

# SUN SENIOR NEWS

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## Steve and Nancy Marks — Love Forever and Ever

BY RUTH MORSE

Steve and Nancy Marks moved to their home in Lincoln Hills in 2017. Three years ago, Steve undertook the project of writing a book about Nancy and their relationship. The book's title is *I Love You Forever and Ever--Steve* and is available on Amazon. In fact, Steve used the stimulus funds this year to pay for the publication of the tome. The couple have known each other since they were children and neighbors, and both came from Catholic families. Although they professed their love for each other before they were even teenagers, it took some convincing for their families to believe the relationship was long lasting. Apparently, Steve and Nancy were right because they celebrated their fiftieth wedding anniversary in 2019 and are still

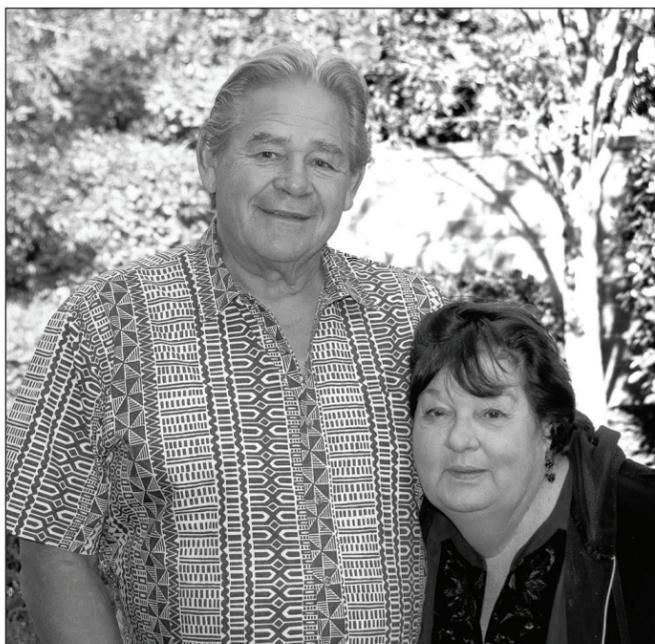


PHOTO BY JEFF ANDERSEN

madly in love with each other. Steve and Nancy both grew up in San Jose at the time before it became known as Silicon Valley and was more like a sleepy bedroom community not too far from San Francisco. At the end of 1962, eleven-year-old Nancy Venn, and her family of two parents and five children, moved from Santa Clara to the house next door to twelve-year-old Steve's family of two parents and five children. It was love at first sight for the both of them. Nancy was second oldest, and Steve was fourth in the birth order. Steve's father was a teacher and Nancy's father a machinist. At one point, Steve carved initials into a tree in Nancy's front yard. The initials stayed there for many

(cont' on page 37)

## Olive Oil, Vinegar and Candy – An Unusual Trio

BY DENISE BOWDEN

December arrives with thoughts of Christmas, Hanukkah, the start of Kwanzaa, the winter solstice and National Cupcake Day. Once again our holidays will be different this year. Family thoughts may be filled with over the river and through the woods to Grandmothers house we go, but the reality is that many of us here will not be gathering as usual and if we do it will be with the safety of our friends and neighbors top of mind.

The Lincoln Hills Foundation sends holiday greetings and thanks to all our supporters. We would not be able to provide grants to many important groups without the generous donations we receive. We are very proud that we were able to increase the support in key areas such as food and basic necessities via the Salt Mine this year. One never knows who may be faced with food insecurity, especially during this season, but we know that the Salt Mine is there to help fill the need.

Another way to support the Foundation is through your olive oil purchase. We are pleased to offer single bottles as well as the popular gift packs of oil and vinegar. This year we will have an array of new choices in both oils, (basil

and herb) and vinegars, (pomegranate and fig.) Visit our website [lincolnhillsfoundation.org](http://lincolnhillsfoundation.org) to see selections and place orders, email [oliveoil@lincolnhillsfoundation@gmail.com](mailto:oliveoil@lincolnhillsfoundation@gmail.com) or call 916-409-2016 to order. We will also be taking orders at the Kiwanis Club of Lincoln, See's Candies locations, (former Pipeline Coffee Shop and former Lincoln gun Exchange), take advantage of meeting good heart health and feeding that sweet tooth at the same time.

## LH Chorus

BY DOUG BROWN

Anticipating 2021: Apprehension and Optimism—As this infamous year winds down, frustrated members of the Lincoln Hills Chorus look ahead with a modicum of apprehension and a generous dose of optimism. Our Spring concerts are scheduled to be performed May 9, 10, and 11, but will the Lodges be open in January for “safe and healthy” rehearsals by a 100-voice chorus? It's looking doubtful (that's where our apprehension kicks in). But if the Lodges are open, let's say, sometime in March, well, that's when we'll be cautiously optimistic...that we can have our songs “performance ready” by early May. We'll see!

In anticipation of an eventual green light

for the May concerts, Director Paul Melkonian and his Music Advisory Committee have been hard at work choosing a selection of “happy” songs that we guarantee will put audiences in high spirits! Stay tuned for what we hope will be good news when 2021 dawns.

Meanwhile, The Chorus Steering Committee has been taking advantage of our year-long break to work on our club governing documents. Thanks to the leadership of Gail Linck, leading the document revision team, we now have approved up-to-date governing documents and our freshly revised bylaws are being sent to CCOC and the BOD for approval.

It's now December and as your thoughts are turning to the upcoming holidays, all of us in the Chorus will greatly miss your smiling faces and wild applause at what would have been a festive concert. But our concert-less holidays won't stop us from being thankful for the health and happiness of so many, as we wish all of you a safe and joyous Christmas full of hope for a much better year in 2021!

• • •

## LH Players

BY DOUG BROWN

Wrapping up 2020: Actors — along with singers, dancers, and other performers who love to entertain for the pleasure of others — might be easily disheartened by closed theaters and empty stages. But if we've learned anything

(cont' on page 5)

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The Sun Senior News - Lincoln Hills welcomes announcements from social clubs, schools, charitable organizations, non-profit organizations, local government and community events. Also, editorial contributions as well as articles, cartoons and photographs are welcomed and considered for publication. Deadline for submissions is the 15th of each month. Please submit via email to: egnews@egnews.com

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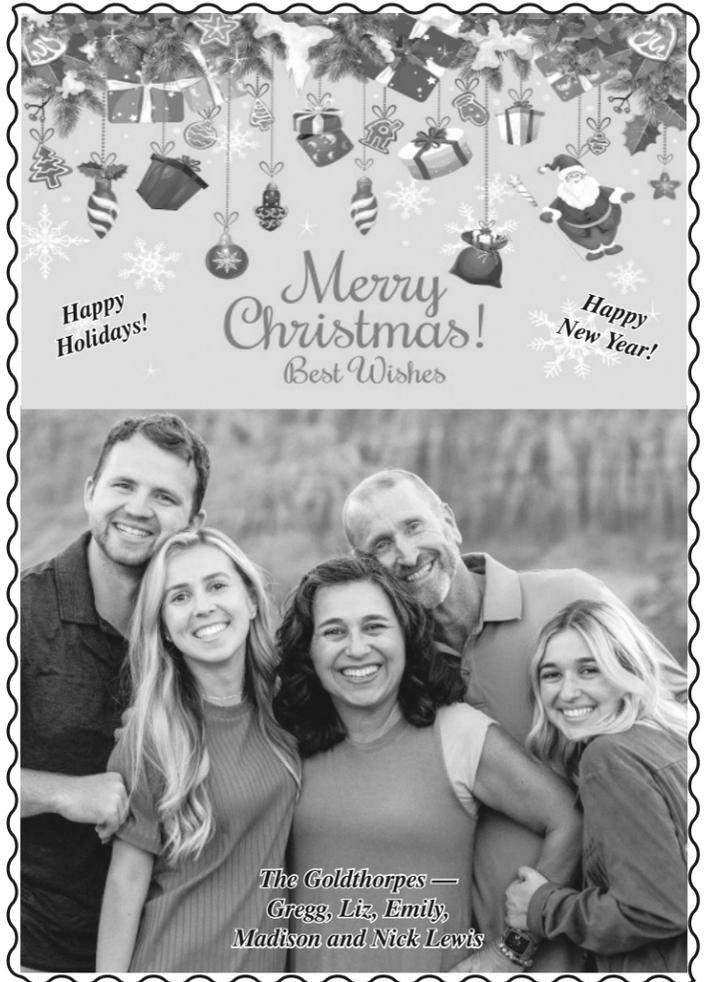
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# From the Editors



The Goldthorpes —  
 Gregg, Liz, Emily,  
 Madison and Nick Lewis



## Letters to the Editors...

Authors are solely responsible for the content of their letters.

### Slow Down...

This is the story of Baxter and how he lost his life. He was an adorable 18 month old King Charles Cavalier, that loved everyone! He lost his life on July the 4th to a speeding car.

Since then, I decided to petition the HOA for help with connecting to the local police

department to get more stop signs and more patrolling in our neighborhood.

The story has just started, people I have never met are calling me and wanting to help in anyway. Some from other Villages are picking up petition sing up sheets for their

(cont' on page 35)



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**2017 BEST OF THE BEST**  
 BY THE READERS OF THE Auburn Journal

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## 21 Bikes and Helmets for Local Disadvantaged Children and Youth

A Christmas donation collaboration between Kiwanis Club of Lincoln Foothills (KCOLF), Placer Food Bank, Linkin Foundation, and Lighthouse Counseling and Family Resource Center resulted in 21 Bikes and Helmets for local disadvantaged children and youth.



*Mona and Nate Bass - Linkin Foundation, Gary McDonald - Lighthouse, Robert Day and Joy Norman - KCOLF.*

Placer Food Bank offered the bikes that were given to them by the community, to KCOLF member, Joy Norman. Linkin Foundation agreed to store the bikes while their member, Nate Bass, checked the bikes for safety. Kiwanis Club of Lincoln Foothills will supply any necessary parts and 21 helmets. Lighthouse Counseling & Family Resource Center will distribute the brand new bikes and helmets to those most in need for Christmas.

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## LH Players

(cont' from page 1)

in our multiple decades of twists and turns, challenges, and rocks in the road, it's resiliency. And in semi-occasional tête-à-têtes with our thespian partners in 2020, we find plenty of instances of just that.

As "people persons," we've grown accustomed to... committee meetings, musical performances, and lectures on Zoom... masked conversations in parks at safe distances, some of which are spirited exchanges in "book of the month" groups... dancing and exercising in parking lots... walking a Lincoln Hills trail with friends... playing a round or two of Bocce, pickleball, tennis, or softball... sharing a dinner at Meridians at six-foot distances with companions... participating in outdoor neighborhood parties, occasionally with live musical entertainment... rehearsing and video-recording entertaining playlets for others' enjoyment... and cherishing moments of sharing with friends or family every colorful bird and unusual flower and glorious sunset and star-studded night — more than ever!

As we anticipate 2021 and readjusting to life as we once knew it, we're excited, eager, ready! By June, we hope to be performing four productions of Agatha Christie's "Murder on the Orient Express" on the Presentation Hall stage. And surely by November, you'll be clamoring for tickets to four "Damn Yankees" shows on the OC Ballroom stage! Stay tuned for details.

Meanwhile, one of these days we'll resume

our Players meetings in Presentation Hall on the second Monday of every month at 4:00. Please join us!

• • •

## LH Music Group

BY DAN LEHRER

The Group had fun "Zooming" our performances in November. Applause and smiles were abundant. Musicians are becoming more comfortable with performing online and several folks have invested in audio interfacing devices. These devices improve the sound quality of our voices and instruments over the Internet. November's Opening Group song was "In the Still of the Night." The Closing number was "Tie a Yellow Ribbon 'Round the Ole Oak Tree." When the OC reopens, we will meet every fourth Wednesday of the month from 6:30 to 8:30 PM, Fine Arts Room (OC). You can find the Lead Sheets for the group songs and more information on our website, [lincolnhillsmusicgroup.org](http://lincolnhillsmusicgroup.org); the password is musicgroup. You can also contact Dan Lehrer at [dlehrer72@gmail.com](mailto:dlehrer72@gmail.com). Ukele Ohana meets Wednesdays, 1:00 to 3:00 PM, (OC). Open to Lincoln Hills residents. Contact Ron Peck at 925-788-5869 for information.

• • •

## Ballroom Dance Club

BY ERNIE MICHELI

For the past nine months the Ballroom Dance Club has been highlighting couples that participate, truly enjoy dance and make our organization a viable and fun group. The Ballroom Dance Club appreciates each of you who have allowed us to share your dance experiences. Currently we are unable to resume the weekly lessons and activities. We look forward to 2021 and the belief that we will be able to continue our activities in a healthy and safe manner.

Gary and Karen Allington are among our many dedicated participants. Gary is a retired optician, and Karen is a retired veterinarian. They moved to Sun City Lincoln Hills in 2011 from Soap Lake, Washington which is located in eastern Washington. They have two sons, Todd and Cary and six grandchildren.

In their youth Karen took ballroom dance lessons while in the fifth grade. During his high school years, Gary attended many high school dances. Then, as what happens to so many, continued education, unfolding careers and young families interrupt a priority for dance. So too with the Allingtons until they took some group lessons together in 1998.

Gary and Karen have been participants with our Sun City Ballroom Dance Club since 2011. They enjoy all the dances, but their favorites are the Waltz and Rhumba. They like the Waltz because it was the first dance they learned together. The Rhumba is another favorite because they especially enjoy the music



Gary and Karen Allington

associated with the dance.

The Allingtons enjoy dancing because they like the music, fellowship and the exercise both physically and mentally. Besides the weekly lessons they delight in dancing at parties.

Their advice to non dancers who want to try dancing is patience. Be patient with yourself and your partner, enjoy the music and take time to practice.

Gary and Karen have found that everyone in the Ballroom Dance Club is friendly and supportive. They add the membership is a great, uplifting group of people to be around. They especially have found Sal and Ruth Algeri to be great teachers.

The steering committee wish you and your family a Merry Christmas and Happy New Year. If you have questions or interest in the Sun City Ballroom Dance Club, please contact Ruth Algeri at 916-408-4752.

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(more Club News cont' on page 7)

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### Country Couples

BY KATHY LOPEZ

Country Couples is very fortunate to have great instructors (Jim and Jeanie Keener) for the dance classes on Monday evenings. Jim and Jeanie have a relaxed and fun style of teaching. They want all their students to learn the dances but have a good time while acquiring the dance steps. Not only are students taking lessons, it is an enjoyable experience and great way to meet a friendly group of folks. Another perk is the “help” in the classes and the Saturday practices. The “help” is provided by some wonderful, devoted student/dancers who have volunteered their time to assist students learn the various Country Couples dances. Over the



*Jim and Jeanie Keener.*

years there have been quite a number of folks who have stepped up to help. A big THANK YOU to the following for their contribution to the success of Country Couples: Ernie and Lynda Wilson, Scott and Ginny Nevins, Tom and Ern Hargis, Dennis and Georgi Dawson, Ivan and Irene Hesson, Larry and Marsha Brigleb, Gary and Laura Wermuth, Jim and Debbie Christie, and Rene and Kathy Lopez. When our facilities/activities open again, if you're interested in Country Couples lessons, check out the Compass. Beginner lessons are at 7pm on Monday evenings at Kilaga Springs Lodge. Country Couples Club is separate from the lessons. Membership allows you to take part in our dances and fun activities throughout the year. Please see the contact info below if

you are interested or have any questions. Take care – stay well and safe!

Contact: Kathy Lopez 916-434-5617  
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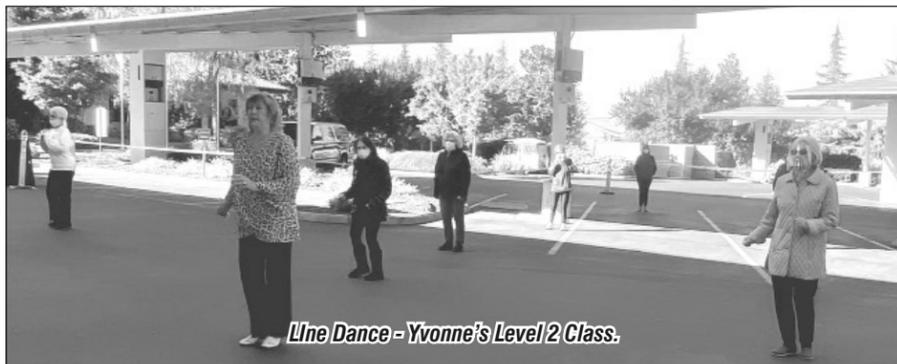
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### Line Dance Group

BY JUNE WILLIS

As corridors of colorful leaves line Sun City Drive and the weather a bit cooler, we welcome the change of seasons. Even with the change in weather, line dance classes continue to be held under the solar covers in the parking lot at Kilaga Springs. The Line Dance faithful don coats, hats, scarfs and gloves (as well as masks) and give it their all. We are a group that loves to dance and not too much will stop us. As usual, there will be no classes during the month of December. We are keeping our fingers crossed and hope to be dancing inside in January. But, more information will be forthcoming in the Compass in December. Unfortunately, our December potluck (always a well-attended function) had to be cancelled due to COVID-19. The Line Dance Group looks forward to enjoying our dance parties in the New Year, usually one in spring and the other in late summer (as well as Holiday party). All three of our socials had to be cancelled this year, but hopefully, we can start to host these fun times again. That means that we need to have volunteers to help facilitate our future functions. No experience is necessary, and we the steering committee, would like to welcome anyone who would like to help plan the dance socials. Please consider volunteering so we can make the coming year the best ever. We would love to hear from you – contact June Willis at [willtom@sbcglobal.net](mailto:willtom@sbcglobal.net). Thank you in advance and Happy Holidays!

