

SUN SENIOR NEWS

Your Community News Source — Serving Sun City Roseville — Online at: SUNSENIORNEWS.COM



IN THIS ISSUE

From the Editors.....	3
Ambassador, Compliance, Website.....	4
Citizen Patrol/Neighborhood Watch.....	5
Music and Laughter, Dance.....	7
Cinema, Creative Arts, Fine Art.....	7-8
Needle Arts, Singles, Boomer Generation.....	9
Executive Director, Sunshine Services.....	10
International Social, Heartland, Travel.....	11
Postage Stamp, Veterans and Patriots.....	12
Republican, Democrats.....	12
Computer, Garden.....	13
Birders, Hiking, Cycling.....	14
Pickleball, Bocce, Table Tennis, Tennis.....	15
He & She Golf, Sierra Pines Ladies Golf.....	17
Timber Creek Women's Golf.....	17
Timber Creek Men's Golf.....	18
Golden Niners, Croquet, Senior Softball.....	19
Billiards, Bowlers.....	20
Bridge, Mah Jongg, Bunco.....	21
Bulletin Board.....	25
Observations.....	26
Sun Senior News Classifieds.....	27

And Much More . . .

PRSR STD
U.S. POSTAGE
PAID
ROSEVILLE, CA
PERMIT NO. 70

Sun Senior News
5098 Foothills Blvd., #3-405
Roseville, CA 95747

ECRWSS
RESIDENT
ROSEVILLE, CA 95747

Norman and Lois Grabar – 70 Years of Home Runs Together!

BY P.J. CONRADI

We have all heard the tales of the star athlete who gets injured and then his personal life goes downhill as fast as his athletic career. Well, that is not how the story ends for Norman Grabar. He was not about to feel sorry for himself and become a used-to-be. Clearly, he had more on board than just athletic ability, and he eventually found luck — right where most successful people have generally found it, at the intersection of preparedness and opportunity. Norman expresses that his success was also due, in large part, to being equally yoked, and Lois offers no denial as they smile at each other.

Norman was Richmond Union High School's three sport star. He was scouted and touted by college recruiters and professional talent seekers. He dreamed of a career in professional sports, a great existence for one who had known life in the Great Depression. He did not have to choose right away, though, because Uncle Sam was watching him, too.



Norman and Lois Grabar

He was drafted into the US Army when he graduated in early 1945. The army's plan for him was playing basketball and baseball to raise the spirits of other service members, and he followed orders. The war being soon over

diminished his public relations usefulness, and he was discharged following an eleven month, fun-packed, barnstorming tour of duty, remaining mindful that war time service had not been as kind to far too many, and hoping his entertainment value was helpful.

After the service, the scholarships previously offered by Saint Mary's, Cal and Notre Dame were still on the table, but so were offers from major league baseball teams. An amazing eight teams sent telegrams inviting him to play for them. Opting for the New York Yankees, he was sent to their AAA team in Bennington, New York.

A left-handed first baseman with a strong arm, Norman was managed by Casey Stengel, and was teammates with Whitey Ford, Yogi Berra and Mickie Mantle. Joe DiMaggio was there, too, but injured and not playing. Casey told Norman, "Kid, you would do well to toss that first baseman's glove and concentrate on

(cont' on page 23)

SCR Foundation

A charitable service organization by and for the residents of Sun City Roseville

BY TONI FISHER,
Public Relations Director

Emphasizing
the Active in Active
Adult Community



Your Sun City Foundation continues its commitment to offer all residents helpful services and enjoyable events which carry out our mission to provide programs and services addressing the physical, cultural, educational and social needs of all SCR residents, both owners and tenants. These activities are conducted by dedicated Directors and volunteers who bring their talents and work skills to guarantee successful experiences for everyone. A recent example of this was our March Bingo! afternoon when participants joined friends and family for a fun afternoon while hoping to win a cash prize – and several did! Our thanks goes to Director Nancy Schubach for her hard work and excellent skills at organizing the event. She was aided by a great group of volunteers who stepped up to support all aspects of the planning and operation of the event. If you enjoyed the event, or missed it, plan now to join us at the second of our biannual Bingo! afternoons on August 9. If you'd like to assist, call Nancy at 916.740.4453.

(cont' on page 26)

Sun City Singers

BY JACKIE PROETT

It's April and the Easter Bunny is knocking at the door. Let him in! We haven't had any candy since Valentine's Day. Our poor Bunny is a little confused. He thought to be bringing spring flowers along with the candy eggs. This year everything bloomed in March and rain was barely in evidence. Ah well, candy tastes great wet or dry.

Music, like candy, is great no matter what the weather. And have we a basket of fun music for you at our June 1 Concert. We want you to "COME ON ALONG" at 7:00 pm to our Timbers Ball Room. Price is \$15 a ticket and worth every penny of it! Ticket Chairman is

Margy Flentge , 916-813 5052. The theme would seem to be about travel, but more than that, it is about "movement". In our Senior-years, we need to always be conscious of how we move through these years. Like the tortoise, we may be a little slower, but persistence and cheerful tenacity make us winners every time. The Singers are not only Singing but Dancing through the rain. Now that's moving!

We happily moved around the Valentine Luncheon tables, in picture, provided by our Hospitality chair, Flora Nishikawa and helpers, Margy Flentge and Lori Burt. Social activities keep us moving along.

We meet now on Mondays at 2:30 pm in the back of the Ballroom. We always have room for more Singers, come join us. There is plenty of time to learn our concert music. You'll find a lot of new friends and you might even get a Chocolate Egg and a Bunny Hug.

Harmonicoots

BY BUD GARDNER

In light of the severity of the coronavirus threat, the Harmonicoots have reluctantly cancelled all spring gigs, our annual May 12 Jamboree, and all regular weekly meetings. We will resume all Coots' activities when we get the green light from state and county health officials that it is safe to return to meetings and social gatherings.

Belita Anatalio, an outstanding musician who plays both harmonica and piano, is now

(cont' on page 7)



Hospitality Committee —
Flora Nishikawa, Margy Flentge and
Lori Burt.



kw | SHERRI WALKER
Real Estate Team

SHERRI WALKER
Realtor® and Certified Negotiations Expert
916.213.1320
Sherri.Walker@gmail.com
SunCityRosevilleRealtor.com DRE#01936595

If you want to know what your home would sell for in today's market, contact **Sherri Walker at 916.213.1320** OR send an email for your free report

SUN CITY AT A GLANCE - March 1st, 2020

SUN CITY
LISTINGS
SALES
TRENDS

Homes on Market: 18
Homes Sold in February: 5
Average List Price: \$476,080
Average Sales Price: \$472,580
Average Days on Market: 75

5 HOMES SOLD IN SUN CITY IN February 2020

Address	Sq.Ft	Model	List Price	Sales Price
7541 Apple Hollow Loop	1167	Meadow	\$389,000	\$389,000
5640 Red Willow Lane	964	Rosegarden	\$399,000	\$399,000
5057 White Clover Lane	1334	Rosetree	\$405,000	\$405,000
5219 Green Grove Lane	2083	Sierra	\$537,500	\$525,000
401 Heller Ct	2538	Timberlodge	\$649,900	\$644,900

9 Homes Pending
17 Homes Active

Sherri Walker and Keller Williams Realty are not in any way affiliated with Sun City, nor is this in any way an official advertisement or publication of Sun City. This representation is based on sales and data reported by multiple brokers/agents for February 1st thru March 1st 2020. Listings and sales may not be those of Keller Williams. The National Association of Realtors and MLS used to pull data does not guarantee the accuracy of this data, which may not reflect all of the real estate activity in the area. This market report is not intended to solicit properties already listed for sale nor intended to cause a breach of an existing relationship.



Don't know
where to begin?
We're here
to help.

Contact East Lawn for any and all of
your funeral and cemetery needs.

CEMETERIES • FUNERAL HOMES
CREMATION • PREPLANNING

EastLawn.com



East Sacramento
916.732.2000
LIC. #FD-2340

South Sacramento
916.732.2000
LIC. #FD-2340

Greenback & I-80
916.732.2020
LIC. #FD-1242

Elk Grove
916.732.2031
LIC. #FD-1455

Roseville Toyota & Scion

www.RosevilleToyota.com

Parts & Service
Dept. Open
7 Days a Week

Fleet Department Retail Program

Choose from the Largest Inventory of New
& Certified Vehicles in Northern California!

Let us show you the quick
and easy no hassle way of
buying your next vehicle!!

Call Our Fleet Managers....

- ✓ No Hassle Pricing
- ✓ Top Dollar Paid For Trade-ins
- ✓ Deal Directly With Fleet Managers
- ✓ Buy Directly From Fleet Managers at Fleet Prices



Chris



Robin



Linh

916-774-4810

Email us at scion@rosevilletoyota.com

Check Our Inventory On-line at: www.RosevilleToyota.com

700 Automall Dr., Roseville
Inside the Roseville AutoMall

JOHN L. SULLIVAN
ROSEVILLE TOYOTA

The Sun Senior News - Roseville is a monthly publication, published by EGnews Inc.
 Mailing Address: 5098 Foothills Blvd., #3-405 • Roseville, CA 95747
 916-727-6383 • Fax: 916-727-6373 • E-mail: egnews@egnews.com
 Ad rates are available online at www.EGnews.com or Email: Ad@egnews.com



Gregg and Liz Goldthorpe

EDITORS

Gregg & Liz Goldthorpe

PRODUCTION ASSISTANTS

Mark Bernard, Targa Funk,
 Madison Goldthorpe-Lewis, Emily Goldthorpe.

ADVERTISING

Gregg Goldthorpe

CONTRIBUTORS

P.J. Conradi, Toni Fisher, Jackie Proett, Bud Gardner, Dana Eggerts, Betty Manning, Charlyn Ross, Jane Bohn, Linda Aug, Brian Sutton, Jim Sexton, Jean Stephen, Carolyn Desantis, Dawn Beck, Carole McCullough, Earl Wiklund, Pat Teilh, Cynthia Sindrey, Rayann Golda, Dave Lewis, Tim Miles, Paul Regnier, Carole Vaillancourt, P.J. Palmer, Judy Singleton, Janet Morelli, Pete Grady, Diana Rischling, Bob Verzello, Pan Cabezas, Karen Yeates, Diane Barnett, Kathie De Vito, Debbie George, Barbara Mills, Ken Hansen, Ralph Friend, Jane McNally, Pichard Epting, Gerry Cristoni, Olga Widnes, John Vogeli, Colleen Tovey, Cindy Faulkner, Pat Oberlander, Robert Dugan, John B. Allard II, Martin Green.

CIRCULATION

The Sun Senior News - Roseville is mailed free to 3,100 homes in the Sun City - Roseville community. The delivery is targeted for the first week of each month.

READ ONLINE - DIGITAL ISSUES

The Sun Senior News - Roseville is available to download each month as a PDF digital file at: www.SunSeniorNews.com

Back issues are available to download there as well.

ADVERTISING

Visit www.EGnews.com or Email: Ad@egnews.com for advertising information.

CLASSIFIED ADS - EMAIL

Classified Ads should be emailed by the 12th of each month to: CA@EGnews.com
 For more information on emailing your Classified ad, please see the Classified page towards the back of this issue.

SUBMISSIONS

The Sun Senior News - Roseville welcomes announcements from social clubs, schools, charitable organizations, non-profit organizations, local government and community events. Also, editorial contributions as well as articles, cartoons and photographs are welcomed and considered for publication. Deadline for submissions is the 15th of each month. *Please submit via email to: egnews@egnews.com*

All information submitted to the Sun Senior News - Roseville must be accompanied by your name, phone number and written consent. All letters received become the property of the publisher (EGnews Inc.). The Sun Senior News - Roseville reserves the right to edit letters for publication and liability purposes and are not guaranteed to be published.

All content and letters to the editors represents the opinion of the various authors and all content and letters should be considered as opinion and editorial in nature. Any representations expressed by the various authors are not necessarily shared or verified by the publisher.

Advertisers are solely responsible for all representations made by their advertisements. EG NEWS INC. is not responsible for the content or accuracy of any advertisements. The presence of an ad within our publications or electronic communications does not imply endorsement of the advertised company, product, or service. Readers should use all due diligence regarding representations, products or services before a transaction is preformed.

EGnews Inc. publishers of the Antelope News, Sun Senior News - Roseville, Sun Senior News - Lincoln Hills & West Roseville News.
 Sun Senior News is not associated with Del Webb Corporation.
 Del Webb's Sun City is a registered trademark of Del Webb Corporation.

From the Editors



Please note that due to the fluidity of the current health situation with COVID-19, many of the meetings listed in this month's publication might have canceled/pushed back to a later date. Please check with each organization for their latest update.

We ask for your continued support of our advertisers, and local businesses as we look forward to carrying on with publishing of the Sun Senior News. And because the Sun Senior News is mailed directly to you free every month, and is also on-line (www.SunSeniorNews.com), you can stay in the safety and comfort of your home and still feel connected with the community.

As the saying goes... "every day may not be good, but there's good in every day." Let's look for those good things every day!

May you and your loved ones stay healthy and safe during these very unusual times.

Sincerely,

Gregg and Liz Goldthorpe

Help Keep Our Community Strong and Safe!



Family Owned - Community Focused



5701 Lonetree Blvd.,
 Suite 209, Rocklin
 916.550.4338

csopc.com



103 Lincoln St., Roseville
 916.783.7171

cochranewagemann.com

State Farm

Julie DeCarlo, Agent
 www.juliedecarlo.com
 916-783-4010

*Get to a better state.
 Contact me 24/7 for a quote today!*

1402 Blue Oaks Blvd #120
 Roseville, CA 95747
 N/W Corner of Blue Oaks & Foothills
 License #0B98828

A-1 DISCOUNT HEATING & AIR

BONDED
INSURED
Contractors
Lic. # 915113

REPAIRS • SERVICE • INSTALLATION

Ask about new energy efficient Thermostats
 Easy to use and easy to read

\$59 Winter Special Heating Tune-up

916-765-2136

We accept check, Visa, Mastercard, Discovery, and American Express

CALL GARY, A SUN CITY RESIDENT

Senior Discounts

BIG SAVINGS

Replace your Old Furnace and A/C with a new High Efficiency System
 Ask for Details

Ambassador Committee

BY DANA EGGERTS

Welcome Spring! It's my favorite time of year. April is glorious in Sun City, beautiful weather (mostly), lush and green golf courses, and gorgeous flowers beginning to bloom. We have the best community! April is also National Volunteer Month. This month is dedicated to honoring all of the volunteers in our communities as well as encouraging volunteerism throughout the month. As you attend monthly functions, meetings and clubs this month, consider seeking out the volunteers who put it together and letting them know you appreciate their efforts.

I've been pondering how I can increase my contribution to make the world a brighter place given my busy schedule and love of travel. Making weekly commitments or committing large blocks of time is not something I can currently do. But the more I pondered I realized there was so much I can do. Here are a few ideas I came up with. To listen mindfully in conversations, when I hear of someone recovering from an illness, even as simple as a cold, or surgery, I'll bring them some flowers from my garden, offer to bring a meal or even simply send them a card. All are guaranteed to lift their spirits. If someone with a dog isn't well I will offer to walk their puppy, giving them one less thing to worry about. We're all in the "procedure" years, our knees and hips aren't getting any younger, and surgeries generally result with the patient not being able to drive for a while. I will be the chauffeur, errand runner

or grocery shopper. If someone's housebound I'll be his or her visitor. I'll be more observant of those in my immediate surroundings, I'll offer my arm to someone needing assistance, I'll open or close doors, I'll smile and offer a kind word.

Of course, volunteering at your place of worship, a hospital, school, library, countless charities, clubs, groups, committees, etc. will always be needed. They certainly wouldn't be able to operate as well as they do without volunteers. We're all in this life together. We may not have the answers to all of the problems in the world but if we can help a single person we will be part of the solution.

Ambassadors meet the third Tuesday of each month in the Card Room at 2 pm. our next meeting is April 21st. Visitors are always welcome.

Compliance Committee

BY BETTY MANNING

With spring fast approaching, it seemed like a good time to write about two of our "favorite" subjects:

Trash Cans and Parking Restrictions.

Trash Cans (Trash Enclosures & Receptacles) Ref: CC&Rs 8.07 & Design Guidelines Article III

The most recent SCR challenge seems to be trash cans being left out and visible after the weekly collection. So, as a reminder:

- All trash receptacles need to be covered and stored, so they're not visible from neighboring property.

