

DECEMBER 2021

SUNSENIOR NEWS

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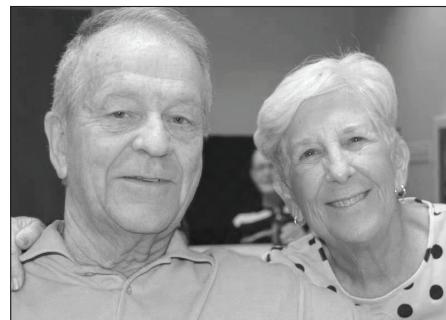
Dwight and Joan Rose: Friendship Magnets

BY JENNIFER MARTIN

If you're lucky enough to be invited to Joan and Dwight Rose's house, expect to see a personalized welcome spelled out in block letters arranged on the mantel above their fireplace...a surprise greeting created by Dwight. Another surprise is a fully decorated Christmas tree in their living room, installed a year ago for an expected visit from their children for Christmas. Because of COVID, that visit never happened, so they left the tree up in anticipation of this year's visit.

Dwight grew up in a small town in western Washington and graduated as a Business major from Washington State University in 1965. He worked for a short time for Boeing and then was drafted into the Army a year later. After two years in Germany, Dwight left the service and went to work for Sears in Seattle. He was transferred to Chicago in 1972 where he met Joan at a pig roast on the Fourth of July.

Joan was born and raised in San Francisco. She went to the San Francisco College for



Dwight and Joan Rose

PHOTO BY KEN SHAHOLAN

Women (Lone Mountain) and, after a summer in Europe, went to work for Crown Zellerbach in San Francisco. After three years, she was transferred to Houston and then to Chicago where she met Dwight. They happened to be living in the same apartment complex in Lombard, a suburb of Chicago, and a courtship ensued as they traveled on a commuter train to Chicago every day to work. They married in 1977 and continued to live in the Chicago area,

raising three children—Leslie, Adam, and Ben.

In 1982 the couple was sent to Singapore where Dwight opened a buying office for Sears. It was his job to find the factories to make the products bought by the Sears buyers who were working out of the Sears headquarters in Chicago. "Singapore is the cleanest, safest, most modern city in the world," marvels Dwight. They were supposed to stay for two years but the success of the office kept them happily there for six.

Joan was six months pregnant when they arrived in Singapore and their youngest child was born there. During their years as expatriates, Joan was involved with the American Women's Club which offered classes, trips, and other social activities for women expatriates. After taking a nine-week training class, Joan also became a tour guide at the Singapore National Museum.

During their years in Singapore, Dwight
(cont' on page 21)

Sun City Singers

BY JACKIE PROETT

It's December and "We Need a Little Christmas!" And that is the title of the Singers Christmas concert to be held on Monday December 6 at 7:00pm in the Timbers Ball Room. The price is \$15 a ticket. Ticket Chairman, Jahna Holmes, 530-559-0599. We hope there are some tickets left. They have been selling fast, because, truthfully we do need a little Christmas.

After almost two years of our lives been turned topsy-topsy, we need the warm, cozy, haven of Christmas. Like the song says, "Haul out the holly, put up the tree before my spirits fall again; fill up the stocking, I maybe rushing things, but deck the halls again now!" We want to grab it and hang on for the ride. We're like children all over again feeling the excitement, the joy of giving and receiving, the closeness of family and friends.

For many of us, Christmas is a religious holiday. For many others it is time to decorate and celebrate. Our concert is filled with music that touches everyone. Old fashioned carols are mixed with songs of humor and beauty. Santa Claus promises to attend and give his special treats. Come and let us give you the gift of music.

We won't be planning a Holiday party this December, but Hospitality is discussing ideas for "fun-stuff", later on in the coming year. We always need a little "fun-stuff"!

Well, look at us! We're up and running!

We miss some old friends, but look at how many new friends we have. Imagine us being back in the concert business! Whee!

It's almost time for our long winters nap. Come join us on Monday January 10, 2:30pm, back of the Ballroom. Merry Christmas

SC Harmonicoots

BY LINDA AUG

If you happen to pass by the Timbers Ballroom on November 3 you may have heard tunes such as "Battle Hymn of the Republic", "Stars and Stripes Forever", "White Cliffs of Dover", and "Over There". But if you happen to be INSIDE the Timbers Ballroom on November 3 you would have witnessed the Sun City Veterans standing as each of their branches of service were acknowledged with THE MILITARY MEDLEY. Thank you to the Sun City Veterans and Patriots Club for asking us to honor your service.

If you missed this performance, the Sun City Harmonicoots have many more in store for you! On December 7, the Veterans and Patriots Club have invited us to Sierra Pines in honor of Pearl Harbor Day. Are you getting in the



Playing for the Sun City Veterans and Patriots Club on November 3.

holiday mood? You may wish to enjoy a "Two for One" when the Sun City Harmonicoots and the Sun City Singers partner to spread holiday cheer to those strolling through the Timbers lobby. Look for us by the Christmas tree on December 9. Wait! There is more! On January 17, 2022, the Harmonicoots will be performing in a Sun City Variety Show hosted by Activities Dept. Stay "tuned" for more information.

Come by the Sierra Pines on Thursday from 1:00 to 3:00. You will find the Harmonicoots learning new songs, playing old favorites, and rehearsing for our upcoming shows. Our "Jam Session" during the last hour shifts to a different type of harmonica playing. Chairs form a circle, and we play along, sing along, or just listen. You'll be tapping your foot in no time!

Dance Group

BY LENORA DAVIS

Hold the presses! This just in! On January 17 the Dance Club will host an evening of performances by all of the dance groups you know and love. "Wow! That is a lot" you say. But wait, there's more. There will also be performances by all of the following groups: Music and Laughter, Ukulele, Harmonicoots, and All Tuned UP. This is going to be a really big show. Tickets will go on sale on December 1 at the activities desk for \$5 and will be limited to Sun City Residents.

(cont' on page 5)

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The Sun Senior News - Roseville welcomes announcements from social clubs, schools, charitable organizations, non-profit organizations, local government and community events. Also, editorial contributions as well as articles, cartoons and photographs are welcomed and considered for publication. Deadline for submissions is the 15th of each month. Please submit via email to: egnews@egnews.com

All information submitted to the Sun Senior News - Roseville must be accompanied by your name, phone number and written consent. All letters received become the property of the publisher (EGnews Inc.). The Sun Senior News - Roseville reserves the right to edit letters for publication and liability purposes and are not guaranteed to be published.

From the Editors



*Merry Christmas and Happy Holidays!
Wishing you the very best of the Season
and throughout the New Year —*



**Liz & Gregg
Goldthorpe**



AARP Tax Aide — Free Tax Returns

AARP Volunteers will prepare and electronically file Federal and California income tax returns for low-to-middle income Sun City Roseville residents at the Timbers Lodge Computer Room on Sundays. There is no charge for these services that are sponsored by the IRS and AARP. Volunteers are tested and certified annually and are trained for most returns. Real estate rentals, K-1s for

limited partnerships and complex small business returns are a few of the exceptions. Appointments are required and can be made by calling 916-741-0506. The appointment line will be open starting on January 17th and appointments will be made for Sundays between February 6th and April 10th. This appointment line makes appointments for several sites in Roseville so if you want your appointment to be at Sun City, you must mention that when you leave your appointment request.

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Dance Group

(cont' from page 1)



In more news, the Dance Club had a Halloween

Party that was a great success with many participants in costume. The Crystal Image Band played dance tunes that packed the dance floor all evening long.

I hope you have your tickets for the Dance Club Holiday party on December 7, which will be not only a chance to gather with your friends to eat, drink and be merry, but entertaining as well. Dancers from the Jazz, Tap, Clogging, and Line classes will be strutting their stuff. These groups have been practicing and will be ready and excited to perform. The Tap, Jazz, and Cloggers will be in dazzling (no doubt)

costumes! If you have not seen these groups in action, this will be a terrific opportunity to see some fun you may want to participate in, in the future.

This will be the last big event for the year and many thanks are due to the hard-working Dance Club Council, monitors, and others that volunteer their time and energy to make Dance Club such an amazing success.

More exciting events are planned for 2022, so stay tuned, and if you are not yet a member you should make it a New Year's resolution to join us. Happy New Year!

Fine Arts Club

BY NANCY VAVUL

Happy Holidays! We are ringing in the season with some fun. First of all, our holiday luncheon, "Snowflake Ball," is rapidly approaching. This will be held at Serra Pines on December 9 from 11:30am to 2:00 pm. We will offer good food and friendship, music, "dancing," singing, photos, and fun surprises to brighten your holiday happy face. Consider wearing snowflake or other festive attire to add (cont' on page 7)



Fine Arts—Susan Edie and Donna Self teach popular art workshops.



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PM Cost is \$60.00 for the program or \$6.00 per night.

The first two weeks (January 12th and 19th) are free.

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Couples and singles are welcome. No need to sign up in advance, though recommended. Contact: Bonnie Brewster at 916-991-7990 or 916-390-4060 or Holly at 530-218-3891 or 530-755-0149.

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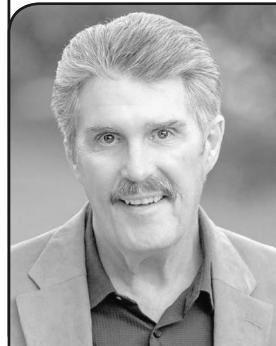


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Fine Arts Club

(cont'd from page 5)

to the atmosphere. There may even be a prize. To extend the holiday spirit of giving, bring an unwrapped, art supply-type gift to benefit the Children's Bereavement Art Group, and you will feel the glow from the inside out. All of this can be experienced for a small fee of \$22 for Art Club members and \$27 for non-members. You may sign up and pay by check in the Fine Arts room only until December 4, so act now!

December is generally a time off for our painting teachers, so there will be plenty of open studio time in December if you want to come in and work on some presents, or if you just want to come in and socialize with other members while you work on your masterpieces. The only exceptions will be when Donna Self leads two Christmas themed paint-alongs on December 3 and 6 from 1:00 to 4:00pm. These are open to everyone for a small fee, but you must sign up and pay by check. Space is limited.

Looking ahead, Pat Abraham will begin another beginners watercolor class, Susan Edie will teach another paint pouring workshop, Donna Self will continue with oil and acrylics classes, and our usual business will all be back in January.

So, stay safe and have a wonderful holiday season!

• • •

Needle Arts Club

BY CJ KIDD

The November General meeting was a huge success. Designers from Pottery Barn shared their talent and creativity with our members. They displayed two beautiful Holiday table settings and 3 fantastic Holiday fireplace mantel arrangements. We walked away with wonderful ideas for decorating for the holidays.

Our January, 2022 general meeting will be Wednesday, January 5, 2022 at 1:30 in the Ballroom. Our guest speaker will be Sandra Mollon. She will share her talent by adopting images for an Art Quilt (using photographic images in designing a quilt). Be sure to mark your calendars. You will be awed by Sandra's work.

Our congratulations go out to Dee Cavanagh, an extremely talented seamstress. She entered her Green Tiled Vest in the Embellishment Category at the Pacific

International Quilt Festival. She was awarded the best in this category. Great job, Dee.

We will also look forward to returning to our regular Activities in 2022. We have scheduled a Fashion Show Luncheon for Friday, May 6, 2022 in the Ballroom. J. Jill will supply the fashions and members of Needle Arts Club will be our models. We look forward to returning to our Holiday Activities in 2022. We are planning a November Craft Fair and a December Home Tour. We all have so much to forward to in 2022.

