

# SUN SENIOR NEWS

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## IN THIS ISSUE

Ballroom .....	4
Line Dance, Country Couples.....	5
Tap Company, Mixed Media, Needle Arts .....	7 - 8
Painters' .....	9
Photography, Woodcarvers .....	11
Vintage Treasures, Italian, Travel, Writers.....	11 - 12
Book, Lavender Friends, Shalom Social .....	13, 15
Big History, Stamp .....	15
Computer, Apple, Genealogy, Astronomy .....	16
S.C.H.O.O.L., Veterans .....	17
Democratic, Republican .....	18
Glaucoma Support, Alzheimer's.....	18
Bosom Buddies, Low Vision .....	19
Multiple Sclerosis, Wise Aging, RV.....	21
RoadRunners, Sports Car, Rods & Relics.....	22
Amateur Radio, Bird, Garden .....	22 - 23
Fishing, Shooting, Cyclists.....	25
Hiking-Walking, Water Volleyball.....	27
Senior Softball, Table Tennis.....	27
Pickleball, Ladies Golf.....	31
Lincsters 9-Hole, Men's Golf, Bocce.....	33
Billiards .....	35
Neighborhood Watch.....	37
Observations.....	38
Classifieds.....	39

And Much More . . .

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## Colin and Sharon Brevik — Home at Last

BY RUTH MORSE

When I visited Sharon and Colin in their home in Lincoln, I met Silas, a four-year-old Sheltie, who was a well-behaved watchdog with a black and white coat. He liked to stay on the sidelines of our interview, checking us out when things got too lively. The couple obtained him three years ago from a Christian-based shelter in Oregon.

It is appropriate that they have a biblically-named dog. Sharon and Colin have had small group Bible studies in their home for many years, although during these times the meetings are being held by Zoom. They miss the in-person interaction. Their current residence is their third in Sun City. Their first house was too small since Sharon was working in real estate and needed some office space. They moved to a larger house with two offices and lived there happily for fourteen years. But when Sharon retired from real estate with Coldwell Banker



Colin and Sharon Brevik

PHOTO BY JEFF ANDERSEN

Sun Ridge RE, they felt the house was too large for two people, so they downsized and bought their current home, a Fremont. It is only a block away from their first home in Lincoln. Their neighbors threw them a “homecoming party” to say, “Welcome Back.” They enjoy the view of the golf course and Sutter Buttes at their current house.

They have been especially touched recently with a collection of hand-painted rocks that appear in their front yard from time to time—including one celebrating their fifty-five years of marriage in August this year. Three of the rocks represent faith, hope, and love, and two have Christian crosses.

The couple’s marriage has been filled with many moves and adventures. Before moving to Sun City, they lived in twenty-three different houses, giving Sharon plenty of experience and background for her real estate business.

The moves occurred because of Colin’s work. Luckily, all three of their adult children and their families live nearby in Northern California.

Colin and Sharon met at the University of Wisconsin. Colin was from Sequim, Washington. His father transferred to Madison  
*(cont’ on page 29)*

## Kicking Off the Fall – Survey, Solidarity and Sales

BY DENISE BOWDEN

Thanks to the interest expressed by this community we have had a robust response to the survey sent out asking to help identify unmet needs in our community. The timing of the survey was fortunate as the Covid-19 pandemic and its impact raised the level of awareness of what is going on around us. There is still time to respond so please send in your thoughts.

As an additional gesture of community solidarity, Neighborhood Watch and the Lincoln Hills Foundation are partnering to support The Salt Mine on October 6th National Night Out. Canned and boxed holiday food items received at SCLH village events on NNO will be collected by Lincoln Hills Foundation volunteers, then delivered to The Salt Mine.

On another note, we are just a couple of weeks into autumn which will bring thoughts of the holidays, fall cooking and of course olive oil. The Foundation will once again be selling olive oil and in addition to the olive oil and vinegar gift packs we featured last year we will be adding some flavored varieties of each. Watch [lincolnhillsfoundation.org](http://lincolnhillsfoundation.org) for sale dates and new selections.

## Players

BY JERI CHASE FERRIS

Here we are, still at home instead of being up on the stage! We Players are disappointed, of course, but especially disappointed at not being able to present fun and uplifting shows for you. No stage shows at all for the rest of 2020, but we hope things will look up in 2021. We’re planning to present “Murder on the Orient Express,” “Damn Yankees,” and more, including Readers’ Theatre productions.

In the meantime, here’s a short history of our group. In 2001, a small group of 25 theater aficionados discussed, and soon formed, a club. This popular club, renamed “The Lincoln Hills Players,” brims over with talented actors, directors, producers, audio/video professionals, stage and costume designers, publicity and promotion experts, and more. Our first production was 18 years ago, in 2002 - a radio show featuring Fibber McGee & Molly and Jack Benny, with live sound effects and antique radios for the appropriate atmosphere.

In 2003, the completion of Kilaga Springs added the 150-seat Presentation Hall to our venues. We’ve given many superb shows on that stage, and in 2019 presented Neil Simon’s female version of “The Odd Couple” to great acclaim.

We provide learning opportunities and creative outlets for our members, and entertainment for our fellow citizens in Lincoln and surrounding communities. When the Lodges open again, our meetings will resume

on the second Monday of the month, 4 p.m., Kilaga Springs Presentation Hall. Come join us! We look forward to welcoming you as a member of the Players.

Meanwhile, stay safe. For more information, contact David Africa, President, 916-708-0009, [djafrica@sbcglobal.net](mailto:djafrica@sbcglobal.net). Website: [www.lhplayers.org](http://www.lhplayers.org).

• • •

## LH Music Group

BY DAN LEHRER

The Group had so much fun “Zooming” our performances in August. As a result, we continued to Zoom in September’s meeting. Our Opening Group song “Kind of a Hush” – Herman’s Hermits and our closing song “Have You Ever Seen the Rain” - CCR. The Jam song of “Kansas City” is always a favorite and one never knows what will happen with that one! Normally we meet every fourth Wednesday of the month from 6:30 to 8:30 PM, Fine Arts Room (OC). You can find the Lead Sheets for the group songs and more information on our website; the password is musicgroup. You can also contact Dan Lehrer at [dlehrer72@gmail.com](mailto:dlehrer72@gmail.com). Ukele Ohana meets Wednesdays, 1:00 to 3:00 PM, (OC). Open to Lincoln Hills residents. Contact Ron Peck at 925-788-5869 for information.

• • •

*(more Club News cont’ on page 4)*

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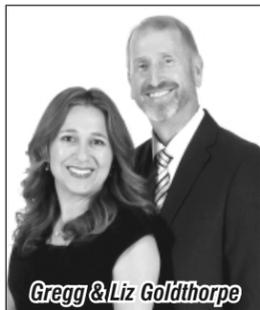
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Gregg & Liz Goldthorpe

**EDITORS**

Gregg & Liz Goldthorpe

**PRODUCTION ASSISTANTS**

Mark Bernard, Targa Funk,  
 Madison Goldthorpe-Lewis

**ADVERTISING**

Gregg Goldthorpe

**CONTRIBUTORS**

Ruth Morse, Jeff Andersen, Denise Bowden, Jeri Chase Ferris, Dan Lehrer, Ernie Micheli, June Willis, Kathy Lopez, Alison Wolfe, Jill Short, Joan Musillani, Linda Lucchetti, Diane Margetts, Lionel Rainman, Ellen Steele, Teena Fowler, Andy Dexter, Cathie Szabo, Sandi Dolbee, Judy Ganulin, Carole Wade, Tim Miles, Norman Seidenverg, Rich Thayer, Dr. Barbara Branch, Bill Weaver, Patti Kingston, B.L. Lewis, Sue Dumas, Cindy Carson, Val Singer, Joan Brant-Love, Jeri Di Fiore, Carol Eisenhower, Steve Beede, Mike Smith, Pam Berry, Elna Ragan, Daniel Lehrer, Lorraine Immel, Jerry Messier, John Kightlinger, Tom Frady, Staphanie Huntingdale, Rosemary Elston, Bruce Briggs, Dennis Zaro, Helen Berott, Molly Morris, Candice Koropp, Joyce Kirk, Dough Hinchey, Paul Mac Garvey, Steve Fowler, Martin Green.

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## Voices of Lincoln Poetry Contest Attracts 104 Poets from 66 Cities in 14 States and 5 Countries

The 16th Annual Voices of Lincoln Poetry Contest was very successful again this year. The theme of the contest was "Seeing Is Believing Through Poetry." We had five new and exciting categories to challenge a poet's imagination and creativity. These included the following: "What Do I See When I Look In The Mirror?" "I See You In My Dreams" "You Should Have Seen What I Saw Today" "I See A World With Many Opportunities" and "See If I Can Make You Laugh"

The July 18th entry deadline attracted 104 poets. Poets submitted 255 poems in the five categories. Poets came from 42 California cities and from Brownsboro, AL; Fountain Hills, AZ; Phoenix, AZ; Steamboat Springs, CO; Atlanta, GA; Ames, IA; Iowa City, Iowa; La Porte, IN; Topeka, KS; Plymouth, MA; Las Cruces, NM; Canal Winchester, OH; Dayton, OH; Toledo, OH; Philadelphia, PA; Denton, TX; Frisco, TX; Krum, TX; Sugar Land, TX; and Waterford, VA. International poetry submissions were received from London, England; Frankfurt Germany; Accra, Ghana; and Waterford, Ireland.

Judges selected 32 winning poems, submitted by 27 poets, including 11 "Young Poets," ages 13 through 17. Two residents from Lincoln, one from Newcastle, one from Rocklin, and one from Roseville did very well in the competition. These five received one 1st place, four 2nd place, and one 3rd place,

as noted below.

In the "What Do I See When I Look In The Mirror?" category, Judy Rollins, Rocklin, CA, placed 2nd with her poem, Dressing Down.

In the "I See You In My Dreams" category, Karen DeFoe, Roseville, CA, placed 2nd with her poem, Blackberry Buddhas.

In the "I See A World With Many Opportunities" category, Jordan Harris, Lincoln, CA, placed 2nd with her poem, A Song For Young Neruda, and Britt K. Carlsen, Newcastle, CA placed 3rd with her poem, Tomorrow I Could Wake Up.

In the "See If I Can Make You Laugh" category, Elaine Donahue, Lincoln, CA, placed 1st with her poem, Little Pink Rollers, and Karen DeFoe's second poem, Conversation With A Poem, tied for 2nd place.

The Voices of Lincoln Poetry Contest special event, scheduled for Sunday, October 11, 2020, at which winning poets read their poems, has been canceled because of COVID 19. We want to thank all the marvelous poets for their wonderful poetry and encourage them to continue writing and sharing their poems. For their poetic efforts, poets will receive a commemorative chapbook of the winning poems.

The Voices of Lincoln Poetry Contest is presented by the Poets Club of Lincoln and is sponsored by the Lincoln Library and the Friends of the Lincoln Library.



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660	Geary Ln	1020	\$384,900	Mariposa
2369	Winding Way	1130	\$375,000	Sequoia
250	Geary Ln	1155	\$384,000	Sequoia
2114	Stonecrest Lane	1155	\$400,000	Sequoia
2017	Lockwood Ln.	1155	\$429,900	Sequoia
2000	Laurelhurst Ln	1298	\$393,000	Bridgeway
2747	Woodacre Lane	1322	\$414,500	Bridgeway
1320	Ivy Arbor Ln	1347	\$406,000	Sequoia
2921	Black Hawk Ln	1361	\$436,000	Madera
2732	Blue Heron Lp	1361	\$445,000	Madera
2059	Stonecrest Lane	1449	\$460,000	Almanor
2048	Prairie View Ln	1491	\$470,000	Almanor
153	Coach Light Ln.	1531	\$465,000	Alpine
309	Timberland Ln	1531	\$525,000	Alpine
1788	Blackbird Ln.	1549	\$445,000	Alpine
1197	Tarapin Ln	1549	\$455,000	Alpine
491	Snapdragon Ln	1549	\$479,000	Alpine
1189	Stone Pine Lane	1593	\$539,000	Quail Cove
1767	Winding Way	1681	\$490,000	Echo Ridge
950	Yosemite Lane	1681	\$562,000	Echo Ridge
1766	Grand Pheasant	1775	\$470,000	Tehama
2384	Kingfisher Lane	1785	\$530,000	Santa Cruz
202	Surreytop	1785	\$539,000	Santa Cruz
852	Rocky Ridge Ln	1791	\$537,500	Tahoe
1025	Magnolia Ln.	1844	\$530,000	Orchard-Crest***
1877	Hawk Hill Lane	2026	\$700,000	Annadel
2663	Woodacre Lane	2057	\$649,000	Fremont*
2015	Briarcliff Ln	2073	\$695,000	Annadel
1558	Summerhill Ln	2080	\$755,000	Fremont*
1810	Cliff Swallow Ln.	2120	\$577,000	Ventura
746	Blossom Ln.	2187	\$649,000	Fremont*
1619	Gingersnap Ln.	2231	\$585,000	Fremont*
630	Loon Lake Lane	2246	\$749,000	San Mateo**
2341	Sutter View Ln.	2277	\$730,000	Shasta**
1009	Magnolia Lane	2382	\$740,000	Orchard Crest
317	Snapdragon Ln	2390	\$620,000	San Mateo
2796	Black Hawk Ln	2636	\$685,000	Sonoma
717	Rustic RanchLn	2636	\$775,000	Sonoma**
876	Wildomar Ln	2801	\$760,000	Meadowgate

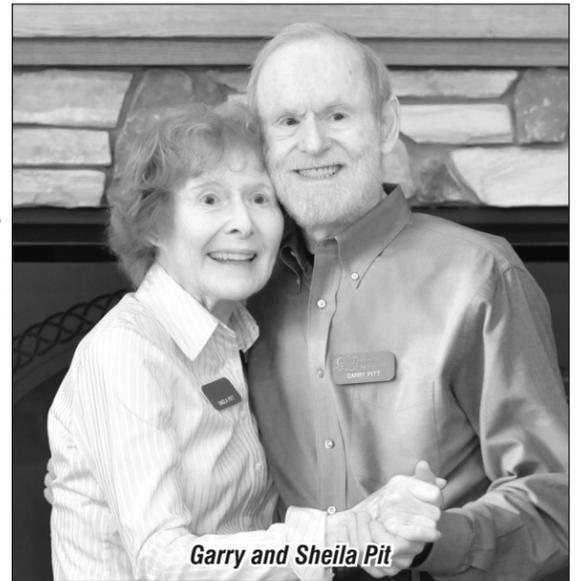
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### Ballroom Dance

BY ERNIE MICHELI

It is with great pleasure to introduce this month's Ballroom Dance Club couple. They were instrumental in the formation of our club. Their participation began with the very first club meeting in January, 2001. Since then, they have been a cornerstone to club activities. Most notable among their contributions include all styles of dance instruction from 2002 until 2013. They also assisted with music creation and playing for our open hour dance session from 2002 through 2020. This fantastic duo is no other than Garry and Sheila Pit.



Garry and Sheila Pit

Garry and Sheila moved to Sun City in November, 2000. Prior to that Garry was an electrical engineer and Sheila a kindergarten teacher. Originally from San Francisco they spent their professional careers in Los Angeles and New Jersey. They settled in Santa Rosa for the first part of their retirement prior to moving to Lincoln Hills.

Garry and Sheila met through mutual friends and were married in San Francisco in 1954. They have four fine children; Ellen, Allen, Gordon and Elizabeth. Their daughters and their families live in the Bay Area, and their sons are living in New Jersey.

Garry and Sheila whetted their appetite for ballroom dance when they took a six-week

course while living in Santa Rosa. From that original ballroom dance course through all the Lincoln Hills Ballroom Dance Club activities they have enjoyed dancing as a couple. They have met many new people and enjoyed the opportunity to socialize with them. Plus, they add that dancing is just plain fun.

For anyone thinking about ballroom dance as an activity, Garry and Sheila offer this advise, "Don't be afraid to try it. It's normal to feel self conscious as a beginner—be patient. If other people around you seem to be picking up a step faster, it's because they have been dancing longer. Learning a new skill takes time

(cont' on page 5)

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## Ballroom Dance

(cont' from page 4)

and practice. The things that seem hard at first become second nature in time.”

Gary and Sheila enjoy all the dance styles, but named the Waltz as their favorite. They like the rhythm of the dance, the music, the opportunity for technique growth and its gracefulness.

Ballroom Dance Club lessons and activities continue to be suspended. Currently, the Ballroom Dance Steering Committee is working on a plan to safely resume dance activities that are consistent with state and local guidelines. For more information, contact Ruth Algeri at 916-408-4752.

• • •

## LH Line Dance Group

BY JUNE WILLIS

Line Dancing has returned to the Hills – beginning the week of August 17, line dance classes were held outdoors at the Amphitheater at Lincoln Hills. With the help of the Lifestyle Department, our fearless instructors and many intrepid dancers, we all commenced to kicking up our heels. This new endeavor was not without drawbacks, but our instructors are such professionals that they all showed how it's done when we are faced with unprecedented circumstances. Our places were marked with X's so we knew that we would be dancing six feet apart and everyone wore masks. These



classes are only open to Lincoln Hills residents and you can check e-news under Lifestyle for future classes, dates and times. COVID 19 has presented challenges to everyone and our lives have been disrupted, but for a few hours, we tried to return to some normalcy. Our instructors and students agreed that dancing on cement is a challenge and the extreme August heat and smoky conditions did not help. Sandy Gardetto, who teaches a Level 3 class, showed some humor in choosing “Under the Sun” as her first dance. This dance definitely fit the occasion. Yvonne Krause-Schneck, who teaches both Absolute Beginner and Level 2 classes, offered that the only drawback is that she had difficulty watching the students because there are no mirrors outside. Mirrors facilitate instructors’ being able to watch to make sure students are learning the dances.