- If they cannot be stored so they are not visible from neighboring property, then they must be stored in an enclosure similar to design in Appendix C, screened by plants, or stored in the garage.

- Trash enclosures are well explained in the Design Guidelines. For example, the color of the enclosure must be the house base paint color, house trim color, fence color or white.

- The dimensions and construction of the enclosures are also well explained.

- Lastly, trash enclosures cannot be used to store yard or other equipment and/or miscellaneous supplies.

Parking Restrictions Ref: CC&Rs 8.13

Spring and summer are wonderful times for visits with family and friends but we are seeing more and more cars parked on the streets overnight.

This summary is a reminder about our parking restrictions at SCR.

- On-street parking overnight: In order to maintain the aesthetic environment of SCR, on-street parking overnight is prohibited.

Vehicles of all owners, residents and their guests/invitees shall be kept in garages or residential driveways.

- Vehicle storage: no inoperable vehicles or vehicles not in regular use shall be stored (or repaired) on any lot or street.

- Short term parking: Non-commercial prohibited vehicles (such as, but not limited to motorhomes and travel trailers), may be

parked on the street for cleaning, loading and unloading, not to exceed 48 consecutive hours and not to exceed a cumulative period of 120 hours in any calendar month.

- Commercial vehicles: Commercial vehicles or any vehicle that bears signage on the exterior, shall not be parked within SCR, if visible from neighboring properties, except for purposes of loading or unloading and then for periods not in excess of four (4) hours. This doesn't apply to commercial vehicles involved in construction activities on a Lot during the time when the services are being rendered.

Enjoy the upcoming spring and summer months and thank you to our residents for helping keep our community and neighborhoods beautiful! Hopefully this article will answer most of your questions on trash receptacles or parking restrictions, if you have questions, please contact Ryan O'Connell, Assistant Director of Community Standards at 916-774-3863.

Website Workgroup

BY CHARLYN ROSS

Does this situation sound familiar?

You buy or receive "something" which you plan to put to use. However, more pressing matters cause you to put the item aside for now. You may even forget you have it. Then, one day you have that "Aha! moment" and are pleased when you find where the "something" was placed.

(cont' on page 5)



ANNE WIENS
REALTOR® | BROKER ASSOCIATE



BUYING? SELLING? RELOCATING? INVESTING?
Call 916.847.6006 For All Your Real Estate Needs.

- Professional marketing, negotiation, and communication.
- Real Estate Team with 35+ years combined experience.
- Nearly 800 local real estate transactions closed.
- Visit AnnesFanClub.com for reviews from happy clients.



REALTOR®/ Broker Associate
• e-PRO® • CNE • SRES®
Outstanding Life Masters Club Member
Coldwell Banker International
President's Elite
Email: Anne@YourAgentAnne.com
CA DRE Broker License # 01425896
www.ActiveAdultPlacer.com
www>YourAgentAnne.com



DYNAMIC PAINTING, Inc.
Commercial • Residential • Industrial



- Exterior Painting
- Expert Color Consulting
- Epoxy Garage Floors

- Custom Interior Painting
- Fence Painting or Stain
- Call for your "Free" Quote Today

Licensed & Insured CLN #740008

(916) 532-2406

www.dynamicpaintinginc.net

Website Workgroup

(cont' from page 4)

You are probably saying, "How is the writer of this article going to make that relevant to the topic—Resident Website." Granted that may be a long stretch, but it's worth a try.

Let's start with your reasons for choosing to reside in Sun City Roseville (SCR). Most likely you gave great consideration to all the facilities, activities, and events that are available here. However, all that information might have been initially set aside due to many other factors that could limit your "me" time—you might still be employed, or be consumed with setting up and decorating your new home, or be concerned with your new garden.

Then, one day you have that "Aha!" moment and decide there is more to life in SCR, than work, house, and garden. You need to take advantage of the facilities and activities that drew you here. But, where to start?

When you first registered as a new homeowner or when you attended the Ambassador Committee's "New Resident Welcome" event, you received an information packet. The packet contained a lot of printed material. However, you remember being told most of that information would be up-to-date on the Resident Website www.scrca.org. And, the packet included instructions for logging onto the Website, or offered assistance from the Administration Office in the Lodge in person or by phone, 916-774-3880.

Mission accomplished...Website Use Information, that important "something" that

had been set aside and is now needed.

Recent Resident Website Updates & Changes

- The Referral Book—Allows residents to complete a form to comment on services and vendors they have used. The completed form is included a binder kept at the Lodge Lobby Monitor's Desk. Although the information was once available on the Resident Website, it has become necessary to delete this online feature. The Referral Binder is still available in the Lodge.

- Book A Tee Time—For your convenience a button has been placed at the bottom of the Website's Home page. Once you complete your registration, you will be able to take advantage of this golfing convenience.

- Photo Gallery—Accessible from the "Sun City Roseville" menu on the Home page. It permits you to share photos taken at your Club or Groups events, with other residents and even non-resident friends and family.

To have photos posted to the Photo Gallery:

- You can email the photos to our Website Designer, julianns@scrca.org, with information on the name of the group, and the name and date of the event.

- You can load the photos onto a USB Flash Drive and drop it off at the Administration Office. The USB Drive will be returned to you once the photos have been uploaded to the Photo Gallery.

Citizens Patrol/Neighborhood Watch Scam Awareness

BY P. J. CONRADI

My request here is for readers to please help spread the word. Residents are still getting scammed. Fraudsters throw their mud against the wall, knowing it will stick to a sufficient number of totally unenlightened people who will become easy marks. Their profits are huge, so they will not stop throwing that mud any time soon. The only defense is knowledge.

If you are a regular reader, you know my continuously fret: Out of 3110 households in Sun City Roseville, how many residents actually read my advice? So, my plea is that you please tell others what you have been learning here. You may save someone a lot of grief, like the recent case.

The resident/victim is a very sweet lady, active, bright, and friendly. Frankly, I would never have thought of her as ill informed. However, when her computer screen went red and flashed a message that it was going to crash if she did not call "Microsoft" at the number provided, she called. She gave the knucklehead access to her computer and paid \$400 for the "remedy" and received a "lifetime warranty" for the work done. If you

are a regular reader, you have known about this scam for several years.

The victim told another resident about it afterward, and that resident warned her, although too late. In the next day or two, the victim realized that her computer was full of bad boogey and connected the dots. Fortunately, she was able to cancel the check and did not suffer the \$400 loss, but I don't know if she had to pay a legitimate techie to fix her computer, or the extent of any identity theft.

We have had some other saves, too. A regular reader went to visit her neighbor, Ethel, and learned that Fred was at the store buying gift cards to post for bail for whatever. They intercepted Fred. It would have been better if the aware neighbor had previously shared what she knew, which would have thus enabled Fred to just laugh at the scammer, but a save is a save.

It's all about neighbors helping neighbors. Even if one of yours is as cantankerous as ole Fred Mertz, no one, especially seniors, should be scammed out of their hard-earned money. So, please, be the conduit.

Important Phone Numbers — P.J. Conradi, Citizen Patrol & Neighborhood Watch Director

Citizens Patrol Office: 774-3853 citizenspatrol@scrca.org

Neighborhood Watch Office: 774-3817 neighborhoodwatch@scrca.org

Roseville Police/Fire - Emergency: 9-1-1 • From your cell phone: 916-786-6444

Roseville Police Non-Emergency: 916-774-5000



Now Open Every Day at 11am!

"Golden State Winery of the Year" & **Ranked 3rd Highest Awarded Winery in North America**

California State Fair 2015 San Francisco Chronicle 2019





Happy Hour
Wed - Fri | 2pm-4pm

\$5 off Glass of Select Wines

\$5 Glass of Sangria

30% Off Select Cases of Wine

\$2 Off Select Starter Plates

UPCOMING EVENTS

April 4, 2020 - Wine Blending Party & Steak Dinner

April 12, 2020 - Easter Sunday Brunch

Monday & Tuesday 11-5
Wednesday - Friday 11-9
Saturday & Sunday 11-5

www.WiseVillaWinery.com | (916) 543-0323
4200 Wise Road Lincoln, CA 95648



We're Family

As a fifth generation family company, all of us at Merrill Gardens know the importance of staying connected. It's what helps our residents feel more at home.



THE PINES
A MERRILL GARDENS COMMUNITY

Ask about our move in special!* Call for details.

(916) 745-6238

500 W Ranch View Drive, Rocklin, CA 95765

Senior Living • merrillgardens.com

Lic #312700076
*Limited time offer.
Call for details.

LiftMaster®



- **Free Estimates**
- **Door & Opener Installs**
- **10% Off for Seniors & Military**
- **Affordable**
- **Repairs/Services All Types**

Opens and Closes your door... Even when the power is out

- The Battery Backup System ensures your garage door opener continues to work.
- Powerful DC motor belt drive system is durable, ultra-quiet and maintenance free.
- MyQ® technology enables you to close your garage door or turn the lights on or off using a smart phone or computer from anywhere.
- Lifetime motor and belt warranty.



COMPLETE
Garage Door Installations
Many Styles & Colors to Choose From Less
Expensive Than Home Depot & Lowe's
Over 20 Years of Experience



owner Ivan Garcia
License # 893431

916-708-4225
Bonded & Insured

Harmonicoots

(cont' from page 1)

the Coots' Conductor. An incredible multi-tasker, Belita arranges songs, provides sheet music with notes, chords, and lyrics, then sends recordings of the songs to the Coots to facilitate their learning. She not only teaches well, but her enthusiasm is infectious and inspires everyone to give 100%. Belita's unique abilities and the new Coots' members are making our sound the best it's ever been. We can't wait until this worldwide health crisis is abated so we can resume our musical activities under Belita's guidance.



Belita Anatalio

Music and Laughter

BY JANE BOHN

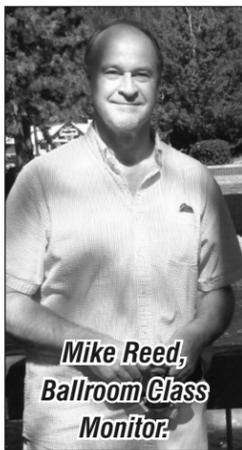
It's so much fun when new people arrive at your group and exuberantly claim their prize of \$10 at your raffle. That's what happened to Ann McKeel. We certainly hope she'll be back with us, along with our other raffle prize winners including: \$5 to our talented photographer Richard Paine, \$3 to newcomer Vernon Scheuplien, \$3 to Jan Montero, \$3 to Linda Huisman, \$3 to Marilyn Champ and last prize of a bottle of wine to our fabulous story teller Christine Hohmann. Our entertainers were varied and included our virtuoso piano player, Belita Anatalio, who brought down the crowd with her rendition of "An American Symphony" from the movie Mr. Hollands Opus. We were also treated to a nice mix of singing and guitar playing by Charlie Kidd, Ken Roberts and Daryl Rasmussen. Jean Stevens performed a lovely rendition of Proud to be an American, allowing the audience to chime in on the chorus. Bruce Barley, another newcomer and great entertainer, also sang and played his trusty guitar. Christine Hohmann, a proficient story teller kept us captivated with her most recent exciting tale of intrigue. Returning for episode two of their hilarious skit was The Hot Water Gang, consisting of five members including Jennifer Martin, Cheewa James, Letha Dawson, Dawn Beck, and Dave Enloe. Our fabulous jokers, Ed Lick, and Jan Montero

were also on hand and kept the laughter coming. We want to extend a huge thank you to all our entertainers, our faithful audience and my efficient helpers, Maria Hajgato, Nancy Stetz and Arlette Bennett. Looking forward to seeing all your smiles at our next gathering on Wednesday, April 8 at 7:00 pm at our Sierra Pines Lodge. Meanwhile, we hope you'll try to incorporate more Music and Laughter in your life during these challenging times.

SCR Dance Club

BY LINDA AUG

April is known for April Fool's Day and the beginning of Spring. But did you know April is also known for 30 other specific days of celebration? For example, April 2 is National Peanut Butter and Jelly Day! And April 11 is National Pet Day.



Mike Reed, Ballroom Class Monitor.

April is also a month of awareness which includes "Move More Month" and "Stress Awareness Month". The Dance Club is offering fun and easy ways to celebrate the benefits of moving more and reducing stress! Come to Courier Days and see the variety of classes we have available.

LUCKY is the Dance Club to have Bill Swayne who led a St. Patrick's Day Line Dance 1 Social on March 16 in the Timbers Ballroom. Dancers had the opportunity to sport their GREEN and dance to numbers learned in classes. Thank you to Gloria Nelson who decorated the ballroom in shamrocks and clovers.

Mark your calendars for two BIG EVENTS! Crystal Image will return May 18 as the Dance Club presents "At the Hop". June 17 will bring us back to the ROARING 20's with the annual Election Dinner Dance held in the Timbers Ballroom. More information and ticket sales will be coming to you at Courier Days and in your dance classes.

We continue to feature our Dance Club Monitors as we blossom into spring. This

month we are featuring Mike Reed, Ballroom Dance Monitor. Mike moved to Sun City 6 years ago. Mike has served as VP of Dance Club for two years and has been the Ballroom Dance Monitor since 2018. His passion is Ballroom Dance, Latin and Swing dance. Mike enjoys golf and recently joined the Sun City Harmonicoots.

The Dance Club reminds you to wear your Dance Shirt on Tuesdays and to enjoy a PBJ on April 2.

Cinema Group

BY BRIAN SUTTON

Join us for our April movie - "The Palm Beach Story".

The movie begins with a deliberately confusing pre-credit sequence (not explained until the film's punch line), Tom Jeffers (Joel McCrea) and Gerry Jeffers (Claudette Colbert) are married. "And so they lived happily ever after, 'exults a title card'...or did they?"

He needs money for his inventions. She wants to help in a most unusual way. From then on this is a Preston Sturges comedy, filled with dialogue that a Chicago film critic called, "...not only sharp, but cutting, delivered with typical flair by the charter members of Sturges' company of actors."

Another critic wrote, "The Palm Beach Story" is vintage Sturges with one side-splitting sequence after another." The internet movie websites, IMDB and Rotten Tomatoes, both give this movie high ratings.

Friday, April 17, 1:30 p.m. • Spruce Room at Sierra Pines.

Admission is free!

For additional info contact: Brian Sutton, 916-482-6393.



Creative Arts Club

BY JIM SEXTON

New to SCR, the many activities available to all are amazing.

Truly something for everyone. Much to our interest in exploring the creative side of our brains is Stained Glass in Creative Arts.

We met a wonderful lady, instructor & resident Cookie Hennager, who invited and encouraged us to get a glass project started. Little did we know, her direction has gotten us into a challenging beginning adventure with its ups and downs.

Tessa is making a terrarium with many sides, angles, shapes and colors. This project seems a bit overwhelming at times but persistence is prevailing and with Cookie's guidance, it's coming together. From the initial pattern, her idea of color and selecting the glass to give a bright and warm look has been fun. Cutting the pieces, grinding and foiling the edges then assembling the parts is on-going. Cookie has been with us to guide the process. It's coming together and will be beautiful!

I am making a bi-plane kaleidoscope. This project was chosen because many years ago my brother made me a stained glass biplane which we treasure. This project is also challenging due to its many parts and mirrored triangle which is installed into the airplane body with spinning propeller. Choosing the glass to reflect color and light has been a fun creative adventure.

Our projects are almost complete and we are enjoying the opportunities available in Creative Arts. Will we continue with Stained Glass? You bet!

Our thanks to Cookie and the wonderful people we've met.



(more Club News cont' on page 8)

Lambert Funeral Home



A Family Tradition Since 1934
400 Douglas Blvd. • Roseville
783-0474

FD#734

REBARK TIME, INC.

Tree Care – Planting- Irrigation- Fertilization



916-764-7650
Licensed/Insured
#23559/03224

- * Thinning/ Pruning of all plants shrubs and trees
- * Tree Training/ Maintenance
- * Weed Abatement
- * Planter Beds
- * Pathways/ Walkways/ Walls
- * Boulders/ Stream Beds
- * Bark Installation

FREE ESTAMATES!
www.rebarktime.com

SCR Fine Art Club

BY JEAN STEPHEN

The month is sliding by so quickly! With so much to do and accomplish you know it will continue the fast track. But whoa, lets back up a bit. The last FAC meeting was 1. Entertaining,



Connie McLennon



Third Place: Sandra Morea - Old Rowboat.

