

# SUN SENIOR NEWS

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## Skip and Lora Close — Rooted and Grounded in Love

BY RUTH MORSE

Skip and Lora Close have a brown fountain near their front door. It produces a soothing, pleasant sound as one approaches the house and is a hint at what lies within. The couple have decorated their home in earth tones with browns and golds supplemented by Lora's great paintings done at SipNPaint and an amazing wall map in the study highlighting their extensive trips in their RV. The excursions cover the continental United States as well as Canada and Alaska. Life in Lincoln for the grounded, down-to-earth couple is the home base they enjoy while preparing for the next adventure. Their backyard boasts another water feature and hummingbird feeders that are popular with the local birds and when the Closes return from their trips, they are often confronted by the hummingbirds outside the sliding glass door. The small creatures hover and seem to ask, "Where have you been and



Lora and Skip Close

Photo by Jeff Andersen

where is our food?"

The couple has an interesting story. They celebrated their fiftieth wedding anniversary this year as they returned from an amazing five-month trip to Alaska. They were in Whistler, British Columbia, on their actual

anniversary date and decided to do things they would normally not even consider doing. This involved riding the Peak to the Peak Gondola and walking a suspension bridge called Cloudraker Skybridge. Since they survived, they celebrated by having dinner in the Grill Room at the Fairmont Chateau at Whistler and documented the event with pictures.

Skip and Lora first met in Sunday School at the Methodist Church in Grass Valley while they were in the sixth grade. They can be seen sitting together in a church camp picture taken soon after they first knew each other. They were both involved in the Methodist Youth Fellowship and starting dating in the ninth grade. When Skip moved away in the middle of his junior year of high school because of his father's work promotion to a job in San Francisco, he and Lora, with some difficulty, (cont' on page 37)

## Happy New Year – Bingo is Back in the Ballroom

BY DENISE BOWDEN

Holiday decorations are put away and New Year's resolutions are made and that means it's time for Bingo to be back in the ballroom. The Lincoln Hills Foundation's first Bingo of 2020 is on Thursday, January 23rd. We are looking forward to seeing our regulars ready with daubers up and hoping to see lots of new faces this year.

Tables for seven to ten players can be reserved in advance by sending an email to bingo@lincolnhillsfoundation.org. Come as a group or come by yourself and share a table with other enthusiastic players at one of the open tables, either way you will have a great time.

Cost is \$20 for twelve games. Don't forget to bring your dauber or purchase one on-site for \$1.50.

Doors open at 12:30 in the Orchard Creek Ballroom and the games begin at 1:00PM.

As usual Meridians Restaurant will offer its tasty pre-game luncheon special. Look for the complete 2020 Bingo schedule on the website at www.lincolnhillsfoundation.org.

## LH Community Chorus

BY BARRY MACKINTOSH

We thank all of you who filled the Ballroom and enjoyed our "Music from Around the World" concerts on December 8-10. Your support is essential to our performances, and your applause rewards all the time and effort we devote to making them worthy of it.

Like to sing? Rehearsals for our spring concerts on May 3-5 begin January 7, when we'll welcome new members. If you're unsure about committing yourself, visit and sing with us for three weeks to see how you like it with no obligation. Along with sectional and full rehearsals Tuesday afternoons, you'll benefit from computerized music files for home practice.

For more information about us visit our website: lincolnhillschorus.org. To discuss joining us contact our membership chair, Suzanne Rosevold, 916-587-3035, suzannechorus@gmail.com

## LH Music Group

BY DAN LEHRER

Although we did not meet in December, several musicians met privately in small groups in their homes to play and tune up for the coming year ahead. If you play an instrument and/or sing, our meetings encourage all levels of musicianship. We start up again on January 22, 2020 with elections and sharing of ideas for the New Year. We meet every fourth Wednesday of the month from 6:30 to 8:30 PM, Fine Arts Room (OC). You can find the



Lincoln Hills Community Chorus

Lead Sheets for the group songs and more information on our website; the password is musicgroup. Ukele Ohana meets Wednesdays, 1:00 to 3:00 PM, (OC). Open to Lincoln Hills residents. Contact Ron Peck at 916-409-0463 for information.

...

## Players Club

BY KAROL MENDEZ

We would like to thank the 1,300 attendees to our show, Magic Moments, for their enthusiastic support! It was a pleasure to play for such a welcoming and appreciative audience. The Players Club took a break in December after our successful November show. We are looking forward to our annual Valentine's party at Turkey Creek Golf Course, Thursday, February 13.

Readers Theatre is performing two radio plays, FREE, on February 8, and 9, at P-Hall (KS) at 3:00 PM. They are Damon Runyon's Neat Strip, first performed in 1949, and the Screen Guild Theater's The Shop Around the Corner, first performed in 1940 with Jimmy Stewart and Margaret Sullavan. As the name suggests, the actors READ the scripts at the performance. No lines to memorize! We act

(cont' on page 5)

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The Sun Senior News - Lincoln Hills welcomes announcements from social clubs, schools, charitable organizations, non-profit organizations, local government and community events. Also, editorial contributions as well as articles, cartoons and photographs are welcomed and considered for publication. Deadline for submissions is the 15th of each month. Please submit via email to: egnews@egnews.com

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**From the Editors**



Happy New Year and New Decade — Gregg and Liz Goldthorpe



**Letters to the Editors...**

Authors are solely responsible for the content of their letters.

**SCLH Elections**

We need new people on our SCLH board! 4 new ones were elected last year, we need a TOTAL turnover of our 7 member board. There are 3 open seats in the coming January 13, 2020 election. Please vote for 2 more new board directors, Tom Dunipace and Diana

Peters. They are highly qualified and want to make our HOA work the way it should!

Lena Labosky

...

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## From Your Placer County Supervisor 2019 a Memorable Year for Placer County

BY ROBERT M. WEYGANDT, *Supervisor*

Several major projects that I have championed reached major milestones last year. I want to update everyone on some of the projects and issues that the county focused in 2019.

Last month, the Placer County Board of Supervisors unanimously approved the county's Sunset Area Plan update and Placer Ranch Specific Plan - affirming its vision for new jobs and an education center in western Placer County.

The Sunset Area is an 8,497-acre area in unincorporated Placer County between the cities of Roseville, Rocklin and Lincoln. Placer Ranch is a 2,213-acre development within the Sunset Area Plan, centered around a planned new California State University, Sacramento and Sierra College campus.

The goal of the Sunset Area Plan update, initiated in 1997, is to re-envision and re-brand the Sunset Area to create a unique employment, entertainment and education center that could provide regional benefit and create high-wage job opportunities for residents of nearby cities and unincorporated areas.

We also achieved a major milestone for the highly-anticipated Placer County Conservation Plan. Following several years of work by local governments and state and federal regulatory agencies, the draft Placer County Conservation Program and accompanying environmental impact study were published in June in the Federal Register by the U.S. Fish and Wildlife Service.

If approved, the PCCP will protect a large, contiguous area of open space and natural habitat and establish a program for the effective conservation of natural resources; and will also create a more streamlined, cost-effective and predictable permitting process to promote sustainable future development in unincorporated areas of western Placer County and the City of Lincoln.

Also of note, the county welcomed new Veterans Services Officer Derrick



Robert M. Weygandt

Oliveira, a Navy veteran, to lead our Veterans Services Office that helps connect veterans with the benefits they deserve, from healthcare to pensions. Our Veterans Services Office assisted over 9,000 veterans in 2019 - helping them to navigate the system and access over \$100 million.

I would be hard-pressed not to mention the Pacific Gas and Electric Company and the series of power shutoff events endured by Californians, especially large population areas in Placer County, including myself.

The Board of Supervisors voted to send letters to the governor, PG&E and the California Public Utility Commission expressing concern over local impacts caused by the public safety power shutoffs, and requested exploration into other solutions that do not rely exclusively on shutting off power.

Placer County suspended residential back-up generator permit fees until July in response to the power shut offs - making it easier and safer for residents to withstand the power outages.

Affordable housing is another important issue facing the county. Last year we also approved a series of new initiatives aimed at kick starting the construction of 2,640 new affordable homes over the next 20 years.

Framed around a goal of eventually meeting Placer's state obligation for new affordable housing units, the board approved funding for the implementation of a new pilot program to accelerate affordable housing construction and directed staff to work with stakeholders to consider creation of a new private housing trust to close an expected funding gap to build them.

Looking back at 2019, I am pleased with the progress the County has made last year. We achieved major milestones, while balancing potential development with thoughtful conservation for the future, and made progress with affordable housing and other important issues and projects.

Placer County's future looks bright.

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# Happy New Year from Neighbors InDeed!

BY JANET ROBERTS  
ARTWORK BY RUDI FRANKE



Happy New Year to all of our friends and neighbors here in Lincoln Hills. Have you made your resolutions for the new year yet? Will you spend more time at the fitness center or on the pickleball courts, or shop more in the fruit and vegetable sections? I bet you've also thought about upcoming family gatherings, travel, landscaping the yard, remodeling the kitchen. Whew! And it's only the beginning of the year!

While you're at it, you might want to think about how Neighbors InDeed can help. Our Medical Equipment volunteers can deliver medical equipment to your home for you or your guests. (Cane, wheelchair, walker, etc.). Our Handy Helpers can help with putting those boxes of decorations up on the shelves (not heavy ones, thank you) or reprogramming the sprinkler controller or the thermostat, or replacing your furnace filter and smoke alarm batteries. We're very appreciative of residents who can provide a ladder – either their own, or borrowed from a neighbor. It helps us to assign a Handy Helper more quickly, because we have some who aren't able to haul a ladder.

When we can't help you directly, we can refer you to vendors who have been recommended by your neighbors. These are the only type of referrals we offer, nothing random or out of the phone book. Check out our website [www.neighborsindeed.org](http://www.neighborsindeed.org) for

some of the referral categories available.

This all starts with a phone call to Neighbors InDeed at 916-223-2763. Services are free to all residents of Lincoln Hills, whether you're a homeowner or a renter.

Volunteering for Neighbors InDeed is rewarding and fun. Do you like helping people? Are you handy with tools and like to fix things? Are you comfortable using the phone and your own computer?

If you'd like more information, just call our message center at 916-223-2763. We'll send you an application, and then invite you to a general orientation to learn more. If you're still interested, the Program Coordinators will provide training and mentoring as you begin your volunteer work. There is always a volunteer to help you out and answer your questions.

Volunteering with Neighbors InDeed gives back to the community that has given us so much. Best wishes for a very happy and healthy new year.

## Players Club

(cont' from page 1)

with our voices only, just as they did in the days of radio. Our wonderful tech crews provide all the sound effects that make our shows so effective.

Plans are in the making for our next Main Stage event, June 4, 5, 6, 7, at P-Hall (KS). We are always looking for new members. If you have ever wanted to work around the stage, as an actor, singer, dancer, technical crew, backstage hand, or set painter, we would love to have you join us. We meet at P-Hall (KS) at 4:00 PM on the second Monday of every month.

Contact: David Africa, President 916-708-0009, [djafira@sbcglobal.net](mailto:djafira@sbcglobal.net). Website: [www.lhplayers.org](http://www.lhplayers.org)

## Country Couples

BY DEB CHRISTIE

Members who volunteered to perform in the SCLH 20th Anniversary Show are as follows; Sandy Manildi, Randy English, Ern & Tom Hargis, Sandra & Gary Moulton, Deb & Jim Christie and Laura & Gary Wermuth.

The award winning humor author, Dave Barry wrote, "Nobody cares if you can't dance well, just get up and dance". Our Country Couples Dance Club is not looking for

perfection, we just want to grab our partner, get up on the dance floor, smile, laugh, and of course Dance, Dance, Dance. Country dancing always equals great music and a toe tapping good time. We are a social club, so when we get together it's more than just dancing. It's time to mingle with friends, make new friends and of course dance. I know I'm repeating myself but dancing is what we love to do. It's the beginning of a New Year, so come on and dance. Lessons are given each Monday at the Kilaga Springs Lodge. Beginner classes are held at 7pm and intermediate classes are held at 6pm. See your Compass for details.

We're starting off 2020 with a few new faces on our board. Carroll Cederburg as Treasurer and Kathy Lopez as Public Relations. Returning board members are, Jim Christie as Chairperson, Gary Moulton as Vice Chairperson and Phyllis Svetich as Secretary. It's our wonderful volunteers that make our club great.

Our first dance of the new year will be held on Friday, February 7th from 5 to 9pm at the Kilaga Springs Lodge. Details to follow.

Start the New Year off by joining us on Monday evenings for dance lessons and become a member of our Country Couples Dance Club for \$6/person per year. The membership allows you to participate in dances and fun activities that our club members enjoy during the year.

Happy New year and we look forward to seeing you on the dance floor.

Club Contact: Kathy Lopez 916-434-5617. Web: [www.sclhcc.com](http://www.sclhcc.com)



(cont' on page 7)



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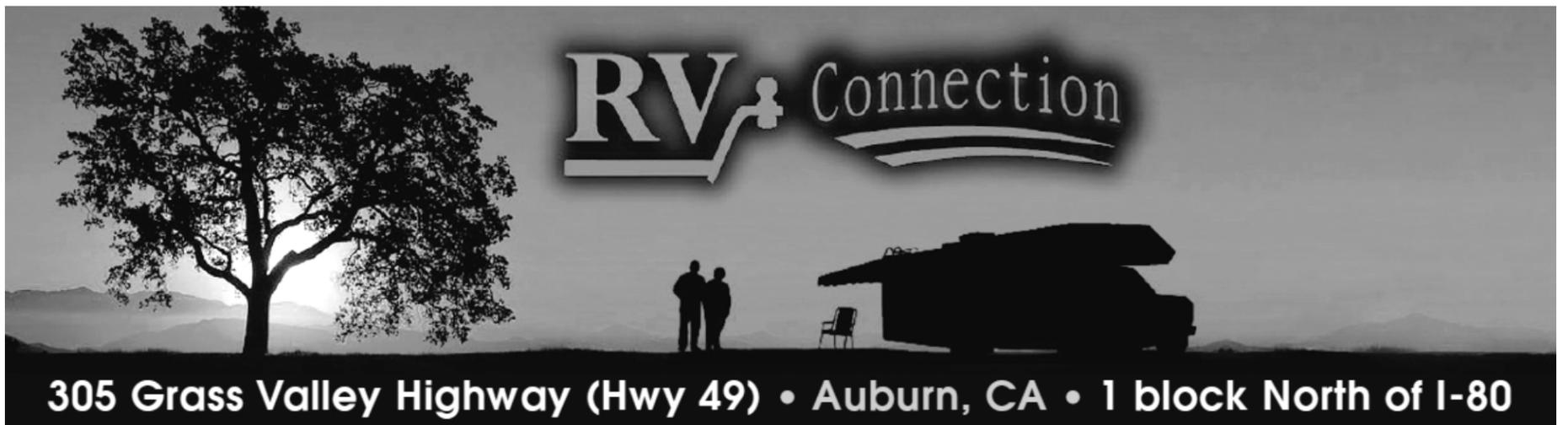


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## Ballroom Dance

BY SAL ALGERI

Our annual Christmas Pot Luck party was another smash hit. There were over 90 members participating who were all dressed for a holiday party. The atmosphere was set by the Christmas scene backdrop, the lighted Christmas tree and lots of holiday decorations on the doors and walls. The table center pieces were home made trees donated by Linda Wilson.



Bob and Carol Stanton and Leif Andreassen.

The best part on any pot luck is the food. Everyone brought something special like mama's lasagna, Chinese egg rolls, chile rellenos, and many home made desserts. There was so much variety one could not even try everything.

The upbeat dance music was created by DJ Ruth which made everyone want to get up and dance. There was something for everyone from classic ballroom to line dances with a hot salsa to spice things up.

We had a special visitor, Leif Andreassen. He and his wife Darleen began the Club in 2002. The Ballroom Dance Club was one of the first clubs to be formed. There were also over 20 door prizes thanks to some donations by Leif Andreassen.

The Christmas Pot Luck was a great way to end the year as we look forward to a new year. Next year we will sponsor several theme parties and of course another Christmas Pot Luck. Dance lessons will run January through November covering all the popular ballroom dance styles.

Classes resume in January 2020 with West Coast Swing taught by Sal and Ruth Algeri.

Please stop by and join us on Tuesday afternoons to practice your dance steps or learn some new moves. Non members are welcome to attend a couple of lessons before committing to join the club. Singles and couples are welcome.

Annual membership dues are a bargain at only \$7 a person and is open to all SCLH residents and sponsored guests. Lessons are offered in Kilaga Springs Lodge Multipurpose

rooms each Tuesday from 2-3 PM for beginners and 4-5 PM for more experienced dancers. Open dance is from 3-4 PM during which you can practice the many dance styles, including the current month's offering. Contact Ruth Algeri at 916-408-4752.

...

## LH Line Dance Group

BY JUNE WILLIS

The Line Dance Group was dancing and "Rockin" around the Christmas Tree at our annual holiday party which was held at Kilaga Springs Lodge on Monday, December 2. This party is always a festive occasion where we can show off our Line Dance skills as well as socialize, enjoy great food and partake in a few raffle prizes. Our instructors, Sandy Gardetto, Yvonne Krause-Schenck, Jeanie Keener and Cathy Paris led the dancers in several rounds of



Holiday potluck dancers!

dances which we have learned throughout the past year as well as some Christmas favorites. The group also recognized our instructors for their hard work and diligence. Our practice teachers were thanked as well as our "music man", Mike Schenck, for all that they do to make our group such a wonderful experience for all who have joined. If you are interested in joining our Line Dance Group, check out the current issue of the Compass. There are several classes, from Absolute Beginner up to Level 5, and several days and times to accommodate almost everyone's schedule. If you are making New Year's resolutions, maybe adding Line Dance to your life would be a great way to start the new year.

...

## Tap Company

BY LOUISE SEIDENVERG

Our holiday luncheon took place on December 19th. We were entertained by the wonderful young tappers of the Leighton Dance Project under the direction of our own teacher, Alyson Meador. Merilee Imamoto entertained us in songs, with Nina Malone at the piano, making the event a festive occasion!

"Night on The Town" dinner show scheduled for April 2020 is in full swing. Auditions have been completed. Our directors are, Becky Nicholson and Carol Rose and Sharon Lefkov, producer. Each of the tap groups and coaches are working to perfect their routines. There will be a performers' launch party scheduled for January. Further information regarding the party will follow!

...

