UNSENIOR NEWS

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Sun Senior News 5098 Foothills Blvd., #3-405 Roseville, CA 95747

ECRWSS RESIDENT ROSEVILLE, CA 95747

Charlyn and Marty Ross — Family, Movies, Chocolate

Charlyn and Marty Ross will celebrate their sixtieth wedding anniversary this year on July 29. They have lived in Sun City for twenty-four years, just a few years after the retirement community broke ground in 1994. They moved from Los Angeles after Marty retired from the California's Employment Development Department (EDD). Charlyn also worked for EDD and transferred to the Sacramento office after their move, until her retirement in October 1998.

In 1948, Charlyn's family moved from Chicago to Los Angeles, primarily for a better climate. She graduated from Fairfax High School and then started at UCLA.

In 1950, Marty's family moved from Detroit to Los Angeles, for the same reason. His family lived in the East Los Angeles area. After graduating from Roosevelt High School, he joined and spent three years in the Army. Then he started attending Los Angeles City College.

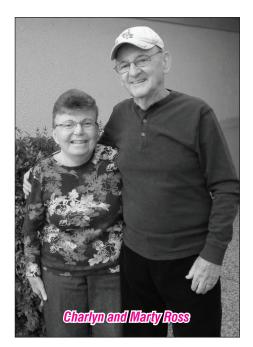


PHOTO BY KEN SHAHOIAN

Jennifer Martin

It was at this college that events would bring Charlyn and Marty together. Shirley, a girl in one of Marty's classes, played matchmaker and asked Marty if he would be interested in a blind date with "a short, attractive girl." He said, "Why not?" Shirley knew Charlyn and asked her if she would be interested in meeting "a short, nice guy who recently got out of the Army." Charlyn was hesitant, thinking he might be too worldly, but agreed to have him call her. She was a freshman at UCLA and, the evening he called her, she told him, "I can't talk right now, I'm busy studying for an exam. Can you call on another night?" Shy, Marty felt like he was being given a brush off and wasn't going to call back. When Charlyn's mother heard what Charlyn said, she scolded her and encouraged her to call Shirley back and have Marty call again, which Charlyn did. He did make the call, and on October 28, 1958, they met. Marty's first reaction upon seeing her

(cont' on page 19)

SCR Foundation

A charitable service organization by and for the residents of Sun City Roseville

BY TONI FISHER, Public Relationes Director

Living Our Lives with Hope for the Future

We have had a wonderful response to

our Annual Friends of the Foundation Appeal which was mailed out last month and we certainly appreciate that! If it is not a good time for you to donate in support of the Foundation's helpful activities for the coming year, your tax-deductible donation at any time will be welcomed. As our motto states, we are all about "Neighbors Helping Neighbors" and we count on your support to help us walk the talk.

As we near the one-year mark of contending with the COVID Virus, we can be very proud that our Sun City neighbors have willingly followed the urgings of the experts regarding the use of face masks, social distancing and refraining from indoor gathering with those who are not in our immediate families. This has not been easy, yet we know it is the only means by which we will move out of the pandemic. We must now hope that others will abide by the rules to save themselves, their friends and family and us!

But the question remains, how have we managed to do this so well? Throughout (cont' on page 25)

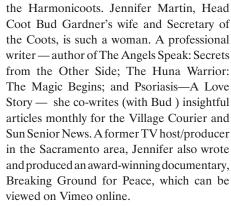
Harmonicoots

BY BUD GARDNER

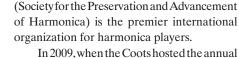
Happy is the man who finds a true friend,

and far happier is he who finds that true friend in his wife Franz Schubert

We've all heard behind every successful man is a strong, supportive woman. So it is with



Because of Jennifer's "Caroling with the Coots" story — which appeared in Chicken Soup for the Soul Christmas, memorializing the Coots' caroling program for SCR shut ins — the Harmonicoots are known worldwide. Her major article - "The Legend of the Harmonicoots" - appeared in the SPAH magazine, Harmonica Happenings., SPAH



In 2009, when the Coots hosted the annual SPAH convention in Sacramento, Jennifer led tours for women attendees to the Capitol, wineries in Auburn, and Old Sacramento. In charge of the women's breakfast, she provided entertainment from a group of professional hula dancers which wowed the audience.

Even though she's not a harmonica player, Jennifer does her part during caroling by shaking a jingling bell wreath and hosting the after-caroling parties. She also provides press releases to all local media outlets for our Jamborees and operates one of the video cameras to tape our shows, twelve of which are up on YouTube.

No doubt, the Coots have found a true. supportive friend in Jennifer Martin.

Sun City Singers

BY JACKIE PROETT

It's January and this time it would be nice to slam the door shut on 2020. If we did that we would not be able to see the things we've learned, the ways we've abided, the ways we've grown. In deference to Frank Sinatra, "It Took A Very Bad Year"! We've had terrible losses and somehow we've carried on. We are so tired of singing solo, but we still can hum a happy tune.

The Singers all had individual concerts at

(cont' on page 7)



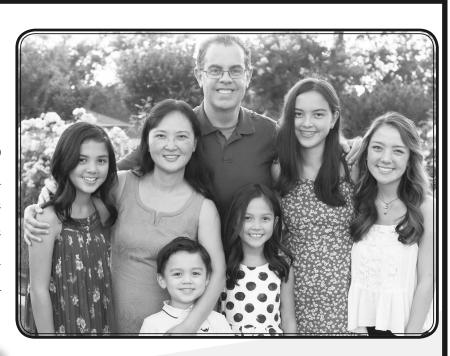


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SUBMISSIONS

The Sun Senior News - Roseville welcomes announcements from social clubs, schools, charitable organizations, non-profit organizations, local government and community events. Also, editorial contributions as well as articles, cartoons and photographs are welcomed and considered for publication. Deadline for submissions is the 15th of each month. Please submit via email to: egnews@egnews.com

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Introducing Mayor Bernasconi

BY KRISTA BERNASCONI, Roseville Mayor

Becoming mayor during a pandemic was not what I (or anyone else for that matter) anticipated in 2020. But I'm more than ready to build on the resiliency that defines our incredibly strong city.

While public service is something I have made a priority for the last 18 years, so has raising a family and running a business. I've learned that if you raise your hand enough, you might just get picked. I began raising my hand to help in high school and again when I

served in the Navy. Before too long, I served 8 years as a school board member, 8 years as a planning commissioner and nearly that long as a chamber of commerce board member. Giving back was something instilled by my parents, small business owners. It has always been about service and making our community a better place to live.

Our city has six goals that are the culmination of prior years of vision, planning, and pure determined grit. At the forefront are maintaining a safe and healthy community, remaining fiscally responsible and encouraging economic development.



Lastly, there are some things I'd like to share about myself.

-I was born in Roseville and can't imagine living anywhere else. Like the old timers, I remember the one-way road to Folsom Lake, the bears at the zoo at Royer Park and the scent from the turkey ranch on a hot summer night.

-I won't give up. I don't give up on ideas, on people, on helping others, on trying to see the positive, even in times like these. If you have an idea, need help or have a

question, please, reach out.

-I am a wife to my super hard-working husband Tony; I'm also a business owner, a US Navy veteran, sister, aunt and potentially new best friend now to many. I'm also mom to my loves, twins Nick and Ella. I would not be here if it wasn't for the support of my family, community and public services mentors.

Lastly, I will share that I am so thankful for this opportunity. While I never dreamed I would be mayor, this in fact is a dream come true. I plan to continue to work for our residents, family and business owners. I will give it my all and carry the torch as far as I can.



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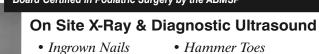
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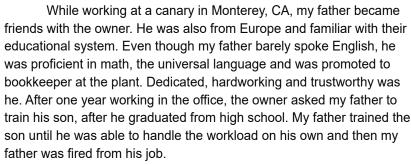


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Both of my parents studied very hard to learn the English language and for the American citizenship test. My mother and grandmother picked up the language quickly while my father had a very strong accent and spoke broken English. It was enough to get him a job as the controller for a hotel chain. My mother joined him as a bookkeeper. After a couple of years working at the hotel in Watsonville, CA, they were transferred to a new hotel that was built in Salinas, CA. After going through many different managers that did not work out, for one reason or another, my father finally got promoted to the management position where he worked until his health caused him to retire at the age of 62.

Due to the war, four years in the displacement camp, immigrating to America, and a physical condition that my mother had, they got a late start on having children. My older brother was born first, and then came my sister; I was next and then came my younger brother. By the time I was born, my father was forty seven years old. My younger brother is four years my junior. See what I mean by getting a late start? My mother however, was twelve years younger than my father. Family life up next...

Thank you for your continued help Julie.

Your "PAL" in Real Estate

From City of Roseville

Five New Projects Spurring Roseville Economic Growth

BY LAURA MATTEOLI, City of Roseville Economic Development Director

Roseville is set to see several new projects which are expected to generate significant economic impact through job creation, capital investment, sales and transient occupancy taxes

These developments show that Roseville continues to be a sought-after destination for businesses and residents.

290 Conference Center Drive

Recently City Council approved the sale of an 11-acre parcel adjacent to the Galleria mall. Conceptual plans for this prominent location include a 64,000 square-foot five-story luxury hotel with 132 rooms and a 74,000 square-foot four-story extended stay hotel with 123 rooms.

Also planned is an 80,000 square-foot two-story building. The space will include an indoor/outdoor public market with retail, dining and entertainment on the ground floor. It's being patterned after the Oxbow Public Market in Napa. The second floor will house approximately 40,000 square feet of office space.

The site was purchased for \$4.8 million and is entirely privately funded.

It's estimated 455 permanent jobs will be created with an annual payroll of more than \$22 million.

Construction is anticipated to begin in 2022 and open in 2023.

320 Vernon Street

A long-planned catalyst site in Downtown Roseville, this property was purchased by Lennox Hill Interiors, Inc. in 2019 and has conceptual improvements for a six-story building with condominiums, 9,300 square feet

of retail or commercial space, and a rooftop restaurant.

