

# SUN SENIOR NEWS

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## Meet the “Twins” – Kathy and Debbie

BY P.J. CONRADI

Born sixteen months apart, separated by only one grade throughout their school years, and belonging to a close knit family, Kathy and Debbie were very close in personalities, habits, and activities. That, and they could not have looked more alike. Being mistaken for each other, and being erroneously identified as twins, has been a source of fun for both of them for, well, all their lives, and the occasions continue here in Sun City Roseville.

The girls were born at Fort Campbell, Kentucky, while their father was serving a four year hitch in Uncle Sam’s Army. As soon as he was discharged, the family moved to West Sacramento, where other family all around Yolo County was waiting. They stayed until both had graduated from James Marshall High School, Kathy in 1970 and Debbie in 1971. Their high school days no longer exist, of course, but, then, nor does the school.

They never tried to fool anyone concerning the nature of their sisterhood, such as dressing



Kathy Schroeder and Debbie Rusaw

PHOTO BY KEN SHAHOIAN

alike or sitting in each other’s classrooms, as there were always plenty of folks making enough mistaken identifications. Debbie recalls one occasion in high school in which a fellow student, upon seeing Kathy smoking in the bathroom, went to the office and reported seeing Debbie. When Debbie got called into the principal’s office, she was faced with taking the blame or snitching off her sister. She chose the latter, knowing Kathy would have done the same, that neither would really care, and both would laugh it off.

It seems only natural that the bookend sisters would both marry the same year they graduated. Kathy got married and they had two daughters. When that marriage ended, she subsequently married Rob Schroeder, who also had two daughters. She thus remained in West Sacramento until 1988, when Rob’s job with the US Bureau of Reclamation took them to Billings, Montana. There, Kathy also got a job with the Bureau of Reclamation. Her oldest  
*(cont’ on page 29)*

## SCR Foundation

A charitable service organization by and for the residents of Sun City Roseville

BY TONI FISHER,  
Public Relations Director

### Can You Give Back To Our Community?

This first year of a new decade can be a time to reflect on our lives and, in particular, what we have been involved in within Sun City and what we are doing to help enhance the lives of those in our community. While each of these monthly articles focuses on the many services provided by the Foundation and often asks for your contributions, either as a participant in an event or with a cash contribution, this month we are coming to ask you to consider a contribution of your time and talents. The Foundation Board of Directors has openings for several new volunteers to serve on the Board in a variety of capacities. As you read through the descriptions of the open positions and the responsibilities of each, we hope that you will spot something that interests you and you would like to take on. Each position has a well-defined role within the Foundation and each needs certain talents, abilities and interests on your part. But don’t let that scare you. If you think you are interested and suited to the position, it will be an easy process to join the other Directors at  
*(cont’ on page 24)*



## Sun City Singers

BY JACKIE PROETT

It’s January and the slate is clean! All of last year’s smudges have been erased, we start anew! People often think of January as a cold, dark time after all the Holiday trappings. But no, it is the most exciting, brave, adventurous time of the year. We step into the unknown! Mistakes can be corrected and Brainstorming can unfold fresh ideas.

The Singers are on the threshold of a whole new concept. Imagine, after all these years of meeting on Thursdays we take a giant step into the future by opening our week with rehearsals on Mondays, starting on January 13. As Catering doesn’t work on Mondays, we won’t have to be bumped for outside Socials. We may lose a few people, but so many others have said they can join us now with this change.

Our Christmas Concert was once again a sell-out, even with Thanksgiving sitting in our laps! Our whole year last year was successful. We didn’t have a Christmas Party but we are hoping for a new Hospitality Team that will kick off some fun activities.

So here’s the drill! Be ready to start making marks on that clean slate. Be sure to show up on Monday, January 13 at 2:30pm back of the Ballroom. Bring back your Holiday music in Concert order. Besides that, all women need to bring back the Holiday Corsage that was pinned to your red vest. Keep the scarf. Be prepared to open up your first present of the year, a package of Spring Concert Music!

January is all about new life, new beginnings. Don’t let anyone tell you that it’s a cold, dark world out there. We have music and Paul and Nina to light the road ahead. Come Join us!  
• • •

## Harmonicoots

BY BUD GARDNER

The Coots have had an extremely productive to 2019, teaching, performing gigs, and adding new members. For many years, Lou Leger has spearheaded our teaching program in the elementary schools. At present, he is teaching Kaseberg Elementary  
*(cont’ on page 5)*



Singers Christmas Concert

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The Sun Senior News - Roseville is mailed free to 3,100 homes in the Sun City - Roseville community. The delivery is targeted for the first week of each month.

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The Sun Senior News - Roseville welcomes announcements from social clubs, schools, charitable organizations, non-profit organizations, local government and community events. Also, editorial contributions as well as articles, cartoons and photographs are welcomed and considered for publication. Deadline for submissions is the 15th of each month. *Please submit via email to: egnews@egnews.com*

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**From the Editors**



Happy New Year and New Decade — Gregg and Liz Goldthorpe

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## From City of Roseville Roseville invited to White House Roundtable on Affordable Housing

BY ROSEVILLE MAYOR JOHN B. ALLARD II

Affordable housing is cited as one of the major issues affecting the economy, health outcome, and quality of life of residents of California. It used to be that California and just a few other states with high-cost real-estate markets faced this issue alone, but in recent years, it's become an issue affecting the entire nation to varying degrees, as rising housing costs force families to dedicate larger shares of their monthly incomes to housing.

According to the White House, "between 2001 and 2017, the number of renter households allocating more than half of their incomes toward rent increased by nearly 45 percent. These rising costs are leaving families with fewer resources for necessities such as food, healthcare, clothing, education, and transportation, negatively affecting their quality of life and hindering their access to economic opportunity."

For this reason, the White House established a White House Council on Eliminating Regulatory Barriers to Affordable Housing through a June 25, 2019 Executive Order. In October, the White House Office of Intergovernmental Affairs invited the City of Roseville to participate in a White House Roundtable on Housing Affordability with Housing and Urban Development (HUD) Secretary Ben Carson and other key administration officials and policymakers.

Some might wonder how our Northern California city got on the radar of the White House on the issue of affordable housing.

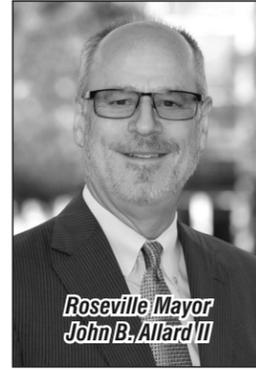
Earlier this year, several members of our City staff and I traveled to Washington D.C. for the annual Mayor's trip to meet with legislative and regulatory representatives on key issues facing our city and region.

One of the meetings was with representatives from HUD. Roseville has a strong reputation with HUD, having deployed nearly \$6 million in the community last budget year through housing, and low-income community-investment and -service programs. In addition, nearly 1,300 people were assisted last year by the Roseville Housing Authority.

We shared our story with HUD officials and provided an update on our progress in this area. Through our General Plan, Roseville requires 10 percent of all housing units developed to be affordable to households at very low, low and middle (moderate) income households. Since 1989, Roseville's policies have produced 3,004 affordable housing units.

This ensures housing options for all members of the community like seniors, persons with disabilities and entry-level and service-sector workers.

However, affordable housing is difficult to build due to the necessary subsidies, partnership, and need for many funding sources. Those include subsidized loans, federal



tax credits to development investors, and grants. Federal and state funding have lending and monitoring requirements that trigger additional costs such as energy efficiency, accessibility and adaptability features.

Although a higher initial cost, quality construction is critical to the longevity of affordable housing since subsidized rents make it harder to pay for repairs and renovations.

Studies have shown an average annual cost savings of approximately \$31,545 per person when individuals can be placed into permanent housing from homelessness. This reduces impacts on emergency rooms, public safety response, and emergency shelter, and improves physical and mental health, decreases substance use, and increased employment.

Roseville's recent efforts have continued to yield strong results:

- Early this year, Lohse Apartments on Vernon Street celebrated its grand opening. It was built through a partnership with Mercy Housing and provides 57 units for low-income households,

- Campus Oaks Apartments along Foothills Boulevard broke ground this year on its second phase, which will have 45 units reserved for very low income households.

- Main Street Plaza also broke ground this year on 65 affordable units in Historic Old Town in partnership with Meta Housing.

- Junction Station will provide 80 affordable units also in Historic Old Town and replaces a property formerly on the site that was in serious disrepair.

It's due to this level of policy leadership and demonstrated success that Roseville was invited to participate. In the White House meeting Nov. 13, 40 officials from cities across the country shared concerns and opportunities during the roundtable discussion:

- Roseville remains concerned with delays in federal approval process and for duplication of efforts in environmental review at the state and federal levels.

- We'd like to see the process to apply for tax credits for affordable housing projects streamlined and expanded allowing more flexibility to address a broader range of affordability needs than it currently does.

- A federal focus on enhancing funding for vocational and technical education programs in public schools is desired to address labor shortages in the construction industry.

The City of Roseville is extremely supportive of the development of affordable housing in our community and has been so for more than 30 years. We welcome opportunities like this to explore ways to make housing more accessible to everyone.

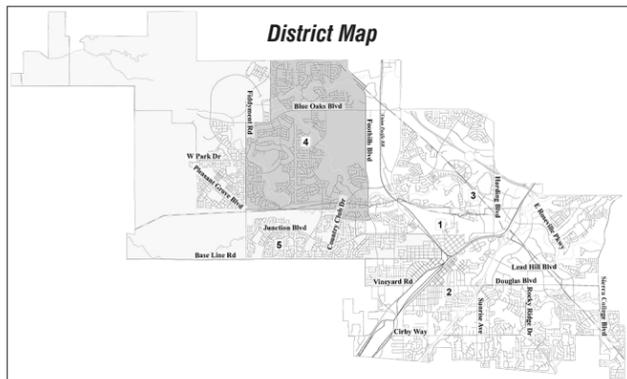
# Move to District-Based City Council Elections Finalized

**The Roseville City Council approved the final reading of an ordinance to establish district-based elections at its Dec. 4 Council meeting.**

The City Council approved district boundary map 117B from more than 30 maps considered. The map consists of five districts, which aligns with the number of councilmembers the City Charter requires.

District-based elections will begin with the November 2020 vote. The district boundary map approved by Council is based on data from the most recent census, which was in 2010, as required by law. It will only be in use for the 2020 election cycle. With updated population data from the 2020 census, the district boundary map will change for the 2022 election.

The decision to adopt a “district-based” election format instead of an at-large format isn’t due to a philosophical change by the City Council. Rather it’s a strategic, proactive move to potentially save the city millions of dollars in legal fees. The change is motivated by recent lawsuits against other California cities related to the California Voter Rights Act (CVRA). The CVRA allows for the suing of cities where an “at-large” election system is alleged to have



impaired the ability of a protected class to elect candidates of their choice or their ability to influence the outcome of an election.

To date, no public agency that has fought to remain in an “at-large” voting system has won a legal challenge, costing millions in legal fees. The costs to litigate a CVRA challenge can be tremendously high since a city must pay the plaintiff’s legal fees if the city is unsuccessful. In some cases, plaintiff’s legal fees have been as high as \$4.5 million.

The City Council felt it prudent to proceed

with the “district-based” format given this historical precedent.

### Determining the Mayor

With input from the public, the City Council directed the Charter Review Commission, to provide recommendations on the selection process for mayor and vice mayor. The Charter Review Commission meets every 10 years and is in the midst of a yearlong process to review the entire charter and make recommendations for changes to the City Council. The Council then determines which items to put on the November 2020 ballot for voter consideration.

Currently, the City Charter designates the top vote-getter in the last general election as the incoming vice mayor for two years, then as mayor for the remaining two years of the councilmember’s four-year term.

As the candidate who won the most votes in the 2018 election, current Vice Mayor Krista Bernasconi will become mayor in 2020, for the final two years of her term, in accordance with the City Charter. Any changes to the process will affect how her successor is determined.

### Sequencing of Elections

The City Council determined that districts 1, 3 and 5 will be up for election in 2020. Districts 2 and 4 will be up for election in 2022.

For more information about district-based elections in Roseville, visit [roseville.ca.us/districts](http://roseville.ca.us/districts).

## Harmonicoots

(cont' from page 1)

students to play the harmonica. This year, Lou staged a successful Harmonikids’ concert to the delight of parents, friends, and school staff.

Head Coot, Bud Gardner, taught two harmonica sessions for the Sacramento Society for the Blind. “It was a pleasure for me,” said Gardner, “to see how eager the students were to be given a life-changing opportunity of making music on the pocket piano.”

The Coots enjoyed performing a dozen gigs this year within the larger community and at Sun City. We now have played a total of 333 gigs since our beginning in 2004. The Coots’ Band, accompanied by headliner Chris Bauer, a harmonica virtuoso, staged a memorable Jamboree last May. At present, the Coots have uploaded 12 Jamboree videos on YouTube, continuing the legacy of the Harmonicoots. In addition, we have performed 145 caroling gigs for SRC shut-ins and neighborhood groups through the years.

Bud also taught harmonica classes for SCR residents. The first, a Diatonic endeavor, enrolled 47 students, and the second a, Chromatic class, had 27 students. Then 16 students—including Marla Shuman, President of the Sun City Singers — joined the Harmonicoots, giving the Coots a full orchestra sound. Excited about our

(cont' on page 7)

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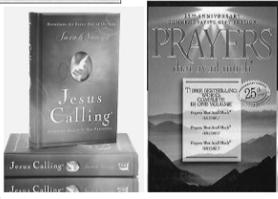
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# Neighborhood Watch/Citizens Patrol 2020 Census Scam

BY P. J. CONRADI

The census is coming. Yes, you are required to answer the questions, and, yes, the government is aware that scammers will leverage the opportunity. To avoid scams, you should understand the census process, census questions, their communication methods, and—how the Census Bureau is unwittingly enabling scammers.

**The Process** — Census documents should arrive by April 1. You can respond online, by phone, or by mail.

In May 2020, census takers will start visiting homes that have not responded, leaving door hangers if you aren't home or can't come to the door.

The Census Bureau may call you as part of a quality control effort, or if you're not home when a census taker stops by, or when a personal visit is not convenient. Calls will come from one of the Census Bureau's contact centers or from a field representative. **The Questions** — The census questionnaire only asks how many people reside in the home, their sex, age, race, ethnicity, relationships to one another, phone number, and whether you own or rent the home.