## Mixed Media Club

BY JILL SHORT

Welcome to 2020, a year to have fun and try some new things. Mixed Media Club is a great way to try something new. We play, have fun, create and enjoy the company of others. The club meets the 3rd Wednesday in the Ceramics Room (OC) at 1:00 PM. The dues to join the club are only \$15 for the year. Join the club and you will receive emails about what is happening in the club and what materials to bring for our monthly activity. Our first meeting will take place January 15th. We will start off sharing projects we made, including the challenge we had in November. Our challenge was to use the index cards that were provided and do something artsy with them. Remember, challenges are voluntary. Come to the meeting and find out what our next challenge will be. As a group we will be making large name tags at our first meeting. One that is large enough to see across the room... which should help those of us who cannot remember names. The club will provide the paper to make the name tags. Bring some of your favorite supplies and ephemera or anything else you might want to use to make and decorate a name tag.

If you have ideas for speakers for our meetings or would like to teach our group a lesson contact Nancy Griffin. We will be planning out the 2020 year very soon. Do you wonder who helped planned activities for the club last year and will continue on into the new year? There are five on the committee and they are: Nancy Griffin (President), Frima Stewart, Jan Stephens, Chris Fetter, and Jill Short (news Article writer).

Mixed Media wrapped up 2019 with some great times. In November, Jan Stephens

presented us with a creative collage project on canvas. It is amazing what can be done with a little paint and collage items.

Our last activity of the year was a brunch at Frima's house in December.

It is always wonderful to spend time just talking and getting to know each other better. For fun we had a "Santa Stash Exchange". Everyone who wanted to participate brought a brightly wrapped package of some of our treasure collage papers, ephemera, and whatever other treasures we wanted to include.

Remember to mark your calendar for the monthly Mixed Media Club meetings the 3rd Wednesday of the month. You can also join many of us in the Art Journaling Class taught by Kerry Dahlin twice a month. More information about the class can be found in the Compass. Let's make 2020 a great year of art fun with fantastic friends. See you at our next meeting.

...

## Needle Arts Club

BY JILL SHORT

It is a new year and time to work on some new fun projects, learn new things, and make new friends. The Needle Arts Club is a great place to do that! Welcome in the new year at our first meeting, January 14 at 1:00 PM. Please take note that the January meeting will take place in the OC Ballroom. In February our meetings will resume at Kilaga Springs. Our January speaker will feature our local quilt shop - Sew Katie Jean, owned by Audrey Crawford, Sue Mentze and Katie Trott. They are located at 561 5th Street, Lincoln, Ca. The store front window features fun quilting themes that you can participate in. Some of our members have participated in the window fun. Sew Katie Jean provides assorted fabrics, notions, classes, block of the month and long arm services on site. At the meeting they will share quilts, information on their shop, kits and plans for 2020. We also will be having a special drawing for a prize. Those whose membership dues were received by December 31 will be in the drawing for a \$25 gift card. Remember to bring projects you have made to share during our show and tell time.

We are all anticipating the new look of our sewing room. Our President, Jean Storms, has done a great job keeping us informed as

(cont' on page 9)



Frima shared her mixed media art in November.



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### Lincoln Hills November Sales Snapshot

Address	Street	Sq Ft.	Price	Model
1550	Topanga, No. 203	1065	\$285,000	Condo
1665	Mary Rose	1138	\$435,000	Milpond
520	Gadwell	1361	\$435,000	Madera
1593	Sweet Juliet	1515	\$452,000	Pine Hill
1383	Sweet Juliet	1515	\$479,000	Pine Hill
607	Yerington	1539	\$506,000	Pine Hill
2916	Black Hawk	1549	\$505,000	Alpine
2790	Coopers Hawk	1549	\$481,750	Alpine
2715	Blue Heron	1673	\$495,000	Trinity
1587	Summerhill	1710	\$540,000	Baldwin
1223	Picket Fence Ln	1791	\$549,000	Tahoe
1905	Starview Lane	1791	\$560,000	Tahoe
100	Arrowhead	1854	\$545,000	Orchard Crest
1249	Stone Hearth	2151	\$560,000	Sausalito
2161	Pebblestone	2176	\$633,000	Sausalito
2669	Black Hawk	2264	\$795,000	Napa
1271	Truchard	2372	\$540,000	San Mateo
1727	Fallen Leaf	2536	\$844,000	Tiburon
1969	Viola View	2814	*785000	Sonoma
1087	Paragon	2883	\$685,000	Springcrest *
2126	Caravelle	3073	\$945,000	Santa Barbara */**

Per Sacramento mls reported sales 11/1/19 - 11/30/19

\* Casita • \*\* Open Space or Golf Course



## With so many things to do, we suggest getting an early start on your want-to-do list.

There's a lot to do at **Sierra Pointe Senior Living Community** — clubs, events, socializing, and more. So, go ahead and make your want-to-do list. But please don't include a bunch of chores. We'll take care of most of those for you.

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**Needle Arts Club**

(cont' from page 7)

to what is happening with the remodel. The Sewing room will be closed during the month of January due to the expansion. Reopening information will be sent via email and posted on the Sewing Room door when we are given a date. We know that many of you have questions, please continue to be patient.

The Needle Arts Board for 2020 is excited and ready for the new year. The elected members are: Jean Storms (President), Jeanne Helland (1st VP in charge of Programs), Nancy Norton (2nd VP in charge of Travel), Diane Nelson (Secretary), and Linda Garrett (Treasurer). The appointed members are: Sheila Haddad (Board Liaison or as she calls herself, Second Fiddle), Karen Funk (Calendar), Jill Short (Communication), Clareen Bolton and Bev Johnson (Community Service), Linda Moran (Membership), Pat Barnhill (Sewing Room), Shirli Lent (Sunshine/Past President), Sylvia Feldman (Webmaster), Judy Horowitz (Window Display), and Susan Smotherman (Workshops).

Save the Date - The 2020 retreat will take place Jun 1-5, 2020 at Mercy Auburn, details to be out soon.

Needle Arts is looking for members who are willing to help with the hosting/planning/helping with the 2020 May Luncheon and December Holiday Party. If interested, email Jean Storms: jeanstorms272@gmail.com

Community Service was busy towards the end of the year. They shared lots of love with items that they made and donated to various organizations. Hearts Apart, an organization from Beale Air Force Base that supports children who have one or more parent on

military deployment received 45 quilts. St Vincent de Paul Lincoln Chapter also received 45 quilts that were given out at their Christmas celebration for needy families in our area. Loomis Basin Community Christmas Basket Program received 15 baby quilts. Community service donated a total of 256 quilts in 2019. In addition, the knitters group contributed baby blankets, lap blankets, afghans and shawls to Loomis Basin Community Christmas Basket Program. They also donated knitted children's hats and scarves to Kids First. Community Service took a break in December. During January some of the community service group will be working on items in their homes until the Sewing Room expansion is completed.

Even though the Sewing Room is closed for remodel the Sewing Room Window has lovely pieces for us to look at. Stop by to see what projects were done in the 2019 workshops. The display will continue into the second week of January. It will give us an overview of some wonderful workshops that happened last year. Make sure you keep your eyes open when the workshops are offered this year. If anyone is interested is doing a workshop for our members please contact Susan Smotherman.

Our final function of 2019 was our December Luncheon. "Holiday" themed projects made by our members were on display. We have the most talented ladies who do beautiful work. The tables were festive, the food was delicious and the entertainment by the Sunny Singers were



Jean Storms helping to set up for our December Luncheon.

subline. If you weren't there, you missed out of an amazing rendition of Jingle Bells. It was a marvelous event to celebrate the end of the year for our group. Now let's look forward to a fabulous new year for Needle Arts.

For more information about Needle Arts check out the website: www.sclhna.com

**LH Painters' Club**

BY JOYCE BISBEE

Happy New Year! Painters' Club will open the year with our Meeting on January 21 from 1:30 PM at 4 PM, in the Fine Arts Room. It starts with thirty minutes of meeting new members and greeting friends. Our program is about the first event of the year, the Annual Fine arts Show. The show includes Paintings in all mediums, along with Photography, Ceramics and Wood Turners and other pieces of fine art.



Winners of the Art Challenge, November 2019.

The Show attracts over 59 entries and hundreds of visitors, many of whom purchase our art. The Show is in February starting on February 21 from 5pm to 8pm; Saturday from 9am to 5pm and closes on Sunday at 3pm.

Our meeting on January 21 will focus

on the Registration packet, how to fill it out, and answer your questions. The packets will be submitted with your check and names and prices of your work on January 23. That meeting is from 12:30 to 1:30 on the multimedia room at OC.

If you are new to our community come and check us out, we may be the new hobby you are looking for and dues are only \$15 a year!

For more information, Contact Joan Musillani at 916-712-4393.

**Paper Arts Club**

BY LINDA LUCCHETTI

Our holiday party was a jovial get together with good food, fun, and friends. Thank you to all who helped make it so wonderful.



Holiday party.

Due to New Years, our first club meeting of 2020 will be Thursday, January 9. There will be two free projects presented by Rosy Thielke and Susan Long.

A special thank you to our outgoing president, Dottie Macken, who has worked tirelessly during her term these past two years. Her inspiration, leadership, and commitment have propelled our club to a new level! Dottie will continue her involvement, handling the monthly "Open Lab" for members, an activity that she shepherded. Thank you again Dottie

(cont' on page 11)

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## Sun City Lincoln Hills Community Association Board of Directors 2020 Election

Sun City Lincoln Hills will elect three members to its Board of Directors on February 20, 2020. Following are statements by the six candidates running for office. We hope that all members of Sun City Lincoln Hills will become informed voters and vote for their selected candidates.  
— Sun City Lincoln Hills Election Committee

### David Conner



I am running for reelection to the Board of Directors and I seek your support.

I have excellent rapport with our committees and staff. I will be the experienced, disciplined leader that we need. I have courage, independence, and possess rare perspective. I have been proactive by starting open workshops, encouraging freedom of expression, and reintroducing the Pledge of Allegiance to our flag.

At the beginning of my current term, meetings were held to promote the construction of a new building. I rallied the members and helped fill the ballroom. Alone, I spoke out openly for the better part of a year, and ultimately helped save construction and subsequent costs for an untimely project.

This year, I opposed a small group advocating we fire part of our staff, cease rental of our assets, and change the dynamics and vitality of our community. Through meticulous planning and design this concept was marginalized.

After many years, pickleball capacity will double with the passage of the Sports Complex Project. We will finish paying off solar, nurture the Strategic Planning Team, and rewrite our documents.

My mission is to grow our property values, validate our people, and preserve our harborage from a chaotic world.

I would appreciate your vote. Thank You.  
David Conner  
President  
916-543-0461 - greyfoxdc@yahoo.com

• • •

### Tom Dunipace



I am running for the Board of Directors to bring my mediation experience, skill at seeking consensus, and problem solving ability to the BOD deliberate process. Below are my platform highlights:

**Eliminate Employee Bonuses:** Personnel should be provided clear job expectations with wages set accordingly. A bonus system just invites mismanagement of funds. Any cost savings should inure to the benefit of the dues paying members and not part of employee compensation.

**Fix What's Broken:** I'm not in favor of a Management Company at this time. I want to explore why the system broke down and resulted in HOA complaints relative to nuisance issues, ADA complaints, and continued lack of progress in our food and beverage operation. The Board needs to provide specific direction to the Executive Director and if he isn't able to address it in a timely fashion, then we need to find someone who will.

**Executive Director Review:** The entire Board of Directors hires the Executive Director, the entire Board should be involved in the annual review process.

**Security:** I want to enhance security in SCLH due to the proximity of continued regional growth. We currently pay over \$200,000 for private security to merely protect HOA property. I want to explore the use of retired law enforcement and reserve officers to bolster our security and include our extensive Neighborhood Watch volunteer group.

**Golf Operations:** I want to strengthen our covenants with the golf operation to our mutual benefit. There are ways to enhance the communication and cooperation to ensure our HOA remains in the loop relative to the financial health of the Golf Course.

As a former City Manager, City Attorney, and Licensed Real Estate Broker, I am keenly aware of threats to our property values that

can result from administrative dysfunction, lack of repairs, stagnation of planning and degradation of the golf course.

• • •

### Jack Harris



To run for the Board of Directors you only need to be an Association member in good standing. You don't really have to know how to do things or get things done. You just have to say you'll do it! You don't even have to do it! You just have to say you'll do it!

How about a different kind of election with a different kind of candidate? An "independent thinking" candidate who puts integrity first and only makes promises he is confident he can make happen. A candidate whose loyalties do not align with either past or present Board members. A candidate dedicated to what's best for all Sun City Lincoln Hills residents!

I am that kind of candidate.

Since the last election a rift has developed between some Board members that seriously hinders the communication, compromise and consensus that is necessary for a Board to make significant progress for the Association and community. This rift has resulted in a contentious and unproductive environment and sets a poor example for our residents.

As a veteran of 35 years in school and district administration, I have significant experience in leadership and negotiation, successfully using collaboration and consensus building. To meet the goals of the community, as a new candidate with a fresh approach, I believe I can put these skills to work and achieve agreement through communication and compromise.

Association finances and the impact on your dues is very important. My experience managing multi-million dollar budgets for school districts and service groups will serve me well as a Board member. I support the Sun City Lincoln Hills Strategic Plan under development which will address programs, services, capital improvements and communications, allowing us to make informed, data driven decisions.

Promises I can make now are to be a great listener; to be highly visible in the community; to be as transparent as possible; to demonstrate positive leadership and support; and to wear many hats, including the one that requires me to be direct, candid and forthright to make difficult decisions when necessary.

It's simple - Promises Made and Promises Kept!

I've been involved in the community since moving here in 2013. I have taken an active role in the Lincoln Hills Apple User Group for the past five years and I am currently the Vice President. I have been a member of the Food and Beverage Task Force since December of 2017. In 2018 I was a member of the Community Leadership Development Committee, and The Future of Sun City Lincoln Hills Task Force that led to the Strategic Plan currently being developed.

Sun City has been called "An Oasis in a troubled world." I look forward to working to maintain the Oasis and the idyllic community that we all live in.

I welcome the opportunity to talk to you about my candidacy.

Again, my name is Jack Harris and I am asking for your vote.

• • •

### Hans Fokkema



Focus On The Positive And Work To Make It Better!

As a team, the Board must reconcile all aspects of the issues it decides. It must focus on policy and oversight while allowing Committees and staff to handle procedural matters and details. I have the professional and community service experience to formulate policy and not micromanage our business.

- I have a proven track record in managing project teams of highly educated and specialized professionals.

- I have strong conceptual and analytical skills and the ability to apply those in uncharted territory.

- I have been an active member of the Finance Committee for 4 years.

- I successfully led the Reserve Task Force devoted to improving and strengthening our annual reserve study and reserve position.

Our financial position is strong and must remain so. My MBA and 27 years with Bank of America taught me how to analyze issues and develop policy. Our budget supports our community and the lifestyle our residents want.

Our finances must be managed efficiently and with vision. We need procedures for the effective use of the Community Enhancement Fund to enhance our community and our lifestyle. And, last but not least, we must retain a strong reserve position.

I ask for your vote to achieve these goals. Talk to me. 916-408-3612 SunCityHans@gmail.com

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(cont' on page 11)

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## Board of Directors 2020 Election

(cont' from page 10)

### Diana Peters

The Future of our Community depends on Your Vote!

There Is Much To Do.

Why I'm Running:

- My immediate challenge and goal will be to improve Meridians' hospitality, food quality, service and profitability. I will investigate the reasons these conditions have languished and work to stop the needless losses year after year. This continued indifference is a missed opportunity for attracting and successfully promoting our main focal point to buyers. Going forward, Meridians should be the social center and superior dining experience it was originally designed to be.

- I believe our Marketing Budget should be re-directed to "SCHL Active Lifestyle" objectives reflecting the residents' wants and needs. We need more outreach for our Residents still working. We are no longer a remote location in need of recognition, our Marketing Department functions should be re-purposed for OUR needs. I believe marketing to new buyers should be the responsibility of the Real Estate companies. I am especially concerned that we have too much emphasis on Open to the Public for outsiders to use our aging amenities.

- I want to increase resident participation, seek input from the silent majority and encourage volunteering. I also want to promote more educational and social events for our enjoyment. I will search for input from Clubs and Groups to expand their section in the Compass and for more pages devoted to feature our many gifted neighbors and include surrounding area attractions.

- I will advocate for increased security for our residents and streets. Our surrounding world has changed. Many recent California laws have a direct impact on our peaceful community. We must prepare and develop community wide plans to deal with the consequences, what we can and can't do as a HOA. And, each of us needs to know what to do and be aware of neighbors that may need assistance in an emergency.

- Unfortunately, our management is focused on expansion rather than renovation, setting us further behind in our ability to



modernize our 20 year old facilities. More than anything else, maintenance must be a priority. I will insist the Board inform residents on impending innovations, allow time to see input and gain majority approval before enactment.

In Order to Represent You, I need to Hear from You.

dianapeters@wavecable.com

• • •

### Joe Stewart

I'm Joe Stewart, running for re-election! I've been actively involved since my wife

and I bought here 10 years ago. Most recently, I led a successful effort to get the Full Sports Pavilion Upgrade Plan approved and now underway.

From our very beginnings, SCLH was set up to be self-run by an elected Board, who set Policy, hire/supervise an Exec Director...who in turn hires/runs our staff.

I Strongly Support our system of Self Government. It has clearly worked: Our dues are incredibly low relative to the level of amenities and services...and we've always been in the very top tier of 55+ HOAs in the Country! Our Residents, Committees, Leadership and Staff have done an excellent job! So I'm VERY CONCERNED about the increasing talk of contracting "Professional Outside Management" to run all aspects of our Association, including hiring/firing and all staff and operations.

The premise is saving money; but I've found that in large HOAs elsewhere, dues have often ultimately gone way up. More importantly, I believe management's focus would change from improving Resident services and amenities at the lowest cost to just saving money. Finally, it's pretty easily done—but almost impossible to reverse—if we don't like what we've gotten! PLEASE do your own due diligence! Listen! Ask Questions!

Are we perfect? Heck No! Do we keep trying to be? Yes! Do you love what we have now? Please help me to help us get even better! Vote!

• • •



## Paper Arts Club

(cont' from page 9)

for everything!

We welcome our new president, Susan Long. A longtime club member with lots of creativity and crafting experience, Susan brings her enthusiasm, and many ideas and suggestions. Let's wish her the best in her new role. Thank you and welcome, Susan!

We meet on the first Thursday of each month at 9:00 AM in the Terra Cotta Room at Kilaga Springs. For further information, contact: Nancy Sealy at nancyb1944@yahoo.com, or 315-702-7986.

• • •

## OC Book Club

BY CATHIE SZABO

"Food, love, career, and mothers, the four major guilt groups." – Cathy Guisewite

Can you relate? Call it Jewish guilt, Catholic guilt or just plain old all-purpose guilt – we've all been stricken by it in one form or another. And who better to carry that banner forward than the author of the beloved comic strip – Cathy.