But everyone agreed that they were glad to be back dancing – something that we all love to do. We look forward to the day when we can resume dancing on our beautiful dance floor at Kilaga Springs.

• • •

## Country Couples

BY KATHY LOPEZ

It is now official, at least for Country Couples, our Steering Committee has recently made the decision there will be no more club functions/activities for the remainder of 2020 due to COVID-19. Considering the current virus numbers and future predictions throughout the country, it is doubtful there will be any return to a normal way of life in the next few months. The development of an

effective vaccine probably won't be available until 2021.

I'm sure most of us never thought we would be living through something like what we are experiencing this year. We could not have imagined anything like this, yet here we are and even though it hasn't been easy, we have made it so far. Those of us who are retired have had it pretty good really. I know we are missing our friends, family, socializing, dancing, dining out, going to the movies, traveling, etc. However, just think about it – we don't have to worry about losing our jobs or income, putting food on the table, losing our homes, being unable to pay bills, losing everything and possibly ending up on the streets homeless. Then there are those folks who are having to work from home while making sure their children are doing their virtual school lessons (or helping them if they are having difficulty). How about those who have filed for and are eligible for unemployment, but still have not received a check even though months have gone by and yet can't get any answers/resolutions from the Unemployment Office. Just look at the lines for the Food Banks, for many this is their first time ever taking advantage of this life-saving free benefit. Facing all this while still attempting to stay healthy & safe from COVID-19 (family too), not knowing when and/or if there will be any more government stimulus checks coming, trying not to get evicted and striving not to be overwhelmed. It is a very scary time for so many. I'm not sure how I would have coped

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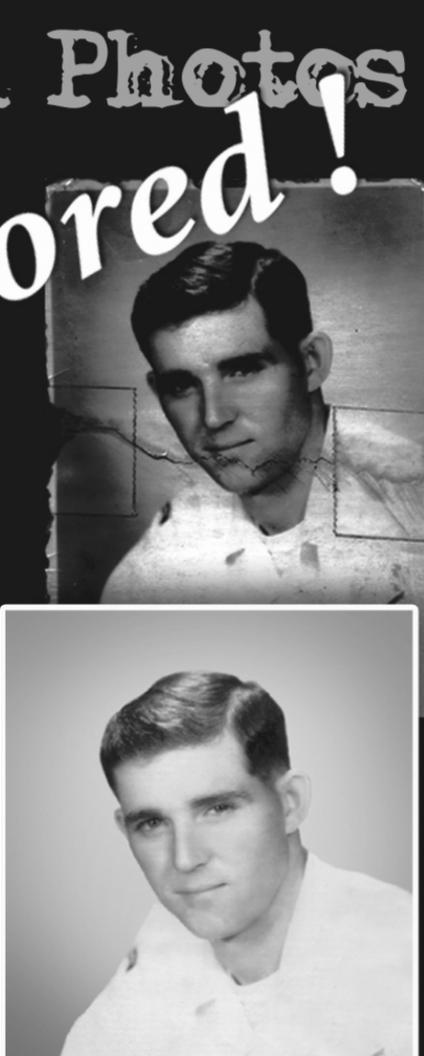
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## Country Couples

(cont' from page 5)

facing all that – but I can tell you that I'm so very grateful to be living in Sun City Lincoln Hills and not having to worry about such hardships. I haven't mentioned the forest fires on purpose – the above is enough unfortunate news for one article.

Following is a short story from the NY Times, which seems to be fitting for our situation.

**“BOUND BY GROCERIES** I first saw her, masked yet elegant, near the onions. She passed me by the lettuce with a gentle “Excuse me.” I passed her again by the squash. Then we found each other by the peaches. We both fumbled to open our plastic bags with plastic gloves on. Yet she seemed unfazed, almost peaceful. At the prepared foods counter, she ordered salmon, so I ordered salmon. I peered into her cart and noticed cherries, smiling at my matching bag. That was it. Two socially distant strangers, bound together by our groceries.”

When our facilities/activities open again, if you're interested in Country Couples lessons, check out the Compass. Beginner lessons are at 7pm on Monday evenings at Kilaga Springs Lodge. Country Couples Club is separate from the lessons. Membership allows you to take part in our dances and fun activities throughout the year. Please see the contact info below if you are interested or have any questions. Take care – stay well and safe!

Club Contact: Kathy Lopez  
Club Website: sclhcc.com

• • •

## Tap Company

BY ALISON WOLFE

In tap, as in all forms of the performing arts, an important element is to practice. Though our classes have not resumed, we are fortunate to be able to access the internet where there are a lot of videos that teach and review the techniques of tap. If you haven't already found one(s) you like, here is just a sample of what you can find. Check out these videos on YouTube:

Ballet 24: Tap Basics Full Class 1:08:52  
Ballet 24: Beginning Level Tap Class 24:01  
Ballet 24: Tap Combinations for Beginners 10:31

Ballet 24: Tap Basics Draw Backs and Cincinnati's 6:58

If you have a favorite, let us know. We would be happy to pass it along.

Enjoy and stay safe.

• • •

## Mixed Media Club

BY JILL SHORT

Fall is here and hopefully the artists out there are finding some inspiration in nature. Mixed Media Club of course is not meeting in person at the time of this writing. Zoom meetings are the way we get together each month. With all that has gone on the last 7 months art can be a way to let go of our feelings and release them onto our creative projects. It will be interesting to see the history of these times reflected in art. Last month's art Challenge prompt word was, “Dream”. The prompt for October is to decorate a hat for fall. No rules about what kind of hat or how to

decorate it. Have fun and be ready to model and wear it at our October Zoom meeting.

Some of us signed up to take Art Journaling with Kerry Dahlin in August. We were going to meet in the Secret Garden but the two classes were cancelled. It wasn't due to the Covid 19 but due to the unhealthy smoky conditions. We finally had the class in September. It was wonderful to see our art friends in person. These classes are announced in E-News.

There are always fun mediums to try and to learn about. Sometimes we are wooed into buying items we don't really know how to use so we just hide them away. Maybe Gouache paint is one of those art items that you bought, and have not touched, or heard about and don't know what it is. If it has been hidden in a drawer, then it is time to dust off the gouache paint and learn a little bit about it. Gouache paint, is French in origin, the word “gouache” is pronounced “gwash.” In terms of working with gouache, this is a unique medium. It shows characteristics of both watercolor and acrylic, but is neither. Gouache can be used on all kinds of papers, cardstock, watercolor paper, or mixed media paper. Any brush can be used with this type of paint also. They can be a little harder on watercolor brushes. Just rinse them really well when done using them.

Gouache and watercolor are made of the same materials, but differ in specific important ways as well as similar in other areas. Watercolors sink into paper while gouache sits on top of the paper. Watercolors can be spread thinly enough to be nearly transparent. Gouache on the other hand, is opaquer and quickly dries with a matt finish. If it dries too fast a light mist of water can help you to be able to continue working with the paint and blending too. Gouache paint needs to be mixed with water in order to be spread across a surface. Gouache, like watercolor, is water-soluble and reactivates with water after it is dry. It has the ability to cover large areas with very flat washes while watercolor allows artists to build up translucent layers of color. When using gouache just the right amount of water must be used. It just takes some fun experimenting. With gouache previous washes can be easily and fully covered. The paint does not blossom or bloom like regular watercolor but remains flat and even, more like acrylic. The opacity of gouache offers an

advantage because it gives artists the ability to edit mistakes more easily. Dark areas can be painted over with lighter colors because it has such a solid coverage.

Gouache and acrylic paint are different. Acrylic paint is thicker and more durable than gouache. Gouache cannot be applied thickly to create texture like acrylics can. If it is too thick, it will crack when it dries. Acrylics are waterproof and can stand up to dust and light. Acrylics are also ideal for multiple types of mediums, including paper, wood, glass, and plastic. Gouache on the other hand is best suited for paper. It is great to experiment with gouache on these other mediums and see what happens.

The quick overview: Gouache is opaque, matte and can be blended. Gouache dries quicker and darker than watercolor.

I have to admit that I have 2 boxes of gouache that have not been used. It is time to put my words into action. I opened my boxes and took out lemon yellow, primary yellow, medium yellow and yellow ochre. I decided to do two pages in my art journal and planned to use gouache as my first layer. With a larger brush in hand and water I began. I found that the gouache spread easily and the colors blended well into each other nicely. I was able to cover my two pages quickly and the paint dried fast. I continued to layer with stamps and acrylic paint and posca black pen over the layer of gouache. The question that remains is, will I use it again or will it just collect dust? My answer is, ask me in 6 months if I have used it again. If you have Gouache paint somewhere lurking in your stash of stuff that has never been touched take it out and just start experimenting with it.

Not knowing when we will get back to normal life, we have to make the best of things. Our club will continue to zoom. This helps us to continue to build our friendships and share our art and lives. The Mixed Media Board met on zoom September 10. The board discussed ideas for Zoom as well as when we meet in person again. Our President, Nancy Griffin, will keep us informed through emails about what is happening with Mixed Media so make sure you read those.

“Art washes away from the soul the dust of everyday life.” Pablo Picasso

• • •

(more Club News cont' on page 8)



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## Needle Arts Club

BY JILL SHORT

October is here and we are living a very different life than we would have imagined. One thing that is very evident is that we need relationships. We are built that way. In Needle Arts we have a common thread that binds us and that is a love for arts using threads and yarns and fabrics. We can have different political views, spiritual views, or life experiences, but the thread of friendship that we have built here is strong. We enjoy getting together working on projects and just talking. We get to know each other and what is going on with our lives as we sit and stitch, crochet, or knit. During the time spent in our homes many of us have missed these relationships. Our group has a rich history in this community. A history many don't know about. A history that started with a longing to get together with others who enjoy the same things. Needle Arts was a great group that was thriving well before the pandemic hit. Let's go back to the beginning, before the Orchard Creek Lodge opened. The first gatherings were held in homes. Then, in the early 2000, Orchard Creek opened up and that allowed Needle Arts Group meetings to be held in the new Sewing Room. It was the association who provided sewing machines and certification to use the machines, classes were offered and people worked on a variety of projects. The name of this new group became, "Threads of Friendship".

As the group grew a more serious organization was needed which resulted in the

first board of officers that were elected. Also, the first breakout groups were formed. These breakout groups included quilting, knitting/crochet and community service. Needle Arts had a history of giving back to others with community service since the beginning. November 4, 2000 the first Holiday Craft Fair was held in Sun City Lincoln Hills and it was Needle Arts members who offered their creations and baked goods for sale. Everyone loves Holiday parties and the first one was held as a cookie and gift exchange in a private home with 30 women in attendance.

During 2001-2002 Needle Arts growth took off. The General Meetings were moved to the Orchard Creek Ballroom. The activities of Needle Arts included guest speakers, field trips, and classes. The Opportunity Quilt Raffle became a major annual fundraiser. The Members' completed projects were proudly displayed in the main hall window. More Breakout Groups were formed. During these years the craft fair continued.

Community Service gained more interested members. The service projects included Sheridan School. They received sweaters, uniforms, and shirts with embroidered logos. The Lighthouse received baby blankets, layettes, and afghans.

With the growth in membership the Holiday Brunch needed a larger venue than a home. The Orchard Creek Ballroom became the venue.

In 2002-2004 membership grew to 120 and then 140. As numbers increased, subsequently an increase in breakout groups occurred.

That was when Needle Arts members began monitoring the use of the sewing room., which continues to this day. These years brought growth in the Craft Show. At this time the craft show grew beyond the scope of just Needle Arts members. Another group soon assumed responsibility of the show. However, the original organizers continued to lend their expertise. When Kialga Springs opened up, the Holiday celebration turned into the popular Holiday Tea.

The membership was approaching 200 during 2005-2006. The general meetings were moved into the newly built Presentation Hall at Kilaga Springs. Needle Arts continues to meet there still. During 2005-2006 time period the first Mentor Day was held with demonstrations and exhibits offered by members of the various breakout groups. This special day was held in the Orchard Creek Ballroom. What a great event for everyone, members and non-members, to see the lovely projects made by Needle Arts.

The next couple of years, 2007-2008 an official logo for the Sun City Lincoln Hills Needle Arts was created. This logo was displayed on tote bags and shirts that members could purchase. Needle Arts had an Annual Spring Luncheon which featured a silent auction and fashion show with members as the models. Since then we have had various fun themed spring luncheons. The next year, 2009, the membership climbed to over 250.

Through the years there were some interesting fun breakout groups. Here is the list and years they were started: Applique

(2001), Beading (2001), Community Service (2000), Cross-stitch (2000), Hardanger (2000), Knitting/Crocheting (2000), Machine Embroidery (2001), Needlepoint (2001), Rug Braiding (2007), Evening Quilting (2000), Day Quilting (2000), Wearable Arts (2005), and UFO (2011). For those of you who are wondering what UFO is in Needle Arts, NO, it is not unidentified flying object! It is one of those things that we who love this group have lots and lots of.... unfinished objects (projects). Those unfinished objects can be found everywhere in our homes and we may not even run into them again for years. Having a breakout group gave ladies a great opportunity to get together and work on those projects and even get some finished. What a novel idea – finishing projects!

The years of 2010-2012 the group grew to over 300 members. The Wearable Arts group also grew and provided entertainment while demonstrating their creativity. Their fashion shows through the years became a favorite for many. Sadly, as numbers in this specific group dwindled, the group disbanded and there are no longer those wonderful fashion shows

It is a sign of times is that there are some of these creative endeavors that were once flourishing have started to lose interest with younger generations. As new people move into the community the interests are changing. What has not changed is the strong thread of our friendship that draws us to want to get together and provides an atmosphere of

(cont' on page 9)



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### Needle Arts Club

(cont' from page 8)

sharing and learning. In recent years Needle Arts participated in the Lifestyle Expo, new member orientations, showing and selling some of our items during a gallery show in the lobby of Orchard Creek. The window outside the sewing room shows all kinds of wonderful displays from our group. We bring in nationally known speakers at our monthly General Meetings. Our group holds retreats as a great getaway where we don't worry about cooking or cleaning. We can just spend days working on our projects while fellowshiping together.

Right now, as we are faced with staying home, some in our members have found ways to still meet. Some groups are on Zoom and some groups meet safely outside. Even the Tuesday Round Robin group has come through these months working on each other's quilt blocks. The Round Robin Group was trying to meet to reveal the completed blocks in September working around smoky days. Community Service continues to thrive during Covid times with everyone making quilts at home. Thanks goes to our member and long-arm quilter, Sue Salinger. She donated some nice size leftover pieces of batting that can pieced together for Community Service. Thank you, Sharon Magnuson, for measuring and marking the size of each piece – filling up 4 large garbage bags!! Pat Barnhill has been busy sewing some of her scraps and stash pieces and was currently finishing up her 4th pieced, quilted

and bound quilt for Community Service. Bev Johnson and Clareen Bolton head up this busy wonderful Community Service Group. If you have questions, have quilts to donate or want to help with making quilts, contact Bev or Clareen. You can find how to contact them on our website under 2020 Board Members.

Needle Arts is a group that wants to preserve our heritage and continue to stay strong and welcome new people to Needle Arts. Yes, we want to keep the arts alive and strong in Sun City Lincoln Hills. More than that we are a group of people who miss our time together. The thread of friendship remains strong as look forward to the time we can all get together again. Until that time check out our website at [www.sclhna](http://www.sclhna) and also read the emails from our President, Jean Storms.

• • •

### LH Painters' Club

BY JOAN MUSILLANI

Although we are still unable to meet as a club due to current restrictions, it does give members a chance to spend some time painting! If you are missing the structure and support of the art classes we normally have, some of our members have found alternatives online. Choose a couple of your favorite professional artists (maybe someone whose demo you really enjoyed) and then check out their websites for online classes or videos. I checked out some of my favorites: Frank Ordaz ([ordazart.com](http://ordazart.com)), who has been a popular speaker for the club, recently released a new



Critique at KS Parking Lot.

video, "Learn to Recognize your Voice", it is available on his website or through Boldbrush; Patris ([patrisstudiogallery.com](http://patrisstudiogallery.com)) has a variety to choose from under "Online Art Classes" and also has You Tube videos available; and Philippe Gandiol ([philippegandiol.com](http://philippegandiol.com)) has converted his in-person classes to online, with some great choices. Think of who you admire, google them, and see what their websites offer.

Don't forget that the November meeting is our semiannual Challenge (Urban), so you should be working on it! If you get stuck and need other eyes, try out our informal critique session in the KS parking lot. Last month's

session was even better attended than the first. Just bring the work that has you stumped, wear your mask, and bring your own chair and water. It will be held (weather permitting) the first Tuesday of each month at 10 a.m. Watch for announcements from the club.

Our Good News is that Simple Pleasures is open again – so you can have a yummy breakfast or lunch and see the LH Painters Club latest show. It was installed three days before the restaurants were closed for interior serving. So now, months later, you can finally see the great artwork!!

If you have questions, the following are contacts for the club.