They will never require Social Security, banking/credit/financial, or citizenship information, or any payment.

**Three Scam Vehicles** —

- Phone Calls

The Census Bureau publishes a list of phone numbers from which you may receive a legitimate call, apparently thinking you will compare it to your caller ID. That is ridiculous—you are not going to do that.

But, scammers may well spoof those numbers so as to appear legitimate, & suggest that you can verify their number on line. My best advice is to ignore those calls, either by just not answering, or telling the caller you suspect identity theft and thus will not answer any questions. Even if the call is, in fact, for Census Bureau quality control, you are not required to answer such questions.

- Coming to Your Door

Census takers must show a photo ID from the Department of Commerce, and, if you ask, give you verification/contact information for a supervisor and/or the census regional office.

Fine, but—credentials can be forged and cohorts can feign being a supervisor.

- Email—is not used by the Census Bureau.

**Scam Avoidance** — My best advice is to simply complete the form, submit it, and be done with it. Thereafter, simply ignore anyone phoning or emailing about “the census” and call the police on any “census official” coming to your door.

### Important Phone Numbers —

P.J. Conradi, Citizen Patrol & Neighborhood Watch Director

Citizens Patrol Office: 774-3853 citizenspatrol@scrca.org

Neighborhood Watch Office: 774-3817 neighborhoodwatch@scrca.org

Roseville Police/Fire - Emergency: 9-1-1

From your cell phone: 916-786-6444 • Roseville Police Non-Emergency: 916-774-5000



## Harmonicoots

(cont' from page 5)

upcoming Tuesday, May 12, 2020, Jamboree, we are learning new songs and anticipating hearing headliner PT Gazell perform. PT has played professional harmonica for 40 years all around the world. He created his own half-valve harmonica line and teaches lessons on YouTube. He was nominated for three Emmy awards.

With 16 new members, along with seasoned players, the future looks extremely bright for the Harmonicoots.

## All Tuned Up

BY LETHA DAWSON

Musicians and guests enjoyed an evening of music and delicious food from Tahoe Joe's on Dec. 5th, 2019. Gerry Capellino, Dale Melberg, Cory Blasser, Lucy Martin, Patti Falkenberg, and Sandra Pugh, made the dinner party happen. While Gerry, Cory, Lucy, Patti, and Sandra decorated tables with centerpieces of Santa's reindeer, Dale got on his sleigh and carried back the tri-



Georgia at the piano with the gang.

tip and chicken. After dinner, musicians took their seats on stage and entertained ATU family and friends with instrumental numbers and a few Christmas favorites. It was a well-deserved time of relaxing for a group of music lovers who had worked hard during the year, improving their skills and technique on guitars, drums, harmonicas, keyboards, and ukuleles, not to mention voices. In two concerts during 2019, they brought their enthusiasm and love of music to the residents of Sun City, filling the ballroom with rock and roll, blues, and old standards. They enjoyed a break during this holiday season, visiting family and friends near and far, enjoying grand-children and

great-grand-children. This year, 2020, ATU will be refreshed and filled with ideas for their next concert for the community which is set for March 31st in the ballroom. Tickets will be on sale at Courier Days. If there's a favorite you'd like included in that concert, suggest it to an ATU member at our table.

Wishing you all a very happy and healthy 2020, from the musicians of All Tuned Up.

## Music and Laughter

BY JANE BOHN

Did you get to include lots of Music and Laughter into your holidays? We certainly hope so. Most importantly, now that we have approached a wonderful new year lets all plan to incorporate more of this merriment in 2020. For a start, be sure to pick up one of our flyers at the Clubs and Groups section located on the left wall as you enter our main lodge. Yes, our group is called Music and Laughter. We've provided pertinent information for you on the flyer including the times and dates we meet for the entire calendar year at the bottom. Our first gathering of this new year will be January 8, 2020. If you plan to attend you will no doubt recognize some of your neighbors ready to entertain you at our Open Mic format. Hey, you may even walk away with one of our prizes. The cost for this one hour show is a \$1 donation, which helps offset printing costs and prizes. Hey, our prizes include giving away cash! We always meet on the second Wednesday evening of each month at 7:00pm at our Sierra Pines lodge located at the corner of Del Webb Blvd. and Whistlestop Way. Ask around about our group and then bring your smiles and come join the fun. We'll happily greet you there.

## SCR Dance Club

BY LINDA AUG

If you weren't in the holiday mood before December 3, the Dance Club had a quick remedy for boosting your holiday spirit. "Getting in the Holiday Mood" was contagious once you entered the Timbers Ballroom on December 3 for the Dance Club's annual holiday dinner dance. Thank you to the talents of Gloria Nelson and her helpers for the sparkling red, green and gold

(cont' on page 13)



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## Ambassador Committee

BY DANA EGGERTS

Happy 2020! I hope everyone had a lovely holiday season and enjoys a healthy and happy new year. The Ambassadors celebrated our holiday party on December 19 at the home of Mary and Ron Onodera. It was a lot of fun celebrating with fellow Ambassadors and our spouses. Thanks Mary and Ron for hosting the event.

I am frequently asked, "What do the Ambassadors do?" Over the next few months, I'll share some information on each committee chair/co-chair job descriptions. The first two are: Rocklin and Roseville Chamber of Commerce. Two Ambassadors are appointed to each Chamber. It is their responsibility to ensure at least two ambassadors attend each monthly Chamber meeting. They bring Couriers, pens, trifold brochures and business cards for, Catering, Golf, Timbers Restaurant, and the Activities Director to hand out. Their focus is sharing information on our public facilities: golf courses, catering, facilities rental, and our restaurant and deli. Four times during the year they bring a \$25 Sun City gift certificate as a raffle prize. It's a great way to share some Sun City hospitality with a fellow chamber member. Last, but not least, they collect data on what is happening in each city, keeping the Ambassadors and our community up to date.

Our next meeting in Tuesday, January 21 at 2 pm in the Card Room. Everyone is welcome to attend.

## Compliance Committee

BY KATHY CASTEN

Happy New Year from Your Compliance Committee!

We are lucky to live in such a beautiful community. It is so nice to drive through our neighborhoods of well-maintained homes and yards. Your Compliance Committee appreciates and wants to thank you, our fellow residents, for everything you do maintain the exterior look of your property.

Our Committee is being highlighted during the month of January. So it is a good opportunity to tell you about some of our responsibilities. We have an important role in keeping Sun City Roseville beautiful. We are responsible for monitoring the community for properties that do not comply with the Governing Documents.

Each year, in accordance with our Committee Guidelines, we canvass the street view of each and every property. We agree with Community Standards on specifically

what we will canvass. For example, last year we checked for houses and fences that need painting. This year, we will finish up the house and fence paint project and will then canvass for artifacts.

Our Committee members also monitor week-end Open Houses on a rotation basis to ensure that realtors operate in compliance with the City of Roseville Sign Ordinance and our own Design Guidelines. You won't see numerous multicolored signs with balloons and spinners on our streets! Have you noticed that our community entrances are not littered with Open House signs on week-ends like other developments? We check that too as our Association places just one sign at major entrances announcing "Open Houses" are being held.

We can't thank our Community Standards Department enough for the guidance they provide to us throughout the year. Their mission statement is "to maintain the architectural integrity of the community through education of the Governing Documents and the promotion of Community, Consideration and

Respect." We work closely with them on the administration of compliance issues.

If you receive a phone call or letter regarding a compliance issue and have a question or need additional information, please call Ryan O'Connell, Assistant Director of Community Standards, on 916-774-3863.

Our Committee meets the second Tuesday of each month at 9:00 AM. If you would like to learn more about our important work, please attend one of our meetings. Residents are always welcome.

## Chartered Club Committee

BY DIANA RISCHLING

We all look forward to getting the Village Courier each month. The articles, pictures and Administration news keeps us informed and connected. And many of us take a few minutes during Courier Days and head off to the Lodge in search of a cup of coffee and the latest issue of this popular publication.

Courier Days are the first, second and third day of each month where we distribute the new Village Courier for the month, provide various information on the Courier table and open registration for new events and activities. You can also visit tables and speak with representatives of Clubs and Groups. Clubs and Groups are welcome and encouraged to host a table during Courier Days. A Club or

(cont' on page 9)



Compliance Committee

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## Chartered Club Committee

(cont' from page 8)

Group may choose to be present at one or all three days and choose what hours you would like to be at the table.

In order to book a table, please contact Kristen White, Senior Activities Assistant, at 916-774-3871 or email her at kristinw@scrca.org. She will need to know how many days you would like to participate, the size table (either 6' or a card table) and whether an easel is needed. The first and second days from 7:30am-noon are a suggested timeframe based on the typical traffic flow. Sponsoring a table is a great avenue to recruit new members, sell tickets for upcoming events or just keep your Club or Group in the public eye of Sun City!

## Sports Activity Committee

BY KAREN COCHRAN

At our last meeting, Bob Buckman, who is the tennis representative, reported that the tennis club has 164 members with 60 active players. The club recently traveled to Northstar as a group, for some tennis, food, wine, and fun... sounds like a really fun group. Bob is the person to contact if you have any questions or suggestions regarding tennis. He has volunteered over the years in a number



Bob Buckman



Tom May

of ways... as a member of the citizen's patrol and at Wood Creek High School as a timer at swim meets, and has co-chaired the food and beverage committee. He was drawn to the Sports Committee because he wants to make sure that the tennis club has a rep who has a first-hand perspective of issues for the group.

Tom May, the pickle ball representative, thanked the board and maintenance department for the resurfacing of the courts. They are of professional quality and we can host tournaments now. There are 54 pickle ball members currently, and they are always happy to welcome new players to the group. Tom has served as treasurer of the Men's Golf group, and on the Government Affairs Committee, and says "it is important to give back where you live." He also says that "beyond the exercise, pickle ball is like going to the Cheers Bar and seeing Woody, Norm, Carla, and they are always glad you came... and our troubles are all the same". If you have any questions or suggestions about pickle ball please contact

Tom.

Steve Gustafson attended our meeting and proposed adding corn hole as an amenity of the community. He mentioned that it is a growing and popular sport for active seniors. This suggestion will be on the agenda for the next meeting. If you have any interest in this idea, please contact Steve or attend our next meeting which will be January 13th at 8:30 in the Cedar Room.

## Sunshine Services

BY KAREN WALKUP

**H o l i d a y Luncheon:** By all accounts, Sunshine's Holiday Luncheon was a resounding success. Jennifer Martin, President of Sunshine Services, emceed the program which included a Sing-along with the Harmonicoots, led by Head Coot, Bud Gardner. The caterers, Randy Peters Catering, provided a memorable feast of chicken piccata, salad, risotto and dinner rolls, followed by an array of treats from the dessert cart handled by Amy Cho and Nancy Green. Pat Teilh and Donna Leitz operated our wine bar which helped some of us get through the challenging Christmas Quiz.

Deepest thanks to Rebecca Hellman, our Director of Hospitality, who organized everything from start to finish, collected all the door prizes, and designed the beautiful centerpieces. We are grateful, too, for Sue Sequeira and Bill Hunter, for helping with the room set-up and to Kim Faust and Tom Eccleston for distributing name tags and raffle tickets. Special thanks to Kyle Vodden who made the lovely table centerpieces and to

Linda Cilenti, Jean Eccleston and Joe Lopez for pitching in where needed. Be sure to patronize the businesses that contributed to the



Winners of the Christmas Quiz: Ken Landrum, Barbara Thompson, Colleen Tovey, Linda Breninger, David Breninger and Debbie Landrum.

fabulous door prizes: Life Options for Seniors - Pam Murphy; Bob Maughan, Real Estate; Pearl Nicolino, resident artist; Eskaton; Sue Sequeira, Excel Realty, Ambience Florist, Live Well at Home, Daycation, House to Home, Bristol Hospice, Bright Star Home Care, Century 21 - Michelle in Citrus Heights, and Bill Hunter, Excel Realty. Thanks to all who attended for supporting Sunshine Services.

Save the Date: Mark your calendars for Feb. 13th at 10:30am in Sierra Pines when motivational speaker, Cheewa James, presents "If It Is to Be, It Begins with Me," a powerful message about self-renewal.