Forty years on since Cathy last appeared, Ms. Guisewite tackles things we've all gone through or will go through – aging parents, aging children, aging self caught in between. With the warmth and wit we know from the comic strip, *Fifty Things That Aren't My Fault* takes on the challenges of today from the mundane to the momentous. Good way to start the new year? Read and decide.

Now for the news we all have been eager to hear. With a New Year staring us in the face, that means a whole new list of books to be read and discussed in our Book Club. See a favorite book or author? Or perhaps an intriguing title or a book you promised yourself to read someday? Now the time to pick up (or listen to) that book and join us in our discussions.

Our lineup for the year:

January 16: *Fifty Things That Aren't My Fault* by Cathy Guisewite

February 20: *Becoming* by Michelle Obama

March 19: *Elderhood* by Louise Aronson

April 16: *The Tattooist of Auschwitz* by Heather Morris

May 21: *The Death of Mrs Westaway* by Ruth Ware

June 18: *Year One* by Nora Roberts

July 16: *And Then There Were None* by Agatha Christie

August 20: *Small Great Things* by Jodi Picoult

September 17: *The Widows of Malabar Hill* by Sujata Massey

October 22: *The Testaments* by Margaret Atwood

November 19: *Where the Crawdads Sing* by Delia Owens

December 17: Holiday Luncheon

The book club meets on the third Thursday of the month at 1pm in the OC multi-purpose room. Newcomers are always welcome. Come and bring your opinions!

For further information about the OC book club, contact Maureen Deal at modeal2010@gmail.com, Joanne Johnson Felt at ivyborcourt@aol.com, or Cathie Szabo at catsickle@gmail.com

• • •

## The Writers Group

BY ANDY DEXTER

Happy New Year! The Writers group is starting a new decade, a new year, a new President, a new secretary and meeting in a new room. Wow. We will meet in the Multi-purpose room of the Orchid Creek Lodge on the 2nd, 4th and 5th Mondays of each month. In January we meet on January 13th and 27th.

We hope you will start writing your stories, memories and/or history with us. A book can be an overwhelming task to take on, however if you take one page or chapter at a time, it's easier than you can imagine. Our group is here to help and share. Bring about a dozen pages of something you have written and share with us. In this New Year, let's get started on that writing project you have been putting off.

• • •

## Vintage Treasures

BY ELLEN STEELE

Our February 3 Program will feature pre - 1970 Travel, Vacation, and Transportation Memorabilia. Members may share two or three items with the group. Examples can be items from air travel, trains, ships, buses, road trips, hotels, casinos, parks, landmarks, and fairs. Open your closets and drawers, find those treasured memories of your wonderful travels. With mid - winter on our minds, let our thoughts wander wisely to the tranquility and timelessness of travels that you wished would never end. Travel broadens the mind, and brings us the revelation of our wonderful world, of cultures rich in tradition and differences. Please join us!

We meet in the Heights and Gables Room (OC), the first Monday of every month, 10:00 to 11:30 AM. The Program will be followed by an optional lunch at Meridians.

Contact: Sandi Janisch 916-253-9085.

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(more Club News cont' on page 13)



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### Postage Stamp Group

BY TIM MILES

It's 2020 already and the holiday season is over. With the New Year, we have our meeting locations finalized for January and February. All the meetings will all be held at the Sun City Lodge meeting rooms (7050 Del Webb Blvd., Roseville). The January meetings will be Tuesday nights at 6:30 pm on January 7 and January 28. Our February meetings will be on Tuesdays at 6:30 pm. The dates will be February 11 and February 25. We get together twice a month and parking is abundant and immediately available.

Don't forget the "after-holiday" dinner we are having at the meeting room location at Sun City Lodge on Thursday January 16. Contact June Stark to make arrangements to attend. The folks at Timbers at the Lodge Restaurant will be serving us a wonderful meal.

Meetings start 6:30 pm and usually are finished by 8:45 pm. We have door prizes, silent auctions by various members involving anything philatelic, presentations by various members, instant appraisals are available, and anything philatelic is open for discussion. Whatever your stamp "riddle" is, our members stand ready to solve it.

If you have an "old" collection up in your closet, feel free to bring the collection to a meeting and you can get a 2020 "ballpark estimate" of it's value. For further information, feel free to call Al Capparelli at 916-771-8288. Our annual club dues are minimal if you desire to get reinvented in the hobby. Everyone is welcome at our meetings.

• • •

### LH Travel Group

BY TEENA FOWLER

Our meeting this month is on Thursday, January 23rd in the Kilaga Springs Kitchen at 6:00PM. Collette's Jay Fehan will present visuals and information about Collette trips being offered through our Travel Group. Our committee will present information about the other trips listed below.

You do not have to be a member of the Travel Group to attend our meetings. See our website for detailed information about all our booked trips.

- www.lincolnhillstravelgroup.com
- Washington D.C. Single hotel Stay (May 7-12, 2020) (Sheron)
- WWII Memorial, Smithsonian, Arlington Cemetery, Mt Vernon, Ford's Theater
- Puget Sound & San Juan Islands Cruise (Jul 11-18, 2020) Fly Seattle R/T (Teena)
- Anacortes, Friday Harbor, Victoria BC, Port Angeles, Port Townsend, Poulsbo
- Crystal Cruise - Stockholm to Dover (Jul

13-25, 2020) (Louise)

Ports: Tallin, Estonia; Helsinki; St. Petersburg; Gdansk, Poland and Copenhagen  
Spotlight on New Orleans (Oct 10-15, 2020) Single hotel stay (Teena)

WWII Museum, jazz revue, swamp tour, St. Louis Cemetery, French Quarter Tour  
Oceana Insignia Cruise - Montreal to Miami (Oct 26-Nov 10, 2020) (Sheron)

Repositioning cruise: Quebec City, Halifax, Portland, Newport, NY, St. George Is. Nashville & the Smoky Mountains Holiday (Dec 10-17, 2020) (Sheron)

Grand Ole Opry, Dollywood, Asheville, Biltmore Estate, Gaylord Opryland Resort  
Possible Trips (2020) -

Crystal Danube Cruise - Vienna to Budapest - (Oct 27-Nov 4, 2020) (Louise)

Wachau Valley, Melk Benedictine Abbey, Bratislava's St. Martin's Cathedral & more  
Possible Trips (2021) -

Colors of Morocco (Small Group) - Casablanca, camel ride, Marrakech - 11 days  
New Zealand - Auckland, Wellington, Christchurch, Queenstown - 22 days

Switzerland (By Rail) - Bern, Zermatt, Lake Geneva, Swiss Travel Pass - 10 days

Southern Charm - Charleston, Savannah, Jekyll Island, St. Simons Island - 7 days

Albuquerque Balloon Fiesta - Santa Fe, Open-Air Tram, Loretto Chapel - 6 days

Travel Group Committee Member  
Contacts: Sheron Watkins 916-849-9504 sheron55@att.net; Teena Fowler 916-543-3349 teenafofowler@wavecable.com; Louise Kuret 916-408-0554 lkuret@sbcglobal.net

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### LH Italian Club

BY LINDA LUCCHETTI

Felice Anno Nuovo. Happy New Year! The calendar is already filling up. We'll kick off the New Year with our annual Crab Feed, set for January 10. On February 20, we'll enjoy some "Pie and a Movie" at Kilaga Springs Lodge, Presentation Hall. Watch the delightful film set in Italy, "Letters from Juliet." On April 18, we'll learn more about "All Things Lombardia" to be held at Kilaga Springs Lodge, Multi-Purpose Room. The Annual BBQ & Bocce returns on May 17. Go the website to see what else is



Irene and Aldo Pardini

being planned this year.

The Italian Club presents social events and activities that are always fun and entertaining. If you are a Lincoln Hills resident of Italian heritage, check out our website at www.lhitalianclub.org. Contact: Sandi Graham, membership, at 916-826-5711.

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### LH RV Group

BY STEVE BEEDE

The Lincoln Hills RV Group celebrated the Holidays on December 7th with a fun-filled Party at Turkey Creek. After a sumptuous dinner, we danced the night away to the vocal and musical talents of Steve Evans and his Fun Company. Thank you so much to Ed Hartnett for sponsoring our dance floor and to Thad Stanley and Reverse Mortgage Funding for supporting our Event.

We meet on the 2nd Thursday each month at 4:30 PM in Kilaga Lodge. Our next Group Meeting will be Thursday, January 9th when we'll go over Rally plans for 2020 and much more. Planned Rallies include Southern CA, Ashland, Oregon, Las Vegas, Nevada, and Graeagle. If you are interested in RV'ing and want to learn more, come visit with us, make some new friends, socialize over shared appetizers, and learn the joys of RV travel.

Contact: Steve Beede at stevebeede5@gmail.com; 916-752-6972, or check us out on our website at www.lhrvg.com.

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### S.C.H.O.O.L.

BY PATTI KINGSTON

Why not start the New Year right by volunteering in one of our local schools? You need not have a background in education. You'll be able to accommodate your schedule in the classroom and can name how much time you are able to give. If you have the time, there is a place for you in a K through 5 classroom or Phoenix High School. Even an hour or two a week is helpful.

We have a request from Phoenix High School for tutors in English and math. You would work one on one with students for one or two class periods. An English tutor would need a strong background in the elements of literature and fundamentals of grammar. A math tutor would need to have a strong background in algebra and geometry. If you are interested contact Irma Mendez at jmeidm@aol.com.in.

To learn more about volunteering in



Sandy Frame in Mrs. Ayala's class at First Street Elementary.

Lincoln schools, visit our website at http://schoolsscunity.org, to find information about the program including each school's web site, quotes from teachers and volunteers, and photos of volunteers in the classroom.

SCHOOLS has a steering committee to organize the volunteer program every year. There are several tasks to be completed by members of the committee. In addition to selecting and placing the volunteers, we have an annual meeting in the Fall at Kilaga Springs. We are looking for additional members for the committee. If you are interested please contact one of the committee members listed below or Patti at pkington@att.net.

Call today for further information and with questions. Contact: Cyndi Colloton at ccolloton@yahoo.com (Elementary) or Irma Mendez (High School) jmeidm@aol.com

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### LH Veterans Group

BY B.L. LEWIS

Happy New Year! 2020 is the beginning of a new year and a new decade and with it comes a new Board of Directors for the Lincoln Hills Veterans Group. The 2020 Board members are: Mike Schultz, Jon Hodson, Michael Amerio, Don Jobe, Joan MacAdams, Larry Yaggi, and Alan Hearl. Several of the Board members are also committee chairs, Jon Hodson, Membership; Don Jobe, Program; Michael Amerio, Flags; and Larry Yaggi, who is our representative to the Lincoln Veterans Memorial. There are numerous opportunities to become involved in the Group's organizations. If you are interested in becoming more active in the activities, please contact Bill Lewis at 916-408-3771 or Malcolm Singer at 916-645-8553.

The LH Veterans general meeting will be on Thursday, January 15, 2020 at 1:00 p.m. in the Kilaga Springs Presentation Hall. Paul Loeffler, Fresno radio and television personality will be our Guest Speaker

(cont' on page 14)



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**LH Veterans Group**

*(cont' from page 13)*

talking about his syndicated radio program, Hometown Heroes. On his radio program, Paul interviews WWII veterans about their military experiences and presents history through the perspective of those that have lived it. The Hometown radio broadcast eventually helped launch the Central Valley Honor Flight; a volunteer organization that has transported more than 1,200 veterans to their memorials in Washington D.C. at no charge.

Remember that Flag sales are available in the Orchard Creek Lodge on the 15th of each month for \$20.00 and the pole rings and holders are also available. Also Michael Amerio will deliver them to your home; 661-304-6519. Remember to fly your Flag proudly on New Years Day, January 1, 2020, and Martin Luther King Jr. Day, January 20, 2020.

All veterans are invited to support the funding of Lincoln Veterans Memorial at McBean Park in Lincoln. You can contribute by donating \$25 for a Memorial Coin; with a \$150.00 donation you can have a Black Granite Plaque with your name and service information inscribed; or you can make a donation of any amount to the Lincoln Veterans Memorial Coalition. Send your checks and information to LVMC, Treasurer, Larry Yaggi, 2300 Cinnamon Teal Lane, Lincoln, CA 95648.

Welcome Aboard to New Members Tom Eberlein, U.S. Marine Corps; Rene Lopez U.S. Air Force; Philip Robertson, U.S. Army; Craig Schoenthaler, U.S. Navy; and Thomas Watson, U.S. Navy & U.S. Air Force. Congratulations to New Life Members, Glen Halvorsen, U.S. Air Force; Bill Hanlon, U.S. Air Force; Raymond

Marks, U.S. Army; Tom Moran, U.S. Army; John Quigley, U.S. Army; Hans Rosevold, U.S. Air Force.

As of December 12, 2019, the group's paid membership stood at 164, including 124 life members and 20 Associate members. World War II veterans (including Spouses) total 21. The total membership was 205.

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**Singles**

BY SUSAN FOSTER-PLATT

Happy New Year! Our first event in 2020 will be Cocktail Time on Thursday, January 2nd at 4:00 PM. Join us at Orchid Thai in Lincoln to welcome in the New Year. On Sunday, January 5th we will be celebrating our members, who have birthdays in the first month of the year! Join us in the Sports Bar at 4:00 PM for this all-time favorite event of the Singles. A complimentary drink of your choice is yours, if this is your birthday month.

Our Activity Meetings will start up again this month! Please come and share your ideas for new and fun ideas for the Club's events. We will be meeting at 4:30 PM on Tuesday, January 7th in the Ceramics Room at Orchard Creek. Make it a new year's resolution to join us for this meeting! We welcome your input.

On Thursday, January 9th, we will meet at Orchard Creek in the Ballroom at 6:00 PM for our 1st business meeting of the year. Following this short meeting, we will have our always exciting game and joke night. Please bring a favorite joke to share! There will be prizes and a great time for all!

Our Second Saturday Breakfast will be held at 9:00 AM in the Sports Bar on Saturday,

*(cont' on page 15)*



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### Singles

(cont' from page 14)

January 11th. This is a perfect way to start your weekend! Good food, great friends, and a comfortable environment are yours to enjoy at this event. For Dining Out, we are headed to McCormick & Schmidt's in Roseville. To enjoy this lovely setting and a wonderful meal, please call Sue to make your reservation for dinner.

We will round out the month with our very popular Pre-Super Bowl Party. Doors open at Kilaga Springs on January 30th at 5:30 PM for lots of fun, gourmet hot dogs with all of the trimmings, sports trivia, and all things Super Bowl!! Call Susan at 916-397-0850 to purchase your ticket for this one. A great evening for only \$10! Happy 2020 to all!

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### Big History Club

BY CAROLE WADE AND DAVE LEWIS.

So what is Big History? David Christian, an historian currently based in Australia, developed a multidisciplinary science-based approach to history which starts with the Big Bang when time and space were created and then progresses through a series of "thresholds". Bill Gates happened to see a David Christian presentation while exercising on his treadmill and was so impressed that he used his own money to sponsor the creation of the Big History Project. Big History is now taught in over 1200 high schools nationwide. See their website at [www.BigHistoryProject.com](http://www.BigHistoryProject.com).

Our fearless leader and club president, Ranny Eckstrom, discovered the Big History Project and came up with the idea of creating a version geared toward the senior

adult. She started the Big History club in the fall of 2017. For the past year we have been exploring Threshold 7, the Agricultural Revolution, when hunter-gatherers settled down and became farmers. That was a huge change, leading to the creation of cities, then civilizations and nations.

The Big History club is open to all Lincoln Hills residents and meets on the first and third Mondays of each month from 10 to 11:30 AM in the Kilaga Springs Presentation Hall.

Our first meeting of the year will be on January 6th. Dave Lewis will describe two "lost" ancient civilizations. The first are the Minoans, who lived on Crete from about 3,000 BCE to 1,200 BCE. However, historians did not know they existed until archeologists discovered Minoan ruins in the mid-1800s. Today they are generally believed to have been the first advanced civilization in Europe. The Minoans were also the source for several memorable Greek myths, including the one about the slaying of the Minotaur and possibly even the myth of the lost civilization of Atlantis. (Come to the meeting to find out why they abruptly disappeared.) The second "lost" civilization were a group of city states known as the Phoenicians. They were seafaring traders who established colonies throughout the Mediterranean and as far away as Africa, Britain, and India for almost a thousand years beginning around 1,200 BCE. They developed and shared an alphabet which is the basis of the one we use today. Then in 332 BCE their cities were destroyed. Very little was known about them until the 19th century. Find out what happened in 332 BCE at our January meeting.

Dragons? Unicorns? Winged horses? Minotaurs? Werewolves? For thousands of years, myths have played fundamental roles in

characterizing cultural identities around the globe. Legends of gods, demigods, and other superheroes, passed on through generations—sometimes across many centuries—provide colorful stories of creation, struggles between good and evil, fertility, the afterlife, and more. For our second meeting in January, Carol McKenzie and Doug Brown will talk about the importance of these myths in the ancient world and particularly on the Epic of Gilgamesh, the first and oldest long poem created almost 5,000 years ago. The poem is about a half man, half god seeking immortality. The poem also includes a detailed description of how to build an Ark, gather animals for it, and survive a great flood a thousand years before the biblical story of Noah. The story of Gilgamesh was discovered in 1853 by the British in what is current day Iraq and is now considered a classic; there are even video games based on it! Come hear this fascinating tale, 10 AM, January 20th, Kilaga Springs, Presentation Hall.

For more information, contact: David Lewis at 916-626-2795 or at [stuff619@gmail.com](mailto:stuff619@gmail.com). Website: [www.bighistory.sclh.com](http://www.bighistory.sclh.com)

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### Apple User Group

BY RICH THAYER

The Apple User Group is kicking off 2020 with some important and exciting presentations. On January 2, Ken Spencer will help you answer the question, "Should I upgrade to macOS Catalina 10.15?" He will discuss the pros and cons, show you how to determine what applications

will not work, and highlight the new features and how they interact with your Apple devices should you decide to upgrade.

At the general meeting on January 15, Andy Petro will present "Editing iPhone Photos on iOS 13." iOS 13 provides enhanced editing tools on the iPhone, including 14 editing adjustments, nine filters, and eight picture sizes. You can also connect to the Motif App to create photo books from your iPhone.

Be sure to check [lhaug.org](http://lhaug.org) to get the latest information about upcoming events, videos of past seminars, membership, and more.

This group is dedicated to educating and supporting our members. Pictured here are the many volunteers that make that happen. Front row: Ken Silverman, Sharon Worman, Andy Petro, Sue Schwartz, Bonnie Esker, Helen Rains, Jeff Hanner, Bill Smith, Nina Mazzo, Lew Barnard, Vicki White. Back row: Gerry Esker, Arnie Schwartz, Rich Thayer, Doug Thom, Harlan Felt, Henry Sandigo, Steve Kirkland, Jim Collier, Jack Harris. Not pictured: Ken Spencer.

