

SUN SENIOR NEWS

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Bob and Linda Krolick: Patently Creative

BY JENNIFER MARTIN

Attention all pizza lovers! Check out the Pizzeria Pronto, the “first of its kind” portable propane pizza oven for your backyard patio get-togethers with friends and family. When you do, you’ll be happy to know that SCR residents, Bob and Linda Krolick, conceived and developed this popular oven with their good friends Susan and Sandy Shapiro in 2011. The oven is sold on Amazon by the Union Square Group in Berkeley, California.

Bob was born in Kodiak, Alaska, when WWII was ripping along. His mother was Canadian and his father worked on the Naval Air Base as a civilian. “There were harrowing moments,” recalls Bob, “when we thought Japanese bombers would attack the U.S. via Kodiak and the Aleutian Islands.”

Born and raised in Bainbridge, New York, Linda graduated from Buffalo State University,



Bob and Linda Krolick in front of a portable pizza oven that they invented.

PHOTO BY JENNIFER MARTIN

majoring in Art Education, and earned a Master’s degree in Art Education from the State University of New York at Oneonta. Later, she worked for Kodak in Rochester, New York, and taught elementary school art classes in Sydney, New York.

The couple met in 1972 while Bob was working on a research project at Buffalo State University. They were married in 1975 and had their first child, David, in 1978. Four years later, their daughter, Jennifer, was born. Both children were raised in San Rafael, California, and went on to graduate from UC Santa Barbara and UC Santa Cruz, respectively. David and Jennifer are now happily married, gainfully employed and raising kids of their own. David is a partner at Ecorp (an environmental consulting company) in Rocklin and Jennifer is an Occupational Therapist in Santa Barbara.

From an early age, Bob enjoyed working with his hands, tinkering and making models. As a student he would write down ideas on cards to keep track of things he’d like to invent. Fast forward to 1986 when, as a tenured Professor

(cont’ on page 25)

SCR Foundation 2022

BY LISA CRYAN



In my short tenure as the Foundation’s PR Director, I’m finding it takes more than a monthly article in the Courier to share the wealth of information about the Foundation. In this article I’ll share other ways we communicate with the community.

When you think of the Foundation, do you think only of our Home Maintenance Program? If so, you’re not alone. This program is one of our most widely used services and therefore a main source of our community outreach with 548 households visited since the first of the year. We attribute our success to the 23 current Home Maintenance volunteers and seven phone volunteers. We’re always recruiting new team members. If you would like to join the Home Maintenance Team, please contact Doug Smoot, Director of Home Maintenance, at scrhomeservices@gmail.com. If you’d be interested in becoming a member of our phone volunteer team, please contact Arleeta Krolkowski at 916-774-9040.

The Foundation also maintains a very informative website located at <https://www.scrfoundation.org>

Access to this website is public. It has up-to-date information about our services with special tabs for Home Maintenance (where you can find an electronic Request for Service form), Events, Survivor Planning, Alternate

(cont’ on page 15)

SC Harmonicoots

BY LINDA AUG

Harmonica playing is older than the wild west itself! Whether a cowboy played a tune on horseback, sitting against a tree or at a barn dance, the harmonica was part of the American culture. But never was there a spot without a harmonica and that spot would be around a roaring campfire.

The Sun City Harmonicoots played tribute to the wild west campfire when they gathered in front of the Timbers fireplace on May 24 to honor Memorial Day and the Wild West. As guests entered the lobby they were greeted with “God Bless America”; “Red River Valley”; “Stars and Stripes Forever” and more. The Harmonicoots rang out tunes from the Everly Brothers (Bye Bye Love); The Beatles (Ob-La-Di-Ob-La-Da) and Hank Williams (Your Cheatin’ Heart). Classics such “Summertime”; “Jamaica Farewell”; and “Morning Has Broken” were performed. No surprise to many that requests were honored with “The Tennessee Waltz”! If you missed this fun lobby show, stay “tuned” for our next



May 24 Timbers Lodge “Campfire”.



Frank Vanacore, Jo Ann Stooksberry, Arlene Donaher and Michael Welsh.

performance!

The Sun City Harmonicoots have been busy welcoming new members. Group lessons were given to several residents along with a song book and diatonic

harmonica. The “Newbies” have added to the energy and excitement in the Harmonicoots, with new friendships being formed.

“Harps Up” to Harmonicoot Ann Kelly who is now our official Sheet Music Librarian. Ann has collected, alphabetized and organized all the sheet music since the club originated. She is the “keeper” of the master copies and has music binders available at the beginning and ending of each session for members to make their copies. Looking at those large binders gives us promise for many more performances!

The Harmonicoots are a well-oiled and

(cont’ on page 5)

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CIRCULATION

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Classified Ads should be emailed by the 12th of each month to: SunSeniorCA@gmail.com. See the Classified page towards the back of this issue for more information.

SUBMISSIONS

The Sun Senior News - Roseville welcomes announcements from social clubs, schools, charitable organizations, non-profit organizations, local government and community events. Also, editorial contributions as well as articles, cartoons and photographs are welcomed and considered for publication. Deadline for submissions is the 15th of each month. *Please submit via email to: SunSeniorNews@gmail.com*

All information submitted to the Sun Senior News - Roseville must be accompanied by your name, phone number and written consent. All letters received become the property of the publisher (EGnews Inc.). The Sun Senior News - Roseville reserves the right to edit letters for publication and liability purposes and are not guaranteed to be published.

Sunshine Services "We're Here to Help"

BY PAT TEILH

Our Services For You: Any requests related to borrowing medical equipment, returning medical equipment or donating medical equipment can be left at the MEL phone number, 916-367-1695. Make sure to leave a message and a monitor will return your call.

Dial-a-Ride: Beginning Monday, August 1, Dial-a-Ride tickets will be available every month at the lodge on the first day of Courier Days from 8:30-10:00. Look for our table in the lobby. Come buy your ticket-\$10 for a 10 ride ticket. For more information on Dial-a-Ride, call Pat 916-521-9729 or Donna 916-952-0510.