It's estimated the proposed project would generate about \$25 million in capital investment, and create about 200 temporary construction jobs and 50 to 100 permanent jobs.

Galilee & Industrial Avenue

Green Acres Nursery & Supply has purchased 6.89 acres on Galilee Road and Industrial Avenue. The parcel is bordered by Washington Boulevard and the Roseville DMV. This site provides additional space to meet the growing demands of customers. Green Acres plans to relocate from their Galleria Boulevard space and predicts opening the new location in 2022.

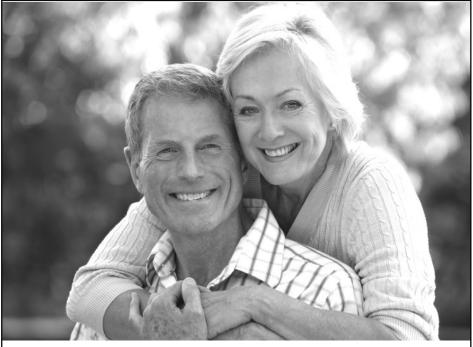
505 Royer Street

A 1.17 acre parcel in the heart of Downtown Roseville is available for purchase and development. It's zoning and close proximity to popular amenities make it a great fit for a variety of uses including retail, restaurant, office, multifamily residential, or live/workspace.

Advertising opportunities

Businesses will soon have another way to increase visibility with new digital billboards planned for Interstate 80 and Highway 65. Revenue generated will help offset the cost of municipal services.

For more information on economic development, visit roseville.ca.us/ChooseRoseville. Be sure to subscribe to the Business Matters newsletter and be alerted to opportunities, assistance and other important business news.



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From Your Placer County Supervisor

BY BONNIE GORE — Supervisor Placer County, District 1

It has been an honor and challenge serving as Chair of the Placer County Board of Supervisors in 2020. We have worked to support our residents to get through the state mandated shutdowns and continue to monitor COVID-19 spread in our community. With COVID-19 vaccines beginning to be distributed, we will hopefully be able to turn our

focus to economic recovery and local issues.

Placer Seeking Support for Increased Testing and Vaccine Campaign: Placer County Health Division is building a workforce to continue specimen collection and implement our COVID-19 vaccine campaign. If you or someone you know is interested and qualified, the following links are job descriptions and application information for Registered Nurses (RN) and Licensed Vocational Nurses (LVN). Please share this information with someone you know if they can support this effort.

RN: https://tinyurl.com/Placer-RN-2020 - LVN: https://tinyurl.com/Placer-LVN-2020

Shop Local, Show Love for Local: I encourage all residents to continue supporting our local businesses. Many of our businesses have worked extremely hard and invested so much in an effort to comply with state guidelines and are depending on us to patronize them to get through the mandated shutdowns.



Please be patient with managers and workers, take precautions as advised: wear a mask and keep your distance from other patrons.

Transportation and Construction in West Placer: I have heard from many residents in West Placer who are interested in learning more about the current and future construction that will

take place in our area. The workshop that was planned to inform the community about these projects was cancelled due to the initial breakout of COVID-19 and I will be announcing a new date soon as we know more about what we can expect for construction

Homelessness and Support Services: Placer County works to have a comprehensive approach to serving our homeless residents and those who need support. In addition to the Permanent Supportive Housing and Whole Person Care programs, I will continue to work with our community and staff to find innovative ways to help those most in need.

New Supervisor for District 4: We welcome Suzanne Jones to the Board of Supervisors in 2021. District 4 encompasses Granite Bay, central and eastern Roseville. Suzanne has been a Placer County resident for nearly 30 years and most recently served

on the Placer County Board of Education. If you have not already, I encourage you to reach out and introduce yourself. For the first time ever there will be three women on the Board of Supervisors!

As always, if you have any questions or concerns, do not hesitate to reach out to me at SupervisorGore@Placer.CA.Gov or by phone at 916-787-8950. If you have not already, you can subscribe to community updates and my monthly newsletter by visiting http://Placer. CA.Gov/District1Newsletter.

Astronomical Events for January

BY BILL WEAVER

Astronomical Events for January 2021

January 2, 3 - Quadrantids Meteor Shower. The Quadrantids is an above average shower, with up to 40 meteors per hour at its peak. It is thought to be produced by dust grains left behind by an extinct comet known as 2003 EH1, which was discovered in 2003. The shower runs annually from January 1-5. It peaks this year on the night of the 2nd and morning of the 3rd. The waning gibbous moon will block out most of the faintest meteors this year. But if you are patient, you should still be able to catch a few good ones. Best viewing will be from a dark location after midnight. Meteors will radiate in the Northern sky from the constellation Boötes but can appear anywhere in the sky.

January 13 - New Moon. The Moon will be located on the same side of the Earth as the Sun and will not be visible in the night sky. This phase occurs at around 9:30 PM in Northern California. This is the best time of the month to observe the heavens for faint objects such as nebulae, galaxies, and star clusters because there is no moonlight to interfere.

January 24 – The planet Mercury will be at its Greatest Eastern Elongation (the angular separation between the Sun and the planet, with Earth as the reference point). The planet reaches its greatest eastern elongation of 18.6 degrees from the Sun. This is the best time to view Mercury since it will be at its highest point above the horizon in the evening sky. Look for the planet low in the western sky just after sunset.

January 28 - Full Moon. The Moon will be located on the opposite side of the Earth as the Sun and its face will be fully illuminated. This full moon was known by early Native American tribes as the Wolf Moon because this was the time of year when hungry wolf packs howled outside their camps. This moon has also been known as the Old Moon and the Moon After Yule.



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Sun City Singers

(cont' from page 1)

home, singing Christmas carols that brought hope to our lives in spite of Covid. The angels still soared, this time with the promise of a vaccine. As sad and frightened as we were, Christmas always turns the "Blues" to gold.

The healing begins. Oh, it won't be all at once. It may take longer for wellness than it took to get sick. While we're at it, healing our country's other illnesses, could begin. Like online kids, we're learning new tricks each day.

The New Year gives us other songs to sing and other questions to ask. Will we ever use the concert music we have at home? Will we find many new people to join our ranks? There are people out there who are going to want to sing after being locked up so long. Send them our way! Will we continue to use the lessons we've learned about kindness, neighborliness and love?

January is a new beginning and as long as that door is open, let's look ahead. The future is brand new and exciting. Like that cherished song, "Though your dreams be tossed and blown, walk on, walk on with hope in your heart and you'll never walk alone."

Happy New Year!

Music and Laughter

BY JANE BOHN

Here comes lots of good wishes for a happy and healthy 2021. Hey, we made it. Thank heavens 2020 is behind us. Here's hoping that fairly soon we can resume some of our activities here in Sun City. We really miss all our fan club and wonderful entertainers in our Music and Laughter group. Many I talk to feel the rug has been pulled out from under us for almost a year now. I keep telling them to keep the faith and know that things are going to get better. Thankfully, many are singing and playing their $instruments\,with\,small\,gatherings\,of\,friends\,or$ family. We all have to find a way to cope and stay positive knowing our fun times will resume at some point. When good news arrives I will update our Music and Laughter website as well as e-mail all those on our list. Meanwhile, here comes many more virtual hugs.

SCR Dance Club

BY LENORA DAVIS

Happy New Year to all of you!

With 2020 in the rear view mirror, here's hoping for a light at the end of the tunnel and a much happier 2021. Did you make a New Years resolution? If you are like me, they usually consist of exercise more, lose weight, learn something new, make at least one new friend. and say "yes" to more social events. If any one of these are one of yours, might I suggest joining the dance club. You could accomplish all of the above goals just by joining in the fun and learning a few dance steps and meeting new people. If you are already a member, bring a friend to join in as soon as we get to hold classes again. Although the Dance club has been unable to hold any dance classes, we all wait patiently with anticipation. If you think it might be something you could be interested in but are not ready for a commitment you can always come once as a guest. Make it a goal for the new year and hopefully we will be back with our dancing shoes on soon.

Fine Arts Club

BY ELLA BOSSE

The Fine Arts Club has no activities planned as we are all still on hold!

I was reading about Norman Rockwell (1894-1978) and wanted to share that with you, I am sure you all know him. He was best known for his 332 cover illustrations he did for the Saturday Evening Post. His illustrations were so popular that the Post had to print 250,000 extra copies whenever the cover was done by him. Must have been so much fun to receive your Post with the newest illustration! Kids playing, mother's baking and idyllic pictures of everyday life in America, bringing some cheer in dark days.

But, he illustrated many more publications and did a yearly calendar for the Boy Scouts of America for 50 years.

He depicted the American Dream: everybody was nice and kind and everything was simple. He said: I paint life as I would like it to be and that was during the time of two World Wars and the Great Depression!

In 1943 he created Rosie the Riveter, she was a cultural icon and a symbol of woman empowerment.

In 1977 he received the highest honor

given to a civilian: the Presidential Medal of Freedom for his "vivid and affectionate portraits"

If you get to travel again and find yourself in Stockbridge Massachusetts, be sure to visit the Norman Rockwell museum.

We hope this new year will bring us some cheer and we get to resume our activities again.

Till we meet again and in the meantime, be safe!

Needle Arts Club

BY C.J. KIDD

Happy New Year "2021" — May you rise each day with sunlight in your heart, success in your path and that smile, that everyone loves to see...

Lasked several members to share a story about their favorite and most memorable gift. It mattered not from whom or when it was received.

Ardis Wedemeyer shared her story. I

had just moved to California that spring and had found a job. I was dating Mike (my future husband), but around Thanksgiving I got homesick and was missing my parents, friends and even the snow in the Midwest. Mike surprised me with a round trip ticket

home and that was when I realized he was a keeper.