I would like to personally thank Marianne Kruze for her years of service as the editor of our Needle Arts Club Newsletter. You went above and beyond all of our expectations. We will miss you. Your creativity talents and your beautiful smile will remain in our hearts for years to come. Thank you, Marianne.

It's time to bring 2021 year to a close. However you celebrate, have a joyous Holiday Season.

Stay Safe and Stay Healthy.

• • •

Creative Arts Club

BY BONNIE GREGORY

October 19, 2021 Mary Rude, Creative Arts Club card instructor, taught a group of members how to make paper Christmas houses. Mary cut the houses from a Tim Holtz die that fits the Sizzix machine. Tim Holtz is well known in scrapbooking and mixed media and a huge success in the industry of paper crafting. He designed these houses to fit on pieces of paper for making a church, haunted house and several other styles of paper houses. Currently, he has created a whole new small village, Mary ordered it and is waiting for it to arrive.

Mary pre-cut the houses for the class, as



Mary pre-cut the houses for the class, as

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Dee Cavanagh with her award-winning embellished vest.

it takes a lot of time making sure each piece of paper is cut correctly. Then she placed the die cut houses into individual envelopes so each student could assemble their 2 houses.

Dar Miller and June Evans stated that after Mary helped them fold and glue their houses together the really fun part began. Mary displayed all kinds of holiday embellishments on the table for the students to use: wreaths, fences, Santa Clauses, reindeer, miniature trees, etc. The pictures are of Dar and June's houses.

A couple of members at the general meeting stated that they would like to have made the houses, so Mary will teach another class, sign up sheets will be in the Creative Arts Room soon.

• • •

Cinema Group

BY BRIAN SUTTON

'Tis the season, and a lovely reason for a holiday break. No meeting in December!

Best wishes for a fun-filled holiday season, and a healthy, happy new year!

Join us for the January movie.

Friday, January, 21 at 1:30 pm in the Spruce Room at Sierra Pines. As always, admission is free!

The Cinema Group is interested in showing those movies that you would like to see. If you wish to suggest a movie, or have a question about the Cinema Group, please contact Brian Sutton, 916-482-6393.

• • •

Boomer Generation

BY SUZANNE CROWDER

We all had to be thankful for this Thanksgiving and now we are ready to put this year behind us. Let's welcome the holidays with open arms and see what the New Year has to offer. Hopefully you have been able to participate in some of the Boomer fun this year. With the group as large as it is, we started doing all meetings and events together as well as back-to-back to allow for more participation. Thank you for making it work. We started with a Pizza Party in June and introduced the group to LRC Wild. July had great finger food and played Kings in the Corner and in September we "Rocked Around the Clock" in costumes to a great DJ and ate hot dogs. November did not let us down. Our Lasagna Dinner & Card Bingo was a great success. It was a great way



Kings in the Corner Event.

to end the year.

Now we look forward to 2022. Your council is diligently working to give you the best Boomer year yet!

Save the date, January 29, 2022! We'll start the year out with our annual Ball held in the Timber's Ballroom. This will be a one-night event only, so watch your emails and the lobby for sign-ups.

Administration is in the process of setting up the 2022 calendar, so we will be releasing the year-at-a-glance so you can see what we have in line for the group.

Remember to check out our Face Book Group (Sun City Boomer Generation) and the Sun City website frequently to see what's coming up. Also, the Club Photo Gallery is updated so you can check out the fun. If you are interested in joining any of the SIG's (Special Interest Groups) or getting on their waitlist, make sure to reach out to the individual in charge. Your Boomer Council.

Socrates Cafe

BY STEVEN GUSTAFSON

Jeff Bezos is currently the second wealthiest person on earth. He has funded the development of a rocket system that has sent several "tourists" into space for a ticket price of about \$25 million each.

He says that he looks forward to seeing earth from space for himself so that he can "gain perspective on this life". Could he instead gain this perspective by taking a walk through a children's oncology unit, or an impoverished neighborhood, or shadow a single mom who is juggling three jobs to feed her kids?

Questions of this sort are considered by Socrates Cafe, Sun City's philosophy discussion group. We meet in the Timbers Lodge card room at 10:00 on the first Monday of most months. You are welcome to join us!

• • •

(more Club News cont'd on page 9)

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Ambassador Committee

BY NANCY GREEN

Covid restrictions have eased up, it is nice to see activity around the Community! Our roads are being repaved and those awful cracks are disappearing as the process is being completed. Our neighbors are walking outside in this beautiful Fall weather and welcoming the rain as it comes.

The Ambassador's Committee have been active too! Recently during the last couple of months, more than 70 tours of the Timber's Lodge have been given to prospective buyers interested in learning about our life in Sun City!

The "New Resident Welcome" party was hosted by Linda Aug, Carolyn Friend, Latricia



Newcomer Resident Party hosted by Ambassador Committee — Saturday, November 6 at Sierra Pines.



Nicholson and Jo Anne Gregson on November 6. The committee did a wonderful job of welcoming the new residents who had moved into Sun City during the last couple of months. It was wonderful to meet with them and answer questions that have arisen since they arrived. It was interesting to learn where they moved from and how they discovered Sun City! Thanks to all the committee members for a wonderful job arranging all the details for a successful party!

We now move on with the Holiday Season and it is turning out to be a busy time with all the different Clubs/Committees having events to

celebrate the Season of Friendship and Giving!

Sun City is sponsoring "Toys for Tots" and unwrapped toys are being collected in a bin outside the Office in the Timber's Lodge. This is an easy way for our residents to support the needy in Roseville.

On behalf of the Ambassador Committee we wish all of you a joyful Holiday Season with family and friends!

wish to receive emails. If you wish to receive emails from any other club/groups, you will need to contact that club/group, fulfill their requirements to receive emails, and have them add you to their online list.

Note: The "Group participation area" must contain "Activities Department" and "Association Information" to permit you to receive all important Association emails.

Identifying Links — Throughout the Resident Website, any "green" text will be a link to access another website area.

Mobile Phone Use — To accommodate mobile phone users, the new platform is completely mobile friendly. However, the screen layout will look different on a mobile phone screen from that of a computer/tablet screen.

"Hamburger Link" — Three horizontal lines stacked like a hamburger. This new icon will appear on all device and phone screens, but will be most important on a mobile phone screen.

• Computer/Tablet screen — The black menu bar contains topics which provide access to other web pages. The green dot at the right side of a topic indicates it contains a list of links to other web pages. A "Hamburger Link" appears at the far right of the black menu bar and contains all the remaining link that could not fit on the menu bar.

• Mobile phone screen — the "Hamburger Link" appears in the center of the black menu bar and contains all the menu bar topics.

Enter Search — The "Enter search..."
(cont' on page 9)

Website Work Group

BY CHARLYN ROSS

An Early Holiday Gift — On December 1st the "new" Sun City Roseville (SCR) Resident Website, www.scores.org, became available to all homeowners. As with any gift, there is a need to become familiar with its features, to truly utilize all it has to offer.

Login — The first time you log into the website, www.scores.org, you will need to enter your email address and new website password. Check the "Remember me" box, to maintain your logged in status.

Note: For security, check the "Remember me" box only on your personal computer or device.

Home Page — Your name will appear as a link at the top right, next to two links to "Change password" and to "Log out".

Your Profile — Click on your name at the top right, to review your profile. Scroll down to "Group participation" to confirm that your list contains all the organizations from which you

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Website Work Group

(cont'd from page 8)

field appears at the top left of most website pages. You can look up anything on our website, using "keywords". For example, if you are in the Calendar, but want to view an Activities event, type a portion of the event's title, and it will take you directly to that event's information. To find a certain Club/Group, type its name in the field.

These are a few of the new website features that will help you continue to enjoy our wonderful SCR life style. We invite you to explore all the features that are available on this "early gift".

Need Assistance — Should you have Website questions or suggestions, please contact Julia Schmunk, our Website Designer, by phone 916-774-3878, by email at julianns@scrca.org, or by a note placed in the Suggestion Box at the Lodge's side entrance.

Governmental Affairs Committee

BY STEVE GUSTAFSON

Governmental Affairs Committee (GAC) meetings typically feature a presentation by one or more government officials on a topic of interest to Sun City residents. All residents are welcome to attend.

Last month the scheduled presentation was by the Roseville Fire Department on the

new \$ 354 fee for many 911 medical calls, the possible waiver of this fee if it is not covered by insurance, and related issues.

Committee members typically report on Federal, State, County, and City policies or plans of interest to Sun City residents. Residents are welcome to make comments or ask questions. The next GAC meeting is Tuesday 11 January at 2:00 in the Timbers Lodge Aspen/Birch rooms.

Compliance Committee

BY BARBARA WELLS

Burr—I think winter is here!!

The Compliance Committee wishes each of you a happy, healthy, and safe holiday season. As you prepare for the many activities that occur during this busy season, please review the following information regarding decorations.

Holiday Decorations:

I think we are all looking forward to the holidays this year and wishing 2021 farewell. We might be more in the mood to decorate the house inside and out. The Compliance Committee wants to gently remind you to check out Design Guidelines Section 3.04(i) that discusses holiday decorations. Winter holiday decorations are allowed from November 15 to January 15. Please remember if you use exterior spotlights to highlight your decorations, that they don't shine directly into a neighbor's home.

Also, DG Section 3.04(k) states that

Street Theme Decorations (i.e. candy canes, snowmen, geese) may be used on a temporary basis as part of the Holiday and Special Occasion Decorations as described in 3.04(i).

Any questions, call Ryan O'Connell, Asst. Dir., CSD 916-774-3863

Just a heads up—the Compliance Committee will be doing Landscaping Canvassing the first part of the new year. We haven't done much of it the last couple of years as people had enough stress to deal with. This will give you time to get your yards in order and avoid "the dreaded letter".

Roseville Stamp Club

BY TIM MILES

We've had a busy November as we have been able to meet again and share our hobby with our fellow members. The Sacapex Expo 2021 was a great success, according to attendees.

We have no meetings in December as the Lodge needs all the meeting rooms for the various holiday dinners put on by others. Our holiday dinner is set for Tuesday, January 18 in the Solarium at Timbers at the Lodge restaurant (7050 Del Webb Blvd). We will have a menu of choice available so be sure and contact Al Capparelli (916-771-8288) as soon as possible. Attendance is limited so early notification is essential.

Our January meeting dates are set and the meetings will be on Monday Jan 10 and Mon Jan 24 at 6:30 pm. Please take note of the change

to Mondays. The rooms are in demand and we get switched around as the demand rises.

Also, we will be receiving our copies of the 2022 Scott Catalogs and we will be selling the old catalogs "first come first served". Al is the contact man.

Anyone who has an "old" collection and wants an up-dated estimate of the album's worth can contact Al or come to one of our meetings and get a good idea of the current value.

Email contact thru Al Raub has been steady and reliable. With the pandemic, it has been a godsend because we are all basically housebound and it can change at any time.

The club extends "Holiday Greetings" to everybody and wishes all our readers a healthy and joyous holiday.

• • •

SCR Travel Club

BY DARLEEN HEGERLE

The Christmas holidays are quickly approaching and it's time to get your "dance card" out for upcoming additions. A reminder to all members that our Holiday Brunch on December 5th still has room for more, so if you have not already done so, give one of our Event Elves a call to sign up. Call Diane Scalise, 916-652-5979 or contact Norma Jones at 916-704-4045 for tickets and information.

As of November 2021, Collette Vacations have instituted a policy that will require vaccinations for all their domestic travel.

(cont'd from page 11)



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Happy Holidays!

THANK YOU FOR ALL YOUR BUSINESS IN 2021!

May the New Year bring you health and happiness.