President: Joan Musillani, e-mail: [joanmusillani@gmail.com](mailto:joanmusillani@gmail.com) or 916-712-4393.

Membership: Jerrie Crass, e-mail: [jerriec68@gmail.com](mailto:jerriec68@gmail.com) or 916-302-6178.

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(more Club News cont' on page 11)



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## Paper Arts Club

BY LINDA LUCCHETTI

For now, club meetings and activities are canceled. We will publish our calendar in the newsletter based on the status of facilities and public safety recommendations.

The monthly newsletters have proved to be a lifeline to the club and our friends during this time of separation. They regularly contain photos of card and paper creations sent in from members. They encourage us to incorporate particular techniques and ideas into our own repertoire, and they bring smiles – something we can all use these days. Thank you to those who've contributed.



A lovely card by Susan Long.

Our club is brimming with talent. Want to share your ideas? Please send them to us.

We meet on the first Thursday of each month at 9:00 AM in the Terra Cotta Room at the Kilaga Springs Lodge. For further information, contact: Susan Long, club president, at [scwlong@sbcglobal.net](mailto:scwlong@sbcglobal.net).

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## LH Photography Club

BY DIANE MARGETTS

Kicking off our fall speaker series, Dan Bailey was the featured presenter at our virtual General Meeting. The virtual world has its challenges but it has also opened up a bevy of opportunities to secure presenters that would otherwise be unattainable. Dan, for example, spoke to us from his home in Alaska.

Dan is a 20-plus year professional adventure and travel photographer based in Anchorage, Alaska. His work has been

published by clients worldwide including Fujifilm, Nikon, Alaska Airlines, Outside Magazine, Discovery Channel, National Geographic Adventure, The New York Times, and Patagonia.

He is a workshop instructor as well as author/producer of e-books and video tutorials. This played well for us because he readily shared information on photography tips and techniques. Dan passed along several of his own philosophies on photography and happily answered our questions.

Karen Hutton is on the agenda for our October virtual meeting. She is a professional Fujifilm X-Photographer, International Landscape and Travel Photographer, Artist, Speaker, Author, Educator, and Voice. Through stunning imagery, humor, thought-provoking ideas and a genuinely positive outlook, she inspires people to discover their artistic voice in photography; all while making it all feel like an unforgettable and eye-opening adventure. Mark your calendars for this self-proclaimed 'Purveyor of Awesomeness!'

Contact: Diane Margetts; 916-955-1809  
Website: <http://www.lhphotoclub.com>

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## Woodcarvers

BY LIONEL RAINMAN

Well, another month has passed where the Woodcarvers are unable to meet on the usual weekly basis. While many members not only carve during meeting time but also carve at home. Therefore the social aspect of our club has certainly been lacking for these many months. As a diversion from woodcarving it's possible that some members are exploring other types of art forms although related to carving. Carving of a golf ball is another variation. Typically half the cover of a golf ball is removed and the inner solid rubber ball is then carved as a caricature face. With Halloween coming soon another option is carving an apple or sweet potato and creating a shrunken head. Initially after carving the apple or sweet potato is slowly dried in an oven or food dehydrator to get the effect. Another creative form is pyrography which is wood burning with a heated metallic point. Sometimes this is done to enhance a wood carving and it is possible to also create a drawing much like using a pen.

At some point in time we will resume our regular scheduled meetings. When that

happens, you can find us in the Sierra Room at Kilaga on Wednesday from 1:00 to 4:00 PM. You are welcome to come by and see us in action. Contact: Lionel Rainman 916-253-9534.

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## Vintage Treasures

BY ELLEN STEELE

Vintage Treasures has been reaching out with e-presentations via email by its members since the closure of our facilities in the Spring. What a wonderful and ingenious way to share our treasures. A big thank you to all the members who have shared the history of their antiques and even included some photos!

Our October e-presentation will be a large collection from a member of her kitchen items including coffee pots, coffee related, baking items, spice cans and other kitchen objects. How fortunate we all are to have so much talent in our group!

When we are able to get together again, it will be in the Heights and Gables Room (OC) on the first Monday of every month, from 10:00 to 11:30 AM. The presentation is followed by an optional lunch at Meridians.

Contact: Sandi Janisch 916-253-9085

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## LH Italian Club

BY LINDA LUCCHETTI

Unfortunately, we've canceled all remaining activities through 2020. In the meantime, please continue to check our website for updates and possible news of next year's events. We look forward to the days we can have fun together again!

The Annual General Meeting (AGM) will take place via Zoom on October 7 at 4:15 p.m. Please check the website for more information.

If you can't come to the Italian Club, a piece of the Italian Club can come to you! The halting of our activities has not stopped our dynamic duo, President Karen Zimmerman and Activities Director Lilly LaPira from finding unique ways to bring the essence of Italy to the membership (at least through emails) during this challenging time of separation.

They started with rolling out "Reaching Out and Keeping in Touch," a series of emails about Italy—its beautiful locations, fascinating history, and rich culture. What began with

a handful of thought-provoking and often humorous stories to keep us busy and in touch during the pandemic, has now grown to a collection of nearly 50 entries available on the website.

Their next venture has become another smash email series entitled, "Where Are We?" Here Karen and Lilly take virtual trips throughout Italy, never fully divulging their locations, but rather, providing clues along their journey.

But wait, there's more! Their latest creation is "Italy in a Nutshell," with each email chock full of things you may not know about Italy. Topics covered include: Superstitions, Food, People, Inventions and a category called, "Just for Fun."

Thank you, Karen and Lilly for your imagination and research in cranking out these entertaining and educational gems. If we read all that you've written, by the time we gather back together again, we should be experts in all things Italian!

If you are a Lincoln Hills resident of Italian heritage, check out our website at [www.lhitalianclub.org](http://www.lhitalianclub.org). Contact: Sandi Graham, membership, at 916-826-5711.

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## LH Travel Group

BY TEENA FOWLER

There will not be a meeting this month. If you are interested in more information about the Travel Group and the trips being offered or planned (see below), please contact Sheron Watkins, Teena Fowler, Louise Kuret or Linda Bevins (email and phone numbers listed at the end of this bulletin).

See our website for detailed information about all our booked trips: [www.LincolnHillsTravelGroup.com](http://www.LincolnHillsTravelGroup.com)

Nashville & the Smoky Mountains Holiday (Dec 10-17, 2020) (Sheron)

Grand Ole Opry, Dollywood, Asheville, Biltmore Estate, Gaylord Opryland Resort

Exploring New Zealand with Optional Fiji Extension (Feb 3-24, 2021) (Linda)

Auckland, Wellington, Christchurch, Queenstown, Mount Cook National Park

Tropical Costa Rica (Jan 23-31, 2021) (Sheron) San Jose, Coffee Plantation,

Guanacaste, Monteverde Cloud Forest

(cont' on page 12)



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**LH Travel Group**

*(cont' from page 11)*

and options on tour

Colors of Morocco (Apr 8-18, 2021) Sheron) Casablanca, Hassan Mosque,

Sahara Desert Lux Tented Camp, Marraqech, etc. & Choice of Cooking Class America's Cowboy Country (Jun 14-21, 2021) (Sheron)

Jackson Hole, Grand Teton, Yellowstone-Cody, Rapid City, Mount Rushmore

Crystal Cruise – Stockholm to Dover (Jul 7-20, 2021) (Louise)

Ports: Tallin, Estonia; Helsinki; St. Petersburg; Gdansk, Poland and Copenhagen Switzerland by Rail (Summer 2021)

(Teena) Small Group Tour Bern, Zermatt, Lake Geneva, Vevay, Chocolate Workshop, Swiss Travel Pass

Colorado Rockies (Sep 18-26, 2021) (Sheron)

Denver, Multiple National Parks, Royal Gorge Route RR, Garden of the Gods

Travel Group Committee Member

Contacts: Sheron Watkins 916-849-9504 sheron55@att.net, Teena Fowler 916-543-3349 teenafowler@wavecable.com, Louise Kuret 916-408-0554 lkuret@sbcglobal.net, Linda Bevins 916-666-7627 djbevins17@gmail.com

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**Writers Group**

BY ANDY DEXTER

The SCLH Writer's Group is comprised of people with all writing abilities, from beginners to those who are published. Some write poems, novels, biographies, short stories, children's stories and even memoirs. Now is a good time to get started on that writing project you've been putting off! Your children and grandchildren, will enjoy reading about the things you did during your life, growing up, your careers, hobbies etc. If you're apprehensive about writing or don't know where to begin our members are here to help

The Writers' Group meets at 6:30 PM, on the 2nd, 4th and 5th Monday of each month, in the Orchard Creek Multi-purpose/Computer Room. In October we are scheduled to meet September 12th and 26th. If you want to read something you wrote, please bring 10-12 copies to share. We provide each other with excellent feedback about our writings.

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*(more Club News cont' on page 13)*



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**Book Club**

BY CATHIE SZABO

“You don’t believe the sky is falling until a chunk of it falls on you” – Margaret Atwood

As I sit here in mid-September in the midst of yet another aspect of crazy 2020 – California’s fire season – I acknowledge the literalness of the quote for us today and wonder how Ms Atwood will twist this thought to suit *The Testaments*, our October selection.

A sequel to *The Handmaid’s Tale*, the novel takes place 15 years in the future of dystopian Gilead. The book is narrated by three women, offering different slants on Gilead, its inhabitants and society. As the novel unfolds, each woman reveals exactly who she is, how she fits (or not) into Gilead and how far her conscience carries her.

This is a very powerful, thought-provoking novel that can be read on its own or as a companion to Atwood’s *The Handmaid’s Tale*. Join us on October 22 as we “Zoom” thru *The Testaments* in what promises to be a lively, deep and perhaps contentious discussion. If you are not a member of the Book Club and wish to join us, email Cathie Szabo at [catsickle@gmail.com](mailto:catsickle@gmail.com) with your email to receive details on the Zoom meeting.

Just one short month to add candidates to our ballot for 2021’s selections. Email your suggestions to [CathieSzabo@catsickle@gmail.com](mailto:CathieSzabo@catsickle@gmail.com) and she’ll compile them for our November ballot. Cutoff date for “nominations” is November 1 to give us time to organize the ballot and, hopefully, email them to our

members shortly after that date. Along with the ballot, you’ll be receiving a list of short synopses for each book, to help you decide your vote.

Here’s the candidates so far.

Historical Fiction:

- The Giver of Stars* – JoJo Moyes
- The Lost Girls of Paris* – Pam Jenoff
- The Huntress* – Kate Quinn
- Beneath a Scarlet Sky* – Mark Sullivan
- Remarkable Creatures* – Tracey

Chevalier

*The Book Woman of Troublesome Creek* – Kim Michele Richardson

*Lady Clementine* – Marie Benedict

*The Only Woman in the Room* – Marie Benedict

*The Other Einstein* – Marie Benedict

*A Long Petal of the Sea* – Isabel Allende

Historical Non-Fiction:

- Code Name: Lisa* – Larry Loftus
- A Woman of No Importance* – Sonia

Purnell

*1000 White Women* – Jim Fergus

*Lincoln on the Verge* – Ted Widmer

*The Candy Bombers* – Andrei Cherny

*The Monuments Men* – Robert Edsel

Young Adult Award:

*The Nickel Boys* – Colson Whitehead

*Just Mercy* – Bryan Stevenson

Mystery:

*City of Windows* – Robert Pobi

*A Judgement in Stone* – Ruth Rendell

*Darling Rose Gold* – Stephanie Wrobel

*Fair Warning* – Michael Connelly

*The Guardians* – John Grisham

*Camino Winds* – John Grisham

*The Chain* – Adrian McKinty

*Eight Perfect Murders* – Peter Swanson

Sci Fi/Fantasy

Classic:

*A Town Like Alice (The Legacy)* – Nevil

Shute

*Lord of the Flies* – William Golding

*The Good Earth* – Pearl S. Buck

*The Thorn Birds* – Colleen McCullough

Non-Fiction

*The Honey Bus* – Meredith May

*The Moment of Lift* – Melinda Gates

*Bad Blood* – John Carreyrou

*The Splendid and the Vile* – Erik Larson

Modern/Realistic Fiction

*In Five Years* – Rebecca Serle

*28 Summers* – Elin Hilderbrand

*The Book of Two Ways* – Jodi Picoult

*The Vanishing Half* – Brit Bennett

Multi-Cultural:

*The Rent Collector* – Camron Wright

*The Island of Se Women* – Lisa See

Biography/Autobiography

*The Answer is . . .* – Alex Trebek

*I’m Now Called a Senior* – Julie Surok

*The Life and Times of the Thunderbolt*

*Kid* – Bill Bryson

*Born a Crime* – Trevor Noah

Other:

*The end of October* – Lawrence Wright

As you can see, there’s plenty of room for your favorites. If you’re unsure what category a favorite fits into, nominate it anyhow. Cathie will research it a bit and find its perfect home on our lists.

For the balance of 2020, we’ll be discussing:

November 19 – *The Tattooist of Auschwitz* by Heather Morris

December 17 – Holiday Luncheon

To close out this month’s ponderings, a few more quotes from *The Testaments* that apply to our pandemic lockdown. Good for a laugh or a ponder.

“You’d be surprised how quickly the mind goes soggy in the absence of other people.”

“... the mirror did few of us any favours; we have been happier before we knew what we looked like.” (lockdown hair, anyone?)

“I was the age at which parents suddenly transform from people who know everything in people who know nothing.” (remember those days?)

Keep reading. Stay safe, stay well.

For further information about the OC book club, contact Maureen Deal at [modeal2010@gmail.com](mailto:modeal2010@gmail.com), Joanne Johnson Felt at [ivyborcourt@aol.com](mailto:ivyborcourt@aol.com), or Cathie Szabo at [catsickle@gmail.com](mailto:catsickle@gmail.com).

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(more Club News cont’ on page 15)

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## Lavender Friends

BY SANDI DOLBEE

Army, Air Force, Navy, Marines and Coast Guard. Members of Lavender Friends, a club of LGBT residents and their allies, have served in each of these branches of the military. In preparation for Veterans Day next month, we reached out to our veterans for their stories.

Here is some of what they shared —

Jerry Moothart received his draft notice on his 18th birthday in 1945. He was stationed at Ft. Lewis, Wash. Although the war ended before he could be sent overseas, Jerry witnessed some remarkable changes in the Army made by President Harry Truman.

“The first was to issue bedsheets to all. Prior to that we were issued two wool blankets and one mattress cover for your cot,” he said, adding that you should try sleeping under a wool blanket without a sheet to buffer you. “The next change was racial desegregating of the troops.

Segregation was normal until then. It was like the Black Army and the White Army. Separate platoons, barracks and mess halls.”

Polly Bowen was in the Army Nurse Corps from 1950 to 1955. She served in Washington, France and Germany, where she worked on troop trains bringing injured and ill veterans and their dependents to hospitals.

Wayne Kusick was in the Navy for four years during the Vietnam War, from 1968 to 1972. He served on two ships — the battleship New Jersey and the guided missile destroyer Preble— 20 miles off the coast of Vietnam “I enjoyed my visit to Yokosuka, Japan, when my USS Preble was anchored off their coast,” he said. The ship was invited to a one-day festival, carnival and parade to commemorate the signing of the trade agreement between the U.S. and Japan.

“I am a proud member of the Women’s Army Corps (WAC),” said Patricia “Pat” Bailey, who was a dental assistant at Ft. Lewis, Wash. Pat was in the WAC from 1975 to 1978, the same year it was disbanded and



Air Force officer Mary Thompson.

its units combined with the male units. After her discharge, she joined the Army Reserve and served for five more years.

Bev Cielinski was in the Coast Guard from 1974 to 1996, serving in stations from New Jersey to California. “When I joined the Coast Guard in 1974, only 400 women per year were allowed on active duty so I went through the Reserve and went through boot camp and Boatswain Mate A school,” she said. “Then I returned to my home town of Jacksonville, Fla., and drilled with the Reserve unit until I could get into the active duty Coast Guard. I had to switch my career path from running the boats to becoming a Storekeeper.”

And then there is Mary Thompson, who retired as a lieutenant colonel in the Air Force, serving as a nurse from 1959 to 1980. “I wanted to see the world and I thought this was a good way to do that,” she said. “I have to say it worked out pretty well.”

Among her assignments: Korea, the Philippines, Spain, Turkey and Vietnam, where she helped evacuate wounded soldiers

to hospitals for treatment.

Mary especially liked the camaraderie. “Being a nurse you get lots of positive feedback from most everyone.”

When asked if she did a good job, her familiar wit kicked in. “You’d have to ask those poor people who had to put up with me.”

Veterans Day got started as Armistice Day to mark the end of World War I and to honor those who served in the “war to end all wars.” In 1954, it was changed to Veterans Day and is today a holiday generally used to honor all American veterans.

We thank you for your service.

## Shalom Social Group

BY JUDY GANULIN

At our last meeting, by Zoom, the Shalom Social Group had a lively discussion with Robert Richardson, Interim Executive Director of Sun City Lincoln Hills. After he updated us on projects, dues status, easing of Covid restrictions, vision for our future, and how he sees the duties of his position, we had time for informative Q and A’s. We play Bocce Ball every Sunday, weather permitting, but all our other sports activities have been cancelled. We focus on Jewish food, culture and interests, but membership is open to everyone. For more information please contact Joanne Levy, 508-333-8590.