*Thought for the Day: There must be quite a few things that a hot bath won't cure, but I don't know many of them— Sylvia Plath*



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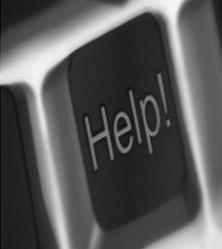
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<b>Grand/Star Princess ~ 2600 Passengers</b>	Feb 21, 2020	\$929	\$1,009	\$1,799
	Mar 7, 2020	\$929	\$1,009	\$1,899
	Apr 20, 2020	\$979	\$1,099	\$1,799
<b>Ruby Princess ~ 3080 Passengers</b>	Oct 24, 2020	\$1,399	\$1,599	\$2,399
Sail round trip from San Francisco, California to Kauai, Nawiliwili Hawaii; Honolulu, Hawaii; Maui, Lahaina, Hawaii; Hilo, Hawaii; Ensenada, Mexico, San Francisco, California.				
<b>*ROUND TRIP LINCOLN SHUTTLE TO SHIP!</b>				
<b>10 DAY ALASKA From SFO! Princess</b>	May 23, 2020	\$1,399	\$1,599	\$2,099
<b>Star Princess ~ 2600 Passengers</b>	Jun 22, 2020	\$1,499	\$1,699	\$2,499
	Jul 2, 2020	\$1,699	\$1,799	\$2,399
	Aug 11, 2020	\$1,399	\$1,599	\$2,299
Sail round trip from San Francisco, California to Juneau, Alaska; Skagway, Alaska; Hubbard Glacier, Alaska; Ketchikan, Alaska; Victoria, BC, Canada; San Francisco, California.				
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<b>7 DAY CA Coastal from SFO! Princess</b>	Mar 29, 2020	\$999	\$1,199	\$1,799
<b>Grand/Star Princess ~ 2600 Passengers</b>	Sep 20, 2020	\$999	\$1,099	\$1,399
	Oct 4, 2020	\$1,199	\$1,299	\$1,599
Sail round trip from San Francisco, California to Astoria, Oregon; Seattle, Washington; Vancouver, BC, Canada; Victoria, BC, Canada; San Francisco, California.				
<b>*ROUND TRIP LINCOLN SHUTTLE TO SHIP!</b>				
<b>10 DAY MEXICO From SFO! Princess</b>	Jan 12, 2020	\$759	\$899	S/O
<b>Grand Princess ~ 2600 Passengers</b>	Dec 13, 2020	\$999	\$1,199	\$1,599
Sail round trip from San Francisco, California to Puerto Vallarta, Mexico; Manzanillo, Mexico; Mazatlan, Mexico; Cabo San Lucas, Mexico; San Francisco, California.				
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<b>28 DAY Tahiti/Bora Bora Princess</b>	Oct 3, 2020	\$3,399	\$3,599	\$5,699
<b>Emerald Princess 3080 Passengers</b>	Mar 26, 2021	\$3,399	\$3,599	\$6,699
<b>Star Princess ~ 2600 Passengers</b>		<b>INCLUDES SACRAMENTO AIRFARE &amp; AIRPORT SHUTTLE!</b>		
Sail round trip from Los Angeles, CA to Hilo, Hawaii; Honolulu, Hawaii; Lahaina, Maui, Hawaii; Pago Pago, American Samoa; Apia, Western Samoa; Bora Bora, French Polynesia (2 Days); Papeete, Tahiti (2 Days); Moorea, French Polynesia.				
<b>31 DAY LOS ANGELES to LONDON Princess</b>	May 9, 2020	\$3,599	\$3,849	\$5,399
<b>Island Princess ~ 2200 Passengers</b>		<b>INCLUDES SACRAMENTO AIRFARE &amp; AIRPORT SHUTTLE!</b>		
Sail from Los Angeles, CA to Southampton (London), England visiting Puerto Vallarta, Mexico; Huatulco, Mexico; San Juan del Sur, Nicaragua; Puerto Caldera (Puntarenas), Costa Rica; Fuerte Amador, Panama; Full Transit of the Panama Canal; Cartagena, Columbia; Fort Lauderdale, Florida; Saint John's Canada; Reykjavik, Iceland; Isafjordur, Iceland; Faroe Islands (Torshavn), Denmark; London (Southampton), England. Ask about post cruise London hotels.				
<b>20 DAY Panama Canal Princess</b>	Apr 21, 2020	\$2,599	\$2,999	\$3,499
<b>Coral Princess ~ 2000 Passengers</b>		<b>INCLUDES SACRAMENTO AIRFARE &amp; AIRPORT SHUTTLE!</b>		
Sail round trip from Los Angeles, California to Huatulco, Mexico; Puerto Chiapas, Mexico; Puerto Quetzal, Guatemala; Transit the locks of the Panama Canal; Puntarenas, Costa Rica; San Juan del Sur, Nicaragua; Manzanillo, Mexico; Los Angeles, California.				



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**Various Ships ~ 190 Passengers                      INCLUDES DAILY EXCURSIONS SACRAMENTO AIRFARE & AIRPORT SHUTTLE!**

Sail from Amsterdam to Budapest visiting Kinderdijk, The Netherlands; Cologne, Koblenz, Wurzburg, Bamberg, Nuremberg, Regensburg & Passau, Germany; Melk & Vienna, Austria; Budapest, Hungary. Extensions available.

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CST # 2033380-40 January 2020 edition

## Favorite Restaurants



BY MARTIN GREEN

Denise Maziarz sent an e-mail that qualifies as a full-fledged restaurant review. She writes: "Four of us got together for lunch at the Pottery World Café at 11:30 am today. It is located at 4419 Granite Dr. in Rocklin. Their phone number is 916-624-8119 and their website is <http://www.potteryworldcafe.com>.

They serve breakfast from 8:00 am - 11:00 am and lunch from 11:00 am-3:30 pm. Service was professional, yet friendly. Our service had good knowledge of the lunch menu and was quick to bring our beverages and refills; 1 coffee, 1 iced tea, 1 water w/lemon and one glass of white wine.

Prices range from \$4.95 for a cup of soup to \$17.95 for a grilled salmon sandwich, and for a mahi mahi grilled cheese sandwich. They had 3 soups available today and they have different soups available each day. I had the Thai salad with spicy peanut dressing which I ordered to be put on the side. This salad was delicious, fresh and crunchy. The dressing had a fresh peanut flavor, a touch of acid, some heat to it, and was light and not salty. The salad base was fresh Romaine, shredded red cabbage, snow peas, rice noodles 2 ways, grilled chicken that was moist and tender, sesame seeds, and oven roasted cashews with no added salt. I would definitely order this again. I left with over 1/2 of the salad, enough for 2 more meals and they

packed up the dressing for me to take home separately, \$13.95.

Denise then goes on to specify what each of her friends, diners 2, 3 and 4 ordered. Diner 2 had the chicken salad sandwich with soup as her side. "She declared soup and salad utterly delicious." Diner 3 had the quiche lorraine "made with applewood bacon, onion and Swiss cheese." He chose the garden salad as his side. "The garden salad was so fresh and large that he ate that as his lunch and had them package the slice of Quiche for dinner tonight." The cost was \$12.95. Diner 4 had the spinach and artichoke quiche and a bowl of soup. "She ate her soup and took her Quiche home. She found her squash and apple based soup filling and delicious. \$12.95."

Denise went on: "We are all 'healthy eaters with healthy appetites' so portions are plentiful and the food delicious. Another item I would like to try is their warm peppered pastrami sandwich which comes with the choice of a side. \$13.95."

Denise liked their listing prices for their drinks and notes they have a display case with fresh desserts. The only drawback was parking but two persons directed customers to parking spots. She concludes: "5+ out of 5 stars for our entire group of 4."

There's nothing much to be added to this comprehensive review and endorsement. However, it so happens that Beverly and one of her lunch groups recently had lunch at the Pottery World Café and they also give it their endorsement. Beverly said the restaurant was pleasant, light and airy, tables, no booths.

She had the turkey cranberry sandwich and brought half back home. She also brought me the pastrami sandwich mentioned above. Needless to say, it was not like a New York deli pastrami sandwich but I'd rate it okay. Beverly says the three diners in her group who had the pastrami, which was warmed, all liked it, as did the other three who had the quiche with a soup or salad side.

The California Pizza Kitchen at The Fountains is another restaurant that Beverly and I went to in our early days here, and liked it as I recall, but we hadn't been back there since. Then recently, we went there with our LEO (Let's Eat Out) lunch group. The restaurant is medium-sized with booths and tables, is light with many windows and has a large bar area with two TVs.

California Pizza, as befitting its name, offers a large number of different types of pizzas. "California" pizzas include original bbq chicken, roasted garlic, California veggie, Hawaiian and pepperoni. "Globally-inspired" pizzas include Thai chicken, carne asada and chipotle chicken; then there are thin crust and gluten-free pizzas. Besides pizzas, the menu has several pasta dishes such as spaghetti Bolognese. "Main plates" include fire-grilled ribeye, roasted garlic chicken, cedar plank salmon and chicken Milanese. As can be seen, menu choices are not confined to just pizza. I don't recall what everyone had but all were satisfied with his or her selection, as was I with my spaghetti Bolognese. So, once again, I liked the California Pizza Kitchen. As mentioned above, it's in The Fountains. The address is

1190 Roseville Parkway; the phone number is 916-781-4950. Hours are: Sunday-Thursday, 11 AM-9 PM; Friday and Saturday, 11 AM-10 PM.

I've observed in previous columns that we have a number of very good breakfast and lunch places in our area. I've been meaning to mention the Granite Rock Grill in Rocklin, still another restaurant Beverly went to some time ago and which she went to fairly recently. The Granite Rock's menu is extensive, with just about every kind of breakfast dish you can think of. These include all kinds of eggs, omelets, Benedicts, flapjacks, waffles and French toast, plus gluten-free pancakes, bread and waffles.

An interesting thing about their menu is that every dish has a person's name, e.g., Tom's, for four strips of bacon or four links with two eggs; Grace's for a sausage patty and two eggs, Gary's for New York steak and two eggs; Kaya's for Belgian waffle. In addition to the many breakfast offerings, the menu has salads and soups, burgers and sandwiches. Some of the sandwiches are: Susan's clubhouse; Frank's Monte Cristo; and Casey's French dip. There's also a "Low Carbon Lover's Section" and a "Vegetarian's Choice." What Beverly especially likes is that her egg dish selection comes with a biscuit. The Granite Rock Grill's address is 5140 Pacific Street in Rocklin; the phone number is 916-625-9252. It's open seven days a week, 6 AM-2 PM.

The above illustrates once again, I think, the variety of eating places we have. To share your favorites, please e-mail me at [mgreensuncity@yahoo.com](mailto:mgreensuncity@yahoo.com). Thank you and bon appetit.

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# Executive Director Comments

## 2007 New Year Resolutions

BY EARL WIKLUND

For those of us trying to make the 2020 year more successful and meaningful than perhaps the last few, here is one of my better columns from January 2007 that I hope you will enjoy. This has become a January tradition. The things I wrote about then are still pertinent for me today and I hope for you as well:

How many of us make New Year Resolutions each year? I sit down at the end of each year, look at what I have accomplished in the current year and set resolutions for the New Year. I have been doing this for over 30 years and while I have not achieved each resolution, the majority of those I have attained have helped to shape the course of my life. I have to admit though; I have been losing the same 15 pounds for the past five years. But I also realize that many folks struggle with their resolutions so I have taken the liberty to develop a suggested list of ten resolutions you can use as a start.

I have always started with my physical well being so I have always (1) kept on schedule for annual physicals; sort of a preventative program. Closely aligned with this resolution is to be sure (2) that I am getting my proper exercise which helps to make the doctor visits go more smoothly. Walking the common area and preserves, club activities or visiting our Fitness Center should be of help for you on

this resolution. Especially with the new classes at the Fitness Center that have been added. While you're there, check to see if they are planning a seminar on (3) healthy eating and maintaining a proper diet. After all, you are what you eat. Visit the Timbers Restaurant to enjoy a fine meal and get that glass of red wine that they say is so good for the heart.

Trying to (4) learn something new each day is a game I have played for many years. Keeping the mind active can keep us alert for a longer period of time. Another way to do this is to (5) read at least twelve books during the year ... subject matter aren't important but comic books don't count. Here is your chance to read our governing documents for extra credit. One of the most fulfilling resolutions is to (6) volunteer your time, service and talent for a worthwhile cause. Whether it is a local charity, the Sun City Foundation or one of our Association committees, volunteering is very satisfying and reinvigorating. I have always struggled with (7) attending at least four cultural events each year. You might want to join the Activities Department for their next field trip to the new DeYoung Museum as one of your cultural events. Okay, a trip to the casinos in Reno gets you half credit.

Always a believer of the adage of (8) 'use it or lose it', I have always been very active.

Maintaining a certain positive daily routine, pace and involvement within your limits is a mental energy builder. We can all stay active by participating in the daily activities offered through our clubs. Take up golf; that really can be a mind teaser. While you are interacting with other residents and staff, give consideration to (9) doing a good deed for someone else each day. What a great feeling; especially if the good deed is done secretly. And remember, (10) you are as happy as you make your mind up to be on any day. Be happy and enjoy this New Year and all that our Community offers.

### AARP – Free Tax Return Preparation Sun City Roseville

AARP volunteers will prepare and electronically file Federal and State income tax returns for low-to-middle income seniors at the SCR Lodge Computer Room on Sundays. There is no charge for this services which is sponsored by the IRS and AARP. Volunteers are tested and certified annually and are trained for most returns. Real estate rentals, K-1s for limited partnerships, and complex small business returns are a few of the exceptions. Appointments are required and can be made by calling 916-741-0506. The appointment line will be open starting on January 14. Your call will be recorded on an answering machine and an AARP volunteer will return the call to schedule your appointment.

### SCR Dance Club

(cont' from page 7)

centerpieces and twinkling décor throughout the ballroom. Also spreading cheer was DJ Jim Keener. The dance floor was full and the mood festive as guests rocked, rolled and swooned to dance tunes for all to enjoy.

The highlight of the evening came from our very own Sun City Dance Club performers as they clogged, tapped, waltzed, jazzed and boot-scooted for all the guests. All performances were show-stoppers as the crowd cheered and clapped. In 2019 a new dance class started in Sun City taught by Susie Harper. The Sun City Tappers are a group of beginning tap dancers, most of whom have never tapped before. This group performed for the very first time on December 3 as they tapped to "New York New York".



The Sun City Tappers (L to R) - Judy Bickell, Janice Fortuna, Judy Ball, Linda Aug, Janet King, Susie Harper, Jan Gimblin, Phyllis Melberg, Shelly Winters and Carolyn Johnson. We look forward to more performances!

(cont' on page 13)



# LITTLE WOMEN

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**Allan Knee**

Music by  
**Jason Howland**

Lyrics by  
**Mindi Dickstein**

**Based on the novel by Louisa May Alcott**

Directed by Kelly Anne Dunn

Choreography by Jeff Teague

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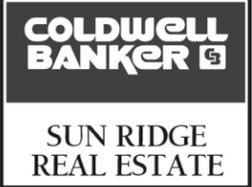
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### SCR Dance Club

(cont' from page 13)

The Dance Club invites you to join them in 2020. Keep in mind there are many beginner groups, such as Beginning Tap, Beginning Clogging, and Line Dance Level 1.

Check the flyer kiosk in the lobby for locations and times of classes. It is a great way to exercise, meet friends and as we all know, take off a few holiday pounds!

Happy New Year to all and here's hoping to see you on the dance floor.

• • •

### Creative Arts

BY RITA ZANZINGER

It's Wednesday morning and I wake up with a stuffy nose and a headache. Time for me to get going and proceed to the Creative Arts Club despite my headache.

My brain is in high gear as I contemplate what I want to work on this day. Driving along Del Webb Avenue I wonder if I have my notes from the free workshop on stains and glazes?

Arriving at the Creative Art's room, Pam Jacobson and Juanita Stonebraker are busy removing bisque ware from the kiln. Their friendly greeting meets me as I enter the room. I'm also warmly greeted by the other early bird potters. I see that Cheryl Finley has rolled out a slab of clay, Jeanne Reigel is working on her pinch-pots and Carol Langan is applying glaze to her bowl.

Our display window has been redecorated

for the month by the other Carol (Carol Berger) so I step out into the hallway and take a few minutes to admire the work of my fellow classmates. I'm always amazed at the creative work and ideas that are produced here. (Stop by and take-a-look. Some items may even be for sale!)