• • •



*Line Dance - Yvonne's Level 2 Class.*

### Tap Company

BY ALYSON MEADOR

Hello Tap Dancers, I hope you are all well. I can't believe we last saw each other the week of St. Patrick's Day, and now we are heading into the Holiday Season. Crazy times. I have been continuing to work at LDP Monday through Friday 3:00-9:00 daily. We have had to roll with the punches as far as how we are able to operate. Sometimes only virtual classes. Sometimes a combo of virtual and in-person. We call this the hybrid model where we will have maybe eight dancers in the room and, at the same time, eight dancers at home on Zoom (very hard to entertain both). We have had to work outside on temporary floors we had to build and everything in between! Definitely a time of learning and growing for me as a teacher! My kids and grandkids are all doing well and just trying to be grateful for what we have. I have missed all of you very much and I am hoping when January comes around we will be able to once again be in class together! I am a little scared we will all have to start back at the beginning by the time we are allowed to dance again! Please tell me you still know what a shuffle is!

PS... Alyson has graciously given us many interesting articles on tap. In the coming months, we will share them here in the Sun Senior News. Don't miss them.

Happy Holidays!

• • •

### Creative Arts Club

BY BONNIE GREGORY

Seems like nothing has changed in months. Speaking to many people to see what they are doing creatively most said nothing but they were starting to decorate for Christmas as the season always brought joy.

That started conversations about Christmas trees. I have what I call a traditional tree that has old ornaments some sent to my mother for my first birthday in 1945. They came from areas in Europe where relatives were stationed during WWII and other ornaments collected over the years.

Then I told them about a patient that became wheelchair bound and was unable to take down her tree after Christmas. She loved having a tree every Christmas so she decided to leave the tree up all year. She first just covered it with a sheet. Then she decided to have a cover made for each month. February was hearts, March - wind blowing, April - umbrellas and rain drops, May - flowers, June - graduation caps and gowns, July - fireworks and flags, August - beach scenes, September - school supplies, October - leaves and Halloween, November - Thanksgiving stuff, and December and January - the tree was not covered. Then one of them told about a friend who had a live tree in a container in her house and she did a similar thing. She didn't cover the tree but decorated the tree each season like spring usually included Easter, summer included Fourth of July, Fall was leaves and Halloween, and of course winter was Christmas.

Pictures and examples of a Tree for All seasons can be found online at:

<http://mattandshari.com/holidays/tree-for-all-seasons>

<https://www.pinterest.com/courtourtney1/a-tree-for-all-seasons>

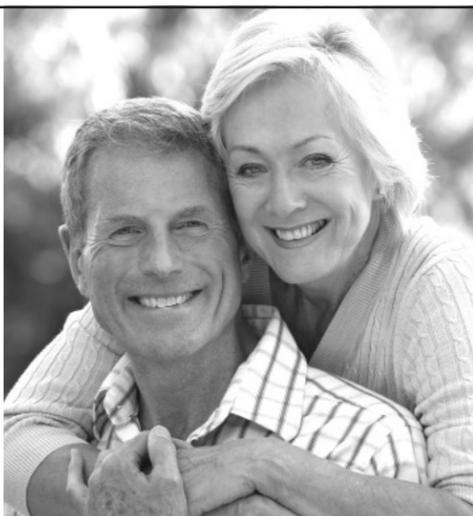
Happy Holidays, Merry Christmas, Happy Hanukkah, and Happy Kwanzaa.

• • •

*(more Club News cont' on page 8)*

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## Mixed Media Club

BY JILL SHORT

This is my favorite time of the year with all the wonderful sights, smells and sounds. I love to play in my art journal during this season as I sip on chai tea and have seasonal scented candles burning. Is your art influenced by the seasons? Let's give you a fun challenge for December, if you have time. Take a Holiday song get inspired and create a Mixed Media piece of art.

Last month some of the Mixed Media group met together in a park by Patricia Branham's home. Those that attended had a great time. Everyone kept their distance and wore their masks. Hand sanitizer was ready if

anyone touched anything. Julie Bright gifted each person with painted rocks. She has been busy painting those rocks. Rock painting during Covid has become very popular. Walk some of our trails and keep your eyes open for these small pieces of art.

We are still living in a world that inhibits planning plan in advance like we used to. We will continue to Zoom for now. If those plans change, Nan Griffin will be sending out an email to Mixed Media Arts members. We live for the someday when all is back to normal and we can be together mask free, meeting together and creating art together.

Now onto something fun to try out. Do you own a sewing machine? Did you know that you can use it in mixed media? We can always use

a new technique to try. A couple of tips before you get started using your sewing machine. If you sew paper on your machine, replace the needle before you sew fabric. Paper quickly dulls needles. Also, paper sewing creates more dust than stitching on fabric. So, be sure to pull out that spray can of air and clean out your bobbin case when you are all finished.

Machine stitching techniques add depth, detail and dimension when creating a mixed media project. Adding color and texture using thread and fabric is simple to do. Machine stitching is a wonderful way to attach elements to the background of an art piece. The stitching can be incorporated in a way that it becomes a part of the overall design.

Sewing on all types of paper adds interests to your projects. Try stitching on book pages, cardstock, or tissue paper. A word of caution: the thinner the paper the more difficult it is to sew on. Stitching can be done by the machine or even by hand. So, if you do not have a sewing machine, play with hand sewing. Sewing on paper can be used for mark making to create patterns and designs, and add texture or even a pop of color. Even if you do not know how to sew you can sew a row of running stitches (straight stitches in rows). If you are using the sewing machine, you don't need a good a brand-new needle. In fact, it probably is a good idea to have a needle that is dedicated to using with paper. Mark that needle with something so you won't use it sewing fabrics. The further apart your stitches the less likely the paper is to tear and rip while you are sewing. In other words, the bigger the stitch the better

and the less frustrated you might become. If it does rip, just say, "oh well" and embrace the tear. Rows of short stitches can easily turn into perforation lines which will weaken the paper and make it more prone to tearing and ripping also. Paper is less forgiving than fabric, you will see the holes. Plan ahead what you want to do. Once you punch the hole in paper it stays there, unlike fabric where you can remove the thread and not see the stitching holes. Sewing straight lines on paper can sometimes be a challenge because paper is less forgiving than fabric. So, embrace the wobbly look. If you still want a straight line then use some sort of sewing guide.

When sewing on paper, the needle tends to push the paper through to the underside which leaves it looking a bit messy and rough. There's no way to avoid this, however you can make the rough-edged holes a bit flatter by running a bone folder over them to flatten them out a bit or just accept it as added texture. A bone folder is a dull-edged hand tool used to fold and crease material in crafts. If you don't have a bone folder you can carefully try other things like a credit card, or plastic ruler. If you are gluing the sewn piece down you won't see the back anyway. Remember to always stitch on the right side or 'face' of your paper. Take your time and sew slowly!

If you'd like to add a new component to your journal pages, make travel journals or bind your favorite papers into an art journal. Then try sewing a straight stitch across your

(cont' on page 10)



Mixed Media Club safely visits in the park.

"We would highly recommend Michelle to anyone purchasing or selling a home. Even after the sale, she continues to stay in touch making sure **every need and question is addressed.**"

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## American Association of University Women – Roseville South Placer Honors its 2020 Women of Distinction with a Virtual Event

On Thursday, October 29th AAUW Roseville South Placer held a virtual event to honor the 2020 Women of Distinction, Tami Uhler and Karen Wilkes. The event was held at the private home of Remy and Dave Stevens with 8 other people attending. All safety precautions were taken with everyone submitting to a temperature check and wearing face masks while keeping the appropriate distance apart. The event was live streamed on Facebook.



Tami Uhler - honoree, Beth Ruyak - Speaker and Karen Wilkes - honoree.

As March 12 approached, the excitement was mounting for the 5th Annual Women of Distinction Awards Dinner and Auction fundraiser to be held at The Union Brick Event Center in Roseville. Over 200 people were scheduled to attend the event which had to be cancelled on the day of the event because of the COVID pandemic. Each guest had to be contacted either via email or personal phone call. A mammoth undertaking, which was completed by 3:00 p.m.

As the months went by, co-chairs Remy Stevens and Kate Tionson and the event committee remained undaunted by the

challenge of finding a way to honor Karen Wilkes and Tami Uhler, the Women of Distinction.

Karen Wilkes, a retired school psychologist, was honored for her international work establishing 1000 Days for Girls creating hygiene kits for girls in Africa. She doubled the goal by another 1000. The project included recruiting volunteers, obtaining materials. Karen accomplished this by networking and giving inspirational presentations. The work continued in Rwanda and Uganda.

Tami Uhler is well-known for her volunteer work, especially for empowering young

girls through pageants to reach their full leadership potential by speaking and communication skills,

interviewing techniques and maintain composure. Tami also instilled a responsibility to give back to the community by volunteering. Tami is a business professional, a former Placer County District Attorney and currently serves as Assistant Director of Placer County Child Support Services and interim Director.

Beth Ruyak formerly of Capital Public Radio host of "Insights" was the keynote speaker. Beth worked as a reporter, anchor, producer, and writer. She hosted daytime television, magazine shows, special events and live coverage. Her news, sports and health reporting have earned Emmy awards and opportunities to interview, learn from and tell stories about people all over the world.

The awards event can be seen on AAUW-RSP Facebook - you do not need to have a FB page to view the event. It can also be viewed on YouTube.



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Your membership in the Friends of the Lincoln Public Library (FOLL) can help our library provide free programs for children, teens and adults. We support literacy by funding the summer reading program, the Mother Goose on the Loose program for infants to toddlers, and Family Story Time. With the help of your donation, the library can provide a wealth of online resources, large print books, audio books, and more.

To become a FOLL member or renew your membership for 2021, visit our website at [FriendsOfTheLincolnLibrary.org](http://FriendsOfTheLincolnLibrary.org) or stop by the library to pick up a FOLL application.

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**Mixed Media Club**

(cont' from page 8)

paper. Now try different stitches, like a zig zag or blanket stitch.

Understanding the feed dogs on sewing machines helps. The feed dogs are grippy pieces of metal that "pull" your fabric/paper through under the needle. There's a lever on your machine that puts them up or down. So, if they are up, they move the fabric/paper along like a conveyor belt. If they are down, they do zilch, nothing at all. Keep your feed dogs up for sewing on paper which makes it a lot easier.

Want to make a design with dots? You can use your sewing machine without thread to make all kinds of patterns on paper. A couple of things to keep in mind as I mentioned earlier: When you sew without thread, the holes on top will be smooth, and the ones on the bottom will be bumpy, as the needle pierces the paper. Also, remember that sewing on paper perforates it. If you make your holes too close together, or go back and forth in the same place, the paper may separate. Just practice and have fun.

Go ahead and get some bits and pieces of paper and start playing with thread and your sewing machine. Make a fun stash to use later for your art. Let go, play and embrace where this technique takes you.

Art is to look at not to criticize. Edgar Allen Poe.

...

**LH Painters' Club**

BY JOAN MUSILLANI

Membership Drive! December 1, 2020, to February 28, 2021. It's time for us to renew our membership in the Painters Club. We have notified members that dues for 2021 are waived due to the restrictions in place from Covid and savings from missed demos and presentations. Now we are also expanding the dues waiver to NEW members to encourage signing up. The waived fees will be in place for current and new



members until the end of February 2021. Check out our Club, we normally present a program every month with demos and talks by well-known artists in all mediums. We are a club of new and experienced painters, and residents that just appreciate art. All are welcome! Use the contacts listed below for any questions. Our new officers were elected in November – Congratulations to Marilyn Brodersen as new President, Bob Green as Vice President,

(cont' on page 11)

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Go to my YouTube channel, "Steve Evans Lincoln Hills" to see how I share the benefits and amenities in our community.

### LH Painters' Club

(cont' from page 10)

Marsha Herlache as returning Secretary and Linda Shields as Treasurer (also returning). Thank you to our new Board for stepping up and we look forward to fresh ideas in 2021!

Each month the Club holds an informal "critique" meeting. Members bring in-progress work and get helpful, but gentle, feedback and suggestions from other members. Most painters hit a stumbling block somewhere along the process of a new painting. These critique meetings help us all get over that hump. We currently meet under the solar panels in the Kilaga Parking Lot at 10:00 AM on the first Tuesday of the month. Any changes of location due to winter weather will be announced.

As announced last month, the annual Fine Arts Show, normally held in late February has been canceled for 2021, due to the continuing uncertain ramifications of the pandemic. After 17 continuous years of Fine Arts Shows, it was a hard decision, but we look forward to reviving the Show in 2022.

If you have questions, the following are contacts for the club.

President: Joan Musillani, e-mail: joanmusillani@gmail.com or 916 712-4393

Membership: Jerrie Crass, e-mail: jerriec68@gmail.com or 916 302-6178

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### Needle Arts

BY JILL SHORT

Happy Holidays from Needle Arts. We are moving towards the end of the year and still not knowing what each month will look like. Needle Arts is continuing forward the best we can. Right now, as we look towards 2021, we are sending out a plea for help. Come January we need someone to write articles for the Sun Senior News and the Compass. After 3 years, I will not be continuing on as the Needle Arts Communication person. We need someone to step up and give back to our group by taking on this position. This is such an important job, because it lets the group know what has happened and is happening in Needle Arts. It is also a great tool for letting new people know all about our group. I joined Needle Arts after reading about it in the Compass just over 5 years ago. Gathering information is not difficult. During normal life attending Board Meetings gives a wealth of information. I am willing to walk the new person through how to turn in articles, when to turn them in and also tips on writing articles. Pictures can be taken on a phone to use for articles. I have said before that I am not a writer and did the job. So even without experience you can do it. All it takes is a desire to serve. If you do like writing then that is a bonus. Please, contact Jean Storms if you are interested or have questions.

If you have not paid for your 2021 membership dues yet, now is the time! The 2021 Needle Arts dues will be \$10 if paid or postmarked by January 30, 2021. If not

received or postmarked by January 30, 2021 the membership dues will revert to the normal Needle Arts dues of \$20. To pay your dues, print out the 2021 Membership Form and send to membership chair, Linda Moran, by mail. Check the Needle Arts website to get the form and the mailing address.

Since we were unable to meet and to promote our Board elections, voting for the 2021 Needle Arts slate was done by an electronic vote in November.

Congratulations to our 2021 elected Board: President - Jeanne Helland; 1st Vice President, Program Chair - Shirley Rainman; 2nd Vice President, Travel Chair - Nancy Norton; Secretary - Sue Beresh; Treasurer - Linda Garrett.

Sadly, the 2020 Mercy Retreat was cancelled due to the pandemic. However, we are excited to have reserved a date for next year. The retreat will be held at Mercy Auburn. Save the date, April 26-30, 2021. Let's hope that the retreat will happen. I am sure many will be ready to get away after this crazy year.

Check out Needle Arts website for contact information, show and tells, membership forms and more at: sclhna.com

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### Paper Arts Club

BY LINDA LUCCHETTI

Here it is the end of the year. Typically, during this time, we would be busy making our table centerpieces for our Christmas party, and sharing our holiday card ideas. It's hard to believe we have not conducted club meetings or events since March, and our activities are still on hold. For now, we will publish our calendar in the newsletter based on the status of facilities and public safety recommendations. Keep checking the newsletters and enjoy photos of projects and creative cards from members.



We still have a lot to be thankful for and much to celebrate, if only virtually, with family and friends during this time. In November's newsletter, we showed our thanks,

(cont' on page 13)



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Friends of the Lincoln Library  
Friends of McBean Park  
Girl Scout Troop #1022  
Golden Sierra Life Skills  
KIWANIS Club of Lincoln

Placer Arts Council  
Placer County Law Enforcement Chaplaincy  
Placer County Peer Court  
Ride to Walk  
Sacramento Valley Teen Challenge  
The Salt Mine  
Seniors First  
Sheridan Elementary School  
Soroptimist International of Lincoln  
Sportsman’s Legacy Foundation  
St. Vincent de Paul  
Twelve Bridges Middle School  
Wildlife Heritage Foundation  
Woman’s Club of Lincoln  
WPUUSD Technology Learning Expo

KIWANIS Club of Lincoln Foothills  
Knights of Columbus Lincoln 9202  
Lighthouse Counseling & Family Resource Center  
Lincoln 4th of July Celebration  
Lincoln Community Gardens  
Lincoln Girls Softball Association  
Lincoln High School  
Lincoln Police Activities League  
Lincoln Professional Firefighters Association  
Lincoln Rotary Club  
Lincoln Sober Grad Night  
Lincoln Theatre Company  
Lincoln Veterans Memorial Coalition  
Lincoln Volunteer Center  
Suicide Prevention

The Lincoln Community Foundation is managed by a totally volunteer nonprofit Board of Directors and was established in 2003 thanks to a generous donor that created an endowment fund to benefit local Lincoln residents that needed a helping hand during difficult times. The Foundation continually seeks and receives donations from local community members to bolster the initial investment. Interest earned from the investment is used to award grants to a wide array of local nonprofit groups and school projects that better our community in multiple ways. All donations made to the Lincoln Community Foundation are tax deductible to the fullest extent of the law. 100% of all donations are forwarded onto the community without any administrative fees.