Home Safety: What you can do to make sure your home is safe? Making sure your home is safe for you and your loved ones as you get older is an important part of staying healthy and maintaining your independence. Use the following checklist to help identify and address potential issues in your home, which will help you prevent falls and other accidents from occurring.

Never leave an older adult with a severe disability alone in a bathroom. Make sure all showers and tubs are non-slip by using adhesive strips or mats. Remove any loose rugs that can cause an older person to trip. Put grab bars inside the bathtub and shower and next to the toilet to prevent falls. Always keep an automatic night-light in the bathroom.

Make sure older adults remove their hearing aids before bathing. Keep in mind that they might not be able to hear you until their hearing aids are properly inserted.

Floors: If there is liquid or other slippery substances on your floors, this poses a huge risk for elderly people. Rugs that aren't secured, have curled edges, or are torn present home safety hazards for seniors. Examine the rugs in your home and think about how you can improve the transition from room to room. When older adults live in a home with cluttered floors it may cause a hazard, create clear pathways.

The kitchen: Keep the kitchen well lit, even during the night, in case an older adult wanders in. Install automatic night-lights or motion-detection lights. Proper lighting must be installed over the stove and countertop areas to prevent injuries. Remove any

loose throw rugs to prevent someone from slipping. Remove any clutter from the floor that someone might trip over. Avoid the need for step stools and ladders to reach cooking and eating utensils. Put a water-absorbent, non-skid mat in front of the kitchen sink to prevent falls. Find sturdy kitchen chairs with arms that older adults can use to sit and get up safely. Encourage older adults to wear non-slip shoes with skid-free soles.

The bedroom: Think about placing a monitoring device by the bed, so you're alerted to any problems. Install automatic night-lights or motion-detection lights so that older adults can see when they're going to the bathroom. Place a small table lamp on each side of the bed within easy reach. Make sure your loved one's bed is the right height. Remove any throw rugs that a person might trip over. Keep electrical cords away from walkways. Clear out any furniture or decor that might make it difficult for an elderly person to move around.

Living areas: Place decals on picture windows and sliding glass doors so older individuals can easily identify them as glass. Encourage your senior to wear bluetooth hearing aids. Remove low-style coffee tables, which can be hard to see and easy to trip over. Insist that your loved one asks for help with any tasks that require step stools or ladders.

Sunshine Services is Here to Help

Downtown Roseville Library Book Sale

Saturday, July 30 will be our next book sale at the Downtown Library 225 Taylor Street, Roseville. This sale will be held from 10 am to 3 pm. Members of the Friends get in at 9:30 am. Cash, check or charge. Prices haven't changed in years! \$2 hardbacks, \$1 paper backs. We will have thousands of books, dvds, music cds and freebies. Come early and stay late!

Questions? Call 916-746-1212 or email us at friends@rosevillefol.org

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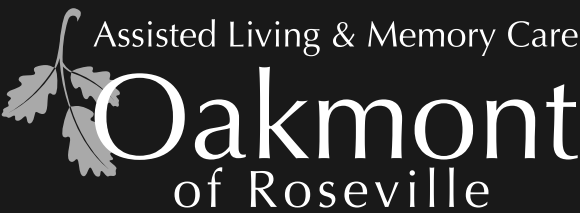
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Roadway Improvements, Park Upgrades Highlight Capital Improvements in FY22-23 City Budget

BY BRIAN JACOBSON, *City of Roseville Public Information Officer*

Road resurfacing, a Regional Sports Complex, and utility infrastructure improvements are among scores of infrastructure and capital projects included in the FY 22-23 budget approved by the Roseville City Council at its June 15 meeting.

The combined capital improvement program budget is \$105 million. The budget for individual projects can span multiple yearly city budgets. Work in FY22-23 on some projects may include planning, design, and other project preparation. Construction may begin on some projects in subsequent fiscal years.

Here are some of the more notable improvement projects in the FY22-23 budget.

Roadways:

- Rehabilitation and resurfacing portions of Pleasant Grove Blvd., Douglas Blvd., Cirby Way, Rocky Ridge Dr., and Old Auburn Rd, among other streets
- Continuation of multi-year Sun City roadway resurfacing project
- Roadway resurfacing in the Hillcrest neighborhood
- Pleasant Grove Blvd. widening project includes adding third lane in each direction between Foothills Blvd. and Woodcreek Oaks Blvd., construction estimated to begin in 2023 or 2024
- Roundabout at Washington Blvd. and All American City, construction beginning this summer
- Roseville Parkway Extension project, construction estimated to begin in 2023
- Baseline Road signalization project in

coordination with Placer County

Parks:

- Regional Sports Complex with an initial 6-8 fields, lights, parking and playground
- Weber Park renovations
- Johnson Pool upgrades including replacement of the pool shell, deck and mechanical systems
- Development of multiple parks and replacement of play structures

Utilities:

- Electric distribution system improvements
- New electric system infrastructure including underground cables
- Investments in and improvements to the Roseville Energy Park
- Utility Operations Center including a Materials Recovery Facility and heavy duty vehicle charging
- West Side Tank and Pump Station Project includes two six-million gallon water tanks
- Water infrastructure upgrades to support reliable water delivery to Roseville customers

Other:

- Cybersecurity upgrades
- Flood retention basin along Pleasant Grove Creek watershed in the Al Johnson Wildlife Area
- Electric bus charging facilities
- Bikeway Trail resurfacing

Read more information about the approved City budget at Roseville.ca.us/budget

PROGRAM AREA	FY2022-23	Five-Year CIP
Parks, Recreation & Libraries	\$37,620,000	\$87,060,000
Roseville Electric	\$20,486,000	\$106,532,000
Waste Services	\$16,674,000	\$16,674,000
Wastewater	\$12,038,000	\$17,212,000
General Government/ IT	\$7,249,000	\$7,249,000
Public Works	\$5,959,000	\$111,942,000
Water	\$5,200,000	\$46,650,000
Total	\$105,226,000	\$393,319,000

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Executive Director Comments

Preparation for the New 2022-23 Fiscal Year

BY EARL WIKLUND

Here we go again. July 1st started our new fiscal year and a new budget; along with a new Board of Directors that will be officially sworn into office in August. A new Board means new input and ideas to consider with a revitalized energy level. The newly elected Board will be sworn into office by the Mayor of the City of Roseville at our annual meeting on August 4th. The new Board will go through a two-day orientation in late July where they meet with each department head and become more familiar with the organization. By the end of August, I will join with the new Board at their annual retreat where we will set the Association's goals and objectives for the year. We will publish these goals and objectives shortly thereafter on the resident website.