Cheers,

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Executive Director Comments

The Time of Year for Reflections

BY EARL WIKLUND

This is the time of year that we give thanks and celebrate among our family and friends by exchanging gifts. There are many residents among us that give of themselves unselfishly. There might be those acting as car givers, volunteering as an officer in a Club or Group or as a member of an Association Committee. These residents give a gift of themselves by volunteering to help others in time of need. I think we all know someone that works hard to make another's life a little bit brighter. Many of our neighbors and friends give of themselves without any recognition; and sometimes without a 'Thank You'. Perhaps this year of continued uncertainty we can elect to embrace others who may have different points of view but who contribute to the overall success of the Community. Perhaps by giving a gift of appreciation.

As you might recall, we reopened the Community in mid-June but find ourselves still working through the Covid pandemic. The Community is essentially back to normal in most cases with a little less activity and participation by residents, sometimes with masks and assurance of vaccination. Sun City Roseville is an employer of 100 or more employees and will be required to confirm that all employees be vaccinated or be tested weekly effective January 4, 2022. We are

currently waiting for guidelines from Cal Osha to be released and it is the intent of Staff and the Board of Directors to follow and implement the guidelines. This is consistent with prior guidelines released by many different governmental agencies. Currently there are no requirements for resident and guests to show proof of vaccination as has become common in other cities and places of business.

The first quarter of the new fiscal year enjoys an operating surplus generated by strong positive business results in both Golf and Food and Beverage with more than adequate operating reserves and with funding levels for the Replacement Reserve Fund at approximately 100%. The Finance Committee met in mid-November to start the budgeting process for the fiscal year 2022-23 in their annual Long Range Planning meeting. In that meeting Staff present a five-year operating projection which showed the impacts of the current inflation we are experiencing in our economy and the annual increases in minimum wages will strongly impact upward movement in monthly assessments in future years. Changes in the resident assessments for the fiscal year of 2022-23 will be discussed in a community Townhall Meeting to be held in February 2022 and throughout the week-long budget meetings in March 2022.

Also expected to be completed in 2022 is the Strategic Planning Work Group's A-2 project. This is the second part of the Phase A approved by a resident vote and funded also by our annual Special Use Fee, is currently underway with construction expected to begin in March 2022. The Strategic Planning Workgroup is working with our architectural firm on City approval for both entitlements and construction permits. The project will include the complete renovation of the Fitness Center Locker Rooms, the expansion of the Fine Arts and Creative Arts activity rooms with the update and relocation of the Wall Street and Catering office spaces already completed.

Things are looking up for the new year. We continue to move forward, working through the challenges of the pandemic but with a keen eye of our bright future just a few months away. Happy holidays to all of you and your families. Be safe in the short term so we can all enjoy our bright future a little further out into 2022.

SCR Travel Club

(cont' from page 9)

Because COVID-related restrictions and requirements are changing so frequently, the Club suggests checking various city and state websites for updated information that relates to you and your travels. The CIBI travel information on the Collette website, under "On-Line Resources", also has links to COVID tests that you can purchase and

take with you on your trips. Also, if a test is needed on a Collette trip, the company they will generally handle the details for you. If a test is needed pre or post-trip, the traveler is generally responsible for the cost. It was further suggested that our members download the Collette Compass app on their mobile phones to store needed documents and get updates before and during the trip.

Plan to attend our General Membership Meetings which are held the 4th Monday at 3 PM each month. We strive to keep our members informed, entertained, and engaged.

• • •

Veterans and Patriots Club

BY VIC VICTORINO

Great news: Forget all that concern about the future of the Club. With the election of a full Council at the November General Meeting, the Veterans and Patriots Club is off on a solid footing for 2022. Our new officers are Lou Lopez as President, Mike Young as Vice President, Paul Moyer as Treasurer, and Alex Meloy as Secretary. These gentlemen are looking forward to building on the past strengths of the Club and working with our members on new activities and projects.

One more Club event will round out 2021. Our annual Pearl Harbor Remembrance Ceremony will be held at Sierra Pines at 10 AM on December 7.

Again this year, the Needle Arts Club brought us four pieces of art in the form of

(cont' on page 12)

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Memories of Family Holidays

Holidays are very special for children. This is my memory of our family Christmas celebrations during my childhood.

I am going back in time to when I was eight years old. My mother and father loved to celebrate Christmas. Being that they are European, they had different traditions than my friend's families did. First off, my mother would make homemade candies that were wrapped in a special paper and hung on the Christmas tree. Tinsel was popular back then and we used a lot of it on the tree. I didn't think anything about it at the time but we would celebrate on Christmas Eve.

I remember our dad taking us shopping on the eve to buy gifts for our mom. When we got home, our tree was filled with presents all around it and we were told that we just missed Santa Claus as he came to our house while we were gone. Ok, not like the way it is written but at the time, we did not know any different.

Dad had a tradition of doing a Christmas program on the eve starting precisely at 6 PM. He would first talk about baby Jesus and the true meaning of that special day of his birth. He also described the reason for gifts and giving. After he was done talking, we began the music portion of our ceremony. My dad played the organ and sang, my older brother and sister both played the accordion, and I was taking organ lessons so my song to play was Silent Night.

When the program was done, mom would hand out the presents and one at a time we would open them while we got to start eating the candy hanging on the tree. One present of our choice was held aside to open Christmas morning after we got home from church.

It was a joyous time for our family with many happy childhood memories. I want to wish all of you a very special holiday season this year. I am grateful for my family and the friends that have touched my life throughout the years.

Happy Holidays to all!

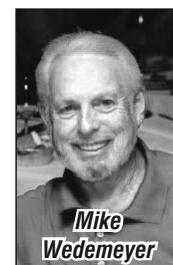
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Veterans and Patriots Club

(cont'd from page 11)

quilts and wall hangings as door prizes for our veterans. Their work is exquisite and with elegant patriotic themes. Our thanks to Marilyn Glenn and the other Needle Arts ladies.

Finally, we want to thank outgoing President, Mike Wedemeyer, for all he has done for the Club. Mike has served on the Council for four years with terms as VP and President. It was his enthusiasm and hard work that kept the Veterans and Patriots Club "alive" during the pandemic. After planning Club activities for 2020 including a list of fine speakers, the shutdown stopped everything. Mike had to start all over again to be ready for the re-opening of SCRA activities. Luckily, he plans to stay active in the Club.



Mike Wedemeyer

Jewish Fellowship Circle

BY LOIS ARLEN AND KAREN LEVINE

Welcome to our new members David and Linda Tennies. We are glad you are here and have joined our Fellowship!

Sadly, a long-time member of our Fellowship, Stella Stern, passed away in September. She will be missed.

Our October potluck dinner was a big turn out and a lot of fun. We had a good variety of delicious foods, many from favorite

family recipes.

Our Hanukkah dinner will be on Tuesday, November 30 at 6:00pm at Sierra Pines.

The elected officers for 2022 in our Fellowship are: President - Gus Ballis, Vice President - Nancy Schubach, Secretary - Karen Levine, Treasurer - Cora Rose.

Membership dues are \$12 and will be due in January 2022.

The Book Club will meet on December 13 at Andrew and Julie Brasch's house at 7:30pm. The book is "The Wartime Sisters".

The article this month features the "Land of Israel". The Land of Israel (in Hebrew "Eretz Yisrael") is the traditional Jewish name for Israel. Referred to many times in the Bible as: The Land of Canaan, the Promised Land, The Holy Land and Palestine. Its most sacred sites are located in Jerusalem. A densely populated country on the eastern shore of the Mediterranean Sea, Israel is the only state in the world with a majority Jewish population. The Dead Sea in Israel (one of the saltiest bodies of water in the world) is the lowest point on earth at 1,315 feet below sea level at its lowest point. Because of the high levels of salt it creates a harsh environment in which plants and animals cannot flourish, hence its name. On May 14, 1948 Israel proclaimed its independence, and at the same time, U.S. President Harry S. Truman recognized the new nation.

• • •

(more Club News cont'd on page 13)

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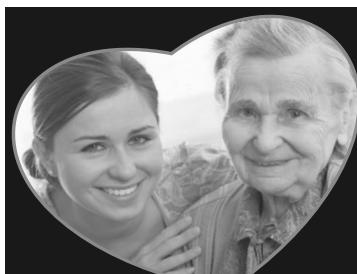


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SCR Republican Club

BY GWEN MYERS

We were honored to have Morgan Gire, Placer County District Attorney speak at our last meeting. Morgan is a "home grown" Placer County resident. He says that because of his and his family's county history and his love for the law, this is his "dream job". He described what his responsibilities are and he spoke of the many challenges facing law and



order due to laws that have been passed by the state legislature in the past several years. We are fortunate to have DA Gire and his staff to uphold the laws of our county, state and federal government.

Reminder: The Annual Holiday Buffet will be Thursday, Dec. 9 at 9:45 am in the Ballroom. If you have not signed up, contact Carole V at 916-781-2468 to see if reservations are still available. Also, if you have not already done so, pay your yearly dues for 2022.

We wish you a very special Christmas and New Years with your family and friends.

There will not be a meeting in January.

• • •

SCR Computer Club

BY BARBARA EICHEN

Happy Holidays — Enjoy the parties! The new scres.org program is online! You need to be sure to sign in with your email address and choose a password. The new platform is easy! If you have problems, we will have a training session with Julianne Schmunk on Monday, January 24, 2021 at 10:00 in the Ballroom. All are welcome. We want to thank Julianne for the super job she did programming the new site.

Special Interest Groups (SIGs): Appointments can be made for individual help with your device.

Genealogy — No meeting will be held in December.

Photo Sig - PhotoSIG will be meeting on Friday, December 17 at 10:00 AM in the Computer Room. Come to the meeting and see how the Photo SIG does things. All Computer Club member may join the Photo SIG. Only Photo SIG members may submit photos for the monthly contest. Submission of a maximum of 3 photos sent to PhotoSIG916@gmail.com are due by Monday, December 13, 2021. The photos are juried at the regular monthly meeting. December's theme is "Toys" and the photos must be taken within the last 12 months. Contact Dennis Studer or Jennii Ramirez for additional information.

Digital Imaging and Editing- First Friday of each month at 10:00 am in the Computer Room. Learn to edit, process images, and improve your photos on your computer.

All 'Bout Apple — Need help with an Apple, iMac, iPad, iPhone - Charlyn Ross (916-772-1447) will be available in the Computer Room. Check in the Computer Room for other members that may be able to help with questions/concerns.

In January, the group will begin holding monthly meetings in the Computer Room; Date and Time to be announced.

We need your help! Volunteers are required for President and Vice President. Without these volunteers, we will have no club. The equipment in the Computer Room was paid for by your dues. The Club will have no room and do equipment (All will go to the Administration) if we do not have volunteers!

If you or a friend have an interesting computer related topic, we would like to hear from you and possibly schedule a program. Feel free to give us topics for future programs.

• • •

Democrats

BY TONI FISHER

As the door closes on 2021 we contemplate both happy and sad memories. It was good to have progressed into the limited human contact conditions.

Our November program developed topics for future programs and resulted in many questions we will need to ask local candidates. These same matters will help evaluate candidates for higher positions since all the topics affect our lives.

Before we step into a new year, it is a good time to gather and enjoy the company

of our fellow members as we break bread on December 15 with a modified potluck lunch. The club will provide the main dish of barbequed meats from Dickey's Barbeque Pit and a variety of beverages; members are asked to bring a side dish or dessert for the buffet table. Reservations are needed but there is no charge for currently paid members.

In this season of giving, we ask members to donate helpful items for the residents of the Gathering Inn, a supportive local homeless facility. A list of suggested items was shared with members which we hope will generate many needed items.