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[www.LincolnCommunityFoundation.org](http://www.LincolnCommunityFoundation.org)

### Paper Arts Club

(cont' from page 11)

by spotlighting many autumn and Thanksgiving cards from members. Thanks to those who sent in their beautiful designs – lots of colorful leaves!

Speaking of thanks, sincere gratitude goes out to those who gathered up their handmade cards to donate to “Cards for Kindness,” an organization that collects and distributes cards nationwide to cancer patients, people in hospitals, nursing homes, retirement homes, and children. This is a charity that seems to be “right up our alley!” Thank you to Roberta, Elly, Jan, Reg, and Shirley for their immediate response, and enthusiasm for this project. A package of cards was sent to the Cards for Kindness headquarters in Arizona. Because of the interest, we may organize another mailing next year, so, keep this in mind when making or organizing your cards. For more information and details about Cards for Kindness, go to the website <https://www.scrapbook.com/articles/cards-for-kindness>

Until we meet again, Happy Holidays to all!

Upon lodge reopening, we meet on the first Thursday of each month at 9:00 AM in the Terra Cotta Room at the Kilaga Springs Lodge. For further information, contact: Susan Long, club president, at [scwlong@sbcglobal.net](mailto:scwlong@sbcglobal.net).

<https://www.scrapbook.com/articles/cards-for-kindness>

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### Vintage Treasures

BY ELLEN STEELE

As we look forward to the new year, I hope we can all stay busy with our favorite projects, keep healthy, and reach out to our families, close friends, and those who need some support.

Our club focus is on vintage and antique items, pre-1970. Our meetings make for a most interesting morning, sharing our treasures and their histories.

When we can all gather again, it will be in the Heights and Gables Room (OC) on the first Monday of every month, from 10:00 to 11:30 AM. The presentation is followed by an optional lunch at Meridians.

Contact: Sandi Janisch 916-253-9085

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### Woodcarvers Club

BY LIONEL RAINMAN

The carvings that we do are generally small in size. They would range from golf ball size to about twelve inches in height. Historically wood carvings from around the world are significantly larger. For instance the carving of wooden masks and statuettes was common to African tribes. Totem poles were used for the basic religious rites of the tribes in the Northwest coast of America. In Japan and China carvings have long been used to decorate temples and private dwellings. Wooden objects of the Pacific Islanders include animated figures on canoes as well as large standing figures. In Europe various countries produced wood carvings as part of religious art, altar pieces, choir stalls, and monumental sculptures. In colonial America ships’ figureheads are now considered important folk art. As woodcarvers working on small pieces we gain an appreciation of carving no matter what size.

Keep in mind that one day the Covid-19 virus will be under control and our meetings will once again be scheduled on Wednesday from 1:00 to 4:00 PM in the Sierra Room at (KS). In the meantime stay healthy so you can join us in the future.

Contact: Lionel Rainman 916-253-9534.

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### LH Photography Club

BY DIANE MARGETTS

“Life is about experiences” is the driving force of inspiration for Nigel Danson, our November presenter. Nigel, presented a breathtaking tour of his magnificent landscape photographs, and he did it from his home in the United Kingdom. It was certainly a rare and appreciated experience for our members. Nigel offers photography workshops throughout the year from inspirational venues spanning the globe. Check out his beautiful work and his schedule at [nigeldanson.com](http://nigeldanson.com).

Traditionally, the Club hosts a December holiday breakfast which, of course, cannot happen this year. In lieu of the holiday breakfast, our President, Jim Moon, has arranged a surprise presentation featuring the works of some of our favorite photographers—our own members! Don’t miss this holiday treat on December 9.

The Round Table and the Enhancement

SIGs will be held in December. The Enhancement SIG will look at what’s new in Lightroom and Photoshop.

The Learning SIG is temporarily on hold but will resume after the first of the year.

Although exhibiting member photographers’ work is currently a “pandemic challenge”, we are on display at Simple Pleasures in downtown Lincoln

through most of February. Take the time to enjoy a delightful lunch and view the spectacular work of our very own photographers!

The Club Facebook page is open to all residents of SCLH who are interested in photography. Members post photographs, suggestions, answer questions, and add ideas for local places to try your skills with the camera. Beginners are especially welcome. To join go to: <https://www.facebook.com/groups/SCLHPhotographyClub/?ref=bookmarks>

Contact: Diane Margetts; 916-955-1809

Website: <http://www.lhphotoclub.com>

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### Writers Group

BY ANDY DEXTER

The SCLH Writer’s Group is comprised of people with all writing abilities, from beginners to those who are published. Some write poems, novels, biographies, short stories, children’s stories and even memoirs. Now is a good time to get started on that writing project you’ve been putting off! Your children and grandchildren, will enjoy reading about the things you did during your life, growing up, your careers, hobbies etc. If you’re apprehensive about writing or don’t know where to begin our members are here to help.

We do not plan to reconvene until a vaccine is available.

The Writers’ Group meets at 6:30 PM, on the 2nd, 4th and 5th Monday of each month, in the Orchard Creek Multi-purpose/Computer Room. If you want to read something you wrote, please bring 10-12 copies to share. We provide each other with excellent feedback about our writings.

• • •

### Book Club

BY CATHIE SZABO

Well, 2020, you’ve done it again. What is supposed to be a season of “ho, ho, ho” has become a season of “oh, oh, oh”. The holiday season is upon us, testing us to find out how to celebrate in this weird year. And we all can’t wait til 2020 is firmly escorted off the world stage.

And what does this have to do with the Book Club? Just like all of you, we readers have looked for ways to keep us sane in an insane year. And found a perfect way in one of our favorite pastimes – reading. And “reading” flexes its muscle to include ebooks, audiobooks, etc. Want to escape to another time and place? Read an historical fiction or non-fiction book and escape from this reality for a while. Looking to start a new hobby or increase your skills in one? Read a book about it and nimble up those fingers. Wanderlust grabbing hold? Read a travel guide or a gorgeous “coffee table” book about your favorite destination. Binged out on “Law and Order” reruns, but love the storylines? Read a mystery and try to solve “whodunit” before the end of the book. Like to cook? Read a cookbook and get inspired to try a new recipe or two. Want to blow the dust off your brain and keep it in working order? Try a puzzle book. In short, read – keep sane.

As I write this in November, voting for 2021 book selections is underway. No legal challenges, no “hanging chads” (remember those?). Counting of votes should be complete by the end of the month and announcement of winners will go out to our members in December. For non-members who wish to join us, check this column in January’s issue for the list.

Looking ahead, all of us at the Book Club wish you and yours a safe, healthy, and happy holidays. Flex those brains, read – find a new tradition for your family, modify the tried and true, and make these holidays the same, but different.

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(more Club News cont’ on page 14)

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### Big History

BY CAROLE WADE

In October and November, a panel of our members explored the development of culture during the Bronze Age, as complex economies and technologies emerged. Then Dave Lewis spoke on the darker side of culture: the origins of war. Finally, on November 16th, we tried to put all this fascinating information in perspective.

On December 7, in our final meeting of 2020, Marggi Holtze will discuss animism, which began in Africa before the onset of recorded history and moved around the globe. Animists believe that all things have a spirit or soul — animals, mountains, even rocks — and that these spirits must be worshiped and appeased. A Zoom link will be emailed before the meeting. For more information, please contact David Lewis at 916-626-2795 or stuff619@gmail.com.

Big History wishes everyone a happy (and safe) holiday season. We'll be back in January, 2021 with more presentations that explore the "big picture" of human history, and we hope you'll join us.

### Genealogy Club

BY DR. BARBARA BRANCH

There is no speaker in December. Watch your Membership email for how to get coaching on Zoom with Genealogy Club Members. Notifications for renewal of membership will be sent to members in December. We will be offering a membership discount of \$15 per household for 2021 (one year only) for new and renewing members due to coronavirus constraints. Please consider joining or renewing so that we can maintain our services for you. In the new year, we will offer Boot Camp on Zoom. Watch for details.

Check our SCLH Genealogy Club website for handouts and updates:

<https://www.suncitylhgc.com/>. For more information contact Dr. Barbara Branch, 916-543-8219.

...

### LH Astronomy Group

BY BILL WEAVER

The LHAG will begin presenting online video programs in addition to guest speakers during its regular scheduled meeting date and time on the first Wednesday of each month at 6:45 PM. The next general membership meeting will be on January 6, 2021. All LHAG members will receive an email with details on accessing the online meeting and presentation. The LHAG membership is open to all Sun City

(cont' on page 15)



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(former Lincoln Gun Exchange)  
472 Lincoln Blvd. (next to Buonarroti's)  
Tuesday - Friday 11 am-6pm  
Saturday - 8am-2pm | Sunday - 8am-noon

## LH Astronomy Group

(cont' from page 14)

Lincoln Hills residents.

If you wish to participate, you are welcomed to contact Ron Yelton, LHAG Treasurer, at ryelton660@aol.com . Annual membership dues are \$10.00 per household. The LHAG consists of members with a wide range of interest in astronomy from novice to expert. If you are interested in just keeping updated with current events in general astronomy or learning about the mysteries of the Cosmos, the LHAG has a place for you. In addition, the LHAG sponsors a Telescope Interest Group that gathers periodically for star parties and provides support in acquiring and using a telescope.

Astronomical Events for December

December 13, 14 - Geminids Meteor Shower:

The Geminids is the king of the meteor showers. It is considered by many to be the best shower in the heavens, producing up to 120 multicolored meteors per hour at its peak. It is produced by debris left behind by an asteroid known as 3200 Phaethon, which was discovered in 1982. The shower runs annually from December 7-17. It peaks this year on the night of the 13th and morning of the 14th. Best viewing will be from a dark location after midnight. Meteors will radiate from the constellation Gemini but can appear anywhere in the sky.

December 14 - Total Solar Eclipse:

If you happen to be visiting in the southern

hemisphere in December, you might view a total solar eclipse that occurs when the moon completely blocks the Sun, revealing the Sun's beautiful outer atmosphere known as the corona. The path of totality will only be visible in parts of southern Chile and southern Argentina. A partial eclipse will be visible in most parts of southern South America, the southeastern Pacific Ocean, and the southern Atlantic Ocean.

December 21 - December Solstice:

The December solstice occurs at 10:02 Coordinated Universal Time (UTC). The South Pole of the earth will be tilted toward the Sun, which will have reached its southernmost position in the sky and will be directly over the Tropic of Capricorn at 23.44 degrees south latitude. This is the first day of winter (winter solstice) in the Northern Hemisphere and the first day of summer (summer solstice) in the Southern Hemisphere.

Questions regarding the LHAG should be directed to LHAG President Bill Weaver at hamweaver@wavecable.com.

Additional information about the LHAG, its meetings, activities and its subgroups can be found on its website at [www.lhag.org](http://www.lhag.org).

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## LH Italian Club

BY LINDA LUCCHETTI

Buon Natale. Felice Anno Nuovo! We look back at the memories we made during our Christmas Dinner and Dance last year (2019). Does it seem like ages ago? Unfortunately,

this traditional end-of-the-year Italian Club event has been canceled, of course, due to the COVID-19 safety concerns. We've also canceled activities in early 2021. Please check the website for updates.

Keep the club on your mind and browse through the website

for articles like those in "Reaching Out and Keeping in Touch," "Where Are We?" and "Italy in a Nutshell." And, to get ready for the day when we do come together for events, shop at the online Apparel Store for items like hats and shirts that show off the club's colorful logo. You'll be "good to go." (See info on the website.)

There's still time to bake those tasty treats for the holidays. Just for you, on the website under "La Cucina," we've got these eight new Italian cookie recipes: Amaretti Cookies, Anginetti Cookies, Baci di Dama, Bugie, Ossi di Morti Cookies, Pignoli Cookies, Sicilian S Cookies, and Sicilian S Cookies-Version 2. Make any of these cookies and take your photo with them. Send the photo to Karen at bobzkarenz@att.net by December 31 and you'll receive a \$5 coupon for a future event.

If you are a Lincoln Hills resident of Italian heritage, check out our website at [www.lhitalianclub.org](http://www.lhitalianclub.org). Contact: Sandi Graham, membership, at 916-826-5711.

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## Lavender Friends

BY SANDI DOLBEE

January will bring an election and three new officers to Lavender Friends—president, vice president and secretary. Nancy Sartor will continue to be treasurer.

A three-person nominating committee was busy last month putting together a slate of candidates to fill the positions. The election will be held at the biannual business meeting next month — probably on Zoom.

Watch for details in your weekly communication emails.

The officers are elected to two-year terms. Each officer is limited to two terms in that particular position.

The annual membership dues (\$10 per person) also will be collected in January.

(cont' on page 17)

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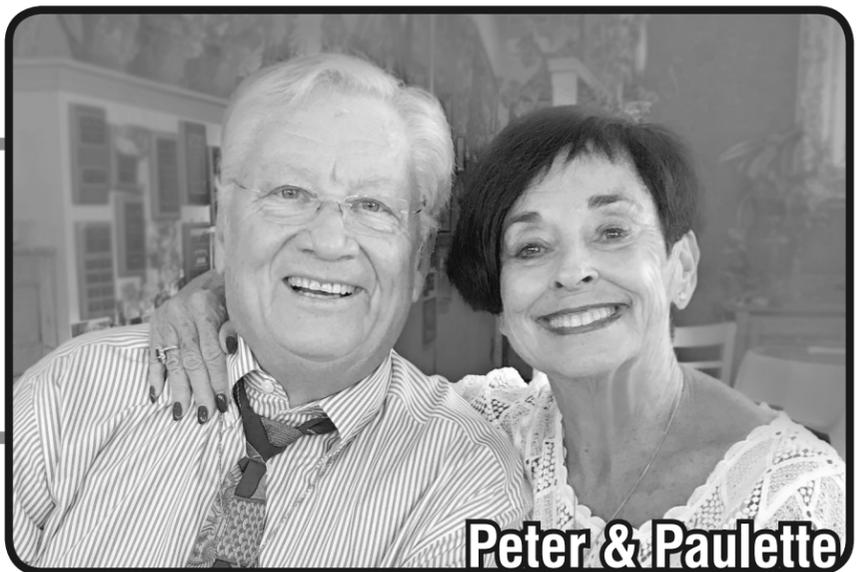
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### Lavender Friends

(cont' from page 15)

Lavender Friends is a club for LGBT residents here and their allies. Because of COVID-19, the club's planned 15th anniversary celebration was postponed to when we may be able to celebrate together again safely. Tentatively, the anniversary committee is hoping to hold a 16th anniversary party in May or September 2021.

For more information about the club, check out our website: [www.lavenderfriends.com](http://www.lavenderfriends.com).

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### Shalom Social Group

BY JUDY GANULIN

Members of the Shalom Social Group and their guests heard a presentation on Covid-19 in Placer County. Dr. Rob Oldham, acting director of the Placer County Health and Human Services Department and Chief Psychiatrist, brought us up to date on what is happening here and what plans are for the future. It was most interesting and informative! We play bocce ball weekly. We also plan to start an informal weekly Zoom discussion group for our members. Membership is open to all. For more information, please call Joanne Levy, [jolevy.com@gmail.com](mailto:jolevy.com@gmail.com) or 508-333-8590.

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### LH Travel Group

BY TEENA FOWLER

There will not be a meeting this month. If you are interested in more information about the Travel Group and the trips being offered please contact Sheron Watkins, Louise Kuret or Linda Bevins (email and phone numbers listed at the end of this bulletin).

See our website for detailed information about all our booked trips.

[www.LincolnHillsTravelGroup.com](http://www.LincolnHillsTravelGroup.com)

America's Cowboy Country (Jun 6-13, 2021) (Sheron)

Jackson Hole, Grand Tetons, Yellowstone-Cody, Rapid City, Mount Rushmore

Crystal Cruise – Stockholm to Dover (Jul 7-20, 2021) (Louise)

Ports: Tallin, Estonia; Helsinki; St. Petersburg; Gdansk, Poland and Copenhagen Colorado Rockies (Sep 18-26, 2021)

(Sheron)

Denver, Multiple National Parks, Royal Gorge Route RR, Garden of the Gods

Autumn in Vermont (Oct 10-16, 2021)

(Linda)

Woodstock, Quechee Gorge, Burlington, Ft Ticonderoga, Lake Champlain Ferry

Colors of Morocco (Mar 10-24, 2022)

(Sheron) Casablanca, Hassan Mosque,

Sahara Desert Lux Tented Camp, Marrakech, etc. & choice of cooking class

Spain's Classics (Mar 25-Apr 5, 2022)

(Sheron) Madrid, Prado Museum, Toledo,

Seville, Granada, Valencia, Barcelona and more

Travel Group Committee Member

Contacts: Sheron Watkins 916-849-9504

[sheron55@att.net](mailto:sheron55@att.net); Louise Kuret 916-408-0554

[lkuret@sbcglobal.net](mailto:lkuret@sbcglobal.net); Linda Bevins 916-666-7627 [djbevins17@gmail.com](mailto:djbevins17@gmail.com)

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### Rods & Relics

BY ELNA RAGAN

On Veterans Day, November 11, the Rods & Relics Car Club had 14 vehicles and were joined by six Army Jeeps and 10 Lincoln Hills Sports Car Club vehicles for a parade through Lincoln Hills. The caravan took a 90-minute route through 19 Del Webb Villages and ended up in McBean Park for the local Veterans' Day Ceremony.

