

SUN SENIOR NEWS

Your Community News Source — Serving Sun City Lincoln Hills — ONLINE AT: SUNSENIORNEWS.COM



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And Much More . . .

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The Musillanis — Brushes Balls and Bella

BY RUTH MORSE

Unlike many others, when Jim and Joan Musillani moved to Lincoln Hills ten years ago they did not move very far. They changed locations from a home in East Rosemont in Sacramento they owned since their youngest daughter was one month old. The house is still in the family occupied by the youngest daughter, son-in-law and two grandsons.

Both Jim and Joan have families with deep roots in California. Jim grew up in Sacramento and was in the first graduating class of Luther Burbank High School in 1964. He has kept in touch with many of his fellow sports buddies and still sees them on a regular basis.

Joan's family has California roots for four generations on her mother's side. She started her life in Sebastopol on a chicken ranch. Then her father went to work for the Department of Motor Vehicles and so the family moved to various locations. They stayed in Sebastopol through Joan's middle school years and then moved to Torrance and Ventura. Southern



Jim and Joan Musillani

Photo by Jeff Andersen

California was a culture shock since she was used to acres of chickens and a small town vibe. However, it was a great time for surfing at the beaches in So Cal and she loved it. Eventually, her family moved to Sacramento. Her parents

managed an apartment building along with working other jobs.

After Jim finished high school, he joined the Air Force and was stationed at Beale Air Force Base. There was a shortage of barracks at the time and he ended up commuting from his house, even though he had joined the military in part to move away from home. He did eventually travel. He was a crew chief on tankers that refueled the SR-71 Blackbird during the Vietnam War for four years.

Joan's apartment building managed by her parents in Sacramento was also home to the girlfriend of Jim's cousin so the cousin introduced him to Joan. They met in January and married in October of 1970. Jim asked her to marry him in February but Joan thought it was a little early so she didn't say yes until March. They will be celebrating their fiftieth wedding anniversary in 2020.

After they married, Jim went into business (cont' on page 39)

LH Art and Craft Studio Tour

BY CATHIE SZABO

Treat Mom, or grandmom, or aunt, or cousin to something different this Mother's Day weekend. Take them to Sun City Lincoln Hills' Art and Craft Tour the weekend of May 11 and 12.

Here's your chance to get up close and personal with the talented artists and artisans here in Sun City. There'll be arts and crafts of all types; oil and watercolor paintings, photography, wood turning, jewelry, ceramics and pottery, fiber arts and more. From full-blown casitas with specialized equipment to corners of rooms, "studios" are anywhere these talented people work.

Now you're invited to come and tour these studios, talk to the artists, admire their work, find out more about it and perhaps, purchase an item or two for Mom or you.

For your convenience, several locations boast more than one artist, making it easier to sample the talents of our residents.

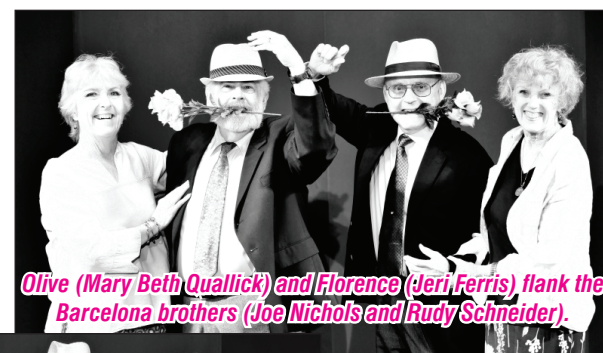
Maps with locations and artists are available in Orchard Creek. Studios will be open on Saturday, May 11 from 10:00 to 4:00 and on Sunday, May 12, from Noon to 3:00.

Make this Mother's Day different – give Mom an artistic day! See you on the Tour!

Hilarious Neil Simon Play Coming in June! Players Club Presents The Odd Couple (Female Version)

BY DOUG BROWN

Remember The Odd Couple? The comical 1970s TV show with Tony Randall's fastidious Felix Unger and Jack Klugman's free-spirited Oscar Madison? Or the 1968 movie version? Or the original 1965 Broadway play?



Olive (Mary Beth Quallick) and Florence (Jeri Ferris) flank the Barcelona brothers (Joe Nichols and Rudy Schneider).



The Odd Couple (FV) cast ponders a Trivial Pursuit challenge.

Coming in June, the Lincoln Hills Players Club is delighted to present Neil Simon's hysterical "female version" of his award-winning original Odd Couple, a sure bet to entertain Lincoln Hills audiences in Kilaga Springs Presentation Hall. In the female version, a cast of six women and two men offer an equally comical gender reversal of Simon's 1965 play.

In The Odd Couple (Female Version), Olive (Mary Beth Quallick) and Florence (Jeri Ferris) are counterparts to Oscar and Felix. Carefree, irresponsible, and outspoken Olive is the perfect foil for Florence, a neurotic neat freak who

abhors the sight of disarray. Four other women companions (played by Alice Crawford, Mary Jo Garrison, Monica Maddern, and Melinda Stephens), team up to deliver Neil Simon's brilliant, quirky humor.

Then, just when you think it couldn't get funnier, two Spanish neighbors, Manolo and

(cont' on page 37)

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Back issues are available to download there as well.

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SUBMISSIONS

The Sun Senior News - Lincoln Hills welcomes announcements from social clubs, schools, charitable organizations, non-profit organizations, local government and community events. Also, editorial contributions as well as articles, cartoons and photographs are welcomed and considered for publication. Deadline for submissions is the 15th of each month. *Please submit via email to: egnews@egnews.com*

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From the Editors



Liz and Gregg Goldthorpe



We recently visited two of the “Mighty 5” Southern Utah National Parks, Arches and nearby Canyonlands. The other 3 National Parks are Bryce Canyon, Capitol Reef and Zion.

If you want to feel very small — this is the place, it was like being on a different planet; maybe Mars! The spectacular beauty, fresh air, and the hiking was great. We look forward

to going back, and visiting Capitol Reef which is the only National Park in the area we still haven't visited.

Too much to do and see — never enough time...

Liz and Gregg Goldthorpe



Letters to the Editors...

Authors are solely responsible for the content of their letters.

American Flag Etiquette

Should the United States Flag or its replica be used: 1) as ordinary apparel; 2) for advertising purposes; or 3) as disposable paper napkins and plates? According to the federal government Flag Code, answers to the aforementioned questions are “no.” United States Congress created the Flag Code in 1942 (Public Law 829; Chapter 806) as the guide for proper handling and display of the American flag and its replica. The Flag Code is not mandatory and does not impose penalties for misuse of the American flag and its replica, but it does formalize and unify the traditional ways in which American citizens and others appropriately respect our symbol of inspiration and pride while displaying and donning their patriotism.

The intent of the Flag Code guidelines is very clear: “No disrespect should be shown to the Flag of the United States of America.” Yet, as we go about our daily lives, some of us notice that the guidelines are violated in many different ways. Those violations include but are not limited to:

- Flying the American flag in darkness:

(cont' on page 30)

Flag Code states, “It is the universal custom to display the flag only from sunrise to sunset on building and on stationary flagstaves in the open; however, when a patriotic effect is desired, the flag may be displayed twenty-four hours a day if properly illuminated during the hours of darkness.” Retire your American flag at sunset daily unless you've illuminated it with adequate light through sunrise.

• Use of portable (picnic) chairs, umbrellas, ordinary clothing, shoes, purses, tote bags, blankets and disposable paper-ware that depict American flag replica: Flag Code states, “(The flag) should never be festooned, drawn back nor up in folds, but always allowed to fall free; the flag should never touch anything beneath it, including ground; (the) Flag should never be used as a receptacle for receiving, holding, carrying or delivering anything.” Don't purchase and use any items that depict images of the American flag inappropriately. Let merchants know when they're violating the Flag Code, and explain why they should make good-faith efforts to stop.



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PLACER COUNTY GRAND JURY



The Placer Superior Court is seeking applications from Placer County citizens interested in an opportunity to serve on the 2019-2020 Grand Jury.

Additional details, including dates and times for informational sessions, and applications are available by contacting (916) 408-6186, or by visiting the Court's website at: www.placer.courts.ca.gov.

Applications are due May 10, 2019

Neighbors InDeed — Who Are We?

BY PAT TOGSTAD

When you call Neighbors InDeed and leave a message, your first contact will be with a volunteer from “Information & Referral” or, as we like to say, “I&R”.

The I&R volunteers return your calls from 9 a.m. to 5 p.m., Monday through Friday. Each of us works from home on a dedicated cell phone (916-223-2763) along with two reference manuals in a traveling tote bag. We also have back up from an I&R Monitor who has volunteered for that day of the week. The Monitor is available to answer questions, make any necessary corrections, or help with calls if there is a sudden increase in the number of calls. At the end of the day, each volunteer delivers the telephone and manuals to the next volunteer on duty.

During our work day, we listen to the messages and transcribe the callers’ requests. We research the information needed to complete the request and then return the call. If it’s an approved task, we may ask additional questions to make sure the caller has all the necessary parts for the Handy Helper to complete the task, such as batteries or light bulbs. If it’s not a task that our Handy Helpers provide, then we will offer the caller



three referrals from our Resources Listing. After the return call is completed, we enter all required information into our computer database. Once the call is in the database, it is accessed by our Dispatchers, who then assigns the call to a Handy Helper. The Handy Helper will call the resident to set up an appointment time.

You may be wondering why we never answer the telephone. The simple truth is that it’s much more efficient to have the answers ready for you before getting you on the line. We have usually researched your request and have the information you need in front of us when we return your call. This saves time for you (waiting on the phone while we try to find something) and also saves time for us (we can be working on another call while you’re leaving your message). We try to get back to each caller as quickly as we can, but some days, especially Mondays, we are very busy and there may be delays. Those are the days when a Monitor may step in to help with the call volume.

There are two I&R Coordinators who provide training and support for the volunteers. Our Monitors serve one day each week. Our great volunteers find it very rewarding to help

their neighbors.

If you like helping people, are comfortable talking to your neighbors on the telephone, are user-friendly with your own computer, and can work one day per month, give us a call at 916-223-2763. We’ll call you back to arrange for an application packet to be mailed to you.

SSNLH WRITER...

It’s Springtime!

BY JEANIE ROBERTSON

Spring is my favorite time of the year.
Fat robins are hopping around.
And out near the fence in my flower bed
The Tulips are now breaking ground.

And, oh, the beautiful Acacia trees
Are splendid in their shades of gold;
While some trees blossom in soft pink and white
Are truly a sight to behold.

I love Mother Nature this time of year.
Yes, Spring is MY favorite season.
And I’m sure that my husband would agree
If only he could stop his SNEEZIN’!!

*We welcome your submissions such as humorous observations and poetry.
Please see page 3 for submissions information.*

Food, Fun, Cars and Bingo!

May is a big month for the Lincoln Hills Foundation. On May 18 we are hosting the Pre-Party for the Concours d’Elegance of Lincoln Hills. Join us from 6:00 - 9:00 pm for an evening of food, wine, live music, raffles, silent auction, great company and a preview of some of the cars from the next day’s event.

Attending the event not only gives you a lovely evening out with friends and neighbors but also raises funds to continue the work the Foundation does here in Lincoln.

Tickets are \$75 per person, available at lincolnhillsfoundation.org

If that party isn’t enough fun in May, we still have Bingo on Thursday, May 23rd. Doors open at 12:30 in the Orchard Creek Ballroom and the games begin at 1:00.

Tables for seven to ten players can be reserved in advance by sending an email to bingo@lincolnhillsfoundation.org. Unfilled seats at reserved tables are intended for all players to use a making this a great opportunity to extend hospitality and make new friends.

Cost is \$20 for twelve games. Don’t forget to bring your dauber or purchase one on-site for \$1.50.

Attn Players: You no longer need to print out coupons for pop-ups. Each player will receive 3 complimentary pop-ups with the purchase of their game cards.

As usual Meridians Restaurant will offer its tasty pre-game luncheon special. Look for the complete 2019 Bingo schedule on the website at www.lincolnhillsfoundation.org

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Lee & Valerie

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Jim & Liz



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LH Community Chorus

BY BARRY MACKINTOSH

Our thanks to all of you who attended and applauded our recent “Songs through the Decades” concerts. Your support is essential to our performances, and your appreciation rewards all the effort we devote to deserving it.



Promoting the Chorus at the Lifestyle Expo.

Now we’re in recess until September 3, when we invite new members to begin rehearsing with us for our mostly Christmas concerts on December 8-10. We’ll again be directed by Paul Melkonian and accompanied by Nina Malone, outstanding professionals who bring out the best in us. If you’re unsure about committing yourself, visit and sing with us for three weeks with no obligation. You’ll get plenty of help from computerized music files for home practice and sectional and full rehearsals Tuesday afternoons.

For more information about us visit our website: www.lincolnhillschorus.org. To discuss joining us contact our membership chair, Suzanne Rosevold (916-587-3035, suzannechorus@gmail.com).

• • •

Tap Company

BY FREDDIE DEMPSTER

Tap Company members enjoyed a fun time at our Workshop on April 20th. Carol Rose taught us some jazz dances and Becky Nicholson led us in tap dances. They are wonderful coaches and also choreographed the numbers. Our President, Frima Stewart, provided luscious food so our taste buds could have a good time, along with all our happy feet. Thank you three for this enjoyable time!

• • •

LH Line Dance Group

BY JUNE WILLIS

Spring has sprung in Lincoln Hills – the cherry blossoms are blooming, the goats are munching and our Line Dance Group held its first social dance of the year. The Orchard Creek ballroom was decorated with spring flowers on each table and we had close to 100 members dancing away the afternoon of Sunday, March 24. All levels of dancers were there to dance and socialize. Our Line Dance instructors, Sandy Gardetto, Yvonne Krause-Schenck, and Cathy Paris put in many hours practicing with their classes so everyone would have a great time demonstrating what they have learned. As always, a variety of dances



March dance social participants.

(cont' on page 7)

Concours d'Elegance at Lincoln Hills

How can anyone resist an evening of food, fun, live music, raffles, bidding in a silent auction and getting a sneak preview of elegant, unique, classic cars.

The Lincoln Hills Foundation is delighted to host the 1st annual Concours d'Elegance at Lincoln Hills, The Pre-Party on May 18, 2019 from 6:00 – 9:00 pm. Join us as we raise money to support our vision of meeting real, practical and immediate needs of seniors. In 2019, the Foundation has a special focus on family caregivers, providing help with respite care for loved ones and practical referrals for legal and financial planning. The need for these services is rapidly growing.

This special Saturday in May allows guests to enjoy an evening previewing the gorgeous cars from the Sunday Concours d'Elegance, live jazz, delicious food and wine provided by vendors from the Sacramento region and spend a lovely evening with friends while raising money for a great cause. Tickets are \$75 per person in advance (\$95 at the door). To purchase tickets go to LincolnHillsFoundation.org.

The Foundation is a 501 (c) (3) non-profit charity and 100% volunteer organization which takes pride that all donations are returned, dollar for dollar, to the community.

For any questions on attending or donating towards this event please call 916-996-8813.

Saturday, May 18, 2019 • 6:00 pm – 9:00 pm
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LH Line Dance Group

(cont' from page 5)

were done from latin, pop, rock, and country. The Electric Slide, danced to "Elvira" and led by practice teacher, Ginger Fullerton, was a big hit. We were fortunate to once again have Christopher Gonzalez and Megan Borsuglia as our special guests – they did a dance demonstration and then joined the rest of the crowd. And special thanks go out to our DJ, Mike Schenck, for supplying the music. We are so fortunate that he wants to put in the time and effort it takes to keep the tunes coming. If you are interested in joining us in the future, check out the Compass Magazine for a listing of times and classes – there are five levels of line dance and one to suit just about everyone. Our next social will be in the ballroom at Orchard Creek on Sunday, August 4.

• • •

Country Couples

BY RICH & DONNA PICK

Here we are, it's May already! Country Couples had our "Swing into Spring" potluck dance. After being welcomed by Gary & Sandra Moulton, we started out by learning a new line dance taught by Dennis Dawson. Music was played by DJ Carlos Acituno.

Fifty-one Country Couples club members gathered together to enjoy each others company at Kilaga Springs on Saturday



"Swing Into Spring" Dance: Lauri English, Marsha Brigleb and Warren English.

evening, on April 14.

We danced several dances before dinner. A potluck was provided by our members. What a spread we had including Italian, Mexican, Asian and American delicacies! Roseanne Bogue, Irene Hesson, Sandy Manildi and Nancy Millican organized the arrangement of the buffet and the after dinner kitchen cleanup. So much food and so many choices; everything was delicious! A big thanks to all our members for their contributions. Dinner was followed with ice cream sandwiches topped with chocolate sauce

and whipped cream. Yummy!

We continued to dance the remainder of the evening while catching up with old friends that we haven't seen in a while and meeting new members. What fun!

If socializing, dancing and fun is what you are looking for, stop by Jim & Jeanie Keeners class on Monday evenings between 7:00 and 8:00 PM at (KS) to check out the style of dancing we do. If this type of dancing interests you, sign up for the class at the Activities Desk and then consider joining our Country Couples Dance Club for more dances and fun activities. We look forward to meeting you!

Club contact: Irene Hesson 916-434-6804

• • •

LH Ballroom Dance

BY RUTH ALGERI

In early April, members of the club travelled to San Francisco on an overnight trip to see the San Francisco Open Ballroom Dance Competition. The competition had



Some of the members that traveled to SF: Lavina Samoy, Kathy Fernandes, Minnie Gonzales, Chris and John Geist.

several age groups from young children, pre-teen, teens, adults and seniors. Dance categories were smooth showing waltz, fox trot, tango, Viennese waltz, quickstep and latin showing cha cha, rumba, jive, samba dance, paso doble styles. Levels included amateur, pre-competition and professional competition. The dancers demonstrated their skills, talent, and athletic abilities. We witnessed some of the best ballroom dancers in competition. There is only one word that can describe the competition, fabulous!

After four weeks of swaying our hips to the Rumba and Salsa in April, get ready to slow things down a bit with the Fox Trot on May 7th, 14th, 21st, and 28th. Belinda and Nancy return as the instructors. After just a few lessons, you'll feel like Fred Astaire and Ginger Rogers gliding smoothly around the dance floor.

Next, dust off your favorite Spring recipes to share with your friends at the Spring Pot Luck on Saturday May 11th from 5PM to 9PM at the Kilaga Springs Lodge. Wine and beer will be available for purchase in the Café until about

6PM. Be prepared to dance the night away while sampling the bounty of the Pot Luck.

If talk about the competition has aroused your interest in ballroom dancing, join us on Tuesday afternoons for a free lesson and an hour of social dancing. Non-members are welcome to attend a couple of lessons before committing to join the club. Singles and couples are welcome.

Annual membership for the Ballroom Dance Club is a bargain at only \$7 per person and is open to SCLH residents, sponsored guests, couples and singles. Where else can you get weekly free Ballroom dance lessons? The lessons are offered in the KS Lincoln room each Tuesday from 2-3 PM for beginners, and from 4-5 PM for more experienced dancers. Open dance is from 3-4 PM during which you can practice many different styles of dance, including the current month's offering to the many styles learned throughout the year. Contact: Ruth Algeri 916-408-4752.

• • •

LH Painters' Club

BY JOYCE BISBEE

Members have been painting Animals for our Art Challenge being held at our May 21 meeting in the Fine Arts Room at Orchard Creek Lodge. Artists will introduce their work and then all members present with vote on the first, second and third place winners and ribbons will be awarded.

Member artist Barbara Lee (Walker) currently has a one woman show at Buonarroti Ristorante in Lincoln. Barbara's large colorful paintings of Italy show very well in this local Ristorante, we invite you to visit and see this wonderful display.

Our Spring Luncheon will be held on June 18 at Turkey Creek Golf club. Watch for details and sign-ups shortly. This is a chance to catch up with other members and discuss current projects. Our monthly Show and Tell session will also be included.

More than 25 artisans participated in our annual Arts and Craft Tour held in Lincoln Hills on May 11 and 12th. Hope you were able to visit the open studios.