Our previous holiday support, gifts for the Woodbridge School Giving Tree, was modified and will be completed December 3. We hope to have collected many \$10 gift cards for the children.

Our caring for humanity can be summed up as: "Never look down on anyone unless you are helping them up." – Unknown

Rods & Relics

BY ELNA RAGAN

Members of our Club helped with the set-up and taking down of the successful Lincoln Library Book Sale held on November 6. Numerous mobile carts were put into place in the Willow Room and returned to the staging area. We received "Thank You" notes from Sharon Gorley of the Library staff and from the Friends of the Lincoln Library.

On November 12 Rich Ragan, outgoing
(cont' on page 15)



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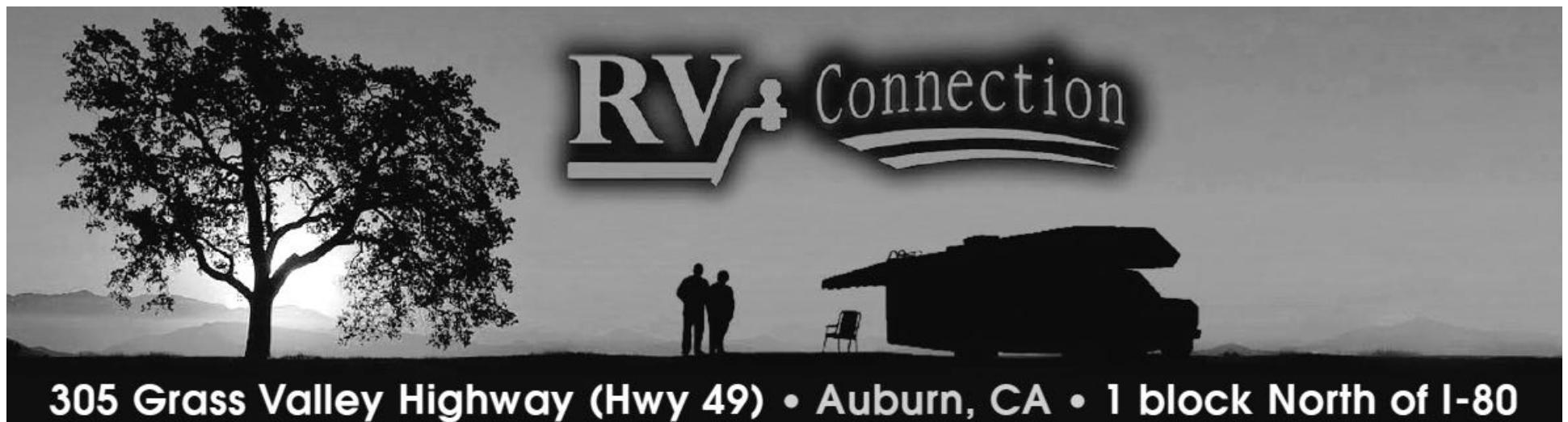
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878 WILLOW	None listed on MLS
964 ROSEGARDEN	\$400,000-\$479,000
1102-1167 MEADOW	\$420,000-\$532,000
1198 TIMBEROSE	\$430,000-\$511,950
1323-1343 ORCHARD	\$412,500-\$531,000
1334 ROSETREE	\$432,000-\$581,000
1476 COUNTRYROSE	\$483,000-\$580,000
1493-1547 SHASTA	\$465,000-\$622,500
1539 PINERY	None listed on MLS
1619 REGENT	\$618,650
1618-1781 CALVARAS	\$520,000-\$612,000
1638-1656 PARKLAND	\$576,000-\$651,000
1676 BAYWOOD	None listed on MLS
1741 YOSEMITE (2 BED)	\$517,000-\$670,000
1774-2019 IRONWOOD	\$585-\$651,000
1781-1817 GROVE	\$581,000-\$610,000
1840 PLUMAS	\$570,000-\$599,000
1869 YOSEMITE (3 BED)	\$559,000-\$770,000
2001-2032 SUMMIT	\$675,000
2231-2270 STONECREST	\$656,500
2287 DELTA BREEZE	\$610,000-\$805,000
2083-2283 SIERRA	\$575,000-\$710,000
2091 TURNBERRY	None listed on MLS
2362 HEARTHWOOD	\$575,000-\$826,000
2538 TIMBERLodge	\$625,000-\$875,000
2681 WILSHIRE	None listed on MLS

*Statistics represent MLS sales from 1/1/21-11/1/21

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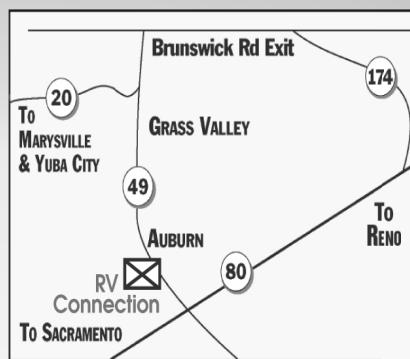
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Rods & Relics

(cont'd from page 13)

Co-Chair of the annual Downtown Lincoln Car Show, met with the 2022 Co-Chairs, George Funk and Alan Taylor. They bring new ideas and energy to ensure a successful event scheduled for Saturday, June 4, 2022. Save the date!

A group of Club members, led by Tom Indrieri, traveled to the Hard Rock Casino in Wheatland and participated in a Media Event on the morning of November 18.

The Lincoln Fire Fighters held their 8th Annual Turkey Drive on Thursday, November 18 in the afternoon. The Rods & Relics Car Club and the Sports Car Club of Sun City Lincoln Hills caravanned over to Fire Station #34 and made a large contribution of frozen turkeys. Last year 1,248 turkeys were donated during the Turkey Drive!

The Car Club's annual Christmas celebration will be held on Sunday, December 5, in the Meridian's Ballroom. A special menu offering three main dishes will be available. Members will be bringing toys to donate to the Toys for Tots program. There will be a Trivia Game and music for dancing. It has been two years since our last celebration. We are looking forward to the festive, fun, relaxing evening!

Our Car Club is always looking for new members. If you own a 1975 or older American-made or American-powered vehicle, plan to join us. For more Rods & Relics information check our website shown below.

Contacts: Chuck Barnhart - President 916-543-7301, Mike Caridi - Membership Director 707-849-2834.

Web Site: www.rodsnrelics.net

SRC Birders

BY JANET MORELLI

December through April are arguably the best birding months of the year in the Greater Sacramento Valley. The leaves of deciduous trees have fallen off, the temperatures are much cooler (sometimes even cold by California standards early in the mornings), and many migrating birds are passing by, or resting, in our area.

Another change to the Birders Scheduled Field Trips made as a result of moving the Canyon Oaks trip from November 4 to October 21 last month is to substitute a trip

to the Lincoln Water Treatment Facility on the November 4 date. This will be a "birding by auto" field trip around the percolating ponds where we expect to see ducks, geese, raptors, and shorebirds among other birds.

Audubon's annual Christmas Bird Count of North America is in December, including counts in Canada, United States, Latin America and the Caribbean. SCR is located within the Audubon's Lincoln, CA count circle (a circle radius of 15 miles from a spot west of the town of Lincoln). SCR Birders participate in counting the number of birds sighted in SCR on a specific day (usually during the week after Christmas) and reporting their findings to the Lincoln compilers who summarize all the counts within the Lincoln Circle. The final results are forwarded to Audubon to be combined with counts from all other Circles and published for use by scientists, agribusinesses, conservationists, and ornithologists (a person who studies or is an expert on birds). Last year, five SCR Birders counted 63 species for a total count of 1457 individual birds. Unusual counts for SCR were Green-winged Teal, Pine Siskin, Ferruginous Hawk, and Rock Pigeon.

For questions regarding Birding Field Trips, call either Janet Zeitman at 916-771-5235 or Janet Morelli at 916-782-6393.

• • •

SCR Hiking Group

BY DORIS MERCHANT

We're looking forward to the Hiking Group's annual Christmas party, which is coming right up. Hope most of you will be attending!

Since winter is almost upon us, weather-wise our hikes could be hit or miss. Any major changes will be emailed to the members. As always, check the Group's website for driving directions, elevations and descriptions of hikes. Also, since the ground may be wet or muddy, it would be considerate to bring a change of shoes for the ride home.



Feather River in the fog.

December 2 - Empire Mine, rated 4.5 (easy to moderate), 6 miles, \$6.00 carpool ride.

December 9 - Sterling Pointe Loop, rated 4.5 (moderate), 6 miles, \$6.00 carpool ride.

December 16 - Rattlesnake Bar to past Avery's Pond, rated 4 (easy), 6 miles, \$6.00 carpool ride.

December 23 - Lake Clementine View, rated 4 (easy to moderate), 5 miles, \$6.00 carpool ride.

December 30 - Sterling Pointe to Rattlesnake Bar, rated 5 (moderate), 7 miles, \$6.00 carpool ride.

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Cycling Group

BY SUZETTE AUSTIN

Regularly scheduled rides are Mondays, Wednesdays and Fridays, departing from the tennis courts. We have moved the time back to 9:00am. These rides are usually 15 to 20 miles and stop for a coffee break. The Friday ride is often to Panera on Pleasant Grove. Wednesday rides may be longer and require trailering a bike, in which case an email will be sent out a few days in advance.

On Wednesdays there is also a Rovers ride which is a slower ride of about eight miles within Sun City or on nearby bike paths. The rides depart at 9:00am from Sierra Pines and are cancelled if weather is stormy or roads are wet. Contact Dori Zuchold 916-846-3727 for further information.

Additional picturesque and challenging rides both within and outside of our area are in planning stages.

We always welcome new members to our group. If you are interested in riding with our group, please fill out the Waiver form on our website and bring it to the ride.

Cycling Club meetings are the third Monday of each month at 8am at Sierra Pines. There is not a meeting in December so our next regularly scheduled meeting will be January 17.

Some of us or our spouses no longer ride but join or maintain our memberships because of the great camaraderie and fun social events.

Our Christmas party is December 8.

Koffee Klatches will resume in the Spring.

When you're out riding please be careful. Wear your helmets and bright colored clothing. Have fun and we hope to see you soon!

• • •

Cornhole Group

BY STEVEN GUSTAFSON



The photo features a small table with wine, beer, cheese, and crackers. What does this have to do with cornhole? Well, cornhole is a very social sport. Traditionally, it's played with refreshments close at hand. Our Open Play is currently every Tuesday at 4:00 on the Sierra Pines horseshoe lanes. You're welcome to join us!

• • •

Pickleball

BY BOB VERZELLO

The annual Pickleball Club membership meeting and election of officers will be held at 4pm on Thursday, December 2, in the Timbers Card Room. Our club's Christmas party will be held the next day, December 3, at 5:30pm in the Spruce Room at the Sierra Pines lodge.

Looking back to October when this article was written, it was a very busy month. First, we welcomed our 90th new member, Betsy May (Tom's wife). Several more indicated interest in joining.

Gary Pyle won a bronze medal in doubles with his partner Keith Davis at the October Huntsman Senior Games in St. George, Utah. In December Gary will compete in the Margaritaville USA Pickleball National Championships to be held in Indian Wells, CA.

Wayne Miller conducted a pickleball clinic on October 17. He was assisted by John Garcia, Dave Nordin, Gary Pyle and this writer, Bob Verzello. All four courts were full, with 16 players eager to learn more about how to play the game. Groups of four participants were assigned to each court according to skill level. Each court had at least one coach. It was not only helpful to the "students," but a lot of fun for all of us. Watch for more of these free clinics in 2022.