2. Interesting, 3. Educational. Connie McLennon was our guest demonstrator. She has written a children's book *The Forest in the Trees*. She presented a PowerPoint program telling about her research about the Old Growth Redwood Trees. It was amazing that we could hear her procedures and involvement with the subject.

I have lived in Northern California for most of my life, but I had no knowledge of these facts. As I said, truly educational! You may want to get it for your grandchildren. But don't forget to read it first.

Connie is an artist, among other accomplishments in totally different fields. She not only wrote the children's book, but also illustrated the pages. It is beyond imagination, but she also produced a scale model of the Giant Redwood Trees, for illustration to children showing the immensity of their growth. (Pictured somewhat in the winner of the drawing with Susan Eddie)

The vote of best picture on the art room wall by a club member was announced, Third place, Sandra Morea: *Old Rowboat*. Second place, Judi Harrison: *Wedding Day*. First

place, Dennis Carr: *First Bird of Spring*. (Not Pictured)

Susan Edie won the drawing. Lucky woman.

We have everything set-in motion for the Annual Art Show and Sale. Stay tuned for the after description.

...

(more Club News cont' on page 9)



Second Place: Judi Harrison - Wedding Day.

WOODCREEK DENTISTRY



"A trip to the dentist should not be like buying a used car."

Does your dentist seem more like a salesperson than a dentist? Up-Sell and Hard-sells?

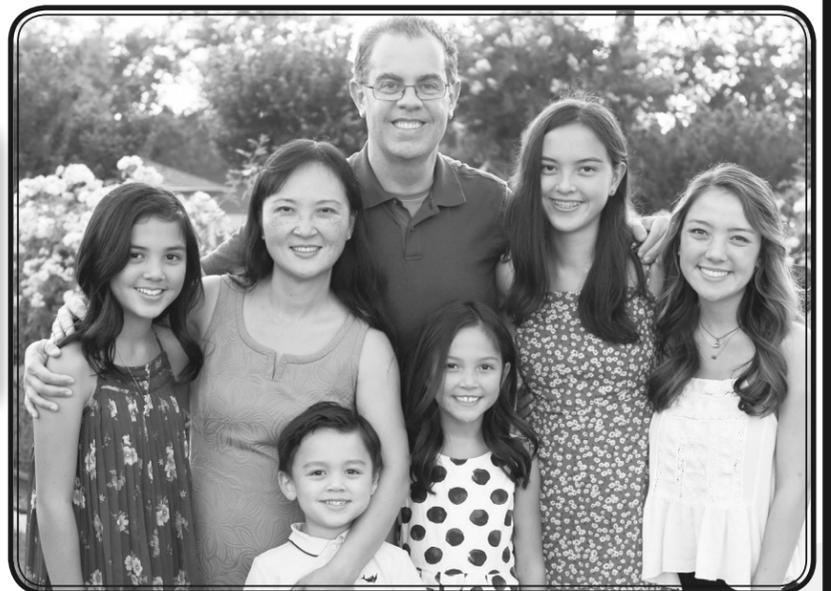
Come and experience the comfortable professionalism of Dr. Brian Ralli and Dr. Ling Ralli and their friendly and knowledgeable staff.

The Rallis are skilled in all phases of modern dentistry and oral health. Our goal is a bright and healthy smile for you and your family.

www.DrRalliDDS.com

Visit us online!

We provide specialty services such as Dental Implant Placements, Implant Restorations and Implant Supported Full Dentures.



773-0800

7456 Foothills Blvd., Suite 14 • Roseville
(Corner of Pleasant Grove & Foothills)



Needle Arts

BY CAROLYN DESANTIS

The next three months promise to be among the busiest of our club year! At our April 1 meeting, we will have a presentation from Pottery Barn; two of their designers will share with you decorating ideas for spring and summer for your home.

Friday, May 1 will be our annual Fashion Show and Luncheon. The theme for this year's show is "Fashion Fiesta" with the season's newest fashions by J Jill. If you would like to put your name on a waiting list call Elaine Tom at 916-774-6099.



Rob Appell with Needle Arts Vice-President CJ Kidd.

June 3 will be our election and installation of officers for the 2020-2021 year and will include our spring Show and Tell! So mark your calendars and don't forget to bring your treasurers for show and tell.

There are 17 friendship groups for different needle work within our club, such as crochet, knitting, quilting, wearable art, etc. For meeting times and contact information, check page seven of our Needle Arts Newsletter.

There are several great classes being offered so check the Needle Arts Club Newsletter for dates and details.

As a reminder, please do not remove supplies from the room, supplies are there for everyone's use and are to remain in the room. Thank you for your consideration of all of your fellow members.

• • •

Singles Club

BY DAWN BECK

April has a variety of special days including April Fool's Day, Passover, Palm Sunday, Easter,

and the dreaded Income Tax Day. It's the second month of the Spring cycle and the flowers and greenery emphasize the usually good weather.

The Singles will not only enjoy the month but also our guest speaker and our social. Our Vice-President Vicki has arranged for an interesting meeting and a different type of social. The meeting on April 1 (no joke) will feature Laura Shubin, an FBI agent, and the grand daughter-in-law to Bobbi Riker-Cassidy.

Most of us have led interesting lives, but we can't compete with our grandchildren with their opportunities.

Our Saturday Night Social on April 18 will feature Boudin's beef or vegetarian chili with all the trimmings, salad and dessert for only \$12 per member and \$15 per guest. Bud Gardner and the Harmonicoots will entertain us and they always do an outstanding show. The time is 6:00 pm, so sign up at the April meeting or contact Vicki Schmuhl at 707-577-0125 or Janice Shreve at 916-773-1816. April 16 at noon is the last time to make a reservation.

Our second Sunday game day at the card room is a big success thanks to Shelia Martin. Hand and Foot, Mexican Train, Rummy Cube, and other games have many attendees. Bring your own equipment and meet new friends. The game is from 1:00 - 4:00 pm. If you want to play during the month contact Cela Armstrong at 916-782-4722 for Canasta, Elaine Pitt at 661-202-8835 for Hand and Foot, and Janice Shreve at 916-773-1816 for Mexican Train. They will help you enter a monthly group, and show you the rules of the game.

Anyone living single in Sun City is welcome to join Singles. Contact our Membership Chair, Marina Tan, at 916-772-7913 for information. She will welcome you and introduce you at the meeting.

• • •

SCR Boomer Generation Club

BY CAROLE MCCULLOUGH

Can you feel the warmth of the April sun? Our Boomer Generation Golfer's and Walking Group along with any outside activity can be enjoyed during this month.

Our March Event was an Irish theme for St. Patrick's Day. Starting off the evening we built our own baked potato dinner, adding all the fixings. After dinner, the After-Shock Clogging Team performed as the entertainment. Wow the team has magical feet. From the standing ovation, After Shock was enjoyed by everyone.

President Nancy Schubach is reminding members the current council's term is ending and we are looking for nominees to run for the Boomer Generation Council. The council is made up with a President, Vice President, Treasurer, Secretary, Event Coordinator and Membership Director. Please email Nancy if you are interested in one of the positions. The Boomer Generation Club needs your help to keep moving forward with new ideas and activities. Volunteering is one of the privileges living here in Sun City Roseville and part of what makes our club successful.

Featured SIG (Special Interest Group): We have many new members so I thought I'd write how to find a SIG and the pathway to using our website. Log into the Sun City Website. Locate Activities and pull down to Club and Groups. Boomer Generation is a Chartered Club, choose that and locate

(cont' on page 11)

Reliable

Buick • GMC Cadillac

Roseville

LUBE, OIL & TIRE ROTATION

- Oil change (up to 5 qts.)
GM Goodwrench quality oil
- AC oil filter
- Chassis lube
- Inspection, including drive belts,
hose, air filter and tire pressure
- Fluid level checks, including
brake fluid, differential fluid
(rear wheel drive), transfer case fluid
(4 wheel drive), transmission fluid,
windshield washer fluid.
- Tire Rotation.

\$ 39⁹⁵

Most GM Models: LOFROTSP. Some Higher. Offer expires 4/30/20

783-5233

400 Automall Dr. • Roseville



Just a note to tell you how much you mean to me.

Life can test our strength, but I want you to know I am here for you, and, above all, wish you good health!

Put my 22 years' Del Webb Experience, Legal Education and Marketing Expertise to work for YOU!



COLDWELL BANKER
INTERNATIONAL
PRESIDENT'S ELITE



THE HOME DEPOT
REAL ESTATE



FIVE STAR
REAL ESTATE AGENT
Paula Nelson



COLDWELL BANKER
SUN RIDGE
REAL ESTATE

Each office independently owned and operated.

**I was told,
Don't be a
Secret Agent**



**Hi, I'm John Pal
Your Resident
Sun City Roseville
Real Estate Agent**



916-621-0737

jprealty33@gmail.com

CalBRE #02048852

Excel Realty & Mortgage

www.teamerm.com

Seniors Real Estate Specialist

My wife Theresa and I moved to Sun City in August 2018

We volunteer for:

*Citizens Patrol

*Sunshine Services as Medical Equipment Monitors

*Manager for SCR Men's Softball League

&

Member of Boomer's Club,
Timber Creek Men's Golf Club

"Everyone needs a Pal in real estate."

Enjoy my personal touch as **your Agent.**

"I will always have your best interest at heart."

Executive Director Comments

Let's Help Each Other and Be Safe

BY EARL WIKLUND

The Community's response to the Coronavirus demonstrates the heart of our Community. The Board took proactive steps assisted by Staff to provide valuable information to our residents from outside public health organizations to assist them in their personal response to the emergency. The resident website was the central vocal place for residents to go to keep up to date on steps to be taken to minimize the exposure to the virus. The Board also took the necessary steps to close appropriate Association property to help maintain recommendations from public health agencies as it applies to residents meeting in groups.

Sometimes it is important that the Administration department notify resident family members when a resident has a personal emergency. It is important that residents keep their family emergency information up to date and I would suggest you take a second and update your information if you haven't recently. Allowing the Association to reach out to a resident family member during an emergency can mean a great deal to you in

helping to work through a crisis.

Neighbors can be a great immediate help to anyone of us in need. Everyone should be involved in their Neighborhood Watch group to stay informed of any neighborhood concerns. Neighborhood phone trees are a great way to keep the lines of communication open between neighbors. I know of many residents who start their day by calling a neighbor first thing in the morning just to be sure they are starting each day in good health. Often residents will touch base with family members often to discuss any concerns and to assist if necessary.

There is a vast reservoir of information that we as seniors can also reach out to inform ourselves on a number of safety topics; whether it be on health issues or physical or financial security. Remember, the Foundation is a great resource for information as well as the City of Roseville and Placer County, both which have booklets on a number of topics. Working together, neighbor to neighbor we can help to overcome any crisis. This too will pass. Be safe and when we meet again, say Hi with a smile.

Sunshine Services We're Here to Help

BY PAT TEILH

Volunteers Needed: Check our table at the Mix and Mingle Volunteer Recruitment Fair, April 29, 4-6 PM in the Ballroom to see how you can join the Sunshine Services Group team. We are always looking for team coordinators to help our Caregiver Relief Program. Stop by and visit with us.

We're Here to Help Flye: If you haven't picked up the new and revised flyer in the kiosk at Timbers Lodge. Or check it out on our resident website for detailed information on our programs and services.

Many Thanks: We are very grateful to those residents who have thanked Sunshine Services for their assistance through graciously donating to us. These donations help pay for the flyers we keep in the kiosk as well as help us to carry out our programs and events. If you would like to thank Sunshine Services directly, please send a check to our treasurer, Carole Schwartz 4124 Napa Loop, Roseville, CA 95747.

Gratitude: Many thanks to Diane Wilson who heads up the Grief Support group for

Sunshine Services. And to Pam Murphy, Director of Operations who sets up excellent speakers for our community four times a year. Look for the next up and coming speaker next month. And lastly, Rebecca Hellman, Hospitality Chairperson for working on the refreshments for the Parking Lot Sale in June. Enjoy donuts and coffee during your time at this much anticipated sale.

May General Meeting Special Speaker: Mark your calendar for the next General meeting on Wednesday, May 20th at Sierra Pines at 10:30 am. If you're like 90% of seniors, as you age, you want to remain in your own home. But how do you accomplish that safely and within your budget? Craig Falk, the founder and owner of Craig Cares, a Roseville In Home Care company, will give you the basics on securing the best caregiver, whether using an agency or hiring privately. In addition, he will describe how new technologies can assist in keeping you safe in your own home. Each attendee will receive a copy of Craig's booklet, Safe and Sound at Home - A Guide to Finding the Best Caregiver. Come listen to our next inspiring speaker.

Thought For The Day: Always remember that you are absolutely unique. Just like everyone else. -- Margaret Mead

**Please patronize our advertisers,
and let them know you saw their
ad in the Sun Senior News!**

SCR Boomer Generation Club

(cont' from page 9)

Boomer Generation. A world of information is located under each icon. Open the icon that looks interesting to you Golf, Dining Out, Bunco, Bowling, Walking, Progressive Dinner, Movies or Book Club. Times, dates and who to contact are listed.

Remember it's never too late to join the Boomer Generation Club. Are you young at heart or just like to socialize and have fun, you are part of the Boomer Generation?

International Social Group

BY CYNTHIA SINDREY

There will be no events in April for the International Social Group. Or next event will take place on May 27 at Sierra Pines.

Flyers for new membership (white) and flyers for the upcoming events (Color) are available on the rack in the lodge. Our members will receive event information by mail.

For further information please contact: Cynthia Sindrey, President 916-773-5151 or Gini Christiansen, Co-President 916-772-0506.

Heartland Group

BY RAYANN GOLDA

Spring Fun will be the theme of the Saturday, April 25, 2020 Heartland Group event at Sierra Pines at 6:00 pm.

Dinner will be catered by Original Pete's Restaurant with a mouthwatering complete

pasta dinner (chicken/beef/or just pasta). Afterward a yummy dessert will be offered. As always coffee, water and hot chocolate will be provided. BYOB is accepted. We provide the bottle opener! Ticket price is \$15 per person and must be made prior to the event. Entertainment will be provided by the Sacramento Banjo Band.

You can mail your check to Ray Ille (Heartland Club 5416 Campcreek Loop, Roseville, CA 95747) or include it with your money for the next event. Phone: 916-780-1660. (Membership dues run from July 1 to June 30.) Membership is \$3 per person per year.

The Heartland Group is open to all Activity Card (previously referred to as Association Membership Card) residents of Sun City. We think you will be comfortable with the group whether you are single or couples. There you have it; a mix of residents who come to have some fun. You won't be disappointed.

The Heartland Group meets four times a year usually on the last Saturday of January, April, July, and October. The membership year runs from July to July.

Questions: Joe Flores (President) 580-3787.

Travel Club

BY DAVE LEWIS

By now all residents of Sun City Roseville will know whether or not the Association facilities closed in March have reopened. To support the March Board of Director's decision to be consistent with Department of California

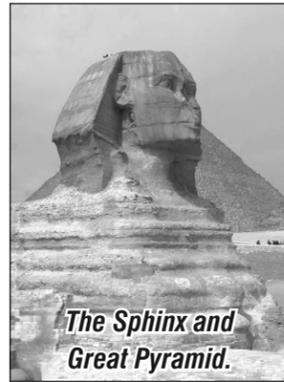
Public Health COVID 19 guidelines and safeguard the health of all residents, the monthly meeting for March the 23rd was cancelled

Due to the anticipated impact of future changes from federal, state and local agencies on the ability to present a quality experience, the April 26, 2020 Spring Social, "Springtime in Tuscany," was cancelled.

Now for some good news. The pictures from our returning travelers from Egypt that accompany this article provide a snap shot of their adventures in the land of the Pharaohs. Originally scheduled to provide an update of their trip at the March meeting, we will be asking them to provide summarize the rest of the story at a future meeting.

