

DECEMBER 2019

SUN SENIOR NEWS

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Bob and Georgia Boggs – Duplicating Bridge

BY P.J. CONRADI

Bob Boggs is an expert bridge player. In fact, he has achieved the level of Emerald Life Master, meaning he is in the top one percent of the nation's 156,000 competitive players in the American Contract Bridge League. He should be, and is, proud of that accomplishment, but is quick to point out what he values most about the game is the relevance of proficiency at bridge applied to other facets of life: perseverance, commitment, enhanced memory, analytical skills and logical thinking.

Bob totally enjoys teaching bridge, seeing it as a way of giving back both to the game and to his fellow Sun City residents. He takes great pride and enjoyment from the successes of many of his students. He believes that to learn to play bridge proficiently, one should develop a plan to improve continuously through study and by seeking the advice of better players and partners. One may also enter the world of competitive bridge (duplicate), and continue the process, but without losing sight of the



Georgia and Bob Boggs

PHOTO BY KEN SHAHOLAN

fact that no one can ever know all there is to know about the game. What Bob stresses in his teaching is that you should look at the game as a lifelong learning process that will improve many other aspects of your life. Bob credits bridge with much of his success in life, and to say that he has overcome a lot is a huge understatement.

Bob was born in Kentucky to a disabled WWI veteran who suffered from what we now

call Post Traumatic Stress Syndrome, and his teenaged wife, who was some twenty-plus years younger. Two years later, Bob's sister was born. They were living in South Carolina when his mother realized her marriage was doomed and ran away to California. Their father put them in a Presbyterian orphanage where they stayed until Bob was sixteen. Having assumed their mom was dead, they were surprised when she reached out by letter. They subsequently moved to live with her in Long Beach, California and then learned that she had been pregnant when she fled, and that they had a brother.

Looking back, Bob is grateful for the efforts of the orphanage staff, recognizing that they taught him perseverance, instilled in him a good work ethic, and gave him a good education. He also enjoyed playing football.

Family life in Long Beach was not optimal, and at seventeen, Bob joined the Coast Guard. He earned his high school diploma during

(cont' on page 33)

SCR Foundation

A charitable service organization by and for the residents of Sun City Roseville

BY TONI FISHER,
Public Relations Director



We Have Had
Quite A Year!

As we put the lid on 2019, we look back on the many successful events and services provided directly by your Foundation or indirectly through our funding of Association programs like the Speaker Series and Sunshine Services. Many residents enjoyed the two Bingo! afternoons and the Annual Golf Tournament; many also benefitted from the helpful services available to all residents.

Last month, a happy gathering of residents enjoyed the Casino Night, "Welcome to the Roundup!" Director Nancy Schubach again organized a very successful evening with good food and enjoyable dancing and gaming, culminating in the awarding of great prizes. A helpful group of volunteers offered their time and talents to assist at all stages of planning and running the evening. We thank Phyllis Melberg, Linda Vincent, Diane Gard, Colleen Tovey, Joy Winston, Elizabeth Gustafson and Linda Breninger for their contributions which made for a successful evening. Additionally, supporters donated a great assortment of

(cont' on page 30)

Sun City Singers

BY JACKIE PROETT

It's December and time for our concert, OUR CHRISTMAS WISH LIST. The date is Monday December 2, 2019, 7pm in the Ballroom. Tickets are \$12 each. There may be a few left.

Remember when we were kids how our Wish Lists were filled with Baby Dolls or Trains and as we grew, it became skates or bikes and later it was about teen-dreams. Our Wish Lists were always all about us. But now that we are grown up, we hope our wishes are more about others, about a world that needs love, not hate. Let us all be more grown up this Christmas.

Our Concert, as always will be filled with traditional Christmas Carols and decorated with fun and touching moments. After all, isn't that what Christmas is all about? Santa will be there to find out who's been naughty or nice!

Our whole year has been nice! We had a very successful June Concert. We luckily add new members all the time. Nancy Johnson, an Alto, joined us in November and as she can read music, she will sing in our Christmas Concert. It is also nice that we celebrate each other musically and socially.

If you are interested in joining us, we start again on Monday January 13. 2:30 Back of the Ballroom. Rehearsing on Mondays will be a big change and challenge for us, but in the long run, a blessing in disguise. Turn in your Concert music at that time and prepare to receive new music.

We know you'll love our concert, it kicks off the beginning of December celebrations.

It reminds us that music and entertaining and sharing make a haven from a cold, dark world. That's our wish.

It's time for our winter nap. Merry Christmas!

• • •

Music and Laughter

BY JANE BOHN

Wow. What a night. What a crowd! Yes, it was another sell out crowd for Lisa Marie's performance at our Music & Laughter gathering. Thank you all for the huge response requiring us to add additional seating. Lisa Marie, who incidentally was born prior to Elvis' daughter, surprised us all by bringing her exceptional accompanist, singer/guitarist, Scott Slaughter. Scott has quite an extensive musical background having backed several well known headline celebrities including John Denver. Together, Lisa Marie and Scott performed a variety of sweet harmonious and fun songs bringing rounds of thunderous applause. Always a special treat, this mom got to harmonize with her daughter once again, to their signature song "Sentimental Journey." Our prize recipients were as follows: 1st prize \$10 to Nancy Pontier, 2nd prize of \$10 to Arlette Bennett, 3rd prize of \$5 to Helen Bisenius, 4th prize of \$5 to Paul Kick, our 5th, 6th and 7th prizes included wine, cider and dark chocolate pirolines which went to Lois Carlson, Joan Jeffrey and Ken Coyne. The audience, along with mom and dad, got in the act harmonizing to their final song "Country

(cont' on page 3)

**Pleasant Grove Community Church
Women's Ministries**

Christmas Traditions

Saturday, December 7
11:00 am—1:00 pm
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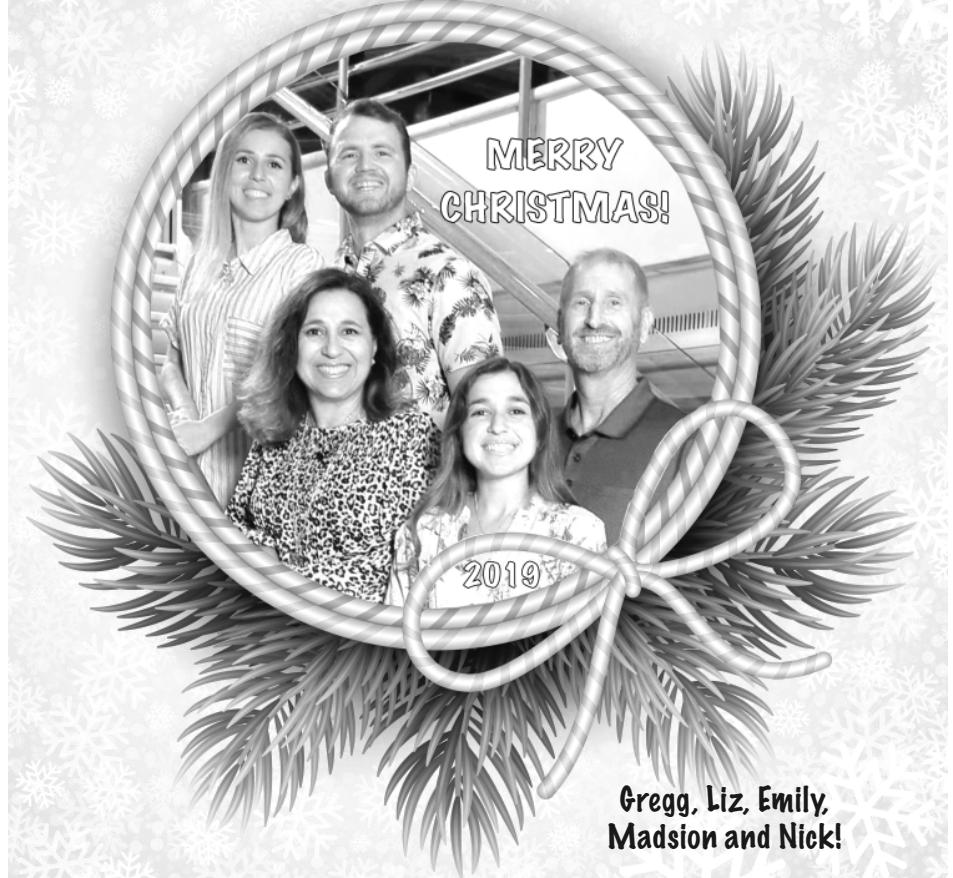
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From the Editors



From our family to yours — we wish you the best of this Holiday Season!



**Gregg, Liz, Emily,
Madison and Nick!**

Music and Laughter

(cont' from page 1)

Roads" which left all of us on a spiritual high. It was by far the most entertaining show for Music and Laughter to date. Special thanks to Richard Paine who patiently put up with us as he videotaped the show, our greeters Maria Hajgato, Susan Edie and Jane's assistant Nancy Stetz. Our fun group will not be meeting in December due to various club activities and parties held at our Sierra Pines Lodge. Hope to see you all January 8, 2020 at 7 o'clock when we resume our "Open Mic" hour format. Look for flyers in the Club and Group section on the left as you enter the main lodge. Here's wishing you all a healthy holiday season surrounded by precious friends and family, filled with plenty of "Music and Laughter."

• • •

All Tuned Up

BY LETHA DAWSON

Thirty-five hot and sometimes sleepy musicians meet weekly in the Ponderosa Room of Sierra Pines at nine o'clock on Thursday mornings. They unzip their guitar cases, pick



(cont' on page 4)



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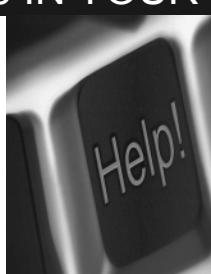


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All Tuned Up

(cont' from page 3)

up their harmonicas, tune their ukuleles, and make music. Sitting in a circle lets them hear the harmonies when the whole group sings "You Are My Sunshine," or "Old Man River." We have new members this month, Roger McKee, and Cheewah James. Welcome! ATU's next concert for the community is set for March 31, 2020, in the ballroom.

• • •

Harmonicoots

BY BUD GARDNER

The holidays are upon us. The Coots would love to perform caroling for you and your neighbors any of three dates: Dec. 11, 12, and 13 in the evening. Please contact Bill Hartman at 916-771-4234 to schedule. We will play a holiday gig for the Sunshine Services luncheon on Dec. 2, and another for the Sierra Pointe retirement home on Dec. 3. We will play for the Veterans' Pearl Harbor Day Program, on Dec. 7. You're all invited to our Holiday Concert in the Timbers lobby on

• • •



Coots' Halloween Party photo by Richard Paine.

Tuesday, Dec. 10, at 5:00pm.

The energy and camaraderie of the Coots is at an all-time high. For example, our last meeting in November fell on Halloween, so we all showed up wearing costumes. Head Coot Bud Gardner and wife Jennifer - King Arthur and Queen Guinevere; Mary Ann Chittick - Cat Woman; Sandy Chandler - Holstein cow; Bill Kimura - pumpkin; Lou Leger - Superman; Belita Anatolio - sheet music; Gary Mills - highway worker; Brian West - English bobby; Steve and Amy Cho - Uncle Sam and a little devil; Ray DeBenedetto - Grumpy Grandpa; Carolyn Winter and Linda Aug - witches; Ethel Nihei - tourist; Lucy Martin - a Cheetah; Gene Preston, Dennis Hellman, Dick Conzelmann - sports fans; Fred Laurice - Steam Tunk; Tom Eccleston - an Old Happy Wanderer - Joe Lopez - a Mexican Troubadour; and a host of others who wore Halloween themed clothes.

After an excellent performance by 22 Coots at the Veterans Club meeting on Nov. 6, President Lee Schaefer and Program Chair, Mike Wedenmeyer, presented the Coots with a framed certificate of appreciation for their valuable support across the years.

• • •

SCR Dance Club

BY LINDA AUG

We had warm and sunny weather in October, but nothing was as HOT as Salsa Fever held on Oct 16 in the Timbers Ballroom.



Dancers having fun at Salsa Fever!

Thank you to dance instructors Deisy and Robert Hawck who led the large crowd of dancers in a Salsa lesson followed by an evening of dancing and fun.

There was no rest for the Dance

Club in November as Jeanie Keener held three special classes for those dancers wishing to brush up on their Line Dance steps. These are dance numbers that will be featured at the Holiday Dinner Dance on December 3rd. "Getting in the Holiday Mood" is just around the corner with a spectacular line up of entertainment provided by several dance groups. Look for your friends in Beginning Tap, Tap and Jazz, Clogging, Line Dance and Ballroom as they entertain guests with their dance steps.

While we close 2019, the Dance Club will be ringing in 2020 with many classes, workshops, socials and dance parties. We wish you a wonderful holiday season and look forward to dancing with you next year!

Deck the Halls with lads and lasses
Fa La La La La La La La
Check the Kiosk for times of classes

(cont' on page 5)



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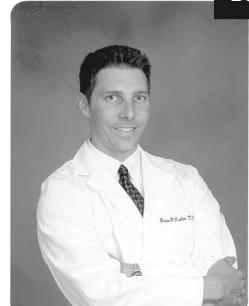
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Club News

(cont' from page 4)

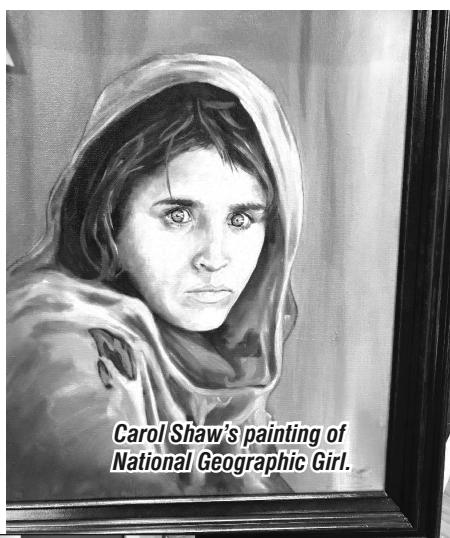
Fa La La La La La La La
Dance your way to fun and fitness
Fa La La La La La La La
Classes resume right after Christmas
Fa La La La La La La La
See you on the dance floor.
• • •

Fine Arts Club

BY JEAN STEPHENS

Our artists have been extremely busy as usual. Many entries were sold at the Craft Fair in November and many entries were presented for the designated artwork for the upcoming Art Show and Sale in March 2020.

Our October meeting was interesting for many as not all of us were aware of the local opportunities to be stimulated artistically. Mary Tess Mayall, a director at the Blue Line Art gallery presented the widely varying range of subjects covered at the Blue Line. There are adult and youth



Carol Shaw's painting of National Geographic Girl.



Jan Newburn with Mary Tess Mayall from Blue Line Art Gallery.

workshops available through December of 2020. There are showings of many different artists in their very sophisticated gallery. They are located at 405 Vernon Street Suite 100, Roseville.

The drawing was won by Jan Newburn. The artist painting of choice, winning a \$20 gift card, was Carol Shaw for her painting of National Geographic Girl.

The meeting in January will feature

Traci Owens as the demonstrator. She is noted for her paintings of faces done in oil. Our usual meeting is held on the second Thursday, January 9 at 1:00pm in the art room.