For more information, contact Joan Musillani at 916-712-4393

• • •

Mixed Media Arts

BY JILL SHORT

May is here and we are well into Spring. It is a great time to get creative. Things are blooming and nature is perfect to inspire the inner artist in everyone. Those who came to the Mixed Media Arts March meeting braved the crazy downpour of rain, noise of thunder



Marilyn Anhalt teaches us a new technique

and lightning to come and have an enjoyable afternoon. We shared the art challenges from February and March. Next, Marilyn Anhalt patiently taught us a technique that the Mixed Media Artist, Dina Wakely uses. The fun we were having actually drowned out all the noise of the storm. Thanks for the lesson Marilyn.

In April, Jan Stephens shared how to use rolled paper and make wonderful art pieces. Our May meeting will feature Chris Fetter. She will lead us into the world of gelli plates. Come and play and see how fun gelli plates can be. The club will have plates available to share for those who don't have any of their own to bring. Rudi Franke will be doing the June demonstration. He will have us doing something with bingo cards. Bingo and art, that is an interesting combination! You won't want to miss that!

Our Challenge prompt for May is "Junk Mail". Save all that junk mail you get and make an interesting mixed media project. Remember, there is no right or wrong, or rules. Have some fun recycling all that junk into some artsy fun and bring your finished project to our May 15th meeting. You are also encouraged to share other projects you have done. Have you seen some beautiful butterflies in your yard lately? With these lovely creatures in mind the June Challenge prompt word will be "Butterfly". Go ahead and fly with creating an art piece with this prompt. Remember that these challenges are not mandatory. It is just a way for us to have projects to share and see how individuals interpret the challenge prompt.

Come check us out at our monthly meeting. We love to welcome new people to our group. If you have questions just stop by and ask us. Remember we are in the Ceramics Room (OC) at 1:00 PM the 3rd Wednesday of the month. Come meet our Club President, Nan Griffin. See you May 15th!

• • •

(more Club News cont' on page 13)

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From Your Placer County Supervisor

BY ROBERT M. WEYGANDT, *Supervisor*

I would like to step away from news about Placer County for a moment and reminisce about a man who had a positive impact on Lincoln and its community through the local newspaper.

Eldridge Franklin Trott was the former owner, editor and publisher of the Lincoln News Messenger back when Lincoln was a small town community with a population of 3,200 people.

I am sorry to say that we recently lost Eldridge, but his legacy continues today, unfolding among the pages that report on Lincoln's near 50,000-strong community.

Local news connects our communities, and that for me is at the heart of what Eldridge represented.

Eldridge embedded himself into the community to get a sense of its pulse. He spent time getting to know people and cover everything from high school sports to local businesses and holidays.

Eldridge's reporting was a critical part of tightening the fabric of the community. Back in those days, our community was one big family, so appearing in the local newspaper carried a lot of weight, good news and bad.

I remember when Eldridge reported on our high school basketball team's success (I was an enthusiastic fan, not a member). Our



Robert M. Weygandt

team was undefeated in league play. He took the time to recognize the players, which in turn was read, mirrored and amplified by the community.

His reporting was more than news - he made people ponder life and our community's future.

The news media has changed a great deal since the paper was under Eldridge's helm. While today's press has its benefits of timeliness and availability in print and digital form, just to name a few, the local print business landscape is changing.

Many communities across this great nation are losing their local newspaper due to revenue loss and competition, which is a shame.

Our local papers are finding their way through this change, sometimes not very easily, but they provide an invaluable service and I hope we all can continue to support them.

I really appreciate our local journalists who are following in Eldridge's footsteps by providing us with local news and information about our communities, helping us understand today's important issues. I know Eldridge would be very proud.

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Favorite Restaurants

BY MARTIN GREEN



The most recent outing for our LEO (Lets Eat Out) group was to Dickey's BBQ Pit in the Nugget Shopping Center. 701 Pleasant Grove Boulevard (off Fairway Drive) in Roseville. I believe Dickey's has been there for quite some time but Beverly and I hadn't been there before, probably because our BBQ place is Lucille's. Dickey's is an order-at-the-counter place, on the small side, seven or eight tables and seven or eight booths. We were there at one o'clock, and there was a line but it moved quickly, and once we ordered, our meals were delivered to our table at record speed. Drinks were at a machine. Paper towels were on the table, a good idea for a BBQ place.

Dickey's menu, which you picked up at your table shows all of their dishes under Meats, Plates, Sandwiches, Stacks, Tacos, and Sides on the front, and Drinks & Desserts, Kids, Family Packs and Catering on the back. The plates, which come with two sides and a roll, are listed as with one, two or three meats, plus a pork rib plate. I had the pork rib plate (four ribs) with barbecued beans and caesar salad. The four ribs were sufficient for lunch and afterward I, and everyone else in our group, went to the soft ice cream machine for the "free" dessert. The ice cream felt good after the barbeque.

I looked up Dickey's website and was

interested to find that it's the largest BBQ chain in the country, founded in 1944 by a World War II veteran, Travis Dickey, and based in Dallas, Texas. The website says that all meats are slow smoked onsite just as in 1944. There are 85 locations in California, second only to the 136 locations in Texas. I'd say Dickey's is a pretty successful operation. It's open daily, 11 AM-9 PM. The phone number is 916-367-7700.

It so happened that we went to Lucille's a few days after going to Dickey's, on a Saturday night. It was a belated celebration of our son Michael's birthday and our daughter-in-law Laura's (our son David's wife) birthday. This was the first time we'd gone to Lucille's for dinner and, for some reason, I thought it would be less crowded than at lunch when there are always many kids present. I was mistaken, so I recommend making a reservation and being prepared for noise. As for a comparison between Lucille's and Dickey's I'll let readers make their choice and I'd be interested in your letting me know. Oh, yes, Lucille's is at 6628 Lonetree Boulevard, Rocklin; the phone number is 916-780-7427.

March seemed to be a month for family celebrations. Soon after our Lucille's dinner, Beverly and I joined her brother Tommy, and sister-in-law Bette, for dinner at McCormick and Schmicks to mark their 58th anniversary. We hadn't been to this restaurant for a while as they'd taken my favorite dish, calamari steak, off their lunch menu. Also, this was the first time we'd gone to McCormick and Schmicks for dinner.

We were seated in the section with curtained booths. The menu confirmed that this is a pretty pricey restaurant, probably the reason we hadn't gone there for dinner before. However, they do offer a "Sunset Dinner" daily, 3:30-6, three courses — appetizer, entrée, and dessert, for \$25, which is quite reasonable. Appetizers include mixed greens or caesar salad or clam chowder; entrees include rock fish, chicken marsala, shrimp scampi, grilled salmon, stuffed shrimp, fish and chips, salmon rigatoni, shrimp pomodoro and beef medallions; desserts are chocolate mousse, chocolate cake or crème brulee. I had the clam chowder, stuffed shrimp and crème brulee; very satisfactory. As it happened, Beverly had found a coupon for an appetizer. There was a calamari "Fritto" on the menu, so I ordered that. Unfortunately, it consisted mostly of tentacles, much inferior to the old calamari steak.

McCormick and Schmicks is in the Fountains. The address is 1194 Roseville Parkway. The phone number is 916-960-4875. If you go there for dinner, unless you want to splurge, I recommend the Sunset Dinner.

No e-mails this month, but I did get a phone call. Unfortunately, the slip of paper I recorded the call on mysteriously disappeared (something that's been happening more often lately). Fortunately, I remembered the restaurant — Susie's Country Oaks Café. If the lady who called me reads this, please e-mail me. Meanwhile, online information about Susie's shows it's a breakfast and lunch place; hours, Monday-Friday are 6AM-2PM;

Saturday, 6AM-3PM, and Sunday 7AM-3PM. It offers the full complement of breakfast dishes — omelets, waffles, pancakes, etc., and for lunch, burgers, sandwiches, soups, and salads. Breakfast specialties include country-fried steak, eggs florentine, eggs benedict and southern scramble. Lunch specialties include steak sandwich, grilled chicken and meatloaf. Susie's is at 500 Cirby Way in Roseville. The phone number is 916-786-0274.

Our friends Martin and Jan Wolf drove us to the Red Lobster for our annual lobster meal. The restaurant's menu, as it often does, had changed since our last visit and the dishes that included lobster were pretty expensive, but you could order a Maine lobster tail separately, along with another lunch dish, which is what Beverly and I did. The Red Lobster lobster is never as good as those we've had back east but it's okay and suffices for the year. The biscuits are always good. Our Red Lobster is at 6231 Sunrise Boulevard in Citrus Heights. The phone number is 916-726-6694.

Finally, from time to time, I get an e-mail announcing an event at the Flower Farm in Loomis, usually too late to mention it here. But this time the event is a Mother's Day brunch, Saturday and Sunday, May 11th and 12th, 9 AM-2:30 PM. The number to call for a reservation is 916-652-5661. The Flower Farm is at 4150 Auburn-Folsom Road in Loomis.

If you have a favorite restaurant to share, please e-mail me at mgreensuncity@yahoo.com



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Days & Destination	Cruise Line ~ Sailing Date	Starting Price/	Inside	Outside	Balcony
15 DAY HAWAII from SFO! Princess Grand Princess ~ 2600 Passengers	Nov 3, 2019	\$1,299	\$1,529	\$2,799	
	Dec 3, 2019	\$1,299	\$1,399	\$2,099	
	Dec 28, 2019	\$1,599	\$1,669	\$2,289	
	Jan 27, 2020	\$1,399	\$1,579	\$2,399	
Sail round trip from San Francisco, California to Kauai, Nawiliwili Hawaii; Honolulu, Hawaii; Maui, Lahaina, Hawaii; Hilo, Hawaii; Ensenada, Mexico, San Francisco, California. ^ROUND TRIP LINCOLN SHUTTLE TO SHIP AVAILABLE!					
10 DAY ALASKA From SFO! Princess Grand Princess ~ 2600 Passengers	May 6, 2019	\$949	\$999	\$1,849	
	May 16, 2019	\$919	\$969	\$1,449	
	Jun 25, 2019	\$1,199	\$1,299	\$2,399	
	Jul 15, 2019	\$1,299	\$1,399	\$2,499	
	Aug 4, 2019	\$1,299	\$1,399	\$2,079	
	Aug 14, 2019	\$999	\$1,099	\$1,499	
Sail round trip from San Francisco, California to Juneau, Alaska; Skagway, Alaska; Glacier Bay, Alaska; Ketchikan, Alaska; Victoria, BC, Canada; San Francisco, California. ^ROUND TRIP LINCOLN SHUTTLE TO SHIP AVAILABLE!					
7 DAY CA Coastal from SFO! Princess Grand Princess ~ 2600 Passengers	Oct 13, 2019	\$1,119	\$1,369	\$2,029	
	Oct 20, 2019	\$999	\$1,099	\$1,399	
Sail round trip from San Francisco, California to Astoria, Oregon; Seattle, Washington; Vancouver, BC, Canada; Victoria, BC, Canada; San Francisco, California. ^ROUND TRIP LINCOLN SHUTTLE TO SHIP AVAILABLE!					
10 DAY MEXICO From SFO! Princess Grand Princess ~ 2600 Passengers	Oct 3, 2019	\$899	\$1,049	\$1,199	
	Dec 18, 2019	\$1,199	\$1,399	\$1,699	
Sail round trip from San Francisco, California to Puerto Vallarta, Mexico; Manzanillo, Mexico; Mazatlan, Mexico; Cabo San Lucas, Mexico; San Francisco, California. ^ROUND TRIP LINCOLN SHUTTLE TO SHIP AVAILABLE!					
15 DAY PANAMA CANAL Princess Coral Princess ~ 2000 Passengers	Nov 17, 2019	\$1,879	\$1,979	\$2,699	
Sail from San Francisco, California to Fort Lauderdale, Florida to visiting Cabo San Lucas, Mexico; San Juan Del Sur, Nicaragua; Puntarenas, Costa Rica; Fuerte Amador, Panama; Transit the Panama Canal; Cartagena, Colombia; Fort Lauderdale, Florida. INCLUDES LINCOLN SHUTTLE TO SHIP & SACRAMENTO AIR RETURN!					
20 DAY Panama Canal Princess Coral Princess ~ 2000 Passengers	Apr 21, 2020	\$2,299	\$2,499	\$2,999	
Sail round trip from Los Angeles, California to Huatulco, Mexico; Puerto Chiapas, Mexico, Puerto Quetzal, Guatemala; Transit the locks of the Panama Canal; Puntarenas, Costa Rica; San Juan del Sur, Nicaragua; Manzanillo, Mexico; Los Angeles, California. INCLUDES Sacramento Airport Shuttle & Round Trip Airfare!					

Prices are per person; based on double occupancy and subject to availability. Other items not included in the cruise prices are airfare-unless otherwise noted, taxes, transfers, fuel surcharge and travel insurance. Some restrictions may apply. See brochure for complete details. ^Round Trip Shuttle is \$100 per person.



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CST # 2033380-40 April 2019a edition



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INCLUDES SACRAMENTO AIRFARE!				
14 DAY MEDITERRANEAN Koningsdam ~ 2650 Passengers Sail round trip from Rome (Civitavecchia), Italy visiting Dubrovnik, Croatia; Kotor, Montenegro; Split, Croatia; Koper, Slovenia; Rijeka, Croatia; Corfu, Greece; Catania, Sicily, Italy; Valletta, Malta; Naples, Amalfi Coast (Pompeii), Italy; Civitavecchia (Rome), Italy.	Holland America Aug 31, 2019	\$2,599	\$2,999	\$3,499
INCLUDES OAKLAND AIRFARE!				
44 DAY SOUTH AMERICA Koningsdam ~ 2650 Passengers Sail from Fort Lauderdale, Florida to San Diego, California visiting Bridgetown, Barbados; Devils Island, French Guiana; Fortaleza, Recife, Rio de Janeiro, Brazil; Montevideo, Uruguay; Buenos Aires, Argentina (2 Days); Punta Arenas, Puerto Montt, San Antonio (Santiago), Chile; Callao (Lima), Peru; Puerto Caldera (Puntarenas), Costa Rica; Puerto Quetzal, Guatemala; Puerto Vallarta, Mexico, San Diego, California.	Holland America Mar 15, 2020	\$4,999	\$5,999	\$7,899
INCLUDES SACRAMENTO AIRFARE!				
26 DAY SOUTH PACIFIC Golden Princess ~ 2600 Passengers Sail from San Francisco, California to Sydney, Australia visiting Hawaii; Bora Bora, French Polynesia; Papeete, Tahiti; Pago Pago, American Samoa; Auckland, New Zealand; Tauranga, New Zealand; Napier, New Zealand; Sydney, Australia. Ask about extending your stay in Australia and the Great Barrier Reef.	SFO to Sydney Princess Sep 28, 2019	\$4,399	\$4,799	\$5,999
INCLUDES LINCOLN SHUTTLE TO SHIP & SACRAMENTO AIR RETURN!				
28 DAY Tahiti/Bora Bora Oosterdam ~ 1974 Passengers Sail round trip from San Diego, California to Hilo, Hawaii; Honolulu, Hawaii; Lahaina, Maui, Hawaii; Bora Bora, French Polynesia (2 Days); Raiatea, Society Islands; Papeete, Tahiti (2 Days); Moorea, French Polynesia; Fakarava, Tuamotu, French Polynesia; Nuku Hica, French Polynesia; San Diego, California.	Holland America Mar 21, 2020	\$3,299	\$3,699	\$4,199
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Lincoln Hills March Sales Snapshot

Address	Street	Sq ft	Selling Price	Model
1380	Picket Fence	1020	\$400,000	Mariposa
1963	Monument	1161	\$376,500	Millpond
740	Wagon Wheel	1190	\$375,000	Calaveras
1500	Topanga	1194	\$309,500	Condo
283	Stags Leap	1195	\$381,500	Calaveras
1343	Secret Lake	1322	\$416,500	Bridgegate
1760	Farmgate	1515	\$453,000	Pine Hill
3029	Black Hawk	1549	\$445,000	Alpine
2416	Winding	1571	\$455,000	Quail Cove
1886	Winding	1626	\$475,000	Lassen
519	Silverwood	1690	\$479,500	Alpine Expanded
2952	Black Hawk	1767	\$485,000	Santa Cruz
842	Wagon Wheel	1782	\$475,000	Santa Cruz
922	Gardner	1791	\$550,000	Tahoe
742	Canyon Oak	1842	\$615,000	Orchard Crest
2260	Lamplight	1873	\$529,500	Orchard Crest
1744	Andover	1873	\$530,000	Orchard Crest
707	Blossom	2049	\$625,000	Napa
2540	Rubicon	2128	\$561,000	Ventura
1164	Picket Fence	2176	\$634,000	Sausalito
1873	Echo	2240	\$669,000	Napa
1890	Deep Springs	2258	\$810,000	Napa G/C
1332	Lasso Lake	2263	\$639,000	Napa
1305	Lasso Lake	2264	\$705,000	Napa G/C
893	Wagon Wheel	2264	\$685,000	Napa G/C
1585	Millpond	2522	\$695,000	Tiburon
1686	Carnelian	2848	\$900,000	Santa Barbara G/C
1247	Truchard	3063	\$875,000	Santa Barbara

Per Sacramento mls reported sales 3/1/19 - 3/31/19

15th Annual Voices of Lincoln Poetry Contest — Poets Wanted! Enter Now!

The 15th Annual Voices of Lincoln Poetry Contest officially began in April, as part of the celebration of National Poetry Month. There are five new categories: "Who Is The Most Important Person In My Life?" "What Treasure Would I Like To Discover?" "What Don't I Know About You That I Should?" "What Would I Do If I Ruled The World?" "Should We Be Thinking About Today Or Tomorrow?" Poets may submit a maximum of three poems, no more than one in each of three of the five contest categories. Poems may be in rhyme, free verse, Haiku or other accepted poetry forms and of any length, up to a maximum of 60 lines.

Everyone is encouraged to enter the contest. Poets do not have to live in Lincoln to be eligible. Young Poets, 18-years of age or under, are encouraged to submit poems and will compete in a special "Young Poets" category.

Entry Forms and Contest Rules are available in the rack next to the Front Desk at the Lincoln Public Library at Twelve Bridges in Lincoln, CA and can be downloaded from the following website: www.libraryatlincoln.org.

Poems should be written in English. They should be typewritten and not centered. Please use the Arial font 12-point. The title should be listed at the top of the poem and the category should be included at the top right corner of the poem page. The name of the poet should not be included on the poem. Entry Forms must be received no later than Saturday, July 20, 2019. Early submissions are appreciated. If you have questions, please contact Alan Lowe,

Contest Coordinator, at slolowe@icloud.com.

Winners will read their poems on Sunday, October 13, 2019, at the Voices of Lincoln event to be held from 3:00 to 5:30 p.m. in the Willow Room at the Lincoln Public Library at Twelve Bridges, 485 Twelve Bridges Drive, Lincoln, CA. Winners also will be presented with a commemorative chapbook of the winning poems.

The Voices of Lincoln Poetry Contest is presented by the Poets Club of Lincoln and is sponsored by the Lincoln Library and the Friends of the Lincoln Library.

Shalom Social Group

BY VIDA MORRISON

Spring is finally in the air!! The Shalom Social Group (SSG) celebrated Passover in April right here with Orchard Creek's Catering Department. They cooked all the traditional foods such as Matzoh Ball Soup, Gefilte Fish, Chicken/Salmon and other foods representing the exodus of Jews through the desert, escaping slavery. It is a story known to most people; passages and events of this journey were read from a text called the Haggadah. Other events of SSG are poppin'; monthly table tennis, hikes, bowling, sporting events, women and mens' club. For information, contact Joanne Levy at 508-333-8590.

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Needle Arts Club

BY JILL SHORT

It is hard to believe it is May already. Did you buy your tickets for the Needle Arts May (luncheon) Cruise? Instead of our usual general meeting on May 14th, we will be boarding the Threads of Friendship Cruise Ship at the Port of OC Ballroom. You are able to board the cruise ship beginning at 11:30 AM. Every cruise ship has great food and this cruise is no exception. Lunch will be served 12:15. Besides cruising with Needle Arts friends there is also wonderful entertainment and of course a cruise ship store. Check the Needle Arts website for more information.

