

SUN SENIOR NEWS

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The Robbs — 15 Seconds of Fame

BY P.J. CONRADI

Always the retired English teacher, Steve Robb paraphrases Shakespeare to express how he and Lillah had 15 seconds of fame “thrust” upon them, first by the Smithsonian, in July of 2009, and then by *Time* in its recent July 29th issue. Honoring the 40th and 50th anniversaries of the moon landing, respectively, each prominently displayed a previously latent photograph of Steve and Lillah, standing on a Florida shore, shading their eyes and exuding amazement, as Apollo XI soared on its historical mission.

Their story is perhaps better defined as virtuous circle; a complex chain of events that reinforce themselves through a feedback loop, yielding favorable results. That phenomenon is generally less well known than its antonym, the vicious circle. An amazing number of coincidences spanned their story and created the loop. For Steve,



Lillah and Steve Robb

PHOTO BY RICHARD PAINE

the coincidences began in a high school class.

After graduation from Chico State, Steve took jobs in Oregon and Ohio to fund his European travel plans, which included sightseeing much of the continent and taking

a job in Denmark. Upon learning his employer was a communist front organization, he quit, but still wonders, with a smile, whether the FBI has a file on him.

Lillah (pronounced lil-lah) graduated from Oregon State University, then taught home economics and geography in Arvin, CA. Ever adventurous, she traveled every summer. She moved to Berkeley and taught in Concord. She laments that neither subject is taught much now, especially “home-ec”, considering how few recent high school graduates can reconcile a checkbook or prepare food, let alone rear children. At a Berkeley Presbyterian church, she joined their young adult fellowship group.

Returning from Europe, Steve found meaningless work in Berkeley, and feared
(cont' on page 29)

SCR Foundation

A charitable service organization by and for the residents of Sun City Roseville

BY TONI FISHER,
Public Relations Director

Heading Toward 2020
After a Successful
2019



As we near the end of what has been a very busy year, we are happy to report that it was also a successful year for the Foundation. With the variety of Foundation events such as the two Bingo! afternoons, the Annual Golf Tournament and this month, the Annual Casino Night, the Foundation’s mission “. . . to serve the physical, cultural, educational and social needs of Sun City residents . . .” has been well met. The Annual Casino Night, “Welcome to the Roundup,” on November 9 will be its usual fun casual evening for couples and singles with western attire, good food, dancing and more gaming tables than ever with cash prizes for the best gamers. Although ticket sales have been brisk, there may still be few for purchase. Contact Nancy Schubach at suncitynancy@comcast.net or phone her at 916.740.4453. You will be glad you came!

We often point out that these activities serve a second purpose, that of raising funds for our other programs, fulfilling another goal of serving the physical needs of residents. Of these, the best known is the Home

Maintenance Program, but we also fund the quarterly, interesting Speaker Series and the Sunshine Services Program, both managed by the Activities Department. Not as well-known, yet very helpful, is the Survivor’s Guide Binder and the informational booklet, Alternate Living Considerations, both of which are available at no cost to residents, however tax-deductible donations in any amount are always appreciated.

Regarding Home Maintenance, we have had some input from residents that we’d like to respond to. Our phone number, 916.774.9040, is one way to request a visit from Home Maintenance for a variety of services they provide. One note about calling this number, however, is that our phone volunteers do not staff the phone throughout the day so you are asked to leave a brief message regarding your needs. The volunteer picks up the messages as often as twice per day and returns your call that same day to schedule your service. It is important that you speak slowly and clearly. Another quick way to request service is to go to the Foundation website, <https://www.scrfoundation.org> where, once you click on the Home Maintenance button, you have a choice of filing your request form electronically or printing a form that you can deliver to the Administration office. In all cases, you will be contacted to schedule your service, but keep in mind that a small delay is likely since the volunteer teams cannot respond to emergency matters and the Association Administration office is unable to assist you. We suggest you
(cont' on page 30)

Music and Laughter

BY JANE BOHN

Music and Laughter group is excited to announce that by popular demand our daughter, professional singer/guitarist Lisa Marie Bohn, will once again be returning to perform for us on November 13 at 7:00pm, at our Sierra Pines Lodge. Her extensive musical background extends over thirty years and some of her many appearances include the Truckee Tahoe area and the Monterey Bay coastal areas (the famous Shadowbrook Restaurant in Capitola, Seascape Resort and Spa in Aptos, Monterey Portola Hotel and Spa) as well as countless private venues and weddings. As many of you already know, November closes out the year for us at Music and Laughter and we resume our “Open Mic” format on January 8, 2020. Since Lisa Marie’s show has always been a sell-out we hope you will get your tickets early by phoning Jane at 916-771-8101. For you new comers, our Sierra Pines Lodge, is located on the corner of Del Webb Boulevard and Whistlestop Way. We look forward to greeting you there.

• • •

SC Singers

BY JACKIE PROETT

It’s November and time to give thanks. It’s time for family, for turkey, for celebration and the one time of the year that we really sit down and think about all of our blessings. Being allowed to live in our country even with all

(cont' on page 3)



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From the Editors



This time of year seems to lend itself to reflecting on the state of things. It's easy to let a little despair creep in when all-things-media seems to make it feel like the worst of times — when it's truly not. And even in trying circumstances, concentrating on the things we are grateful for always seems to increase appreciation, contentment, and hope — some of the very best things life has to offer. Gregg and I often make an effort to have conversations of gratitude — and we find that the saying is true, “Gratitude makes what we have enough, and more”.

Gregg and I wish you and yours the very best Thanksgiving season, and all the gratitude that can come with it.



SC Singers

(cont' from page 1)

the chaos and shouting, is a blessing afforded to us few. Give Thanks! Sun City, with all its choices and opportunities is hard to beat. We are cared for.

The Singers is a club that has been successful for over twenty years. We have Paul, a special, talented Director and Nina, an equally special and talented pianist, who make learning about music exciting and worthwhile. We have people every year who are willing to step up and take over the job of managing our organization. Beside the Council, the myriad details that are handled by so many, include, Performance, costumes, tickets, caring cards, publicity, handling of music, you name it, we'll find someone to do it! Aren't we lucky?

Thanks for our Bocce Ball party. Because of no evening dates, a quick change of time and menu gave a new turn to an old event. This time it was lunch and sandwiches. The weather was cool and windy so décor was eliminated but the game and lunch were enjoyed. Hospitality promises a special party in January this year.

Thanks for the music in our Christmas Concert, OUR CHRISTMAS WISH LIST, we love every note. Tickets are still \$12, the

time is still 7:00pm in the Timbers Ballroom on December 2, 2019. The correct number to call for tickets is 916-813 5052, Margy Flentge, Chair.

Thanks for family, for friends, for music and abundant blessings.

Happy Thanksgiving Everyone!

Harmonicoots

BY BUD GARDNER

“We are the music makers, and we are the dreamers of dreams” — Arthur O'Shaughnessy

The Harmonicoots are enjoying an amazing burst of energy. The addition of the new Coots' members has made that happen. In our Thursday Jam sessions, new members are eagerly sharing their talent playing songs, exciting the veteran Coots. For example, Belita Anatalio, accompanied the Coots on piano with Moon River, later playing it on harmonica. She is also creating recordings and sheet music of new songs on her software program. Gene Preston and Belita make a fantastic song-arranging team. The Coots music makers are indeed living their dream.

Enjoying our Jam sessions, these new Coots members led the Coots' band in a variety

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Harmonicoots

(cont' from page 3)

of songs: Belita Anatalio, Linda Aug, Steve Butler, Dick Conzelmann, Gwen Corbett, Tom Eccleston, Wendy Green, and Kelly, Maria Hajgato, Dennis Hellman, and Ann Kelly. Jaws dropped, when Amy and Steve Cho teamed up on the theme Romeo and Juliet.

Lou Leger, besides leading the group with wonderful songs such as Newfoundland Waltz, reports that he has an energetic group of students at Kaseberg Elementary School. He is teaching them to become music makers on harmonica. Guest musician, Lucy Martin, besides assisting Lou with the students, leads the Coots' bass and chord harmonica group. Brian West is becoming an excellent bass player and will soon be anchoring the Coots' band.

The Coots are preparing for their holiday Caroling program. The Coots are eager to bring the holiday spirit to any resident shut-ins or neighborhood groups. Call Bill Hartman at 1-916-771-4234 to book the Coots' on December 10, 11, 12 in the evenings. Don't miss the Coots' impromptu holiday program in the Timbers lobby at 5:00 PM on December 10.

The Coots will perform for the Veterans Club on November 6.

SCR Dance Club

BY LINDA AUG

The Dance Club stepped right into Fall with the sounds of "Salsa Fever" held on October 16 in the Timbers Ballroom. Salsa



Susie Harper (VP) and Shelly Winters (Pres).

instructors Robert and Deisy Hawck began the evening with a short Salsa lesson followed by an evening of dancing. Beginning and experienced dancers enjoyed the fun filled evening. Thank you to Gloria Nelson who decorated the room in a Salsa flair.

With Summer fading away, we begin to look forward to the excitement of the holidays. "Getting in the Holiday Mood" will be the theme for the Dance Club's annual holiday dinner dance held on December 3 in the Timbers Ballroom. Don't miss this festive and elegant evening of dinner, dancing and a spectacular line up of Sun City entertainment.

Make sure you stop by the Dance Club's table on Courier days. You can't miss the new Dance Club banner which is sure to be an eye catcher. Visit the table and get a schedule of on-going classes and up-coming events. Membership forms are available and tickets are on sale for the holiday dinner dance. Don't forget Dance Club shirts are still on sale and

(cont' on page 5)

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SCR Dance Club

(cont' from page 4)

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As Thanksgiving is upon us, the Dance Club wishes to thank all members who make this one of the greatest clubs in Sun City. We wish to thank our Dance Club officers and dance representatives. Hats off to our dedicated instructors and dance club monitors and spotters who keep classes running smoothly and effortlessly. But most of all we thank our members who bring their energy, spirit and enthusiasm to the dance floor. We thank you all and wish you a Happy Thanksgiving.

See you on the dance floor.

Creative Arts

BY JILL PHARRIS

“When you buy something from an artist You’re buying more than an object. You’re buying hundreds of hours of errors and experimentation, You’re buying years of frustration and moments of pure joy. You’re not buying one thing. You are buying: A piece of a heart. A piece of a soul...a small piece of someone else’s life.” - unknown
The Holiday Art Faire is here. It is this Saturday, November 2, at the lodge in the Creative Arts Club room, from 9:00 am until

2:00 pm. The room will be full of goodies, each beautiful, original, and special. There will be jewelry, ceramics-whimsical and practical, pottery- of all kinds, greeting cards, stained glass, mosaics, glass art, and hand painted items. Our talented artists have been very busy and the shelves are loaded!

Christmas is near and the Holiday Faire is a great place to find that one-of-a-kind gift you have been looking for. There is something for everyone. See you there.

The Creative Arts Club wishes you the very best Thanksgiving ever.

Needle Arts

BY CAROLYN DESANTIS

On Wednesday, October 30, a New Member Orientation was held in the Needle Arts Room under the leadership of Membership Chairman, Judy Singleton. A committee of Needle Arts members welcomed our guests and explained the opportunities available to each of them, as members of the Needle Arts Club. Thanks to Judy and her team, everyone came away feeling welcomed and informed about our club, after which there was a no host lunch attended by both new members, Judy and her committee.

Our October meeting we were treated to “Tea and Tables” event where members pick a theme and decorate their table accordingly.



Charlie Kidd and his wife and #1 fan, CJ Kidd.

enjoyable afternoon it was.

It is November, and that means it is time for the Annual Needle Arts Holiday Craft Faire. On Saturday, November 2 from 9:00am to 2:00pm the ballroom will be filled with handcrafted items. Delicious baked goods will be available in the Needle Arts room. Next door the Shopper’s Café will offer morning pastries followed by lunch-time sandwiches, as well as beverages and other offerings. Across the hall in the Fine Arts and Creative Arts rooms, beautiful artistic creations will be featured.

The November 6 meeting will feature the ever popular Show and Tell with creations by members of Needle Arts.

All members of the Needle Arts Club wish you a peaceful and plentiful Thanksgiving and a happy holiday season.



Needle Arts members Gery Stanton, Beth Peetz and Nancy Chard at the “Tea and Tables” event.

Fine Arts Club

BY JEAN DE HOOP

September brought a bunch of activity in our Fine Arts Club. First there was the hanging of the “Old Masters” challenge paintings. Artists were to choose an Old Masters piece of artwork and make their own painting either replicating it or their own interpretation of what the piece meant to them personally. So many fine paintings were displayed. The following week the membership voted on whose painting they best enjoyed. First place was Sharon Holmes. She made an oil painting in the manner of “Mona Lisa”, using her grand daughter with the smile of the Mona Lisa.

Second place was Carol Shaw who painted an oil of “A Girl with A Broom”, third place was won by Robert Chapanot who painted an acrylic of “The Threatened Swan”.

The art club awards prizes in the form of gift cards from Sun City. First is \$20, second is \$15 and third is \$10. Maybe we should all strive to win the high honor of the vote for placing in the money!

(cont' on page 9)



Sharon Holmes with her oil painting.

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Executive Director Comments

Budget Townhall Meetings Scheduled

BY EARL WIKLUND

The 2020 Budget Townhall Meetings to discuss the 2020-21 Budget issues has been scheduled for January 29th in the afternoon and early evening at the Timber Creek Lodge Ballroom.

In February 2019 we held our first Budget Townhall Meetings and reviewed the factors that were increasing our monthly assessment. Last year's budget increase of \$6 was driven by the one dollar increase in minimum wage (\$2.50 of the \$6 increase), additional monies needed for our Reserve Fund (\$2 of the \$6 increase) and \$1.50 of the \$6 increase for all other expenses net of budgeted revenue increases.

Although issues that may impact next year's budget are still under review, the Community will see an additional increase in minimum wage to \$14 on January 1, 2021; and to \$15 on January 1, 2022 in the following budget year. Impacts from the full minimum wage increases may have been somewhat muted as the Association has done major changes with wage creep to secure new employees and slow employee turnover. Upward pressures for other expenses seen last year continue from our vendors and suppliers in both the Reserve Fund and Operating Fund expenses. The five-year forecast reviewed by staff with the Finance Committee this November 19th will begin to

bring into focus impacts to next year's budget.

The Board of Directors have the fiduciary responsibility to maintain the quality of the Community as it directly impacts the value of each resident's home. This is accomplished by addressing both Operating expenses to cover facilities, programs and services, Reserve Fund expenditures to maintain and replace fixed assets at the end of their useful lives and New Capital requirements to focus on the upgrades and changes to our aging facilities complex.

We will continue to discuss these three major components of the annual budget comprising of the Operating, Reserve and New Capital components. Each of these components derives their revenue from different sources to cover their distinctly assigned expenses. The Board feels that it is very important that the residents stay informed on how these three components of our annual budget are interrelated but distinctive, have different goals and objectives and of the utmost importance that progress be made in each concurrently if we are to achieve our goal of being the best quality Community and remain a well sought after place to live while enjoying retirement.

The 2020 Townhall Meeting will be a great place to learn the facts behind your next year Budget and ask questions and make suggestions. Please plan on attending one of

the two meetings on January 29th. Check the time on the Activities calendar or on the resident website as they become available. See you there. In the meantime, enjoy your Community every day.

