health and Wellness Chaplain, is available to receive Individual Grief Support telephone calls and emails.

Karen Bolte, Sutter Health Bereavement Chaplain facilitates the Sunshine Services Grief Support Group, which meets on the 2nd Wednesday of each month, 9:00 to 10:30 a.m., in the Club/Poker Room. Please contact either of us at 916-837-1109 for further information and questions about the group, or to schedule an appointment for individual support.

Alzheimer's Support Group

Alzheimer's Support Group meets the 3rd Thursday of each month, 6:30pm at SCR main lodge.

COMMUNITY —

Semper Fi Association

The Semper Fi Association meets the first Monday of the month at 9:00 am at the Legends Restaurant at Woodcreek Golf Course, 5800 Woodcreek Oaks Blvd. in Roseville. Come early to purchase breakfast before the meeting. For more info: Semper Fi Association: Don Witt, Public Relations Chairman, Phone: 916-573-1704 Ext: 0001. Email: semperfiassociation@gmail.com Web: www.semperfiassociation.org Marines and Navy Corpsmen especially invited. Hope to see you there.

Sons In Retirement Branch 13

Sons In Retirement Branch 13 (Lincoln/Roseville) will hold its monthly luncheon on Tuesday, March 19 at Catta Verdera Country Club, 1111 Catta Verdera Drive in Lincoln. A three course gourmet lunch costs \$20pp. Arrive at 11:30 AM; luncheon adjourns at 1:30 PM. Sons In Retirement is a fun social group dedicated to promoting the camaraderie of retired men. If you are interested in joining SIR or attending the luncheon as a guest, please contact Chet Winton AT 916-408-8708.

Sons in Retirement Branch 98

The Rocklin/Roseville Branch of SIR meets monthly on the 2nd Wednesday in the ball room of the Timbers at Sun City Roseville beginning at 10:30a.m. Join retirees for fellowship, lunch, golf, fishing, cards, and even bocce ball... many other activities also available. Call Tom Werth at 782-3536 for more information.

Retired Law Enforcement

Retired Law Enforcement Officers Group — Our members are either retired or active law enforcement officers and we have quarterly breakfast meeting with guest speakers. Please join us for some camaraderie with America's finest. Contact Chuck Schmidt, RLEO Coordinator: 530cms@gmail.com

Parkinson's Support Group

If you have been diagnosed with Parkinson's Disease or care for someone who has, we invite you to join us at the monthly West Roseville Parkinson's Support Group for informational and inspirational discussions with others on the journey.

4th Tuesday, 2:30 pm – 4:00 pm
Sierra Pointe Senior Living
5161 Foothills Blvd., Roseville

Contact for more information: Jim Morris 916-359-4859. Parkinson Association of Northern California: 916-357-6641

Senior Peer Counseling

Senior Peer Counseling provides free, in-home peer support; to Placer County residents age 55+ who are experiencing depression, anxiety, substance abuse, family conflict, change in independence and other age-related adjustment issues. Please call: 916-787-8859.

Essential Tremor Support

Essential Tremor will now be meeting on the first Saturday at Kaiser Permanente, 1600 Eureka Rd, Roseville Woman's and Children's building B16. Our meeting starts at 10AM. For further information call Paula Lavin 771-4866.