Shelly Winters shared her story. My son

arrived home from Africa after 2 years in the Peace Corps. I picked him up at the airport on December 14, 2013 which also happens to be my birthday. For the next 10 days, we were busy decorating, planning menus, cooking, baking and shopping. It was my

turn to host our Christmas Eve gathering. We had so much fun getting ready and spending time together. On December 24 my family arrived to share the joy of being together. We enjoyed all the soups and salads we had prepared. Everyone cherished the moments spent with my son. Best Birthday/Christmas gift ever.

Penni Hansen shared her story. I used

to have a drawer in the kitchen where I put recipes collected from family and friends. The drawer was filled and I was always saying, Someday I'm going to organize these recipes. Ten years ago, Ken surprised me with a binder, with all the recipes



organized into categories. He had been teasing me for weeks, saying he had a special surprise for me. Organizing is not his strong suit!

Thank you, ladies for sharing such sweet stories.

Cinema Group

BY BRIAN SUTTON

As this article is submitted for printing at the beginning of December, we cannot tell when conditions will permit the Cinema Group to meet. Nevertheless, we hope our members are finding their individual ways of enjoying the wonderful world of movie entertainment.

Many of you have taken to streaming movies from various internet services, which offer access to older and newer movies. Some of you, who still have a working disk player and can view movies on DVDs or Blu-Ray disks, may have joined a disk rental service like Netflix or have taken advantage of our nearby Riley Library's vast DVD collection by going to the now open Library, or by selecting items online and using the Library's curb-side pick-up service.

Riley Library is open Tuesday-Saturday from 10:00 am - 4:00 pm. Details about the Library's curbside pick-up service are available from the Library's website, which can be accessed from the City of Roseville's website, www.roseville.ca.us, in the "Residents" menu.

We sincerely hope we will soon be able to get together to enjoy many entertaining films.

(more Club News cont' on page 9)



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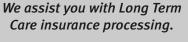
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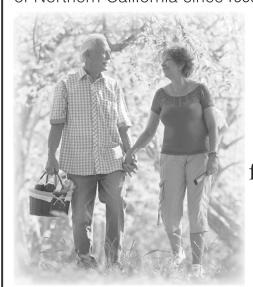
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Sunshine Services "We're Here to Help"

DV DAT TEII LI

Caregiver Relief Program: Below are a few answers to questions that came to our Sunshine Services Council regarding the Caregiver Relief (CGR) program. The CGR provides 4 hours of weekly relief by a progressional agency caregiver for Sun City residents who are full $time\ caregivers. The\ SCR\ Foundation\ provides$ a grant to the Sunshine Services Group. There is a \$5.00 per hour co-pay for the residents. This is the amount the resident pays to the Caregiver Relief service upon completion of the day's service. The remaining portion is subsidized by the SCR Foundation. A Sun City Caregiver is a full-time caregiver for a loved one who is unable to be left alone. They must have resided at Sun City for a period of one year prior to apply for this program.

Another important question is how does one apply for this relief? On the Sun City Roseville website under Resources, go to Sunshine Services. Click on Caregiver Relief/ Individual Care, click on the request form for Caregiver Relief or Individual Care, fill out the form and email or mail to the Caregiver Relief Director, Linda Cilenti at lccjmc916@ gmail.com or mail to Sunshine Services, 7329 School House Lane. If you have any questions about the Caregiver Relief program or any problems with the program, please contact Director Cilenti.

You can request 13 weeks of care on one form. This application is confidential. Only the CGR Director and the agency providing the service are permitted to access the information regarding this program. A new form (or an

extension) is required at the conclusion of the approved dates.

The agency caregiver will provide personal care such as bathing and dressing. At your request they will prepare light meals, light housekeeping and/or wash linens. They cannot provide medication administration.

Individual Care Program (IC) is intended to provide short term, care for residents who have had a recent serious illness or injury until they can regain the ability to care for themselves or make arrangements for more permanent care. The parameters of the program are: The applicant lives alone or is the sole caretaker of a resident who requites 24/7 care, the illness or injury must have occurred recently or the individual must have been recently released from a hospital, or the applicant needs assistance in carrying out usual daily activities. Care will be limited to a maximum of 40 hours per year. The scheduling of these hours will be determined by the resident and director Cilenti. Applicants shall pay \$5 copay per hour upon receipt. The Foundation pays the balance, which is about 75% of the total cost. To apply for this program follow the instructions stated above in caregiver relief.

Both services through the Sunshine Services Group are not an entitlement and its future is totally dependent upon future funding by the Sun City Roseville Foundation. Happy New Year 2021!

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2007 New Year Resolutions; A January Courier Tradition

BY EARL WIKLUND

For those of us trying to make the 2021 year more successful and meaningful than perhaps the last few, here is one of my better columns from January 2007 that I hope you will enjoy. This has become a January Courier tradition. The things I wrote about then are still pertinent for me today and I hope for you as well. You will need to adapt a little in waiting for our community to reawaken from the Covid 19 pandemic, but we can see strong evidence that the new year looks very promising:

How many of us make New Year Resolutions each year? I sit down at the end of each year, look at what I have accomplished in the current year and set resolutions for the New Year. I have been doing this for over 30 years and while I have not achieved each resolution, the majority of those I have attained have helped to shape the course of my life. I have to admit though; I have been losing the same 15 pounds for the past five years. But I also realize that many folks struggle with their resolutions so I have taken the liberty to develop a suggested list of ten resolutions you can use as a start.

I have always started with my physical well being so I have always (1) kept on schedule for annual physicals; sort of a preventative program. Closely aligned with this resolution is to be sure (2) that I am getting my proper exercise which helps to make the doctor visits go more smoothly. Walking the common area and preserves, club activities or visiting our Fitness Center should be of help for you on this resolution. Especially with the new classes at the Fitness Center that have been added. While you're there, check to see if they are planning a seminar on (3) healthy eating and maintaining a proper diet. After all, you are what you eat. Visit the Timbers Restaurant to enjoy a fine meal and get that glass of red wine that they say is so good for the heart.

Trying to (4) learn something new each day is a game I have played for many years. Keeping the mind active can keep us alert for a longer period of time. Another way to do this is to (5) read at least twelve books during the year ... subject matter aren't important but comic books don't count. Here is your chance to read our governing documents for extra credit. One of the most fulfilling resolutions is to (6) volunteer your time, service and talent for a worthwhile cause. Whether it is a local charity, the Sun City Foundation or one of our Association committees, volunteering is very satisfying and reinvigorating. I have always struggled with (7) attending at least four cultural events each year. You might want to join the Activities Department for their next field trip to the new De Young Museum as one

of your cultural events. Okay, a trip to the casinos in Reno gets you half credit.

Always a believer of the adage of (8) 'use it or lose it', I have always been very active. Maintaining a certain positive daily routine, pace and involvement within your limits is a mental energy builder. We can all stay active by participating in the daily activities offered through our clubs. Take up golf; that really can be a mind teaser. While you are interacting with other residents and staff, give consideration to (9) doing a good deed for someone else each day. What a great feeling; especially if the good deed is done secretly. And remember, (10) you are as happy as you make your mind up to be on any day. Be happy and enjoy this New Year and all that our Community offers.

AARP Tax-Aide to File Tax Returns

AARP Foundation Tax-Aide is offering free tax preparation for low-to-middle income seniors. Most host sites anticipate full closure due to coronavirus. All tax returns need to be filed with minimal or no face-to-face contact to ensure the health and safety of volunteers and you - the taxpayer.

For those who have historically been assisted in Roseville at the Maidu Community Center, Sun City, or the Downtown Library, appointments will be necessary and can be made by calling 916-741-0506 beginning January 18, 2021.

Heartland Group

BY PAT FLORES

Well, here we are at the start of 2021.

My fingers are crossed that this virus gets contained, and we can get back to a regular routine, whatever that will be.

Most of you know that the Heartland Group started life as the OKIES group, meeting in back gardens, which we quickly outgrew.

So, we became a group, thus the Heartland Group was born, and has been going strong ever since.

We started with a full board of Okies and a strong group of attendees and grew by leaps and bounds.

Years have passed and most of the old members have passed, but will always be remembered for their hard work, determination, and time to get this group off the ground.

But one thing remains, the Heartland Group is the friendliest group in Sun City, Roseville, and the most fun.

You never know what is coming next, a belly dancer, Elvis impersonator or a magician.

So, stay with us and hopefully we will be up and running for our April social evening.

(more Club News cont' on page 11)

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International Social Group

BY CYNTHIA SINDREY

It is once again time to let you know what is going on with our great group. Actually at this time not much, however we must still be positive and hope 2021 will be better and we can once again enjoy one another by having events, eating and being entertained. We have planned a 'Bringing in the New Year" event at Sierra View Country Club in January, but as of today they are closed. The date of the event is Saturday, January 16th. 2021 and if they open in time then we will send you all a flyer with the details. Looking forward to March, we will try to arrange a "Mardi Gras' to replace the one we had to cancel in 2020. We are still holding money from some of our members that sent in their \$25 and told us to put it toward our next get together.

The dues for 2021 are only \$10 per person and it will be appreciated if you would please send a check so that we can see how many members we have, This will help with future arrangements. Will you please put your e-mail address on your check. Please think positive, however if we are unable to get together for some time then we will refund not only your dues, but also the \$25 we are holding from those who have asked us to hold it.

Believe it or not, we have picked up three new members and welcome anyone else who would like to join our fun, social group from all over the world, including America.

There are openings on our Board, so if you are interested in helping make decisions while we meet and enjoy some snacks please contact me. Rose Marie Shaefer has already offered and her name will be brought up for a vote at our next meeting.

For further information please contact: Cynthia Sindrey, President, 916-773-5151 or Gini Christenson, Co-President 916-772-0506.



SCR Travel Club

BY DAVE LEWIS

"A Time for a New Beginning"

Well, it's a new year!! One of hope that we will soon be able to experience the joys of gathering in person as the medical miracles of 2020 mitigate the impact of COVID on participation in events, activities and exciting travel destinations in 2021.