Club Contact: Helen Rains by email at [helen.lhaug@icloud.com](mailto:helen.lhaug@icloud.com).

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(more Club News cont' on page 16)



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## Genealogy Club

BY DR. BARBARA BRANCH

The next Genealogy Club meeting will be January 20th, 2020. We'll be off to a great start for the new year at our general meeting when we will elect the 2020 Officers. If you are interested in running for an office, contact Barbara Branch.

Our speaker will be our president, Barbara Branch, who is going to share two Genealogy techniques she learned from Internet Genealogy Magazine. If you haven't already downloaded and completed your application for membership, whether renewing or are a first-time member, go to our website and download it and bring the completed application along with your check to our meeting on the 20th or mail to Lodge Carlton, our treasurer. The dues are a bargain at \$20 for the year as you get speakers each month at the general meeting and Boot Camp sessions for those new to genealogy and special DNA presentations and discussions. You also get to use the software the group subscribes to including Family Tree Maker 2017, Legacy Family Tree 9, Roots Magic 7.5, Ancestry.com, Find My Past, Fold 3, History Geo and Newspapers.com. Did you know individual coaching is also included? You can set up a time to go in with any genealogy issue and have someone help you learn and move forward.

Boot Camp for Beginner's will be held in lieu of Walk-ins on the first Monday of each month, February - June. Watch for details in January.

As if all that is not enough, each general meeting has a door prize someone wins via raffle ticket for members in attendance and a social with refreshments across the hall after each meeting.

So, come join us at 6:30 pm in the Kilaga Springs Presentation Hall. Arrive a few minutes early to sign in and get your raffle ticket. The door prize for those who have renewed their membership is a Google Home Mini. Stay for refreshments after the meeting across the hall. See you there. Contacts: Dr. Barbara Branch 916-543-8219 Website: lincolnhillsgenealogy.com

## Bosom Buddies

BY ALISON SHELTON

We ended our year with the popular holiday party, and everyone agreed "a good time was had by all." It's always nice to get together to celebrate with friends, especially when the year has brought challenges that remind us how important it is to be here for each other. We feasted on lasagna and fettucine, salad and garlic bread (and wine, of course,) then sang some holiday songs led by Lori Redhair, a talented singer who also entertained us with a few seasonal solos. Each guest received a beautiful pine cone Christmas tree handmade by Kay Brady, Sue Blankenship, Sharon Peck, Peggy Ryan and Val Singer.

For the past few years, Bosom Buddies has had a phone tree to inform members of meetings and lunches and also as a way to keep in touch, to let them know we're thinking of them. In the new year, we're going to change the phone tree. We won't continue with the tree captains; however, any members who still would like the monthly contacts can continue to receive them. Call Barbara Mathot at 916-408-3554, and she will add you to her list. Some of us need that reminder about meetings or

want to let Bosom Buddies know about health issues or upcoming medical treatments, and being on this list would make certain someone checks in on you.

Our next meeting, January 9, will feature Nurse Practitioner Kimberly VanYsseldyk, the Cancer at Risk Program Coordinator at Sutter Health in Roseville. She also has experience in a cancer genetics program and lymphedema



screening and has worked as a lung nodule nurse navigator, so her talk should be an interesting and informative one you won't want to miss.

Bosom Buddies welcomes breast cancer survivors as well as those still undergoing treatment. We meet the second Thursday of the month at 1:00 PM in the Multipurpose Room at Orchard Creek. Our meetings range from educational talks to creative projects, but what is most important to us is being here for our members - which we're able to do thanks to a generous grant from the Lincoln Hills Foundation. Before the meetings, members and guests are invited to lunch together at Meridians, at 11:30 AM. This informal get together is a good way to learn more about each other over. For reservations, please call Val Singer at 916-645-8553.

We begin our meetings with an inspirational, often humorous, reading by Barbara Mathot, and we close by forming a circle, holding hands and saying, "Together, we are strong; together, we make a difference; together, we will survive." And, that we will do with a little bit of fun!

For more information about Bosom Buddies, call Marianne Smith at 916-408-1818 or Patty McCuen at 916-408-4185.

## Hearing Impaired Support Group

BY JOANNE MITCHELL

The Hearing Impaired Support Group will hold its next meeting on Thursday January 23, 2020, in the multi-purpose room at Orchard Creek, from 2:30 PM to 4:30 PM. Our guest speaker will be Bobbi Long, Lead Faculty, American Sign Language, at William Jessup University. She will be bringing several students with her, and the presentation will be oral, and accompanied by signing and captioning as well. The presentation may be helpful for children and/or adults whom members know who may have hearing issues. Please let Donna Szabados know if you will be attending, so that adequate seating may be provided. Her email is dszabados@gmail.com.

## Low Vision Support Group

BY JOAN BRANT-LOVE

January Meeting - Tuesday 1/7, 2020, 2:00-4:00 PM, Fine Arts Room, Orchard Creek Lodge

"Best Kept Secret in Town" will be our

(cont' on page 17)

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### Low Vision Support Group

(cont' from page 16)

topic. Lincoln Hills Lions Club President, Dave Evans, and Lions Past District Governor, Bob Olin, will present the long history of the largest service club in the world dating back to 1917. In 1924 Helen Keller asked the group to become her Knights of the Blind and today they continue that legacy and the legacy of their founder.

February Meeting – Tuesday 2/4, 2020, 2:00-4:00 PM, Fine Arts Room, Orchard Creek Lodge

Two representatives of the California State Braille and Talking Book Library will be our speakers. This is a free library service for Northern California residents who are print disabled, blind, visually impaired, or unable to read conventional print due to a physical or organic disability such as dyslexia. The library loans talking and braille books and magazines via postage-free U.S. mail, along with downloadable books and magazines via desktop or mobile app, descriptive videos, and audio playback equipment all free of charge to eligible patrons. BTBL also provides reference services including but not limited to resources about blindness, offers readers advisors to assist with reading selections, provides tours and outreach presentations, connects patrons with telephonic news services and other relevant resources, and maintains a local talking book recording studio.

For more information: 800-952-5666 or [btbl@library.ca.gov](mailto:btbl@library.ca.gov)

Low Vision Support Group Contact: Cathy McGriff 916-408-0169

### Wise Aging Resource and Support Group

BY CAROL EISENHOWER

We are a support group for residents of Sun City Lincoln Hills, and we provide a forum for discussion, support, education, and sharing of aging-related resources for all residents wanting to plan for their older years, whether ageing in place or exploring other options. To date, we have heard from Neighbors Indeed, the Placer County Peer Counseling Service, and a speaker instructing us on why we need to plan for the future. Our meetings always include small group discussion to share ideas. Topics to be covered in the future include long term care insurance, fiduciaries and attorneys, grief and depression as well as how to get information and help with aging decisions, home maintenance and safety concerns, and downsizing.

Come and join the other 60 people who have discovered the comfort in sharing information and being heard. Meetings are every first Monday at 1 pm, Gables/Heights Room, Orchard Creek Lodge. Our next meeting is February 3.

For information contact: Ellen Altman, [ellenreba@yahoo.com](mailto:ellenreba@yahoo.com), 916-409-2014 or Jane Carhart, [jzcarhart@hotmail.com](mailto:jzcarhart@hotmail.com) 916-543-6938.

Website: [lhwisegggers.com](http://lhwisegggers.com)

### Alzheimer's/Dementia Caregiver's Support Group

BY JEFF ANDERSEN

Upcoming meetings for caregivers: January 8, Ladies Group; January 16, Men's

Group, January 22, General Meeting. See bottom of this article for times and locations.

Ten tips for Communicating with a person living with Dementia:

- You know what makes me feel safe, secure, and happy? A smile.
- Did you ever consider this? When you get tense and uptight it makes me feel tense and uptight.
- Instead of getting all bent out of shape when I do something that seems perfectly normal to me, and perfectly nutty to you, why not just smile at me? It will take the edge off the situation all the way around.
- Please try to understand and remember it is my short term memory, my right now memory, that is gone -- don't talk so fast, or use so many words.
- You know what I am going to say if you go off into long winded explanations on why we should do something? I am going to say No, because I can never be certain if you are asking me to do something I like, or drink a bottle of castor oil. So I'll just say No to be safe.
- Slow down. And don't sneak up on me and start talking. Did I tell you I like smiles?
- Make sure you have my attention before you start blabbering away. What is going to happen if you start blabbering away and you don't have my attention, or confuse me? I am going to say No - count on it.
- My attention span and ability to pay attention are not as good as they once were, please make eye contact with me before you start talking. A nice smile always gets my attention. Did I mention that before?
- Sometimes you talk to me like I am a child or an idiot. How would you like it if I did that to you? Go to your room and think

about this. Don't come back and tell me you are sorry, I won't know what you are talking about. Just stop doing it and we will get along very well, and probably better than you think.

• You talk too much-- instead try taking my hand and leading the way. I need a guide not a person to nag me all the time.

The Alzheimer's/Dementia Caregiver's Support Group meetings are held each month except December. The General Peer group meets at 1:00 PM each 4th Wednesday in the MultiPurpose Room (OC). All are welcome to attend, especially caregivers with recently diagnosed family members. The program for the General group gatherings alternates monthly between group discussion moderated by a licensed counselor from Del Oro Caregiver Resource Center, and formal presentations by professionals in the industry. The Women's group meets with Jo Fratessa/Valerie Jordan, is discussion only, and is designed for women who prefer talking in a less crowded setting. The Women's group meets on the 1st Wednesday at 1:00 PM in the MultiMedia Room (OC) (across the hall from the Large group location). The Men's group with Al Roten meets on the third Thursday of the month at 10:00 AM at Granite Springs Church, 1170 E. Joiner Parkway in Lincoln.

The caregiver's groups and programs are supported by the Lincoln Hills Foundation. More information is available from our Steering Committee members Valerie Jordan (909) 625-7443, Cathy Van Velzen 916-409-9332, Jo Fratessa 916-408-7209, Al Roten 916-408-3155, or contact Jeff Andersen [2jeffa@gmail.com](mailto:2jeffa@gmail.com).

(more Club News cont' on page 19)

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As we embark on the year 2020, Let us only reflect on the good in 2019. Let us clearly see the opportunities in 2020. Let us extend kindness and generosity to everyone. If I can help you, please let me know.

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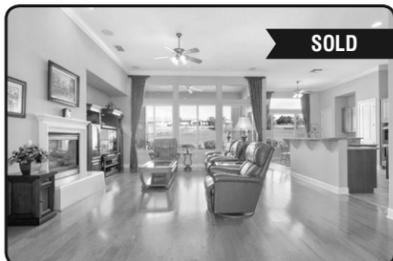
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### Amateur Radio Group

BY RUSS STEELE, KF6TAR

A new year brings some new changes for the Amateur Radio Group. Last month Stuart Gallant (K3RZB), a 59 year veteran of amateur radio, was elected President of the Group, replacing Jim Darby (K6GYM), who graciously gave



Stuart Gallant at ARG Field Day, June 2019.

up his chair after many years. John Griffin (N6OQ) will be taking over the Repeater Trustee duties from Doug Thom (N6OYU).

Stuart is a bio-engineer who developed medical devices for the management of multiple medical conditions. He retired from Apple in 2017 and moved to Lincoln Hills. Stuart is a ham radio operator with an Extra Class License and is fully engaged on multiple bands and modes. He has plans for the ARG to become more active and engaged in 2020, introducing a list of activities for consideration and discussion at our last meeting.

The ARG meets every Monday at 6:30 PM at the South Entrance Facility to discuss amateur radio, the latest technology developments, and exchange remembrances of lives well lived. The ARG holds a practice network to hone communication skills at 7:00 PM on 443.225 MHz, with a PL of 167.9. Come to our next ARG meeting and see how amateur radio can become a highly rewarding part of your life.

For more ARG information please email stuart.gallant@gmail.com

• • •

### RoadRunners Motorcycle Club

BY MIKE SMITH

The club wrapped up 2019 with their annual Christmas dinner on December 5. Held at Cattlemens restaurant in Roseville, the club's new officers for 2020 were installed. A great dinner was enjoyed by all and a special Thanks to Bill and Christy Zemina for making the arrangements! The club's Road Captains will be meeting this month to put together the riding calendar for 2020, looking forward to some great rides in the coming year!

The club has scheduled rides on the second Saturday of the month, March – November. If you like motorcycle touring and have a road worthy motorcycle or trike – check us out! The club meets on the fourth Thursday of the month at 5:30 PM Multipurpose Room

(OC) Guests are always welcome. There will be no club meeting in January.

“Ride Safe – Ride With Friends” Contact: Manny Perez 916-253-9121 manwil412@wavecable.com

• • •

### SCLH Sports Car Club

BY PAM BERRY

Gentlemen, Start Your Engine! Well, guess the movie “Ford vs Ferrari” has gotten to me. It is still a bit early to start our car tours but not too early to start planning! This wonderful rain will make the spring rides so enjoyable with flowers all a bloom.

Our members have already organized two rides. One is an all time favorite to Pacific Grove led by President Tom Breckon. The other is the annual sausage run up to Lockeford and Jackson’s Teresa’s Restaurant led by Virgil Berry. There are even more in the planning stage and will be announced soon.

Many readers might enjoy our tours but do not care to own a sports car. If that is you, we would like to remind you that the directions, list of restaurants, and even hotels are shown on our Website (see below). You are welcome to use them as a start for your own adventure.

The Holiday Party organized by Edy Ternullo was a big success. Catta Verdera management provided a delicious meal, music by Paul & Jennifer Carroll, and fun was had by all.

As the year ends, our members take time to thank the past board for their work. Elected Officers - President Tom Breckon, Vice President Jo Fratessa, Secretary Pam Berry, and Treasurer Carol Asnault. Appointed Officers – Tour Events Dave Altstadt, Social Events Edy Ternullo, Liaison/Historian Karen Allington, and Webmaster Ron Goleno.

2020 Elected Officers - President Tom Breckon, Vice President Vic Kremesec, Secretary Pam Berry, and Treasurer Carol Asnault. Appointed – Tour Events Wayne Sloan, Social Events Linda Snyder, Community Liaison/Historian Karen Allington, and Webmaster Ron Goleno.

We are looking forward to a great year!

• • •

### Rods and Relics

BY ELNA RAGAN

There are no Car Shows in December due to the wintery weather. We did not hold a General Business Meeting this month. Instead, we enjoyed an evening of fun and friendship at the Christmas Party, held on Sunday, December 1 in the Orchard Creek Ballroom in Sun City, Lincoln. The food was delicious,

the games we played were challenging, and the music provided by the Fun Company was wonderful to listen to and dance to. Club members provided two large overflowing boxes of presents for Toys for Tots!

There were two breakfast get-togethers at the Twelve Bridges Waffle Farm Restaurant on the 10th and the 24th. Club members also got together for a relaxing evening of friendship at Old Town Pizza on the 11th. It is always fun to sit with different Club members and get to know them better.

We are always looking for new members! If you own a 1975 or older American-made or American-powered vehicle and enjoy getting together with like-minded auto enthusiasts, come out to the get-togethers listed below! Check out our website and become a member of our Car Club!

We hope you had a very Merry Christmas and a safe, happy, and healthy New Year!

Upcoming Events —

January 16: General Business Meeting. Dinner is available from 5:00 p.m. on and may be followed by a speaker at 6:00 p.m. The General Business Meeting starts at 6:15 p.m. Club members will be notified of the location. Non-members, please call the Club President listed below for that information.

January 7, 21: Breakfast at the Waffle Farm in the Twelve Bridges Shopping Center. Members start arriving at 7:45 a.m. Join us for a tasty breakfast and to catch up on Car Club-related news.

Contacts: Chuck Barnhart, President 916-543-7301 or Mike Carvidi, Membership Director 707-849-2834

Website: www.rodsnrelics.net

• • •

### LH Dog Owners Group

BY SHERRI WALKER

Dog Owners Group (D.O.G.) is now Matchmaking! The Sun City Dog Owners Group is pleased to share we were able to match



Lenora and Mitch.



Allie and Honey.

up two rescue dogs with Sun City humans in the past couple of months. Allie Sawyer adopted Penny (now Honey) and Lenora Waldemar adopt Hitch

(now Mitch). Thank you to Scooterspals.org for waiving the adoption fees. If you know of a dog or human in need of the other, let us know and with our rescue partners, we will do what we can do make a match!

Join us for coffee and quiche at the next meeting for D.O.G., which is January 18th at 10:30 a.m., at the home of Sherri Walker (356 Cope Ridge Ct.). We will be planning fun events and calendaring our get togethers for 2020. Please RSVP to Sherri Walker at 916-213-1320 or Sherri.walker@gmail.com

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### Garden Group

BY LORRAINE IMMEL

Happy New Year! Welcome to our first meeting of the year, January 23, Kilaga Springs, 2:00 PM. Debbie Flower, a retired professor of horticulture, will be the speaker on “Container Gardens: Water Wisdom.” Successfully gardening in containers is very different from gardening in the ground. What container to use? What medium? Grow what plants? Put the container where? Water when? How much water? Debbie will answer these questions and more!



Debbie Flower

She learned the rules of horticulture while obtaining her BS from Rutgers University (the state University of NJ, which is The Garden State) and MS from UC Davis. She started learning the exceptions to those rules while living and gardening in numerous varied places in the US. Debbie has worked in horticulture research, cooperative extension, and at wholesale and retail nurseries, and ended her formal career as Professor and Chair of the Horticulture Department at American River College in Sacramento. She now lives and gardens in Fair Oaks.

Membership Registration will begin at 1:00 PM. For those of you who have Pre-Registered by mail (available on the website: lhgardengroup.org) please note there are two forms to complete — the Membership Form & the Waiver. You will go to a table to check in and avoid a long line. For others who register that day, please have your check (\$20 per household, made out to SCLH Garden Group) or cash for registration at another table.

All members will need to complete the new, one time, liability waiver form available at the “liability waiver” table.

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(more Club News cont’ on page 20)

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### Bird Group

BY DON BAYLIS

January is start of a new year, but falls in the heart of our birding year. Dodging weather fronts, we are always trying to get in two major bird trips a month in addition to our monthly meeting and presentation.

Thanksgiving holiday and forecast storms put a gap between trips in the last month. We visited the Gray Lodge Wildlife Area just north of the Sutter Buttes on November 22. This was a very good trip for us in several ways. The weather cooperated, plus the birds were not only there, but very visible. The first pond near the parking lot is often sparsely populated, making it challenging to get views and pick out species. This year, it was covered with thousands of Snow Geese, making for a different challenge to find the less common ducks. We did get 62 species, including our first cattle egrets for this trip, but no eagles this year.

