

SUN SENIOR NEWS

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Bob and Dianne Ayres — Designing a Life

BY P.J. CONRADI

Bob became a corporate sales executive. Dianne became an interior designer. Of course, it did not start out that way. Theirs is a story of overcoming, adopting and adapting.

Bob grew up loving and playing baseball in Sacramento. With an absentee father, he had to help his mother, so he worked as many jobs as he could squeeze in around baseball. For example, he was a “Bee Boy,” delivering the evening Sacramento Bee newspaper on his bicycle until it interfered with baseball, so he switched to carrying the Sacramento Union, the morning paper. Bob played all the youth baseball leagues. His C. K. McClatchy Senior High School team was undefeated in his junior year, and overall they won thirty-three games in a row. He remembers his best game; three triples and a double yielded seven RBIs. (He hit one other triple ever in high school). In addition to the high school team,



Bob and Dianne Ayres with their dog Pepita.

PHOTO BY KEN SHAHOLAN

he played for the Post 61 American Legion team. In his senior year, 1952, Post 61 won the Northern California championship, and went on to play for the state championship against the Southern California champs from the Crenshaw Post. It was a three game series

which Post 61 caused to go to a third game. Crenshaw won the title due in part, to the efforts of Sparky Anderson—who went on to be a major league player, coach and manager. He managed the Cincinnati Reds to National League titles in 1975 and 1976, and the Detroit Tigers to the American League title in 1984.

A shortstop, Bob was signed by the Pittsburg Pirates and played minor league ball for two years until he developed arm trouble. He jokes that he went from being a strong armed shortstop to a weak armed second baseman. One highlight came when his team was playing in Santa Barbara in the fog. Not known as a power hitter, he was the leadoff batter and hit a long fly ball. It should have been a routine out, but the outfielder could not see the ball after it entered the fog. Bob kept running and scored an inside-the-park home run. One league had teams in Mexicali and Juarez, so he traveled into Mexico
(cont' on page 29)

SCR Foundation

A charitable service organization by and for the residents of Sun City Roseville

BY TONI FISHER,
Public Relations Director

2020 Is In Full Swing!

Now that we have survived the happenings around the holidays and have settled in to the new year, enjoying the cool weather and somewhat frequent rain, we look toward another full year of Sun City activities and events. The first Foundation event will be the Bingo! afternoon on Sunday, March 8. If you are new to Sun City, you might find this event to be an enjoyable afternoon spent with friends and family, making some new friends and perhaps winning a game. The event, held in the Timbers Ballroom from 1:00 to 4:00pm, is attended by well over two hundred friendly people who have high hopes that they will win a game and the cash prize that goes with it. Tickets will be sold starting at 12:30pm. The cost is \$20 for fifteen games, each having a \$100 prize for the winner. A sixteenth game, for an additional \$2, has a \$250 prize. The event is not limited to Sun City residents and snacks and non-alcoholic beverages are welcome. Ticket presales will be in the lobby on March 1 from 8:00am to noon during Courier Days. While this is primarily a social event, any funds



(cont' on page 25)

Sun City Singers

BY JACKIE PROETT

It's February and time for Cupid to remind us of Hearts and Flowers. The Singers will be celebrating in a special way by having a Valentine's Day luncheon on Friday, February 14 at 11am to 2pm in the Lodge Ballroom. Treat your Sweetie to Lunch! If you don't have a Sweetie, have a bigger lunch! We will have more details at rehearsals.

We already received our Valentines in the packet of music that we received in January for our spring or summer Concert. Director, Paul, the Board and the Music Elves were busy pulling old and ordering new music while we were still enjoying our long winter's nap. Ah yes! It sounds like a Journey or Traveling music. That is what they came up with. We'll see what Performance does with a title and presentation. It should be fun.

The big Question this month is how is everyone doing with the change of meeting on Mondays rather than Thursdays. Everyone seems to be hanging in. Starting the week with music is really a great idea! But Thursdays look a little lonely now. Go ahead, meet for a glass of wine. You don't have to change all your old habits!

The best part of this change of days, is being able to add new members to all our sections, Tenors and Basses particularly. New members will be named next month. We hope to add to that list in the meantime.

If you like to sing, give yourself a Valentine and come join us. We meet at the back of the Ballroom on Mondays, 2:30 to 5:00pm. The

only thing better than a Heart-shaped box full of chocolates is music!

• • •

Music & Laughter

BY JANE BOHN

We're off to a great start. Our first 2020 gathering was quite the hit. New attendees and new entertainers made for some fun Music and Laughter. After our happy birthday song to those born in January the following entertainers braved the microphone and gave it their all: virtuoso pianist Belita Anatalio, animated story teller Jackie Proett, singer/guitarist Charlie Kidd, Jokester Ed Lick, singer/guitarist Glenn Burleson, a cappella singer John Sorenson, singer/guitarist Bruce Barley and lastly Frank Bohn who accompanied Jane Bohn singing two humorous duets. Needless to say, the entertainment was varied and the audience was encouraged to chime in on several of the songs. The hour flew by and it was time to award prizes. First prize of \$10 went to Daryl Rasmussen, 2nd prize of \$5 to Darlene Andreotti, 3rd prize of \$3 to Leora Cranmer, last prize of Apple Cider to Belita Anatalio. My sincere gratitude to our great entertainers, our faithful and ever growing audience, and all my helpers, including greater Maria Hajgato, prize recorder, Nancy Stetz and newest assistant, Arlette Bennett. Without your continued support, we would not have a successful event like this each month. We hope all you newcomers as well as our fan base will

(cont' on page 3)

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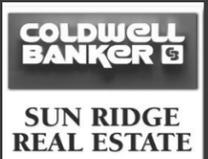
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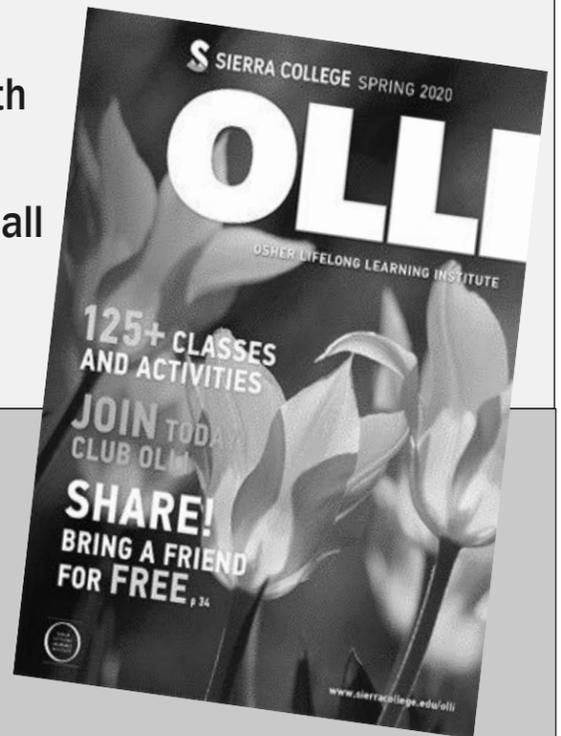
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Gregg and Liz Goldthorpe

EDITORS
 Gregg & Liz Goldthorpe

PRODUCTION ASSISTANTS
 Mark Bernard, Targa Funk,
 Madison Goldthorpe-Lewis, Emily Goldthorpe.

ADVERTISING
 Gregg Goldthorpe

CONTRIBUTORS

P.J. Conradi, Ken Shahoian, Toni Fisher, Jackie Proett, Jane Bohn, Bud Gardner, Linda Aug, John B. Allard II, Bonnie Gore, Dana Eggerts, Schott Titensor, Rita Zanzinger, Carolyn Desantis, Jean Stephens, Rayann Golda, Dawn Beck, Carole McCullough, Lois Arlen, Dave Lewis, Carole Vaillancourt, Paul Regnier, Tim Miles, P.J. Palmer, Martin Green, Earl Wiklund, Phyllis Percival, Janet Morelli, Barbara Woolman, Pete Grady, Diana Rischling, Kathie De Vito, Lynnda Dunn, Barbara Mills, Ken Hansen, Ralph Friend, Richard Epting, Diane Barnett, Karen Yeates, Pam Cabezas, Jane McNally, Bob Verzello, Gerry Cristoni, Olga K. Widnes, John Vogeli, Russ Asbell, Mary Ann Chittick, Jennifer Martin, Colleen Tovey, Cindy Faulkner.

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Back issues are available to download there as well.

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SUBMISSIONS

The Sun Senior News - Roseville welcomes announcements from social clubs, schools, charitable organizations, non-profit organizations, local government and community events. Also, editorial contributions as well as articles, cartoons and photographs are welcomed and considered for publication. Deadline for submissions is the 15th of each month. *Please submit via email to: egnews@egnews.com*

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Music & Laughter

(cont' from page 1)

spread the word and tell your neighbors and friends about our Open Mic hour of fun. Our next Music and Laughter show is Wednesday evening, February 12 at seven o'clock held at our Sierra Pines Lodge. Looking forward to seeing your smiles.

• • •

Harmonicoots

BY BUD GARDNER

February is an historic month for the Harmonicoots. We founded the Harmonicoots in 2004, then played our first gig at Mistywood in February 2005. This Valentine's Day gig was the start of our community gigs, which now total 333 in the past 15 years.

The Coots have reached a new level of band sound because of the new Coots that joined us last year. However, we have lost two important pillars of our organization—Sandy Chandler and Bill Hartman. Sandy has moved permanently to Philadelphia to live with her family. While here, she served as Vice-President of the Coots, played a fine harmonica, performed in most of our gigs, and tirelessly sent her fellow Coots personal cards on special occasions. In addition, she monitored the Harmonicoots' table during Courier days across the years.

Bill Hartman served on the Coots' board for 14 years and headed up the Caroling program each December, booking 145 gigs over the years. Bill and his wife, Elva, are moving to

Idaho in a few months to be with their family. Both Bill and Sandy will be sorely missed.

Linda Aug is now filling the position of Vice-President, while Belita Anatalio has replaced Bill on the Coots' Board as Music Production Advisor.

The Coots are eagerly rehearsing many new songs for their upcoming Jamboree scheduled for Tuesday, May 12, in the Ballroom at 7pm. Tickets (\$15) for this show will be available on March 1, during Courier days in the Timbers' lobby. All Coots' members will have tickets for sale as well.

Kudos to Lou Leger, who heads our program of teaching elementary students how to play the harmonica. He exemplifies the mission of SPAH, the international harmonica organization, dedicated to the preservation and advancement of harmonica. "Kids are the future of harmonica," said Lou.

• • •

SCR Dance Club

BY LINDA AUG

As a new year is upon us, we find ourselves organizing our activities, meetings, clubs, and appointments on our calendars. Don't forget to leave space for the Dance Club! What better way to have fun, meet friends and burn those holiday calories than to DANCE? Eight types of dance classes are offered on a continuous basis. Check the Sun City website for times and locations of classes.

Set aside February 17 for a Line Dance

(cont' on page 7)

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Join Oakmont of Roseville for an informational seminar about “next steps” in the aging process.

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From City of Roseville

Placer Counts: Take part in the 2020 Census

BY JOHN B. ALLARD II - ROSEVILLE MAYOR

Every 10 years, the U.S. Census Bureau attempts to count every person in the United States. The next count officially kicks off on April 1, 2020.

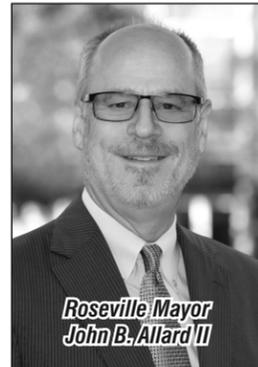
It is simple and confidential to complete. For the first time, you can respond online. You will receive a unique identifying number in the mail which will allow you to fill out the online form beginning in March, 2020.

Here are some things you should know:

The Census is important. The Census is important because it helps to decide how much federal money our city, county and state will get over the next ten years, for things like parks, neighborhood improvements, public health, transportation, and many other programs and services.

For every person missed, we lose \$10,000 in federal funding (\$1,000 per person, per year for ten years). Businesses use Census data to decide where to build offices, stores and factories – and these create jobs.

It also makes sure we have fair political representation determining the number of seats in the House of Representatives as well as political boundaries. Make sure your voice is heard.



Roseville Mayor
 John B. Allard II



Your identity remains anonymous. Any personal information you provide on the Census form is protected by law and cannot be shared with anyone or any other federal agency. Regardless of your immigration status, the information cannot be used against you or to invade the privacy of you or any members of your family.

The Census is safe. All the data collected through the Census is protected under Title 13 of the U.S. Code. Records are confidential for 72 years by law. All U.S. Census Bureau employees swear a lifetime oath to protect respondent information.

The U.S. Census will never share a respondent's personal information with other government agencies.

Data is only released in

summary tables; no individual records are released. The penalty for wrongful disclosure is up to 5 years imprisonment and/or a fine of \$250,000.

What do you need to do? Complete the short and easy form online. If you don't have a computer at home, you can use one at a library or at a Census Questionnaire Assistance Center in your community.

For more information visit, 2020Census.gov. You and your family count, so make sure to fill out the Census form this spring.

From Your Placer County Supervisor

BY BONNIE GORE — Supervisor
 Placer County, District 1

I cannot believe we are already in 2020 and I am very excited for the new decade. I would like to share with you some of my goals for this year:

My first priority is communicating to and hearing from you, the residents of Placer County and District 1. I will continue to listen for concerns or issues facing our community.

Forest management is also a priority for me. This includes wildfire and insurance issues for residents in the foothills and eastern portion of our county.

I will continue working with local cities and organizations to tackle the homelessness issue. We made great progress in 2019 and will build on that momentum this year.