Sunshine Services

BY KAREN WALKUP

Holiday Luncheon: Sunshine Services is kicking off the holiday season with our annual holiday luncheon on Monday, December 2, at Sierra Pines. All Sun City residents are welcome as we share information about how our group helps you and show our appreciation for your support. Doors open at 11:30am. There'll be games, music, singing, a catered buffet, fabulous door prizes and a wine bar. Our buffet lunch will be provided by Catering by Jan's. Sunshine Services will provide dessert. Cost is \$25 per person. Flyers with detachable registration forms will be located just outside the Administration Office, but you can also pick them up during Courier Days in November. Send your check by Tuesday, November 26 (payable to Sunshine Services) to Pat Teilh at 5024 Frontier Lane. Our last luncheon sold out early, so don't delay.

Individual Care: The Individual Care Program like the Caregiver Relief Program is available to all residents who live in their own home and have done so for a least one year. It provides temporary assistance for residents

who live alone and need some temporary assistance after emergency room or hospital stays. The program provides 40 hours care in a single year with a \$5.00 co-pay by the resident. Also, we are looking for some additional program volunteers for the Caregiver Relief Program and Individual Care program. If you are interested in volunteering, have any questions about the programs, or need more information, contact Director of the Caregiver Relief and Individual Care Programs, Melissa Sheldon Kinoshita at 916-865-4913.

Other Resources for Seniors: Our yellow We're Here to Help flyer has been updated to include a section on Resources for Seniors that currently includes discounts and free services.

Thought for the day: Imagination is only intelligence having fun—Mahatma Gandhi





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From Your Placer County Supervisor

BY BONNIE GORE — *Supervisor
Placer County, District 1*



Bonnie Gore

Since November 11 is Veterans Day, I wanted to touch on the services provided by the Placer County Veterans Services Office and tell you about a couple of the events happening in our community to honor our veterans.

The Placer County Veterans Services Office (VSO) promotes the interest and welfare of veterans, their dependents, and their survivors by enhancing their quality of life through counseling, education, benefits assistance, and advocacy. VSO provides support services including DMV licensing, claims assistance, health and dental care, pension plans and more.

DMV services include adding the veteran identification on their driver's license. By acknowledging their service to our country, these licenses also make the veteran eligible for numerous benefits and reduced-cost services. More importantly, assisting a veteran with DMV services brings him or her into the VSO office where staff is able to research other benefits or claims the veteran may be eligible for.

Navigating benefits and claims through the Department of Veterans Affairs (VA) can be a challenging process and VSO's claims assistance services help veterans maximize access to their earned benefits. The VSO can assist veterans who have a claim through the VA with the beginning stages of their

claim by helping to collect the proper documents and guide the application to the right programs.

Here in Roseville, we have our very own Veterans Memorial Hall located at the north end of Royer Park. The original portion of the building was built in 1929 and it was expanded in 1949 to its current configuration, more than doubling its size.

Several veteran's organizations call the Roseville Memorial Hall home, including the American Legion Post 169, Veterans of Foreign Wars Post 1487 and Fleet Reserve Branch 230. If you are a veteran, I encourage you to get connected with one of these groups as they advocate for veterans' issues, patriotism, and service to our community and their fellow servicemembers.

Monday, November 11th, is Veterans Day and I will be joining the American Legion alongside the other veteran groups at the Roseville Veterans Memorial Hall – 110 Park Drive, Roseville – to honor the men and women who served our country so valiantly. The event begins at 11:00 a.m.

Even if you cannot attend the event, please join me in showing your gratitude to those who have served and their families and to those who have or are serving in the military, Thank You!

Have a nice November and I look forward to seeing you soon!

Downtown Roseville Passport Facility

Downtown Roseville passport facility features new location, longer hours and expanded services; generates \$750k for City

Preparing for your vacation got a little easier with the opening of the Roseville's new downtown passport facility.

The new facility is located at 316 Vernon Street, Suite 190, across the street from the Roseville Civic Center. It is open Monday to Friday, 8:30 a.m. to 3:45 p.m. for scheduled appointments.

Schedule your appointment here. Walk-in service is available on a limited, first-come, first-served basis.

The expanded passport facility is operated by the City and is expected to generate about \$750,000 a year to the City's General Fund. The General Fund pays for police, fire, parks and recreation, public works, economic development, development services, and general government services.

The Roseville City Clerk has been accepting passport applications since 2005 and has generated more than \$1,261,000 for



the General Fund with limited staffing and hours. Demand has increased steadily since that time due to the reduction or elimination of passport services by local postal facilities and other government agencies.

Notary services will also be available at the new facility beginning in November. Plans are underway to provide Live Scan fingerprint services as well.

For more information, to schedule an appointment and to get important information you need about applying for a passport, visit Roseville.ca.us/passports.

From City of Roseville

It's the most wonderful time of the year

While the air is getting cooler, the holiday fun is heating up. Yes, it may only be November, but holiday planning is in full swing in Roseville.

We're starting out the season with the Turkey Trot. On this Thanksgiving Day tradition, no one cares if you race, run, jog, crawl or even dance across the finish line - just as long as you make it happen. And in order to "make it happen" be sure to register soon as this fun run sells out every year.

While you are spending time with loved ones on Thanksgiving, you can make a plan for your following week's festivities during the Downtown Holiday Celebration. There is something for everyone as we ring in the holidays in Vernon Street Town Square on Tuesday, Dec. 3-Thursday, Dec. 5.

Tuesday's fun is North Pole Tavern which includes live music and beer/wine tasting for just \$10. Be sure to wear your best ugly sweater for a chance at a prize. On Wednesday, Dec. 4, come back to Vernon Street Town Square for the community tree grove. At the Tree Grove, you can enjoy live performances from local theater, dance and music groups and check out the holiday trees decorate by local businesses and organizations. (Hint, between us, the line to visit Santa is much easier at Tree Grove.)

The highly anticipated Christmas Tree Lighting kicks off at 6 p.m. on Thursday, Dec. 5 with the official City Christmas Tree being lit

within the first 10 minutes so be sure to arrive early. The actual tree lighting isn't the only fun the evening has in store. Visits with Santa, live performances, craft and food vendors, bounce houses, crafts, a train and more surprises are in store. We even hear that it may snow.

After three back to back evenings of fun, we thought you might need some rest on Friday before joining us at Breakfast With Santa on Saturday. Breakfast With Santa requires reservations and does generally sell out so make your plan and select reserve your seating soon.

Did you think the holiday fun was over? Far from it! Next up is Neighborhood Santa. Route and schedule information is available online on November 1 so be sure to check the website for details because you don't want to miss Santa and his entourage. Just a "heads up" thought that Santa often asks police and fire staff for an assist so you may hear sirens and announcements when he is in your neighborhood.

New this year, is the Polar Express Pajama Party on Friday, Dec. 13. Tickets to board this party are almost sold out so register soon if you want to have some pajama fun while visiting Santa.

By mid-December all the holiday events are over but you can still join us while celebrating the holidays - just on a less strict schedule. The Maidu Museum & Historic Site

offers extended hours and programs during the holidays to help entertain your out of town guests or kids while they are out of school. You can also visit the Roseville Utility Explorations Center's "Home For The Holidays" exhibit for some hands-on fun. Plus, the indoor pool has added more recreational swim times for winter break - because who doesn't want to swim in December?

So much to do, I'm getting both exhausted and excited thinking about it. Be sure to check out the website for more details on these and other activities at roseville.ca.us/events.

Drop Off Your Dead Batteries

Drop off your dead batteries at participating city locations or call the City of Roseville for a free pickup at 916-774-5780! Remember: Avoid causing a spark by taping the ends of old batteries with clear tape before disposing of them at one of our locations or calling for free curbside pickup.

City drop off locations: We have easy locations to make it convenient for you to get rid of old batteries. So save your old batteries and, next time you are out and about, take them with you so you can drop 'em off!

- City Main Library, 225 Taylor Street
- Civic Center, 311 Vernon Street
- Mike Shellito Pool, 10210 Fairway Drive
- Maidu Library, 1530 Maidu Drive
- Maidu Community Center, 1550 Maidu Dr.
- Riley Library, 1501 Pleasant Grove Blvd
- 1545 Pleasant Grove Blvd

Fine Arts Club

(cont' from page 5)

The September meeting was a super time with the demonstrator being Barbie Smith. Barbie demonstrated her ability to paint with oil on miniature projects. Marlene Turner was the winner of the drawing.



The annual Craft Fair and Art Sale will be November 2.

November 14 meeting, we will be treated to a demonstration by Sandy Lindblad. She is an artist in our area who works in pastels. Her subject matter is generally of animals. She uses color in very interesting dramatic, passionate manners. Her resulting art works are successful in catching the emotions of the animals.

Paint-Along class for the month of November will be November 14, 6:00pm to 9:00pm or November 18, 1:30pm to 4:00pm. The painting is "A Van Gogh Christmas". The cost is \$35 which includes all materials. Instructor Donna Self can be reached at 443-564-1558.

(more Club News cont' on page 11)

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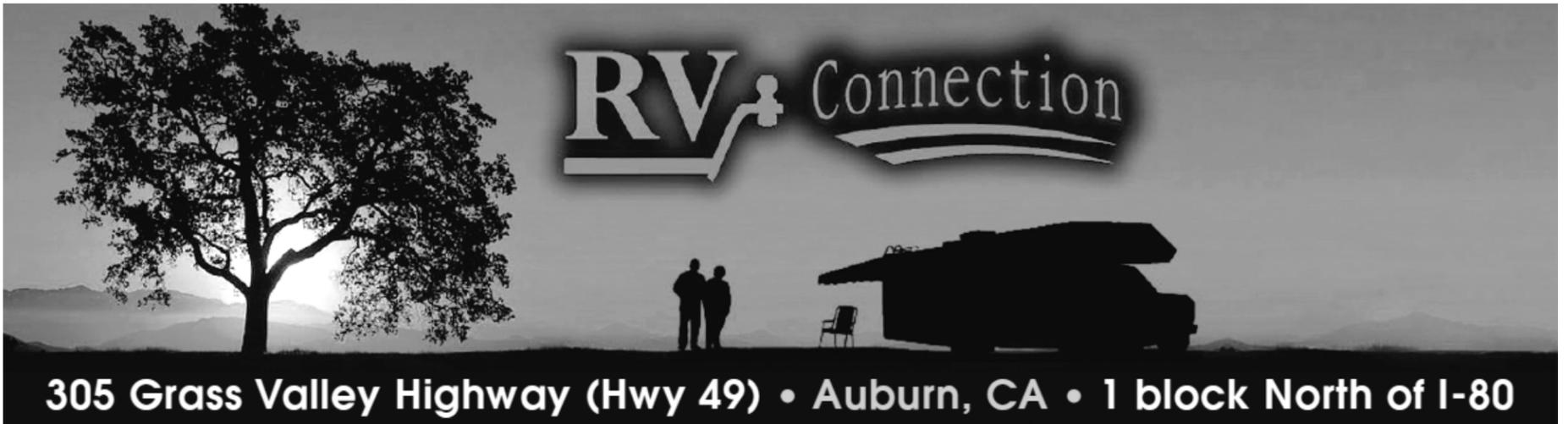
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Heartland Club

BY RAYANN GOLDA

The Heartland Group is open to all Activity Card (previously referred to as Association Membership Card) residents of Sun City. We think you will be comfortable with the group whether you are single or couples. There you have it; a mix of residents who come to have some fun. You won't be disappointed. The next event will be held on Saturday, January 25, 2020. More to come....

Membership is \$3 per resident per year. (July-July) You can mail your check to "Heartland Club" Ray Ille 5416 Campcreek Loop, Roseville, CA 95747) or include it with your money for the next event.

The Heartland Group meets four times a year usually on the last Saturday of January, April, July, and October. The membership year runs from July to July.

Happy Thanksgiving!

Questions: Joe Flores (President) 1-916-580-3787

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International Social Group

BY CYNTHIA SINDREY

With Thanks a bunch to CJF Restaurant for their catering and Amy Cho for arranging professional Chinese entertainment the event honoring Asia proved to be the best that we have put on. One member stated that she has lived in Sun City for 17 years and belongs to many clubs and groups yet this event was the best one she has ever attended. We Don't know how to top that, however we will try with the next get together at which we will be honoring the world with an International Pot Luck Dinner and entertainment. We will be asking those attending to bring a dish from their country of heritage. Jane Bohn from "Music and Laughter" is arranging the music and bring your best voice so that we can sing along. Since the next event will take place in January, 2020 we would like to take this opportunity to wish everyone a Happy Holiday Season!

The International Social Group is purely social where we eat, be entertained and meet people from all over the world.

We always have flyers available at the lodge for new member applications and flyers for each event. Flyers are always mailed to our members.

For further information please contact:

Cynthia Sindrey, President 916-773-5151 or Gini Christiansen, Co President 916-772-0506.

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SCR Travel Club

BY GWEN MYERS

Hear Ye! Hear Ye! Mark your Calendars! Sunday December 1 at 11 am. "Holidays Around the World Champagne Brunch," Travel Club's annual holiday event, at the Timbers Ballroom.. Members \$30; Non-members \$40. Send check with names to Tena Johnson 7140 Secret Garden Loop; Ginger Spadaro 317 Goldenrose Ct. More information: Claudine Odell 916-765-4131; Norma Jones 916-771-4049.

2019 Coming Tours

December 8-15 - America's Music Cities Holiday (New Orleans, Memphis, Nashville) - Contact: Pamela Cringle, (See above) Wait List 2020 Tours

February 11-24-Treasures of Egypt - Contact Vicki Evans, evans1953@gmail.com Wait List

March 9-13- Spring Training in Arizona. Contact Pam Cabezas, pcabezas@surewest.net, 916-773-1561

New! April 14-20 Two-Steppin' to Texas - San Antonio, Fiesta, Ft. Worth and Dallas. Contact: Joy

Winston 4094@comcast.net, 916-773-2479

April 28-May 6-Tulip River Cruise - Contact: Phyllis Melberg (see above)

July 13-26- Crystal Cruise Symphony - Scandinavian Splendors, Stockholm to Dover. Contact:

Beverly Lewis, bevlewis@outlook.com, 916-740-3695

August 2-6- Seattle, San Juan Island - Friday Harbor, Boeing Tour, Whale watching, Victoria BC and more. Contact: Gregg Hutchison, gkhutch@sbcglobal.net, 916-740-3695.

September 18-29 (New Dates) - Croatia and Its Islands. Contact: Beverly Warrington, fwracing@hotmail.com, 916-783-4426.

September 30-October 5 - Albuquerque Balloon Festival and Santa Fe - Contact Barbara Wells, barbwells@comcast.net

October 12-20. Niagara Falls and New York City - Contact Valerie Rice, rice741916@comcast.net, 916-771-5661

2021 - Planning stages - Africa, Ireland/Scotland, Spain/Portugal, Repositioning

Cruise, New Zealand/Australia and lower U.S. National Parks (ie. Grand Canyon, Zion, Bryce).

Next Planning Meeting - Tuesday, November 5, 1:30, in the Club Room. Jay Fehan will attend.

Next Council and General meetings , November 25 in the Ballroom - Council meeting at 1:30; General meeting at 3 pm. Speaker TBD.

Attention: Send your photos (small and large group) to be featured in the Courier and Sun Senior News. Email to Gwen Myers at gwen.g.myers@gmail.com. Where/when photo taken?

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SCR Computer Club

BY P.J. PALMER

General Meeting - November 25 10:00am in Ballroom.