Back inside I settle down to working on my clay project when suddenly the classroom lights begin to flash on and off. Oh, it's June Evans, our Creative Arts Club President. She makes announcements on future workshops, meetings and events coming our way. (I'll sign-up for Pam Jacobson's free workshop on "How to use the Clay Extruder")

Wow, three hours have gone by. (Time flies when you're having fun.) If you want to experience creativity and a friendly atmosphere stop by the Creative Arts Club room. As for my headache, well, it disappeared sometime between 9 a.m. and 12 noon.

• • •

### Fine Arts Club

BY JEAN STEPHENS

The big news for our club is the Annual Fine Arts Show at Timber Lodge Ballroom and Art Room Gallery. Save the date of March 20, 21, 2020. This will be a Friday evening show and no host reception. It will continue all-day Saturday. Our artists have been super busy this year, painting wonderful pictures for you enjoy. Choose your favorite

(cont' on page 15)

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### Fine Arts Club

(cont' from page 14)

and vote. Of course, they are all for purchase.

For the meeting in February, we will enjoy Connie McLennan as demonstrator. She uses oil for her paintings. She lives in northern California with her family. The talented painter is also well known for her illustrations in advertising and more recently for children's books. But wait there's more.

She has 13 illustrated books and has also become an author. Now that's a bit of juggling lifestyle.

There are new plans for the progress of our monthly meeting. Please plan to attend. February 13, 1:00 pm in the Fine Arts Room

• • •

### Needle Arts

BY CAROLYN DESANTIS

Here we are in 2020 and so much happened in 2019. In summary, I would like to say a big thank you to those who organized



Members of the Needle Arts Holiday Home Tour Committee.

and put on the Holiday Home Tour. Shirley Conzelmann, Karen Porter, Ruth Berger, Marianne Kruze, Barbara Aaberg, Darlene Hegerle, Dianna Anderson, Judy Singleton, Linda Breninger and CJ Kidd.

We also want to thank our home owners for graciously opening their homes for us to view. They were: Cheril and Michael Langley, Susan and Jerry Mehring, Brenda & James Azavedo, Kathi and Andy Stropkai, Linda and Darryl Huismann, Kay Thompson and Carl Agnew.

Next I'd like you to know the things Needle Arts has done for charities. We gave to the Sun City Foundation, Stand Up Placer, Salvation Army, and Sierra College.

In addition to 57 quilts, with coordinating pillowcases, 55 afghans, 10 pairs of handmade slippers, 56 hats, 38 scarves, Judy Dolls donated dolls, outfits and mini quilts in addition and 23 Christmas stockings. The Knitting and Crochet Group collected \$450 throughout the year to fill the stockings. Sew Chix also contributed to our stocking project.

One of our special interest groups made Quilts of Valor for our veterans, another group donated sets of pots and pans to the Home Start Program and one of our knitting groups has been making octopuses for premie babies. If I missed any one I apologize!

See you at our Friday, January 3 General Meeting at 1:30pm.

Needle Arts wishes everyone a Happy and Healthy 2020. Cheers!!!

• • •

### Heartland Group

BY RAYANN GOLDA

January 25, 2020 (Saturday) means it's Chili Time at the Heartland Group. Also featured will be Cornbread, Salad and Dessert. Elvis Presley will again make an appearance just for us!

It will be held as always at Sierra Pines at 6:00 pm. The cost will be \$12 per person or \$15 for resident nonmembers. You can mail your check to "Heartland Club" Ray Ille, 5416 Campcreek Loop, Roseville, CA 95747. Phone: 916-780-1660. Membership is \$3 per resident per year.

The Heartland Group is open to all Activity Card (previously referred to as Association Membership Card) residents of Sun City. We think you will be comfortable with the group whether you are single or couples. There you have it; a mix of residents who come to have some fun. You won't be disappointed.

The Heartland Group meets four times a year usually on the last Saturday of January, April, July, and October. The membership year runs from July to July.

Happy New Year!

Questions: Joe Flores (President) 1-916-580-3787.

• • •

### International Social Group

BY CYNTHIA SINDREY,

The International Social Group will be starting off 2020 with a 'Bringing In The New Year' dinner and entertainment by Cocuzzi Duet at Sierra View Country Club. This event has always been popular with our members and guests and rides are available for those who need one. Flyers have been mailed to our members and they are also available on the rack at the lodge.

The recent 'International Pot Luck' dinner with entertainment by Mike Branson was a hit. The dinner had dishes from all over the world and we sang and danced to the music provided. Please watch for the upcoming events of which the March meeting we will be having a 'Mardi Gras' celebration, then moving on to May we will have 'Tiptoe Through the Tulips' when we will be honoring Holland.

The group is purely social and our members enjoy eating and being entertained. The dues are \$10 per person for 2020 and if our members haven't paid their dues yet please submit them as soon as possible. New member applications are also available at the lodge.

For further information please contact: Cynthia Sindrey, President 916-773-5151 or Gini Christiansen 916-772-0506.

• • •

(more Club News cont' on page 16)



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### Travel Club

BY GWEN MYERS

Many thanks to Norma Jones and Claudine O'Dell for chairing the Holiday Party!

We hope you have enjoyed relaxing holidays and are ready to travel in 2020!! Plan to attend the January 27th General Membership Meeting. Collette's Jay Fehan will present and take questions on the latest 2020 tours and 2021 planning opportunities.



2020 Tours —

February 11 - 24: "Treasures of Egypt" (Closed)

April 14 - 20: "Two-Steppin Thru Texas", featuring San Antonio with Festival (Open);

Contact: Phyllis Melberg: pmmelberg@surewest.net, 916-789-0478

April 28 - 6 May: "Tulip River Cruise" (Open); Contact: Phyllis Melberg: pmmelberg@surewest.net, 916-789-0478

July 13 - 20: "Crystal Symphony Cruise – Scandinavian Splendors," Stockholm to Dover (Open); Contact: Beverly Lewis, bevlewis@outlook.com, 916-740-3695

August 2 - 6: "Seattle, San Juan Island – Friday Harbor, Boeing Tour, Whale watching, & Victoria BC" (Open); Contact: Gregg Hutchison, gkhutch@sbcglogal.net, 916-740-3695

September 18 - 29: "Croatia & It's Islands" (Closed)

September 30 - 5 October: "Albuquerque Balloon Festival and Santa Fe" (Open); Contact: Barbara Wells, barbwells@comcast.net, 916-773-1881

October 12 - 20: "Niagara Falls and New York City" (Open – a few seats left);

Contact: Valarie Rice, rice741916@comcast.net, 916-771-5661

2021 Tours —

Your help is needed to plan for 2021, attend the next Planning meeting on January 7th to review and provide input to current travel considerations including:

January: "Costa Rica" (9 days) with 4 days Night Jungle Adventure option

March: "Spain's Classics & Portugal" (14 days)

May: "Canyon Country" featuring Arizona & Utah (8 days)

August: "Exploring Scotland & Ireland" featuring "The Royal Edinburgh Military Tattoo" (13 days)

October: "Autumn in Vermont" featuring Lake Champlain and the Adirondacks (7 days)

December: "Nashville & the Smokey Mountains Holiday" featuring Gatlinburg & Ashville (8 days)

Meetings —

Planning: Jan. 7, 1:30 pm - Club Room

Council: Jan. 27, 2020 at 1:30 pm - Ball Room

General: Jan. 27, 2020 at 3:00 pm - Ball Room

• • •

### Postage Stamp Group

BY TIM MILES

It's 2020 already and the holiday season is over. With the New Year, we have our meeting locations finalized for January and February. All the meetings will all be held at the Sun City Lodge meeting rooms (7050 Del Webb Blvd.). The January meetings will be Tuesday nights at 6:30 pm on January 7 and January 28. Our February meetings will be on Tuesdays at 6:30 pm. The dates will be February 11 and February 25. We get together twice a month and parking is abundant and immediately available.

Don't forget the "after-holiday" dinner we are having at the meeting room location at Sun City Lodge on Thursday January 16. Contact June Stark to make arrangements to attend. The folks at Timbers at the Lodge Restaurant will be serving us a wonderful meal.

Meetings start 6:30 pm and usually are finished by 8:45 pm. We have door prizes, silent auctions by various members involving anything philatelic, presentations

by various members, instant appraisals are available, and anything philatelic is open for discussion. Whatever your stamp "riddle" is, our members stand ready to solve it.

If you have an "old" collection up in your closet, feel free to bring the collection to a meeting and you can get a 2020 "ballpark estimate" of it's value. For further information, feel free to call Al Capparelli at 916-771-8288. Our annual club dues are minimal if you desire to get re-involved in the hobby. Everyone is welcome at our meetings.

• • •

### Singles

BY DAWN BECK

The New Year is here and we all have resolutions to make our life and the rest of the world better. There is so much that can be done easily such as smiling more and making new friends. That's why Singles is such a great organization. Invite new neighbors and old friends who are now single and need a boost in their lives.

For the January meeting we will be in the ballroom on Mondays instead of Wednesdays at 6:00pm. Seems strange after so many years of Wednesdays, but we can adapt and have just as much fun in the lounge after the meeting.

Our January social is on Saturday, January 18 at 6:00pm, and it is an opportunity to start cleaning and organizing for 2020. Take something you don't need, dress it up with fancy packaging and bring it to the White

(cont' on page 17)

## 2019 SALES PORTFOLIO

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2019 was an incredibly profitable year for homeowners. I assisted numerous homeowners in selling their homes, many of which sold for more than asking price. Below are some of my successful sales from 2019. If you are thinking of selling or buying in the near future, please don't hesitate to give me a call at 916-213-1320.

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**SOLD FOR \$373,000/33k Over Asking**  
7237 Clearview, Timberrose

**My Buyer Saved \$11,500**  
4635 Wanderlust Loop, Yosemite

**My Buyer saved \$4,900**  
7512 Whistlestop, Delta Breeze

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**Singles**

(cont' from page 16)

Elephant Party. It's a potluck and you can sign up at the January 6 meeting.

Adah has requested that if you pay at the door, please pay by check (payable to SCR Singles Club for \$12) or have the exact dollar amount. Guests pay \$14. This makes the check-in so much easier. Please call Katie Keefe at 916-230-7800 or Dawn Beck at 916-771-5645 to make reservations if you can't come to the meeting. Reservations are accepted until noon on January 16. Please bring your own beer and wine.

Marina Tan has planned another wonderful dinner at China Villa on Monday, January 20. It is a real feast for \$19 and includes a glass of wine. You can make a reservation at the meeting or send a check to Marina at 4209 Rose Creek Road by January 16.

Anyone living single in Sun City is eligible to join Singles. Don't forget Canasta, Hand and Foot and Mexican Train to play and make new friends.

• • •

**Boomer Generation**

BY CAROLE MCCULLOUGH

I am writing this month's article with my pants a little tighter, promising myself I will get outside and walk this afternoon... oh all that rich eating and parties.

As you read this article, I hope you have purchased your ticket to the Boomer

Generation After Holiday Party, January 25, 2020. A fun evening is planned featuring a Chinese New Year theme and a delicious dinner. We will dance to The Rhythm Method 4.

As we start the New Year, I would like to thank our volunteer Event Coordinator, Barbara Victorino. Barbara planned all our 2019 Boomer Generation Events. If your see Barbara please let her know how much she is appreciated. Volunteer is one of the privileges living here in Sun City Roseville and part of what makes our events successful.

There are numerous events happening in 2020 please attend the Boomer Generation meetings to hear what is being planned. Council meeting is January 14, 2020 (Timbers Lodge) and the General meeting is February 20, 2020 (Sierra Pines). We will be electing new council members in 2020, come to a meeting and decide which volunteer position suits you. Goodies are always served at the meetings!

Featured SIG (Special Interest Group): Many of the SIG groups celebrated the Christmas Holidays. The Book Club celebrated with a holiday game night. I heard everyone enjoyed the evening. For more information on the SIG groups browse the Boomer Generation Website. There is a SIG for everyone and if not please feel free to start a new SIG.

Looking forward to writing about our 2020 happenings!

• • •

**Veterans and Patriots Club**

BY PAUL REGNIER

Happy New Year! Out with the old and in with the new! Hey, wait just a minute. Many things happened last year; we did get older, our club changed its title adding "Patriots", Mike Wedemeyer took command and some of our lost and often forgotten soldiers have returned home to start their eternal rest. May GOD bless us all.

Our out-going President, Donald (Lee) Shaefer will be missed. He has accomplished so much. Our new President is hitting the ground running. We have also lost our Sunshine and Condolence Chair, Rose Marie Schaefer. Rose Marie never missed an opportunity to give a card to those that were "down". Many times, members tell about the feelings they received from getting these caring cards. It is amazing how much a little good can do! Manny Hirschel, our long time Events Coordinator and information guru, has stepped down. Manny has been here so long and been involved in so many events that his story cannot be told in just an article. Manny was, is and will be one of my mentors.

Our monthly meetings now start around 10:00 AM on the first Wednesday of each month. Please come early to enjoy coffee, donuts and laughter. Our meetings often feature a speaker leaving us with items to ponder or hurdles to navigate. Come prepared to smile, laugh and be challenged. One never knows?

Adding "Patriots" to our title places

attention on all those that support our Veterans and country but are not given a place to call "their own". If you have ideas for new or different events tell any officer. If you want to lend a helping hand, in a small or large way, just whisper. We're all in this together. See you on the course, down the trail or at our meetings. God Bless.

• • •

**Republican Group**

BY CAROLE VAILLANCOURT

Happy 2020! As is our policy we do not meet in January. Our next meeting is Thursday, 6 February 7pm at Sierra Pines, (refreshments at 6:45). We are organizing a forum for Republican candidates running for local, state, and federal positions prior to the California primary. This is a great opportunity to meet the candidates!

The Club & Group News Bulletin Board in the Timbers lobby is kept up to date with our current meeting notice, and also contains our Mission Statement that incorporates a membership application for perusal.

We are proud to report that again we welcomed several new members.

Volunteers continue to represent our Group on Courier Day, which has resulted in an increase in membership. Members are encouraged to participate in this activity, it only involves a 3-hour commitment usually once a year. Place call Janice Shreve at 916-773-1816 if interested.

For more info regarding our active group, or becoming a member please call Carole 916-781-2468.