The vehicles were decked out with flags and various types of colorful banners. The participants cheered to the enthusiastic residents lining the streets who greeted our caravan.

The ceremony was very patriotic featuring speakers from the following organizations: the American Legion Post 264, the Lincoln VFW Post 3010, and Assemblyman Kevin Kiley. We were all reminded of the sacrifices and powerful contributions that our Veterans have made to ensure our American way of life.

Our thanks to Car Club member Chuck Fincher, who organized our participation; our Club President, Chuck Barnhart, who led the caravan; and all who brought toys to be donated to "Toys for Tots!"

On November 19, numerous Club members, including Sports Car Club members, participated in the 7th Annual Turkey Drive held by the City of Lincoln Fire Fighters.

Frozen turkeys were delivered to the City of Lincoln Fire Station #34 for distribution by the Lincoln Salt Mine and Placer Food Bank. Our thanks to all who joined in the spirit of giving!

The coming holidays, will be unlike any that we have ever experienced. Covid19 has changed our typical lifestyle in many ways. Please be careful during these tenuous times. Stay safe and healthy.

The monthly General Business Meeting and the bi-weekly breakfast at the Waffle Farm continue to be canceled until further notice. General Car Club information can be found on our website listed below.

Contacts: Chuck Barnhart, President 916-543-7301; Mike Carvidi, Membership Director 707-849-2834.

Website [www.rodsnrelics.net](http://www.rodsnrelics.net)

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### Stamp Club

BY TIM MILES

We are into the holiday season and things and 2021 annual dues are payable in the amount of \$20. Contact treasurer Larry Mowrer. There are no open houses scheduled for the rest of this year.

Al Capparelli (916-771-8288) has any sort of philatelic equipment that you might need. Feel free to contact him.

Anyone who has an "old" collection in his closet can feel free to contact Al Capparelli and get an "updated" appraisal as to the current value.

Have a happy and wholesome holiday season and stay safe — remember, we're all in the same boat.

• • •

### RV Group

BY STEVE BEEDE

Although our regular meetings at Kilaga Springs remain cancelled due to Covid, our members are busy both traveling as well as planning RV adventures for 2021 all over California and throughout the USA. February and March, our RV Group will be Rallying in Palm Desert and then San

Diego. Additional Rallies are being sought for Buellton/Solvang; Likely CA; Graeagle; Monterey; and more. Our Rallies typically include golf, pickleball, hiking, kayaking, and campfire sing-alongs. Meanwhile our members are planning individual travels through the South, Yellowstone, and even Alaska. Several of our members had planned cruises and other international travels for 2020 which also were cancelled by Covid. We're hoping to re-schedule those for 2021. Unfortunately, due to Covid restrictions, our Annual Holiday Party at Catta Verdera has been cancelled. Hopefully, we'll recover sufficiently in time for our Spring Fling next May.

Once the Lodges re-open for club gatherings, our monthly meetings are scheduled to be held at 4:30pm on the 2nd Tuesday of each month in the Placer Room (KS). Watch Sun Senior News and the Compass for News of re-opening. But if you're an RVer, you don't have to wait for a meeting to do so. Several new members have been joining us on our Rallies. And remember, RVing is the safest way to travel as 3 million new RVers are experiencing.

Have questions or need more information, contact Club President Steve Beede at [stevebeede5@gmail.com](mailto:stevebeede5@gmail.com) or by phone at 916-752-6972, or check our website at [www.lhrvg.com](http://www.lhrvg.com).

• • •

(more Club News cont' on page 18)



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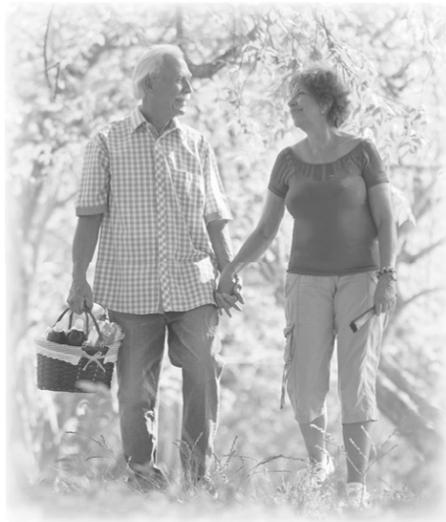
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## SCLH Sports Car Club

BY PAM BERRY

This month's sports car reminiscing is from Doug and Dianne Wagoner.

The sports car itch hit me shortly after completing my military obligation in 1969. My older brother had a 66-corvette roadster with



Doug and Dianne Wagoner

a 427 cubic inch engine with 425 horsepower and side exhausts. Beautiful machine, along with an exhaust system that could get anyone's adrenaline going. It was not until three years later that I could afford my own sports car. Obviously, my first sports car was a marina blue 66 corvette roadster with the 427/425 engine and yes, it had side exhausts. When it came to my choice of cars, without a doubt, my brother influenced my selection. I purchased the car for \$2400 in 1972 and sold it for \$2000 three years later in perfect condition. Looking back, that has to be one of my most costly mistakes ever.

After getting married and having two children, I once again decided to get another sports car. This time, my neighbor was trying to sell his 71 TR-6. The price was right and so I was back to taking corners at, shall we say, unsafe speeds. A few years later another great deal came my way and I purchased an 88 Corvette. My wife and I kept the Corvette for 15 years. Our last purchase of a sports car came five years ago when we purchased a 2013 Mercedes SL550. A great car but I will always look back to the days of my side exhaust 66 corvette.

My Dad was in the Air Force working on various aircraft engines. He passed on his experience to my brother and me. With part-time jobs in high school, we purchased old military police cars and rebuilt the engines. We then took them to Earl Scheib for a \$29.95 paint job, we then sold them and made a nice profit. All the experience I gained in my high school years certainly helped me maintain my love of sports cars.

Today, my wife and I enjoy belonging to the Lincoln Hills Sports Car Group and sharing stories with our friends in the group. The club socials and special dinners have become a big part of our life in Lincoln Hills.

For the most part, I have given up on the maintenance of cars, but the enjoyment I derive from having a sports car will never end.

• • •

## RoadRunners Motorcycle Club

BY MIKE SMITH

On November 7, Road Captain John Marin led a scenic fall ride through the Sierra Foothills to a great lunch in Plymouth. The club had it's year end election of officers and looks forward to a great riding year in 2021 with new club President Don Bowden. A special club thank you to outgoing President Doug Sterne (and wife Patti!) for six years of exceptional leadership and service.

The club has scheduled rides on the second Saturday of the month, March – November. Once coronavirus restrictions have eased the club will resume having monthly meetings on the fourth Thursday of the month at 5:30 PM Multipurpose Room (OC) guests are always welcome. There will be no meeting in December.

“Ride Safe – Ride with Friends” Contact: Manny Perez 916-253-9121 manwil412@wavecable.com

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## Rods & Relics

BY ELNA RAGAN

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Contacts: Chuck Barnhart, President 916-543-7301; Mike Carvidi, Membership Director 707-849-2834. Website www.rodsnrelics.net

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(more Club News cont' on page 19)

### LH Amateur Radio Group

BY DAN LEHRER, KN6DRN

Our Group is pleased to welcome new members Mike-KM6YOQ and Jay-KN6LPV. Mike successfully hosted one of our weekly Nets. Jay recently passed his Technician License Exam. Our Hobby is seeing renewed interest from veteran Ham operators as well as those new to the hobby. The club offers support to folks who want to get started in Amateur Radio with incredibly knowledgeable members. We continue to "Zoom" our pre Net meetings every Monday night at 6:30 PM when tips and tricks are shared. Recent topics discussed included a comparison of Arduino versus Raspberry Pi, and the far reaching range of the Repeater on Mount Vaca by L.C.-N7VQC. We are seeing an increase in the Sunspot numbers and are hopeful this will be the start of better broadcasting conditions. If you are looking for a way to engage in the community and have an interest in amateur radio, please check out the LHARG. The LHARG conducts a weekly radio network at 7:00 PM every Monday on the W6LHR Repeater at 443.2250 MHz, 167.9 PL. For more LHARG information visit our Website, the URL is: lharg.us or email Stuart.Gallant@gmail.com.

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### S.C.H.O.O.L.S.

BY PATTI KINGSTON

Western Placer Schools are open for in-person and distance learning with no plans to close even if the State declares the County to be in the Red Zone. Evidence shows that WPUSD schools are not a primary transmission for COVID. Masks and proper distancing have kept the numbers of COVID very low. Parents must monitor children's health before sending them off to school each day. Teachers are very strict about adhering to the protocols. Students and teachers must wear masks at all times and keep safe distances in the classroom. This year has been unprecedented in many ways for the District. Schools were shut down in March and the combination of in-person and distance learning was instituted in October. Each student has been provided with a Chromebook for working at home and the half day they spent in the classroom is strictly monitored.

SCHOOLS volunteers have been wondering about their role in the classrooms this year. While they cannot appear in classrooms Volunteers should contact the teachers they worked with in the previous school year to make arrangements. They may be able to work one-on-one with students on line or help by correcting papers. As the COVID situation changes there will be adjustments and details are changing daily. For information and updates the Western Placer School District website is www.wpusd.org.

Happy Holidays to you and yours, even if It's with the family on zoom.

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### SCLH Computer Club

BY NORMAN SEIDENVERG MD

Our facilities, Orchard Creek and Kilaga remain closed, and no time is given for reopening. We will continue to give presentations on Zoom restarting on January 13, 2021. November 11, 2020 Terry Rooney gave an excellent talk on "Chromebooks". Not only are sales increasing due to use by students at all levels, but others are finding the function and costs to be very attractive. One prize for attending the talk was a new Chromebook (\$300 value), with a random drawing for the lucky winner. Past presentations are available on our website. For help with your desktops, laptops, pads, or phones, send your questions to our website: www.sclhcc.org and we will try to assist you. Membership dues for calendar year 2021 of \$15/household/year may be sent to our Vice President, Ben Richardson. See details on the website (Checks only please). Hopefully, 2021 will be the year that COVID-19 vaccine will be available, and we may be able to have in-facility activities again. Happy holidays, and stay safe.

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### Apple User Group

BY RICH THAYER

LHAUG re-elected president Helen Rains, vice-president Ken Silverman, secretary Sharon Worman, and treasurer Gerry Esker. We appreciate their leadership through the challenges of 2020, and we look forward to their continued leadership in 2021.

We also appreciate the many volunteers that make LHAUG possible; they are: Doug Thom, Bonnie Esker, Bill Smith, Harlan Felt, Arnie Schwartz, Sue Schwartz, Henry Sandigo, Vicki White, Jack Harris, Jeff Hanner, Rich Thayer, Ken Spencer, Steve Kirkland, Andy Petro, Lew Barnard, Jim Collier, and Nina Mazzo. If you'd like to get more involved in the user group, consider volunteering. Just contact Helen Rains and let us know about your interest.

Be sure to visit lhaug.org for videos of past seminars, the latest support information, information about the donation program and classifieds page, calendar of events, and more.

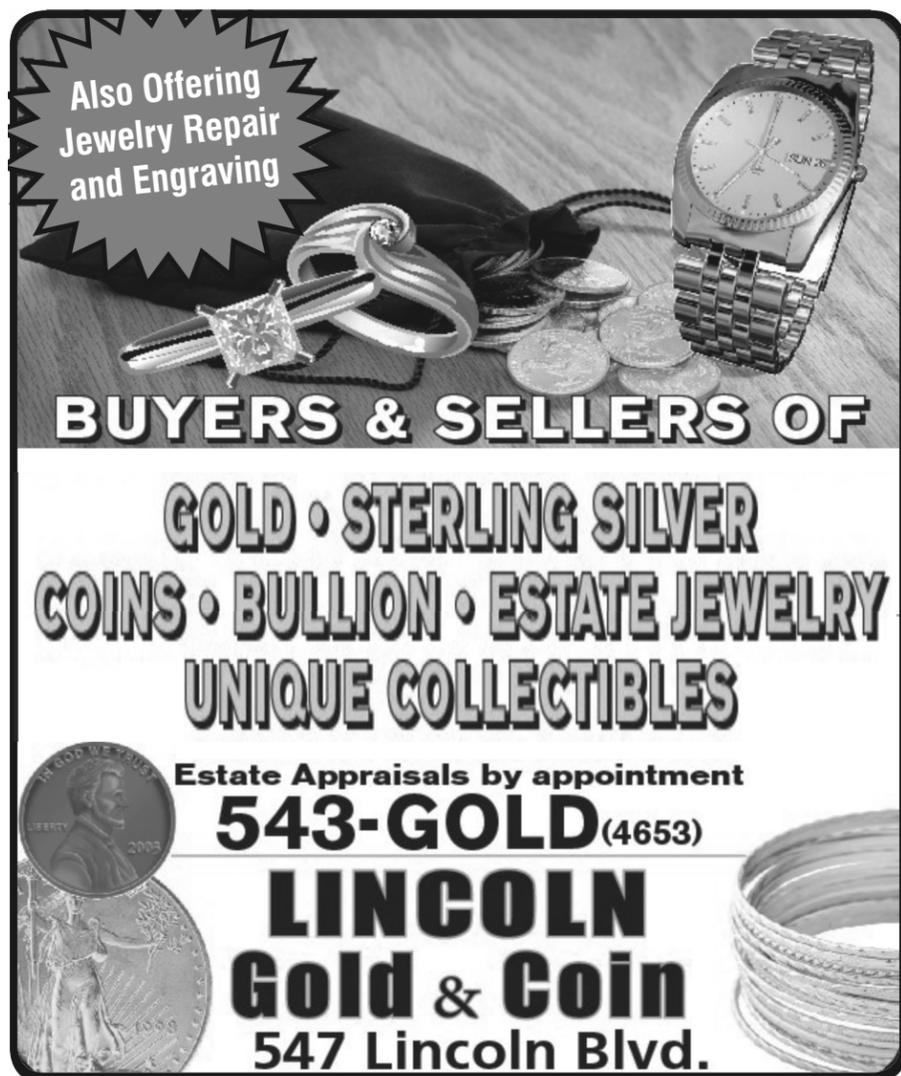
LHAUG is now accepting membership renewals for 2021. To renew your membership or to newly join LHAUG, go to the About Us tab on lhaug.org.

We wish you a happy holiday season!

Club Contact: Helen Rains by email at helen.lhaug@icloud.com.

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(more Club News cont' on page 21)



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### LH Veterans Group

BY B. L. LEWIS

Merry Christmas, Happy Hanukkah, Feliz Navidad, and Happy New Year to one and all. As we come to the end of uncertain year where we had lost control over our daily schedules and couldn't even buy toilet paper or couldn't socialize with our friends, the LHVG Board of Directors kept the Group moving forward. In the first days of March the country was starting to shut down and after much discussion, the Board made the decision to go ahead with the St. Patrick's Day Social Luncheon and the next day Orchard Creek and Kilaga Springs went into lock-down. Vice President Michal Amerio put out a notice that he and his wife Tina were selling and delivering United States Flags. President Joan MacAdams and her husband Doug set-up a Zoom account so that we could have our Board and General meetings via the internet. Joan also assembled a group of volunteers to make masks for the military medical facilities. Our Thanks to the Mask Group for assembling and donating 400 one-time use masks for VA drivers and their patients. Also, they made 85 washable scrub caps for the triage personnel at VA Mather Hospital and Clinics. Program Chair, Don Jobe provided speakers for the general meetings via zoom. The Event Coordinator condensed the Memorial and Veterans Day ceremonies so they could be held under the Orchard Creek portico for small audiences and they were a success.

The Veterans Group is a social Group and we missed our socials. So, Doug Cooper started having a coffee in his backyard once a week and Steve Witmer started a coffee group on the patio at Kilaga Springs Lodge. Joan and Doug MacAdams put together a traveling "Roll out the Barrel" Oktoberfest in the backyards of Steve Witmer, Shirley Schultz, and Mike Schultz. Our Christmas Social is being replaced by a Secret Santa Gift Exchange, initiated by Shirley Schultz, Social Event Coordinator.

We have extended the Secret Santa sign-up date to December 8, 2020, so it's not too late to Join the Veterans Club Secret Santa fun! Open to all members, including Auxiliary members. Shirley Schultz, the club's Social Events Coordinator will collect the information from those who wish to participate, and then draw a name for you to give a Secret Santa

gift. Deliver or mail your gift by December 20, 2020. Include your name and some information about yourself when you deliver your gift. The Secret Santa gifts should be about \$25.00 and gift cards are acceptable. If you would like to be part of the fun and participate in the Secret Santa, contact Shirley at 916-645-7539 No Later than December 8, 2020. Please provide your name, address, phone number and email address. Also list 2 or 3 of your favorite hobbies or pastimes.