Finally, I have made the Baseline Road improvements, including signalization of stop-sign intersections and widening, a top priority for 2020.



Bonnie Gore

I will keep you updated throughout the year on progress we make. I am honored to serve as your Supervisor and look forward to working with you to accomplish these goals.

Have a very safe and happy new year!



Ambassador Committee

BY DANA EGGERTS

This year is already on the way to flying by. Valentine's Day is just around the corner and I feel like the holidays were just last week. Speaking of the holidays, I thought I'd share a picture from the Ambassador Holiday Party. As you can see, we're a festive group. Many thanks to Ron and Mary Onodera for hosting us in their beautiful home.



Ambassador's Holiday Party!

The Ambassadors support the Association through actions and activities to ensure Sun City Roseville continues to be the premier active adult community in northern California. One of the best ways to do this is to make new residents feel welcome in their new community. To that end, each new resident is called and welcomed to the community by an Ambassador within the first few months of residency. During the phone call they are invited to our next New Resident Welcome Reception. There are three receptions a year. The Ambassador in charge of Welcome Calls works with administration

to identify who the new residents are. They, or another assigned Ambassador, call each new resident and welcome them to our community and invite them to our next New Resident Welcome Reception. Two Ambassadors are in charge of the New Resident Welcome events which are held in the Sierra Pines meeting rooms. Light food and beverages are served. There is a short program; speakers provide information regarding our community as well as answer questions. The new residents have

the opportunity to introduce themselves and meet other new residents and residents that have been in the community for many years. I think you'll all agree with me, the three Ambassadors assigned to Welcome Calls and New Resident Welcome receptions, do their part to make new residents feel like a valued part of the community.

The Ambassadors meet the third Tuesday of the month at 2 pm in the Card Room. Our next meeting is, February 18th. Come see us in action, everyone is welcome to attend.

Compliance Committee

BY SCOTT TITENSOR

Estate Sale and Temporary Political Signs, keeping SCR beautiful!

We all love how beautiful Sun City Roseville is to drive through with well-maintained homes, common areas, and streets. Our residents do a great job and we wish to thank you.

The Compliance Committee is asking residents for help in the following important areas:

Estate Sales: When an estate sale company is retained, please make sure they are aware of our estate sale rules. They can be found in your Association Rules, Part A, Section 1.01 (d) (iii) (A). Estate sales are permitted only if they are held entirely inside of the house with garage door remaining closed at all times, except during removal of purchases. (B) No type of directional signage is displayed within Sun City Roseville. (C) Only one on-site sign advertising the sale permitted. (D) The maximum size of the sign shall be six square feet in area and four feet in height. (E) The sign shall only be displayed during the term of the sale. The homeowner is ultimately responsible to ensure that these rules are followed by the estate sale company.

Temporary Political Signs: 2020 is going to be a busy political year. We will be bombarded with political ads and signs will be appearing in yards. Please follow the City of Roseville and Sun City Roseville temporary political

sign regulations. They can be found in our Association Rules Design Guidelines, Section

3.04 (m) (iv). City of Roseville Municipal Code, Section 17.10.180 as follows; (A) No individual sign shall exceed six square feet. (B) Not more than an aggregate of 128 square feet of temporary political signs shall be maintained at any one time on a single parcel or lot.

(C) Temporary political signs shall not be erected more than 90 days prior to the election to which they pertain. They shall be removed within 10 days after such election.

The Compliance Committee and entire association wishes to thank you in advance for your help in these areas. If you have questions, please call Ryan O'Connell, Assistant Director of Community Standards at 916-774-3863.



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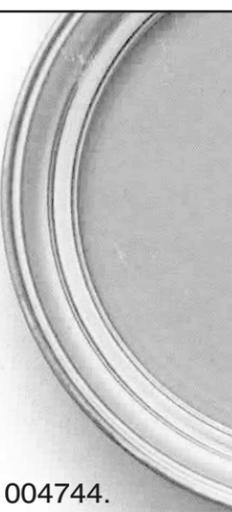
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SCR Dance Club

(cont' from page 3)

2 and 3 Social in the Ballroom from 6:30 to 9:00pm. Tickets are \$5 or \$6 at the door. Come and enjoy your favorite line dances and learn some new ones too.

Hats off to our class monitors. They have many duties which help the Dance Club run smoothly. They facilitate registration, promote events, sell dance tickets and complete monthly paperwork.



Linda Vincent, Line Dance 3 Monitor.

This month we are featuring Linda Vincent who has been the Line Dance 3 monitor for nearly 3 years. She has worked for the Activities Department for 6 years and can be seen at the Activity Monitor Desk or as Program Assistant for Citizens Patrol. Linda is also involved in Bocce, Lady Niners Golf Club, Billiards, Boomers, and of course Line Dancing 2 and 3. In her free time, you may see Linda walking her dog Frankie and her mom's dog Taylor.

Linda enjoys being a Line Dance 3 Monitor. She states it is lots of fun and she gets to see everyone at the registration table. Linda encourages everyone to get involved in the Dance Club. She loves living in Sun City with her mom Joy and encourages everyone to get involved.

You can see by the picture that Linda is in FULL SWING for 2020.

• • •

Creative Arts Club

BY RITA ZANZINGER

I'm about to title this humble article, "Viva La Difference". Let me explain.

Our department is approximately 100 members strong with the majority being women. There are a few brave men who have joined our Creative Arts Department. (Kudos to our talented brothers of the creative spirit!). Consider that creativity comes in many forms and from one's interpretation of what our eyes view and what our talent provides. When it comes to working with clay, I've noted that the creative process differs between men and women artists.

From my limited observation, I find that men are precise. Men use rulers and measure things. They like angles and clean lines. They work individually and seldom seek advice from others. Our male counterparts are often proficient in the use of potter's wheel. Flowing, rounded vessels appear as by magic under their strong hands. And, they never use the word "cute" to describe their work.

We creative women usually don't measure anything. We often eyeball it. Our work includes curving lines and soft edges. We embellish with flowers, leaves and design fanciful creatures. (Speaking for myself, if my creation doesn't quite work out the way I thought it would, I improvise. In other words, I make it work). We seek support from each other. And, we do use the words "cute" and "really nice" to describe our endeavors. As for the potter's wheel, several of our members are attempting to learn the process.

I value the men in our class. They are willing helpers. They've accepted that we talk

(cont' on page 9)



Reggie Leipsic and Steve Robb, engaged in their creative process.

Citizens Patrol/Neighborhood Watch About Citizens Patrol & Neighborhood Watch

BY P. J. CONRADI

Editor's Note: *This is a re-issue of the February 2019 column. The resident turnover rate in Sun City is relatively high, so this is primarily aimed at informing new residents about our sister programs, however, I continually find residents who are unacquainted with all we do.*

Residents occasionally call me at home to discuss a Citizens Patrol or Neighborhood Watch matter, most without realizing that I am an employee with office hours and two program assistants, and perhaps thinking we operate like a chartered club.

Our mission is to keep residents safe, crime low and property values high. Our office sits at the base of the architectural tower at the north end of the main lodge. 774-3817 and neighborhoodwatch@scrca.org are on my desk, and 774-3853 and citizenspatrol@scrca.org are on the desk of Karen Jope and Linda Vincent. The three of us are residents, and work from 8:00 am to noon, Monday thru Friday.

Karen and Linda job-share and swap their twenty hours, and focus on Citizens Patrol. I focus on Neighborhood Watch, on articles such as this and separate articles in the eCourier, and on planning our monthly meetings.

Our meetings are held every second

Monday at 10:00 am in the ballroom. We begin with a Pledge of Allegiance and often are graced with remarks on current events by members of the police and/or fire departments, followed by a keynote speaker to address some aspect of public safety. Look for flyers at Courier Days and announcements in the Neighborhood Watch emails.

I send those NW emails, updating scams, safety, crime stats and so on, about six times per month, using an email tree: I send to 42 Village Communicators, who each forward to about a dozen Team Links, who forward to their neighbors. If you are not receiving those emails, it is likely your neighbors are not, either. If you can forward emails, please call.

Our mission could not be met without all the resident volunteers in CP/NW. Citizen Patrol Volunteers close 150 garage doors per month. Our protocols have saved four lives in the past four years. Assigning four CPVs each evening requires 120 residents per month. We hover at about ninety such volunteers, meaning full coverage is achieved by some CPVs doing double duty, and some patrolling alone. If you can offer one evening (2.5 hours) per month, please call.

Art Studio Trek: Art and Chocolate 14th Year Anniversary!

Free open studio tour featuring "Art and Chocolate" theme. This is the 14th year for this event. 19 artists in the Loomis, Rocklin, Granite Bay and Roseville area will open 12 studios; some will demonstrate art techniques and offer their artwork for sale. Studios have

chocolate treats for visitors' enjoyment. Each year new artists are invited to participate as guests to share studio space. Spend \$25 or more with any artist and you will be entered in the drawing for one of 20 pieces of fine art donated by the Art Studio Trek artists. Visit our website to see the prizes. Entrants must be 18 or older. May the Arts be with you! Good Luck! Event is Saturday, April 25 and Sunday, April 26, from 10 am to 5 pm each day. Free maps available at: www.ArtStudioTrek.com Blue Line Art Gallery and other locations. Information: 916-782 2909

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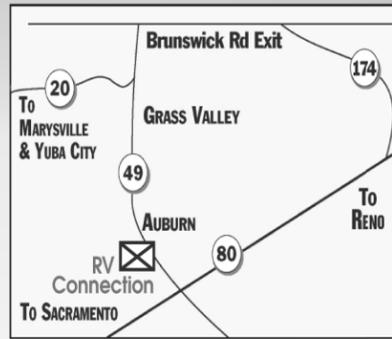
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Creative Arts Club

(cont' from page 7)

a lot and laugh often. They put up with our discussion on children, recommendations for beauticians, what we're making for dinner, what we plan to wear, what glazes we use and that we find certain unexplainable things so funny. Perhaps they even tune us out. Yes, we poke fun at them on occasion and they take it well.

I've also observed that the creative process lends itself to camaraderie and this is evident in the Creative Arts Department. I enjoy the friendship of women and can say I have made new friends of the male species. Hopefully I've made my point and want to repeat, "Viva La Difference".

I see it's time for me to take a short drive to the Lodge for clay time. Have a couple of books to return, need to purchase a new brick of clay and to make an appointment with Jeff, my potter's wheel instructor.

Make it a creative New Year!

• • •

Needle Arts Club

BY CAROLYN DESANTIS

We are off to a running start with a great line up of speakers for our 2020 Needle Arts year.



Needle Arts member Gertrude Leven modeling a "look" styled by the meeting presenter Galen Hall.



Needle Arts member Trish McDonald modeling a "look" styled by the meeting presenter Galen Hall.

Our January program was an inspiring and informative presentation by Galen Hall, color analyst and personal style consultant from "Color U" using some of our own members as models and showing how colors can make

you stand out in a crowd.

Upcoming programs are —

Wed., February 5 at 1:30pm: Jimmy Beans Wool

Wed., March 4 at 1:30pm: Rob Appel, "Man Sewing"

Thu., March 5 at 1:30pm: Rob Appel Class

Wed., April 1 at 1:30pm: Pottery Barn

Wed., June 3 at 1:30pm: Our always popular Show and Tell

Mark your calendars!!!!

• • •

Fine Arts Club

BY JEAN STEPHENS

For the meeting in February, we will enjoy Connie McLennan as demonstrator. She uses oil for her paintings. She lives in northern California with her family. The talented painter is also well known for her Illustrations in advertising and more recently for children's books. But wait there's more.

She has 13 illustrated books and has also become an author. Now that's a bit of juggling lifestyle.

There are new plans for the progress of our monthly meeting. Please plan to attend. February 13, 1:00 pm in the Fine Arts Room

• • •

Heartland Group

BY RAYANN GOLDA

The Heartland Club will host an event at 6:00 pm on Saturday, April 25, 2020 at 6 PM at Sierra Pines. The theme will be announced in the next issue.

Membership is \$3 per resident per year. You can mail your check to Ray Ille (Heartland Club 5416 Campcreek Loop, Roseville, CA 95747) or include it with your money for the next event. Phone: 916-780-1660. (Membership dues run from July 1 to June 30.)

The Heartland Group is open to all Activity Card (previously referred to as Association Membership Card) residents of Sun City. We think you will be comfortable with the group whether you are single or couples. There you have it; a mix of residents who come to have some fun. You won't be disappointed.

The Heartland Group meets four times a year usually on the last Saturday of January, April, July, and October. The membership year runs from July to July.

Questions: Joe Flores (President) 916-580-3787.

• • •

Singles

BY DAWN BECK

Romance is in the air when it's Valentine's Day. Remember the hearts we made in school with cupid arrows through them and how we could hardly wait to pass out valentines to everyone? That was the rule — if you passed out one then every member the class should get a card. Maybe we should make a point of passing them out now to the people who do so much for us.

P.J. Conradi of Neighborhood Watch is our February speaker. He always keeps us up to date on the best ways to stay safe. His topics are important and geared to seniors.

Our February social will add to the Valentine spirit. It is on Saturday, February 15 at 6:00pm at Sierra Pines. Be there for a night of fun and chocolates. Wear red, sparkles or hearts to celebrate an evening of love and friendship. Bring a meat dish, side dish, salad or dessert. Members can pay \$12 and guests \$14. Cathy Williams and Jean Taylor will take checks at the general meeting, but all reservations must be in by Thursday, February 13, 2020 at noon. Call Jean Taylor at 916-297-7098 to make reservations.

Start playing at one of the fun game groups. Cela Armstrong at 916-782-4722 is the head of Canasta, Janice Shreve at 916-773-1816 takes care of Mexican Train, and Elaine Pitt at 661-202-8835 is organizing Hand and Foot. We will be able to use the card room on the second

Sunday for any games which is a good way to get started.