• • • (cont' on page 18)




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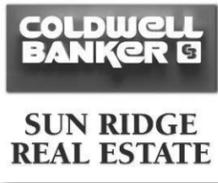
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### SCR Democrats Club

BY TONI FISHER

As we begin a new year and new decade, we look forward to promoting good ideas and actions which will benefit all in our region and our country. We will work to support those candidates who will represent our hopes for a less divisive world and be capable of accomplishing that. We will continue to monitor and share our thoughts and concerns with both the City Council and the County Board as well as with those serving us in state and national offices. This is on track to be a year of greater activity and we're ready to go!



Our monthly meetings, from 9:30-11:30am on the fourth Wednesday of the month at Sierra Pines, will have a variety of informative programs on local issues as well as opportunities to get better acquainted with the candidates when they visit our group. This will be an opportunity for our members to decide if they might work to assist the campaigns of

the candidates in a variety of ways.

Before we jump in to 2020, we wish to thank everyone who joined us at our Holiday Brunch in December, bringing an amazing variety of tasty food to share and who added to the happy atmosphere as we socialized and got to know our many new members and each other better. A highlight again this year was the amazing number of gifts, nearly one hundred, donated by our members for the Woodbridge School Giving Tree Program. This is just another way that we show our commitment to the community that has welcomed us.

...

### Computer Club

BY P.J. PALMER

General Meeting – Monday, JANUARY 27, 10:00am in Ballroom. JERROD, DMV Senior Ombudsman will be talking about Senior Driving Safety and the REAL ID program.

Everyone is welcome at this meeting.

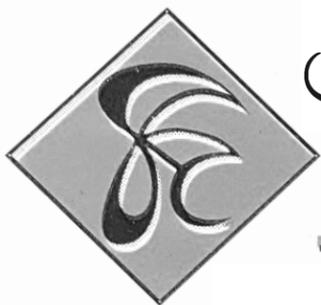
Council Meeting – Monday, January 27, 9:00am in Computer Room.

Special Interest Groups (SIGs):

Digital Imaging and Editing – January 3: First Friday, 10:00am, Computer Room. Explore Camera Usage. Learn to edit, process images, and improve photos on your computer. Call Charlyn Ross at 916-772-1447.

Genealogy – January 9: Second Thursday, 2:00-3:30pm in the Card Room.

PC Forum – MAY be held January 2: First Thursday 3:00pm in Computer Room. Do you have a Topic for more advanced



*Happy New Year!*

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computer users, that you need help with? All are welcome.

Android Phone Help – Friday, January 17 in Computer Room for help with Android Phone and Tablet help with Tom Gottdiner 1-3pm.

All 'Bout Apple –Tuesday, January 14: Second Tuesday, 2:00pm, in Computer Room. All user levels of MAC computer, iPad and iPhone. Information: Charlyn Ross, 772-1447 or Dennis Studer, 899-8221.

Photo Sig – January 17: Third Friday, 10:00 am, Computer Room.

January's theme is OPEN — Anything Goes\* but is time frame limited: Photos must be taken within 12 months prior to theme for the SIG meeting; i.e. January 2020 entries can only go back as far as January 2019. Members email up to three photos to PhotoSIG916@gmail.com by January 13th. Contact Dennis Studer-yostuder@yahoo.com or 919-899-8221 to leave a message or for a call back.

idevices – Wednesday, January 22 Fourth Wednesday 6:00pm in Computer Room. You can get help with your iphone in Computer Room most Tuesdays 9:30am-12:00pm or call for an appointment.

Please double check the room and time of your favorite meeting as they may have changed! Direct Line to Computer Room — 916-771-7032

Also, our Calendars and SIG meeting notices are on the Sun City Website, scres.org

• • •

### Rods and Relics

BY ELNA RAGAN

There are no Car Shows in December due to the wintery weather. We did not hold a General Business Meeting this month. Instead, we enjoyed an evening of fun and friendship at the Christmas Party, held on Sunday, December 1 in the Orchard Creek Ballroom in Sun City, Lincoln. The food was delicious, the games we played were challenging, and the music provided by the Fun Company was wonderful to listen to and dance to. Club members provided two large overflowing boxes of presents for Toys for Tots!

There were two breakfast get-togethers at the Twelve Bridges Waffle Farm Restaurant on the 10th and the 24th. Club members also got together for a relaxing evening of friendship at Old Town Pizza on the 11th. It is always fun to sit with different Club members and get to know them better.

We are always looking for new members! If you own a 1975 or older American-made or American-powered vehicle and enjoy getting together with like-minded auto enthusiasts, come out to the get-togethers listed below! Check out our website and become a member of our Car Club!

We hope you had a very Merry Christmas and a safe, happy, and healthy New Year!

Upcoming Events —

January 16: General Business Meeting. Dinner is available from 5:00 p.m. on and may be followed by a speaker at 6:00 p.m. The General Business Meeting starts at 6:15 p.m.

Club members will be notified of the location. Non-members, please call the Club President listed below for that information.

January 7, 21: Breakfast at the Waffle Farm in the Twelve Bridges Shopping Center. Members start arriving at 7:45 a.m. Join us for a tasty breakfast and to catch up on Car Club-related news.

Contacts: Chuck Barnhart, President 916-543-7301 or Mike Carvidi, Membership Director 707-849-2834

Website: www.rodsnrelics.net

• • •

### SCR Birders

BY JANET MORELLI

Birders enjoyed perfect bird watching weather on their scheduled field trips the first and third Thursdays of October. On November 7, the birders visited Effie Yeaw Nature Center in Carmichael where they saw many of the same bird species that reside in our area (California Towhee, Oak Titmouse, Lesser Goldfinch, and Wood Duck, among others).

On November 21, the Birders drove to one of their favorite bird watching sites, Gray Lodge Wildlife Area, east of the towns of Live Oak and Gridley where they identified 34 species. Many of the ponds were packed with migrating Geese (Snow, White-fronted and Ross') and others were populated with Northern Pintails, Northern Shovelers, Teals (Blue-winged and Cinnamon), Gadwalls, American Widgeons and other ducks.

The first scheduled Birding field trip in 2020 will be to Consumnes River Preserve

in Galt on January 2. For this trip, bring binoculars or a good camera, wear warm clothing, a lunch to eat at the picnic tables at the Visitor Center, and \$6 for your car pool driver. Meet in the Timbers' lobby at 8:15am.

The next trip in January will be to the Lincoln Water Treatment Plant on Fiddymont Road. Bird watching on this trip will be by automobile with occasional stops around the ponds to get a better view of the waterfowl. Last year, about this same time the Birders identified 29 species here, including Double-crested Cormorants, Buffleheads, Gadwalls, Snowy Egrets, and Northern Mockingbirds. Birders will meet in the Timbers' lobby at 8:15am for this trip.

The Birders' Schedule of field trips for the rest of this season (until May 21), can be found on the Birders' webpage on the scres.org website.

For more information, call Janet Zeitman at 916-771-5235 or Janet Morelli at 916-782-6393.

• • •

### SCR Hiking Group

BY PETE GRADY

January 2020 Hikes. Remember the meeting time change to 8:45 AM.

Join us to try out hiking. You can hike 3 times without joining.

We meet every Thursday at 8:45 AM in the Tennis Court Parking Lot.

Carpooling is organized for the drive to the Trail Head.

(cont' on page 21)



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Wednesday - Friday 11-9  
Saturday & Sunday 11-5

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## SCR Hiking Group

(cont' from page 19)

Rides vary in cost as do the hike distance and difficulty.

Please go to the SCR Website and Hiking Group to get more details on the hikes.

January 2 – Sweetwater Trail. #4 (easy). 5.6 Miles. \$6.00 Ride.

January 9 – Lake Clementine View. #4 (easy to moderate) 5 Miles. \$6.00 Ride.

January 16 – Cronan Ranch. #5 (moderate). 6.5 Miles. \$6.00 Ride.

January 23 – Foresthill Divide. #4/4.5 (easy/moderate). 5.75/6.5 Miles. One way – car shuttle. \$6.00 Ride.

January 30 – Beales Point to Granite Bay. #4 (easy). 6 Miles. \$6.00 Ride.

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## Cycling Club

BY DIANA RISCHLING

Brilliant blue skies, rumbling ocean waves and the calls of sea birds greeted club member who traveled down the Pacific coast in late Fall. Moss Landing was the first stop on this year's Monterey bike adventure. After a hearty lunch at Phil's Fish House cyclist made their way along the coastal bike trail to our destination hotel in downtown Monterey. Our social committee, Lori Javor, Elizabeth Gustafson and Ginny Taylor arranged for happy hours, dinners and lunches at restaurants within walking distances from the hotel so we were able to take advantage of some of Monterey many interesting diversions including a sidewalk beer garden, unique shops, and a Tuesday craft and food market that was truly captivating. Cycling took us along the magnificent coast, some to Pebble Beach Golf Course where we enjoyed coffee and pastries on the patio overlooking the 18th green, while



Dale and June Neill and Elaine Turnbull ready for a Monterey ride.

others lengthened their trip along 17-Mile Drive to visit Carmel. Thanks to additional organizers Quentin Miller, Seamus Flanagan, and Craig Morkert. This was a memorable experience for all, including Craig who will likely never again forget to bring his helmet, cycling shoes, and sun glasses, when leaving on a cycling trip.

Closer to home, Dori Zuchold and Elaine Turnbull continue rides with the SC Rovers group. They meet on Wednesdays at 9:00am. If you want to learn the basics of riding safely a group you are encouraged to contact either leader for details about this opportunity. And although the weather has reminded us that California does experience a cooler season, cycle club members will still regularly be out for their daily and weekend rides. Weekday rides leave the tennis courts at 8:00am and the Sunday ride is usually planned for 8:30am. Hope see you out there!

• • •

## Senior Softball

BY RICHARD EPTING

January is certainly an exciting month. It starts on New Year's Day and continues through the NFL playoffs and ends with the ultimate sporting event, the Super Bowl on February 2. January is also an exciting month for Senior Softball, for it marks the beginning of our "Spring Training". Practices will begin on Wednesday, January 9, and will be held on every Wednesday throughout the month. They will continue each Wednesday, through the month of February, and if coaches agree, an additional practice might be added on Mondays. These practices will be held at Mahan Field in Roseville. Mahan Field is located on Amington Blvd. (If you go west on Pleasant Grove past Fiddymont, turn left at the church steeple and you will see the field.)

Our league has created a new Senior Softball website. At this time it's in its infancy, but we hope that in a very short time you will be able to get all pertinent information concerning our league there. You can find our website at rosevillesseniorsoftball.org. It should become a valuable source of information for all. Anyone who is new to Sun City and would like to join our softball league can call Richard Epting at 916 918-2161. Senior Softball is a great way to stay in shape, a wonderful way to meet new friends, and most importantly, it's fun!

• • •

## Pickleball

BY BOB VERZELLO

Watch your e-mail for announcements about the many different issues that were on the agenda for the December business meeting. Most important was the election of new Board members. Also included was discussion about dues changes, a new ball machine, leaf blower, shed, clothing hooks, web site, bank account and Club shirts.

Outgoing president Gary Pyle did it again! In October, he won a silver medal in singles and a gold medal in mixed doubles when competing at the Huntsman Senior Games in St. George, Utah. And, in November he won a silver medal at the National Championships held at the Tennis Garden in Indio, CA. These tournaments attracted hundreds of competitors, so these were significant accomplishments.

If you are interested in playing in tournaments, you can ask Gary how to go about it. And, on the internet you can find information about tournaments at pickleballtournaments.com and USAPA.org.

Tom May noted that Barney McCallum, last of the three founders of the sport of pickleball, passed away recently at the age of 93. Barney was inducted into the Pickleball Hall of Fame in 2017. You can find out more about Barney and the origins of the game at USAPA.org.

Playing Tip: Make sure your partner is in position and ready before serving. It is also polite to make sure the opponents are ready to receive your serve. And both teams need to look around to make sure no balls from the other courts are rolling into your playing area before beginning play.

The server should announce the score before serving and do it loud enough for the other team to hear. There are three numbers to announce: your score, opponents' score, and whether you are server one or two for your team.

• • •

## Croquet Club

BY JANE MCNALLY

November brought Croquet club members together for our final general meeting of 2019 and a seasonal year-end celebration. We elected our council for 2020: President Louisa Maglione; Vice President Barbara Stearns;

Secretary Janice Shreve; Treasurer Vicki Sauer. Our group thanked our elected officers for volunteering with a champagne toast. Their agreeing to continue to fulfill the duties of club officers are appreciated.



Following the meeting, Debbie Phillips and Sally Wander, with the help of club members, presented us with a delicious, catered Italian dinner from Pete's Restaurant. The dessert, little petit fours, was decadent. Then Patrick Maglione surprised us by giving our table teams Christmas puzzles to figure out. What a great way to warm up the group and to get us to put our heads together. We are used to playing croquet in teams, but Patrick helped the group interact on a social level and get to know each other better.

We are looking forward to having a full court six-wicket croquet tournament in the Spring.

Although we have a full-sized regulation croquet court, it has been divided in half, one side for six-wicket and the other for nine wicket. The full court challenge will be to hit the ball farther with increased accuracy. Croquet is a game of tactics and skills, the aim of the game is to maneuver both your own and opponent's ball in order to score points, while at the same time restricting their chances to do the same. The game which was introduced back in the 1850s became a great success and grew in popularity across the UK.

Croquet Trivia: Croquet was held as an Olympic sport only once, at the Paris games in 1900. The reason it was cancelled? Something about croquet not being a spectator sport.

Watch us some morning.

• • •

(more Club News cont' on page 22)

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### He & She Golf Club

BY KATHIE DE VITO

The Silver Holiday party held on December 6 was a roaring success thanks to Linda Ryan and her team of helpers. Thanks to all attendees for supporting the club.



Great company, great food and great music...who could ask for anything more?

November Play Results:

Sierra Pines (9 holes)

November 4 — 1st: Gary & Irma Beckman, Bernie Gould and Sharon Nagel. 2nd: Bob & Pat Horning and Steve & Elizabeth Gustafson. 3rd: Dirk & Kathy Fowler and Rudy & Bev Warrington. 4th: Jim Ryan, Heidi Gongaware and Bob & Frankie Lee Schesser.