The Club Council met in November to plan for the resurgence of Club activities in calendar 2021. Through coordination with Collette, members have received refunds for cancelled trips in 2020 or, in some cases, the opportunity to reschedule the trip to 2021. Action is also underway to identify those members who will be able to take advantage of the Collette Loyalty Program based upon travel during 2019 and 2020.

The Costa Rica adventure this month was cancelled by Collette with travelers either choosing to receive refunds or reschedule for 2022. The status of the Spain and Portugal trip in March is still uncertain. Members booked on this trip will be notified when the go / no go decision is made.

There is good news on the horizon. During a meeting with Collette's Regional Manager, Jay Fehan, the following three 2021 travel opportunities were selected:

- "Painted Canyons" (April 2021) is still available for booking. Members interested in this trip must provide their deposit to Collette no later than 15 January
- "New York and Niagara Falls" (October 2020) is now rescheduled for October 2021 and will close in April 2021
- A "Nashville & the Smoky Mountains Holiday" (December 2021) was recently added to provide a "holiday travel adventure"

Please check your email and/or the Club website and mark your calendar to view an on line Collette Webinar on 10 January for an update on the Club's 2021 travel program.

Stay safe until we can meet again

Boomer Generation

BY SUZANNE CROWDER

This month we will have an update from one of our SIGs, the Boomer Walking Group.

Our Walking Group was created to keep people healthy and moving but most of all motivated and accountable. You'd be amazed how much easier it is to roll out of bed when you know everyone you are meeting up with is having the same hard time leaving their pillow as you do. As well as hearing, in that tone we all know, "and where were you yesterday morning", believe me, it's enough to get you out of the house and moving. It's a great way to start your day, catch-up with what's happening in the neighborhood as well as seeing what changes are taking place with all the exterior and landscaping updating.

We change up our walk daily so boredom doesn't set it. It's amazing how many little streets you can find in our development.

Our schedule was changed November 1 to the following:

Monday – Friday Fitness Center 8:00 am Walking is one of the most beneficial and therapeutic exercises both physically and mentally that you can do at any age. Our walks consist of a one-hour, easy walk through the neighborhood as well as a lot of solving the world's problems and great discussions on what's for dinner and where to eat!

If I haven't convinced you to join us here's what the Arthritis Foundations has to say:

Regular walking has all the standard benefits of aerobic exercise, such as improvements in the heart and circulatory systems, better blood glucose control, normalization of blood pressure and reduction of anxiety and depression.

So, put on those walking shoes and join us. Hope to see you soon, your Boomer Generation Council.

Singles

BY DAWN BECK

2021 is here! Don't we wish we could forget 2020. Last year's problems can affect us this year, but we need a positive attitude that life will get better. e at Sun City have tried to follow the rules and have taken care of ourselves as well as our friends and neighbors. December lacked the usual parties and while the ball dropped on New Year's Eve on TV, the

streets weren't packed with people with horns and confetti. Most of us were just thankful to have our health and each other.

The Singles is a great club in case any of you have forgotten. It started soon after Sun City began to have people living in the homes. Everyone wanted to meet other people. Meetings started in the homes and then garages as more people wanted to join. Once the lodge was built the group started meeting in the ballroom under administration rules. The club is open to any person living single in Sun City.

The meetings start at 6:00pm during the first week of the month. After the Pledge of Allegiance a speaker talks about an issue that is important to seniors. We meet in the bar after the business meeting and really get acquainted. Newcomers find it a great introduction to new people and former couples who are now single can reintroduce to themselves to Sun City friends.

Third Saturday is social night except for the June luncheon and Christmas Party. Two members work on each themed social with potlucks or local restaurant meals. China Villa has a Chinese New Year dinner for us in January.

We also have games such as Canasta, Mexican Train, and Hand and Foot. The chairpeople of each game get five or six players together, go over the rules and let the players decide when and how often to meet. All these are opportunities to find friends so join us.

Jewish Fellowship Circle

BY LOIS ARLEN AND KAREN LEVINE

Wishes to all for a healthy, safe and happy 2021. Glad that 2020 is now behind us with the hope that 2021 will be a much better year for everyone, seeing the end in sight with the pandemic and that the JFC will be able to meet again in person.

We warmly welcome Joan Sitnick, a new member to our Fellowship.

As of this writing in November, Marge Cowan, our dear friend and loyal JFC member, is moving to Charlotte, N.C. to assisted living on December 18, 2020. She has been a great contributor to the JFC and will be greatly missed. She ran all of our social programs for years, keeping everything in her head and always knowing what and how much to buy

(cont' on page 13)





Ambassador Committee

BY JOAN ROSE

Happy New Year. Welcome 2021!

Do you all feel as we do at the Ambassador Committee? 2020 is over and good riddance. We welcome 2021 and hope that it sees an end to the Corona Virus and a return to life as we used to know it. In the meantime, we have tried to welcome newcomers to Sun City Roseville in the best way we can.

A shout out to the ladies on the New Resident Welcome Committee who have been challenged by the restrictions of this pandemic. Normally they would be planning a new resident welcome party several times during the year. Since this is not possible, they have been putting together gift bags for the new residents and distributing them at Courier Days. Hope you got yours! They also had

a special drawing this month among the new residents. A dinner for two at the Timbers

> Restaurant and a round of golf were won by Brad and Debra Davies and Anne Becker. Congrats!

A little bit about these amazing ladies who head up this committee.

Linda Aug moved into Sun City in 2016. She is a former nurse who jumped right into life here with both feet dancing. She participates in Tap and Line dancing and was the Dance club secretary. She is currently Vice President of the Harmonicoots, and has been an Ambassador for



Linda Augwith gift bags for new residents.

three year. She plays Bocce, and cards and loves to crochet.

Carolyn Friend needs no introduction. She and her husband are featured this month in the Sun Senior News. A former teacher, Carolyn moved into Sun City three years ago and has left her mark in Boomers, golf and home décor. She loves to travel and hopes next year will be a better year for exploring the world.

Latricia Nicholson, a new member of the Ambassadors, has been here since 2012, recently retired from Sedgwick as a Director/ Project Manager. She plays golf, likes to cook and spoil her grandchildren and loves traveling in their motorhome.

Penni Lou Hansen moved here 5 years ago from Newcastle where she and her husband had a three acre farm with goats, sheep, chickens and a llama. She is a member of Needle Arts, where she does quilting, weaving and sewing. She plays nine holes with the Sierra Pines Ladies golf and is a member of Boomers where she loves her book club. She has been an ambassador for three years and along with the others, loves welcoming new residents to our wonderful community.

Thank you, ladies and keep up the good

Website Workgroup

BY CHARLYN ROSS

The Month of January, A Time to Start Anew — As January is the beginning of a new calendar year, we perceive it as giving us a clean slate on which to write our plans and hopes for the coming months, and perhaps, to improve on what has occurred in the prior year. I guess this could be called "optimism," which by definition is a tendency to expect the best possible outcome or the most hopeful aspects of a situation." Optimism is just what we all need to begin this new year.

There are some whimsical ways of describing this particular year.

"I like the dreams of the future better than the history of the past."

"First rule of 2021, no one talks about

"An optimist stays up until midnight to see the New Year in. A pessimist stays up to make sure the old year leaves."

"What is the New Year, but the perfect place to live out what we learned in the old year.

Now, please humor me and keep reading, as I need to focus on the purpose for this article.

An excellent resolution to write on your new year slate would be to frequently access our Resident Website, www.scres.org.

The Home page Announcements area is the primary location for all recent community notices. We all need to be kept current on the COVID-19 updates and how they are affecting our community. The COVID-19 graphic link,

(cont' on page 13)



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Website Workgroup

(cont' from page 12)

next to the Announcements area will do just

When you access the "My Profile" button (top right in the Home page banner), you may choose to edit your personal information. Then, by clicking on the word "Edit" at the right of Contacts, you can review your information in the online Resident Directory. Notice the explanation at the right side of your "Directory Information, Contact Information" page. It explains that if want your contact information displayed on the "Resident Directory" webpage, it is still private, as that page can only be accessed by a user with an authorized password. The "Resident Directory" link in the "Sun City Roseville" menu is a handy feature when you need another resident's information.

The Contact menu (top, far right) provides a convenient procedure for reaching staff with your questions, comments, or suggestions. Another way is to use the "SCRCA Drop Box" at the west side of the Lodge. (see the location photo in the Announcements area).

At the bottom of the Home Page, the "Virtual Activities & Fitness" button has information about online activities that are being provided for us.

Every resident should keep their Resident Website user name and password handy. Should you need help in receiving the Association's eBlast emails or viewing the Website, you can contact Julia Schmunk, our Website Designer, by phone 916-774-3878 or by email at julianns@scrca.org. And, if you are aware of neighbors, who may not have a computer, please make arrangements to keep them informed.

I thank you for reading this far, and offer a wish that 2021 grants you everything you hoped for and more.

Compliance Committee

BY SCOTT TITENSOR

The Compliance Committee wishes everyone a safe, healthy new year!

Everything is looking up in the new year. Appears we will have a vaccine for the dreaded virus this year, so much to be grateful for, so much to do.

Our committee is being spotlighted during the month of January. Eleven volunteers dedicated to keeping our development "the premier active adult community in Northern California". We all benefit from this groups service. When you walk or drive through Sun City Roseville you see and feel a sense of community, pride of ownership.

This is an opportunity to let our residents know what this committee does, how it works for you. The Compliance Committee works directly with Community Standards. Generally, the Community Standards department is your point of contact for compliance questions or issues. Following our governing documents, we monitor our development, looking for

properties that do not comply. Each year, in accordance with our Committee guidelines, we canvas the street view of all properties within our development. Each month, we monitor the assorted issues being addressed.

Have you ever noticed how good our development's perimeter looks compared to others? In addition to the wonderful job our landscape team does, Compliance Committee team members monitor the perimeter looking for signage placed on our property. We also monitor the signage placed within the development by Estate Sales and Realtors, making sure they follow our design guidelines.