## Big History

BY CAROLE WADE

A group of Big History members has spent several months looking at how culture originated, evolved, and contributed to the survival of our species. Tribes, families, empires, languages, educational systems, technologies, economies, social hierarchies, forms of government, religions, art--all are influenced by culture. And in turn, cultures have been shaped by all of these factors.

In addition to grappling with how to define the umbrella term “culture” itself (not so easy!) the group has examined the ancient roots of culture going back to the Agricultural Revolution and even earlier. Such a broad topic will require two BH Zoom panel presentations. Part 1 will be on October 5th and Part 2 on October 19th. A Zoom link will be emailed

beforehand to BH members and interested members of Sacramento State’s Renaissance Society. We hope you can join us.

Big History meets on the first and third Monday of each month at 10:00. For more information about the club or upcoming presentations, please contact David Lewis at 916-626-2795 or stuff619@gmail.com.

## Stamp Club

BY TIM MILES

We are trying to meet on the 2nd and 4th Tuesday in October and if the State of California allows it, we’ll be in the Lodge Meeting Rooms (7050 Del Webb Blvd., Roseville) at the usual time of 6:30 pm. It’ll be the first get-together in many months, but it is subject to cancellation. Pay close attention to your email and or fellow members.

Sacapex, which was scheduled for Saturday the 7th and Sunday the 8th of November, has been canceled, as far as we know. Stay in contact with your e-mail and fellow Stamp Club members and we’ll keep each other updated.

Al Capparelli (916-771-8288) has limited seating open houses scheduled from time to time so call him if you have any needs. Seating is held to a minimum with the appropriate safe distancing. He can set you up with whatever you need. In these tough times, use them well to get your collection all squared away.

Anybody who isn’t a member of our club is more than welcome to call Al and ask for whatever help we can render to you about anything to do with stamp collecting. Old album pages, stamps, hinges, catalog prices or just a good old-fashioned update of album value are all available. We are happy to be of help.

Meanwhile, stay safe and be patient with each other. We’re all in the same boat.

(more Club News cont’ on page 16)

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### LH Computer Club

BY NORMAN SEIDENVERG

Fires, smoke, and ash continue in northern California, as well as southern California, Oregon, and Washington. Search "CAL FIRE" and see the latest data. The Kilaga and OC facilities are closed and no dates set for reopening. Our last online presentation, September 9, 2020, "Google Photos" was a given by Bob Ringo and his assistant Terry Rooney. Very organized and useful for those folks with many photos and videos who, like me, can never seem to find what I'm looking for. The "search" is amazing and really over the top. We will continue the Zoom format for the presentations unless members are otherwise notified. October 7 we'll discuss "TeleMedicine". Please be aware of AQI (Air Quality Index) in our area and latest Covid-19 data. Our website is a great resource: [www.sclhcc.org](http://www.sclhcc.org). Email contact: [sclhcc@gmail.com](mailto:sclhcc@gmail.com). Stay healthy.

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### Apple User Group

BY RICH THAYER

In October, our team of technical experts will be conducting virtual seminars about the new offerings from Apple. This is a great opportunity to learn about the latest Apple hardware and software. If you are planning to upgrade and have no plans for your old products, consider using the LHAUG donation program. LHAUG support techs will take your

old equipment, completely erase all of the data, and pass them on to others who need them. See [lhaug.org](http://lhaug.org) for details.

Three seminars were presented in September, one on podcasts and two on iPhone photos. We also held our virtual banquet via Zoom with 285 registered households. Our next annual banquet, which we expect to be non-virtual, will be September 14, 2021.

For more information about the upcoming October seminars, the donation program, and videos of September seminars, see [lhaug.org](http://lhaug.org).

Club Contact: Helen Rains by email at [helen.lhaug@icloud.com](mailto:helen.lhaug@icloud.com).

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### Genealogy Club

BY DR. BARBARA BRANCH

Richard Hanson will be our speaker on October 19 on Zoom. Members will receive a Zoom link in a separate email from the Genealogy Club. His topic is Publishing Using Lulu.Com. Richard was



Richard Hanson

a computer programmer now retired. He has been working with other family members on genealogy since 1983. We will send a Zoom link to all members and any handouts one week before the meeting. The Speaker for November will also present on Zoom. There is no speaker in December. If you have never Zoomed, contact Barbara Branch for assistance before the meeting date. We can practice so you get

a good experience. The Genealogy Officers will meet by Zoom in September to discuss membership and speakers for 2021. If you have ideas for either, please share with Barbara Branch. In the meantime, keep the family history going. There are new resources added every day.

Check our SCLH Genealogy Club website for handouts and updates:

<https://www.suncitylhgc.com/>. For more information contact Dr. Barbara Branch, 916-543-8219.

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### LH Astronomy Group

BY BILL WEAVER

The LHAG Steering Committee continues to hold monthly web-based meetings and plan for future alternatives for participation by its membership. Our first all-member web-based conference occurred in September with a presentation by Ron Yelton, specialist in astrophotography, regarding the use of remote worldwide telescopes to photograph distant objects in the Cosmos. Ron presented some out-of-this-world photographs he captured of nebulae and star clusters.

Upcoming astronomical events for October:

On October 13: Mars, the red planet, will be at its closest approach to Earth and its face will be fully illuminated by the Sun. It will be brighter than any other time of the year and will be visible from Sun City all night long. One can see Mars with the unaided eye but can be easily

seen as a small round red-orange ball through a pair of binoculars. This is the best time to view and photograph Mars. A medium-sized telescope used during dark skies will provide more detail and allow you to see some of the dark details on the planet's orange surface.

October 31: See the full Moon ("Blue Moon"). The Moon will be located on the opposite side of the Earth as its face will be fully illuminated by the Sun. Since this is the second full moon in the same month, it is also referred to as a Blue Moon. This rare calendar event only occurs every few months, giving rise to the term "once in a blue moon". Blue moons are uncommon, rising once every two or three years, but a blue moon on Halloween is exceedingly rare. After the blue moon on Oct. 31, 2020, trick-or-treaters will need to wait until 2039 to see the next blue moon on Halloween.

Orionids meteor showers are active every year in October, usually peaking around October 20/21. At its peak, up to 20 meteors are visible every hour. The meteor showers consist of dust released from Halley's Comet. Halley takes around 76 years to make a complete revolution around the Sun. It will next be visible from Earth in 2061. The Orionids are named after Orion, because the meteors seem to emerge or radiate from the same area in the sky as the Orion constellation.

You do not need any special equipment or a lot of skills to view a meteor shower. All you really need is a clear, dark sky, and lots of

(cont' on page 17)



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### LH Astronomy Group

(cont' from page 16)

patience to see the shower. The following tips can help maximize your shooting star viewing experience.

- Find a secluded viewing spot, away from the city lights. Once at the venue, your eyes may take 15 to 20 minutes to get used to the dark.
- Dress for the weather, and make sure you are comfortable, especially if you plan to stay out long. Bring a blanket or a comfortable chair with you—meteor watching can be a waiting game.
- Once you have found your viewing spot, lie down on the ground, and look up in the direction of the Orion constellation in the Eastern sky and wait for the radiant of meteors.

Questions regarding the LHAG should be directed to LHAG President Bill Weaver at hamweaver@wavecable.com.

Additional information about the LHAG, its meetings, activities and its subgroups can be found on its website at [www.lhag.org](http://www.lhag.org).

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### S.C.H.O.O.L.S.

BY PATTI KINGSTON

Western Placer Unified School District schools have been open with distance learning using Google Classroom. The District has targeted October 6, 2020 as the first day of in-person instruction. The 5-day program, which is unique in Placer County, will commence on

that day. When classrooms are open for in person instruction the choices parents have made for their children will be considered. The District has been anxious to keep the volunteers active and volunteers have been willing to help their teachers. Discussions are under way concerning volunteers contacting their teacher to see what kind of help is needed. Volunteers cannot appear in classrooms but can possibly pick up papers to be corrected from the office. Volunteers may also be able to work one-on-one with students who need extra help via Zoom or Google Classroom. As the COVID situation changes there will be adjustments and details are changing daily. For information and updates the Western Placer School District website is [www.wpusd.org](http://www.wpusd.org).

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### LH Veterans Group

BY B. L. LEWIS

The Lincoln Hills Veterans Group general meeting on Thursday, October 15, 2020 at 1:00 p.m. will be held via Zoom and the directions to logon will be sent to all members via email. Instead of a speaker there will be an open forum discussing various ways that the Group can move forward in these trying times.

Normally at this time of the year we have Social luncheon celebrating Oktober Fest, but this year due to meeting restrictions we are suggesting that we meet in parties of ten in the backyards of Host Veterans for a Roll Out the Barrel celebration. German Beer and Bavarian music will be delivered by Joan and

Doug MacAdams in their Golf cart, if you are interested in Hosting, please call Joan at 916-751-9272.

Again, due to the meeting restrictions, the 2020 Lincoln Hills Veterans Day Ceremony will be held at 11:00 a.m., November 11, 2020 in the Orchard Creek Portico. The program will begin with the Laying of the Wreath at the Lincoln Hills Veteran's Memorial, followed by remarks by the LHVG President, Posting of the Colors, Pledge of Allegiance, Invocation, National Anthem, and closing with Taps. We know that all things and plans are subject to change so we will also make tentative plans for the ceremony to be held at the Orchard Creek Outdoor Pavilion

Flags can be purchased by calling Michael Amerio at 661-304-6519. Michael will deliver, but you must make specific delivery arrangements.

All veterans are invited to support the funding of Lincoln Veterans Memorial at McBean Park in Lincoln. You can contribute by donating \$25 for a Memorial Coin; or with a \$150.00 donation you can have a Black Granite Tile with your name and service information inscribed; or you can make a donation of any amount to the Lincoln Veterans Memorial Coalition. Send your checks and information to LVMC, Treasurer, Larry Yaggi, 2300 Cinnamon Teal Lane, Lincoln, CA 95648 or notify Chaplain Bill Lewis, 916-408-3771, email: [bllewis1977@gmail.com](mailto:bllewis1977@gmail.com) if you would like to order a Tile for a Lincoln Hills Veteran that has passed.

As of June 15, 2020, the group's paid

membership stood at 221, including 133 life members and 22 Associate members. World War II veterans (including Spouses) total 19. The total membership was 262. Remember to Fly your Flag Proudly on Columbus Day October 12, 2020 and in Honor of all of our Medical Personnel, First Responders, and all of our Law Enforcement Officers.

In Memoriam —

Reverend Clyde Allen Mills, U.S. Navy  
Thomas Blaine Craig, U. S. Army

The Veterans Group extends its deepest condolences to the families and friends of these veterans.

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(more Club News cont' on page 18)



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### Lincoln Democratic Club

BY JUDY GANULIN

The Lincoln Democratic Club had a busy September and early October, with a number of interesting and informative programs on various ballot proposals and other topics. Our members have also been preparing for the upcoming election. We are also scheduling a program in October (to be determined), and of course many of us will be watching the presidential and vice-presidential debates in the coming weeks. New members are always welcome. For more information please see our website, <https://democraticclublincolnca.org/>

### LH Republican Club

BY SUE DUMAS

We are an active club — September 5: “MAGA Drag the Interstate” Car and Boat Rallies, with over 300 decorated vehicles, and thousands cheering from Rocklin to Sacramento!

September 12: Huge Trump Peace Rally was held at the Minden-Carson Airport. Many LHRC attended. There were 25,000 avid Trump cheering fans, plus thousands more which lined the highway, from Reno Airport to Minden-Carson Airport. The energy was incredible, with more to come!

September 17: ZOOM meeting with Guest Speaker; Ryan Ronco, Registrar of Voters Placer County, was our guest speaker! Great information on Vote By

Mail. There were many excellent questions, and answers. We learned you can vote in person, and how to track your ballot by registering on website: [wheresmyballot.sos.ca.gov](http://wheresmyballot.sos.ca.gov)

September 24: LHRC “Republican Neighbors Night Out” block party with live entertainment provided by “Lincoln Highway Trio”. A most festive event while following guidelines, for a safe and fun filled evening!

October 5: California ballots to registered voters will be mailed.

Since COVID-19, our favorite representatives, Kiley and McCarthy, have been diligent about overseeing and checking the Governor in his unprecedented abuse of power, and their plans and commitment to reparations of our State and Country. Two outstanding, hard working representatives from our State! Remember that when you vote in November!

Meanwhile, LHRC Chair has been diligently working, recruiting volunteers



for signatures for recallGavin2020.com Petition. While promoting President Trump and other deserving Republican representatives.

Let’s remember, when you look in the mirror, only you, can be the change you want to see. If you have the time, volunteer and be part of getting your State, Cities, Country, back. Help preserve our Constitution and our freedom.

LH Registered Republican Voters are welcome to join Lincoln Hills Republican Club. Come join the fun!

[www.RepublicanClubSCLHRC.org](http://www.RepublicanClubSCLHRC.org)

### Glaucoma Support Group

BY CINDY CARSON.

The Glaucoma Support Group will meet on October 14 at 4:00 PM to share information on various aspects of Glaucoma. This meeting will be a Zoom meeting so that many folks who wish to attend will be able to join us. Glaucoma can sometimes redirect your daily activities. Having alternative ways to accomplish your activities is a good plan. Please bring your alternatives to share.

If you have any questions, please contact Bonnie Dale at 916-543-2133 or [Bjdale@aol.com](mailto:Bjdale@aol.com).

### Alzheimer’s/Dementia Caregivers

BY JEFF ANDERSEN

Our caregivers continue to zoom along while the lodges remain closed with separate meetings for Mens, Ladies, and Mixed groups. On October 28th, at 1:00PM, our speaker series will resume (via Zoom) with Gail Arno from Elder Care Management with a timely discussion about “Navigating the Emergency Room and Hospital Visits.” Contact Jeff Andersen at [2jeffa@gmail.com](mailto:2jeffa@gmail.com) for a digital invitation.



The Alzheimer’s/Dementia Caregiver’s Support Group meetings are held each month except December. The Large Peer group meets (when the OC lodge reopens) at 1:00 PM each 4th Wednesday in the MultiPurpose Room (OC). All are welcome to attend, especially caregivers with recently diagnosed family members. The program for the Peer group gatherings alternates monthly between group discussion moderated by an licensed counselor from Del Oro Caregiver Resource Center, and formal presentations by professionals in the

(cont’ on page 19)

## Michelle’s Featured Listings



### 2281 Granite Lane - Meadowgate w/2 Car + Golf Cart on View Lot

Experience true elegance, attention to detail and functionality. Built with craftsmen skill along with the homeowner’s decorator touches, this home is truly one-of-a-kind. Improvements include: timeless white cabinetry, granite counters, stainless steel appliances, large circular dining bar perfect for entertaining, center island w/sink for meal prep, built-ins in the family room, higher ceilings throughout, bedrooms on opposite sides of the home, crown molding, newer HVAC, security system, & owned solar. The master suite is oversized & spacious w/ outside access to the covered patio. The current homeowner enclosed the formal living room for a second office/den but can easily be converted back to a formal living room. When you walk to the backyard, your breath will be taken away. The nearly 9,050 square foot lot offers expansive views of one of the most popular walking trail w/ its oak trees & granite boulders not to mention the spectacular sunset views. Beautiful!

Offered at \$939,000



### 657 Canyon Oak Lane - Annadel Model w/2.5 Car Garage

This lovely Annadel Model with 3 full bedrooms and 2 bathrooms awaits its next homeowner. One of the most popular floor plans due to its open floor great room concept, this home is nicely appointed with many upgrades including granite counter tops, center island, cozy breakfast nook overlooking the front yard, built-in entertainment unit with fireplace, crown molding, ceiling fans and plantation shutters throughout. The master bathroom is one of a kind having been recently remodeled with a large walk-in shower with custom rain-glass enclosure and bench. The southern facing backyard has a covered patio for added shade. You’ll enjoy visiting friends and family in your backyard all day long.

Priced at \$637,400



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### Alzheimer's/Dementia

(cont' from page 18)

industry. The Women's group meets usually with Jo Fratessa, and sometimes with Valerie Jordan, is discussion only, and is designed for women who prefer talking in a less crowded setting. The Women's group meets (when the OC lodge reopens) on the 1st Wednesday at 1:00 PM in the MultiMedia Room (OC) (across the hall from the Large group location). The Men's group with Al Roten meets on the third Thursday of the month at 10:00 AM (contact Al Roten for the location).

The caregiver's groups and programs are supported by the Lincoln Hills Foundation. More information is available from our Steering Committee members Valerie Jordan 909-625-7443, Cathy Van Velzen 916-409-9332, Jo Fratessa 916-408-7209, Al Roten 916-408-3155, or contact Jeff Andersen 2jeffa@gmail.com.

...

### Bosom Buddies

BY VAL SINGER

October, Breast Cancer Awareness month is upon us again. With the pandemic still going strong, on one hand the months have just flown by but sometimes the days go by very slowly. Our members that are alone have found it especially hard during these shut-in months.

We are a unique group of ladies in that we know the battle and its consequences but we are determined to win no matter what it takes.

Fighting cancer is like swinging at windmills. Just when you think you have the right angle, the winds change and you have to adjust. In my household we go from one scan to another keeping our fingers crossed and I know we are not alone. Prayers are the great healer.

As age takes its toll, more and more problems rear their ugly heads. From hemorrhoids to stomach aches; from back aches to headaches; from aches we didn't know we had places, on it goes. Each day brings a new awakening we have to deal with. But, as those who seem to know everything say, "It's better than the alternative". Don't you wish someone would come back from the beyond and verify this???