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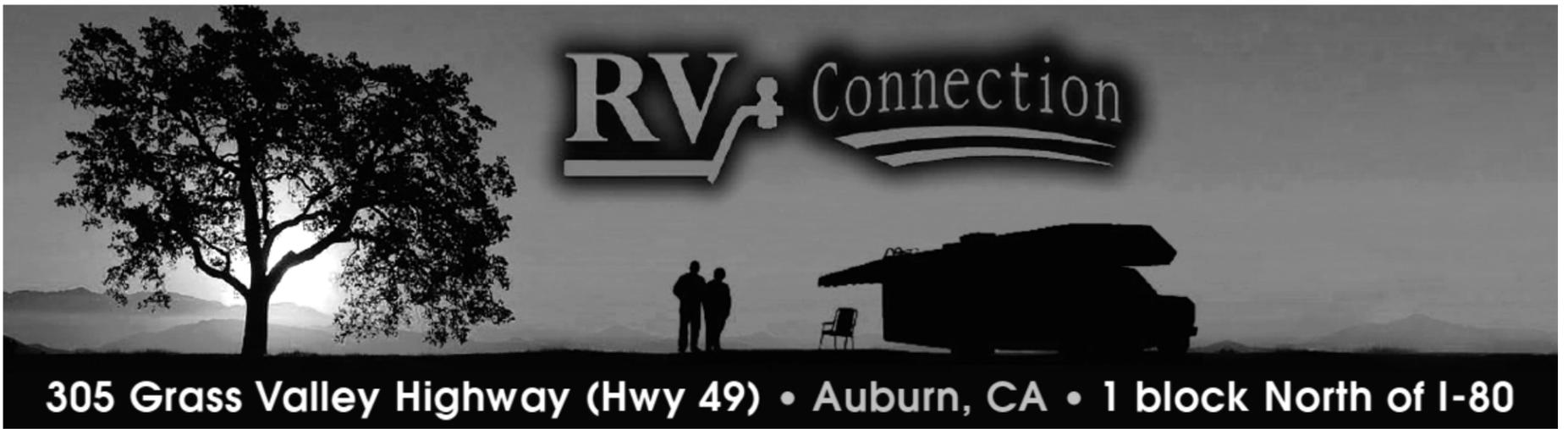
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The Princess and the Pea

BY LESLIE LAFAYETTE

The first time I began to doubt that a certain someone and I were “Meant For Each Other” was when I was visiting at his place and we began to do the Dance of the Thermostat. This is not unusual between couples; for that matter it became common in large offices too as various individuals attempted to control the temperature.

Finally, corporations locked up the thermostats and no one could touch them, which doomed many to perpetual chattering teeth and wearing many layers of clothes which made them look fat. Even in summer - especially in summer - women abandoned their pretty spaghetti strap sundresses and bundled up like November in Minnesota (I think this is where we got those big shoulder pads in the 80s) because the thermostat was out of play.

But in my boyfriend’s home I was too warm and he was too worried about the utility bill. In desperation I would creep into the hall and push the lever down one degree. Before long he would push it back up. I offered to contribute to the utility bill. He assured me it was just not that hot. I was working on a book so I went back to my own place. The temperature cooled down and so, eventually, did our relationship.

I’ve always been jealous of those who move through the world unfettered by personal preference. I don’t know if their willingness to take the first table offered in a restaurant or not drive around looking for a better parking place is saintly, emotionally mature, or just lazy although I prefer to believe the third.

You might recall the movie “When Harry Met Sally.” Sally was my hero, although when I went to see the film with friends every head turned to look at me as she described exactly how she wanted her sandwich, and with her pie she wanted vanilla or no ice cream at all and on the side, not on top, of the pie. Now these were not terribly difficult requests but our culture does not have much patience for those of us who want it the way we want it and request it that way. It’s not cool, it’s not laid back, and yes, I know, we’re viewed as something of a pain in the posterior.

The trouble escalates when we are paired with someone who has no idea of what is bothering us. We could be sitting under the fan (there’s that pesky A/C again, cooling off the food at an alarming rate) and the music could be too loud so we cannot hear each other, a child of Attila the Hun might be kicking the back of my chair and my companion takes no notice of any of it and is having an annoyingly good time. Do I bring up these things or do I say nothing?

Suffering in silence is highly overrated and certainly unrewarding so why would someone choose it as a lifestyle?

I think I inherited my particular (some would say picky) nature from my Hungarian mother who, on a road trip with Dad and me, would leave us in the car at the motel while she took a few keys from the manager and inspected the rooms, choosing the one with the best view, the cleanest, the quietest. Or

the annual trip for a Christmas tree which required at least three lots searching for just the perfect tree. She ordered her toast well done which meant “put it down twice” and dry, butter on the side and if it arrived all pale and slathered, back it went. Do I have fond memories of these times? No, but neither do they upset me. I said I would never be like my mother (in so many things) but let’s face it, I look and there’s my mother’s hand at the end of my arm.

Perhaps you have a friend, a wife or a daughter like me. I’m jonesing for a little understanding here. Like the young princess who had a terrible night’s sleep, bruised by a single pea despite the 25 mattresses and 20 quilts between it and her, this only proves our sensitive, delicate, royal nature. Right? Can we help it if we’re uneasy because you’re driving on the curves too fast? Because you took the wrong road even though we told you we really like another one that was straighter? The woman behind us at the movie is crackling her candy wrapper incessantly and look, there are two seats 8 rows up that will be quieter. Why are you giving me that look? You ought to be giving it to her! When the princess complained of her discomfort, she was considered royalty but all we get are side eye and sighs. It’s not fair, is it. (I wish I could insert a pouting lips emoji here.)

