

# SUN SENIOR NEWS

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## Bill and Sue Hunter — God Wink Moments

BY RUTH MORSE

Bill and Sue Hunter will be celebrating their fifty-second wedding anniversary this month. They married on September 14, 1968. It was miraculous, or, as they pointed out, a “God wink moment” that they even met. The God wink idea was primary to the plot of a favorite Hallmark movie of theirs called “The God Wink Christmas.” They met at a training for selling World Book Encyclopedia sets door-to-door at the Pasadena Huntington Hotel in Southern California. Over the three days they were in Pasadena in July of 1968 they became acquainted. Bill lived in San Gabriel and Sue lived in Covina at the time. It was a whirlwind summer since they had only known each other for forty-eight days before relocating to Ukiah and marrying in Northern California.

Bill was born in Chicago. His family



Sue and Bill Hunter

PHOTO BY JEFF ANDERSEN

moved out to Southern California in 1948 after a year in Portland, Oregon. 1948 was a landmark year since it was one of the few times on record that there was snow in the San Gabriel Valley. Bill remembers

thinking that the people in the area were overreacting by being so excited about a little snow since he had many more experiences with the white stuff while in Chicago. Bill was in second grade when they moved to California, first living in Alhambra. He helped his father build a house in San Gabriel for the family to move into. The house has stood the test of time and is still in great shape. The building project would come in handy for Bill in later years when they worked on their Ukiah house after tree damage.

Bill attended Pasadena City College after high school and then entered a rigorous program in forestry at Utah State which was ranked third for training to become a United States Forest Ranger by the Society of American Forestry. It was so difficult that his 1965 class started

(cont' on page 25)

## LH Chorus

BY DOUG BROWN

To sing or not to sing?

Unfortunately for the Chorus, that is NOT the question! The Lincoln Hills Chorus not only had to cancel our Spring concert, but also our Christmas concert — sadly, a whole year of no Chorus performances in Orchard Creek Ballroom.

Our difficult decision to cancel our December concert followed the lead of dozens of choral groups in our area. Underlying that inevitable verdict is a convincing set of scientific evidence of the hazards of choral singing. Unlike simply talking, singing involves bursts of exhalation containing possibly virus-laden microdroplets small enough to remain aloft in air for well beyond six feet of social distancing. Some studies have found that in the case of singing, that distance expands to 16 feet.

Complicating the issue are the findings that indoor venues with forced-air vents

significantly expand that airborne capacity to an entire room. Can we all wear masks? No, a bunch of muffled mask wearers would sound terrible. Then, as if that isn't enough bad news, the 100-voice Chorus is dependent on Presentation Hall for our three months of rehearsals. Imagine the zillions of droplets of all those singers wafting through that room!

So, where do we stand? We remain cautiously optimistic about resuming business as usual in January of 2021. Invoking the old adage...hope springs eternal! As we peer into our crystal ball, we're well aware that the single most important criterion for “reopening” is the widespread availability of an FDA-approved vaccine. Will that dream come true by early 2021?

Meanwhile, we're singing, just not as a Chorus. People are honing their guitar and piano skills and singing along. Thanks to the internet and YouTube and streaming sites — and even “old fashioned” CDs and DVDs — our vocal Cords are making musical CHords. Online karaoke is making a resurgence. Some

are participating in separate virtual choruses and church choirs. The technology underlying Zoom hasn't overcome synchronization glitches, but perhaps in time that will be fixed.

And then, of course, there's always one last option...and they'd better not take that away from us: Singing in the shower!

So, on second thought, to answer the title question: YES, to sing! (just in creative ways)

• • •

## LH Music Group

BY DAN LEHRER

We did not meet in person in August due to health concerns regarding the Coronavirus. However, we conducted a Zoom “Open Mic” with each performer taking turns singing and playing their numbers. It was fun to see and hear members once again. Many thanks go out to Laurie and Steve for arranging the Zoom meeting. The Group songs for August were “All of Me” and “Country Roads”. We hope to meet in the future to play and jam together. We meet every fourth Wednesday of the month from 6:30 to 8:30 PM, Fine Arts Room (OC). You can find the Lead Sheets for the group songs and more information on our website; the password is musicgroup. You can also contact Dan Lehrer at [dlehrer72@gmail.com](mailto:dlehrer72@gmail.com). Ukele Ohana meets Wednesdays, 1:00 to 3:00 PM, (OC). Open to Lincoln Hills residents. Contact Ron Peck at 925-788-5869 for information.

• • •

(more Club News cont' on page 4)



Lincoln Hills Chorus performs in December 2019, their last concert.



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**SUBMISSIONS**

The Sun Senior News - Lincoln Hills welcomes announcements from social clubs, schools, charitable organizations, non-profit organizations, local government and community events. Also, editorial contributions as well as articles, cartoons and photographs are welcomed and considered for publication. Deadline for submissions is the 15th of each month. *Please submit via email to: egnews@egnews.com*

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# Letters to the Editors...

*Authors are solely responsible for the content of their letters.*

**Run for our Board of Directors...**

Soon there will be an opportunity to file to run for our Board of Directors in Sun City Lincoln Hills.

I am willing and hope other residents will join me in supporting a candidate that demonstrates the following attributes:

Knowledge of and adherence to the Governing Documents of our HOA and other laws and regulations.

Willing to take action and hold those that violate the Governing Documents accountable.

For example, consider how the application for the \$1.4 Million PPP loan was handled and the loan funds were returned? We can not tolerate such a situation to be repeated.

Willing to adhere to the Code of Conduct and Ethics and be held accountable.

Will work towards transparency and support residents seeking to use Civil Code 5200 & Sunshine laws to gain financial documents of our HOA and ensure fiduciary best practices. Whistleblower protection.

Demonstrates a respect for residents exercising their 1st amendment rights of free speech including use of Open Forum during meetings.

Will support including all residents via US Mail & email communications in decisions on large expenditures such as the renovation of

the Sports Pavillion.

Will vote to stop the losses of Food & Beverage and ensure a break even point. Will adopt innovative methods of inventory control including enhanced security and surveying residents as to their wants.

Will put the interests of the residents first and support ADA/Accessibility to our facilities.

I hope a person with these attributes will come forward and become a candidate that i and other residents can support.

*Donna Fields*

...

*Send your letters to the editor...  
 See same page details!*



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## Players Club

BY KAROL MENDEZ

I hope everyone is well and we are finding ways to safely entertain ourselves during this pandemic. It feels like we are stuck in the movie Groundhog Day. Perhaps if we all do our best Bill Murray, maybe we may learn something about ourselves that is positive and finally get out of this mess we are in.

At our first Zoom meeting August 17, the Nominating Committee gave their report for new officers. Merilee Imamoto stepped down as Secretary and Karen Hardage agreed to run for her office. A quorum was present, and the membership voted by acclamation to accept the Nominating Committee's recommendation. David Africa continues as President, Karol Mendez as Vice President, Paul Gardner as Treasurer, Karen Hardage as Secretary, and Ann Stults as Membership Coordinator. Terry Schultze is now Historian. Thank you, Jeri and Merilee for your service! There will not be a meeting in September.

There will be no November show this year. We are planning to present Damn Yankees next year. We are always looking for new faces as actors, dancers, support, and technical crews. This is a very fun group, when we can get together, and a very welcoming one. When the Lodges open again, our meetings will be held on the second Monday of the month at 4 pm, Kilaga Springs, Presentation Hall. Stay safe out there!

Contact: David Africa, President 916

708-0009, djafrika@sbcglobal.net. Website: www.lhplayers.org.

## Country Couples

BY KATHY LOPEZ

Since we're all social distancing and not attending large gatherings, our club has been staying in touch with members via email. Although there's not really much happening in Country Couples or anywhere for that matter, our club has come up with a way to keep the connection going. A few times a week our members are sent interesting, funny, or poignant videos, stories, articles, poems, or prose. Some are about animals or humans (babies on up to adults) or accounts of historical events. Several of our members even send in submissions to be included in these weekly e-mailings; so it's a real CC community effort. Following is an example of a funny story recently sent out to our members.

Four Retirees Visit A Bar — Four retired senior gentlemen are walking down a street in Charlotte, NC. They turn a corner and see a sign that says, "Old Timers Bar - ALL drinks 10 cents." They look at each other and then go in, thinking this is too good to be true.

The old bartender says in a voice that carries across the room, "Come on in and let me pour one for you! What'll it be, gentlemen?" There's a fully stocked bar, so each of the men orders a martini.

In no time the bartender serves up four iced martinis shaken, not stirred and says,

"That'll be 10 cents each, please."

The four guys stare at the bartender for a moment, then at each other. They can't believe their good luck. They pay the 40 cents, finish their martinis, and order another round.

Again, four excellent martinis are produced, with the bartender again saying, "That's 40 cents, please." They pay the 40 cents, but their curiosity gets the better of them. They've each had two martinis and haven't even spent a dollar yet.

Finally one of them says, "How can you afford to serve martinis as good as these for a dime apiece?"

"I'm a retired tailor from Atlanta," the bartender says, "and I always wanted to own a bar. Last year I hit the Lottery Jackpot for \$125 million and decided to open this place. Every drink costs a dime. Wine, liquor, beer it's all the same."

"Wow! That's some story!" one of the men says.

As the four of them sip at their martinis, they can't help noticing seven other people at the end of the bar who don't have any drinks in front of them and haven't ordered anything the whole time they've been there.

Nodding at the seven at the end of the bar, one of the men asks the Bartender, "What's with them?" The bartender says, "They're retired people from a Lincoln Hills, Del Webb Community. They're waiting for Happy Hour when drinks are half-price, plus they all have coupons..."

When our facilities/activities open again, if you're interested in Country Couples lessons,

check out the Compass. Beginner lessons are at 7pm on Monday evenings at Kilaga Springs Lodge. Country Couples Club is separate from the lessons. Membership allows you to take part in our dances and fun activities throughout the year. Please see the contact info below if you are interested or have any questions. Take care – stay well and safe!

Club Contact: Kathy Lopez

Club Website: sclhcc.com

## LH Line Dance Group

BY JUNE WILLIS

As of this writing, Line Dance classes resumed the week of August 17. Level s 1, 2, 3 and Country Line will be taught in the Amphitheater at Sun City Lincoln Hills. This outdoor venue is only open to residents of Sun City Lincoln Hills and classes will be limited in size. The Line Dance Group is really looking forward to reconnecting and dancing again. Stay tuned for more information next month.

(more Club News cont' on page 7)

## Michelle's Featured Listings



### 873 Mossy Ridge Lane – Sausalito on a Gorgeous View Lot

Here's your chance to own a beautiful Sausalito Model on a spectacular view lot. Many upgrades include Wood floors, granite counter tops, stainless steel appliances, cozy fireplace, katec plumbing has been replaced, pergola cover over the front patio, new mulch, and a calming zen garden overlooking a natural preserve. Come see this beautiful home, it will go quick!

**Priced at \$779,000**



### 1562 Grand Pheasant Lane – El Dorado Model

Stunning El Dorado model with lots of upgrades including granite counter tops with tile backsplash, built-in gas cook-top, center island, pull outs inside cabinets, recessed and pendant lighting, and an inviting breakfast nook that overlooks the front landscape. The oversized and spacious great room offers many windows making it light and bright, cozy gas fireplace, built-in entertainment units, ceiling fans, and crown molding. The backyard features a covered patio with retractable awning for pleasurable outdoor dining, mature landscaping, and fresh bark. Come live the Sun City Lincoln Hills lifestyle and enjoy all the wonderful amenities the community has to offer.

**Priced at \$605,000**



### 716 Wagon Wheel Lane – Alpine Model

This ever-popular Alpine floor plan mirrors the model with all its upgrades and is ready for its new owner. Upgrades/features include: Crown Molding, Granite counter tops, gas range, multi-level shelves in pantry, plantation shutters, Wood flooring in entry/kitchen/living room/Guest Bathroom. Bump-out window in master bedroom, raised vanities in baths and dual sinks in master bathroom, inside laundry room and the backyard has a fully covered patio. This home has a spacious backyard with a beautiful low maintenance garden! Situated within the community close to Kilaga Lodge & shopping, this homes a winner!

**Priced at \$475,000**



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# Neighbors InDeed

## Vendor and Service Referrals

BY JANET ROBERTS  
ARTWORK BY RUDI FRANKE

The Handy Helpers are back providing full services. If your routine maintenance was delayed at our request, please give us a call. Thank you for your patience.

Your house needs painting; you've just bought a ceiling fan but you need an electrician to install it; and your window washer retired after years of service. You've seen advertisements for these services, but.... how do you choose? Where can you get referrals for these services and others that are on your "to do" list?

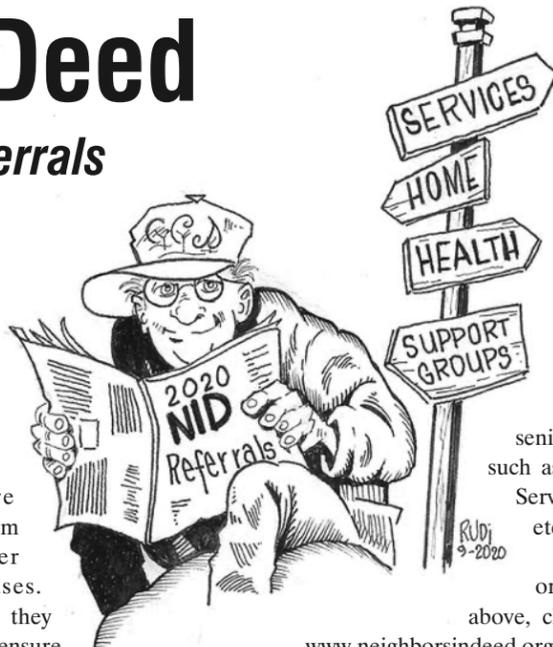
Neighbors InDeed can help with that! Many of you might think of the Handy Helpers when you see "Neighbors InDeed", but that's not all we do. A significant part of our services is Information & Referral (I&R), making referrals from a comprehensive database of about 600 entries for services and agencies that can meet almost any in-home care, house maintenance, or other service need.

All the entries in the I&R Resources database are either based on recommendations by Lincoln Hills residents or are public agencies. Each must provide basic information such as contact names, address, phone number and a brief description of their services.

If applicable to the service category, information about professional licenses and registration are obtained from State Consumer Affairs databases. Every two years, they are contacted to ensure that the information is still accurate, and that licenses/registrations are still active.