Anyone who is single or living alone in Sun City is welcome to join Singles. Meetings are on the first Monday of the month in the ballroom at 6:00pm. Call Marina Tan, our membership chair, at 916-772-7913 for further information.

• • •

Boomer Generation

BY CAROLE MCCULLOUGH

Wow is all I can say. The Boomer Generation Club sure knows how to party. We had a great evening with a first of its kind Chinese New Year After Holiday Party with a fabulous array of Chinese dishes on the buffet and dancing the night away to The Rhythm Method 4. Thanks to all our wonderful volunteers for helping us celebrate the Year of the Rat in style.

As always, there's a lot going on with

the Boomers. Now that we've gotten past the Holidays, our SIG's are starting up with a bang. Check your e-mails for times and dates from those you belong to. For those of you who are new we have: Golf, Bowling, Walking, Dining Out, Progressive Dinners, Wine Tasting, Movies, Bunco, Book Clubs and are always looking for suggestions for others. If you wish to join a SIG, please go to our website and read about each. You can reach out to the leader right from there.

At our January 14 Council Meeting we put together a calendar for 2020. It will be sent out shortly.

Our next General Meeting will be on February 20 at Sierra Pines at 7:00pm. As mentioned last month, we will be starting to solicit volunteers to run for our council for 2020-2021. We will be looking for a President, Vice President, Treasurer, Event Coordinator, Secretary, Membership Director. We can promise, all of those stepping down will be available to those stepping up. If you're interested in running for an office, please contact Nancy Schubach, 916-740-4453. Volunteering is one of the privileges living here in Sun City Roseville and part of what makes our events and club so successful.

• • •

Jewish Fellowship Circle

BY LOIS ARLEN

Happy and healthy New Year to all!

We happily and warmly welcome four new members to our growing Jewish Fellowship Circle: Allen and Diane Greenberg and Ronald and Diane Rishe. We are glad you are here!

Orin Lazer eloquently conducted the Shabbat service, and he also hosted the Oneg on Friday, December 6 at Sierra Pines.

We ended 2019 with a fine Hanukkah dinner and entertainment in the main Ballroom at the Timber Creek Lodge. Sylvia Wishnoff, a retired Cantor, sang and played her guitar beautifully. The new Officers for 2020 of the Jewish Fellowship Circle were installed. Thank you to all our volunteers and to all our members who make our Fellowship a success.

There will be a Shabbat service and Oneg on Friday, February 7 at 7:30pm at the Sierra Pines. Sylvia Wishnoff will conduct the service, and Orin Lazer will host the Oneg.

(cont' on page 10)



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Jewish Fellowship Circle

(cont' from page 9)

The Book Club will be meeting on February 10 at 7:00pm Marvin Boyd's home. The book selected for February is Forty Autumns.

The paid-up membership lox and bagels brunch will be on February 16 at 10:00am at Sierra Pines.

Information for the Sacramento Jewish Film Festival, scheduled for February 19, 20, 22 and 23, is in the process of being sent out.

We look forward to another successful year, our many activities and more new members joining our fun group!



Members enjoying the recent "Music Cities" Tour.



surewest.net, 916-789-0478

July 13 - 20: "Crystal Symphony Cruise – Scandinavian Splendors," Stockholm to Dover; Contact: Beverly Lewis, bevlewis@outlook.com, 916-740-3695

August 2 - 6: "Seattle, San Juan Island – Friday Harbor, Boeing Tour, Whale watching, & Victoria BC"; Contact: Gregg Hutchison,

GKHutch@outlook.com, 916-740-3695

September 18 - 29: "Croatia and Its islands"; Contact: Beverly Warrington, fwracing@hotmail.com, 916-783-4426

September 30 - 5 October: "Albuquerque Balloon Festival and Santa Fe"; Contact: Barbara Wells, barbwells@comcast.net, 916-773-1881

October 12 - 20: "Niagara Falls and New York City"; Contact: Valarie Rice, rice741916@comcast.net, 916-771-5661

2021 Travel Opportunities Under Consideration —

January: "Costa Rica" (9 days) with 4 days Night Jungle Adventure option

March: "Spain's Classics & Portugal" (14 days)

May: "Canyon Country" featuring Arizona & Utah (8 days)

August: "Exploring Scotland & Ireland" featuring "The Royal Edinburgh Military Tattoo" (13 days)

October: "Autumn in Vermont" featuring Lake Champlain and the Adirondacks (7 days)

December: "Nashville & the Smokey Mountains Holiday" featuring Gatlinburg & Ashville (8 days)

Meeting Schedule —

Planning Meeting: February 4, 2020 at 1:30 pm in the Club Room

Council Meeting: February 24, 2020 at 1:30 pm in the partial Ball Room

General Meeting: February 24, 2020 at 3:00 pm in the partial Ball Room

SCR Republican Group

BY CAROLE VAILLANCOURT

Please join us on Thursday, February 6, 7pm at Sierra Pines, (refreshments at 6:45 pm). Our speakers who are primary candidates will include a representative from Congressman McClintock's campaign, and Assemblyman Kevin Kiley. Both will bring yard signs & literature.

A second presentation will be a briefing from City Councilman Bruce Houdesheldt, (He indicated there is the possibility that the Mayor will also attend) regarding the new process for electing members. The Council will now have to be elected according to districts.

The Club & Group News Bulletin Board in the Timbers lobby is kept up to date with our current meeting notice, and also contains our Mission Statement that incorporates a membership application for perusal.

Volunteers continue to represent our Group on Courier Day, which has resulted in an increase in membership. Members are encouraged to participate in this activity, it only involves a 3 hour commitment usually once a year. Please call Janice Shreve at 916-773-1816 if interested.

For more information regarding our active group, or becoming a member please call Carole 781-2468.

(more Club News cont' on page 11)

SCR Travel Club

BY DAVE LEWIS

Ahoy fellow travelers! Come one, come all to the February 4 Planning Meeting where we will be discussing Collette's recent updates to their 2021/2022 schedule and the results of the January Membership Preference Survey. Four of our members will soon depart on February 11 to experience the "Treasures of Egypt." And remember, there is time to sign up for the following travel adventures:

2020 Schedule —

April 14 - 20: "Two-Steppin Thru Texas", featuring San Antonio with Festival;

Contact: Phyllis Melberg: pmmelberg@surewest.net, 916-789-0478

April 28 - 6 May: "Tulip River Cruise"; Contact: Phyllis Melberg: pmmelberg@



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Saturday & Sunday 11-5

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SCR Democrats Club

BY TONI FISHER

We stepped off to the new decade at our January meeting with an informative presentation by representatives of the Placer Community Foundation. The CEO and the Philanthropic Services Manager each spoke of their various efforts to benefit all of Placer County. While we in Sun City have our own helpful Foundation, it was interesting to learn about their goals and achievements as we also heard of their work for the upcoming 2020 Census.

Our meeting on February 26 will continue to educate us about our community as we hear of the skills and work of Eugene Dey, an experienced developer and manager of programs in the areas of youth advocacy and treatment for criminal offenders of alcohol and other drugs. Mr. Dey has many years of experience which he will cover as he describes the challenges and successes of his work. This should prove to be very informative for all of us.

Also in February, we will again welcome two candidates running in the March 3 Primary Election.

While both Jackie Smith and Brynne Kennedy have visited our meetings before, it will be interesting to learn what their focus currently is and if they have adjusted this since the beginning of their campaigns. While it may seem early to hear from them, the Vote by Mail ballots will drop in the first week of February and their appearance will help you decide on your votes. Have your questions

ready for them.

We are inviting your suggestions for future programs. Please feel free to suggest whatever you think would be informative and appreciated by our members. We are also seeking a Program Director who, working with other Board Members, would determine monthly programs and establish technology needs for their presentations. Please let Toni Fisher know of your interest in this position.

• • •

Veterans and Patriots Club

BY PAUL REGNIER

February has arrived! Memories of those special somebody's in our lives seem to fill us as Valentines start to appear. The Super Bowl is now and soon it's off to baseball.

The Veterans and Patriots Club is creating a new agenda for 2020. Many things will look and feel very similar but change is coming. Our meetings now start in the Ball Room at 10 AM not 10:30 AM on the first Wednesday's. Donuts, coffee, storytelling and jokes will start earlier, too. Your new President, Mike Wedemeyer, is working overtime to hold the reins and guide us into this new decade. Oh and yes, 2020 is a new decade because there was a year one.

We are always looking for some new ideas and new helpers. Some of us have been involved for several years and may need a little time away. As our membership increases and changes our needs and wants increase and change too. That old saying, "a load shared is half a load" is very true. It is also true that

planning and presenting an event is just as enjoyable and fulfilling as being in it. As a parent plans, guides and watches their child we plan, guide and watch over your club.

The annual Bar-B-Q is ahead. Stay tuned. Our long serving Manny Hirschel is taking a well deserved rest. Barbara Victorino has stepped into those very large "Manny" shoes and with her grace and smile leads us into our future.

If you have helpful ideas or want to help, contact any officer. We do need you! God Bless.

• • •

Postage Stamp Group

BY TIM MILES

2020 is bringing us different meeting nights for the club. We have to take what days are available at the Lodge here in Sun City Roseville (7050 Del Webb Blvd). All meeting start at 6:30 pm. The February dates have been set on Tuesday, Feb 11, and Tuesday, Feb 25. The March dates have been set on Tuesday, March 17 and Tuesday, March 24. We don't have a lot of lead-time on these meeting dates so the dates and times will be posted in this column each month as soon as they become available.

The meeting rooms are right next to the parking lot and there are plenty of spots. We're finished around 8:45 pm.

Residents of Sun City Roseville are reminded that the monthly Village Courier contains a column entitled "Seminars-Timber Creek Ballroom" that list by date, time, and specific room when our Roseville Philatelic

Society meetings are scheduled. The minutes that are emailed will also contain those dates and times.

We have door prizes, member presentation's, member swaps, and anything philatelic is on the table. We have access to albums, stamps, supplies, and anything philatelic. We have discounts that are available to us so the savings can be considerable.

If you have an "old" collection that you haven't had appraised recently, come to a meeting and you can get an idea of what it is worth! You'll probably be surprised. All are welcome. For further information, call Al Capparelli at 916-771-8288. Our annual dues are really light if you desire to get involved in the hobby.

• • •

SCR Computer Club

BY P.J. PALMER

General Meeting – Monday, February 24, 10:00am in Ballroom. Speaker will be Juli, SCR IT will help us maneuver our SCR website, How to change your own Personal Profile, How to opt in/out of certain emails, etc. Everyone is welcome at this meeting.

Council Meeting – Monday, February 24, 9:00am in Computer Room.

Special Interest Groups (SIGs):
Digital Imaging and Editing – February 7: First Friday, 10:00am, Computer Room. Explore Camera Usage. Learn to edit, process images, and improve photos on your computer.

(cont' on page 14)



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Favorite Restaurants



BY MARTIN GREEN

Here's a rundown of interesting eating places from 2019. I noted last year that our area is blessed with a number of breakfast/lunch restaurants, usually called "cafes", usually opening early and closing in mid-afternoon. The Pacific Street Café has been a downtown Roseville fixture since 1900 and is noted for its pancakes and good service, also the toy train that runs around the room. It's at 201 Pacific Street and the phone number is 916-782-5673.

Possibly the latest addition is Huckleberry's at 10000 Fairway Drive (where the Original Pancake House used to be). This restaurant serves southern food with a California twist. The southern motif is accentuated by a large Mississippi River mural, fiddle music and dishes such as catfish and "N'awlins" sandwiches. The phone number is 916-771-7017.

The 4 Sisters Café is also on Fairway, at 9050 Fairway Drive. I've written fairly often about this place, the dream of four sisters who had worked many years in other breakfast/lunch restaurants, that has become a great success story, as testified to by the crowds there every time we've gone there. Despite the crowd, the service is always good and the food is excellent; my favorite being the California Benedict. The phone number is 916-797-0770.

Bounty Hunters is cited for its "amazing food, service and attitude." You can get a huge

hamburger at a reasonable price for lunch and doughnuts for breakfast if you like. It's another downtown Roseville place, at 406 Vernon Street; the phone number is 916-772-0406.

A Slice of Goodness at 924 Douglas Avenue, also mentioned here a fair number of times, is another long-time Roseville institution and is simply in a class by itself when it comes to their pies. The lunches are also good but be sure to have the pie. The phone number is 916-781-3727.

Barbeque lovers (such as myself) have a number of good options in our area. The Back 40 BBQ has been around ever since I can remember and one reader wrote it had "the best pork ribs he'd ever tasted. Succulent! Wow! Wonderful!" Another reader was equally enthusiastic about the LBB Gastropub & Smokehouse in Loomis, noting they also "serve great craft beer from their nearby Loomis Basin Brewery (hence the LBB), have a lively and pleasing atmosphere and also great service." The Back 40 is at 1201 Orlando Avenue; the phone number is 916-721-7421. The Gastropub is located at 3640 Taylor Road. The phone number is 916-824-1527.

I have to mention Lucille's here as this is where Beverly and I usually go for BBQ. I'm partial to the baby-back ribs and Beverly gets the pulled pork sandwich. We also like their biscuits. The only drawback to Lucille's is that it's usually crowded and can be noisy. It's at 6628 Lonetree Boulevard; the phone number is 916-780-7427.

The Fountains, which is at Roseville Parkway and Galleria Boulevard, across from the Galleria, is a pleasant place to stroll around, shop in its many stores, look into Whole Foods, or just sit on a bench and watch the fountain. It also has a variety of eating places. One is Maikuni Kaizen, which, I'm told, has been there since the Fountains opened but which I'd somehow not found. Maikuni features three kinds of Bento combinations, plus you can make your own and this was what Beverly and I had when, making up for lost time, we went there. They were excellent. There are many other Japanese dishes, including many sushi spreads. The Maikuni's address is 1017 Galleria Boulevard. The phone number is 916-780-2119.