The primary issues we address are landscaping, parking, trashcanstorage, artifacts, exterior paint and general maintenance. Before making any significant changes to the exterior of your home or lot contact Ryan O'Connell, Assistant Director of Community Standards at 916-774-3863, or via email at ryano@scrca. org or Lorri Booth Director of Community Standards at boothl@scrca.org to determine if the proposed improvement is allowed per our governing documents and what kind of application is required.

Once our committee can meet again, we will welcome residents to join us, your input is valued. Please consider becoming a member of our committee next year, you will enjoy the camaraderie! Committee openings will be posted late summer along with meeting information on the association web site. Together, we keep Sun City Roseville Beautiful!

Jewish Fellowship Circle

(cont' from page 11)

for our events. We sure appreciated her and could not have done it without her!

As we approach our "winter season" here in California, in Israel it is the start of the "spring season" and a time to thank God for the fruit of the trees. Tu B'Shevat is the Jewish New Year for trees. It is a minor holiday celebrated on day 15 of the month of Shevat (Hebrew calendar), which in the secular calendar is January or February. It is a time of the year that we think about planting new trees for the celebration of plants and new life. Many Jewish communities observe this holiday by eating fruit on this day, particularly grapes, figs, pomegranates, olives and dates. During the 1930's, when Jews returned to the area, now known as Israel, they reclaimed the barren land by planting trees, and it became a custom to plant a tree for every newborn child.

Stay tuned next month as we explore the holiday of Purim.

Stay safe, healthy and hope to see you

(more Club News cont' on page 15)

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Roseville Stamp Club

BY TIM MILES

2021 is now here and 2020 certainly showed us a few surprises. We haven't met as a group in many months but we are still "together" as a club and focused on our hobby of Philately.

In order to keep functioning, we need the necessary finances to thrive as a club. The 2021 dues of \$20 are due and you can contact Treasurer Larry Mowrer or Al Capparelli (916-771-8288) as to questions.

Al, by the way, has a vast variety of supplies and entries for everybody's collection available. All we ask is that you contact him and, wearing a mask, you can pick up whatever you need at Al's place observing the "social distancing".

Any of our readers who has an "old" album in his possession and wishes a "quick" appraisal, feel free to call Al and set up an appointment. There is no charge and we are happy to provide the connection.

As to Club News, Jill Henricks, who is trying to set up a dinner when things are finally eased up in the state, has been contacted by an additional volunteer to assist. Anyone else who feels they're willing to help can contact Jill or Al Capparelli. Obviously, we have no firm date and are complying with whatever the government will allow. We are looking at the Lodge and they would probably set up a buffet table served by waiters so that "social distancing" won't be a problem. In any event, things won't happen until this terrible scourge has dissipated.

Continue to watch your emails so that you will stay current on Club News. Al Raub has been very timely as to notifications about our Club "doings".

We'll close by wishing everybody a very Happy New Year, knowing it'll be better than last year.

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Veterans and Patriots Club

BY PAUL REGNIER

Happy New Year! Thank God that the wonderful year 2020 is gone or rather a "GONER"

We all have much to be thankful for. Some of us learned that we do have each other while others began to use some of our many "built-in" activities; trails, golf, cycling, careful neighbor fun times and those "getting to know each other" moments. I have actually started to learn about and use our own Sun City Website. Without these new but actually old "recreational" aides and opportunities the enormity of our idol and wasted 2020 time would have been immeasurably affected. Oh, did I mention those special shopping trips for that most important item that we never really needed. There was some great "one one moments, though.

We, here on the Veterans and Patriots home front, are peaking around this last year's corner, trying to guess just when and how to carefully and safely reopen for a fun and safe future. Our speakers are still wishing to stand in front of us and tell their stories. Some of these tales will be both astonishing and unbelievable.

As a bonus, we are trying to figure out just how to offer our "Timbers" coffee and our "low calorie" donuts... safely. God Bless.

SCR Democrats Club

BY TONI FISHER

It is hard to believe that just twelve months ago we were focusing on the fall elections, encouraging everyone's involvement and support for candidates. But in just a few short months, we were faced with a life we had never before experienced. We had to socially distance and wear face masks when we went anywhere people might be present to protect ourselves and others from the spread of the COVID-19. Many changes were instituted in our lives from business closings or modifications, the loss of jobs for many and, sadly, an ever-increasing number of illnesses and deaths reported due to the virus.

Election activities also had to be modified, restricting personal contact, campaigning using only ZOOM to speak to voters and no door knocking to promote a candidate. The election process itself had to be changed and the Placer

10 -5

County Board of Elections stepped up to build a new, safe and fair means of voting, mailing Vote By Mail ballots to every registered voter and creating fewer voting centers which were regularly sanitized and open for more days of in-person voting.

Our annually supported Giving Tree Program for the Woodbridge school families also had to change. While we all enjoyed purchasing, wrapping and distributing nearly one hundred gifts last year, this year asked only for donations of ten-dollar gift cards from our members to be added to the limited number of gifts provided by the organizing group. This affected our enjoyment of the project, yet it warmed our hearts to know that we were able to donate 256 cards for the students and their siblings.

We now look forward to the inauguration of President Joe Biden and Vice President Kamala Harris and a future of change and caring for the needs of all citizens.

Republican Group

BY CAROLE VAILLANCOURT

Happy New Year!

Hopefully the coming year we'll see a return to normalcy for all of us. As of now we are all in a holding pattern!

We will update you by e-mail when or if the situation changes.

For information regarding our group call Carole at 916-781-2468

Please stay safe.

Rods & Relics

BY ELNA RAGAN

Looking back on 2020, the COVID19 Virus, was a shocking and major disruption to all our lives! We had to cancel our annual Downtown Lincoln Classic Car Show for the first time in 14 years! We are undaunted and have begun planning for our 2021 Car Show to be held on Saturday, June 5 with backup dates of Saturday, August 28 and, if needed, Saturday September 25.

Our thanks to President Chuck Barnhart for introducing us to a "new" type of event: PARADES! We honored several special birthdays including two WWII Veterans aged 100 and 101, the 4th of July, Veterans' Day including Toys for Tots, and for Thanksgiving,

we took turkeys to the Fire Station for local distribution. These were the seven major events of the year.

Our thanks to all the Club members who joined us for these special events. Wishing our Club members and friends, a joyful, happy, safe holiday season. 2021 here we come!

The monthly General Business Meeting and the bi-weekly breakfast at the Waffle Farm continue to be canceled until further notice. The Waffle Farm was a major Sponsor of our annual Car Show for years. Our Club members support them during the difficult times by ordering weekly take-out meals. General Car Club information can be found on our Web Site listed below.

Contacts: Chuck Barnhart - President 916-543-7301 or Mike Carvidi - Membership Director 707-849-2834.

Web Site: www.rodsnrelics.net

Birders Group

BY JANET MORELLI

The Birders Group at SCR got its start in 2003 when three birder residents, Shirley Sampson, Janet Zeitman, and Colleen Tovey, got together to assist SCR Golf Operations apply for the designation as an Audubon International Certified Sanctuary for its golf courses. This threesome went on to start the SCR Birders Club (now SCR Birders Group) with the goal of encouraging SCR residents to learn more about local and central valley birds and their habitats by participating in group birding field trips.

Today, group field trips have been temporarily suspended as a result of the pandemic-required social distancing rules, ruling out car-pooling as a means of transportation to birding locations outside SCR boundaries. But, many resident birders continue to bird watch by themselves or in pairs, with their own vehicles, making certain to wear masks and to follow social distancing rules. Birders share their sightings and their locations with other birders by phone or email. All are anxious to return to group bird watching field trips on the 1st and 3rd Thursdays of the SCR Birders' Group birding season (September through May).

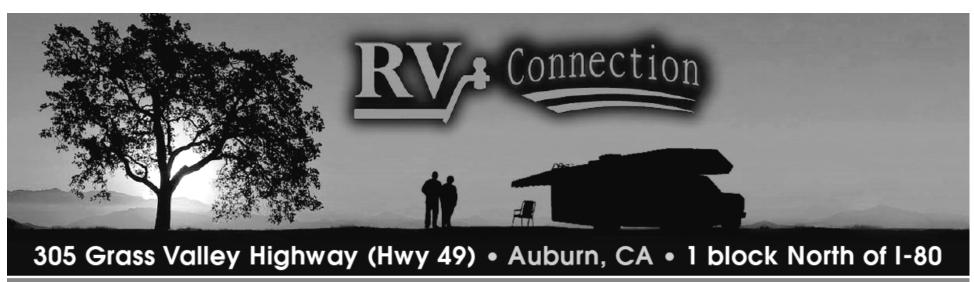
Avery common year-round bird in SCR is

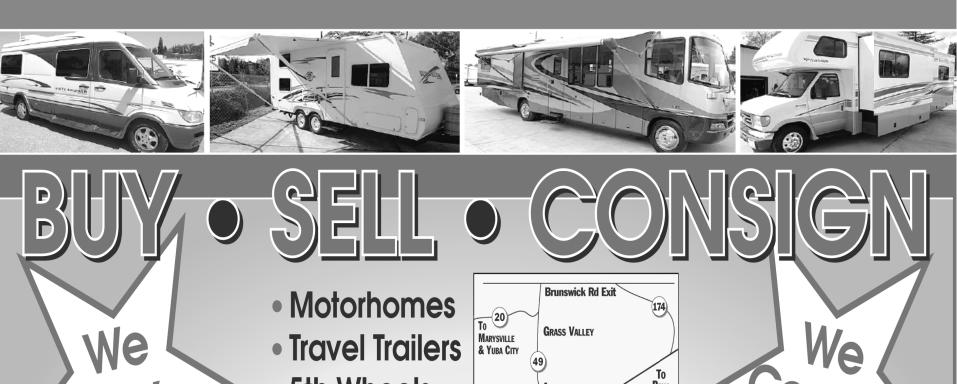
(cont' on page 17)



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Birders Group

(cont' from page 15)

the American Robin usually found on suburban lawns, golf courses and fields searching for earthworms. In the winter, its diet consists



mainly of berries. Adult birds have a yellow bill, dark gray on their back and wings, darker gray on their head and tail, with rusty-orange on their breast, and flanks. They are more abundant in California's Central Valley from November through February and will roost in winter in communal groups numbering in the hundreds or even thousands. A common myth is that a Robin discovers its earthworms by standing stock-still with its head cocked to one side and listening for its prey. The truth is that it actually finds the worm by sight.