Vendors and services include:

- Health related services, e.g., personal care such as meal prep, dressing, and socialization, shopping/errands, meal delivery, respite care, etc.
- Home maintenance, e.g., HVAC, painters, plumbers, housecleaning, window washers, gardeners, handymen, electricians, and more.
- Other services, e.g., auto repair, pet sitters and groomers, notaries, movers, fiduciaries, laundry and alterations, etc.,



• Support groups/services: SCLH and other support groups, senior service agencies such as Adult Protective Services, Seniors First, etc. To see groups or services not listed above, check our website: [www.neighborsindeed.org](http://www.neighborsindeed.org).

The I&R volunteers receive a variety of calls every day. They are not only the "gateway" to the Handy Helper who will reprogram your sprinkler controller, and the walker you need to get around, but also to vendors and agencies in the community that will make your life here safer and more comfortable.

As always, please remember that we do not answer the phone. Leave us a message at 916-223-2763 and we will return your call as promptly as possible between 9 a.m. and 5 p.m., Monday through Friday.

*Adapted from an article by Doug Brown.*

## SCLH WRITER...

### My Friends

BY JEANIE ROBERTSON

I miss my friends, their friendly smiles which I've not seen in quite awhile. The quarantine has kept inside everybody as if to hide from a virus we can't see. Then every day what concerns me is that my friends who mean so much just seem to be so out of touch.

I know that I can make a call but honestly that isn't all. I miss the joy a warm hug brings and really that is everything. A smile that says, "Well, Howdy do. I too have sure been missing you!"

So you can see I miss my friends and I can't wait till Shut-In ends!

*We welcome your submissions such as humorous observations and poetry. Please see page 3 for submissions information.*

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## Ballroom Dance Club

BY ERNIE MICHELI

Ballroom Dance Club lessons and activities continue to be suspended. Currently the Ballroom Dance Steering Committee is working on a plan to safely resume dance activities that are consistent with state and local guidelines. Until that time, we would like to highlight two more individuals who have been participants in the Ballroom Dance program.

This month we would like to introduce Greg and Ann Handling. Originally Greg and Ann grew up in Pennsylvania. They met in their work place, a machine shop, where they both worked the night shift. It was at this time in 1968 and in their late teens and early twenties that Greg asked Ann on a breakfast date—a chaperoned date. During the breakfast, a large tree fell on Greg’s car crushing the roof and windows. They still saw each other at work and were friendly, but a second date was not forthcoming. Ann couldn’t understand why Greg didn’t ask her out again. Finally, Greg got his car repaired, and they went dancing on New Year’s Eve. They married in 1970 and moved to California in 1971. They have been together for over 50 years.

Greg and Ann moved to Sun City in 2014 from San Ramon, California. While in San Ramon Greg was a salesman, glazing contractor and business owner for 23 years. Ann was an Administrative Assistant to the Superintendent of the San Ramon Valley Unified School District.

They are very proud of their two sons, Michael and Steven. Michael and his wife Jamie have been married for 21 years and reside in Roseville. They are both English teachers in the Roseville High School Unified School District. They have two children, Amber 17 and Nathan, 15.

Steven and Alyssa have been married 15 years and live in Camino, near Apple Hill. Steven is a Director with SC Johnson Company and Alyssa is a stay-at-home mother to Luke, 9 and twins, Mila and Max, 7.

In his youth, Greg danced regularly at the Armory on Friday nights. He also attended many school dances preparing for four student bus trips to Philadelphia to be on American Bandstand.

More recently Greg and Ann have participated in the SCLH Ballroom Dance



Program for the past two years. They are most familiar with the waltz, and it has become their favorite dance. They like it because it is slower and provides a sense of intimacy.

Dancing provides them with a form of exercise, mind stimulation and friendship. In addition, they like the music. For anyone thinking about joining a dance program, they suggest “just try it”. It will keep you moving, and dancing keeps you engaged with friends and the community.

In addition to their participation in the Ballroom Dance Club, they are also members of the Sun City Country Couples Group. They also enjoy attending local dances in the area.

Greg and Ann speak highly of instructors Sal and Ruth Algeri. They feel that they are great instructors who make learning to dance fun.

• • •

## Tap Company

BY ALISON WOLFE

As tap classes are still shutdown and with no activities going on, we thought it would be interesting to explore the history of our Tap Company by showcasing some of the past tap members who were instrumental in getting the Tap Company up and running. This month we asked Muriel Menig to share her story with us. Here is what she had to say ....

In 2000, a lady by the name of Ethel Henry moved to Lincoln Hills from a Sun City in Las Vegas which offered a tap dance class. She was told that if she could find a teacher, Lincoln Hills would also offer a tap class. She found a fabulous teacher/choreographer by the name of Alyson Meador. Alyson still teaches the tap classes.

After dancers were slipping and falling on the tile floor, I met with the Executive Director,

Carol McCarthy, in 2002. I was told that the association would purchase a portable wood floor but that we needed to contribute \$1500. After the shock wore off and I got her down to \$1000, I decided I would put on a talent show. It was called It’s not the Age, It’s the Attitude. I had no theatrical experience and didn’t know if anyone would even show up at the audition. I approached a handsome man exiting the fitness center and asked if he had any talent. He was a professional singer and guitarist. I auditioned a bird caller in the parking lot after a Red Hat luncheon. I found a man assisting his wife in purchasing a pair of tap shoes who turned out to be a professional entertainer. He had worked in the Venetian Room at the Fairmont Hotel in San Francisco and also in Las Vegas. With the help of these wonderful entertainers, four tap routines, a couple of silly skits, two rehearsals and one performance, we pulled it off and met our financial obligation. The tech crew, by the way, was the maintenance man turning the light switch off and on and putting CD’s in the CD player against the wall. Very humble beginnings.

Alyson at this time was teaching without mirrors which was very difficult. It was decided we would have another talent show the following year to raise enough money to purchase mirrors which could be shared with all the various dance classes. The show was called I’m So Excited. Four classes performed.

Because the first show was such a hit, everyone wanted to be in this next production. I felt that I could not tell someone they couldn’t be in this funky talent show so I decided to put on two shows. I put tappers in both along with a few of the top acts. Then remainder of the performers I divided between the two shows. The line to purchase tickets went all the way down the hall to the Fine Arts room. Someone complained to headquarters that they were unable to purchase tickets because they sold out so fast. I was approached by the Executive Director and told I needed to repeat the two performances the following weekend. The profit from the two shows topped \$10,000. That meant we had to become a Club.

Marilyn Patterson was instrumental in getting us organized. Some of the other people involved were Becky Nicholson, Ninette Murray, and Betty Sodeman.

Since we made a nice profit from that show, I figured I would do one more in 2004 to contribute moneys to a scholarship for students

at Lincoln High School who were interested in pursuing a career in the performing arts. This show was called Sentimental Journey. There were five tap classes represented.

The Talent Show has since been renamed the Tap Show. Over the years there have been many directors, producers and people working hard behind the scenes. The show is still going strong (except for the 2020 shutdown) and has been able to showcase the many talents of the Lincoln Hill’s residents. Only one person has tapped in every show since inception and that person is Diane Savoia.

What a star!

And Muriel, what a Star you are! Thank you for all you have done.

• • •

## Mixed Media

BY JILL SHORT

Mixed Media Club had a Zoom Meeting on August 19. It was great to catch up with our members. We would love to see more of you when we Zoom the next time. If you are interested in doing a challenge our new challenge word is “ Dream.” It just does not look like we will be getting back to “normal life” for a while. Our club President, Nan Griffin will keep us posted on the latest information through emails. Kerry Dahlin held her Art Journaling class the last two Fridays in August. The class was held outside in the Secret Garden. Since social distancing is important only 12 were allowed in the class. Keep your eyes open for future class information.

Are you new to Art Journaling? Art Journaling is a branch of Mixed Media. Simply put art journaling is a book kept by an artist as a visual, and sometimes verbal record of the artist’s thoughts and ideas. Art Journals can combine visual journaling and writing to create finished pages. Every imaginable media and technique are used by art journalists. There really are not any rules to the types of work represented in the artist’s journals. Each book is as unique as the artist who created it.

Every artist has their own reason for keeping an art journal. An artist may even have more than one art journal going at the same time, each with its own use. Some artists use their journals as a diary to record what happened to them that day, week, or month.

(cont’ on page 8)



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**Mixed Media**

(cont' from page 7)

They might even use a journal to work through any medical, family or emotional issues they are having. Some people just art journal because they enjoy the process and want a place to create.

The materials required to start an art journal are unique to each artist. There are two basic items that are found to be useful in starting to art journal. The first is a book to create in. There are many types and sizes of books. Those who draw with pencil, ink, or watercolor often choose journals made by Moleskin. Why Moleskin? Moleskin journals comes in a variety of styles of books filled with paper suitable for these types of media. These books also come in compact sizes. Those who use Moleskin like that the journals are high quality, durable and contain high quality paper with a creamy color many artists like. Keep in mind, these books are expensive and there are others that are good too. Mixed Media artists might choose less expensive books but still good quality that are filled with heavier papers, like those by Strathmore or Canson. These books might be hardbound, spiral bound or the artist might even choose to work on loose papers and then bind them together after they are finished. The other basic item in art journaling is a black writing tool. Many Journal artists use Sharpies, Pitt pens, Micron pens, Uni-Ball Signo Pens, Faber-Castel artist pens or Posca paint pens just to name a few.

Art journaling does have benefits. It helps

ease the stresses of life by getting the chaos inside our heads down on paper. During the lives we are living right now this can be a big bonus. Another benefit is that art journaling allows us time using the right side of our brain. This is where creativity is supreme and problems easily solved. That sounds like a great place to spend time. The artsy stuff makes every day different, which keeps us motivated to record our stories, feelings and ideas. How wonderful to be motivated daily especially when we spend so much time at home. Journaling is a creative outlet as well as a productive one. Art journaling helps us learn to enjoy the process of creativity instead of stressing over the outcome. We just need to, "Let it Go."

You do not have to think you need to be an artist to do art journaling. Just give yourself permission to try. Everyone has a reservoir of creative energy just waiting for permission to be used! It is an opportunity to explore yourself and the world around you. It is learning to enjoy the process of creativity and not being fixated on the end result. You are an artist, and you can create an art journal without drawing or sketching. So if you think you can't draw use collage techniques to express yourself. Stamp images, vintage photographs and magazine images can be used in art journaling, there is no limit on what you can use. Don't allow any doubts to creep into what you're doing and creating. Repeat after me, "There are no mistakes in art journaling. There are no mistakes in art journaling."

"If you hear a voice within you say 'you

cannot paint', then by all means paint, and that voice will be silenced." Vincent Van Gogh

• • •

**LH Painters' Club**

BY JOAN MUSILLANI

The Lincoln Hills Painters Club is finding original ways to still work together to share our art experiences throughout this time of safely distancing due to Covid. The planned program for the July meeting was a demo by Patty Miller, owner of Patris Studio Gallery in Sacramento. Since we were unable to meet in person, our program coordinator worked with Patris to present a YouTube demo. It worked out great and members followed along with Patris to draw and/or paint a poppy (attached photo is an example of a member's results). Patris did a great job of instructing and we had positive responses from our members.

Some of our members got together for an outside, safely social-distanced critique session the other day. Susan Berg, one of our newer members, did a great job of coordinating and leading the opportunity to share our work and get constructive input for each piece of work. Participants brought work they had "issues" with and gained positive feedback and suggested solutions for their work. We hope to continue this as a monthly informal get-together.

We were fortunate to have an opportunity to install a show at one of our favorite Lincoln restaurants, Simple Pleasures. Our artwork went up in July and looks great on their newly



Painted walls, it really sets off our art! Be sure to check it out and enjoy Simple Pleasures great breakfasts and lunches.

If you have questions, the following are contacts for the club.

President: Joan Musillani, e-mail: joanmusillani@gmail.com or 916 712-4393

Membership: Jerrie Crass, e-mail: jerriec68@gmail.com or 916 302-6178

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(more Club News cont' on page 9)

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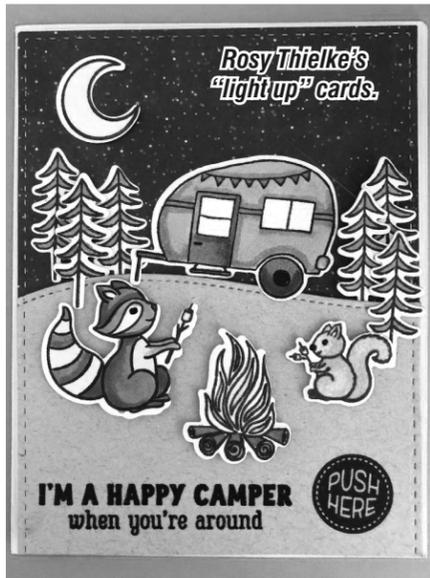
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## Paper Arts Club

BY LINDA LUCCHETTI

As of now, club meetings and activities are canceled through September. We will continue to adjust our calendar based on the status of facilities and public safety recommendations.

Please continue to check the club's monthly newsletters with calendars distributed to members via email, for updates. The newsletters also contain some card making ideas from members. In August, Rosy Thielke shared her "light up" cards. By pressing "push here" you will see a light which is created by using copper conductive wire, a tiny battery



and a mini LED strip light. Very clever! Thanks, Rosy.

We meet on the first Thursday of each month at 9:00 AM in the Terra Cotta Room at the Kilaga Springs Lodge. For further information, contact: Nancy Sealy at nancyb1944@yahoo.com, or 315-702-7986.

• • •

## Needle Arts

BY JILL SHORT

I am sure that one year ago none of us never thought September would roll around with us dealing with a pandemic. Usually this is the month that Needle Arts gets back to having General Meetings after a couple months off. When we get back to "normal", our General Meetings are held P-Hall (KS) at 1:00 PM the second Tuesday of the month. This September we are still not getting back to our Meetings. Unfortunately, we had to cancel the online show and tell in August. Instead, we hope to have enough participants to have an online show in September on our website. Our Needle Arts President, Jean Storms, will keep our group members up to date with emails. Check out our website at [www.sclhna](http://www.sclhna)

As I start writing articles the beginning of each month, I usually gather information from all those who are on the board about what is going on in Needle Arts. During our lockdown not much has been going on so I have had to try to get creative. This month Jean Storms gave me the idea to discuss the difference between general quilting and art

quilts. I think many of us who enjoy quilting tend not to put labels on what we are working on. We just enjoy what we are creating. As I read more about quilting, I learned that there actually are labels for what kind of quilting we do and it is important to some people. I also learned that there is some disagreement on definitions. Needless to say, it is interesting and Needle Arts encompasses all types of quilt making from traditional to art quilts besides all the other crafty areas.