October finished with a Halloween party on the courts that was organized by Eva Freeman and Debra Davies. About 40 members shared the fun. Look for more of these courtside parties next year.

In early November, a multi-day, private pickleball clinic conducted by Doug Koch was

(cont'd on page 17)

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SCR Foundation

A charitable service organization by and for the residents of Sun City Roseville

BY DAWN HASKI

SCRF held its first public meeting on November 13 in the ballroom. Residents were able to learn more about programs the Foundation funds such as the Home Maintenance Program as well as the Speakers Series held quarterly by the Association. The Foundation also helps offset some of the Sunshine Services programs and distributes the Survivor Planning Guide which enables you to have all your necessary documentation in one place in the event of illness or death in your home. These were just a few of the topics discussed. Thank you to all the speakers and most of all thank you to the residents who attended. We hope you came away from the meeting with a better understanding of how SCRF is helping residents throughout our community.

As we move into shorter days and longer nights, it is imperative that your outdoor lights be functioning to keep you safe. We encourage you to contact the Foundation if you have an outdoor or garage light that needs to be replaced. Hopefully, by the time you read



this article the Home Maintenance teams have had a chance to catch up as the van was out of service for a few weeks after it was vandalized. Did you know you do not have to trek to the lodge to fill out a repair request? Other ways to put in your request are by going online to the Foundation website (www.scrfoundation.org) or by phoning (916)774-9040.

As we head into 2022 (can you believe it is nearly here?), there are a number of programs scheduled. We launch the New Year with a Speaker Series event on January 10, 2022. Watch for information coming from the Association. Cost to residents is \$5. Remaining events for 2022 will be April 11, July 11 and October 10.

We will be holding a fun event in the ballroom on Saturday, February 12 in the ballroom. Stay tuned for more information on this!

Our fun Bingo Fundraisers are scheduled for March 13 and August 14, the Golf Tournament will be held on June 3. Visit www.scrfoundation.org for information. We look forward to seeing the community back in action once again!

We are still in need of a few directors as well as volunteers who can help us with all our programs. If you are interested, please contact Nancy Schubach at suncitynancy@comcast.com.

Neighborhood Watch/Citizen Patrol

BY LINDA VINCENT

Now that Thanksgiving Day is over, finding that perfect gift for everyone on your list often becomes the central focus. And with all the hustle and bustle of the holiday season, this time of year holds many safety concerns for senior shoppers. Between the threat of online holiday scams and con artists looking for unsuspecting victims, it's essential that you know how to protect yourself with these holiday shopping safety tips.

Be Wary of Holiday Scams — Although financial scams are common year-round, the holiday season brings about an increase in the number of scams circulating online. Since senior shoppers are specifically targeted by scammers, remain on the lookout for the most common holiday scams while you are surfing the web:

1. **Delivery Notification Emails** — The most common scam for elderly shoppers is an email that either confirms a product order, that you didn't make, or notifies you that FedEx, UPS, DHL or the U.S. Postal Service has a package for you. The email also contains a link to view more details of your delivery, but clicking the link will download malware onto your computer.

Even though fake delivery notification emails look realistic, there are ways to know if it is a scam. These emails will not include any specific details, like your name, address and tracking number. They also typically come from free email services like Google or Yahoo, so be sure to pay attention to the sender address. Should you receive an email like this, simply

delete it, or mark it as spam to ensure that you will not receive it again. To track your online purchases, you can go directly to the website you ordered from.

2. **"Free" Giveaways** — Another one of the most common holiday scams involves advertisements for free gifts, prizes and merchandise. Although tempting, clicking on these links will install malware on your computer. Many will also try to gain access to your personal information. A popular example of this is an advertisement offering a free vacation, this is just a way to trick you into providing your credit card information and joining an expensive vacation club.

Remember, this rule of thumb: if the offer seems too good to be true, then it is most likely a scam.

3. **Charity Cons** — Since many view the holidays as a time of giving, scammers use this to their advantage and prey on those who are trying to do good. Common charity cons claim to support veterans, firefighters, police or victims of natural disasters, but the scammers pocket the donated money for themselves.

Although fake charities often appear this time of year, it is still possible for you to give to the less fortunate. Simply research each charity first using Charity Navigator or Give.org to make sure you're donating to a legitimate organization.

Should you encounter any of these holiday scams, report it to your local law enforcement office and STOPFRAUD.ORG.

Sunshine Services “We’re Here to Help”

BY PAT TEILH

The Sunshine Services Holiday Brunch is at Sierra Pines on December 2. Doors open at 10:30am. Tickets are \$25 per person. There will be loads of “free” door prizes and the wine is complimentary. Come join us for a delicious brunch and wonderful entertainment.

Important Notice: The phone number to call if you need to borrow Medical Equipment from Sunshine Services is 916-367-1695. Please make sure to leave a detailed message at this number. A Sunshine Services equipment monitor will return your call.

A popular Holiday song boldly declares, “It’s the most wonderful time of the year.” Following are some simple ideas to “Spread Some Holiday Cheer”. Tis the season to be happy. Try it with one of these thoughtful ideas. Who knows, it may even bring some cheer to you?

Handwrite a letter. The handwritten letter has become a lost art in our world. During the holiday season, the handwritten letter has been replaced by the mass produced family photo-card. And in a world where handwritten letters have been forgotten, their uniqueness and value increases dramatically. So find yourself 10 minutes, a stamp, and an envelope. Choose an old friend with a current street address and put some of your thoughts of appreciation on paper. You’ll be glad you did. And it will be the best piece of mail your friend receives this

holiday season.

Smile and joke with your next cashier. The hustle and bustle and stress-filled shopping days leading up to Christmas results in plenty of customer-frustration. Parking lots are crowded, shelves are empty, aisles are full, and check-out lines are long. During these days in retail, even the simplest of smiles from a customer is too rare and fleeting. Next time you reach the front of the check-out line, make the most of your interaction by smiling, engaging, and flashing a little humor.

Leave a nice tip. Rare is the waiter or waitress getting wealthy at their job serving food to patrons. Most of the servers I know are working the shift just trying to make the ends meet for themselves and their family. An extra tip added to their nightly tips will certainly bring some extra holiday cheer—especially during a busy time of the year when they’d rather be home with their family.

Invite someone over for dinner. For any number of reasons, there are many people alone during the holidays. If you know someone alone this season, open your home to them for a meal. Rather than infringing on your holiday traditions, it may just become one of your favorites.

Go ahead, sing along. Whether in your car or in the store, you know the songs. They get played every year. And quite frankly, some of them are pretty catchy. So go ahead, sing along when you get the chance. It’ll brighten your mood and almost certainly the mood of the person next to you in line as well. Even if singing isn’t your strongest talent, you can

always hum along. Remember, cheerfulness is contagious.

We probably can’t change the entire world with these simple ideas. But we can still intentionally seek to add life and joy to the people around us. And as a result, make this season a little more wonderful.

Happy Holidays to one and all!

Sons In Retirement Branch 13

The Lincoln branch of Sons In Retirement will hold a three course gourmet holiday luncheon at Catta Verdera on Tuesday, December 21. Music by the Lincoln High School chorus. Arrive by 11:30AM.. All attendees must have a vaccination card that shows the last vaccine at least two weeks prior to the luncheon or proof of a negative Covid test within 72 hours of the luncheon, and all attendees must sign a liability waiver upon entry. Cost is \$20 or \$25 depending on the entree selected. If you are interested in coming as a guest or in joining the Lincoln branch of SIR, call Chet Winton 916-408-8768.

Pickleball

(cont’ from page 15)

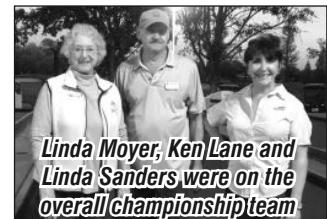
arranged by Phyllis Perkins. The clinic was attended and paid for by a limited number of intermediate players. Phyllis indicated that there may be more of these private, multi-day clinics for beginners and intermediate players in the future.

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SCR Bocce Club

BY DAVID MOORE

Almost 250 Sun City Bocce Club members turned out for the BYOP party in mid-October to announce the winners of the Fall Mini League. As



Linda Moyer, Ken Lane and Linda Sanders were on the overall championship team.



Bocce Club Hoedown.

usual the league had sessions on six evenings and one morning and the overall winners were the Thursday morning champions of Linda Moyer, Ken Lane, Linda Sanders, Ben Padilla and June Trost.

The next big get-together was the Bocce Hoedown later in October, which was

(cont’ on page 19)

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15 DAY HAWAII from SFO! Princess	Jan 16, 2022	\$1,299 \$1,399 \$2,999
Ruby Princess ~ 3080 Passengers	Feb 10, 2022	\$1,399 \$1,515 \$3,499
	Oct 23, 2022	\$1,499 \$1,699 \$2,799
Sail round trip from San Francisco, California to Kauai, Nawiliwili Hawaii; Honolulu, Hawaii; Maui, Lahaina, Hawaii; Hilo, Hawaii; Ensenada, Mexico, San Francisco, California.		*ROUND TRIP LINCOLN SHUTTLE TO SHIP!
10 DAY ALASKA From SFO! Princess	May 30, 2022	\$999 \$1,299 \$1,899
Ruby Princess ~ 3080 Passengers	Jun 9, 2022	\$1,049 \$1,299 \$1,899
	Jul 9, 2022	\$1,199 \$1,399 \$2,099
	Jul 29, 2022	\$1,299 \$1,899 \$2,049
	Aug 8, 2022	\$1,199 \$1,499 \$2,199
	Sept 7, 2022	\$1,219 \$1,499 \$2,099
Sail round trip from San Francisco, California to Juneau, Alaska; Skagway, Alaska; Hubbard Glacier, Alaska; Ketchikan, Alaska; Victoria, BC, Canada; San Francisco, California.		*ROUND TRIP LINCOLN SHUTTLE TO SHIP!
7 DAY CA Coastal from SFO! Princess	Oct 1, 2022	\$718 \$899 \$1,099
Ruby Princess ~ 3080 Passengers		
Sail round trip from San Francisco, California to Santa Barbara, California; Los Angeles, California; San Diego, California; Ensenada, Mexico; San Francisco, California.		*ROUND TRIP LINCOLN SHUTTLE TO SHIP!
10 DAY MEXICO From SFO! Princess	Nov 27, 2021	\$1,449 \$1,699 \$2,999
Ruby Princess ~ 3080 Passengers	Jan 6, 2022	\$749 \$899 \$1,099
	Jan 31, 2022	\$699 \$899 \$1,399
Sail round trip from San Francisco, California to Puerto Vallarta, Mexico; Manzanillo, Mexico; Mazatlan, Mexico; Cabo San Lucas, Mexico; San Francisco, California.		*ROUND TRIP LINCOLN SHUTTLE TO SHIP!
15 DAY Panama Canal! Princess	Feb 25, 2022	\$1,849 \$2,349 \$3,899
Ruby Princess ~ 3080 Passengers	*Mar 12, 2022	\$1,849 \$2,349 \$CALL
INCLUDES SHUTTLE TO SHIP & AIRFARE RETURN TO SACRAMENTO!		
Sail from San Francisco, California to Fort Lauderdale, Florida visiting Cabo San Lucas, Mexico; Puntarenas, Costa Rica; Fuerte Amador, Panama; Transit the NEW LOCKS of the Panama Canal; Cartagena, Colombia; Fort Lauderdale, Florida. *March 12 Reverse Itinerary from Fort Lauderdale to San Francisco. Flight between Sacramento and Fort Lauderdale and shuttle between ship and Lincoln is included for both the February 25 and March 12, 2022 departures.		
36 DAY San Francisco to the Med! Cunard	July 24, 2022	\$5,999 \$6,999 \$7,499
Queen Elizabeth ~ 2081 Passengers		INCLUDES SHUTTLE TO SHIP & RETURN FLIGHT TO SACRAMENTO!
Sail from San Francisco to Barcelona, Spain visiting Los Angeles, California; Cabo San Lucas, Mexico; Puntarenas, Costa Rica; Transit the Panama Canal; Oranjestad, Aruba; Fort Lauderdale, Florida; Hamilton, Bermuda; Madeira, Portugal; Seville (Cadiz) Spain; Villefranche, France; Rome (Civitavecchia), Italy; Mallorca (Palma), Spain; Barcelona, Spain.		