Our next regular general meeting will be June 11 at 1:00 PM in P-Hall (KS). At every meeting members have a chance to win a fabulous prize from our drawing. Don't forget to bring your projects to share during our show and tell time. Dawn Cannon of Finely Organized, will be our June guest speaker. She will have ideas to help us enjoy our home and workspace. Dawn will show us how to maximize our space and demonstrate the ease of finding and storing our items. Check out her web site at: <https://www.facebook.com/finelyorganized>. So, come join us and get organized!

Would you like information on the break out groups? There is contact information for each of the break out group leaders on the Needle Arts website. Did you know that in these small groups you can actually bring any project you want to work on? Most of us enjoy meeting together while working on something easy and portable. That is a reason that when you enter a room of one of our breakout groups you will find women working on all kinds of projects.

For example, in the quilt break out group you might find women knitting, crocheting, appliqueing or other projects but ask any of these women if they quilt and you will discover most of them do. Maybe something you love to do does not fit into one of the break out groups. Well, bring your project and just join in one of the groups anyway. Our women are so friendly and welcoming.

I recently dropped into the Sewing Room and met some wonderfully sweet women working on counted cross stitch projects. They voiced their concerns about how counted cross stitch is a dying art. They would love others to join them. I am sure that there are many in needle arts who have in past years done counted cross stitch but no longer do it for various reasons. Maybe it is time to get back to some of what we have done before. As my discussion with the women continued, they shared how difficult it was to find materials,



Pin carefully to make the April workshop Kaleidoscope quilt.

patterns and kits in brick and mortar stores.

This conversation really had me thinking. I have heard the same concern by many other Needle Arts women. The reality is, specialty stores that supply our needs for all types of Needle Arts supplies are closing. Buying online is easy with a click here and a click there. But sadly, the local stores cannot compete with online. As I am writing this article there is a new fabric store in Lincoln that is slated to open up on 5th Street, Sew Katie Jean. Let's help in keeping local fabric and craft stores open.

A great variety of monthly workshops have been offered in the Sewing Room (OC). The workshops are the first Wednesday of the month at 1:00 PM. April 3rd Mary Gililand led a workshop called Kaleidoscope Quilts. Mary moved here last October and is excited to teach. She brought many of her beautiful quilts to show the participants.

Do you have an easy project that can be done in an afternoon? Would you love to teach a small group the easy project? If you are interested contact Susan Smotherman. You can find her contact information on the Needle Arts Website.

For more information about Needle Arts check out our website at: www.sclhna.com

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Paper Arts Club

BY LINDA LUCCHETTI

Peggy Jo Ackley of Pink Ink Stamp Company led our April project. We learned how to use a stylus, a small ballpoint-like tool used to mark or shape paper before applying colored pencils to a stamped design to enhance the image. Thank you, Peggy for introducing us to this technique.

The next Open Lab for "Members Only"



June's project by Mina Bahan.

is May 16, from 9:00 AM to 12:00 PM in our meeting room at the Kilaga Springs Lodge. If you haven't checked out this session yet, drop in! See what other members are doing. You might pick some new ideas, or try some tools you may not have. This has also been a successful way for members to get together and create in addition to our regular monthly meetings. There's always some "free stuff" for the taking too. Try it... you'll like it.

Our May meeting is set for our annual "Potluck and Members' Overstock Sale" at the Sports Pavilion. Then, at our June 6th meeting, Mina Bahan will present our project: a cute basket matched with assorted sized cards. (See the newsletter for more information and to sign up.)

We meet on the first Thursday of each month at 9:00 AM in the Terra Cotta Room at Kilaga Springs. For further information, contact: Nancy Sealy at nancyb1944@yahoo.com, or 315-702-7986.

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(more Club News cont' on page 15)

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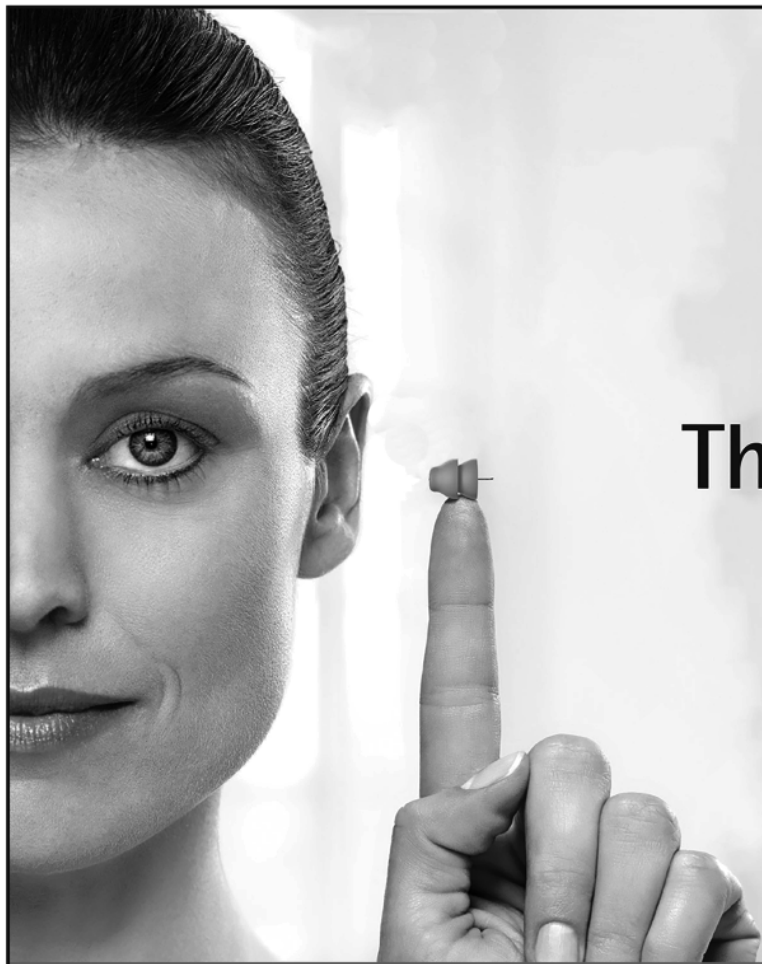
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LH Photography Club

BY DIANE MARGETTS

Spring is a favorite time for photographers; our lenses are focused on blossoming trees and blooming flowers. Migrating birds are arriving to their summer destination and nest building is in full swing. The Club sponsored a central coast field trip from Monterey Bay to Morro Bay that attracted close to 40 participants. Other members are forging out on their own to exotic destinations like Alaska, Europe and Africa.

To celebrate a great photography year and to kick-off a great summer, the Club will be sponsoring a Bar-B-Cue in June. We had such a great time at our initial Club Bar-B-Cue, we are planning to make it an annual event. Keep checking our website for updates on the event. This year, we will be combining the Bar-B-Cue with a swap meet. So many of us have camera gear we want to either sell or give away, and others are looking for quality used equipment and accessories.

Due to field trips, we have been modifying some of our SIG schedules. May changes include replacing the regularly scheduled Round Table SIG with the Print SIG. The Print SIG topic will be printing on metal.

The Photography Club always welcomes new members of all skill levels. Joining the Club is easy—just attend, you can sign up when you attend a General Meeting or any of our several Special Interest Groups. Check out the meeting schedule on our website.

Contact: Diane Margetts; 916-955-1809
Website: <http://www.lhphotoclub.com>

Postage Stamp Group

BY TIM MILES

We're definitely into May and the availability of the Sun City Roseville Lodge Meeting Rooms (7050 Del Webb Blvd) are set for us so there will be two meetings in May on Thursday May 16 and Thursday May 23. Both meetings start at 6:30 pm. Please note that the meetings are on consecutive Thursdays. The June meetings will be on the regular schedule of the second (June 13) and the fourth Thursday (June 27). So the next two months are set. We have to wait to get the schedule as the meeting rooms have a high priority in the area so we can't set times too far in the future.

We had a nice dinner out at the Black Angus Restaurant on Greenback and Sunrise Blvd. in Citrus Heights in April and everybody had a good time. June Stark deserves the gratitude of all our members for putting it together.

Al Caparelli (916-771-8288) put together

an open house on 11, 12 and 13 that highlighted the materials available for the members. We have access to all things philatelic from albums to pages to stamps to mounts to hinges and parts in between. Anything we need in the hobby is available for excessively-reduced prices.

If anybody has a question about stamps, albums, etc, please come to one of our meetings or call Al at the above phone number and you can get an update on your "old" collection. We'll be glad to meet with you and appraise your stamps. It is probably the best way to get a grasp of world history available today.

Woodcarver Club

BY LIONEL RAINMAN

As in every craft, there are some that can raise it to an art form. The reality is that most all our members are hobbyist wood carvers. That is not to say they can't turn a piece of wood into something artistic and unique. Many carvers find working on a piece of wood with a carving knife quite peaceful and relaxing. They carve when they have free time on their hands and they may give finished carvings to family or friends as gifts. There are times when that truly unique and artistic item is entered in a carving show and an award may be presented to the carver.

Please come by and visit and you might see that next award winning carving in the hands of the carver.

The Woodcarvers Club is here to help get you started. We have tools, books and friendly members to help you along the way.

Woodcarvers meet every Wednesday from 1:00-4:00 PM in the Sierra Room at (KS).

Contact: Lionel Rainman 916-253-9534

Antique Group

BY ELLEN STEELE

Please join us on June 3rd for a presentation by Carl Sulzer and Kathy Freeman, who represent our Lincoln Archives Museum. They will discuss the history of the museum and what is currently on exhibit. They will also bring some of the wonderful mystery items they display at the museum and show in the weekly Lincoln News Messenger. The Lincoln Area Archives Museum is responsible for the acquisition, preservation, interpretation, and exhibition of artifacts and information reflecting the cultural heritage of the City of Lincoln, CA and the surrounding area. The Museum is located in downtown Lincoln, on 5th St.

At the meeting members may bring one item over 50 years old that would qualify as a

mystery item. This could be an item you have had for a long time, but are not sure what it is or where it came from. Perhaps one of our members will have an answer for you?

Our meetings are held in the Heights and Gables Room (OC), the first Monday of every month, from 10:00 to 11:30 AM. Followed by an optional lunch at the Meridian.

Contact: Pat LePage 916-543-9564.

Amateur Radio Group

BY RUSSELL STEELE, KF6TAR

Lincoln Hill's First Annual Ham Radio Field Day, will be held on the 22nd of June. This is the first time that the ARG will participate in this most popular amateur radio event. The Amateur Radio Group will set up temporary transmitting stations at the Sports Pavilion to demonstrate amateur radio science, emergency communications, and their community service skills. From 11:00 AM on Saturday to 2:00 PM on Sunday the ARG will contact other Field Day stations across the nation to demonstrate emergency communications using battery, solar and emergency generator powered transmitters. The Lincoln Hills community is encouraged to come by and learn about amateur radio and how it serves the community. The LHARG Repeater at 443.225 MHz with a PL of 167.9 will be used to coordinate field day activities. More information can be found at www.lharg.us the ARG website.

For additional ARG information contact President Jim Darby at 916-408-8599; VP Claire Schloenvogt at 916-253-9155.

OC Book Club

BY CATHIE SZABO

"The world's richest people per capita were becoming the world's most murdered" – Killers of the Flower Moon: The Osage Murders and the Birth of the FBI

A chilling, but true quote from our May reading selection. Curious about how this misfortune came about? Then read Killers of the Flower Moon by David Grann and join in our book discussion on Thursday, May 16 at 1:00 pm in the OC multi-purpose room. Or alternatively, come listen to the discussion to see if this book joins your to-be-read list.

The discovery of oil beneath their land gave the Osage people riches beyond belief. Then Osage began dying under mysterious circumstances and those who investigated their deaths died too. Coincidence? Conspiracy? Enter the just created FBI taking on its first major homicide case. Whodunnit? Read the

book, join the discussion.

The OC Book Club is a group of readers with a wide range of preferences in reading choices. Newcomers are always welcome to come and listen or, read the book and join in the discussion. There's no requirements for membership, just a love of reading. And all our members are welcome to recommend books for consideration as next year's selections.

For the balance of 2019, we will be delving into the following books:

June – Evil Under the Sun by Agatha Christie

July – Rocket Men by Robert Kurson

August – the Invisible Library by Genevieve Cogman

September – The Things We Don't Say by Ella Casey

October – The Tea Girl of Hummingbird Lane by Lisa See

November – The Woman in the Window by A. J. Finn

(and voting on selections for

2020)

December – Holiday Luncheon

For further information about the OC book club, contact Maureen Deal at moddeal2010@gmail.com, Joanne Johnson Felt at ivyarbocourt@aol.com, or Cathie Szabo at catsickle@gmail.com.

Writer's Group

BY ANDY DEXTER

May is here, summer is starting and the writers are busy creating new stories. We will be meeting in the the Ceramics Room of the Orchard Creek Lodge on Mondays in May, the 13th and 27th. We would love to have you join us and share your stories.

Apple User Group

BY HELEN RAINS

Interested in how to get the most of your Apple devices and software? Interested in joining the Apple User Group to learn how? Go to the club website www.lhaug.org to view a sample of what the club offers its members.

Are you thinking about upgrading to a new iPhone, iPad, iMac, Mac Mini or Apple Laptop and don't know what to do with the old device?

Do you have any Apple product items just sitting forgotten somewhere?

Please consider giving them to others who are less fortunate than ourselves. The club has a donation program that may assist you.

(cont' on page 16)

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Apple User Group

(cont' from page 15)

If you have an Apple product that is a 2010 or newer item, then please contact the LHAUG about donating your equipment. The LHAUG support techs will handle all the details—take your old equipment, completely erase all the data and info and pass them along to others who need them. A NOTE: When donating iPhones or iPads, make sure the donor has turned OFF 'Find my iPhone' and logged out of their AppleID account. Also, the charger should be included.

Club Contact: Helen Rains by email helen.lhaug@icloud.com or call 916-408-4505.

SCLH Computer Club

BY KARL SCHOENSTEIN

Main Meeting May 8, 06:30 PM Ms. Serena Martinez will be our presenter. Serena is a recent graduate from Harvard College and currently works as an Associate Product Marketing Manager for Google's Hardware organization in their Mountain View headquarter. Her topic will be the Google Assistant.

The Google Assistant is a virtual personal assistant developed by Google that is primarily available on mobile and smart home devices. Unlike traditional Google, the Google Assistant can engage in two-way conversations. Serena will focus on demystifying the Google Assistant, sharing where the Google Assistant can be found, and discussing how the Google Assistant can help you. (KS P-hall)

Walk-In-Workshop: May 21, 1:00PM - 3:00PM in the Computer Lab at Orchard Creek. Our more experienced computer

members will provide assistance to any of our Club members who would like hands-on help in utilizing computer hardware components, the Windows operating systems, or application programs.

Ask the Tech: May 24, 10:00 AM Informal Q & A session for any and all technical questions (OC Multi Purpose Room).

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Genealogy

BY DR. BARBARA BRANCH

The next Genealogy Club presentation will be held on May 20th, 6:30 - 8:30 PM in P-Hall (KS). Our presenter, Laurie Markham is addressing "What's New at Family Search?" This may seem like a topic we heard in the last year but Family Search is always updating so it is good to keep up with the latest.



Laurie Markham

Laurie Markham has volunteered at the FamilySearch Library in Sacramento for the past 7 years but began family research as a young girl.

Members should come a few minutes early to check in and receive your door prize ticket for three Internet Genealogy Subscriptions. After the meeting refreshments will be served across the hall and you will have a chance to network with others who share your interests.

Always check the LH Genealogy website for handouts and updates: <https://lincolnhillsgenealogy.com>. For more information contact Dr. Barbara Branch, 916-543-8219.

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(more Club News cont' on page 17)

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Low Vision Support Group

BY JOAN BRANT-LOVE

May Meeting – Tuesday 5/7, 2019, 2:00-4:00 PM, Fine Arts Room, Orchard Creek Lodge

“Count the Ways Neighbors InDeed Can Help You” is our topic. Janet Roberts, President of Neighbors InDeed, will be our presenter. She will update us on NID’s programs - Handy Helpers, Medical Equipment Loans and Information & Referral. She will also introduce us to the new NID Senior Resource cards being made available to SCLH residents.

June Meeting – Tuesday, 6/4, 2019, 2:00-4:00 PM, Fine Arts Room, Orchard Creek Lodge

“Smartphones and You – Features and Apps for Low Vision.” One of our highly respected local “Techies” will tell us how we can make best use of our smartphones. Andy Petro from the LH Apple Users Group will be our presenter. If you have a smartphone, bring it with you to the meeting.

Courtesies to Those with Low Vision

These simple guidelines will help avoid potentially embarrassing situations and those of us with low vision will appreciate the effort to make us feel more comfortable.

- Greet us by name and identify yourself, i.e., “Hi, Jane. It’s Sally.”

- Speak directly to us, rather than through someone else.

- Speak in a natural conversational tone. It is not necessary to speak loudly or to over-enunciate.

- Feel free to use words that refer to vision. We also use the words “see,” “look,” etc.

- If you think we need assistance, ask first. Simply make the offer and let it be our decision.

- When walking with one of us, offer your elbow so you can guide.

- When giving us directions, be explicit; i.e., “the door is to your right.”

- Be calm and clear about what to do if you see us encountering a dangerous situation. Say, “Stop,” rather than “Watch out.”

- When walking with us identify terrain, i.e., an upcoming curb, a hole in the sidewalk, a low hanging tree. Let us set the walking pace.

- To help when dining with us use “clock” reference to identify where items are located, i.e., “water is at 1:00, coffee is at 3:00.”

- Guide dogs on duty with us should not be petted or distracted.

Thank you for your kindness and assistance!

Low Vision Support Group Contact: Cathy McGriff 916-408-0169

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Glaucoma Support Group

BY BONNIE DALE

Answers to your questions like - What do all those tests mean? What about other issues going on with my health and how do they affect my Glaucoma? What lifestyle choices are helpful in managing Glaucoma?

Dr. Annie Baik, a Glaucoma Specialist with the UC Davis Eye Center will be our speaker at our May meeting and will present information to help you with answers to these as well as other questions.

Please plan to attend our meeting on May 8 at 4:00 PM in the Multipurpose Room (OC). If you have questions please call Bonnie Dale at 916-543-2133.

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Bosom Buddies

BY VAL SINGER

Our spring luncheon at Mimi’s was a huge success. There were 29 of us! That’s a record attendance. Mae once again had everything arranged and we do want to thank her. We were each given a pair of garden gloves with a packet of seeds tied with a bow. What a timely gift this is because my gloves from last year are stiff as a board. Thanks, Mae. I’m sure they will be put to good use.

The American Cancer Society Survivor Tea was held on April 13th at the Lincoln Women’s Club building. Every year it just gets better and better. The room was packed with ladies all decked out with lovely dresses



and hats. The picture shows how many Bosom Buddies ladies were there in all their finery. Congratulations to Kathy Woodward, her beautiful outfit won her the “Best Dressed” prize.

The sandwiches, as usual, were very tasty and there were scones, cupcakes and all sorts of treats. There were china plates and china teacups, and a gorgeous selection of china teapots. Thanks to all the volunteers that worked so hard to make the day memorable.

The speaker for May will be Ji Hye Park.

She is the Head of the Sutter Lymphedema Clinic and should provide us with some valuable information.

The Relay is coming up on August 10th and 11th in Auburn. Go on the American Cancer Society page and register on the Bosom Buddies team.

If you have any questions regarding Bosom Buddies, please contact Marianne Smith on 916-408-1818 or Patty McCuen on 916-408- 4185. We meet at Orchard Creek Lodge on the second Thursday of each month at 1:00 pm.

If you wish to go to lunch at the Meridians before the meeting, please call Val Singer on 916-645-8553 and she will make the reservation.

We end each meeting by holding hands and saying: “Together we are strong; together we will make a difference; together we will survive!” And, we will, hopefully with a little fun...