November 18 — 1st: Bob & Pat Horning and Bob & Frankie Lee Schesser. 2nd: Dirk & Kathy Fowler and Gary & Irma Beckman 3rd: Don Brooks, Heidi Gongaware, Dale Bailey and Chris Bernasconi. 4th: Bob Niznik, Denise Gilbert, Bernie Gould and Sharon Nagel.

CTP: Women: 1st - Pat Horning 33'5" 2nd - Kathy Fowler 40'3"

Men: 1st - Mike Bubbico 18'3" 2nd - Bob

Schesser 21'9"

Timber Creek (18 holes)

November 4 — 1st: Cary Diskin, Kathy Lekman, Frank Path + Blind Draw. 2nd: Jim Dachauer, Wally Barr, Steve Hennessey and Dot McKee. 3rd: Bill & Barbara Wells, Victor Tom and Kathie De Vito.

CTP: Barbara Berry 34'6" and Jim Sherrard 15'6"

November 18 — 1st: Bob & Minell Fredricks, Ray Ortega and Janet Smith. 2nd: Rich Aug, Kathie De Vito Jim Sherrard and Vernita Hillwig. 3rd: Ken Berry, Suzie Everett, Jim Dachauer and Wally Barr.

CTP: Suzie Everett 2'5" and Sol LaBrada 6'11"

• • •

### Sierra Pines Ladies Golf

BY LYNNDA DUNN

I trust y'all enjoyed a wonderful time with family and friends during the holidays. How quickly that time together is behind us. My wish for y'all is to enjoy those warm and fuzzy feelings now and throughout the coming new year.

Such pleasant memories of the festive Holiday Luncheon organized by Karen Hawkins and Jule Moorman assisted by their committee. Each year we anxiously wait to hear who receives the awards and this year



our Head Pro, Derek announced the winners.

This year's Putt for Points winners were as follows:

Zinfandel Group, First Place Arlene Lizotte, Second Place BJ Dumm, and Third Place Marge Donnelly

Sauvignon Group, First Place Rhonda Bubbico, Second Place Shelby Rosen, and Third Place Janet Morelli

Chardonnay Group, First Place Heidi Gongaware, Second Place Pam Hemingway, and Third Place Barbara Simon

Pinot Noir Group, First Place Aud Bair, Second Place Gail Raglen, and Third Place Pat Llapitan

Eclectic Winners for 2019 —

Flight A First Place Heidi Gongaware, Second Place Kathy Fowler, and Third Place Barbara Simon

Flight B First Place Mary Ann Chittick, Second Place Monica Konkell, and Third Place Sharon Lee-Giesser

Flight C First Place Theresa Howard, Second Place Frankie Lee Schesser, and Third Place Zoanne Skala

Flight D First Place Janet King, Second Place Sharon Young, and Third Place Pati Struble

White Tee First Place Shelby Rosen, Second Place Aud Bair

Most Chip Ins for 2019 Aud Bair

Most Birdies for 2019 Heidi Gongaware

Most Improved Player of 2019 Annette Eastman

Congratulations, y'all are awesome!

Must not forget those ladies who made

Chip Ins in November. Marge Donnelly, Kyle Vodden, Cathy Hurst, Pam Skarg, Janet King, Jane Monahan, Kathy Fowler, and Penni Hansen

November Birdies Wendy Suter, Cathy Hurst, and Sharon Lee-Giesser

Council Meets Wednesday, January 8 t the Pines Clubhouse at 2:00pm. Anyone is welcome to attend.

General Meeting is at the Pines Clubhouse at 2:00pm January 15. A good time to get additional answers about the "World Handicap System" if you have questions after reading the handout available in the Pines. Everyone should receive an email on January 6 with details and your converted handicap.

Tee time is 9:00am for everyone. No excuses even have time for that second cup of coffee.

My heartfelt wishes to each of you for a healthy, happy 2020!

• • •

### Timber Creek Women's Golf Club

BY BARBARA MILLS

Happy New Year, 2020! First, a big "thank you" to Cookie Hennager, our 2019 out-going Captain for a great year! The newly elected officers for 2020 are: Captain, Vernita Hillwig; Co-Captain, Cheryl Simmons; Secretary, Robin Shaffer; and Treasurer, Barbara Treleaven.

We certainly need the rain but it was disappointing to cancel our annual Holly Jolly

(cont' on page 23)



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**Timber Creek Women's Golf Club**  
(cont' from page 22)

Tournament in December.

The Most Improved Players for November are: Cindy Murphy (1st Flight); Minell Fredricks (2nd Flight); and Nell Shull (3rd Flight).

Our Holiday Luncheon was held on December 11 in the Ballroom to celebrate the many accomplishments made this year. Awards were presented for Birdie/Chip-in winners, Eclectic awards, and the most-improved golfer in three flights based on the player's handicap index at the beginning of the year versus their ending handicap index. The most coveted award was presented to the Most-Improved Golfer of the Year (to be named in the February Courier). For our Christmas charity this year Captain Cookie Hennager chose the American Diabetes Foundation.

A special "thank you" to our Committee Chairs for their dedication and support in



Outgoing Captain: Cookie Hennager with 2020 Council: Cheryl Simmons, Robin Shaffer, and Barbara Treleven.

2019: Carol Roden, Tournaments; Maggie Altnow, Handicapper; Gail Quintel and Lynne Peaslee, Membership; Cheryl Simmons and Sherrill Pahl, Rules; Paula Hau, Hospitality; Minell Fredricks, Directory; Kathy Casten, Web Site; Sherill Pahl, E-mail; Barbara Mills, Media; Nancy Gould, Parliamentarian; and Gail Quintel, Holiday Luncheon.

January is the start of posting Chip-Ins and Birdies continuing through October. Be sure to record them in the book in the posting room by the Pro Shop.

As the New Year begins, we are reminded of the wonderful community we live in and all the advantages we enjoy here. We welcome any new lady golfers to contact us for membership and we have Big Sisters eager to mentor you.

**Timber Creek Men's Golf Club**  
BY TOM DEVITT

The Timber Creek Men's Golf Club (TCMGC) held the annual Turkey Trot tournament on Nov 10. There was a full field and 80% of the players were given payouts. Some notable scores were recorded. Leon Dean had a net 60 and Sid Treleven scored a net 61. Low gross for the day was scored by Kent Hilburn with a score of 70. The club participated in the Rose Cup which is a yearly competition between the 4 golf clubs in Roseville. Those clubs are Timber Creek GC, Sierra View GC, Woodcreek GC and Diamond Oaks GC. After 21 years and no victories, the Timber Creek team of TCMGC members came home with the Rose Cup trophy. The

team captain was Derek Zackman. Team members were Ian Glass, Roger Exline, Tony Garcia, John Woodbury, Steve Spivey, Terry Reigelsperger, Ted Allen, Steve Fernandez, Joey Mastrantonio, Ron Mascioveccio. Congratulations to all the team members. The installation process for the 2020 slate of officers was completed. The TCMGC officers for 2020 will be Ken Hansen President, Tony King Vice President, Tom May Treasurer and Steve Spivey Secretary. Richard McGinnis recorded a Hole in One on Nov 26th on the 6th hole of Timber Creek using a 9 iron. Congratulations to Rich. Applications for 2020 TCMGC membership can be found on the SCR web site or in the pro shop. Over half of the TCMGC members contribute their time and effort to run the various events that make the TCMGC a success. As this year comes to an end we would like to thank all the members of the TCMGC for their participation and cooperation...

There is no TCMGC General meeting in January. The next General Meeting of the TCMGC will be on Wednesday February 5th, 2020 at 800am at Sierra Pines.

**Golden Niners**

BY RALPH FRIEND

It's now December and our shift to a 9:00 am shotgun start has begun. It is early for the 10:00 am players and later for the 8:00 am players, but we will all get used to it for the Winter! In our first December "frost delayed" game, we started a bit later, which means we had a later ending. Many of the players were

unable to play due to the cold, frosty morning. It was a cart path only game as well!

In the month of November, we had a total of 78 winners in our weekly tournaments. A total of \$765.00 was delivered to the Pro Shop to be credited to the winners.

The big winners for the month were: Art Osterback \$34, Bill Goodwin \$34, Bob Daly \$27, Sam Holsinger \$20, Lyn Massie \$19, Pat McDonald \$18, Tom Peck, Gary Wolf, and Bill Ledoux \$17, Jim Ryan, Bob White, and Walt Bromby \$16.

The Golden Niners held their second annual Christmas Breakfast on December 18 in the ballroom. There were over 115 members who signed up for the event.

We continue to have new members join the Golden Niners. Be sure to introduce yourself, welcome them and be sure to get them connected with one of their starting hole team members before you leave them!

Remember what Phil said..."The Niners are about enjoying the game of golf with as little hassle as possible." Let's show that spirit to our new members!

**Tennis Club**

BY DIANE BARNETT

Over one hundred Tennis Club members dressed in their finest attire attended the Tennis Club Christmas Party on December 9th to meet, greet and eat with good friends. We danced to wonderful music by Crystal Image and photographs were taken by our resident

(cont' on page 25)



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## SCR Foundation

(cont' from page 1)

our monthly meetings and then perform the specific duties as needed throughout the rest of the month.

At the top of the list of openings is the Home Maintenance Director. This Director oversees the six rotating two-man teams who respond to resident requests for various services. In addition to establishing the teams and occasionally scheduling a substitute for a team member, the Director restocks the supply of materials in the van; creates a monthly report of services provided for each Board meeting and the tally of these on an annual basis; oversees the periodic maintenance of the service van; and manages the budgeted funds for these uses. Some past Directors have served as a team member, but this is not a requirement.

Second of the open positions is that of Board Secretary. As most secretaries do, the minutes of the monthly meeting are recorded and shared the following month for approval. The Foundation's minutes are historically brief, recording only those details that must be retained for future reference along with any official actions of the Board. The Secretary maintains the official binders of past meeting minutes and agendas.

Lastly, a new Public Relations Director is needed since at this time the role is being filled by the current Chair who previously served in

that position. The main responsibility is writing a monthly article for the Courier, describing the Foundation's work to inform and, hopefully, to earn the support of all residents. Additionally, this position is responsible for creating and posting descriptive flyers that inform residents of specific services and fundraising efforts.

The Board of Directors enjoy a collegial working relationship with each other and the meetings are filled with shared suggestions aimed at assisting each other as we work to further the Foundation's beneficial impact. Please contact me at 916.783.0327 if you're considering joining us!



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### Tennis Club

(cont' from page 23)

Photographer, John Desmond (not John "Dixon") as inadvertently reported by me in the December Courier. Sorry John!

Pictured are 4 long time residents and Tennis Club members Phil and Janet Zietman and Bob and Sharon Buckman. Did you know that the Zietmans played a major role in organizing the Tennis Club back in 1996 with "a little help from 33 friends who also loved the game of tennis?" Did you also know that the first Tennis Club meeting originated in their home while the group anxiously awaited the completion of the Tennis Courts so they could hold their first ever Tournament?



Zoom forward to 2020. Now that a new year is upon us, did you make a New Year's resolution? Resolutions come in many forms. Some people make a promise to change a bad habit while others make a promise to develop a positive habit, like beginning an exercise program, eating less junk food or volunteering to serve in the Tennis Club or in our Community. We live in a Community filled with golden opportunities to join Clubs, make new friends and enrich the lives of others. This community was named "Sun" City for a good reason. As 2020 begins, may all of us in the Tennis Club make a resolution to bring sunshine into the peoples lives that we touch! Begin by joining the the Tennis Club! We want to meet and get to know you. Have a healthy, peaceful and blessed 2020.

### Table Tennis

BY KAREN YEATES

Welcome to 2020! And hopefully you have your calendar marked for January 8 which is our annual potluck get together at Sierra Pines. We look forward to a great evening of

food, fun and fellowship. With a honey baked ham, turkey, and 2 types of lasagna and great desserts on the menu along with all your additional side dishes, there will be plenty of food. There will also be opportunities to win something. Don't forget to turn in a high school era picture of yourself if you haven't already.

Now that the new year is here, it's time to make some resolutions, right? So why not come out and get involved in table tennis. It provides excellent exercise, it's not weather dependent, and it's a chance to have some fun with your fellow residents. We play at Sierra Pines on Tuesdays and Thursdays 2:00pm-5:00pm and Saturdays 9:30am-noon. Not sure it's for you? You can still come and observe, then decide. What have you got to lose?

### SCR Billiards Club

BY GERRY CRISTONI

A sign up sheet has been posted to the President's board for volunteers to be club officers for the year 2020/2021.

Don't forget to mark your calendar for the next general membership meeting. Wednesday, February 20th, 1:00pm, in the Club Room.

The November tournament winners were:  
Men's 9 Ball: Norm Pilliard, Ken Neal and Jerry Crosby

Men's Open 8 Ball: Ken Neal  
Men Only 8 Ball: Paul Garcia and Tom Gonzales

### Tuesday SS Bowling League

BY JOHN VOGELI

Hi bowling fans, before I get you up to date on the latest league news I would like to congratulate a couple of bowlers. On November 19th our league had our Thanksgiving "Split-O-Rama" contest. The bowlers that won a gift certificate of \$25 from Raley's were Vonda Ortiz from the "Terrible 2's" and Owen Brosh of "EZ Duz IT", congratulations to you both. December 17th will be the last day of regular league play for the year since we will be off for the Holidays. Our first week back will be our roll-off for position round. At this writing "Terrible 2's" (Joe Ortiz, Vonda Ortiz, Karol Rich, Dennis Cirrone) lead "EZ Duz It" (Bernie Pratt, Patrick Heredia, Pete Farrar, Owen Brosh)

and "Roll X" (Anita Miller, Helen Rodante, Jack Uchman, Rex Miller) by 3 points. This next week could see quite a shake-up, good luck to all.

Dave Harriman of "Shuda Been" leads the league and men in scoring average with a 225, followed by Roy Hackman of "4-2-Win" with a 209 average. The womens high average is 169 by PK Lewis of "We Don't Care" followed closely by Claudia DeHart of "Pin Pals" with a 168 average. Good bowling Ladies and Gentlemen. In the team categories, "Shuda Been" (John Cho, Jeff Mattimoe, Dave Harriman) lead the Team Scratch series with a 2358, Team Scratch game is led by "We Don't Care" (Ellen Asbury, Richard Armentrout, CJ Johnson, PK Lewis) with a 866. Team Handicap series goes to "Rock'n Bowl" (Gene Garman, Jill Munyan, Mike Becze, Dale Mellberg) with a 2770. "Roll X" with a 988 series leads in the Team Handicap Game. In the Individual categories; Mens High Scratch series is held by Dave Harriman of "Shuda Been" with a 743, Mens High Scratch game is by Ron Basnett of "4-2-Win" with a perfect 300, accomplished December 17th, congratulations. The Womens High Scratch series is 612 by PK Lewis of "We Don't Care", with the Womens High Scratch game is Wendy Green of "Kelly Green Machine".