Please know that the Club leadership has been staying in contact with our travel agencies to determine when or if the COVID 19 virus will impact your travel plans for the 2020 and 2021 destinations listed below and provide those changes to you as they occur:

- 2020 —
- Two-Steppin Thru Texas, April 14 – 20
- Springtime Tulip River Cruise Discovery, April 28 – May 6



- Crystal Symphony Cruise – Scandinavian Splendors, July 13 – 25
- Croatia & its Islands, September 18 – 29:
- Albuquerque Balloon Fiesta and Santa Fe, September 30 – October 5
- Niagara Falls and New York City, October 12 – 20
- 2021 —
- Tropical Costa Rica, January 30 – February 7

Spain's Classics & Portugal, March 17-30
Subject to the reopening of Association facilities on 1 April, the Planning Committee is scheduled to meet in the Club Room on April 5 at 1:30pm. The group will review any issues with the 2020 and 2021 trips above and the following under consideration for the

(cont' on page 12)



CALVARY CEMETERY & FUNERAL CENTER

FD 2262

Your **Catholic** resource for **Funeral, Mortuary, Cremation & Cemetery** needs within the **Diocese of Sacramento.**

916-726-1232

cfcsSacramento.org 

SAM'S GARAGE DOORS

- NEW INSTALL
- REPAIRS
- BROKEN SPRINGS
- OPENER INSTALL
- OPENER REPAIR
- DOOR OFF TRACK
- MOST ANY GARAGE RELATED PROBLEMS



SERVICE CHARGE

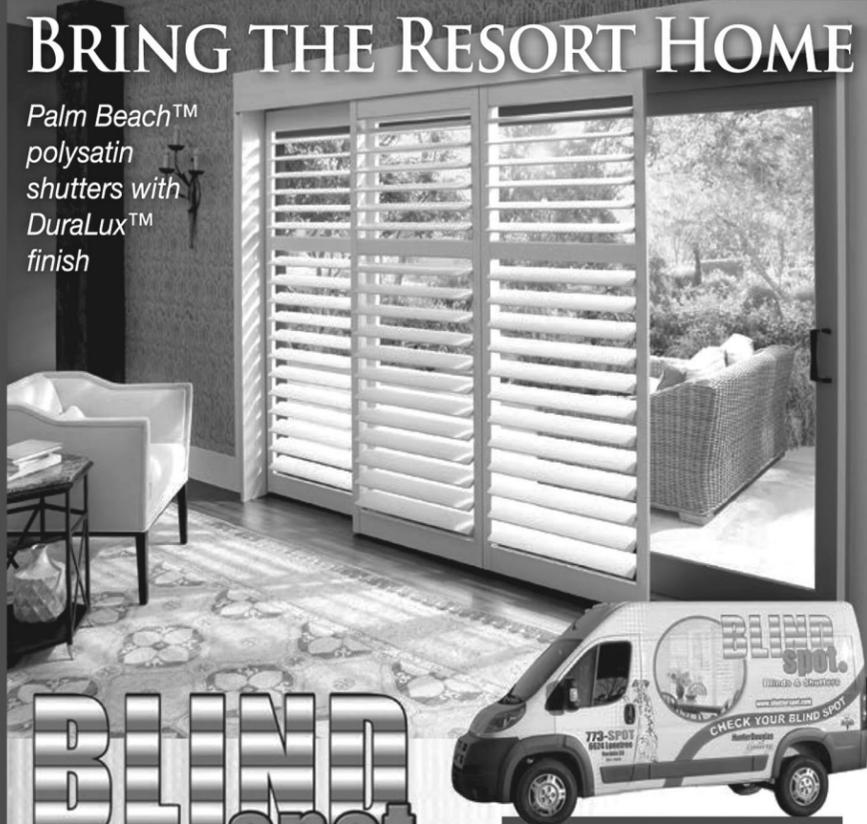
\$55.00 PLUS

ANY PARTS

916-769-8345

BRING THE RESORT HOME

Palm Beach™ polysatin shutters with DuraLux™ finish



BLIND spot.

Window Shopping With You Since 1990!

Style • Service • Savings

HunterDouglas Gallery®

773-SPOT (7768)

6624 Lonetree Blvd., Ste. 500
Located in front of RC Willey

www.shutterspot.com

Visit our showroom or have us bring the showroom to you!



Travel Club

(cont' from page 11)

2021 program:

- Painted Canyons of the West,
- Quebec in Depth and the Gaspé Peninsula
- Exploring Scotland & Ireland” & Royal Edinburgh Military Tattoo
- Africa during the Migration Season
- A Magnificent Southern Coastal Experience
- A Tennessee Country Christmas

For further updates to meeting, travel and event schedules, please join us at the April 27 Council meeting at 1:30pm and/or Membership meeting at 3:00pm in the Timber's Ballroom. Any changes to meeting, travel and event schedules will be provided to all by E-blast. See you there!

• • •

Postage Stamp Group

BY TIM MILES

April is here and warm days are coming and the stamp hobby is booming. Saturday, April 4th and Sunday 5th is the Easter Seals Stamp show at the Sacramento Stamp Club site at 3205 Hurley Way in Sacramento (always a fun event). Then the WESTPEX is on April 24-26 at the SF Airport Marriott in Burlingame (see if there is carpooling available as many of our members attend).

We have another club dinner scheduled for the Lodge meeting location on April 15. The cost is \$25 apiece and the last dinner was very well-received (location is 7050 Sun City Blvd

in SC Roseville). June Stark is once-again handling the arrangements.

March saw several well-attended club “open houses” in which we had many available items for acquisition.

April meetings are set for Tues, April 14th and Tues Apr 28.

May meetings are set for Tues, May 12th and Tues May 26.

All meetings start at 6:30 pm and are over by 9 pm. Parking is abundant. Our meetings are filled with lectures, swaps, access to all thing philatelic (albums, stamps, mounts, current news, slide shows, free appraisals. We have tables of used items available (stamps, used album pages, etc) to our members at bargain prices. Door prizes and attendance awards are also allocated.

If anybody has questions regarding anything regarding collections or scheduling, call Al Capparelli at 916-771-8288.

Our meetings are open to all and folks are encouraged to bring that “old” album off the back shelf to our meetings and you’ll get a quick appraisal and a pleasant surprise as to what it’s worth is at present-day values.

• • •

Veterans and Patriots Club

BY PAUL REGNIER

April has landed. Winds, rain, voting and taxes are here taking center stage. Your Veterans and Patriots club is busy creating new events that focus on fun and celebrate what we have done, are doing and will do in the future.

You're new leaders are gathering ideas,

proposals and plans to create even more fun in the Club. Just like it was in the 1940's, WE NEED YOU! Your club is growing and with growth changes become inevitable. Your new leadership is reaching out searching for ideas, directions and volunteers. A small idea from one member may become a great event for us all.

Becoming part of the leadership is both a shared experience and one filled with the fun and richness of creating something new. If you want to help or just share ideas, contact any officer. Our names are in the Veterans and Patriots Bulletin.

Yes, we still have our famous “low calorie” donuts given to us by Raley's and our Lodge coffee brought to us by our own Nicole. This all starts around 9:30 AM on the first Wednesday of each month in the Ball Room. You will be greeted as you enter and welcomed by many. The jokes and laughter will be heard before meetings start. The meetings are rapid: Pledge of allegiance, sing God Bless America, play TAPS when necessary, the reports, the business and finally, the speakers. It is our speakers that many come for. Something old or new, you never know. See you there. God Bless.

• • •

Republican Group

BY CAROLE VAILLANCOURT

The Association has cancelled all meetings for the near future. Please note we will not be meeting on April 2nd.

We commend and support the Board of Directors for their concern and action to insure the health of our community.

• • •

SCR Democrats Club

BY TONI FISHER

Since the speaker originally scheduled for February needed to cancel unexpectedly, he will now share his interesting life history and current work at our April 22 meeting at Sierra Pines. As we said in a prior announcement, Eugene Dey is an experienced developer and manager of programs in the areas of youth advocacy and treatment for criminal offenders of alcohol and other drugs. Mr. Dey has many years of experience which he will cover as he describes the challenges and successes of his work. This should prove to be very informative for all of us as we continue to inform ourselves about our community.

Our staffing of the two precincts at the Lodge for the March 3 Primary Election went exceptionally well, thanks to all who volunteered. Twenty-four of our talented members attended the Board of Elections training sessions and displayed their knowledge and skills as they worked in assigned shifts as

(cont' on page 13)

**Specializing in the
Western Placer Area**

- Active in Real Estate and Lending for over 35 years
- Consistent Placer County Top Producer

**FREE HOME MARKET EVALUATION
FREE PARTIAL STAGING
VIRTUAL TOURS ON A NEW LISTING!**

**Let Me Help You Find
Your New Home!
And Sell Your Current One!**

Donna Judah

916-412-9190
 djudah@sbcglobal.net
 CalBRE #00780415
 1500 Del Webb Blvd. #101
 Lincoln, CA 95648

Former Del Webb Sales Associate in Both Lincoln Hills and Sun City Roseville

SUN RIDGE REAL ESTATE

35 Years in the Business

Lincoln Podiatry Center

Dr. Brian P. Keller, DPM
 Board Certified in Podiatric Surgery by the ABMSP

On Site X-Ray & Diagnostic Ultrasound

- Ingrown Nails
- Heel Pain
- Bunion Surgery
- Custom Orthotics
- Corns & Callouses
- Ankle Injuries
- Hammer Toes
- Diabetic Foot Care
- Foot Pain
- Plantar Fasciitis
- Nail Care
- Painful Diabetic Neuropathy

916 434-6410

LINCOLN PODIATRY CENTER
 841 Sterling Parkway, Suite 130 • Lincoln

AIR DUCT CLEANING

RESIDENTIAL & COMMERCIAL • BONDED • INSURED

RELIEVES PROBLEMS FROM: Allergies • Asthma
 Headaches • Sneezing • Dust Odors • Sinus Congestion
 Respiratory Infections

SOURCE REMOVAL OF: Mold • Bacteria • Fungi
 Dustmites • Lint • Soot

SAVES ENERGY: Helps Restore HVAC Systems to Run at Maximum Capacity • Dryer Vent Cleaning

773-2810

SENIOR DISCOUNTS

Lic.#14909

American Air Duct Cleaning

SCR Democrats Club

(cont' from page 12)

clerks throughout the day. Some even worked a double shift! The two Inspectors and two Judges were committed to work the entire day and, while a 15 hour day can be challenging, working with and sharing the duties with these clerks made their jobs easier and enjoyable. While one goal of this work was to raise funds for the club, it was apparent that everyone felt great pride as they performed the very civic work of a free and open election. We now look forward to again working the precincts for the November General Election.

On the topic of elections, our appreciation goes to Peter Lorenzo and Kathleen Crawford who have been providing updates on various aspects of the election process including insightful information on candidates and their campaigns and offering comments to get us thinking. We are lucky to count these two as members and fellow Democrats!

• • •

SCR Computer Club

BY P.J. PALMER

General Meeting – Monday, April 27, 10:00 am in Ballroom. Laura Volz, AAA, will be talking about AAA services including Insurance, Travel, etc., Everyone is welcome at this meeting.

Council Meeting – Monday, April 27, 9:00 am in Computer Room.

Special Interest Groups (SIGs):

Digital Imaging and Editing – April 3:

First Friday, 10:00 am, Computer Room. Explore Camera Usage. Learn to edit, process images, and improve photos on your computer. Call Charlyn Ross at 916-772-1447.

Genealogy – April 9: Second Thursday, 2:00-3:30 pm in the Card Room. Glenda Lloyd will talk about “Divorce”: How long has it been around? How the meaning has changed over the years...

PC Forum – MAY be held April 2: First Thursday 3:00 pm in Computer Room. Do you have a Topic for more advanced computer users, that you need help with? All are welcome.

Android Phone Help – Friday, April 17 in Computer Room for help with Android Phone and Tablet help with Tom Gottdiner 1-3 pm.

All ‘Bout Apple – Tuesday, April 14: Second Tuesday, 7:00 pm, in the Aspen Room. All user levels of MAC computer, iPad and iPhone. Information: Charlyn Ross, 772-1447 or Dennis Studer, 899-8221.

Photo Sig – April 17: Third Friday, 10:00 am, Computer Room.

April’s theme is “Farm Structures/ Equipment”. Members email up to three photos to PhotoSIG916@gmail.com by January 13th. Contact Dennis Studer-yostuder@yahoo.com or 919-899-8221 to leave a message or for a call back.

idevices – Wednesday, April 22 Fourth Wednesday 6:00 pm in Computer Room .

You can get help with your iphone, ipad other days in Computer Room: Check the Monitor Calendar for days and times.

Please double check the room and time

of your favorite meeting as they may have changed! Direct Line to Computer Room = 916-771-7032

Also, our Calendars and SIG meeting notices are on the Sun City Website, scres.org

• • •

SCR Garden Club

BY JUDY SINGLETON

Katie Edwards of Ambience Floral & Gift in Roseville was our featured speaker at the Garden Club meeting in March. Katie demonstrated creating succulent pots and plant terrariums and answered many questions for our members.



Katie Edwards of Ambience Floral demonstrating the planting of a terrarium.

The Sun City Roseville Garden Tour which is held every two years is scheduled for Saturday, May 2, 2020 from 10:00am until 2:00pm. There will be seven homes featured, ranging from small to large lots, working gardens to Zen spaces and homeowner designed to professionally landscaped. Tickets are available for \$15 at Courier Days on April 1-2 and May 1, or by contacting either Judy Singleton (916-666-7342) or Linda Gordon (510-813-7815) or contacting a Garden Club member. Come join us for a glimpse into seven of your neighbors’ backyards and gain inspiration and tips for your own yard. This is always a fun day for residents.

The Garden Club meets ten months a year (no meetings in July or August) on the first Tuesday of the month at 7:00pm in Sierra Pines. Annual membership is \$15. Please complete the membership form on the Garden Club resident web page and bring to a meeting or drop it with your check into the small mailbox on the front porch of 6132 Granite Flat Lane. Guests may attend a meeting with a speaker for \$5. For further information, call Judy Singleton at 916-666-7342.

• • •

(more Club News cont' on page 14)



HELP AT HOME SENIOR CARE

Serving Placer, Nevada & Sacramento Counties

Call Today for a No-Cost, In-Home Assessment

1-877-404-6636

Or send an e-mail to info@hahcare.com



www.hahcare.com

Our caregivers are carefully screened, trained, bonded, insured, and background checked through the DMV, Department of Justice, and FBI

Caring, In-Home Assistance...

helping you or a loved one remain at home

Services Provided

- Meal Preparation
- Light Housekeeping
- Dementia Care
- Medication Reminders
- Bathing & Dressing Assistance
- Transportation to Doctor Appointments
- Laundry, Folding & Ironing
- Caring Companionship, and More!



Have you considered creating a lasting legacy in your estate plan? Placer Community Foundation can help.



Benefits of giving through an estate plan:

- ✓ Impact the causes you care about.
- ✓ Maximize your giving to your community.
- ✓ Ensure your intentions are honored.



530.885.4920

PLACERGIVES.ORG



HANDYMAN ANT HONEST & RELIABLE

(916) 975-3071

Call for a free estimate!

Anthony Scachetti
HandymanAnt.com
HandymanAnt11@gmail.com

Birders

BY JANET MORELLI

SCR Birders are fortunate to live near the Pacific Flyway, a major north-south flyway (from Alaska to Patagonia) for migratory birds in America. It stretches 10,000 miles and accommodates billions of migratory birds that travel all, or a part of this distance, both in spring and fall. Along this route are many wildlife refuges where the migrating birds can stop, rest, feed, and continue on their journeys.

Birders take advantage of these refuges to observe the birds in the air, on the ground, in the lakes and ponds, and in the trees. Some of the refuges SCR Birders have visited so far during this fall and winter migration season were the Yolo Bypass Refuge, Cosumnes River Preserve, Woodbridge Ecological Reserve, Sacramento National Wildlife Refuge, and Colusa Wildlife Refuge where they sighted dozens of species and countless number of individual birds.

Two field trips are on the Birders' schedule for the month of April. On April 2, the Birders plan to go to Gibson Ranch County Park in Elverta. Last year, 38 species were found at this location, including Wilson's Warbler, Northern Rough-winged Swallow, Spotted Towhee, Wood Duck, and Eurasian Collared-Dove.

The second trip in April will be to Turkey Creek Golf Club on Hwy. 193 in Lincoln. Instead of birding by auto or on foot, this will be birding by the Club's golf carts. As a condition of allowing Birders access to the golf

course, participants in this trip will be expected to purchase lunch at the Club Cafe.

Birders will meet in the Timbers lobby at 7:15 am for the April trips. Bring a good camera or a pair of binoculars. All residents of SCR are welcome to experience the challenge and joy of birding, whether a novice or an experienced birder.

• • •

SCR Hiking Group

BY PETE GRADY

April 2020 Hikes • Hikes begin at 8:AM Join us to try out hiking. You can hike 3 times without joining.