• • •

Needle Arts Club

BY CAROLYN DESANTIS

Our Needle Arts Club had a stellar Holiday Craft Faire. Thanks goes out to Barbara Davis, Co-Chair, Elaine Tom - Bake Sale Coordinator, Margaret Sweeney - Hostess Committee, Emily MacWilliamson - Café, and Eva Freeman - Advertising, Barbara Aaberg - made sure we had all our supplies in order and Janie Monahan who organized our Phone Tree for the bake sale. All of their volunteers.



"Loose Threads" quilting group holding one of the 5 quilts they donated to the Sun City Veterans and Patriots Club in honor of Veteran's Day — Irene Elson, Judy Singleton, Janice Reding and Cam Jensen.



Showing their handmade Thanksgiving aprons that were made in a class taught by Jean Sandford — Gail DeVitt, Jean Sandford, Carolyn DeSantis, Janice Shreve and Judy Singleton.

Up next we have our Annual Holiday Home Tour for our Needle Arts Members only.

Individual groups will be having holiday parties throughout the month. However you celebrate the Holidays our Needle Arts Club wishes you a safe and happy holiday season and prosperous New Year!

• • •

(more Club News cont' on page 9)

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From Your Placer County Supervisor

BY BONNIE GORE — *Supervisor
Placer County, District 1*



I am nearing completion of my first year as your County Supervisor and I wanted to share about progress we have made in 2019. After being sworn-in, I got to work strengthening relationships with our local cities. Supervisor Kirk Uhler, County CEO Todd Leopold and I are meeting regularly with Roseville Mayor Allard, Vice Mayor Bernasconi and City Manager Dominick Casey to have frank and open conversations on subjects ranging from the impacts of new development, to homelessness and what services can be jointly provided to our residents. One small but important victory stemming from these meetings was the addition of new ADA parking spaces at the Roseville Veterans Hall. Also, I am working with Supervisor Robert Weygandt and leaders in the City of Lincoln to explore ways the County can work with them to help address their city's ongoing issues.

Communicating with you, the residents of District 1, has been my first priority. My monthly newsletter is meant to serve as a

consistent update on County issues, highlighting departments which serve you and the resources available. If you have not already done so, I encourage you to subscribe to my monthly newsletter which is accompanied by a short video highlighting each month's topic. You can subscribe by visiting <http://Placer.CA.Gov/District1Newsletter>. I am committed to ensuring our residents are aware of what is happening in our county. In August I held a town hall meeting attended by over one hundred residents. I look forward to hosting future meetings to continue our dialogue.

In my April 2019 newsletter, we discussed the plan for Baseline Road. I regularly hear from residents about the frustrating commute on Baseline Road. Expediting some of the improvements on Baseline is a top priority for me so we can alleviate traffic congestion along this thoroughfare.

I look forward to working with you in 2020 and wish you a very Merry Christmas and Happy Holiday season!

From City of Roseville

Easing highway congestion—what can be done?

BY JASON SHYKOWSKI, *City of Roseville Public Works Director*

Nobody likes being stuck in traffic, especially during the holidays. Key projects like the Interstate 80/Highway 65 Interchange Improvement Project and the Highway 65 Widening Project are vital to relieving congestion and improving safety. What's missing is local funding.

Decades ago the state and federal governments used to pay for about 90 percent of all major transportation projects. As money grew scarce and political priorities shifted, they started funding less and putting the responsibility on local governments to fund transportation projects.

Now, local governments must provide a large local transportation funding "match" in order to receive any state or federal project funding. A funding match through a local transportation sales tax is the primary means of local funding authorized in state law.

As one of the largest counties in California without a local transportation sales tax, Placer County is ineligible to receive many transportation funds from the state and federal government.

Developer Fees and Gas Tax:

Residential, commercial and industrial developments pay fees for the transportation impact of new projects. The state constitution dictates that developer impact fees can only pay for the affects created by their new development. Fees can't be used to pay for existing needs. Developer impact fees in the

region are currently set at the highest amount allowed. Any increases would be considered an illegal tax.

While gas taxes can pay for potholes and road repairs, only a portion can be used for projects that add capacity to our roads. Also, neither property taxes nor Measure B revenues contribute to regional transportation projects like freeway widening.

Funding Shortfall:

Together, state and federal gas and excise taxes, and developer fees are projected to generate around \$1.9 billion over the next 30 years in the Placer County region. This is far short of the \$3 billion needed to improve local south Placer freeways to meet current and future demands.

If a local transportation sales tax were generated for south Placer County projects, it would stay in the county and be managed locally. The state and federal governments could not divert these funds for other uses.

With the recent passage of Assembly Bill 1413, south Placer cities can create a special tax district. Previously only individual cities or entire counties could pursue a transportation sales tax. An attempt to pass a county-wide transportation sales tax in 2016 failed by a small margin. However, support for the measure in south Placer was well above the needed two-thirds majority for passage.

See the plan to keep south Placer freeways moving, and other regional transportation improvements, by visiting keepplacermoving.com.

Neighborhood Watch/Citizens Patrol

Holiday Safety Tips

BY P. J. CONRADI

When you go to the mall this month, merchants and thieves alike will be hoping to profit, so, here is the same ole advice.

- Shop with a friend(s). There is safety in numbers. Openly discuss safety as a reason you want to partner up.
- Loitering thieves look for folks stuffing things under the seat, so, before you leave home, put in the trunk any valuables you won't be carrying.
- Do not dress up. Sorry ladies, but expensive attire and bling are magnets for knuckleheads. Carry only the charge cards and ID you will need—in a front pocket.
- As you arrive, scout the parking area for knuckleheads lurking about and watching. After dark, park in well-lit areas. If you become wary, keep driving.
- Whenever you return to the car, look for knuckleheads lurking about and watching, particularly if you see flyers have been placed on your car windows. If you become wary, go back inside and ask mall security to escort you.
- Whenever you return to your car, have your keys ready in your hand to enable you to either hit the panic button, or promptly open your car. Don't be the person setting your packages down and then fumbling
- If you lose your credit or debit card, promptly call the company or bank, from the mall, so it will be cancelled immediately. Do not go home first. You want to enable the capture of the thief trying to use the card(s) while still in the mall. You can likely obtain the correct phone number from another shopper's card, and borrow a phone.
- Give children a plan for if you become separated. Absent cell phone communication, instruct them to stay put, to step into a store and contact a clerk. They should know you will look for them by going store-to-store where you last saw them. Ensure they know your name, their name(s), addresses, and phone numbers, or have it written down.

around for your keys.

• If you are approached by strangers, yell at them ("What do you want? Or "Leave me alone") such that you will draw the attention of passersby and/or security.

• If you bring packages back to the car, planning to go back into the mall for more shopping, lock the packages in the trunk, or otherwise cover them. Consider driving away, then returning to park elsewhere, so you appear to be an arriving shopper.

• If you lose your credit or debit card, promptly call the company or bank, from the mall, so it will be cancelled immediately. Do not go home first. You want to enable the capture of the thief trying to use the card(s) while still in the mall. You can likely obtain the correct phone number from another shopper's card, and borrow a phone.

• Give children a plan for if you become separated. Absent cell phone communication, instruct them to stay put, to step into a store and contact a clerk. They should know you will look for them by going store-to-store where you last saw them. Ensure they know your name, their name(s), addresses, and phone numbers, or have it written down.



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Executive Director Comments

Timbers Restaurant a Success - Thank you!

BY EARL WIKLUND

The Timbers Restaurant continues to be a bright spot within the Community where residents and friends come to visit and share friendships. Since the restaurant reopened in December 2016 with the major renovation of the restaurant and lounge completed, the Food and Beverage Department has increased revenue \$1.2 million dollars per year over the year prior to the expansion. Although Catering is part of this increase, the primary impetus has been Timbers Restaurant which now serves 12,000 to 15,000 customers per month; depending on the time of year.

Many thanks to all the residents and their guests who so strongly support the Timbers. Also, many thanks to Jason Smith, our Food and Beverage Director and Felicia Loe, the Timbers Restaurant Manager who have guided us to this level of success. The Timbers' financial results consistently result in revenues exceeding expenses and has added significantly to the funding of other projects. To earn customer loyalty, we strive for good customer service, better than competitive prices and great menu choices by changing the menus three or four times a year and rotate resident favorites.

I think we have all heard that the restaurant business is a tough business to be successful. This is particularly true now

where we see many new competitors, low unemployment but rising wages and steep increases in ingredient costs. But the business is also tough from the aspect of pleasing all of our individual patrons who all come with different expectations, culinary tastes, dining customs combined within an individual price value standard. Eating out is personal and we understand that dynamic. If we fall short with your customer service expectations, please let your server know or speak to a manager or supervisor; there is one available at all times. We'll make it right.

During the past six months we have welcomed a new Executive Chef, Darren Celebrado and promoted a new Sous Chef, Andrew McLellan who both bring many years of experience for both the restaurant and the Catering side of business. Still heading up Catering is Jenny Giallanza, our Catering manager who has helped produce two consecutive record years in catering financial results. As an example of our strong catering activity, we recently took 675 reservations for Thanksgiving Buffet within 8 days of opening the event up for sales. We continue to build an exceptional food and beverage business and team, all to serve you and hopefully delight you with our culinary skills for both the restaurant and for banquets.

If you haven't visited the Timbers Restaurant recently, or are thinking of coming again with friends, we welcome you to the Timbers dining experience to enjoy an outing with family and friends. Enjoy your Community each day.

Sunshine Services

BY KAREN WALKUP

Medical Equipment Loan Program: The medical equipment loan program is intended to provide

emergency short-term loan of equipment to Sun City Roseville residents. Transport wheelchairs are loaned out for no longer than one month. Wheelchairs, two-wheel or four-wheel walkers, canes, and knee scooters can be loaned for up to three months. We also have ice machines which can be used to alleviate joint replacement surgery pain. Ice machines are limited to two weeks at a time.

Our immediate need for volunteers is for someone somewhat mechanically inclined to provide maintenance on the medical equipment (we will provide training). If you are interested in volunteering for the Medical Loan Program, have any questions, or need more information, leave a message for Director of the Medical Loan Equipment Program, Sue Sequeira, at 916-367-1695.

Senior Discounts: Our yellow "We're Here to Help" flyer, the slots near the Admin.

Office, contains information about utility discounts, free medical programs and free tax preparation. Sunshine also likes to dispense useful information such as offers on senior discounts at restaurants. Be sure to ask before ordering if these discounts still apply.

- Applebee's: 60+, 10 to 15% discount.
- Boston Market: 65+, 10% discount.
- Carrows: 55+, Senior menu w/ discounted prices.
- Chili's Grill & Bar: 55+. 10% discount.
- Country Kitchen: 55+ senior menu or discount.
- Denny's: 15% off for AARP members, 55+ senior menu.
- Elephant Bar Restaurant: 60+, 20% off orders for Senior Explorer VIP members.
- Golden Corral: 60+, discounted meals at specific hours.
- IHOP: 55+ senior menu.
- Piccadilly Restaurant: 60+, 10% discount w/ Piccadilly Prime Time for Seniors card.
- Ponderosa Steakhouse: 60+. Discounts or senior menus.
- Village Inn: 60+ 10% discount, some have senior menus.

Thought for the Day: Hope smiles from the threshold of the year to come, whispering, "It will be happier." – Alfred Tennyson



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Creative Arts Club

BY JILL PHARRIS

You don't have to become the world's best in order for a new activity to be meaningful. You don't even have to be good at it. You can just do it because you enjoy it or because you like spending time with those you are doing the activity with. In other words, doing what you like with the people you like is time well spent!

The creative arts club has several groups. Each has teachers and/or mentors to help you along the way. The ceramic group paints on green ware. Mosaics creates pieces using different shapes and sizes of tiles. This group has made stepping stones, garden art, trays, and more. The card making group makes beautiful and original greeting cards. Decorative painting enhances all sorts of things, Christmas ornaments, wine glasses, trays, even garden rocks. Pottery shapes clay into unique designs. The stained glass and glass art groups work with beautiful colors, giving glass a new life. The class schedule and open studio times are posted just outside the door to the creative arts room. One of these activities may interest you.

Trying something new may add a little adventure or spark to your day. It will certainly lead to new friends in your life.

Wishing you the very best Christmas and a Happy New Year!

• • •

Cinema Group

BY CHARLYN ROSS

'Tis the season, and a lovely reason for a Holiday break.

No meeting in December.

Best wishes for a Fun-filled, Holiday Season, and a Healthy, Happy New Year!

• • •

Singles

BY COLLEEN BECK

All the holiday festivities have already started. Every club has a celebration of some sort with lots of food and friendship. We are so blessed to live here and enjoy all these activities. Being alone and lonely in December (as well as the rest of the year) seems impossible in Sun City. Be sure to greet all your friends with cheer and thankfulness.

Hope you all have your tickets to our outstanding Christmas Party. The menu includes Prime Rib for \$42, Salmon at \$35, Chicken Saltimbocca for \$34 and Pasta Primavera at \$29. All the dinners include Salad, Tuxedo Truffle Mousse Cake and coffee or tea. The dessert sounds heavenly. Non-member guests add \$2 to the price.

Susan Bourquin is our Chairperson and her committee includes Vicki Schmuhl, Janice Shreve, and Leora Crammer. The Crystal Image Band will play listening and dancing music until 9:00pm. Doors open at 5:00pm for no-host refreshments and dinner is served at 6:00pm. Wear your fanciest outfit and enjoy a lovely evening with old friends and make

new ones.

Several other members deserve thanks from all of us. Pauline Battle served as Membership and was on the council for many years, but she moved to Roseville Commons. Shelia Martin started an afternoon of card games in the bridge room on the first Sunday of any month that the room is available. Our outstanding chef, Jill Carmena, prepared a complete Thanksgiving dinner at our third Saturday Social in November. With members like this, Singles will always be successful.

Our ongoing activities are Canasta (Cela Armstrong at 916-782-4722), Hand and Foot (Elaine Pitt at 661-202-8835), and Mexican Train Dominoes (Janet Shreve at 916-773-1816). Learn the game and join a group.

Singles is open to anyone living single in Sun City. Contact Marina Tan, Membership Chair, at 916-771-7913.

• • •

Boomer Generation Club

BY CAROLE MCCULLOUGH

Can you smell the Christmas cookies baking and feel the excitement in the air? Yes, the Holiday Season is in full splendor.

Don't forget to Save The Date, January 25, 2020, for the Boomer Generation After Holiday Party. Your council is planning a festive event to drive away the holiday blues. A delicious dinner will be served followed by dancing with The Rhythm Method 4 band. Wear your dancing shoes and come join in the fun. Watch for the flyer and visit our website for more information.

Our Spaghetti Bingo event was held on two separate nights this past November. Comments I overheard from members were how wonderful it was to sit at their table and be served family style, share food, and play an unusual game of Bingo!

Featured SIG (Special Interest Group): The Wine SIG held its last get together for 2019 at the Sierra Pines. At each event a theme is picked and everyone is asked to bring an appetizer to share and a bottle of wine from the theme area. Grapes grown in the northern states was the theme this time. Please contact Michael or Pam Hemingway or visit our website for more information.

It's never too late to join the Boomer Generation Club, if you're young at heart or just like to socialize and have fun you are part of the Boomer Generation. Start the New Year off by joining us and make new friends and memories.