There are a number of projects planned for the new fiscal year and included in the budget. We completed the MIP-Landscape project in late June and have renovated the four entrances to the community. The project for our MIP Golf will start in February / March 2023 and will focus on the renovation of the Timber Creek putting green, driving range and the chipping practice area. We will also resume rebidding the SPI Phase A-2 project postponed this past spring and

focus resuming the work on the project with more favorable results. Also planned in the new budget are a number Reserve expenditures for new equipment and large repair and maintenance projects. Keep an eye out for all these projects as we release more information throughout the year.

With the beginning of the new fiscal year, each of the eleven Standing and Required Committees have recruited new resident applicants to fill possible vacancies on their committees. This might be just what you were looking for to become involved in your community and hope you have recently completed an application and submitted to the Administration Department. With a new year, new committee member makeup and new ideas come new perspectives and further improvement of our community. And while you are in the Lodge, this will give you a chance to check on an upcoming Activities Event to join or visit the Timbers Restaurant; watching the progress of all our projects can work up an appetite.

Regardless, say hello with a smile to those you meet and enjoy your community when you are out and about each day. And remember, keep in the loop by attending the upcoming Annual Meeting on August 4nd. Enjoy.

SC Harmonicoots

(cont' from page 1)

enthusiastic group of musicians! Let us entertain you! If your group or club would like more information, contact Dick Conzelmann at 916-771-5671. We Will Rock You!

All Tuned Up

BY LETHA DAWSON

All Tuned Up Gets New Leader. Ken Roberts, 916-791-4653, assumes the baton July, 2022, of Sun City's group of musicians and vocalists--All Tuned Up. Ken has been playing guitar and singing with this eclectic group of musicians for more than fifteen years. He takes over from Letha Dawson, who led the group for the last eight years. For more



information about All Tuned Up, which meets weekly on Thursdays in Sierra Pines, at 9:00 a.m., call Cory Blasser, ATU Vice President, 408-802-5245.

• • •

Music and Laughter

BY JANE BOHN

Another wonderful hour of Music and Laughter. Did you hear about it? You need to ask around about this fun group. It surely will make you want to attend. Our talented varied entertainers included accordionist Jean Stevens, Saxophonist Elton Pamplin, singer/guitarist Ken Roberts, comic Ed Lick, pianist Jan Given, violinist Joe Given, singer guitarist Charlie Kidd, jokester Jan Montero and last but not least, singer/comic Ray DeBenedetto. Now, doesn't that sound like a fun hour of Music and Laughter? Our prize winners included Jim Grandey, Joy Reed, Jan Ladoux, Jan Given, Ann McKeel, and Pam Fulton. Here comes a huge thank you to our entertainers, our attentive singing audience, and our helpers, Maria Hajgato, Arlette Bennett, and Nancy Stetz. Once again, you have all contributed toward the success of a wonderful uplifting hour of Music and Laughter. We hope you'll join us when we gather Wednesday evening, July 13, 7pm at Sierra Pines Lodge. We know you won't be disappointed.

• • •

(more Club News cont' on page 9)



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Resurfacing Work Resumes on Arterial Roadways

BY HELEN DYDA, *City of Roseville Public Information Officer*

The City of Roseville is resuming resurfacing that began last year on 65 lane miles of city streets.

Keeping the city's more than \$1 billion roadway infrastructure in good condition is a priority. Regular resurfacing maintains Roseville streets at the lowest possible cost.

Stay alert and drive with care when you see crews at work.

Schedule — Construction began early June is anticipated to be completed by fall 2022.

Keep an eye on digital message boards for current work dates and times in each area.

Working hours will vary depending on traffic volumes and scheduled in order to minimize disruption to motorists, residents, businesses and visitors. Night work may be necessary in some locations.

What you can expect — Roads will remain open during construction, watch for lane closures.

Businesses and residents near the road work will be notified in advance of construction.

Because the resurfacing treatment is comprised of liquid asphalt and aggregate, some gravel shedding may occur. This is



normal and decreases over time. Streets will be regularly swept to remove debris. If you see an area that needs extra sweeping, please report it by emailing or calling 916-746-1300.

Cost — This \$8.3 million project is funded through Federal Highway Infrastructure Program grant funds and the Regional Surface Transportation Program.

Stay informed — More information about this and other road resurfacing projects can be found by visiting roseville.ca.us/resurfacing.

Have questions about the project? Contact City of Roseville Public Works - Engineering at 916-746-1300.

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from www.ratemyagent.com

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City Council Adopts FY22-23 Budget Focusing on Mission and Fiscal Responsibility

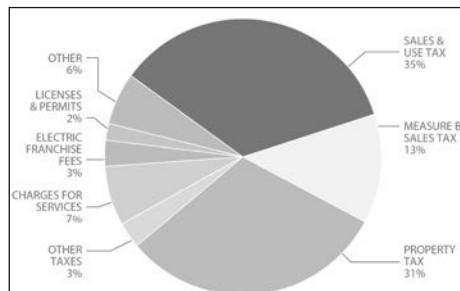
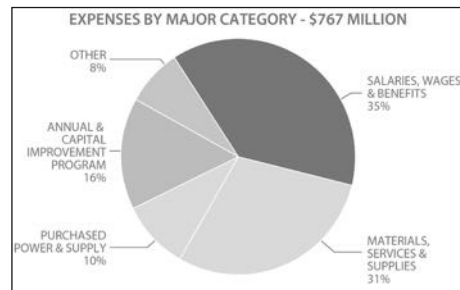
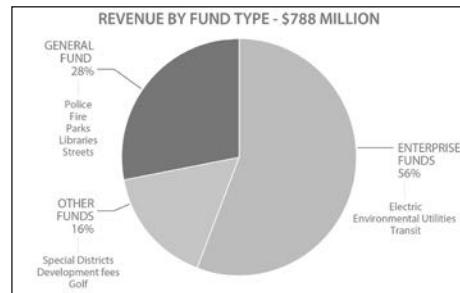
BY BRIAN JACOBSON, *City of Roseville Public Information Officer*

At its June 15 regular public meeting, the Roseville City Council adopted the City's Fiscal Year 2022-23 budget which includes \$788 million in revenue and \$767 million in expenses, \$70 million of which is due to a one-time loan the City is handling on behalf of the South Placer Wastewater Authority.