People have been quilting and piecing familiar designs for hundreds of years. The designs have names that quilters are familiar with such as Dresden Plate, Log Cabin and Nine-Patch. Traditional patchwork quilts can be simple or complex but usually are made up of many repetitions of the same blocks in rows. They rely heavily on symmetry in the patchwork and quilting. You will see sashing and borders in these quilts with the repeating patterns.

Now there are other kinds of quilts. Modern quilts differ from traditional. These quilts are more experimental and rely less on rules and order. These quilts are more of an improvisational style with arranging blocks. There are no rules for these quilts. Many times, bold colors will be used and asymmetry. The quilting stitch can be elaborate designs or may sometimes meander. The stitches are important to the design of the whole quilt. Modern quilts may make use of technology, such as computers, cutting machines or specialty rulers to assist with cutting and design.

Modern traditionalism is a hybrid of both traditional quilts and modern quilts. These

quilts combine improvisational freedom in design, piecing and quilting of modern quilts with the traditional patchwork designs that connect us to the generations of quilters before. My mind is really going in circles now with the realization that there are so many labels for quilting styles. There are quilters who do like to be able to call themselves either traditional, contemporary, modern or art quilter. I just threw in another type of quilting. In most dictionaries the words modern and contemporary are synonyms. In the quilt world everything we make right now is contemporary. If we make a log cabin then we are making a contemporary version of a log cabin. Let me add, that most of those who call themselves contemporary quilters simply mean that they make contemporary versions of traditional quilt designs using current trend fabrics.

Let's get into what art quilts are. This is where disagreements come in. Many people claim all quilting is art but some people might not like what my research has dug up, me included. As I researched, I discovered various places said that quilt making can be artistic and creative, most of it is craft rather than art... ouch! That revelation stings! Basically, any quilt that is made only to be hung on the wall and is a culmination of the original ideas of the maker is an art quilt. Of course, there is an argument that quilts that are not considered art quilts can also be hung on the wall. As long as there are quilt shows, quilting magazines, and online quilting communities there will be

(cont' on page 10)



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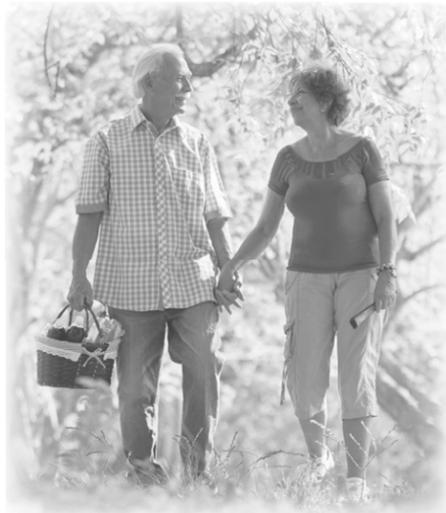


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## Needle Arts

(cont' from page 9)

discussion on how to categorize the work that we make and show.

Let's look at some "authorities" for the definition of art quilts:

The Studio Art Quilt Associate's definition (SAQA) defines an art quilt as: "a contemporary artwork exploring and expressing aesthetic concerns common to the whole range of visual arts: painting, printmaking, photography, graphic design, assemblage and sculpture, which retains, through materials or technique, a clear relationship to the folk art quilt from which it descends.

Wikipedia says, "Quilt Art, sometimes known as art quilting, mixed media art quilts or fibre art quilts, is an art form that uses both modern and traditional quilting techniques to create art objects. Practitioners of quilt art create it based on their experiences, imagery and ideas rather than traditional patterns."

The Art Quilt Association (USA) defines it as "An Art quilt is an original exploration of a concept or idea rather than handing down of a pattern. It experiments with textile manipulation, colour, texture and/or a diversity of mixed media. An Art Quilt often pushes quilt world boundaries."

I could keep on writing about quilting and art quilting. My brain is reeling from all this information plus there is so much more. At this point I might have an identity crisis of who I am in the quilting world. I know that I am

not traditional because doing precise designs with squares and points drive me batty. I do use patterns so I guess I am a crafter. Then again since I am a mixed media artist, I tend to like quilts in the creative art world. So, I am just someone who plays in the quilting world. I am an artist that likes to work with fabric simple as that. As far as the Needle Arts Club there are many types of quilters found within our group. They all do beautiful work that we love to look at and admire. Some of these quilters may tell you what kind of quilter they are or maybe not. We are fortunate to live in a time where there are many choices open to quilters. Ralph Waldo Emerson said, "Love of beauty is taste. The creation of beauty is art." I am not an authority but I think since every quilt our members make is beautiful, they are all pieces of art.

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(more Club News cont' on page 11)



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## Vintage Treasures Club

BY CLARE FLETCHER

Fragrant Hawaii — Those who have been to the Hawaiian Islands will testify to the fact that the islands just smell good! The vast array of exotic tropical flowers are not only spectacular to view, but are quite the olfactory experience as well. How to capture these intoxicating fragrances and market them to tourists became a worthy endeavor for merchandisers and artists in 1930s Hawaii.

In 1929, Gump's, the fabled retailer of San Francisco, opened a branch in Honolulu at Waikiki under the management of Alice Spalding Bowen. It was Alice's concept to create perfumes that captured the fragrant island flowers used to fashion the iconic Hawaiian lei. To hold these liquid treasures, she hired Swiss wood carver Fritz Abplanalp to design flacons using native woods such as koa, milo, and monkey pod. The result was an extraordinary collection of wooden floral masterpieces, a mingling of crafted petals, leaves, and stems that harbored the delicate island scents in unique keepsakes for the homebound tourist. (Today, Gump's flacons are the rarest and most sought-after in this genre).

During the 1930s and 1940s, a number of other remarkably gifted sellers and artists opened their own lines of hand carved Hawaiian perfume sets. Some of the most collected today belong to the firms of Harder's of Hawaii, John A. Oya, and Hula-Lei. Besides



the floral designs, these companies added fish, tiki, and other island motifs to their bottles, which held the unforgettable scents of pikaki, ginger, plumeria, and Hawaiian water lily, just to name a few. The perfumes were placed into 1 to 4 dram vials capped with carved wooden screw-tops. These fragrance units were then slipped into the flacons' fitted spaces carved out for this purpose.

In addition to the fabulous wood carved pieces, perfumes in glass bottles, marketed in elaborate island-inspired boxes, were a hit as well. The "Brown" label is among the most popular.

Excellent resource with lots of color photos: LEI IN A BOTTLE: Collecting Hawaiian Perfume Bottles. Gwen Olins and Evan Olins. 2008, Hula Moon Press, Honolulu,

84 pages. (Available on Amazon, ebay)  
Contact: Sandi Janisch 916-253-9085

## Woodcarvers Club

BY LIONEL RAINMAN

At the present time we are unable to have meetings due to the Covid-19 virus. We all hope that some time in the near future we can once again gather together as a club. In the meantime we are trying to stay well physically and mentally. Although wood carving takes some physical effort since you have to hold a piece of wood and a carving knife at a minimum. Mentally one has to come up with a carving project. That could be an original design or something from a book or video. Additionally, once the carving is started there is a fair bit of concentration on maintaining the design. Plus, what carving tools to use and what kind of finish will suite the design. So you can see wood carving has health benefits.

You do not have to be an experienced artist or craftsman to enjoy woodcarving. All that is required is natural curiosity, a desire to learn and a little time. All you need to get started can be as simple as a pocketknife and a piece of wood. One of the joys of working with wood is seeing your ideas taking on a physical form.

The woodcarvers in our club have various carving and creative abilities and are always available to assist or advise other members or new carvers as well. Woodcarvers Club members have a large library of carving books,

magazines and DVD's for plans and ideas. If you are curious or have an interest in carving please stop by and see what we are doing. We have carving tools that you can use.

When we can once again hold meetings, Woodcarvers Club meets every Wednesday from 1:00-4:00 PM in the Sierra Room at (KS).  
Contact: Lionel Rainman, 916-253-9534.

## The Writers Group

BY ANDY DEXTER

The SCLH Writer's Group is comprised of people with all writing abilities, from beginners to those who are published. Some write poems, novels, biographies, short stories, children's stories and even memoirs. Now is a good time to get started on that writing project you've been putting off! Your children and grandchildren, will enjoy reading about the things you did during your life, growing up, your careers, hobbies etc. If you're apprehensive about writing or don't know where to begin our members are here to help.

The Writers' Group meets at 6:30 PM, on the 2nd, 4th and 5th Monday of each month, in the Orchard Creek Multi-purpose/Computer Room. In September we are scheduled to meet September 14th and 28th. If you want to read something you wrote, please bring 10-12 copies to share. We provide each other with excellent feedback about our writings.

(more Club News cont' on page 13)

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## Book Club

BY CATHIE SZABO

“Remember this! It is never an entire people who is cruel; it is merely individuals who exert their will on others.” –Sujata Massey

While not from our September selection, *The Widows of Malabar Hill*, the quote above certainly speaks to all of us at this point in history. Words to reflect on, chew over and internalize.

Just how should *The Widows of Malabar Hill* be classified? It blends traditional mystery, domestic fiction, historical novel, multi-cultural and legal thriller at first glance. Set in 1920's Bombay, the main character is the first female attorney in India and is inspired by the life of Cornelia Sorabji, the first woman to practice law in India. The plot involves three widows of a Mohammedan and the disposition of their inheritances. Since by Mohammedan law, the widows cannot interact with men, our heroine steps in to offer legal guidance and finds herself entangled in a mystery. This is a mystery that is enriched by historic details and cultural references.

As is our norm lately, our September 17 book club meeting will be virtual via Zoom. Details will go out to members shortly before. If not a member and you wish to attend, email Cathie at catsickle@gmail.com and she will pass along your info to our webmaster for inclusion on our notifications.

Keeping up with your reading? Making a dent on that stack of books or your TBR (to be read) list? As of this writing in early August, I'm working on my 85th book. Hmm, at that rate, should hit my goal of 130 total books for the year. How about you? Have you set a reading goal for 2020? Will you exceed it?

A bit of business to close out this month's column. Gotten a few additions for our upcoming book ballot. I've italicized the new additions in the list. But there's only 2 short months (and how the time is flying during this crazy year) to add your ideas on books for 2021. Email your suggestions to Cathie Szabo at catsickle@gmail.com and she'll compile them for our November ballot. And don't tell the government, but our vote this year will be absentee via email! And just like that "other" election, you've got to be "registered". Email Cathie with your email and you'll be added to our rolls to receive a ballot.

- Here's the candidates so far.
- Historical Fiction  
*The Giver of Stars* – JoJo Moyes  
*The Lost Girls of Paris* – Pam Jenoff  
*The Huntress* – Kate Quinn  
*Beneath a Scarlet Sky* – Mark Sullivan  
*Remarkable Creatures* – Tracey Chevalier  
*The Book Woman of Troublesome Creek* – Kim Michele Richardson  
*Lady Clementine* – Marie Benedict  
*The Only Woman in the Room* – Marie Benedict
- Historical Non-Fiction  
*The Other Einstein* – Marie Benedict  
*Code Name: Lisa* – Larry Loftus  
*A Woman of No Importance* – Sonia Purnell
- Mystery  
*1000 White Women* – Jim Fergus  
*Lincoln on the Verge* – Ted Widmer  
*The Candy Bombers* – Andrei Cherny  
*The Westing Game* – Ellen Rankin  
*The Nickel Boys* – Colson Whitehead
- Young Adult  
*City of Windows* – Robert Pobi  
*A Judgement in Stone* – Ruth Rendell  
*Darling Rose Gold* – Stephanie Wrobel  
*Fair Warning* – Michael Connelly  
*The Guardians* – John Grisham  
*Camino Winds* – John Grisham  
*The Chain* – Adrian McKinty  
 Sci Fi/Fantasy  
 Classic  
*A Town Like Alice (The Legacy)* – Nevil Shute  
*The Honey Bus* – Meredith May  
*The Moment of Lift* – Melinda Gates  
*Bad Blood* – John Carreyrou  
*The Splendid and the Vile* – Erik Larson
- Modern/Realistic Fiction  
*In Five Years* – Rebecca Serle  
*28 Summers* – Elin Hilderbrand  
 Multi-Cultural  
*The Rent Collector* – Camron Wright  
*The Island of Sea Women* – Lisa See  
 Biography/Autobiography  
*The Answer is . . .* – Alex Trebek  
*I'm Now Called a Senior* – Julie Surok
- Other

As you can see, there's plenty of room for your favorites. If you're unsure what category a favorite fits into, nominate it anyhow. Cathie will research it a bit and find its perfect home on our lists.

For the balance of 2020, we'll be discussing:

October 22: *The Testaments* by Margaret Atwood

November 19: *The Tattooist of Auschwitz* by Heather Morris

December 17: Holiday Luncheon  
 And now a quote from Sujata Massey to ponder – “It was an odd habit I thought, this insistence on driving a car in cities with public transportation.” Could she be talking about California instead of India?

Stay safe, stay well.  
 For further information about the OC book club, contact Maureen Deal at modeal2010@gmail.com, Joanne Johnson Felt at ivyarborcourt@aol.com, or Cathie Szabo at catsickle@gmail.com.

## Alzheimer's/Dementia Caregivers Support Group

BY JEFF ANDERSEN

Hot doesn't even begin to describe the temperatures we are experiencing on the weather, social, and political fronts, yet we plod along. Special recognition to our caregivers who manage their lives with this stuff along with the changing and challenging needs of their family members with medically diagnosed cognitive impairment.

A reminder to all that drinking water throughout the day is important for us all, but especially for those with dementia. Remember that the cognitively impaired quite often do not realize they are dehydrating which can quickly and easily lead to urinary tract infections (UTI). Not good.

The Zoom meetings for the Mixed and Ladies groups will continue until the OCLodge is open again to use for meetings. There is some light at the end of the tunnel in that the Community Association is accepting requests for room reservations for 2021. Hope springs eternal.

The Alzheimer's/Dementia Caregiver's Support Group meetings are typically held each month except December. This is an atypical year. Because of the restrictions imposed by Placer County health officials, our meetings to support caregivers have been reduced to an online experience through Zoom. Notices of dates and times are sent out to the folks who

have provided us with valid email addresses. If you would like to join us, be sure to send your contact information, including your email address to Jeff Andersen 2jeffa@gmail.com.

The Large Peer group meets at 1:00 PM each 4th Wednesday. All are welcome to attend, especially caregivers with recently diagnosed family members. The program for the Peer group gatherings is moderated by a licensed counselor from Del Oro Caregiver Resource Center. The Women's group meets on the 1st Wednesday at 1:00 PM The Men's group with Al Roten meets on the third Thursday of the month at 10:00 AM. Contact Al Roten below for details.