All veterans are invited to support the funding of Lincoln Veterans Memorial at McBean Park in Lincoln. You can contribute by donating \$25.00 for a Memorial Coin; or with a \$150.00 donation you can have a Black Granite Tile with your name and service information inscribed; or you can make a donation of any amount to the Lincoln Veterans Memorial Coalition. Send your checks and information to LVMC Representative, Doug MacAdams, 1867 Hawk Hill Lane, Lincoln, CA 95648. Notify Chaplain Bill Lewis, 916-408-3771, email: bllewis1977@gmail.com if you would like to order a Tile for a Lincoln Hills Veteran that has passed.

Good News! It is time to renew your LHVG membership and the Board has authorized a two-for-one dues offer. \$20 covers your dues through December 2022. As of November 1, 2020, the group's membership stood at 260, including 131 life members and 19 Associate members. World War II veterans (including Spouses) total 19. The total membership was 262.

Welcome Aboard to new members, John Campbell, U.S. Air Force, John Buckley, U.S. Marine Corps, and Jack Stermer, U.S. Army Remember to Fly your Flag Proudly on Pearl Harbor Day, December 7, 2020 and Christmas Day, December 25, 2020 and every day in Honor of all of our Medical Personnel, First Responders, and all of our Law Enforcement Officers.

President Joan MacAdams and her husband Doug are selling U.S. Flags to the community. Flags can be purchased by calling Joan at 703-217-4735 or 916-751-9272, email: joan.macadams13@gmail.com. They will deliver, but you must make specific delivery arrangements.

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### LH Republican Club

BY SUE DUMAS

Pray for our Country and healing across our land. What has occurred in Election 2020 is something which we formerly felt could only happen in a third-world country. The Mainstream Media prematurely called the Election, even after voter fraud was reported, and before all votes were counted. We await recounts and to learn of the miss-handling of our election process. Our democracy and freedom depend on this election outcome.



COVID-19 is the "fear-factor" of the Century. Keeping us away from others, out of churches, destroying small businesses, restaurants, etc.

Thanks to Trump-Pence Administration's quick and pro-active response, we now have a VACCINE which has proven to be 90% effective against COVID-19.

Thanks to Trump-Pence Administration, there will be between 20 and 30 MILLION doses available to first responders and high-risk individuals. Doses being delivered now thru January. President Trump has already begun distribution! There are additional Pharma companies close to coming out with their vaccine.

Our club is still recruiting and leading volunteers to assist in ongoing recallgavin2020.com effort.

Prior to the election, 80-plus of our LHRC members held a Pro-Trump Car Parade through Lincoln Hills and Lincoln, with 37 vehicles, and one RV participating in the event! Residents and others, cheered, honked, waived their support.

The holidays promote giving, so our club donated turkeys to Lincoln Fire Department's annual Turkey drive to benefit families served by The Salt Mine and Placer Food Bank. LHRC will also be making a financial contribution to Military Families at Beal Air Force Base.

Christmas Blessings to all, may you live

long and prosper! And let us not forget the real meaning of Christmas.

Lincoln Hills residents are welcome to join our fun group of like-minded people! Dues Due \$15/year/pp  
www.RepublicanClubSCLH.org

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### Lincoln Democratic Club

BY JUDY GANULIN

Happy holidays to all! The Lincoln Democratic Club will meet by Zoom at 6:45 p.m. on Thursday, November 19. Our speaker, Tomas Vera, will discuss "Blue Placer -- How We Got Here and Our Path Forward." Vera is chair of the Placer County Democratic Central Committee. A native Californian, he earned a B.S. degree in physics, with a minor in chemistry, from Sonoma State University, Rohnert Park. He worked in analytical chemistry in the Central Valley and later changed to computer programming. New members are always welcome.

For more information about our activities, please visit our website, https://democraticclublincolnca.org/

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### Wise Aging Support Group

BY CAROL EISENHOWER

We are a support group for residents of Sun City Lincoln Hills, and we provide a forum for discussion, support, education, and sharing of aging-related resources for all residents wanting to plan for their older years, whether aging in place or exploring other options. Some recent topics include senior peer counseling, local housing options, and financial abuse of seniors. Our meetings always include small group discussions to share ideas. Future topics include transitioning from home to a facility, ask the lawyer, coping alone, handling finances in a crisis, and how to leverage your assets. Come and join the other 60 people who have discovered the comfort in sharing information and being heard. Our meetings are the first Monday each month at 1 pm. via Zoom. To be added to our mailing list contact Marsha Van Wagner at mmvanwagner@gmail.com.

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(more Club News cont' on page 22)

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Alzheimer's Caregivers  
Support Group

BY JEFF ANDERSEN

With announcements beginning to roll in about Covid-19 vaccine developments, let us hope that there is light at the end of this bleak tunnel. Navigating the tumultuous road of Alzheimer's caregiving has been all the more stressful with the pandemic, and applause to all of you for staying the course.

The Ladies group will be having a special discussion on December 2 on placing your loved one in a facility. Four caregivers from our group who placed their spouses in memory care facilities will be on hand to talk about their experience and answer your questions. You can join this Zoom discussion (with the free Zoom app installed on your desktop computer, table or phone) by signing in to Meeting ID 833 1413 2000 and using the passcode 017604.

The Alzheimer's/Dementia Caregiver's Support Group meetings are currently held online each month except in December. The Mixed group meets at 1:00 PM (via Zoom) each 4th Wednesday. All are welcome to attend, especially caregivers with recently diagnosed family members. The program for the Mixed group alternates monthly between group discussion moderated by a licensed counselor from Del Oro Caregiver Resource Center, and formal presentations by professionals in the industry. The Women's group is discussion only, and is designed for women who prefer talking in a less crowded setting. The Women's group currently meets via Zoom on the 1st and 3rd Wednesdays at 1:00 PM. The Mens group, facilitated by Rich Martinez, meets each 3rd Thursday at 10:00, usually at Granite Springs Church, 1170 E. Joiner Parkway in Lincoln. Contact Rich to confirm the next meeting location.

The caregiver's groups and programs are supported by the Lincoln Hills Foundation. More information is available from our Steering Committee members Valerie Jordan 909-625-7443, Cathy Van Velzen 916-409-9332, Jo Fratessa 916-408-7209, Rich Martinez 408-202-1865, or contact Jeff Andersen 2jeffa@gmail.com.

• • •

Glaucoma Support Group

BY BONNIE DALE

In a perfect world, we would be enjoying our traditional Holiday Potluck Party this month. I know that I promised to do my best to arrange something, but I care too much for each of you to possibly expose you to Covid. So our party will have to wait. However, we will gather on Zoom on December 9 at 4:00 PM. In the meantime, enjoy your special Holiday times this year. If you are like me, you can lose yourself in the lights of the Holidays. Oh, and Happy New Year, too. Let's all hope that the New Year will bring healing from this virus and some sort of normalcy will return.

Questions? Call Bonnie Dale at 916-543-2133

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LH Multiple Sclerosis Group

BY JERI DI FIORE

Our December Zoom will be Tuesday, December 8, 1 PM, with a link sent to Members the prior Sunday.

We are looking forward to honoring Gene Goselin, who will be celebrating his 90th Birthday, on December 25, Christmas!

In addition to his longevity, living with MS for over 60 years, Gene never missed one of our MS Meetings over 14 years.

Also, we'll be discussing how you are planning to handle the Holidays that will look different this year, including the emotions of frustration, loneliness, sadness. Also, don't forget gratefulness!

• • •

Bosom Buddies

BY VAL SINGER

Hope everyone had a healthy Thanksgiving. It may not be what you would have liked it to be but as long as we are all healthy, it really doesn't matter. Remember when the term, "new normal" was coined? I never understood what that meant exactly and now it's used repeatedly to describe our "new normal" world. What's normal about what is happening now? It's either old normal or new normal but I don't know about you, to me it's just becoming normal! Wiping down the shopping and the mail, wearing masks when you go into the bank, really??? The FBI has a whole wall of masked people. We've all become the good masked people. Is that the "new normal"? Guess so.

The picture shows the fruit plate brought to every member by Peggy and Patty. What a lovely surprise! Patty, Peggy, and Kathy put together these plates consisting of a banana, oranges, an apple, some grapes and a lovely poem. The poem was composed by our multi-talented Kathy. It reads:



"HAVE A TUTTI-FRUITY-FALL"

We all see it-you have a "peel"  
You're really such a "cutie"  
You are the "apple of our eye"  
We love your sweet patootie!  
By the way, you're looking "grape"!  
"Orange" you glad you're a  
Bosom Buddy???

Thank you so much Kathy. You continually

(cont' on page 23)

### Bosom Buddies

(cont' from page 22)

amaze. When Patty and Peggy brought me the gift, Patty mentioned that they had done 22 members that day and they were tired. I think I speak for all of us when I say, "many, many thanks for making us all feel special".

The Foundation is again responsible for enabling Bosom Buddy to brighten the lives of our members. Thank you.

November 1st Bosom Buddies lost another member. Our arch supporter, Sue Rosen, passed away in her sleep. Sue was a Bosom Buddy Treasurer, made gorgeous greeting cards, and was much loved by family and friends. She will be missed by all.

And, the holidays are on the way. Remember you can always call a Buddy and just talk. Doesn't cost anything, is always uplifting, and is guaranteed to make you feel better. Especially this year, some kindnesses mean so much.

Happy Holidays and "God willing and the creek don't rise", 2021 will be better for all. (That's a mid-west saying).

If you have any questions regarding Bosom Buddies, please contact Marianne Smith (916-408-1818) or Patty McCuen (916-408- 4185).

We end each meeting by holding hands and saying: "Together we are strong; together we will make a difference; together we will survive!" And, we will, hopefully with a little fun...

• • •

### Low Vision Support Group

BY JOAN BRANT-LOVE

The Low Vision Support Group will continue to provide our newsletter while waiting for the lodges to re-open. We wish everyone a warm and safe holiday season as we all follow recommended health restrictions. Thankyou for your support during this period.

APL-2 Slows Progression of Early Disease in Patients with Geographic Atrophy  
International Low Vision Support Group  
Newsletter, November 2020  
www.mdsupport.org

Apellis Pharmaceuticals, Inc. announced their analysis of the Phase 2 FILLY study investigating APL-2 for the treatment of geographic atrophy (GA), also known as advanced dry macular degeneration. The post hoc analysis found that the monthly treatment reduced the rate of progression to GA by 39 percent in areas of the retina outside of existing GA lesions. APL-2 is the only targeted C3 therapy in Phase 3 clinical trials for GA, a complement-driven eye disease that causes loss of central vision, affects approximately five million people globally and has no approved treatment.

Anti-VEGF Treatment Maintains Acuity Over 10 Years  
International Low Vision Support Group  
Newsletter, November 2020  
www.mdsupport.org  
Patients receiving continuous injections

of anti-VEGF drugs for treatment of wet age related macular degeneration (wAMD) can take comfort in knowing that they are keeping their initial visual acuity long term. As reported in the September 29 issue of Ophthalmology Retina, the LATAR study found that 293 eyes not only maintained their original visual acuity, but showed a mean gain of 3 letters over the decade. A common question among wAMD patients is, "Aren't these drugs going to be harmful after so many injections?" The results of this study have addressed that concern, with a total of about 58 injections per person from 2006 through 2016. This information can reduce worries about loss of acuity, but care must still be taken to avoid risks such as infection, contamination, and increased eye pressure. In the hands of a conscientious specialist, patients can look forward to maintaining their vision for many years or until improved methods of drug delivery are developed.

The Low Vision Support Group is subsidized by Neighbors InDeed and the Lincoln Hills Foundation  
Low Vision Support Group Contact:  
Cathy McGriff 916-408-0169  
or cathymcgriff1010@gmail.com

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### Fishing Group

BY HENRY SANDIGO

The report back from fishing the Sac river in October was a good one. Bill, Bob, Dick, Ed and Henry floated the Sac from Anderson and Posse "put in" floating approximately 40 miles total. This time of year, Salmon spawn, laying eggs in areas of smooth gravel and rushing water. Hungry Rainbow and occasional Steely were gorging fresh eggs. Salmon lay hundreds of eggs. Many are consumed. Many make it through and become fingerlings that



move down river and into the the ocean, to return 2-3 years later, continuing the cycle of life. Anglers take advantage of this gorging by casting near where the rainbow and other fish feed. Flies used were imitation Salmon egg,

(cont' on page 25)

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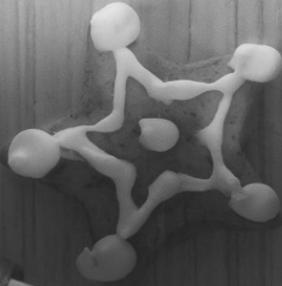
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## Fishing Group

(cont' from page 23)

nymphs; Sweet-pea, Rubber legs, Blue Wing, Orange Jig, Bubble Caddis. Rainbows caught averaged 10" to 21", chunky well fed, bright silver, purple, red and golden. Their rods were bent almost in two by the strength of the fish and pressure of the water. The angler carefully coaching the fish to the net, angling their rods left - right straight up - always keeping the line tight with the reel butt down to maximize line tightness. The final lift of its head out of the water while our guides scoop it in the net. Anglers admiring their catch a brief few seconds then returning the fish to the water. Did we count how many we caught or what size they were? For some the number caught is the goal and for others, catching is the goal. Of course sharing the adventure with each other is important, a low level bravado maybe, but always in jest. "You should have seen the one that jumped the hook, it was a monster, I know it!" "Well one time, I was wrestling this big one and I was so excited I almost fell out of the boat, with the guide admonishing us for not staying in "the leg lock."

Got a quick note from Mark, he also fished the Sac with a guide. He had a great time.

A few fellas went to Fuller Lake and kicked around this lake, bringing in a trout or two. It was planted, fresh hatchery fish, so they should have caught at least one! It was said that angler Angus got a brown. No pictures though. So as the saying goes, "anglers tell many whoppers."

To join, contact Ralph or Henry - ralphtonseth@comcast.net 559-860-9104) hсандigo@gmail.com 415-716-0666.

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## Garden Group

BY LORRAINE IMMEL

A Message from the Garden Group: President, Marian Reeder and Steering Committee Members — Let's put an end to the disappointments we have had in 2020 and look forward to the Spring of 2021. Your Garden Group will again host Plant Sales, Rose and Flower Shows, Garden Tours, Bonsai Show, monthly General Meetings and Field Trips. All of us on the Steering Committee are ready to move ahead as soon as possible to bring you the joy of your membership. If



you paid dues in 2020 you are also paid for 2021. Remember to check out our web site for the latest information and links to interesting "stuff." (lhgardengroup.org)

We wish you a safe and healthy Holiday. Until we meet again — Merry Christmas, Happy Hanukkah and Happy New Year!

• • •

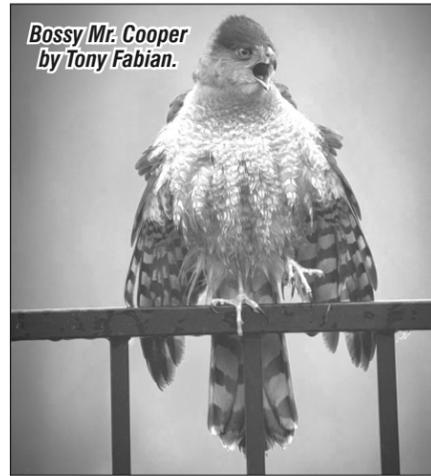
## Bird Group

BY DON BAYLIS

By December, all of our winter migrants have joined us here in the Central Valley. Ruby-crowned Kinglets and Yellow-rumped Warblers are jumping around our trees and bushes, the Dark-eyed Junco and White-crowned Sparrows cover the ground feeding, waterfowl and shorebirds swim our ponds and flooded fields, while hawks, geese and cranes cross the sky.

Two hundred years ago, California's central valley was covered in wetlands. This was waterfowl heaven, and millions of ducks and geese came here for the winter. It wasn't very good for farming, however. So the farmers drained the meadows, then planted the crops and orchards we can see today. At the cost of over 85% of the wetlands, and of the birds that wintered in the wetlands. Today, the scattered wildlife refuges, state and federal, provide much of the remaining resting grounds for the birds. Additionally, in the last decades, the rice farmers of this part of the valley have begun flooding their rice fields early, providing both rice straw for food and water for safety to the birds.

Both the refuges and the rice fields are flooded by early December as rain falls and stored water is diverted. Even here in Lincoln Hills, the Salt Pond area is flooded and brings



flocks of water birds, in addition to Association and golf-course ponds available year-round. This year we had some uncommon (to us) visitors with two Snow Geese hanging around our ponds, and a Sandhill Crane landing near the Salt Pond. An unusually high number of Wilson's Snipes are being reported and there are sightings of Sora, Virginia Rail and Black-crowned Night Heron. The Lincoln Wastewater Treatment Plant ponds on the west side of Fiddymen remain open and have a wide variety of visiting birds.

In November, Bird Group members have reported gathering waterfowl and shorebirds in all the regional refuges. Staten Island, Vic Fazio, Gray Lodge, Sacramento, Colusa, and Llano Seco have swans, cranes, ducks and geese. Additionally, hawks, osprey and



eagles can also be sighted at most of the above locations.

The Bird Group is still on hiatus in order to shelter in place from the COVID-19 virus. Until the Association reopens the lodges and gives the OK, we will not be scheduling any group activities.