More than half of the City's overall revenues and expenses are related to the operation of the community-owned electric, water, wastewater and refuse utilities.

The adopted budget directly supports the City's mission to provide exceptional services in a fiscally responsible manner. Some of the specific funded goals in the budget include:

- Fully staff police beat in West Roseville, provide additional animal control staffing, and continue to develop the Real Time Crime Center.
- Expand graffiti abatement program.
- Invest in capital improvements and rehabilitation, including the Roseville Sports Complex and improvements to Weber Park and Johnson Pool.
- Support business growth, attract private investments, and deliver housing options in ways that enhance community vitality.
- Participate in regional efforts to identify strategies to address homelessness.
- Pay down unfunded liabilities to improve the City's financial condition.



- Reach economic stabilization and emergency reserves funding goals to maintain city services during the next recession

The budget and an overview Budget in Brief can be viewed at Roseville.ca.us/budget

The City Manager's Budget Message, which provides an overview of the economic climate, and the City's situation, opportunities, and challenges can be viewed at Roseville.ca.us/CMBM

General Fund

The City's General Fund proposed budget, which consists of public safety, parks, libraries, public works and general government operations, is \$212 million (28 percent of the overall proposed budget.)

General sales and use tax, property tax and Measure B sales tax make up more than 75 percent of the City's revenue for General Fund use.

General Fund Revenues

Providing public safety services (Police and Fire Departments) makes up almost half of the General Fund expenses.



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THE UGLIER SIDE OF SHINGLES

Local clinic treating shingles and post shingles complications with amazing results.

Mother's have described it as a "pain worse than labor," others compare it to passing a kidney stone.

Post Herpetic Neuralgia (PHN) is a complication following a bout of shingles and is often ranked in the top 5 most painful experience a person can endure in their lifetime. Affecting more than 18% of shingles patients, PHN causes you to experience the pain of active shingles for longer than 3 months, and in some cases, years after the rash has dissipated.

Audrey of Lincoln Hills shares her story. "I had been diagnosed with shingles, and I thought it was going to be like the flu or any other virus. I'd have it and then get over it. Two months later, the blisters were gone but the pain was so intense I was begging them to put me in the hospital and sedate me."

During active shingles, the virus injures nerves in and around the skin where the rash and blisters occur. Your immune system eventually suppresses the virus and the rash and blisters disappear. Unfortunately, nerve damage often disrupts the function of your nervous system and the damaged nerves send random, uncontrolled pain signals to the brain causing lasting, debilitating pain.

"I couldn't sleep," said Audrey, almost in tears. "I was always in pain. I couldn't leave the house. I thought this was the end of my life."

PHN pain has been described as burning, stabbing, and even gnawing. Even worse, it has a tendency to escalate to unbearable levels, episodes that Audrey referred to as "seizures." "You can actually feel them coming on, so you know you're about to be in major pain and there's nothing you can do about it."

This pain can gradually go away, return intermittently, or in worst cases, stay with you for the rest of your life.

After living with this for more than 2 years, Audrey was no longer willing to take that chance of enduring it for a lifetime and sought the expertise of RaeAnn Salvador, of Lincoln Acupuncture and Integrative Health. Sadly, we have seen an increase in PHN cases. My PHN cases are some of the most tragic cases I've seen. The pain these people experience is just beyond words. Fortunately, I am able to offer them real hope.

"I started going for treatment and everyday was better and better. After about a month, I told my husband, 'I'm going to start doing our big Sunday family dinners again,' shared Audrey. 'It's changed my life.'"

While the clinic specializes in acupuncture (it's in their name after all), it's the 'Integrative Medicine' part of the practice that's a hole-in-one when treating Post Herpetic Neuralgia.

ATP Resonance BioTherapy is the real winner here. ATP treats PHN two-fold. It both eradicates residual shingles virus which reduces future episodes, and it aids in repairing damaged nerves. Nerves have the ability to regenerate and repair on their own. "Our ATP therapy ensures and supercharges that process."

It should also be noted that if ATP Resonance BioTherapy is used to treat an active case of shingles, the lifespan of the active virus and the chances that you'll develop Post Herpetic Neuralgia reduce significantly.

When asking Audrey "how do you think things would have progressed if you'd never found Lincoln Acupuncture?" Her only response, "that's for a different conversation." Audrey's husband shares, "As a person, you can only handle so much pain. Audrey is on the other side of this now and to me, that's most important. And she got the results she needed by coming here."

If you or a loved one is experiencing the pain of an active shingles outbreak or are now suffering from post-herpetic neuralgia, RaeAnn Salvador, LAc and the staff at Lincoln Acupuncture and Integrative Health are here to help. Visit **AcuLincoln.com** for more information or call **916-884-0398** to schedule an appointment for an initial consultation.

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SC Singers

BY JACKIE PROETT

It's July and time to rejoice in our freedom! Red, White and Blue are in our DNA! Wear those colors with pride! Let's remember all the wars that



Photos by Linda's Koality Photography



were fought, all the lives that were lost in the awesome quest for our freedom. It's time to celebrate!

The Singers are also celebrating a successful Concert, wearing our Blues and waving the flag at the end and singing, The Battle Hymn of The Republic. Not too many dry eyes in the house. Thank you, dear friends, for returning year after year to support us, our music and our concert. Come sing with us. We need many more voices to display our four part harmony!