• • •



(more Club News cont' on page 10)

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SUN CITY AT A GLANCE, OCTOBER 31st

SUN CITY ROSEVILLE OCTOBER SALES

Homes Currently for sale: 9
Homes Currently Pending: 14
Homes Sold in October: 8

Average List Price: \$493,694
Average Sales Price: \$487,425
Average Days on Market: 22

Homes Sold in October

Address	Area	BR (Poss) (FH)	BA (Poss) (FH)	Prim SqFt	Listing/ Sale Price
5209 Dreamgarden Loop, Roseville 12747	2	2 (2 0)	1334	\$382,000	
4809 Winter Haven Way, Roseville 12747	2	2 (2 0)	1102	\$382,500	
7373 Timberrose Way, Roseville, 12747	2	2 (2 0)	1334	\$415,000	
7248 Pineschi Pl, Roseville, CA 9 12747	2	2 (2 0)	1476	\$427,500	
5026 Dragonfly Ln, Roseville, CA 12747	2	2 (2 0)	1547	\$460,000	
7525 John Henry Ln, Roseville, C 12747	2	2 (2 0)	1799	\$465,500	
508 Cold Stream Ct, Roseville, C 12747	3	3 (2 1)	2362	\$607,000	
7444 Goose Meadows Way, Rose 12747	3	3 (2 1)	2538	\$759,900	

FOR SPECIFIC QUESTIONS CALL 916-213-1320

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Heartland Club

BY RAYANN GOLDA

January 25, 2020 (Saturday) means it's Chili Time at the Heartland Group. Also featured will be Cornbread, Salad and Dessert. Elvis Presley will again make an appearance just for us!

It will be held as always at Sierra Pines at 6:00 pm. The cost will be \$12 per person or \$15 for resident nonmembers. You can mail your check to "Heartland Club" Ray Ille, 5416 Campcreek Loop, Roseville, CA 95747) Phone: 916-780-1660 Membership is \$3 per resident per year.

The Heartland Group is open to all Activity Card (previously referred to as Association Membership Card) residents of Sun City. We think you will be comfortable with the group whether you are single or couples. There you have it; a mix of residents who come to have some fun. You won't be disappointed.

The Heartland Group meets four times a year usually on the last Saturday of January, April, July, and October. The membership year runs from July to July.

Happy Holidays!

Questions: Joe Flores (President) 1-916-580-3787.

• • •

SCR Travel Club

BY GWEN MYERS

The Council wishes you the best of holidays and that 2020 finds you enjoying trips to many places in the United States and all over the world!

2020 Tours —

February 11-24: Treasures of Egypt – Contact Vicki Evans, evans1953@gmail.com
CLOSED

March 9-13: Spring Training in Arizona. Contact Pam Cabezas, pcabezas@surewest.net, 916-773-1561

April 14-20: Two-Steppin' to Texas – San Antonio, Fiesta, Ft. Worth and Dallas. Contact: Joy

Winston4094@comcast.net, 916-773-2479

April 28-May 6: Tulip River Cruise – Contact: Phyllis Melberg, pmmelberg@surewest.net, 916-789-0478.

July 13-26: Crystal Cruise Symphony – Scandinavian Splendors, Stockholm to Dover. Contact:

Beverly Lewis, bevlewis@outlook.com, 916-740-3695

August 2-6: Seattle, San Juan Island – Friday Harbor, Boeing Tour, Whale watching, Victoria BC and more. Contact: Gregg Hutchison, gkhutch@sbcglobal.net, 916-740-3695.

September 18-29: Croatia and Its Islands. Contact: Beverly Warrington, fwrcracing@hotmail.com, 916-783-4426.

September 30-October 5: Albuquerque Balloon Festival and Santa Fe – Contact

Barbara Wells, barbwells@comcast.net

October 12-20: Niagara Falls and New York City – Contact Valerie Rice, rice741916@comcast.net, 916-771-5661

2021 – Planning stages: Africa, Ireland/Scotland, Spain/Portugal, Repositioning Cruise,

New Zealand/Australia and lower U.S. National Parks (ie. Grand Canyon, Zion, Bryce).

Next Planning Meeting – January 7, 2020 at 1:30 in the Club Room.

Next Council and General meetings, January 27, 2020 in the Ballroom - Council meeting at 1:30; General meeting at 3 pm. Speaker TBD.

• • •

Postage Stamp Group

BY TIM MILES

We're into the "holiday" phase of our year as far as meetings are concerned. There are no meetings in December due to the need for room space at the Sun City Lodge for other events.

However, our January meetings are set for Monday, January 13 and Tuesday, January 28, both at 6:30. The meetings are held at SCR Lodge.

Keep in mind that June Stark has arranged an "After-Christmas" dinner at Timbers at the Lodge on January 16. Check with fellow club members for time and cost. We all should have June's email and contact information.

Penpex is the Peninsula Stamp Ex in Redwood City on Dec 7 and 8. Call around

and see if somebody is sharing a ride, if you are interested. Contact Al Capparelli at 916-771-8288 with any questions on the club, ride-sharing, or getting your "old" stamp album evaluated. Guests feel free to attend any of our meetings. We have door prizes, philatelic announcements, and anything needed to reconnect to the hobby.

The new slate of officers is ready for the year 2020 as follows: President is Art Green, V-P is Bob Bartlett, Secretary is Al Raub and the treasurer is Larry Mowrer. We definitely appreciate their service.

In conclusion, we wish you and yours a healthy and happy holiday season!

• • •

SCR Computer Club

BY P.J. PALMER

General Meeting – Happy Holidays! NO meeting in December.

Council Meeting – No meeting in December.

Special Interest Groups (SIGs):

Digital Imaging and Editing – No meeting in December. Learn to edit, process images, and improve your Holiday photos on your computer next year. Call Charlyn Ross at 916-772-1447.

Genealogy – No meeting in December. Happy Hunting/Search for those long lost relatives. Hopefully you'll have some stories and pictures to show/tell after the new year.

PC Forum – No meeting in December.

(cont' on page 11)

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SCR Computer Club

(cont' from page 10)

Topics for more advanced computer users, but all welcome. Alternate leaders of discussions. Let us know if you have a topic you'd like to have discussed.

Android Phone Help—December 20, 3rd Friday, 1-3pm in Computer Room for help with Android Phone and Tablet help with Tom Gottdiner.

All 'Bout Apple – No meeting in December. All user levels of MAC computer, iPad and iPhone. Information: Charlyn Ross, 772-1447 or Dennis Studer, 899-8221.

Photo Sig – December 11: Third Friday, 10:00 am, Computer Room.

December's theme: Photo "Farm to Fork". Members email up to three photos to PhotoSIG916@gmail.com by December 16. Contact DennisStuder-yostuder@yahoo.com.

iDevices – 4th Wednesday is Christmas Day, enjoy the Holiday and your new computers.

Need help with your Computer, Phone, Tablet, Printer? Stop by and pick up a monthly calendar and come into or call for an appointment with the Monitor familiar with your device be it Apple, Android, or ?.

We are always looking for Neighbors that can help Neighbors with their computers, printers, phones, tablets. If you can help please submit your name and "area of expertise" to our Suggestion Box.

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Veterans and Patriots Club

BY PAUL REGNIER

It is December, bright lights, music, our holiday seasons and lots of sales everywhere!

We Veterans and Patriots, here in Sun City, are saying thank you for one more year of friendship as we celebrate all that has happened in 2019. Yes, our Holiday Dinner Dance was on December Fourth in the Ball Room. Yes, we had a wonderful time listening and dancing to the music of the Cocuzzi Quintet. As usual, the sounds of music could only be improved with the sounds of laughter and joke telling.... and oh those stories.

We said goodbye to our President, Donald (Lee) Schaefer and hello to our new President, Mike Wedemeyer. We, also, said goodbye to Manny Hirschel and Mel Nosal. Manny has held almost every office in this club including 4 years as president. He has taken care of events and membership for many years. Mel has been that one man that found our story tellers and put their stories up on the screen for all to see. Manny and Mel have remained, vigilant and steadfast, way beyond where most would have, in order to help train and support those that follow in their very large footsteps. Lee, you have done a great job with your leadership and encouragement. Manny and Mel, thank you is not enough but will have to do for now. We will miss your smiles, your understanding and encouragement at "the table" and at leadership meetings. We will try to fill those size extra large shoes. Please, stay close and say hello often.

To our members everywhere, changes are happening in 2020. We do need to have more members helping out. Preparing an event is just as much fun as being at it. Planning does not take up much time. It's Fun! God Bless.

• • •

Republican Resident Group

BY CAROLE VAILLANCOURT

Please note our annual Christmas holiday brunch is taking place on Tuesday, December 10, 9:30 am. As is the past, please consider donating a door prize for this event.

Please call Carole at 916-81-2468 for information.

We were honored to have had the California Republican Party Vice-Chairman Peter Kuo, as our guest speaker in November. He gave a very inspiring and informative update on the state of the Republican party in California.

The Club & Group News Bulletin Board in the Timbers lobby is kept up to date with our current meeting notice, and also contains our Mission Statement that incorporates a membership application for perusal.

We are proud to report that at the November meeting we welcomed several new members.

Volunteers continue to represent our Group on Courier Day, which has resulted in an increase in membership. Members are encouraged to participate in this activity, it only involves a 3-hour commitment usually once a year. Place call Janice Shreve at 916-773-1816 if interested.

For more information regarding our

active group, or becoming a member please call Carole 916-781-2468.

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SCR Democrats Club

BY TONI FISHER

Our November meeting was as informative and enjoyable as expected as we participated in our annual conversation with our long-time member and dedicated student of politics, Peter Lorenzo. A good turnout of members resulted in many comments and questions from the audience on the current political climate, both locally and nationally. Prior to Peter's arrival, we heard a presentation on a planned development on County land directly north of Sun City between Lincoln and Roseville. Members listened carefully as concerns regarding this plan were spelled out. These revolved around many environmental issues as well as the plan for highly dense residential and commercial construction, likely to cause major congestion in the area with no plans for widening the surrounding roads and directly affecting traffic flow. Resident input to the County Board of Supervisors was encouraged to show our concern over these plans.

This month's meeting is scheduled for December 11, two weeks earlier than our regular meeting date so members can bring their donations of gifts for the Woodbridge School Giving Tree which we support annually. We will gather at 10:00 am at Sierra Pines to enjoy another potluck brunch as we socialize

(cont' on page 13)

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Favorite Restaurants

BY MARTIN GREEN



Georgia Vournas, Beverly's friend and fellow member of the Sun City Singers, is enthusiastic about a new Asian buffet restaurant. She e-mailed: "My sister (Cali) and I were looking for a new restaurant and came across the Golden Koi Buffet in the Nugget Plaza (corner of Pleasant Grove and Fairway) having their Grand Opening. We were expecting a sit-down-lunch but found their buffet exceptional. Pick a plate and start browsing; first the fruit bar and then the food (approximately 30-40 choices) all hot and labeled so you know so you know what you are eating. Then return — get another clean plate for the salad bar and dessert bar. There is a cook grilling fish, shrimp, meat and there is a sushi bar.

"Best thing is the brunch price: Mon to Fri, up to 3:30 pm-\$9.95 seniors. Dinner is \$16.95. Will go again. Don't miss this one."

I believe the Golden Koi is the same buffet that has been in the Nugget shopping center for some time, but under new management. In any case, Georgia and Cali were two very satisfied customers. Among the dishes you can select are appetizers potstickers, egg rolls and dim sum and main dishes chow mein, fried rice, General Tao's chicken, pork ribs, walnut shrimp and baked salmon. There are also the

sushi selections. Beverly and I intend to try the Golden Koi the next time we have a yen for Asian food. The address is 731 Pleasant Grove Boulevard. The phone number is 916-789-8888. Hours are Monday-Sunday, 11 a.m.-9:30 p.m.

Charlyn Ross e-mailed about another kind of eating place, Crepes & Burgers (an interesting combination). She wrote: "It is about 1½ miles south (or is it west) of Cirby and Riverside (Kaiser's new building). Riverside becomes Auburn Blvd. It is located at 8000 Auburn Blvd. The building is a 'red house' that you can't miss. Lots of parking.

"Not a fancy place, just tables and chairs. No booths. It is an 'order at the counter' and they deliver to your table. They are open for breakfast, lunch, & dinner. We tried their hamburger — very good quality, lots of variation. It looked like they had some beer varieties and wine. Their menu is quite extensive. And it isn't that far away."

Crepes & Burgers is in Citrus Heights. As Charlyn wrote, the menu is extensive and goes beyond crepes and burgers. The crepes include "basic," which is cheddar cheese and onions, and others named Hawaiian, Denver, Greek, Mediterranean, San Francisco and California. The menu also offers eggs, which includes scrambled, omelets and Benedicts; sandwiches, soups and salads. There are also pastas such as shrimp alfredo, spaghetti scampi and chicken carbonara. Finally, there are desserts, which offer an array of crepes and stacks, which include pancakes, waffles and French toast. The phone number is 916-735-5143. Hours

are Sunday-Thursday, 7 AM-9 PM; Friday and Saturday, 7 AM-10 PM.

We recently had a visit from our youngest son Chris and his family from Ireland, wife Flindie, son Logan, age 12, and daughter Stephanie, 11. They had a sampling of American eating places--waffles at the Waffle Barn, Asian at the China Villa, barbecue at Lucille's and Mexican at On the Border. I've written several times about the first three so will just report on On the Border, which is another one of those restaurants that Beverly and I went to a long time ago but haven't visited since. On the Border, one of a chain with 150 places in the US, is at the Creekside shopping center, across from the Galleria. It's a pretty large place with both tables and booths and a sizeable bar area. The décor is, not surprisingly, Mexican, lots of brickwork punctuated with brightly colored blankets set around and Mexican music playing.

The menu starts with starters such as firecracker stuffed jalapenos and grande fajita nachos, followed by soup and salad, including chicken tortilla soup and mango chicken salad. Then come enchiladas, tacos and fajitas. The website says that, "our famous fajitas are grilled over mesquite wood and served with warm, hand-pressed flour tortillas, sour cream, pica de gallo, cheese, guacamole, Mexican rice and refried beans. Then come burritos and chimis and favorites such as chimichurri chicken and shrimp, Mexican grilled chicken, Caribbean mango grilled fish and carne asada. You can also create your own combos." I always order tamales at a Mexican restaurant and I found

I could have chicken tamales on my combo.

We had a pretty big crowd at our On the Border dinner and every one was satisfied with his or her selection, with comments ranging from okay to very good to excellent. I thought my combo---two tamales and one enchilada with rice (I didn't ask for the beans) rated a very good. The service at our large table was also very good. I should mention that before we ordered we were served chips with salsa. On the Border's address is 1220 Galleria Boulevard; the phone number is 916-789-2220.

One restaurant we went to with our visitors I didn't mention is Dave & Buster's in the Fountains. I didn't mention it because it may be the world's noisiest eating place. We went there because it has loads of video and other games for the kids and besides our grandson Logan and granddaughter Stephanie we had our other two grandsons, Mason, 15, and Morgan (our son Michael's sons) along. Dave & Busters website says they have "hundreds of games" (I believe it) and says you can get an appetizer or an entrée plus a \$10 power card (to play games) for only \$18.99. For any readers out there who may want to brave the noise and take their grandchildren there the address is 1174 Roseville Parkway and phone number is 916-772-3400. I'll add that early on a Saturday night the restaurant was jam-packed.

As always, I'll ask readers to please share their favorite restaurants by e-mailing me at mgreensuncity@yahoo.com. Thank you.