Do not hate us for our insistence that an aisle seat is the only way to fly and the colorist at the salon really should supply fluffier neck pillows for the uncomfortable sinks. (Dentists could use more pillows too.) Think of the perks you’ll get that you didn’t even know you wanted when we get the best table in the restaurant or find the window washer who really leaves them sparkling (because we fired three previous washers) ...you should really call all of your Princess friends for referrals!

As for us, we really will try to go with the flow and Zip It if possible, especially when we’re at your home for dinner and don’t like something on the menu or think the guest towels aren’t soft enough. The Princess may have been admired when she complained about the pea, but we know better than to wind up in the pea soup ourselves. Only, would you mind turning down the thermostat just a tad? It’s getting unseasonably warm, don’t you think?

Leslie Lafayette is a writer and journalist, resident of SCLH, and definitely a spring chicken. You can e mail her at leslielafayette@gmail.com

SCR Bridge Club

(cont’ from page 30)

ever since.

In 1968 Marvin started playing bridge and his stepbrother, Joe was very instrumental in helping him learn the game. In 1993 he took the ACBL Directors test and has been directing ever since. He has directed at the Sacramento Bridge Club, Folsom, Lincoln Hills and Roseville. Currently he directs at only Lincoln Hills and here with us. He also enjoys teaching bridge on cruise ships. We have so much enjoyed having Marvin direct our games. Thank You Marvin.

Harriet Ruderman will be starting up another beginner’s class, and those who want to freshen up, on Wednesday, March 6 at 9:30 to 11:30. The classes are free.

Our Spring Luncheon will be March 18. The menu choices will be a Taco Salad or Chicken Croissant. The cost is \$20. Sign up sheets will be at Sierra Pines, the Card Room and flyers in the kiosk. The Lincoln Exchange, at Lincoln, will be held on May 1. Our Lincoln Exchange, held here, will be on September 16.

Mah Jongg

BY CINDY FAULKNER

We had a great time on Friday February 28 at 11:30 am at Sierra Pines. Food from Pocket Deli in Rancho Cordova was good and something new. Your hosts were Dale Alvarez, Joanne Mastalski, Joan Jeffrey, and Sylvia Marks, and a thank you for your hard work and a nice time of lunch and Mah Jongg play. Hope everyone had at least 1 Mah Jongg.

Thank you to our members and non-members who purchased their new Mah Jongg

cards from the club. We are all looking forward to receiving the new card in our mailboxes around the end of March. It is always an exciting time anticipating all the new combinations of hands. A thank you to Vice President Sidnee McKinney for getting this big job done. We will receive a check in November payable to the Sun City Foundation for the charitable rebate of \$1 per card ordered.

Classes to learn Mah Jongg will start March 29, 2019, with class continuing April 5, 2019 and April 12, 2019 from 9:00 am to 11:00 am in the card room, if interested call Cindy Faulkner at 916 772-0682. You must sign up to be in the class. There is no fee for the classes. All Sun City residents with an activity card are welcome.

All Mah Jongg play is fragrance free.

Bunco

BY PAT OBERLANDER

Winners for January 14—
Most Buncos: Audie Gould

Most Games: Cindy Jones
Booby: Pat Oberlander
Winners for January 28—
Most Buncos: Jill

Carmena. Most Games: Audie Gould. Booby: Joyce Sofranac

Come join us 2nd & 4th Mondays! No training necessary, just luck. The cost is \$4 Sign-in starts at 8:30am and we start playing at 9am. Good way to meet neighbors and loads of fun. We’d love for you to join us. We’re in the card room at Timber’s Lodge. You don’t have to commit to every time, but once you start, you’ll be hooked. Come on down!



Bunco Winners!



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Observations on This and That

BY MARTIN GREEN

Forgetting: Last month's column was called "Observations on Reaching a Certain Age," in which I discussed my feelings on reaching 89 years old, mostly disbelief. One of the aspects of old age I've observed is that I'm forgetting things more often, not necessarily that I'm forgetting names and places or where I put my glasses or car keys (although there is that sometimes) but when I have a number of things to remember I can't seem to remember all of them. For example, if I'm going to Safeway and the bank in the same shopping center I might remember my shopping list, the check I'm going to deposit and the deposit slip but I'll forget to take the bags I need now that Safeway is no longer providing or else charging for them, one of the benefits of living in the great state of California. So, I'm pretty aware of the forgetting syndrome and when I recently I came upon an article in the Wall Street Journal headlined "The Secret Benefits of Forgetting" it of course immediately caught my attention.