We hadn't been to the California Pizza Kitchen at The Fountains for a long time but found it was as good as we remembered. The menu was extensive and offered many other dishes besides pizzas---pasta and "main dishes" such as ribeye, salmon and tacos. But there's an impressive number of pizzas, including "globally inspired" and gluten-free. There are also lunch-sized items. The address is 1190 Roseville Parkway. The phone is 916-781-4950.

Boudin's is a familiar name, especially to those from the Bay Area, as the family's bakery goes back to gold rush days and they produced San Francisco's first sourdough bread. The Fountain's Boudin's is an order-at-the-counter place but we found the line moved quickly and service was good. They have a pretty extensive menu, including soups, salads, sandwiches, sourdough pizzas, breakfast scrambles, French

toast and even desserts (cookies, bars and brownies). I recommend their clam chowder. The address is 1017 Galleria Boulevard. The phone number is 916-782-1849.

There was one e-mail this month, from Sue and Dick Schmidt, who wrote: "I don't recall if you have reviewed yet Florentine Trattoria at 10505 Fairway Drive in Roseville. This restaurant took over the closed Johnny Garlic location, and I believe officially opened sometime in the latter part of 2019. This is really not a new restaurant, but is a second location of the long-established Saratoga, CA location by the same name and owner.

My husband Dick and I, SCR residents, and my two adult children now living in Granite Bay and Lincoln respectively, were thrilled when we learned Florentine was coming to Roseville, as it had been a long-time favorite of ours when living in the south Bay. We have dined at the Roseville location at least four times since it opened, and immensely enjoyed each visit. The food is really very good and their special pie-shaped bread and cheese spread is super yummy."

The Florentine was reviewed here several months ago and it's a welcome addition to our area restaurants. Now that the holidays are over I'm hoping for more e-mails: mgreensuncity@yahoo.com.

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Executive Director Comments

January Budget Townhall Meetings Informative

BY EARL WIKLUND

The Board of Directors and staff recently presented two sessions of the January 29th Budget Townhall Meetings to review the factors behind increasing monthly assessments. The budget process for the 2020-21 fiscal year began in November 2019 when staff presented the Association's five-year forecast on future assessments. As we saw in last year's budget townhall meeting, monthly assessments over the next five years are expected to increase from 3.75% to 4.25% per year through 2021-22 before peaking and then settling around a 3% annual increase thereafter.

The driving force for increasing assessments for us continues to be increases in minimum wage, wage creep, healthcare, sales tax on goods and services purchased and contributions to our Reserve Fund to match inflationary trends on equipment and large maintenance projects over the next 30 years. Although inflationary trends on a national basis are around 2%, inflationary trends in California Urban Areas continue to be well over 3% and as much as 4% in San Francisco this past year. This equates to monthly assessment increases from \$6 to \$7 per month of which minimum wage increases are \$2.50 and Reserve Fund increases of \$2.00 of the total.

The Association continues to be one of the most financially sound and secure

Communities in California with increasing business revenue and less reliance on resident assessments. If not for focus on increasing business revenue and the establishment of the Special Use Fee paid by new homeowners for Capital Improvement Projects, the monthly assessment increases would be significantly higher than what we are currently experiencing. Over the last ten years, Business Revenue (revenue from Golf, Food and Beverage, Activities, Fitness and Administration Fees has increased by 75% while Assessment Revenue has only increased by 25%.

The future of our Community financially and operationally while maintaining a competitiveness with new Communities, rests with assuring distinct income streams for Operations, Reserve Expenditures and New Capital Improvement investments. To meet our budget objectives, the Board and Staff emphasized that our success relies on an assuring these income streams cover day to day operations, maintain our Reserve Fund at approximately 100% and set aside monies in a savings account to fund improvements to facilities, golf courses and the Common Area landscape. Our future rests with meeting our goals in each of these three areas annually and having the discipline to succeed in all concurrently.

Please take the opportunity to review the PowerPoint slide show from the January townhall meeting which has been posted on the resident website's Announcement Page. This year's Association Budget discussion will be held by staff and the Finance and Properties Communities the week of March 23rd. I hope to see you there. In the meantime, enjoy your Community and give me a call if you have any questions on the budgeting process. Enjoy.

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AARP – Free Tax Return Preparation Sun City Roseville

AARP volunteers will prepare and electronically file Federal and State income tax returns for low-to-middle income seniors at the SCR Lodge Computer Room on Sundays. There is no charge for this services which is sponsored by the IRS and AARP. Volunteers are tested and certified annually and are trained for most returns. Real estate rentals, K-1s for limited partnerships, and complex small business returns are a few of the exceptions. Appointments are required and can be made by calling 916-741-0506. The appointment line will be open starting on January 14. Your call will be recorded on an answering machine and an AARP volunteer will return the call to schedule your appointment.

SCR Government Affairs Committee

BY PHYLLIS PERCIVAL

Placer County Registrar of Voters: Voters may need to re-register their political party preference - Published December 13, 2019.

According to Placer County Registrar of Voters Ryan Ronco, voter's political party preference may have inadvertently changed to "No Party Preference" as a result of automatic voter registration through the Department of Motor Vehicles.

Anyone who's interacted with the Department of Motor Vehicles since April of last year has the potential of having their party preference moved into a 'No Party Preference' status".

Voters with a "No Party Preference" status will receive primary election ballots that do not include candidates for President.

Voters wishing to check their registration status may do so online at voterstatus.sos.ca.gov. Re-registration may be completed online at registertovote.ca.gov.

Regular registration for the March primary ends Feb. 18. Registering prior to the deadline is strongly encouraged to ensure that you receive complete voting materials.

For more information, contact the Placer County Elections Office at 530-886-5650, or visit placerelections.com. Voters may also visit the California Secretary of State's website for further information on No Party Preference voting at howtovoteforpresident.sos.ca.gov.

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SCR Computer Club

(cont' from page 11)

Call Dennis Studer, Cheri Buller.

Genealogy – February 13: Second Thursday, 2:00-3:30pm in the Computer Room.

PC Forum – MAY be held February 6: First Thursday 3:00pm in Computer Room (subject to change). Do You have a topic for more advanced computer users? Alternate leaders of discussions.

Android Phone Help– February 21: 3rd Friday, in Computer Room for help with Android Phone and Tablet help with Tom Gottdiner 1-3pm.

All 'Bout Apple– February 20: Thursday, 9:00-noon, in Computer Room. All user levels of MAC computer, iPad and iPhone. Information: Charlyn Ross, 772-1447 or Dennis Studer, 899-8221. Please not date change!

Photo Sig – February 21: Third Friday, 10:00 am, Computer Room.

February's theme: "Black/White". Members email up to three photos to PhotoSIG916@gmail.com by February 17. Contact Dennis Studer-yostuder@yahoo.com. devices – Wednesday, February 26 6:00pm in Computer Room.

Please double check the room and time of your favorite meeting as they may have changed! Direct Line to Computer Room = 916-771-7032

Also our Calendars and SIG meeting notices are on the Sun City Website, scres.org

Birders

BY JANET MORELLI

This is a great time of the year to visit the ponds, refuges, and preserves in our area because migrating birds are in abundance and year-round birds are scrambling around looking for insects, seeds, and nuts for nourishment. On the Birders recent trip to Cosumnes River Preserve in Galt, they identified 34 species despite a foggy start to the morning.

On February 6, the birders will be going to the Sacramento National Wildlife Refuge in Willows. The last time they visited this site, we saw thousands of Snow Geese, Ross' Geese, and White-fronted Geese in addition to 10 species of ducks. Birding will be mostly by auto on a 6-mile auto trail with three "stop and stretch" areas and one multi-level viewing

platform. Bring a bag lunch and money for your carpool driver. There is a \$6 fee for entrance to the Refuge, but if enough birders bring a senior Nat'l Park and Fed. Lands Pass, we may not have to pay the fee.

Colusa National Wildlife Refuge is on the Birders schedule for a field trip Thursday, February 20. Birding here will also be mostly by auto on a 3-mile auto trail. Birders can usually find the button willow tree loaded with Black-crowned Night Herons. Bring money for your carpool driver and a bag lunch.

SCR Birders will start March with a trip to the Davis Ponds on both the east and west sides of the city of Davis on March 5. This will be a birding-by-foot for a total distance of 1-2 miles.

For the three scheduled field trips above, the Birders will meet in the Timbers Lobby at 8:15am on the day of the trip. Bring a pair of binoculars (or a good camera) and dress in layers because the mornings can be chilly.

• • •

Garden Club

BY BARBARA WOOLMAN

Our speaker at January's meeting was our own Sue Magill who talked about "All things roses"— what and where to buy them, how to plant, prune, grow, fertilize, mulch and what tools to use to tenderly care for them. Sue and her husband Ernie are SCR residents and they have over 400 rose bushes in their yard. They are both master rosarians as well

(cont' on page 15)



Sue Magill and friend
Judy Frederick talk about roses.

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Garden Club

(cont' from page 14)

as rose judges, and everyone is invited to visit their amazing garden.

The process of being an accredited rose judge is arduous. Through course work and hands-on gardening, a candidate must know the characteristics of the myriads of rose varieties. Sue's enthusiastic talk showed her expertise which she shared with us.

We are still working on a speaker for our February meeting which is on Valentine's Day, and you will receive an eBlast giving you the information. In March we hope to have a talk about building dish gardens and/or terrariums.

The Garden Club meets ten months a year (no meetings in July or August) on the first Tuesday of the month at 7:00pm at Sierra Pines. Annual membership is \$15. Please complete the membership form on the Garden Club resident web page and bring to a meeting or drop it with your check into the small mailbox on the front porch of 6132 Granite Flat Lane. Guests may attend a meeting with a speaker for \$5. For further information, call Judy Singleton at 916-666-7342.

SCR Hiking Group

BY PETE GRADY

February 2020 Hikes —

Join us to try out hiking. You can hike 3 times without joining.

We meet every Thursday at 8:45 AM in the Tennis Court Parking Lot.

Carpooling is organized for the drive to the Trail Head.

Rides vary in cost as do the hike distance and difficulty.

Please go to the SCR Website and Hiking Group to get more details on the hikes.

February 6 – Cronan Ranch to Magnolia Ranch. #4.5(easy to moderate) 5 Miles. \$6 Ride. This hike is new and has not been scouted.

February 13 – Stagecoach/Manzanita Loop. #4.5(moderate) 5 Miles. \$6 Ride.

February 20 – Sterling Pointe Loop. #4.5(moderate) 6 Miles. \$6 Ride.

February 27 – Cascade Canal. #2.5(easy) 6Miles. Lunch at Round Table Pizza. \$6 Ride.

Cycling

BY DIANA RISCHLING

Early December was the time to shed helmets, cleats and cycling jerseys and don festive attire for the Cycling Group's annual Holiday Party. Members and guests mingled



at the Timbers ballroom amid decorations and music of the season. St. Nick, or was that his helper St. Pete, even made an appearance and listened to our holiday wish lists. Again our hostesses, Lori Javor, Elizabeth Gustafson and their committee, filled the evening with fun and laughter as we played a table-by-table quiz game and were showered with wonderful door prizes. Thanks to all who helped make this a memorable evening.

Cyclists still meet for daily rides though often later in the morning. At this time of the year it is important to remember to dress appropriately in layers and be aware that you'll encounter more street traffic. When the days are windy our neighborhood trees often deposit broken branches, seed pods and leaves directly into the bike lanes. So use extra caution as it takes time for the debris to be removed. This is also a good time to give some attention to your bike. Check tires, brakes and chain for wear - they may need replacing. And schedule a tune-up soon before the bike shops get busy again. If one of your New Year's resolutions is to

increase the time you spend outdoors, perhaps cycling is an option. Our group encourages you to learn more about riding opportunities by attending our monthly meeting at Sierra Pines at 8:00am on the third Monday of each month. Join us!

Upcoming Events — February 16: Social event@Sierra pines

• • •

He & She Golf Club

BY KATHIE DE VITO

January had provided some sunny but cool days. We've had some brave souls out there playing and expect more members to join us this month as the weather gets better.

We would really like to extend an invitation to all golfers here at Sun City to join our club. You do not need to have a partner; we are always happy to pair you up with someone.

If you are interested in joining the club please contact any of the officers listed on our web page on the www.scrs.org site. We can be found by clicking the "Activities" tab, selecting "Clubs & Groups, and clicking on "He & She Golf" under the Charters Clubs area.

December Play Results:

Sierra Pines (9 holes)

December 9:

1st: Terry & Diane Dooley and Robert Reeder & Susan Santini

2nd: Hideko Gongaware, Dale Bailey and Steve & Elizabeth Gustafson

CTP: Women: No women reached the

(cont' on page 17)



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He & She Golf Club

(cont' from page 15)

green

Men: 1st - Bob Niznik 11'11"

Timber Creek (18 holes)

December 9:

1st: Al & B.J. Dumm and Bob & Minell Fredricks

2nd: Jim Sherrard, Jerri Lehnhoff, Frank Patch and Johnice Swallender

3rd: Dan Williams, Suzie Everett, Steve Hennessy and Mary Jorgensen

• • •

Sierra Pines Ladies Golf

BY LYNNDA DUNN

Y'all must have all signs of the holidays packed away for another year and once again are thinking of golf. The optimist in me is saying my game is going to improve this year. Isn't that what keeps us back out on the course each time we play?

Sierra Pines Ladies are moving into the new year with Judy Grossetti as Captain and Debbie Gassen as Co-Captain. Barbara Simon is secretary and Theresa Howard serving as treasurer. Ladies thank you for all your time, ideas, and enthusiasm. One of the many reasons the club functions so well.