There is always harmony in our social get-togethers, as well. On the evening of June 8, 2022 we celebrated once again with a wonderful dinner, catered by the Penguins. It was our annual "Wrap" and Installation of new Officers. President, Marla, led the Wrap, which is when comments, good and bad are shared about our concert. We always find this beneficial for future performances. The Installation of Officers was led by David Hixson, who did a great job reading Jackie's words. Everyone went home filled with good food and good vibes!

Those good vibes will be resting on their Laurels during our vacation. Don't get too lazy, be ready to be up and at 'em on Monday, August 15, 2:30pm, back of the Ballroom. Bring music, friends and the joy of singing!

• • •

Dance Club

BY LENORA DAVIS

It's hot, hot, hot and I'm not talking about the weather. I'm talking about the Monday, July 18 Salsa dance workshop, being held from 6:30 to 9:00pm. Get ready for some hot times in the old town and learn some sexy salsa dance moves (well, maybe sexy only if you think they are – we aim to please). Do not miss this opportunity to learn something new. Tickets are on sale at all Dance Club classes and at the door on the night of the event and are available to Club members and guests.

In other news, our May 16 dance party with D.J. Tom Fretwell was a roaring good time. We had much positive feedback and may repeat this event in the future. Our June 29 election dinner dance was another fun filled evening. It was truly "Show Time" with all the elaborate table decorations and colorful costumes. Entertainment was provided by our talented Dance Club members, Charlie Kidd, and D.J. Sandy Gardetto. The election was held and all officers were reelected to serve for another year. We again thank all of them for their continued service: Susan Glover, president; Gerri Junso, vice-president; Lenora Davis, secretary; and Charlie Baughman, treasurer.

Don't forget to mark your calendar for the Monday, August 15, Hawaiian themed dance party. Let's see some Hawaiian shirts, grass skirts, and coconut shell bras (well, on second thought, maybe leave the coconut shells at home). Anyway, get ready to learn or

practice the hula. Have some fun, and maybe tweak a knee or two.

See you in the ballroom on the dance floor!

• • •

SR Creative Arts Club

BY CAROL KOVACH

When you enter the Creative Arts Club studio you will more than likely encounter a tall imposing lady working on a unique piece of pottery or giving help to someone else, loading or unloading a kiln, or mixing glazes. Pam Jacobson, out 6ft 2inch colleague, is a tower of strength to the club, whose background as an art and ceramics teacher provides members with a wealth of knowledge.

But, Pam didn't start out as an artist who for over 50 years has enjoyed "playing with dirt". She trained as a hairdresser out of high school at a Pasadena College in the LA area where her father was a doctor. Then she took a pottery class – and fell in love with clay and the process of constructing with slab clay. She was fortunate to have caught the eye of Joe Soldate while studying for her BA in Art at California State University, Los Angeles, who asked her to enroll in their Masters program in pottery. So armed with her MA in 1972 she got her first teaching job in Pasadena teaching Jr. High and high school. When she interviewed, her physique and qualifications assured her the job – following the difficulties a previous teacher had had controlling the rambunctious students.

Pam then moved on to the Glendale school district, where she taught for 5 years. But, for personal reasons, she decided to move to Portland, Oregon, which meant a career change: obtaining a position managing and teaching for Richard Pugmill, a ceramics and glaze supplier.

But she found the need to be creative and teach pottery too strong. So she joined the teaching staff at Don Julio Jr. High teaching pottery. She and her husband, Alan, a keen golfer, moved to Sun City in 2008 after retiring in 2007. They were already living just a few miles away and wanted a retirement community where they could enjoy a variety of activities Pam was not willing to give up her pottery, so Sun City was a perfect choice, as she could have her 'studio' in the Creative Arts Room and continue teaching on an informal volunteer basis. As she says, the clay leads

the way, and using hand construction methods alongside extrusion and wheel methods to create plaques, stoneware, and pots of all sizes allows her to explore all dimensions of the wonders of clay. Pam creates interesting effects on the clay using marbled clay, mixes, and decorates using a variety of glazes, textures, imprints and other ways of adding interest to her pieces.

• • •

Fine Arts Club

BY NANCY VAVUL

July marks the beginning of a new year for the Fine Arts Club just as July Fourth marks the beginning of a new year for the USA. What better way to start that year than with an ice cream social on July 14 from 1-3:00. Members and potential members are invited.

We want to send kudos to the committee responsible for our installation luncheon in June. They created a beautiful affair with lovely decorations, good food, and fun. The new officers were welcomed in style.

Our gallery wall will remain basically unchanged for this month, but new winners will appear in the window. There is a change of artwork in the card room to view, however. Also, plan to bring a small work for the hallway showcase the beginning of August.

Tuesday watercolor classes are on summer hiatus this month and next, but Donna Self will conduct summer drawing classes in the style of "Drawing on the Right Side of the Brain," a classic book by Betty Edwards. You can sign up for Session One in July starting July 11, and/or Session Two starting August 8. The cost is \$60 for each month of four Monday classes from 1-3:00. Check the room for a materials list. There will be plenty of open studio time this summer, and we hope you can take advantage of it. When you visit the room, be sure to sign in.

If you have not renewed your \$15 membership for the upcoming year, please remember to do so soon so you can enjoy the many opportunities that will be coming your way. Just stop in the room, pick up a membership envelope, and renew by check made out to SCR Fine Arts Club.

We hope to see you soon and often.

• • •

(more Club News cont' on page 11)

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Neighborhood Watch/Citizen Patrol

BY LINDA VINCENT

What Is Happening In Neighborhood Watch/Citizens Patrol?

As you may have heard, we have a new Program Coordinator – Heather Kendall. Heather is a retired nurse who comes to NW/CP with detail and organization skills. These skills are a definitely need when it comes to scheduling our nightly patrols. Welcome Heather!

The advantages of being part of the Citizens Patrol program are numerous. You patrol our streets looking for open garage doors, burnt out street lights, and any other things that may seem out of place in our community, seeing various landscape ideas, holiday decorations, and getting friendly waves from people who appreciate your efforts. Not only are you giving back to your community, but you are keeping our streets safer. You are trained to be the eyes and ears for the police never putting yourself in harm's way.