The caregiver's groups and programs are supported by the Lincoln Hills Foundation. More information is available from our Steering Committee members Valerie Jordan 909-625-7443, Cathy Van Velzen 916-409-9332, Jo Fratessa 916-408-7209, Al Roten 916-408-3155, or contact Jeff Andersen 2jeffa@gmail.com.

(more Club News cont' on page 14)

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**Bosom Buddies**

BY VAL SINGER

Isolation has become “normal”. Sad, but true. After all these months, it feels strange to go anywhere. When I go to the grocery store, I feel guilty and want to hurry back to the safety of home. If it wasn’t for Amazon and the goodies on line, I would definitely feel worse. I’m glad it takes longer to get the packages because when they come it’s a “surprise” because we forget what we ordered and it makes it fun. You gotta find amusement in something, right?

Our officers will remain the same for next year. Patty - President; Kathy - Vice President;

Corrine - Secretary and Kay - Treasurer. Thanks guys, for doing a great job. Next year is bound to be better, (fingers and toes crossed!).

Thanks to the Foundation for their continued support.

The Relay picture is from the very first American Cancer Relay. The year was 2004 and it was held in Rocklin. It shows the members participating at that time. They were, from left to right, Sylvia, Reg, Cheryl, Linda, Sally Lewis, Bonnie, and Clint Lewis. Don’t have a name for the tall gentlemen. Their shirts say “Hope” and it is so appropriate today as well as then.

This year’s Relay will be live on Facebook on September 18th at 7 pm. It will be an hour and ten minutes. All you need to do is to go on



Facebook and call up Placer County Relay for Life. The committees have been feverishly working on projects to make the event special so be sure and check in. Should be fun!

Dues will not be collected for next year. Due to the strain each of us feel with the virus, it has been decided to not worry about the dues. If you know

*(cont' on page 15)*

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### Bosom Buddies

(cont' from page 14)

of a member that is struggling to make ends meet, please let Patty know.

The second picture shows Kathy and Rich Woodward. A group of Bosom Buddies decided to surprise Kathy with balloons, signs, and other goodies. Kathy has been having a rough time medically lately and hopefully, this cheered her up. It was fun. Thanks Corrine, for organizing this event. We're all down in the dumps with all this isolation, so it really helped cheer us all up. We are all missing the hugs and closeness we have had in the past and so look



forward to being able to "see" people again. Sending cards and calling someone means so much during this time so take a moment to let a buddy know you care.

Stay safe and well. Virtual hugs and kisses to everyone.

If you have any questions regarding Bosom Buddies, please contact Marianne Smith (916-408-1818) or Patty McCuen (916-408-4185).

We end each meeting by holding hands and saying: "Together we are strong; together we will make a difference; together we will survive!" And, we will, hopefully with a little fun...

• • •

### Low Vision Support Group

BY JOAN BRANT-LOVE

Monthly meetings will resume once Stay-at-Home restrictions are lifted and the Sun City Lodges are re-opened.

New Drug For Wet AMD Should Be Used With Caution

International Low Vision Support Group Newsletter, August 2020

www.mdsupport.org

Beovu (brolucizumab) for wet AMD is the newest anti-VEGF drug on the market. It has been shown to be an effective and long-lasting inhibitor of blood vessel development (neovascularization) in the retina. The drug's manufacturer has, however, been recently investigating incidences of severe intraocular

inflammation (vasculitis) and retinal artery occlusion that were reported after their product was approved in October 2019.

Beginning in March 2020, a retrospective analysis of retinal vasculitis in 12 female patients from 10 U.S. centers was conducted. They found that the patients' visual acuity had decreased significantly over a period of around 25 days following injection. Until a cause for the problem is determined, retinal specialists are being advised to avoid using Beovu. Those who wish to continue are encouraged to check for any sign of active inflammation in the patient's eye before proceeding.

Novartis, makers of Beovu, initiated its own internal review of these post-marketing safety case reports, including the establishment of an external safety review committee (SRC) to provide an independent, objective review of these cases and a comparison with events seen in the Phase III trials (HAWK & HARRIER). Novartis has also convened a fully dedicated team collaborating with top global external experts, leveraging the collective multidisciplinary expertise to examine the root causes, potential risk factors and mitigation of these adverse events. The latest updates can be found at [brolucizumab.info](http://brolucizumab.info).

The Low Vision Support Group is subsidized by

Neighbors InDeed and the Lincoln Hills Foundation

Low Vision Support Group Contact: Cathy McGriff 916-408-0169

or [cathymcgriff1010@gmail.com](mailto:cathymcgriff1010@gmail.com)

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### Wise Aging Resource and Support Group

BY CAROL EISENHOWER

We are a support group for residents of Sun City Lincoln Hills, and we provide a forum for discussion, support, education, and sharing of aging-related resources for all residents wanting to plan for their older years, whether ageing in place or exploring other options. Some recent topics include senior peer counseling, local housing options, and financial abuse of seniors. Our meetings always include small group discussions to share ideas. Future topics include transitioning from home to a facility, ask the lawyer, coping alone, handling finances in a crisis, and how to leverage your assets. Come and join the other 60 people who have discovered the comfort in sharing information and being heard. Our meetings are the first Monday each month at 1 pm. via Zoom. To be added to our mailing list contact Marsha Van Wagner at [mmvanwagner@gmail.com](mailto:mmvanwagner@gmail.com).

For other information contact Stefanie Spikell at [stefhope@att.net](mailto:stefhope@att.net) or 916-253-7431.

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(more Club News cont' on page 16)

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### Glaucoma Support Group

BY BONNIE DALE

Please join us on September 9 at 4:00 PM for a very special presentation by two Doctors who are doing research in Glaucoma. Drs. Nick Marsh-Armstrong and Anna La Torre will be with us via a virtual webinar. They will present their current findings followed by response to the submitted questions. Research into ways to better diagnosis and treat Glaucoma is making great strides toward inspired hope for people living with Glaucoma. You won't want to miss this presentation of hope for the future.

Reservations are required by email to Bonnie Dale no later than September 4. For more information and to register and submit your questions, please contact Bonnie Dale at [Bjdale@aol.com](mailto:Bjdale@aol.com) or 916-543-2133.

### Multiple Sclerosis Group

BY JERI DI FIORE

On the Second Tuesday of this month (September 8th) at 1 PM the Lincoln MS Group will hold a Zoom Meeting.

Can you believe it's already September and we are still Zooming without a Meeting on-site?

Jeri Di Fiore plans to send our membership their Zoom invite on Sunday, September 6th.

If you are a potential new member and would like to join the Zoom meeting, call or text Jeri Di Fiore at 530 401-2135, prior to September 6th for an invite.

For those of you who are newly diagnosed with MS or feeling anxious about life and finances currently, the MS Navigator Program is here to help with resources. Call MS Navigator 1-800-344-4867 ask for Newly Diagnosed.

Carry On and see you in September!

### Computer Club

BY NORMAN SEIDENVERG

It now looks like the Kilaga and OC facilities will be closed the rest of the year. So, we continue with online presentations and updating our website. August 12, 2020 Serena Martinez, a Project Marketing Manager at Google, gave a fabulous talk about Google Gmail, Photos, Maps, You Tube, and Security. This was via Google Meet and was recorded so the members may see it on our website: [www.sclhcc.org](http://www.sclhcc.org). 45 members saw it live. Questions may be sent to [sclhcc@gmail.com](mailto:sclhcc@gmail.com). The virus, Covid-19, remains a major problem. Follow the safety guidelines and stay healthy.

*(more Club News cont' on page 17)*

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## Apple User Group

BY RICH THAYER

Four seminars were presented over Zoom in August, and one of them was presented from the front seat of Ken Silverman's car. Ken used his Chevy Bolt to demonstrate how Apple CarPlay helps with tunes, turns, maps, and apps. Other August seminars addressed Apple Health, organizing Mac files, and iPhone basics. If you missed any of these seminars, watch the videos on [lhaug.org](http://lhaug.org).

Helen Rains will kick off September with a seminar on podcasts. Podcasts are educational and entertaining. They are usually conversations rather than stories and cover a wide range of topics, such as comedy, news, and sports. You can listen while doing other activities like chores or exercise. Helen will show you how to find and follow podcasts on your iPhone and iPad.

September will also include two presentations on iPhone photos. Ken Spencer will show how to take control of your photo library and how enhancement apps can transform a snapshot into a photograph you will cherish. Also, you will learn the best ways to share those memories. Andy Petro will discuss the four main parts of the Photos app: Photos, For You, Albums, and Search. He will show how they help you organize your photographs, and he will show how to create animated photos



Ken Silverman demonstrates Apple CarPlay.

and slideshows.

Remember, September 4 is the deadline to register for the September 8 LHAUG Virtual Banquet, which is open to all who were members as of August 1.

See [lhaug.org](http://lhaug.org) for information about the virtual banquet, the seminar schedule, and videos of past seminars.

Club Contact: Helen Rains by email at [helen.lhaug@icloud.com](mailto:helen.lhaug@icloud.com).

• • •

## S.C.H.O.O.L.S.

BY PATTI KINGSTON

Western Placer Unified School District schools are open with distance learning using Google Classroom. Students have been issued Chrome Books, and school supplies and Parents have had access to training videos and resources. Elementary teachers have set their schedules including times for daily live interaction. Students are working on assigned independent activities. As the school year progresses, the school board will create a process to connect volunteers, teachers and parents. The teachers will welcome back the many volunteers who help with tutoring one on one via Google Meets or Zoom. Parents had been asked to choose between continuing distance learning, classroom learning or a hybrid. When the school board opens classrooms for in person instruction those

choices will be considered. As the COVID situation changes there will be adjustments and details are changing daily. For information and updates the Western Placer School District website is [www.wpusd.org](http://www.wpusd.org).

• • •

## Lavender Friends

BY SANDI DOLBEE

In the beginning, there were people like Philip Washburn. Phil helped give birth to the Lavender Friends Club 15 years ago. He was the group's very first vice-president and then became its second president. He and his husband, Richard Wong, also were instrumental in getting the bylaws written and all the other paperwork and approval needed to become an officially recognized club here.

"It took nine months," he remembers. Even after it was formed, the club, which is comprised of LGBT residents and their allies, met monthly to ensure it was running well. It was a daunting task — for several reasons. As one of its leaders, Phil was aware that as a guy, he was outnumbered. "The majority of the group are women," he notes.

Phil also remembers the first club expo that Lavender Friends participated in. "We were really nervous about how we would be received," he says. Phil, who was among the volunteers staffing the club's table, says almost everyone who visited the table were welcoming and receptive. "That took a good load off our minds."

Phil and Richard, who are 75 and 74, live

in Roseville now. Phil praises Lavender Friends for providing myriad social opportunities and a supportive environment for its members. He also lauds the club's website, crediting it with helping potential residents decide whether to move here.

Our club was supposed to be celebrating our 15th anniversary this year with a reunion to honor our past and present members. But COVID-19 changed that. We are now looking forward to a sweet sixteen celebration next year (details to come).

• • •

## Shalom Social Group

BY JUDY GANULIN

The Shalom Social Group marked its 20th anniversary last month, but of course there was no physical celebration. We are planning one for next year. Meanwhile, our Board of Directors meets regularly to plan what we can.

Last month we thoroughly enjoyed — and learned from — Instructor Terry McAteer's discussion of "The

Wonderful Wizard of Oz as an Economic and Political Allegory." Our members also play bocce ball regularly,

and all the players have a great time!

Our group's focus is on Jewish history, culture and food, but membership is open to all. For more information, please contact Joanne Levy, 508-333-8590.

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*(more Club News cont' on page 18)*

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### Big History Club

BY CAROLE WADE

Big changes are taking place in the Big History club. We are happy to announce a trial partnership with The Renaissance Society (RS), California State University, Sacramento's lifelong learning program. Starting this month, we will share our program with RS via Zoom, and they will make many of their presentations available to us for no fee. Check out their impressive Fall Catalogue on the RS website, at <https://www.csus.edu/college/social-sciences-interdisciplinary-studies/renaissance-society/>. (By the way, if you decide to join RS in order to have access to all of their programs all year, the annual dues are \$100.) Our own meetings will continue to take place on the first and third Monday of each month at 10 AM. Our September 7 session will briefly introduce Zoom etiquette, feature short Zoom meet-and-greet "breakout rooms," and provide an introduction to what Big History is about. On September 21, we'll introduce Big History in greater detail: how it takes in the "big picture" of our species' past; the areas we've already covered; and topics we plan to cover going forward, such as the development of culture from Homo Erectus to the Bronze Age.

Please direct any questions about the club or the new partnership with RS to either Dave Lewis (916-626-2795, [stuff619@gmail.com](mailto:stuff619@gmail.com)) or club President Ranny Eckstrom (916-708-0165, [bhsclh@gmail.com](mailto:bhsclh@gmail.com)).

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### LH Astronomy Group

BY BILL WEAVER

No meetings of the LH Astronomy Group (LHAG) general membership or its subgroups are scheduled for September at this time because of the Covid-19 restrictions on social gatherings. LHAG members will be updated through email as new information is gathered. However, the LHAG Steering Committee will continue to hold its monthly meetings via web-based modes.

Many astronomy enthusiasts enjoyed observing the Perseids meteor shower during the month of August when one could see up to 150 meteors per hour under dark skies. The particles that produced the meteors are remnants of the Swift-Tuttle comet that passed by the Earth in 1992. This meteor shower occurs every year between July 17 and August 24 and tends to peak around August 9-13.

The LHAG Telescope Interest Group Coordinator, Bob Collins, says that September is a wonderful month to view the night sky! Two of the primary objects of interest during this time are the planets Jupiter (the largest planet in the solar system) and Saturn (the ringed planet). Both planets are two of the brightest objects in the Southern sky and can be easily seen with their largest moons through a pair of binoculars. So! Choose a clear night, grab your binoculars, and look up into the southern skies for these two dazzling objects.

Questions regarding the LHAG should be directed to LHAG President Bill Weaver

at [hamweaver@wavecable.com](mailto:hamweaver@wavecable.com).

Additional information about the LHAG, its meetings, activities and its subgroups can be found on its website at [www.lhag.org](http://www.lhag.org).

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### LH Veterans Group

BY B. L. LEWIS

The Lincoln Hills Veterans Group general meeting on Thursday, September 17, 2020 at 1:00 p.m. will be held via Zoom and the directions to logon will be sent to all members via email. The guest speaker will be Tim Grennan, MD FACP, Col. USAFR (Ret.), a retired flight surgeon who has had a distinguished career in teaching and a variety of management positions. Dr. Grennan received his flight surgeon training at Brooks AFB, TX, and then was stationed at Mt. Home AFB in Idaho, attached to the 390th Tactical Fighter Squadron and the 366th fighter wing. After his active duty, he completed his residency in internal medicine and oncology. He then returned to the Air Force as a reserve flight surgeon at Travis AFB attached to the 390th and 366th Fighter Wing, followed by a succession of leadership positions, including chief of aerospace medicine and officer in charge of environmental engineering.