I found this picture of a group of us showing off our banner and our pink shirts. Where ever we go sporting our attire, we are

recognized and are cheered on. We stand proud saying to the world, "Don't count us out, we are here"!

At this time, the Relay people are working very hard to set up the virtual Relay for Life. The Relay will occur on September 18th so it will be covered in my November issue.

Remember, love is something to give away not to keep for yourself....

If you have any questions regarding Bosom Buddies, please contact Marianne Smith (916-408-1818) or Patty McCuen (916-408-4185).

We end each meeting by holding hands and saying: "Together we are strong; together we will make a difference; together we will survive!" And, we will, hopefully with a little fun...

...



### Low Vision Support Group

BY JOAN BRANT-LOVE

Monthly meetings will resume once Stay-at-Home restrictions are lifted and the Sun City Lodges are re-opened.

News from the Braille and Talking Book Library — The Braille and Talking Books Library has begun to gradually circulate braille and talking books, descriptive DVDs and talking book machines to their patrons.

Limited BTBL staff are on-site Tuesdays, Wednesdays, and Thursdays to handle backlogs and check out books through the U.S. postal service. When not in the office, staff will continue teleworking. This limited staffing level will ensure appropriate physical distancing.

Patrons may now return any remaining library materials in their possession as we will be able to process returned mail.

All returned materials are quarantined before being circulated to patrons.

In the weeks ahead as we gradually work through the backlog of thousands of returned items, you may begin to receive library materials at home again. Shipment times are expected to be delayed due to our limited staffing levels and any pandemic-related USPS delays.

BTBL staff will resume processing of new applications effective August 3. Please be patient with us as we work through the backlog.

At this time we are unable to resume

(cont' on page 21)

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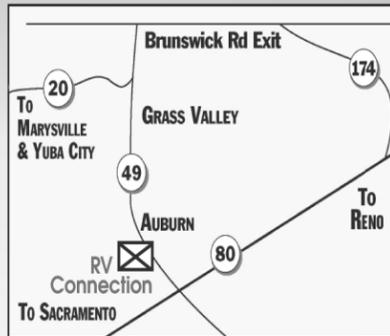
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Pictures of units are examples only.

### Low Vision Support Group

(cont' from page 19)

normal telephone service. We hope to facilitate full telephone service as soon as possible, and in the meantime we are still available through email at [btbl@library.ca.gov](mailto:btbl@library.ca.gov)

Light Therapy Showing Success as Retinal Treatment

International Low Vision Support Group Newsletter, September 2020  
[www.mdsupport.org](http://www.mdsupport.org)

According to an article in the August 6, 2020 edition of Ophthalmology Times, a procedure called photobiomodulation (PBM) has had recent success in treating eye diseases such as AMD, retinopathy of prematurity, and diabetic macular edema.

PBM, or low-level light therapy, is the application of monochromatic light to a part of the body with the aim of repairing tissues and reducing inflammation, edema, and pain. Like photosynthesis in plants, light in the far red and near-infrared spectral range, can stimulate the cells, causing a cascade of photochemical reactions that can reduce oxidative stress. Oxidation is well-known to be a primary cause of retinal degeneration

PBM has been found to be safe, has no side effects, and is completely noninvasive. Nine PBM cycles were administered to a patient over 1 month. After 1 month and 6 months, the OCT scan showed reduced drusen. The patient obtained subjectively improved vision, less eye strain, more color contrast, higher definition, and better far and near uncorrected visual acuity. Contrast sensitivity improved from 1.8 to 2.0. Outcomes remained stable at the 6-month follow-up.

According to author Robert Pinelli, MD, "This case demonstrates a successful noninvasive treatment with improved quality of vision in dry AMD. Irradiation could, therefore, offer a new, noninvasive, adverse effect-free means of stimulating retinal stem cells to regenerate."

The Low Vision Support Group is subsidized by

Neighbors InDeed and the Lincoln Hills Foundation

Low Vision Support Group Contact:  
Cathy McGriff 916-408-0169  
or [cathymcgriff1010@gmail.com](mailto:cathymcgriff1010@gmail.com)

• • •

### Multiple Sclerosis Group

BY JERI DI FIORE

The Tuesday, October 13, 1 PM, Multiple Sclerosis Meeting will again be a Zoom presentation, with a link sent to all members Sunday, October 11.

If you would like to be added to see what we are all about, please contact Jeri Di Fiore at [2020jeridifiore@gmail.com](mailto:2020jeridifiore@gmail.com)

Have MS, are stressed, or are newly diagnosed? Call MS Navigator 1-800-344-4867, press one, or ask for Newly Diagnosed.

Continue to bravely carry on and see you October 13..

• • •

### Wise Aging Support Group

BY CAROL EISENHOWER

We are a support group for residents of Sun City Lincoln Hills, and we provide a forum for discussion, support, education, and sharing of aging-related resources for all residents wanting to plan for their older years, whether ageing in place or exploring other options. Some recent topics include senior peer counseling, local housing options, and financial abuse of seniors. Our meetings always include small group discussions to share ideas. Future topics include transitioning from home to a facility, ask the lawyer, coping alone, handling finances in a crisis, and how to leverage your assets. Come and join the other 60 people who have discovered the comfort in sharing information and being heard. Our meetings are the first Monday each month at 1 pm. via Zoom. To be added to our mailing list contact Marsha Van Wagner at [mmvanwagner@gmail.com](mailto:mmvanwagner@gmail.com).

For other information contact Stefanie Spikell at [stefhope@att.net](mailto:stefhope@att.net) or 916-253-7431.

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### LH RV Group

BY STEVE BEEDE

Our RV Group Members enjoyed a great Rally at Clio's in Graeagle. Despite smoke from fires, we shared golf, pickleball, hiking, kayaking, and a great campfire sing-along, plus of course lots of socially-distanced socializing. Even though Covid-19 has kept our Lodges closed, it hasn't stopped our members from RV'ing throughout California and beyond... several are even on their way to Alaska for



RV members enjoyed a great Rally at Clio's in Graeagle



several months. Whether it's a weekend trip, weeklong Rally, or extended travel, our Members sure love RV travel. Our Rallies for 2021 are now being booked including Palm Desert in February followed by Campland on the Bay in San Diego.

Even when we're not traveling, our Members enjoy a good Party. We're still on schedule for an October cookout/gathering at the Sports Pavilion as well as our Annual Holiday Party at Catta Verdera. Our Monthly Meetings are Scheduled to be held at 4:30pm on the 2nd Tuesday of each month in the Placer Room (KS). However, with the Lodges remaining closed due to Covid-19, we don't know when our Monthly Meetings will resume.

Watch Sun Senior News and the Compass for News of re-opening. But if you're an RVer, you don't have to wait for a Meeting to do so, several new Members have been joining us on our Rallies. And remember, RVing is the safest way to travel as 3 million new RVers are experiencing.

Have questions or need more information, contact Club President Steve Beede at [stevebeede5@gmail.com](mailto:stevebeede5@gmail.com) or by phone at 916-752-6972, or check our website at [www.lhrvg.com](http://www.lhrvg.com).

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(more Club News cont' on page 22)

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### RoadRunners Motorcycle Club

BY MIKE SMITH

With coronavirus restrictions still in place along with heavy smoke from the wildfires the club's September ride was cancelled. As of this writing it is not known if there will be a club ride or meeting in October. Once restrictions are eased the club will continue with scheduled rides on the second Saturday of the month, March – November along with the monthly club meeting on the fourth Thursday of the month at 5:30 PM Multipurpose Room (OC)

"Ride Safe – Ride With Friends" Contact: Manny Perez 916-253-9121 manwil412@wavecable.com

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### SCLH Sports Car Club

BY PAM BERRY

Life without our sports car rides and sports car friends is a bit sad. We miss the fun and adventure but mostly I think we miss our friends. Because of this I have asked our members to share stories of their car adventures. The following is our President Tom Breckon's story of his first sports car.

"I got my first sports car when I was in Navy flight training in Meridian Mississippi. One of my classmates had a very little MG Midget, bright orange. His wife got pregnant and they couldn't afford to keep the car, so he offered it to me for \$1300, a lot of money at the time. I totally ignored how small it was and how my knees pressed against the dashboard even with

the seat full back. Also, it had a large red engine light right in the middle of the dashboard, exactly the same size and position as the fire warning light on the plane I was training in at the time. You guessed it. One dark night that light came on and scared me half to death. After that, and my hurting knees, I sold the car. But it was fun for a while."

Getting your first car let alone your first sports car is a life event! Hope you enjoyed this trip down memory lane and it causes you to enjoy and appreciate the happy times in your life adventure.

• • •

### Rods & Relics

BY ELNA RAGAN

On September 13, our Car Club was invited to join a "fun run" honoring a true American hero: Dub Holland a former WWII Army Air Corp B-17 pilot who had flown 24 dangerous missions. He was celebrating his 100th birthday. There were 15 vehicles from our Club, the Lincoln Hills Sports Car Club, and the VFW in the caravan. Dub was on his porch here in Lincoln, waving to all who drove by. It was a most impressive, heartwarming event. Our thanks to all who participated!

2020 will go down in history having had a huge impact on health, business, sports and yes, Car Shows! Due to the Covid19 Virus, the Rods & Relics Classic Car Club had to cancel its annual Downtown Lincoln Car Show. Even with this loss of revenue, we were still able to donate \$2,500 to each of our two charities:

RRUFF Healing Heroes and the Assistance League of Greater Placer. Our sponsors made this possible through their generous donations. The Club's grand total of donations to local charities, over the years, is now \$186,100! Please check our website listed below to see our generous sponsors who made this all possible and patronize their establishments.

Plans for our Downtown Lincoln Car Show on June 5, 2021 are moving forward. All the Committee Chair positions are filled. Tom Indieri and Rich Ragan will be serving as Co-Chairs of the event.

The monthly General Business Meeting and bi-weekly breakfast at the Waffle Farm have been canceled until further notice. General Car Club information can be found on our website.

Contacts: Chuck Barnhart - President 916-543-7301, Mike Carvidi - Membership Director 707-849-2834. Website: www.rodsrelics.net.

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### Amateur Radio Group

BY DANIEL LEHRER - KN6DRN

Our Group continues to "Zoom" our pre Net meetings every Monday night at 6:30 PM. We share information, laughs and "rag chew" up until our official Net time. We wish departing member Paul - KN6DRM all the best as he and his Wife relocate to Canada. Paul and I tested together and are one letter apart in our call signs. We will miss you Paul. We welcome new member Michael - KM6YOQ. Check

out our Website for useful information such as upcoming Ham contests, technical articles and events as well as our roster and net scripts. If you are looking for a way to engage in the community and have an interest in amateur radio, please check out the LHARG. We hope to resume our meetings at the Sports Pavilion as soon as Covid-19 health concerns are a thing of the past. The LHARG conducts a weekly radio network at 7:00 PM every Monday on the W6LHR Repeater at 443.2250 MHz, 167.9 PL. For more LHARG information visit our Website, the URL is: lharg.us or email Stuart. Gallant@gmail.com

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### Bird Group

BY DON BAYLIS

The Bird Group is still on hiatus in order to shelter in place from the COVID-19 virus. Until the Association reopens the lodges and gives the OK, we will not be scheduling any group activities.

This just in! The White-crowned Sparrows are back. Look for these and other returning wintering birds along our trails.

An email from our president, Sal Acosta, notes that the Lincoln Hills Bird Group, and this springs Great Shelter-In-Place Bird Count, made the American Birding Association national birding magazine in August, 2020 issue. Thanks to Sal for making us nationally famous under "ABA Members' Milestones and

(cont' on page 23)



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**Bird Group**

(cont' from page 22)

**Other Birding Joys”.**

The lack of formal group activities does not mean that group members cannot continue to bird and share their sightings. Almost every morning one can find birders/ photographers prowling the Ferrari Ranch trail, checking out Ingram Slough, Ferrari Pond, and the Salt Pond



*Cattle Egrets by Larry White.*



*Caspian Tern by Tony Fabian.*

complex. Unfortunately, the exciting and unusual sighting of a Caspian Tern at Ferrari Pond in August, seen only by a couple of birders lucky enough to catch it on camera, has not been repeated. The woodlands of Canyon Oaks and wetlands of Orchard Creek and Mallard Pond can also bring sightings of birds and birders. Our transition to autumn will be bringing back the winter waterfowl, shorebirds and woodland species. While on the trails, do keep an eye out for the many colorful painted rocks that mysteriously appear. Please leave them so that others can enjoy.

Some Bird Group members have been engaging in individual regional explorations. Woodland Wastewater Treatment plant, Vic Fazio Refuge, and Sacramento National Wildlife Refuge continue to be popular destinations. Uncommon number of Cattle

Egrets have been seen at Fazio, and Woodland usually is hosting White-faced Ibis. Sadly, smoke from area wildfires can alter bird populations on some days, so sightings are not guaranteed. As October progresses however, the acreage of flooded fields will be increased so the migrating arrivals will find a welcome habit. The species and numbers you find early in the month will be vastly changed as November approaches.

In normal times, our programs are held in KS Presentation Hall at 1:30 PM on the second Monday of the month. Most day trips leave from the Orchard Creek parking lot west of the pool at 8:00 AM unless otherwise specified. Please check Events on our lhbirders.org and your email for updates and weather cancellations. Bird lists for each trip are posted on the website under Lists.

Contact: LH\_Bird\_Group@yahoo.com  
Web Site: lhbirders.org

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**Garden Group**

BY LORRAINE IMMEL

Placer County Master Gardeners “2021 Calendars” are available now! Not only is it a calendar, but it includes gardening practices for this zoning area that has guides on what to do when, plant care, irrigation tips, pest control info and much more. They are still \$10 each or \$45 for 5. They make great gifts for yourself, family, and friends! Get

yours before they run out.

Contact: Marie Salers, 916-408-3895, msalers@pacxbell.net

Contact: Pam Effa, 916-408-1227, toesy949@yahoo.com

The Garden Group is still looking for two more members to help with the “Brown Bag” sales at the General Meetings so people only have to work a few times a year. Contact: Pam Martindale, 916-253-7094, pam.martindale@sbcglobal.net.

Member Lois Wagner is currently co-chair of the Historian Committee tasked with the electronic retention of record-keeping information. A co-chair for the “scrapbook” and non-electronic aspects of information retention is being sought along with volunteer members of a committee to assist that co-chair. The committee members will help

(cont' on page 25)



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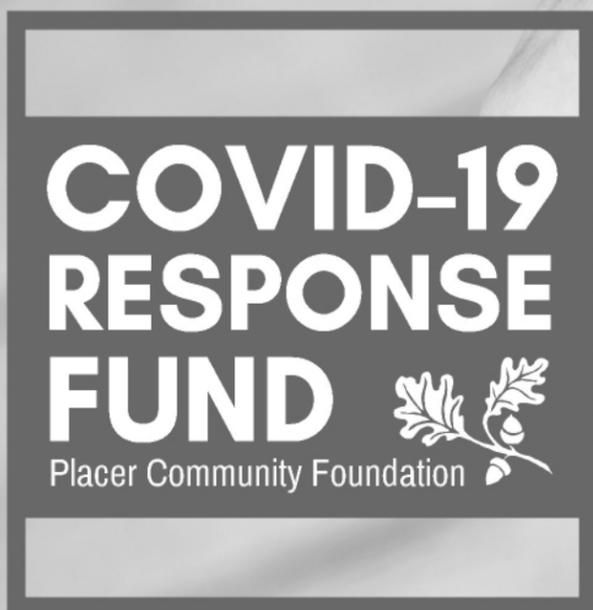
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### Garden Group

(cont' from page 23)

gather, cull, organize and put together yearly scrapbooks that tell the story of the Garden Groups activities and accomplishments. Those who are interested in being involved in the historical activities of the Garden Group or wish additional information please contact Lois Wagner, Lois.Wagner@Stanford.edu or 916-253-7153 (please note she monitors all calls so please leave a message).

Once again, we will not be having the October Bonsai Show nor the General Meeting as previously scheduled until the lodges are opened.

In the meantime, here are some October tips from Debbie Arrington from the SacBee:

October is the best month to plant perennials in our area. As the name implies, perennials grow back year after year with little effort – if they get a good start. Many popular perennials (such as bearded iris or Shasta daisies) can be divided and replanted; share extras with friends, helping gardening dollars go further.

Preparation is key to perennial success. Before replanting perennials, add a little well-aged compost and bone meal to planting holes or beds, but hold off on fertilizers until spring.

Keep the transplants well watered (but not soggy) for the first month. During the cooler months to come, they'll develop strong roots.

Clean the summer vegetable garden and compost disease-free foliage. If in doubt, throw it out. Keep fungal diseases and noxious weeds out of the compost.

Plant winter vegetables now. From seed, plant beets, chard, collards, leeks, mustard, peas, radicchio, radishes and spinach. Set out transplants for broccoli, cabbage, cauliflower, kale and leaf lettuce.

Now also is the time to plant seeds for many spring flowers directly into the garden, including cornflower, nasturtium, poppy, portulaca and sweet pea.

Set out cool-weather bedding plants, including calendula, pansy, snapdragon, primrose and viola.