Our CP program lends itself to your schedule – either one night a month or fill in when individuals are on vacation, medical, etc. During the day is another option – no set hours or a set scheduled day - that may fit

you better if you don't like to drive at night. We really need You!!

Did you realize all Sun City residents are all part of the Neighborhood Watch program? Your address is in a Village and assigned to a Team Link. Our office sends out information only once a month (hopefully useful) to the Village Communicators (we have 34 in Sun



City), who in turn forward to their Team Links (234 individuals), who send out to the assigned residents in their neighborhood. This is definitely an archaic way to send out information, however it can be very useful in building your neighborhood friendships and watching out for one another by sharing in this manner. If you are not receiving any communications, please contact our office so we can make some changes.



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Needle Arts Club

BY CJ KIDD

Our newly elected Needle Arts officers for 2022-2023 are: CJ Kidd/President, Diane Faulkner/ Vice President, Paula Hau and Linda Nelson/ Co-Secretaries, Nancy Dunne/ Treasurer.

Past President, Caroline DeSantis installed the new officers and thanked Susan Arbuckle for her service to our club as Vice President and Sharon Lawin for her service to our club as Secretary.

As President, I want to thank the new officers for their commitment to the Needle Arts Club.

When you see them thank them for all they do for the Needle Arts Club. Some of their tasks include: hire speakers and set up programs for our general meetings, co-ordinate the room set up for the general meetings, take and distribute minutes of the general and council meetings, oversee By-law compliance, manage budget and long-range planning, report the budget to the Council and General meeting. I could fill the newsletter with all the tasks done by all of our volunteers. I thank all of you for all you do to keep our Club running smoothly.

Our 2022-2023 year begins July 1 and our \$15.00 dues are payable at that time. Please fill out the membership form including your name, address, email, phone number and Association number. You can put your form and check made out to SCRNAC in the membership envelope in the Needle Arts Room or bring it to the general meeting and give it to Karen Porter,

the Needle Arts Club Membership chairman.

We hope to see everyone at the Wednesday, August 3 General Meeting and Program. The Program is a Showcase of all our Needle Arts Groups. There will be tables set up for each group. The group will share the time and place their group meets. They will share all the information you need to decide if their group is a good fit for your talent and interests.

• • •

International Social Group

BY CYNTHIA SINDREY

For the first time in our groups' history we honored the Middle Eastern countries with a dinner catered by Essy's Catering and arranged by Rima Mogannon and Charlotte Sloan. All in all, it was a very interesting evening and although most of us had never eaten food from that part of the world everyone seemed to enjoy it.

The meal was followed by a belly dancer. We did have some technical difficulties with the music for which we apologize. There were many guests and some new members attending who were welcomed with open arms.

We have gained some new members and hope, along with our current members we will all enjoy the next event which will honor America with our traditional

July Bar-B-Que. Our in-house-chefs, Lee Schaefer, Nadeem Mogannon and Mike Dover will be grilling and plenty of sides and desserts will be served. This will take place on Wednesday, July 27, 2022 starting at 6pm.

at Sierra Pines.

The following event is to honor the 70th. Jubilee of Queen Elizabeth 11. Two members of British heritage will be planning a fun event for us so put Wednesday, September 28, 2022 on your calendar.

For each event flyers will be mailed to our members and will also be available on the rack at the Lodge.

For further information please contact: Cynthia Sindrey, President 916-773-5151 or Charlotte Sloan, Co-President 415-278-3012.

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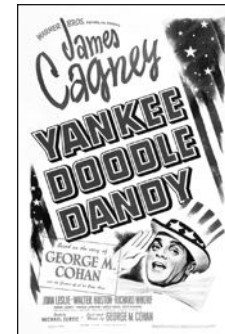
Cinema Group

BY BRIAN SUTTON

Join us for a high-stepping musical with energetic dances and songs that will be a magnificent way to continue the national spirit sparked by June's Flag Day and our July 4th celebrations.

Yankee Doodle Dandy, 1942

Starring James Cagney, the actor, known more for his gangster portrayals, deploys his musical gifts to galvanizing effect. The movie is a celebration of patriotic fervor, as much as it is a biopic of songwriter George M. Cohan. What Cagney gives us in this film is one of the great performances in the history of film,



which is confirmed in the final scene, when he dances down the stairs.

Roger Ebert wrote, "...the greatness of the film resides entirely in the Cagney performance."

For the 1943 Academy Awards, the film was nominated for Best Picture and won for Best Musical Score. Cagney won for Best Actor, Walter Huston for Best Supporting Actor, and Michael Curtiz for Best Director.

Join us for this delightful July movie Friday, July 15 at 1:30 pm, Spruce Room at Sierra Pines

As always, Admission is Free!

The Cinema Group is interested in showing those movies that you would like to see. If you wish to suggest a movie, or have a question about the Cinema Group, please contact Brian Sutton, 916-482-6393.

• • •

Solo Friends

BY CATHY SCHIMANSKY

While most people are talking about graduations, changing jobs or vacations in mid-summer, Sun City Roseville residents are considering signing up or renewing their memberships in the many and varied SCRC clubs and groups.

One question Sun City Roseville residents may have is "What's the difference between our clubs and groups?" Simply stated clubs have a minimum of 200 members and groups

(cont' on page 13)

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Solo Friends

(cont' from page 11)

have a minimum of 25 members and less than 200 members. For example, the Boomer Generation club is couples-focused and currently has more than 600 members. The Solo Friends group is individuals-focused and currently has approximately 150 members.

Solo Friends continues to improve how the group operates. In addition to a new team of council members, we are changing our current July/June fiscal year to a calendar January/December year. For the transition phase beginning July 1, 2022 memberships will be effective through December 31, 2023. The next "combination" calendar/fiscal year begins January 2024 and ends December 2024. The transition this year allows all current and new Solo Friends members to have "six free months of membership". Renewed and new dues paid members will be "current" through to December 31, 2023.

So July 2022 might be the time for Sun City residents to check out new friendship and social opportunities by attending any of the monthly Solo Friends general meetings. Usually the general meetings are held at the Timbers Lodge on the first Monday of the month. Because the first Monday this month is the 4th of July, our general meeting is scheduled for July 11.