Council Meeting - November 25 10:00am in Computer Room

Special Interest Groups (SIGs):

Digital Imaging and Editing - November 7, First Friday, 10:00am, Computer Room. Explore Camera Usage. Learn to edit, process images, and improve photos on your computer. Call Charlyn Ross at 916-772-1447.

Genealogy - November 14, Second Thursday, 2:00-3:00 in the Card Room

Searching for those long lost? Relatives laterally.

PC Forum - No meeting in November. Topics for more advanced computer users, but all welcome. Alternate leaders of discussions. Let us know if you have a topic you'd like to have discussed.

Android Phone Help - November 15: 3rd Friday, 1-3pm in Computer Room for help with Android Phone and Tablet help with Tom Gottdiner.

All 'Bout Apple - November 12: Second Tuesday, 7:00pm, in Aspen Room. All user levels of MAC computer, iPad and iPhone. Information: Charlyn Ross, 772-1447 or Dennis Studer, 899-8221.

Photo Sig - November 11: Third Friday, 10:00 am, Computer Room.

November's theme: Photo "Transportation that People use". Members email up to three photos to PhotoSIG916@gmail.com by November 14. Contact Dennis Studer-yostuder@yahoo.com.

iDevices - November 27: 4th Wednesday,

at 6:00pm in Computer Room. Bring your iphone or ipad.

Need help with your Computer, Phone, Tablet, Printer? Stop by and pick up a monthly calendar and come into or call for an appointment with the Monitor familiar with your device.

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Postage Stamp Group

BY TIM MILES

We are entering our "end-of-the-year" phase and the only meeting in November, because of Thanksgiving, is Thursday, Nov 14, at 6:30 pm at the SC Roseville Lodge, 7050 Del Webb Blvd. There are no meetings in December due to the usage of the Lodge for all the holiday dinners of the various clubs.

Our meeting dates for January 2020 are tentatively set for Monday, Jan 13 and Tuesday, Jan 28. It will be finalized in time for the December article.

We had a wonderful dinner at the Cattlemens Restaurant in September, thanks to the great effort of June Stark. Everybody had a great time.

As mentioned in last month's column, the big SACAPEX Stamp Show is at the Scottish Rite Masonic Center, 6151 "H" St at Carlson in Sacto on Sat Nov 2 and Sun Nov 3. We will have 30 lots of club inventory available in the auction. That is on the Sunday format. If past auctions are any indication, there will be many albums available for bid.

At the single Nov 14 meeting, the slate of officers will be voted on for next year. They are as follows: Art Green, Acting President and Bob Bartlett, V/P and Al Raub, Secretary, and Larry Mowrer, Treasurer.

Anyone who has a concern about that "old" album in the closet feel free to attend one of our meetings and we can bring you up to speed as to worth at today's prices. We have door prizes, briefings, announcements of philatelic value, and drawings for various accoutrements. All meetings start at 6:30 pm and we have a fun time with our hobby. Any questions-don't hesitate to call our president, Al Capparelli at 916-771-8288.

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(more Club News cont' on page 13)

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Favorite Restaurants

BY MARTIN GREEN



As promised in last month's "Favorite Restaurants", more on the Italian restaurant Florentine Trattoria. To continue with Gordon Badovick's e-mail: "They have an extensive selection for lunch and an even more extensive dinner menu. We tried them out for lunch. We started out sharing a Mozzarella Caprese. Then my wife enjoyed fillet of patrale sole with pasta and fresh vegetables. I ordered the chicken marsala which was also served with pasta and fresh vegetables. Both were excellent tasting dishes.

Even though it was lunch, we couldn't help sharing a Chocolate Fondant which was some of the best chocolate desserts I have ever had. We can't wait to go back again. They have a good selection of pasta dishes and casseroles and some great vegetarian selections too.

The Roseville menu seems to be the same menu they have used in Saratoga. I hope the word gets out and they are successful. If you aren't already aware of this new restaurant, hopefully you can share the news with your readers."

As it happens, our LEO (Let's Eat Out) lunch group went to the Florentine shortly after I received this e-mail. This was not a coincidence as that month's hostess, Sue Birilli, asked me for a recommendation and I

suggested trying out the Florentine. As stated last month, the restaurant is in the location where Johnny Garlic's used to be. It's been so long since we'd been to Johnny Garlic's that I've forgotten what it looked like but the Florentine is a large place with tables, booths and a counter. It's a pleasant place, although on the dark side. We had a table for eight toward the rear and two TV sets showing sports shows were visible from there.

As Gordon's e-mail states, the Florentine's menu is an extensive one. Appetizers include fried calamari, crab cakes and stuffed portobello mushroom. Soups include minestrone. Some of the many salad selections are chicken almond, seafood and Caesar with grilled salmon. There are a number of sandwiches and pizzas. "Traditional and special pizzas," veal ravioli, fettuccine Alfredo, linguini Leonardo and spaghetti with meatballs. Entrees include chicken parmigiana, chicken piccata, chicken marsala, filet of sole and grilled salmon. Dinner entrees include veal piccata, veal scallopini, filet mignon and cioppino Napoletano (clams, prawn, scallops, mussels and crab in hearty tomato sauce).

Of our lunch group, Bob Winter had the spaghetti; his wife Caroline had her usual salad (chicken almond); Betty Fritsch had the eggplant parmagon; Sue Birilli had the shrimp salad; Beverly had the lasagna, and I had the veal piccata (which was on the lunch menu). Everyone was satisfied with his or her selection. My veal piccata came with vegetables. I ordered a side Caesar salad for, I believe, \$2.50. I had half of my meal and a server neatly boxed up

the other half. Bread was also provided. Beverly had a glass of chianti, which she pronounced good. The service was fast and efficient.

The restaurant wasn't too crowded, but I was told that dinner business has been good. Florentine is at 10505 Fairway Drive. The phone number is 916-299-5195.

I also wrote that our area is blessed with a number of very good breakfast/lunch places, reviewing Bounty Hunters Café, Pacific Street Café, and Four Sister's Café. Beverly and I recently went to still another breakfast/lunch place, Huckleberry's on Fairway Drive, in where the Original Pancake House used to be. Beverly had been there before, and I had reported on her assessment, but this was the first time I'd gone there. As she'd told me to expect, the décor of Huckleberry's is nothing at all like Original Pancake House's. I didn't explore the entire restaurant but when you come in, you see two lines of booths. The booths seem wide enough to hold a party of six. In our case, we had four, having gone there with our friends, Jan and Martin Wolf. The other notable feature of Huckleberry's décor was the large mural, a Mississippi scene, I believe, on the back wall. Also, on the table, instead of napkins was a roll of paper towels and water was served, not in glasses, but in jars. Huckleberry's website says that it provides "Southern cooking with a California twist" and the southern aspect was underlined by the fiddle music that played in the background.

Getting to that important item, the food, the breakfast part of Huckleberry's menu features "signature omelets," "egg Benedicts,"

"Breakfast Favorites," that include "Tom's Scramble," Biscuits and gravy, 2 eggs, taters and toast and "Pappy's chicken fried steak", "Huck's griddle;" and "Platters." The lunch part had such items as Louisiana catfish, Southern style fish and chips, "N'awlins sandwiches" (catfish po'boy, shrimp po'boy and Monte Cristo; burgers, and soup and salad. There is also a menu for "Honored citizens" age 60 and over, which has several breakfast and lunch dishes each. In addition, Huckleberry's offers mimosas and hot drinks such as espressos and cappuccinos.

Jan had the Monte Cristo sandwich, "thick slices of New Orleans sourdough dipped in egg batter... stuffed with slices of ham, turkey and Monterey Jack cheese topped with powdered eggs." Martin had the breakfast burrito, which looked like two burritos, and Beverly had her usual omelet. I'd been having some stomach problems, so I asked for just two scrambled eggs and toast, which came with huckleberry (what else) jam. Everyone was satisfied, even me. Portions were generous and both Jan and Martin took half of their meals home. Our waitress Patty asked if we'd like some beignets afterwards. I would have like to so I could compare them with those at the Café de Monde in New Orleans but because of my tender stomach had to decline.

Huckleberry's is at 10000 Fairway Drive. The phone number is 916-771-7017. Hours are

As always, please send in your "favorite restaurants" to mgreensuncity@yahoo.com. Thank you and bon appetite.

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Situational Awareness — Part 2 of 2

BY P. J. CONRADI

Here are some Do's and Don'ts, promised last month, meant to keep you focused on Situational Awareness (Knucklehead Avoidance). Space constraints here make some vague. Call if I left you curious.

- Do**
- Get to know your neighbors
 - Become familiar with how to call the police
 - Take your cell phone with you when you go for a walk
 - Go on-line every few days to review your checking and charge accounts
 - Put credit freezes on young children
 - Double check that your garage door stayed down
 - If you install cameras, voluntarily register with the police department
 - Use the police department's Vacation House Check program
 - Ensure your doors and windows are secure when you go to bed
 - Deploy a No Soliciting sign
 - Call the police on anyone going door-to-door
 - Call the police about strange cars
 - Ensure that your OS, anti-virus and firewall remain updated
 - Scrutinize incoming email, especially

those unsolicited

- Go separately to websites rather than clicking on a "link"
- Screen incoming calls—wait to hear their message
- Hide stuff in the trunk or cargo area before you arrive at your destination
- Scout parking areas for knuckleheads scouting you
- Try to park so you can nose out versus back out
- Have your keys in hand when you return to your car
- Look both ways before crossing the street, and for cars backing in lots
- Don't**
- Open the door to strangers
- Buy anything door-to-door
- Buy gift cards as a form of payment for any reason.
- Park in your driveway without removing/disabling garage door openers
- Put your home address in your car's GPS (Use the lodge address)
- Leave your mail in the neighborhood box overnight
- Do on-line financials in public places
- Start up at a green traffic signal without looking both ways twice

Veterans and Patriots Club

BY PAUL REGNIER

It's November with all of its gorgeous colors. Times are a-changing. The clocks have fallen backwards and at the same time keeps moving forward. Soon, we will all get together to relive our memories past and celebrate the end of one more year.

Our annual Holiday Dinner Dance is just around the corner. This year, on December 4, we play dress up and come out of hiding. We will have the Cocuzzi Quintet delivering up some great sounds, as we dine in the Timbers Ball Room and dance the night away. We veterans and patriots have many things to be proud of as we share the evening and our memories with our friends around the dance floor. This event sells quickly, do not wait. Look for flyers or call Manny for information. See you there.

As most if not all know, we are now the Veterans and Patriots Club. Understanding the Veterans part is easy, we served in uniform. Those that could not serve in uniform but stood toe to toe defending our great nation during peace time or war are truly patriots too. If either or both were removed we most certainly would not still be here to celebrate at all.

During our earlier years things seemed much more concise and understandable. The computer age came and so, with it, came the ability to experience immediate threats from an unknown outside intruder. Now, more than ever, we stand shoulder to shoulder in or out of uniform as bastions of our great democracy.

Those famous Musketeers, so long ago left us with their saying, "One For All and All For One". We know it as, "United we stand and Divided we fall". We are all in this together. See you at the meetings, out on the streets and fairways. God Bless,

•••

SCR Democrats Club

BY TONI FISHER

Thanks to our October meeting's guest speaker, Tomas Evangelista, we learned much about the struggles of DREAMers as they deal with the uncertainties of their future. The term DREAM is an acronym for Development, Relief and Education for Alien Minors. These young people are part of Deferred Action for Childhood Arrivals (DACA) who hold Temporary Protected Status (TPS) having arrived in the US between 1998 and 2001 at the average age of eight.

Tomas shared with us that, like most DREAMers, he has lived a careful, honest life, has graduated from college, contributes to his community and is married to a US citizen. Yet, he faces a life of working and paying taxes but not benefitting from the programs he pays into since he is not allowed to apply for US citizenship. This is only a part of his uncertain life since there is a possibility that the Supreme Court may soon allow the current administration's attempts to terminate the legal protections relied upon by immigrants who came here as minors and have lived in the

(cont' on page 19)



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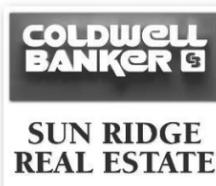
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Ambassador Committee

BY DANA EGGERTS

The Ambassadors are pleased to introduce you to their five new members: Wally Barr - Wally is a retired Office Administrator and Project Manager. She has lived in Sun City since 2000. Nothing is slowing her down. She is a Library Monitor, served on the Golf Committee, has overseen the Evening Host program, organized golf course tours, been a member of an HOA work group, member of Timber Creek Ladies Golf, participates in the RAMP program, and was Neighborhood Watch Captain. Phew, she's one busy lady. Wally will serve on the Rocklin Chamber of Commerce team. Carole McCullough - Carol has certainly engaged with our community since moving here two and a half years ago. She has been the Boomer Generation Secretary, serves on the Architectural Review Committee, writes the Boomer articles for the Courier and Sun City News each month, and finds time to play Bocce. Carole will be assigning Tours of our community for our perspective new residents. Carol Norris - Carol spent 25 years in management and supervision for the City of Roseville. She was a Player Assistant at Haggin Oaks for school age children and people with special needs. She is active in the community and has attended several committee meetings.



Wally Barr, Carol Norris, Mary Onodera and Carole McCullough.

She participates in Bocce, Boomer Generation, Timber Creek Ladies Golf, and Evening Host; and has only lived in the community for a year

and a half. Carol will be part of the Realtor Relations team. Mary Onodera - Mary is a Marriage and Family Therapist. She was instrumental in the United Way campaign kick-off for the Health and Welfare Agency. She's lived in SCR for two and a half years and is active in Dance Club, Bocce, Needle Arts and Sierra Pines Ladies Golf. Mary will serve on the Roseville Chamber of Commerce team. Lastly, me, Dana Eggerts - I will be in charge of Publicity and Photos this year. I'm a former businesswoman who specialized in training and project management. I have volunteered as a Court Appointed Special Advocate, advocating for foster children in Placer County, and Sutter Roseville Medical Center where I was president of the Auxiliary for two years. I have lived in SCR for two and a half years. I am active in the Foundation Care Giver program, enjoy Sierra Pines Ladies Golf, and playing

Mah Jongg. The Ambassadors are happy to have this dynamic team join our group.

Our next meeting is November 19 at 2:00 pm in the Card Room. Everyone is welcome to attend.

Compliance Committee

BY GINNY TAYLOR

Everything you need to know about parking in SCR —

The holiday season is rapidly approaching which means decorating, parties, and wonderful visits from family and friends. So, it is a good time to remind residents about our parking restrictions. Following is a summary of important vehicle and parking information from CC&R's, Section 8.13.

On-street parking overnight prohibited

In order to maintain the aesthetic environment of Sun City Roseville, on-street parking overnight is prohibited. Vehicles of all owners, residents, and their guests and invitees shall be kept in garages or residential driveways on the Lot. Vehicles are not allowed in the street overnight.

Short term parking — Non-commercial prohibited vehicles (such as, but not limited to motorhomes and travel trailers), may be parked on the street for cleaning, loading, and unloading not to exceed 48 consecutive hours and not to exceed a cumulative period of 120 hours in any calendar month.

Commercial vehicles — Commercial vehicles or any vehicle that bears signage on the exterior shall not be parked within SCR, if visible from neighboring properties, except for purposes of loading or unloading and then for periods not in excess of four (4) hours. This doesn't apply to commercial vehicles involved in construction activities on a Lot during the time when the services are being rendered.