December Chip-Ins were made by Shelby Rosen, Annette Eastman, and Arlene Lizotte. Perhaps the rain and cold weather kept a lot

of us inside enjoying that extra cup of coffee. Some of us will now officially be called wimps!

Are y'all feeling competent with the new World Handicap? Pam Hemingway is supplying us with handouts and information to make the transition easier. A very good reason y'all should be at the General Meeting Wednesday, February 12 in the Pines Clubhouse at 2:00pm. Of course, the social afterward can't be missed.

So many plans are being made for 2020. Denise Roberts and Janet King are busy planning for the Invitational October 1. Y'all be ready to help as needed to make the Invitational a success.

Council meets Wednesday, February 12 at the Pines Clubhouse at 2:00pm. Any member is welcome to attend.

Tee times are at 9:00am for all golfers during the winter months. Such a fun time to play with ladies we don't always see.

I'm sure y'all won't forget your sweetie on Valentine's Day. Beware of cupid with his arrows flying around. It is possible for anyone to be ensnared and swept away.

A big hug to y'all. Stay warm and see y'all soon.

• • •

Timber Creek Women's Golf Club

BY BARBARA MILLS

It is with much applause that we announce the Overall Most Improved Player for 2019, Suzie Everett! Suzie was also the Most Improved Player for 2018. The Most Improved in the 1st Flight was Diane Dooley; 2nd Flight was Minell Fredricks; and 3rd Flight was Bev Simpson.



The Medallion Winners were recognized for their Lowest Net Score in 2019; from the Red tees, Cheryl Simmons and Minell Fredricks, and from the White tees, Cookie Henneger. Congratulations!

Effective January 1st, we started a new World Handicap System where the maximum score on any hole will be a Net Double Bogey. If members have any questions we can contact Maggie Altnow, our knowledgeable Handicapper.

As every New Year begins, we are eager to improve our golf scores. There are many ways throughout the year to earn money from our weekly tournaments like the Eclectic, Major Tournaments, and Birdies and Chip-ins. The Eclectic Tournament will be played on designated days from January through October. Birdies and Chip-Ins can be recorded on regular play days from January through October. A total of \$479 was paid out last year!

Our Committee Chairs for 2020 are: Carol Roden, Tournaments; Maggie Altnow, Handicapper; Gail Quintel, Membership; Mary Jorgensen and Barbara Berry, Rules; Paula Hau, Hospitality-Sunshine; Minell Fredricks, Directory; Kathy Casten, Web Site; Sherrill Pahl, E-mail; Barbara Mills, Media; Nancy Gould, Parliamentarian; and Cookie Henneger, Holiday Luncheon.

A General Meeting will be held on February 19 after golf at 2:00 pm in the Aspen/Birch Room with just enough time for lunch before the meeting. All members are welcome and encouraged to attend to hear of the many fun activities planned for the year and have an opportunity to ask questions, express your ideas, and offer suggestions.

Happy Valentine's Day!

• • •

Timber Creek Men's Golf Club

BY KEN HANSEN

The Timber Creek Men's Golf Club held the Member Breakfast on December 4th. The event was well attended and included a drawing. It concluded Tom Devitt's term as president and he was presented with a golf bag with his name embroidered on it to commemorate his exemplary service to the club. The club also recognizes the service of Ernie Bell and Bill Hagopian who are leaving the Golf Council.

The Last Chance Tournament was held on December 10 from the red and white tees. There are too many results too include here, but it was a fun day for some of us.

The year 2020 should be fun filled with new and exciting things. The switch to the World Golf Handicap system will puzzle some, frustrate others, excite a few. But it is the new sheriff so we must comply. So maybe look at it as an adventure, a learning opportunity. There are sure to be learning pains, so take an Advil and play on.

There is also promise of a renovation/course update plan on the horizon that will be interesting to so watch. Hopefully it will improve our games.

In order to reward those of you who read this article, I'll be asking a question each month with an answer. The first to correctly answer by emailing kenandpenni@yahoo.com will get a special prize at the next general meeting. The first question involves our outgoing president Tom. What is the name of the street where we both lived during the 1980s. The answer is Andreas Circle, Novato.

My job is easy because our Golf Council is so solid. We all should be grateful to the men who serve on the council for the great work they do. See you all at the February 5th General Meeting.

• • •

(more Club News cont' on page 18)



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Golden Niners

BY RALPH FRIEND

Happy New Year... It is such a pleasure to play on our golf courses here in Sun City. We need to thank Jim Ferrin, our Golf Course Superintendent, and his entire crew for the making our golf experience so enjoyable! Without a doubt, we have one of the nicest courses around! The turf is smooth and full, the colors are rich and remarkable and the trees and bushes are trimmed and cleared around the course. Thank you!

The most important part of getting to play a pleasant round of golf, is meeting a great group of guys. The Golden Niners are fun to play golf with! You too can join the fun by becoming a member and coming out to join us on Tuesday mornings at Sierra Pines.

Our membership now stands at 127 members. We meet every Tuesday morning to play 9 holes of golf at Sierra Pines, however once a month we play 9 holes at the Timbers course.

We have quarterly luncheon meetings which are held at the Sierra Pines Community Center. Our next 2 meetings are: March 18 accompanied by a Pizza-Blast luncheon and June 17 which is a bar-b-que luncheon. A reminder that if you join the Golden Niners after January 1, it is only \$3 per month for the remainder of the year.

We are a charitable group that donates each year to several special events. This year we donated \$1,450.00 towards a scholarship to the First Tee organization (a sponsorship

for young people getting started in golf). In addition, the Golden Niners gave money to RAMP (\$75.00), the SCR Foundation Golf Tournament (\$100.00) and to the First Tee Golf Tournament (\$100.00).

Each Tuesday, a members tournament is held and we honor our big winners. Our big winners for December are: Rich Heintl and Stan Johnson - \$32; Frank Howard and Darryl Rasmussen - \$23; Sherman Walker - \$21; Jerry Frederickson and Bob Schesser - \$19; Bob Horning - \$16; Howard Sandler and Robert White - \$14; Martin Pavloff and Lowell Ploss - \$13; Dale Bailey and Bob Winter - \$12.

There were seven others tied at \$10 each. Come join us, come join in on the fun... we want you!

...

Senior Softball

BY RICHARD EPTING

Our new year started on January 15, with Ron Roberts leading the practices. All practices will be held at Mahany Park which is located off Pleasant Grove Blvd. Drive west on Pleasant Grove, past Fiddymont and take a left at St. John's church. The field is in the middle of the block. In February, we plan to have two practices a week, on Mondays and Wednesdays. At the practices, you can get a registration form and information about Senior Softball.

We have a new website. Check us out at: www.rosevilleseniorsoftball.org. Our practices

(cont' on page 19)

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Senior Softball

(cont' from page 18)

will conclude at the end of February and the player draft will be held in early March. Each team will have a month of practices and games will begin in April. If you're new to Sun City Roseville, come out and learn about our league. For more information, call Richard at 916-918-2161.

• • •

SCR Tennis Club

BY DIANE BARNETT

February is here and that means that Spring is just around the corner! February also signals that it is time to resume Tennis Tournaments, Membership Meetings and Club Socials. The Tennis Club will kick off February with the first Membership Meeting of the new year followed by a Social with refreshments and a dinner planned and served by the Tennis



Tennis Club Social Committee — Janet Morelli, Nancy Watkins, Joanne Smith and JoAnn LaPorte.

Club's Social Committee. Pictured are some of the Social Committee members enjoying an evening of refreshments and appetizers in the home of Linda and Gary Gordon. This dedicated group, and Social Chair Linda Gordon are greatly appreciated for all they do for the Tennis Club.

Despite the weather being unseasonably cold, it has not stopped daily tennis play as the courts remain occupied during Club Prime Time that runs 7 days a week until 12:00 pm. The first Tennis Tournament of the new year is scheduled for March with detailed information to be discussed at this month's Membership Meeting.

During this past year,



Tennis Club Social Committee — Dirk and Kathy Fowler, Pati and Bob Struble.

the Tennis Club has been transitioning from a yearly to a fiscal accounting process which begins on July 1, 2020. In past years, Club members who paid their dues for the upcoming year have enjoyed a "free" Pizza Dinner/Social held in February. This year, with the Club transitioning to fiscal accounting on July 1, the "free" pizza dinner has been moved to August 5, 2020. So pay your dues in July, mark August 5th on your Calendar

and don't forget that the "free" pizza dinner is only for those members (returning/new) who have paid their dues for 2020/2021. So, if you have been thinking about joining the Tennis Club, there's never been a better time to do it. Call Ray Barnett at 916 759-2578 and he will get you started.

• • •

Table Tennis

BY KAREN YEATES

Suffice it to say everyone that came to our annual party on January 8 had a great time. The food was fantastic; the games provided a carnival like atmosphere to the evening and were a lot of fun. You almost felt like a kid once again! And hopefully everyone left with some type of a prize or goodie to remember the evening. A big round of applause to our organizers Ron Houston, Frank Tom, Vince Pratlillo, and Karen Yeates. There's a lot of

work that goes into this annual event and we appreciate their efforts. There should be some pictures of the evening posted on our Sun City website for your perusal by the time you read this. We hope to see some new faces this year, so if you haven't come out to see what we are about, please join us on a Tuesday or Thursday afternoon from 2:00pm-4:30pm or on a Saturday morning from 9:30am-noon. All play is at Sierra Pines Recreation Center. You can come and play for 3 times before making a decision to join. Our yearly membership dues are \$12. It's a great way to get your exercise and stay in shape during the cold, rainy days of winter.

• • •

Bocce Club

BY PAM CABEZAS

The 2020 Bocce Season will officially begin in April with league signups and league play. Bocce is a very popular club because it has a nice blend of low impact exercise, social interaction and excellent member oriented leadership.

The Bocce club annual dues are \$8 (checks only). Dues must be paid before league play signups. There is a general meeting on March 23rd, 7:00pm at Sierra Pines. Your dues can be paid that night at the meeting or anytime before league play signup begins. There will be league play every evening and also Thursday morning and afternoon so choose the day that you prefer to play. For new players, we will have an orientation and social on Tuesday

(cont' on page 22)



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Star Princess ~ 2600 Passengers	Jun 22, 2020	\$1,399	\$1,499	\$2,299
	Jul 2, 2020	\$1,399	\$1,599	\$2,099
	Aug 11, 2020	\$1,299	\$1,499	\$1,999
	Aug 31, 2020	\$1,299	\$1,399	\$1,799
Sail round trip from San Francisco, California to Juneau, Alaska; Skagway, Alaska; Hubbard Glacier, Alaska; Ketchikan, Alaska; Victoria, BC, Canada; San Francisco, California.				
*ROUND TRIP LINCOLN SHUTTLE TO SHIP!				
7 DAY CA Coastal from SFO! Princess	Mar 29, 2020	\$899	\$999	\$1,699
Grand/Star Princess ~ 2600 Passengers	Sep 20, 2020	\$999	\$1,099	\$1,399
	Oct 4, 2020	\$899	\$999	\$1,299
Sail round trip from San Francisco, California to Astoria, Oregon; Seattle, Washington; Vancouver, BC, Canada; Victoria, BC, Canada; San Francisco, California.				
*ROUND TRIP LINCOLN SHUTTLE TO SHIP!				
10 DAY MEXICO From SFO! Princess	Dec 13, 2020	\$849	\$999	\$1,499
Ruby Princess ~ 3080 Passengers				
Sail round trip from San Francisco, California to Puerto Vallarta, Mexico; Manzanillo, Mexico; Mazatlan, Mexico; Cabo San Lucas, Mexico; San Francisco, California.				
*ROUND TRIP LINCOLN SHUTTLE TO SHIP!				
28 DAY Tahiti/Bora Bora Princess	Oct 3, 2020	\$3,399	\$3,599	\$5,699
Emerald Princess 3080 Passengers	Mar 26, 2021	\$3,399	\$3,599	\$6,699
Star Princess ~ 2600 Passengers				
Sail round trip from Los Angeles, CA to Hilo, Hawaii; Honolulu, Hawaii; Lahaina, Maui, Hawaii; Pago Pago, American Samoa; Apia, Western Samoa; Bora Bora, French Polynesia (2 Days); Papeete, Tahiti (2 Days); Moorea, French Polynesia.				
INCLUDES SACRAMENTO AIRFARE & AIRPORT SHUTTLE!				
31 DAY LOS ANGELES to LONDON Princess	May 9, 2020	\$3,699	\$3,999	\$5,699
Island Princess ~ 2200 Passengers				
Sail from Los Angeles, CA to Southampton (London), England visiting Puerto Vallarta, Mexico; Huatulco, Mexico; San Juan del Sur, Nicaragua; Puerto Caldera (Puntarenas), Costa Rica; Fuerte Amador, Panama; Full Transit of the Panama Canal; Cartagena, Colombia; Fort Lauderdale, Florida; Saint John's Canada; Reykjavik, Iceland; Isafjordur, Iceland; Faroe Islands (Torshavn), Denmark; London (Southampton), England. Ask about post cruise London hotels.				
INCLUDES SACRAMENTO AIRFARE & AIRPORT SHUTTLE!				
20 DAY Panama Canal Princess	Apr 21, 2020	\$2,299	\$2,599	\$2,699
Coral Princess ~ 2000 Passengers				
Sail round trip from Los Angeles, California to Huatulco, Mexico; Puerto Chiapas, Mexico; Puerto Quetzal, Guatemala; Transit the locks of the Panama Canal; Puntarenas, Costa Rica; San Juan del Sur, Nicaragua; Manzanillo, Mexico; Los Angeles, California.				
INCLUDES SACRAMENTO AIRFARE & AIRPORT SHUTTLE!				