In normal times, our programs are held in KS Presentation Hall at 1:30 PM on the second Monday of the month. Most day trips leave from the Orchard Creek parking lot west of the pool at 8:00 AM unless otherwise specified. Please check Events on our lhbirders.org and your email for updates and weather cancellations. Bird lists for each trip are posted on the website under Lists.

Contact: LH\_Bird\_Group@yahoo.com  
Web Site: lhbirders.org

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## Shooting Group

BY JOHN KIGHTLINGER

Would you like to join a friendly group of residents enjoying recreational shooting sports? The shooting group may be just what you are looking for. Our purpose is to make friends among residents who are interested in enjoying safe recreational shooting sports. If you have not shot in years, or have never shot before, you will find the group welcoming with members available to help. You may join our shooting activities on any of our scheduled dates, regularly or intermittently. Just come out and have fun!

Weather permitting, we meet on Tuesday of each week for Trap and on Thursdays for Skeet at Coon Creek Trap and Skeet, 5393 Waltz Road, Rio Oso, CA 95674, just minutes from Lincoln. You may join us for either trap or skeet, or both. Occasionally other shotgun sports such as International Trap, Sporting Clays and 5-Stand are enjoyed. We have no fees but each shooter must pay the Coon Creek clay targets fee. For more information about shotgun shooting sports contact John Kightlinger at 916-916-408-3928 or johnnpat@sbcglobal.net

Generally, the rifle and pistol activities occur at the Lincoln Rifle Club located at 150 Lincoln Boulevard. For information about rifle or pistol shooting please contact Jim Trifilo at 434-6341 or trifilom@gmail.com.

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(more Club News cont' on page 27)



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SSN WRITER...

Blue Lagoon Drive

BY DARLENE KAPUR

Gordon McGrubber rarely flew, but his son, Henry, had invited him on a three week tour of China, and the father knew it was now or never. He was eighty years old, in good health, but the bones were tired, and even his muscles were losing their memory. The November trip had been first class--Forbidden City, The Great Wall, Terracotta Army-- the whole ball of sticky rice.

Everything looked the same on Blue Lagoon Drive, but he'd missed Thanksgiving and the fall foliage he enjoyed so much. Christmas was around the corner, literally. Mrs. Krupshank had her lights up already with her little electric geese blinking on and off, and Rudolph's red nose answering in code. If only he could sleep.

Winn and Mitzy Polk had moved into the only vacant house on Blue Lagoon while McGrubber was away. Since taking the keys from their realtor three days before, they'd been single-minded in unpacking everything and setting up the house. Exhausted, they'd shuffled off to bed at midnight.

Three hours later Mitzy woke with a start. She'd forgotten to take her medicine. Reluctantly, she made her way down the still unfamiliar hall, filled a glass and found her pills in her purse. Sitting at the kitchen table

in the dark, she took one pill at a time with a big gulp of water and looked out the window at nothing.

Wait a minute, what's moving on the front yard across the street? Mitzy found her glasses and went to the window. Was that someone dressed in black, with a shovel?

"Winn, Winn, wake up!" Mitzy pulled on her sleeping husband's arm.

"Whaa, whaa, what's the matter, I'm sleeping!"

"Something strange is going on. You've got to come look."

Awake and annoyed, Winn got up slowly, as his doctor advised, and plodded down the hall to the kitchen window, grumbling every step of the way.

"What am I supposed to be looking at, for Pete's sake?"

"Across the street in that front yard," his wife directed.

Winn got his bearings. "Where are my binoculars?"

"In the bottom drawer; here, here!"

An avid bird watcher and three-time president, Winn had the best 'binocs' in the club.

"What's he doing over there?" Mitzy asked, as she peered between the blinds.

"Don't know, he seems to be burying something. There's a sack on the ground by his feet."

The dark figure planted the shovel, lifted his foot and pushed down hard. After several shovels full of dirt deposited by his side, he reached down and placed something in the hole.

"Good grief, Winn, he's dressed like one of those Ninjas, could he be some kind of terrorist? It's after 3 am. Look, look, now he's running wires along the front of the house. Maybe he's rigging a bomb. Winn, he could blow up our entire block. Call the police! What kind of crazy, nuthouse neighborhood have we moved into?"

After several attempts to find their list of important phone numbers the Home Owner's Association and the Welcome Wagon lady had supplied, Winn called the police. Fifteen minutes later, after Mitzy had hyperventilated into a paper bag, two squad cars with flashing blue lights arrived at the house across the street. From behind his open car door, using a bullhorn, one officer asked the black clad figure to drop the shovel and put his hands in the air.

Wearing his son's ski mask for warmth in the cold November air, Mr. McGrubber turned, confused and frightened. The policeman, with gun drawn, again ordered the dark figure to comply. Slowly, McGrubber dropped the shovel and raised his arms in the air. By now, curious neighbors had assembled.

One officer approached and ordered the man to drop to his knees. McGrubber explained that at his age, he would need help to do so; could he just take off the ski mask? Old Mrs. Krupshank, standing nearby, heard her neighbor's voice and said loudly, "Oh, that's

just Gordy McGrubber, what's all the fuss?"

With ski mask removed, identity established and home ownership confirmed, Mc Grubber explained his plight.

"You see officers, I arrived home earlier today from a three week trip to China and couldn't sleep--my son said it's normal jetlag. I'd not yet planted my tulip bulbs and decided to get that done while I'm so awake. Then, I thought, why not put up my Christmas lights while I'm at it? No one to bother me and I could finish in an hour or two."

The policemen, all graveyard shift regulars, nodded at the logic. On the ground were bags of tulip bulbs, a box of light strings, and extension cords running along the front of the house. The officers smiled as one handed the elderly man his shovel and they drove away. Mitzy and Winn, sheepish and muttering that people that age should stop traveling, closed their blinds and went to bed. Old Mrs. Krupshank harrumphed her way back around the corner. Gordon went inside and called his son. Woke Henry up, but it was somehow worth it.

We welcome your submissions such as humorous observations and poetry. Please see page 3 for submissions information.

John L Sullivan



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## Hiking-Walking Group

BY STEPHANIE HUNTINGDALE

It's been a long year, missing our hiking group. David Wood, our ever excellent Web Master has come up with a creative way to keep us all connected.

If you have any hikes, travels or adventures that you have been doing during Covid he'd like you to send him photos. He will post these on our Photo Gallery for all to see. He's calling it "Hikes in the Time of Covid". Take a look, familiar faces and beautiful scenery.



Looking back to a group photo from 2019 "memories light the corners of our mind".

It's December and Christmas is on the way. It may not be a traditional Christmas this year, we may not be able to have large family gatherings and that might seem lonesome. If you think about 2020, we basically have lost a year and at our ages, that really is a lot of time, travel and adventures. However, we have so much to be thankful for. Our lives have been rich with memories of family, adventures, travel. Family is so important and hopefully they are healthy and so are you. Gratitude comes in many forms and right now we should look back on our lives and be grateful for what we remember, what we have achieved, what

we love. Merry Christmas everyone!

My wish for 2021 is that we have hope. "Hope is an optimistic state of mind that is based on an expectation of positive outcomes with respect to events and circumstances in one's life or the world at large." Hope for

2021. Happy New Year!

We were unable to have our hike and holiday luncheon at La Provence in December 2020, so looking back "memories light the corners of our mind" here is the group photo from 2019. Happy times, enjoy!

Not much going on right now for the Hike Club. We may not be able to organize a hike till next spring. I hope you are all going to the website on a regular basis.

Till next month, stay safe, stay connected.

Always check the website for the most up to date information. If you think you are not feeling well, please stay home. There will

be future hikes.

Hiking-Walking Group Website: <http://www.lincolnhillshikers.org>

Call Dan Cortinovis Hiking Group President, 925-262-7345 with questions about the Hiking Group.

Call Debbie Schryver, Walking Group Coordinator, 666-1741 with questions about the Walking Group.

• • •

## SCLH Cyclists Group

BY TOM FRADY

Crash Checklist— You know all this stuff, but it never hurts to review. I think all of us have gone from bike seat to pavement more than once. There's the classic 0 mph fall, wherein the rider comes to a stop, doesn't unclip and... I can tell you from experience, one can break stuff at 3 mph. Then there's the 'my-front-wheel-hit-his-back-wheel' tumble. The hitter will go down. The hittee, probably not. Other common causes are having the front wheel drift off the pavement or hitting some gravel on a curve. While somewhat rare, the car/bike interface can be most serious.

If you have had an accident, confirm quickly you have no major injuries before you even try to get up. If your limbs are straight, there's no big pool of blood and you aren't seeing triple, move off the road as quickly as possible and begin to assess your situation.

Here's a quick check list for you.

Take it easy. Walk around. Take a drink of water. Move your arms. Take a deep breath.

You don't need to get right back on your bike.

Most Lincoln Hills cyclists ride in a group. Rely on the good judgement of your buddies and accept help offered. It seems to me riders are more willing to call a spouse to come pick them up if there is a mechanical failure than if they have been injured a fall. We never want to inconvenience our buddies or, heaven forbid, make them cut a ride short.

Speaking of calling for a ride, it's a good idea to share your significant other's phone number with members of your group, just in case someone needs to make a call for you.

Do you need first aid? Got blood? Road rash? As a ride leader, I would love to use some of the first aid kit the club has bought for me. Let me give you a band aid for that scrape on your elbow.

If you can walk, you can probably pedal. If you can lift your bike, your joints are probably OK.

A slight digression: if you require special emergency medication, be sure you have some with you and everyone knows where to find it.

Check your helmet. I have seen riders insist they didn't hit their head on the pavement, until they were shown the dented helmet. It's not the pretty outside of the helmet that offers most of the protection. Look inside to be sure there are no cracks in the foam insert. If you feel dizzy, are confused or don't remember reading this article, don't get on your bike.

If your helmet hit the ground, get a new

(cont' on page 28)



Every month people in Sun City turn to our pages for the latest on community news!

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### SCLH Cyclists Group

(cont' from page 27)

one. Some companies replace them after crashes for free. Also, helmets have a life span: three, maybe four, years.

Check your bike. If all the above check out OK, it's time to see if your bike is OK. I'm guessing your ride buddies are already doing it for you.

Wheels. Wheels seem to be the most vulnerable to damage. Is there still air in the tires? Check for broken spokes and be sure the wheel is still true and the brakes aren't jammed.

Components. It's easy for the derailleur to get bent. Check it. Make sure your chain is still engaged. Look at your handlebars. Are the shifters still straight? Be sure the saddle is aligned.

Frame. Any deep scratch, especially on carbon frames, could actually be a crack. Zip ties won't fix that.

Finally, check the area where you fell. It's possible something like your phone, multi-tool or water bottle left your bike in the confusion.

I have been on rides where someone gets carted off in an ambulance. Don't worry. Your buddies will see to it your bike makes it home, or at least break it up for parts. My experience is that the fire truck which will show up with the ambulance will be able to transport your bike at least back to the fire hall, where a friend can retrieve it.

Ride safe. Be safe. Protect the asphalt by not hitting it with your head.

• • •

### Water Volleyball Club

BY ROSEMARY ELSTON

The past several weeks of enjoying lap swimming and water walking have been interrupted by our ongoing battle with the COVID virus. The return of Placer County to the Red tier has also placed the discussion of reinstating Water Volleyball Club play on hold. The Association's feedback on the Club's proposal for resuming play at Kilaga Springs Pool was reported to be positive with the ventilation and use of the emergency exit as their primary concerns. On November 10, 2020 the Annual Membership Meeting took place virtually between the Steering Committee and the General Membership. In addition to an update on the Water Volleyball Club proposal, the previous actions to defer member dues till 2021 and the one year extension of the current Steering Committee was reviewed. The Steering Committee Meeting ended on a positive note with a gallery of member photographs. As with all of the Lincoln Hills Clubs, Water Volleyball is anxiously awaiting the moment when photographs turn into face to face meetings. Stay safe. Website: [www.lhwatervolleyball.com](http://www.lhwatervolleyball.com) Email: [selhwatervolleyball@gmail.com](mailto:selhwatervolleyball@gmail.com)

• • •

### LH Senior Softball League

BY BRUCE BRIGGS

Unfortunately, we're not having a Fall Ball season this year as our summer co-ed season ended on October 7th. Our excellent Del Webb maintenance crew has been taking great care of the field to be ready for next spring.

We're hopeful that, come our 2021 anticipated start date of April 14th, we can enjoy a more traditional season of play on Mondays and Wednesdays. We're planning for several including weekend tournaments and "Hot Dog Days" throughout the spring and summer.

We'll look forward to seeing you at Del Webb Field at 1050 Del Webb Blvd. in Lincoln Hills next year.

• • •

### Mad Hatters Bocce Group

BY PAUL MAC GARVEY

Well, we have some good news and some bad news. First the good news: John and Cynthia Gradwohl have agreed to take over primary responsibility for running the Mad Hatters Bocce Group. John and Cynthia have been playing Bocce with us since they moved to Sun City and were involved with other community Bocce groups before they joined us. They should have some new ideas. After the administrative changes are made your Mad Hatters Steering Committee will consist of John and Cynthia, Bob Vincent, Selby Fermer and Chuck Solt. Chuck is a recent addition

and has agreed to help out with the group. At some point we will have to have an "election" to ratify these changes. We are still looking for volunteers to write the Sun Senior News and Compass magazine articles. We are in the process of trying to establish a new e-mail list so you may receive e-mail from our group from a source other than [pmac1411@aol.com](mailto:pmac1411@aol.com).

Now the bad news: As we write this the Covid-19 Pandemic is raging around us and shows no sign of abating. Sad, but this was predicted by medical experts. After a day of phone calls back and forth the consensus of your Steering Committee is that we should not be resuming group activity at this time. We can only hope that Project Warp Speed will produce solid vaccine results soon.

More good news: The Association has agreed to allow people to start using the association Bocce equipment in the Bocce Locker at the courts. The procedure is essentially the same as before covid with one exception. You can go to the desk at the Orchard Creek Fitness Center to pick up the key to the Bocce Locker. They will ask for your Sun City ID and give you the key and sanitizer. You can use the equipment per usual but before you put it away you need to sanitize the balls, then return the key and sanitizer to OC. This will make it possible for people who don't have Bocce sets to start playing. We would advise you to keep your groups small, wear masks and practice social distancing. There is a set of rules posted at the courts so you might

(cont' on page 29)



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**Mad Hatters Bocce Group**

(cont' from page 28)

refer to them for guidance. They request use of gloves when playing but most people we know object to that. Second best would be to bring you own hand sanitizer.

Contact: Paul Mac Garvey, 916-543-2067, pmac1411@aol.com; John Gradwohl, 650-576-2979

• • •

**Lincsters 9 Hole Golf Club**

BY JOYCE KIRK

The December 2 Holiday Luncheon was to be a festive event for Lincsters to gather and enjoy the presentations of 2020 final awards, introduction of the 2021 Board of Officers and to say good bye and thank you to the 2020 Board. That of course wasn't to be this year.

Nonetheless, the hard-working Social Committee and a group of additional Santa's Helpers found a creative way to bring ribbons and bows and gayly decorated treats that day. A surprise delivery was made to each and every one of the 150 member's front doors in lieu of the COVID-19-canceled luncheon. Social Chair Kim Schutz explained, "We thought it might be nice to do a drive by delivery to

each member to show that everyone is remembered as a value member." The "Socially -Distanced Hug" included individually monogrammed golf shoe bags and even an original poem made personally by the hardworking committee members. The theme for the event was "Keep Lincsters in Your Future." Adds Schutz, "This is why Lincsters are members - it is not just the golf that brings this club together - it is the friendships that are formed and the personal connections that carry over



Keep Lincsters in your future— Surprise prepared by Santa's Helpers.



Social Committee Co-Chairs Kim Schutz, Kim Hall and Co-Captain Judy Josse.

from the fairway,"

The work to prepare and deliver this surprise was shared by Social Committee Co-Chairs Kim Schutz and Kim Hall, Co-Captain Judy Josse, Tournament Chair Kathy Lindner, and committee members Marnie Badgley, Judy Josse, Olga Vinyard, Ann Diddy, Nancy Dodgion, Kathy McCuiston. A special thank you goes to these thoughtful "Santa's Helpers."

Another hardy thank you goes to the members who stepped up to fill the Board positions for

next year. The slate for 2121: Co-Captains - Judy Josse and Kim Schutz. Secretary - Jane Hall. Treasurer - Brenda Cook. Tournament Chair - Susan Mox. Interested members are urged to support the club by volunteering to fill committee positions available for the new year.

There is still time to be involved in another holiday spirit activity this month. The deadline for giving gifts to Lincoln Meadows Care Center residents is December 14. If the gift-list sign up is full, additional gifts are always welcome. See the Lincsters.com site.