Prices are per person based on double occupancy and subject to availability at the time of booking. Taxes, Fees, & Port Expenses as well as Travel Insurance are additional. Round Trip Lincoln Shuttle is \$125 per person. Please call for current availability and pricing.



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CST # 2033380-40 December 2021 edition

SCR Bocce Club

(cont' from page 17)

organized by Denise Curti, Susan Glover and their team. A delicious dinner was catered by Cracker Barrel with fun card bingo and plenty of frivolity and socializing. Everyone agreed it was a terrific party!

Another opportunity for hanging out with some of the most fun-loving residents of Sun City is planned for early January with a holiday brunch at Timbers at the Lodge.

The next league will be in early spring but in the meantime the key to the equipment box can be acquired from the fitness center and members can practice on any of our sunny winter days. Also there will be informal Bocce practice and play sessions on Wednesday nights at 6 p.m., weather permitting.

Croquet Club

BY JANE MCNALLY

I was wondering what I would write in the Croquet Club December Article, as the croquet tournament was cancelled because of that wonderful rain, and our holiday social would be in the future. I never dreamed what the subject would be.

Jim Miller passed away a few weeks ago joining his wife Carolyn who died a few months ago. They were a loving couple who enjoyed their family, vacations, and croquet. One time Carolyn commented that in all their years of marriage, they only had three arguments. Jim said as long as his wife was happy, he was happy. I loved to call their home and get Jim's current message on the answering machine. He always had an interesting philosophical comment about life. Both of them were great readers. The couple enjoyed good food and wine, and played bridge and other games.

Jim and Carolyn Miller were the Sun City Roseville residents who started to the Croquet Club. At first, he gave lessons on a makeshift area which is now the horseshoe court. Then with the assistance of Jim Ferrin, he planned the construction of a regulation croquet court near Sierra Pines. Jim shared his broad knowledge of the croquet game with interested residents. Wearing white was a custom he brought to us. He was very skilled performing the most difficult strategies.

We are grateful to Jim for bringing croquet

to Sun City and starting our Club. I learned from him whenever we were on the court at the same time. He will be missed.

"Don't cry because it's over. Smile because it happened." — Dr. Seuss

• • •

SC Table Tennis Group

BY DON WOODS

Basic Principles of Table Tennis for Seniors, Tom Lodziak, Professional Teacher, England.



SC Table Tennis Group Members.

1. Improving your backhand — Players favor a forehand shot because they can power or spin the ball, but it requires more movement.

Having a backhand stroke – a push, block, drive and loop – helps to reduce movement. Your table tennis game will be stronger by using a backhand stroke with a forehand stroke.

2. Staying close to the table — Often seniors drift back from the table to have more reaction time to hit the ball but this requires more physical energy to move and hit the ball back, which can be tiring.

By playing close to the table, you can sidestep in two different directions and cover all of the table playing area. You can hit the ball early with less effort. Using a quick push, block or drive reduces the time your opponent has to react. Speed and quickness are utilized rather than power.

With practice, it becomes natural and reaction times will improve.

3. Shortening your strokes — Playing closer to the table, requires shortening your strokes and finishing them in front of the body to prepare for the next shot. There is no time for long extended backswings, forehands and follow-throughs.

By shortening your strokes, you will find it easier to make earlier contact with the ball with less power.

4. Efficient playing style — Developing your backhand, playing closer to the table and

shortening your strokes are highly efficient and effective ways for seniors to improve their playing ability plus reduce physical exertion. Our players in the Sun City Table Tennis Group use these strategies. Come and join us Tuesdays/Thursdays 2:00 pm - 5:00 pm; Saturdays 9:00 am – Noon. Have a Merry Christmas!

• • •

Sierra Pines Ladies Golf

BY DEBBIE GEORGE

Here we are at the end of the year. This also finds us at the end of the current Council's term. We want to thank Debbie Gassen, Theresa Howard, and Barbara Simon for their dedication and hard work for our club. You are greatly appreciated. Co-Captain, Wendy Suter, now becomes our new Captain. Joining her will be Wendy Leimbach as Co-Captain, Marilyn Meyers as Treasurer, and Sharon Lawin as Secretary. Their term is 2022–2024. We still have a few openings left for the various committees. Check out the binder in the Sierra Pines pro shop.

Hopefully by now everyone has paid their new dues for 2022 as well as verified your personal information. Linda Vincent is busy putting together our new Member Handbook and Directory. This should be available right after the first of the year.

Most improved for the month of October are the following. 1st flight – Elizabeth Gustafson; 2nd flight – Christina Leaman; 3rd flight – Roberta Hostler; and 4th flight – Andrea Norcia. Nice play ladies.

Birdies and chip-ins for October are next. Birdies on October 4 were made by Wendy Suter #8, and Pam Hemmingway #5. October 6, Elizabeth Gustafson #9, and Roxanne Warloe #5. Many chip-ins were recorded. October 4 by Pati Struble #2 and Mary Sprague on #9. October 6 by Elizabeth Gustafson #9, Pati Struble #4, and Roxanne Warloe #5. October 8 by Joanne Mastalski #7, Denise Roberts #4, Gail Raglan #8, Janet Morelli #9, Darlene Reber #5, and Sharon Young #9. October 13 by Sharon Lawin #9 and October 20 by Bobbie Hostler #7.

First time scoring under 50 was Bobbie Hostler. She posted a 45. Congratulations to all of you.

See you at the Holiday luncheon on December 7. Also Happy New Year !!

• • •

Timber Creek Women's Golf Club

BY BARBARA MILLS

It has been a very busy year for our Club filled with so many events: 36-Hole Better Ball Tournament, Club Invitational, Handicap Championship, 9/18 Hole Mixer, Club Championship, SCLH Guest Day, and ending with the always fun and festive Holly Jolly Tournament on December 1.

In November we started with 9:00 am tee times to continue through March and then shotgun starts will be in effect from April through October.



Play for P.I.N.K. Committee



Lincoln Hills Guest Day Committee

Due to the wonderful support of our members during October for Play for P.I.N.K., our Club made a generous donation to the Breast Cancer Research Foundation, where 100% of funds donated go to research. This is the third year for Barbara Mills, Paula Hau, Nancy Gould, and Lois Habein to organize this worthy fundraiser. Johnice Swallender was thrilled to win the drawing for the DRIVE PINK license plate frame!

It was great fun to host the Lincoln Hills Ladies Golf Club for a round of golf and a nice luncheon on October 13, a perfect weather day. Thanks to our members who put on this event: Robin Shaffer, Maggie Altnow, Bobbi Dunk, and Lois Habein.

The Most Improved Players for October are: Marsha Suter (1st Flight), Jerri Lehnhoff (2nd Flight), and Johnice Swallender (3rd Flight). Throughout the year our Most

(cont' on page 23)

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SUNDAYS

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SUN SENIOR PROFILES *Getting to know you...*

Dwight and Joan Rose

(cont'd from page 1)

was also Vice President of the American Business Council where they met many American politicians and business leaders traveling throughout Asia, notables such as Jean Kirkpatrick, Bob Dole, Roselyn Carter,



Dwight and Joan Rose on their wedding day.



Joan and Dwight Rose — SCR move-in day in 2012.

PHOTO BY KEN SHAHOIAN

1988 and resettled in Chicago where Dwight was once again at Sears Headquarters. But in 1999, at the age of 55, he decided to take an early retirement from Sears and went to work at a golf course part-time, taking reservations and playing lots of golf. Joan retired from accounting ten years later and the first thing on her bucket list was to get a job at Wrigley Field and work for the Cubs organization. She spent the 2009 season as an usher at Wrigley Field.

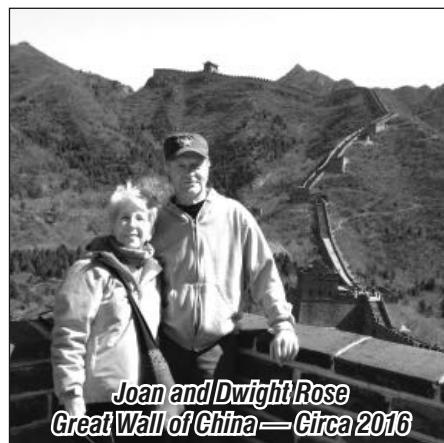
From early on in their marriage, they knew they wanted to live in an active adult golf course community. Years before their retirement age, they started looking around at communities in Florida, the Carolinas, Arizona, and California. They had visited Sun City Roseville when it hadn't been fully developed yet, so didn't consider it until years later when they realized how convenient it was to an international airport, especially since

wife of President Jimmy Carter, Malcolm Forbes, and General Haig.

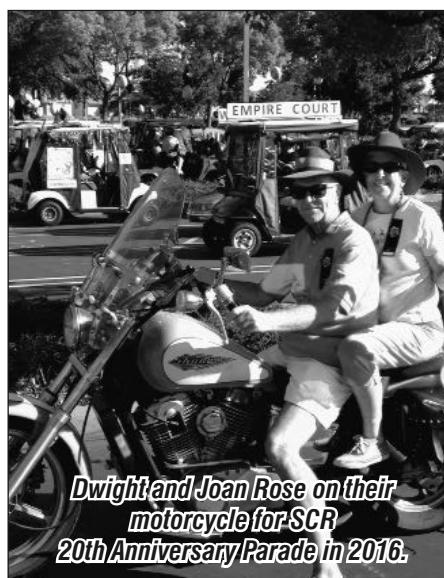
Since Sears flew the couple home every year for a four-week vacation, they made the most of their time stopping in places like Australia, New Zealand, Bora Bora, and Rio de Janeiro, as well as numerous places in the US to visit friends and family. Dwight's business also afforded many opportunities to travel the world, including stops to India, Pakistan, Nepal, Malaysia, Myanmar (formerly Burma), Egypt, Indonesia, Thailand, Bangladesh, and Sri Lanka. They estimate they've flown around the world at least five times.

"Being expatriates has defined us," Joan recalls. "We never lost our love of travel and still keep in touch with many people we met living overseas. We have friends on almost every continent and enjoy visiting them as well as having them visit us."

Dwight and Joan returned to the US in



*Joan and Dwight Rose
Great Wall of China — Circa 2016*



*Dwight and Joan Rose on their
motorcycle for SCR
20th Anniversary Parade in 2016.*

Joan has been active on the Sports Activity Council, the Foundation Board (Treasurer), and the Ambassadors which gives tours to prospective and new residents. She's also involved in the Ladies Nine-Hole Golf and makes good use of the Fitness Center, swimming most days of the week.

Besides participating in the Golden Niners men's nine-hole golf Council, Dwight finds time to volunteer at the St. Vincent de Paul Food Bank in Roseville, while Joan is involved with St. Clare Catholic Church.