We meet every Thursday at 7:45 AM in the Tennis Court Parking Lot.

Carpooling is organized for the drive to the Trail Head.

Rides vary in cost as do the hike distance and difficulty.

Please go to the SCR Website and Hiking Group to get more details on the hikes.

April 2: North Table Mountain - #3.5(easy). 4.5 Miles. \$8.00 Ride.

April 9: Spenceville - #3.5(easy). 5.25 Miles. \$6 Ride.

April 16: Bridgeport - #4.5(moderate). 5.5 Miles. \$8 Ride.

April 23: Lake Clementine Loop - #5.5(moderate to difficult). 8.5 Miles. \$6 Ride.

April 30: Independence Trail to Jones Bar - #4(easy to moderate). 7 Miles. \$8 Ride.

• • •

Cycling Club

BY DIANA RISCHLING

You probably think that those folks cycling around Sun City could never be gourmet cooks. But that notion was dispelled at this year's Cycling Group Cook-Off held at Sierra Pines in February. Members were asked to prepare their favorite and very best version of a crock pot or slow cooker recipe. Seventeen entries were shared at dinner along with salad, rolls and dessert. Once again, our social vice-presidents, Elizabeth Gustafson and Lori Javor, made this event not only fun but also rewarding. The dishes of three chefs, Dori Zuchold, Nancy Myers, and Diana Rischling were deemed "Best of Show" after ballots were cast for favorite beef entree, chicken/pork offering and side dish. After dinner the fun continued as partygoers played several games of "Right, Left, Center" with prizes for those winners, too.

Most of our members are now back on their bikes almost daily riding nearby roads and trails. These daily rides are good for physical conditioning as many cycling events, both club-sponsored and outside rides, are scheduled for the upcoming months. If you are interested in biking and want the companionship of others who enjoy this activity come to our monthly meeting and find out more. We meet on the third Monday of each month at Sierra Pines



Cook-Off Winners: Nancy Myers, Diana Rischling and Dori Zuchold.

at 8:00am.

Upcoming Events —

April 4: Club Social - Country Western Night @Sierra Pines

April 4 : Pardee Party - outside ride in Ione

April 18: Ride Around the Buttes - outside ride at Sutter Buttes

April 26: Wildflower Rides - outside ride in Chico

• • •

(more Club News cont' on page 15)



Busy and Need a Quick Stop?

John's Auto Care

AUTO, DIESEL, RV, 30/60/90K SERVICES,
ASE CERTIFIED COMPLETE AUTOMOTIVE REPAIR

Have you heard about JOHN'S AUTO CARE?

John's Auto Care is at 201 Derek Place in Roseville – just off Washington Street. We have been in business for 30+ years and are locally owned and operated by a Lincoln Hills/Sun City resident. We are your full service dealer alternative. We offer a **2 year 24,000 mile warranty on all repairs** and **free shuttle**.

John's Auto Care Break Special is Back - \$219.99 + Tax Per Axle Includes New Brake Pads and Labor!

most vehicles

Call **916-791-2886** and schedule your appointment today, or visit us at johnsautocareroseville.net.

John's Auto Care – we have been putting care into automotive repairs for over 30 years. Female owned and operated.



Pickleball

BY BOB VERZELLO

At the well-attended Club meeting on February 17, it was announced that the Volleyball group has agreed to move their Friday setup to court 4, the one nearest the roadway. Our Pickleball Club members will be responsible for taking down and setting up the volleyball net if we need to play on that court.

Gary Pyle was able to negotiate a good price for a large number of new and used balls of the same type we are currently using. Despite the high rate of breakage that we've been experiencing in cold weather with these lighter-weight balls, it was decided to continue using them for now. There will be a discussion later this year on the possibility of switching to heavier balls during colder months.

Other news: Tom May and Gene Cochran attended a workshop on how to establish our Club as an IRS 501c(7) tax exempt social organization. Eva Freeman expects our new Club t-shirts to be ready later this spring. Gary Pyle and Gene Cochran won a bronze medal at the February Palm Desert Pickleball Tournament.

Playing Tip from updated 2020 rules of the USA Pickleball Association: Serves must be made underhand. Paddle contact with the ball must not be above the server's waist (defined as navel level). The highest point of the paddle head must not be above the highest part of the wrist (where the wrist joint bends) when it strikes the ball.

• • •

Bocce Club

BY PAM CABEZAS

Wow April is here already and Bocce is getting into full swing. We will begin mini league on April 16th and play for 5 weeks.

If you haven't paid your dues for this Bocce year please get your \$8.00 into membership prior to league sign up on April 10th. You can find the membership form on the Bocce website or at the Bocce courts. League play will be every evening & also Thursday morning & afternoon so you can choose the day you prefer to play. There will be an orientation and social on Tuesday April 7th, 6:00 pm at the bocce courts. Bring your own party that evening and learn some bocce tips & rules while you socialize with friends.

Remember Bocce Club members to:
Know the rules of the game.

Wear your name tag.

Contribute to set up and take down of equipment, chairs, cushions, umbrellas etc..

Willingness to help out at a tournament, social event or other club activity is valuable and needed. The Club is as successful & enjoyable as the level of responsibility exhibited by it's members.

Have fun and enjoy the game.

Important Dates to Remember —

April 7 • 6:00 pm: New Member Orientation Social - Bocce Courts. BYOP - we will have new member signups. \$8 - checks only.

April 10 • 6:00 pm: Mini League Sign ups - Bocce Courts

April 16: Mini League begins, - Bocce Courts

April 11, 18th, 25th: Tournaments - Bocce Courts 8:00 am sign in.

April 19: Spring Fling - Sierra Pines, more information to follow.

April 12, 13, 14, 15 • 6:00 pm - Open play and will have instructors available at the Bocce Courts for instruction and tips.

• • •

Table Tennis

BY KAREN YEATES

A couple of reminders to put on your calendar for the coming months. Saturday April 18 we will end by 10:30 am due to another event scheduled for Sierra Pines. Also on Sunday May 17 from noon to 3:00 pm Lincoln Hills table tennis club has invited us for an ice cream social and table tennis play at their facility. A sign-up sheet will be available during the month of April with more detailed information. This has been an annual event over the last several years and is a lot of fun and social interaction as well as some good exercise.

Did ping pong really dent China's Great Wall? In 1971 in Nagoya, Japan, while practicing for the world table tennis championship, an American player Glenn Cowan missed the team bus. So he hopped on China's team bus back to the hotel. While he was viewed skeptically by the Chinese players, China's star player stepped up to shake Cowan's hand. The two spoke via an interpreter and the China player gave Cowan

a silk screen picture of a Chinese mountain range. The next day, Cowan returned the gesture by giving him a T-shirt. The exchange of goodwill was beamed around the world. China then invited the entire U.S. team to visit. The following year, President Nixon made his own historic trip to Beijing. That's your history lesson for today.

• • •

SCR Tennis Club

BY DIANE BARNETT

Tennis balls can kill. Scotland's King James I was into playing an early version of tennis that included balls and racquets but not ball boys, which proved deadly for him. James kept losing balls in the sewage drain at the corner of the court he played on. This made him furious and what good is being king if you can't wildly decree that an inconvenient sewage drain immediately be sealed? Like many capricious decisions James made, this one came back to bite him badly. A few days later, assassins broke into his place to assassinate him. The king attempted to dodge the bad guys by going underneath the floorboards and into the drainage system with the intention of escaping via the tennis court exit. But instead of a bunch of tennis balls clogging up the sewer drain he was fleeing through, he found the newly sealed grate, and was subsequently caught and murdered. Ball boys weren't officially introduced as a result, but wheels had to be in motion after this, right?

(cont' on page 17)



We Understand Commitment

You can rely on Edward Jones for one-on-one attention, our quality-focused investment philosophy and straight talk about your financial needs. Contact an Edward Jones financial advisor today.

Shawn Plunkett, CRPC®
Financial Advisor

1430 Blue Oaks Blvd Suite 130
Roseville, CA 95747
916-772-1085

www.edwardjones.com
Member SIPC

Edward Jones®
MAKING SENSE OF INVESTING

It's Personal!

We personalize our service to meet your needs. Just ask our past clients. We strive to exceed expectations every time. Call or email today for your free consultation.

Exclusive Sun City Roseville Real Estate Services

Serving your real estate needs since 1983 with integrity and good old-fashioned hard work. Visit MySunCityRoseville.com for a list of all active and SOLD homes in the community.

916.238.2150

Capitol Oaks
Real Estate

www.CapitolOaks.com



MySunCityRoseville.com

Rick Johnson
Rick@CapitolOaks.com
(DRE# 01073601)



305 Grass Valley Highway (Hwy 49) • Auburn, CA • 1 block North of I-80



BUY • SELL • CONSIGN

We Buy

- Motorhomes
- Travel Trailers
- 5th Wheels
- Campers



We Consign

Trades Welcome

Small town dealership with small town prices! Stop by for a FREE appraisal.

49 YEARS OF LOCAL RV EXPERIENCE

Visit our Website: www.ShopRVconnection.com

Open 7 days 9am to 5pm • After hours appts. available

Call (916) 765-1022

Pictures of units are examples only.

SCR Tennis Club

(cont' from page 15)

There's a pineapple on top of the Wimbledon trophy. Apparently it represents the tradition of English sailors putting pineapples on their gateposts when they returned from a long voyage. Not sure how tennis became associated with long trips at sea, but this did remind me about the importance of warding off scurvy, so well done, pineapple trophy.

No racquets required! Tennis was initially played with our hands. (Please try this and send me the video to publish.) It was originally called game of the palm and people's hands were presumably worn and red until the 16th century when racquets came into use.

Sorry, gang but it's been a slow month.

• • •

He & She Golf Club

BY KATHIE DE VITO

February Play Results —
Timber Creek (18 holes)

February 10 —

1st: Rich Aug, Johnice Swallender and Sandra Morea

2nd: Jim Sherrard, Vernita Hillwig, Jerri Lehnhof and Steve Hennessy

3rd: Ray Ortega, Janet Smith and Mark & JoAnne Gregson

CTP: Women: 1st - Vernita Hillwig 18' 9"
Men: 1st - Bob Fredricks 4' 3"

February 24 —

1st: Jim Sherrard, Steve Hennessy, Jerri Lehnhof + Blind Draw

2nd: Barbara & Bill Wells and Minell & Bob Fredricks

3rd: Rich Aug, Peg Mucci, Johnice Swallender and Jim Dachauer

CTP: Women: 1st - Diane Ayers 41' 8"

Men: 1st - Rich Aug 14' 8"

Sierra Pines (9 holes)

February 10 —

1st: Bob Niznik, Denise Gilbert, Jim Hackbarth and Arlene Lizotte

2nd: Karen Hawkins, Brad Owens, Gail Raglen + Blind Draw

3rd: PDwight Rose, Hideko Gongaware and Ed & Evon Steele

CTP: Women: 1st - Elizabeth Gustafson 54' 3"

Men: 1st - Jim Hackbarth 35' 0" 2nd -

Michael Hemingway 47'2"

February 24 —

1st: Monika & Bob Konkel, Frank Patch + Blind Draw

2nd: Chris Bernasconi, Dale Bailey and Diane & Terry Dooley

CTP: Women: 1st - Roxanne Warloe 21' 5" 2nd - Diane Dooley 23' 10"

Men: 1st - Dirk Fowler 24' 9" 2nd - Terry Dooley 36' 1"

April Play Schedule —

Sierra Pines —

April 6: Open Play 8:00 am

April 13: Tournament 8:00 am & 10:30 am

April 20: Tournament 8:00 am & 10:30 am

April 27: No play - outside tournaments

Timber Creek —

April 6: Open Play 8:30 am

April 13: Tournament 8:30 am

April 20: Tournament 8:30 am

April 27: No play - outside tournaments

• • •

Sierra Pines Ladies Golf

BY DEBBIE GEORGE

Is Spring finally here? Let's hope so. We've been confused or fooled before.

I'd like to report our most Improved SPLG golfers for February. In the 1st flight: Ellen Thomas; 2nd flight: Mary Onodera; 3rd flight: Denise Gilbert, and the 4th flight: Liz Sublett. Way to go ladies.

We had quite a few birdies and chip-ins recorded in February. On February 12, both Marlene Bell and Kyle Vodden birdied hole 5. February 26 Pat Llapitan birdied hole 5 for the first time. Chip-ins, on February 5, were made by Judy Grossetti on hole 6; Linda Vincent on hole 7; and Janet Leslie on hole 4. February

12 Barbara Simon chipped in on hole 9; Kathy Fowler on hole 6; and Katie De Vito on hole 6. February 26 Heidi Gongaware on hole 5 and Sharon Terry on hole 2. We also had Elizabeth Gustafson breaking 50, for the first time, with a score of 49.

Our Spring Luncheon is being held on Wednesday, April 15 at 12:00 pm. The signup binder for this event is in the Pro Shop at the Pines. Be sure to make your checks payable to SPLG in the amount of \$9. The deadline for signing up is April 8. This is always a fun event. There will only be early play that day.

Council meeting is Wednesday, April 8, in the Sierra Pines Clubhouse at 2:00 pm. Anyone is always welcome to attend.

General meeting is Wednesday, April 15, at 2:00 pm also at the Clubhouse at the Pines. Be sure to attend so you don't miss the latest news regarding SPLG. Our board members work hard on our behalf. Let's continue to show them our support. Also, plan to stay for the social hour following the meeting.

Mark your calendars for a fun event coming this fall. Our Lady Niners are planning our Invitational for October 1. We will play at the Timber Creek Course. You will either play your nine holes on the Lakes course or the Oaks course. Be sure to watch for more info. We are hoping for a huge turnout from our members.

Tee times will change in May to 7:30 and 10:00 am.

Happy golfing!

• • •

Timber Creek Women's Golf Club

BY BARBARA MILLS

It has certainly been an interesting spring to play golf! No rain at all in February but plenty of warm days to be on the course. March was typically variable with a little bit of everything.

We are lucky to have such dedicated "check-in" ladies, Jean Nakao and Bev Simpson! Every Wednesday they arrive extra early to set up our score cards, sign-in sheets, and cheerfully greet everyone and get our golf day started in an efficient way.



Jean Nakao and Bev Simpson



New Member Kathi Botelho.

Welcome to our newest member, Kathi Botelho, from Sun City Lincoln Hills. Her Big Sister is Sherrill Pahl.

We are busy choosing our partner for this year's first major competition, the 36-Hole Better Ball Tournament, to be held April 8 and April 15 playing from the red and white tees as long as there are at least 12 players playing from each tee. Overall winners from the red

(cont' on page 18)

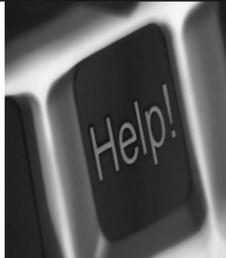


Some of the Sierra Pines Ladies after playing their first tournament in 2020.

Affordable Computer Help

PC Help IN YOUR HOME!

- **15% Senior Discount**
- Remove Viruses, Malware, Spyware, Ransomware, Worms
- Customized Training
- All your Computer Help Needs



- Wireless Wi-Fi Setup
- Computer Tune-ups
- Speed up your PC
- Friendly Personal Service, E-mail Help
- New PC Setup & Transfer Files

Your Fulltime Computer Specialist
Jerry Shores 916-663-4500

WINDOW FILM FOR YOUR HOME

Summer
10% OFF
Discount

- Save Energy
- Improves Comfort
- Reduces Glare & Fading
- Adds Safety & Security
- Lifetime Warranty
- Blocks 99% of UV Light



JC | WINDOW SOLUTIONS

jcwindowsolutions.com
(209) 304-2382

3M
AUTHORIZED DEALER



SRG
SENIOR
LIVING

Discover Sierra Pointe.

Exceptional Service, Style,
and Peace of Mind

Discover the confidence of CARF® accredited senior living in a beautiful & vibrant setting. From spectacular restaurant-style dining to engaging activities & supportive assisted living services, you'll find a perfect blend of comfort, convenience and an individualized approach to care.

To learn more, please call 916.546.3947
or visit our website.