The mens High Handicap series is led by CJ Johnson of "We Don't Care" with a 783. Mens High Handicap game is Mike Becze and Dale Mellberg with a 298, both bowl with "Rock'n Bowl". Womens High Handicap series goes to Linda Buechner of "Good Times" with a 784, and the Womens High Handicap game belongs to Sandy Manildi of "The Dawgs" with a 274. The Mens most improved bowler with a plus 10 to his average is Jim Helton of "Alley Gators", and the Womens most improved bowler is Laura Silva of "Spare Us Da Split" with a plus 10 on her average. At the start of the New Year and Decade, we will have another half season to go. So if anyone out there would like to meet new friends in the coming year and enjoy some competition contact Stacy Pudge at Strikes Unlimited in Rocklin at 916-626-6361. You may also contact our league secretary Linda Zierman at 916-408-2397 or lzierman@sbcglobal.net. We bowl Tuesdays from 9:30- 12:30, check us out.

### Bridge Club

BY COLLEEN TOVEY

December is party time for the Bridge Club. First, the pot luck luncheon held December 5 at Sierra Pines. Thanks to Joan Donlon and Sylvia Richlin for organizing the event. Bridge winners were 1) Social Bridge: first, Dolores Huenger, second, Eileen Mulligan, and third, Edna Zissler; and 2) Duplicate Bridge: N/S first Charles and Donna Gulland, second Sally Traweek and Arlene Coakley, third Judith Shively and Colleen Tovey; E/W first Judy Bace and Bob Yarrigle, second Susan and Dick Pankopf, third Jean Eccleston and Sharon Crowder.



Other social events in December included the Holiday Luncheon on December 16th and a New Years Eve party. Thanks to all volunteers who helped.

Arlene and Michael Coakley have been a big part of the Bridge Club since they moved to Sun City in 1998. Arlene served as President five terms, chaired many luncheons, was club manager and membership chairman. Michael was in charge of the duplimate and fixed computer problems. Although we shall miss them, we wish them well in their next adventure.

To fill the positions the Coakleys held, the following positions have been filled by Theresa Leonard, Membership; Dave Bucher, Web Master; and Brence Davis, Club Manager.

Do you want to learn how to play bridge? A new class taught by Suzanne Rollinson will begin in February. There is a signup sheet in the Card Room, or you may call Sue Tuana.

(more Club News cont' on page 29)

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## BULLETIN BOARD

### JANUARY / FEBRUARY ONGOING —

#### Introduction to Line Dance

Never line-danced or just want to brush up?

Come to Sierra Pines, Saturday January 11, 2020 for a 2 hour

Introduction to Line Dancing. Sign-in is at 12:45 p.m.

Cost is: \$3. Bill Swayne will be the instructor. Join us for a fun afternoon. For added information call Bill Swayne at 916-772-1156. This class is sponsored by the Sun City Dance Club.

#### Play Reading Group Forming

If you've got a little ham in you, or if you're psychologically-minded, or if you're a student of world drama, or if you're a lover of Broadway, Sac Theatre Company, the Sophia, or Cap Stage, this new group may be just what you've been hoping for—a monthly play-reading, or theatre production group. Calling all interested actors, readers, drama critics, live-theatre lovers, and retired drama teachers. Contact Letha Dawson, by email at lethadawson@gmail.com, if you'd like to get in on the stage floor and create a monthly gathering of like-minded thespians.

#### Sunshine Programs

Home from the hospital, live alone and need assistance? Sunshine Services' Individual Care Program offers 40 hours of care per year. Our Caregiver Relief Program offers 4 hours of respite per week for 2 years for 24/7 caregivers of residents who can't be left alone. There's a \$5.00 per hr. co-pay for both programs which employ licensed home health workers. Call Melissa Shelton-Kinoshita at 916-865-4913 for details.

#### Dial-A-Ride Tickets!

Sunshine Services sell Dial A Ride tickets in the Lodge Lobby. Tickets are sold the first Thursday of the month from 8:30 - 10:30 am. Funded by SCR Foundation, tickets cost residents \$10 for 10 one way-rides.

### All Tuned Up

All Tuned Up meets every Thursday, 9-10:45 A.M., at Sierra Pines, Ponderosa Room. All musicians are welcome. Sun City Roseville has a lot of talent. We want people with and without instruments. Come and sing or just listen. For more information, call Letha Dawson at 916-872-8019.

### Do you speak French and/or Spanish?

FRENCH - 3rd Tuesday 2-4 PM. SPANISH - 3rd Wednesday 2-4 PM. Have fun retaining or improving your language skills with videos, games and other activities. Fluency not required, but some knowledge of the language is helpful as activities are not lessons. - Sandy Haley sjhwme@comcast.net, 792-2881.

### Tuesday Evening Men's Poker

Got the Tuesday night blues, how much idol and reality TV can you watch! All right I made my spiel, come on down to the lodge and join us in the poker room from 6 to 9:30pm for some friendly action of poker. Our games are 95% "split the pots" and remember we don't have a yearly dues. Questions, give me a call Ed Day at 771-0638.

### Grief Support Group

If you are experiencing grief, loss, or transition, you may be able to find support and encouragement as you grieve and heal.

Diane Wilson, Health and Wellness Chaplain, is available to receive Individual Grief Support telephone calls and emails.

Karen Bolte, Sutter Health Bereavement Chaplain facilitates the Sunshine Services Grief Support Group, which meets on the 2nd Wednesday of each month, 9:30 to 11:00 a.m., in the Club Room. Please contact either of us at 916-837-1109 for further information and questions about the group, or to schedule an appointment for individual support.

### Alzheimer's Support Group

Alzheimer's Support Group meets the 3rd Thursday of each month, 6:30pm at SCR main lodge.

### COMMUNITY —

#### Semper Fi Association

The Semper Fi Association meets the first Monday of the month at 9:00 am at the Legends Restaurant at Woodcreek Golf Course, 5800 Woodcreek Oaks Blvd. in Roseville. Come early to purchase breakfast before the meeting. For more info: Semper Fi Association: Don Witt, Public Relations Chairman, Phone: 916-573-1704 Ext: 0001. Email: semperfiassociation@gmail.com Web: www.semperfiassociation.org Marines and Navy Corpsmen especially invited. Hope to see you there.

#### Sons In Retirement Branch 13

Sons In Retirement Branch 13 (Lincoln/Roseville) will hold its monthly luncheon on Tuesday, January 21 at Catta Verdera Country Club, 1111 Catta Verdera Drive in Lincoln. A three course gourmet lunch costs \$20pp. Arrive at 11:30 AM; luncheon adjourns at 1:30 PM. Sons In Retirement is a fun social group dedicated to promoting the camaraderie of retired men. If you are interested in joining SIR or attending the luncheon as a guest, please contact Chet Winton at 916-408-8708.

#### Sons in Retirement Branch 98

The Rocklin/Roseville Branch of SIR meets monthly on the 2nd Wednesday in the ball room of the Timbers at Sun City Roseville beginning at 10:30a.m. Join retirees for fellowship, lunch, golf, fishing, cards, and even bocce ball... many other activities also available. Call Tom Werth at 782-3536 for more information.

#### Retired Law Enforcement

Retired Law Enforcement Officers Group — Our members are either retired or active law enforcement officers and we have quarterly breakfast meeting with guest speakers. Please join us for some camaraderie with America's finest. Contact Chuck Schmidt, RLEO Coordinator: 530cems@gmail.com

### Parkinson's Support Group

If you have been diagnosed with Parkinson's Disease or care for someone who has, we invite you to join us at the monthly West Roseville Parkinson's Support Group for informational and inspirational discussions with others on the journey.

4th Tuesday, 2:30 pm – 4:00 pm  
Sierra Pointe Senior Living  
5161 Foothills Blvd., Roseville

Contact for more information: Jim Morris 916-359-4859. Parkinson Association of Northern California: 916-357-6641

### Senior Peer Counseling

Senior Peer Counseling provides free, inhome peer support; to Placer County residents age 55+ who are experiencing depression, anxiety, substance abuse, family conflict, change in independence and other age-related adjustment issues. Please call: 916-787-8859.

### Essential Tremor Support

Essential Tremor will now be meeting on the first Saturday at Kaiser Permanente, 1600 Eureka Rd, Roseville Woman's and Children's building B16. Our meeting starts at 10AM. For further information call Paula Lavin 771-4866.

### Go Big Red!

Stanford Friends, Family, and Alums — The Sacramento Stanford Association wants to reach people in our area for upcoming events. Future events include such activities as wine tasting, viewing sports events at area establishments, Stanford speakers, and the Roseville Sun City Annual Art Show in March.

If you want to be in touch with Friends, Family, and Stanford Alums and learn more about our local events, contact Pam Wilkinson at: PamMWilkinson@gmail.com, or 916-772-0559.

### Woman's Club of Lincoln

Woman's Club of Lincoln meets the 4th Tuesday of every month, 12:00PM, Social followed by a meeting and program. 499 E Street, Lincoln. Everyone welcome, no admission free.

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**Meet the “Twins” – Kathy and Debbie**

*(cont' from page 1)*

daughter married and still resides in Billings. Although they enjoyed a lifestyle of fishing, backpacking and canoeing, after eleven years of cold weather, including snow drifts up to the tops of telephone poles, they secured a transfer and moved to Loomis. Both worked in the federal building complex on Cottage Way in Sacramento. Regardless, her other daughter met a man from Montana, married him, and moved with him to Montana.

Rob retired from the B of R in 2011, with Kathy following in 2012. Electing to chase after their kids and grandkids, they went back to Montana and built a home. After three years, they reconciled their choices, and the severe Montana winters again pushed them back to this area. They moved into Sun City Roseville in 2015. They now have nine grandchildren, and visits to Montana result—but not during the winters.

Debbie went to high school with her husband, Gordon Rusaw, who was two years ahead of her, but they did not meet until after he graduated. It was not until she went with her family to their Lake Tahoe area cabin for skiing, along with another family they knew that had a nearby cabin, that they were introduced. Gordon had gone with a buddy who was a son of the other family. They began dating, and soon after Debbie graduated, they married. They had a son and a daughter, and continued living in West Sacramento. Gordon was an electrician and all-around handyman/craftsman. In 1986, they moved to an acre of land in Elverta, because they wanted to try the small farm lifestyle, raising chickens and vegetables and so on, and Gordon could create a large shop. Along this journey, they gained two granddaughters.

When Debbie approached Sun City's legal



*Gorden Rusaw, Rob and Kathy Schroeder and Debbie Rusaw — Circa 2015.*



*Debbie and Gordon Rusaw*



*Kathy and Rob Schroeder*

age, she began trying to convince Gordon that they should move here. When Kathy and Rob moved into Sun City Roseville, the persuading increased in intensity. After eleven years of coaxing, he agreed. The sisters would enjoy living close to each other, he knew, he and Rob would get along famously, so it seemed time to trade the tool shop for a golf cart. Being an avid golfer—Gordon has had two holes-in-one. The first one had eight witnesses, but he got off free because the course lounge was closed for renovation—the courses here helped him make the decision. They bought a home, and moved in with Rob and Kathy while the home was remodeled. Debbie's comfort chair now resides precisely where a wall had been.

The restored proximity of the sisters rekindled their amusement at how confused some folks can get over the fact that they remain remarkable look-alikes. Debbie recently hurt her foot, a fact that came to the attention of a friend at church. When he ran into Kathy at the bocce courts—you guessed it—he asked her how her foot was doing. Kathy knew about Debbie's injury, of course, and politely

explained, but they later had a good laugh over the continuing saga of mistaken, however well-meaning, identification.

Debbie recalls another recent occasion when she was walking down the street in Sacramento, and a lady yelled out “Kathy, Kathy” as she ran toward her. At first, Debbie thought the lady was acting strange, but as it was obvious she was focused on Debbie, Debbie realized it was yet another instance brought about by looking so very much like Kathy. It turned out that the lady was a former co-worker from Kathy's Cottage Way days. Debbie thought she might have to display her driver's license to assure the lady that she was not Kathy.

Both sisters enjoy painting with water colors. Debbie and Gordon are also musicians. He plays acoustic guitar and she plays bass guitar. Both sing and write songs, one of which you can find on YouTube audios, “Could Have Used a Friend Last Night”. They have performed as a duo at the Cherry Island Golf Course lounge and at other small clubs. Perhaps we may see them in a variety show in a Timbers Creek Ballroom near you.

The sisters and their husbands thoroughly enjoy the Sun City Roseville lifestyle, from golf, to the arts, to bocce. Once people learn that they are not twins, the inevitable question seeks to learn which one is the oldest. Their standard answer is, “One of us.” Of course, bocce scorekeeping can be difficult when it is not certain which sister rolled her ball closest to the pallino, but, at least they do not dress alike. And, because their Sun City Roseville way of life is also ours, they hope to meet many fellow residents to be able to share the fun their sameness has yielded for so many years.

.....  
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**Mah Jongg**

BY CINDY FAULKNER

It is time to put your order in for the new 2020 cards. The cost is \$8 for the small card and \$9 for the large card. We encourage all Mah Jongg players to purchase their card from the club since the National Mah Jongg League returns \$1 of each card purchased through the club to the charity of our choice, Sun City Foundation. This year we raised \$156.00 for the foundation just by buying our cards. You do not have to be a member of the club to purchase your card and the card will be mailed directly to your home about April 1, 2020. The sign-up sheet will be in the card room on both Mondays and Fridays or you can mail your check to Annette Pettersen, 332 Station Ct. 360 281-1205. Last day to purchase card is January 20, 2020.

All members are requested to wear name badges to assist our newest members to get acquainted with everyone at all Mah Jongg events. Play continues on Monday from 12:30 pm to 3:30 pm and on Friday from 9:00 am to 12:00 pm with lunch in the Timbers for whoever wants to join us.

All Mah Jongg play is fragrance free.