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CST # 2033380-40 February 2020 edition



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12 DAY MEDITERRANEAN Viking Ocean Cruises Various Dates – Call for details \$5,999 \$6,399 \$7,999
Various Viking Ships ~ 930 Passengers INCLUDES SACRAMENTO AIRFARE, DAILY EXCURSIONS & AIRPORT SHUTTLE!

Sail from Barcelona, Spain visiting Montpellier (Sete), France; Marseille, France; Monte Carlo, Monaco; Florence/Pisa/Tuscany, Italy (2 Days); Rome (Civitavecchia), Italy. Hotel extensions available. Ask about Lake Como, Italy & Swiss Alps.

10 DAY ALASKA CRUISE & TOUR Holland America Jul 19, 2020 \$2,999 \$3,899 \$4,299
Noordam ~ 1972 Passengers INCLUDES SACRAMENTO AIRFARE!

Sail from Vancouver, BC, Canada to Seward (Anchorage), Alaska visiting Ketchikan, Alaska; Juneau, Alaska; Skagway, Alaska; Glacier Bay, Alaska; followed by a land tour visiting Talkeetna, Alaska; Denali National Park, Alaska and Fairbanks, Alaska.

11 DAY FALL FOLIAGE Holland America Oct 7, 2020 \$1,699 \$2,199 \$2,499
Zuiderdam ~ 1964 Passengers *Hosted-Distinctive Voyage* INCLUDES SACRAMENTO AIRFARE!

Sail from Quebec City, Quebec, Canada to Fort Lauderdale, Florida visiting Charlottetown, Prince Edward Island; Sydney, Nova Scotia; Halifax, Nova Scotia; Bar Harbor, Maine; Boston, Massachusetts; Newport Rhode Island; New York, New York; Fort Lauderdale, Florida.

8 DAY RHINE RIVER Viking River Cruise Various Dates – Call for details \$2,699 \$2,699 \$3,699
Various Ships ~ 190 Passengers INCLUDES SACRAMENTO AIRFARE, DAILY EXCURSIONS & AIRPORT SHUTTLE!

Sail from Basel, Switzerland to Amsterdam visiting Breisach, Germany; Strasbourg, France; Heidelberg, Germany; Koblenz, Germany; Cologne, Germany; Kinderdijk, The Netherlands; Amsterdam, The Netherlands.

15 DAY GRAND EUROPEAN Viking River Cruise Various Dates - Call for details \$4,399 \$4,899
Various Ships ~ 190 Passengers INCLUDES DAILY EXCURSIONS SACRAMENTO AIRFARE & AIRPORT SHUTTLE!

Sail from Amsterdam to Budapest visiting Kinderdijk, The Netherlands; Cologne, Koblenz, Wurzburg, Bamberg, Nuremberg, Regensburg & Passau, Germany; Melk & Vienna, Austria; Budapest, Hungary. Extensions available.

21 DAY Australia Boomerang Cruise 1 Cunard Feb 6, 2021 \$3,999 \$5,099 \$6,099
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25 DAY Australia Boomerang Cruise 2 Holland America Mar 4, 2021 \$2,899 \$3,199 \$6,599
Maasdam ~ 1258 Passengers INCLUDES SACRAMENTO AIRFARE RETURN & AIRPORT SHUTTLE HOME!

Sail from Sydney, Australia to San Diego, CA visiting Noumea, New Caledonia; Tadine, Mare, New Caledonia; Mystery Island, Vanuatu; Dravuni Island, Fiji; Savusavu, Vanua Levi, Fiji; Pago Pago, American Samoa; Honolulu, Lahaina & Hilo, Hawaii; ending your cruise in San Diego on Mar 28, 2021 – Ask about Boomerang discount for booking both cruises.

Prices are per person; based on double occupancy and subject to availability. Other items not included in the cruise prices are airfare-unless otherwise noted, taxes, transfers, fuel surcharge and travel insurance. Some restrictions may apply. See brochure for complete details. *Lincoln Shuttle is \$100 per person round trip unless otherwise noted as included.



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Bocce Club

(cont' from page 19)

April 7th, 6:00pm at the bocce courts. Bring your own party that evening and learn some bocce tips, rules and socialize with friends.

Sign ups for Spring mini league will be Friday April 10th, 6:00 pm at the bocce courts.

You must pay your dues prior to signing up for the Spring league play. Mini league play will begin on April 16 and go through May 19th with awards on May 22nd.

Dates to remember —

March 23, 7:00pm: General Meeting - Sierra Pines.

April 7, 6:00pm: New member orientation social - Bocce Courts - all are welcome, BYOP, which is bocce for bring your own party snacks and beverages, including adult beverages. New member signups will be available. Checks only

April 10, 6:00pm: Mini League Sign up - Bocce Courts

April 16: Mini League begin - Bocce Courts

Bocce club annual dues are \$8, checks only. Must be paid before spring mini league begins. See You On the Courts!

• • •

Croquet Club

BY JANE MCNALLY

How did the Croquet Club get started in Sun City? Fourteen years ago, while on vacation, Jim and Carolyn Miller discovered that people played croquet at Martha's Vineyard in Massachusetts. That looked like fun, so they joined the Vineyard Croquet Club as visitors. Everyone had to wear white, because the club belonged to the National Croquet Association based in Florida.

When they returned home, the Millers decided to start a Croquet Club here. First, they gathered the names of residents who were interested in joining the club. They got approval from our Association. Then the golf course superintendent found the group a bumpy, odd-shaped plot of land to use as a court near Sierra Pines Clubhouse. The group soon realized that there was a lot more to croquet than "back yard" croquet. Six wicket combines strategies from chess and pool, and accuracy skills from golf and shooting. They not only gave lessons but had parties, and a sense of fellowship developed.

When renovations began on Sierra Pines Clubhouse, a huge trench appeared in the middle of our playing field. The problem was reported to the executive board. With Jim Ferris' support and recommendation, the board voted to build a new regulation croquet court near Sierra Pines. Over several years, our club has invited professional croquet players as guests to play on our courts. The comments have been that we have the best

courts in Northern California.

Our club is still going strong after fourteen years, and we look forward to new members joining us. The members of the Sun City Roseville Croquet Club give heartfelt thanks to Jim and Carolyn for bringing us this



Carolyn and Jim Miller on the Croquet Court.

entertaining outdoor sport for all seasons, and to the men and women who continue to run our club with success.

• • •

Pickleball

BY BOB VERZELLO

A new Board was elected at the December general membership meeting. Gene Cochran is President, Jane Julian is Vice President, Tom May is Treasurer, and Chris Bernasconi continues as Secretary. These officers constitute the Club's Board and agree to serve a two-year term. Additional Council members include Debra Davies and Eva Freeman who have agreed to manage the social program and Bob Verzello who continues writing monthly Courier/Sun Senior News articles.

President Gary Pyle was thanked for serving nine years as President. Gary managed growth of our organization from an informal Group to a formal Club. He saw to it that we have appropriate playing space and equipment, such as new nets and a cordless leaf blower. (The blower should be recharged immediately after use, unplugged and stored.)

Dues continue at \$10 per full calendar year and \$5 for a half year. The type of balls to be purchased and whether to get a ball machine were decisions held for further discussion.

Tom May and Randy Julian designed and installed the Cliff Gee memorial plaque at the courts.

Special Club shirts designed by Eva

(cont' on page 23)



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Pickleball

(cont' from page 22)

Freeman will soon be available for purchase
 A work party installed shelving in the new shed provided by the Association. It took a few workers and many supervisors to install shelving including Randy Julian, Gary Pyle, Bob Verzello, Tim Hinchey, David Nordin, Joseph Albert, Bill Kimura, and Paul Ruger. Tom May supplied wood. Eva Freeman is organizing the items to be stored.

Welcome to new member Terry Abell. Thanks to Karen Baumann for setting up a well-attended Christmas dinner party at the Timbers and to Gary, Chris, Brad, Debra, Gene, Kathy, Jeff, Bob and several others who made the informal New Year's Eve morning party at the courts so enjoyable. Let's have more parties!

• • •

SCR Billiards Club

BY GERRY CRISTONI

General Membership meeting is Wednesday, February 19th in the Club Room at 1:00p.m.

Don't forget there is a sign up sheet posted on the President's board for volunteers to be club officers for the year 2020/2021. New members welcome to volunteer.

What's happened to photo's of tournament winners? Answer: our cameraman, Ken Neal, has injured his arm. Hopefully, Ken will be back soon.

The December tournament winners were:



Winners: Ken Evans and Paul Garcia

Men's 9 Ball: Ken Evans and Paul Garcia

Men's Open 8 Ball: Ken Evans and Hunter

Men Only 8 Ball: no report

Open 8 Ball: no report.

Tournament winners, please make sure your name is noted on the tournament sign in sheet as a winner. This will make sure all winners will be posted in the monthly courier.

• • •

SCR Monday Morning Bowlers

BY OLGA K. WIDNES

Although the month was short due to the holidays, we have quite a few winners. And they are: Gloria Simard, 50 pins over; Paul Woicicki, 500 Series; Renee Gann, Clean Game; Eric Heitman, 200 Game and 50 pins over; Tom Gonzales, 50 pins over and a 600 Series and Coleen Gomez, 50 pins over. Congratulations to all. We will be coming back to start the new year and do it all over again.

• • •

Tuesday SS Bowling League

BY JOHN VOGELI

We have a second quarter Champion, "Roll-X" (Anita Miller, Helen Rodante, Jack Uchman, Rex Miller) outbowled runner-up "E Z Duz It" (Bernie Pratt, Patrick Heredia, Pete Farrar, Owen Brosh) and third place "Shuda Been" (John Cho, Vac, Jeff Mattimoe, Dave Harriman) for the right to bowl in the finals in the spring. Congratulations "Roll-X". Going into the final two quarters Dave Harriman is leading the league with a 226 avg, followed by Roy Hackman with a 210 avg leading the men. On the womens side PK Lewis is leading with a 169 avg, followed by Claudia Dehart with a 168 avg. In the most improved bowler category, Jack Uchman leads the men with a +11 to 173. On the womens side Laura Silva is most improved with a +10 to 149. The Season High scores for Team Scratch series is "Shuda Been" with a 2358 total. Team Scratch game is "We Don't Care" (Ellen Asbury, Richard Armentrout, CJ Johnson, PK Lewis) with an 866 total. Team Handicap Series is "4-2-Win" (Carol Torno, Bob Vincent, Roy Hackman, Ron Basnett) with a 2772 total. Team Handicap Game is held by "Rock'n Bowl" (Gene Garmin, Jill Munyan, Mike Becze, Dale Mellberg) with a 989 game. The Mens Scratch series is held by Dave Harriman with a 743 series. Womens Scratch series belongs to PK Lewis with a nice 612 series. The Mens Scratch game belongs to Ron Basnett with a "perfecto" 300. The Womens Scratch game belongs to Wendy Green with a very good

238. The Mens Handicap series belongs to Richard Armentrout with a solid 830, the High Handicap game is shared by teammates Mike Becze and Dale Mellberg with a solid 298. The Womens Handicap series is in the grasp of Linda Buechner with a 784 series and Jill Munyan has the best handicap game at 275. Congratulations Ladies and Gentlemen with some terrific bowling. Any readers of this article can see that there is some great bowlers in the senior community. If you or any person or persons out there would like to join this league or any other may contact Stacy Pudge at Strikes Unlimited in Rocklin at 916-626-6361. You may also contact our league secretary Linda Zierman at 916-408-2397 or lzierman@sbcglobal.net.

• • •

Thursday Sun Senior AM Bowling League

BY RUSS ASBELL

During our second quarter we had our Holiday Poltluck. With lots of tasty items brought by our members. Special thanks to Nancy Keyton who oversaw the serving area and made sure everyone got seconds and sometimes thirds. Great job Nancy!

The Second Quarter Champions are Turmoil; Stan Young, Carol Torno, Karol Rich and Mike Becze, who defeated the Dawgs; Barabara Parisius, Sandy Manildi, Ed Keyton and Bill Taylor. Congratulations to Turmoil in a hard fought battle.

(cont' on page 25)



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Leadership Academy, A Pathway That Fits Our Vision

BY MARY ANN CHITTICK

What is it that makes Sun City Roseville tick? How do we live up to our vision of being the PREMIER Active Community of Northern California?

The answers are fairly simple—the people who have lived here, those who currently reside here, and the people who have and are building a career as part of our staff.

Way back in 1994—26 years ago—Sun City Roseville Community Association, Inc. became an entity. Del Webb Corporation began construction and received approval of Articles of Incorporation through the office of California's Secretary of State.

Initially, the Corporation had paid staff that was required by the CC&Rs and By-Laws to put in place the Board committees that we know today: Architectural Review, Compliance, Finance, Properties, Chartered Clubs, Sports Advisory. Little by little, once people started moving in, residents were asked to replace the Del Webb staff who served as Board members.

In late 1997, Del Webb determined that it was time for Association affairs to be turned over to the residents. A transition team of residents—all volunteers—was appointed to tackle topics, such as business operations, legal matters, safety patrol, finance, properties, and more.

Today, if correct, only 13 of the approximately 80 people involved in the transition still live here. Hours and hours of time and effort were spent putting in place the components needed to make Sun City Roseville Community Association what it is today. The Transition Planning Team completed its task at the end of 1998 and submitted its report to the Board in January 1999.

So, what makes Sun City Roseville tick? Those 80 pioneer residents and many, many more since then who have contributed to upholding the kind of environment—its beauty, friendliness, clubs, and more—that many of us have claimed to be “a most wonderful place to live; I wouldn't want to live anywhere else.”