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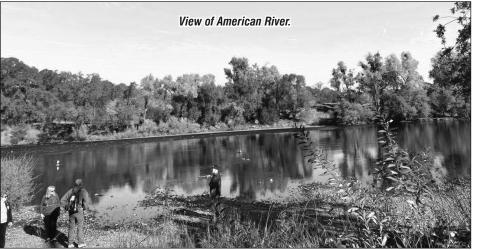
SCR Hiking Group

BY DORIS MERCHANT

Winter has arrived and the group will continue to stay close to home. The longest drive will be just over 30 miles away. Please arrive at the parking lot near the tennis courts at 8:45 am for 9:00 am departure. Here are your January hikes:

January 7: Sweetwater Creek, rated 4 (easy), 5.5 miles, \$6 carpool





January 14: Cronan Ranch, rated 5 (moderate), 6.5 miles, \$6carpool ride

January 21: Foresthill Divide, rated 4/4.5 (easy/moderate), 5.75/6.5 miles, \$6 carpool ride

January 28: Hidden Falls - 7 Pools Loop, rated 4.5 (easy to moderate), 5.25 miles, \$6 carpool ride.

For more detail on our hikes, including driving instructions, please visit our website.

Croquet Club

BY BERT DONLON

Happy New Year! As the many unique experiences of 2020 come to an end, there is hope that 2021 will be a much better year once Covid -19 vaccines are widely available. Even though meetings and socials were not possible for most of the year, the croquet courts were open much of that time and games continued with colorful masks added to the all-white attire.

Many thanks to Jim Ferrin and his crew for the maintenance of the courts. At one time the courts were dead grass and weed patches, the worst I have ever seen them. The hot summer and recycled water took their toll on the turf. With weed abatement, aeration, sanding, and reseeding the courts came back to their pristine condition. Jim Turner, an international croquet champion,

once said that if not the best, our courts were two of the best he has ever played on. The new narrow grass boundaries all around both courts are also very helpful to determine if a ball is still in the court or out.

Thanks to Louisa Maglione, Barbara Stearns, Janice Shreve, Vicki Sauer, Ken Covne and Debbie Phillips for their service in this difficult year. In this new year I look forward to working with most of them again. Barbara Stearns will once again be Vice President, Janice Shreve will continue as Secretary, Ken Coyne will be Maintenance Chair, Debbie Phillips will be Social Chair and Jane McNally will continue writing the Courier and Senior News articles. Louisa will become Membership Chair and Patrick Maglione will become the Treasurer for 2021. Vicki and Rich are moving to Washington and will both be missed.

Here's to a great 2021! See you on the courts.

(more Club News cont' on page 20)







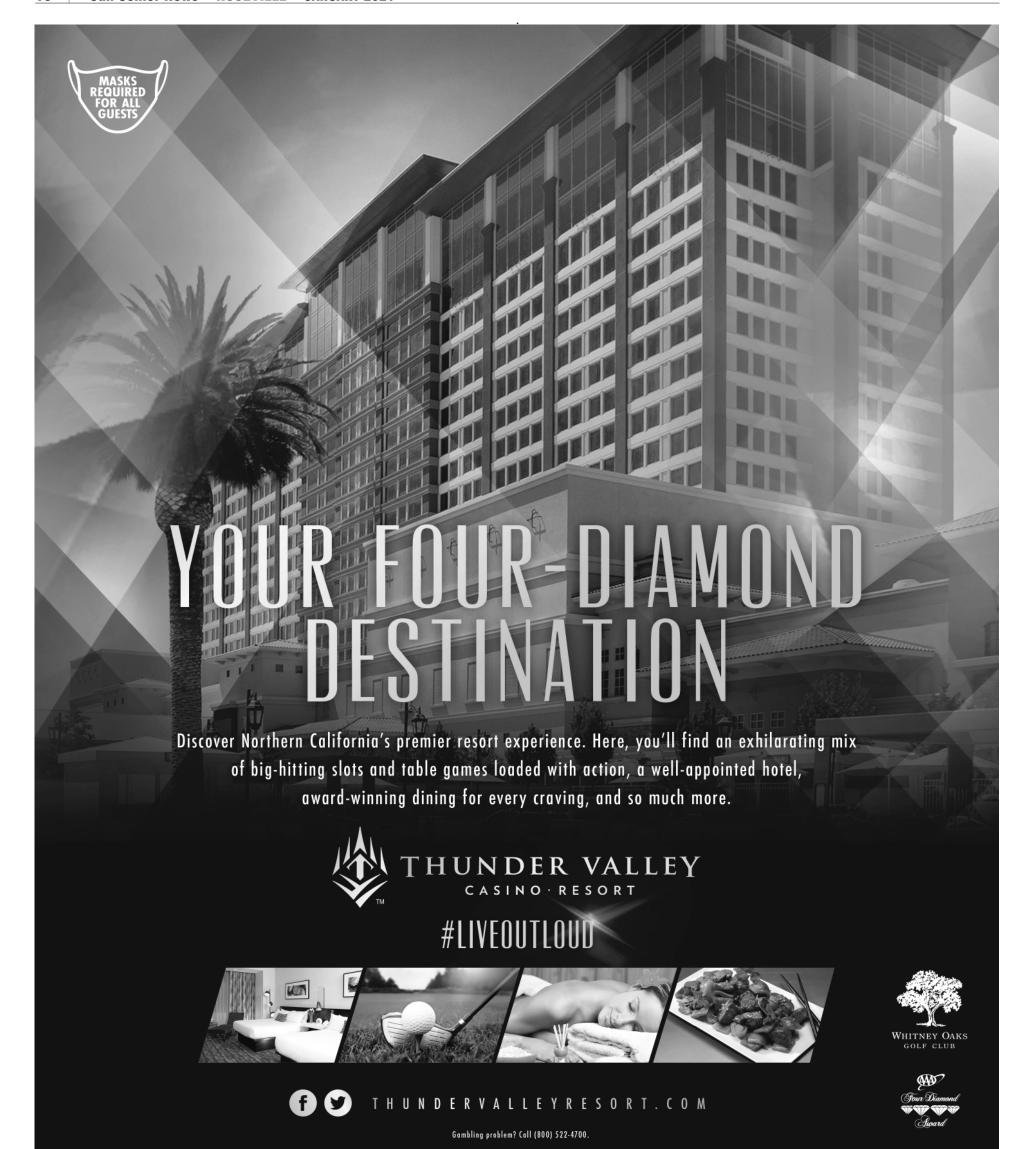
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SUN SENIOR PROFILES Getting to know you...

Charlyn and Marty Ross

(cont' from page 1)

was, "Gee, she's cute and just my size." They went dancing at the Hollywood Palladium and out for chocolate malts. That was it! The rest is history.

The couple married in 1961 after Charlyn graduated from UCLA, she went to work for EDD. Meanwhile, Marty graduated from Cal State Los Angeles, completed a teaching credential program, and soon realized "teaching was not for him." He took Federal and State Civil Services tests and was offered a position with EDD, which he thought sounded interesting.

Amazingly, he was hired to work in the same building as Charlyn, but in a different section.

In 1964, Charlyn quit work to have their daughter, Linda. Two and a half years later, their son Laurence arrived. The family was now complete. After both children were of school age, Charlyn was rehired at EDD in 1974.

The couple has two terrific children. Their daughter, Linda, lives in Los Angeles, where she enjoys a metropolitan lifestyle. She works as the Chief Financial Officer at the Southwestern Law School. The couple's son, Laurence, and his wife, Kristin, enjoy a cooler climate, so they have settled in Eureka, California, where Laurence practices Family Law and Kristin works as a Licensed Clinical Social Worker.

Charlyn and Marty were visiting friends in Sacramento in the 1990s when they learned that Del Webb was planning to build the first non-desert senior living community in Roseville. Their friends were interested and, in 1994, purchased a home in Sun City Roseville

Charlyn and Marty Ross—Iguázu Falls, Argentina in 2007.

Department.



(SCR). On Father's Day 1996, the Rosses visited again, this time in the friends' Sun City home. They went to the Del Webb Sales Office and put a deposit on a home, since they were

Charlyn and Marty Ross — 1961

projecting their life after EDD, and decided then and there, it was time to leave Los Angeles and move to Roseville.

They took possession of their home in March 1997 and began their new life, one that allowed them to travel more extensively than before. They have seen the world both on land and by cruise—Alaska, Australia, China, Panama Canal, New Zealand and a Land and Sea Cruise around South America. They have done twenty-five Elderhostel/Road Scholar tours. One of their most memorable sights was Iguazu Falls in Brazil/Argentina. All this is in addition to the many bus excursions and overnight trips sponsored by the SCR Activities the area's volunteering opportunities. They have both volunteered at the Roseville Police

When they are not busy traveling, their

life in SCR has allowed them to participate in

Department, Placer County Tourism events, and the Riley Library. Charlyn remembers assisting when the Riley Library was preparing to open. She was shelving books alongside Martha Riley herself, and enjoyed the experience of getting to know this celebrity. Also, they participate in the SCR "Old Timers" group which volunteers at the Aquatic Center and Woodcreek High School.