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SCR Democrats Club

(cont' from page 11)

and marvel at our members' generosity. Specific details of the brunch and the gift project were shared earlier with all members, but if you are new to Sun City and wish to participate, please contact Toni Fisher at tonifisher2@gmail.com or 916.783.0327 for details.

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Rods & Relics

BY ELNA RAGAN

November was a very quiet time for Car Show activities as the year winds down and winter approaches.

There were two breakfast get-togethers at the Twelve Bridges Waffle Farm Restaurant, on the 12th and the 26th.

On November 13, 24 Club members visited the recently moved and newly remodeled Old Town Pizza now located on the corner of Lincoln Boulevard and 6th Street. There was a lively crowd there enjoying delicious pizza on a chilly fall evening. It is always fun to sit with different Club members and get to know them better.

Our General Business Meeting was held at Turkey Creek Golf Club on Thursday, November 21. There will be no General Business Meeting held in December.

Our annual Christmas Party was a great way to wrap up the year. Our Club members enjoyed a delicious dinner of Prime Rib and Turkey with all the trimmings. The tables were festively decorated. The members attending brought an unwrapped toy to be donated to

Toys For Tots. Music was provided by the Fun Company for our listening and dancing pleasure. We even had a Trivia Contest and a Candy Jar guessing game to round out the evening.

We are always looking for new members! If you own a 1975 or older American-made or American-powered vehicle and enjoy getting together with like-minded auto enthusiasts, come out to the get-togethers listed below! Check out our website and become a member of our Car Club!

Holiday greetings to everyone and have a safe, happy, and healthy New Year!

Upcoming Events —

December 1: Christmas Party in the Orchard Creek Ballroom.

December 10 and 24: Breakfast at the Waffle Farm in the Twelve Bridges Shopping Center. Members start arriving at 7:45 a.m. Join us for a tasty breakfast and to catch up on Car Club-related news.

Contacts: Chuck Barnhart, President 916-543-7301 or Mike Caridi, Membership Director 707-849-2834

Website: www.rodsnrelics.net

• • •

Garden Club

BY BARBARA WOOLMAN

Greg Gaylord's talk at our last meeting was delightful! Greg has worked at Green Acres for forty years, and he was full of all sorts of interesting information and amusing anecdotes. He obviously loves what he does, and he patiently answered so many questions.



Greg Gayton of Green Acres Nursery regaled us with stories and plant information at our November meeting.

He brought several plants with him and spoke about all things new in the garden world. We'll look forward to a return visit from him.

The Garden Club Christmas Breakfast is on Tuesday, December 3rd at the Birch and Cedar Rooms in the Lodge. It's \$15 pp, and the doors open at 8:30. The buffet breakfast starts at 9, and it will be followed by our annual gift exchange/swop. Don't spend more than \$20 on the gift, and wrap it before you bring it to the party.

The Garden Club meets ten months a year (no meetings in July or August) on the first Tuesday of the month at 7:00pm at Sierra Pines. Annual membership is \$15.00. Please complete the membership form on the Garden Club resident web page and bring to a meeting or drop it with your check into the small mailbox on the front porch of 6132 Granite Flat Lane. Guests may attend a meeting with a speaker for \$5. For further information, call Judy Singleton at 916-666-7342.

• • •

SCR Birders

BY JANET MORELLI

SCR Birders visited Ferrari Ranch Preserve, a new destination on the Birders field trip schedule, in late October. Sparrows were the most common species sighted (White Crowned, Song, Golden Crowned, and House) although 23 other species were noted (including Bushtit, Belted Kingfisher, Common Gallinule, and Ruby Crowned Kinglet).

Only one field trip is scheduled for December, a trip to the Vic Fazio Preserve at the Yolo Causeway on December 5. Bird watching here will be by auto around the many ponds with occasional stops to get a better view of the many migrating and resident water and shore birds. The last time the Birders were here, they counted 41 species (including Dunlin, Yellowlegs (Lesser and Greater), Snow Geese, White-faced Ibis, and White Pelican). For this trip, meet in the Timbers lobby at 8:00 am, bring a lunch and \$5 for your carpool driver.

SCR Birders will start the new year with a field trip to Cosumnes River Preserve on January 2. We will be birding the wetlands and the river by automobile and on foot. Bring money for your car pool driver and a bag lunch to eat at the picnic tables on site before returning to SCR. There is no admission fee, but bring \$7 for your carpool driver.

SCR residents are always welcome to participate in these field trips, experienced

(cont' on page 17)



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Ambassador Committee

BY DANA EGGERTS

The purpose of the Ambassador Committee is to support the Association through actions and activities to ensure Sun City Roseville continues to be the Premier Active Adult community in Northern California. To



achieve that goal, in October and November the Ambassadors hosted two popular events: New Ambassador Welcome Reception and one of our three annual New Resident Welcome Receptions.

On October 3, the returning Ambassadors welcomed the incoming Ambassadors and their partners with a wine and appetizer reception at Penni-Lu Hansen's beautiful home. It was a wonderful way to introduce the newbies to the group. Everyone had a great time.



The New Resident Welcome wine and appetizer reception was held at The Pines on November 3. It was a nice opportunity for new residents to meet each other, the Ambassadors and learn a little more about our wonderful community. Redell Moore, Sun City Roseville IT Manager, was a guest speaker. Raffle prizes included: Dinner for two at Timbers, a round of golf at Timber Creek Golf Course, two tickets to Capital Pops and Randy Riggle, and two bottles of wine. Great job Sherry Hilger and Linda Aug!

The Ambassadors will have a holiday party in December. Our next monthly meeting will be January 21 at 2:00 pm in the Card Room. Everyone is welcome to attend.

Compliance Committee

BY KATHY CASTEN

Compliance Committee members wish each of you a happy, healthy, and safe holiday season. As you prepare for the many activities that occur during this busy season, please review the following information regarding parking and decorations.

Parking — In order to maintain the aesthetic environment of Sun City Roseville that we all enjoy, on-street parking is prohibited overnight. Vehicles of all owners, residents and their guests and invitees, shall be kept in garages or residential driveways on the

(cont' on page 15)

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Friday, December 13 @ 6:30 pm

Christmas Eve Service
Tuesday, December 24th at 4:00 pm

Sunday Morning Worship • 10:00 AM
(916) 771-4447 • www.pgcc.church

Compliance Committee

(cont'd from page 14)

lot overnight. If you have guests visiting in recreational vehicles, they may park on the street for no more than 48 consecutive hours. Please refer to CC&R's, Section 8.13, for more parking information.

Holiday Decorations — The holidays are a most wonderful time of the year which often includes decorating the house inside and out. Design Guidelines Section 3.04(i) discusses holiday decorations. Winter holiday decorations are allowed from November 15 to January 15. Please remember if you use exterior spotlights to highlight your decorations, they shouldn't shine directly into a neighbor's home.

One More Important Thing — As the chilly winter weather arrives, you might be looking for some indoor activities to fill your days. Would you like to learn more about the workings of our Association, meet new people, or utilize your life skills? Why not plan to sit in on one or more of the monthly meetings held by our SCR Standing and Required Committees? The SCR website lists each of the Committees, their purpose, and their meeting dates and times. After you visit one or more of the committee meetings, you may find one that interests you. Applications for Committees will be accepted starting in May. The Compliance Committee will be the highlighted Committee in January. Please watch for more information about the important work that our committee does for the

community. Compliance meetings are held on the second Tuesday of the month at 9:00 AM and we personally invite you to attend one of our monthly meetings starting in January as we will not be meeting in December.

If you have questions regarding parking restrictions or holiday decorations, please call Ryan O'Connell, Assistant Director of Community Standards at 916-774-3863.

Website Work Group

BY CHARLYN ROSS

The Holiday Season Has Arrived — Between Thanksgiving and New Years Day, signs of the holiday season are everywhere. It is a time for shopping, decorating, cooking, making travel plans, or, perhaps, preparing for out-of-the-area company. There is so much to do in the shortened daylight hours. Nevertheless, the expectation of these joyous times seems to give us the needed energy to persevere.

That's all well and good, you may be saying to yourself, but what has this to do with an article about our Websites? I do have an answer to that question. Let me explain the several elements involved.

By purchasing a home in Sun City Roseville (SCR) each resident, has become an investor in our community. The value of the individual's investment is tied to attracting future homeowners to SCR, as we

pursue remaining the premier, active, adult community in Northern California. Therefore, it is to each resident's benefit to advertise and market our community to the world.

Our Public Website, www.suncityroseville.org has been designed to do just that. The home page with its appealing scrolling photos will surely entice the viewer to want to know more about SCR by exploring the various menus and links.

Still, you might be asking, "What does this have to do with the holidays?" The answer to that question seems apparent to me.

If your holiday guests reside near to our area, the Public Website will inform them about our award-winning golf courses, our fabulous catering service, and our wonderful Timbers Restaurant & Lounge, all of which are open to the non-resident public. If your holiday guests are from out-of-the-area, the Public Website might entice them to consider moving to SCR, to take advantage of all its exceptional amenities.

I think this article adequately ties our Public Website to the holidays. Protect your investment in SCR by advertising and marketing our community whenever you can, especially referring others that you may meet during the holidays, to our Public Website www.suncityroseville.org.

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A+ tier: Install and remove our Christmas lights

A tier: Install and remove your Christmas lights

A- tier: Install cup hooks

Gutter cleaning Varies by home model & tier

A+ tier: Remove debris, check downspouts, and install downspout filters

A tier: Remove debris and check downspouts

A- tier: Remove debris

Window cleaning Varies by home model & tier

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A tier: Inside and outside windows

A- tier: Outside windows

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SCR Birders

(cont' from page 13)

or not. For better viewing of the birds, bring a pair of binoculars or a good camera. During this time of the year, warm clothing is advised because mornings are often chilly.

For more information, contact Janet Zeitman, 916-771-5235 or Janet Morelli, 916-782-6393.

• • •

Cycling Club

BY DIANA RISCHLING

Members had many opportunities to ride and socialize this season.

In October, Mike Wilson led 19 cyclists along trails and neighborhoods around Folsom where the foliage in the foothills was spectacular at this time of the year. Riders were joined for lunch by other club members at one of our favorite destinations, Mexquite Mexican Restaurant. This was also the first organized ride for our Sun City Rovers, led by Dori Zuchold. The Rovers, which meet most Wednesday mornings at 9:00am at the tennis courts, focus on learning safety techniques and building endurance while riding in the Sun City environs. The rides are kept to about an hour and designed for the enjoyment of all participants. Please contact Dori for information if you are thinking of joining this group. It's a great way to get started cycling.

Earlier this year the club enjoyed an educational tour of the Van Dyke rice farm and dryer when rice was growing in the fields. In October, we returned to the Van Dyke farm

after the crop had been harvested and dried. What an amazing sight to see their huge storage barn filled to the brim with rice! Many thanks to the Van Dykes for such a rich educational experience.

October wouldn't be complete without our annual Oktoberfest celebration. Master chef Karl Zuchold, assisted by Jack Ellison and Dori Zuchold, made certain that we had an authentic experience by preparing dinner of grilled brats, chicken, potato salad and homemade sauerkraut. Seasonal beer, a traditional German band and our own lederhosen-clad Carver Sears epitomized the festivity of our party.

To find out more about cycling, attend our monthly meeting on the third Monday of each month (except December) at 8am at Sierra Pines.

Upcoming events —

12/11: Annual Holiday Party - Timbers Ballroom

• • •



Mike Wilson and Carver Sears enjoy Oktoberfest.



Folsom Riders

SCR Hiking Group

BY PETE GRADY

December 2019 Hikes. Remember the meeting time change to 8:45 AM

Join us to try out hiking. You can hike 3 times without joining.

We meet every Thursday at 8:45 AM in the Tennis Court Parking Lot.

Carpooling is organized for the drive to the Trail Head.

Rides vary in cost as do the hike distance and difficulty.

Please go to the SCR Website and Hiking Group to get more details on the hikes.

December 5: Sterling Pointe Loop. #4.5 (moderate). 6 Miles. \$6.00 Ride.

December 12: Robie Point (morning). #3.5 Easy. 4.5 Miles. \$6.00 Ride. XMAS party in the evening.

December 19: Sterling Pointe to Twin Rocks Road. #4.5 (easy to moderate). 5 Miles. \$6.00 Ride. One way – car shuttle.

December 26: Cool to Quarry Trail. #4.5 (easy to moderate). 5 Miles. \$6.00 Ride. One way – car shuttle.

• • •

Water Fitness

BY BARBARA WOOLMAN

The Water Fitness program of Sun City Roseville is now officially under the auspices of the Fitness Center. We thank everyone who has helped run our Water Fitness Club; we couldn't have done it without you.

There will be NO Water Fitness classes the first week in December!

Fitness Center Director Elaine Zilonka will be working on the conversion—all the instructors must now be processed as Association employees, not as independent contractors.

In order to keep up to date with the Water Fitness program, you must have registered your email address with the Association. Information will be coming through via eBlasts sent by the Fitness Director, and if you are not on the Association email list, you will miss out.

The cost to attend a class will be the same as it is for any floor exercise class—\$3 ticket/class. For convenience you may buy booklets of tickets, which can be used for either floor or water classes. Ticket booklets come in two sizes: 10 tickets for \$30 or 18 tickets for \$54. Your FLEX tickets will be honored for any

water class. FLEX tickets have no exploration date.

It's been fun, but now it's time to move on. Sayounara!

• • •

Senior Softball

BY RICHARD EPTING

Our summer softball league would like to take this opportunity to wish everyone a Happy Holidays and a safe New Year. Our new board met on November 4th and made plans for the 2020 softball season. This year we will have a 16 game season and a final double elimination tournament. Our first league game will be on April 1, and the final playoff game will end the season on July 15. Our always very popular Senior Classic All-star game will be on May 6.

In January, our winter practices will resume and will continue through February. The times of these practices and their location will be published in the "Village Courier" next month. Our player draft will be held at the end of February and we will have weekly team practices. Again, Opening Day will be on April 1, and we will have opening day festivities including coffee and doughnuts for our guests. If you are new to Sun City, and want to find out what Senior Softball is all about, you are welcome to attend any of our practice sessions. If you have any questions phone me, Richard, at 916-918-2161.

Our summer softball league would like to take this opportunity to wish everyone a Happy Holidays and a safe New Year. Our new board met on November 4th and made plans for the 2020 softball season. This year we will have a 16 game season and a final double elimination tournament. Our first league game will be on April 1, and the final playoff game will end the season on July 15. Our always very popular Senior Classic All-star game will be on May 6.

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(more Club News cont' on page 18)

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Croquet Club

BY JANE McNALLY

Monday through Saturday mornings members play croquet on the six-wicket and nine-wicket croquet courts. The schedule on the bulletin board identifies which game is being played.

Croquet Club members play three different croquet games. The quickest and easiest is Golf Croquet. This game is played on the six-wicket court. After one player hits a ball through a wicket, everyone moves on to the next wicket. The first player or team to go through seven wickets wins the game.

Nine-wicket Croquet is similar to the game we played as children. Six players focus on hitting their balls through all the wickets. Hitting another player's ball gives you two more hits to move your ball on to the next wicket. You remain "dead" on that ball until you get through that next wicket. We keep track of "deadness" on the boards located outside the court boundary.