Sierra Pointe

INDEPENDENT & ASSISTED LIVING RESIDENCES

5161 Foothills Boulevard • Roseville • 916.546.3947
SierraPointeRetirement.com

RCFE# 312700263

Timber Creek Women's Golf Club

(cont' from page 17)

and white tees will receive monetary awards and their names added to the 36-Hole Better Ball Plaque! Winners in the various flights will also receive monetary awards. Last year's winners, Minell Fredricks and Lynne Peaslee, are planning the award's ceremony and nice luncheon to be held after golf on April 15 in the Solarium.

Chairs Suzie Everett and Mary Jorgensen plus a host of volunteers are planning for the always fun One Day Invitational Tournament on May 27. The theme is "Looney Tunes Goes Golfing". This is a great time to invite three guests, who do not have to be SCR residents, and share the joy of playing on our wonderful Timber Creek course! A buffet breakfast and luncheon will be served in the Ballroom where the winners will be announced.

...

Timber Creek Men's Golf Club

BY KEN HANSEN

What weather! What golf! Hope you are all enjoying this golf paradise as much as I am.

We've had our first tournament and here are the highlights: Low Net on the Pink was the team of Gregson, Niebank, Aug and Dachauer with a 72. Flight 1 was won by Hoban, Seo, Tom and Woodbury net 59. Joe Hoban's three extra yards made the difference. Second flight went to Bergman, Nordin, Proctor and Onadera with a 60. Closest on #4 was Ron Mashiovecchio at 12 feet 2 inches and on 16 it was Bob Niznik

at 1 foot 10 inches. Much thanks go to the Tournament Committee for such a smoothly run tournament. Pace of play was lightning fast. Oxygen!! Thanks to everyone for adhering to the pace of play goal. So now we set our sights on the Irish Scramble on March 10. Signup before Tuesday golf or in the Member Room. Results will appear next month.

Our general meeting was highlighted by a presentation by Derek Zachman regarding putting, especially the speed of putts and the problems three putt cause on our final score.

We look forward to Tom Devitt's return from his Middle East peace mission.

The Trivia Question for this edition is: Only one woman has made the cut at a PGA tournament out of the four who have tried.

(cont' on page 19)



Ken Hansen and Jay Dameron
with Hole-In-One flag.

Happy Easter



Lenora HARRISON
BRE #01229917 • 916.765.4188

Larry
PEARSON
BRE #01938527
916.521.6516

wesellsuncity.com
lenorasellssuncity@gmail.com

Sun City Roseville #1 SELLING TEAM

As Sun City Roseville's leading real estate team, we've served hundreds of fellow residents. Our success comes from unsurpassed professionalism, unwavering integrity and outstanding results... one home at a time. We can do the same for you!

Call today for a FREE market
evaluation!

Sun City Neighbors.
Distinctive Realtors.
Outstanding Results.

Each office is independently owned
and operated. Nick Brooks, Broker



Timber Creek Men's Golf Club

(cont' from page 18)

Who is she? The first to email me the answer wins a door prize on April 1. Must be present to win.

That's all for now. If you have something of interest for this column, let me know.

"I know I'm getting better at golf because I'm hitting fewer spectators." Gerald Ford

• • •

Golden Niners

BY RALPH FRIEND

In addition to giving you information about the Golden Niners Club each month, I will begin this month introducing some of our "Golden" members. I will be spot-lighting members who are eighty-nine years young and above!

Al Evashenk is ninety-three years old and has played golf with the Golden Niners for almost ten years. Al joined the "Niners" when he moved to Sun City in 2010. Al worked for A & P Markets, a large grocery store chain. He spent time in Chicago, St. Louis and eventually ended his career in the Salinas Valley of California. He fondly says that the Salinas Valley is the "salad bowl" of the world!

Al has three sons who enjoy golf. I asked him what he thought his family would say about his weekly golfing adventure and he simply said, "Great"! He has a son who lives close by and Al enjoys dinner there each evening. He spoke about the importance of family. When they are together they play a lot of games. He stays in

contact with his family through Facebook and Skype. You will find Al on the Sierra Pines Golf course every Tuesday morning, so come on out and say hello!

Each Tuesday our club plays a different game of golf in a tournament style. There is a shot-gun start at both the 8:00 am and 10:30 am start times. You never know who your partners will be, so you get the opportunity to get to know the three other players in your four-some.

The big winners for the month of February are: Richard Bradshaw and Gary Wolff: \$22 Robert White: \$20

Rich Allison and Bob Konkell: \$18 Art Green: \$17 and five others at \$16 each

• • •

Croquet Club

BY JANE MCNALLY

What makes us so proud of the Sun City Roseville Croquet Club? The dedicated members who give of their time and are always ready to volunteer for whatever tasks need to be accomplished.

Louisa and Patrick Maglione exemplify that type of leadership. Louisa joined the Croquet Club 9 years ago, because she wanted to participate in an outdoor sport which wasn't too strenuous and wouldn't aggravate her asthma. Patrick joined soon after to be able to participate in a sport with his wife. For Patrick, a tennis player, wearing white wasn't an unusual membership requirement. By the way, did you know that if you play croquet after 12 o'clock, white garb isn't required?



Louisa and Patrick Maglione

Patrick served as Club President for two consecutive years. Both he and Louisa help relocate the wickets when needed, have participated in Courier Days, Clubs and Groups Recruitment Days offered by the Activity Department, and have taught lessons to interested new people as well as members. Need a volunteer, just ask Louisa and Patrick who will share their creative ideas.

Louisa is serving her fourth term as Club President. At one time, she maintained the Club's web site and input pictures. Louisa has also been the Club Secretary. Her organizational skills move our council and membership meetings forward without sidetracks. Louisa has attended many special meetings and always relates the information

to our membership.

Both Louisa and Patrick hope that one of our Club members will step forward and volunteer to become the next Club President. That person will have strong support and help from our previous presidents.

Croquet lessons will be open to all Sun City residents on Saturday, May 9th starting at 9:30. The lesson will include grips, swings, strokes, and strategy. This will be followed by playing a Nine Wicket Croquet game.

• • •

Senior Softball

BY RICHARD EPTING

In Senior Softball, February is the month of great anticipation. This last February was no exception. Our fearless managers met on February 28 and drafted their teams for the 2020 season. It was stressful for them, but more so for the players. "Who's going to pick me?," "When will I be picked?" "Will I like my teammates?" These are tough questions, even for men in their 60's and 70's; however, we all survived. Manager Jimmy Hebner picked first for the Green Team and chose Victor Tam. Next, last year's champion coach, Ron Roberts, chose his coach, Mike Barrientos for the Blue Team. Larry Larson chose third for the Yellow team and selected Jim Dunn, an outstanding outfielder. Red team coach, John Pal, picked shortstop, Steve Lengyel. Finally, Eric Erickson's first pick for the White Team was Roger Dorris. In all, each manager selected well, and we should have an exciting season of

(cont' on page 20)



Family BOOKS & GIFTS

(916) 334-7626 | www.FamilyBG.org
 6349 Watt Avenue N. Highlands, CA 95660

Family Books & Gifts
 2 blocks south of Elkhorn Blvd.

FREE FAMILY EVENT!!!

Gifts & Bibles
Gourmet Candy
Coffee Mugs
Wall Art
T-Shirts
& More

Store Hours
Mon. - Sat.
9am - 7pm
Sun 1-6pm

You're Invited
Customer Appreciation
EVENT

Saturday, April 18th
11:00 am - 3:00 pm

- Free Hot Dogs
- Raffle Drawings
- Bounce Houses
- Family Fun!

We're excited to see you there!



6349 Watt Ave. N. Highlands, CA

www.FamilyBG.org



RUSSO

INSURANCE AND FINANCIAL SERVICES -
GET TO KNOW US BEFORE YOU NEED US

HOME | AUTO | LIFE | COMMERCIAL










Located Behind The Fountains in Roseville
 951 Reserve Drive 160, Roseville, CA 95678

916-791-1901



online quotes:

www.rickrussoinsurance.com

Visit us on



Senior Softball

(cont' from page 19)

play. In Las Vegas, the Blue Team and Yellow Team would be co-favorites at five to two, and the book would have the other three teams at three or four to one odds. But you have to remember that this is Senior Softball and so a lot can happen!

On April 1, we will have an Opening Day ceremony, with refreshments and the Sun City Singers. Our Senior Classic game is scheduled for May 6, followed by an All-Star game on May 20. On June 3, we will have the Administration Game, an always popular battle between our best players and the much younger Sun City Staff. Playoffs start on July 1, and end on July 15. We'll have our annual banquet sometime in July. If you're interested in watching quality softball, come out and enjoy the game.

• • •

SCR Billiards Club

BY GERRY CRISTONI

Our General Membership meeting was held on Wednesday, February 19, 2020. Since we did not have a quorum, this is considered information only meeting.

Gregg Slavik, nominating chairman, announced that we are still looking for someone to volunteer to be our 2020/2021 Club President. Tim Connolly, Myrna Irwin and Gerry Cristoni will continue as officers for 2020/2021. All positions must be filled by our May meeting, where voting will take place. Remember, No President, No Club.



Winners: Paul Garcia and Norm Pilliard.



Jerry Crosby and Willie Stephens.

Mark your calendar, next General Membership meeting, May 20, 2020 at 1:00pm in the Club Room. We must meet our quorum!

The February tournament winners were:
Men's Monthly 9 Ball: no information available

Men's Open 8 Ball: Ken Neal and Jerry Crosby

Men's Monthly 8 Ball: Paul Garcia and Norm Pilliard

Men's Open 8 Ball: Jerry Crosby and Willie Stephens

• • •

SCR Monday Morning Bowlers

BY OLGA WIDNES

Starting off the new year, we have many winners. In January we had Joni Lacey with a 500 series and 50 pins over. Carol Corley with a 400 series, Al Gomez - 50 pins over and Chuck Leming with 50 pins over. In February we had David Lindahl, Bob Grib, Karen Nelson, Marilyn Meek, Carol Corley and Lynn Henricks with 50 pins over. Lynn Henricks and Gary Wolff both with a 200 game. Phil Ereno had a 400 series and Marilyn Meek with a 500 series. Congratulations to all!! See you next month.

• • •

Tuesday SS Bowling League

BY JOHN VOGELI

We have another quarter champion, "We Don't Care" (Ellen Asbury, Richard Armentrout, CJ Johnson, PK Lewis) defeated the "Pin Pals" (Claudia DeHart, Rumiko Asbell, Russ Asbell, Bob Zielinshi) with a couple of the games real close. So "We Don't Care" moves on to the finals in May to join "Roll-X" (Anita Miller, Helen Rodante, Jack Uchman, Rex Miller) and the "Alley Gators" (Michael Moyer, Bob King, Jim Helton, Debra Scott). The fourth quarter has started as of March 10th and there are two undefeated teams at this time. Guess who? "We Don't Care" and "Roll-X" lead the way. "Stars & Strikes" (John Vogeli, Renee Gann, Blaine Eisenbeis, Randy Dvorak), "Hot Pockets" (Linda Zierman, Pat Fisk, Robert Smith, Dave Fisk), "Kelly Green

Machine" (Paul Greenhaw, Judy Greenhaw, Ann Kelly, Wendy Green), "The Pacers" (Ann Holbak, Phil Washburn, Richard Wong, Larry Hickerson), and "Half Fast" (Jean Grupp, Susan Moore, Dan Anderson, Bob Grupp) are a couple of points behind. Should be a very interesting run to the roll-off. The following team and individual results are for the season to date. The most improved category is led by Robert Smith of "Hot Pockets" with a 170 avg for the men and Laura Silva of "Spare Us Da Split" for the women with a 150 avg. So far the season Team Scratch Series is headed up by "We Don't Care" with a score of 2359. The Team Scratch Game belongs to "Rock'n Bowl" (Gene Garman, Jill Munyan, Mike Bezce, Dale Mellberg) with a score of 843. The Mens High Scratch series is led by Dave Harriman of "Shuda Been" with a fine 743. The Womens High Scratch series is led by PK Lewis of "We Don't Care" with a very nice 612. And again I must congratulate Ron Basnett of "4-2Win" for the best Scratch Game with a "perfecto" 300 in the month of December. One thing is for sure is that he can't be beat, only tied, nice feeling. Wendy Green of "Kelly Green Machine" Leads the women with a 238 Scratch game. In the Team Handicap Series "4-2Win" (Carol Torno, Bob Vincent, Roy Hackman, Ron Basnett) leads with 2772 pins felled. The individual Handicap for men series is led by Richard Armentrout of "We Don't Care" with a solid 830. Linda Buechner of "Good Times" has the womens high Handicap series with a

(cont' on page 21)



Lee Morse
REALTOR®

A tradition of trust & dedicated to results

BRE#01413078
916.425.0125

FREE Home Evaluation

All listings include:

- ☆ Staging
- ☆ Estate liquidation
- ☆ Professional photography
- ☆ Carpet cleaning
- ☆ One time yard cleanup

Buyers, lets' go on a tour!

"I live & work in Sun City."





PECK

HEATING & AIR CONDITIONING
CSLB# 566294

• SALES
• SERVICE
• INSTALLATION

www.PeckHeatingAndAir.com 916-409-0768

**Spring is Coming...
Time to Think about a
Whole House Fan**



Roseville residents
\$400 REBATE (2000 CFM required)
CALL FOR INFO!

**Early Bird
Spring
Tune-up
Special**

\$69

Expires 4/30/20

Three Generations Strong

Tuesday SS Bowling League

(cont' from page 20)

fine 784. The Team Handicap game belongs to "Roll X" with 988 pins knocked down. The individual mens high handicap game belongs to Rex Miller of "Roll X" with a fabulous 334. On the womens side there is Carol Torno of "4-2-Win" with a nifty 287.

Nice bowling by all the teams and individuals listed above. At this time we have several weeks left for the other competitors and teams to make their move, best of luck to all of you.

If there is anyone out there that would like to join our league, maybe next fall, or maybe a summer league, you may call Stacey Pudge at Strikes Unlimited in Rocklin @ 916-626-6361 or drop in at Lonetree Blvd. You may also call Linda Zierman at 916-408-2397 or contact her at lzierman@sbcglobal.net. Until we meet again get after that "damn ole ten pin".

...

Bridge Club

BY COLLEEN TOVEY

Beginning Bridge classes started on February 5 with 18 willing participants. Susan Rollinson, assisted by Sarah Traweek, is teaching lessons based on Audrey Grant's beginning class directives which cover suit value and trick taking. Following the eight weeks of classes members

of the Bridge Club will be acting as mentors for the group. Shown below in Photo 1 are Cindy Davenport, Sally Traweek (assistant), Jeanie Murchison and Susan Rollison (instructor). In photo 2 are Stephen and Nancy Butler (standing), Arvis Wedemeyer, Toni Wardlow, Linda Schoenberger and Carol Seirfert arranging their cards. We are delighted to welcome these new (or returning players) to the bridge table.

March bridge events included the Spring Luncheon on March 16 which was held in



Bridge Students



Teachers and Students

the Ballroom and the Bridge Exchange with Lincoln Hills Bridge Club on March 25 which was held at Lincoln Hills. Results will be reported next month.

...

Mah Jongg

BY CINDY FAULKNER

Mark your calendar for another luncheon at Sierra Pines on Friday April 24, 2020 at 11:30 am. Details for the lunch will be emailed to you and will be in the card room late in March. Hosts will be Sidnee McKinney, Bobbi Dunk, Chris Grieve, and Joan Jeffreys. We are looking forward to a nice Spring day of good food, good company, and some nice Mah Jonggs with the new card.

Mah Jongg officers for President - Dana

Eggerts, Vice President – Annette Pettersen, and Treasurer – Donna Barr, remain the same for their second year of their term. Cindy Simpson has volunteered to be the Secretary. She will be voted on at the April luncheon. If anyone is interested in running against her, please let Dana know.

The Mah Jongg Club is sending all emails through the Sun City Roseville Web. The emails that have been sent show that all members of the Mah Jongg Club that have an email are receiving it. If you are not, check your spam or quarantine folders. If you still are having problems, please go into the administration office to get it straightened out.

All members are requested to wear name badges to assist our newest members to get acquainted with everyone at all Mah Jongg events. Play continues on Monday from 12:30 pm to 3:30 pm and on Friday from 9:00 am to 12:00 pm with lunch in the Timbers for whoever wants to join us.

All Mah Jongg play is fragrance free.

...