The Lincoln Hills Veterans Group is a great organization because of its members! The membership is made up of veterans that represent every branch of the United States military. The actual members change every year; some leave for various reasons and are

replaced by new members that have moved into the community. Every year a number of the veterans volunteer to serve on the Board of Directors. It is now the time of year that we start looking for members to serve on the Board for 2021, if interested, please contact Bill Lewis, 916-408-3771 or Malcolm Singer, 916-645-8533.

President Joan MacAdams and her husband Doug are selling U.S. Flags to the community. Flags can be purchased by calling Joan at 703-217-4735 or 916-751-9272, email: [joan.macadams13@gmail.com](mailto:joan.macadams13@gmail.com). They will deliver, but you must make specific delivery arrangements.

All veterans are invited to support the funding of Lincoln Veterans Memorial at McBean Park in Lincoln. You can contribute by donating \$25.00 for a Memorial Coin; or with a \$150.00 donation you can have a Black Granite Tile with your name and service information inscribed; or you can make a donation of any amount to the Lincoln Veterans Memorial Coalition. Send your checks and information to LVMC, Treasurer, Larry Yaggi, 2300 Cinnamon Teal Lane, Lincoln, CA 95648 or notify Chaplain Bill Lewis, 916-408-3771, email: [bllewis1977@gmail.com](mailto:bllewis1977@gmail.com) if you would like to order a Tile for a Lincoln Hills Veteran that has passed.

Welcome Aboard to New member, James Kirby, U.S. Air Force. As of June 15, 2020, the group's paid membership stood at 221, including 133 life members and 22

(cont' on page 19)

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## LH Veterans Group

(cont' from page 18)

Associate members. World War II veterans (including Spouses) total 19. The total membership was 262. Remember to Fly your Flag Proudly on Labor Day September 7 and Patriot's Day, September 11, 2020 and in Honor of all of our Medical Personnel, First Responders, and all of our Law enforcement officers.

In Memoriam — Jack Fabian, U.S. Army and Harold "Hal" Stout, U.S. Navy.

The Veterans Group extends its deepest Condolences to the families and friends of these Veterans.

• • •

## Lincoln Democratic Club

BY JUDY GANULIN

The Lincoln Democratic Club has scheduled four programs, all on Zoom. First is Assemblywoman Lorena Gonzales discussing Proposition 22 on Thursday, September 10, at 4 PM. Next is the League of Women Voters' presentation on the California ballot propositions on Thursday, September 17, 7 PM. Monday, September 21, 6:30 PM, Casey Mills, chair of the Sierra Club Placer Group, will discuss Proposition 15. On Thursday, October 1, 4 PM, Ryan Ronco, Placer County Clerk-Recorder/Registrar of Voters will present "Voting in Placer County in the November election."

New members are always welcome. For more information, please visit our website at <https://democraticclublincoln.ca.org/>

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## SCLH Republican Club

BY SUE DUMAS

Assemblyman Kevin Kiley's suit restricted Governor Newsom's executive order for blanket mailing of California ballots, so only Registered Voters will be mailed a ballot on October 5.

Since COVID-19, Governor Newsom has written or amended well in excess of 400 executive orders/laws, unprecedented! The RecallGavin2020.com petition is critical. To date we have collected many signatures toward the 21,052 required for Placer County. The goal is to have two million signatures statewide.

The LHRC Chair has been busy recruiting and leading volunteers from LHRC membership to assist in the [recallgavin2020.com](http://recallgavin2020.com) Petition, [new/moved/changeparty=voter](http://new/moved/changeparty=voter)



registration, and promoting TRUMP/PENCE 2020.

Be the change you want to see, volunteer and be part of getting your State, Cities Country back, while protecting and preserving our Constitution.

September events include: Nationwide MAGA Drag the Interstate, September 5 at 10:00 a.m. Meet at 5615 Pacific Street, Rocklin. This is a Car Parade, decorate your vehicle. We will drive to the Capital, do a few circles around it, then go to the American River to cheer the Boat Parade!

Contact [GhoSTorM143](mailto:GhoSTorM143) for details.

LHRC block party September 24, which will include live entertainment. Check your bi-monthly email for details.

Registered Republicans of Lincoln Hills are invited to join the Lincoln Hills Republican Club. Dues are \$15/year, per person. Year runs July 1 to June 30. See website for details. Come join the fun!

[www.RepublicanClubSCLH.org](http://www.RepublicanClubSCLH.org)

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of low atmospheric activity, reducing signal paths. Digital contacts using FT-8 and other software, is becoming a popular and effective way to make Ham contacts during these poor conditions. In addition, digital techniques offer an alternative means to communicate across greater distances for antenna restricted communities. Rather than speaking into a microphone, the radio sends your call sign with a click of the mouse on your computer, to your intended contact's computer. If you are looking for a way to engage in the community and have an interest in amateur radio, please check out the LHARG. We hope to resume our meetings at the Sports Pavilion as soon as Covid-19 health concerns are a thing of the past. The LHARG conducts a weekly radio network at 7:00 PM every Monday on the W6LHR Repeater at 443.2250 MHz, 167.9 PL. For more LHARG information visit our Website, the URL is: [lharg.us](http://lharg.us) or email [Stuart.Gallant@gmail.com](mailto:Stuart.Gallant@gmail.com).

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(more Club News cont' on page 21)

## LH Amateur Radio Group

BY DAN LEHRER, KN6DRN

After careful consideration of current Covid-19 precautions, the Group has taken to Zoom for our weekly meeting. Prior to our Monday Net, we "rag chew" and discuss radio equipment and other topics of interest such as the latest Sunspot count. Currently, we are in a period



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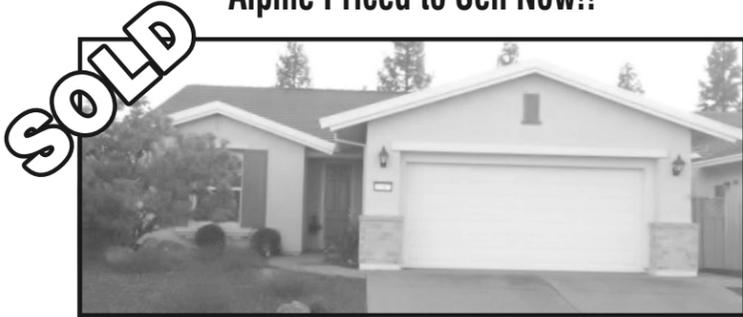
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### LH Italian Club

BY LINDA LUCCHETTI

Due to the COVID-19 virus, we have canceled all events through October. Unfortunately, we may have to cancel the remaining two events for this year. In the meantime, please continue to check our website for updates. For now, all we can do is look forward to the days when we can have fun together again at our events.

If the annual Inaugural Dinner and Dance had occurred, the current Board would be thanked and the 2020-2021 Board would be introduced.

Our Board members for 2019-2020 were: President – Karen Zimmerman; Vice President - Russ Baldo; Treasurer - Mario Tantillo; Secretary - Irene Pardini (outgoing); Membership Director - Sandi Graham; Activities Directors - Lilly LaPira and Karen Zimmerman; Officer-at-Large - Ron Ananzino; Photographer - Tony Dipaola; Historian - Will Crews (outgoing); Publicity - Linda Lucchetti; Webmaster - Al Soares; and, Past President - Dave Conner.

Irene Pardini served as the Club's Secretary for the past two years. Will Crews has kept the historical records for the Club for the past 12 years. We thank them for their hard work and dedication to the Club. The two new members of the Board, replacing Irene and Will, are: Secretary - Jo Ann Murano; and, Historian - Carolyn Magliulo. Please welcome both of them in their new roles.

Check out our new "Where Are We?" email series that offers clues to help you guess particular Italian locales. Both "Where Are We?" and "Reaching Out and Keeping in Touch," now on the website, are ways to have fun, test your Italian "compass" and learn more about Italian heritage while keeping in touch with the Club during this time.

If you are a Lincoln Hills resident of Italian heritage, check out our website at [www.lhitalianclub.org](http://www.lhitalianclub.org). Contact: Sandi Graham, membership, at 916-826-5711.

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### LH Travel Group

BY TEENA FOWLER

There will not be a meeting this month. If you are interested in more information about the Travel Group and the trips being offered or planned (see below), please contact Sheron Watkins, Teena Fowler, Louise Kuret or Linda Bevins (email and phone numbers listed at the end of this bulletin).

See our website for detailed information about all our booked trips: [www.LincolnHillsTravelGroup.com](http://www.LincolnHillsTravelGroup.com)

Nashville & the Smoky Mountains Holiday (Dec 10-17, 2020) (Sheron)

Grand Ole Opry, Dollywood, Asheville, Biltmore Estate, Gaylord Opryland Resort Exploring New Zealand with Optional Fiji Extension (Feb 3-24, 2021) (Linda)

Auckland, Wellington, Christchurch, Queenstown, Mount Cook National Park Tropical Costa Rica (Jan 23-31, 2021) (Sheron)

San Jose, Coffee Plantation, Guanacaste, Monteverde Cloud Forest and options on tour

Colors of Morocco (Apr 8-18, 2021) (Sheron)

Casablanca, Hassan Mosque, Sahara Desert Lux Tented Camp, Marrakech, etc. & Choice of Cooking Class America's Cowboy Country (Jun 14-21, 2021) (Sheron)

Jackson Hole, Grand Tetons, Yellowstone-Cody, Rapid City, Mount Rushmore

Switzerland by Rail (Summer 2021) (Teena)

Small Group Tour Bern, Zermatt, Lake Geneva, Veyey, Chocolate Workshop, Swiss Travel Pass

Colorado Rockies (Sep 18-26, 2021) (Sheron)

Denver, Multiple National Parks, Royal Gorge Route RR, Garden of the Gods

Travel Group Committee Member Contacts — Sheron Watkins: 916-849-9504 [sheron55@att.net](mailto:sheron55@att.net); Teena Fowler: 916- 543-3349 [teenaofowler@wavecable.com](mailto:teenaofowler@wavecable.com); Louise Kuret: 916-408-0554 [lkuret@sbcglobal.net](mailto:lkuret@sbcglobal.net); Linda Bevins 916-666-7627 [djbevins17@gmail.com](mailto:djbevins17@gmail.com)

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### LH RV Group

BY STEVE BEEDE

Greetings to our RV Group Members and all who would like to share in this excellent experience. Covid-19 may be keeping our SCLH Lodges closed but it certainly isn't stopping our members from enjoying our RV's. While some members are RV'ing close to home, others have traversed the country. All with Social Distancing. At the end of August, 30 Rigs are heading to Clio's in Graeagle for golf, and hiking, kayaking, and more. And, at least so far, we remain on schedule for our Octoberfest at the Sports Pavilion and Holiday Party at Catta Verdera.

Although Covid has caused cancellation of most of our 2020 Rallies, our V.P. Susan Brenden has been hard at work booking 2021 Rallies to the Desert in February at Emerald Desert RV Resort followed immediately by Campland by the Bay in San Diego. You may have heard that RV'ing is the safest way to travel and we feel it is the most enjoyable. This



must be true because during this Pandemic, 3 Million new RV'ers have joined in the fun... and increased competition for campsites.

Want to join us? We normally meet at 4:30 PM on the 2nd Tuesday each month in the Placer Room (KS). Watch the Compass for news of re-opening.

Have questions or need more information, Contact Club President, Steve Beede at [stevebeede5@gmail.com](mailto:stevebeede5@gmail.com), or by phone to 916-752-6972, or check our website at [www.lhrvg.com](http://www.lhrvg.com).

• • •

### RoadRunners Motorcycle Club

BY MIKE SMITH

There was no club ride or meeting in August due to ongoing coronavirus restrictions. It is not known at this time if there will be a club ride or meeting in September. When restrictions have eased the club will continue to have scheduled rides on the second Saturday of the month, March – November along with the monthly club meeting on the fourth Thursday of the month at 5:30 PM Multipurpose Room (OC).

"Ride Safe – Ride With Friends" Contact: Manny Perez 916-253-9121, [manwil412@wavecable.com](mailto:manwil412@wavecable.com)

• • •

### SCLH Sports Car Club

BY PAM BERRY

It is important to look forward with hope and to maybe plan for when times allow for some of the old activities. With this in mind we are going to look at the rides of last August!

It was a busy month with rides. First was a day drive up through the Sierra Foothills. If you have never been to Big Hill Lookout that is something you want to put on your list! You can see for miles with hills, lakes, and mountains to the East. Sometimes you can get a tour of the lookout tower. Continuing on through the countryside the next stop was Placerville's Public House Pub & Restaurant.

(cont' on page 22)

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### SCLH Sports Car Club

(cont' from page 21)

The next trip was to Frasinetti Winery with a Buffet Lunch. Frasinetti Winery has been around a long time and is a hidden gem near Elk Grove. You ride through the suburban side of Elk Grove, turn down a short road and there you are at an old established winery. One of the old rock/brick storage barns has been converted into a restaurant. Wine is good (only a little because we were driving), food is tasty, and atmosphere is delightful!

The final trip was to an old favorite, The Willo Dinner above Nevada City. The Willo specializes in big steaks (grilled in front of you) and big servings of the sides. The building has been around for ages and looks like cowboys and ranch hands should be sauntering in at any moment.

So many good times which will return in the future. The trips above could be taken today but maybe with a picnic lunch instead of the restaurants. If you would like more information check out the Website listed below. Please stay safe!

• • •

### Garden Group

BY LORRAINE IMMEL

Are you missing the Garden Group events of General Meetings, Presentations, Field Trips, Socials, Camaraderie, etc? We are, too! The Lodges and Pavilion have still not been opened for large groups of activities for our

functions yet.

In the meantime... there are many garden chores (labors of love for most of us!) to do in September.

Here are some "must take" steps many gardeners suggest...

- Save seeds from the plants that performed well for you this year. Put them into an envelope, label the contents, and add a date.

- Take cuttings of plants like coleus and geraniums to root for next year's garden.

- Eat up your veggie garden harvest. Some ideas for your excess harvest are to start canning, preserving, and freezing the crops you can't eat or give away to family and friends.

- Dry herbs to be used over the winter. Good choices are thyme, rosemary, basil, lavender, and chives.

- Clean out your garden pots. Old soil can go into the compost pile.