Vehicle storage or maintenance — No automobile, motorcycle, or other motor vehicle shall be constructed or repaired on any Lot, street or common area in SCR. Additionally, no inoperable vehicles or vehicles, not in regular use, shall be stored on any Lot or street.

Enjoy the holiday season and thanks to all residents for helping keep our community and neighborhoods beautiful! If you have any questions regarding SCR parking restrictions, please contact Ryan O'Connell, Assistant Director of Community Standards, at 916-774-3863.

Website Work Group

BY CHARLYN ROSS

The Website is a Time-Saver — With the arrival of the month of November, we enter the busy holiday season. Also, November seems to confirm that the heat of summer has past, and we will soon be facing the cold, rainy days of winter.

(cont' on page 15)

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Website Work Group

(cont' from page 14)

There always seems to be so much to do at this time of year. The garden needs tending to prepare for winter. Cold-weather clothes need to be accessible in our closets. And, most prominently, it is a time to re-connect with family and friends either to schedule a get-together or to send greetings.

With so much of our attention directed to all these many tasks, we certainly appreciate any opportunity to save time. The Resident Website (www.scred.org) can help you with some of those tasks.

Here are some Resident Website time-savers:

- Resident Directory in the "Sun City Roseville (SCR)" menu.

When you need information on a SCR friend, but don't have time to look for your copy of the printed Directory, the online Directory has a search function to help you. Search with a first or last name, street name or house number, phone number, or email address and your friend's information could appear in the search results.

- Entertainment in the "Resources" menu

So many movies are released this time of year to qualify for the Academy Awards. The Entertainment link will direct you to movie theaters in the Roseville area. Use the "Nearby Theaters," "Select Theater" drop down menu to check out which movies are showing locally.

- Foundation in the "Resources" menu

The home help services which the SCR Foundation provides will help get your home ready for the winter season. The volunteers will help with the replacement of burned out light bulbs and smoke alarm batteries, resetting thermostats and lawn irrigation systems, cleaning/replacing AC filters, lubricating garage door openers and correcting minor plumbing and electrical problems, which residents are not able to do themselves.

- Amenities menu provides links to help you plan for entertaining.

Timber Creek & Sierra Pines Golf – has all you will need to know about tee-times, resident and public rates, and the layout of both golf courses.

Fitness Center – during the winter months the indoor pool provides a comfortable location to relax. Information on classes, open swim times, and guest and children hours are detailed.

Sierra Pines Rentals – With the availability of the kitchenette and patio barbeque, it is a perfect place to hold a get-together.

Timbers Restaurant at the Lodge – Menus for the Lounge and the main restaurant, and information on hosting a party in the Solarium can be viewed.

Timber Creek Ballroom – Provides all the details about using our wonderful catering services. And, there are special rates for residents.

Sierra Pines Deli – The patio offers a great location to meet friends and enjoy delicious items from the Delis menu.

- Activities – "Mark Your Calendar"

provides the monthly list of planned events. Often these are open to permit non-residents to attend. If you need further information you can contact the Lobby Monitor (916-774-3888) or the Activities Office (916-774-3871).

Using these features on the Resident Website will certainly help you to complete some of those winter tasks and maybe allow you some time to enjoy a movie.

Sun City Pavement Maintenance Plan – Information on the City of Roseville's plan to repair the cracks in our street was provided at the September 27th Board of Directors Meeting. The information has been uploaded to our Resident Website's Announcement area, (www.scred.org). Also, the related slide presentation can be viewed from the September Board Meeting video, accessible from a link at the bottom of the Website's Announcement Area.

on all sports activity matters, except golf. The committee may propose, for board approval, policies and procedures related to the use of the recreational facilities here at Sun City.

Each activity will have a representative who will be the contact person for questions and suggestions. If you would like to have input, the representatives are as follows. Roy Stearns for croquet, Bob Buckman for tennis, Tom May for pickleball, Jorene Page for volleyball, Jerry Fredericksen for bocce, Joanna Sarkin for water fitness, Dennis Thompson for billiards, and Gordon-Osuna for the fitness center. Feel free to contact your representative with any concerns you might have.

You are invited to attend the meetings which are held every other month at 8:30 on the second Mondays. There is a designated time for an open forum for attendees, so you can express your opinions. The next meeting will be held November 11th.

Sport Committee

BY KAREN COCHRAN

Ralph Friend, the new Sport Committee chair, called to order the first meeting of this term on September 9th. He reiterated the purpose of the committee, which is to advise the board



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by Jackie

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Days & Destination	Cruise Line ~ Sailing Date	Starting Price/ Inside Ocean View Balcony		
15 DAY HAWAII from SFO! Princess Grand/Star Princess ~ 2600 Passengers	Dec 3, 2019	\$940	\$1,040	\$1,399
	Dec 28, 2019	\$1,099	\$1,199	\$2,399
	Jan 27, 2020	\$1,139	\$1,239	\$2,019
	Feb 21, 2020	\$1,209	\$1,379	\$1,989
	Mar 7, 2020	\$1,299	\$1,349	\$1,939
	Apr 20, 2020	\$1,229	\$1,349	\$2,189
	Oct 24, 2020	\$1,699	\$1,899	\$2,799
Ruby Princess ~ 3080 Passengers Sail round trip from San Francisco, California to Kauai, Nawiliwili Hawaii; Honolulu, Hawaii; Maui, Lahaina, Hawaii; Hilo, Hawaii; Ensenada, Mexico, San Francisco, California.		*ROUND TRIP LINCOLN SHUTTLE TO SHIP!		
10 DAY ALASKA From SFO! Princess Star Princess ~ 2600 Passengers	May 23, 2020	\$1,199	\$1,349	\$1,999
	Jun 22, 2020	\$1,299	\$1,499	\$2,199
	Jul 2, 2020	\$1,399	\$1,499	\$2,199
	Aug 11, 2020	\$1,179	\$1,299	\$1,969
Sail round trip from San Francisco, California to Juneau, Alaska; Skagway, Alaska; Hubbard Glacier, Alaska; Ketchikan, Alaska; Victoria, BC, Canada; San Francisco, California.		*ROUND TRIP LINCOLN SHUTTLE TO SHIP!		
7 DAY CA Coastal from SFO! Princess Grand/Star Princess ~ 2600 Passengers	Mar 29, 2020	\$949	\$1,049	\$1,559
	Sep 20, 2020	\$999	\$1,099	\$1,399
Sail round trip from San Francisco, California to Astoria, Oregon; Seattle, Washington; Vancouver, BC, Canada; Victoria, BC, Canada; San Francisco, California.		*ROUND TRIP LINCOLN SHUTTLE TO SHIP!		
10 DAY MEXICO From SFO! Princess Grand Princess ~ 2600 Passengers	Dec 18, 2019	\$829	\$989	\$1,269
	Jan 12, 2020	\$799	\$899	\$1,319
Sail round trip from San Francisco, California to Puerto Vallarta, Mexico; Manzanillo, Mexico; Mazatlan, Mexico; Cabo San Lucas, Mexico; San Francisco, California.		*ROUND TRIP LINCOLN SHUTTLE TO SHIP!		
10 DAY CARIBBEAN Holland America Koningsdam ~ 2650 Passengers	Feb 02, 2020	\$1,849	\$2,549	\$2,949
Sail round trip from Fort Lauderdale, Florida visiting Half Moon Cay, Bahamas; Grand Turk, Turks & Caicos; Amber Cove, Dominican Republic; Kralendijk, Bonaire; Willemstad, Curacao; Oranjestad, Aruba; Fort Lauderdale, Florida.		INCLUDES Sacramento Airport Shuttle & Round Trip Airfare!		
20 DAY Panama Canal Princess Coral Princess ~ 2000 Passengers	Apr 21, 2020	\$2,399	\$2,599	\$2,999
Sail round trip from Los Angeles, California to Huatulco, Mexico; Puerto Chiapas, Mexico, Puerto Quetzal, Guatemala; Transit the locks of the Panama Canal; Puntarenas, Costa Rica; San Juan del Sur, Nicaragua; Manzanillo, Mexico; Los Angeles, California.		INCLUDES Sacramento Airport Shuttle & Round Trip Airfare!		
28 DAY SOUTH PACIFIC/AUSTRALIA Princess Sun Princess ~ 2000 Passengers	Jun 2, 2020	\$5,799	\$7,299	\$8,899
Sail from San Francisco, California to Sydney, Australia visiting Monterey, Santa Barbara & San Diego, California; Honolulu & Maui, Hawaii; Tahiti (Papeete) & Raiatea, French Polynesia; Pago Pago, American Samoa; Auckland, New Zealand; Bay of Islands, New Zealand; Sydney, Australia.		LINCOLN SHUTTLE TO SHIP & SACRAMENTO AIR RETURN!		



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CST # 2033380-40 October 2019a edition

Seven years without a cold?

More and more people are saying they just don't get colds anymore.

They are using a new device made of pure copper, which scientists say kills cold and flu viruses.

Doug Cornell invented the device in 2012. "I haven't had a single cold since then," he says.

People were skeptical but EPA and university studies demonstrate repeatedly that viruses and bacteria die almost instantly when touched by copper.

That's why ancient Greeks and Egyptians used copper to purify water and heal wounds. They didn't know about viruses and bacteria, but now we do.

Scientists say the high conductance of copper disrupts the electrical balance in a microbe cell and destroys the cell in seconds.

So some hospitals tried copper touch surfaces like faucets and door-knobs. This cut the spread of MRSA and other illnesses by over half, and saved lives.

Colds start after cold viruses get in your nose, so the vast body of research gave Cornell an idea. When he next felt a cold about to start, he fashioned a smooth copper probe and rubbed it gently in his nose for 60 seconds.

"It worked!" he exclaimed. "The cold never got going." It worked again every time.

He asked relatives and friends to try it. They said it worked for them, too, so he patented CopperZap™ and put it on the market.

Now tens of thousands of people have tried it. Nearly 100% of feedback said the copper stops colds if used within 3 hours after the first sign. Even up to 2 days, if they still get the cold it is milder than usual and they feel better.

Users wrote things like, "It stopped my cold right away," and "Is it supposed to work that fast?"

Pat McAllister, age 70, received one for Christmas and called it "one of the best presents ever. This little jewel really works." Now thousands of users have simply stopped getting colds.

People often use CopperZap preventively. Frequent flier Karen Gaudi used to get colds after crowded flights. Though skeptical, she tried it several times a day on travel days for 2 months. "Sixteen flights and not a



New research: Copper stops colds if used early.

sniffle!" she exclaimed.

Businesswoman Rosaleen says when people are sick around her she uses CopperZap morning and night. "It saved me last holidays," she said. "The kids had colds going round and round, but not me."

Some users say it also helps with sinuses. Attorney Donna Blight had a 2-day sinus headache. When her CopperZap arrived, she tried it. "I am shocked!" she said. "My head cleared, no more headache, no more congestion."

Some users say copper stops nighttime stuffiness if used just before bed. One man said, "Best sleep I've had in years."

Copper can also stop flu if used early and for several days. Lab technicians placed 25 million live flu viruses on a CopperZap. No viruses were found alive soon after.

Dr. Bill Keevil led one of the teams confirming the discovery. He placed millions of disease germs on copper. "They started to die literally as soon as they touched the surface," he said.

People have used it on cold sores and say it can completely prevent outbreaks. You can also rub it gently on wounds, cuts, or lesions to combat infections.

The handle is curved and finely textured to improve contact. It kills germs picked up on fingers and hands to protect you and your family.

Copper even kills deadly germs that have become resistant to antibiotics.

The EPA says copper still works even when tarnished. It kills hundreds of different disease germs so it can prevent serious or even fatal illness.

CopperZap is made in America of pure copper. It has a 90-day full money back guarantee. It is \$69.95.

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The Spring Chicken™ The Birthday Girl

BY LESLIE LAFAYETTE

Are you a birthday person? Are you All In with broad hints, calendar reminders, remarks on social media, random notes left around the house so no one could possibly forget? Does your Big Day turn into your Big Week? Or month? You are disappointed if the phone doesn't start ringing at 7 am with good wishes, numerous greetings on Facebook, and of course your dinner ends at your favorite restaurant capped by a cake glowing with candles, right?

Or do you pretty much pooh pooh the whole idea, preferring to have a quiet lunch with friends, or treating yourself to take out sushi and a slice of your favorite cake as you kick back with Netflix and the cat. Birthdays are for kids, sez you.

I think there's something in the middle ... and that might be where you'd find me. If you're reading this early in November, I am celebrating just about now what you'd call a "Big Birthday." Everyone has different ideas of what a BB is after 60 and I'd say every 5 years ... and after you reach 90, every five minutes!

I was born on a Presidential Election Day which is not the most interesting thing about me but might explain why I majored in political science, worked on staff for a few political campaigns and taught civics and social studies (along with English and journalism) in high school. Following this line of reasoning, if I'd been born on Groundhog Day would I be a weather forecaster? On Labor Day, a mom of six? Or on April Fools' Day ... never mind.

If you're a Baby Boomer, you probably had the same childhood birthday experiences I did. Whenever I peek in a friend's scrapbook there they are - the same birthday parties and there are the same little kids with party hats on their curls and noisemakers hanging out of their mouths, not looking very happy, gathered around a big table in a room with roses on the wallpaper, and a homemade cake. After the party we took home a little basket of party favors. The birthday girl or boy got lots of presents to open, maybe a visit from or to Hopalong Cassidy but mostly we were our own entertainment. Although I do recall one friend whose father worked for Disney having Fess Parker from Davy Crockett at one of her teenage birthdays.

WOW I am dating myself here. (Bear with me. It's the only date I've had in years!)

We were all eager to get older faster. We wanted to be teenagers, Sweet Sixteens, and once in college, the magical age of 21. My friends took me out for my first schooner of beer. Ever see a schooner? You can swim in it. I took two sips and was done. But by the age of 25, we were over the urge to age. There was nothing exciting about being 26, and once you hit 30 it was All Over. A morbidly depressing birthday, to be sure, only to discover later how young you still were.

Thereby a question - if you could choose any age to be on every birthday, what would it be? I asked several friends and found the answers surprising. Fifty seems to be a great age for many. Good health, good looks, more

experience, more money (usually.) I liked 35, thought that was just about perfect, and two friends said the forties were their favorite decade. (Of course we're skipping childhood. If your favorite age is 9, you need more help than a silly birthday column.)

Presents on your birthday as you enter the "mature" years (how did we travel so quickly from "Oh, grow up!" to "The mature woman appreciates the comfort of Depends?") can be more of a nuisance than a delight because we already have pretty much everything we need and then some (a good gift for me would be 8 hours of a garage organizer - "organizer" being an apt euphemism for "someone to throw out everything in there while I am not looking.")

Some perfect gifts in my humble:

1. Flowers. Any time. All the time.
2. Donation to one of my favorite charities.
3. Movie tickets for the two of us with an offer to drive.
4. Bubble gum. (Just checking to see if you're paying attention.)
5. Or a funny or sweet card with a special note just for me.

But please don't give me a gift card. I have had a Chico's gift card in my wallet for 7 years. I don't go to Chico's anymore, obviously, and I forgot it was in there anyway, so the money spent for it is floating in Birthday Limbo. I wonder how many Gift Cards are not redeemed while retailers are counting their blessings...? I had a restaurant gift card expire (that should not happen!) I ordered myself a nice big expensive dinner and when the bill came I got the bad news and had to pay for it myself. A memorable experience, indeed. I could have done without the appetizer (but not without the cocktail.)