Our trip to Sacramento National Wildlife Refuge and Colusa NWR was scheduled for December 6, but expected storms rescheduled the trip for December 13. About 13 of us gathered in the parking lot under the drizzling rain, and decided to chance a rainout. Weather at the refuge was cool, breezy and dry, and the birding was worthwhile. The 68 species counted tied with 2017 as our best ever. Highlights were a pair of Great Horned Owls in trees near the road, and a pair of adult Bald Eagles defending their lunch from Turkey Vultures and Ravens. Colusa provided a flotilla of Bufflehead and the resident colony of Black-crowned Night-herons, and an uncommon Eurasian Widgeon near the viewing platform.

Our regular meeting on December



*Bald Eagle Stakes Claim by Larry White.*

9 featured Ed Harper, one of the better know birders and bird photographers in the Sacramento area. Ed did a wonderful job of providing info to our photographers on taking photos of birds in flight, and informed the rest of us on how to identify these birds when they aren't sitting still for multiple viewings. Everyone could gain from his outstanding photographs and knowledge of birds.

Upcoming speakers are:

- January 13 Nancy Gilbert will be speaking on "Creating Bird-Friendly Landscapes". Adjusting our surroundings by planting not only the right plants, but in an appropriate design can make our yards into a place birds will love, and will come to be viewed. Nancy has decades of experience to share with us.

- February 11. Heath Wakelee will talk on "Pygmy Owls and Wild Turkeys". An Odd Couple, one would think, but Heath is always entertaining and informative.

Bird trips are planned as follows:

- Friday, January 10 will be our trip to the Delta. Starting with Staten Island, famed as a gathering site for Sandhill Cranes and Cackling Geese, then finishing with Isenberg

(cont' on page 21)

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### Bird Group

(cont' from page 20)

Crane Reserve at sunset for fly-in for the cranes. This trip is an afternoon/evening trip, leaving at 1:00 PM from the Orchard Creek parking lot, then returning late in the evening after birding and dinner in the area.

- Friday, January 24 is a Raptor trip. We are headed south to Linden, Waverly Road and parts east around Salt Springs Valley Reservoir for what is billed as our annual raptor trip. We frequently see Ferruginous Hawk, Bald Eagle and other smaller raptors on this trip as well as an occasional Burrowing Owl or Phainopepla. This really is a beautiful ride in rolling foothill country. We will leave from the Southwest corner of the Orchard Creek Fitness Center parking lot at 8:00 AM. We will stop at Rinaldi's Market in Linden to pick up sandwiches for lunch then head out through the hill country up to the reservoir and Salt Springs Schoolhouse. This is a driving trip with several stops, some of it on dirt roads. We will return to Lincoln in late afternoon.

- Friday, February 7. Bridgeway Island Pond - Bridgeway Island Pond is a water feature in West Sacramento that is home to relatively large numbers of Blue-winged and Cinnamon teal. More details next month or check our website.

- Friday, February 21. Davis Wetlands - The wetlands are adjacent to the City of Davis Waste Water Treatment Plant and just south of Conaway Ranch. More details next month or check our website.

Detailed bird lists for all trips are available on our website, [lhbirders.org](http://lhbirders.org), along with photo galleries of each trip by our photographer members.

Our programs are held in KS Presentation Hall at 1:30 PM on the second Monday of the month. Daytrips leave from the Orchard Creek parking lot west of the pool at 8:00 AM unless otherwise specified. Please check Events on our [lhbirders.org](http://lhbirders.org) and your email for updates and weather cancellations. Bird lists for each trip are posted on the website under Lists.

Contact: [LH\\_Bird\\_Group@yahoo.com](mailto:LH_Bird_Group@yahoo.com)  
 Web Site: [lhbirders.org](http://lhbirders.org)

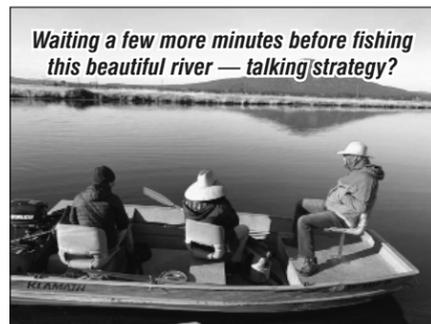
### Fishing Club

BY HENRY SANDIGO

Have you ever heard of Fall River?

The Fall River Valley is an anglers paradise. It sits in between the Sierra and Cascade mountain ranges. The Fall River Valley lakes are fairly large and are connected and fed by three designated Wild Trout rivers; Hat Creek, Pit and Fall rivers.

Fall River is an expanse of water that flows from an underground spring to the Pit River, the Pit continues with the combined water of the Fall and Hat Creek until it reaches Tule, Big and Eastman lakes. It has been said that the water in Fall River is one hundred years old



by the time it reaches the spring and enters the rivers channel. Personally, I think that concept is very cool, and beyond my understanding how that happens to be.

The Fall River meanders, twisting and turning, providing water to farmers, cattle ranches and other forms of wildlife (osprey, bald and golden eagles, bank swallows, geese, ducks, quail, doves, deer, beaver and muskrat). There are a few places along the river, and just a few minutes away from any road in Fall River Mills, that provide fishing access via fishing lodges (Circle 7, Spinner Fall and Clearwater lodge) and Trout Unlimited. The Trout Unlimited ramp has a requirement of electric motors only and cannot exceed a speed of 5MPH. There are no motor restrictions on the other river access ramps or from private property access.

It is a beautiful river, the Fall, where the angler drifts slowly along with the current, plying their skills at catching rainbow and maybe a brown if you are fortunate. As I mentioned above, this is a designated Wild Trout area and trophy size trout are in these waters. I've caught many trout that I would consider trophy, but that's just my opinion. I've heard there are larger ones, although I haven't had the opportunity to "set" a fly on one...yet!

If you zone out while drifting down the river you'll miss many "sets" but the scenery is magnificent and not to be missed. You will see Mt Shasta in the distance with it's hood of snow, the Sierra and the Cascade ranges, as well as a bounty of wild life. If you're a hunter, you probably dream about duck hunting.

Anglers come from all parts of the world to fish this beautiful area.

A few of us from SCLH travel to the Fall in May to spend a few days fishing, hoping for

the big one and to tell at supper a whopper of a story, they are fun stories.

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### Shooting Group

BY JOHN KIGHTLINGER

Would you like to join a friendly group of residents enjoying recreational shooting sports? The shooting group may be just what you are looking for. Our purpose is to make friends among residents who are interested in enjoying safe recreational shooting sports. If you have not shot in years, or have never shot before, you will find the group welcoming with members available to help. You may join our shooting activities on any of our scheduled dates, regularly or intermittently. Just come out and have fun!

Weather permitting, we meet on Tuesday of each week for Trap and on Thursdays for Skeet at Coon Creek Trap and Skeet, 5393 Waltz Road, Rio Oso, CA 95674, just minutes from Lincoln. You may join us for either trap or skeet, or both. Occasionally other shotgun sports such as International Trap, Sporting Clays and 5-Stand are enjoyed. We have no fees but each shooter must pay the Coon Creek clay targets fee. For more information about shotgun shooting sports contact John Kightlinger at 916-408-3928 or [johnnpat@sbglobal.net](mailto:johnnpat@sbglobal.net)

Generally, the rifle and pistol activities occur at the Lincoln Rifle Club located at 150 Lincoln Boulevard. For information about rifle or pistol shooting please contact Jim Trifilo at 916-434-6341 or [trifilom@gmail.com](mailto:trifilom@gmail.com).

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(more Club News cont' on page 23)

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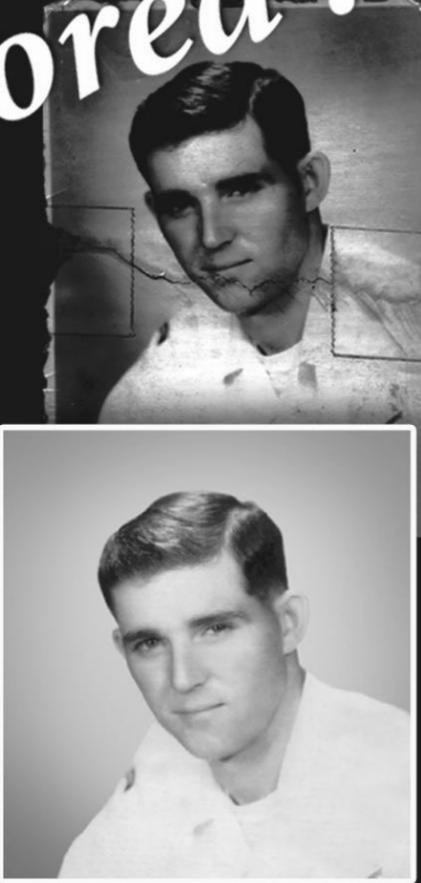
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### Hiking and Walking Group

BY STEPHANIE HUNTINGDALE  
 Welcome to the New Year! Actually, welcome to the new decade. Many resolutions have been voiced out loud or written down by now. Many will be broken before February 1st! If you made a resolution to make 2020 a healthier year for you, then join the Hiking/Walking group. The sooner the better, don't let your resolution expire before you even get it going. Take a look at our upcoming schedules, there are many choices to help you get started.

Our walking group is a great way to get you moving with easy walks around our beautiful Sun City trails. Most walks are about 3 miles. Our hikes start at specified meeting places and when the month has a 5th Wednesday, we usually meet at a different location for a different walk. Go to <http://www.lincolnhillshikers.org>, click on the Walking Group for the schedule.

In December we took an easy hike/walk in Pleasant Grove with a lunch stop at La Provence restaurant. This was our annual holiday lunch for the hikers. What great fun with hiking buddies!

Check the website, [www.lincolnhillshikers.org](http://www.lincolnhillshikers.org) for the current list of hikes and club information. Hikes may be added to this list. Also, remember, it is very important for you to check the website on the morning of the hike as rain and mud usually means the hike is canceled. Remember, we may have an alternate trail planned.

Upcoming Easy Hikes: January 14, Buffet Breakfast at Meridians, Ferrari Pond Loop Hike, January 28, Lake Clementine, (Auburn)

Upcoming Moderate Hikes: January 7, Shirland Canal, (Auburn), January 23, Miners Ravine-North, (Roseville)

Upcoming Moderate/Strenuous Hikes: None scheduled as of deadline.

Upcoming Strenuous Hikes: January 16, Stevens Trail (Colfax)

Hiking-Walking Group Website: <http://www.lincolnhillshikers.org>

Call Dan Cortinovic Hiking Group President, 916-209-3582 with questions about the Hiking Group.

Call Debbie Schryver, Walking Group Coordinator, 666-1741 with questions about the Walking Group

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### Water Volleyball Club

BY ROSEMARY ELSTON  
 December is a quiet month for the Water Volleyball Club. Elections for the Steering Committee vacancies took place from November 15th through November

30th. Members were asked to vote for Club Chairperson, Secretary, Treasurer/Membership and Email Coordinator. A vacancy still exists for the important position of Equipment Coordinator. In addition to voting on the Club website, members were asked to complete a Member Survey designed to assist the Steering Committee in its planning activities for the upcoming year. Members are always welcome to attend Steering Committee Meetings. The Steering Committee agenda is posted on the Water Volleyball Club website prior to the second Tuesday evening monthly meeting. E-mail: [sclhwatervolleyball@gmail.com](mailto:sclhwatervolleyball@gmail.com) Website: [lhwatervolleyball.com](http://lhwatervolleyball.com)

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### Mad Hatters Bocce Group

BY PAUL MAC GARVEY  
 We entertained 34 members at our annual Christmas party at The Buffet at Thunder Valley on December 12. We were especially delighted to have so many of our newer members in attendance. It really gave everyone a chance to socialize away from the Bocce courts. Mind you we are famous for socializing on the Bocce courts as well.

We have been contacted by Lindsey Boling of Special Olympics Northern California who wanted us to be her "contact person" with the association for the Special Olympics Bocce Tournament in 2020. The paperwork has been filed and Lindsey has already been in touch with Shelvie Smith about arranging dates for this regional tournament. The tournament will be held on Sunday, April 26, 2020. That affair usually runs into mid afternoon. Special Olympics athletes will also be using our Bocce courts for practice sessions every Saturday morning from March 7 through April 25. The practice sessions will run from 9:00 AM until 10:30 AM. As per usual there will always be courts available for SCLH residents should they want to play during these hours.

We have also been requested to arrange for "referees" for the April 26 tournament. We will need 10 experienced Bocce players willing to spend a few hours out in the sun to officiate these tournament games. I will begin looking for volunteers early in the new year. Sun City has been hosting this annual tournament for many years now and we look forward to doing so again.

Contact: Paul Mac Garvey, 916-543-2067, [pmac1411@aol.com](mailto:pmac1411@aol.com); Bob Vincent, 916-543-0543.

...

### Pickleball Club

BY MIKE GARDNER  
 Is pickleball on your resolution list? Free introduction lessons are offered most Wednesdays at 1 PM.

No reservations or paddles needed, but please wear tennis shoes.

Once hooked, why not join? Annual dues are just \$15. For that, you get parties, ladder leagues and lessons, among many other activities.

Visit our website [www.lhpclub.com](http://www.lhpclub.com) for details.

The Pickleball and Softball Clubs went to bat in record-breaking fashion this holiday.

Together we raised \$4,500 - the most ever - to deliver Christmas gifts to children of deployed troops at Beale Air Force Base and Sheridan Elementary School students.

We celebrated the holidays with a gala at Meridian's.

The New Year brings new officers. They are: Rein Lemberg, vice-president; Rita Weighall, secretary; Molly Morris, publicity; and Steve Schaumleffel, member-at-large.

...

### Lincsters

BY JOYCE KIRK  
 The Holiday Awards luncheon, filled with golf honors, charitable gifts and the installation of officers, wrapped up the 2019 year for the Lincsters.

Top trophy awards were presented to Kate Gold for "Most Dedicated Golfer and 2019 Club Champion" and to Mary D'Agostini for "Most Improved Golfer."

Dozens of gift packages



to be donated to the Lincoln Meadows Care Facility were the highlight of the event. Lincsters members filled the Santa wish lists for each of the 61 long-term residents at the Lincoln Meadow Care Facility. According to Sherry Villapando, facility activity director, this was by far the largest contribution to the residents at Christmastime by any community group.

The newly elected 2020 Lincsters Board was installed: Ruth Pennington, Captain; Judy Josse, Co-captain; Georgia Shipley, Secretary; Brenda Cook, Treasurer; Jan Varin, Assistant Treasurer; and Kathy Lindner, Tournament Chair. Players who achieved the most pars, chip-ins and birdies in each of the club's four flights were acknowledged.

Flight 1 —

Kate Gold: first place pars, third place chip-ins, third place birdies

Phyllis Patrick: first place chip-ins, second place pars

Kay McAdam: first place birdies

Brenda D'Andre: second place chip-ins

Nancy McDonald: second place birdies

Linda Salmon: third place pars

Flight 2 —

Meredith Nelson: first place pars

Connie Rocereto: first place chip-ins, first place birdies

May Lyau: second place pars, second place chip-ins

Sara Cannon: second place birdies

Mary D'Agostini: second place birdies

Sandra Braa: third place pars

Marie Bossert: third place pars

(cont' on page 24)



New board members for 2020: Ruth Pennington, Captain; Judy Josse, Co-captain; Kathy Lindner, Tournament Chair, and Georgia Shipley, Secretary. Not pictured are, Jan Varin, Treasurer and Brenda Cook, Assistant Treasurer.

(more Club News cont' on page 24)

★

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By The Readers Of The Auburn Journal

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### Lincsters

(cont' from page 23)

Jan Varin: third place chip-ins  
 Flight 3 —  
 Carmen Farrington: first 1st place pars,  
 first place birdies, second place chip-ins  
 Bev Johnson: first place chip-ins, third  
 place pars  
 Judy Josse: second place pars  
 Linda Coolidge: second place birdies,  
 third place chip-ins  
 Flight 4 —  
 Sherry Weech: first place pars  
 Carol Sexton: first place chip-ins  
 Claren Bolton: first place birdies  
 Ann Diddy: first place birdies  
 Pat Shafer: second place pars  
 Ruth Pennington: second place chip-ins  
 Kathi Carlock: third place pars  
 Gunilla Christol: third place chip-ins  
 After the December break, weekly  
 Wednesday games resumed on January 1.  
 The Grandmother's Tournament is set for  
 January 29.  
 For membership in the Lincsters 9-Hole  
 Golf Club, contact Nancy Hastings 916-645-  
 5590, nhast38@yahoo.com.

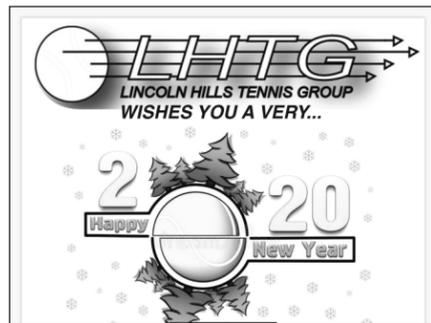
### Men's Golf Club

BY DOUG HINCHEY  
 Here are good reasons to join the Men's  
 Golf Club for 2020! NCGA membership fee  
 included with no additional cost to play in our  
 monthly tournaments with a variety of formats.  
 Enjoy Fall and Spring great lunches, plus the  
 fellowship of and meeting other golfers. All for  
 \$96 for the year! Starting now is the World

Handicap System. The World Handicap System  
 (WHS) aims to bring six different handicap  
 systems together into a single set of Rules for  
 Handicapping, enabling golfers of different  
 abilities to play and compete on a fair and equal  
 basis, no matter how or where they play. While  
 the six existing handicap systems have generally  
 worked very well locally, on a global basis,  
 their different characteristics have sometimes  
 resulted in inconsistency, with players of the  
 same ability ending up with slightly different  
 handicaps. This has sometimes resulted in  
 unnecessary difficulties and challenges for  
 golfers competing in handicap events or for  
 tournament administrators. A single WHS will  
 pave the way to consistency and portability.  
 For further information, go to: <https://ncga.org/world-handicap-system/> or [mgclh.club](http://mgclh.club).

### Tennis Group

BY LINDA BURKE  
 The 2020 Board of Directors was voted  
 in by membership in December. Voted in for  
 next year are: Steve Bringman (President),  
 Dennis and Cathy Vaillancourt (Tournament  
 Directors), Lanell Stanley (Treasurer), Helen



Berott (Communication), Sarah Solberg, Jill  
 Gossard, Jan Soto, Pam Geernaert (Social  
 Coordinators). They have already expressed  
 some new ideas for the LHTG and with the  
 new sports pavilion plan in the works Steve  
 will have to work closely with SCLH Board.  
 Please feel free to express your thoughts to any  
 of the new board members on how to improve  
 our tennis group in the year ahead!