There is a wonderful saying: "The older I get the more I realize that fear makes strangers of people who could be friends." Solo FRIENDS is based on keeping AND making new friends. Solo Friends members are eligible to sign up for the monthly social events which are usually a combination of dinner and games or entertainment. We welcome all long-time and new Sun City Roseville residents and hope to see you soon!

• • •

Jewish Fellowship Circle

BY LOIS ARLEN AND KAREN LEVINE

These past few months the Jewish Fellowship has had some very fun-filled events.

In May we visited three wineries in El Dorado and that was amazing. One of the places we visited was actually drilled into the side of the mountain and had a cave built to house all the barrels of wine. We had a Lag B'Omer BBQ and finished off the

night with horseshoes and corn hole. We have many more events scheduled in the coming months. We are in great need of people volunteering, for example, setting up and cleaning up of events, running a Friday night service (which occurs once a month) or even planning a social day or evening. We have several Board members who would be willing to guide you through a Friday evening service which can be done in Hebrew or completely in English. Please encourage your Jewish friends who are not members to join.

As of this writing in June, we are rounding the corner to summer, and we are looking forward to another fun-filled event for July which will be pizza and game night. A flyer with the details will be sent to all members.

If anyone has some program ideas for the future, please contact Gus Ballis, our president, at gusballis@gmail.com.

• • •

Boomer Generation

BY SUZANNE CROWDER

It was great seeing everyone at the Mexican Fiesta. Your compliments were passed on to Tres Hermanos, our caterer and he was genuinely appreciative. As much as you all ate was the greatest compliment a caterer can have. I was glad to see most of your participated in the "getting to know your birth mates" for the first half hour of the evening. It was a great way to learn a little about each other.

As you know we had one person step up for Vice President, Tom Harvey and Treasurer, Ann Waters and both nights they were unanimously voted into office. They will officially take over July 1, 2022 and Therese Leonard, outgoing Vice President and Marilyn Meyers, outgoing Treasurer will continue to their next adventure. We can not thank them enough for all their hard work and they will be sorely missed.

Now it's time to "Mark Your Calendar"! July 21st is the next Boomer Event. It will be at the Timbers Ballroom 6:00pm-9:00pm.

- Presenting Dewayne Hill Comedy/Magician
- Tickets go on sale at Courier Days, July 1
- \$15/per member (tables of 10)

- We'll have a fruit and cheese buffet as well as a no-host bar.
- Bar opens at 6:00 pm, show starts at 7:00 pm.
- Guests will be allowed after July 15th (ticket price \$18).

It's time for the annual membership dues. July 1, 2022-June 30, 2023. \$10.00/per person. If you are just renewing put your activity card number/numbers on your check. If you are just joining us or contact information has changed, forms are in the lobby. Drop off checks/forms at Dev Corlett's home, 5033 Dreamgarden Lane.

Remember to check the website for updates with the SIG's and the upcoming Events. Your Boomer Council

• • •

Socrates Cafe Group

BY STEVEN GUSTAFSON

Twin babies talk to each other in the womb. First baby: "Do you believe there's life after delivery?" Second baby "No, because no one has ever come back from delivery. After delivery, there's nothing." First baby: "But surely we'll meet Mother, and she'll take care of us." Second baby: "You actually believe in Mother? That's laughable. If she exists, where is she?" First baby "We're surrounded by her, and we live in her. Sometimes, when I'm very still, I can hear her speaking softly to me."

This intriguing dialog is of a kind that Socrates Cafe, Sun City's philosophy discussion group, has addressed. Its philosophical message is similar to that conveyed by the Greek philosopher Plato over 2000 years ago in his famous Allegory of the Cave. In this allegory prisoners are chained for life in a cave so that all they can see is the back wall of a cave. On the wall they see the shadows of people moving between them and a fire at the cave entrance. They come to believe that no people exist—only the shadows are real!

Socrates Cafe usually meets (about a dozen of us) in the Timbers card room at 10:00 on the first Monday of the month. But for this month that's the 4th of July, so we're likely to meet on a different day and possibly in a different location. If you'd like updates on our meeting dates and locations and on what we plan to discuss, you can email nloaiza09@gmail.com and ask to be on our email list.

• • •

SCR Computer Club

BY BARBARA EICHTEN

Volunteering is a large part of Sun City Roseville. Because many of the newer residents are very familiar with computers, we could use your help with community members unfamiliar with computers, either on an individual basis or speaking to a group. Matt Oberlin gave us "Tips and Tricks for Computer Security and Online Safety" at the June meeting. We have no meeting in July. In the Ballroom on August 22, 2022 at 10:00 am, Dennis Studer will present "Take Better Pictures on your iPhone."

The Council meetings are held at 9:00 am and the General meeting at 10:00 am on the fourth (4th) Monday of each month in the Ballroom.

Special Interest Group (SIGs):

Genealogy: To be announced.

Photo SIG: PhotoSIG will be meeting on the 3rd Friday, July 15 at 10:00 am in the Computer Room. All Computer Club members may join the Photo SIG. Submission of a maximum of 3 photos sent to PhotoSIG916@gmail.com are due by Monday, July 11, 2022. July's theme is "Urban Photography." The photos must be taken between January, 2019 and the photo submittal date. Contact Dennis Studer or Jennii Ramirez

Digital Imaging and Editing: Friday, July 1 at 10:00 am in the Computer Room. Use Element to edit, process images, and improve taking your photos. Contact Dennis Studer

All 'Bout Apple: Will be on the 3rd Thursday, from 2:00-4:00 pm in the Computer Room. Contact Charlyn Ross (916-772-1447).

If you need help with "Cutting the TV Cord," there are flyers in the kiosk and in the Computer Room. Jim Simmons is available to set up individual appointments.

TIP: No company will call you, be aware that only scammers are calling you "saying" they are "helping" you! Contact your provider to report scammers!