And re-gifting is okay if the gift makes sense, but be careful out there! One of my favorite SNL skits is about a candle that makes the rounds so many times it winds up going back to the woman who first gave it. Awkward!

Some people try to ignore their birthdays entirely, but fear not. A birthday really is just another day, not an entire year all at once, although it is a reminder that we are growing older. I plan to enjoy my special day with friends, and a nice slice of birthday cake. So if you are a Scorpio like me, Happy Birthday to you. Enjoy it! After all, it might be argued that the best present we can receive is another birthday to celebrate.

Leslie Lafayette is a writer and journalist, resident of SCLH, and definitely a spring chicken. You can e mail her at leslielafayette@gmail.com

SCR Democrats Club

(cont' from page 13)

United States for decades. We were grateful to learn about this but saddened to hear of the struggles faced by this group.

Our November meeting will consist of our usual November Political Forum, led by our own Peter Lorenzo. Given the current climate, Peter will have much to offer as he updates us on various facts and activities, both local and national. He will also welcome questions and comments from our members in attendance. We encourage everyone who is in town to join us for an interesting, informative morning.

Republican Resident Group

BY CAROLE VAILLANCOURT

We are honored to announce that the California Republican Party Vice-Chairman Peter Kuo, will be our guest speaker, on November 7, 7pm (social 6:45pm) at Sierra Pines. All interested Republican residents are welcome to attend. Members please make an effort to attend and welcome our State Officer.

The Club & Group News Bulletin Board in the Timbers lobby is kept up to date with our current meeting notice, and also contains our Mission Statement that incorporates a membership application for perusal.

We are proud to report that at the October meeting we welcomed three more new members.

Volunteers continue to represent our Group on Courier Day, which has resulted in

an increase in membership. Members are encouraged to participate in this activity, it only involves a 3 hour commitment usually once a year. Please call Janice Shreve at 916-773-1816 if interested.

Save the date! December 10, 2019, Annual Christmas holiday brunch, all details will be available at our November meeting, or by calling Carole at 916-81-2468.

As in the past, please consider donating a door prize for this event.

For more information regarding our Active group, please call Carole 916-781-2468.

Boomer Generation Club

BY CAROLE MCCULLOUGH

Oh no its November already, where has the year gone? Last month members ate dinner together and closed the evening with Karaoke at our Sierra Pines, so many laughs and good times! Boomer Generation members are looking forward to participating in the annual Spaghetti Bingo Event. Being so popular the event is held on two nights, November 20 and 21.

Boomers attended our last general meeting for 2019 on October 17. Our website is a good place to keep up to date on what events members can participate in. 2020 will surely be a year of fun starting with the After-Holiday Party in January.

Mark your calendar for the final Wine SIG of 2019 on Friday November 15, 6:30pm at Sierra Pines. Details will be posted on our website and emails. Wine SIGs are a perfect



Karaoke Fun!



way to meet new friends and enjoy old friends in a relaxed evening.

SIG (Special Interest Group): The SIG groups are active during the fall and winter months. Book Clubs, Bunco, Dining Out, Walking, Bowling, Movies Out and Boomer Golf. The Boomer Generation website has more information for each SIG group and the leader to contact.

It's never too late to join the Boomer Generation Club. If you just like to socialize and have fun, you are part of the Boomer Generation. For more information please contact Diana Morales at dianamomo42@yahoo.com

Rods & Relics

BY ELNA RAGAN

October was a busy time for Car Show activities. There were three breakfast get-togethers at the Waffle Farm Restaurant, on the 1st, 15th, and 29th of the month.

On Wednesday, October 9, the Rods & Relics partnered with the Lincoln Hills Sports Car Club and the Lincoln Hills Roadrunners Motorcycle Club and held a well-attended Car and Motorcycle Show at Orchard Creek's Amphitheater. A large number of Club members brought their vehicles, participated in the festivities, and had an enjoyable time! There were 65 vehicles which included 12 motorcycles. The free event displayed a wide range of vehicles and motorcycles, from vintage to modern day.

"Feel Good Car Shows" are always enjoyed by our Car Club members. On the 16th, many of our Club members traveled to Roseville to share the morning and early afternoon with the residents at the Sierra Regency Resident Facility. The staff provided coffee and donuts upon arrival and a tasty lunch.

Our Club was invited to participate in Riebe's Auto Parts "Halloween Trunk or Treat" event held in Lincoln on October 31. Lots of candy was provided for families who visited the store for a safe Trick or Treat experience while picking their candy from the trunks of the vehicles there!

(cont' on page 21)

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Rods & Relics

(cont' from page 19)

We are always looking for new members! If you own a 1975 or older American-made or American-powered vehicle and enjoy getting together with like-minded auto enthusiasts, come out to the get-togethers listed below! Check out our website and become a member of our Car Club!

Upcoming Events —

November 12, 26: Breakfast at the Waffle Farm in the Twelve Bridges Shopping Center. Members start arriving at 7:45 a.m. Join us for a tasty breakfast and to catch up on Car Club-related news.

November 21: The General Business Meeting will be held at the Turkey Creek Golf Course, 1525 Highway 193, Lincoln. Dinner is available from 5:00 p.m. on and may be followed by a speaker at 6:00 p.m. The General Business Meeting starts at 6:15 p.m.

Contacts: Chuck Barnhart, President 916-543-7301 or Mike Carvidi, Membership Director 707-849-2834.

Website: www.rodsnrelics.net

Birders

BY JANET MORELLI

SCR Birders started their 2019/2020 birding season with a scheduled field trip to Veterans Park trail near SCR. The weather that morning was chilly for a mid-September morning, but the Birders managed to identify 22 species on the trail. Some interesting species were the Warbling Vireo, Black-throated Gray Warbler, and Western Wood Pee Wee.

The next scheduled field trip for the Birders was to the Woodland-Davis Clean Water Facility in Woodland in early October. We saw lots of Swallows (Barn and Tree) flying around the percolation ponds plus another 28 species, including the Northern Shoveler, Black-bellied Plover, White Pelican, and Pectoral Sandpiper.

On November 7, Birders will be visiting Effie Yeaw Nature Center in Carmichael located in approximately 100 acres of oak woodland along the American River in Carmichael. Since Daylight Saving Time ends on November 3, we will be meeting in the Timbers Lodge at 8:15 am (instead of 7:15 am) to group into car pools to drive to the Center. There is a \$5 per automobile charge

for parking and a \$2 per person recommended donation for visitors. Please bring some dollar bills to help pay for parking and your donation.

A field trip to Gray Lodge Wildlife Area near Live Oak has been scheduled for November 21. This Area (9200 acres located in the Pacific Flyway) is next to Sutter Buttes (the smallest mountain range in the world). Bird watching in this area is mostly by foot with the rest by automobile. Here, Birders are usually treated to swirling clouds of migratory waterfowl, especially White-fronted Geese, Snow Geese, and Sandhill Cranes. Bring \$8 for your carpool driver, \$4 for the entrance fee and money for lunch on the way back to Sun City. Meet in the Timbers Lobby at 8:15 am. o President 916-772-0506.

SCR Hiking Group

BY PETE GRADY

November 2019 Hikes

Remember the meeting time change to 8:45 AM

Join us to try out hiking. You can hike 3 times without joining.

We meet every Thursday at 8:45 AM in the Tennis Court Parking Lot.

Carpooling is organized for the drive to the Trail Head.

Rides vary in cost as do the hike distance and difficulty.

Please go to the SCR Website and Hiking Group to get more details on the hikes.

November 7 – Nimbus Fish Hatchery to Sunrise. #2(easy). 6 Miles. \$6.00 Ride.

November 14 – Hirshman Trail. #3.5(easy). 5 Miles. \$8.00 Ride.

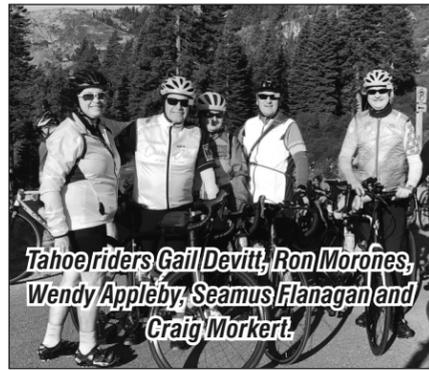
November 21 – Magnolia Ranch. #3.5(easy). 5 Miles. \$6.00 Ride.

November 28 – Thanksgiving. No hike.

Cycling Club

BY DIANA RISCHLING

Sun City cyclists are passionate about their rides. They challenge themselves by doing longer or more difficult rides and even doing rides under adverse weather conditions. In early September five club members, Wendy Appleby, Gail Devitt, Seamus Flanagan, Craig Morkert and Ron Morones, rode the Tour de Tahoe, a 70-mile+ ride around Lake Tahoe. Starting out in near freezing temperatures they climbed the road past Emerald Bay,



Tahoe riders Gail Devitt, Ron Morones, Wendy Appleby, Seamus Flanagan and Craig Morkert.



Craig Morkert and Steve Gustafson take the rain to Oracle.

circled the lake, endured Spooner Hill and completed the descent into South Lake Tahoe by mid afternoon. What an accomplishment!

Some of us take on more moderate challenges a bit closer to home. Seamus Flanagan organized a group ride in Loomis for over 20 participants. Leaving from Indian Creek club the riders circled along the back roads of the area returning to Indian Creek for a delicious lunch on the patio. Thank you, Seamus!

Remember those first two rainy days in September? Our traditional breakfast ride to Oracle was scheduled for one of those days. Though the rain was enough to make most of us drive to our meal, two hearty riders forged through the rain to make certain they earned their morning calories. Craig Morkert and our host, Steve Gustafson, were quite wet, but sufficiently hungry when they arrived.

Breakfast was also the focus of a late September club ride to Boudins in the Fountains. About 20 riders and friends participated. Thanks Lori Javor and Diana Rischling for making arrangements. Finally in September, our FourScore and More group, 24 strong, pedaled along our community streets and celebrated together at breakfast

at the Timbers.

Enjoy riding your bike? Find out more about our club. Come to our monthly meeting, 8am at Sierra Pines on the third Monday of every month.

Upcoming events —

11/03 Giro D' Vino - outside ride in Lodi/Acampo

12/11 Annual Holiday Party - Timbers Ballroom

• • •

Senior Softball

BY RICHARD EPTING

The last ball has been pitched, the champions were crowned and the awards banquet was a stupendous success. One might think that Senior Softball was put to bed for the winter, that the players were on the golf course or watching afternoon T.V., but you would be mistaken. Senior softball is a year-round endeavor and we are now beginning Fall practices at Veterans' Field on Blue Oak Blvd. Our practices begin at 9:00 a.m. and so far we have had an enthusiastic turn out of new and veteran players

If you are new to Sun City Roseville, we'd love for you to come out and see what Senior Softball is all about. Moving to Sun City can be like a move to a new town or high school. Sometimes its hard to meet people. Joining our club is a great way to forge new friendships while at the same time playing America's greatest sport. Every resident who comes out will play, no matter what their skill level is. Our practices will continue into November and try-outs will be held in January and February. Players will be drafted into teams in early March. The first game of the 2020 season will be in the first week of April.

If you have any questions, phone me, Richard, at 916-918-2161. Come out and join the fun. You won't regret it!

• • •

(more Club News cont' on page 22)



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Bocce

BY PAUL KECK

Women and men's playoff for this year's individual championship took place on October 5th.

Arlene Lizotte won the women's individual title. Bev Lewis came in second and Carol del Sarto third. Medina Lane, in her first tournament, came in forth.

For the men it was Gregg Hutchison taking the crown with Jack McKinney, second, and Mike Johanik third. Congratulations to all.

Winter League — November is the big month for bocce winter league. The league, which is run by Rick Rivera, will run 5 weeks beginning Thursday, November 7 at 1:00PM. Winter league is the only league where players can form their own teams. The teams are limited to 5 members and no subs are allowed. Rain might delay the 5 week times, but the league will complete 5 sessions.

In addition to choosing players, the teams select team names, and here they are—Who-hoo

The Bocce Bitches, Bocce Buzzards, Holy Rollers, Bocce Hopefuls, Booyah 5, Wow Bocce, The BB's, The Bocce Bellweathers, Court Jesters.

Review of a few rules

Rules apply to all organized bocce play



Gregg Hutchison and Arlene Lizotte are new bocce champions.

with the thought that we always play for friendly competition and fun.

1. The flagger is the court official on close calls. Team players may approach the flagger for clarification,

measuring, and final decision. If there is still some disagreement or rule interpretation, the case may be taken to the tournament director. In the winter league, Rick Rivera or his stand in is the judge.

2. Here is a rule that is frequently violated: When rolling, players must not step on or beyond the delivery line (foul line). First infraction gets a warning. Second time the penalty is having the ball declared illegal and out of play and removed from the court.

3. A ball thrown is a ball thrown. No, not always. If a player rolls out of turn, the ball remains in place at the discretion of the opposing team. If the ball is returned, all balls that were moved are returned to approximately the previous position.

General meeting is at 7:00PM, November 25 at Sierra Pines. This is election night and the slate of proposed officers includes Ken Smith - President, Sandee Drapeau - Vice President, Vicki Byrd - Secretary, Rick Rivera - Treasurer.

• • •

(more Club News cont' on page 23)

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Pickleball

BY BOB VERZELLO

By the time you read this article, improvements to the Pickleball courts should be completed or close to completion. Get out and enjoy the new courts and be sure to thank Gary Pyle and Gene Cochran for working hard to make this happen.

Mark your calendar for the following two events in December.

A general meeting is set for December 9, 2019 at 4:30pm in the Timbers card room. We will elect new officers to serve for 2020 and 2021. As mentioned in the last article, Gary Pyle will be stepping down as President.

The next night, December 10, we will have the annual Christmas dinner starting at 5:00 pm in the Timbers solarium. Watch for further information about the menu selections, cost, who and when to pay. Space is limited to 40 persons.

Playing tip: As the weather cools down, it is especially important to limber up for at least 10-20 minutes to warm the muscles you'll use in playing. Be careful to do only light stretching. Then, after playing, do gradual stretching while muscles are still warm. Hold position for 20-30 seconds for each muscle group. More information about proper stretching is available on the internet and was explained in more detail in our March 2018 Pickleball article (which you surely kept)!
• • •

Tennis Club

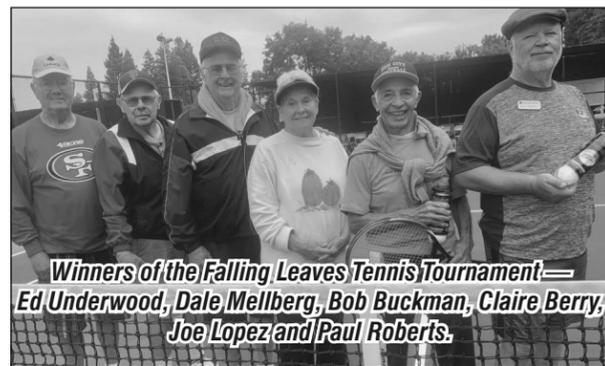
BY DIANE BARNETT

With fall here and winter approaching, the Tennis Club is scheduling end of the year activities and events before Thanksgiving arrives. September and October were busy months for the Club and November will be no exception with a Tribal Pow-Wow Tennis Tournament planned for Nov 2 by Cheewah James and friends in honor of National Native American month. Sign up at the Courts.