Thanks to all who voted and look forward  
 to another great year of tennis in 2020!

We had so many activities this year:  
 LITT Daytime, Valentine's Tournament, St.  
 Patrick's Day MD & WD, Mixed Doubles  
 Championship, Men's Doubles Championship,  
 Women's Doubles Championship, Oktoberfest  
 Fun Tournament, Luau Themed BBQ &  
 Dance, Men's & Woman's Holiday Luncheon  
 at Turkey Creek. Thanks to the outgoing  
 board of Les Van Pelt (President), Linda  
 Burke (Communications) Diane McLaughlin  
 (Treasurer) and Sandy Zentner and Carol  
 Vasconcellos (Social) for all of their volunteer  
 time to make things run smoothly!

Next year's calendar of events will be  
 coming out soon. Please feel free to let any  
 of the new board members of your thoughts  
 to improve our tennis group

Social drop-ins continue on Wednesday  
 & Saturday with the wintertime change to  
 9-11am. Just go to the courts sign-in and  
 play - it is a great way to meet other tennis  
 players - open to all Lincoln Hills residents.

Email: [scteam10s@aol.com](mailto:scteam10s@aol.com); Website:  
<http://sclhtg.com>

### Table Tennis

BY DENNIS ZARO

Table Tennis, or call it ping pong, is a great  
 way to reap a lot of benefits in one event.  
 Players have fun, burn off calories, sharpen  
 hand eye coordination and reaction speed,  
 and give their brains exercise. Furthermore,  
 socializing while concentrating on the little  
 ball provides an opportunity for laughter and  
 interesting dialogue. We play doubles in the  
 Multipurpose Room KS. Tables are set up  
 to serve five skill levels from beginners to  
 advanced. All are welcome. We are resuming  
 our regular schedule after the December  
 cancellations. Times are Sundays from 9:00  
 AM to 4:00 PM except the first Sunday of  
 the month when play begins at 12:30 PM.  
 Additional times are Tuesdays from 6:00 to  
 9:00 PM and Fridays from 8:00 to 11:00 AM.

For more information, contact Tim Frank  
 at [timfranc@gmail.com](mailto:timfranc@gmail.com)

### LH Billiards Group

BY STEVE FOWLER

Pictured are students and instructors from  
 a recent Mentoring Training Class that offers  
 free training to Lincoln Hills Residents. Due to  
 the popularity of this program a second session  
 was added December 3rd. Mentoring Training  
 is offered Kilaga Springs Lodge on Tuesdays  
 from 9:00 AM to 10:15 AM and 10:15 AM to  
 11:30 AM for new and returning players. You  
 do not need anything to play, just show up and  
 see what we have to offer. It's free.

We have many subgroups for all skill  
 levels. Rookies and Breakers are for beginners

(cont' on page 25)



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**LH Billiards Group**

(cont' from page 24)

and midlevel players. They help to introduce players to the way the other groups operate. The Upstarts Groups, Co-Ed and Players Groups are for midlevel players with the Challengers, Cue-Masters, Rack-N-Roll are for advanced players, and the Ladies Group for midlevel to advanced players. Most groups have timed games.

We encourage advanced sign up for Tournament Play but frequently standby and walk in players can play. The signup binders are located on the Kilaga Springs Billiards Room Fireplace Mantle. The groups have differing advance sign up procedures. Some groups will recognize tournament winners with an email message weekly. Photos of some of the winners are published in the Compass Magazine and the Sun Senior News.

We play by the American Pool Players Association Rules that can be downloaded from [www.poolplayers.com](http://www.poolplayers.com)

A copy of the APA Rules including any revisions/additions to include individual tournaments, e.g., Challengers, Upstarts, etc. are contained in binders on the fireplace mantles in both billiards' rooms. Contact Tony Felice at 916-955-0501 [atfelice3@gmail.com](mailto:atfelice3@gmail.com) for information on the below listed tournaments, membership application and social functions.

The Club dues are \$10 a year. Membership year is Jan 1 through December 31 of each year. Dues paid in the month of October, November and December will be counted current for the following year. Membership Forms are available on the Billiards Room Bulletin Boards at Kilaga and Orchard Creek Lodges.

Billiards Group Schedule - Recommended Playing Levels

All tournaments and training are held at the Kilaga Springs Billiards Room.

Level: Beginners

Rookies Tournament - Monday 10:00 AM to 12:30 PM. Straight 8 ball (singles)/8 Ball 1/15 (singles) .

Mentoring - Tuesday- 9 AM-10:15 AM and 10:15 to 11:30 AM. Learn how to play pool.

Level: Novice - Intermediate Players

Breakers -Saturday- 8 Ball. 10:00 AM to 10:15 AM check-in. Play from 10:15 AM to 12:30 PM.

Ladies- Tuesday-8 Ball (1/15) 12:30 PM-3:00 PM. 12:30 PM to 12:45 PM check-in. Play starts promptly at 12:45 PM.

Co-Ed -Wednesday-8 Ball. 4:15-6:30 PM. Beginner to Intermediate.

Upstarts - Thursday-11:30 AM -2 PM. 8 Ball (intermediate).

Players - Thursday 8 Ball. 2:15-4:30 PM for intermediate to advance players.

Challengers-Friday 8 Ball (1/15). 9:30- until 12 Noon. Intermediate to advanced players.

Level: Advance Players

Rack-N-Roll Group -Monday 2:30 to 5:30 PM. Straight 8 Ball or 8 Ball with 1 and 15. Generally, if there more than 16 players the game will be straight 8-Ball.

Cue-Masters: Wednesday- 12:45 PM Sign in with a start time of 1 PM. Meets 1st Wednesday for 8 Ball Singles, meets 2nd Wednesday for 9 Ball Singles, Meets 3rd Wednesday for Doubles 8 Ball alternate shots.

Co-Ed, Upstarts, Breakers, Players, Challengers, Rookies and Ladies Tournaments are free. The Cue-Masters and Rack-N-Roll tournaments require an entry fee of \$2 to play that day. All monies collected are paid out as prizes.

...

**Tuesday SS Bowling League**

BY JOHN VOGELI

Hi bowling fans, before I get you up to date on the latest league news I would like to congratulate a couple of bowlers. On November 19th our league had our Thanksgiving "Split-O-Rama" contest. The bowlers that won a gift certificate of \$25 from Raley's were Vonda Ortiz from the "Terrible 2's" and Owen Brosh of "EZ Duz IT", congratulations to you both. December 17th will be the last day of regular league play for the year since we will be off for the Holidays. Our first week back will be our roll-off for position round. At this writing "Terrible 2's" (Joe Ortiz, Vonda Ortiz, Karol Rich, Dennis Cirrone) lead "EZ Duz It" (Bernie Pratt, Patrick Heredia, Pete Farrar, Owen Brosh) and "Roll X" (Anita Miller, Helen Rodante, Jack Uchman, Rex Miller) by 3 points. This next week could see quite a shake-up, good luck to all.

Dave Harriman of "Shuda Been" leads the league and men in scoring average with a 225, followed by Roy Hackman of "4-2-Win" with a 209 average. The womens high average is 169 by PK Lewis of "We Don't Care" followed closely by Claudia DeHart of "Pin Pals" with a 168 average. Good bowling Ladies and Gentlemen. In the team categories, "Shuda Been" (John Cho, Jeff Mattimoe, Dave Harriman) lead the Team Scratch series with a 2358, Team Scratch game is led by "We Don't Care" (Ellen Asbury, Richard Armentrout, CJ Johnson, PK Lewis) with a 866. Team Handicap series goes to "Rock'n Bowl" (Gene Garman, Jill Munyan, Mike Becze, Dale Mellberg) with a 2770. "Roll X" with a 988 series leads in the Team Handicap Game. In the Individual categories; Mens High

(cont' on page 33)



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# Neighborhood Watch

BY KATHY GIRE

Did you celebrate New Year's Eve (or Day)? That celebration dates back 4,000 years! Julius Caesar was the first to declare January 1 a national holiday and he named the month after Janus, the Roman god of doors and gates.

Forty-five percent of Americans make New Year's resolutions and nearly half of them give up by the second week. Eating leafy greens on New Year's is supposed to make you more prosperous and popping open a bottle of champagne has been around since the 17th century when cork was invented. Baby New Year, in his diaper and black top hat, begins to mature into an old man during the year.

Wishing you all a wonderful new year!  
Alerts —

Please be aware when you make posts or comments on your phone or computer. Some posts, such as those that ask you who your favorite teacher was, or your childhood best friend, or your first car, etc. These are the same questions asked when setting up accounts as security questions. Do not give out answers to your questions without realizing it. Hackers set those up as a "get to know you better" game. They build a profile of you and use your data to hack your accounts.

April 1, 2020, is Census Day. We will give more information later but that is another time hackers appear to gather personal and financial information. Here is some information to alert you.

The Census Bureau will not send unsolicited emails to request your participation

for Social Security, bank account or credit card numbers or money or donation. You can "check" out someone who claims to be a valid census taker by: 1) Check if they have a valid ID badge, with photograph, a U.S. Department of Commerce watermark, and an expiration date. 2) You can also call 1-800-923-8282 if you wish to speak to a Census Bureau representative. If you find he/she is not legitimate, call the police. (More information will come later.)

Mission Statement —

- To strengthen neighborhood ties
- To increase personal safety and security awareness
- To be the "eyes and ears" of the Lincoln Police and Fire Departments
- To encourage emergency preparedness

January Meetings and Events:  
Neighborhood Watch General Board meeting which is open to all residents will be held on Friday, January 24 from 1:00 - 3:00 PM in Orchard Creek Lodge, Fine Arts Room. Please RSVP to Reneé Plummer, Secretary, at secretary@watch.lincal.org if attending the General Board Meeting.

Association New Resident Orientation will be held on Thursday, January 9 in the Orchard Creek Ballroom from 2:30 - 3:30 PM.

New Mail Box Captain training event will be held on January 20, 2020 in the Orchard Creek Fine Arts room from 1:30 - 3:30 PM. Please RSVP to Barbara Branch, Training Coordinator, at drbabsie@gmail.com if

attending the Mail Box Captain training. A great time to learn something new or brush up on your skills before the February 15 due date on your Resident contact Information form(s).

The following villages need Village Coordinators: 24C, 26C, 29, 38C, 39, 40A and 40B.

If you are interested in joining us in Neighborhood Watch, please contact Linda Minor, Executive Director at 707 235-0778 or Reneé Plummer, Secretary at 559 940-5576.

Welcome to New Village Coordinators:  
Diane Conforti, Village 11  
Linda David, Village 16B Co-Coordinator  
Jane Hall, Village 16B Co-Coordinator  
Paula Horsley, Village 20  
Mona Matthias, Village 38B  
Craig Zelig, Village 32A

Welcome to New Mail Box Captains:  
Sue Beresh, Village 43AB adopted a second mail station

Rosemary Bryan, Village 15  
Connie Easterly, Village 40B adopted a second mail station

Joann Howard, Village 4  
Susan Huch, Village 4  
Marcia Kuhlmann, Village 4  
Linda Mateer, Village 1A  
Shirley Mills, Village 30A  
Nate Walker, Village 24C  
New Welcome Packet Tuesdays—

Bonnie Smedberg, new Welcome Packet Coordinator, will oversee the new Welcome Packet Tuesday event for the distribution of new resident welcome packets to our volunteers. Event will be located in Kilaga Springs Library from 9:00 AM to 9:30 AM on the first and third Tuesdays of the month.

Village Coordinators and Mail Box Captains are encouraged to contact the

Welcome Packet Coordinator via email at kenandbonniesmed@gmail.com to request a welcome packet in advance in order to ensure an adequate inventory of welcome packets on hand for Tuesdays.

The following items will be available there each time:

- Welcome Packets for new residents
- Vial of Life kit
- "We LOVE our Neighbors" buttons - \$5 each
- Boris the Burglar window decals - \$1.00 each

We thank you in advance for your support in this new process.

As always, thank you to our wonderful volunteers!

## Lincoln Police Department Volunteer Program — Patrol

The Lincoln Police Department is recruiting for its LPD Volunteer Program. The program is open to Lincoln Residents who are 21 years old or older.

This ongoing recruiting effort is for those individuals who would like to volunteer for the Patrol Function (vehicle patrol, "eyes and ears") in the community.

Qualified individuals will receive training on all aspects of field Police Volunteer work.

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**UPCOMING EVENTS**  
Jan 11, 2020 - 7 Course Food & Wine Pairing Dinner  
Feb 8, 2020 - Wine Blending Party & Steak Dinner

---

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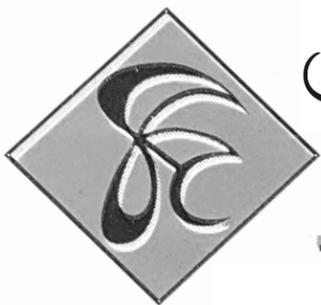
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# Observations on This and That

BY MARTIN GREEN

**More Observations on the Cruise:** In last month's column I wrote that there might be more observations on the cruise Beverly and I recently took. I've noted all of the LLA's (Life;s Little Annoyances) and TGH's (Things Guaranteed to Happen, usually bad) that happened on the cruise. I also noted that Beverly said the cruise had some good aspects, such as her not having to cook or clean for a week. Another good negative aspect was that we didn't have to cope with robocalls for a week.

**Robocalls:** This cruise benefit was brought home when as soon as we returned home we were greeted by a barrage of robocalls, as if the robocallers were just waiting for us to come back. One in particular was more than a LLO; it became a major annoyance. This was supposedly from Apple telling us we had some kind of problem with our Cloud and that we should call a certain number. The call was repeated daily and then on one Saturday seemed to come every ten minutes. What made it even more annoying is that we knew the calls were fraudulent (I'd checked with Apple) and were a fishing expedition to get information so that they could swindle us out of money. I finally called our phone carrier to see if they could block this number and was told they couldn't and in any case the number we had might not be the one the scammers were calling from as evidently they could disguise it. This is a sorry state of affairs. Certainly we must

have the technical skills to do something about such calls. Congress is supposedly considering doing something and we know how that will go---nowhere. The phone carrier told me they were working with the FTC; I hope they'll work harder.

**More Misadventures in Technoland:** robocalls were not the only problem we had to contend with. More recently an e-mail problem cropped up. I've been getting my e-mails on my iPad as well as on my computer ever since getting the Pad. Then one day after I'd pressed the Mail icon on the Pad as always the e-mails came up on the screen for an instant and then disappeared. The next day they e-mails stayed around and I thought there'd been a temporary glitch. However, the next day the e-mails disappeared again. I fooled around with this for a while and got to a point where I had to put in my Yahoo password. I've written here before that it's a rule in Technoland that whatever password you put in it will be deemed to be invalid. This rule of course is to drive hapless users like myself to be crazy and maybe buy a new iPad. Sure enough, the password I put in didn't pass muster.

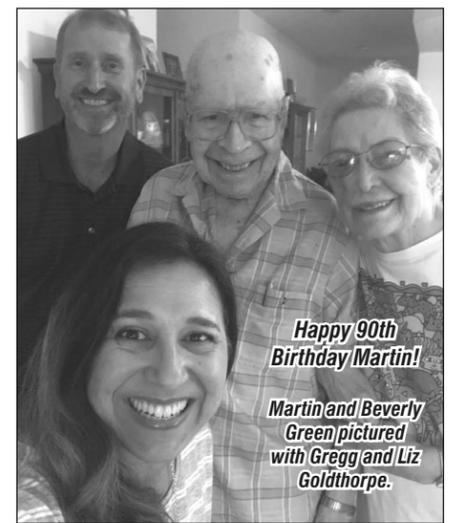
In desperation, I called Yahoo and got a nice fellow with an Indian accent who was sure he could fix the problem. He'd give me a temporary password to put in and then a permanent one that would be good for both Pad and computer. He assured me that my

computer e-mails would be okay. However, once again Yahoo deemed the password, even if temporary, invalid. This stopped that effort. The Yahoo tech guy was undeterred. He told me to go to my computer and under his direction I got to a Yahoo support screen and he led me through various steps I can't remember but at the end this method also failed to work. He then wanted to pass me on to a higher level tech guy but I'd already spent half an hour on this so I declined and told him I'd live with no e-mails on my Pad as long as I had them on my computer.

**Post-Cruise Doings:** The above may give the impression that after our cruise, with its rough seas, it was rough going in the Green household. This wasn't entirely true as we then had a visit from our son Chris, his wife Flindie, our grandson Logan and our granddaughter Stephanie from Ireland. As readers know, a family visit means a lot of activity and a change from your usual retired routine. Among other things, we went to Apple Hill and to Quarry Park in Rocklin. Apple Hill, even on a weekday, was more crowded than ever. Whoever had the idea of forming an association of those apple growers hit upon a winner. Quarry Park is in, not surprisingly, a quarry, which I guess has always been there in Rocklin. It still looks like a quarry but now there are zip lines over it as well as shaky-looking bridges, rock climbing, a free-fall with a rope and maybe a few other things. Our grandkids, with Mason and Morgan joining in, clad in hardhats and safety vests, all had a good time. Mindful that President Bush had celebrated his birthdays by jumping out of

an airplane and having a birthday coming up I was tempted to join in. However, I quickly thought better of it, especially since even just watching my grandkids made me a little nervous.

**A Pending Birthday:** Okay, I've mentioned a birthday and I wrote last month that I might have something to say about it. Last year, with my 89th pending I observed that I believed there'd been an arithmetical error somewhere and I couldn't be that age. I feel the same way now that my 90th is coming up. Still, I suppose I have to accept this as fact. Fortunately, I know several other 90-year-olds here in Sun City so I know there is life after 90 and I'll go on as before, hobbling around as best I can, trying to ignore my aches and pains and writing my "Observations."



Happy 90th Birthday Martin!

Martin and Beverly Green pictured with Gregg and Liz Goldthorpe.