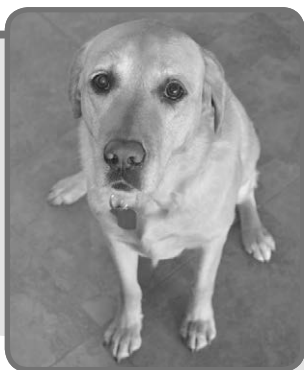
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Wise Aging Resource & Support Group

BY STEFANIE SPIKELL

We are a new support group for Sun City Lincoln Hills residents and we provide a forum for discussion, support, education and sharing of aging-related resources for all-age residents wanting to plan for their older years, whether aging in place or exploring other options. We offer a mixture of speakers, small group discussions, and member input. To date, we have heard from Neighbors Indeed and the Placer County Peer Counseling Service. In

(cont’ on page 19)



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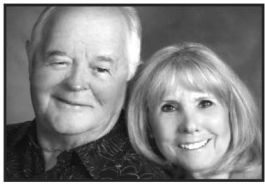
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Wise Aging Resource

(cont' from page 17)

June we will discuss why we need to plan for the future and this will include small group sessions along with information presented on the topic, beforehand. Come and join the other 60 people who have discovered the comfort in sharing information and being heard. Every first Monday at 1 pm, Gables/Heights Room, Orchard Creek Lodge. Our next meeting is on June 3.

For information, contact: JackOrlove, jack5297@aol.com, 916- 434-1002 or Jane Carhart, jzcarhart@hotmail.com, 916-543-6938

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Hearing Impaired Support Group

BY JOANNE MITCHELL

The Hearing Impaired Support Group will have its monthly meeting on Thursday, May 23, 2019 in the multipurpose room at Orchard Creek, from 2:30 PM to 4:30 PM. Last month our speaker was Rachel Tempesta of Cochlear Americas, who spoke to us about her company's cochlear implants, including the hybrid. Our guest speaker in May will be Dr. Laura Gaeta, the director of the new Doctor of Audiology program at Sac State. she will discuss modern hearing assistive devices other than implants. We will also have an update on our quest for open captioning at important SCLH meetings. Please let Donna Szabados (dszabados@gmail.com) know if you will be attending so that adequate seating can be provided.

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Alzheimer's-Dementia Caregivers

BY JEFF ANDERSEN

Our first Senior Café for this year will be on May 14th (1:00 PM in the Solarium at Meridians Restaurant). This is a convivial gathering of the diagnosed and their caregivers for laughing, sipping and munching for a couple of hours in the company of those who understand. Space is limited - enjoyment is not. You can sign up for this free event at any of the scheduled meetings noted below, or contact someone on the Steering Committee to reserve seats.

The Alzheimer's/Dementia Caregiver's Support Group meetings are held each month except December. The Large group meets at 1:00 PM each 4th Wednesday in the MultiPurpose Room (OC). All are welcome to attend, especially caregivers with recently diagnosed family members. The program for the Large group gatherings alternates monthly between group discussion moderated by an

experienced counselor from Del Oro Caregiver Resource Center, and formal presentations by other professionals. The Small group with Jo Fratessa is discussion only, and is designed for women who prefer a less crowded setting. The Small group meets on the 1st Wednesday at 1:00 PM in the MultiMedia Room (across the hall from the Large group location). The Men's Group with Al Roten meets on the third Thursday of the month at 10:00 AM at Granite Springs Church, 1170 E. Joiner Parkway in Lincoln. The caregiver's groups and programs are supported by the Lincoln Hills Foundation. More information is available from our Steering Committee members Valerie Jordan 909-625-7443, Cathy Van Velzen 916-409-9332, Jo Fratessa 916-408-7209, and Al Roten 916-408-3155.

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LH Italian Club

BY LINDA LUCCHETTI

Bocce ball is on a roll! The club's Annual BBQ and Bocce Ball event is set for Sunday, May 19, from 10:00 AM to 3:00 PM at the Sports Pavilion. Beginners as well as seasoned players are welcome to play. There will be prizes, a raffle and lunch. This is one of the club's most popular events, where we mix socializing with a friendly competition. Come on out and have fun, enjoy some fresh air, a delicious lunch and either participate in the game or cheer on your fellow members. Go to the website for all the details and to sign up. You must RSVP by May 10.

Mark your calendars for June 14, from 12:30 to 3:00 PM, at the Sports Pavilion for our annual Membership Appreciation event.

The Italian Club offers a special activity each month that is sure to be entertaining and fun. Check out the events calendar on our website for more information.



If you are a Sun City resident of Italian heritage, check out our website at www.lhitalianclub.org and learn more about us. Want to join? Contact: Sandi Graham, membership, at 916-826-5711.

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Singles Club

BY SUSAN PLATT

It's spring in Sun City! What a beautiful time of the year. Let's all go outside and enjoy the sunshine! We are headed to Skipolini's in Rocklin for Cocktail Time. Join us for good food and drinks on Thursday, May 2nd at 4:00PM. Our Birthday Celebration will be in the Sports Bar at 4:00PM on Sunday, May 5th. This event is one of our favorites, as we buy members a drink, if it is their birthday month. Also, they are serenaded by a joyful rendition of Happy Birthday. Come and join in on all the fun!

Tuesday, May 7th is our Activities Meeting, which will be held in the Ceramics Room at OC. Hope to see you there at 4:30PM. We need your inspiration and ideas for fun events for the Singles throughout the spring and summer. Hope to see you there! On Thursday, May 9th at the Business Meeting, we will be electing our new Board of Directors for 2019/2020. Be sure to attend this very important event, as we do need a quorum to elect our incoming Board. Also, on the agenda for this evening is Stand-Up Comedy Night! Members are encouraged to share their favorite jokes with the group. Lots of Fun!!

Saturday, May 11th at 9:00AM will find us at Meridians for the Second Saturday breakfast. Start your day off with a delicious breakfast and enjoy good friends and conversation. Gail will be there to welcome you. We will be staying in Lincoln for Dine-Out. This month we are going to Casa Ramos at 4:30PM on Thursday, May 16th. Call Sue to make your reservation for a great meal.

We round out this month with our Social Event at 6:00PM on Thursday, May 23rd in the Ballroom at OC. We will be playing the fun and lively Left-Right-Center game. Everyone enjoys this one! A special dessert treat will be served to all!

We welcome new members to the Singles Club. Check the cubbies at Orchard Creek for our Calendar of Events or call Susan for more information.

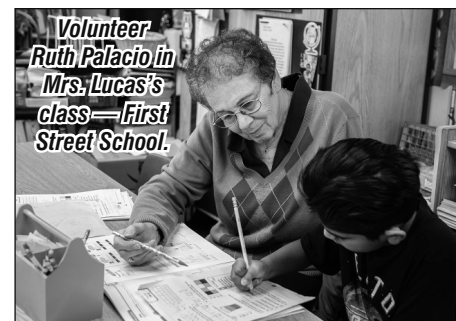
Enjoy this wonderful time of the year!

...

S.C.H.O.O.L.S .

BY PATTI KINGSTON

Our annual SCHOOLS Picnic in the Pavilion is scheduled for Tues. May 14, 5:30 to 7:30 p.m. in the tennis pavilion. It's a special time for volunteers and those thinking about becoming volunteers to eat and share experiences in the classrooms. It's a potluck so bring a salad or main dish to share. We will provide everything else.



We have many requests for volunteers in our Lincoln K through 5 classes. We need YOU to volunteer. You can let us know now if you would like to volunteer for the 2019-2020 school year.. SCHOOLS has had a good response from new and returning volunteers, but there is always more demand on the part of the teachers for help in the classroom. There is a special need in first and second and third grade classrooms. Request your grade level and decide on how much time you can offer. No classroom or teaching experience is required.

If you would like to know more about volunteering in Lincoln schools, visit our website at <http://schoolssuncity.org>.

SCHOOLS has a steering committee to organize the volunteer program every year. There are many tasks to be completed by members of the committee. In addition to selecting and placing the volunteers, we have an annual meeting in the Fall at Kilaga Springs and an annual pot luck picnic in the Spring at the Sports Pavilion. We are looking for additional members for the committee. If you are interested please contact one of the committee members listed below or Patti at pkjngston@att.net.

Call today for further information and with questions. Contact: Crystal Elledge (Elementary) 543-8617 ceelledge@sbcglobal.net; Irma Mendez (High School) jmeidm@aol.com

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LH Veterans Group

BY B.L. LEWIS

Former 2nd Ranger Battalion veteran Mikhail Venikov will be the speaker at the LHVG general meeting Thursday May 16, 2019 at 1:00p.m. in the Kilaga Springs Presentation Hall. Venikov is a native of Kazakhstan and his service in the 75th Ranger Regiment included three tours of combat tours. He was named Honor Graduate of his class and won the prestigious and physically demanding Best Ranger completion. After completing his Army enlistment he became

(cont' on page 20)



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LH Veterans Group

(cont' from page 19)

a police officer for the San Mateo police Department devoted to martial arts and the Ranger Creed. He is the founder of Ranger Road, a non-profit organization dedicated to assisting veterans adjust to civilian life through extra ordinary sports adventure experiences, such as skydiving, wakeboarding, and scuba diving. Venikov says, we have learned that being amongst our fellow veterans is better than any therapy and brings out the best in us.

The 2019 Memorial Day ceremony at 9:00 a.m. on Monday May 27, at the Orchard Creek Outdoor Amphitheater will be presented by the Lincoln Hills Veterans Group in association with the Community Association. California Assemblyman, Kevin Kiley will be the Keynote speaker, the colors will be posted by the Lincoln High School Army Cadets, the National Anthem will be performed by Miss Violet Joy Hansen. The 2-Bell ceremony will honor the Lincoln Hills veterans that have passed during the past year. 350 chairs will be placed at the amphitheater and volunteers are needed to usher guests to the seating. Lincoln Hills resident, Janet Hamil will be distributing A Flag's Legacy embroidered stars from retired United States Flags to veterans at the ceremony thanking them for their service.

Placer Veterans Stand Down – Free to all Veterans, their Spouses and Children! May 14th thru 16th, 2019 at "The Grounds" (Placer County Fairgrounds), gates open 8am. Services include Dental, Hearing, Vision, and Legal. There will also be Lodging, Meals, Clothing, Personal care supplies, and Pet Services. To Volunteer and obtain further information, contact Jack Everett, 916-201-4608.

Welcome Aboard to new member John Dargan, U.S. Airforce. As of February 8, 2019, the group's paid membership stood at 193, including 116 life members and 19 Associate members. World War II veterans (including Spouses) total 22, total membership was 233.

Remember to fly your flag proudly on V-E Day, May 8, Armed Forces Day, May 18 and Memorial Day, May 27, 2019.

RoadRunners Motorcycle Club

BY MIKE SMITH

On April 13, Road Captain John Marin led a ride to beautiful Marin County. After passing by the famous

Skywalker Ranch the riders enjoyed a break at the French Cheese Factory. From there it was on to lunch at the Indian Valley Golf Club.

Coming up on May 11, Road Captain Bill Silva will be leading a ride through the Sierra Foothills to

Georgetown. The RoadRunners have scheduled rides on the second Saturday of the month, March –

November. If you like motorcycle touring and have a road worthy motorcycle or trike – check us out! The

RoadRunners meet on the fourth Thursday of the month at 5:30 PM Multipurpose Room (OC) Guests are

always welcome. The next meeting will be on May 23.

"Ride Safe – Ride With Friends"

Contact: Manny Perez 916-253-9121 manwil412@wavecable.com

(more Club News cont' on page 21)

<p>Holly Stryker</p>  <p>Cal BRE# 01900767 916.960.3949 strykerhomes@gmail.com www.LiveLincolnHills.com</p>	<p>Pam Everett</p>  <p>Cal BRE# 01134130 650-619-9866 pamelacev@gmail.com</p>	<p>Dave Cryderman</p>  <p>Cal BRE# 01199609 916-813-9544 dcryderman@comcast.net www.DaveCryderman.com</p>	<p>Shari McGrail</p>  <p>Cal BRE# 01436301 916-396-9216 shari@mcgrailteam.com www.SunCityShari.com</p>
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SCLH Sports Car Club

BY PAM BERRY

We have been waiting for nice ridding weather. No one wants to get “road rash” from wet roads!

The day trip is to the Crystal Hermitage Gardens up by The Tahoe National Forest and the Yuba River Canyon. Every year 17,000 tulip bulbs of 111 varieties are planted which result in an amazing display of color. Of course, a fun lunch is scheduled where we can compare pictures and our favorite tulip color.

Our two-night tour is to Ironstone Winery and the town of Murphy’s. The hills are amazing at this time of year with bright green grass, poppies and other wild flowers. Members, which always have great times together, will enjoy some wine, shopping, and great meals.

The future looks like fun with a social to the Lincoln Potters season opener on May 30. Other rides are being planned by our enthusiastic membership, the soul of our club.

If you would like more information, contact Jo Fratessa 916-759-8760, mfratessa4@icloud.com

Website: lhsportscars.com

Meeting is first Monday of the month at P-Hall (KS)

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Rods & Relics

BY ELNA RAGAN

The fourth Car Show meeting was held on Friday, April 12. Continued good progress was reported in the increase of early vehicle registrations. Rich Ragan, Car Show Chairman, attended the City Planning Meeting on April 9 and was assured of the

City’s Department’s support for the June 1 Downtown Lincoln Car Show.

Car Show activity is picking up. On Saturday, May 4, Club members will be participating in the 9th Annual Century 21 Select Car Show in Lincoln on Sterling Parkway. There will be a Chili Cook-Off, Food Trucks, live music featuring three bands, and vendors showing their wares.

On Tuesday, May 14, we will travel to the Roseville Care Center on Cirby Way. We look forward to visiting with the residents there when they share stories of their youth and reminisce about cars of the past.

On Saturday, May 18, Club members will be driving to the Loomis Train Depot for the Townsmen’s Car Show. A huge raffle will be held.

If you own a 1975 or older American-made or American-powered vehicle and enjoy getting together with like-minded auto enthusiasts, come out to the get-togethers listed below!

Upcoming Events —

May 14, 28: Breakfast at the Waffle Farm in the Twelve Bridges Shopping Center. Members start arriving at 7:45 a.m. Join us for a tasty breakfast and to catch up on Car Club-related news.

May 16: The General Business Meeting will be held at the Turkey Creek Golf Club, 1525 Highway 193, Lincoln. Dinner is available from 5:00 p.m. on and may be followed by a speaker at 6:00 p.m. The General Business Meeting starts at 6:15 p.m.

Contact: Ray Geiger, President 1-916-543-0464, Mike Carvidi, Membership Director 1-707-849-2834

Website: www.rodsnrelics.net

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LH RV Group

BY STEVE BEEDE

Our RV Group Members have now completed 2019 Rallies to Southern CA and Arizona and the historic town of Solvang where our Members enjoyed wine-tasting, golf, shopping, and of course Danish pastries. We even rode electric bikes. In April, we were off to Santa Cruz for some fun in the sun. Soon to come in June is our multi-part trip from Oregon, to Couer d’Alene, Idaho, and onward to the famous Calgary Stampede in Canada. And there’s more for the Summer and Fall. Plus planning for 2020 and 2021 is underway. All Rallies include lots of fun dinners, happy hours, golf, and trips to museums, theaters, and anything else the participants dream up.

We meet in the Placer Room (KS) at 4:30 PM on the second Thursday of each month where we discuss up-coming Rallies; gain RV education; and get to know each other better through shared appetizers. Residents with an interest in RVing are welcome to visit, meet new friends, and discuss the joys of RV travel.

Contact: Steve Beede at sjbeede@att.net, 916-752-6972, or check us out on our website at www.lhrvg.com.

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Fishing Group

BY RICHARD ANDERSON

The California Fly Fishers Manifesto — You’re the one who defines what fly fishing is or isn’t. Experiment. Innovate. Curiosity can be as important to catching fish as a good casting stroke. Maybe even more important.

If a fish species will take a fly, then consider that species with fishing for. You get no points, though, for hooking bats or dragonflies.



There a heck of a lot of water to fish in California. Which means there a few good reasons why you should feel crowded on a stream in our state. Take a hike. Take a drive. Explore. Maps are wonderful tools. So is the Internet.

You, as an angler, are responsible for the defense of the waters and fisheries you enjoy. The more allies you have, the better. Even if we fish in solitude, we are ll in this together.

Because we are Allin this together, be congenial to other anglers. Unless they are poaching.

Yes, fishing is about catching fish. But that doesn’t mean you shouldn’t also enjoy the scenery around you, the music of a river, or, when things get slower, a hamburger.

If it’s not fun, why are you doing it?

...

Shooting Group

BY JOHN KIGHTLINGER

Would you like to join a friendly group of residents enjoying recreational shooting sports? The shooting group may be just what you are looking for. Our purpose is to make friends among residents who are interested in enjoying safe recreational shooting sports. If

(cont’ on page 23)



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Shooting Group

(cont' from page 21)

you have not shot in years, or have never shot before, you will find the group welcoming with members available to help. You may join our shooting activities on any of our scheduled dates, regularly or intermittently. Just come out and have fun!

Weather permitting, we meet on Tuesday of each week for Trap and on Thursdays for Skeet at Coon Creek Trap and Skeet, 5393 Waltz Road, Rio Oso, CA 95674, just minutes from Lincoln. You may join us for either trap or skeet, or both. Occasionally other shotgun sports such as International Trap, Sporting Clays and 5-Stand are enjoyed. We have no fees but each shooter must pay the Coon Creek clay targets fee. For more information about shotgun shooting sports contact John Kightlinger at 916-916-408-3928 or johnnpat@sbcglobal.net

Generally, the rifle and pistol activities occur on Tuesdays at the Lincoln Rifle Club located at 150 Lincoln Boulevard. For information about rifle or pistol shooting please contact Jim Trifilo at 434-6341 or trifilom@gmail.com.

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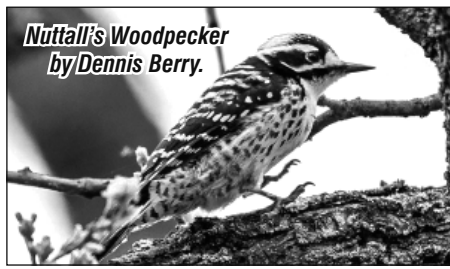
Bird Group

BY DON BAYLIS

May brings birding to a new phase for the summer. Now we enjoy the breeding birds around us, both year-round residents like hummingbirds, robins, mallards, Canada geese and wrens, adding the summer transients like Swainsons Hawks, warblers and orioles. We also have to adapt our viewing from open ponds and lakes to leafy trees and shrubs.

Bird migrations can be both predictable and variable, as was seen this year. Every year, Swainson's Hawks migrate north from central and south america through the desert community of Borrego Springs, east of San Diego. Most years, tens to hundreds of these hawks are seen daily passing north in early March. This year, the annual hawk watch set for March saw only a few hawks through all of March, and they were about to give up. Then the first week of April, up to 500 hawks a day were spotted, probably due to great feeding opportunities along the way. Closer to home, White-crowned Sparrows leave us about April 15. We saw dozens of these sparrows feeding and bathing in our yard all day on the 13th. We did not see any on the 14th, it was time to migrate.

Every year we walk the 12 Bridges Trail, a City of Lincoln trail from Coyote Pond to Twelve Bridges Middle School. This year



on March 22 we saw 51 species, a fairly representative count over the last few years. Our other trip was a walk through Traylor Ranch in Loomis, just off of Sierra College Blvd. After rain delays, the trip was on April 12. This time, it was decided to begin on the western entrance on Delmar Ave. Wandering the trails, with the trees beginning to leaf out, allowed us to identify 30 species, which included both departing winter birds like White-crowned Sparrow and Yellow-rumped Warbler, plus summer birds like the Western Kingbird. An unexpected and uncommon sighting were 3 Whimbrel in a pasture.

Our regular meeting on April 8 featured John Garfein's photographic tour of Cuba featuring old cars, the Cuban people, and the birds he saw.

Our May 13 presentation will be from Sean McLaughlin, a Lincoln Hills resident. His presentation topic is "Climate Change, Science and You", dealing with conservation biology and the impacts of climate change on birds and other wildlife.

Our June 10 presentation will be Lori Dieter from Gray Lodge State Wildlife Area.

Day trips are planned as follows —

- May 10 is our yearly trip to Spenceville Wildlife Refuge and Waldo Junction east of Marysville. In this area, once part of the Camp Far West and Camp Beale military training areas, we have spotted Lazuli Buntings, Common Yellowthroats, Lewis's Woodpecker, and Ash-throated Flycatchers. This is a partial day trip, but usually lasts into the afternoon.