Our most challenging croquet game is Six-wicket. Four players choose partners and try to out-strategize each other. We learn to hit balls paying attention to angles. Good golfers and billiards players often have an advantage in accuracy of play. Players try to keep partners apart so they can't assist each other. A disadvantage for a player is to



Monday morning Golf Croquet players.
Janice Shreve, Vicki Sauer, Dorothy Tanner.

be three balls "dead." There are twists and turns throughout the game - no sure win until a final stake hit.

Tips for players to remember: 1. Line up the ball with your mallet and the target before hitting it; 2. Keep your head down when hitting the ball; 3. Use a smooth swing from the shoulders, like a pendulum; 4. Don't stab at the ball; 5. Relax.

Croquet Trivia: During the nineteenth century, croquet was one of the first outdoor sports to embrace gender equality, because it was non-contact, and women could play in long dresses.

• • •

(more Club News cont' on page 19)



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Table Tennis

BY KAREN YEATES

The year is quickly coming to an end and what's the first event on your schedule for 2020? It should be our table tennis post holiday party on Wednesday, January 8. It will be at Sierra Pines and start at 6:00pm. The signup sheets are currently available during our December play times. The cost is \$16 per person and that covers the main courses of honey baked ham, turkey, meat lasagna, vegetable lasagna, beverages and desserts. It also covers the cost for the games and prizes. When you sign up, there is a space to select a side dish/appetizer to bring and also a space to write down your check number and amount. There will be an envelope to put your check in. Please sign up no later than Thursday, December 26.

Speaking of December play dates, as you know our dates in December are generally impacted by all the parties and celebrations of the season and that is true this year. So please make note of the following December dates that we play. December 3, 10, 17, 19, 21, 26 and 28. That gives us 3 Tuesday afternoons, 2 Thursday afternoons and 2 Saturday mornings. Hope to see you there.

• • •

SCR Tennis Club

BY DIANE BARNETT

Winter has arrived! Besides cold mornings, winter brings us two major Holidays that we love to celebrate with friends, family and a bountiful array of delicious food. This year is no exception as the Tennis Club busily prepares our annual Christmas Party that will be held in the Lodge Ballroom on December 9th. The Holiday season is a great time to be a Tennis Club member as we arrive at the Ballroom decked out in our finest attire, ready to eat, dance, and celebrate with good friends. The Holiday Party Theme this year is "Grand Slam Christmas," which celebrates the sport we love in the 4 most prestigious tournaments in professional Tennis known as the "Grand Slams." These Grand Slams are the Australian, French, Wimbledon, and the US Open Tournaments. You won't want to miss the big screen audience participation Holiday songs representing each of the Grand Slam countries.

A no host cocktail party begins at 6 PM with dinner at 7PM. Ladies, bring some comfy



dancing slippers because Crystal Image will, again, be in the House. And, don't forget to arrive a few minutes early to have your picture taken by our resident photographer, John Dixon. We continue to thank John for giving us this generous gift each year, so please pay forward John's generosity with your cash donation to the Tennis

Club's selected Charity of many years, The Gathering Inn.

From the Tennis Club to all of our SCR friends and family, have a peaceful, healthy and joyous Holiday season. Keep a bounce in your step and don't forget that our Tennis Courts and the Fitness Center are the perfect places to do what your body allows to help work off that "generous array of bountiful food." Talk with you again next year.

• • •

He & She Golf Club

BY KATHIE DE VITO

Don't forget to sign-up for the He & She Holiday Party scheduled for Friday, December 6. The sign-up deadline is November 22. Members should have received an email with details. If you have any questions, contact Linda Ryan at (916) 740-2503.

The November 4 Annual meeting was held and the budget for 2020 was approved. The 202 He & She officers were approved as well: President - Kathie De Vito, Vice President - Suzie Everett, Treasurer - Karen Hawkins, Secretary - Chris Bernasconi.

October Play Results:

Timber Creek (18 holes)

October 7 — 1st: Mark & Jo Anne Gregson and Diane Ayres; 2nd: Al & BJ Dumm, Ray Ortega, and Janet Smith; 3rd: Bob & Minell Fredricks, Jean Nakeo and Steve Hennessy.

October 28 — 1st: Ed VanPatten, Stephen Hennessy, Jerri Lehnhoff and Frank Patch; 2nd: Bill & Barbara Wells, Jim Sherrard and Vernita Hillwig; 3rd: Johnice Swallender, Jim Dauchauer, Ray Ortega and Janet Smith.

Sierra Pines (9 holes)

October 14 — 1st: Pam & Mike Hemingway, Heidi Gongaware and Arlene Lizotte

(tie) Terry & Diane Dooley, Robert Reeder and Susan Santini; 2nd: Dwight & Joan Rose, Suzie Everett and Kathie De Vito; 3rd:

(cont' on page 21)



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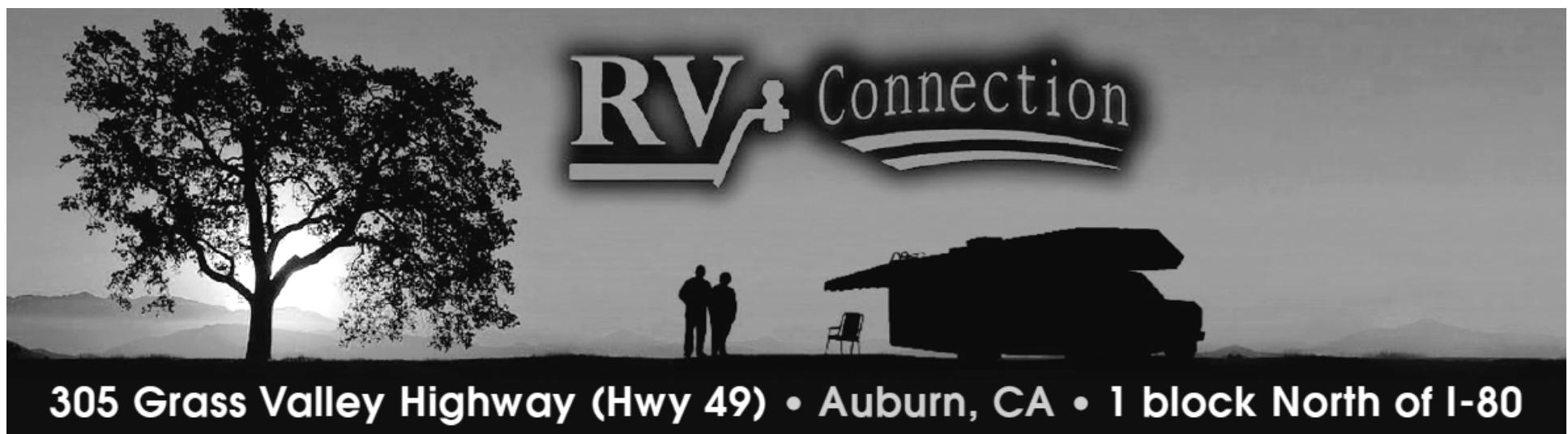
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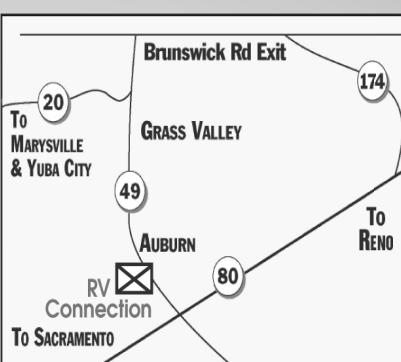
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He & She Golf Club

(cont'd from page 19)

Lou Steck, Pam Cabezas, Roxanne Warloe and Ellen Thomas.

CTP: Women: 1st - Susan Santini 18'3" 2nd - Kathie De Vito 19'5"

Men: 1st - Rudy Warrington 15'10" 2nd - Bob Horning 17'6"

October 28 — 1st: Gary & Nancy Vavul and Bob & Monica Konkel; 2nd: Dwight & Joan Rose, Gary Pelzman and Marge Donnelly (tie) Jim Ryan, Joann Orovitz, Dale Bailey and Chris Bernasconi; 3rd: Michael & Pam Hemmingway and Bob & Frankie Lee Schesser

CTP: Women: 1st - Heidi Gongaware 39'1" Men: 1st - Royce Harnsberger 0'8" 2nd - Dirk Fowler 40'0" . . .

Golden Niners

BY RALPH FRIEND

The time has changed and so has the color of the trees. Our winds have disappeared after the horrible October fires. Electrical outages beset much of the state but, thankfully not Roseville. We are so fortunate! In October the Golden Niners held their quarterly meeting at Sierra Pines. A wonderful bratwurst lunch was provided by Jerry Frederickson and crew. Thank you for the great meal!

A healthy discussion was held by quite a few members about the responsibilities of the team captain. An online discussion was then held with input given to our president. A final recommendation was given to our rules committee with the ultimate decision of the committee being published for all members.

Donations for the First Tee Scholarship are almost \$1,500.00 from the members. However, we voted to commit to more than that. So, if you haven't donated yet, there is still time for you to make that tax deductible donation!

A reminder to all golfers... there is no smoking on the course so as to reduce fire danger. We would also remind members to stay at least 20ft. from the green with your carts. Both of these reminders are course rules!

Start times for Golden Niners are now 8:00am and 10:30am on Tuesdays with "shotgun starts".

New members are always welcome and

can join at any time. They just need to want to have a great time!

The 9ers will have their annual Holiday Party on Wednesday, December 18 at 8:30 at the Ballroom. Again, as in last year the wives or significant others are invited too. Cost is \$14 per person. As usual, very fancy door prizes will be handed out. Make checks out to the Golden Niner and leave it at Sierra Pines before December 10th.

. . .

Sierra Pines Ladies Golf

BY LYNNDA DUNN

Do y'all remember to appreciate our cool crisp mornings? Returned from a short trip to Kansas City couple of weeks ago and experienced snow. Of course, it was only a couple of inches but there goes golf until Spring for those golfers

Denise Roberts and her committee planned a wonderful lunch to welcome Fall. Clever pumpkin centerpieces were a fitting reminder of the changing season with a menu to match. Thank y'all for a fun time.

Another event looked forward to every year by SPLG is a round of golf with the Woodcreek girls. Joy Winston organized, with the help of her committee, the playing as well as pizza following golf. Twenty-four girls were paired with a lady from Sierra Pines to amaze all with their skills. Volunteers are what make our club such a success. Thank y'all!

October Most Improved Golfers

First Flight Pam Hemingway

Second Flight Marg Donnelly

Third Flight Joan Rose



Golfing with Woodcreek High School Girls.



New Members Coffee.

Fourth Flight Debbie Huntington

October Birdies were made by Marg Donnelly, Kathy Fowler, Tena Johnson, Jan Rivera (2), Heidi Gongaware (2), Ellen Thomas, Theresa Howard, and Joann Orwitz. Y'all are getting more and more impressive.

Not to be forgotten were the many Chip-ins made by Pam Hemingway, Barbara Clegg,

Arlene Lizotte, Jan Rivera, Kathy Fowler, Zoaanne Skala, Gwen Picano, Joann Orwitz (2), Tena Johnson, Valerie Wilson, Jackie Burton, Pam Skarg, Joyce Mattison, Debbe Mehren, Janet King, and Arlene Strunk. My apologies if anyone was missed. Kudos to each of you.

New Members were treated to a southern welcome with a coffee at the charming home of Eleanor Dean hosted by Jane Monahan. Y'all be sure to welcome Mary Lou Tarango, Joann Orwitz, Janet Preis, and Diane Smith when you see them.

December golf will continue with one tee time at 9:00am. Isn't it fun to play with the ladies we don't normally see when we have early and late tee times?

See y'all dressed to the nines at the Holiday Luncheon.

The reason the Pro tells you to keep your head down is so you can't see him laughing. A great quote from Phyllis Diller.

Y'all make happy memories his holiday season.

. . .

(more Club News cont'd on page 22)



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Timber Creek Women's Golf Club

BY BARBARA MILLS

It has been an incredibly busy year for our Club filled with so many events. The biggest tournament, our Club Championship, was played on October 9, 16, and 23. Congratulations to the over-all winner, Suzie Everett! The runner-up was Cindy Murphy. Cookie Hennager came in first place from the white tees. Everyone, whether playing in the tournament or not, attended a fantastic pizza party at the Bocce Court on the 23rd to



Play for P.I.N.K. Committee: Barbara Mills, Lois Habein, Nancy Gould and Paula Hau.

celebrate our newest Champion.

Due to the wonderful support of our members during October for Play for P.I.N.K., our Club made a substantial donation to the Breast Cancer Research Foundation, where 100% of funds donated go to research.

The Most Improved Players for October are: Lynne Peaslee (1st Flight), Lynn Pearsall (2nd Flight), and Lois Habein (3rd Flight). Throughout the year our Most Improved Players have been different every month which shows many of our ladies are improving!

The Holly Jolly Tournament is quickly coming up on December 4 and is always a festive, fun day so sign up, wear your "jolly" golf outfits and come out to play in our last tournament of the year.

We end the year with our Holiday Luncheon on December 11 in the Ballroom with the presentation of awards and the eagerly-awaited announcement of the Overall Most-Improved golfer for 2019.

The newly elected officers for 2020 are ready to take over: Vernita Hillwig, Captain; Cheryl Simmons, Co-Captain; Barbara Treleaven, Treasurer; and Robin Shaffer, Secretary.

Just a reminder, our tee times start at 9:00am in December.

Happiest Holidays to All.

• • •

Timber Creek Men's Golf Club

BY TOM DEVITT

The Timber Creek Men's Golf Club (TCMGC) held the annual Match Play Championship during the month of September. 58 players signed up and were divided into 4 flights. The matches were held during the month and the final results saw Tony Garcia winning the Championship flight. Congratulations to Tony for becoming the TCMGC Match Play (scratch) champion for 2019. Chris Jacobson won the Blue Flight, Dean Mandler won the Gold Flight 1 and Les Wieduwilt won the Gold Flight 2. Congratulations to all the flight winners and thanks to all the members that participated. Roger Exline and Tony Garcia won the local qualifying for the 4 ball NCGA Senior Net tournament and then placed 3rd out of 52 teams in regional qualifying which gave them a ticket to Poppy Hills to represent our club in the final. After the two round championship final at Poppy Hills, Tony and Roger placed 13th out of the all the qualifying teams representing over 320 member clubs of NCGA in Northern California. Great job and congratulations to Roger and Tony for a job well done. The Autumn Leaves tournament was held in October. 128 members signed up to play and were divided into 4 flights. The team of Mark Collins, Terry Dooley, Gary Beckman and Tony King won the Indian Summer Flight. The Autumnal Equinox Flight was won by the team of Joey Mastrantonio, Ernie Bell, Ed

(cont' on page 23)

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Timber Creek Men's Golf Club

(cont' from page 22)

Schmidt and Ron Masciovecchio. The team of Bob Bauman, Dennis Demartile, Tom Werth, and Mike Langley won the Harvest Moon Flight and the Falling Leaves Flight was won by the team of Rich McGinnis, Joe Clementi, Pat Daly and Pat Malloy. Congratulations to all winning teams and thanks to all the members that participated.

The next General Meeting of the TCMGC will be on Wednesday, December 4 at 800am in the Timber Lodge Ballroom.

Bocce

BY PAUL KECK

Wow, wrapping up another year!

As of this writing we have winter bocce league in full swing. It began on Oct 31 and is scheduled for 5 weeks, but there will be a few off weeks because time conflicts and weather delays are a possibility.