Dwight owns a motorcycle and, before moving here, they took several trips from Chicago to Florida, New England, and Colorado on the bike. Their love of travel continued after the move with trips to Normandy, Morocco, China and the Holy Land while never shirking their duty at home, taking care of their box turtle, Amos, which they found on the Timber Creek Golf Course. Amos, having had a "playdate" with another resident's box turtle, is now the proud parent of two adorable baby turtles, named Bob and Cream by Dwight and Joan's grandkids and featured in the November issue of this year's Courier.

When they were picking out their house to move into SCR, someone advised them to knock on the doors of their would-be neighbors to get an idea of the congeniality factor in the neighborhood. The residents in the houses on either side of them weren't home, but their back door neighbors, Jack and Delores Brusco, welcomed them with open arms. They remain dear friends to this day. Joan says, "We just love it here. What's not to love?"

Dwight agrees with her that SCR offers the kind of life they always planned on. It's a busy, community-centered lifestyle for this outgoing couple. And, no doubt, considering their gift for accumulating friends from around the world, Dwight will be making more personalized blocks (he's made 70 sets so far) to welcome many more visitors to their house.

their children and six grandchildren were now living in Seattle, San Francisco and Honolulu. Plus, the great weather made it a year-round community and they wouldn't have neighbors missing for snowbird seasons. "We finally made the move in 2012 and have never looked back," says Joan.

Since arriving, both have been heavily involved with the Bocce club which now boasts a membership of more than 600 residents, making it one of the largest and most popular clubs at SCR. "Bocce is the perfect sport because you can play it with your spouse and you don't have to be a jock to play it," Dwight says. "We have people in walkers and wheelchairs playing bocce." Dwight and Joan run the bocce mini-leagues in spring, summer and fall which operate for five weeks at a time and reward all the players with cash prizes. It's a fun-loving group. "We tell them to B.Y.O.P. Bring your own party."

Want to share your story or know a neighbor who should be recognized?

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Neuropathy Relief Is Possible

The most common method your doctor will recommend to treat neuropathy is with prescription drugs. While this may temporarily reduce your symptoms, medications such as Gabapentin, Lyrica, Cymbalta, and Neurontin are primarily antidepressant or anti-seizure drugs. These drugs may cause you to feel uncomfortable and have a variety of harmful side effects.

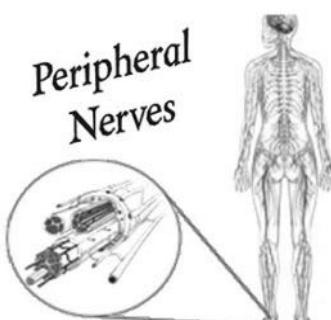


Figure 1: Notice the very small blood vessels surrounding each nerve.

Peripheral neuropathy is a result of damage to the nerves, often causing weakness, pain, numbness, tingling, and the most debilitating symptom, balance problems. This damage is commonly caused by a lack of blood flow to the nerves in the hands and feet. Every part of the body relies on blood via blood vessels, for oxygen and nutrients. Without it, the body begins to lose function.

As shown in Figure 2, as the blood vessels that surround the nerves become diseased, they shrivel. This prevents the nerves from getting the nutrients necessary to survive. The nerves begin to degenerate and no longer conduct sensation adequately.

When these nerves begin to "die" they cause you to have balance problems, pain, burning, pins and needle sensation, and other symptoms.

Three Factors to consider for Effective Neuropathy Treatment:

1. Underlying cause?
2. Amount of nerve damage sustained?
3. How much treatment is required?

Three goals of treatment at Lincoln Acupuncture:

1. Increase blood flow
2. Stimulate nerve fibers
3. Decrease brain based pain

The main problem is that those with Neuropathy have been given limited options for treatment: medications which often make you feel

sick or uncomfortable, or have to come to terms with the idea of "just living with it." There is now a clinic in Lincoln that offers you hope without worrisome side effects.

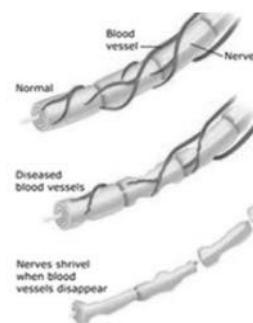


Figure 2: When blood vessels become diseased, they shrivel and are no longer able to provide nourishment to the surrounding nerves.

The treatment to increase blood flow utilizes Acupuncture, ATP Resonance BioTherapy and O3 Regenerative Therapy. Acupuncture helps to stimulate the blood vessels and the peripheral nerves such that they are able to receive proper nutrients needed to heal and repair. Collectively, these treatments function to increase blood flow and expedite recovery and healing.

The amount of treatment needed to allow nerves to fully recover varies from

person to person and can only be determined after a detailed neurological and vascular evaluation.

We will conduct an exam that consists of detailed sensory vascular testing and an analysis of neurological findings. After the exam, you will meet with the practitioner to discuss your results and determine if you are a good fit for our program.

This life impacting condition affecting millions of individuals can be helped and even reversed. Whether the neuropathy affecting you is chemical in nature, due to diabetes, or mechanical such as disc disease or arthritis, treatments are available to help you alleviate your suffering.

Call **916-884-0398** to make an appointment to determine if the peripheral neuropathy affecting you can be treated.

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YOU DON'T HAVE TO JUST LIVE WITH IT

Timber Creek Women's Golf Club

(cont'd from page 19)

Improved Players have been different every month which shows many of our ladies are improving!

We end the year with our Holiday Luncheon on December 8 in the Ballroom with the presentation of awards and the eagerly-awaited announcement of the Overall Most-Improved golfer for 2021.

Happiest Holidays to All.

• • •

Timber Creek Men's Golf Club

BY TONY KING

As things slowed a bit on the golf course with one tournament. Things have picked up for the end of the year events.



Tony King and Frank Staszeky



Andy Hau and Tony King

Terry Dooley is working hard at putting together our holiday breakfast.

The club elected Terry to be our next president. Gary Beckman - V.P., Tom May - Treasurer, and Steve Aphugh - Secretary.

All will be installed at the holiday breakfast.

On the course, we did have the Autumn Leaves tournament. We had three flights. The first place flight winners were,

T. Garcia, T. Allen, R. Judd, and J. Ramos. J. Olsen, B. Niznik, C. Gielow, and J. Albert. E. Eick, J. Dean, J. Pal, and B. Goetzman.

We had two hole-in-ones Frank Staszeky and Andy Hau. Way to go guys.

• • •

Golden Niners

BY RALPH FRIEND

Our club met for our quarterly meeting at Sierra Pines. There were fifty-six members in attendance enjoying beer and brats. Bud Haddix, our president, presided. Steve Kimbrough, our maintenance supervisor, spoke to the Golden Niners. Derek Zachman, our golf pro, shared how the clubhouse is having difficulty getting supplies due to the global supply chain disruptions. First Tee support was discussed and will continue. In new business, it was announced that our annual Golden Niners Christmas Breakfast is set for Wednesday, December 15th in the ballroom. The cost for the breakfast buffet is \$20.00 for each member and guest. Please turn your check for the breakfast in to the pro shop at Timbers Golf Course in order to ensure your attendance at our Christmas event. If you wish to sit with other members at your table, please indicate that with your check.

The Golden Niners want to thank Greg Davis for volunteering to represent us on the Sun City Golf committee. He will be replacing Art Champ who has resigned as our representative. Thanks Art!

This month our big winners are: Gordon Rusaw - \$30, Gary Pyle and Art Champ - \$23, Greg Davis - \$22, Bob White - \$19, Howard Sandler and William Burke - \$18, Rob Schneider - \$17, And 6 players that tied at \$15 each: Jack Murphy, Bob Horning, Allen Greenberg, Ralph Friend, Cory Diskin and Cal Conley.

Congratulations to all the winners. Getting out and playing golf makes us all winners!

• • •

Billiards Club

BY BRUCE AHNBERG

Sun City Roseville has four excellent billiards tables in its Billiards Room at Timbers Lodge. All residents with an Activities Card are welcome to come join club members during open play hours. The schedule is on the Billiards Room windows. Try a game, you'll be hooked. Consider joining our club for \$15/yr. We currently have 118 men and women players of all skill levels.

Our club's weekly Tuesday Tournaments are held at 1:00 PM. Recent winners include:

October 26: David Zan & Ken Evans



9-Ball Tournament Winners
Bob Daly and Ken Lane.



Relaxing at Timbers Lounge,
8-Ball Tournament Winners Ken Lane and
Don Warden.

November 2: Bob Daly & Ken Lane

November 9: Ken Lane & Don Warden

Congratulations on your fine play and good sportsmanship.

Happy Holidays to all, and remember:
Take care of your cue ball and it will take
care of you!

• • •

Thurs. AM Sr. Winter Pin Blasters Bowling League

BY KAROL RICH

We had our 1st Qtr Position round on Oct. 21st. Congratulations to Team. Happy Spares for the win. Susan Moore, Darlene Flora, Jean Grupp, and Blaine Eisenbeis.

If you are still interested in bowling on Thursday mornings, we still have plenty of room. A couple of vacancy's and room for more teams. This is a USBC league open to anyone 55 or older. We start

at 9:30 AM at Strikes Unlimited.

The League does not end until May 5th. Contact Carol Torno if you are interested 650-218-9656 pinblasters@gmail.com

• • •

Tuesday Sun Senior Bowlers

BY ROSALIE MEYER

Things start to get busy at Strikes Unlimited in November as the first quarter of the season concluded with the top three teams in close proximity.

We also held a Split-a-Rama on October 26. Dennis Cirrone and Pat Fisk picked up the final splits during the three games and were awarded \$25 gift cards to See's Candy. It adds some healthy competition and lots of fun to begin the Holidays!

• • •

SCR Bridge Club

BY BRENCE DAVIS

Chantry and Don Rogers are two of Sun City duplicate bridge treasures! Raised in the Washington, DC, area, Chantry learned bridge from her mom who taught the game. When Don arrived at Iowa State from Decatur, Illinois, in 1950, they met and played bridge between classes. After two years in school, they married but continued their education. Their next anniversary in 2022 will be number 70!



Chantry and Don Rogers

After graduation, Don chose the Coast Guard as his compulsory service, and their next two years were like an extended honeymoon with assignments in New London, Seattle, Sitka, New Orleans, and Galveston. Later years brought a baby boy and baby girl, Don's architect's license, and a move to the Bay Area. Don's work included the Sacramento Kaiser Hospital and UC Davis Student Union. Chantry, busy with family, church work, and Girl Scouts, worked as a licensed foster parent, caring for her favorite, newborns—six infants over time.

Don answered an ad for an architect, and with their family of five (add a new infant daughter), they flew to Karachi. A Pakistani family there took them throughout the country whenever they had time. On their way home, they traveled through four Middle Eastern countries, Athens and Rome, bought a VW camper, spent six weeks in Western Europe, took a passenger ship home to New York, and continued their journey across the USA in the camper. Whew!

Don's career continued, now with Bechtel Corporation, traveling throughout the U.S., Saudi Arabia, and Russia. Chantry retired from 13 years as a travel agent and joined him in New Delhi, their final overseas post. When Don finally retired in 1999, and they moved to Sun City. A most welcome addition!

Bridge reminders: Holiday Luncheon—Monday, December 13, and New Year's Eve party—December 31.

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(more Club News cont'd on page 24)

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Mah Jongg Club

BY LAURI MOORMAN

It is time to order Mah Jongg cards for 2022. A folder is in the card room with directions. The last day to order is January 7, 2022. Standard cards are nine dollars, large print cards are ten dollars. If you prefer, you may mail or deliver your order and check to: Annette Pettersen, 332 Station Court, Roseville, CA 95747. Checks will not be cashed until January, and cards will be mailed to you in the spring. The club gave the Foundation \$185 this year.