Looking back to September 17, thirty-four Tennis Club members went on an annual Northstar trip for some tennis and social fun that included sun, rain, hail and even some light snow on day four. We experienced it all during the short time we were there! The weather in the Sierras may slow us down a bit but it never deters our fun. This year was no exception with a group appetizer party in the Barnett, Coyne, and Aichroth condo, a short morning of tennis at the Northstar Tennis Center before the rain started, a no host dinner at Lanza's restaurant and a light



Tennis fun at Northstar Resort.



Winners of the Falling Leaves Tennis Tournament— Ed Underwood, Dale Mellberg, Bob Buckman, Claire Berry, Joe Lopez and Paul Roberts.

breakfast hosted by the Gordons, Mellbergs, Conrads, Audie Gould and Anne Burney. We even had an uninvited visitor when Mr. Brown Bear was spotted, by Ray Barnett, shuffling by Starbucks in front of the Northstar skating

rink in the early morning dawn. It seems Mr. Bear was being strongly encouraged by the morning security person to return to his home in the woods as he loudly banged his flashlight against the skating rink rail. It is never a dull on the Northstar trip.

The Falling Leaves Tennis Tournament was hosted by Susan Pankopf and friends on September 28. Susan reported that they finished tennis play just in time to take pictures and enjoy lunch before the Roseville skies opened up with heavy rain. That's the beauty of fall. Talk with you again next month!
• • •

(more Club News cont' on page 24)

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Table Tennis

BY KAREN YEATES

What's special about Wednesday, January 8, 2020? It's our annual Table Tennis "after the holidays frenzy" party. This year once again we have reserved a room at Sierra Pines for the evening. There will be a per person cost that will cover the main entrée choices as well as offset some of the cost of any games and prizes given out. When you sign up you will also be asked to select a side dish or dessert item to bring. Beverages will be provided. More details will be in next month's article and sign-up sheets will be available during our play times starting mid November until the end of December.

Besides the established clubs of table tennis at Sun City Roseville and Sun City Lincoln Hills, there are a few other clubs in our area. There is the Sacramento Table Tennis Club which meets every Monday and the third Wednesday of every month at 5400 Power Inn Road in Sacramento. They also hold two star round robin tournaments several times a year. There are no membership fees and all levels of play are welcome. There's also the Folsom Table Tennis Club which meets for open play on Thursday nights at the Folsom Sports Complex. They hold organized matches on Sunday afternoons. This is a much more competitive experienced group of players so not for the "ping pong" type of player! They also have a secondary location in Citrus Heights with open play on Tuesdays except for the first Tuesday each month which is set aside for organized matches. You can find more information on

these clubs by typing in their names on the computer and it will direct you to their websites.

He & She Golf Club

BY KATHIE DE VITO

September was a great month for golf and we enjoyed a terrific Fall tournament and barbecue dinner.

September Play Results:

Sierra Pines (9 holes)

September 9 —

1st: Pam & Mike Hemingway, Heidi Gongaware and Frank Patch

2nd: Marge Donnelly, Gary Pelzman, Diane Dooley and Bob Niznik

3rd: Bev & Rudy Warrington, Joann Orovitz and Dwight Rose

4th: Vicki & Stu Foster, Debbie George and Royce Harnsberger

CTP: Women: 1st - Darlene Reber 4' 6" 2nd - Gail Raglen 14'9"

Men: 1st - Bob Niznik 26' 3" September 23 —

1st: Barbara & Gary Mills and Paula & Andy Hau

(tie) Pat & Bob Horning, Susan Santini and Robert Reeder

(tie) Chris Bernasconi, Dale Bailey and Pam & Mike Hemingway

2nd: Irma & Gary Beckman, Heidi Gongaware and Phyllis Melberg

3rd: Rhonda & Mike Bibbico and Nancy & Gary Vavul

4th: Linda & Jim Ryan and Bev and Rudy Warrington

(tie) Arlene Lizotte, Jim Hackenbarth, Ellen Thoas and Don Brooks

(tie) Diane & Terry Dooley and Barbara & Sid Treleaven

(tie) Valerie & Michael Wilson, Joann Orovitz and Dwight Stone

CTP: Women: 1st - Irma Beckman 28' 9" 2nd - Pam Hemingway 34' 9"

Men: 1st - Terry Dooley 12' 6" 2nd - Gary Beckman 15' 3"

Timber Creek (18 holes)

September 9 —

1st: Dan Williams, Suzie Everett, Kathie De Vito and Wally Barr

2nd: Ray Ortega, Janet Smith, Jean Nakeo + blind draw

3rd: Rich Aug, Johnice Swallender, Dot McKee and Jim Dachauer

CTP: Vernita Hillwig 5' 4.5" and Ken Shahoian 12'10"

Septembre 23 —

1st: Dan Williams, Jim Sherrard, Vernita Hillwig and Victor Tom

2nd: Tony King, Jean Nakeo, Ray Ortega, and Janet Smith

3rd: Steve Hennessy, Suzie Everett and Nancy & Sol LaBrada

CTP: Jackie Shook 4' 2" Jim Sherrard 11' 11"

The Fall tournament putting contest winners are Pam Hemingway and Jim Sherrard.



(more Club News cont' on page 25)



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SALES

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Homes Currently Pending: 11
Homes Sold in September: 10

Average List Price: \$486,975
Average Sales Price: \$482,995
Average Days on Market: 17

Homes sold in September

Address	Area	BR (Poss)	BA (FH)	Prim SqFt	Listing/Sale Price
4402 Wanderlust Loop, Roseville, CA	12747	2 (3)	2 (2 0)	2083	\$532,750
5026 Dragonfly Ln, Roseville, CA	12747	2	2 (2 0)	1547	\$460,000
409 Burnt Cedar Ct, Roseville, CA	12747	2 (3)	2 (2 0)	2083	\$499,950
4540 Coach Lamp Ln, Roseville, CA	12747	3	3 (2 1)	2287	\$529,000
7553 School House Ln, Roseville, CA	12747	2 (3)	2 (2 0)	2028	\$535,000
400 Heller Ct, Roseville, CA 9574	12747	2	2 (2 0)	1618	\$438,000
400 Seawell Ct, Roseville, CA 957	12747	3	2 (2 0)	1869	\$505,000
7652 Timberrose Way, Roseville, CA	12747	2	2 (2 0)	1198	\$385,000
825 Huskinson Ct, Roseville, CA 912747	12747	2	2 (2 0)	1334	\$420,000
5048 Frontier Ln, Roseville, CA 9512747	12747	3	3 (2 1)	2287	\$525,250

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Sierra Pines Ladies Golf

BY LYNNDA DUNN

SPLG annual Club Championship was first week of October. So many volunteers working with Barbara Simon and Karen Hawkins. Jackie Burton doing pairings and keep track of scores. Jane Monahan getting Markers and Spotters. Linda Ryan and Jan Rivera arranging



**Kathy Fowler —
Champion for 2019.**

2. Tena Johnson, 3. Elizabeth Gustafson, 4. Marlene Bell.

Flight C: Sharon Young:
1. Jane Monahan, 2. Joanne Mastalski.

Flight D: 1. Gwen Myers,
2. Liz Sublet, 3. Evon Steele,
4. Geri Womack.

Flight White Tees: 1. Shelby Rosen, 2. Aud Bair, 3. Pat Horning.

Congratulations to all the winners! Hats off to everyone

who played.

September was a busy golfing month for many SPLG golfers. Janet Zeitman Broke 50. WOW!

Birdies in September were made by Valerie Wilson, Kyle Vodden, and Roxanne Warloe.

Not to forget Chip Insby Heidi Gongaware, Mary Ann Chittick, Theresa Howard, Janet



**Jackie, Roxanne, Pam and Heidi —
A group winners.**

for a lovely luncheon in the Rose Garden. Thank you all and a special thank you to husbands and significant others who pitched in to make the championship a big success.

Drum roll 2019 Sierra Pines Ladies Golf Champion is Kathy Fowler.

Flight A Winners: 1. Heidi Gongaware, 2. Pam Hemingway, 3. Roxanne Warloe, 4. Jackie Burton.

Flight B Winners: 1. Marg Donnelly,



**Shelby, Pat and Aud — winners
from white tee's.**

King, Zoanne, Skala, Darlene Reber, Pati Struble (2), Debbie Gassen, Barbara Sterns, and Gwen Myers.

Do you really have to ask why I might be intimidated to play? Seriously these ladies are super and my sincerest congratulations to each of you.

November is start when we ALL play at 9:00am. The best season when we play with golfers we don't see often.

Council meets November 13 at 2:00pm in the Pines Clubhouse.

Who doesn't want to know what is happening in SPLG Club? Best attend the General Meeting held at Sierra Pines Clubhouse November 20 at 2:00 pm. If that isn't enough to get you out remember the Social hosted by Barbara Clegg and Arlene Lizotte following the meeting.

Payne Stewart said, "a bad attitude is worse than a bad swing". A friendly reminder for y'all to keep happy thoughts!

Timber Creek Men's Golf Club

BY TOM DEVITT

The Timber Creek Men's Golf Club (TCMGC) held the annual Match Play Championship during the month of September. 58 players signed up and were divided into 5 flights. The matches were held during the month and the final results saw Tony Garcia winning the Championship flight. Congratulations to Tony for becoming the TCMGC Match Play (scratch) champion for 2019. Chris Jacobson won the Blue Flight, Dean Mandler won the

Golf Flight 1 and Les Wieduwilt won the Gold Flight 2. Congratulations to all the flight winners and thanks to all the members that participated. Roger Exline and Tony Garcia won the local qualifying for the 4 ball NCGA Senior Net tournament and then placed 3rd out of 52 teams in regional qualifying which gave them a ticket to Poppy Hills to represent our club in the final. After the two round championship final at Poppy Hills, Tony and Roger placed 13th out of the all the qualifying teams representing all of NCGA clubs in Northern California. Great job and congratulations to Roger and Tony for a job well done. Next up on the tournament trail is the Autumn Leaves Tournament on October 22.

The November tournament will be the Turkey Shoot on Nov 12. Sign ups for the Turkey Shoot will start in Mid-October. A slate of officers for 2020 was presented to the membership and will be voted on at the TCMGC November General meeting. The slate included Ken Hansen – Pres, Tony King – VP, Tom May – Tres and Jay Dameron – Sec.

The next general meeting of the TCMGC will be on Wednesday November 6 at 800am at Sierra Pines.

(more Club News cont' on page 26)



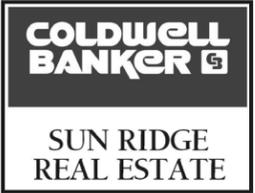
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**Pleasant Grove Community Church
Women's Ministries**

Christmas Traditions

Saturday, December 7
11:00 am—1:00 pm
Timber Creek Lodge
Sun City Roseville
\$20.00
Tickets on sale November 10.
Call Kay Thomson at 916-297-7060.

Ladies, have a delicious Christmas brunch while enjoying the renown Dickens Encore Carolers & monologue artist, Denise Bueno.

Tickets will be sold so you can bid on various Gift Baskets. All proceeds benefiting local charity, Acres of Hope.

Timber Creek Women's Golf Club

BY BARBARA MILLS

The seventh annual Sunheim Cup Tournament against Sun City Lincoln Hills was played on October 3 with 32 players from each Club and we retained the crystal Cup! It is displayed in the trophy cabinet in the hallway by the restaurant. It was a fun day of competition and we look forward to this fun challenge again next year. Congratulations to Cheryl Simmons who made a Hole-in-One on #16 during the Tournament!

We are so proud of Suzie Everett who broke 80 on August 28!

On October 2 we played in the Play for P.I.N.K. Tournament with lots of pink golf shirts, visors, ribbons, and pink golf balls! Thank you to Barbara Mills and her committee of Nancy Gould, Paula Hau, and Lois Habein for spearheading this worthy fundraiser.

October ended with the much anticipated Club Championship Tournament with a nice lunch afterwards. Due to scheduling deadlines for articles, the winner will be announced in the December Courier.

Our Most Improved Players for September are: Suzie Everett (1st Flight), Wally Barr (2nd Flight), and Gail Quintel (3rd Flight). Looks like practice really works!

Just a little reminder, please check the back of the weekly score card for Rules of Play. Winter Rules, "mark, lift, clean, and place the ball", are determined by the weather and condition of the course. Our Tournament Committee will advise us when they go into



Sunheim Cup Co-Chairs: Edda Ashe, SCLH, and Joan Meyers, SCR.



Cheryl Simmons, Hole-in-One during Sunheim Tournament.

effect by noting on the back of the score card.

Our last General Meeting for the year is on November 20 at 2:00pm in the Aspen Room.

Wishing everyone a very Happy Thanksgiving!

• • •

Golden Niners

BY RALPH FRIEND

The month of September was filled with weather extremes. We had heat, we had cold, we had rain. It must be Fall!

In October the Golden Niners held their Quarterly meeting. It was held at the Sierra Pines on October 16. It was a luncheon meeting where issues on membership were discussed. There are currently 124 members in the club. Out of the 124 there were 84 members who were winners in September. The "big" winners were Dick Geisert who won \$28.00 and Jim Chung who won \$23.00. Way to go gentlemen!

The Chairman of the Golf Committee is Lowell Ploss. He reported at the Board Of Directors meeting that there are 119 participants in the First Tee golf tournament recently held at Timber Creek. There were 68 volunteers who helped make the Tournament a success. He also reported that RAMP would end at the end of October.

• • •

SCR Monday Morning Bowlers

BY OLGA WIDNES

Hello to all our bowlers who came back for another season. We have a few new ones and hope to get more. Those who were deserving for kudos were the following: Brent Hallock, 201 game, Bev Speder, 50 pins over bowled a 181 with a 120 average, David Lindahl, 201 game, and 50 pins over with a 132 average. David Zurawski 518 series. All of these winners were on September 9th. On 9/16/19 we had Chuck Leming with a 516 series and Tom Gonzales with a 529 series. On 9/23/19 we had Gary Wolff with a 516 series and Renee Gann with a 501 series. Wes Person was 50 pins over with a score of 195 and a 141 average, and Paul Woicicki, 50 pins over with a score of 231 with a 176 average along with a 636 series and Chuck Leming with a 226 series. On 9/30/19 the following had a 200 game: Tom Gonzales 210, Renee Gann 221, and Paul Woicicki 209.

Congratulations to all the winners and we will see you next month.

• • •

(more Club News cont' on page 27)

HAPPY THANKSGIVING!