Another good site for Fall preparations is "Farmer Fred's Monthly Chores" on the Garden Groups website under the category "links We Like!" [lhgardengroup.org](http://lhgardengroup.org)

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### Fishing Group

BY JERRY MESSIER

2020 Flaming Gorge Diary and the Fishing friends who went: Jerry Messier, Jim Gilchrist, Jack Stewart, Jack Smith, Dave Morrow, Arnie Wilkerson, Jerry Hannon, Chuck Garland, Bob Sarver, Dave Wieldrayer.

Saturday 7/18: Leave Lincoln at 2:00 AM after meeting with Dave and Arnie. Uneventful drive across California, Nevada, Utah and Wyoming. A quick 10 minute boat check at the Wyoming border. Did our last minute fresh goods shopping at Walmart in Evanston. A long 800 mile trek Arrived at marina around 5:15 PM in time for a wind storm. Unloaded food supplies, set up boat, fixed a burger each for dinner and joyfully went to bed 8:30.

Sunday: Up at 4:45 to have a quick breakfast, drive back into Wyoming to launch at Buckboard marina. Another bureaucracy bottleneck of reinspection and rewriting the inspection carried out yesterday at the border. The boat still had the intact wire seal on the trailer interconnection. Fished the confluence area but started too far south... had to work our way through lake trout before getting our first KOKES. All in all a slow day topped off by exiting the water around noon before a big blow arrived.

Monday: Fished the confluence again in the early AM. Launched at 5:40 from Buckboard marina ran 4.5 miles to the west cliffs and started catching fish immediately. Big fish for our boat today was 3.5#. Had great dinner... went to bed early. Note: The wind came up at 12:00 and blew us off the water. It was a rough ride back to the docks.

Tuesday: Tried to repeat yesterday's pattern - no go... we zigged whenever others zagged... result few fish for us, great day for several of the boats.

Wednesday: Bad omen day... real early launch only to find boat was low on fuel, 3-4 gallons. Buckboard marina does not open for 90 minutes, plus their gas dock is non operating. Spent next 90 minutes trailering back to manila to find an open station. Return to Wyoming to stop at inspection station, relaunch boat to get rods in the water by 8:00 AM. Spent 10 minutes helping Dave and Arnie to get their boat off trailer "after forgetting to remove safety chain." Hit the confluence, got immediate hookup on my "Big Lou" spinner. Five minutes a second hook up on same



lure. We continue for 20 minutes more and I receive a text message on my Apple Watch. My daughter-in-law tested positive for Corona Virus! "That means I was exposed about 7-10 days earlier!" I alert rest of crew as to status and we fish for two more hours and discuss options. By 10:45 we are set on packing up and leaving at 2 AM Thursday. We return to the motel, begin immediately packing to beat a building rain storm. We fix lunch and dinner, and catch an early lights out to be able to make a 2AM departure. The rest of the crew stayed on.

So much for 2020!

### Shooting Group

BY JOHN KIGHTLINGER

Would you like to join a friendly group of residents enjoying recreational shooting sports? The shooting group may be just what you are looking for. Our purpose is to make friends among residents who are interested in enjoying safe recreational shooting sports. If you have not shot in years, or have never shot before, you will find the group welcoming with members available to help. You may join our shooting activities on any of our scheduled dates, regularly or intermittently. Just come out and have fun!

Weather permitting, we meet on Tuesday of each week for Trap and on Thursdays for Skeet at Coon Creek Trap and Skeet, 5393 Waltz Road, Rio Oso, CA 95674, just minutes from Lincoln. You may join us for either trap

or skeet, or both. Occasionally other shotgun sports such as International Trap, Sporting Clays and 5-Stand are enjoyed. We have no fees but each shooter must pay the Coon Creek clay targets fee. For more information about shotgun shooting sports contact John Kightlinger at 916-916-408-3928 or [johnnpat@sbcglobal.net](mailto:johnnpat@sbcglobal.net)

Generally, the rifle and pistol activities occur at the Lincoln Rifle Club located at 150 Lincoln Boulevard. For information about rifle or pistol shooting please contact Jim Trifilo at 434-6341 or [trifilom@gmail.com](mailto:trifilom@gmail.com).

• • •

### LH Cyclists

BY TOM FRADY

If you have been out on your bike lately, especially on the bike paths, you have undoubtedly noticed there are more people riding. It doesn't take a social scientist to figure out why. It's one of the few ways for folks to get out of the house safely right now.

I think keeping the bike boom going is a good idea. You know all the reasons: fun, fitness, friends and more pressure on government agencies to continue to improve the transportation infrastructure to accommodate bike riders.

If you are reading this, you are most likely a member of Lincoln Hills Cyclists. As a member of an official club it is your duty and responsibility to be an ambassador for cycling, and that includes welcoming new bike riders to the sport. Here are some thoughts on how to do that.

Regardless of the type of rider you are or your skill level, acknowledge other riders on the road. It will help build the feel of a community. A wave, nod or a bit of conversation is all it takes.

If you have been riding for a while, you probably have friends coming to you for advice and maybe a little mechanicking (spell check doesn't think that it a word). You may also get the chance to extend that courtesy to someone you don't know while you are on the road. Help with a flat tire or dropped chain are obvious examples. If you see a rider beside the road who appears to know what he is doing, a "got everything you need?" or "you OK?" is appreciated.

(cont' on page 26)

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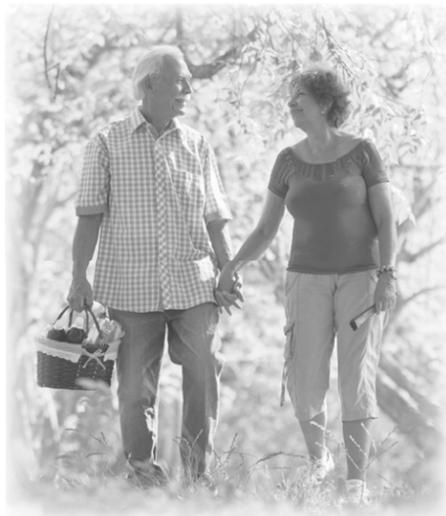
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## LH Cyclists

(cont' from page 25)

I love seeing our local bike paths full of young parents jogging behind strollers chock full o' toddlers, a wobbly 5 year old wearing a helmet with a shark fin on top or a couple of senior ladies powerwalking and power talking. Slow down, gently make your presence known and pass carefully. Comment on the helmet and let the ladies know there are 5 more riders behind you. Be sure to thank everyone for letting you pass safely.

If you are like me (and I pray you're not), you have extra jerseys, saddle bags and pedals in storage somewhere. Keep your ears out for new riders who might be able to use your castoffs. Getting started can be expensive. There are plenty of places to donate that stuff, too.

I have noticed there are a number of new riders in our groups, or maybe they are just moving around as our ride groups reconfigure. Be sure to introduce yourself and at some time during the ride pull up alongside (when safe) and have a short conversation. It may be helpful to be sure they know how long the ride will be, if there is a rest room or food break and maybe a little about the "culture" of the group, like how complete are the stops at stop signs.

If they are new to the area, bike shop suggestions, what type of clothing works best for our weather and the brand of tires you have found to be good can all be appreciated information. Just don't sound like a know-it-all.

If they are new to the club, be sure they know mirrors are required and they know about the calendar and how to use it. If the person is a guest of yours, he/she is your responsibility. Stay with them if they fall behind and let them know if they are riding dangerously in the group.

It takes a while to feel like you know your way around. I still get Barton and that other road confused after 13 years. It may be helpful to note some landmarks to new members or point out that Wise Road makes some odd turns.

After riding with a new member, you may be able to suggest a group more suited to his current abilities, albeit that could be a delicate conversation, unless you are suggesting he move to a group that goes faster and farther.

Being an ambassador for cycling and acting as a role model for new riders might be the most important duty for experienced riders. We are highly visible in the world, and not just because of our hi-vis jerseys and tail lights. The more of us, including novices, who are behaving responsibly and safely on our bikes, the more public safety will be enhanced.

...

(more Club News cont' on page 27)



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### Hiking-Walking Group

BY STEPHANIE HUNTINGDALE

Our Fall Getaway to Sequoia National Park, scheduled for September 21st – 25th was canceled. You're probably thinking Coronavirus is creating this problem. However, Montecito Sequoia Lodge handled the virus and its requirements exceptionally well. 22 hikers were looking forward and ready to go!

Wait a minute.....now we have wildfires. Just as we thought our fires couldn't get any worse than we have seen in the last few years, in comes 2020 and the fires, destruction and air quality is beyond comprehension. Covid kept us in our house, now it is smoke that is quarantining us. Air quality has shut down the state and national parks. Montecito has closed. We are not able to go.

We normally have well planned out getaways. Our group of getaway planners do their very best with handouts and detailed hike itinerary. Darlyne Giorgi has defiantly gone far and beyond with this trip. Enlisting the help of Jim and Denny Fisher they have put together the most detailed and comprehensive hiking handout that I have ever seen. They certainly have raised the bar and we are very appreciative. I know Darlyne is trying to set this trip up for next year. Hopefully, postponing it for a better day. Many, many thanks for your efforts!

The Hike Leader and Membership Meeting scheduled for October 15th will now be held on ZOOM. Check the website for instructions on how to join the meeting.

I have been writing these articles since 2014. I did not have a September article in SSN. I totally forgot, for that I apologize to the club. No one contacted me to inquire why the article was not in the news. Huh?? I realize that we all have bigger issues, like Covid 19, wildfires, and whether we will ever be hiking soon. However, it concerns me that club members may not be reading these articles and also the Compass articles, written by Joanne Felt. We try to stay up to date with what is going on and we always point to the website for the most current information. I hope you are all going to the website on a regular basis.

Till next month, stay safe, stay connected.

Always check the website for the most up to date information. If you think you are not feeling well, please stay home. There will be future hikes.

Hiking-Walking Group Website: <http://www.lincolnhillshikers.org>

Call Dan Cortinovic Hiking Group President, 925-262-7345 with questions about the Hiking Group.

Call Debbie Schryver, Walking Group Coordinator, 666-1741 with questions about the Walking Group

• • •

### Water Volleyball Club

BY ROSEMARY ELSTON

Folks are venturing out to the Orchard Creek and Kilaga Springs facilities for cardio, walking, swimming and outdoor classes --- yeah! Time to get that "on the couch" body back in shape — fit, healthy and happy. The Water Volleyball Club continues to work with the Association and Placer County health officials regarding a safe return to the water at the Kilaga Spring Pool. The possibility of meeting Club members in a safe environment while enjoying a fun game of Water Volleyball may be a reality in the near future — keep your finger crossed. To learn more about the game of Water Volleyball and the Sun City Water Volleyball Club check out our website at [www.lhwatervolleyball.com](http://www.lhwatervolleyball.com). Email at [sclhwatervolleyball@gmail.com](mailto:sclhwatervolleyball@gmail.com)

• • •

### LH Senior Softball League

BY BRUCE BRIGGS

Are you ready for our Summer Season softball playoffs? The games began on September 28th, played over seven days ending with the Championship Game on the morning of Wednesday, October 7th.

We've had a strange season coping with the health and safety requirements due to the COVID-19 pandemic. At least we were given the green light to play beginning in July. We played on Mondays, Wednesdays and Fridays, so that we could play as many games as possible.

The games are always free to watch at our beautiful Del Webb Field in Sun City Lincoln Hills from our picnic hill. Physical and social distancing is required as well as the use of masks is STRONGLY suggested.

Local businesses sponsor teams in our League providing us with help with bats, balls, uniforms and field operating supplies. We are grateful for their support. Teams sponsored by Siino's Pizza Pasta Grill and Atherton Wealth Advisors are currently leading the race for the double elimination seeded playoff tournament.

We'll look forward to seeing you at the ball field at 1050 Del Webb Blvd. in Lincoln Hills.

• • •

### Table Tennis

BY DENNIS ZARO

Many of our players have found that socializing is the aspect of table tennis they miss the most. We are not alone in that most Sun City residents have curtailed social contacts to some degree. We have learned how valuable social contacts are to our well being and mental health. Our club president, Robin Bistline, continues to search for and explore venues and guidelines which would allow some form of resumed play. Thank you, Robin.

• • •

*(more Club News cont' on page 31)*



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# Colin and Sharon Brevik

(cont' from page 1)

about the time Colin started college, so he started at the University. Sharon was from Illinois and ended up in Wisconsin because her father wanted her to go to college in the state where he was raised. Colin obtained a degree in Marketing and Economics, and Sharon's degree was in Education.

The two married in college and started an itinerant journey all over



Sharon and Colin Brevik with their four-year-old Shelly, Silas.

PHOTOS BY JEFF ANDERSEN

trip, Sharon begged him to relocate. They happily moved to Atlanta, a place they fell in love with, making it difficult when they were transferred to San Francisco. After three years in Danville, they were transferred to the Los Angeles and lived in the Palos Verdes suburb. It's a wonderful community near beaches and the coast. Two years later, they moved back to Danville in the Bay Area for the third time.

Now that they have both stopped working and are enjoying the freedom that retirement brings, Sharon has pursued a long-held passion of hers. She is writing romance novels. She was a member of the Romance Writers of America for a long time. Her first book came out in June this

program that assists students in the First Street Elementary School.

Colin has been slowed down a little bit by various surgeries, mainly hip replacement. Two years after his hip surgery, it had to be done again due to a rare allergy to the cobalt ball used in the first surgery. Unfortunately, Colin took a fall and dislocated his hip on the day of the move-in to their current house. Their small group Bible study attendees and close friends pitched in miraculously and helped with the move so Sharon could be with him at the hospital all day.

The Breviks love to travel. One of their favorite memories is a picture of them straddling the border between Norway and Sweden. Colin's family background is Norwegian. In fact, when his grandfather immigrated to the United States, his last name was so common in Minnesota where he moved that he changed his last name to Brevik, which was the town in Norway where he was originally from. Sharon's family background is Swedish, and they took a trip with the Brevik family to visit both countries five years ago.

They celebrated Sharon's retirement with a trip to Switzerland and Northern Italy before returning to France for a river cruise to see the Normandy beaches. This year they arrived home from Maui in early March, right before the state of Hawaii shut down. Having lived all over the country, they didn't start international travel until their children were raised and married.

The number fourteen holds a significant place in their lives. They became engaged on November 14, married a year later on August 14, and two years later David was born on February 14. Valentine's Day is not only their son's birthday, but appropriate since the two sweethearts exhibit such love to each other and their community. We enjoyed our visit, especially in these times of social distancing. We are all looking forward to when we can meet up in groups and enjoy unrestricted travel again. At least, they have Silas to keep them company.



Colin and Sharon Brevik on their wedding day.

protection program!" They have lived in Wisconsin, Cleveland, Chicago, Atlanta, San Francisco (three times), Los Angeles and Boston before settling in Lincoln.

After Sharon obtained her teaching credentials from UW, she taught fourth grade for two-and-a-half years until she became pregnant with their first child. Teaching long term was difficult since they moved so many times and credential requirements were different in each state. She was able to do some substitute teaching.

Their first son, David, was born on Valentine's Day in 1968. David Brevik is a very well-known computer gamer programmer. He is famous for the game Diablo, invented when he was only twenty-five. Danville has a well-known mountain named Diablo. David is married to Divo and has four daughters. Their second child, Nancy, has two children, a boy and a girl, and is married to John Gleeson. She works as an HR specialist for Paychex. Peter is the third child and he and his wife, Kris, have two daughters. They live in Roseville where Peter works for the City of Roseville as a transportation manager and Kris works as an instructor at the Galt Academy for Correctional Officers.

Colin and Sharon have been glad for most of the varied experiences, with one exception. After being snowed in for three days in their Chicago home while Colin was on a business



Sharon Brevik with her new book.

year and is named "Love Changes Dreams." Her second book is scheduled to be published at the end of October and is entitled "Maui's Magical Moments." They can be purchased on Amazon.com.

Colin likes to read extensively in all kinds of genres. He also has home projects he works on. They have been involved in many things since moving to Lincoln, including the LEV Club, golf, pickleball, and fun with friends. They were active volunteers in the Sun City

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### LH Tennis Group

BY HELEN BEROTT

Fall has arrived, bringing with it cooler air and perfect conditions for playing tennis!

Work on the new tennis courts is ongoing, but unfortunately because of Covid restrictions, we will have to cancel Fall Lincoln Intramural Team Tennis (LITT) and our most popular event, Oktoberfest.

We have been recruiting potential new Board members for 2021. In the past we have used our winter membership meeting to review the year's activities and to vote for the new Board. We also have revised LHTG By-Laws and Operating Procedures to be approved by the membership. Since we are unable to have a group meeting, we are looking at a new way to accomplish our goals. The dates are not yet determined, but we will invite the members to come by the Sports Pavilion during designated times and vote for the new Board and vote to approve the revised by-laws and Operating Procedures.

• • •

### LH Pickleball Club

BY MOLLY MORRIS

The new pickleball courts are finished and already full of players! Thank you to Craig and Lynn Fraser for their dedication and perseverance in getting these courts built. Thank you also to all those involved behind the scenes.



On August 25th we had a festive, socially distant opening ceremony led by Craig and Deborah McIlvain. The day was filled with music, balloons, banners and of course the cutting of a red ribbon.

We are using a new court reservation system, Hold My Court. This program has been easy to register for and easier to use. You are able to reserve a court up to three days in advance. You need to be registered to use this system. To register a new account, go to holdmycourt.xyz/reserve2/lhpb. We will also be re-introducing Drop-ins from 7am – 11am every day on courts 1-3 with a monitor. To see all the rules for the new courts and a complete guide to using the reservation system see the Pickleball Club website (lhpbclub.com).