Classes to learn Mah Jongg will be held on Friday, January 7, 14, and 21, 2022. Each class is dependent on the previous one, so all classes are required. A reservation is necessary. If you have questions or to make a reservation for the classes, please contact Cindy Faulkner right away, before the holidays, so she can organize the class schedule. Email her: clfaulkner@surewest.net, or call her at 916-759-7068.

Since this article is written a month in advance, I am just now reporting on the October Halloween Mah Jongg Luncheon, held at Sierra Pines, and hosted by Sharon Andrews, Suzanne Finkel, Pat Jednorozec, Sheila Lovato, Lauri Moorman, Dixie Pavloff, Susan Pretel, Pauline Rader, and Barbara Victorino. Individual pizzas were served, along with salad and cookies. Each participant also received a goodie bag with homemade cookies and candy. The sun came out for this event, in-between some major rain storms, and was well-attended, with 36 members participating.

We play on Mondays from 12:30 pm to 3:30 pm and on Fridays from 9:00 am to 12:00 pm, with

lunch in the Timbers Restaurant at 11:30 pm on Mondays and at 12:00 pm on Fridays, for whoever wants to join us. You are welcome to play either day or both.

Bunco

BY PAT OBERLANDER

The holidays are upon us! By now you've filled your belly with lots of good food and your heart with the things you are thankful for. Now we are in the spirit of giving and I want to wish all of you a Merry Christmas, Happy Hanukkah or whatever you and yours celebrate.



(cont' on page 25)

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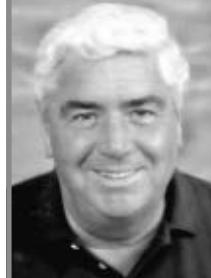
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More Observations on Aging and LLA'S and TGH'S

BY MARTIN GREEN

In last month's "Observations" I referred to a book called "Rules for Aging" by Roger Rosenblatt, and noted that the first two rules were "It doesn't matter" and "Nobody is thinking about you." Rule 3 is "Let bad enough alone." Rosenblatt says, "This rule requires some amplification as it involves the optimism that embraces the belief that persistent clarification after one has committed a so-called social blunder will make everything all right." He gives several examples of people who've tried to explain something away only to get into worse trouble, and he cites ex-President Clinton as someone who did the right thing by "saying as little as possible, especially to reporters." I don't recall any big social blunders I've made, although others might disagree with me, but I agree that, at times, saying as little as possible is a good idea so will end this topic here.

The book goes on to give many other rules, but I'll let readers see for themselves if they want to read it. After reading it myself, I became curious as to what other notables might say about aging, so did a quick Google search and came up with some interesting quotes. The Chinese sage Confucius says, "Old age, believe me, is a good and pleasant thing. It is true that you are gently shoved off the stage, but then you are given such a comfortable front stall as a spectator." I believe it is true that when you are really old you're not that concerned over what's going on in the world; you are much more concerned with your own

aches and pains and in getting through the day. Considering what's going on in the world today, that's not a bad thing.

Several other notables didn't think that being old was that bad. Somerset Maugham said, "Old age has its pleasures, which, though different, are not less than pleasures of youth." What are these pleasures? Malcolm Muggeridge wrote one is, "giving things up." Another possible pleasure, according to Louis Kronenberger, "is that old age is an excellent time for outrage. My goal is to say or do some outrageous thing every week." However, General Charles deGaulle (remember him?) begs to differ. "Old age," he says, "is a shipwreck." There are times I agree with this.

Whatever the pleasures of being old might be, I also think Maugham was right when he wrote, "For the complete life the perfect pattern includes old age as well as youth and maturity." I'm glad that, regardless of its drawbacks, such as being a shipwreck at times, I'm glad that I managed to achieve old age. For one thing, I'm still here to watch my grandchildren grow up from birth to young adults and that's a good thing. Then of course there's what Maurice Chevalier is quoted as saying, and what we often hear in Sun City, "Old age isn't so bad when you consider the alternative."

Changing subjects before the year ends, one more LLA and TGH (Life's Little Annoyances and Things Guaranteed to Happen) examples. After a busy retirement

day, in which we usually do nothing much, especially since Covid, Beverly and I watch television at night. We have three TV sets. Our main and biggest one, a so-called smart TV, is in the living room; the other two smaller sets are in our two bedrooms.

On a recent Friday night while watching TV in the living room, the set suddenly lost signal, the first LLA. We called our TV provider and the technician we got told us to disconnect and then reconnect the TV box. We did this a few times and he may have also done something and the set came back to life. However, it had lost all the programs set to record. The tech said these couldn't be retrieved; they were gone forever, another LLA. The next day, Saturday, we discovered that the other two sets would no longer list or play recorded programs. We called again and a tech was to come out the next Thursday.

The next Tuesday night, we settled in to watch one of our recorded programs on TV, fast forwarded as usual to get past what was left over from the previous one but then couldn't get back to normal speed. We then found out we couldn't do anything with the TV, not even turn it off. Another LLA, maybe more than little. We, of course, called again and this time had a long wait to get a technician.

While we waited, Beverly suggested that the problem might be with the remote. I didn't think so but went to look for some new batteries and just then the tech came on. We went through the reconnecting of the box

again. Nothing happened, maybe a TGH. I asked the tech to hang on while I got the new batteries in the remote, just in case, and what do you know, the TV suddenly started working. Beverly was right; it was the remote. Then I checked the other two sets and even more startling, both had the list of recorded programs back. So putting the new batteries in the remote had also fixed the two bedroom sets. No, even I knew this wasn't it, but evidently, whatever had been done with the main TV box had affected the other two sets, I guess a TGH.

So as of now, all three of our TVs are working as they should and all is well until the next time we lose signal or something else bad happens, which is definitely a TGH. Oh, yes, the tech came Thursday and made some adjustments to our remotes and assured us all was well.

Next month a look back at the year 2021. Maybe it was actually better than 2020.

Bunco

(cont'd from page 24)

Timber's Lodge. You don't have to commit to every time, but once you start, you'll be hooked. We are always looking for fun loving players. And if you win, you'll get your 15 minutes of fame! We have several new players and are enjoying getting to know them, so bring your neighbors or friends anytime.

Winners for 10-11 were Geri Panyko, Cindy Perry, Audi Gould, and Dottie Thornton.

Winners for 10-25 were Linda Solomon, Rhonda Bubbico, Debbie Phillips and Angie Gamble.

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A healthier fast food alternative is opening this month in the area! Amy's Drive Thru — a Petaluma, CA based restaurant with three other locations in California: Rohnert Park, SF Airport and Corte Madera. Amy's Drive Thru is all about organic and vegetarian entrees and is located where the former 76 gas station was at 1119 Galleria Blvd. next to the Galleria Mall.

PHOTO BY LENIE'S PICTURES
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CONTRACTOR, HANDYMAN. No job to small: Painting, Electrical, Plumbing, Sheetrock, and Dry Rot repair. Call Martin: 916-747-7888. LIC# 1042598.

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WHEELER CLOCK WORKS. Certified Journeyman Machinist. Repair, Restoration of clocks: Grandfather, Antique, Cuckoo. Jim Wheeler 916-303-3459.

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LOW WATER PRESSURE? May be time to replace your pressure regulator. Free evaluation. I am a Sun City resident with over 40 years experience. Honest, AND quality work! 510-708-7276.

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SUNSET LANDSCAPE. All Landscape necessities including •Basic Maintenance •Fence repair •Tree Services •Gutter cleaning. Free estimates. Salvador 530-315-0055.

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ELIMINATE GUTTER CLEANING forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 15% off Entire Purchase. 10% Senior & Military Discounts. Call 1-916-953-5518.

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TIMESHARE CANCELLATION EXPERTS. Wesley Financial Group, LLC Over \$50,000,000 in timeshare debt and fees cancelled in 2019. Get free informational package and learn how to get rid of your timeshare! Free consultations. Over 450 positive reviews. Call 855-946-0763.

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FOR SALE / WANTED/ ANNOUNCEMENTS

FREE: Kenmore washer 90 series. Works except, spin cycle works off and on. 530-864-6923.

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AREA RUG. Persian inspired style. Size 5 ft. x 7 ft. Burgundy color. Synthetic fabric. Price \$40. Paul 916-772-5766

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CASH PAID by collector for MILITARY & VINTAGE ITEMS. I collect military & vintage items. Medals, patches, documents, photos, weapons, helmets, model trains, old toys and other collectibles. Call George at 916-768-4694.

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BUYING ANY CAR, TRUCK, SUV, VAN. I am a licensed Auto Dealer. I do all DMV paper work. Always paying TOP prices. Free appraisal at your home. Montie Boatwright 916-417-7468 or 916-434-5089. LH Resident.

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BUYING OLD COINS, pay cash, free appraisals, discreet, I pay more! Private collector, SC resident. Call Jerry 1-916-772-4268.

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LOVE OLD CARS? Join the 2022 Docent training class at the California Auto Museum, Sacramento. Call 916-442-6802.

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WINDS OF FAITH Christmas Concert - Music for the entire family. Admission is free to the public with a freewill offering taken. Sunday, December 12, 2021 at 6:00pm, St. Augustine of Canterbury Episcopal Church • 1800 Wildcat Blvd, Rocklin. For more information, visit www.WindsofFaith.com and on Facebook at <https://www.Facebook.com/WindsofFaithCommunityBand>

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Classified Ads should be Emailed by the 12th of each month to: CA@egnews.com

**FREE ADS — INCLUDE

- ◆ First 15 words are FREE (for SCR residents only), additional words \$1 each
- ◆ ONE AD PER HOUSEHOLD, PER MONTH
- ◆ Any Real Estate or Business Ads are not free. Please see "Business Ads"
- ◆ Lost and found items/pets.

BUSINESS ADS

- ◆ Anything of a commercial nature, including pet sitting, real estate, rentals, timeshare/condos, etc.
- ◆ 15 words for \$25. Additional words \$1 each.
- ◆ \$65 for three months, same ad! (15 words only) additional words \$1 each

Classified Ad Submissions —

WHEN: By the 12th of the month, please email the information below to: CA@EGnews.com

Subject Line should be SCR Classified and your Phone Number (Example: SCR Classified 916-123-4567)

1. Contact name and phone number.
2. Which category to place your classified ad in: (Service, For Sale, Wanted, Announcement)
3. Classified ad text - including the phone number you want readers to call.

SCR residents get FREE non-business Classified Ads; limited to 15 words; one per household per month.

Non-business Ad items include selling personal used items such as furniture, tools, books, rugs, electronics, personal car, golf cart, etc.

Business Ads include anything of a commercial nature or service, including pet sitting, real estate, rentals, timeshare/condos, any service etc.

Business Ads are 15 words for \$25 for one-month. Additional words \$1 each. (\$65 for three months for the same ad.)

If your classified ad is determined to be "business" related, we will email you an invoice that will allow you to pay immediately with a credit card, or mail a check.

*HINT on Word Counts: A "word" is anything separated by spaces, or as reported by word-process software like Microsoft Word.

If you have any questions, please email us at: CA@EGnews.com

Seasons Greetings



George Brown

From all of us at

Thompson + Brown Real Estate

*WISHING
YOU AND YOURS
A SAFE AND
JOYOUS
HOLIDAY SEASON!*



Moving forward, accurate, up to date market knowledge will be the key to selling your home in a timely fashion at the highest price as it appears we are entering a transition market. It is more important now, than ever, to make sure whomever you are interviewing to sell your home can provide you with specifics regarding the number of buyers to expect within a given price point. The days of selling to the highest bidder are behind us.