In addition to volunteering, Charlyn and Marty recognized they love to entertain, dress up and join groups that perform comedy skits. They have a book of photos of their dress up events, which they have done over the years. The programs they have participated in include the Cinema Group skits written by Charlee Swartz, Jewish Fellowship Circle Group plays directed by Renee Lewis, and Out-A-Sync Dance Group led by Jim Keener. Marty was a long-time member of the Sun City Cloggers Dance Group, which performed at senior facilities around Roseville and in SCR Variety Shows.

Specific to their involvement in the SCR community, they have both participated in the Citizen Patrol. Marty is now a Shift Captain. Monthly, they help stuff flyers for The Village Courier magazine. Charlyn has been the leader of the Apple Computer users' groups for many years and has been a part of the SCR Website Workgroup since it started. She has also written a monthly Courier article about the Website's features since April 2005. In addition, she has been an Association Administrative Secretary for twenty years, taking minutes at Finance Committee and Board of Directors meetings.

Staying physically active is also a priority. Marty is a member of the Tennis Club and enjoys the equipment at the Fitness Center. He also likes bicycling. Charlyn does water exercises at the indoor pool and attends the Fitness Center's "Chair with a Flair" class.

Celebrating their sixtieth wedding anniversary in 2021 reminds the couple about the question people often ask, "What is the secret to a lasting marriage?" They reply to the question with three things that have been important to them as both children and adults—a love of all kinds of movies, love of ice cream (especially chocolate), and, most importantly, two-way communication. Also, they are avid "Arctophiles."

Happy in a long marriage nearing the sixty-year mark and content in their Roseville home, Marty and Charlyn believe their move to SCR was the best decision they ever made. They picked the correct house on a wonderful street with great neighbors. They believe they have taken full advantage of what SCR has to offer and, because of that, they have had twenty-four wonderful, productive, exciting, pleasurable years in Roseville.

Want to share your story or know a neighbor who should be recognized? Just let us know! Call us at 916-727-6383 or e-mail us at: egnews@egnews.com

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Senior Softball

BY RICHARD EPTING

Finally, the election is "almost" over. and there's good news on the virus front. Phizer and Moderna have developed an MRNA vaccine that hopefully is both safe and effective. What this means for our softball league and all the Sun City clubs is hopefully 2021 will return to normalcy.

Our softball board recently met and discussed our future options. If everything works out, and it should, we will be playing softball sometime next year. When we know more, we will have an open meeting with our members to discuss the "nuts and bolts" of Sun City Softball in 2021. If you are new to Sun City and want to participate in our league, you can phone our league president, Ken Miller, 916-995-9753 to find out what's going on! This is good news so stay positive.

Pickleball

BY BOB VERZELLO

Happy New Year! Welcome to 2021, a year that is almost assuredly going to be better than 2020. We can get the new year off to a good start by welcoming another new Club member, Wendy Leimbach

After being "locked up" for most of the past year, you may be itching to travel to almost anywhere. Here are a few ideas especially for our Pickleball Club members.

Have paddle, will travel: As of early December, the American Pickleball Association was advertising organized pickleball trips in 2021 to Colorado, Costa Rica, and Austria. Check now. There may be more.

Then there are pickleball tournaments – to play in or just to watch. For the location and dates of pickleball tournaments try the websites of the United States of America Pickleball Association (USAPA) and the International Federation of Pickleball (IFP). For example, on the IFP website we found that their Bainbridge Cup tournament will be held April 7-11, 2021, in Holly Hill, Florida. This is the first time that this "foremost international pickleball tournament" will be held in the United States. And it is held at a new, sixmillion-dollar facility named Pictona that was designed to optimize viewing of play.

Pickleball Trivia: What's the longest serve that can be hit and still be in the court? As every pickleball player knows, the dimensions of a full court (including lines) are 20 feet by 44 feet. For those who may have forgotten the Pythagorean Theorem, that means the diagonal distance from one corner to the opposite corner of a pickleball court is 48 feet, 4 inches. So, that is the longest serve vou can make.

Just for laughs: A day without pickleball won't kill you, but why take the risk?

(more Club News cont' on page 21)



SCR Tennis Club

BY DIANE BARNETT

Happy New Year! Have you made your new year's resolutions yet? Here's one you won't be tempted to break. Join the Tennis Club and meet some special people. Tennis is great sport and a lot of fun. Sports are great for many different reasons. They all (well most) offer great workouts, competition, camaraderie, and fun. But, what sport is the best? Well, tennis is, of course! And, it is a great workout. Many sports offer great workouts, but few sports offer the fun and anaerobic activity that tennis offers. Tennis players are almost constantly in motion, and using nearly every muscle in their body. In addition to short sprints, there are also constant changes of direction. What's not to love?

It's better than an anger management session. What better way to relieve stress than by hitting a few tennis balls. It feels great, and when they go in, it feels even better. Sure, summer is peak tennis season, but you can play tennis all year here. And It's good for the body and mind. Tennis is as mental a sport as any. Playing tennis will help you get in good shape, but it also stimulates your mind in ways that other sports do not.

Tennis at the amateur level is as much about fun as it is competition. It is a very social sport, allowing you to have fun with your friends. And maybe best of all, you can play forever! Children can start very young, and people lucky enough to live past 100 can still play the game. What other sport can you play

from age 3-103? The Tennis Club is a group of friendly people who can't wait to meet you! Give Ray Barnett a call at 916-759-2578 and he will get you started!

Table Tennis

BY KAREN YEATES

Happy New Year to everyone. We made it to 2021 and happy to bid adieu to 2020. Unfortunately, 2021 isn't looking too great for starters. The officers truly do miss seeing each of you and hope that you were able to finding new ways to celebrate the season in a toned down fashion. This will be the last article I write – some of you may be thinking it's about time. For my husband Tom and me, it is time to move on. By the time you read this we will be enjoying the wonderful winter weather of Illinois. It was 22 years ago that we decided we'd had it with Chicago winters and packed our bags for a place called Sun City Roseville to try something different. We figured even if we just stayed five to ten years, it would be worth it. Now 22 years later it's time to move back closer to family and circle the wagons so to speak. We have thoroughly enjoyed our time here, and will always remember the first time we walked into the table tennis club. It was December 31, 1998 close to the club's closing time. We walked in all ready to play and they looked at us like why are there new people walking in here during the holidays when its time to close for the day. What initially appeared to be a little less than friendly turned into some of the closest friendships we have had here. In

packing, I found an old picture of that original group – many have moved on or passed away. For all of you current members who we have played with and formed friendships with over the last several years, we will miss you and will remember the fun, the laughter and even the arguments shared with each of you. We both wish you all the best in the coming year.

Sierra Pines Ladies Golf

BY DEBBIE GEORGE

Happy New Year from the ladies of Sierra Pines Golf. Wow, it's 2021. (Still trying to

figure out what happened to 2020.) Hope everyone enjoyed their holidays and stayed well at the same time. We continue to confront the battle with Covid 19. Please keep following the rules so that we can keep our courses open.

The most improved golfers for November are the following. 1st flight – Wendy Suter; 2nd flight – Cathy Barta; 3rd flight – Eva Freeman; and 4th flight – Evon Steele. Ladies your hard work is to be commended.

We continue to have both early and late play throughout December

and January. Be sure to sign up a week in advance using our website or the sign up sheets in the pro shop.

We had 48 players sign up for the Turkey Shoot on November 25. First place winners were Pat Horning, Wendy Suter, Debby Huntington and Joann Orovits. Team Net score was 68. Second place winners were Roxanne Warloe, Carolyn Pittman, Joanne Mastalski and a "blind draw" with a Team Net score of 73. Congratulations to the winners. Tournament play will resume in March 2021. Thank you Kathy Fowler and Karen Shahoian for all your time and effort to make this a fun day. You

are so appreciated.

If you haven't already paid your 2021 dues, please do so. Any changes to your information, address, etc. should be made to Linda Vincent.

By now most of you are aware that in November we lost our Club Captain, Judy Grossetti. She will be greatly missed. Our thoughts and prayers are with her and her family.

(more Club News cont' on page 23)







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Timber Creek Women's Golf Club

BY BARBARA MILLS

Happy New Year, 2021! We are all looking forward to returning to our normal golf schedule and social activities still not knowing when that will be. Captain Jahna Holmes and her Council are working on some ideas for this year and she hopes to have Zoom meetings soon to discuss plans.

We ended 2020 with our annual Holly Jolly tournament on December 2, an unusually warm day. Santa hats, holiday jackets and sweatshirts were soon removed in favor of sunglasses and visors. It was a nice surprise to see "Santa's

helper", Joan Meyers, on Hole #8 handing out Christmas treats! Hopefully, Joan will be able to join us soon on the golf course.

Congratulations to Bobbi Dunk who made a Hole-In-One on the challenging Hole #6 during our Holly Jolly tournament! What a great way for her to end 2020.

A big "thank you" to Vernita Hillwig, our 2020 out-going Captain who served during a very unusualyear. And a special "thankyou" to our Committee Chairs for their dedication and support in 2020: Carol Roden, Tournaments; Maggie Altnow, Handicapper; Gail Quintel,

> Membership; Mary Jorgensen, Rules; Paula Hau, Hospitality; Minell Fredricks, Directory; Kathy Casten, Web Site; Sherill Pahl, E-mail; Barbara Mills, Media: Nancy Gould. Parliamentarian; and Cookie Hennager, Holiday Luncheon, which we were not able to hold.

As the New Year



Timber Creek Men's Golf Club

BY KEN HANSEN

Bobbi Dunk(made a Hole-In-One!

This will be the last newsletter to you from your outgoing president. It has been an interesting year and a frustrating one as well. I so wanted to have a lot of fun serving as president, but circumstances prevented any sense of normalcy. But, I do want to commend our golf council for doing their best to guide our

club through the maze of restrictions, lotteries, closure of the course, shotguns, and tee times. And special thanks to those members who shared kind words to me for trying to make the best of an impossibly difficult situation. And thanks too for the 13 members who read this column on a regular basis.