How can we keep our vision alive? Simply, by residents stepping up TO MAKE A DIFFERENCE. And the 2019-2020 Board of Directors is helping to make it easier to do just that. In August 2019, the Board approved the implementation of the Leadership Initiative, a committee of eight residents—Mary Ann Chittick, Chair; Linda Breninger, Kathy Casten, Dee Franz (Secretary), Jack Ellison, Jeff Holland, Marsha Rhodes, and Earl Wiklund.

This Leadership committee has established the LEADERSHIP ACADEMY, a six-session series of classes (Team Leadership, SCR History, Organization & Governance, Finance, Strategic Planning, and finally, a Summary Presentation) from April 7 to June 16, 2020, from 2-4 p.m., offering a pathway to service, assuring ongoing successful Association operations.

Here is your opportunity to become a part of the first Academy. Applications, found in the Leadership Academy brochure, will be available beginning today, February 1, at Courier Days or from the Administration office. Return your completed application to the Administration office through Tuesday, March 17 at 4 p.m.

An Informational Meeting will be held Thursday, March 12, in the Aspen Room from 1-3 p.m.

Sunshine Services

BY JENNIFER MARTIN

Sunshine Presents: Four times a year, Sunshine sponsors speakers who expound on topics pertinent to our residents. Our next event will be on Feb. 19, 10:30am, Sierra Pines, featuring SCR resident Cheewa James whose presentation is “If It Is to Be, It Begins with Me.”

Cheewa brings a powerful message about a person's ability to transform the way they see themselves and others. She'll share her insight into the development of skills, emotional balance, and a thought process that allows for better management of self. You will learn how to strengthen your ability to understand and empower other people in positive ways. Refreshments will be served.

Dial-A-Ride: On the first Thursday of the month, between 8:30am and 10:00am, you can buy tickets in at the Lodge for the Dial-A-Ride program which provides curb-to-curb bus services (with 24-hour notice) throughout

the city of Roseville, Monday through Friday from 5:45am to 10pm and Saturday through Sunday from 8:00am to 5:00pm.

Tickets are sold in a book of 10 tickets for \$10. Wheelchairs are OK. A Roseville Transit ID card is required to ride the Dial-A-Ride vans. Call Pat Teilh at 916-521-9729 for more details.

Yellow Flyers: Sunshine's “We're Here to Help” flyers are available in the slots just outside of the administration office. Be sure to take one to learn about

our various programs funded in part by the Foundation: Caregiver Relief Program, Individual Care Program, Medical Equipment Loan Program, and Dial-A-Ride discounted tickets, Errands and Shopping Program, and our many support groups. The back of the flyer is devoted to transportation options for our residents. Information on Sunshine's resources can also be found in the back of your resident directory.

Thought for the Day: Don't go around saying the world owes you a living; the world owes you nothing; it was here first—Mark Twain



Cheewa James

SCR Foundation

(cont' from page 1)

raised over expenses help to fund the beneficial work of the Foundation for all residents. Will you join us for some fun?

All Foundation Directors and others who assist them are unpaid volunteers, committed to doing helpful work for Sun City. The Foundation raises funds for its work in several ways. A major source of funding comes from the donations offered in response to our annual Friends of the Foundation Appeal. Letters inviting your support will arrive in early March and will contain a listing of the good work of the Foundation funded by your tax-deductible donations. We hope you'll watch for it and make a donation in any amount.

Another source of funding is our partnership with DonateLocal California, a Roseville-based organization that removes no longer used vehicles of various types from our homes, prepares them for resale and, once sold, submits a receipt to the donor for the full sale price to be used as a tax deduction. The Foundation receives the net proceeds after the deduction of costs to ready the vehicle for sale. All work is performed by DonateLocal California from removing the vehicle from your property to the actual sale.

Thur. SS AM Bowling League

(cont' from page 23)

Bowlers with the most improved averages are Rob Smith with a 18.60 gain in the men's and Cindi Underwood with a 11.36 pin gain in the women's.

Season League High Scores: Team Scratch Series, Holy Crap, 2505. Team Scratch Game, Need More Pins, 850. Team Handicap Series, Misfits, 2880. Team Handicap Game, Spare Me, 1022

Men's Division: Scratch Series, Dave Harriman, 715. Scratch Game, Ron Basnett, 279. Handicap Series Jeff Mattimoe, 838. Handicap

Game, Chuck Leming, 312.

Women's Division: Scratch Series, Michelle Elkins, 712. Scratch Game, Sharon Pfeiffer, 246. Handicap Series, Carol Torno, 768.

Handicap Game, Hellen Rodante 298.

Please consult the statistical sheet provided to each team, or log on the League Secretary for your weekly lane assignments, team/individual standings and other pertinent information concerning the League Schedule. Anyone wishing to join our league please contact Carol Torno 916-757-1921 or one of the other league officers.

•••

Bridge Club

BY COLLEEN TOVEY

The Bridge Club Holiday Luncheon on December 16 was attended by over 100 members. The festive table decorations, the organizing, and the planning were done by the Social Committee: Brence Davis, Pat Madden, Sandy Temple, and Anne DeWitt. Winners of Social Bridge were first, Duane DeWitt and second, Jan Killingsworth. First place Fun and Friendly Duplicate winners were N/S, Susan Hall and Judy Myers; E/W, Boyd Goetzman and Jo Avalos. First Place Duplicate winners were N/S, William Huber and Sylvan Karfiol; E/W, Ella Bosse and Marilyn Cameron. (see photo) Special recognition was given to Arlene



and Michael Coakley for all they have done for the Bridge Club. Arlene served as President for several terms and as club manager. Mike was our webmaster as well as the caregiver for our bridgemates, devices used for scoring. We wish them well in their next adventure.

Do you want to learn how to play bridge? A new class taught by Suzanne Rollinson will begin this month. There is a signup sheet in the Card Room, or you may call Vice President Sue Tuana.

•••

Mah Jongg

BY CINDY FAULKNER

Save the date – Friday February 28, 2020. We will be having a luncheon at Sierra Pines at 11:30 am and playing Mah Jongg after lunch. All the details will be in the card room with the sign-up sheet late in January. There will be no play in the card room that day. Janet Preis



(cont' on page 29)

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\$354,900-\$382,500	1102 -1119	6	MEADOW
\$311,000-\$428,500	1167	3	NOT PROVIDED
\$354,000-\$410,000	1198	12	TIMBERROSE
\$409,000-\$425,000	1323	4	ORCHARD
\$355,000-\$434,000	1334	16	ROSETREE
\$375,000-\$441,000	1343	3	ORCHARD
\$412,000	1367	1	NOT PROVIDED
\$390,000-\$471,000	1476	14	COUNTRYROSE
\$419,000-\$485,000	1547	14	SHASTA
\$543,000	1578	1	PINERY
\$417,000-\$535,000	1618	14	CALAVARAS
\$519,000	1674	1	PARKLAND
\$434,500-\$544,000	1676	2	BAYWOOD
\$495,000-\$500,000	1741	2	YOSEMITE
\$535,000	1774	1	IRONWOOD
\$465,500-\$505,000	1781-1799	6	GROVE
\$505,000-\$533,000	1840	3	PLUMAS
\$470,000-\$592,500	1869	13	YOSEMITE
\$575,000	1916	1	GROVE
\$510,000	1933	1	PLUMAS
\$490,000-\$660,000	1994-2032	4	SUMMIT
\$499,950-\$540,000	2083	8	SIERRA
\$520,000	2123	1	TURNBERRY
\$510,000-\$693,500	2287	11	DELTA BREEZE
\$607,000-\$738,000	2362	7	HEARTHWOOD
\$575,000-\$790,000	2538	7	TIMBERLIDGE



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SHERRI WALKER
Real Estate Team

*Statistics were pulled from the MLS on 12/23/2019. This list includes sales within the Sun City Roseville subdivision and does not account for unpublished off market sales.



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FEBRUARY / MARCH

ONGOING —

Play Reading Group Forming

If you've got a little ham in you, or if you're psychologically-minded, or if you're a student of world drama, or if you're a lover of Broadway, Sac Theatre Company, the Sophia, or Cap Stage, this new group may be just what you've been hoping for—a monthly play-reading, or theatre production group. Calling all interested actors, readers, drama critics, live-theatre lovers, and retired drama teachers. Contact Letha Dawson, by email at lethadawson@gmail.com, if you'd like to get in on the stage floor and create a monthly gathering of like-minded thespians.

Sunshine Programs

Home from the hospital, live alone and need assistance? Sunshine Services' Individual Care Program offers 40 hours of care per year. Our Caregiver Relief Program offers 4 hours of respite per week for 2 years for 24/7 caregivers of residents who can't be left alone. There's a \$5.00 per hr. co-pay for both programs which employ licensed home health workers. Call Melissa Shelton-Kinoshita at 916-865-4913 for details.

Dial-A-Ride Tickets!

Sunshine Services sell Dial A Ride tickets in the Lodge Lobby. Tickets are sold the first Thursday of the month from 8:30 - 10:30 am. Funded by SCR Foundation, tickets cost residents \$10 for 10 one way-rides.

Attention Scrabble Lovers

Join us for a weekly Scrabble session in the Card Room • Fridays, 12:30-4:00 pm. For details, call Jennifer Martin, 916-781-2830.

All Tuned Up

All Tuned Up meets every Thursday, 9-10:45 A.M., at Sierra Pines, Ponderosa Room. All musicians are welcome. Sun City Roseville has a lot of talent. We want people with and without instruments. Come and sing

or just listen. For more information, call Letha Dawson at 916-872-8019.

Do you speak French and/or Spanish?

FRENCH - 3rd Tuesday 2-4 PM. SPANISH - 3rd Wednesday 2-4 PM. Have fun retaining or improving your language skills with videos, games and other activities. Fluency not required, but some knowledge of the language is helpful as activities are not lessons. - Sandy Haley sjhwme@comcast.net, 792-2881.

Tuesday Evening Men's Poker

Got the Tuesday night blues, how much idol and reality TV can you watch! All right I made my spiel, come on down to the lodge and join us in the poker room from 6 to 9:30pm for some friendly action of poker. Our games are 95% "split the pots" and remember we don't have a yearly dues. Questions, give me a call Ed Day at 771-0638.

Grief Support Group

If you are experiencing grief, loss, or transition, you may be able to find support and encouragement as you grieve and heal.

Diane Wilson, Health and Wellness Chaplain, is available to receive Individual Grief Support telephone calls and emails.

Karen Bolte, Sutter Health Bereavement Chaplain facilitates the Sunshine Services Grief Support Group, which meets on the 2nd Wednesday of each month, 9:30 to 11:00 a.m., in the Club Room. Please contact either of us at 916-837-1109 for further information and questions about the group, or to schedule an appointment for individual support.

Alzheimer's Support Group

Alzheimer's Support Group meets the 3rd Thursday of each month, 6:30pm at SCR main lodge.

COMMUNITY —

Semper Fi Association

The Semper Fi Association meets the first Monday of the month at 9:00 am at the Legends Restaurant at Woodcreek Golf

Course, 5800 Woodcreek Oaks Blvd. in Roseville. Come early to purchase breakfast before the meeting. For more info: Semper Fi Association: Don Witt, Public Relations Chairman, Phone: 916-573-1704 Ext: 0001. Email: semperfiassociation@gmail.com Web: www.semperfiassociation.org Marines and Navy Corpsmen especially invited. Hope to see you there.

Sons In Retirement Branch 13

Sons In Retirement Branch 13 (Lincoln/Roseville) will hold its luncheon on Tuesday, February 18 at Catta Verdera Country Club, 1111 Catta Verdera Drive in Lincoln. A three course gourmet lunch costs \$20pp. Arrive at 11:30 AM; luncheon adjourns at 1:30 PM. Sons In Retirement is a fun social group dedicated to promoting the camaraderie of retired men. If you are interested in joining SIR or attending the luncheon as a guest, please contact Chet Winton at 916-408-8708.

Sons in Retirement Branch 98

The Rocklin/Roseville Branch of SIR meets monthly on the 2nd Wednesday in the ball room of the Timbers at Sun City Roseville beginning at 10:30a.m. Join retirees for fellowship, lunch, golf, fishing, cards, and even bocce ball... many other activities also available. Call Tom Werth at 782-3536 for more information.

Retired Law Enforcement

Retired Law Enforcement Officers Group — Our members are either retired or active law enforcement officers and we have quarterly breakfast meeting with guest speakers. Please join us for some camaraderie with America's finest. Contact Chuck Schmidt, RLEO Coordinator: 530cms@gmail.com

Parkinson's Support Group

If you have been diagnosed with Parkinson's Disease or care for someone who has, we invite you to join us at the monthly West Roseville Parkinson's Support Group for informational and inspirational discussions with others on the journey.

4th Tuesday, 2:30 pm – 4:00 pm

Sierra Pointe Senior Living

5161 Foothills Blvd., Roseville

Contact for more information: Jim Morris 916-359-4859. Parkinson Association of Northern California: 916-357-6641

Senior Peer Counseling

Senior Peer Counseling provides free, inhome peer support; to Placer County residents age 55+ who are experiencing depression, anxiety, substance abuse, family conflict, change in independence and other age-related adjustment issues. Please call: 916-787-8859.

Essential Tremor Support

Essential Tremor will now be meeting on the first Saturday at Kaiser Permanente, 1600 Eureka Rd, Roseville Woman's and Children's building B16. Our meeting starts at 10AM. For further information call Paula Lavin 771-4866.

Go Big Red!

Stanford Friends, Family, and Alums — The Sacramento Stanford Association wants to reach people in our area for upcoming events. Future events include such activities as wine tasting, viewing sports events at area establishments, Stanford speakers, and the Roseville Sun City Annual Art Show in March.

If you want to be in touch with Friends, Family, and Stanford Alums and learn more about our local events, contact Pam Wilkinson at: PamMWilkinson@gmail.com, or 916-772-0559.