The article starts by saying: "Many people worry that forgetting names, facts or tasks on their to-do lists is a sign of aging or mental decline. A growing body of research offers a more welcome excuse. Forgetting stuff can actually be a by-product of rigorous thinking, smooth decision-making or heightened creativity." Not only this, but "contrary to the notion that forgetfulness reflects a withering

of brain cells, scientists say it can actually be driven by the growth of new neurons in the hippocampus, a brain region linked to memory." Okay, that's more like it. I'll take rigorous thinking or maybe heightened creativity as the reason for forgetting those bags and I'll also take those new neurons in my brain.

The thrust of the article is that by forgetting some things we leave room for remembering more important or pressing matters. "The brain balances remembering and forgetting gracefully to facilitate optimal use of memory." Further, "One of the biggest obstacles to thinking of something new and different is our old ideas, our current perspective and things we already know. Forgetting is at the heart of getting around that." If this is the case, I'm now making more optimal use of my memory and my creativity is growing by leaps and bounds. So there is hope for us old guys yet. Interestingly, the article ends by citing an expert on memory who "sometimes finds himself walking into his kitchen and realizing he's forgotten the reason he wanted to be there in the first place — such as picking up a grocery list from the table." The expert says: "It's usually a sign that I have to let my mind wander a little, and carve out more space to process that problem or decision." So if you notice me wandering around Sun City with a bemused look on my face it's because

I'm letting my mind wander. I'd still like to remember that grocery list, as well as those bags, the next time I go shopping.

Changes in Our Lifetime: In contemplating the fact that I've now been around for almost a century, a pretty long time, I couldn't help but think that there've been a lot of changes during my (and our) lifetime. For some reason, the first thing that came to my mind was air travel, maybe because the airplane ride I took from New York to San Francisco when I came out to California marked a pivotal point in my life. I don't recall the details of that plane ride but I do know it was on a propeller-driven plane and so must have taken much longer than it does now. On the other hand, I'm sure I had a lot more leg room and was served a meal that was actually good. I also remember a stewardess, they were called that then, gave me a blanket so that I could take a nap. To sum up, air travel may be faster but it's certainly not better.

I could go on to other things that have changed such as work, entertainment, sports, communication but as faithful readers know I usually wind up by concluding that despite all of our advances the old ways were in many ways better. At this point, I want to look at one thing that I've come to believe has made lives better, technology. I've written here about my adventures, or misadventures in "technoland" and they've been many. Still, I have to say I've

come to terms with most of the tech aids we have today. Not that I've gone over completely to the dark side. I still like to read real books, don't tweet or post on Facebook and my phone is not that smart. But I've used my PC to write my articles for years and e-mail them in. We use Skype to see our son, daughter-in-law and grandkids in Ireland. We use our kind of smart phone to get rides on Lyft. Now that shopping and driving places have become arduous we've been using Amazon to buy things. I do read books on my iPad and have become used to doing so. I also use my iPad to get the latest sports scores, especially since our print newspaper no longer reports on the previous night's games. Our most recent discovery is the websites that can be used to order meals from restaurants. Without driving at night we'll be able to have dinners from some of our favorite places. We'll see how that works out.

As we know, technology has developed self-driving cars. I'm not sure if they'll be the norm in our lifetime; I somehow doubt it. And I'm not sure if I'd feel comfortable being in one. I do hope that technology develops robots that cook, clean, also drive and pick up things that fall to the floor or ground. As it is, Alexa, our Echo Dot, reminds us of things (see the section on Forgetting above) and if I can't remember or don't know something I go to Google, which provides information about anything and everything.