- May 24 will be the inaugural walk at Boulder Ridge Park. This park is in Rocklin, but borders the southeast corner of Lincoln. Most of our walking will be in Lincoln. The area is on a ridge separating Clover Valley from the flatlands, and is several hundred feet above Lincoln Hills. The open oak woodlands are mostly unchanged from ranching days, and if the weather is clear, views will include the Sierra, Mt. Diablo, and the Coast Range. This is a mostly level walking tour on dirt roads and trails.

Detailed bird lists for all trips are available on our website, lhbirders.org, along with photo galleries of each trip by our photographer members.

Our programs are held in KS Presentation Hall at 1:30 PM on the second Monday of the month. Daytrips leave from the Orchard Creek parking lot west of the pool at 8:00 AM unless otherwise specified. Please check Events on our lhbirders.org and your email for updates and weather cancellations. Bird lists for each trip are posted on the website under Lists.

Contact: LH_Bird_Group@yahoo.com
Web Site: lhbirders.org

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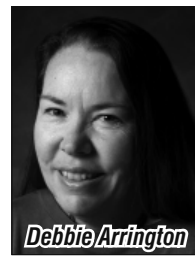
Garden Group

BY LORRAINE IMMEL

May 6th is the last day to sign-up for the "A Tisket a Tasket a May Garden Basket" Garden Group Social at Turkey Creek Golf Course, May 16. You may bring guests to this social! Contact: Debbie Schryver 916-666-1741 for details.

Longtime consulting rosarian and plant expert, Debbie Arrington, will be the guest speaker for the May 23 General Meeting (KS, 2:00PM). The topic is: "Garden Tested: Making sure New Plant Introductions will succeed in Sacramento."

Debbie has tested hundreds of plants in her own backyard before those new varieties are released to the public. How do you test a plant? What are expectations? She will share some success stories as well as flops, and a peek at what's coming to a nursery near you soon.



An award-winning journalist and lifelong gardener, Debbie is one of Sacramento's best known gardening experts. She's the co-creator of the popular Sacramento Digs Gardening blog and website, writing about Sacramento area gardening on a daily basis. She also recently started a new weekly gardening column in the Sacramento News & Review.

As The Sacramento Bee's home and garden writer, she covered those subjects extensively for almost 10 years as well as entertainment, food, sports and other topics. She won the Garden Writers Association 2018 Silver Award for best newspaper article and its 2018 Gold Award - its top national honor - as best newspaper garden writer. She also won the 2015 GWA Silver Award for best newspaper garden column.

A Southern California native, A longtime member of the Sacramento Rose Society, she is a consulting rosarian and has won numerous awards for her roses. She still gardens at both ends of the state.

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Sun City Hiking Group

BY STEPHANIE HUNTINGDALE

I've driven by the Griffith Quarry building in Penryn many times but it didn't interest me till I went on a hike arranged by Tess Devenish, Vice President of our Hiking Group, and avid hike leader. She arranged a docent led tour with Cliff Kennedy, a lifelong resident of Penryn and historical advocate, he gave us a very personal glimpse of what went on in 1864.



Walking trails through the 23-acre park wander around the ruins of the first polishing mill built and the lower and upper views of the quarry hole. Printed trail guides are available in the museum. It's a wooded area and you can see the path of the railway, however; the tracks are gone now. Picnic tables are spread around the grounds and it would be an excellent area for a picnic. Magnificent views of the foothills! At most, hiking distance is about 3 miles. Cliff said, "You really can't get lost". The land and buildings were donated to Placer County in 1976. Enid passed away in April of that year. The Griffith family quarried granite until about 1906. The Museum is in the only building to exist and is located in what was the office of the Penryn Granite Works. The museum is open Saturday and Sunday from Noon to 4 pm.

We have another Saturday outing this year, on June 8, Eugene O'Neal Historic Site in Danville. Going west towards the bay area seems to be easier on a weekend. Check the website.

Upcoming Moderate Hikes: May 7, Sweetwater Trail (El Dorado Hills), May 16, Sue G. Memorial Hike Deer Creek, (Nevada City), May 30, Forresthill Divide, East End Loop, (Forresthill)

Upcoming Moderate/Strenuous Hikes: May 21, Stevens Trail (Colfax)

Hiking-Walking Group Website: <http://www.lincolnhillshikers.org>

Call Art McGrath Hiking Group President, 434-5540 with questions about the Hiking Group.

Call Debbie Schryver, Walking Group Coordinator, 666-1741 with questions about the Walking Group.

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(more Club News cont' on page 24)

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Water Volleyball Club

BY ROSEMARY ELSTON

The Water Volleyball Club is now at 119 members. To successfully initiate new members, the Steering Committee has approved a new position; Mentor Coordinator has been added with the responsibility of introducing new members to the Water Volleyball Club. The Steering Committee is enthusiastic about the Mentor Coordinator's role of promoting safety in the pool, encouraging skill development and level advancement for both recreational and competitive players, and connecting new and interested players with volunteer mentors. The job description and accompanying documents are available for members to check out on the club website. The Steering Committee is now fully staffed with thirteen individuals committed to serving the needs of the membership.

On March 27, 2019, the last Wednesday of the month, training took place for both recreational and competitive players. Due to the popularity of the monthly trainings, both nets were full with sixteen to seventeen players. The trainers focused on players using two hands when receiving or setting the ball, player positioning with seven/eight or nine/ten on a side, and encouraging player trust and communication during game play. The Training Coordinator and the Steering Committee are looking to accommodate the large member turnout in a classroom setting along with the pool.

The Steering Committee is exploring tournament play for Levels 4, 5, and 6 competitive players. The teams would be computer generated. Individuals from different levels will have the opportunity

to meet and compete. Depending on the number of members interested, six teams of seven players would compete with a championship game on the last night. The ability of the Steering Committee to schedule the tournament will depend on pool time and net availability. Information on the proposed tournament will be posted on the Kilaga Springs whiteboard and club website.

Spring has arrived with an explosion of color in Sun City Lincoln Hills. To celebrate the spring and upcoming summer the Water Volleyball Club is planning a Cinco De Mayo event on May 5, 2019. The potluck event will take place at the Sports Pavillion. Look for a sign up sheet for food at the Kilaga Springs desk. Additional information will be made available on the newly designed Water Volleyball Club website and Facebook page. E-mail contact: sclhwatervolleyball@gmail.com. Website: www.lhwatervolleyball.com

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Ladies Golf—18 Holes

BY CANDICE KOROPP

Officially it is springtime on the Hills, and the two teams starting on Hole 15, tied for first in a Two-BB team event. With scores of 116, the team of Ida Cicci, Candy Koropp, Sandy Tamanti and Ofra Unger and the team of Linda Chappelle, Donna McDonald, Maureen Senn and Kelley Royball were the winners by seven strokes, over the 48-player field. The teams that were out on 16 and 17 to start, also reaped the benefit, as the team of Kathi Botelho, Shari Loyd, Kathi McCoy and Harriet Orlove placed second. Third went to Yeong Ja Hur, Karen Thom, Carol Tilley and Liza Valencia, with a net 125. Royball snagged the CTP on 12, and

(cont' on page 25)

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Ladies Golf—18 Holers

(cont' from page 24)

capped in off with a two-foot birdie. She also scored a chip-in on four. Other birdies were recorded for Koropp and McCoy on 14, and Dong on 16. Other chip-ins were made by Pat Morgan on nine, Donna Sanderson on 14, Senn on 15 and Lissi Bedford on 17.

At the end of March, only 21 players teed it up on the Orchard, in a stroke play tourney. Bedford took first in Flight One with 71, followed by Wendy Wohl with 74, and Dee Arts with one more stroke. Valerie McElroy had 76 for fourth place. In Flight Two, Royball had the low net of the day, 65, for first place, and Cheryl Dewildt was second with 77. Dell Parker was third over Pat Morgan in a tiebreaker, each carding 83. Patti Tilton captured the CTP on Hole 16, as she was within 23 feet of the blue flag. The next closest to the pin was Tamanti, who carded a par with a two-putt from 77 feet, and amazingly she rolled in her second putt more than 12 feet from the hole. A birdie was logged by Sanderson on eight, while Koropp had a chip-in birdie on four and Bedford had a chip-in birdie on 11. Tilton had a chip-in on 15.

Two gals tied for the NetChix in April. Both Dewildt and Tamanti had nets of 65 to claim victory over 33 ladies, on the Hills Course, in a flighted affair. First place winners were Royball, who said she fired her best round, Karen Thom and Rosemary Heckman. Second place belonged to Sanderson, Hur and Katie Sween. Third place finishers included Judy Emge, Mikie Briggs and Harriet Orlove. Finally fourth was awarded to Suzanne Hutchinson, Chris Biswell and Doris Knorr. The CTP went to Judy Emge on Hole 16. There were three birdies on the day: Pat McNiff on

two, Thom on 12 and Candy Koropp on 13.

For the second week of April, 35 gals took the tee on the Orchard for stroke play. Playing in a one-club wind did not seem to faze the winners. In Flight One, Sanderson shot a 73 to edge Lani Dodd by two, and Koropp had one more for third. Karen McGraw, playing along side Sanderson, took first in Flight Two, with 72. Emge had a 74 for second, and Hutchinson was third with 76. Dewildt was first in Flight Three with 76, by one stroke over Tamanti, and Senn had 78 for third place. Sween captured first in Flight Four with 75, followed by Joyce Watson with 79 strokes and three better than Cici, who placed third in the end. Koropp claimed the CTP on #11 and counted her birdie from about 18 inches below the cup. Birdies were aplenty on this day, as eight ladies logged a birdie. Sanderson doubled her count for the column with a chip-in birdie. This may be a record for our club.

Lincsters Golf

BY SUSAN PHARIS

Congratulations to Nancy McDonald who scored a hole-in-one on March 19! Her ace occurred at Turkey Creek on hole number 14, better known as Ursula's Pond. According to the National Hole-in-One Registry, the odds of an average golfer, both men and women, making a hole-in-one is 12,000 to 1. Some other interesting averages are: only 16% of holes-in-one are made by women; the average age of those women golfers is 55,



and they have been playing golf an average of 15 years; the average length of the hole for a woman making an ace is 111 yards.

Finally we have had sunny days and the Lincsters have been able to get out on the golf course. On April 3 the play was on the Orchard back nine. Linda Salmon and Nancy McDonald tied for first in Flight A. Chris Negus took Flight B, Sandra Braa Took Flight C, and Carol Sexton won Flight D.

The Bring a Friend Tournament was held on April 24, and the Senior Rules FYOF Tournament is to be played on Wednesday, May 29. Congratulations to Pat Shafer of Flight D who was the February Golfer of the Month. The Lincsters welcome new members BJ Gootee, Mary Holland, Tish Leo and Julie Marquart.

Men's Golf Club

BY DOUG HINCHEY

Advancing to play in the NCGA net qualifier are Michael McGuire-Back, Jerre Haynes, Ray Engelhardt and Thomas Dunipace, congratulations gentlemen! The Just For Fun first place net winners were, Jason Hong, Richard Long, Bruce Lyau, Steve Thornton, Herb Ingraham, Gary Anderson. Men's Golf Club President Rodger Oswald met with Director of Golf Ryan Peterson and he has interfaced with Course Superintendent Jason Wolf about a Course Care Initiative. On the days of our tournaments we are going to release the players 15 minutes early in order to work from tee to green to fill in fairway divots. A second part of this Course Care Initiative is to ask each member to repair their ball mark and two others throughout the round. Even if you did not make a ball mark, look for marks to be repaired as you wait for

your turn to putt. For those who are new to golf and do not know how to repair a ball mark properly, we are going to post a video on our website, mgclh.club. Please check it out as an improperly repaired ball mark takes longer to heal and creates rather than alleviates the problem.

Thanks to all who are willing to participate in the Course Care Initiative. We ALL will benefit. We will have fewer bad lies and fewer bumpy putts. And our golf will be more enjoyable! mgclh.club

Table Tennis

BY DENNIS ZARO

Recently two Lincoln Hills groups, Boomers and Shalom, have joined the table tennis (ping pong) group for some fun and relaxation. Periodically the Sun City Roseville Table Tennis Group joins us, as well. You don't have to belong to a group to play with us.

Just wear tennis shoes and play at a table that best matches your skill level. Five skill levels from beginners to advanced are available. So, all are welcome. Many benefits are derived from playing table tennis. Many players experience a diversion from their daily routines and concerns as they concentrate on the little ball and interact with other players.

We play doubles, and games are played at the Multipurpose Room (KS). Play times are; Sunday 9:00 AM to KS closing except the first Sunday of the month when play starts at 12:30 PM, Tuesdays, 6:00 to 9:00 PM, and Fridays, 8:00 to 11:00 AM. Free lessons and loaner paddles are available. For more information contact Tim at Timcfrank@gmail.com.

(more Club News cont' on page 27)

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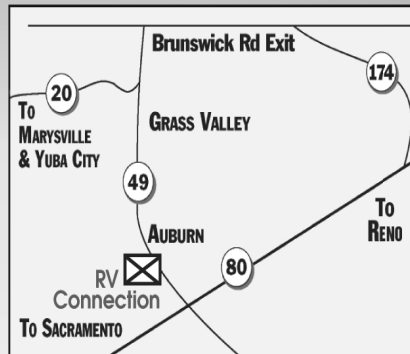
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Tennis Group

BY LINDA BURKE

Live, Love, Laugh and Tennis...

Lincoln Intramural Team Tennis (LITT), sponsored by Carolan Properties Group has 4 Teams competing on Wednesdays. Thanks for volunteering Captains Linda McDermott (Pink Team), Pam Flaherty (Black Team), Miguel Cuevas (Blue Team), Carol Vasconcellos (White Team), and Director Greg Burke.

The last Tournament before summer heat break was the Mixed Doubles Championship Tournament held on May 3rd - results posted on the website and in next months Sun City Senior News. Starting up after the break is the Men's Doubles Championship - September 25th. Winning any of the Championship Tournaments means you get a spot on our Tournament Plaques.

Results of the St. Patrick's Day Tournament:

3.0 Women: 1st - Jackie Fong, 2nd - Espie Cruz, 3rd - Rosemary Marty

3.5+ Women: 1st - Bente Camahort, Tie 2nd - Sally Sanguinet & Linda Swinton

3.0 Men: 1st - Monte Boatwright, 2nd - Dennis Beldon, 3rd - Jim Ganulin

3.5 Men: 1st - Gary Haight, 2nd - Dick Gootee, 3rd - Hal McLaughlin

4.0 Men: 1st - Jim Farrell, 2nd - Carl Lynch

Check out all the photos on our website: <http://sclhtg.com>

Ball Machine drop in will be held Saturdays on Court 9. Ball machine practice is for tennis players to practice whatever they want to work on. Social drop-in time has changed to summer hours, Wednesday & Saturday from 8-10am. If you are new to the Tennis Group, it is a great way to meet other tennis players - open to all Lincoln Hills residents.

Contacts: Linda Burke, LHTG Communications

Email: scteam10s@aol.com or Ph: 916-209-3463

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Mad Hatters Bocce Group

BY PAUL MAC GARVEY

If you're reading this on May 1 then it's not too late to remind you that the Mad Hatters Bocce Group will be switching to their summer hours of 8:00 AM to 10:00 AM beginning tomorrow, Thursday, May 2. If you're not reading this on May 1 then never mind, you've already missed the coffee and donuts. Just be there on time next week.

If you've never watched Bocce Videos on YouTube you should try it sometime. It's a riot. We started looking for a good instructional video the other day and wound up watching some fascinating tournament Bocce from both Italy and Argentina. We were particularly interested in games played on what appeared to be indoor painted concrete floors. The surface was so much faster than our artificial turf, and the courts were so much bigger, and the style of play was so different I had trouble following some of it. Some play was between individuals and some was team play. It was quite interesting watching what I assume were Raffa style and Volo style games. It actually appeared quite violent compared to our much more sedate style of play on artificial turf. The really interesting thing was how accurate some of the players were. Amazing to watch a player launch a ball fifty feet through the air and hit another ball...but don't try that at home!!

Contact: Paul Mac Garvey, 916-543-2067, pmac1411@aol.com; Bob Vincent, 916-543-0543

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Pickleball Club

BY CINDY TAYLOR

The President's Cup for 2019 was held April 12 at the Lincoln Hills Pickleball courts. This year's format, Super Seniors, saw over 74 members compete in three skill levels for men and four for women. We have 80 club members who are 70+ and five of the seven 80

year olds played in the tournament.

Players were presented with a new competition format where games are timed and each player reports the number of points they score before the whistle blows. Players also rotated after every game, recording their personal scores on a tally board between games. The top individual point winners in each skill division won some fun prizes. This format delivers fast and fun games.

These are the first place winners in each category:

Men 4.0: Roland Lee

Men 3.5: Tom Anthony

Men 3.0: Tom VanWoerkom

Women 3.8: Sully Hannah

Women 3.5: Mary Ann Baylor

Women 3.0: Sue Hetke

Women Under 3.0: Shelley Truesdale

To cap off the weekend, a pizza social was held Saturday night, April 13. Look for announcements on upcoming "Learn to Play" dates if you'd like to try our sport.

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SCLH Duplicate Bridge Club

BY LYNNE WHITE

What is Duplicate Bridge? Why is it different from social or rubber bridge? In Duplicate Bridge the hands are dealt once and then played a number of times without redealing. Everything you know about bidding, playing and defending are the same in any type of bridge. The scoring is different. Each hand stands alone, so a bad result on one hand doesn't affect the results on the next hand. Duplicate never gets old - you can enjoy it 6 times a week or 6 times a year. Many bridge players are Seniors - but an increasing number of college-age and even high-school and grammar school kids play Duplicate.

Every week the hands are pre-made, hand records are available, and full results including the contracts on all the hands are available online a few minutes after the end of the game. And if you have questions about what you could have done differently on a hand, you will have plenty of players in the Club to ask for advice.

Wendy Wohl and Greg Parker joined our Club last year. They love the game enough to fit it into their busy lifestyle which includes their passion for golf and travel. And, of course, we have our seasoned players like Trish Barnes and Raymond James with their ongoing enthusiasm for this wonderful game.

We are an invitational club with games open to residents of Sun City and their invited guests. We play in the Kilaga Springs Lodge every Wednesday and Saturday at 12:30 p.m.



Trish Barnes and Raymond James



Wendy Wohl and Greg Parker

We have 2 to 3 sections catering to different levels of play. We also have a Friday game starting at 5:00 p.m. with one section and all levels of play. Our game table are \$2 per person for members and \$5 for guests. For additional information about our club, please visit the club website. You will find many resources, including members to call for further information www.bridgewebs.com/lincolnhills.

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Cribbage Club

BY DON LLOYD

The Sun City Cribbage Club plays Tuesdays from 8:00 AM until 12:00 PM in the Card Room at the Orchard Creek Lodge. After beginning with an hour of preliminary games, the six game mini-tournament starts at 9:00 AM. We play four handed partner games, adding a two handed or three handed game when necessary. We use a rotation system to mix players, and lately we have had 20 or more enjoy the competition.

Our March weekly winners were: Grant Lee (1st week); Larry O'Donnell (week 2); Dennis Marin (week 3); and Mario Ferrero (week 4).

We always welcome those new to Cribbage, or new to Sun City, to come and join in the fun.

Contact: Don Lloyd 916-253-7614

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(more Club News cont' on page 29)



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Library Open House

BY JO JONES

"Gladding McBean" a large mixed media work of art commissioned by the

Lincoln Twelve Bridges Library and artfully created by Daniel Mendoza, a native of Lincoln, can be viewed at the Library Open House on Thursday May 2.

This special 5:30 pm to 7:30 pm Library Open House for the community is sponsored by the Friends of the Lincoln

Library to culminate the "Big Day of Giving". The library staff will offer guided tours with demonstrations of online resources. FREE library cards can be obtained plus a FREE book bag will be given to all attending.

The large McBean art piece can be viewed in the Homework Center at the library. Mendoza, who is a graduate of Lincoln High school class of 1999 and now is an artist/educator, states he chose the McBean plant to showcase Lincoln as well as a tribute to his grandfather whose working career was a foreman at the "pipe plant".