Woman's Club of Lincoln

Woman's Club of Lincoln meets the 4th Tuesday of every month, 12:00PM, Social followed by a meeting and program. 499 E Street, Lincoln. Everyone welcome, no admission free.



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SUN SENIOR PROFILES *Getting to know you...*

Bob and Dianne Ayres

(cont' from page 1)

to play. He was inducted into the LaSalle Club's Sacramento Baseball Hall of Fame, an honor shared by countless professional players from that region.

Knowing his playing days were over, Bob adapted and enrolled at Sacramento State College as a government major, earning a degree and finding the love of his life. Bob took a sales job with one of the largest pharmaceutical companies in the world, and rose through the ranks to become a vice-president responsible for sales in seven western states, including Alaska

and Hawaii. He retired after thirty-two years. Unusual for any worldwide company, Bob promoted over and over again and never had to leave Sacramento.

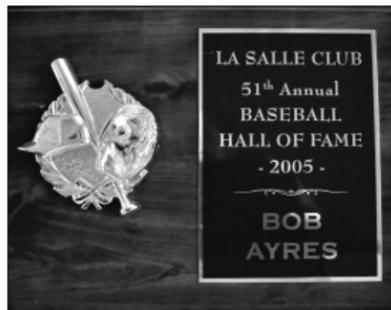
Dianne graduated from Sacramento High School, the traditional rival of C. K. McClatchy Senior High School, a fact which apparently was no obstacle for either of them. Dianne was taking classes at Sacramento Junior College, although she was unsure about a career path. She subsequently went to Sac State's library, and the rest, as they say, is history. They married in 1959.

At first, her father was not thrilled with her choice, citing Bob's rough upbringing and what he saw as an uncertain future. She had faith that Bob was an overcomer, however, and, together, they won her dad over. Three sons converted Dianne to homemaker and stay-at-home mom. Their mainstream son graduated from Cal Poly and became a mechanical engineer. Their adventurous son was a swimmer at both Jesuit High School and Arden Hills Swim and Tennis Club, where his coach was United States Olympic Team



Bob and Dianne Ayres on their Wedding Day!

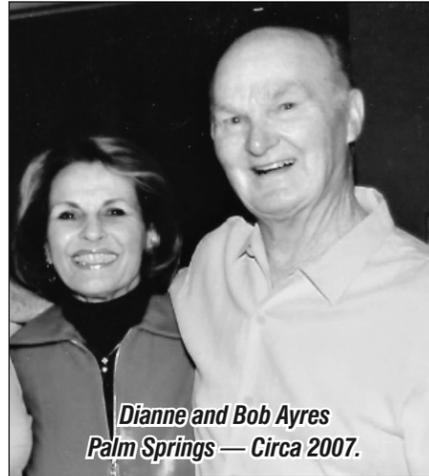
coach Sherm Chavor, and at UC Irvine. He wound up in Japan, where he created a very successful English speaking school. Their rugby player son is doing well in sales for a large food distribution firm—perhaps a chip off the ole block. With the boys



grown, Dianne elected to pursue a career in interior design. She returned to (by then) Sacramento City College, and took courses in interior design. To become certified by the American Society of Interior Designers, she had to apprentice with a certified firm for four years. She did so, and then set out on her own, armed with rave reviews from clients. Success in interior design is a won with word-of-mouth advertising and peer recognition, and her stock rose steadily throughout the forty some years she practiced.

She joined the Sacramento Junior League, and was involved in their charitable work with the Sacramento Children's Home and the Crocker Art Gallery. She also served on a project in which she helped decorate storied homes in East Sacramento from 39th Street to 46th Street between J Street and Folsom Boulevard—the area known as the Fabulous Forties—for the purpose of luring Christmas sight seers to make charitable donations in order to view the homes. Both avid golfers, she and Bob joined the Valley High Country Club.

Bob's never having to move to accept a



Dianne and Bob Ayres Palm Springs — Circa 2007.

promotion gave them a triple bonus. First, they were able to flip their first modest home in Parkway Estates to a very nice home in South Land Park Hills. Second, they were able to pour Dianne's talents into their second home to both make it a showcase for entertaining and enhance its value. Third, Dianne was able to build her referral based business without ever having to start over again in a new city.

Their joint success allowed for a second home in La Quinta, California, near Palm Desert. They did so to leverage weather, but also enjoyed some unexpected encounters. On one occasion, Dianne was watching her ninth grade grandson playing baseball and another fan mentioned what a good player he was. That fan would have known, because after he left, she learned he was Steve Garvey, All Star first baseman for the Los Angeles Dodgers. On another occasion, she was at a cocktail party and fell into conversation with a man who was very engaging and interested only in her life, as opposed to tooting his own horn. She later learned he was William Asher, producer or director of numerous television shows, including I Love Lucy, The Dukes of Hazzard, and Bewitched, who was married to "Samantha", actress Elizabeth Montgomery. On yet another occasion, Dianne was introduced to Betty Ford at a luncheon.

In 2016, they moved into only their third primary home, one of the larger models in Sun City, with a lovely golf course view—golf being an important part of their lifestyle. Dianne

saw it as a diamond in the rough, but they often felt like diamond miners because they lived in the house for the entire year it was being remodeled from top to bottom; new hardwood floors, new kitchen cabinets, countertops and appliances, new bathroom fixtures, new paint everywhere—new just-about-everything.

They now play golf, bocce and bridge regularly. They have worked at remaining "young" and fit, although it seems unlikely they will ever again be challenged to adapt to anything but more fun.

Want to share your story or know a neighbor who should be recognized?

Just let us know!

Call us at 916-727-6383 or e-mail us at:

egnews@egnews.com

Mah Jongg

(cont' from page 25)

and Angie Gamble will be hosting this event. These dates are always fun when we combine the players from Monday and the players from Friday. We have many new members and this is a wonderful way to get better acquainted.

All members are requested to wear name badges to assist our newest members to get acquainted with everyone at all Mah Jongg events. Play continues on Monday from 12:30 pm to 3:30 pm and on Friday from 9:00 am to 12:00 pm with lunch in the Timbers for whoever wants to join us.

All Mah Jongg play is fragrance free.

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Observations on This and That

BY MARTIN GREEN

Robocalls: In last month's "Observations" I noted that Congress was supposedly considering doing something about the robocall epidemic and observed that we know this will go nowhere. This seemed like a pretty safe prediction given Congress's record but, what do you know, it turned out to be wrong. Legislation to stop or to at least curtail robocalls was actually passed. It remains to be seen how effective this will be, but recently our robocalls have gone down quite a bit. Maybe the robocallers are lying low, or maybe they're taking a break and devising ways to get around the new laws. We shall see.

Misadventures in Technoland: this is a never-ending saga but I just want to give a quick update here. The password issue with my iPad is still not resolved but I did manage to find a way to get my e-mails, almost all of which, needless to say, were spam. Meanwhile, my PC, getting into the act, after all these years having no problem with Word, now gives me only a blank screen when clicking on the Word icon. Fortunately, the Word docs are still there, and as with the iPad, I've found a way to get to them as well as to write new docs. I'm hoping that eventually this issue will be resolved. What's really strange about these tech misadventures is that for years all goes well and then suddenly, for no apparent reason (at least to someone like me), something goes awry.

Aging: I noted last month that I accepted

the fact that I'd reached 90 years and so I guess I'm pretty old. Curious about how other 90-and-olders viewed life from that perspective, I went of course to Google and discovered some interesting things. Here are some nuggets of advice given by people in their nineties: (1) **Life isn't fair, but it's still good.** (2) **Life is too short to waste time hating anyone.** I agree with this. In my working career I encountered a good many persons who, if I didn't exactly hate, I certainly disliked, and then after I retired, lo and behold, I quickly forgot about them and now I can barely recall who they were. (3) **Forgive everyone everything.** I don't know if I can go this far. There are some things that can't be forgiven. This is not to say you should keep dwelling on them (life is too short) but forgiving them is asking too much. (4) **When it comes to chocolate, resistance is futile.** With this I can agree wholeheartedly. (5) **However good or bad a situation is, it will change.** (6) **Time heals almost everything. Give time time.** (7) **Frame every so-called disaster with these words, "in 5 years, will this matter?"** Yes, one thing you learn in old age is not to panic; life will, as always, go on.

Faithful readers may recall that I've written about a book by Malcolm Cowley called "The View From 80" (and that I borrowed this title for my own book "The View From 85," available on Amazon). I go back to Cowley because I think he's given the best description

of what it feels like to be old, really old. Here it is: "The new octogenarian feels as strong as ever when he is sitting back in a comfortable chair. In a moment he will rise and go for a ramble in the woods, taking a gun along, or a fishing rod, if it is spring. Then he creaks to his feet, bending forward to keep his balance, and he realizes he will do nothing of the sort. The body and its surroundings have their message for him, or only one message, 'you are old.'" In my case, it's sitting in my lazy-boy chair and thinking I'll get up and go play a set of tennis. My body, especially my knees, quickly tells me those days are over.

I recently found, by Googling, some more ruminations on aging by Malcolm Cowley. He says: "The aged man has to learn new methods of doing everything. ... How to get into bed and out again---how to stand---how to walk---how to sit in what chair---each of these becomes a new problem." He also advises you to get a companion, preferably a wife. In this case, I'm lucky, I have Beverly. Cowley then goes on to tell you how to do the things he noted above. I can still manage to get in and out of my bed and I know what chair to sit in, one that has arms, but I found his instructions on how to walk interesting---"Have your feet wide apart and raise each of them in turn to avoid stumbling (don't shuffle) and move forward in a sort of duck walk; it isn't pretty but it is safer." I'm not sure how I walk, I know it's not the same as I used to, maybe it is something like a duck walk, but in any case I'm still ambulatory.

The Kings and the 49ers: Reader know that I've been a faithful and mostly long-

suffering fan of these two teams. After last season, there seemed to be promise for the Kings with a bunch of good young players. They've gotten off to a stumbling start this season (injuries didn't help) so I'll hope that, as noted above, a bad situation will change. The 49ers bad situation has changed and, as I write, they're the number one seed and need one more wins to get into the Super Bowl. However this turns out the good thing is that the hated New England Patriots and Tom Brady are definitely out this time. Okay, I know I noted above that life is too short to hate anyone but Brady is handsome, rich, has a beautiful wife, and is a great quarterback, so what's not to hate?

The View From 90: I wanted to say something about how the world looks to me right now (not too good) but I have run out of space. Maybe next time. Anyway, will anything going on now matter in five years?



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We invite you to join us ... to open your hearts and raise your hands to aid the efforts of Friends of CASA. We look forward to seeing you in March.

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BUSINESS ADS

- ◆ Anything of a commercial nature, including pet sitting, real estate, rentals, timeshare/condos, etc.
- ◆ 15 words for \$25. Additional words \$1 each.
- ◆ \$65 for three months, same ad! (15 words only) additional words \$1 each

Classified Ad Submissions —

WHEN: By the 12th of the month, please email the information below to: CA@EGnews.com

Subject Line should be SCR Classified and your Phone Number (Example: SCR Classified 916-123-4567)

1. Contact name and phone number.
2. Which category to place your classified ad in: (Service, For Sale, Wanted, Announcement)
3. Classified ad text - including the phone number you want readers to call.

SCR residents get FREE non-business Classified Ads; limited to 15 words; one per household per month.

Non-business Ad items include selling personal used items such as furniture, tools, books, rugs, electronics, personal car, golf cart, etc.

Business Ads include anything of a commercial nature or service, including pet sitting, real estate, rentals, timeshare/condos, any service etc.

Business Ads are 15 words for \$25 for one-month. Additional words \$1 each. (\$65 for three months for the same ad.)

If your classified ad is determined to be "business" related, we will email you an invoice that will allow you to pay immediately with a credit card, or mail a check.

*HINT on Word Counts: A "word" is anything separated by spaces, or as reported by word-process software like Microsoft Word.

If you have any questions, please email us at: CA@EGnews.com

Selling ONLY Sun City Homes for 20 Years

The Schlaegel Team



Martin Schlaegel
Realtor

(916) 771-8599
cell (916) 765-5172
mschlaegel@comcast.net
DRE# 00797298



Nancy Peffley
Realtor

(916) 774-9432
cell (916) 532-0053
nprose@surewest.net
DRE# 00848141



Don Schlaegel
Broker Associate

(916) 926-9511
donschlaegel@gmail.com
DRE# 00647027

- ▲ Choose the agents who do everything to achieve the highest selling price for your home.
- ▲ We take the worry and hassle out of your moving. "WE DO IT ALL" and have references to prove it.
- ▲ Before Listing your home, call us and find out our exclusive approach to preparing your home to sell.

Sun City Residents and Specialists in Sun City Properties

When You List Your Home With Thompson + Brown Our "Showcase Service" Will Provide:

1. FREE Carpet Cleaning
2. FREE House Cleaning
3. FREE 1-Time Yard Clean-up, Weed Removal & Trimming
4. FREE Donation Service
5. FREE Connection with Estate Sale Company to help sell un-needed Furniture and Household Goods

We have names of quality local tradesmen that we have been working with for years. **PLEASE CALL FOR RECOMMENDATIONS.** Fence repair and painting, concrete work, contractors, pressure washing, plumbers, electricians, A/C and heating, roofers, house painters interior/exterior, carpet cleaner, moving companies, organizing and packing, help in finding an independent or assisted care facility.

PROFESSIONAL REAL ESTATE SERVICES
THOMPSON+BROWN
OLD FASHIONED HARD WORK WITH A NEW ANGLE
8008 Walerga Rd. • Antelope, CA 95843
Fax: (916) 771-4772 • Email: homes@thompson-brown.com

See our website for more info!

www.thompson-brown.com

See ALL Sun City sales activity as it happens at:

www.schlaegelTeam.com