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Days & Destination	Cruise Line ~ Sailing Date	Starting Price/ Inside Ocean View Balcony		
<b>15 DAY HAWAII from SFO! Princess</b>	Jan 27, 2020	\$969	\$1,049	\$1,499
<b>Grand/Star Princess ~ 2600 Passengers</b>	Feb 21, 2020	\$929	\$1,009	\$1,799
	Mar 7, 2020	\$929	\$1,009	\$1,899
	Apr 20, 2020	\$979	\$1,099	\$1,799
<b>Ruby Princess ~ 3080 Passengers</b>	Oct 24, 2020	\$1,399	\$1,599	\$2,399
Sail round trip from San Francisco, California to Kauai, Nawiliwili Hawaii; Honolulu, Hawaii; Maui, Lahaina, Hawaii; Hilo, Hawaii; Ensenada, Mexico, San Francisco, California.				
<b>*ROUND TRIP LINCOLN SHUTTLE TO SHIP!</b>				
<b>10 DAY ALASKA From SFO! Princess</b>	May 23, 2020	\$1,399	\$1,599	\$2,099
<b>Star Princess ~ 2600 Passengers</b>	Jun 22, 2020	\$1,499	\$1,699	\$2,499
	Jul 2, 2020	\$1,699	\$1,799	\$2,399
	Aug 11, 2020	\$1,399	\$1,599	\$2,299
Sail round trip from San Francisco, California to Juneau, Alaska; Skagway, Alaska; Hubbard Glacier, Alaska; Ketchikan, Alaska; Victoria, BC, Canada; San Francisco, California.				
<b>*ROUND TRIP LINCOLN SHUTTLE TO SHIP!</b>				
<b>7 DAY CA Coastal from SFO! Princess</b>	Mar 29, 2020	\$999	\$1,199	\$1,799
<b>Grand/Star Princess ~ 2600 Passengers</b>	Sep 20, 2020	\$999	\$1,099	\$1,399
	Oct 4, 2020	\$1,199	\$1,299	\$1,599
Sail round trip from San Francisco, California to Astoria, Oregon; Seattle, Washington; Vancouver, BC, Canada; Victoria, BC, Canada; San Francisco, California.				
<b>*ROUND TRIP LINCOLN SHUTTLE TO SHIP!</b>				
<b>10 DAY MEXICO From SFO! Princess</b>	Jan 12, 2020	\$759	\$899	S/O
<b>Grand Princess ~ 2600 Passengers</b>	Dec 13, 2020	\$999	\$1,199	\$1,599
Sail round trip from San Francisco, California to Puerto Vallarta, Mexico; Manzanillo, Mexico; Mazatlan, Mexico; Cabo San Lucas, Mexico; San Francisco, California.				
<b>*ROUND TRIP LINCOLN SHUTTLE TO SHIP!</b>				
<b>28 DAY Tahiti/Bora Bora Princess</b>	Oct 3, 2020	\$3,399	\$3,599	\$5,699
<b>Emerald Princess 3080 Passengers</b>	Mar 26, 2021	\$3,399	\$3,599	\$6,699
<b>Star Princess ~ 2600 Passengers</b>		<b>INCLUDES SACRAMENTO AIRFARE &amp; AIRPORT SHUTTLE!</b>		
Sail round trip from Los Angeles, CA to Hilo, Hawaii; Honolulu, Hawaii; Lahaina, Maui, Hawaii; Pago Pago, American Samoa; Apia, Western Samoa; Bora Bora, French Polynesia (2 Days); Papeete, Tahiti (2 Days); Moorea, French Polynesia.				
<b>31 DAY LOS ANGELES to LONDON Princess</b>	May 9, 2020	\$3,599	\$3,849	\$5,399
<b>Island Princess ~ 2200 Passengers</b>		<b>INCLUDES SACRAMENTO AIRFARE &amp; AIRPORT SHUTTLE!</b>		
Sail from Los Angeles, CA to Southampton (London), England visiting Puerto Vallarta, Mexico; Huatulco, Mexico; San Juan del Sur, Nicaragua; Puerto Caldera (Puntarenas), Costa Rica; Fuerte Amador, Panama; Full Transit of the Panama Canal; Cartagena, Columbia; Fort Lauderdale, Florida; Saint John's Canada; Reykjavik, Iceland; Isafjordur, Iceland; Faroe Islands (Torshavn), Denmark; London (Southampton), England. Ask about post cruise London hotels.				
<b>20 DAY Panama Canal Princess</b>	Apr 21, 2020	\$2,599	\$2,999	\$3,499
<b>Coral Princess ~ 2000 Passengers</b>		<b>INCLUDES SACRAMENTO AIRFARE &amp; AIRPORT SHUTTLE!</b>		
Sail round trip from Los Angeles, California to Huatulco, Mexico; Puerto Chiapas, Mexico, Puerto Quetzal, Guatemala; Transit the locks of the Panama Canal; Puntarenas, Costa Rica; San Juan del Sur, Nicaragua; Manzanillo, Mexico; Los Angeles, California.				



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CST # 2033380-40 January 2020 edition



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**12 DAY MEDITERRANEAN Royal Caribbean** Jun 25, 2020                      \$3,399    \$3,799    \$5,999  
**Vision of the Seas ~ 2435 Passengers                      INCLUDES SACRAMENTO AIRFARE & AIRPORT SHUTTLE!**

Sail round trip from Barcelona, Spain visiting Nice (Villefranche), France; Florence/Pisa, Italy; Rome (Civitavecchia), Italy; Naples, Amalfi Coast (Pompeii), Italy; Venice, Italy; Split, Croatia; Kotor, Montenegro; Barcelona, Spain.

**12 DAY MEDITERRANEAN Viking Ocean Cruises** Various Dates – Call for details    \$5,999    \$6,399    \$7,999  
**Various Viking Ships ~ 930 Passengers                      INCLUDES SACRAMENTO AIRFARE, DAILY EXCURSIONS & AIRPORT SHUTTLE!**

Sail from Barcelona, Spain visiting Montpellier (Sete), France; Marseille, France; Monte Carlo, Monaco; Florence/Pisa/Tuscany, Italy (2 Days); Rome (Civitavecchia), Italy. Hotel extensions available. Ask about Lake Como, Italy & Swiss Alps.

**10 DAY ALASKA CRUISE & TOUR Holland America** Jul 19, 2020                      \$2,999    \$3,899    \$4,299  
**Noordam ~ 1972 Passengers                      INCLUDES SACRAMENTO AIRFARE!**

Sail from Vancouver, BC, Canada to Seward (Anchorage), Alaska visiting Ketchikan, Alaska; Juneau, Alaska; Skagway, Alaska; Glacier Bay, Alaska; followed by a land tour visiting Talkeetna, Alaska; Denali National Park, Alaska and Fairbanks, Alaska.

**15 DAY FALL FOLIAGE ROYAL CARIBBEAN** Sep 18, 2020                      \$1,699    \$1,999    \$2,899  
**Vision of the Seas ~ 2435 Passengers                      INCLUDES SACRAMENTO AIRFARE!**

Sail from Cape Liberty, New Jersey to Quebec City visiting Bar Harbor, Maine; Portland, Maine; Saint John, New Brunswick/Bay of Fundy; Halifax Nova Scotia; Sydney, Nova Scotia; Quebec City (Overnight on board), Quebec.

**8 DAY RHINE RIVER Viking River Cruise** Various Dates – Call for details                      \$2,699    \$2,699  
 \$3,699

**Various Ships ~ 190 Passengers                      INCLUDES SACRAMENTO AIRFARE, DAILY EXCURSIONS & AIRPORT SHUTTLE!**

Sail from Basel, Switzerland to Amsterdam visiting Breisach, Germany; Strasbourg, France; Heidelberg, Germany; Koblenz, Germany; Cologne, Germany; Kinderdijk, The Netherlands; Amsterdam, The Netherlands.

**15 DAY GRAND EUROPEAN Viking River Cruise** Various Dates - Call for details                      \$4,399    \$4,899  
**Various Ships ~ 190 Passengers                      INCLUDES DAILY EXCURSIONS SACRAMENTO AIRFARE & AIRPORT SHUTTLE!**

Sail from Amsterdam to Budapest visiting Kinderdijk, The Netherlands; Cologne, Koblenz, Wurzburg, Bamberg, Nuremberg, Regensburg & Passau, Germany; Melk & Vienna, Austria; Budapest, Hungary. Extensions available.

**21 DAY Australia Boomerang Cruise 1 Cunard** Feb 6, 2021                      \$3,999    \$5,099    \$6,099  
**Queen Victoria ~ 2061 Passengers                      INCLUDES LINCOLN SHUTTLE TO THE SHIP!**

Sail from San Francisco, CA to Sydney, Australia visiting Hawaii; Apia, Western Samoa; Suva, Fiji; Tauranga, New Zealand; Auckland, New Zealand; Bay of Islands, New Zealand; Sydney, Australia. This cruise ends in Sydney on Feb 28, 2021

**25 DAY Australia Boomerang Cruise 2 Holland America** Mar 4, 2021                      \$2,899    \$3,199    \$6,599  
**Maasdam ~ 1258 Passengers                      INCLUDES SACRAMENTO AIRFARE RETURN & AIRPORT SHUTTLE HOME!**

Sail from Sydney, Australia to San Diego, CA visiting Noumea, New Caledonia; Tadine, Mare, New Caledonia; Mystery Island, Vanuatu; Dravuni Island, Fiji; Savusavu, Vanua Levi, Fiji; Pago Pago, American Samoa; Honolulu, Lahaina & Hilo, Hawaii; ending your cruise in San Diego on Mar 28, 2021 – Ask about Boomerang discount for booking both cruises.

Prices are per person; based on double occupancy and subject to availability. Other items not included in the cruise prices are airfare-unless otherwise noted, taxes, transfers, fuel surcharge and travel insurance. Some restrictions may apply. See brochure for complete details. \*Lincoln Shuttle is \$100 per person round trip unless otherwise noted as included.



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CST # 2033380-40 January 2020 edition

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## Tuesday SS Bowling League

(cont' from page 25)

Scratch series is held by Dave Harriman of "Shuda Been" with a 743, Mens High Scratch game is by Ron Basnett of "4-2-Win" with a perfect 300, accomplished December 17th, congratulations. The Womens High Scratch series is 612 by PK Lewis of "We Don't Care", with the Womens High Scratch game is Wendy Green of "Kelly Green Machine".

The mens High Handicap series is led by CJ Johnson of "We Don't Care" with a 783. Mens High Handicap game is Mike Becze and Dale Mellberg with a 298, both bowl with "Rock'n Bowl". Womens High Handicap series goes to Linda Buechner of "Good Times" with a 784, and the Womens High Handicap game belongs to Sandy Manildi of "The Dawgs" with a 274. The Mens most improved bowler with a plus 10 to his average is Jim Helton of "Alley Gators", and the Womens most improved bowler is Laura Silva of "Spare Us Da Split" with a plus 10 on her average. At the start of the New Year and Decade, we will have another half season to go. So if anyone out there would like to meet new friends in the coming year and enjoy some competition contact Stacy Pudge at Strikes Unlimited in Rocklin at 916-626-6361. You may also contact our league secretary Linda Zierman at 916-408-2397 or lzierman@sbcglobal.net. We bowl Tuesdays from 9:30- 12:30, check us out.

• • •

## LH Tuesday Bowling League

BY BRAD FLORANCE

It has been an exciting couple of months of bowling for the Lincoln Hills Tuesday league. Here are some of the highlights for bowlers earning USBC awards: We have Barbara Banks bowling a 177 game, Brian Turpin with a 259 game, Horace Snowden rolled a nice 236 game, Kris Elliott bowled a 3 game step ladder, Brian Turpin bowled a 276 game, and Suzy Miller bowled a great 186 game. Congratulations to these bowlers looking forward to more great bowling like this in the future. The Lincoln Hills Tuesday AM League is open to anyone 55 and over. You do not need to be a resident of Lincoln Hills. We bowl at AMF Rocklin Lanes located at 2325 Sierra Meadows Dr., Rocklin every Tuesday at 10:00 AM starting September 3rd, 2019 and ending May 5th, 2020. Please come ½ hour early. This is a USBC Sanctioned handicapped league. We welcome anyone who is interested in having fun bowling. If you are interested in joining this league, please contact Brad Florance (secretary) at 916-899-8125, email: trees4me7@gmail.com

• • •

## LH PM Bowling

BY JOHN HABEIN

John's Bowling Tip — You really want to improve?

First: Learn the pin numbers. It helps you in shooting spares and it helps your team-mates and the desk people if the machine accidentally knocks a pin down that needs to be reset. It doesn't seem important, but it really is.

Second: Line up your feet correctly. Use the inside of your slide foot to lineup where to start. To make it easy, "straddle" your starting spot with your feet close together. Look at your feet before just prior to starting your first step to make sure you didn't move them.

Third: You need four pieces of information to make a shot correction. Where you started, where you ended up at the foul line, what spot you hit and where the ball hit the pins. If you don't have this information you are just guessing at what to do if you've thrown a shot that didn't go where you wanted it. Learn the dots on the approach and arrows on the lanes. They all line up with each other. Middle dot is on the same board as the middle arrow and so on.

Halloween Scores: Handicap scores: Paul Carroll and Jim Lawrence with 744 series, Al Raub with 268 game. Sharon Shevelson with 727 and Linda Zierman with 256 game. Scratch scores: Ron Cook with 679 series, C.J. Johnson with 224 game, Jill Munyan with 544, Jeanne Zinke with 178 game. 11/7 Scores: Handicap scores: Jean Abelle with a 275, Robbie Crowley with 765 series. Val Marchus with 735 series and Soctt Haskins and Jerry Gordon with 270 games. Scratch scores: Margie Habein with 201 game, Marie Messina with 531 series. Dave Fisk with 601 series, Rich Toms with 245 game. 11/14 Scores: Handicap scores: Robbie Crowley with 738 series and Barbara Parisius with 262 game. Mike Salli with 739 series and John Vogelli with 283 game. Scratch scores: Joyce Johnson with a 498 series and Jill Munyan with a 198 game. Jeff Carsley with 639 series and Dave Fisk with a 248 game.

• • •

## Cribbage Club

BY DON LLOYD

We welcome you to come join the fun at OC on Tuesday mornings with a friendly group of Cribbage Players. We meet at 8:00 AM and have our warm-up practice games until 9:00 AM. Then the mini-tournament begins and continues until noon. We play four-handed partner games using a rotation system. Every game you end up with a new partner as the losing players move on to the next table and winning player's stay. Each player keeps track

of his or her own score. The weekly winners for November were: Larry O'Donnell, week one; Kathy Lloyd, week two; Rick Johnson, week three and Grant Lee, week four.

New players are always welcome!  
Contact: Don Lloyd 916-884-4554

• • •

## Social Bridge

BY JODI DEELEY

We're so proud of our November winners. Even with Thanksgiving and our group, minus a few players who were traveling, we had a great time and here are the winners in November: Starting on November 1st: First Place: Donna Moore, Linda Scott, John Griggs, Ada Towers, and Kurt Wolff. In Second place: Pat Mullins, John Woodbury, George Hubbard (twice), and Phil Sanderson. In Third place:

Bette Dow, Phil Sanderson, Judy Olson, Rich McGough, and George Hubbard. In Fourth Place: John Woodbury, Jay Southard, Nancy Griffin, Pat Mullins, and Theresa DeVito. Congratulations to all of you!

Social Bridge meets in the Sierra Room (KS) on Friday afternoons starting at 12:15 for check-in. For January 2020, please reserve your space by calling Chet Winton (916) 408-8708 or Judy Olson (916) 408-1435. Chet's email is cnwinton@sbcglobal.net. Judy's email is jolson@starstream.net. We have a Single's rotation so you don't need a partner.

For free refresher bridge lessons, join us on Wednesday in the Card Room (OC) at 8:30 AM (beginners) and 10:00 AM (intermediates).

Call our President, Pat Mullins, at 408-202-1865, (pam7nt@gmail.com) if you have any other questions.

• • •

## Volunteers Needed

AARP Foundation Tax-Aide is looking for volunteers as counselors, greeters, and schedulers to help taxpayers complete their 2019 income tax returns in Lincoln during the 2020 tax-filing season. Some knowledge of computers is required to assist in providing our free e-file service. Volunteers need to commit four hours in one day per week during February 3rd through April 15th. To volunteer or for more information about becoming an AARP Tax-Aide volunteer in Lincoln for the 2019 tax season, please email yorke1946@gmail.com with your name, address, phone number, and position(s) you are interested in.



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# Out & About in Lincoln...

BY RICHARD PEARL

Early January – Christmas Tree pick up program by the Scouts of Lincoln. The Lincoln Cub Scout and Boy Scout troops will pick up your tree and bring it to the Western Regional Sanitary Landfill for you. No charge, but donations gratefully accepted, and all funds go to raise money for Scout summer camps. Contact them at: [www.scoutsoflincoln.com](http://www.scoutsoflincoln.com).

January 24th (Friday). Opening game of baseball for the William Jessup University team. McBean Stadium is in its third year of operation, with William Jessup University playing in the winter and spring and the Lincoln Potter's wood-bat collegiate baseball season in the summer. The action starts at 11:00 AM. A great and inexpensive outdoor entertainment activity. McBean Park on McBean Parkway.

January 18th (Saturday). Knights of Columbus Crab Feed. Crab. Crab. Crab. Doors open at 5:30 PM for the no-host bar and the dinner starts at 7:00 PM. Tickets are \$42/person. McBean Pavilion, Lincoln. Contact: [kofcsj@gmail.com](mailto:kofcsj@gmail.com).

January 15th through February 29th – Art League of Lincoln. Call for Artists – Passions (Acrylic, Encaustic, Oil, Pastel, Photography, Watercolor). Contact the Art league at: [info@all4art.net](mailto:info@all4art.net).

Placer County Vintners Association Wine Trail. There are 20 wineries on their map ([www.placerwine.com](http://www.placerwine.com)), and several are

within minutes of Lincoln. Davis Dean Cellars even has a tasting room in downtown Lincoln. Other close-in wineries are River Rock Ranch, Wise Villa (also serving food), Rancho Roble, Rock Hill, and Pescatore. The wine trail goes all the way through Auburn to Meadow Vista (Bear River Winery), and down to Granite Bay (Casque Winery).

Feb 21st thru March 8th – Lincoln Theatre Company Choristers will stage "Little Women – the Musical." Tickets are available at: [www.lincolntheatrecompany.org](http://www.lincolntheatrecompany.org) or 1.916.409.7030. All seats are reserved and priced at \$15.50 and \$17.50.

March 7th (Saturday) Chocolate Ball – Who doesn't love chocolate? This is the fifth year for this semi-to-full formal attire dinner dance hosted by the Lincoln Downtown Association. Location: our Orchard Creek Ballroom. The event includes a no-host bar, chocolate-themed appetizers, plus a three-course special dinner... and dancing. 6:00 PM through 11:00 PM. Tickets (\$85 per person) are on sale through February, but there's limited seating and the tickets are guaranteed to sell out quickly, so contact [downtownlincolnevents2019@gmail.com](mailto:downtownlincolnevents2019@gmail.com) ASAP.