This piece was a two year project for Mendoza working with various art mediums. He began by making the board which is covered with canvas. He then took various photos of

McBean and selected the NorthWest view. This was attached to the canvas.

Then Mendoza made all the artistic additions using acrylic paints with the final being a protective varnish coating. The artist plans to be available at the Open House.

Staff librarian Sam Schafare explains

"Visual arts can be a powerful component of a library collection and its services. Art plays a vital role in our ability to communicate a broad spectrum of ideas to all people. We've had a great collection on the library walls for the past ten years. In

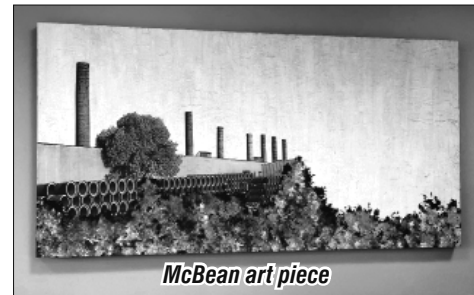
looking ahead to the next ten years, we wanted to refresh and get patrons looking at our walls in a whole new way. Our new art collection can both reflect and inspire our community."

The May 2 Open House also features displays with information about the new high school; opportunities for volunteering at the Library; joining FOLL; how to use the self check stations plus craft events for children as well as story time.

"There will be light refreshments and music all evening plus door prize opportunities.

This is an evening to experience all the public library has to offer and it is free,"

states Mary Nader, president of the FOLL. For more details see www.friendsofthelincolnlibrary.com



McBean art piece



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LH Billiards Group

BY STEVE FOWLER

Congratulations to the April 13th Breakers Tournament Winners, from left to right—Second place with 5 of 6 games Stephen Baron, and First Place with 6 of 6 games Brian Ishimaru.



The Billiards Group offers tournaments to all residents for beginners, intermediate, and advanced players. Please join us in the fun and make new friends. The Billiards Group offers free lessons to residents at Kilaga Springs Lodge on Tuesdays 9:00 to 10:00 AM for new and returning players. You do not need anything to play, just show up and see what we have to offer. Remember it's free.

We have many subgroups for all skill levels. Mentoring Training (new and returning players), Rookies, Breakers and Upstarts Groups are for beginners and midlevel players who haven't played in a while. They help to introduce players to the way the other groups operate. The Co-Ed and Players Groups are for midlevel players with the Challengers, Cue-Masters, Rack-N-Roll are for advanced players, and the Ladies Group for midlevel to advanced players. Most groups have timed games.

We encourage advanced sign up for Tournament play but frequently standby and walk in players can play. The signup binders are located on the Kilaga Springs Billiards Room Fireplace Mantle. The groups have differing advance sign up procedures. Some groups will recognize tournament winners with an email message weekly. Other groups will recognize winners in other ways. Photos of some of the winners are published in the Compass Magazine and the Sun Senior News.

The Billiards Group has social functions a couple times a year. This year our summer picnic is at the Sports Pavilion on Saturday, June 1st with a start time at 5 PM until 8:30 PM. A No Host Bar is available at 5 PM. Food will be provided by Dave's Dawgs: Hot Dogs and Bratwursts with all the fixings, chips, cookies and bottled water. The cost is \$8 a person with RSVP later than Monday, May 27th. No refunds. You do not have to be a billiards group member but you must be a Sun City Lincoln Hills Resident to attend the picnic. Signup Forms are located on the Bulletin Boards at both Kilaga and Orchard Creek. Our Holiday Party is on Friday December 13th, in the Ballroom at Orchard Creek with more info to follow.

We play by the American Pool Players Association Rules that can be downloaded from www.poolplayers.com

A copy of the APA Rules including any revisions/additions to include individual tournaments, e.g., Challengers, Upstarts, etc. are contained in binders on the fireplace mantles in both billiards rooms.

Contact Tony Felice at 916-955-0501, atfelice3@gmail.com for information on the below listed tournaments, membership application and social functions.

The Club dues are \$10 a year. Membership year is Jan 1 through December 31 of each year. Dues paid in the month of October, November and December will be counted current for the following year. Membership Forms are also available on the Billiards Room Bulletin Boards at both Kilaga and Orchard Creek Lodges and will be available at our summer picnic June 1st.

Billiards Group Schedule - Recommended Playing Levels

All tournaments and training are held at the Kilaga Springs Billiards Room.

Level: Beginners

Rookie Tournament - 8 ball singles play. Monday 10:00 AM to 12:30 PM.

Mentoring - Learn how to play pool. Tuesday 9 AM-10 AM.

Level: Novice - Intermediate Players
Breakers - Saturday 10:00 AM to 12:30 PM. 8 Ball.

Ladies Group - Tuesday 12:45 PM- 3:00 PM.

Co-Ed - Wednesday 4:15-6:30 PM. 8 Ball. Upstarts Group - Thursday 11:45-2 PM. 8 Ball (beginners to intermediate).

Players Group - Thursday 2:15-4:30 PM for midlevel players. 8 Ball.

Challengers Group: Friday 9:45-12:00 PM. 8 Ball (1/15) intermediate to advanced players.

Level: Advance Players
Rack-N-Roll Billiards Group - Every Monday 2:30 to 5:30 PM

Teams play straight 8 Ball, 8 ball with 1/15, 8 ball rotation, 8 ball with tower or 9

ball. All games are singles games (played with no partner).

Cue-Masters: 12:45 PM Sign in with a start time of 1 PM. Meets 1st Wednesday for Singles 8 Ball (1/15), Meets 2nd Wednesday for Singles 9 Ball, Meets 3rd Wednesday for Doubles 8 Ball (1/15).

Co-Ed, Upstarts, Breakers, Players, Challengers, Rookie and Ladies Tournaments are free. The Cue-Masters and Rack-N-Roll tournaments require an entry fee of \$2 to play that day. All monies collected are paid out as prizes.

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Tuesday SS Bowling League

BY JOHN VOGELI

Well bowling fans there is 4 weeks left in our schedule for this season. So at this point I'm going to update the standings and possible results for the upcoming roll-offs. At this date, April 15th, "Something Missing" (Carol Torno, Bob Vincent, Roy Hackman, Ron Basnett) are



CJ Johnson presents Dave Harriman a certificate for his first 300 game.

(cont' on page 32)

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Out & About in Lincoln...

BY RICHARD PEARL

May 4th (Saturday) – Century 21 Chili Cook-off and Car Show. This is the 9th annual event and a lot of fun! Food, vendors, antique and sports cars, live music. 801 Sterling Parkway, Lincoln. 10 am – 1 pm

May 7th (Tuesday) – Downtown Lincoln Food Truck Frenzy. Yummy food trucks, beer, wine, music, and community fun. 5:00 – 8:00 pm. Beermann's Plaza...640 5th Street.

May 11th (Saturday) – Tour de Lincoln (multi-length bike rides). Benefit event of the Lincoln Rotary Club for Lincoln-oriented charitable causes. 10/20/40/100 mile rides. 7:00 am thru 2:00 pm. McBean Park start. See details at: www.tourdelincoln.org.

May 18th (Saturday) – Lincoln Clay Day. Celebrate Lincoln's heritage in Clay with art exhibitions, and watch the kids have fun at Camp Clay. Beermann's Plaza; 640 5th Street. 10:00 am – 3:00 pm

May 25th (Saturday) – Portuguese Holy Ghost Festival. Parade (8:00 pm); dinner and dancing. (9:00 pm). McBean Memorial Park, 5th Street, Lincoln. <https://www.facebook.com/lincolnifesta/>

May 30th (Thursday). Lincoln Potters baseball Opening Night. 6 pm +. McBean Stadium; 65 McBean Park Drive.

Upcoming Events —

June 1st (Saturday). Downtown Lincoln Classic Car Show. 300+ pre-1975 and older

American made or American powered classic cars. 9:30 – 3:00 pm. Hosted by SCLH rods and Relics club. FREE! Food, vendors, and FUN! Proceeds from this year's Car Show will benefit the RRUFF Healing Heroes, Women of Worth, and Ride To Walk. For more information, see www.rodsnrelics.net or call Rich Ragan 916-408-1950

If you have a special event outside our "compound" walls but in Lincoln or in the immediate surrounding area, contact Richard Pearl at: pennyrich@aol.com.

American Flag Etiquette

(cont' from page 3)

When merchants and American citizens fail to follow Flag Code guidelines, the symbolic values of our Stars and Stripes are disparaged. As we prepare to celebrate Flag Day on June 14, let's read and follow the guidelines to help avoid unintentional violations, and treat our American flag in the utmost respectful and dignified manner. To learn more about the guidelines, go to www.us1ag.org.

L. Lucinda Chipponeri

• • •

Send your letters to the editor...

See page 3 for details!



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Multiple Sclerosis

At the Tuesday, May 7, 1:00 PM, Multiple Sclerosis Meeting, Kilaga Springs, Sierra Room, plans are to discuss the Format of future meetings, including your thoughts, changing Meeting date, also filling vacant volunteer positions. Bring your checkbook, as Laura Ludwig will collect \$15 for the Wednesday, June 5, 1 PM Luncheon, Orchard Creek Solarium, with Guest Speaker, Dr. John Schaefer, updating us on Cannabis and MS.

Seating is limited, and reservations need be paid by Saturday, May 25.

Your choice of entree includes either a Chicken/Apple/ Walnut Salad, Shrimp Salad, roll and butter with salads; or Tuna on Croissant with coleslaw. Cookie for dessert with Iced Tea.

The luncheon will be our final event until September!

Lincoln Democratic Club

For our May 16th meeting, the speaker is Shawn Tillman, Economic Development Manager for City of Lincoln, who will describe long-range plans for the development/ expansion of Lincoln. Bring your questions. Mark your calendar for Saturday, June 15th 5:30 PM at the Potters Baseball Game. We meet the third Thursday of the month at Kilaga Springs Lodge, 1167 Sun City Blvd, Lincoln. Doors open at 6:15 PM for a social time, business meeting is at 6:45 PM in Presentation Hall, followed by the program. Website <http://www.democraticclublincolncalifornia.org>

Lincoln Democratic Club — Roosevelt Kennedy Dinner

Friday, May 17, 2019 at 6:30 PM
8th Annual Roosevelt Kennedy Dinner
This is the main fundraiser for the Placer County Democratic Central Committee. The dinner is at SCLH in the Orchard Creek Ballroom. Congressman John Garamendi is the keynote speaker.

To purchase tickets go to <https://secure.actblue.com/donate/2019-roosevelt-kennedy-dinner>.

Our Lincoln Democratic Club has reserved three (3) tables. If you want to sit with other Lincoln Democratic Club members, please contact Kathy Lopez at kathy_lopez03@hotmail.com and let her know the number of people in your group.

SCLH Republican Club

Our next meeting is Tuesday, May 21, in P-Hall (KS). Doors open at 6:00 PM, program begins at 6:30 PM. Our speaker is Dr. Phil Escamilla. Dr. Escamilla will speak on the topic "Public Policy Update from William Jessup University." For more info: info@RepublicanClubSCLH.org

CPR/AED First Aid Class

The next class, offered by the Lincoln Hills Foundation, will be offered on Wednesday, May 29 in the Orchard Creek Multimedia Room at 9:30 AM. The class lasts for about 3 hours. The cost is \$10 or \$20 depending on what parts of the class you choose. It is explained on the application. Only one more class will be offered this year on September 11. You can get applications at the OC Lodge, or online: lincolnhillsfoundation.org For more information, call 916-434-0749.

Yacht Club?

Ahoy, residents of Sun City Lincoln Hills! Are you a salt water sailor or power boater; owner or crew; 6-pack ticket holder, or higher? Perhaps a reader of Latitude 38? Do you have neighbors who are? Would you like to meet and swap sea stories, compare racing tactics, or bareboat charter adventures? Let me know? Maybe lunch at the Sports Bar will lead to a Yacht Club.

Call: Norm Trondsen: 916-209-3402 or ntrondsen@yahoo.com

Semper Fi Association

Semper Fi Association, open to all active and inactive Marines, plus Navy Corpsmen, meets at the Legends Sports Bar & Grill (at the Woodcreek Golf Club), 5880 Woodcreek Oaks Ln., Roveville on the first Monday of the month. Breakfast (optional) available at 8:30 a.m., meeting starts at 9:00 a.m. Contact Mike Scott, 916-435-4940, or Richard Martinez, 916-543-7965.

Grupo De Conversacion

Nos reunimos para practicar y mejorar nuestro español. We meet every Tuesday at 4:00 pm in the "Living Room" area of Kilaga Springs Lodge, call Manuel 408-8163.

Sons In Retirement Branch 13

Sons In Retirement Branch 13 (Lincoln/Roseville) will hold its monthly luncheon on Tuesday, May 21 at Catta Verdera Country

Club, 1111 Catta Verdera Drive in Lincoln. A three course gourmet lunch costs \$20pp. Arrive at 11:30 AM; luncheon adjourns at 1:30 PM. Sons In Retirement is a fun social group dedicated to promoting the camaraderie of retired men. If you are interested in joining SIR or attending the luncheon as a guest, please contact Chet Winton AT 916-408-8708.

Sons in Retirement Branch 98

The Rocklin/Roseville Branch of SIR meets monthly on the 2nd Wednesday in the ball room of the Timbers at Sun City Roseville beginning at 10:30a.m. Join retirees for fellowship, lunch, golf, fishing, cards, and even bocce ball... many other activities also available. Call Tom Werth at 782-3536 for more information.

Lincoln American Legion Post #264

Meetings 7:00 P.M. the first and third Wednesday of the month at the Veterans Memorial Hall 541 5th St, Lincoln. The business meeting for members is the first meeting and the second meeting is general information for everyone. All U.S. military veterans that have served in time of war or recognized conflicts are eligible to join. Contact us at ph: 916-409-6750 & e-mail: commander@lincolnlegion.org. "For God and Country"

LH Lions Club Meeting

The Lincoln Hills Lions Club meets the 1st and 3rd Thursday of each month at noon at the Lincoln Veterans Memorial Hall, 541 5th Street. We brown bag it so bring your lunch and a drink and come join a group of service minded men and woman who are interested in improving our community while having fun. Call Sue and Bob Olin for info 916-543-0002.

Lincoln Kiwanis Club Meeting

Lincoln Kiwanis dinner meeting is at 6:00 p.m. on the first Tuesday of the month and breakfast meetings are from 7 to 8 a.m. all other Tuesdays at Buonarroti's, 460 Lincoln Blvd. Guests are welcome. Info: President, Christy Auld at 916-253-7074 or 916-300-3941 or lincolнкиwanis.org.

Kiwanis Club of Lincoln Foothills

Kiwanis Club of Lincoln Foothills dinner meeting is at 5:30 p.m. on the first Wednesday and 11:30 a.m. on the third Friday of each

month at Turkey Creek Country Club, 1525 Highway 193 in Lincoln. Lunch available for \$13, dinner available for \$15. Guests welcome. RSVP and information: Rae at 916-251-6241.

Rotary Club of Lincoln

We have weekly meetings Thursday noon (12-1:30) at the Lincoln Woman's Club 5th and E Street. Interesting speakers and service to the community. For info visit LincolnCaRotary.org or call us at 916-844-2582.

Retired Law Enforcement Officers Group

Our members are either retired or active law enforcement officers and we have quarterly breakfast meeting with guest speakers. Please join us for some camaraderie with America's finest. Contact Chuck Schmidt, RLEO Coordinator: 530cms@gmail.com

LH Airport Co-Op

The Lincoln Hills Airport Co-Op is open to Lincoln Hills residents to share rides to and from the Sacramento International Airport.

The cooperative works on a point system. Drivers earn points taking travelers to and from the airport while travelers spend points to receive rides. Membership is \$15 per year (Jan-Dec) per household. To join, visit our website www.lh-airportco-op.org click the membership tab, download the application, mail, along with required documentation to the address on the application. Call Barb Iniguez at 916-408-7812 for more info.

Parkinson's Support Group

The Parkinson's Support Group meets the 3rd Tuesday of each month at the Granite Springs Church 1170 E. Joiner Parkway from 10:00 to 11:30 AM. The next meeting will be on May 21. The format consists of informative speakers and an occasional general discussion. This month we will be having our general discussion. Come and join us. Contact: Ginny Nevins at 916-543-0757.

Winds of Faith featuring "The Story"

Sunday, May 26 at Lincoln Hills Community Church at 5PM. • 950 E Joiner Parkway in Lincoln. An evening of beautiful music! Free admission, a free will offering will be taken. For info: www.WindsofFaith.com



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Tuesday SS Bowling League

(cont' from page 29)

in first place. However they have claimed one of the roll-off spots at the end of the season. As a team you are only eligible for 1 spot per season So "Spare Us da Split" (Pat Basnett, Hank Starr, John Bache, Steve Worrell), with 27 points and "The Dawgs" (Richard Bronson, Sandy Manildi, Ed Keyton, Bill Taylor) with 26 points are the closet to contending for the fourth and final spot in the final roll-off to determine the overall Champion. So good luck to both teams and any dark horse lurking in the back ground. It appears that Dave Harriman is going to end the season with the highest ave., a really good 218. Nice bowling Dave. With that I will conclude this article, however next month I will update all the results of the final stats and team results. So remember that you "closet" bowlers and you people wanting to meet new friends there will be summer leagues and sign-ups for next Fall/Winter leagues available at Strikes in Rocklin. You may contact Stacy Pudge @ 916-626-6361 or our league secretary Linda Zierman @ 916-408-2397 or lzierman@sbcglobal.net for more info. Damn I loving making that "damn ten pin".

•••

Thursday Afternoon Bowling

BY JENNIFER IWIG

Hi fellow Bowlers hope you all are having a great time bowling.

Well, the season is almost over hope you all will be bowling with us on the summer league. It will be the same day and time.

Here are the Season High Scores. Team Scratch Series; Sleepers 2314, It is What it is 2125, 4 Shades of Grey 2086. Team Scratch Game; Strike Force 770, Split Personalities 768, Ten Pin Alley 728. Team Handicap Series; Time 2 Spare 2945, The Go-Getters 2895, #Fab4 2865, Who Cares!. Team Handicap Game; Stars&Strikes 1027, Rack'em Up 1017, A Tad Lite 1014. High Scores for the Women: Scratch Series; PK Lewis 641, Marie Messina 545, Dee Maher 537. Scratch Game; Karen Markle 235, Debra Scott 218, Marion Munoz 212. Handicap Series; Carol Golbranson 781, Margo Zamba 779, Anita Miller 767, Handicap Game; Sharon Shevelson 304, Gail Ramsden 296, Judy Butler 293. High Scores for the Men; Scratch Series; Dave Fisk 746, John Habein 697, Larry Johnson 666. Scratch Game; Roy Hackman 300, Bob Barrows 258, Jerry Gorden 252. Handicap Series; Randy Dvorak 810, Marv Zamba 779, John Vogeli 792. Handicap Game; Paul Carroll 352, Al Raub 306, Horace Snowden 305.

Congrats. to all keep up the wonderful bowling.

Good by for now see you at bowling.

•••

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A Few Thoughts In Search of a Column

BY LESLIE LAFAYETTE

Where is the other striped lounge chair pad I stored here in the garage no more than three summers ago? I see one but where is the other -- oh! Excuse me! I didn't see you reading there. I was just talking to myself as I search the endless surprise fantasy park I call a garage.

Do you do that? Talk to yourself, I mean? Do you do it out loud? Do others in your home hear you and ask what you're doing? Do you answer yourself?

Perhaps you argue. "I put it there," you say, referring to the lounge pad. "I absolutely know it was there."

"You have no idea where you put it," you answer, rolling your eyes.

"I do!" You persist. "I clearly remember the striped lounge pad being right here, next to the, uh, treadmill."

"Oh you mean that beat up thing with the slow roller that once cost you \$600 on QVC and is now a repository for bags of bird seed? THAT treadmill?"

Well, that wasn't a very nice reply. As my conversation continues I think of a bit of wisdom I once read in a book called "Letting Go" by Guy Finley.

He said, "One way to avoid at least a few unpleasant conversations is to stop talking

to yourself."