The bocce club had a "Spuds and Duds" party on October 27. Participants brought gussied up potatoes, and if that wasn't silly enough, they came in costume. Linda Vincent won for best mask. Phyllis Melberg won for prettiest costume. Carol Seifert won for best witch. Tom McClelland, dressed in long skirt, wig, and mustache, won best drag queen. He seemed quite accustomed to the outfit!. Dave and Sue Lewis won best couple in their clown suits. June and I, wearing pajamas, nightgown and robes, with June's hair in brush rollers and

face gooped with cold cream, won as most representative of Sun City. Best decorated potato went to President Rosemary Dense for her creative "couch potato." Thanks to the crew who ran this event. Rosemary Dense has photos on Facebook.

Reflections on the year...

It was an excellent year thanks to the leadership and positive member-oriented philosophy of the bocce council members and the large number of dedicated behind-the-scenes members that make things work. On behalf of all bocce members, a big thank you to all those who volunteered their time to those things that sometimes go unnoticed - coffee makers, doughnuts, pizza, popcorn, open play hosts, schedulers, social night hosts, court maintenance and league operation. Many members make the bocce club one of the best. Thanks to all outgoing club officers for a great job.

Heading into 2020, the bocce club will be about 600 members and 2020 dues have been cut to \$8.

Roll on, bocce members, roll on....

• • •

SCR Billiards Club

BY GERRY CRISTONI

Can you believe 2020 is next month! Where did the year go?

If you would like to mark your calendar, our next General Membership meeting will be February 19, 2020 at 1:00pm in the Club Room.

The October tournament winners were:
Men's 9 Ball: TIE: Norm Grabar and



Winners: Jerry Crosby, Norm Grabar, Gregg Slavik and Ken Neal.

Paul Garcia, Tim Connolly and Roy Stearns.

Men's Open 8 Ball: Jerry Crosby, Norm Grabar, Gregg Slavik, and Ken Neal (pictured)

Men Only 8 Ball: Ken Arena

Men's Open 8 Ball: Jerry Crosby

Happy New Year!

• • •

SCR Monday Morning Bowlers

BY OLGA WIDNES

The month of October was busy handing out awards. So far the Season High Scores were Scratch Series - Paul Woicicki 636, Kayo Beckham 554. Scratch Game - Chuck Leming 226, Renee Gann 221. Handicap Series - Paul Sprague 701, Dulcie Peck 683. Handicap Game - David Lindahl 265 and Carol McCarthy 254. Individual awards were: 200 Game - Paul Sprague, Wes Person, Larry Manley, and

Luther Morgan. 500 Series - Larry Manley, Bob Persky, Paul Sprague, Jerry Bice Ingrid Zurawski and Helen Rodante. 400 Series - Gloria Simard. 50 Pins over - Jerry Bice, Paul Sprague, Maury Luckett, Bill Hunter and Carol McCarthy. Congratulations to all the winners. See you next month. Olga K. Widnes

• • •

(more Club News cont' on page 24)



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Tuesday Sun Seniors Bowling League

BY JOHN VOGELI

The first quarter has come to a close. On October 22nd there was a roll-off with the two top teams competing against each other and they were "Hot Pockets" (Linda Zierman, Pat Fisk, Robert Smith, Dave Fisk) vs "Alley Gators" (Michael Moyer, Bob King, Jim Helton, Debra Scott). After three games there was a tie so there was a 9th and 10th frame roll-off. After some very nice pressure bowling the "Alley Gators" came out on top by a total of 2 pins. Congratulations to the "Alley Gators" and there will be three more chances for the "Hot Pockets" to make the finals in May. As of this article we are into our third week of the second quarter. At this time "E Z Duz It" (Bernie Pratt, Patrick Heredia, Pete Farrar, Owen Brosh) are leading the way. They are closely pursued by the "Terrible 2's" (Joe Ortiz, Vonda Ortiz, Karol Rich, Dennis Cirrone) with last seasons defending Champ "Shuda Been" (John Cho, Donna Gianunzio, Jeff Mattimoe, Dave Harriman) close behind. "Alley Oops!" (Rich Connell, Pam Kempker, Mike Johanik, Doug Tran) and "Pin Pals" (Claudia Dehart, Rumiko Asbell, Russ Asbell, Bob Zielinski) are on the heels of "Shuda Been". This second quarter should be pretty competitive and interesting. On October 29th we had our Halloween-Split-O-Rama with \$20 gift cards for See's candy as the reward for making your split at the end of the day. We had two gift cards and the winners were

Rich Connell of "Alley Oops!" and Bill Taylor of "The Dawgs". Congratulations guys. We'll have another "Split-O-Rama for Thanksgiving, good luck to all.

As of this writing the Mens high ave is Dave Harriman with a 223, and the Ladies are led by Donna Gianunzio with a 169. The Mens most improved ave is Robert Smith with a jump of 17 pins from 157 to 174 and Linda Buechner of the Ladies has improved her ave by 13 pins from 141 to 154. Mens High scratch series is Dave Harriman of "Shuda Been" while the Womens high scratch series has two bowlers at the top, Claudia Dehart of "Pin Pals" and Linda Buecher of "Good Times" Mens high scratch game is Richard Armentrout with a 290, and Womens high scratch game is Wendy Green with a 238. In the team High scratch series "Shuda Been" leads the way with a 2358 series and Team scratch game belongs to "We Don't Care" (Jim Gothier, Richard Armentrout, CJ Johnson, PK Lewis) with an 866 game.

Remember if you or someone you know would like to join a team or form a team you can contact Stacy Pudge at Strikes Unlimited in Rocklin @ 916- 626- 6361. You may also contact our league secretary Linda Zierman at 916-408-2397 or lzieman@sbcglobal.net for more info. Keep after that dirty ole "10" pin and watch them splits.

(more Club News cont' on page 25)

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Thursday Sun Senior AM Bowling League

BY RUSS ASBELL

We had a tremendous first quarter of bowling, with a full house of thirty teams. We have a lot of returnees with a mix of new people. Would especially like to welcome back Lyman Olney who has had to overcome some obstacles to return to bowling. Welcome everyone, our goal is to bowl to the best of our ability and to have fun.

The first quarter champions are Montie's Marauders; Montie Boatwright, Jan Boatwright, Connie Stephens and Dale Stephens, who defeated the King pins; Cliff Harada, Carly Cassini, Randy English and Dennis Cirrone in a hard fought battle. Great bowling by all.

Bowlers with the most improved averages are Glenn Priaro with a 16.75 gain in the men's and Carly Cassini with a 10.96 pin gain in the women's.

Season League High Scores: Team Scratch Series, Holy Crap, 2404. Team Scratch Game, Misfits, 784. Team Handicap Series, The Dawgs, 2854. Team Handicap Game Spare Me, 1022.

Men's Division: Scratch Series Dave Harriman, 715. Scratch Game Ron Basnett, 279. Handicap Series Bansen Elkins, 783. Handicap Series Chuck Leming, 312.

Women's Division: Scratch Series, Sharon Pfeiffer, 608. Scratch Game, Helen Rodante, 243. Handicap Series, Carol Torno, 768.

Handicap Game, Michelle Elkins, 271.

Please consult the statistical sheet provided to each team, or log on the League Secretary for your weekly lane assignments, team/individual standings and other pertinent information concerning the League Schedule. Anyone wishing to join our league please contact Carol Torno 916 757 1921 or one of the other league officers.

We will be having our Thanksgiving Turkey Shoot on 21 November. There will be no bowling on 28 November Thanksgiving week. Bowling will resume on 5 December

Did you know:

USBC RULE 18: Bowling ball altering the surface.

While bowling in USBC or LEAGUE play, a bowling ball cannot:

a. Have the surface altered by use of an abrasive.

b. Be cleaned with any liquid substance or cleaning agent.

c. Have any foreign material on it, including, but not limited to powder, rosin, marker or paint.

** All bowling balls so altered or cleaned must be removed from competition.

Note: Should a foreign substance appear on the outer surface of a bowling ball which cannot be removed by a dry towel, an approved cleaner maybe used with the consent from a league or tournament officer.

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Bridge Club

BY COLLEEN TOVEY

Congratulations to our own Bob Boggs who was recently awarded the ACBL Emerald Life Master distinction by earning 7500 master points. This was a life time goal for Bob. His accomplishment was celebrated with cake, balloon and card from the SCR Bridge Club. Bob thanked his partners who have played bridge with him and helped him achieve this grand accomplishment. On his way to "Emerald" he accomplished Ruby (1500 points), Gold (2500 points), Sapphire (3500 points), and Diamond (5000 points). He still has some work to do to accomplish the top ACBL honor of Grand Life Master.

There will be no duplicate bridge at the Pines on Monday, December 2, because another event has been scheduled to use the room.

Our December pot luck luncheon will be held December 5 at Sierra Pines. Thanks to Joan Donlon and Sylvia Richlin for organizing the event.

On December 16 the doors open at 11:00am for the Holiday luncheon of turkey, mashed potatoes and stuffing, gravy, veggies and dessert. Thanks to Brence Davis, Pat Madden, Sandy Temple and Anne DeWitt



**Bob Boggs —
Emerald Life Master.**

for their work on this event.

Thank you to Sandra Temple, who handled the purchase of name tags for bridge players in all groups. If you haven't received yours, contact Sandra.

Make plans to attend the New Year's Eve Bridge Club celebration at the Pines. It begins with Happy Hour at 5:00pm followed by a catered dinner at 6:00pm. Check out the flyer in the Card Room for details.

Do you want to learn how to play bridge? A new class taught by Suzanne

Rollinson will begin in February. There is a signup sheet in the Card Room, or you may call Sue Tuana.

• • •



(more Club News cont' on page 27)

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Holiday Gift Wrapping

BY DORI KELSEY

The Women's Improvement Club and Umpqua Bank in Antelope are Gift Wrapping again this year for Christmas on the Second Saturday of December, the 14th from 10am to 2 pm. It is a great time to get everything you have purchased wrapped for everyone. It is free but the Women's Club does take donations to be used for our many projects. Did you know that the Umpqua Bank and the Women's Club have gift wrapped for the community every single year since the bank has been in Antelope! Thank you, Umpqua Bank! Bring your gifts or just check us out at the bank on Saturday, Dec 14th!

The Women's Club has been helping veterans this year. Each May Roseville has a Stand Down for anyveteran who needs clothes, dental work, referrals for housing, legal work

and just about anything you can think of. The Veterans Affairs are also there to help with money issues and retirement issues and other issues. Our Club also helps the Veterans at the Mather Field Hospital. Not all the Veterans get in the hospital with clothes and games or thing to keep them busy. We try and do as much as the women's club can. Many of our Local GFWC/ CFWC, General Federation of Women's Clubs/ California Federation of Women's Clubs help with these projects and more.

Find us on Facebook at Women's Improvement Club of Roseville or our State organization at GFWC California Federation of Women's Clubs. Our meetings are on the 4th Wednesday of the month at Sierra View Country Club on Alta Vista road in Roseville or stop by the Gift

Wrapping for more information. You may also call Dori at 916-332 7133.



Women's Improvement Club Volunteers

SSN WRITER...

A Christmas Carol (Revised) —

Apologies to Dickens

BY JIM FULCOMER

Said Mr. Scrooge to young Bob Cratchit, "You're thinking bonus? Better scratch it!

For this has been a rotten quarter, there's little left for stout or porter.

I plan to be here Christmas Day, and you, my boy, should plan to stay.

We've paperwork that needs be done. Financial battles must be won.

This is no time for mirth or merry — the firm comes first, we must not tarry.

Our debtors many, must be made, to fork it over, I'm afraid.

Your service in this process needed, my warning, serious, be heeded!

And spare me of your family plight, I realize that times are tight.

You know your bills won't pay themselves, especially by little elves.

That goose you spied in yonder store, is that what you are hoping for?

If you don't want them eating gruel, you will not play me for a fool.

Best buckle down, we've work to do. Apply the turning of the screw.

If you're not careful taking stock, your Tiny Tim will find his sock,

filled with a lump of Anthracite - so keep

his little knickers tight!

Revel in your Christmas folly, decking halls with sprigs of Holly.

Christmas is a humbug, Bah! To atheists, I say, Hurrah!

As sure as I am Ebeneezer, my Christmas spirit's in the freezer!

Don't expect a change of heart. You know me well. Just read my chart.

With Marley gone, all this is mine. I will not hear your Christmas whine.

When you are done, secure the door, who knows what 'morrow has in store.'

We welcome your submissions such as humorous observations and poetry.

Please see page 3 for submissions information.



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Mah Jongg

BY CINDY FAULKNER

It is time to put your order in for the new 2020 cards. The cost is \$8 for the small card and \$9 for the large card. We encourage all Mah Jongg players to purchase their card from the club since the National Mah Jongg League returns \$1 of each card purchased through the club to the charity of our choice, Sun City Foundation. This year we raised \$156.00 for the foundation just by buying our cards. You do not have to be a member of the club to purchase your card and the card will be mailed directly to your home about April 1, 2020. The sign-up sheet will be in the card room on both Mondays and Fridays or you can mail your check to Annette Pettersen, 332 Station Ct. 360-281-1205. Last day to purchase card is January 20, 2020.

All members are requested to wear name badges to assist our newest members to get acquainted with everyone at all Mah Jongg events. Play continues on Monday from 12:30 pm to 3:30 pm and on Friday from 9:00 am to 12:00 pm with lunch in the Timbers for whoever wants to join us.

All Mah Jongg play is fragrance free.

We wish everyone a Happy Holiday Season.

• • •

Bunco

BY PAT OBERLANDER

Winners for October 14 —

Most Buncos: Jill Carmena

Most Games: CJ Kidd

Booby: Pam Tellier

Winners for October 28 —

Most Buncos: Linda Solomon

Most Games: Norah Bork

Booby: Bev Woods, Bevis Metzler

Jingle Bells, Chestnuts and lots of cheer coming this month (December) to the bunco room. Come celebrate with us on the 2nd and 4th Monday each month. Please come join us! We are a fun, friendly and festive bunch of ladies and would love to see you join our group. The more the merrier!

No luck needed, just roll the dice and the fun and laughter begins. The cost is \$4. Sign-in starts at 8:30am and start playing at 9am. You don't have to commit to every time, but once you start, you'll be hooked.

• • •



Bunco Winners!



Drop Off Your Dead Batteries

Drop off your dead batteries at participating city locations or call the City of Roseville for a free pickup at 916-774-5780! Remember: Avoid causing a spark by taping the ends of old batteries with clear tape before disposing of them at one of our locations or calling for free curbside pickup.

City drop off locations: We have easy locations to make it convenient for you to get rid of old batteries. So save your old batteries and, next time you are out and about, take them with you so you can drop 'em off!