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Tuesday SS Bowling

BY JOHN VOGELI

Since my last article, the "Alley Gators" (Michael Moyer, Bob King, Jim Helton, Debra Scott) have been chewing up the rest of our league. With just a couple of weeks left to complete our first quarter, they are in a strong position to win it outright before our roll-off in the position round on October 22nd. "Pin Pals" (Claudia DeHart, Rumiko Asbell, Russ Asbell, Bob Zielinski) will have to make a spirited run in the next few weeks. With an outside chance to overtake the "Alley Gators" are teams "Hot Pockets" (Linda Zierman, Pat Fisk, Robert Smith, Dave Fisk), "4-2-Win" (Carol Torno, Bob Vincent, Roy Hackman, Ron Basnett), "Alley Oops" (Rich Connell, Pam Kempker, Mike Johanic, Doug Tran) and "We Don't Care" (Jim Gothier, Richard Armentrout, CJ Johnson, PK Lewis). So far this quarter there has been some nice bowling. There has been a couple of real nice 700 series by Dave Harriman of "Shuda Been" with a 743 and CJ Johnson of "We Don't Care" with a 711, nice series guys. For the first quarter most improved bowlers are; Men- Robert Smith 157 to 171, Jim Helton 145 to 157, Jerry LaFave 166 to 176. Women- Linda Buechner 141 to 159, Laura Silva 139 to 151, Sandy Manildi 148 to 160. In the Team Scratch Series "Shuda Been" (John Cho, Sue Mattimoe, (injured), Jeff Mattimoe, Dave Harriman) leads with a 2355 series. The high Team Scratch Game belongs to "Rock'n Bowl" (Gene Garmin, Jill Munyan, Mike Becze, Dale Mellberg) with a 843 game. In

the individual Scratch Series Dave Harriman of "Shuda Been" had a great 743 series on the mens side, with Linda Buechner with a fine 571 series for the women. The mens High Scratch Game was a 279 by Dale Mellberg of "Rock'n Bowl". For the women Wendy Green of "Kelly Green Machine" had very nice 238.

That is some nice bowling by all of these competitors. If there is anyone out there that would like to meet some new people and join this league you may contact Stacy Pudge at Strikes Unlimited in Rocklin @916-626-6361. or you may contact our league secretary Linda Zierman @916-408-2397, or her e-mail; lzierman@sbcglobal.net.

SCR Billiards Club

BY GERRY CRISTONI

Our general meeting will be Wednesday, November 20th at 1:00p.m. in the club room.

The following September tournament winners were:

Men's 9 Ball: TIE: Norm Pilliard and Derek Tegg, Ken Neal and Ken Areana



Ken Evans, Ken Lane and Bill Gray.



Norm Pilliar, Derek Tegg and Ken Neal, Ken Arena.

Men's Open 8 Ball: Ken Evans, Ken Lane and Bill Gray

Men's Only 8 Ball: Ken Neal and Roy Stearns

Men's Open 8 Ball: P. J. Stephens
Happy Thanksgiving

Bridge Club

BY COLLEEN TOVEY

120 bridge players from Sun Cities Roseville and Lincoln Hills met September 16 in Roseville for lunch and bridge competition. Overall first place winners were Joan and Robert Rouse of Lincoln Hills. The highest place winners from Roseville were Bill Huber and Sy Karfiol, who came in fourth. Thanks to Susan Pankopf and Joan Donlon for a great party!

The Fall National American Bridge Championships are coming to San Francisco next month. Sun City players going to this event are Willi Williams and Dave Bucher. Good luck to them.

Bridge name badges can be ordered from Sandra Temple. Information sheets will be available on Monday, Wednesday, and

Thursday before Bridge play. Also, you may call her at 916-791-5186 to place your order.

Our December pot luck luncheon will be held December 5 at Sierra Pines. The cost is \$5 plus a menu item. Signups will be taken at all regular play days in November. Joan Donlon and Sylvia Richlin are in charge.

On December 16 the doors open at 11:00 am for the Holiday luncheon. Turkey, mashed potatoes and stuffing, gravy, veggies and dessert are included for \$22.00. More information and signup sheets will be available from Brencce Davis, Pat Madden, Sandy Temple and AnneDeWitt.



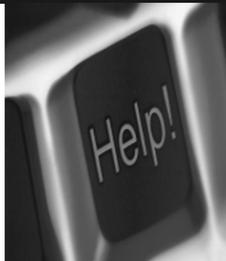
Make plans to attend the New Year's Eve Bridge Club celebration at the Pines. It begins with Happy Hour at 5:00pm followed by a catered dinner at 6:00pm. After dinner play bridge or get a group together for Canasta, Mexican Train or a game of your choice. Look for the flyer with details.

(more Club News cont' on page 33)

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The Robbs

(cont' from page 1)

it would curb his travel cravings. Teaching would not, so he obtained a credential, and began teaching at a high school in a troubled Oakland neighborhood. To avoid the bar scene, he joined that same fellowship group and discovered the very meaningful Lillah. Mutual wanderlust helped create the bond.

Married in 1967, they later moved to San Leandro. When children came, Lillah transitioned from teaching homemaking to practical application, staying home with the kids for several years. Eventually, she returned to full time teaching, juggling pre-school, adult evening school, and substitute teaching.

Steve taught high school for 33 years, and simultaneously taught night school for 30 years. One



Steve and Lillah at the Leica Gallery in San Francisco with photographer David Burnett, July 2019 and their iconic photo on wall behind them.



Iconic photo taken at the Apollo launch on July 15, 1969 by David Burnett, Lillah and Steve Robb are in the middle standing.



Lillah and Steve Robb on their Wedding March 1967.

dividend was re-acquaintance with former troublesome students who, having matured, recognized the need to learn. However, tumult was the norm; one high school student was killed in a knife fight at Steve's school. About that time, police officers came to Steve's school to teach survival techniques to faculty and staff. One such technique was to put mental

obstacles in the path of wrongdoers, predicting they would be unable to handle the confusion. Little did Steve know he would later apply such tactics in his own back yard.

Following a yard sale at their home, they had nearly a thousand dollars on the dining room table. A thug with a handgun confronted Steve in the back yard, but seemed more interested in taking their car, which was parked in the driveway. The thug demanded the keys, even patting Steve's pockets for them. Steve tactically lied to the thug, saying the car belonged to their son, who was using their car, and inadvertently had the keys to both cars. When the thug decided he wanted to then go into the house, Steve lied again, saying his wife was inside and terminally ill, and if the intrusion caused her death, the thug would be facing a murder charge, and had no get-away car. Steve told the thug his best bet was just to leave, and

promised to not call the police—another lie. The tactics having worked, he shoved Steve to the ground and left. Responding officers located him in the immediate area. He went to prison, and was later killed by gangsters.

Needless to say, growing old in that environment was not nearly as appealing as life in Sun City Roseville, especially with the knowledge they would following their passion for travel and thus be away for extended periods. They moved here in 1999.

With few exceptions, Steve and Lillah traveled every summer. Both with their children, and after the children were grown, they traveled around the USA in a make-shift camper van, and to foreign lands, as well. Most trips were self-designed or arranged with smaller, independent travel concerns which allowed them to rub elbows. As they developed networking skills and experience, they enhanced these excursions. A map of the world on their laundry room wall displays more red stickpins than one can count—perhaps hundreds of places in dozens of countries. A lot of travel, yes, yet never enough.

The coincidences for Steve



Steve and Lillah Robb at the Taj Mahal—Circa 2008.

originated when his global curiosity was enhanced in a high school class on world affairs, for which *Time* served at the text book. He and other classmates were writing letters to *Time* reporters with enough frequency that the magazine sent a photo journalist out to do a feature on the class. An action photo of the class appeared as part of the resultant

June 2, 1958, *Time* article, depicting Steve with his hand raised for a question. Steve retained the page as a keepsake, unaware then of the developing loop; he eventually taught for ten years in that very classroom. Happenstance?

The loop leapfrogged during a July 1969 trip to watch Apollo XI's launch. A photographer had waded into the water so as to capture spectators on the shore who had an unobstructed view, albeit from seven miles away, of the launch site. Lillah snapped a picture of the photographer, but as to any significance of that, even the rising morning sun, into which they peered, left the Robbs in the dark.

Not until the 2009 Smithsonian magazine appeared did they discover any photograph of them watching Apollo XI launch even existed. They also thus learned that the photographer in the water had become the quite famous David Burnett. As the loop tacitly expanded, the Robbs initiated contact with Burnett via his attribute for the picture, asking him for a print, and offering him the negative of the one Lillah had taken of him. Likewise, Burnett knew nothing of Lillah having taken a photo. He agreed to the exchange, but they would not corresponded again until ten years later.

In July, the Leica Gallery, on Bush Street in San Francisco, hosted Burnett's presentation of both a photographic exhibit he created portraying the moon walk, and a parallel photo album, both of which included the photos he took of the Robbs, plus the one Lillah took of him. Out of the blue, Burnett invited the Robbs to the grand opening. They enjoyed meeting and conversing with the gracious Burnett. And, after returning home, a *Time* reporter spent two hours interviewing them.

Closing the feedback loop, the July 29th issue of *Time* magazine featured the space program, with a focus on the 50th anniversary of the moon walk. It included Burnett's photos and the Robbs' remembrances.

Fame can be fun, especially when it brings calls from far away friends and family—and thus lasts longer than 15 seconds. Virtuous, indeed.

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Jessup Theatre Presents Seven Brides for Seven Brothers

William Jessup University will delight audiences at the start of the holiday season as they present Seven Brides for Seven Brothers slated for November 15, 16, 17, 22, 23 with the final performance Sunday, November 24. Friday show times are 8 p.m., Saturday performances are at 2 and 8 p.m. with matinee performances at 2 p.m. on Sundays.

The performance is based on the beloved MGM film with its iconic choreography, mesmerizing music, and whirlwind romances. Seven Brides for Seven Brothers tells the story of Adam who marries Millie then his six backwoods brothers want wives of their own, but their unconventional brand of "courtship" leaves everyone wishing for an early spring thaw in this toe-tapping, comedic musical romp.

Ticket holders are encouraged to come an

hour before showtime to experience a Dickens Village come to life. Participants will be able to do some Christmas shopping, listen to carolers, interact with Dickens characters and experience great food and hot chocolate while creating lasting memories complete with photo opportunities. There is no additional charge to attend the pre-show experience.

Purchasing tickets in advance and printing prior to arrival is recommended as it allows for speedy entry into the theatre area. Doors open an hour before the show.

For ticket information visit: <http://jessup.edu/academics/undergrad/programs/theatre/events/>

For questions, please email box office manager at awhite@jessup.edu or call 916-577-8033.

SCR Foundation

(cont' from page 1)

consider possible needs for your home and request service in advance. An example might be the replacement of batteries for your smoke alarms or possibly their entire replacement since the current ones in most homes have a life of just ten years. Servicing them before

they start beeping in the middle of the night is a smart approach. For more information, an explanatory flyer is available in the wall file outside the Administration office.

One important correction from last month's article: The correct name of the service that helps you sell your vehicle for a donation to the Foundation is DonateLocalCalifornia and the foundation website provides helpful information on this service as well.

"Christmas Traditions Brunch" Slated for December 7

A beautiful, seasonal setting in the Timbers ballroom at Sun City Roseville will be the venue for "Christmas Traditions" – a brunch sponsored by the women of Pleasant Grove Community Church. Singers from the renown Encore Dickens Carolers, appearing in period costume, will stroll among the tables offering traditional Christmas music. A delicious brunch buffet will be served. The event takes place from 11:00 AM to 1:00 PM Saturday, December 7th.

Monologue artist Denise Bueno will perform holiday themes. Denise has worked in musical theater with membership in Actor's Equity Association and Actor's Co-op of Hollywood Presbyterian Church. Her leading roles include Most Happy Fella, Into the Woods, Spitfire Grill, 1776, West Side Story and Brigadoon. She also traveled the world performing on cruise lines. Denise enjoys working as a theater coach/teacher and director, and has helped to launch films. She and her husband Chris and daughter live in Lincoln.

The public is invited to the event which promises to be a lovely entrée to the Christmas holidays. Tickets are available for \$20 on Sundays at the church beginning on November 10, 2019, or by calling Kay Thomson at 916-297-7060.

Pioneer Quilters' Guild Quilt Show and Sale

Date: November 9 & 10, 2019

Time: Saturday 10-5, Sunday 10-4

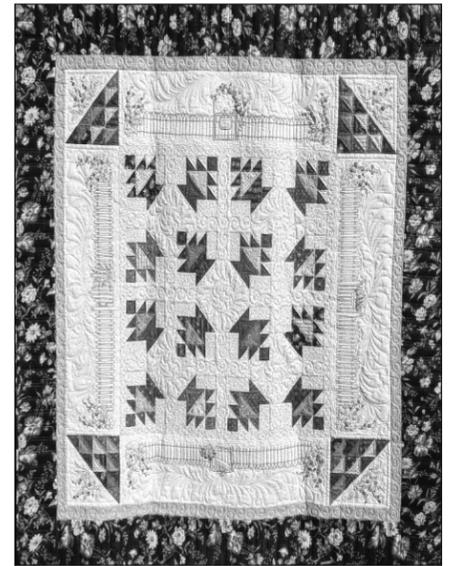
Place: Roseville Sports Center, 1545 Pleasant Grove Bl, Roseville, CA

Quilt Show, Quilts for Sale, Vendors, Holiday Boutique, Raffle Baskets, and Door Prizes.

Refreshments and lunch are available.

\$7 Admission, children 12 and under free

For more information about our Quilt Show and Guild, please see our website: www.pioneerquiltersguild.org



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NOVEMBER / DECEMBER

ONGOING —

Play Reading Club

Calling all Sun City playwrights. Would you like to meet for an exploratory session to determine if there is sufficient interest in forming a "Play Reading" club here? If so, email Letha.dawson@gmail.com. I look forward to hearing from you.

Sports Car Group

Welcoming all sports car enthusiasts living in Sun City Roseville. All past, present, and future owners of European, American, and Asian models encouraged to join in to discuss your passion, whether car shows/touring, technical issues, or competition. Meeting time/place TBD. email scrsportscarclub@gmail.com or call 916-258-2354.

Sunshine Programs

Home from the hospital, live alone and need assistance? Sunshine Services' Individual Care Program offers 40 hours of care per year. Our Caregiver Relief Program offers 4 hours of respite per week for 2 years for 24/7 caregivers of residents who can't be left alone. There's a \$5.00 per hr. co-pay for both programs which employ licensed home health workers. Call Melissa Shelton-Kinoshita at 916-865-4913 for details.

Dial-A-Ride Tickets!

Sunshine Services sell Dial A Ride tickets in the Lodge Lobby. Tickets are sold the first Thursday of the month from 8:30 - 10:30 am. Funded by SCR Foundation, tickets cost residents \$10 for 10 one way-rides.

All Tuned Up

All Tuned Up meets every Thursday, 9-10:45 A.M., at Sierra Pines, Ponderosa Room. All musicians are welcome. Sun City Roseville has a lot of talent. We want people with and without instruments. Come and sing or just listen. For more information, call Letha Dawson at 916-872-8019.

Do you speak French and/or Spanish?

FRENCH - 3rd Tuesday 2-4 PM. SPANISH - 3rd Wednesday 2-4 PM. Have fun retaining or improving your language skills with videos, games and other activities. Fluency not required, but some knowledge of the language is helpful as activities are not lessons. - Sandy Haley sjhwme@comcast.net, 792-2881.

Tuesday Evening Men's Poker

Got the Tuesday night blues, how much idol and reality TV can you watch! All right I made my spiel, come on down to the lodge and join us in the poker room from 6 to 9:30pm for some friendly action of poker. Our games are 95% "split the pots" and remember we don't have a yearly dues. Questions, give me a call Ed Day at 771-0638.

Grief Support Group

If you are experiencing grief, loss, or transition, you may be able to find support and encouragement as you grieve and heal.

Diane Wilson, Health and Wellness Chaplain, is available to receive Individual Grief Support telephone calls and emails.

Karen Bolte, Sutter Health Bereavement Chaplain facilitates the Sunshine Services Grief Support Group, which meets on the 2nd Wednesday of each month, 9:30 to 11:00 a.m., in the Club Room. Please contact either of us at 916-837-1109 for further information and questions about the group, or to schedule an appointment for individual support.