It occurs that much of my self talk seems to be annoyed or self shaming. It's difficult not to bring up the issues that need work or improvement... or just to keep up a dialogue when one is searching for, say, a lounge pad, but must the conversation go to things entirely unrelated and get in a few dismaying low blows along the way? Here's a reminder from Guy Finley for us to cut short the "unpleasant conversations" we have with ourselves and try a figurative arm around the shoulder, with a warm "there, there" (not consolation but direction, as in "There. There over in the corner is the other striped pad you're looking for.").

Moving along to Pets and Other Household Companions, over the years I have adopted many creatures to love (two or three men, one actual husband and several dogs)... even plants at times, usually sad, fading little throw aways I couldn't throw away so I began to lavish attention, talk and water upon them and lo and behold many still died. But some of the most unlikely flourished. Some time when you least expect it I'll tell you about the miracle of the 24-year-old umbrella plant.

I will not, however, adopt any of the

lizards (or gekkos) who seem to find our backyards such perfect eco systems. I have seen one this spring who has been eating good in the neighborhood and reminds me of one of those tabloid stories you see at the supermarket "Vicious alligator crawls out of woman's washing machine in Florida, eats her chihuahua." I have a couple of chihuahuas around here somewhere. At least, I thought I did but now that I think about it I haven't seen one of them in a couple of days...

My newest household pet is a spider. Now, I don't like spiders, I actually live in fear of them, so this is an unlikely experiment with a potentially unpleasant outcome for the spider. A small black spider lives behind the right corner of my bathroom mirror, and keeps an admirably punctual schedule, so I have resisted the impulse to give it the Mother Ethel Heave Ho which worked quite well on all spiders, particularly black widows, in our southern California home when I was growing up.

My mother tried to get my father-he being the man of the house to all appearances at least - to do the dirty deed but soon learned that his idea of spider-dispatching involved a broom and a sort-of unenthusiastic swipe at the spider. This turned a spider whose whereabouts were known into an arachnid who had disappeared somewhere into the house, definitely a turn for the worse.

So Ethel gathered up a handful of tissues and summoning all of her courage would pluck the man killer from the wall and

head for the toilet - an all-round dispatching gizmo for wayward household pests. (And a couple of deceased goldfish.) Before she dropped the tissues into the water Mother would peer at the spider to see if it had been a black widow. I don't know why but if she saw a red spot, she would proclaim "Aha!" with some sense of satisfaction.

My little spider friend is gone all day then appears on an invisible thread of a web he probably attaches to something (the electric toothbrush?) where he literally hangs out almost all night. When he is hanging out, I use the other sink so as not to disturb him or have him leap hungrily onto my hand and bite me (he is less than a quarter inch in size.) I figure we both deserve our privacy. After I clean the area in which he resides, his web is higher and shorter because he must begin all over, but he is persistent. I did try to capture him in a small glass so I could relocate him but he is quite quick and prescient. For now, we have a human-arachnid truce and there is no tissue in sight.

With that, may I wish a Happy Spring to us - spiders, lizards, household plants et al - may we bloom and flourish!

Leslie Lafayette is a writer and journalist, resident of SCLH, and definitely a spring chicken. You can e mail her at leslielafayette@gmail.com



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SSNLH WRITER...

Where the Heck is My Ball?

BY ALISON SHELTON

Golfers come in different sexes, shapes, ages and from a variety of ethnic and geographical backgrounds. Even though most wear somewhat the same uniform (collared shirts with the occasional sweaters), different colors and patterns set them apart from each other. When found on a course with club in hand, however, there is one indisputable similarity golfers share: an abnormal attachment to the golf ball.

Most serious golfers have a couple dozen balls in their bags and another 500 at home. Every gift giving occasion wouldn't be complete without a box of golf balls under the holiday tree, beside a birthday cake or alongside the Father Day's tie. When in doubt, give a pack of golf balls. If you want to be different, buy the ones that look like little soccer or basketballs or have them personalized with cute expressions or the golfer's name. Any person who plays golf more than twice a year is bound to have more golf balls than a Hollywood starlet has diet pills.

No matter how many golf balls a player owns, the only one that matters is the one being played at the time. The golfer loves that ball. Just look at what happens when a drive goes wrong. A player blames himself, the golfer next to him, the pro, driver or iron, sun, wind, geese, sound of atoms splitting in the air – anything but the ball.

When a golfer drives his ball into the unknown, everyone around him plays into the tragedy: "Did you hit it into the pond? Do you think it went over the trees?" There's genuine sympathy for the player who goes in search of his errant ball. Others join in, doing what they can short of tacking "Have You Seen This Ball" posters to trees. I have seen players less distressed at losing their car keys than losing golf balls.

The player himself is consumed with one purpose – to find that ball! He will wade into a pond wearing his \$350 FootJoys, climb a tree for the first time in 30 years or shove his arm as far down a gopher hole as possible. In search of the ball, a golfer will traipse into grasses despite warnings of poison oak or

rattlesnakes. Nothing matters except finding that ball.

A golfer who would never consider holding up players by taking more than a couple of practice swings thinks nothing of making others wait an hour while he clears away leaves, fallen twigs, rocks, anything that could hide a ball. The same golfer who adheres to every rule of the course ignores the "out of bounds" signs as he crawls over the wire fence.

There are golfers among those who give true meaning to the phrase "disposable society," who throw away paper plates, aluminum cans, empty bottles, car batteries, anything that will fit into a dumpster. Yet, no matter how much money any player earns, that lost ball is irreplaceable.

Some players prepare themselves for the possible loss by snatching up range balls, or "water balls," as they call them, to be used for those particularly hazardous holes. Others have purchased new products on the market such as special dark glasses or range telescopes that help locate lost golf balls.

I've come up with my own idea and am looking for someone to market it – a tiny micro-chip in each golf ball that can be activated by clapping one's hands. Granted, this special ball probably will cost close to \$50, but considering the unholy alliance between player and his golf ball, I think I might be on to something.

We welcome your submissions such as humorous observations and poetry.

Please see page 3 for submissions information.



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2019 15th Annual

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★ Q & A ★

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- Poets may submit a maximum of three (3) poems. Select three (3) of the contest categories and submit one poem from each.
- Poems may be in rhyme, free verse, Haiku, or other accepted poetry forms and of any length, up to a maximum of 60 lines.
- **Young Poets**, 18-years of age or under, are encouraged to submit poems and will compete in a special "Young Poets" category.
- **Entry Forms and Contest Rules** are available in the rack next to Front Desk at the Lincoln Public Library at Twelve Bridges in Lincoln, CA and can be downloaded from the following website: www.libraryatlincoln.org
- **Contest Deadline:** Poems must be received **no later than Saturday, July 20, 2019**. Early submissions are appreciated. Questions—contact Alan Lowe at slolowe@icloud.com

* RULES AND ENTRY FORM *

1. **POETS WANTED!** 1st, 2nd, and 3rd place winners will be selected in each contest category.
2. The five (5) contest categories include the following: **Who Is The Most Important Person In My Life? What Treasure Would I Like To Discover? What Don't I Know About You That I Should? What Would I Do If I Ruled The World? Should We Be Thinking About Today Or Tomorrow?**
3. Poets may submit a maximum of three (3) poems. Select three (3) of the contest categories and submit one poem from each.
4. Poems may be in rhyme, free verse, Haiku, or other accepted poetry forms and of any length, up to a maximum of 60 lines.
5. Poems should be written in English. They should be typewritten and not centered (read left to right). Please use the Arial font 12-point. The title should be listed at the top of the poem and the category should be included at the top right corner of the poem page. The name of the poet should not be indicated on the poem.
6. **Young Poets**, 18-years of age or under, are encouraged to submit poems and will compete in a special "Young Poets" category. Young poets should follow the same rules as noted above. However, they should include their age, grade, and school on the Entry Form.
7. All poems must be submitted on hard copy to the address listed on the Entry Form below and must be received **no later than Saturday, July 20, 2019**.
8. Early submissions are appreciated. A separate Entry Form should be attached to the hard copy of each poem submitted. Duplication of the form is permitted. Questions—contact Alan Lowe at slolowe@icloud.com
9. The top three winners in each category will be contacted by phone. Winners will be asked to submit their poems electronically, by email attachment. Winners will read their poems on **Sunday, October 13, 2019**, at the Voices of Lincoln event to be held from 3:00 to 5:30 p.m., Lincoln Public Library at Twelve Bridges (Willow Room), 485 Twelve Bridges Drive, Lincoln, CA. Winners also will be presented with a commemorative chapbook of the winning poems.

2019 VOICES OF LINCOLN POETRY CONTEST
ENTRY FORM

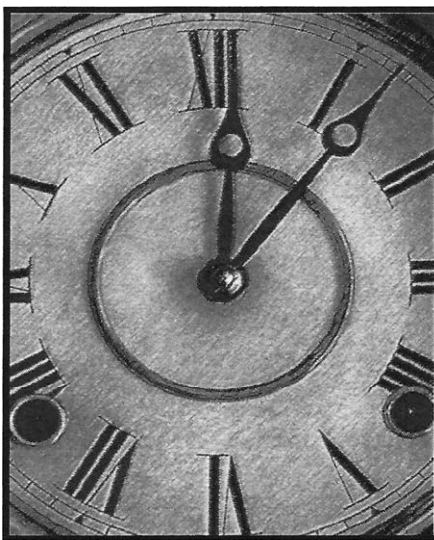
(One Per Poem – PLEASE PRINT)

Name: _____ Phone: _____ Email: _____
 Address: _____ City: _____ State: _____ Zip: _____
 Young Poets Only--Age: _____ Grade: _____ School: _____

Contest Categories (Check appropriate category of poem submitted): Who Is The Most Important Person In My Life? What Treasure Would I Like To Discover? What Don't I Know About You That I Should? What Would I Do If I Ruled The World? Should We Be Thinking About Today Or Tomorrow?

Title of Poem Submitted: _____

Please insure that poems comply with all contest rules. No names should appear on the poems submitted. Include the title at the top of the poem. Place the category at the top right corner of the poem page. Use a paper clip to attach a copy of this Entry Form (cut along dotted line) to each poem submitted. Mail the poem to Voices of Lincoln Poetry Contest, c/o Alan Lowe, 1235 Picket Fence Lane, Lincoln, CA 95648. Poems must be received **no later than Saturday, July 20, 2019**. Early submissions are appreciated.



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Observations On This and That

BY MARTIN GREEN

More on Spam: Last month, I reported that the latest trend in the Spam world seemed to be offers of loans and other forms of financial. Another trend is to let you know about your future. Celeste says she's in touch with my guardian angel and can give me a tarot reading. Chris offers a horoscope so accurate it will give me goose-bumps. Medium Amanda tells me I'm at a crossroads (I am?), and she can see to it that I take the right path. Well, tempted as I am, I think I'll plod along as usual and take what comes. I do see another Spam update in the future.

The Big College Scandal: Everyone has weighed in on the big college scandal in which wealthy celebs, and just plain wealthy people, gave scads of money to a guy who used to live in my old neighborhood, Carmichael, to get their kids into so-called elite colleges. So, I thought I'd throw in an observation or two. Felicity Huffman paid a mere \$15,000 to get her daughter into USC, which I thought was better known for its football teams than for being elite; but others, the just plain wealthy people, paid half a million dollars or more, which is incomprehensible. No college is worth that kind of money. Those plain wealthy people must have had a few million lying around and didn't know what else to do with it. Also, it came out that one of the California colleges has a sailing team. What's next? Polo? Wine tasting?

P.D. James and Ruth Rendell: These two English mystery writers are among my literary heroes, or I should say heroines, not only because of their writing ability but because, being an aged writer myself, of their longevity. Some time ago, I downloaded a work by P.D. James called "A Time to be Earnest," which is kind of a year's diary, and for some reason, I was recently reminded of it and quickly read through it. At the end, James writes, "Tomorrow I shall be seventy-eight and, by the time this fragment of autobiography is published, I shall be within sight of my eightieth birthday. If seventy-seven is a time to be in earnest, eighty is a time to recognize old age, accepting with such fortitude as one can muster its inevitable pains, inconveniences, and indignities and rejoicing in its few compensations."

A few years after I retired, when I was a youngster in my sixties, Beverly and I went on a tour of Britain, starting with a week's stay in London at a B&B near Holland Park. We noticed that in the local bookstore that, not P.D. James but her good friend Ruth Rendell, was giving a reading of her latest book in a few days. Our B&B landlady recommended a restaurant just about next door to the bookstore (best fish and chips in London) and on the night of the reading we had dinner there and then proceeded to the bookstore. Ruth Rendell was a pleasant-looking, dark-haired, woman who

read in a soft voice. After the reading, we spoke to her and found out she was about to go on a book tour of the United States. At the time, I was freelancing for the Sacramento Bee and I told her I could write her up if she was going to be in our area; unfortunately, she wasn't.


She did tell us that her good friend P.D. James lived nearby, close to Holland Park, and it turned out that we'd passed her house every time we'd returned at night by Tube to our B&B. If her cat was on the doorstep we'd know she was at home. We passed P.D. James' house several times after that but the cat, whose name as I learned from reading that diary was Polly-Hodge, was never on the doorstep. If she'd been on the doorstep, I don't know and shall never know, if I would have had the nerve to knock on the door. I also regret that I never had the nerve, even if Polly-Hodge wasn't on the doorstep but might have been occupied elsewhere, to knock on the door. Well, that's my P.D. James, Ruth Rendell story. I'll just add that P.D. James lived to age 94; Ruth Rendell regrettably died at age 85.

Dave Barry: Another of my literary heroes, not for his longevity, but for his writing a weekly humor column from 1983 to 2005, which is 17 or so years. As someone who's been writing a column, trying to be mildly humorous for about the same period of time but monthly, I can only say I'm awestruck. I recently came upon an article by Barry in the Wall Street Journal and discovered he is getting somewhat old, although a mere 70. The article says that at this age he's going to emulate his super-friendly and always happy dog Lucy and

try to make new friends and connect with old ones. I don't have a dog, but like Barry, I've been feeling the same about connecting or re-connecting with people from my past. I've found that isn't too easy, the problem being that most of these seem to have already passed on. Among my regrets is that I didn't try sooner. So it's never too early to reach out to old friends you've lost touch with and perhaps forestall those regrets. And I'm glad that Dave Barry is still around and still writing.



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Three Generations Strong

Players Club

(cont' from page 1)

Jesus Costazuela (played by Joe Nichols and Rudy Schneider), add the ultimate complement to all the girl talk that's been going on. With lost-in-translation malapropisms, the Barcelona brothers pepper the interaction with outrageous plays on words.

Director Merilee Thompson Imamoto is delighted to be directing this play. I asked her to compare the female version with Neil Simon's original. "Personally, and with no bias at all (!), I find the female version much funnier. Instead of opening with a boring poker game, the women are playing Trivial Pursuit. Adding the upstairs Spanish neighbors with their hilarious English language bloopers allowed Simon to mine for comedy gold... and, he found it!"

With recent improvements to Kilaga Springs Presentation Hall, Producer Craig Stults says he's "like a kid in a candy store. With new lighting technology and a freshly painted [in black] stage, we're now in a great position to enhance the viewing pleasure of audiences in our Presentation Hall venue. A variety of lighting options on stage will add to everyone's show enjoyment and wow our audiences!"

Mary Beth Quallick described her character, Olive, as "charismatic, and a force to be reckoned with. Her spunk and



indestructible persona are in contrast with her need to be needed. I admire her willingness to be vulnerable, her capacity to face a difficult situation and still have the ability to speak her mind. She's comfortable in her own skin and acknowledges her character flaws."

Describing some of her character's quirks, Jeri Ferris said, "Florence tidies

compulsively, pausing only to fuss over her various neurotic ills, and in general is impossible to live with." And then she added, "I love Florence's naivety, her need to do things properly, her heart-broken determination to survive a divorce, her compulsion to keep everything from food to towels to game pieces in perfect and precise order."

What will audiences enjoy about this play? Jeri insightfully predicted that we "will love seeing the characteristics that we all have to some degree carried out to the nth degree in this over-the-top, hugely exaggerated and hysterically funny show!" Mary Beth added, "Neil Simon wrote hilarious, sometimes bawdy, real-life plays. I'm sure the audience will know some, if not all the personalities in the show."

The Odd Couple (Female Version) shows (on Thurs. & Fri., June 6 & 7 at 7:00 PM; Sat. & Sun., June 8 & 9, at 2:00 PM) in Presentation Hall are reserved, at \$15 each. Purchase your tickets online at the residents' website, <https://schresidents.com>, or in person at the activity desks in the lodges.

Thoughts From Jack— Food For Thought

BY JACK FABIAN

I'm sure you've noticed, as you reach your senior years, the urge for food is still there, but the urge to cook it is not. And even if you wanted to cook it, what the heck are you going to cook? So she looks at him, and he looks at her, and the decision is now made to eat out... but where in heck are we going to go!

Well, we've done something I never thought we would ever do, go out and eat at "fast food". The reason they call it "fast food" is because it makes you sicker quicker. And so many of these places have a thing for "refried beans". If they had a good chef, he'd have gotten 'em right the first time.

Like everything else we humans do, we make things too complicated, eating is no exception. We should have come on this earth and just grazed in the fields like cows do. A consistent daily diet would result in a consistent digestive system.

While on the subject of cows, I must make you aware of my childhood, where every family out in the country had at least one cow. And, in every town of about 1200 people, there was always at least one ol' man who screamed at the kids, and gave all his neighbors a hard time.

Well, after dark on Halloween night, we'd get a fresh cow chip, place it on a piece of burlap, light the bag and ring his doorbell. The ol' man would come out, stomp out the

fire and run across the living room rug and call the police.

The result of all this: the two most important things in life, food and laughter.

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The Musillanis

(cont' from page 1)

with his father in construction. They did caulking and water proofing work and most of the major buildings in Sacramento have their handiwork. Eventually, he started his own business and then decided to work for the State of California. He was a construction project manager for the California Department of the Military where he worked on updating the armories throughout the State. He stayed with them for fifteen years until retirement in 2013.

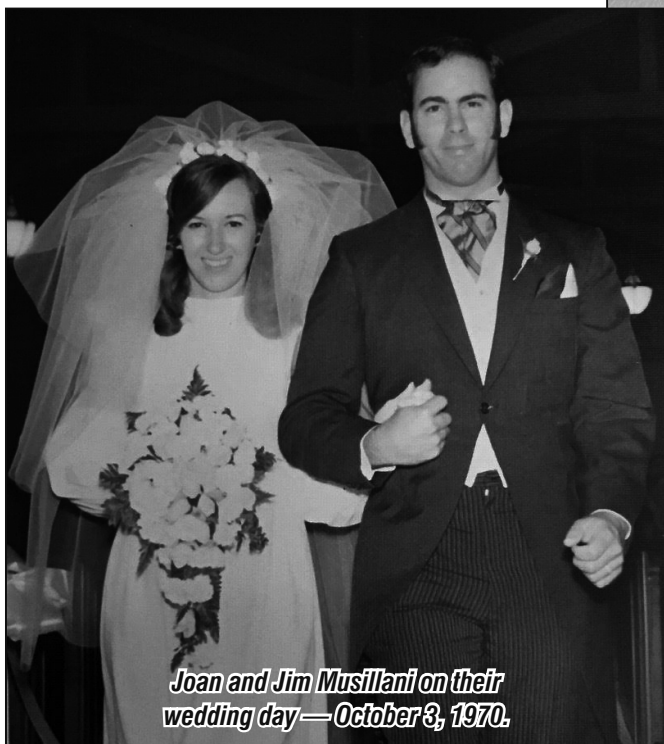
After marriage, Joan worked for the Department of Motor Vehicles until the couple had three daughters in the space of four years. She stayed home with the children until they were in school. Then she worked as a secretary at a parochial school for a few years and then returned to the State, this time with Caltrans. She worked twenty-eight years in various areas of the department, retiring in 2010 from her favorite position as a Senior Planner. She managed a team that approved mass transportation projects (buses, light rail projects, park-n-ride lots) statewide that reduced commute traffic. When they moved to Sun City, they were both still working.