- City Main Library, 225 Taylor Street
- Civic Center, 311 Vernon Street
- Mike Shellito Pool, 10210 Fairway Drive
- Maidu Library, 1530 Maidu Drive
- Maidu Community Center, 1550 Maidu Dr.
- Riley Library, 1501 Pleasant Grove Blvd
- 1545 Pleasant Grove Blvd

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Days & Destination	Cruise Line ~ Sailing Date	Starting Price/ Inside Ocean View Balcony		
15 DAY HAWAII from SFO! Princess	Dec 28, 2019	\$1,399	\$1,499	\$2,899
Grand/Star Princess ~ 2600 Passengers	Jan 27, 2020	\$899	\$1,099	\$1,799
	Feb 21, 2020	\$999	\$1,099	\$1,799
	Mar 7, 2020	\$999	\$1,199	\$1,799
	Apr 20, 2020	\$1,099	\$1,199	\$1,999
	Oct 24, 2020	\$1,599	\$1,799	\$2,699
Ruby Princess ~ 3080 Passengers				
Sail round trip from San Francisco, California to Kauai, Nawiliwili Hawaii; Honolulu, Hawaii; Maui, Lahaina, Hawaii; Hilo, Hawaii; Ensenada, Mexico, San Francisco, California.				*ROUND TRIP LINCOLN SHUTTLE TO SHIP!
10 DAY ALASKA From SFO! Princess	May 23, 2020	\$1,199	\$1,299	\$1,899
Star Princess ~ 2600 Passengers	Jun 22, 2020	\$1,299	\$1,399	\$2,099
	Jul 2, 2020	\$1,299	\$1,399	\$2,099
	Aug 11, 2020	\$1,099	\$1,199	\$1,899
Sail round trip from San Francisco, California to Juneau, Alaska; Skagway, Alaska; Hubbard Glacier, Alaska; Ketchikan, Alaska; Victoria, BC, Canada; San Francisco, California.				*ROUND TRIP LINCOLN SHUTTLE TO SHIP!
7 DAY CA Coastal from SFO! Princess	Mar 29, 2020	\$899	\$999	\$1,599
Grand/Star Princess ~ 2600 Passengers	Sep 20, 2020	\$999	\$1,099	\$1,399
Sail round trip from San Francisco, California to Astoria, Oregon; Seattle, Washington; Vancouver, BC, Canada; Victoria, BC, Canada; San Francisco, California.				*ROUND TRIP LINCOLN SHUTTLE TO SHIP!
10 DAY MEXICO From SFO! Princess	Dec 18, 2019	\$711	\$889	\$1,199
Grand Princess ~ 2600 Passengers	Jan 12, 2020	\$799	\$899	\$1,519
Sail round trip from San Francisco, California to Puerto Vallarta, Mexico; Manzanillo, Mexico; Mazatlan, Mexico; Cabo San Lucas, Mexico; San Francisco, California.				*ROUND TRIP LINCOLN SHUTTLE TO SHIP!
10 DAY CARIBBEAN Holland America	Feb 02, 2020	\$1,849	\$2,149	\$2,649
Koningsdam ~ 2650 Passengers				
Sail round trip from Fort Lauderdale, Florida visiting Half Moon Cay, Bahamas; Grand Turk, Turks & Caicos; Amber Cove, Dominican Republic; Kralendijk, Bonaire; Willemstad, Curacao; Oranjestad, Aruba; Fort Lauderdale, Florida.				
				INCLUDES Sacramento Airport Shuttle & Round Trip Airfare!
18 DAY PANAMA CANAL Holland America	Feb 2, 2020	\$1,649	\$1,849	\$3,499
Rotterdam ~ 1404 Passengers	***SHORT NOTICE LIMITED OFFER!***			INCLUDES SACRAMENTO AIRFARE!
Sail from San Diego, CA to Fort Lauderdale, FL visiting Puerto Vallarta, Mexico; Huatulco, Mexico; Puerto Quetzal, Guatemala; Corinto, Nicaragua; Puerto Caldera (Puntarenas), Costa Rica; Full Transit of the Panama Canal; Willemstad, Curacao; Half Moon Cay, Bahamas; Fort Lauderdale, FL.				
20 DAY Panama Canal Princess	Apr 21, 2020	\$2,399	\$2,599	\$2,999
Coral Princess ~ 2000 Passengers				
Sail round trip from Los Angeles, California to Huatulco, Mexico; Puerto Chiapas, Mexico, Puerto Quetzal, Guatemala; Transit the locks of the Panama Canal; Puntarenas, Costa Rica; San Juan del Sur, Nicaragua; Manzanillo, Mexico; Los Angeles, California.				INCLUDES Sacramento Airport Shuttle & Round Trip Airfare!



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Days & Destination	Cruise Line ~ Sailing Date	Starting Price/ Inside Ocean View Balcony
12 DAY MEDITERRANEAN Royal Caribbean Vision of the Seas ~ 2435 Passengers	Jun 25, 2020	\$2,999 \$3,499 \$5,999 INCLUDES SACRAMENTO AIRFARE & AIRPORT SHUTTLE!
Sail round trip from Barcelona, Spain visiting Nice (Villefranche), France; Florence/Pisa, Italy; Rome (Civitavecchia), Italy Naples, Amalfi Coast (Pompeii), Italy; Venice, Italy; Split, Croatia; Kotor, Montenegro; Barcelona, Spain.		
10 DAY BALTIC/SCANDINAVIA Holland America Jul 16, 2020 Zuiderdam ~ 1964 Passengers		\$2,999 \$3,499 \$3,899 INCLUDES SACRAMENTO AIRFARE!
Sail round trip from Copenhagen, Denmark to Tallinn, Estonia; St. Petersburg, Russia (2 Days); Helsinki, Finland; Stockholm, Sweden; Warnemunde (Berlin), Germany; Kiel (Hamberg), Germany; Copenhagen, Denmark.		
15 DAY BALTIC/SCANDINAVIA CUNARD Queen Victoria ~ 2061 Passengers ***SPECIAL DISTINCTIVE VOYAGE***	Aug 23, 2020	\$3,699 \$4,299 \$4,699 INCLUDES SACRAMENTO AIRFARE!
Sail round trip from Southampton (London), England to Hamburg, Germany; Copenhagen, Denmark; Visby, Sweden Tallinn, Estonia; St. Petersburg, Russia (2 Days); Kiel, Germany; Skagen, Denmark; Southampton (London), England.		
8 DAY RHINE RIVER Viking River Cruise Various Dates Various Ships ~ 190 Passengers		\$2,499 \$2,899 \$3,299 INCLUDES DAILY EXCURSIONS SACRAMENTO AIRFARE & AIRPORT SHUTTLE!
Sail from Basel, Switzerland to Amsterdam visiting Breisach, Germany; Strasbourg, France; Heidelberg, Germany; Koblenz, Germany; Cologne, Germany; Kinderdijk, The Netherlands; Amsterdam, The Netherlands.		
15 DAY GRAND EUROPEAN Viking River Cruise Various Dates Various Ships ~ 190 Passengers		\$4,399 \$4,899 INCLUDES DAILY EXCURSIONS FREE SACRAMENTO AIRFARE & AIRPORT SHUTTLE!
Sail from Amsterdam to Budapest visiting Kinderdijk, The Netherlands; Cologne, Koblenz, Wurzburg, Bamberg, Nuremberg, Regensburg & Passau, Germany; Melk & Vienna, Austria; Budapest, Hungary. Extensions available.		
21 DAY Australia Boomerang Cruise 1 CUNARD Queen Victoria ~ 2061 Passengers	Feb 6, 2021	\$3,999 \$5,099 \$6,099 INCLUDES LINCOLN SHUTTLE TO THE SHIP!
Sail from San Francisco, CA to Sydney, Australia visiting Hawaii; Apia, Western Samoa; Suva, Fiji; Tauranga, New Zealand; Auckland, New Zealand; Bay of Islands, New Zealand; Sydney, Australia. This cruise ends in Sydney, Australia on Feb 28, 2021		
25 DAY Australia Boomerang Cruise 2 Holland America Mar 4, 2021 \$2,899 \$3,199 \$6,599 Maasdam ~ 1258 Passengers		INCLUDES SACRAMENTO AIRFARE RETURN & AIRPORT SHUTTLE HOME!
Sail from Sydney, Australia to San Diego, CA visiting Noumea, New Caledonia; Tadine, Mare, New Caledonia; Mystery Island, Vanuatu; Dravuni Island, Fiji; Savusavu, Vanua Levi, Fiji; Pago Pago, American Samoa; Honolulu, Lahaina & Hilo, Hawaii; ending your cruise in San Diego on Mar 28, 2021 – Ask about Boomerang discount for booking both cruises.		
28 DAY Tahiti/Bora Bora Holland America Oosterdam ~ 1974 Passengers	Mar 21, 2020	\$3,799 \$4,199 \$5,299 INCLUDES SACRAMENTO AIRFARE & AIRPORT SHUTTLE!
Sail round trip from San Diego, CA to Hilo, Hawaii; Honolulu, Hawaii; Lahaina, Maui, Hawaii; Bora Bora, French Polynesia (2 Days); Raiatea, Society Islands; Papeete, Tahiti (2 Days); Moorea, French Polynesia; Fakarava, Tuamotu, French Polynesia; Nuku Hiva, French Polynesia; return to San Diego.		



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CST # 2033380-40 November 2019 edition

Stop a cold before it starts

More and more people are saying they just don't get colds anymore.

They are using a new device made of pure copper, which scientists say kills cold and flu viruses.

Doug Cornell invented the device in 2012. "I haven't had a single cold since then," he says.

People were skeptical but EPA and university studies demonstrate repeatedly that viruses and bacteria die almost instantly when touched by copper.

That's why ancient Greeks and Egyptians used copper to purify water and heal wounds. They didn't know about viruses and bacteria, but now we do.

Scientists say the high conductance of copper disrupts the electrical balance in a microbe cell and destroys the cell in seconds.

So some hospitals tried copper touch surfaces like faucets and door knobs. This cut the spread of MRSA and other illnesses by over half, and saved lives.

Colds start after cold viruses get in your nose, so the vast body of research gave Cornell an idea. When he next felt a cold about to start, he fashioned a smooth copper probe and rubbed it gently in his nose for 60 seconds.

"It worked!" he exclaimed. "The cold never got going." It worked again every time.

He asked relatives and friends to try it. They said it worked for them, too, so he patented CopperZap™ and put it on the market.

Now tens of thousands of people have tried it. Nearly 100% of feedback said the copper stops colds if used within 3 hours after the first sign. Even up to 2 days, if they still get the cold it is milder than usual and they feel better.

Users wrote things like, "It stopped my cold right away," and "Is it supposed to work that fast?"

Pat McAllister, age 70, received one for Christmas and called it "one of the best presents ever. This little jewel really works." Now thousands of users have simply stopped getting colds.

People often use CopperZap preventively. Frequent flier Karen Gaucci used to get colds after crowded flights. Though skeptical, she tried it several times a day on travel days for 2 months. "Sixteen flights and not a



New research: Copper stops colds if used early.

sniffle!" she exclaimed.

Businesswoman Rosaleen says when people are sick around her she uses CopperZap morning and night. "It saved me last holidays," she said. "The kids had colds going round and round, but not me."

Some users say it also helps with sinuses. Attorney Donna Blight had a 2-day sinus headache. When her CopperZap arrived, she tried it. "I am shocked!" she said. "My head cleared, no more headache, no more congestion."

Some users say copper stops nighttime stuffiness if used just before bed. One man said, "Best sleep I've had in years."

Copper can also stop flu if used early and for several days. Lab technicians placed 25 million live flu viruses on a CopperZap. No viruses were found alive soon after.

Dr. Bill Keevil led one of the teams confirming the discovery. He placed millions of disease germs on copper. "They started to die literally as soon as they touched the surface," he said.

People have used it on cold sores and say it can completely prevent outbreaks. You can also rub it gently on wounds, cuts, or lesions to combat infections.

The handle is curved and finely textured to improve contact. It kills germs picked up on fingers and hands to protect you and your family.

Copper even kills deadly germs that have become resistant to antibiotics.

The EPA says copper still works even when tarnished. It kills hundreds of different disease germs so it can prevent serious or even fatal illness.

CopperZap is made in America of pure copper. It has a 90-day full money back guarantee. It is \$69.95.

Get \$10 off each CopperZap with code **SSCA2**.

Go to www.CopperZap.com or call toll-free 1-888-411-6114.

Buy once, use forever.

(paid advertisement)

SCR Foundation

(cont'd from page 1)

raffle prizes. Our thanks goes to the Timbers Restaurant, Timber Creek Golf Course, Sun City Fitness Center, Laura Baxter, Linda and David Breninger, Rosemary Dinse, Toni Fisher, Linda and Jerry Frederickson, Lenora and Bud Harrison and Nancy Schubach. Prizes ranged from gift cards for a variety of shops and restaurants, fine wines, coupons for golf and the Fitness Center and several gifts for helpful services.

Foundation events have dual goals, providing enjoyment while raising funds for the Foundation's services. As a 501(c)3 non-profit organization, funds raised support the needs of our residents, both owners and tenants. Over the years, funding has provided helpful capital asset items like lighting at Schoolhouse Park, the handicapped

accessible golf cart and an upper body strength machine for the Fitness Center. The Home Maintenance Service volunteer teams perform many household repair and replacement services every weekday such as minor plumbing repairs, changing ceiling light bulbs, replacing smoke alarm batteries or the alarms themselves, if needed. While there is no charge for Foundation services, tax-deductible donations are appreciated and help to continue these services. The Foundation website, scr.foundation.org, has a list of services and other foundation information. You can request a service by clicking on the Electronic Maintenance Request button at the top of the page or print a form to be dropped off in the Administration Office. Need help with a service request or have a question about the Foundation? Call 774-9040, leave your name and phone number and a phone volunteer will return your call. Volunteers reply to calls each day, Monday through Friday.

AARP – Free Tax Return Preparation Sun City Roseville

AARP volunteers will prepare and electronically file Federal and State income tax returns for low-to-middle income seniors at the SCR Lodge Computer Room on Sundays. There is no charge for this service which is sponsored by the IRS and AARP. Volunteers are tested and certified annually and are trained for most returns. Real estate rentals, K-1s for limited partnerships, and complex small business returns are a few of the exceptions. Appointments are required and can be made by calling (916) 741-0506. The appointment line will be open starting on January 14. Your call will be recorded on an answering machine and an AARP volunteer will return the call to schedule your appointment.



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BULLETIN BOARD

DECEMBER / JANUARY ONGOING —

Play Reading Group Forming

If you've got a little ham in you, or if you're psychologically-minded, or if you're a student of world drama, or if you're a lover of Broadway, Sac Theatre Company, the Sophia, or Cap Stage, this new group may be just what you've been hoping for—a monthly play-reading, or theatre production group. Calling all interested actors, readers, drama critics, live-theatre lovers, and retired drama teachers. Contact Letha Dawson, by email at lethadawson@gmail.com, if you'd like to get in on the stage floor and create a monthly gathering of like-minded thespians.

Sports Car Group

Welcoming all sports car enthusiasts living in Sun City Roseville. All past, present, and future owners of European, American, and Asian models encouraged to join in to discuss your passion, whether car shows/touring, technical issues, or competition. Meeting time/place TBD. email sersportscarclub@gmail.com or call 916-258-2354.

Sunshine Programs

Home from the hospital, live alone and need assistance? Sunshine Services' Individual Care Program offers 40 hours of care per year. Our Caregiver Relief Program offers 4 hours of respite per week for 2 years for 24/7 caregivers of residents who can't be left alone. There's a \$5.00 per hr. co-pay for both programs which employ licensed home health workers. Call Melissa Shelton-Kinoshita at 916-865-4913 for details.

Dial-A-Ride Tickets!

Sunshine Services sell Dial A Ride tickets in the Lodge Lobby. Tickets are sold the first Thursday of the month from 8:30 - 10:30 am. Funded by SCR Foundation, tickets cost residents \$10 for 10 one way-rides.