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(more Club News cont' on page 31)



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**Lincoln Hills October Sales Snapshot**

Address	Street	Sq Ft.	Price	Model
1111	Sun Flare	900	\$385,000	Woodleaf
945	Dogwood Ln	1322	\$425,000	Bridgeway
1708	Andover Ln	1449	\$430,000	Almanor
1361	Tallac Ln	1473	\$490,000	Almanor
902	Gardner Ct	1473	\$497,000	Almanor
1951	Monument Ln	1515	\$462,000	Pine Hill
716	Rustic Ranch Ln	1530	\$450,000	Alpine
2048	Gatehouse Ln	1539	\$525,000	Pine Hill
716	Wagon Wheel Ln	1549	\$475,000	Alpine
2368	Kingfisher Ln	1549	\$515,000	Alpine
1350	Ivy Arbor Ln	1626	\$436,000	Lassen
2060	Laurelhurst Ln	1626	\$524,000	Lassen
2045	Winding Way	1704	\$519,000	Echo Ridge
944	Wagon Wheel Ln	1775	\$500,000	Tehama
1192	Segolily Ln	1785	\$571,000	Tehama
624	Yerington Ln	1791	\$600,000	Tahoe*
180	Timberland Ln	1795	\$505,000	Tehama
2185	Lamplight Ln	1870	\$530,000	Orchard Crest
1257	Ivy Arbor Ln	1873	\$590,000	Orchard Crest
2325	Longspur Ln	1949	\$660,000	El Dorado
859	Cottonwood Ln	2049	\$675,000	Annadel*
1598	Sweet Juliet Ln	2073	\$613,500	Annadel
2158	Pebblestone Ln	2091	\$640,000	Tahoe**
728	Canyon Oak Ln	2151	\$760,000	Annadel*
208	Brockman Ln	2240	\$743,500	Napa
2547	Blue Heron Ln	2258	\$733,000	Napa*
2402	Loon Lake Ln	2258	\$845,000	Napa*
1324	Stone Hearth Ln	2612	\$835,000	Springcrest
1793	Carnelian Ln	2635	\$979,000	Sonoma*
2281	Granite Ln	2801	\$892,000	Meadowgate*
1007	Shadow Glen Ln	2955	\$880,000	Meadowgate*/**
2000	Briarcliff Ln	2955	\$835,000	Meadowgate*

\* Open space or Golf \*\*Casita

Per Sacramento mls reported sales 10/1/20 - 10/31/20

**SCLH WRITER...**

**The Animals in My 2020 Garden**

BY NANCY SWITZER

1. A small rattlesnake that thought my backdoor stoop was the best place to curl up and stay warm for a long time. (A good neighbor picked it up for me and put it in the open space.)
2. The turkeys that think my yard is a good place for searching out food and having a meeting.
3. The gray squirrel family that thought my yard was playland, and ran up and down and all around... attracting #4 next.
4. The red fox that followed the gray squirrels, and decided my yard might be a good place for hunting. And making strange sounds outside my bedroom window, leaving traces of its visit.
5. The young buck who decided my tomatoes were a good snack, and got entangled in my wrought iron tomato cage and dragged it at least 10 feet away before he got free.
6. I think it was the same buck that pruned my tiny Mandarin tree.
7. The turkeys (and neighbor) who laughed at me when I tried to chase them out of my yard.
8. The coyote that decided my yard was her personal fruit stand. Watching her carefully check both ways before crossing into my yard, picking up fallen fruit and taking it out to the

openspace before eating it. Watching her come back for days picking up the fruit dropped from my neighbor's tree.

9. Evidence that the coyote also eats cottontail rabbits by the scat and bloody front rabbit's paw left behind.

10. Possibly a raccoon that left behind a juicy footprint and a half-eaten piece of fruit.

11. The flock of turkeys (25 at best count) that held yet another meeting in my yard. Don't they know it is almost Thanksgiving???

12. The jackrabbit fleeing the sounds of the gardener's work next door.

13. The cute quail family zipping through the yard with their seven, wait five, now two, now only one baby trailing through the underbrush! But that's kind of sad!



*Photo of Deer in SCLH backyard area of Marylin Koregelos.*

*We welcome your submissions such as humorous observations and poetry. Please see page 3 for submissions information.*



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## Ladies Golf--18 Holers

BY CANDICE KOROPP

We are closing in on the end of the 2020 season. One of the remaining special events, the NetChix playoff, was played on the Hills during perfect golf weather. Just six ladies vied for the top chick of the year in this Low Net tourney, in memory of Bev Ansbro. With players handicaps ranging from 15 to 30, Koropp won with a 70, one stroke better in a close match with Wold, both with handicaps of 15. Wold parred the first couple holes and birdied the fourth, going out with a 41, but she struggled a bit at the beginning of the back nine, and Koropp capitalized with five straight pars, ending the back nine with a 40. In the final tally, Grant, who played in the second threesome, broke the tie with Wold for second, and Wold held third, while Cameron wound up in fourth, with a net 75. A Follow-the-Field tourney, with 41 gals, played behind the two playoff groups. Returning after a few weeks off with leg fractures, McNiff won first place in flight one, with a net 71, proving once again that time off erases bad habits. Sartor was second with 72; Tilton captured third in a tiebreaker with Sanderson. Tilton carded the low gross of the day with an 84. In flight two, McCann's 69, edged Ashe by one stroke to take first place and Brinkerhoff took third place. Fourth place was a contest for net score between McGraw and Dong, with McGraw winning the tie with even par. In another tie, Maureen Senn edged DeWildt for first place



Turkey Shoot winners: Thom, Gadsby, St. Peter and Fitzmaurice.

with net 71's. Third was earned by Korenthal, with 73; and fourth belonged to Biswell with 75, as she edged St. Peter in the tiebreaker. Flight four was won by Lilienthal with a net 68, and the Low Net of the day. Second went to Robinson at even par, while Unger managed third with 75, a stroke better than Sween, who claimed fourth. Briggs landed the CTP on Hole Seven and Emge got it on Hole 16. Birdies were also recorded for Dong on five, Lilienthal and Sartor on 12, and McDonald (Donna) and Senn on 16. The colors of fall were alive around the course landscape, giving way to a flourish of winning scores.

The Turkey Shoot was played in mid-November, with a field of 63. With the backdrop of autumn colors in the trees and a chance to find scarecrows hidden around the course, Chair, Darlyne Giorgi executed a nicely planned spread on the Hills. Arts, Carson, Koropp, and McCann were the lucky ones, trading scarecrows for a gift card to Starbucks. The team leading Flight One was

Arts, Brinkerhoff, Emge and McDonald. They feasted on the prize in a

tiebreaker over Sams, Sanderson, Tamanti and Tilton, with scores of 128. Third belonged to Cameron, McCoy, Ramirez and Warren with 129. The Flight Two top team of Ashe, DeWildt, Lapera and Loyd came in first, with the lowest net of the day, 124, two strokes ahead of Anselmo, Biswell, Dong and McGraw. It was nice to see Anselmo after a long absence from our Thursday tournaments. Third was dished to Carson, Giorgi, Mann and McCann. In Flight Three, first place was savored by Fitzmaurice, Gadsby, St. Peter and Thom with a 125, one shot better than the second place finishers: Cicci, Orlove, Unger and Watson (Joyce). The spoils were served to Chappellear, Grant, Senn and Storer, finishing third with 133. CTP's were won by Sanderson on five, Royball on seven, Storer on 12 and McNiff on 16. It was quite a treat to play the last tournament of the year in the glow of a fall day.

• • •

## Men's Golf Club

BY DOUG HINCHEY

The Men's Golf Club thanks out going Board members, Roger Cummings, Phil Steinbock, Doug Hinchey and Steve Beebe for their years serving on the Board. November 10th's Four Man Tournament Gross score flight winners were: Joe Angel, John Vass, George Booker, George Wuschnig, Michael McGuire-Back, Jerre Haynes, Dan Guth, Allan Wong, Ron Weech, Doug Martin, Joe Varner,

Doug Hinchey. Net flight winners were: Pete Saco, Steve Thornton, Roger Val, Bruce Lyau, Jay Stockton, Mercer Tyson, Rob Phillips, Jack Dillon, Jerry McCann, Rudy Ladera, Mike Shannon, Bob Leonard.

The October Club Championship produced overall winners: Kerry Baer, Gross winning score. John DeWildt Net winning score over two days. Congratulations men! Other one day gross winners were: Bob Schoenherr, Ike Ogata, George Wuschnig. Net winners were: Walter Milgroom, Frank Merlo, Dave Wilens.

Just For Fun gross winners were: Rich Henrikson, Roger Val, Jack Smith. JFF net winners were: Ciro Estremo, Larry Schutz, James Chan. The December 8th Holiday Challenge Tournament will be a Two Man Stableford format. The staggered tee times with 10 minute intervals has been a good format in these times.

For the last 5 years it has been a pleasure to keep you all up to date about the Men's Golf Club. Starting in January, Mike McGuire-Back will keep you well informed of tournament winners, and items of interest. Best wishes for a Merry Christmas and a Happier New Year!

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(more Club News cont' on page 34)



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# Neighborhood Watch

BY DR. BARBARA BRANCH



Wow, it's already December. Despite the pandemic, it seems that time has flown by this year. We've had a pandemic, crazy election year, wildfires, smoke, shutdowns, and protests. However, whether you celebrate Christmas, Hanukkah, Kwanza, or any other December holidays, it is a magical time of year. It is a time of reflection and thankfulness for our lives, our blessings, and our families. Sometimes if you're lucky, life will offer you a second chance. It's called tomorrow. However you are able to gather with family and friends in person or virtually, make the most of December 2020.

Two New Directors and Three Returning Directors Elected —

Two new Directors have joined Neighborhood Watch. Mona Matthias is a retired educator with plenty of enthusiasm and is "excited at the prospect of being able to contribute more to the well-being and safety of my friends and neighbors". Dennis Wagner brings a welcomed male perspective to this otherwise female board. Dennis is a retired government employee with experience on many Sun City committees. Directors, Barbara Branch, Pat Hammer, René Plummer, and Suzanne Rosevold were elected to a second term of two years. Teresa Tanin and Denise Hexom will be serving the fourth year of their 2 two-year terms. Bonnie Smedberg will be serving the second year of her 2-year term. All directors bios are available on [schwatch.org](http://schwatch.org). Directors Linda Minor and Susan Ishimaru are retiring as directors but remain as Mailbox Captains and Village Coordinators.

Two New Positions on the Board of Directors

The Neighborhood Watch Board has added two new positions. We have created the Director of Volunteer Records. This person will handle all the contact reports updated each February and August and keep the master lists up-to-date. Whenever residents move in

or move out information also needs to be refreshed. It was a job that was previously done by the Executive Assistant. We decided that this was a big job that needed a new person to make sure lists and emails are always amended with the most recent information. Director, Pat Hammer has been elected to serve in this position. We have also decided to ask the retiring Executive Director to serve a one-year, non-voting term as Past Executive Director to help provide mentoring and a smooth transition for the newly elected board. Linda Minor will serve in this position and attend meetings as we need her advice and input.



Mona Matthias



Dennis Wagner

Annual Meeting – Virtual on GoToMeeting

Thanks to everyone who attended the Neighborhood Watch Annual Meeting on November 6. The directors listed below were elected to two-year terms. Elections for officers were held at a special meeting after the Annual Meeting. The following were elected:

- Barbara Branch, Executive Director
- Suzanne Rosevold, Assistant Executive Director
- René Plummer, Executive Assistant
- Denise Hexom, Treasurer
- Pat Hammer, Director of Volunteer

Records

- Linda Minor, Past Executive Director Annual Accomplishments for 2020
- Developed and implemented

Welcome Packet Tuesdays

- Updated Safety forms for Welcome Packets
- Updated Communication Board at Orchard Creek

Streamlined New Resident Orientation Procedures

- Updated By-Laws and streamlined Policies and Procedures
- Developed Video-taped trainings for

Mailbox Captains and Coordinators

- Completed and approved 2021 Strategic Plan
- Completed and approved Lincoln Hills Foundation 2021 Grant
- Held National Night Out Events and Salt Mine Food Drive

Operations Manual

The Board of Directors will be creating an Operations Manual to accompany the newly created Policies and Procedures Manual. This manual will provide step-by-step directions for each activity and event to allow for a smooth transition for each new board of directors. This will be an internal document that will not be published on the website but will be available for all board members and any volunteers who assist with activities and events.

Alerts

- Bobcat and Kitten Sighting Near Wetlands Trail

A resident on Summerhill Lane reports seeing a bobcat and kitten several times on the golf course and the Wetlands Trail below Summerhill Lane in the Ingram Slough.

- Time Change

A reminder to fall back one hour for the end of daylight savings time on November 1.

Due to the shutdown, NW announces several changes to the calendar: [schwatch.org](http://schwatch.org)

- New Resident Orientations are cancelled until further notice.

- The NW Directors are holding all Board Meeting virtually until further notice.

- Welcome Packet Tuesdays are cancelled until further notice. There is a Virtual Welcome Packet PowerPoint and Video on the website. The link is on the top of the Homepage. Please share the link with new residents.

Thank you, residents, for responding to your Mailbox Captain to update contact information.

There are three ways to stay informed and connected to Neighborhood Watch, SCLH Association, and Placer County News.

1. To receive NW Alerts, using your personal computer, go to [schwatch.org](http://schwatch.org) & click ADD ME TO ALERTS
  2. To receive Association eNews, go to [www.sclhresidents.com](http://www.sclhresidents.com) (log in) & click SIGN UP FOR ENEWS
  3. To receive Placer Alerts go to [www.placer-alert.org](http://www.placer-alert.org) & click on SIGN UP
- Assuming we are still sheltering in place

or just slowly opening back up December, Neighborhood Watch would like to remind you of our Mission Statement:

- To strengthen neighborhood ties
- To increase personal safety and security awareness
- To be the "eyes and ears" of the Lincoln Police and Fire Departments
- To encourage emergency preparedness

Stay safe, stay well, and we will get through this together. Happy Holidays,

## Village 33 Luminarias

Village 33 invites you to come and see our 17th Annual Christmas Eve Dazzling Display of over 2,000 Luminarias. The luminarias will be lit at dusk on December 24.

Happy Holidays from Village 33.

Directions: Village 33 is located off Spring Valley Parkway between Elmhurst and Garganey

## Lincoln Community Blood Drive

Vitalant will be conducting a Lincoln Community Blood Drive on December 18 from 10:00 AM until 3:30 PM. This will be a whole blood drive and will be conducted at McBean Park Pavilion. Donating blood is perfectly safe providing you do your part. Social distancing will be observed and you must wear an approved face mask. Vitalant staff will be wearing face masks and adhering to Covid-19 protocol. You must pre-register prior to your arrival. Please pre-register at:

[https://bit.ly/](https://bit.ly/https://bit.ly/)

[LincolnBloodDriveDec182020](https://bit.ly/LincolnBloodDriveDec182020)

Pick a time that is available and which suits your schedule. Observe the instructions on the Vitalant website.

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### LH Pickleball Club

BY MOLLY MORRIS

We have awesome volunteers!

The Club offers a huge thank you to our outgoing Board members. Craig was the President for four years and is credited with a lot of the work for our new courts. Didi Martin and Lynn Fraser ran very fun, competitive tournaments for us. Gary Filizetti is such a great numbers nerd, he has been elected for another 2 years. Emily Madrid-Koszalka and Bonnie Robbins gave us a fun year of activities before COVID hit. Rita Weighall has resigned as secretary to take the new shared position of Tournament Director. Karyl Freeman has been a diligent as our Membership Chairman. Thanks to all for your hard work!

We welcome our new Board members: Mike Hilton, President; Carol Judd, Secretary; Gary Filizetti, Treasurer; Allison Campbell and Kat Kepus, Social Activities; and Rita Weighall and Karen Goeman, Tournament Directors. The Board has created a new position, Player Development which we will leave open until the new Board takes over in January 2021.

If you would like to join us and learn to play, we have an Intro to Pickleball Class every Wednesday at 11am. Please email [paddleuppartner@gmail.com](mailto:paddleuppartner@gmail.com) to make a reservation. We are limited to 8 each week, so it may take a couple of weeks to get a reservation. Thanks for your patience!

For more information regarding

pickleball or the LH Pickleball Club visit our website at [lhpclub.com](http://lhpclub.com) or call Molly Morris at 408-386-9054.

### Table Tennis

BY DENNIS ZARO

We enjoyed a few months of modified play behind the Kilaga Springs Lodge. Further play is now suspended until further notice. Our club president, Robin Bisline, will be leaving soon. She has done a wonderful job, and we will miss her. We are grateful to Alan Smith who has stepped up to fill the president's position.

### LH Tennis Group

BY HELEN BEROTT

Work is now moving forward on the new tennis courts, and they should be complete by the end of 2020, depending on the weather. There will be 16-18 additional parking spaces added at the Sports Pavilion, along with additional golf cart spaces.

We are unable to have our annual holiday luncheons in December, but are preparing to be ready to go in 2021 as soon as we are allowed to have gatherings.

Several members of the LHTG Board of Directors are stepping down. Please join me in thanking Lanell Stanley, Pam Geernaert, Jill Gossard and Jan Soto for their service this year. Patti Kingston will join the Board in 2021 as Social Director; Eric Butler will

be Finance Director; Sarah Solberg and Joel Baynes will be At Large Directors. Continuing on the Board will be President Steve Bringman, Communications Director Helen Berott, Tournament Directors Cathy & Dennis Vaillancourt and Web Master Carl Lynch.

### LH Billiards Group

BY STEVE FOWLER

Everyone is anxiously looking forward to resuming tournament play. Initial play will be for all residents of Sun City, and LHBG tournaments play will commence as soon as restrictions are removed sufficiently to allow tournament play. The final restrictions and rules for play will be determined once we get closer to opening again. As it currently stands LHBG Monitors will be at each lodge to assist and direct play for residents of Sun City. The New Brunswick Gold Crown V1 Tables have been installed in both lodges, carpet cleaned, and new stainless-steel lights installed.