The three daughters are all parents themselves now and none of them are very far away. The oldest daughter lives in Nevada City and has a daughter who is now attending Sierra College. The middle daughter and family live in Folsom and have two children, a boy and a girl. The youngest daughter and family lives in the family's old home in Rosemont and have two sons. Happily, Jim and Joan can attend many sports and school events for all five grandchildren.

Both Jim and Joan have lifetime passions. For Jim, it is sports, including golf, baseball, basketball and bowling. He played college baseball at Sacramento City College, was a pro golfer for a while, coached soccer for his children's teams and was a high school basketball coach at St. Francis High School

for fifteen years. He still loves to golf although some of his previous injuries are giving him some pain these days and he is looking for solutions. He liked the idea of moving to Lincoln Hills in part because of the great sports facilities.

Joan has always loved art and drawing. Although she set it aside for years, in retirement she discovered oil painting and became very active in the Painters' Club. Many of her great paintings are on display



Joan and Jim Musillani on their wedding day—October 3, 1970.

in their home. Jim even encouraged her to make an art studio in their breakfast nook so she didn't have to keep setting up her easel. The windows on three sides make for perfect lighting. She is currently President of the Club and wants everyone to know about the upcoming art studio tour on May 11 and 12. It will be an art and craft tour of homes in Lincoln Hills with jewelry, needlework, art, photography and ceramics. There will be maps. On May 11, it overlaps with the parking lot



Joan Musillani with her art.

PHOTO BY JEFF ANDERSEN

sale. May 12 is Mother's Day so they are encouraging trips with mothers to "buy her what she really wants." The Club has about ninety members with forty to fifty at the monthly meetings with guest speakers. Being President keeps Joan occupied but she is happy to be so involved.


There are many delights to be discovered in the Musillani home. Besides Joan's paintings, there are oil paintings from Jim's step grandfather, Irion Shields, a well-known California painter whose work has been in the Crocker Art Museum. The newly installed gorgeous stone fireplace with build out bookshelves that hold Jim's baby shoes and an oil painting of the shoes by Joan. Also, in the bookcase is a metal sculpture of Tolstoy pushing a cart. It belonged to Joan's Danish grandfather who owned creameries in Russia at one time and is one of the family's treasured possessions.

One of the joys of the home is a cream-colored Golden Retriever named Bella. Joan is very active with the Homeward Bound Golden Retriever Rescue located in Elverta and helps out there several times a week. They have had Bella for about six months. She is a very sweet dog who was malnourished when she first came to Homeward Bound and was then adopted




by the couple. She has now filled out and has a healthy long coat. The couple love golden retrievers and have had many over the years. The ranch in Elverta has a barn that has been converted into kennels. They receive two to fifteen dogs a week and are able to adopt out the same number of animals weekly.

Surrounded by family, sports, art and love for each other, Jim and Joan respect their family histories and foundation in California while giving back to the people around them. Their long friendships, family connections and marriage point to grounded people with a shared past, active and involved present and hopeful future.

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Lincoln Hills Update

Model	ACTIVE Listings	Average List Price	PENDING Sales	Avg. Pending List Price	SOLD Last 2 Months	Average Sale Price
Santa Clara					1	\$900,000
Carmel						
Santa Barbara	2	\$869,000			3	\$883,300
Meadowgate					3	\$894,700
Sonoma	6	\$987,000	1	\$670,000		
Springcrest	2	\$719,000			1	\$835,000
Marin	1	\$779,950			1	\$705,000
Tiburon					1	\$695,000
Monterey						
San Mateo						
Atherton					1	\$659,000
Napa	2	\$749,500	5	\$804,700	5	\$733,800
Shasta	1	\$755,000	1	\$649,990	1	\$639,000
Sausalito	1	\$640,000			3	\$644,000
Ventura					1	\$561,000
Annadel	1	\$595,000	2	\$702,000	2	\$632,000
El Dorado	2	\$599,500				
Ventana						
Fremont			2	\$642,500	1	\$650,000
Orchard Crest			1	\$505,000	4	\$533,800
Plumas						
Tehama	2	\$502,000			1	\$500,000
Tahoe	1	\$699,000	4	\$583,500	3	\$525,000
Santa Cruz			1	\$539,000	5	\$504,900
Mendocino					1	\$530,000
Baldwin			2	\$507,500		
Echo Ridge			3	\$493,000	2	\$595,000
Trinity			1	\$480,000		
Lassen			3	\$459,300	2	\$464,200
Quail Cove			2	\$494,000	3	\$454,700
Alpine					5	\$465,100
Pine Hill	2	\$502,000	2	\$455,500	5	\$483,700
Almanor			3	\$454,700		
Madera					1	\$399,000
Bridgeway					3	\$433,500
Calaveras	1	\$397,500	1	\$385,450	3	\$372,500
Sequoia	2	\$375,000	1	\$392,000	1	\$375,000
Millpond					1	\$376,000
Mariposa					2	\$384,700
Woodleaf						

NOTE: The statistics above do not reflect any consideration in value for model options nor location.

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Neighborhood Watch

BY KATHY GIRE

The Neighborhood Watch partnership with Lincoln Police Department has helped to keep Lincoln one of the 15 safest cities in California. Review the incidents below to look for things you can do better to avoid being a crime victim.

Recent Lincoln Hills Scams — A male resident and a female “scammer” were chatting on “Google Hangout” App which is similar to Facebook. The woman mentioned that she needed to pay a hospital bill with “Amazon Gift Cards.” The scammer sent checks to the resident to be used to purchase Gift Cards. As soon as the resident deposited the checks, he purchased Gift Cards and sent pictures of the cards to the suspect. When he did that, the suspect stopped payment on the checks but the resident was out over \$3,000.

If you are confronted by the “Grandmother Scam,” ask the caller for the child’s middle name and then check in with the child’s parents. Also, scammers can make anything show on your caller ID including your own phone number! **DO NOT** answer those calls.

The aggressive door-to-door salespeople claiming to be with “PG&E Energy Consultants” are not legitimate. If they come to your home, call PG&E at 1-877-660-6789.

On March 12 a resident in the 900 block of Dogwood Loop in Village 15 lost a bicycle through an unlocked side garage door. In the same week, another resident in the same village lost a bicycle as well. The front and side garage doors should be locked at all times you are not using them.

On April 3 at 2:30 PM, a resident in the 700 block of Castleberry Lane in Village 16C was having work done on his home and the front garage door was left open. During that time the suspect was seen running from the house carrying two boxes. The suspect then jumped into a vehicle and fled. Later, the resident discovered the thief had removed two jewelry boxes from the master bedroom closet. Prior to that theft, the workers on the house had seen two Latino men in a white pickup and several others driving up and down the street looking at open garage doors. The homeowner believed the thief was in the house less than a minute. The suspect had a

beard and was wearing a hat, and their car was red. Unfortunately, sometimes people drive through our community looking for easy targets. Report any suspicious people right away and get a license plate number if possible. If you have jewelry or other valuables that are not in a safe, do not keep them in usual places.

Between 04/06/2019 and 04/07/2019 someone smashed windows on two vehicles parked in the driveway of a residence in Village 3A in the 500 block of Sawmill Court. The loss was keys and other small items. The police made a report.

Social Security Number Scam — A nice sounding professional call from the government reports your Social Security Number has been suspended, and with a little bit of information, they will reactivate it for you. Sounds okay, right? Wrong!

This is a common phone scam that people have been receiving lately. A caller or robocall will pretend to be a government official and state that your Social Security Number has been suspended or deactivated due to fraudulent or criminal activity. The fraudster will then ask you to call a phone number to clear up the situation by simply providing some personal information. The fraudsters are trying to trick you into providing information such as your birth date, bank account numbers, social security numbers and other sensitive information.

While the initial call may sound scary, remember your Social Security Number cannot be suspended or deactivated. Below are a few tips to protect you from this phone scam and other variations of this scheme.

- Your Social Security Number cannot be suspended or deactivated.
- The Social Security Administration will never threaten to arrest you.
- Never give out or confirm your personal information over the phone, via email, or on a website until you have fully verified who is asking for the information. Contact government agencies directly using phone numbers and website addresses you know to be legitimate.
- Remember the government normally contacts people via postal mail. Unfortunately

mail scams are a common occurrence as well, and the same security precautions should be used with postal mail. Mail should be scrutinized and information validated before calling a phone number or visiting a website listed on the letter.

• Do not trust a name, phone number, or email address just because it sounds connected to the government. Fraudsters use sophisticated tools such as fake caller IDs and email addresses to impersonate government officials.

Should you receive a scam phone call, do not provide any information and hang up immediately. You can report the call to the Federal Trade Commission at www.ftc.gov so they are aware of current phone scams taking place.

Mission Statement —

- To strengthen neighborhood ties
- To increase personal safety and security awareness
- To be the “eyes and ears” of the Lincoln Police and Fire Departments
- To encourage emergency preparedness

Neighborhood Watch Proudly Presents “Night on the Nile”

Attend the National Night Out Kick-off Potluck on Saturday, May 18 from 6:00 PM - 8:00 PM at Kilaga Springs Multipurpose Room. Board members, village coordinators, mail box captains and Egyptians invited at a cost of \$5 per person. Special entertainment by Anna Woods with a photo booth opportunity for posterity. Based on the first letter of your last name, please bring the following dish enough to share with 10 people: A through O, a main dish; P through Z, either a salad or vegetable. A no-host bar will be available and coffee, tea, water and dessert provided. Please RSVP to Pauline Watson at 916 543-8436. Please sign up early; sell out expected.

Neighborhood Watch needs Coordinators for the following villages: 16B, 19B, 20, 22A, 24A, 24C, 26C, 32A, 38B, 38C, 39, and 40B.

New Mail Box Captains are: John Bibby, Village 35B; Janet Dickens, Village 35B; Connie Easterly, Village 40B; Kimberly Kroener, Village 42A; Doug MacAdams, Village 31C; Theresa Maples, Village 43AB; Philip Murphy, Village 2.

We welcome Michelle Pounder as new Coordinator for Village 35B — In October 2017, Michelle and Jeff Pounder left Foster City and joined us here in Sun City Lincoln Hills. They had checked out several other Del

Webb’s here in Northern California and chose this one. They knew no one here, but Michelle’s brother lives not far from here, so that was a plus. Michelle need not have worried; they were greeted by friendly neighbors immediately.



Michelle and Jeff Pounder

The Pounders met in 2008 at the hotel where Michelle worked in Foster City as an Executive Assistant at the Crowne Plaza Hotel. Jeff met Michelle when he was called to the hotel as a police officer to attend to some raucous group at the hotel. They married and blended their families. Michelle has a daughter, and Jeff has a son and a step-son who has two children.

The Pounders also have two very cute dogs. One is Calie who is extremely happy and appears to have Bichon Frise heritage. The other is Joey, a terrier mix, who sounds the alarm when he hears a car door close outside as visitors arrive.

Michelle is involved in two Bunco groups and plays Shanghai, a rummy card game. She also goes once a month back to the hotel in Foster City where she has worked for 19 years. She also became a Neighborhood Watch Mail Box Captain and now has moved up to Coordinator. She also volunteers locally at the Lincoln Police Department. She has travelled several times to Switzerland where her family originated.

Jeff served in the Air Force before he became a police officer. He goes to the movies once a month with “the guys,” attends the Men’s Night Out dinner and breakfast with the “guys.” Both Michelle and Jeff commented on how much food was around here! Jeff also has a motorcycle he rides and has successfully beaten prostate cancer. The Pounders are very glad they chose our wonderful community.

If you are interested in joining Neighborhood Watch, please contact Linda Minor at 707-235-0778 or Pauline Watson at 916-543-8436.

Association’s New Resident Orientation — May 9 from 2:00 to 4:00 PM at the ballroom of Orchard Creek Lodge. Mail Box Captains, if you have new neighbors in your mail stations, please mention this to them.

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•••

FOR RENT

FOR RENT: MAUI Condos 2BR/2BA from \$195/nt. By SCLH owner Gil Van Valkenburg. 605-207-0567. Maui, Oceanfront - www.homeaway.com/368171. Maui, Wailea - www.homeaway.com/368174.
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FOR SALE

GOLF CART 4 Seat Rare Solar/Electric Hybrid. Driven Only 25 Hours \$5,500 OBO 916-838-8227.
•••

GARAGE WORKBENCH for sale. 7ft long by 2ft. Four large drawers with shelves under. \$125. 530-217-7606.
•••

2014 VERONA 150cc Scooter, 75+ MPG. New Battery and Drive Belt. \$900 OBO CASH. 916-316-3492.
•••

EXECUTIVE BAR and 2 stools for sale, \$650. Call 530-217-7606 for pictures and info.
•••

SOLID CEDAR CHEST 46x20x22 \$250. Secretary desk 36x22x45 \$225. 916-408-8830 for photos or to view.
•••

Amazing Grace Seventh Day Adventist Church

(Now Holding English Speaking Services)

Saturday Mornings
Bible Study 9:15 am

— • —

Worship Service 10:45 am

Pastor: Gresford Thomas

Join us at
600 McBean Park Drive
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SUN SENIOR NEWS CLASSIFIEDS

WANTED

BUYING OLD COINS, pay cash, free appraisals, discreet, I pay more! Private collector, SC resident. Call Jerry 1-916-772-4268.

• • •

TO BUY A GENTLY used dog stroller for a small sized dog. Maureen 530-864-6923.

• • •

WANTED! cars-truck-SUV's all years all makes. I pay top dollar! Always more than CarMax 17 yr Lincoln Hills resident: Les Van Pelt 916-837-7659 or lesvp@yahoo.com

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CASH PAID! MILITARY & VINTAGE ITEMS Medals, patches, documents, photos, weapons, helmets, model trains, old toys, other antiques & collectibles. George: 916-768-4694.

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RECORDS 1950's and 60's: Jazz, Blues, Rock, Country, etc. Buying small and large collections: LP's, 45's, and 78's Also looking for reel-to-reel tapes (all types) and music memorabilia. Call 530-273-8490.

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ANY YEAR CAR, TRUCK, SUV IN ANY CONDITION. Pay Top prices. Montie Boatwright, LH resident. 916 434-5089.

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STREET READY Vintage golf cart. Call Gloria at 916-645-4699.

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SUB OR/PERMANENT player for Sunday various games Noon to 3:30. 916-396-4263.

• • •

PERSON WITH a heart for those with Parkinson's to facilitate monthly meetings. Contact: Brenda 916-253-7537.

• • •

NEED MAHJONG player for Wed. Noon to 3:30 pm 916-396-4263.

• • •

NON- PROFIT Organization in Lincoln needs Board Members. Ride To Walk looking for new, energetic board members. Enjoy helping individuals with disabilities. Applicants need good understanding non-profit, experience in leadership. ridetowalk@sbcglobal.net or 720 Sunrise Ave. #D-110 Roseville 95661.

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ANNOUNCEMENTS

GARAGE SALE: Huge. May 17-18. 8:30 - 1. 1771 Meadow Lane, Lincoln.

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GARAGE SALE: May 11, 8 AM to 12, 1598 Rose Bouquet Dr. Lincoln Hills. Appliances, kitchenware, tools, vintage sewing machine/bed size quilt frame, more.

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GARAGE SALE: 2 houses. Saturday May 18 8am-12noon, 1790, 1802 Grand Pheasant Lane. Good stuff!

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GARAGE SALE: May 4th 8am - 2pm, Locations: 100 Sage Hill Place and 2046 Lavender Hill Court, Lincoln. Clothes, Furniture, Kitchen Tools, Art, Electronics, Collectables, Small Frig/Freezer Combo, Holiday Decorations. Multiple Families Participating.

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BASKETBALL Tuesday mornings Lincoln Community Center Gym. Contact Gage Johnson for details. Gage.retired@gmail.com 916-409-9619.

• • •

HARMONICA GROUP forming, players and newbies. Looking at Sunday pm. Contact Lucy at 916-402-2142.

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YOU'RE INVITED. California Retired Teachers Barbeque, June 12, 3:30 p.m. R.S.V.P. 530-848-4006.

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BOWLING — Summer Leagues Are Forming: Age 50+, Sun City Residents and also outside residents. Invite your friends! Tuesday - Pin Blasters — This is a USBC sanction league. Location: Strikes Unlimited, Rocklin. Start May 21st at 9:30 AM. Contact Carol Torno, 916-757-1921, pinblasters@gmail.com

• • •

Wednesday - Silver Strikers — This is a no-tap league. Location: Strikes Unlimited, Rocklin. Start June 5th at 12:30 PM. Contact John Bache, 916-546-6478, johnnyplus03@yahoo.com

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LINCOLN AREA MUSEUM Semi-Annual Tacos & BINGO May 4th at the Veterans Hall on 5th Street, Lincoln. Dinner is 5:30 pm, BINGO starts 6:30 pm. Dinner :\$5.00, BINGO \$25.00 for 12 games. Raffle Baskets, food, drinks and lots of fun. Proceeds go to the Lincoln Area Archives Museum and The American Legion. Call 916-645-3800 for further details.

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PLACER VETERANS Stand Down Event: May 14 thru 16, 2019 Gates Open at 8AM, @theGrounds • 800 All American City Blvd., Roseville. We have an urgent need for dentists, hygienists and dental assistants to help in the dental clinics at our event in May 14th and 15th. The time commitment is for 4 hour shifts. You can easily register at www.placerveteransstanddown.org.

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CENTRAL CALIFORNIA Lab Retriever Rescue CCLRR have a pressing need for temporary homes for the homeless dogs that we take in as strays, dogs that owners can no longer care for and dogs brought to the animal shelters. These labs need a loving home so eventually they can be adopted into a forever home. It will be much appreciated by these sweet dogs. Call 916-849-3728 for more information.

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Classified Ads should be Emailed by the 12th of each month to: CA@egnews.com

**FREE ADS — INCLUDE

- ◆ First 15 words are FREE (for SCLH residents only), additional words \$1 each
- ◆ ONE AD PER HOUSEHOLD, PER MONTH
- ◆ *Any Real Estate or Business Ads* are not free. Please see "Business Ads"
- ◆ Lost and found items/pets.

BUSINESS ADS

- ◆ Anything of a commercial nature, including pet sitting, real estate, rentals, timeshare/condos, etc.
- ◆ 15 words for \$35. Additional words \$1 each.
- ◆ \$65 for three months, same ad! (15 words only) additional words \$1 each

Classified Ad Submissions —

WHEN: By the 12th of the month, please email the information below to: CA@EGnews.com

Subject Line should be SCLH Classified and your Phone Number (Example: SCLH Classified 916-123-4567)

1. Contact name and phone number.
2. Which category to place your classified ad in: (Service, For Sale, Wanted, Announcement)
3. Classified ad text - including the phone number you want readers to call.

SCLH residents get FREE non-business Classified Ads; limited to 15 words; one per household per month.

Non-business Ad items include selling personal used items such as furniture, tools, books, rugs, electronics, personal car, golf cart, etc.

Business Ads include anything of a commercial nature or service, including pet sitting, real estate, rentals, timeshare/condos, any service etc.

Business Ads are 15 words for \$35 for one-month. Additional words \$1 each. (\$90 for three months for the same ad.)

If your classified ad is determined to be "business" related, we will email you an invoice that will allow you to pay immediately with a credit card, or mail a check.

*HINT on Word Counts: A "word" is anything separated by spaces, or as reported by word-process software like Microsoft Word.

If you have any questions, please email us at: CA@EGnews.com



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George Brown

Recent Sales in Lincoln Hills

1937 Winding Way	Sequoia	\$375,000
283 Stags Leap Lane	Calaveras	\$381,500
1380 Picket Fence Lane	Mariposa	\$400,000
750 Tioga Lane	Pinehill	\$405,000
1343 Secret Lake Loop	Bridgeway	\$416,500
3029 Black Hawk Lane	Alpine	\$445,000
1760 Farmgate Lane	Pinehill	\$453,000
2416 Winding Way	Quail Cove	\$455,000
842 Wagon Wheel Lane	Santa Cruz	\$475,000
1927 Hawk Hill Lane	Almanor	\$475,000
1950 Graeagle Lane	Pinehill	\$480,000

*information herein deemed reliable but not guaranteed *

NEED HELP GETTING YOUR HOME READY TO SELL?

Let us help you get your home ready. We work with our sellers to Upgrade your home and we manage the process.

We have many contacts for everything from paint to landscaping clean ups.

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