If you have a special event outside our "compound" walls but in Lincoln or in the immediate surrounding area, contact Richard Pearl at: [pennyrich@aol.com](mailto:pennyrich@aol.com)

# Kiwanis Club of Lincoln Foothills

BY JOY NORMAN

Trauma Dolls Delivered to Kaiser 2019— On Friday Nov 15, 2019 seven K-kids, and Kiwanis Club of Lincoln Foothills member: Patti Covey as well as Teacher - Rene McGrath from Carlin C. Coppin Elementary School



presented 75 special "white muslin" dolls to Kaiser Permanente Pediatric Liaison - Traci Oaki. Felt pens were included with the dolls, provided by the Kiwanis K-Kids, so the child can draw the spot(s) where they feel pain from injury or illness. The children are encouraged to draw expression on the face that reflects how they are feeling. Doctors and nurses use the doll to talk to the child during the examination and they feel this helps the patient to feel more comfortable and build a closer bond when the Doctor explains any medical procedure that the child will need. The children can keep this special doll.

# Thoughts From Jack—

## The Tale of Two Tails

BY JACK FABIAN

Well, another year is past, and some very significant things have occurred physically, scientifically, politically and genetically. My favorite of any of them was in the genetic category.

As you may have seen on TV, a dog was born in 2019 where his eyes appeared on the cheeks of his butt, one on each side of his tail. Boy, with that kind of setup, this guy had to have the greatest hindsight of any animal anywhere. But, then we noticed his toenails were pointing in the wrong direction, and there was a long tail on the other end.

When we finally scanned it for a few minutes, we realized the eyes were where they were supposed to be. The small tail was right between his eyes, and the 'bigger wagger' was trailin' behind.

The little tail between his eyes did not appear to wag. When running with other dogs, this little guy must've felt he was running much too close to the dog in front of him.

If you're old enough, you'll know why we named him 'Edsel'.

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## BULLETIN BOARD

### JANUARY / FEBRUARY

#### Glaucoma Support Group

The Glaucoma Support Group will meet on January 8, 2020 at 4:00 P.M. in the Multimedia Room at OC. If you have Glaucoma, please join us as we share our ways of living our lives with this disease. For additional information please contact Bonnie Dale at Bjdale@aol.com or 916-543-2133.

#### Lincoln Multiple Sclerosis Group

Alert! The January Multiple Sclerosis Meeting will be on Monday, January 13 (instead of our usual Tuesday), as we are having a Pizza Party in Kilaga's kitchen to coincide with the fun Re-gifting of that present you just can't use!

Bring a White Elephant/Re-gift wrapped present, \$20 or under (no candy), to the party and we'll exchange/steal, etc. (You are still invited even if you forget your gift... but you'll miss out on the fun.) Guests are invited too. How about a potential new Member?

Date: January 13, Monday, Pizza Regift Party at 1PM

Location: Kilaga Springs Lodge, Kitchen area (next door to Cafe)

Hostess: Jeri Di Fiore

Served: Pizza, Cake, Coffee, Water (other beverages, can be purchased at the Cafe.)

RSVP: By 1/10 - Laura Ludwig, laura\_ludwig@att.net or 408 249-1223.

#### Lincoln Democratic Club

The Lincoln Democratic Club ended 2019 with its annual Holiday Party, where we brought non-perishable food for the Sierra College Food Pantry. We supported The Salt Mine and Placer County Food Bank (where we also volunteer). Now we look forward to a year of exciting campaigns and interesting programs, starting Thursday, January 16, when our speaker will be Cheri Greven, Director of Public Affairs, East Bay/Sacramento Region of Planned Parenthood. We meet at 6:30 p.m. at Kilaga Springs Lodge, 1167 Sun City Blvd., Lincoln. We welcome new members. For more information, please visit our website at <https://democraticclublincoln.ca.org/>

#### Craft Beer Enthusiasts

Are you interested in joining a club where the meeting agenda consists of talking to your friends and drinking beer? Then you may want to consider getting added to our e-mail distribution list that announces upcoming club activities. We meet the third Thursday of the month at a local tap room, brewery, or good happy hour location. Previous non-Thursday activities have included visits to breweries (Old Republic, Crooked Lane, Track 7, Dueling Dogs), visits to tap rooms, and bottle shares at members' homes. If you are interested, please contact Phil Hermanson at 530-320-7469 or philhermanson1@gmail.com. Wine lovers are welcome, but must be accompanied by a beer geek.

#### Semper Fi Association

Semper Fi Association, open to all active and inactive Marines, plus Navy Corpsmen, meets at the Legends Sports Bar & Grill (at the Woodcreek Golf Club), 5880 Woodcreek Oaks Ln., Roveville on the first Monday of the month. Breakfast (optional) available at 8:30 a.m., meeting starts at 9:00 a.m. Contact Mike Scott, 916-435-4940, or Richard Martinez, 916-543-7965.

#### Grupo De Conversacion

Nos reunimos para practicar y mejorar nuestro español. We meet every Tuesday at 4:00 pm in the "Living Room" area of Kilaga Springs Lodge, call Manuel 408-8163.

#### Sons In Retirement Branch 13

Sons In Retirement Branch 13 (Lincoln/Roseville) will hold its monthly luncheon on Tuesday, January 21 at Catta Verdera Country Club, 1111 Catta Verdera Drive in Lincoln. A three course gourmet lunch costs \$20pp. Arrive at 11:30 AM; luncheon adjourns at 1:30 PM. Sons In Retirement is a fun social group dedicated to promoting the camaraderie of retired men. If you are interested in joining SIR or attending the luncheon as a guest, please contact Chet Winton at 916-408-8708.

#### Sons in Retirement Branch 98

The Rocklin/Roseville Branch of SIR meets monthly on the 2nd Wednesday in the ball room of the Timbers at Sun City Roseville beginning at 10:30a.m. Join retirees for fellowship, lunch, golf, fishing, cards, and even bocce ball... many other activities also available. Call Tom Werth at 782-3536 for more information.

#### Lincoln American Legion Post #264

Meetings 7:00 P.M. the first and third Wednesday of the month at the Veterans Memorial Hall 541 5th St, Lincoln. The business meeting for members is the first meeting and the second meeting is general information for everyone. All U.S. military veterans that have served in time of war or recognized conflicts are eligible to join. Contact us at ph: 916-409-6750 & e-mail: commander@lincolnlegion.org. "For God and Country"

#### LH Lions Club Meeting

The Lincoln Hills Lions Club meets the 1st and 3rd Thursday of each month at noon at the Lincoln Veterans Memorial Hall, 541 5th Street. We brown bag it so bring your lunch and a drink and come join a group of service minded men and woman who are interested in improving our community while having fun. Call Sue and Bob Olin for info 916-543-0002.

#### Lincoln Kiwanis Club Meeting

Lincoln Kiwanis appetizer meetings 6pm on the first and third Tuesday of the month and breakfast meetings 7:30am on the second and fourth Tuesdays all at Buonarroti's 460 Lincoln Blvd. Guests are welcome. Info: Kiwanislincolnca@gmail.com or 916 581-2045 or lincolnkiwanis.org

#### Kiwanis Club of Lincoln Foothills

Kiwanis Club of Lincoln Foothills has two lunch meetings per month: First and Third Fridays at 11:30 a.m. at Turkey Creek Country Club, 1525 Highway 193, Lincoln.

Nice lunch available for \$13. Guests are welcome! RSVP & additional Info: Rae Cook 916-251-6241.

#### Rotary Club of Lincoln

We have weekly meetings Thursday noon (12-1:30) at the Lincoln Woman's Club 5th and E Street. Interesting speakers and service to the community. For info visit LincolnCaRotary.org or call us at 916-844-2582.

#### Senior Peer Counseling

Senior Peer Counseling provides free, inhome peer support; to Placer County residents age 55+ who are experiencing depression, anxiety, substance abuse, family conflict, change in independence and other age-related adjustment issues. Please call: 916-787-8859.

#### Retired Law Enforcement

##### Officers Group

Our members are either retired or active law enforcement officers and we have quarterly breakfast meeting with guest speakers. Please join us for some camaraderie with America's finest. Contact Chuck Schmidt, RLEO Coordinator: 530cms@gmail.com

#### LH Airport Co-Op

The Lincoln Hills Airport Co-Op is open to Lincoln Hills residents to share rides to and from the Sacramento International Airport.

The cooperative works on a point system. Drivers earn points taking travelers to and from the airport while travelers spend points to receive rides. Membership is \$15 per year (Jan-Dec) per household. To join, visit our website [www.lh-airportco-op.org](http://www.lh-airportco-op.org) click the membership tab, download the application, mail, along with required documentation to the address on the application. Call Barb Iniguez at 916-408-7812 for more info.

#### Woman's Club of Lincoln

Woman's Club of Lincoln meets the 4th Tuesday of every month, 12:00PM, Social followed by a meeting and program. 499 E Street, Lincoln. Everyone welcome, no admission free.

#### Art League of Lincoln

Call for Artist: Passions — A Juried Show. 2D - Acrylic, Encaustic, Oil, Pastel, Photography and Watercolor. Show runs January 15th thru February 29th. Art League of Lincoln. 580 Sixth Street, Lincoln. Open Wednesday - Saturday from 11am - 3pm. [www.all4art.net](http://www.all4art.net) or [info@all4art.net](mailto:info@all4art.net)

#### Alumni, Family and Friends of Stanford

Would you like to be in touch with other Stanford people who live here at Sun City Lincoln Hills? Would you enjoy meeting for lunch, walking the Sun City trails together, starting a book club or carpooling to Stanford events in Sacramento? If this sounds interesting, please contact me: Carol Hoge, '59, [Cchoge2000@yahoo.com](mailto:Cchoge2000@yahoo.com) or 916-408-5334.

#### Grief Support

GriefShare is a weekly Christian faith based seminar/support group for people grieving the death of someone close to them. Whether the loss is recent or some time ago, you are welcome. It is a place where you can meet people who understand how you feel and the pain of your loss. At GriefShare, you'll learn valuable, practical information that will help you through this difficult time in your life. A new group starts Tuesday, February 4, 2020 (9:30 AM to 11:30 AM) at Granite Springs Church at 1170 E. Joiner Parkway in Lincoln. We meet weekly for 13 weeks, ending on April 28, 2020. Contact Cheryl Edwards at 916 505-5777 (please leave a message if you want a call back.) Cheryl can also be reached by email at [63cheryle63@gmail.com](mailto:63cheryle63@gmail.com). You can also find out more information on [GriefShare.org](http://GriefShare.org).

#### Parkinson's Support

We meet the third Tuesday of each month at the Granite Springs Church, 1170 E. Joiner Parkway from 10:00 to 11:30 AM. The group provides those with Parkinson's and their caregivers the opportunity to connect with each other and to receive information about living with Parkinson's Disease. The format consists of informative speakers and an occasional general discussion. The next meeting will be on January 21. Please come and join us. Contact: Maggie White 916- 367-3908.

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# Skip and Lora Close

(cont' from page 1)

were able to maintain their long-distance relationship. They were married in 1969 at the age of eighteen after graduation from high school.

Skip, whose given name was Armon like his father's, was born in 1951 in the Oroville hospital to Armon and Faye Close. Skip's father, Armon, was a Marine whose last military deployment was at Iwo Jima in World War II. After the war, he returned home to Santa Rosa. He met Skip's mother, Faye, a widow with two children who became Skip's half-siblings. Faye's first husband had been killed in the battle of Okinawa. Armon and Faye married in 1946 and by 1951 had moved to the small town of Pulga in Northern California. Skip was born in Oroville because that was the closest hospital.

The winter after Skip was born was one of the worst on record for Pulga and the surrounding area, and a huge landslide destroyed the Close family home. Luckily, Faye heard the mudslide coming and grabbed Skip to escape the house just before it was destroyed. Skip's half-brother and half-sister were in school at the time and so were spared. At this point, Skip's family returned to Santa Rosa where they had previously lived. Skip also spent time in Walnut Creek, Truckee, Yuba City and Grass Valley during his childhood. However, most of his childhood was in Grass Valley and there he became involved in baseball, FFA (Future Farmers of America), DeMolay, and, of course, the Methodist Youth Fellowship. One of the experiences that served to ground Skip was working summers at his uncle's ranch in Healdsburg. He did this starting in his twelfth year and finishing when he was eighteen.

Lora's route to Grass Valley started in Indiana. Born into a farming family with deep roots in the Mennonite faith, her parents attended the Methodist Church instead and owned a sixty-acre farm. They grew wheat and



Photo by Jeff Andersen

corn and raised cows, pigs and chickens. The family was so self-sufficient that Lora doesn't recall shopping at a grocery store while they lived in Indiana. After Lora graduated from third grade, her family moved to Grass Valley where they attended the Methodist Church and Lora eventually became involved in the Methodist Youth Fellowship.

After both Skip and Lora graduated from high school and married, they moved to Daly City where Skip began college. Lora took a job with a Savings and Loan and they both raised their two sons. Skip attended college full-time while also working at Montgomery Ward and, in the summers, for the Highway Department for the State of California. When Skip graduated with a B.A. degree in History and obtained a teaching credential, the young family yearned to move to a more rural area. Teaching jobs were tough to find in the mid-1970s, so Skip accepted a position with the California Department of Transportation in San Jose. At this point, Skip and Lora bought their first home.

Skip eventually accepted a position in Sonora, and they were able to relocate to the beautiful and rural town of Twain Harte. At this time, Lora started a new career with the U.S. Forest Service in Pinecrest. After four years in the area, Skip accepted a promotion and Lora requested a transfer and they were able to move their family back to their beloved

Grass Valley.

The Close family was featured in the April-June 2003 issue of the "California Transportation Journal" because three generations of the family had piled up over one hundred years of employment in CalTrans. This started with Armon, Skip's father, who worked for thirty-four years. Then Skip had a thirty-year career, his step-brother, Bill Sanders, had forty years, and Skip's son, Paul, now works for the department. Paul's son Austin shows a penchant for playing with construction toys, so there might be another generation on board in the future.

While Skip and Lora's two sons were young, the

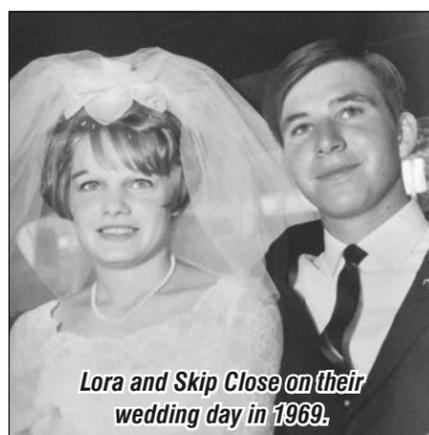
retired as the CAO of Industrial Relations in San Francisco and Lora retired as a Financial Manager for the U.S. Bureau of Reclamation. Their sons both married in the 1990s and the couple now have two granddaughters and a grandson. They swell with pride when they think of their sons, daughter-in-law and grandchildren.

When they are not traveling, Skip and Lora keep busy with interests that include Skip playing the guitar and singing for events, bingo, bunco, Sip N Paint, SCLH concerts and shows, the gym and local casinos, and, not to be forgotten, prime rib Wednesdays at Meridians.

They originally moved to Lincoln Hills to be closer to their children and grandchildren and to live in an upscale adult community. SCLH is well-situated for hospitals, services, activities and good weather. When they have difficulties, they fall back on prayer, hard work and a self-reliant attitude that they both learned in their childhoods.

While enjoying their well-appointed home in Lincoln, they have reminders of what they deem to be important. The map marked with their various trips that began in 2013 is on the wall in the den. They had never been east of the Rockies so on their first trip they headed for Niagara Falls and toured the East Coast all the way to Key West. Then they took an Alaskan cruise out of Vancouver. In 2018, they went to the Great Lakes and were able to visit the farm that Lora grew up on in Indiana. Then they followed the Mississippi River down to Graceland in Memphis, Nashville and New Orleans before returning home.

Skip and Lora are grounded in their love for each other, their shared faith, pride in family and joy in living in Northern California rural spaces. They love to spend time exploring the natural beauty wherever their RV will take them. And whenever they travel, they can always come home to their life in Lincoln with the hummingbirds, water features and friends and neighbors nearby. They delight the people around them by their down-to-earth personalities and practical outlook on life.



wanderlust for traveling to various places in the United States was strong in the family. They remember the Grand Canyon, Custer's Battlefield, white-water rafting in the Snake River in Idaho and horseback riding in Bryce Canyon, among many other adventures. When the boys grew up and eventually left home, the Closes bought a Honda Goldwing Motorcycle with a small cargo trailer. They went as far north as Banff and Jasper in Alberta, British Columbia and as far south as Cabo San Lucas, Mexico. These trips were just a precursor of the many excursions Skip and Lora planned for after their retirement.

Before retirement and after the sons were raised and out of the house, they kept working in their government jobs. Ultimately, Skip

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## SCLH WRITER'S CORNER...

### New Years Resolutions

BY JIM FULCOMER

Resolutions made new every year, with purpose and commitment clear, get broken and with shameful cheer. I set the bar too high, I fear.

So I press on and don't look back, at places where I left the track.

Life's little lessons now I pack, and add them to my "Pending" stack.

So much to do - so little time, has been my ever-constant chime,

Procrastination is my crime, but that's OK, I'm past my prime.

It is not that my goose is cooked, or all my reservations booked,

'Tis just so easy to get hooked, in places I should not have looked.

Temptation I cannot resist, when foolish pleasures on my list,

beckon with a friendly twist, "Please help yourself - I do insist!"

So every year I go unlisted, though my inner voice persisted.

Behavior of my life consisted, of things too good to be resisted.

*Jim Fulcomer is a member of the SCLH Writer's Group.*

## SUN SENIOR NEWS CLASSIFIEDS

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BASKETBALL Tuesday mornings Lincoln Community Center Gym. Contact Gage Johnson for details. Gage.retired@gmail.com 916-409-9619.

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...



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\*HINT on Word Counts: A "word" is anything separated by spaces, or as reported by word-process software like Microsoft Word.

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<b>2054 Stonecrest Lane</b>	<b>Pine Hill</b>	<b>\$493,000</b>
<b>501 Silverwood Court</b>	<b>Trinity</b>	<b>\$494,900</b>
<b>877 Granite Falls Lane</b>	<b>Pine Hill</b>	<b>\$496,000</b>
<b>1057 Fairway Valley Lane</b>	<b>Trinity</b>	<b>\$499,000</b>
<b>862 Cottonwood Court</b>	<b>Fremont</b>	<b>\$505,000</b>
<b>223 Gazebo Court</b>	<b>Quail Cove</b>	<b>\$542,250</b>
<b>895 Anton Court</b>	<b>Fremont</b>	<b>\$574,000</b>
<b>2343 Blue Heron Loop</b>	<b>El Dorado</b>	<b>\$579,000</b>

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