Bunco

BY PAT OBERLANDER

Winners for February 10 —
Most Buncos: Sandy
Most Games: Pat and Jackie
Booby: Dotty
Winners for February 24 —
Most Buncos: Jackie Spencer
Most Games: Sandy, Geri Panyko and

(cont' on page 23)

GUTH & CHANGARIS

A Professional Law Corporation

Estate Planning and Elder Law Attorneys



Penelope A. Changaris

Experience
Caring
Professional
Service



John L. Guth

Living Trusts • Wills • Probate • Trust Administration • Conservatorships

Serving Placer, Sacramento, Yuba, & Sutter Counties

916-774-7030 (Roseville Office)

530-674-9841 (Yuba City Office)

See Website: www.guthandchangarislaw.com

JOHN L. GUTH and PENELOPE A. CHANGARIS are both Certified Specialists in Estate Planning, Trust and Probate Law by the State Bar of California, with 70 years of combined experience.

Student SERVICES

A+ HOME SERVICES

Have you cleaned your gutters?

Gutter cleaning **Varies by home model & tier**

A+ tier: Remove debris, check downspouts, and install downspout filters

A tier: Remove debris and check downspouts

A- tier: Remove debris

Window cleaning **Varies by home model & tier**

A+ tier: Inside and outside windows, tracks, frames, sills, and screens

A tier: Inside and outside windows

A- tier: Outside windows

Call or text (916) 380-8333

BINGO

THUNDER VALLEY CASINO RESORT

DOORS OPEN AT 9AM DAILY

MONDAY - SATURDAY

GAMES BEGIN AT 10AM, 1PM, 6PM & 10PM*

*ON FRIDAY & SATURDAY, NITE OWLS WILL BEGIN AT 11PM

SUNDAY

GAMES BEGIN AT 10AM, 1PM & 6PM



Presale available now!

\$88,888

The Grand Event

BLOWOUT

Sunday, April 26th

One **FREE Blowout Special** with **Swanky Package** purchase!

1st Bingo \$8,888 | 2nd chance Bingo \$4,000



CONGRATULATIONS! VERONICA HIT OUR THUNDER 8-VIPICK'EM PROGRESSIVE FOR OVER HALF A MILLION DOLLARS!

TIMES, DATES, SPECIAL EVENTS AND PRIZES MAY VARY. VISIT THE BINGO ROOM OR THUNDERVALLEYRESORT.COM FOR DETAILS

MANAGEMENT RESERVES THE RIGHT TO ALTER OR CANCEL ANY PROMOTION AT ANYTIME WITHOUT NOTICE



THUNDER VALLEY CASINO RESORT

If you think you have a gambling problem, call (800)

522-4700.

FREE VALET PARKING
TAKE I-80 TO HWY 65, LEFT ON SUNSET

LINCOLN, CA • 877-468-8777
THUNDERVALLEYRESORT.COM

Bunco

(cont' from page 21)

Linda Solomon

Booby: Margrit Grenier

Come and join the fun on the 2nd and 4th Monday! No training necessary, just luck. The cost is \$4 Sign-in starts at 8:30 am and we start playing at 9:00 am. Good way to meet neighbors



Bunco Winners!



Bunco Winners!

and loads of fun. We'd love for you to join us. We're in the card room at Timber's Lodge. You don't have to commit to every time, but once you start, you'll be hooked. Come on down!

...

SUN SENIOR PROFILES *Getting to know you...*

Norman and Lois Grabar

(cont' from page 1)

becoming a left-handed pitcher. That is where you could make a lot of money." But, first, the A league Oakland Oaks needed a first baseman, and Casey sent him there to finish the last few weeks of the season. Casey told Norman to tell the Oaks manager that he wanted to pitch as well as play first base, and to plan on reporting to the next spring training, in Florida, with the pitchers and catchers.

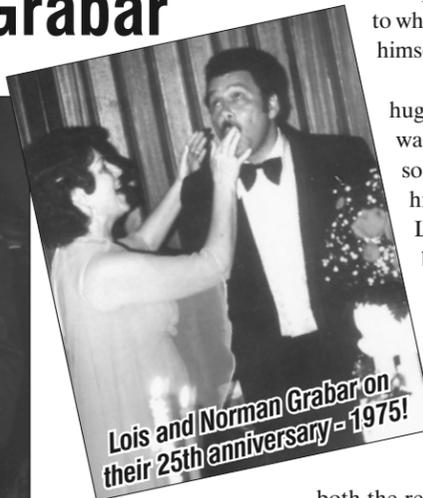
Playing an away game against the Bakersfield Blaze, Norman was beamed—struck in the head by a pitch—before the era of batters helmets. One ball, traveling a mere 60' 6", forever changed Norman's future. His baseball career was over, but his new life was just beginning.

Also a child of the Great Depression, Lois lost her father when she was eight years old. Her focus, continuing throughout high school, was on helping her struggling mother and four siblings. Of course she knew of Norman in high school. Everyone knew of him. In his least sport, Norman had scored the only touchdown of the game to bring victory over their undefeated rival, setting a school yardage gained record. But it was in basketball and baseball that he excelled. Being three years younger, and having no inclination to be a social butterfly, Lois was content to watch Norman from afar. He was, after all, knock down handsome.

Life returned her to Grass Valley, where she had spent most of her youth, and graduation happened there. But, opportunity soon moved her back to the Richmond area to stay at her sister's boarding house and take a job at Standard Oil, providing dictation, typing and other clerical skills. A few years



Lois and Norman Grabar on their wedding day - 1950!



Lois and Norman Grabar on their 25th anniversary - 1975!

later, she got on with the clerical staff at the Oldsmobile dealership in Richmond.

Norman wound up back in Richmond after being permanently benched. He and three

of his pals, including one named Bebe, took his dad's Oldsmobile to Lake Tahoe. A broken axle derailed their plans to merely have fun. They pooled their money and determined they were broke. Norman got his uncle to loan him the funds, and he had an axle installed which was not quite the correct one for the car. They limped it back to Richmond, and he then took it to the dealer for a proper repair. Bebe went with him, and recognized Lois from their high school days. She was typing away in the office, and Bebe introduced them. Norman became gobsmacked, and for reasons he still cannot explain, proclaimed that it appeared to him that she could not type. Lois took great pride in her typing skills, which were constant demand in that era. Norman managed to smooth over the offensive comment, such that Lois would at least talk to him. He subsequently told their mutual friend, Bebe, that Lois was the girl he was going to marry. Not impressed, Bebe said, "In your dreams." Lois was knock down good looking, too.

Lois had made arrangements to go to a dance one evening, and Norman spotted her downtown. He asked her what she had

planned, and she suggested he could see her at the dance. When he arrived, her dance card was already full. Norman waited until the last dance, sort of intimidated the poor guy to whom it was promised, and sashayed himself into the rest of her life.

Norman's mother insisted on a huge wedding, and theirs, in 1950, was quite a big event, due, in part to so many people remembering the high school sports star. But, he and Lois knew that he would no longer be that guy. They pooled their resources, worked together, found each other's strengths, and made their life together work.

Norman took a job at a drive thru convenience store that featured mostly dairy products. He learned the entire business, both the retail store and four gas pumps out front. When the opportunity presented, they were prepared. The owner accepted their offer to buy the operation, launching their entrepreneur lifestyle and ending paychecks forever. Working around being mom and homemaker, Lois joined her sister in the real estate world, and eventually they owned and managed eighteen properties. They opened a mom and pop video store, grew it to ten stores by carefully marketing around Block Buster and Hollywood Video and providing one-on-one customer service, and sold the dairy products store.

In 1996, they sold most of their business interests and moved to Sun City Roseville, dabbling only in real estate. They had looked elsewhere, but Roseville's proximity to the Bay Area and mountains, coupled with our amenities, made the selection uncomplicated. They soon found recreation in golf, billiards, softball—he managed the team for three years—and bridge, and a robust family.

Ask them the secret to seventy years together, and they will tell you it was not always easy. They knew change and struggle, losing one of their four children far too early, but now enjoy fourteen great grandchildren, wonderful family gatherings, and the twinkle in each other's eyes.

Want to share your story or know a neighbor who should be recognized? Just let us know! Call us at 916-727-6383 or e-mail us at: egnews@egnews.com

GARY'S SPRINKLER REPAIR SERVICE

Residential Experts • 25 Years Experience
Troubleshooting & Repairs

- Timers Changed • Wiring Issues • Bad Valves
- Drip Systems • Broken Pipes
- All Work Guaranteed

916-223-3706 LIC# 869624

BrightStar Care
A HIGHER STANDARD OF HOME CARE

LET US HELP YOU CARE FOR YOUR LOVED ONE

We specialize in:

- › Personal Care
- › Alzheimer's
- › Companion Services
- › Parkinson's
- › Homemaker Services
- › Heart Failure
- › Respite
- › Post-surgical Care
- › Hospice Support
- › Multiple Sclerosis

We assist you with Long Term Care insurance processing.

No deposit required.

Nurse oversight included.

Independently Owned & Operated

Insured & Bonded – Roseville, CA • 916 781 6500

Luxury Senior Living

Assisted Living • Memory Care



Thank you for voting us the BEST Senior Living Community in Roseville!

Oakmont of Roseville, a luxury senior living community, offers five-star services and amenities with a continuum of care.

*Restaurant-Style Indoor and Outdoor Dining
Private Movie Theatre • Day Spa • Fitness Center
Pet Park • Resident Gardens and Walking Paths*

Enjoy exquisite dining, friendly concierge service, weekly housekeeping and much more!

 **Oakmont**
of Roseville

1101 Secret Ravine Pkwy
Roseville, CA 95661
(adjacent to Sutter Medical Center)

916-297-4512
oakmontofroseville.com



Tours Available Today!

Water Reliability Strengthened by Regional Collaboration

By PCWA Board President ROBERT DUGAN and Roseville MAYOR JOHN B. ALLARD II

Regional collaboration on water supply reliability is nothing new for us in south Placer County. For years, our respective agencies have been aligned in delivering reliable, affordable and sustainable water for our communities.

For the City of Roseville (Roseville) and Placer County Water Agency (PCWA), the partnership goes back to the construction of the Middle Fork Project, a locally-controlled system of reservoirs and powerhouses upstream of Folsom Lake on the American River that continues to benefit all of Placer County.

As part of the construction of the Middle Fork Project, Roseville and PCWA reached an agreement with the United States Bureau of Reclamation (Reclamation) to augment our Middle Fork Project supplies with Central Valley Project (CVP) contract water from Folsom Lake.

Those original CVP contracts expired a decade ago, and because of litigation, could not be renewed on a long-term basis. This resulted in a patchwork of temporary contracts, which created an unacceptable risk to our growing regional economy.

PCWA and Roseville formed a partnership to solve the problem. After three years of intense effort in Washington D.C. on behalf of our visionary staff with the support of our elected colleagues and numerous other water agencies from across the western United States, the Water Infrastructure Improvements for the Nation (WIIN) Act was passed by Congress in 2016.

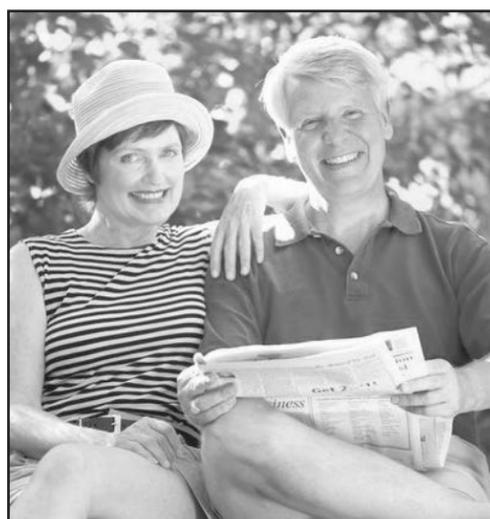
The region's lawmakers in the House of

Representatives and Senate were instrumental in drafting the WIIN Act and convincing then-President Barack Obama to sign the legislation into law in 2016. The WIIN Act authorized Reclamation to not only sign our long-delayed CVP contracts, but authorized those contracts to extend in perpetuity.

Our agencies' joint vision, partnership, and effort on the WIIN Act came to fruition on February 28, 2020 when Roseville and PCWA, along with five other regional districts and municipalities, signed our permanent indefinite term CVP contracts at the base of Folsom Dam.

The signing of these contracts ends a decade of uncertainty regarding our CVP contract supplies from Folsom Lake, and provides assurance to our economic development partners that they can rely on the very robust combination of Middle Fork Project and CVP water supplies as they plan the region's future.

In water, as in other regional policy matters, we are stronger when we work together. This kind of cooperative effort is just one example of why Placer County continues to be the best place in California to build and grow a business and raise a family. We are thrilled to be part of the effort to keep Placer County thriving.



Please patronize our advertisers, and let them know you saw their ad in the Sun Senior News!

**Sun Senior News available on-line at:
www.SunSeniorNews.com**

— BULLETIN BOARD —

APRIL / MAY

AARP – Free Tax Return

AARP volunteers will prepare and electronically file Federal and State income tax returns for low-to-middle income seniors at the SCR Lodge Computer Room on Sundays. There is no charge for this services which is sponsored by the IRS and AARP. Volunteers are tested and certified annually and are trained for most returns. Real estate rentals, K-1s for limited partnerships, and complex small business returns are a few of the exceptions. Appointments are required and can be made by calling 916-741-0506. Your call will be recorded on an answering machine and an AARP volunteer will return the call to schedule your appointment.

Play Reading Group Forming

If you've got a little ham in you, or if you're psychologically-minded, or if you're a student of world drama, or if you're a lover of Broadway, Sac Theatre Company, the Sophia, or Cap Stage, this new group may be just what you've been hoping for—a monthly play-reading, or theatre production group. Calling all interested actors, readers, drama critics, live-theatre lovers, and retired drama teachers. Contact Letha Dawson, by email at lethadawson@gmail.com, if you'd like to get in on the stage floor and create a monthly gathering of like-minded thespians.

Sunshine Programs

Home from the hospital, live alone and need assistance? Sunshine Services' Individual Care Program offers 40 hours of care per year. Our Caregiver Relief Program offers 4 hours of respite per week for 2 years for 24/7 caregivers of residents who can't be left alone. There's a \$5.00 per hr. co-pay for both programs which employ licensed home health workers. Call Melissa Shelton-Kinoshita at 916-865-4913 for details.

Dial-A-Ride Tickets!

Sunshine Services sell Dial A Ride tickets in the Lodge Lobby. Tickets are sold the first Thursday of the month from 8:30 - 10:30 am. Funded by SCR Foundation, tickets cost residents \$10 for 10 one way-rides.

Attention Scrabble Lovers

Join us for a weekly Scrabble session in the Card Room • Fridays, 12:30-4:00 pm. For details, call Jennifer Martin, 916-781-2830.

All Tuned Up

All Tuned Up meets every Thursday, 9-10:45 A.M., at Sierra Pines, Ponderosa Room. All musicians are welcome. Sun City Roseville has a lot of talent. We want people with and without instruments. Come and sing or just listen. For more information, call Letha Dawson at 916-872-8019.

Do you speak French and/or Spanish?

FRENCH - 3rd Tuesday 2-4 PM. SPANISH - 3rd Wednesday 2-4 PM. Have fun retaining or improving your language skills with videos, games and other activities. Fluency not required, but some knowledge of the language is helpful as activities are not lessons. - Sandy Haley sjhwemh@comcast.net, 792-2881.

Tuesday Evening Men's Poker

Got the Tuesday night blues, how much idol and reality TV can you watch! All right I made my spiel, come on down to the lodge and join us in the poker room from 6 to 9:30pm for some friendly action of poker. Our games are 95% "split the pots" and remember we don't have a yearly dues. Questions, give me a call Ed Day at 771-0638.

Grief Support Group

If you are experiencing grief, loss, or transition, you may be able to find support and encouragement as you grieve and heal.

Diane Wilson, Health and Wellness Chaplain, is available to receive Individual Grief Support telephone calls and emails.

Karen Bolte, Sutter Health Bereavement Chaplain facilitates the Sunshine Services

Grief Support Group, which meets on the 2nd Wednesday of each month, 9:30 to 11:00 a.m., in the Club Room. Please contact either of us at 916-837-1109 for further information and questions about the group, or to schedule an appointment for individual support.

Alzheimer's Support Group

Alzheimer's Support Group meets the 3rd Thursday of each month, 6:30pm at SCR main lodge.