LHBG will follow the COVID-19 pandemic directives, as defined by the Lincoln Hills Board of Directors, to be used by Lincoln Hill residents while using the facilities at Orchard Creek and Kilaga Springs. Anticipated conditions of play:

1. Signup sheets for pool players will be located at each lodge. They will be located at the entrance to each of the pool rooms or at the front desk of each lodge.
2. Players will only play for 1 hour each day (will be modified as needed).

3. Because of limited pace, players cannot play two days in a row.

4. Wear a mask while in the billiard room (If required by the Board for entry into the lodges).

5. The pool balls will be washed at the end of each day.

6. Wear a pool glove or plastic gloves provided by CCOC.

7. Maintain Social Distancing.

8. There will be 8 chairs set up in the O.C. pool room and 12 chairs in Kilaga while the 6 ft. limit is being enforced. Chairs will be wiped down at the end of the day.

9. Bring your own water. Sanitizer will be supplied by LHBG.

10. No more than 2 players per table.

11. Arrive no more than 5 minutes before your scheduled playing time.

12. No guests, visitors, or spectators in pool room.

13. Players must use their own pool cues. Two ball cleaners, four monitors provided by LHBG (two for each Billiard's room), two sign up monitors (one for each lodge). Eight (8 minimum) volunteers required per day. Contact Rich Lujan at [rlujan1234@aol.com](mailto:rlujan1234@aol.com) for additional information.

Contact Tony Felice at 916-955-0501 [atfelice3@gmail.com](mailto:atfelice3@gmail.com) for information on the below listed tournaments, membership application and social functions. See our website at <http://lhbilliards.com> for information about our club policies and individual tournament

(cont' on page 35)

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**LH Billiards Group**

(cont' from page 34)

rules.  
The Club dues are \$10 a year. Membership year is Jan 1 through December 31 of each year. Dues paid in the month of October, November and December will be counted current for the following year. Membership Forms will be available on the Billiards Room Bulletin Boards at Kilaga and Orchard Creek Lodges. An individual may play in one tournament then they must join our club to be eligible to play in future tournaments. Once we get back into the tournament mode the below applies.

Billiards Group Schedule - Recommended Playing Levels

All tournaments and training are held at the Kilaga Springs Billiards Room.

Level: Beginners

Beginners Tournament - Monday 10:00 AM to 12:30 PM. Straight 8 ball (singles)/8 Ball 1/15 (singles). Strictly for new players.

Mentoring Training - Tuesday- 9 AM-10:00 AM and 10:15 to 11:15 AM. Learn how to play pool, or refresh skills of former players. Basic, Intermediate and Advance Training available.

Level: Novice - Intermediate Players

Breakers - Saturday- 8 Ball. 10:00 AM to 10:15 AM check-in. Play from 10:15 AM to 12:30 PM.

Ladies - Tuesday- The first Tuesday of the month straight 8 is played. Otherwise 8 Ball (1/15). 12:30 PM- 3:00 PM. 12:30 PM to 12:45

PM check-in. Play starts promptly at 12:45 PM.

Co-Ed - Wednesday- 8 Ball. 4:15-6:30 PM. Beginner to Intermediate.

Upstarts - Thursday- 11:30 AM - 2 PM. 8 Ball (intermediate).

Players - Thursday 8 Ball. 2:15-4:30 PM for intermediate to advance players.

Challengers - Friday 8 Ball (1/15). 9:30- until 12 Noon. Intermediate to advanced players.

Level: Advance Players

Rack-N-Roll Group - Monday 2:30 to 5:30 PM. Straight 8 Ball or 8 Ball with 1 and 15. Generally, if there more than 16 players the game will be straight 8-Ball.

Cue-Masters: Wednesday- 12:45 PM Sign in with a start time of 1 PM. Meets 1st Wednesday for 8 Ball Singles, meets 2nd Wednesday for 9 Ball Singles, Meets 3rd Wednesday for Doubles 8 Ball alternate shots.

Co-Ed, Upstarts, Breakers, Players, Challengers, Rookies and Ladies Tournaments are free. The Cue-Masters and Rack-N-Roll tournaments require an entry fee of \$2 to play that day. All monies collected are paid out as prizes.

...

**Slow Down...**

(cont' from page 3)

neighborhood.

As I go door to door and talk with the neighbors, I hear the same complaint over and over.

"We signed a petition before, but nothing ever happens. The cars keep racing up and down, with no thought as to a 25 mile an hour speed limit."

Well, I am not going to give up so easily. We are a community of 7000 plus homes, and we can carry a BIG STICK with a BIG VOICE.

I have reached out to Robert Richardson, to come by and visit our street and our neighborhood. If he cannot ask the HOA board to rally for the citizens of Sun City, then we are paying dues to a Board that does not recognize us.

There must be more that we can do. I am still waiting for him.

Maybe, I need to stand at the entrance with a sign that says, SLOW DOWN.

Donna and George Schweiger

...

Send your letters to the editor...  
See same page 3 details!

**ANNOUNCEMENTS**

SONS IN RETIREMENT BRANCH 13 (Lincoln/Roseville) is cancelling its activities until further notice. Sons In Retirement is a fun social group dedicated to promoting the camaraderie of retired men. If you are interested in joining SIR or attending one of our luncheons at Catta Verdera Country Club as a guest in the future, please contact Chet Winton at 916-408-8708.

...

SONS IN RETIREMENT (SIR) Roseville/Rocklin next scheduled virtual luncheon via Zoom Dec. 9, 2020. If you would like to join the meeting & learn more about SIR please email jegragg65@gmail.com phone: 916-708-5154 SIR is a fun, social organization for retired or semi-retired men, offering activities such as golf, hiking, bowling, bocce ball and many others. website: sir98.org

...

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Happy Holidays! It is our sincere hope that you and yours are well and happy, and that your holidays are merry and bright. We are so blessed to live and work in the areas we serve, and are grateful for the opportunity to do both. In appreciation of the community support, we are committed to "giving back" as a Sun Ridge family and wanted to share some of the local organizations Lenora and Larry are proud to sponsor throughout the year:

Boys and Girls Club • Sun City Roseville Spirit Days • Sun City Roseville Men's Softball League • Sun City Roseville Sun Dogs Softball • Sun City Roseville Men's Golf Club • Sun City Roseville Member to Member Golf Club • Sun City Roseville Men's & Women's Golf Invitational • Sun City Roseville Foundation

Warmest holiday wishes from our home to yours, Lenora & Larry

**LENORA HARRISON** DRE #01229917  
**916-765-4188**

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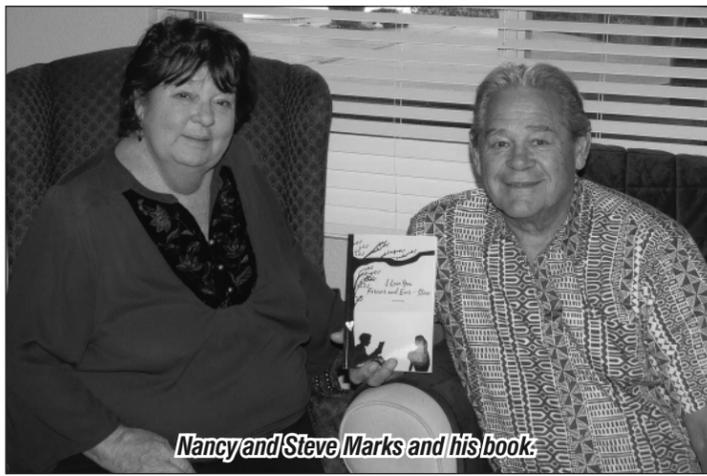
# Steve and Nancy Marks

(cont' from page 1)

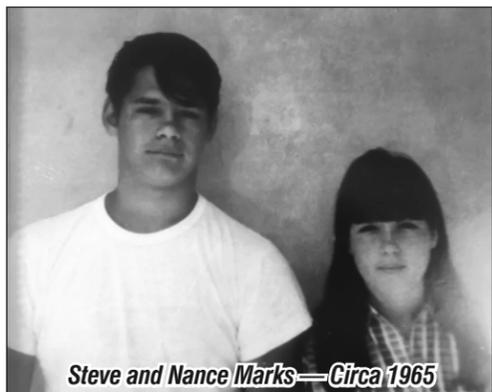
years and moved up the tree until the tree was torn down. They lived in the Cambrian Park part of San Jose and both graduated from Leigh High School. Nancy's family was Catholic and Steve's family, although at first Methodist, eventually converted to Catholicism. Both families attended the St. Francis Cabrini Catholic Church where the young couple married right after Nancy's eighteenth birthday. Steve was nineteen. Their families were not completely encouraging of their relationship in the beginning since they believed they were too young. In fact, Nancy was sent to Michigan by her mother to live with an uncle and aunt for months, hoping that the "puppy love" with Steve would wear off. When Nancy returned to California, the relationship was still strong. Nancy and Steve started counseling for marriage on the sly with the local priest.

Finally convinced of the couple's strong intentions, both families came on board before the wedding. Both mothers rose to the challenge of assisting with the ceremony. An uncle who owned a cobbler shop even dyed shoes to match the color of the bridesmaid dresses.

Three days after the wedding, the first Vietnam lottery draft occurred in July. Steve's number was low enough for him to be drafted into the Army in July. Steve first had a clerk's job in Georgia. This was where their first child, Angela, was born with the Army's financial help. The Army was then going to assign him to Germany, but Steve volunteered for Vietnam since he knew it would shorten his time in the



*Nancy and Steve Marks and his book.*



*Steve and Nance Marks—Circa 1965*

military. Instead of serving two years, he was able to finish in eighteen months. While he was assigned to Vietnam for a year and separated from Nancy and Angela, the young family was able to have an R and R in Hawaii. While in Vietnam,

Steve wrote a letter to Nancy every day. Each letter was signed, "I love you forever and ever—Steve." After Steve finished with his military service in eighteen months and three days, he was already a sergeant.

Steve's original career goal was to be a plumber, but his brother attended the United States Naval Academy and encouraged Steve to attend college first. Nancy started working to support the young family and Steve attended Catholic Santa Clara University with a scholarship. After college, he worked in operations at Memorex for seventeen years and then worked at an operations management job in Livonia, Michigan for three years. The long cold winters proved to be too much, so they came back to California. Steve took a job as Director of Operations for Ampro which was eventually purchased by ADLINK, based

out of Taiwan with many locations all over the world. Because of this, Nancy and Steve have enjoyed many visits to Taiwan, Germany, and mainland China.

Nancy worked at various jobs over the years including seasonal retail help and nurse's aide. For the most part, her job was to care for the couple's three children—Angela, Michelle, and Daniel. One of her favorite memories of working is a stint of helping her daughter with an infant daycare in the San Jose area. They worked out of Nancy's home and had a lively business since they were centrally located near the junction of the 101, 280 and 880 freeways. It lasted for two to three years.

Their three children are still based in the Bay area—Angela is in San Francisco, Michelle is in San Jose, and Daniel is in San Francisco. They have two daughters and a son and an equal proportion of grandchildren—two granddaughters and a grandson.

One of the couple's best memories is their weeklong celebration for Nancy and Steve's fiftieth wedding anniversary. The family all gathered at a VRBO location on the beach in Maui in 2019. They combined Thanksgiving, Nancy's birthday, and the anniversary. They remarried by the swimming pool with the exchange of new wedding rings. Sentimental about their first pet which was a turtle, they put turtles on their rings. Amazingly, they were entertained by turtles on the Maui beach during their time in Hawaii.

The grand fiftieth anniversary celebration was made possible in part by proceeds from the sale of the couple's San Jose home. Since the real estate values in the Bay area are more than here in Lincoln, they were able to not only purchase their Sun City home but also save for a memorable celebration of their long love for each other. There is a great picture in their home made by a friend with a beeswax technique that highlights their love, wedding rings, hearts, and a profile of the couple.

They love living in Sun City. Steve enjoys pool and misses the interaction during these times of closure. There are several pool tables in Lincoln. Steve also likes to golf and fish. Nancy is currently not as active as she would like to be since she is having difficulty with her hip.

She is looking at the possibility of hip surgery. They really enjoy the people in Lincoln and have met very few "grumpy people."

Their comfortable house is a pleasant environment for several reasons. Nancy and Steve are friendly, fun-loving, and obviously enjoy each other's company immensely. They just adopted an eleven-year-old cocker spaniel named Sherman who is a great companion and friendly like its owners. Sherman recently had surgery and is wearing a cone but is relatively complacent about the whole situation. Also interesting is the backyard full of various kinds of bird feeders and birds that were active when I was there for a visit.

Steve does a great summary about their life together at the end of his book. He states, "I feel fortunate that she cares for me as much as I care for her. We have a love and a passion for each other that makes every day happy for us. Life can take many unexpected turns, but with Nancy as my best friend and my loving partner, we are able to overcome all of life's challenges together. Above all, Nancy, I love you forever and ever."

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# Observations on Sports and Reading

BY MARTIN GREEN

Sports: I ended last month's "Observations" by noting the passing of Yankee great pitcher Whitey Ford, who, like myself, was a New Yorker, was a year older than me, and was in the Army at the same time, after which our paths went their separate ways. I noted that Ford's passing evoked many memories and that I might pursue these in my next "Observations". One of the things that sheltering in place during a pandemic is conducive to is doing a lot of reading of old books that have been laying around your house for a while. It so happened that I recently picked up one of these old books; it was called "Red Smith on Baseball" and looking through it evoked many, many old memories.

The book goes back to the 1940's when baseball heroes were coming back from WWII and real baseball was resuming. The first piece was about the October 1941 World Series game in which Dodger catcher Mickey Owens missed a third strike pitch from Hugh Casey to the Yankees' Tommy Henrich, enabling Henrich to get to first, after which the Yankees rallied to win the game and then the Series. I kind of remember that memorable World Series moment and I'm sure that, as an avid Yankee fan, I rejoiced, but now I feel sorry for Owens, an excellent catcher forever known for that one mistake.

There's also a piece on the 1948 playoff

game between the Cleveland Indians and the Boston Red Sox. I'm sure I was disappointed that my New York Yankees finished two games behind that year after being favored to win the pennant. In the playoff game, the Indians started a rookie, Gene Bearden, and the Red Sox relied on a journeyman, Denny Galehouse. Bearden pitched a good game; Indians player/manager shortstop, Lou Beaudreau, hit a home run and the Indians won.

There are a lot of mentions in the book of such old-time stars like Joe DiMaggio, Ted Williams, Hank Greenberg and Stan Musial, but what most interested me were the names of players I'd completely forgotten---like the above-mentioned Gene Bearden and Denny Galehouse, and players like Howie Pollet, Bobo Newsom, Johnny Pesky, Freddy Fitzsimmons, Wally Moses and Boo Ferris. These brought back a whole different era, in baseball and also in my own life, when baseball meant a whole lot to me.

Reading: Red Smith's book wasn't the only one I found. Mary Higgins Clark was a mystery/suspense writer who turned out 57 books, all of them best-sellers. Like Whitey Ford and myself, Clark was a New Yorker (born in the Bronx) and lived a long life, passing away in January of this year at age 92. She had an interesting life that you can go to Wikipedia to read about. Here, I'll only say that she wasn't

always a rich best-selling author. She overcame many obstacles on her way to success and all in all seems to have been an admirable person.

The book I picked up is about a well-to-do woman, Molly, who comes home one night to find her husband with his head bashed in. Shortly before this she'd found out that he, a respected doctor, had an affair with a nurse and fathered a baby with her, which naturally upset her. She goes into shock, is later found covered in her husband's blood, has no memory of what happened and is sent to prison for five years for his murder. Needless to say, we know that Molly is innocent and the rest of the book is concerned with proving this while uncovering evil-doings of her husband and his fellow doctors, none of whom we'd want treating us. The book isn't exactly a classic, but is well-done and provided me with a few days of diversion from the pandemic and other sundry worries. As I've said, Higgins Clark wrote 57 books so there are a lot of them out there for you to choose from if you'd like a similar diversion.

Sports on TV: Reading about sports (and reading thrillers) is one way of making it through a long pandemic lockdown but it's possibly even better to have sports to watch on TV. After many months, sports have come back, not quite in the same way as they used to, but still they are there, even if with many of the

same horrible sportscasters. The NBA playoffs in the bubble provided some exciting games and showcased some players we might not have otherwise seen. The shortened baseball season might not have gone as smoothly, with some glitches due to the virus, but it ended with the Dodgers, said to be baseball's best team the last few years, making it official with a World Series win.

Best of all, the NFL season is back, like baseball with some glitches due to the virus, but still going ahead with a full schedule. There seem to be a lot of good young quarterbacks around and a lot of games ending with a last-second touchdown or field goal. One thing I've noticed, there's a trend to smaller running backs, if a running back only 5'8" and 200 or so pounds can be said to be small, and bigger quarterbacks who can run as well as throw. The one drawback for us San Francisco 49er fans is that injuries have so decimated our team that it's no longer the one that made it to the Super Bowl last year. We'll have to wait until next year and hope to have our players back.

As I write, the election isn't quite resolved yet so we may be forced to watch still more political stuff on television but there's a Super Bowl ahead and maybe, with a vaccine, a full baseball season to follow.

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