Alzheimer's Support Group

Alzheimer's Support Group meets the 3rd Thursday of each month, 6:30pm at SCR main lodge.

COMMUNITY —

Semper Fi Association

The Semper Fi Association meets the first Monday of the month at 9:00 am at the Legends Restaurant at Woodcreek Golf Course, 5800 Woodcreek Oaks Blvd. in Roseville. Come early to purchase breakfast before the meeting. For more info: Semper

Fi Association: Don Witt, Public Relations Chairman, Phone: 916-573-1704 Ext: 0001. Email: semperfiassociation@gmail.com Web: www.semperfiassociation.org Marines and Navy Corpsmen especially invited. Hope to see you there.

Sons In Retirement Branch 13

Sons In Retirement Branch 13 (Lincoln/Roseville) will hold its monthly luncheon on Tuesday, November 19 at Catta Verdera Country Club, 1111 Catta Verdera Drive in Lincoln. A three course gourmet lunch costs \$20pp. Arrive at 11:30 AM; luncheon adjourns at 1:30 PM. Sons In Retirement is a fun social group dedicated to promoting the camaraderie of retired men. If you are interested in joining SIR or attending the luncheon as a guest, please contact Chet Winton at 916-408-8708.

Sons in Retirement Branch 98

The Rocklin/Roseville Branch of SIR meets monthly on the 2nd Wednesday in the ball room of the Timbers at Sun City Roseville beginning at 10:30a.m. Join retirees for fellowship, lunch, golf, fishing, cards, and even bocce ball... many other activities also available. Call Tom Werth at 782-3536 for more information.

Retired Law Enforcement

Retired Law Enforcement Officers Group — Our members are either retired or active law enforcement officers and we have quarterly breakfast meeting with guest speakers. Please join us for some camaraderie with America's finest. Contact Chuck Schmidt, RLEO Coordinator: 530cms@gmail.com

Parkinson's Support Group

If you have been diagnosed with Parkinson's Disease or care for someone who has, we invite you to join us at the monthly West Roseville Parkinson's Support Group for informational and inspirational discussions with others on the journey.

4th Tuesday, 2:30 pm – 4:00 pm
Sierra Pointe Senior Living
5161 Foothills Blvd., Roseville

Contact for more information: Jim Morris 916-359-4859. Parkinson Association of Northern California: 916-357-6641

Senior Peer Counseling

Senior Peer Counseling provides free, inhome peer support; to Placer County residents age 55+ who are experiencing depression, anxiety, substance abuse, family conflict, change in independence and other age-related adjustment issues. Please call: 916-787-8859.

Essential Tremor Support

Essential Tremor will now be meeting on the first Saturday at Kaiser Permanente, 1600 Eureka Rd, Roseville Woman's and Children's building B16. Our meeting starts at 10AM. For further information call Paula Lavin 771-4866.

Bowlers Needed

The Thursday Sun Sr League needs 4 people, with at least 2 women, being this is mixed league. We are a Sr. USBC sanctioned league. You need to be 55+

We start practice at 9:30 at Strikes in Rocklin. Contact: Carol Torno 650-218-9656 (cell) catorno68@gmail.com

Go Big Red!

Stanford Friends, Family, and Alums — The Sacramento Stanford Association wants to reach people in our area for upcoming events. Future events include such activities as wine tasting, viewing sports events at area establishments, Stanford speakers, and the Roseville Sun City Annual Art Show in March.

If you want to be in touch with Friends, Family, and Stanford Alums and learn more about our local events, contact Pam Wilkinson at: PamMWilkinson@gmail.com, or 916-772-0559.

Woman's Club of Lincoln

Woman's Club of Lincoln meets the 4th of every month, 12:00PM, Social followed by a meeting and program. 499 E Street, Lincoln. Everyone welcome, no admission free.

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SSN WRITER...

Mall Walker

BY BOB HILL

A little over a year ago I was diagnosed with metastatic melanoma, and as a result of treatments, became very sensitive to the sun. I became a mall walker.

I've now been walking so long that the stores are changing for a new winter season again. There are fewer mannequins wearing jeans with holes, rather they have sprouted winter coats and hats and what look like warmer pants. Racks are hung with fur lined hooded coats. Since it is still in the high seventies and eighties outside I wonder who might be enticed to buy, but I guess marketers have figured that out long ago. The Victoria's Secret store displays never seem to worry about the cold. Last fall the Crate and Barrel store put up a small Thanksgiving display that I enjoyed. It was the only store with a Thanksgiving display – there must not be any money made promoting my favorite holiday.

There are electronic signs at various places throughout the mall that have pictures or promotional ads that changes every 15 seconds or so. Most of the pictures point out the newest fashions, but none are aimed at the over 65 age category so they simply become background for me. The kiosks are more interesting. The tarps covering them begin to come off shortly before the mall fully opens for

business, and you suddenly see the things that would not justify a full mall store. Perfume stands, specialty toy stands, a calendar kiosk and several cell phone repair places just to name a few. There are a couple of new kiosks that are especially interesting. One (actually two pushed together) is a karaoke booth where one can go and produce your own karaoke music video. The other is a vending machine that dispenses socks – all kinds of socks.

It will shortly be Halloween, and suddenly the mall is a flurry of activity. Not of potential customers, but rather staff for some of the stores. I suddenly realize it is also close to the start of "the holiday season". This rush of activity is mostly devoted to putting up what I would call Christmas decorations, but what the stores call festive holiday displays. Thus I see some stores suddenly sprouting Christmas trees, and more putting up wreaths, strings of greenery and decorative balls. Once they would have waited until after Thanksgiving, but no longer. I must confess I don't see this longer buying season as a plus.

Last year we were barely through the first week of November, and the mall sprouted three huge Christmas Trees. A sign at the one in the center of the mall said that Santa would be there in three more days. I don't think of

myself as a Scrooge or even the Grinch, but if little ones are being brought to the Mall to see Santa well before December, how much joy and wonder can there be in their eyes on Christmas morning? Will they be jaded from over exposure or will it simply add to the expectations? Or worse, will they be disappointed when Santa doesn't reward their wishes because they've wanted too much for too long, or family finances simply will not stretch that far. I hope that the joy and wonder in a small child's eyes will never be lost. I suspect I'm going to see those same trees next month.

The mall occasionally has displays of art work presented by the art council of my county. There are a variety of mediums displayed. Since I have little if any artistic talent, I very much enjoy admiring the works of those who do. I'm hoping to see something similar soon. A device that has four large lighted egg shell style chairs that advertise virtual reality experiences was recently moved to the first floor. I've never actually seen anyone in them during the times I'm walking, I have no idea what virtual reality they are providing access to, but from the displays it looks exciting.

The center isle kiosks are already switching to holiday options such as personalized ornaments for hanging. At my age I don't actually need or want anything but my grandkids do. There have also been long lines of three wheeled strollers positioned next to one another in a hallway some mornings. One morning each was holding a small child – well one had two, and the mothers were doing side straddle hops in front of them. The kids seemed

to be reassured by this – well except for one who was loudly making his distress known.

One morning I was approached by an individual who called out Chief Hill? I realized that I had known him at a much earlier period in my life and it was good to get reacquainted. Later that same morning another younger person called out Dr. Hill? This turned out to have been a student of mine. Both titles are appropriate, but the last thing I expected was to encounter two individuals who knew me at different times in my life, and much less in a mall. I must have overcome some rather large odds, because it has not happened since.

It turned much colder this morning and we have a very strong north wind, so the young mothers are back in force. It's fun to watch the little ones waiting expectantly for the Disney store to open. They have no concept of time, so they can't understand why they can't just go in. The lower play ground is now pretty full, and as I walk by I hear mothers saying: Where is your sweater; where did you leave your jacket; where are your shoes - and my favorite - why do you have only one sock? I remember those conversations with my own kids and more recently with my grandkids.

Some things just never change.

*We welcome your submissions such as humorous observations and poetry.
Please see page 3 for submissions information.*



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Mah Jongg

BY CINDY FAULKNER

A Spooktacular thanks to Norah Bork, Judy Giese, Bevis Metzler, and Linda Solomon for our October luncheon. Costumes are always special and make for a fun day of ghosts and goblins. The food from Original Pete's was good and our group appreciates the special relationship they have with Sun City Roseville.

Welcome to our newest members: Angeline Epstein and Cynthia Simpson. All members are requested to wear name badges to assist our newest members to get acquainted with everyone at all Mah Jongg events. Play continues on Monday from 12:30 pm to 3:30 pm and on Friday from 9:00 am to 12:00 pm with lunch in the Timbers for whoever wants to join us. There will be no play the Friday after Thanksgiving. Speaking of Thanksgiving, we wish everyone a great day and we are thankful that we live in Sun City Roseville for our fabulous life style.

All Mah Jongg play is fragrance free.

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Bunco

BY PAT OBERLANDER

Winners for September 9— Most Buncos: Bev Woods. Most Games: Bevis Metzler. Booby: Diane Vargis, Joyce Sofranic.

Winners for September 23 — Most Buncos: Linda Solomon. Most Games: Bev Woods.

Booby: Geri Panyko, Yoshi Pulgar, Angelina Epstein.



Bunch Winners!



Lets give thanks for Sun City Bunco ladies! We will do the turkey trot from table to table in honor of Thanksgiving month. We play in the card room at the lodge on the 2nd and 4th Monday of each month! If you can roll dice, you are already a player, in need of a friendly bunch of women. The cost is \$4. Sign-in starts at 8:30am and we start playing at 9am. Good way to meet neighbors and loads of fun. Please join us! I joined because it was one thing I didn't have to commit to, but that ended when I found it so much fun I hardly ever miss now. Give us a try! You'll be thankful you did.

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Every month people in Sun City turn to our pages for the latest on community news!

Read online at: www.SunSeniorNews.com

Phantom of the... Winery?

Enchantment is once again the focus of a beautiful evening planned at Wise Villa Winery in Lincoln, CA! For one night each year, Wise Villa Winery takes an evening to embrace the magic and fun that wine is truly all about. Join us as we roll out the red carpet for this elegant event. For one magical night this year, Wise Villa Winery will turn into an extraordinary place where fairy tale dreams are possible! Come dressed in your finest attire adorned with your most exquisite and fanciful masks.

This enchanting night will feature a beautiful lighted Cinderella carriage, two dance areas (ballroom dancing and lessons inside our Tuscan-style bistro and a live DJ inside of the winery), a complimentary glass of our award-winning sparkling wine upon entry and as well as for our celebration toast, delicious hors d' oeuvres, and more!

Masks and upscale attire are highly recommended, think suits and cocktail dresses. Event will be held Saturday, November 23, 2019 from 6:30-9:30 pm with doors opening at 6:00 pm. General admission \$138.70 each at Wise Villa Winery • 4200 Wise Road, Lincoln, CA. Tickets are officially on sale now - www.WiseVillaWinery.com

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Observations on This and That

BY MARTIN GREEN

More on 9/11: I ended last month's "Observations" with a remembrance of the September 11, 2001 attack on the Twin Towers and a hope, however faint, that the moment of unity that followed could be achieved once again. I was once again reminded of 9/11 by watching a TV program about the effect of the attack on nearby Stuyvesant High School as recalled by a number of students who'd been there. This interested me because back in the Dark Ages I went to Stuyvesant, taking the subway from the Bronx down to 14th Street in Manhattan for four long years. Fortunately, in those days it was relatively safe to ride the subway.

I knew that Stuyvesant had been moved since my time but hadn't realized it had been relocated to southern Manhattan very near to the Twin Towers. One of the students remembered watching out of a window to see one of the crashes and then everyone in his class rushing to look out of the window. I didn't recall that there was so much smoke, so much that it seemed to cover half of Manhattan. Needless to say, the high school building was evacuated; in fact, as I read after Googling, it was closed for a month afterwards and the students had to go to Brooklyn Tech.

The program interested me for several reasons, one being that the new building looked a lot better than the old one I remembered and my research found it was twice as tall, ten

stories as compared to five, and of course much more modern-looking, understandable as the old building dated back to 1905. Another was that Stuyvesant had become co-ed, certainly an improvement over my time there. This happened in 1969 and only after a lawsuit was filed. But the program never answered the first question that came to my mind, which was how did the students get back home on that fateful day. I know that if I had been there, after getting over the initial shock, my main concern would have been - how was I going to get back home in the Bronx. I can only assume that the subways were back up and running later in the day. Otherwise, it would have been a long walk.

More on Tennis: Last month I also observed that sports is so compelling because you never know what might happen and that every now and then a "miracle" does occur, citing as a prime example the victory of one Grigor Dimitrov over probably the greatest tennis player of all time, Roger Federer in the U.S. Open tournament going on at the time.

This turned out not to be the only surprise at the tournament. Serena Williams, the greatest women's tennis player of all time, was beaten by a Romanian Canadian teenager named Bianca Andreescu. This wasn't exactly in the same class as Federer's upset but still came as something of a shock, especially as Serena seemed to be rallying in the second set.

The one thing that Federer and Williams have in common is that both are nearing forty years old so maybe age does catch up with everyone, even the all-time greats.

Pro Football: I also wrote last month that I might have some observations on the pro football season, then about to start, and so here they are. Pro football is probably the most compelling of spectator sports and has provided many examples of improbable results, such as the two wins by my New York Giants over the New England Patriots in the Super Bowl. However, I've always had mixed feelings when watching it, especially in recent years when we've had more and more reports of lasting physical and mental health issues among players. The NFL has taken note of this and has made some changes to reduce injuries. One change is in the rules, and the result has been a notable increase in penalties that slow down the game but it's still compelling watching. And there are as always surprises, not the least of which is that my New York Giants at the time I write are 2-2 under a new young quarterback and the San Francisco 49ers are 3-0. So, once again, anything can happen. (The Giants have since reverted to their usual losing ways. The 49ers are 4-0.)

Baseball on TV: Since we're on the subject of sports, I thought I'd throw in a few observations on baseball. I just watched baseball on TV for the first time this year, Minnesota against the Yankees at Yankee Stadium in the play-offs. As stated above, I consider pro football the most compelling sport to watch. Baseball games move at a

snail's pace and can be boring, something the baseball people are trying to address, without much success, I think. Despite this, the game went on for over four hours; I found watching it interesting.

There's something about the dimensions of a baseball field that seems fitting. The distance from home to first base is 90 feet and batters are either thrown out or make it safely by an eyelash. If the distance was 80 or 100 feet, things would be different. Then there's the battle between pitcher and batter. Ball one and the batter has the edge; strike one and it's even; ball two and ball three and the batter is almost on base; strike two, a full count and it's all even; the next pitch is decisive. Then the batter fouls off the next three or four pitches and the suspense grows. Then if the batter gets on base, there's the duel with the pitcher trying to keep him close and the batter trying to get the jump toward second. And if the bases are loaded with no outs, the drama is really intense. Can the pitcher keep them from scoring or is a big inning coming up? In the game I was watching the Yankees got a grand slam homer, gratifying as I'm a long-time Yankees fan. At any rate, even though I still probably won't watch many baseball games, baseball is still in some ways America's pastime.



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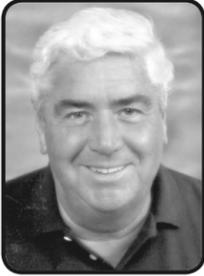
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