COMMUNITY —

Semper Fi Association

The Semper Fi Association meets the first Monday of the month at 9:00 am at the Legends Restaurant at Woodcreek Golf Course, 5800 Woodcreek Oaks Blvd. in Roseville. Come early to purchase breakfast before the meeting. For more info: Semper Fi Association: Don Witt, Public Relations Chairman, Phone: 916-573-1704 Ext: 0001. Email: semperfiassociation@gmail.com Web: www.semperfiassociation.org Marines and Navy Corpsmen especially invited. Hope to see you there.

Sons In Retirement Branch 13

Sons In Retirement Branch 13 (Lincoln/Roseville) will hold its luncheon on Tuesday, April 21 at Catta Verdera Country Club, 1111 Catta Verdera Drive in Lincoln. A three course gourmet lunch costs \$20pp. Arrive at 11:30 AM; luncheon adjourns at 1:30 PM. Sons In Retirement is a fun social group dedicated to promoting the camaraderie of retired men. If you are interested in joining SIR or attending the luncheon as a guest, please contact Chet Winton at 916-408-8708.

Sons in Retirement Branch 98

The Rocklin/Roseville Branch of SIR meets monthly on the 2nd Wednesday in the ball room of the Timbers at Sun City Roseville beginning at 10:30a.m. Join retirees for fellowship, lunch, golf, fishing, cards, and even bocce ball... many other activities also available. Call Tom Werth at 782-3536 for more information.

Retired Law Enforcement

Retired Law Enforcement Officers Group — Our members are either retired or active law enforcement officers and we have quarterly breakfast meeting with guest speakers. Please join us for some camaraderie with America's finest. Contact Chuck Schmidt, RLEO Coordinator: 530cms@gmail.com

Parkinson's Support Group

If you have been diagnosed with Parkinson's Disease or care for someone who has, we invite you to join us at the monthly West Roseville Parkinson's Support Group; for informational and inspirational discussions with others on the journey, every 4th Tuesday from 11:00-12:00 p.m. at St. John's Episcopal Church located at 2351 Pleasant Grove Blvd, Roseville. Contact: Arlene & Ken Fujino at 916-474 -4688 or Kfujino1@msn.com or Parkinson Association of Northern California 916-357-6641.

Senior Peer Counseling

Senior Peer Counseling provides free, inhome peer support; to Placer County residents age 55+ who are experiencing depression, anxiety, substance abuse, family conflict, change in independence and other age-related adjustment issues. Please call: 916-787-8859.

Essential Tremor Support

Essential Tremor will now be meeting on the first Saturday at Kaiser Permanente, 1600 Eureka Rd, Roseville Woman's and Children's building B16. Our meeting starts at 10AM. For further information call Paula Lavin 771-4866.

Woman's Club of Lincoln

Woman's Club of Lincoln meets the 4th Tuesday of every month, 12:00PM, Social followed by a meeting and program. 499 E Street, Lincoln. Everyone welcome, no admission free.

RC Painting

Interior & Exterior Painting

www.rcpaintingcompany.com

- Quality Workmanship and Materials
- Competitive Rates
- Small Jobs Ok
- Excellent Local References

Please call for your free estimate

530-305-2943

lic# 1004744.

LW POLISHING & MORE

Weekly, Bi-Weekly, Monthly, One Time Cleans, Move Outs



20 Years Experience

Call Today for Your FREE In-Home Estimate

916-873-4420
Leah White

More with Your Cleaning:

- Inside and Outside Maintenance
- Yard Clean Up
- Yard Refreshing
- Painting Inside
- Changing Lightbulbs
- And More - Tailored to Your Needs

Licensed & Insured • Gift Certificates Available

SCR Foundation Observations on TGH's (Things Guaranteed to Happen)

(cont' from page 1)

BY MARTIN GREEN

Enjoyment will continue with another activity, our 23rd Annual Golf Tournament, scheduled for June 5 and open to all residents and guests. Director Kent Hilburn has planned an event for all who enjoy the game, no matter their skill level, which includes nine or eighteen holes of golf in a four person shotgun scramble followed by a tasty lunch and prize awards. There will be two divisions, "Men" and "Women/Couples", and participants can join as a team or an individual; the Pro Shop will pair singles. The Callaway Handicap System will be used and mulligans will be available for a fee. The entry form can be picked up and filed at the Pro Shop with a May 29 filing deadline. The fee is \$75 plus green and applicable cart fees. While this is a fundraising activity, it is a fun way to support the work of the Foundation while meeting new friends who share the enjoyment of golf. Questions? Call Kent at 916.759.9615.

Regarding fundraising, you have likely received our recent mailing inviting your support of our Annual Friends of the Foundation Appeal. Of all the Foundation's programs, this truly confirms our purpose of "Neighbors Helping Neighbors!" while raising the funds which enable us to continue our work on your behalf. We hope you will make a tax-deductible contribution in any amount. Donations any time during the year are welcome.

Everyone knows that there are certain things in life that are TGH's, i.e., Things Guaranteed to Happen, and that those things are usually bad. Common examples are: if you see an open spot in a crowded parking lot someone else will zip in there ahead of you. And, if you are in the bank, or the post office, or some place like that, where people are waiting in lines, the line you choose will always be the slowest. So here's a look at some TGH's that have come up lately.

Television: Beverly, a former occupational therapist, likes to watch hospital shows and I've noticed that if a patient will come in to a hospital with some minor complaint, like a headache or upset stomach, it will soon develop into a matter of life or death situation. If a patient is being operated on at some point something will go wrong, machines will start beeping and disaster will be imminent.

It's impossible to watch television without seeing a cops-and-robbers type show (maybe that's a TGH) and I've noticed that whenever a cop or detective or FBI or some other law enforcement guy comes to the crime scene he'll ask "Whatta we got?", never "What do we have?"

Technogadgets: At some time during the week one or more of your technodevices will go off the rails, a TGH. You might not be able to access your e-mails or get to an app or something else. TGH: if you try to fix things

and are asked for a password and put in what you're sure is the right password your device will tell you it's invalid.

TGH's for Senior Citizens: At some time during the day, whatever you're doing, some object will drop to the floor or the ground and you'll have to bend down to retrieve it.

At some time in the day you'll forget something---an appointment, a name, some object or objects.

At some time during the week some object in your house will disappear, maybe that remote, or your wallet or your car keys. You'll conduct a search and hopefully find it.

If you wear glasses, as most of us do, at some point, you'll misplace them and have to search for them even though you can't see that well.

At some time in the day some part of your body, most likely your neck, shoulder, back or knees, will start to ache.

If you're expecting an important phone call, like from your doctor with a test result, the next call you get will be a robocall, or a call from someone wanting you to donate to something, or a wrong number.

If you place your TV remote on a chair or a sofa it will find its way down into a cushion and you'll wonder where it went.

Whatever medications you take the instructions that come with it will tell you it has dire effects, almost always headaches,

diarrhea and nausea, but if one of the side effects is deaths it will only be in rare cases.

If you turn on your TV you will see a commercial from the pillow man, a commercial for a catheter, a commercial for something that will prevent those skin blemishes, a commercial for a walk-in bathtub and definitely a commercial for a reverse mortgage.

If you go somewhere during the day --- to a store, the bank, a restaurant --- some young person will call you "honey" or "dear" or something similar.

The Coronavirus: It's impossible to ignore this topic and I was going to give a number of TGH's relating to it, starting with the thing most guaranteed to happen as it was stated in a Wall Street Journal article: "Making political hay of health scares is a commonplace activity that's also unfailingly bipartisan." As I write, the President has just declared the coronavirus to be a national emergency and things are moving so quickly that I for one have no idea of what the situation will be by the time this issue of the Sun Senior News comes out (although I can make a good guess of some TGHs). So I'll end by saying that I know our Sun City residents will take common sense precautions and, having survived depressions, wars and other health concerns we'll also successfully ride this one out.

Brand New Community!
Now Open!



- Spacious Apartments
- Restaurant Style Dining
- Convenient Downtown Lincoln Location
- Family Owned and Managed Community

Call Now to
Set up a Tour
and Join us
for Lunch!

Living & Dining Room



Sports Lounge



Tuscan Cafe



SUN SENIOR NEWS CLASSIFIEDS

SERVICES

FENCE REPAIR, PAINTING & Power Washing: Reasonable, many Sun City references. Please call Josh at 916-307-8430.

MOBILE MASSAGE FOR SENIORS! For questions or appointments, please call Jenni at 916-617-7703. Thanks and have a blessed day!

JUNK REMOVAL garage, yard, attic, storage units, furniture, appliances, e-waste, & more. Pelican Hauling 1-916-712-7224. Andy Business lic #00833776

A BRIGHTER VIEW PROFESSIONAL WINDOW AND SCREEN CLEANING. Call David at 916-247-6389. 10% Senior Discounts!

NEW RESIDENT INTERIOR DESIGNER - small or large jobs, shopping, consulting, hourly fee. references. bj@bjhardindesigns.com. 650-400-8481.

HEALTHY FEET PLUS: RN specializing in in-home foot care and health coaching for diabetics and those with problem feet, difficult nails and calluses. Call Debbie at 916-698-3176.

LAMP REPAIR by experienced Sun City Electrician \$25hr. plus parts. John Shook 916-783-3617.

MOBILE NOTARY (Sun City Resident) \$15 first signature, \$10 there after. Pat Shook 916-783-3617.

LAMINATE/LUXURY VINYL PLANK/LUXURY VINYL TILE - \$2 - \$3 Labor only - Repair & Material quotes also avail. Over 20 yrs. exp. - Randy 916-847-4357. Lic#852123

HAIR CARE SERVICES. Enjoy this specialty service provided in the comfort of your home. Licensed cosmetologist. Kimberly 916-837-1637.

CARE W/KINDNESS & RESPECT: Transportation, in-home care, errands. 9 yrs experience w/all conditions. Jan: 916-781-9651.

A.I.R PRESSURE WASHING, since 1996. Driveways, walkways, houses, fences. Decks, Mildew removal, free estimate 916-759-0488.

HENRY'S LAWN SERVICE LAWN MAINTENANCE, Weeding, Trimming, Yard clean ups. Call for a free Estimate. 831-320-7018.

DISCOUNT HOME FURNISHINGS: All New Model Home Style Furnishings, Sofas, Sectionals, Dining, Bedroom, Decor & More! Also FREE Interior Design Services Available. Call Model Home Accents at 916-409-7777 <http://www.modelhomeaccents.com>

WHEELER CLOCK WORKS. Certified Journeyman Machinist. Repair, Restoration of clocks: Grand father, Antique, Cuckoo. Jim Wheeler 916-303-3459.

KREUZER'S INSTALLATION & REPAIR Lic#330100 All your Handyman needs 916-712-2339.

CONTRACTOR, HANDYMAN. No job too small: Painting, Electrical, Sheetrock Repair, and Plumbing. Call Martin: 916-747-7888. LIC# 1042598.

SPARKLE HOUSE CLEANING. Over 10 years of cleaning. Honest, Reliable, and Responsible. Call for estimate. At 916-281-9421.

DIAMOND HOUSE CLEANING by Lisa: Experienced, Professional, Detailed. Errands, Transportation, Shopping, Laundry, Pet Sitting, Window Washing, Lisc/Bnd/Ins. Neighborhood Referrals 916-390-1162.

FOR SALE

PROCON WATER PUMP series 2 with gauge. 1725 RPM 1/4 Horsepower, GE motor, 70 Gallons per hour with bypass at 130 psi. Hoses attached. Rebuilt and tested by local pump company. \$60 or best offer. Contact 916-771-3906.

VIRUTEX T-78 Laminate and veneer hand slitter. Brand new, never used, still in original box with instructions. Made in Spain. \$80 or best offer. 916-771-3906

FOR RENT

FOR RENT: MAUI Condos 2BR/2BA from \$195/nt. By SCLH owner Gil Van Valkenburg. 650-207-0567. Oceanfront - www.homeaway.com/368171. Wailea Ekolu - www.homeaway.com/368174. Wailea Ekahi - www.vrbo.com/1200140

BEAUTIFUL MARRIOTT KAUAI TIMESHARE. Balcony. Ocean view. High floor, 2 Rooms, Sleeps 4+. All Amenities. Call 916-774-9307 for details.

WANTED / ANNOUNCEMENTS

WANTED: CAMP TRAILER OR ENCLOSED TRAILER. Ready to buy. Up to \$12K. 530-402-5699

BUYING OLD COINS, pay cash, free appraisals, discreet, I pay more! Private collector, SC resident. Call Jerry 1-916-772-4268.

CASH PAID! MILITARY & VINTAGE ITEMS Medals, patches, documents, photos, weapons, helmets, model trains, old toys, other antiques & collectibles. George: 916-768-4694.

WANTED: Donated golf clubs, balls for high schools, Special Olympics, 1st Tee. Call Jack 916-747-7588.

Classified Ads should be Emailed by the 12th of each month to: CA@egnews.com

**FREE ADS — INCLUDE

- ◆ First 15 words are FREE (for SCR residents only), additional words \$1 each
- ◆ ONE AD PER HOUSEHOLD, PER MONTH
- ◆ Any Real Estate or Business Ads are not free. Please see "Business Ads"
- ◆ Lost and found items/pets.

BUSINESS ADS

- ◆ Anything of a commercial nature, including pet sitting, real estate, rentals, timeshare/condos, etc.
- ◆ 15 words for \$25. Additional words \$1 each.
- ◆ \$65 for three months, same ad! (15 words only) additional words \$1 each

Classified Ad Submissions —

WHEN: By the 12th of the month, please email the information below to: CA@EGnews.com

Subject Line should be SCR Classified and your Phone Number (Example: SCR Classified 916-123-4567)

1. Contact name and phone number.
2. Which category to place your classified ad in: (Service, For Sale, Wanted, Announcement)
3. Classified ad text - including the phone number you want readers to call.

SCR residents get FREE non-business Classified Ads; limited to 15 words; one per household per month.

Non-business Ad items include selling personal used items such as furniture, tools, books, rugs, electronics, personal car, golf cart, etc.

Business Ads include anything of a commercial nature or service, including pet sitting, real estate, rentals, timeshare/condos, any service etc.

Business Ads are 15 words for \$25 for one-month. Additional words \$1 each. (\$65 for three months for the same ad.)

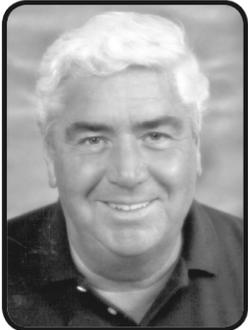
If your classified ad is determined to be "business" related, we will email you an invoice that will allow you to pay immediately with a credit card, or mail a check.

*HINT on Word Counts: A "word" is anything separated by spaces, or as reported by word-process software like Microsoft Word.

If you have any questions, please email us at: CA@EGnews.com

Selling ONLY Sun City Homes for 20 Years

The Schlaegel Team



Martin Schlaegel
Realtor

(916) 771-8599
cell (916) 765-5172
mschlaegel@comcast.net
DRE# 00797298



Nancy Peffley
Realtor

(916) 774-9432
cell (916) 532-0053
nprose@surewest.net
DRE# 00848141



Don Schlaegel
Broker Associate

(916) 926-9511
donschlaegel@gmail.com
DRE# 00647027

- ▲ Choose the agents who do everything to achieve the highest selling price for your home.
- ▲ We take the worry and hassle out of your moving. "WE DO IT ALL" and have references to prove it.
- ▲ Before Listing your home, call us and find out our exclusive approach to preparing your home to sell.

Sun City Residents and Specialists in Sun City Properties

When You List Your Home With Thompson + Brown Our "Showcase Service" Will Provide:

1. FREE Carpet Cleaning
2. FREE House Cleaning
3. FREE 1-Time Yard Clean-up, Weed Removal & Trimming
4. FREE Donation Service
5. FREE Connection with Estate Sale Company to help sell un-needed Furniture and Household Goods

We have names of quality local tradesmen that we have been working with for years. **PLEASE CALL FOR RECOMMENDATIONS.** Fence repair and painting, concrete work, contractors, pressure washing, plumbers, electricians, A/C and heating, roofers, house painters interior/exterior, carpet cleaner, moving companies, organizing and packing, help in finding an independent or assisted care facility.

PROFESSIONAL REAL ESTATE SERVICES
THOMPSON+BROWN
OLD FASHIONED HARD WORK WITH A NEW ANGLE
8008 Walerga Rd. • Antelope, CA 95843
Fax: (916) 771-4772 • Email: homes@thompson-brown.com

See our website for more info!

www.thompson-brown.com

See ALL Sun City sales activity as it happens at:

www.schlaegelTeam.com