Please remember, the pickleball courts are open for residents only. No guests, visitors or spectators are allowed, including grandchildren.

For more information regarding pickleball or the LH Pickleball Club visit our website at lhpbclub.com or call Molly Morris at 408-386-9054.

• • •

### Ladies Golf—18 Holvers

BY CANDICE KOROPP

Smoky conditions prevailed on and off for more than a month, leading to the cancellation of our August 20th tourney, and nearly vacating the start to the Club Championship. While the majority of our players have chosen to play, there were seven that withdrew to begin the Championship, September 10th, a very rare occurrence.

Congratulations go to the September NetChix winner, Cameron Mitsuko, scoring a net 68, from the fourth flight. The low gross was carded by both Donna Sanderson and Rosie Warren, with 87. In this net tourney, Sanderson took first in flight one, leading Donna Brinkerhoff and Koropp by a stroke, (74). Brinkerhoff had the tiebreaker for second. In flight two, Judy Dong was victorious over both Judy Hurner (second) and Lynn Lopera (third), in a three-way tie at 75. Mikie Briggs won the third flight with 71. A tiebreaker determined that Barbara Grant held second and Julie Storer, third, with net pars.

In the fourth flight, Ida Cicci was first with 73, followed by Ofra Unger, with 75. Third went to Millie Sams with 79. The CTP winner for hole seven was Suzanne Hutchinson and Lissi Bedford captured it on hole 12.

At the end of August, a fun format, counting holes that begin with only T or F, was played by 37 gals on the Orchard Course, First place winners included Ofra Unger from the fourth flight, Judy Hurner, from the third, Nancy McDonald, from the second and Candy Koropp, in the first flight. Tie breakers told the tale in the second flight between McDonald and Thom; and in the fourth flight, between Unger and Carr. Patti Tilton claimed the CTP on seven and Dee Arts on hole 11.

The COVID-19 pandemic has also impacted the future special events planned with luncheons. While the golf portion of the event may continue, the social aspect of meeting afterwards has been put on hold by catering, including our annual Christmas awards banquet.

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(more Club News cont' on page 33)



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Dear Beloved Sun City Friends,  
I wanted to take the opportunity to THANK YOU for the out pouring of love and support with Bud's passing.

From the many gorgeous floral arrangements, plants and over 200 cards of sympathy – to your phone calls, texts, and emails, your overwhelming support has truly meant the world to me, and my family. It makes the hard times easier and the cherished memories that much sweeter. Bud would have LOVED the golf cart parade! I was humbled by how many of you turned out to pass by with your regards, a wave, or just a nod of acknowledgement for our beloved Bud. Clearly, to know him was to adore him and he will be missed by many.

So as the days go by, I find that getting back into my regular real estate routine and keeping busy is truly the best "medicine". Besides, I am blessed with Larry and Lana by my side – so together we are all here for you. Just like you have all been here for me.

In Gratitude, *Lenora*

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### Lincsters 9-Hole Club

BY JOYCE KIRK

The many missed rounds of golf due to heat, smoke, and the virus have not slowed the Lincsters plans to be involved in community support projects. The club's traditional fall Breast Cancer Tournament and Holiday Luncheon in December are canceled but the associated fundraising activities and the joy of holiday gift giving are still on the calendar.

In August, the board voted to increase the club's donation to the Placer Breast Cancer Foundation from \$250 to \$500 and members are encouraged to make additional individual donations in lieu of the cost of their green fees and luncheons. Members are also continuing the traditional purchasing and wrapping gifts to the fulfill wish lists of residents of Lincoln Meadow Care Facility. Last year 61 packages were delivered.

Even with the many limitations faced by golfers this year, Michelle Carson hit a hole-in-one to make her day... her month... her year! Michelle joined the Lincsters just two years ago and recently added a membership to on the 18-hole club roster. She says her family were tennis players and she did not take up golf

seriously until moving to Lincoln Hills. She has worked hard to build a good game. On August 13, playing 18 on the Hills course, she was the first to tee off on the 7th hole – 125 yards to the pin. Her perfect drive hit the green and took a bounce toward the hole disappearing behind the flag stick. She thought that it was hidden by the pin. When she discovered it in the hole — she was thrilled to say the least. It was a lifetime achievement made even more challenging with the Covid-19 limitations – her ball could easily have been spit out of the shallow hole that was filled nearly to the top with the required virus protection foam ring. Congrats to Michelle.

Who knows there may be a hole-in-one in your future. Don't forget to renew your golf membership next month. Check out Lincster.com to complete the form for 2021 beginning November 1.

• • •



Michelle Carson (center) celebrates Hole-in-One with friends.

### Men's Golf Club

BY DOUG HINCHEY

Next up is the two day Club Championship October 5-6, look for Mike's email or sign up on the website. November 10 is the Fall Favorite, Four Man Scramble. Results from these tournaments will be in next month's issue. With Covid we missed our annual putting and horse race events as part of the Memorial tournament, plus the awards dinner with our sponsors in the Ballroom. The open Board positions for 2021 look to be filled, thanks to the guys that have stepped up. The 2021 renewal application is on the website, mgclh and in the proshop. Renewing members can sign up by the end of the year for \$86 which includes your ncca and all tournaments.

• • •

### Mad Hatters Bocce Group

BY PAUL MAC GARVEY

For several years now Paul Mac Garvey has had primary responsibility for the Mad Hatters Bocce Group activities. Paul has decided, for personal reasons, that he no longer wishes to lead the Group. He has not been alone over the years and has had assistance from several other members of the group and our Steering Committee Members, Bob Vincent and Selby Fermer, but wishes to cede his duties to others. We anticipate that the group will continue to function once we get past this Covid-19 period of limitations but other individuals will have to step up and assume some of the

responsibilities. Those responsibilities include getting the Bocce Locker key every Thursday morning for our play sessions, making sure that play sessions get started smoothly and new people have appropriate instruction, writing a monthly article for the Compass magazine and Sun Senior News, acting as intermediary with the Home Owners Association for Groups formalities (meetings), serving as communications director, and planning social activities such as the Christmas party.

The best way forward for our group is to ask for volunteers to assume these tasks on a one by one basis. Getting the key is easy enough and it's possible to divide this over any number of people. "OK, I'll get the key next week." Our group has a reputation as a friendly group so it's important that someone take care of new people. The Sun Senior News and Compass articles could be split between two people. Official association business involves occasional meetings and forms. Our e-mail lists currently reside in Paul's account so we will have to make accommodations there. We hope we are wrong but there may not be a Christmas party this year.

Contact: Paul Mac Garvey, 916-543-2067, pmac1411@aol.com; Bob Vincent, 916-543-0543.

• • •

(more Club News cont' on page 35)

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## LH Billiards Group

BY STEVE FOWLER

Everyone is anxiously looking forward to resuming tournament play. Initial play will be for all residents of Sun City, and LHBG tournaments play will commence as soon as restrictions are removed sufficiently to allow tournament play. The final restrictions and rules for play will be determined once we get closer to opening again. As it currently stands LHBG Monitors will be at each lodge to assist and direct play for residents of Sun City. The New Brunswick Gold Crown V1 Tables have been installed in both lodges, carpet cleaned, and new stainless-steel lights installed.

LHBG will follow the COVID-19 pandemic directives, as defined by the Lincoln Hills Board of Directors, to be used by Lincoln Hill residents while using the facilities at Orchard Creek and Kilaga Springs. Anticipated conditions of play:

1. Signup sheets for pool players will be located at each lodge. They will be located at the entrance to each of the pool rooms or at the front desk of each lodge.
2. Players will only play for 1 hour each day (will be modified as needed).
3. Because of limited pace, players cannot play two days in a row.
4. Wear a mask while in the billiard room (If required by the Board for entry into the lodges).
5. The pool balls will be washed at the end of each day.
6. Wear a pool glove or plastic gloves

provided by CCOC.

7. Maintain Social Distancing.
8. There will be 8 chairs set up in the O.C. pool room and 12 chairs in Kilaga while the 6 ft. limit is being enforced. Chairs will be wiped down at the end of the day.
9. Bring your own water. Sanitizer will be supplied by LHBG.
10. No more than 2 players per table.
11. Arrive no more than 5 minutes before your scheduled playing time.
12. No guests, visitors, or spectators in pool room.
13. Players must use their own pool cues. Two ball cleaners, four monitors provided by LHBG (two for each Billiard's room), two sign up monitors (one for each lodge). Eight (8 minimum) volunteers required per day. Contact Rich Lujan at rlujan1234@aol.com for additional information.

Contact Tony Felice at 916-955-0501 atfelice3@gmail.com for information on the below listed tournaments, membership application and social functions. See our website at <http://lhbilliards.com> for information about our club policies and individual tournament rules.

The Club dues are \$10 a year. Membership year is Jan 1 through December 31 of each year. Dues paid in the month of October, November and December will be counted current for the following year. Membership Forms will be available on the Billiards Room Bulletin Boards at Kilaga and Orchard Creek Lodges. An individual may play in one tournament then they must join our club to be eligible to

play in future tournaments. Once we get back into the tournament mode the below applies.

Billiards Group Schedule - Recommended Playing Levels

All tournaments and training are held at the Kilaga Springs Billiards Room.

Level: Beginners

Beginners Tournament – Monday 10:00 AM to 12:30 PM. Straight 8 ball (singles)/8 Ball 1/15 (singles). Strictly for new players.

Mentoring Training – Tuesday- 9 AM-10:00 AM and 10:15 to 11:15 AM. Learn how to play pool, or refresh skills of former players. Basic, Intermediate and Advance Training available.

Level: Novice - Intermediate Players

Breakers – Saturday- 8 Ball. 10:00 AM to 10:15 AM check-in. Play from 10:15 AM to 12:30 PM.

Ladies – Tuesday- The first Tuesday of the month straight 8 is played. Otherwise 8 Ball (1/15). 12:30 PM- 3:00 PM. 12:30 PM to 12:45 PM check-in. Play starts promptly at 12:45 PM.

Co-Ed -Wednesday-8 Ball. 4:15-6:30 PM. Beginner to Intermediate.

Upstarts – Thursday-11:30 AM -2 PM. 8 Ball (intermediate).

Players - Thursday 8 Ball. 2:15-4:30 PM for intermediate to advance players.

Challengers-Friday 8 Ball (1/15). 9:30-until 12 Noon. Intermediate to advanced players.

Level: Advance Players

Rack-N-Roll Group – Monday 2:30 to 5:30 PM. Straight 8 Ball or 8 Ball with 1 and 15. Generally, if there more than 16 players the game will be straight 8-Ball.

Cue-Masters: Wednesday- 12:45 PM Sign in with a start time of 1 PM. Meets 1st Wednesday for 8 Ball Singles, meets 2nd Wednesday for 9 Ball Singles, Meets 3rd Wednesday for Doubles 8 Ball alternate shots.

Co-Ed, Upstarts, Breakers, Players, Challengers, Rookies and Ladies Tournaments are free. The Cue-Masters and Rack-N-Roll tournaments require an entry fee of \$2 to play that day. All monies collected are paid out as prizes.

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# Neighborhood Watch

## 15 Year Volunteer Honorees

BY DR. BARBARA BRANCH



NW usually honors our 15 year volunteers at a Dessert Party in September. Since we cannot gather this year we are listing our honorees here and hope to recognize them at the Volunteer Dessert Party next September.

their Contact Information reports by August 15th were entered in a drawing for a \$25 SCLH Gift Card. Each Director drew one name from their entries. The following were the winners:

- Gita Tijjesling - V41A Captain MS 3, Director Barbara Branch
- Karen Schurr - V26C Captain

- MS#11, Director Susan Ishimura
- Wendy Wynes - V22B Captain MS 1, Director Pat Hammer
- Sandy Braa - V2, Captain MB 2 & 4, Director Bonnie Smedberg
- Charlene Lindsay - Coordinator. for V 30C, and Captain for MS 3, Director Suzanne Rosevold
- John Kirkwood - V1AB, MS 3 Captain, Director Linda Minor
- Sybil Alexander - V38C, MS 9, Director Teresa Tanin
- Peggy and Gary Krause - V15 Captains MS7, Director Denise Hexom
- Nancie Atwater - V31B, Coordinator and Captain for MS 6 & 7, Director Reneé Plummer

Neighborhood Watch Recruiting for New Directors —

Neighborhood Watch is continuing to recruit for new Directors, Village Coordinators and Mail Station Captains. If you are a Captain or Coordinator, consider stepping up to the next level. Neighborhood Watch garners its strength from the great volunteers who stay connected with residents. During the pandemic, it has been even more vital to keep those relationships going. NW will have room for seven new Directors in 2021. The Directors meet once a month and host various events during the year. Directors also manage the work of the Coordinators and Captains in their assigned villages. This a very congenial and enjoyable group of volunteers who have become life-long friends. Directors are presented to the attendees and voted

on at the November Annual Meeting. You can read more about the jobs of captains, coordinators, and directors in the Polices and Procedure Manual. Please contact Linda Minor, Executive Director at 707-235-0778 or Reneé Plummer, Executive Assistant, at 559 940-5576 if you are interested in becoming a Neighborhood Watch Director. If you interested in becoming a volunteer, you can also go the website at [schwatch.org](http://schwatch.org) and select "Want to Volunteer?"

Captains and Coordinators Needed —  
The following villages need Coordinators: 3B, 10A, 24C, 26C, 29, 30, 30B, 38C, 39, 40A and 40B. Many villages need Mailbox Captains. Check with your Village Coordinator to see if your neighborhood needs a Mailbox Captain.

Vial of Life —  
While we are all home, now is a good time to update your Vial of Life information. Be sure to include all meds, supplements, and vitamins. The information may be vital for first responders if they have to come to you. Lincoln Fire strongly recommends that we all have a Vial of Life. If you do not have one, go to [schwatch.org](http://schwatch.org) under documents, download the Vial of Life FORM, complete the form, and store the form in a sandwich baggie on the top shelf of the refrigerator door.

- Alerts —
- Rolling black outs – PG & E warned about possible rolling blackouts during the wildfire and high heat days in August and September. Residents were reminded to conserve energy during peak hours to avoid blackouts.
  - BBB Scam Alert: Special deal on your utility bill? – scam call about lowering utility bills. Do not fall for any calls about lowering cable or other TV service bills.
  - Dry weather will bring wildlife to our neighborhood. A mountain lion was sighted in the back yard of a house in 200 block of Snapdragon Lane at 7:20 PM Friday, 9/4/20 (backs to open space between Lincoln Hills and the church.)
  - Scams, Scams and More Scams Almost daily there are reports of our residents being SCAMMED, or an attempted SCAM of some type. Watch out for all SCAMS.
  - Sometime during the night or early morning hours of Tuesday, August 25/26, there

was a vehicle stolen from an open garage in the 2000 block of Stepping Stone Ln. Keep cars locked and valuable out of sight.

Due to the shutdown, NW announces several changes to the calendar: [schwatch.org](http://schwatch.org)

- New Resident Orientations are cancelled until further notice.

- The NW Directors are holding all Board Meeting virtually until further notice.

- Welcome Packet Tuesdays are cancelled until further notice. There is a Virtual Welcome Packet PowerPoint and Video on the website. The link is on the top of the Homepage. Please share the link with new residents.

- The November 7th Annual Meeting may be held virtually. Join GoToMeeting at <https://global.gotomeeting.com/join/161537917>

Thank you, residents, for responding to your Mailbox Captain to update contact information.

There are three ways to stay informed and connected to Neighborhood Watch, SCLH Association, and Placer County News.

1. To receive NW Alerts, using your personal computer, go to [schwatch.org](http://schwatch.org) & click ADD ME TO ALERTS
  2. To receive Association eNews, go to [www.sclhresidents.com](http://www.sclhresidents.com) (log in) & click SIGN UP FOR ENEWS
  3. To receive Placer Alerts go to [www.placer-alert.org](http://www.placer-alert.org) & click on SIGN UP
- Assuming we are still sheltering in place or just slowly opening back up in September, Neighborhood Watch would like to remind you of our Mission Statement:
- To strengthen neighborhood ties
  - To increase personal safety and security awareness
  - To be the "eyes and ears" of the Lincoln Police and Fire Departments
  - To encourage emergency preparedness
- Stay safe, stay well, and we will get through this together. Happy Halloween. Remember to Fall Back to standard time on November 1.

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# Observations on Travel Days

BY MARTIN GREEN

COVID-19, lockdowns, masks, schools opening (or not), economy tanking, and now fires up and down the state and smoke and ashes from these fires in our air. All of this, and the Sacramento Kings, again, out of the playoffs and (as of this writing) out of a general manager. What next? In the midst of everything, Beverly and I, trying to find something decent to watch on television, came across a Rick Steves' Europe program on PBS, maybe an old one or possibly new, and were reminded of the days when we too were almost yearly travelers to Europe.

Curious, I Googled Rick Steves and found out he's now 65 years old. Is that possible? To us, Steves is a kid. When we started traveling we relied on Arthur Frommer, who was kind of a predecessor to Steves. I also Googled Frommer and discovered he was a graduate of New York University and Yale Law School, who was drafted into the Army during the Korean War and stationed in Germany. There, he wrote and self-published a book, "The GI's Guide to Traveling in Europe". In 1957 he followed this with, "Europe on Five Dollars a Day." This was of interest to me because I was also drafted into the Army during the Korean War and sent to Germany. I liked to travel and did some while in Europe, but somehow it never occurred to me to write a guidebook. Instead, I returned to the States and became a civil servant drudge.