**Bunco**

BY PAT OBERLANDER

Winners for November 11 — Most Buncos: Geri Panyko. Most Games: Margrit Grenier. Booby: Susan Lynch.

Winners for November 25 — Most Buncos: Yoshi Pulgar. Most Games: Diane Vargas. Booby: Bev Woods.

Happy New Year! Let's ring in 2020 with a new resolution... get out of that house and come play bunco with us! We play on the 2nd and 4th Mondays of each month. Sign-in starts at 8:30am and we start playing at 9am. It's a great way to meet neighbors and lots of fun.

You don't have to commit to every time, but once you start, you'll be hooked. We'd love to have you... all you need to know is how to roll dice! Hope to see you soon!



*Bunco Winners.*

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# Observations on This and That

BY MARTIN GREEN

**More Observations on the Cruise:** In last month's column I wrote that there might be more observations on the cruise Beverly and I recently took. I've noted all of the LLA's (Life's Little Annoyances) and TGH's (Things Guaranteed to Happen, usually bad) that happened on the cruise. I also noted that Beverly said the cruise had some good aspects, such as her not having to cook or clean for a week. Another good negative aspect was that we didn't have to cope with robocalls for a week.

**Robocalls:** This cruise benefit was brought home when as soon as we returned home we were greeted by a barrage of robocalls, as if the robocallers were just waiting for us to come back. One in particular was more than a LLO; it became a major annoyance. This was supposedly from Apple telling us we had some kind of problem with our Cloud and that we should call a certain number. The call was repeated daily and then on one Saturday seemed to come every ten minutes. What made it even more annoying is that we knew the calls were fraudulent (I'd checked with Apple) and were a fishing expedition to get information so that they could swindle us out of money. I finally called our phone carrier to see if they could block this number and was told they couldn't and in any case the number we had might not be the one the scammers were calling from as evidently they could disguise it. This is a sorry state of affairs. Certainly we must

have the technical skills to do something about such calls. Congress is supposedly considering doing something and we know how that will go---nowhere. The phone carrier told me they were working with the FTC; I hope they'll work harder.

**More Misadventures in Technoland:** robocalls were not the only problem we had to contend with. More recently an e-mail problem cropped up. I've been getting my e-mails on my iPad as well as on my computer ever since getting the Pad. Then one day after I'd pressed the Mail icon on the Pad as always, the e-mails came up on the screen for an instant and then disappeared. The next day the e-mails stayed around and I thought there'd been a temporary glitch. However, the next day the e-mails disappeared again. I fooled around with this for a while and got to a point where I had to put in my Yahoo password. I've written here before that it's a rule in Technoland that whatever password you put in it will be deemed to be invalid. This rule of course is to drive hapless users like myself to be crazy and maybe buy a new iPad. Sure enough, the password I put in didn't pass muster.

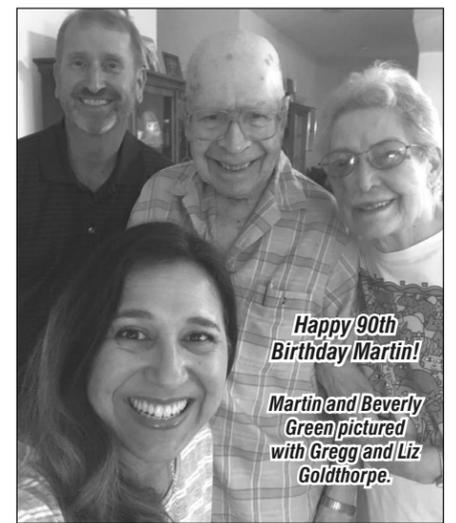
In desperation, I called Yahoo and got a nice fellow with an Indian accent who was sure he could fix the problem. He'd give me a temporary password to put in and then a permanent one that would be good for both Pad and computer. He assured me that my

computer e-mails would be okay. However, once again Yahoo deemed the password, even if temporary, invalid. This stopped that effort. The Yahoo tech guy was undeterred. He told me to go to my computer and under his direction I got to a Yahoo support screen and he led me through various steps I can't remember but at the end this method also failed to work. He then wanted to pass me on to a higher level tech guy but I'd already spent half an hour on this so I declined and told him I'd live with no e-mails on my Pad as long as I had them on my computer.

**Post-Cruise Doings:** The above may give the impression that after our cruise, with its rough seas, it was rough going in the Green household. This wasn't entirely true as we then had a visit from our son Chris, his wife Flindie, our grandson Logan, and our granddaughter Stephanie, from Ireland. As readers know, a family visit means a lot of activity and a change from your usual retired routine. Among other things, we went to Apple Hill and to Quarry Park in Rocklin. Apple Hill, even on a weekday, was more crowded than ever. Whoever had the idea of forming an association of those apple growers hit upon a winner. Quarry Park is in, not surprisingly, a quarry, which I guess has always been there in Rocklin. It still looks like a quarry but now there are zip lines over it as well as shaky-looking bridges, rock climbing, a free-fall with a rope and maybe a few other things. Our grandkids, with Mason and Morgan joining in, clad in hardhats and safety vests, all had a good time. Mindful that President Bush had celebrated his birthdays by jumping out of

an airplane and having a birthday coming up I was tempted to join in. However, I quickly thought better of it, especially since even just watching my grandkids made me a little nervous.

**A Pending Birthday:** Okay, I've mentioned a birthday and I wrote last month that I might have something to say about it. Last year, with my 89th pending I observed that I believed there'd been an arithmetical error somewhere and I couldn't be that age. I feel the same way now that my 90th is coming up. Still, I suppose I have to accept this as fact. Fortunately, I know several other 90-year-olds here in Sun City so I know there is life after 90 and I'll go on as before, hobbling around as best I can, trying to ignore my aches and pains and writing my "Observations."



Happy 90th Birthday Martin!

Martin and Beverly Green pictured with Gregg and Liz Goldthorpe.



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Three Generations Strong

# SUN SENIOR NEWS CLASSIFIEDS

RETIRE NURSE looking to provide care in your home. Bathing, cooking, cleaning, running errands or anything you might need. Beverly Johnson. 916-316-1737  
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I AM A CERTIFIED MASSAGE THERAPIST(#62870) and specialized in relaxation, therapeutic, foot reflexology, and geriatric massage. Call or text Megumi 760-828-8116.  
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HAIR CARE SERVICES. Enjoy this specialty service provided in the comfort of your home. Licensed cosmetologist. Kimberly 916-837-1637.  
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SPARKLE HOUSE CLEANING - We do the work your relax. You get the best job. at rate you can afford it. Experienced with over more than 10 years in house cleaning. Weekly or Monthly. Call 916-802-1408 for a quote.  
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FENCE REPAIR, PAINTING & Power Washing: Reasonable, many Sun City references. Please call Josh at 916-307-8430.  
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HEALTHY FEET PLUS: RN specializing in in-home foot care and health coaching for diabetics and those with problem feet, difficult nails and calluses. Call Debbie at 916-698-3176.  
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LAMP REPAIR by experienced Sun City Electrician \$25hr. plus parts. John Shook 916-783-3617.  
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GOLF LESSONS for adults and kids. All lessons at Woodcreek. Reasonable rates, 60 years of playing, studying, teaching. Call/text Mort Kazel, Teaching Professional at 1-760-578-4399.  
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MOBILE NOTARY (Sun City Resident) \$15 first signature, \$10 there after. Pat Shook 916-783-3617.  
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LAMINATE/LUXURY VINYL PLANK/ Luxury Vinyl Tile -\$2-\$3 Labor only - Repair & Material quotes also avail. Over 20 yrs. exp. - Randy 916-847-4357. Lic#852123.  
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WHEELER CLOCK WORKS. Certified Journeyman Machinist. Repair, Restoration of clocks: Grand father, Antique, Cuckoo. Jim Wheeler 916-303-3459  
 . . .

CARE W/KINDNESS & Respect: Transportation, in-home care, errands. 9 yrs experience w/all conditions. Jan: 916-781-9651.  
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TRAVELING SCISSORS: Licensed Cosmetologist, Men and Womens precision Cuts and More Diane, 571-526-0387.  
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IF YOU SUFFER FROM CHRONIC BACK or neck pain, headaches, bulged or herniated discs, even a pinched nerve - find out if you qualify for NON-SURGICAL Spinal Decompression! Schedule your no-obligation consultation with our doctor at 916-645-3890 today!  
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LOW WATER PRESSURE? May be time to replace your pressure regulator. Free evaluation. I am a Sun City resident with over 40 years experience. Honest, AND quality work! 510-708-7276.  
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ROSE'S ORGANIZING SERVICE: Organize declutter home, office or garage. Reasonable rates. Call Rose 509-901-2282. Sun City resident.  
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"SPARKLE HOUSE" cleaning service. Experience with over 10 years in house cleaning. Honest and provide you with excellent cleaning. Call for estimate 916-802-1408 (Paula) License# SPB12017-00673  
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NOBLE TILE & STONE Full Service Tile Installation Company - Tile Flooring - Kitchen Backsplash's. 916-899-1022.  
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CONTRACTOR, HANDYMAN. No job too small: Painting, Electrical, Sheetrock Repair, and Plumbing. Call Martin: 916 747-7888. LIC# 1042598  
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**FREE**

FREE! Business Quality 3 drawer horizontal file cabinet. 42"L X 18.5"D X 37"H.. Mel or Shirley 916-771-4666.  
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**FOR SALE**

PREMIUM CALVARY CEMETARY PLOT \$4,000 OBO. 50% discount. Everything paid except marker. Call Ashley 916-303-3733.  
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**FOR RENT**

FOR RENT: MAUI Condos 2BR/2BA from \$195/nt. By SCLH owner Gil Van Valkenburg. 650-207-0567. Oceanfront - www.homeaway.com/368171. Wailea Ekolu - www.homeaway.com/368174. Wailea Ekahi - www.vrbo.com/1200140  
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**WANTED**

CASH PAID! MILITARY & VINTAGE ITEMS Medals, patches, documents, photos, weapons, helmets, model trains, old toys, other antiques & collectibles. George: 916-768-4694.  
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BUYING OLD COINS, pay cash, free appraisals, discreet, I pay more! Private collector, SC resident. Call Jerry 1-916-772-4268.  
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**ANNOUNCEMENTS**

INTERESTED IN CIVIL WAR History. Join the Sacramento Civil War Roundtable, lectures, raffles and discussions on all aspects of the Civil War. For more information, please call 916-408-4092 or on the web, SacramentoCWR.com  
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**Classified Ads should be Emailed by the 12th of each month to: CA@egnews.com**

<b>**FREE ADS — INCLUDE</b>	<b>BUSINESS ADS</b>
<ul style="list-style-type: none"> <li>◆ First 15 words are FREE (for SCR residents only), additional words \$1 each</li> <li>◆ ONE AD PER HOUSEHOLD, PER MONTH</li> <li>◆ Any Real Estate or Business Ads are not free. Please see "Business Ads"</li> <li>◆ Lost and found items/pets.</li> </ul>	<ul style="list-style-type: none"> <li>◆ Anything of a commercial nature, including pet sitting, real estate, rentals, timeshare/condos, etc.</li> <li>◆ 15 words for \$25. Additional words \$1 each.</li> <li>◆ \$65 for three months, same ad! (15 words only) additional words \$1 each</li> </ul>

Classified Ad Submissions —

**WHEN:** By the 12th of the month, please email the information below to: CA@EGnews.com

**Subject Line** should be SCR Classified and your Phone Number (Example: SCR Classified 916-123-4567)

1. Contact name and phone number.
2. Which category to place your classified ad in: (Service, For Sale, Wanted, Announcement)
3. Classified ad text - including the phone number you want readers to call.

SCR residents get FREE non-business Classified Ads; limited to 15 words; one per household per month.

**Non-business Ad** items include selling personal used items such as furniture, tools, books, rugs, electronics, personal car, golf cart, etc.

**Business Ads** include anything of a commercial nature or service, including pet sitting, real estate, rentals, timeshare/condos, any service etc.

**Business Ads** are 15 words for \$25 for one-month. Additional words \$1 each. (\$65 for three months for the same ad.)

If your classified ad is determined to be "business" related, we will email you an invoice that will allow you to pay immediately with a credit card, or mail a check.

\*HINT on Word Counts: A "word" is anything separated by spaces, or as reported by word-process software like Microsoft Word.

If you have any questions, please email us at: CA@EGnews.com

## Selling ONLY Sun City Homes for over 20 Years

### The Schlaegel Team



**Martin Schlaegel**  
Realtor  
(916) 771-8599  
cell(916) 765-5172  
mschlaegel@comcast.net  
DRE# 00797298



**Nancy Peffley**  
Realtor  
(916) 774-9432  
cell(916) 532-0053  
nprose@surewest.net  
DRE# 00848141



**Don Schlaegel**  
Broker Associate  
(916) 926-9511  
donschlaegel@gmail.com  
DRE# 00647027

Choose the agents who do everything to achieve the highest selling price for your home.

We take the worry and hassle out of your moving. "WE DO IT ALL" and have references to prove it.

Before Listing your home, call us and find out our exclusive approach to preparing your home to sell.



## Sun City Residents and Specialists in Sun City Properties

### When You List Your Home With Thompson + Brown Our "Showcase Service" Will Provide:

1. FREE Carpet Cleaning
2. FREE House Cleaning
3. FREE 1-Time Yard Clean-up, Weed Removal & Trimming
4. FREE Donation Service
5. FREE Connection with Estate Sale Company to help sell un-needed Furniture and Household Goods

**PROFESSIONAL REAL ESTATE SERVICES**  
**THOMPSON+BROWN**  
OLD FASHIONED HARD WORK WITH A NEW ANGLE  
8008 Walerga Rd. • Antelope, CA 95843  
Fax: (916) 771-4772 • Email: homes@thompson-brown.com

See our website for more info!

[www.thompson-brown.com](http://www.thompson-brown.com)

We have names of quality local tradesmen that we have been working with for years. **PLEASE CALL FOR RECOMMENDATIONS.** Fence repair and painting, power washing, contractors, pressure washing, plumbers, electricians, A/C and heating, roofers, house painters interior/exterior, carpet cleaner, moving companies, organizing and packing, help in finding an independent or assisted care facility.

See ALL Sun City sales activity as it happens at:

[www.schlaegelTeam.com](http://www.schlaegelTeam.com)