- Remove your old vegetable plants. Vegetable plants left in the garden to over-winter become a haven for insects and disease to take root. Many garden pests can find a home in the decaying stems, leaves and root systems of leftover veggie plants. Given the chance - many will lay their larvae in the roots and soil around the plants - waiting to "spring" to life next season to create problems for your new plantings.

- (Don't compost your tomato and pepper plants!) Those damaged or withered left over vegetable plants can harbor mold, fungus and disease that can also be transferred to next year's plants.

(cont' on page 23)

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## Garden Group

(cont' from page 22)

UC Master Gardeners suggest this is a good time to learn how to properly sharpen and care for your hand pruners. Instead of just tossing your old ones, paying for an expensive sharpening job, or buying new pruners, they have a video to show you how to do-it-yourself! <https://www.youtube.com/watch?v=k9AddV33lpw>

New! The Garden Group Apparel Store hosted by Premier Graphx in Roseville was set up for you to purchase apparel with the Club's logo. Information and pictures are on the website.

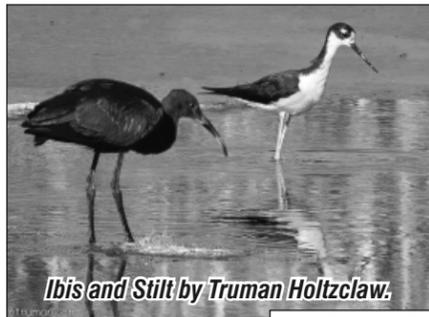
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## Bird Group

BY RUTH BAYLIS

Even in normal times our club does not schedule a meeting or activities in August because it is considered a quiet time for birding. Not so much so this year. It seems our birders have had many interesting sightings right here in Lincoln Hills while walking the trails during this shelter-in-place period.

A White-faced Ibis landed on the Salt Pond joining the Black-necked Stilts that are known to hang around there. This was a first sighting of this bird in Lincoln Hills for any bird group members, but not a first known occurrence of it having been seen here. Another surprise sighting at the Salt Pond was a juvenile Virginia Rail. This could confirm



Ibis and Stilt by Truman Holtzclaw.

that these rails breed here in Lincoln Hills, something not previously documented. Perhaps most exciting was the sighting of a Caspian Tern over Ferrari Pond. This is the first record of a Caspian Tern being seen in Lincoln Hills.

An unusual happening was the appearance of 4 Swedish Ducks at Ferrari Pond. These are beautiful domestic ducks produced by breeders, so our suspicions are that they were dropped off at the pond by someone who could no longer care for them. Since they are not good flyers, and these ducks were somewhat tame, there was great concern by residents that they would be easy prey for coyotes. The matter was taken to Chris O'Keefe who rounded up a crew that successfully captured the ducks, who were then to be placed into a good home that had been found for them.

Another piece of good news is a huge



Swedish Ducks by Larry White.

victory for birds. A federal court struck down the recent reinterpretation of the 1918 Migratory Bird Act Treaty. This reinterpretation would have allowed in many instances for the killing of birds without consequences.

Again, this month, we cannot predict at this time for sure when we will be able to resume Bird Group meetings and birding trips.

But do look forward to our opening meeting where we will focus on photos that members have taken throughout this shelter-in-place period. In normal times, our programs are held in KS Presentation Hall at 1:30 PM on the second Monday of the month. We understand in the future that seating may be limited.

In closing, I want to give credit to our sources. Don and I would not be able to write these articles without the many emails and photos sent to us by our many Bird Group friends. You are great reporters and photographers. Thank you!

For a full listing of future events (when available), birding tips, a photo gallery, bird lists from trips and MORE, visit our website: <http://www.lhbirders.org>

You can communicate with the Lincoln Hills Bird Group at email address: [LH\\_Bird\\_Group@yahoo.com](mailto:LH_Bird_Group@yahoo.com).

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## Shooting Group

BY JOHN KIGHTLINGER

Would you like to join a friendly group of residents enjoying recreational shooting sports? The shooting group may be just what you are looking for. Our purpose is to make friends among residents who are interested in enjoying safe recreational shooting sports. If you have not shot in years, or have never shot before, you will find the group welcoming with members available to help. You may join our shooting activities on any of our scheduled dates, regularly or intermittently. Just come out and have fun!

Weather permitting, we meet on Tuesday of each week for Trap and on Thursdays for Skeet at Coon Creek Trap and Skeet, 5393 Waltz Road, Rio Oso, CA 95674, just minutes from Lincoln. You may join us for either trap or skeet, or both. Occasionally other shotgun sports such as International Trap, Sporting Clays and 5-Stand are enjoyed. We have no fees but each shooter must pay the Coon Creek clay targets fee. For more information about shotgun shooting sports contact John Kightlinger at 916-916-408-3928 or [johnnpat@sbcglobal.net](mailto:johnnpat@sbcglobal.net)

Generally, the rifle and pistol activities occur at the Lincoln Rifle Club located at 150 Lincoln Boulevard. For information about rifle or pistol shooting please contact Jim Trifilo at 434-6341 or [trifilom@gmail.com](mailto:trifilom@gmail.com).

• • •

(more Club News cont' on page 26)

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# Bill and Sue Hunter

(cont' from page 1)

out with 168 students and only graduated 33. He remembers his professors as being tough but also good and fair. After graduation, he served time in the United States Army before returning home to his family home in San Gabriel while he awaited his forestry assignment in Ukiah and the Mendocino



*Bill and Sue Hunter in front of one of Sue's quilts.*

National Forest. It was during that summer in San Gabriel that he met Sue.

Both of Sue's parents were originally from Minnesota and that is where Sue was born in the city of Austin. Her father worked for Hormel and he was transferred to Seattle. Tragically, he died of a heart attack when he was only thirty-one, leaving Sue's mother and her two children, including Sue's sister, to fend for themselves. So, in 1946, Sue and her family moved in with her grandmother in Stacyville, Iowa. The family was poor in a small community of only five hundred people. Luckily, there were some Social Security payments from Sue's father, and Sue's aunts and uncles regularly sent money to Sue's grandmother. When Sue was about sixteen years old she moved with her family to live with an uncle in Austin. Sue graduated from high school in Austin, Minnesota. Her college was the College of St. Teresa in Winona, Minnesota. After college, she taught in Minnesota, Illinois, and Nebraska before moving to California. Sue's mother and sister had moved to California, so Sue joined them. Sue became a teacher in West Covina and at the time she met Bill she and her mother were living in Covina.

The summer of 1968 moved quickly for the couple. After meeting in Pasadena, they had a whirlwind courtship. Bill knew he was moving to Ukiah and did not want to lose

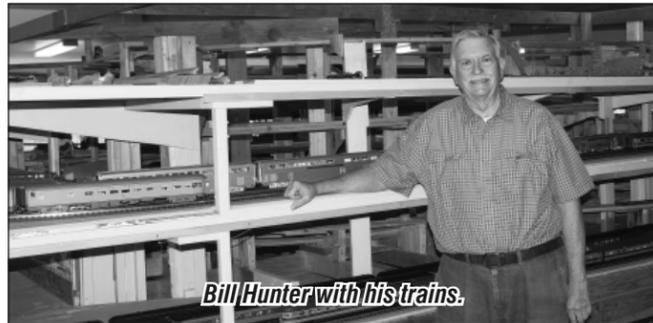
his relationship with Sue. Overcoming his shyness, he encouraged her to move to Ukiah. She left her teaching job in Southern California and moved up north along with her mother. The Hunters had a quick, small wedding with about twenty-eight people in attendance. Miraculously, Sue was even able to obtain a teaching job at the last minute in a nearby school. It was the same grade she had previously taught and the classroom was left in great condition ready for school by the previous teacher. Sue worked in the school for many years and taught every grade but fourth. By retirement, she had taught for forty-one years, twenty-eight of them in the school near Ukiah.

Bill dreamed of working in forestry since the fourth grade. He focused on going to the right college and wholeheartedly embraced the career when he finished his military service. The couple had been in Ukiah for only about a year when Bill received the news that the Forestry Service was closing the Ukiah office and asking him to move to another more remote location in Hayfork. Faced with a difficult decision, he accepted his responsibility for his wife and mother-in-law and chose to start teaching instead since it would not uproot Sue's teaching

job and their life in Ukiah. One of his life philosophies is that he does not want to leave anyone behind. Because of his degree, he was able to start teaching fourth grade right away and attend an intern program from Sonoma State to finish the work on his teaching credential. He ended up teaching for thirty-one years but never lost his love for forestry. Both Bill and Sue received "Teacher of the Year" awards. Bill received it six times. This was special because the



*Sue and Bill Hunter on their wedding day — September 14, 1968.*



*Bill Hunter with his trains.*

awards came from students graduating from high school who had remembered being in classes with the Hunters in elementary school.

The house the couple lived in for decades located in Ukiah had some fir trees fall on their property. Measuring more than one hundred feet in length, the trees damaged the roof. The couple worked on many aspects of improving the house for seventeen years. Both Bill and Sue were skilled participants, providing ninety-five percent of the labor. The house, originally nine hundred square feet, was three thousand square feet by the time they were finished. While living in Ukiah, they had two children, a boy and a girl. Both are now married. The son is a Senior Application Engineering Manager who lives in Torrance and is married with three children. Their daughter follows in her parents' footsteps and is a teacher in Cupertino. She is married and lives in nearby San Jose. One of the highlights of the Hunters recent life was a Disney cruise they took with all three grandchildren a few years ago.

When the couple decided to retire, they looked at various places. They ended up being excited about the then new development of Sun City in Lincoln Hills. They were part of the "second-wave" of houses and, in November, will have lived in their house for twenty years. They were careful to make sure they would both have room for their passions. Sue loves to quilt and has a sun lit area just perfect for her in the house. She has made special request quilts for family members and also has done many quilts for veterans. Bill loves model railroads and built on a room to the back of the house that measures forty feet by fifty feet. It is home to a huge and complex set-up with levels and scenery and trains. He gave me a tour when I was there. He definitely radiates enthusiasm for the hobby, even though he admits it can be expensive.

The Hunters enjoy their time in Sun City. Sue enjoys her participation in the Needle Arts Group and her connections with the California Retired Teachers Association. Besides his love of trains, Bill has a green thumb and loves to grow plants in his backyard.

Bill reminisces about his life before retirement. He stated, "When I'm in the classroom I miss the trees and when I'm in the forest I miss the children." He had an eye-opening experience giving a tour of the forest to some blind children and it was then he realized that so much of the forest could be experienced by other senses—the touch of the bark, the various smells of different trees, etc. He feels fulfilled now by the life he lived and the contributions he made to the next generations.

Sue's sense of humor can be seen by the saying on a rock in front of the Hunters' house. It states, "At least you're not as old as this rock." That made me smile, as did the great railroad display and creative quilting area. They are a couple very much in love with each other and glad for the many "God wink" moments in their lives.

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## MARKET HIGHLIGHTS FROM PAULA

### Home For Sale in July 2020: 25 units.

- Down **39%** compared to last month
- Down **26.5%** compared to last year

### Home Closed in July 2020: 31 units.

- Up **19.2%** compared to last month
- Up **34.8%** compared to last year

### Home Placed under Contract in July 2020: 42 units.

- Up **20%** compared to last month
- Up **23.5%** compared to last year

\*Buyer's market: more than 6 months of inventory based on closed sales

Seller's market: less than 3 months of inventory based on closed sales

Neutral market: 3 - 6 months of inventory based on closed sales

\*Per Trendgraphics Metrolist reports

## Fishing Club

BY HENRY SANDIGO

One of Sun City's senior citizens likes to travel to Oregon to fish for small mouth bass using a fly fishing rod on the "Umpqua" River.

Each year Sturmer White, aka "Sturm," gathers a few anglers and plans a trip to the Big K. It isn't the same anglers each year. He spells out all you need in a summary email to all - clothes and booze, oh, and your fishing rod. Actually he's more meticulous than that, I'm just kidding.

The Big K is a 2500 acre working ranch that also has 18 miles of the Umpqua River running alongside of it. Cold pristine bubbling, frothy water. This area is commonly called the Umpqua River Loop. Staying there is a week or weekend vacation full of family run, extended family friendliness, home cooked meals by a local chef/neighbor or the proprietor of Big K, and general help from the family. The accommodations are comfortable with AC, etc. I haven't been in a while, but in addition to the fun of catching fish, I still remember how family friendly everyone was.

It's an outdoor sportsperson's paradise which includes: world class guides and equipment if you don't want to use your own, 8 private boat ramps, and high pontoon type comfortable boats. You can be on the water



by 7-7:30 ready to cast with a favorite rod. Sometimes we drift and other times anchor up making for an interesting day and sights. Common sights include: Eagle or Osprey diving for their meal or the guide would hold up a fish, and whistle, then toss the fish out, while the bird comes swooping in to grab it.

As Sturm tells me, "I can't think of a better place to go at my age (91)." As he describes it, the typical day

starts early, off to breakfast, order from the menu. He said "this year was even more special because we had the place to ourselves, just 6 people! I've never seen it like that. Lunch was a good simple sandwich, where we'd anchor up somewhere and chat about the day. Then some more fishing and back by 3 or so, wash up, have a cocktail on the deck before supper.

60 fish day was average, 16" or so, 3-4 pounds, not bad. Overall what makes for a fine day includes: the weather, the moving water, a fishing partner, a good guide who is interested in you and your catch.

3 nights, and 2 days of fishing. Using a 6wt fly rod, a gurgler as your fly or a wooley bugger with legs, and later in the day, for Sturm a Robo minnow.

...

(more Club News cont' on page 27)

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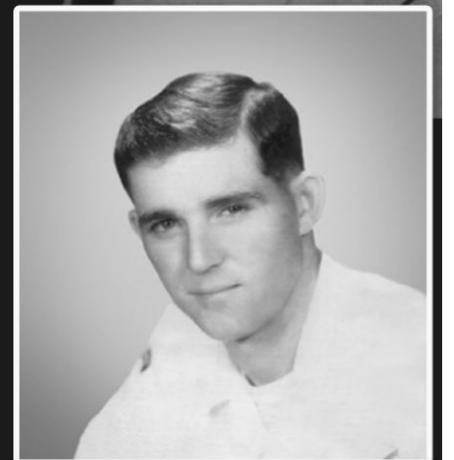
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### LH Pickleball Club

BY MOLLY MORRIS

The crews have been working hard and the new courts are almost finished as you can see from the picture! Hopefully we will be playing very soon as the ribbon-cutting was planned for August 25th.