All Tuned Up

All Tuned Up meets every Thursday, 9-10:45 A.M., at Sierra Pines, Ponderosa Room. All musicians are welcome. Sun City Roseville has a lot of talent. We want people with and without instruments. Come and sing or just listen. For more information, call Letha Dawson at 916-872-8019.

Do you speak French and/or Spanish?

FRENCH - 3rd Tuesday 2-4 PM. SPANISH - 3rd Wednesday 2-4 PM. Have fun retaining or improving your language skills with videos, games and other activities. Fluency not required, but some knowledge of the language is helpful as activities are not lessons. - Sandy Haley sjhwme@comcast.net, 792-2881.

Tuesday Evening Men's Poker

Got the Tuesday night blues, how much idol and reality TV can you watch! All right I made my spiel, come on down to the lodge and join us in the poker room from 6 to 9:30pm for some friendly action of poker. Our games are 95% "split the pots" and remember we don't have a yearly dues. Questions, give me a call Ed Day at 771-0638.

Grief Support Group

If you are experiencing grief, loss, or transition, you may be able to find support and encouragement as you grieve and heal.

Diane Wilson, Health and Wellness Chaplain, is available to receive Individual Grief Support telephone calls and emails.

Karen Bolte, Sutter Health Bereavement Chaplain facilitates the Sunshine Services Grief Support Group, which meets on the 2nd Wednesday of each month, 9:30 to 11:00 a.m., in the Club Room. Please contact either of us at 916-837-1109 for further information and questions about the group, or to schedule an appointment for individual support.

Alzheimer's Support Group

Alzheimer's Support Group meets the 3rd Thursday of each month, 6:30pm at SCR main lodge.

COMMUNITY —

Semper Fi Association

The Semper Fi Association meets the first Monday of the month at 9:00 am at the Legends Restaurant at Woodcreek Golf Course, 5800 Woodcreek Oaks Blvd. in Roseville. Come early to purchase breakfast before the meeting. For more info: Semper Fi Association: Don Witt, Public Relations Chairman, Phone: 916-573-1704 Ext: 0001. Email: semperfiassociation@gmail.com Web: www.semperfiassociation.org Marines and Navy Corpsmen especially invited. Hope to see you there.

Sons In Retirement Branch 13

Sons In Retirement Branch 13 (Lincoln/Roseville) will hold its holiday luncheon on Tuesday, December 17 at Catta Verdera Country Club, 1111 Catta Verdera Drive in Lincoln. A three course gourmet lunch (prime rib/salmon) costs \$20pp. Arrive at 11:30 AM; luncheon adjourns at 1:30 PM. Entertainment by Lincoln High School chorus. Sons In Retirement is a fun social group dedicated to promoting the camaraderie of retired men. If you are interested in joining SIR or attending the luncheon as a guest, please contact Chet Winton AT 916-408-8708.

Sons in Retirement Branch 98

The Rocklin/Roseville Branch of SIR meets monthly on the 2nd Wednesday in the ball room of the Timbers at Sun City Roseville beginning at 10:30a.m. Join retirees for fellowship, lunch, golf, fishing, cards, and even bocce ball... many other activities also available. Call Tom Werth at 782-3536 for more information.

Retired Law Enforcement

Retired Law Enforcement Officers Group — Our members are either retired or active law enforcement officers and we have quarterly breakfast meeting with guest speakers. Please join us for some camaraderie with America's finest. Contact Chuck Schmidt, RLEO Coordinator: 530cms@gmail.com

Parkinson's Support Group

If you have been diagnosed with Parkinson's Disease or care for someone who has, we invite you to join us at the monthly West Roseville Parkinson's Support Group for informational and inspirational discussions with others on the journey.

4th Tuesday, 2:30 pm – 4:00 pm

Sierra Pointe Senior Living

5161 Foothills Blvd., Roseville

Contact for more information: Jim Morris 916-359-4859. Parkinson Association of Northern California: 916-357-6641

Senior Peer Counseling

Senior Peer Counseling provides free, inhome peer support; to Placer County residents age 55+ who are experiencing depression, anxiety, substance abuse, family conflict, change in independence and other age-related adjustment issues. Please call: 916-787-8859.

Essential Tremor Support

Essential Tremor will now be meeting on the first Saturday at Kaiser Permanente, 1600 Eureka Rd, Roseville Woman's and Children's building B16. Our meeting starts at 10AM. For further information call Paula Lavin 771-4866.

Go Big Red!

Stanford Friends, Family, and Alums —

The Sacramento Stanford Association wants to reach people in our area for upcoming events. Future events include such activities as wine tasting, viewing sports events at area establishments, Stanford speakers, and the Roseville Sun City Annual Art Show in March.

If you want to be in touch with Friends, Family, and Stanford Alums and learn more about our local events, contact Pam Wilkinson at: PamMWilkinson@gmail.com, or 916-772-0559.

Woman's Club of Lincoln

Woman's Club of Lincoln meets the 4th Tuesday of every month, 12:00PM, Social followed by a meeting and program. 499 E Street, Lincoln. Everyone welcome, no admission free.



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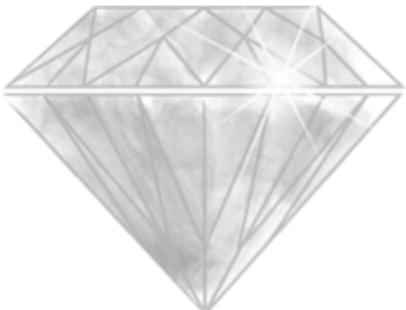
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SUN SENIOR PROFILES *Getting to know you...*

Bob and Georgia Boggs

(cont' from page 1)

his two and one-half years of service. After, he returned to South Carolina and enrolled at Presbyterian College. Two years later, he moved back to Long Beach to live with his sister. He soon became employed by the Employment Development Department and was assigned to their Facilities Acquisition Section, which leased office space in which to house EDD offices.

To help him in his job, he took a course in real estate law. He enjoyed it so much that he enrolled in LaSalle University's School of Law, taking extension courses and earning his law degree.

During this time, he had married, and they had three children. Bob's mother lived nearby, and it was she that introduced him to bridge. Bob soon longed for more and discovered the somewhat more demanding world of duplicate bridge. Bob also advanced in his career and accepted promotion to The Department of Consumer Affairs in Sacramento.

After 30 years, Bob retired in 1992 as Chief of Contracts and Business Services for the State Department of Mental Health. One memorable project—he is reluctant to call it significant or meaningful—put him in Governor Jerry Brown's blue Plymouth on several occasions. The governor was shepherding a pet mental health project and wanted to consult with Bob. The project failed after about eighteen months, but not because of Bob's efforts.

Several years after Bob's first marriage ended, a lunch hour jogging partner mentioned a lady who might be a good fit for Bob.

Georgia grew up in Jamaica in New York City. In 1951, she traveled with her family for an extended visit with her grandmother in Ireland and then England. She recalls classmates exclaiming that the king, George VI, had died, and the teachers correcting them for telling such an outlandish story. It turned out to be



PHOTO BY KEN SHAHOLIAN

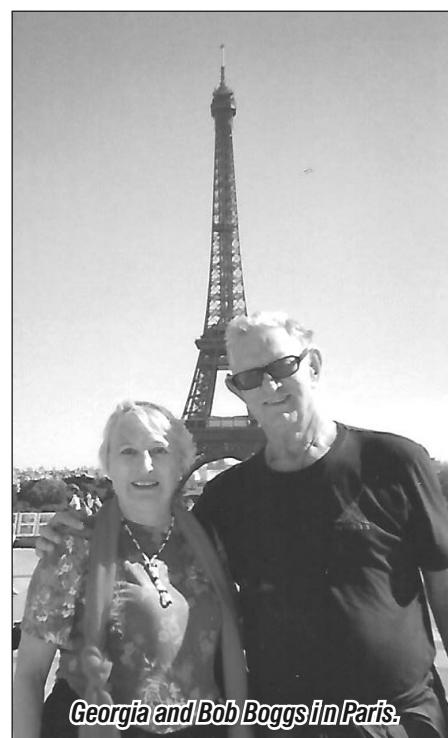


Georgia and Bob Boggs on their wedding day.

quite true, of course. Georgia returned to New York and saw the coronation of Queen Elizabeth on television—quite a fascination for a schoolgirl.

She returned to Queens in 1952 and in 1968, graduated from St. John's University, located two miles from her home. It was decided that her younger brother would go to a private boarding school in Switzerland and that she would go to live there as well, to provide support for him. They lived there for three years, he as a high school student and she as a teacher at a different school.

Upon her return to New York, she took a job with a small bank as the training officer, and then with Xerox, selling copier machines. She moved to Sacramento in 1978 to be with her sister. She resumed her sales career with Xerox



Georgia and Bob Boggs in Paris.

and later transferred into the administrative side of the company. Oh, and her sister knew a guy who liked to jog during his lunch hour, and had a friend.

The result was the marriage of Bob and Georgia Boggs in 1983. They each had condos, sold hers, and moved into his. After he retired, and she was planning to, Georgia discovered that Sun City Roseville was being built, and that the line was forming. In 1996, after a year and one-half of dealing, with Georgia being their driving force, they moved in with the second wave of new residents.

Bob was solidly into teaching bridge. Timber Creek Lodge had yet to be built, so Bob began offering classes in the trailer brought in for the developing recreation and activities. He now conducts a workshop in the bar at the Lodge on Thursday mornings, and weekly classes in the Card Room.

Bridge provided some moments Bob would otherwise not have had. He has met "Mr. Bridge," Charles Goren, and Omar Sharif, perhaps equally known as both an actor and bridge player, former NFL (Rams and Chargers) head coach Tommy Prothro, also a bridge player, and Bill Gates. Gates was a lesser player, with a better partner, playing in a tournament. After their play, Gates was picking the brains of Bob and Bob's partner.

While Bob contends that the lessons he

learned in school and living in the orphanage were foundational, and that the life lessons of bridge led to much of his accomplishments, he also learned valuable lessons from Ayn Rand's book *Atlas Shrugged*, and from The EST Training, a self-help program popular in the 1970s.

Bob and Georgia have traveled a fair amount since moving to SCR, mostly in Europe, and share a love of objects d'art, which they gathered during these travels and are offered in most of the rooms of their home—with paintings and sculptures predominating. A cello Georgia's mother bought in 1934 resides prominently in their living room.

Two interesting lives built on each other's strengths. Sounds like bridge.

Want to share your story or know a neighbor who should be recognized?

Just let us know!

Call us at 916-727-6383 or e-mail us at:

egnews@egnews.com

Don't Miss this Huge Book Sale!

Friends of the Roseville Public Library will be holding their annual Holiday Book Sale at the Maidu Library on Saturday, December 7 from 10 am to 3 pm.

This is an unusual sale as it includes hundreds of coffee table books, gift books, novels, romance and mysteries all about the holidays. There will be children's DVDs, music CDs and more!

In addition, they will be selling a huge collection of comic books (10,000) for a quarter a piece! They will also have a mini craft fair with gifts for book lovers.

This is one sale you won't want to miss. Cash, check or credit will be accepted. For more information call 916-746-1212 or email: friends@rosevillefol.org

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Observations Goes to Sea Again — Cruise LLA's and TGHs

BY MARTIN GREEN

As we senior citizens know, the older you get the faster time goes by. I thought the year was just getting started and here we are in December. Worse, it means still another birthday coming up for me, and a big one. More on this (maybe) in future columns but the important thing right now is that I don't believe I've had a full column on LLAs (Life's Little Annoyances) and TGHs (Things Guaranteed to Happen, usually bad) all year. Fortunately, Beverly and I recently chose to go on a cruise and, although I've written favorably about cruising before, cruises also come with a full load of guaranteed LLAs and TGHs, especially for us oldsters. So here goes.

The first LLA occurred even before we got to our ship; on the drive down to San Francisco, we ran into a monumental traffic jam. We'd ordinarily have arrived at around eleven but didn't get to the ship until one. We'd long before requested wheelchairs, but no, no wheelchairs. They finally produced one for Beverly and then, after a wait, for me. An LLA. Then onboard we had to change to another pair of wheelchairs, more delay. Another LLA. We'd long before requested twin-beds when we finally got to our cabin, pardon me, state room, no twin beds. Later that afternoon, when we returned to our room they were in the process of converting to twin beds so we had to go somewhere and kill time. Still another LLA. We got back to our room and, more LLAs,

no bar by the toilet but a high step to get into (and out of) the bathroom. Plus, the cabin door weighed a ton, so it was a major project to go in and out. To cap off this first cruise day, we ventured to go to the night's show, where the cruise director as always told us what a great time we'd have and then introduced a so-called comedian who'd give us a sample of his show. After five minutes of "potty jokes", we left. At least we were fore-warned not to go to the complete show.

I won't go into a day-by-day account of the remainder of the cruise, but the LLAs and TGHs kept coming. As I've written here before more than once, the ship's elevators are a continuing LLA. On land, elevators pretty generally go up and down and you have no trouble getting them. On a cruise ship, the elevators are always going in the wrong direction. If, for example, you're trying to go up from your room to the buffet on the 14th floor (deck), all of the elevators will be going down. If you're trying to go down to the dining room, all of the elevators will be going up. Finally, in desperation, you'll get on any elevator no matter what and hope to eventually get to your destination.

On our second day, we eventually got down to the "internet café" since, our cruise line, unlike some others, we were told, did not provide free WiFi. An LLA. They did allow us a chintzy 150 minutes for the week.

So we had to find a time when the one or two persons available at the internet café to connect your Pad or Phone to the ship's WiFi were there. This, of course, meant a wait when you'd rather be doing something else. Another LLA. What made things even worse is that whoever did Beverly's Pad neglected to tell her how to disconnect it so she lost almost all of her minutes.

Then there was the matter of getting off the ship to go ashore at one of its stops. In our younger days, it didn't matter so much where the ship docked; we'd just walk to wherever we wanted to go. Now that we are hobbling along it is important to know if there's some place close we can get to. At each of our ports, we asked for information at the so-called information desk and nobody knew anything. By this time, I figured this was a TGH. The one time we did venture off the ship, aside from the first stop where we had a tour booked, it was docked in downtown Vancouver. This sounded OK but what nobody told us is that its miles to even walk through the pier building to get outside. About halfway through somebody told us there was nothing too interesting outside, so we turned back to the ship. Another LLA and probably a TGH.

Possibly the worst LLA/TGH came on our last cruise day when we were due to disembark. We were told to report to a certain area by 9 AM to get off in wheelchairs.. We dutifully did

so, arriving even before 9, and watched various other passengers being wheeled off while we tried to ask staff when we were getting off and being ignored. Finally, Beverly cornered someone, told him we had to be on a bus, and we were able to get out. Sure enough, we'd missed our bus, but fortunately, we had seats reserved for us on a later bus. If not for Beverly's insistence we'd probably still be on the ship and off on another cruise with more LLAs and TGHs.

If readers get the idea that this cruise was not ideal they would be right. However, Beverly tells me it wasn't all bad; for one thing, she didn't have to cook or clean for a week. We also met some very nice people and everyone was very solicitous of us two hobbling oldsters. So some more cruise observations may be coming up in future columns. Meanwhile, I've fulfilled my intention of doing a full column on LLAs and TGHs. Now on to that fateful birthday. Tune in next month.

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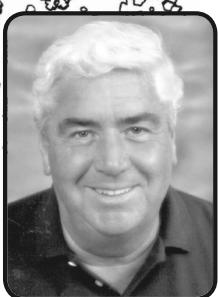
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