However, as noted above, Beverly and I did get to traveling and on our first trip to Europe, on a limited budget, what was our guide that we faithfully followed? Frommer's "Europe on Five Dollars a Day," of course. That first trip was a week's stay in London and a week's stay in Paris sponsored by TWA, which I believe was Trans World Airlines, an airline no longer with us. In both cities we went to the restaurants recommended by Frommer and they were all good and incredibly inexpensive, especially those in Paris. I don't know if we kept our expenses down to \$5 a day, but we weren't completely broke when we returned. Another thing I remember about that trip, and others that came later, is that we relied on maps to find our way around. So, when we started out on our day's touring we always took our city map and our Frommer. I'm happy to report that Frommer, unlike TWA, is still alive and I hope well at age 91.

Inspired by all of this, I looked at a few of the albums which Beverly had diligently made of our travel photos. Back in those days, before we took pictures with our iPads or iPhones, we used actual cameras and I recall several times when we ran out of film and had to find a camera store. Fortunately, even when the camera store proprietor didn't understand English he did know the word "Kodak." My first reaction to looking at these albums was to wonder who were those two young people

who appeared in so many of our photos. Then I realized they were Beverly and myself. Well, those trips were a long time ago. I also noticed that many pictures were of us sitting at outdoor cafes with drinks in our hands. That was one thing about traveling in Europe; whenever you got tired, you could always find an outdoor café. And that café was always filled with native people, the men usually in suits, leading me to wonder if anyone worked there. Evidently not the way we did in the US.

That first trip to Europe was made while I was still working (and we had three young boys, hence the tight budget.) The next trip to Europe wasn't until after I'd retired and things had changed. If we had a Frommer it was probably "Europe on \$50 a Day." The trip started with a bus tour of Switzerland, with excursions through Luxemburg and Lichtenstein (so we can say we've been to these two countries), after which we went by train to Paris and stayed there for about a week. At that time, youngsters that we were, we could handle getting our luggage aboard the train and then into a taxi to get to our Paris hotel.

I have to report that the Paris hotel initially gave us the smallest room we'd ever seen and that Beverly went down to talk to the desk person or concierge while I stayed with our bags. The desk person didn't (or wouldn't) speak English so I wondered if we'd be toting those bags all over Paris looking for a suitable hotel room. However, when Beverly returned we were given an attic room about ten times as large and with a view, if we stood on a chair, of the rooftops of Paris. When we

began to explore Paris we discovered that those restaurants where you could get a delicious meal for about two dollars were gone and that the most reasonably priced ones were non-French. But, you could still get crepes at street stands; the bread was still good, you could still stroll the avenues and when tired sit at outdoor cafes and watch the passing scene, the real delights of visiting Paris.

I see that, having been reminded about those distant traveling days (blame Rick Steves), I've managed to fill up a whole column space... Frommer and myself, are over 90 years old, and I was going to offer some observations on life at 90 but, as I've spaced out, I'd like to invite those over 90-year-olds (I hope some read this column) to offer their views---on living with the pandemic, on what they've learned in their long lives, on anything else. Please e-mail me at mgreensuncity@yahoo.com. Thanks.



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Mon-Thurs: 8am-11pm, Fri-Sat: 8am-5pm,  
Sun: 2pm-8pm EST

\*The leading consumer reporting agency conducted a 16 month outdoor test of gutter guards in 2010 and recognized LeafFilter as the "#1 rated professionally installed gutter guard system in America." CSLB# 1035795 DOPL #10783658-5501 License# 7656 License# 50145 License# 41354 License# 99338 License# 128344 License# 218294 License# 603 233 977 License# 2102212986 License# 2106212946 License# 2705132153A License# LEAFFNW822JZ License# WV056912 License# WC-29998-H17 Nassau HIC License# H01067000 Registration# 176447 Registration# HIC.0649905 Registration# C127229 Registration# C127230 Registration# 366920918 Registration# PC6475 Registration# IR731804 Registration# 13VH09953900 Registration# PA069383 Suffolk HIC License# 52229-H

Save Now On Home Security

Monitored by ADT® the #1 home security company in the U.S.

**ADT® 24/7 Monitored Home Security**

- 24/7 monitoring provides peace of mind
- Yard sign and window decals help deter crime
- Quickly connect to emergency response
- May qualify for a homeowners insurance discount

GREAT LOW PRICE

MONITORING

\$27<sup>99</sup>

PER MONTH

**FREE HOME SECURITY SYSTEM**

**FREE SECURITY SYSTEM**  
New customers only. Early termination fee applies. Installation starts at \$99 with 36 monitoring agreement. See all offer details below.

**FREE VISA® REWARD CARD** From Protect Your Home  
—\$100 Value

**FREE WIRELESS REMOTE CONTROL**  
—\$139 Value

**FREE 7 WIRELESS DOOR/WINDOW SENSORS** —\$695 VALUE!

**FREE INDOOR HD CAMERA**  
When you upgrade to ADT Video Lite —\$299 VALUE!

See all offer details below.

**LIMITED TIME OFFER—CALL TODAY!**

1-916-953-5516

Ask about same-day installation! Reply By October 30, 2020

**\$100 VISA® Reward Debit Card:** \$100 Visa® reward debit card requires service activation. You will receive a claim voucher via email within 24 hours and the voucher must be returned within 60 days. Your \$100 Visa® reward debit card will arrive in approximately 6-8 weeks. Card is issued by MetaBank®, N.A., Member FDIC, pursuant to a license from Visa U.S.A. Inc. No cash access or recurring payments. Can be used everywhere Visa debit cards are accepted. Card valid for up to 6 months; unused funds will forfeit after the valid thru date. Card terms and conditions apply. **BASIC SYSTEM:** \$99 Installation. 36-Month Monitoring Agreement required at \$27.99 per month (\$1,007.64). 24-Month Monitoring Agreement required at \$27.99 per month (\$671.76) for California. Offer applies to homeowners only. Basic system requires landline phone. Offer valid for new ADT Authorized Premier Provider customers only and not on purchases from ADT LLC. Cannot be combined with any other offer. The \$27.99 offer does not include Quality Service Plan (QSP), ADT's Extended Limited Warranty, **ADT Command:** ADT Pulse Interactive Solutions Services ("ADT Pulse"), which help you manage your home environment and family lifestyle, require the purchase and/or activation of an ADT alarm system with monitored burglary service and a compatible computer, cell phone or PDA with Internet and email access. These ADT Pulse services do not cover the operation or maintenance of any household equipment/systems that are connected to the ADT Pulse equipment. All ADT Pulse services are not available with the various levels of ADT Pulse. All ADT Pulse services may not be available in all geographic areas. You may be required to pay additional charges to purchase equipment required to utilize the ADT Pulse features you desire. **ADT VIDEO LITE:** ADT Video Lite installation is an additional \$299. 36-month monitoring contract required from ADT Video Lite: \$59.99 per month, (\$2,159.64), including Quality Service Plan (QSP). Indoor camera may not be available in all areas. **GENERAL:** For all offers, the form of payment must be by credit card or electronic charge to your checking or savings account, satisfactory credit history is required and termination fee applies. Certain packages require approved landline phone. Local permit fees may be required. Certain restrictions may apply. Additional monitoring fees required for some services. For example, Burglar, Fire, Carbon Monoxide and Emergency Alert monitoring requires purchase and/or activation of an ADT security system with monitored Burglar, Fire, Carbon Monoxide and Emergency Alert devices and are an additional charge. Additional equipment may be purchased for an additional charge. Additional charges may apply in areas that require guard response service for municipal alarm verification. Prices subject to change. Prices may vary by market. Some insurance companies offer discounts on Homeowner's Insurance. Please consult your insurance company. Photos are for illustrative purposes only and may not reflect the exact product/service actually provided. **Licenses:** AL-21-001104, AR-CMPY.0001725, AZ-ROC217517, CA-ACC6320, CT-ELC.0193944-L5, DC-EMS902653, DC-60251600016, DE-07-212, FL-EC13003427, GA-LVA205395, IA-AS-0206, ID-ELE-SI-39131, IL-127001042, IN-C.P.D. Reg. No. — 19-08088, City of Indianapolis: LAC-000156, KY-City of Louisville: 483, LA-F1914, LA-F1915, LA-F1082, MA-14451, NJ Burglar Alarm Lic. # -NU-348F00021800, NM-353366, NV-0068518, City of Las Vegas: 300008296, NY-Licensed by the N.Y.S. Department of State UID#1200317691, NY# 12002286451, OH-53891446, City of Cincinnati: AC86, OK-AC1048, OR-170997, Pennsylvania Home Improvement Contractor Registration Number: PA022999, RI-3582, RI-7508, SC-BAC5630, SD-1025-7001-ET, TN-1520, TX-B13734, ACR-3492, UT-6422596-6501, VA-115120, VT-ES-238217C, WA-602588694/ECPROTEYH934RS, WI-City of Milwaukee: PAS-0002966, WV-WV042433, WY-LV-G-21499. 3750 Priority Way South Dr. Indianapolis, IN 46240 ©2020 DEFENDERS, Inc. dba Protect Your Home

# SUN SENIOR NEWS CLASSIFIEDS

## SERVICES

YAY! My Doggie B&B has reopened !! Plan a getaway and leave the loving care up to me. My day fee is \$20 - overnight is \$30. Call Marcia, 916-408-8608.

GARY'S SPRINKLER REPAIR: Lic# 869624. Valves replaced, drip systems checked, timers, broken pipes. 916-223-3706.

NEED A RIDE to doctor's appointment, airport or shopping? Call your SCLH neighbor Dianne! 916-759-8410. SAC Int'l. \$50. Lic#106453.

SENIOR CAREGIVER (Senior Helping Seniors). Experienced, Reliable, Compassionate. Registered Home Care Aide working through Care.com and by private contract. Call Dan at 831-383-8594. Resume and references available, and encouraged.

PET WASTE REMOVAL: We Scoop Dog Poop! Weekly service starting at \$10.95. Call 877-POOP-911 or www.poop911.com

AFFORDABLE HOME CARE HELP: customized to fit you or your loved ones with specific needs: In home care, exercise/wellness, companionship, errands, much more. Call me, I care! 916-834-3001.

DRIVER AT YOUR SERVICE SCLH Resident Airport Train Doctor Appointments Shopping Errands. Call Cindy 916-747-1882.

HAIR CARE SERVICES. Enjoy this specialty service provided in the comfort of your home. Licensed cosmetologist. Kimberly 916-837-1637.

GUTTER CLEANING, Window Cleaning, Solar Panel Cleaning, & Christmas Lights. Student Services Call/Text 916-380-8333.

JUNK REMOVAL garage, yard, storage units, furniture, appliances, e-waste, & more. PELICAN HAULING 916-712-7224 Andy. Business Lic #00833776.

WHEELER CLOCK WORKS. Certified Journeyman Machinist. Repair, Restoration of clocks: Grand father, Antique, Cuckoo. Jim Wheeler 916-303-3459.

LAMINATE/LUXURY VINYL PLANK/LUXURY VINYL TILE - \$2 - \$3 Labor only - Repair & Material quotes also avail. Over 20 yrs. exp. - Randy 916-847-4357. Lic#852123.

A BRIGHTER VIEW PROFESSIONAL WINDOW AND SCREEN CLEANING. Call David at 916-247-6389. 10% Senior Discounts!

KREUZER'S INSTALLATION & REPAIR Lic#330100 All your Handyman needs 916-712-2339

MATT'S MAINTENANCE 916-747-7444. Handyman Services/Home Maintenance tasks in SCLH. Second generation SCLH resident! CSLB# 1039543.

REPIPE SPECIALISTS - APG PLUMBING "Stop Leaks" Call today to replace old or defective plumbing systems. Free Estimates. Ask us about "Tankless". 916-308-3401 alex. apgplumbing@gmail.com (Lic.# 1006695).

\$\$\$SAVE MONEY WHEN SELLING HOME. LH Resident/RE Broker will list your home for only 1.5%! Full service, less cost! DRE#01195871. SELL n SAVE w/ Cindy. Action Realty: 916-595-2635. www.sellnsavewithcindy.com

## FOR RENT

PALM DESERT SEASONAL RENTAL 2BR/2BA Private Pool Avondale CC Gated. \$4000 monthly. Darlyne 916-768-0284 SCLH

## FOR SALE

2014 ACCESSIBLE TOWN AND COUNTRY MINIVAN, 103,000 miles, Black pearl exterior, Black and Tan interior, good condition. Equipped with Swivel seat. Optional 2 wheel trailer to carry power chair/scooter. Pictures available upon request. \$10,000. 916-385-9087.

FULL SIZE PLATFORM BED WITH DRAWERS, includes mattress. Like new \$200 OBO. 916-581-6333.

FULL SIZE FUTON SOFA, frame, foam mattress topper \$50 contact: futonsofatorsale@gmail.com

PUZZLES. Various sizes. Americana, Classic Cars and Cat puzzles. Excellent condition, \$2.50 Ea. 916-408-8923.

MOBILITY SCOOTER, Go-Go Ultra X. Easily disassembles into 4 sections for transportation. \$500. 916-409-2159.

MENS AND LADIES PEUGEOT BIKES Pipeline 5 speed. Good condition \$75 each. 916-408-2276.

FREE: Jetted spa for the taking. Vita-Image 80x70". Works fine. Needs cover. 916-434-6271.

## WANTED

WANTED: Buying Records Jazz, Blues, Rock, and R & B. Buying small and large collections, LP's, 45's, and 78's. Also looking for reel-to-reel tapes, (all types.) Call 530-273-8490.

CASH PAID! MILITARY & VINTAGE ITEMS Medals, patches, documents, photos, weapons, helmets, model trains, old toys, other antiques & collectibles. George: 916-768-4694.

WANTED: ANY YEAR CAR TRUCK, SUV. Before you sell or trade in your vehicle, please get my free appraisal. I always pay more for clean vehicles. Montie Boatwright 916-434-5089.

WANTED! cars-truck-SUV's all years all makes. I pay top dollar! Always more than CarMax 17 yr Lincoln Hills resident: Les Van Pelt 916-837-7659 or lesvp@yahoo.com

WANTED: BUYING OLD COINS, pay cash, free appraisals, discreet, I pay more! Private collector, SC resident. Call Jerry 916-772-4268.

WANTED: ANY YEAR FISHING BOAT, TRAVEL TRAILER, MOTORHOME. Montie Boatwright, LH resident. 916-434-5089.

WANTED: Donated golf clubs, balls for high schools, Special Olympics, 1st Tee. Call Jack 916-747-7588.

NON-PROFIT Organization in Lincoln needs Board Members. Ride To Walk looking for new, energetic board members. Enjoy helping individuals with disabilities. Applicants need good understanding non-profit, experience in leadership. ridetowalk@sbcglobal.net or 720 Sunrise Ave. #D-110 Roseville 95661

## ANNOUNCEMENTS

SONS IN RETIREMENT BRANCH 13 (Lincoln/Roseville) is cancelling its activities (except bocce) until further notice. Sons In Retirement is a fun social group dedicated to promoting the camaraderie of retired men. If you are interested in joining SIR or attending one of our luncheons at Catta Verdera Country Club as a guest in the future, please contact Chet Winton at 916-408-8708.

## Classified Ads should be Emailed by the 12th of each month to: CA@egnews.com

### \*\*FREE ADS — INCLUDE

- ◆ First 15 words are FREE (for SCLH residents only), additional words \$1 each
- ◆ ONE AD PER HOUSEHOLD, PER MONTH
- ◆ *Any Real Estate or Business Ads* are not free. Please see "Business Ads"
- ◆ Lost and found items/pets.

### BUSINESS ADS

- ◆ Anything of a commercial nature, including pet sitting, real estate, rentals, timeshare/condos, etc.
- ◆ 15 words for \$35. Additional words \$1 each.
- ◆ \$65 for three months, same ad! (15 words only) additional words \$1 each

Classified Ad Submissions —

WHEN: By the 12th of the month, please email the information below to: CA@EGnews.com

Subject Line should be SCLH Classified and your Phone Number (Example: SCLH Classified 916-123-4567)

1. Contact name and phone number.
2. Which category to place your classified ad in: (Service, For Sale, Wanted, Announcement)
3. Classified ad text - including the phone number you want readers to call.

SCLH residents get FREE non-business Classified Ads; limited to 15 words; one per household per month.

Non-business Ad items include selling personal used items such as furniture, tools, books, rugs, electronics, personal car, golf cart, etc.

Business Ads include anything of a commercial nature or service, including pet sitting, real estate, rentals, timeshare/condos, any service etc.

Business Ads are 15 words for \$35 for one-month. Additional words \$1 each. (\$90 for three months for the same ad.)

If your classified ad is determined to be "business" related, we will email you an invoice that will allow you to pay immediately with a credit card, or mail a check.

\*HINT on Word Counts: A "word" is anything separated by spaces, or as reported by word-process software like Microsoft Word.

If you have any questions, please email us at: CA@EGnews.com



**Selling Homes In Tough Times  
Requires Experience, Strategy and  
Market Expertise**



**George Brown**

**380 Lilypond Lane**



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**We can sell yours too. We are covid compliant!**