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Roseville Update

Model	ACTIVE Listings	Average List Price	PENDING Sales	Average Pending List Price	SOLD Last 2 Months	Average Sale Price
Wilshire						
Timberlodge			1	\$600,000	1	\$738,000
Hearthwood					2	\$626,500
Stonecrest						
Delta Breeze	4	\$608,200			3	\$615,300
Turnberry						
Sierra	1	\$532,500			1	\$505,000
Summit			1	\$539,900		
Plumas			1	\$505,000		
Ironwood					1	\$622,000
Grove			1	\$489,000		
Yosemite	3	\$478,500	1	\$499,900	2	\$501,200
Baywood						
Calaveras	2	\$439,500	1	\$435,000	3	\$426,300
Parkland						
Regent						
Shasta	1	\$459,999	1	\$450,000		
Pinery						
Countryrose	2	\$421,500	3	\$451,100	3	\$418,900
Rosetree	2	\$385,000	1	\$352,000	2	\$382,000
Orchard	1	\$413,000				
Timberrose	1	\$395,000	3	\$377,500	2	\$353,100
Meadow			1	\$415,000	2	\$368,000
Rosegarden			1	\$349,950	3	\$344,000
Willow						

NOTE: The statistics above do not reflect any consideration in value for model options nor location.

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MEN'S SNOW SHOES, Atlas model 830 from REI, asking \$120, 916-408-2355.

ANNOUNCEMENTS

CHANGE YOUR THOUGHTS; change your life. Come to learn the Tao spiritual philosophy. LingJing 916-865-8062

ROSEVILLE ELKS BINGO! 3000 Brady Lane, Roseville. First and Third Tuesday @7pm. All cash prizes. All proceeds benefit Veterans and Youth Charities in our local community. For more information call 916-783-4515.

SOROPTIMIST INTERNATIONAL of Roseville welcomes new members. Visit www.soroptimistinternationalofroseville.com or contact Kathy Maguire 916-206-4912.

SUNDAY, MARCH 10 at 4:30 pm Dr. Ryan Enright will perform an organ recital at St. Andrew's Episcopal Church, 7850 Watt Ave., Antelope. Ryan is the organist at St. John's Lutheran Church in Sacramento. His concert will be preceded by a service Choral Evensong at 4 pm with music by Renaissance Choir Sacramento.

CENTRAL CALIFORNIA Lab Retriever Rescue CCLRR have a pressing need for temporary homes for the homeless dogs that we take in as strays, dogs that owners can no longer care for and dogs brought to the animal shelters. These labs need a loving home so eventually they can be adopted into a forever home. It will be much appreciated by these sweet dogs. Call 916-849-3728 for more information.

Classified Ads should be Emailed by the 12th of each month to: CA@egnews.com

**FREE ADS — INCLUDE

- ◆ First 15 words are FREE (for SCR residents only), additional words \$1 each
- ◆ ONE AD PER HOUSEHOLD, PER MONTH
- ◆ Any Real Estate or Business Ads are not free. Please see "Business Ads"
- ◆ Lost and found items/pets.

BUSINESS ADS

- ◆ Anything of a commercial nature, including pet sitting, real estate, rentals, timeshare/condos, etc.
- ◆ 15 words for \$25. Additional words \$1 each.
- ◆ \$65 for three months, same ad! (15 words only) additional words \$1 each

Classified Ad Submissions —

WHEN: By the 12th of the month, please email the information below to: CA@EGnews.com

Subject Line should be SCR Classified and your Phone Number (Example: SCR Classified 916-123-4567)

1. Contact name and phone number.
2. Which category to place your classified ad in: (Service, For Sale, Wanted, Announcement)
3. Classified ad text - including the phone number you want readers to call.

SCR residents get FREE non-business Classified Ads; limited to 15 words; one per household per month.

Non-business Ad items include selling personal used items such as furniture, tools, books, rugs, electronics, personal car, golf cart, etc.

Business Ads include anything of a commercial nature or service, including pet sitting, real estate, rentals, timeshare/condos, any service etc.

Business Ads are 15 words for \$25 for one-month. Additional words \$1 each. (\$65 for three months for the same ad.)

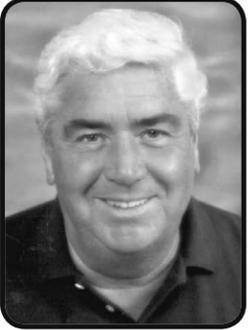
If your classified ad is determined to be "business" related, we will email you an invoice that will allow you to pay immediately with a credit card, or mail a check.

*HINT on Word Counts: A "word" is anything separated by spaces, or as reported by word-process software like Microsoft Word.

If you have any questions, please email us at: CA@EGnews.com

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