When the new courts are open we will have a new set of guidelines and a new court reservation system. You will be able to reserve a court from 7am to 9pm for up to three days in advance. You need to be registered to use this system. To register a new account, go to holdmycourt.xyz/reserve2/lhpb. We will also be re-introducing Drop-ins from 7am – 11am every day on courts 1-3 with a monitor. (You will need to stand while you wait for a court

because there are no chairs allowed and the benches are off-limits, though we don't anticipate long wait times.) To see the rules for the new courts and a complete guide to using the reservation system see the Pickleball Club website (lhpbclub.com).

Please remember, at this time the pickleball courts are open for residents only. No guests, visitors or spectators are allowed, including grandchildren.

For more information regarding pickleball or the LH Pickleball Club visit our website at lhpbclub.com or call Molly Morris at 408-386-9054.

• • •



### Mad Hatters Bocce Group

BY PAUL MAC GARVEY

"It'll go away." "It will disappear." Not. I'm running out of ways to say nothing. I could tell you it's hot again (it really, really is at 109!). I could tell you we still have not resumed group activity but you already know that. People continue to play Bocce in small groups. The one thing I do have to report is shown in the attached picture. They have "upgraded" the new Bocce shade structure. You should go take



a look. I have had few comments about the shade structure and most were not positive. Let the association know what you think.

Contact: Paul Mac Garvey, 916-543-2067, pmac1411@aol.com; Bob Vincent, 916-543-0543

• • •

### Table Tennis

BY DENNIS ZARO

Usually no news is good news. This is not the case for our table tennis players. There is no indication at this time as to when our Kilaga Springs venue will reopen, nor do we see any indications of restricted guidelines for future play. Current hot weather is adding to the frustration. One player commented, "It's just too hot to play in the garage these days."

• • •

### LH Tennis Group

BY HELEN BEROTT

Good news... construction is underway for our two new tennis courts! It will take time for the courts to be ready for play, but work is finally happening.

We are continuing to be mindful of social distancing, and wearing a mask while at the Sports Pavilion. Please also keep in mind that guests and spectators are not allowed.

Thank you all for closely following these rules. The result is that our courts continue to be open and available for us to play day and night.

• • •

*(more Club News cont' on page 29)*



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## The 2020 Voices of Lincoln Poetry Contest — Status and Facts

Contest Status — The Voices of Lincoln Poetry Contest was quite successful. The five new and exciting contest categories challenged the imagination and creativity of the poets who entered. These categories included the following: “What Do I See When I Look In The Mirror?” “I See You In My Dreams” “You Should Have Seen What I Saw Today” “I See A World With Many Opportunities” “See If I Can Make You Laugh.”

Young poets, 18-years of age or under, competed in the special “Young Poets” category.

One hundred four (104) poets submitted poems. Twenty-one (21) were “Young Poets.”

Two hundred fifty-five (255) poems were submitted. Of these “Young Poets” submitted 54 poems.

Poems are now in the capable hands of our three (3) contest judges.

1st, 2nd, and 3rd place winners will be selected in each contest category.

Contest winners will be notified during the first week of September.

Important Facts — Entries were received from 42 California cities (Number of entrants): Alameda (1), Antelope (2), Auburn (1), Berkeley (1), Campbell (2), Capitola (1), Citrus Heights (2), Cool (1), Cupertino (2), Davis (1), Fremont (1), Galt (1), Grass Valley (1), King City (1), Lakeport (1), Lincoln (14), Long Beach (1), Los Gatos (1), Lower Lake (1),

Lucerne (1), Modesto (3), Mountain View (1), Nevada City (1), Newcastle (1), Oakland (1), Olivehurst (1), Redwood City (1), Rocklin (5), Roseville (6), Salida (1), San Francisco (1), San Jose (2), Santa Clara (1), Santa Rosa (2), Saratoga (7), Sebastopol (1), St. Helena (1), Sunnyvale (2), Walnut Creek (1), Wawona (1), Woodland (1), and Yountville (1).

Entrants came from 20 cities in 13 other states: Brownsboro, AL (1); Fountain Hills, AZ (1); Phoenix, AZ (2); Steamboat Springs, CO (1); Atlanta, GA (1); Ames, IA (1); Iowa City, IA (1); La Porte, IN (1); Topeka, KS (1); Plymouth, MA (1); Las Cruces, NM (1); Canal Winchester, OH (1); Dayton, OH (1); Toledo, OH (1); Philadelphia, PA (1); Denton, TX (1); Frisco, TX (1); Krum, TX (1); Sugar Land, TX (1); and Waterford, VA (1).

International Submissions were received from four (4) cities in four (4) countries: London, England (1); Frankfurt, Germany (1); Accra, Ghana (1); and Waterford, Ireland (1).

Students entering from each school level included the following: High School (18) and Middle School (3).

The number of poems submitted in each of the five categories was as follows: “What Do I See When I Look In The Mirror?” (58); “I See You In My Dreams” (55); “You Should Have Seen What I Saw Today” (59); “I See A World With Many Opportunities” (43); “See If I Can Make You Laugh” (40).



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### Water Volleyball Club

BY ROSEMARY ELSTON

The Water Volleyball Club is anxiously awaiting the opportunity to safely get back in the Kilaga Springs Pool. The Steering Committee continues to dialogue with the Association regarding the identification of protocols that would both allow the return to water volleyball play and protect members/residents. In the absence of water volleyball, members have enthusiastically embraced time at the Orchard Creek Pools to walk, swim laps or soak up the sun. Website: www.lhwatervolleyball.com Email: sclhwatervolleyball@gmail.com

### Ladies Golf—18 Holers

BY CANDICE KOROPP

The good news is that we are averaging 42 players each week, nearly 20% more than last year, despite the hot weather and staggered tee times. Mikie Briggs is arranging games that have kept players interest, and helped those struggling to regain their games.

A Low Gross/Low Net game was played on the Hills by 46 players, the fourth week of July. Patti Tilton claimed low gross with 81, followed by an 84 by Kathi McCoy, and Rosie Warren in at 85. The Low Gross went to Lissi Bedford with 68. Three others had nets of 69: Dee Arts, Donna Brinkerhoff and Cameron Mitsuko. Our Captain, Julie Storer headed the Third Flight with a net 71, as well as Ida



Cicci in Flight Four. Only two birdies were recorded, one by Jody Watson on 10 and one by Tilton on 12.

The last week in July, playing the Orchard was an easier track, as three holes were thrown out for the game score. The low net for the day, 51, was carded by Donna St. Peter, from Flight Three, one stroke better than Cameron Mitsuko, in Flight Four. The other flight winners were Kelley Royball in Flight One and Lissi Bedford in the Second Flight. Rosie Warren shot an 84, the low gross, while Tilton was second on the leaderboard, with 87. Four birdies were recorded, one by Suzanne Hutchinson on seven, two by Rosie Warren on eight and nine, and one by Kathi McCoy on nine.

The first week of August, in a Stroke Play format, Patti Tilton was the low gross winner, with 88, followed by three gals with 89's: Candy

Koropp, Donna Sanderson and Rosie Warren. Koropp topped Sanderson for the tiebreaker, with help from a chip-in par on 13 and a birdie on 16. Lynn Lopera was the best in Flight Two, netting 72. Then, Donna St. Peter in Flight Three scored a net 62, for the low of the day. Donna said a highlight came on the tough 14th hole, when her second shot found the green and she scored a rare par. On in two, is a major feat for our club ladies, whose average age is in the mid-seventies. Yeong Ja Hur netted a 72 to take the Fourth Flight, joining three others with net pars: Koropp, Sanderson and Royball. Birdies were falling all over the course. Notables include Royball on seven, Linda Mann on eight, Judy Dong on 11, Bedford on 12, Pat McNiff on 16, and Mitsuko on 17.

A Focus Group, chaired by Katie Sween, has been tasked with coming up with ways to improve our golfing experience. One area they have addressed is pace of play. And, with the 10-minute intervals in tee times, the rounds have been under four and a half hours, with most around the four-hour mark. A bagtag was developed to provide steps to take to speed up the pace of play and they were handed out in the staging area before play the first Thursday of August. Playing ready golf is key.

The Club Championship is coming in September 10th. It is flighted, with low gross and low nets paid in each flight. Sign ups are still being accepted and it costs nothing to enter. What do you have to lose? Gay Wold in the tournament chair.

### Lincsters Nine Hole Club

BY JOYCE KIRK

Camaraderie among golfers grows when a successful score, birdie, or a rare hole-in-one is celebrated by everyone. Giving three cheers for a swing or putt that ends well is crowd pleasing.

At least two gals, Jane Steffes and Mary D'Agostini, finished their first fairway of the day (July 22) with a no-putts play – sinking clever chip-ins from off the green. • Sometimes a pretty par can be just as rewarding. Joan Sprague hit a beautiful drive over the greedy sand trap to the 16th green and landed six feet from the pin. Already her golf buddies were cheering and held their breath as she putted for a birdie. Opps. She says the tension got to her but she appreciated the par almost as much because it had been a while since a par was posted! • If there is an applauded play in your next Lincsters round - share the joy with the club – send an email to this writer (see club roster).

Quick reminder: If sometimes the Wednesday Lincsters golf does not fit into your schedule, think about signing up for a casual 18-hole round with one of the club's popular breakout groups: the Monday MAMAs and the GALs (Go Away Lincsters). Check out these alternatives on Lincsters.com for times and courses.

(more Club News cont' on page 31)

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## Men's Golf Club

BY DOUG HINCHEY

The Men's Club had a turnout of 158 players, 6 flights for the August 'Summer Heat' Tournament. Gross winners were teams: Ed Lazarek/Tom Horan, Jay Stockton/Howard Hamilton, Charley Kendall/Glenn Arney, Ike Ogata/Tim Reasonover, Mercer Tyson/George Wuschnig, Al Martig/Simon Palaroan. First Place Net teams: Alan Elsey/Glenn Arney, Tom Traxel/Doug King, Ray Engelhardt/Tony Portman, Steve Wilson/Ken Storer, Dave Taylor/Bill Zeek, Bernie Damele/Alvin Olivieri. The annual Memorial on September 14-15 will be an optional 1 or 2 day tournament played on both courses. Day 1 will be a Two Man Better Ball, day two will be Two Man Aggregate scoring. Tournament Director Mike Munro continues to bring well run and fun tournaments! For 2021 Men's Club will be needing to fill a few Board positions. Golfers, this is a your chance to get involved, make new friends and fill a spot for the good of the club! More next month or check, mgclh.

• • •

## LH Billiards Group

BY STEVE FOWLER

Everyone is anxiously looking forward to resuming tournament play. Initial play will be for all residents of Sun City, and LHBG tournaments play will commence as soon as restrictions are removed sufficiently to allow tournament play. The final restrictions and rules for play will be determined once we get closer to opening again. As it currently stands LHBG Monitors will be at each lodge to assist and direct play for residents of Sun City. The new Brunswick Gold Crown V1 Tables have been installed in both lodges, carpet cleaned, and new stainless steel lights installed.

LHBG will follow the COVID-19 pandemic directives, as defined by the Lincoln Hills Board of Directors, to be used by Lincoln Hill residents while using the facilities at Orchard Creek and Kilaga Springs. Anticipated conditions of play:

1. Signup sheets for pool players will be located at each lodge. They will be located at the entrance to each of the pool rooms or at

(cont' on page 32)

# Neighborhood Watch

BY DR. BARBARA BRANCH

Neighborhood Watch is recruiting for new Directors, Village Coordinators and Mail Station Captains. If you are a Captain or Coordinator, consider stepping up to the next level. Neighborhood Watch garners its strength from the great volunteers who stay connected with residents. During the pandemic, it has been even more vital to keep those relationships going. NW will have room for seven new Directors in 2021. The Directors meet once a month and host various events during the year. Directors also manage the work of the Coordinators and Captains in their assigned villages. This a very congenial and enjoyable group of volunteers who have become life-long friends. Directors are presented to the attendees and voted on at the November Annual Meeting. You can read more about the jobs of captains, coordinators, and directors in the Polices and Procedure Manual. Please contact Linda Minor, Executive Director at 707-235-0778 or Reneé Plummer, Executive Assistant, at 559 940-5576 if you are interested in becoming a Neighborhood Watch Director. If you interested in becoming a volunteer, you can also go the website at [schwatch.org](http://schwatch.org) and select "Want to Volunteer?"

Captains and Coordinators Needed

The following villages need Coordinators: 3B, 10A, 24C, 26C, 29, 30, 30B, 38C, 39, 40A and 40B. Many villages need Mailbox Captains. Check with your Village Coordinator to see if your neighborhood needs a Mailbox Captain.

Vial of Life — While we are all home, now is a good time to update your Vial of Life information. Be sure to include all meds, supplements, and vitamins. The information may be vital for first responders if they have to come to you. Lincoln Fire strongly recommends that we all have a Vial of Life. If you do not have one, got to [schwatch.org](http://schwatch.org) under documents, download the Vial of Life FORM,



complete the form, and store the form in a sandwich baggie on the top shelf of the refrigerator door.

Alerts —

1. DMV-license-extension—if your California driver's license is due this year, person's over 70 can receive a one-year extension even if you were required to take the written test. I did it and it and it was easy.

Go to Request for Extension and download the form, sign it and keep it in your wallet.

2. Community Association-Email-Compromised - Some email accounts of Community Association staff were compromised (hacked) which resulted in emails being sent to

all external accounts, i.e. residents. This is a reminder to never click on attachments in emails that you do not recognize or you suspect might not be from the person you know. Check with friends before opening attachments or even email messages. Better safe than sorry.

3. Unsolicited seeds - The California Department of Food & Agriculture has recently become aware of a number of reports regarding unsolicited seeds from China being received by homeowners throughout the country, including Placer. Do not open or plant these seeds. Contact Placer County Agriculture/Weights and Measures Department at [placereg@placer.ca.gov](mailto:placereg@placer.ca.gov) or 530-889-7372.

National Night Out — National Night Out (NNO) has been rescheduled for Tuesday, October 6th by the National Night Out headquarters. Neighborhoods should notify residents that NNO events will be rescheduled. Go to [schwatch.org](http://schwatch.org) under documents to download the NNO Flyer and Guidelines. The City of Lincoln has approved free permits for street closures on October 6th to celebrate NNO. Neighborhoods who want to close streets for the evening of October 6th must complete the Street Closure Permit found at the NW Website. Questions about

NNO should be directed to Barbara Branch at [nnocoordinator@schwatch.org](mailto:nnocoordinator@schwatch.org) or 916-543-8219.

Due to the shutdown, NW announces several changes to the calendar: [schwatch.org](http://schwatch.org)

- The August 21st National Night Out Kickoff Potluck has been cancelled but NNO on October 6 is still on (see above).

- New Resident Orientations are cancelled until further notice.

- The NW Directors are holding all Board Meeting virtually until further notice.