I personally look forward to a vaccine fueled future and the possibility of a full year of tournaments, hot dogs, steaks, pizzas, beer, putting contest, mixers, skills challenge, breakfast extravaganza, and of course,

And best wishes to the new leadership of our club: Tony, Terry, Gary, Tom, Joey, Fred, Jay, Tony G, Roger, Bob, Steve and Al and me... as handicapper. They'll do a great job.

Quote: As you walk down the fairway of life, you must smell the roses. You only get to play one round. (Ben Hogan)

Best wishes, stay well.

Golden Niners

BY RALPH FRIEND

It is hard to believe that it is finally 2021... as we look back on 2020 we can say it was "one for the record books"! We have featured many of our 89+ years young golfers over the last many months. It has been my pleasure interviewing and writing about each of them. They all add so much to our Tuesday morning groups! The Golden Niners play golf on the Sierra Pines course each week, weather permitting, however once a month we play nine holes on the Timbers course.

Our prize list for our November winners is as follows: Joe Shirley \$32, Gary Pyle \$29, Sam Holsinger \$25, Lyle Ploss \$24, Martin Pavloff \$22, Bud Haddix and Jim Grandey \$20 each.

The December winners will be in the next article

Happy New Year... here's to a 2021 that brings a bit of normalcy back to our lives!

Mah Jongg Club

BY CINDY SIMPSON

"You'll never get bored when you try something new. There's really no limit to what you can do." Dr. Seuss

The deadline is approaching to order the new 2021 Mah Jongg Cards. Small cards are \$8 and large cards are \$9. Checks for the cards must include your name, address, phone number, and the type and number of cards. Checks need to be payable to SCRMJC. Checks can be dropped off at Annette Pettersen's home (dropbox on the porch) or mailed to her. Her address is 332 Station Court. The deadline to order a new card is January 24, 2021. The new cards will be mailed directly to you around April 1st. Encourage non-members to also order cards through the group to obtain the donation to the Sun City Foundation. We are on hold right now due to the COVID-19, however, when we start again, we typically play on Mondays from 12:30 pm to 3:30 pm and Fridays from 9:00 am to 12:00 pm. Stay well!

(more Club News cont' on page 25)





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SCR Foundation

(cont' from page 1) our years, we have faced an assortment of challenges, either personal or worldwide. Most of these taught us that very little lasts forever and patience and determination would get us past the difficulty. Many residents have lived these months patiently as they used their creative talents to work on various crafts like painting, sewing, knitting, baking and creating home decorations or furniture. Others have seen this time as an opportunity to finally read that book, or books, that sat on the shelf while you were too busy to read it. Our Activities Director, Sharon Mowry, has contributed well to our need for distraction as she scheduled a number of entertaining online programs for our enjoyment.

The Holidays offered many opportunities to support charitable programs throughout our area by donating to projects like Toys for Tots, the Salvation Army and, even locally, the Woodbridge School Giving Tree Program which gathered donations of gift cards, books and clothing for the students and their siblings in families living in the oldest part of Roseville and are especially in need this year.

Although we hoped for the rains to begin, many have been taking advantage of the pleasant weather to enjoy a daily walk or bike ride in the fresh air, hit a round of golf and, of course, to exercise their dogs with their morning pet parade.

We have been told that vaccines will soon be on the way, but the COVID will not come

to an end for the general public until later this spring or summer. This now becomes our opportunity to continue to demonstrate our patience and caring for our fellow citizens. Please be smart, follow the rules and stay well. As the saying goes, this, too, shall pass.

Sons In Retirement Branch 13

Sons In Retirement Branch 13 (Lincoln/Roseville) is cancelling its activities until further notice. Sons In Retirement is a fun social group dedicated to promoting the camaraderie of retired men. If you are interested in joining SIR or attending one of our luncheons at Catta Verdera Country Club as a guest in the future, please contact Chet Winton at 916-408-8708.



SCR Bridge Club

BY ANN SWAIM

Bridge continues to be mainly focused around home games and for some BBO, Fun Bridge, 247 Bridge or other internet games. Personally, I look forward to a Saturday Swiss Team game played with four teams of two and each of us puts a dollar into the kitty. The winning team takes all! Isn't it amazing how little things seem to tickle our fancy during the never ending Pandemic.

Bridge tip for the month: We have all wondered what to do with our 8-9 point hand as Responder to a 1NT opening bid. Here is a new way to consider the value of your bid. It is called the 15+. You count your high card values and to that you add your cards nines and higher. (Don't forget to include your honors.) For example, 964, 1097, KQ104, and K87. You have 8 HCP and 7 cards 9 and above, making a total of 15. Bid 3NT. When you have a 4 card major, bid Stayman 2clubs. If the opener has a 4+ major card suit, he will bid it. If the suit matches yours, bid a game contract in the 4 card major with 15+. When the major does not match, bid 3NT with 15+ and 2NT with less than 15. Without 15+ and no 4 card major, Responder passes the 1NT opening bid. Example: J98, K86, Q1086, Q75.

The 15+ described above has nothing to do with making a transfer bid having a 5+ card major or a 6+ card minor suit.







Observations on the Worst and Best of Times

BY MARTIN GREEN

Charles Dickens began his novel "A Tale of Two Cities" by observing that it was the worst of times and the best of times. I thought this was an appropriate description of where we are at as the year 2020 closes and the year 2021 begins. The pandemic is once again surging, in the United States and it seems in most of the other Western countries. Our own state of California is once again in lockdown. However, one vaccine has already been approved and shipments are on the way with a second vaccine not far behind. We are being warned of a long dark winter ahead, but Dr. Fauci says there's light at the end of the tunnel.

Millions of words have been written about how to survive the pandemic, some of them by myself, and they probably haven't been of much use to anybody. However, being a long-time cat person (as readers know), I was recently struck by an article in the Wall Street Journal by John Gray headlined "Cats Are the Best Philosophers." The gist of the article is that cats' default state is "contentment, to which they return whenever they are not hunting, mating or playing." In contrast, Mr. Gray says, the default state of humans is "diffuse misery."

He goes on to say that if cats gave advice to humans it would be: "Don't chase after meaning, which will distract you from living. Let each day be sufficient. Find fulfillment in the sensation of life itself... Don't seek wisdom by looking within yourself. Too much self-awareness makes life burdensome." And further on: "We cannot achieve the ease with which cats inhabit the world. But we can perhaps learn from their example how to pass through our lives less anxiously. Delighting in the sensation of life itself and not worrying about tomorrow have always been wise practices. In a time of pandemic and pervasive uncertainty they have become necessary for the health of the world."

I'm not sure what Mr. Gray means when he says that the natural state of us humans is "diffuse misery." I guess it's similar to what Thoreau said, that most men lead lives of quiet desperation. I have to disagree with this. I'd hate to think that I'm miserable or desperate most of the time (although when my computer became inoperable I wasn't too happy). Also, since we humans are blessed, or cursed, with the gift of consciousness, it's impossible not to look within ourselves every now and then and try to find some meaning in things.

Having said this, as has become obligatory to say, I think us oldsters have a perspective on things that younger people may not. We've lived through the depression (not a mere recession), a world war, a cold war, Vietnam and a few other wars, the 1960's, television, reality TV, rap music, gangsta rap, robocalls, all kinds of scams, iPhones, iPads, Twitter, Facebook, the

circus in Washington (and in Sacramento) and the latest drought era of the Sacramento Kings so we can be pretty sure we'll get through this pandemic, too.

Meanwhile, some things I learned during the pandemic. When you get your groceries delivered you'll always forget an item or two, same as when you went shopping in the store. You can get almost anything through Amazon, including toilet paper. You can order stamps online from the post office. (I believe you can get stamps from Amazon, too.) If you have a car problem you can get a mobile car service to come to your house and a mobile car service can do almost everything a regular garage can do. I missed having sports on television. You can live without a computer but it isn't easy and you can have your computer fixed remotely. I missed having sports on TV.

In last year's January "Observations" I wrote something about the cruise Beverly and I had taken and I also noted that my 90th birthday was coming up and that I felt there'd been an arithmetical error somewhere as how could I be that old. Now that another birthday is coming up, actually it's passed as it was on December 30th, I feel the same way. Maybe it's because for most of last year Beverly and I have been sheltering in place, which means we've been living in a cocoon---no going to the Lodge, no lunches at the Timbers, no exercise

classes at the fitness Center and certainly no cruises---so everything in our lives has been at a standstill, including perhaps feeling that we've become older.

In closing, I want to salute the first-line people who are helping us get through the pandemic and the scientists and others who have produced vaccines in record times. I hope that we can get through the long cold winter ahead (we will, remember those cats), that it might be pretty bad but not the worst of times and that we'll have a spring and summer in which things get better and maybe the year 2021 will be the best of times yet. Stay safe until the vaccine comes and Happy New Year.

PS. I have been keeping a running journal of the year 2020 and hope to put out a book, "The View From 90" sometime later this year. Be on the lookout. My memoir, "The View From 85" is still available on Barnes&Noble as an e-book, a mere 90 cents.





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- ◆ First 15 words are FREE (for SCR residents only), additional words \$1 each
- ◆ ONE AD PER HOUSEHOLD, PER MONTH
- ◆ Any Real Estate or Business Ads are not free. Please see "Business Ads"
- ◆ Lost and found items/pets.

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- **♦** Anything of a commercial nature, including pet sitting, real estate, rentals, timeshare/condos, etc.
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- 1. Contact name and phone number.
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- 3. Classified ad text including the phone number you want readers to call.

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*HINT on Word Counts: A "word" is anything separated by spaces, or as reported by word-process software like Microsoft Word. If you have any questions, please email us at: CA@EGnews.com

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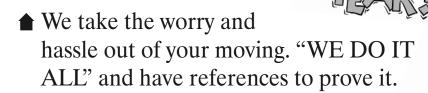


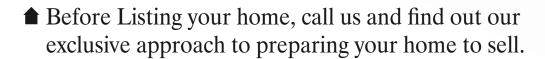
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