- Welcome Packet Tuesdays are cancelled until further notice. There is a Virtual Welcome Packet PowerPoint and Video on the website. The link is on the top of the Homepage. Please share the link with new residents.

- The November 7th Annual Meeting may be held virtually. Stay tuned.

Thank you, residents, for responding to your Mailbox Captain to update contact information.

There are three ways to stay informed and connected to Neighborhood Watch, SCLH Association, and Placer County News.

1. To receive NW Alerts, using your personal computer, go to [schwatch.org](http://schwatch.org) & click ADD ME TO ALERTS

2. To receive Association eNews, go to [www.sclhresidents.com](http://www.sclhresidents.com) (log in) & click SIGN UP FOR ENEWS

3. To receive Placer Alerts go to [www.placer-alert.org](http://www.placer-alert.org) & click on SIGN UP

Assuming we are still sheltering in place or just slowly opening back up in September, Neighborhood Watch would like to remind you of our Mission Statement:

- To strengthen neighborhood ties
- To increase personal safety and security awareness

- To be the "eyes and ears" of the Lincoln Police and Fire Departments

- To encourage emergency preparedness

Stay safe, stay well, and we will get through this together.



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- Virus & Malware Cleanup

## LH Billiards Group

(cont' from page 31)

the front desk of each lodge.

2. Players will only play for 1 hour each day (will be modified as needed).

3. Because of limited pace, players cannot play two days in a row.

4. Wear a mask while in the billiard room (If required by the Board for entry into the lodges).

5. The pool balls will be washed at the end of each day.

6. Wear a pool glove or plastic gloves provided by CCOC.

7. Maintain Social Distancing.

8. There will be 8 chairs set up in the O.C. pool room and 12 chairs in Kilaga while the 6 ft. limit is being enforced. Chairs will be wiped down at the end of the day.

9. Bring your own water. Sanitizer will be supplied by LHBG.

10. No more than 2 players per table.

11. Arrive no more than 5 minutes before your scheduled playing time.

12. No guests, visitors, or spectators in pool room.

13. Players must use their own pool cues.

Two ball cleaners, four monitors provided by LHBG (two for each Billiard's room), two sign up monitors (one for each lodge). Eight (8 minimum) volunteers required per day. Contact Rich Lujan at rlujan1234@aol.com for additional information

Due to the popularity of the Mentoring

Training Program a second session was added. Mentoring Training will be offered at Kilaga Springs Lodge on Tuesdays from 9:00 AM to 10:00 AM and 10:15 AM to 11:15 AM. Training is for beginners, intermediate and advanced players.

Contact Tony Felice at 916-955-0501 atfelice3@gmail.com for information on the below listed tournaments, membership application and social functions.

Our Summer Picnic scheduled for June 6, Saturday at the Sports Pavilion was cancelled due to the Coronavirus. Another event and date will be announced as soon as possible.

The Club dues are \$10 a year. Membership year is Jan 1 through December 31 of each year. Dues paid in the month of October, November and December will be counted current for the following year. Membership Forms will be available on the Billiards Room Bulletin Boards at Kilaga and Orchard Creek Lodges. An individual may play in one tournament then they must join our club to be eligible to play in future tournaments. Once we get back into the tournament mode the below applies.

• • •

## Thursday PM Bowlers

BY JOHN HABEIN

Spot Bowling or Pin Bowling: Shifting Your Focus

There are two major ways of aiming in bowling, "pin bowling" and "spot bowling". You are probably going to use one of the two methods of aiming or targeting.

If you are old school, it's most likely you will be looking at the pins when you throw the bowling ball. After all, the pins are your ultimate target, so it makes some sense to look at them when you are making your shot. This is known as pin bowling, and although it can be effective, there is a better way to do it.

Instead of looking all the way down at the pins, you should keep your target focus closer to you. Spot bowling is the preferred method, and this means aiming at the target arrows spread across the lane about 15 feet down from the foul line. If you aim your ball according to these seven arrows, you will have a much better chance of consistently hitting your target.

The reasoning behind this makes sense if you think about it. The pins are 60 feet away from you, while the arrows are 15 feet and much closer to you. It is much easier to hit a target that is closer rather than farther, and if you can hit the right arrow, your ball will most likely continue down that path and hit the right pin.

Where to Aim?

But which arrow is the right one to aim

for? This question does not have a simple answer as it depends on a variety of factors including your own bowling style as well as the lane conditions. You are just going to have to experiment a bit. Below are suggested starting points and targets for a strike shot. Remember, if you hit your target and the ball goes too far left you have to move your feet to the left. If your shot is too far right and you have to move your feet to the right still keeping the second arrow as your target.

The explanations below are for right handers. Mirror image for left handers.

- The strike pocket is the area between the 1 and 3 pins for right-handers and between the 1 and 2 pins for lefties.

- If you throw a relatively straight ball for your strike-shot you should line up straddling the first dot to the right of center and target the second arrow.

- If you throw slight curve ball you should line up straddling the middle dot targeting the second arrow.

- If you throw a pretty big curve then straddle the first dot to the left of the center dot still shooting for the second arrow. Remember the dots on the approach correspond with the arrows at fifteen feet.

- As you know, hitting the headpin directly head-on often leads to splits, so it is better to hit it the strike pocket at a slight angle. Hitting the strike pocket is going to lead to maximum pin action and more strikes.

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**In Memory —**



*Emil Scarpitti*

Emil Scarpitti, 81, passed away June 24th with his family by his side. He was a kind hearted gentleman who loved his family and friends. Born in

Akron, Ohio, the fourth of five children, and raised in Oakland, California. He graduated from Oakland High School where he lettered in baseball and where he met his loving wife Maureen Kelleher. They married in 1958 and raised their daughter and three sons in Moraga, California where he coached many youth baseball teams.

He worked in sales in the grocery industry for 40 years where he was well liked and respected.

He retired from Mother's Cake & Cookie Co. in 2001 and moved to Sun City Lincoln Hills.

He enjoyed many sports especially baseball and golf even making two holes in ones. He was a lifelong fan of the San Francisco Giants and the S.F. 49ers. He was a longtime member of the Lincoln Hills Softball league and played on and managed many softball teams.

A loving husband to Maureen (Mo), devoted father to Dana Veliquette, Jerry Scarpitti, Richard Scarpitti, Jeff Scarpitti and much loved Poppy to Christopher and Ashley Veliquette and Allison and Lindsay Scarpitti, brother to Dori Lockett and uncle to numerous nieces and nephews. He will be

dearly missed by many friends as well as his family. A Celebration of Life will be held when it is safe for family and friends to gather.

**In Memory —**

Reverend Clyde Allen Mills of Sun City Lincoln Hills, California passed away unexpectedly while getting ready for church on Sunday July 19th, 2020 at the age of 87. Mills was born on February 12th, 1933 and grew up in a Christian home in the Beverly area of South Chicago; the youngest child of Roy Irvine Mills and Lettie Mizen Mills.

As a teenager, Clyde moved with his family to Martin, Michigan where he excelled in football, basketball and baseball at Martin High School (class of '51). Following his time at Martin High School, Clyde enlisted in the US Navy and served during the Korean War. Upon returning, he was introduced to the future love of his life, Gerrie Hyman, a spunky Jewish girl from Kalamazoo. Gerrie was forbidden from dating non-Jewish boys, but tradition was no match for Clyde's charm and persistence. Following a whirlwind romance, Clyde and Gerrie eloped. After confronting some of life's challenges, Clyde recognized a void in his life. On July 25, 1958, after hitting rock bottom, Clyde asked Jesus to come into his life, forgive him of his sins and make him in to the Christian he should be. A few years

later, Clyde felt called into full-time Christian ministry. After graduating from the Grand Rapids School of the Bible & Music (now Cornerstone University), he pastored at East Algansee Baptist Church (now Pine Ridge) for 21 years. Over the course of 57 years in ministry, Clyde and Gerrie pastored in Quincy, Michigan; Naples, Florida; and Lincoln, California at Valley View Church and Eleven1 Church. Pastor Mills was passionate about the Gospel of Jesus Christ and helping people find peace with God. He led countless individuals to Christ and was intentional about discipleship, whether on the softball field, golf course or across the dinner table. He loved the Word of God and was committed to spending time studying and praying each day. Pastor Clyde and Gerrie have also led hundreds on tours to Israel since the 1970s.

Clyde is survived by his wife Gerrie, who filled his life with love and laughter. They were married for 66 years. He is also survived by his four children, Mike (Ellen), Andy (Cathy), Tim (Michelle) & Lori (Mark Welch), 12 grandchildren and 7 great grandchildren (with 2 more on the way). Clyde loved to laugh. His unmistakable laugh could be heard at McDonald's where he traditionally met the family every Saturday morning. The family is at peace knowing Clyde ran the race well and is now with his Savior Jesus. Clyde will be laid to rest in the beautiful foothills of Northern California at Manzanita Cemetery in Lincoln, California. In lieu of a public funeral, the family invites you to view a Tribute Video posted at [www.ClydeMills.com](http://www.ClydeMills.com).

**LH Foundation Wants Your Feedback**

BY DENISE BOWDEN

The Lincoln Hills Foundation supports a number of organizations here in SCLH through our Grants process. Caregiver services through Del Oro Caregiver Resource Center, food insecurity through Meals on Wheels or the Salt Mine and various groups related to MS, Parkinson's, Low Vision and others are a few of the groups that we are proud to support yearly.

It's important to take stock of where there are changes or increases in needs, so with that in mind the Foundation has sent a survey to each of the homes here in SCLH. The survey is to help learn more about unmet needs so we can assess what is missing and look at ways for potential assistance.

The survey will only take a few minutes to complete but community responses could make a significant difference in what we support. Watch your mailboxes and please let us know what you are concerned about and/or are experiencing and where you see an unmet need. Your feedback is important. Any questions, please direct them to Bonnita Wirth 818-536-2436.



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# Observations on This and That

BY MARTIN GREEN

I'd just finished this column when it suddenly disappeared, so it's floating somewhere out there in cyberspace. I assure readers that it was brilliant, but since it's gone forever, you'll have to put up with what, after nearly throwing my computer out the window, I'm about to write now.

**They're Back:** I'd thought that one of the few benefits of the pandemic we're going through was that the robocallers and assorted scammers that had bedeviled us had ceased their operations. My conjecture was that, along with all of the other non-essential businesses that had shut down, they'd also been affected by the virus and had decided to lie low, at least for the time being. But now, with the re-opening, at least in part, of the economy, they've resurfaced and are back with a vengeance. We haven't had any scams yet directly related to the virus, like a sure cure or some supplement guaranteed to build up your immune system, but the old ones are here. Recently, we've been warned that our Apple accounts are in trouble, that we've ordered something from Amazon costing thousands of dollars, that our taxes aren't in order, and the IRS is after us, and that somebody is after our social security and we have to call a certain number immediately. All of this is just what we need while being in lockdown and hoping we can evade a bug targeting us old people.

**Things Guaranteed to Happen (TGH):** Being in lockdown all of this time, with all SCR services suspended and not knowing what outside services are available, it was guaranteed that something in our house would go wrong. (I wonder how many readers have had the same experience?) I've already written about our smoke alarms going off and fortunately discovering that a 911 call will bring help from the fire department. I guess they consider this a kind of emergency for old people who can't climb up on ladders any more.

The latest thing to go wrong was when we discovered a lot of water under our kitchen sink. Fortunately, we found a plumber who was still in business and made house calls. The culprit, he told us, was the garbage disposal, which had developed a leak, apparently something very common, as he had a new one in his truck and installed it. So we're okay until the next appliance breaks down or something else gives way, which is a TGH.

**Old Movies and TV shows:** As the lockdown goes on, Beverly and I, like a lot of other people I suspect, have been spending more time in front of the TV set. Considering the level of current TV offerings, we've been watching a lot of old movies and TV shows. You'd recognize these movies as being older movies, even though weren't in black and white, by all the men wearing hats, a lot

of the women also wearing hats, everyone smoking (cigarettes didn't give you cancer back in those days), people using clunky telephones that had to be dialed, and no nudity or obscenity. We recently watched "From Here to Eternity," which has a lot of scenes set in an Army barracks, and none of the soldiers actually used swear words, although there was a lot of bad grammar with everyone saying "aint." And the sex, if you remember the famous beach scene with Burt Lancaster and Deborah Kerr, was tame compared with what we have today.

A lot of these old movies now seem kind of hokey, but it's still fun to watch the movie stars of our youth. I got into the habit of Googling them and found that most are no longer with us, even though there they are up on the screen looking as young as ever. I also discovered some interesting things, such as that Burt Lancaster had a near-fatal gallbladder operation, so his experience was even worse than mine. I also found out that Elizabeth Taylor suffered a broken back filming "National Velvet." Taylor had a lot of health problems during her life and became addicted to alcohol and painkillers. And she was married eight times. Who'd have thought when watching her in "National Velvet" that she'd have such a turbulent life?

As for old TV shows, Beverly and I are watching "As Time Goes By" for perhaps the fifth or sixth time and still enjoying it. It's about a man and woman who meet and fall in love during the Korean War, lose contact, meet again 38 years later, and what happens

after that. What's its appeal? Maybe because it's British and we colonials like anything from the Brits on PBS. Maybe because it has a great cast, British, featuring Judy Dench and Geoffery Palmer. (I'm happy to report that both are still around, Dench now about 85 and Palmer about 93.) But I think it's also because, unlike so much of current TV, it doesn't have blatant sex and violence but does have credible, likeable, and quirky characters, humor that comes from character (and not from insults) and leaves you with a good feeling after watching it.

September: I see that this will be the September column so, amazingly, fall is already coming. In the past, fall meant the football season, the World Series, a return to school. We've already had a taste of sports with the NBA season resuming in a bubble and the baseball season starting, with many changes, including no spitting allowed. Unfortunately, our Sacramento Kings, who had a slim chance of making the playoffs for the first time in a century or so, came up short again. As for football, colleges playing seems problematical, but the NFL is preparing for a season. In California, it looks as if most schools will be at home again. We've made it through spring and summer and will somehow make it through fall even without college football. And the Kings still have some good young players, so maybe there's hope for next year.

Now I'm hoping that this column doesn't also disappear.



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## ANNOUNCEMENTS

**SONS IN RETIREMENT BRANCH 13** (Lincoln/Roseville) is cancelling its activities (except bocce) until further notice. Sons In Retirement is a fun social group dedicated to promoting the camaraderie of retired men. If you are interested in joining SIR or attending one of our luncheons at Catta Verdera Country Club as a guest in the future, please contact Chet Winton at 916-408-8708.

## Classified Ads should be Emailed by the 12th of each month to: CA@egnews.com

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3. Classified ad text - including the phone number you want readers to call.

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