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(more Club News cont' on page 17)



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Ambassador Committee

BY NANCY GREEN

Sun City Roseville celebrated Flag Day on June 14. It was a very patriotic event especially since we were gathered together to celebrate our Flag and Country! Many residents attended and a few shared their insight as to how it was to become a citizen of the USA! Songs were sung and flags waved!! Some of our Ambassador’s participated by taking tickets and handing out ice cream! An “old fashioned” ice cream social ended the fun evening!

June 25, 2022 was another New Resident Welcome Party! As always, the residents enjoyed hearing from various speakers informing them as to all the amenities that Sun City Roseville offers. It is always great to learn from the new residents, their reasons why they have moved into Sun City. Thanks to the Ambassador Committee and all who assisted in hosting this important event!

A HUGE “thank you” goes to Rosemary Dinse as she passes on her title of Chair! She has been with the Ambassador Committee for four years. It has been wonderful working with her and we appreciate all the advice and tireless volunteer hours she put into making our Ambassador Committee such a success.

As the Summer months approach, our new Ambassadors will be chosen and we look forward to welcoming them into the Ambassador Committee. New ideas and friendships will be made as we move ahead in the next couple of years.

Website Work Group

BY CHARLYN ROSS

The grand month of July — The month of July seems to be dedicated to celebrations of country and culture.

- July 1, Canada Day celebrates the creation of the Dominion of Canada.
- July 4, Our Independence Day celebrates the adoption of the Declaration of Independence.

Sun City Roseville always celebrates Independence Day on July 3rd, to permit families to enjoy other venues of celebration on July 4th.

- July 14, Bastille Day commemorates the start of the French Revolution.
- July 23, National Day of the Cowboy was established to preserve and celebrate cowboy culture and history.

In 2005, the organization National Day of the Cowboy (NDOC) was established. Wyoming passed a bill initiating this as a State holiday and 15 states have followed.

Information on all Sun City Roseville’s July events is always available for you on the Resident Website, www.scrs.org.

Important Website Hint —
1. A resident’s online Directory information, which includes an email address, is maintained in the Resident Website’s database. The email address is also matched to any Clubs/Groups to which the resident is a member. This permits the resident to receive “eBlast” emails issued by any entity listed in their “Group participation” list.

To see your particular “Group participation” list, log onto the Resident Website, www.scrs.org. Click on your name which appears at the top right, below the black menu bar. You will link to “My SCR Directory Profile”. Scrolling down past your personal information, you will find your “Group participation” list. This list includes required Association email senders like Activities Department, Association Information, Timber Creek Ballroom, Fitness Center, Golf & Pro Shop, Timbers Restaurant & Lounge. Other entities on the list are Club/Group to which you are affiliated.

If you wish to remove an item from your list, you need to contact Julia Schmunk, our Website Designer, by email at julianns@scrca.org and specifically indicate, “Please remove (Club or Group name) from my Group participation list, (Provide your Full Name)”.

2. When you receive a community eBlast email, there will be a link at the bottom which reads, “Unsubscribe” or “Click here to leave mailing list”.

Important: Do not click this link thinking you are just closing this email message. If you click this link, you will be requesting that your email address be removed from the “Group participation” list and you will no longer receive any Association emails.

3. When you are required to enter your email address on the Resident Website log in screen, be aware that some devices may automatically capitalize the first letter. You may need to erase the “capitalized” letter and replace it with the lower case version of the

letter, for your log in to be accepted.
Our website needs you — The Website Work Group meets 9:00 – 10:00 am, the first Wednesday of each month, in the Aspen Room. The meeting is open to all residents. Staff is interested in your views of the Resident Website.

Need Assistance? — Should you have Website questions or suggestions, please contact Julia Schmunk, our Website Designer, by phone 916-774-3878, by email at julianns@scrca.org, or by a note placed in the Suggestion Box at the Lodge’s west side entrance.

Compliance Committee

BY ERIC OLSSON

Landscape Curb Appeal — (Keeping It) Good

Annual Landscaping Inspection — Since good curb appeal helps both community aesthetics and property values, the Compliance Committee recently did a community-wide canvass of property landscape in early Spring. The goal was to spot issues such as missing bark, dead plants, bare areas, excessive weeds, and pruning and flag them to homeowners for improvement.

This year we identified 447 homes (14% of the community) that needed some improvement. The top issue was missing bark (66%). Bark needs replenishment from time

(cont’ on page 15)

“They truly gave my mother moments of joy”

Kathy, Daughter of a CountryHouse resident

Moving her mom into assisted living was incredibly difficult for Kathy. So when she realized her mom needed even more advanced dementia care, she looked to CountryHouse for support. Not only did the team answer Kathy’s questions and help arrange a speedy move, but they took the time to really get to know her mom’s stories and interests.

“Kindness and respect are two words that come to my mind when I think of the caregivers at CountryHouse.”

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Compliance Committee

(cont' from page 14)

to time. The second and third issues were excessive weeds and pruning respectively. They were followed by bare areas (mainly unplanted areas) and missing trees (fewer than the minimum number of required trees).

Information about the Sun City Roseville (SCR) landscaping requirements can be found in the Association Design Guidelines section 3.03 along with Appendices F, G, H, and I. Appendix G specifically discusses the minimum number of plants and trees required per unit type. A real page turner!

The inspection triggered letters being sent to the affected homeowners and the good news is that many residents quickly stepped-up to make the needed changes. And we appreciate that positive response. It's obvious we're like-minded in Sun City and consider good landscaping a top priority.

New/Upgrading Landscape—Landscape design strategy is more challenging with our hot summers. In California the momentum, clearly, is to replace water hungry lawns with drought-resistant landscaping. That is, to migrate from lawns to trees and plants or artificial turf or both. The City of Roseville periodically offers a Cash for Grass rebate for lawn replacement.

Bark is an excellent choice for ground cover (versus rock) since it helps retain soil moisture and inhibits weeds. A two-inch layer of bark can significantly reduce water usage by blocking evaporation. Decorative rock, on the other hand, doesn't hold any water and absorbs

much more heat. And please note that red or orange or shredded bark are not allowed.

The use of artificial turf (i.e., fake grass) is expanding. Please refer to the SCR Design Guidelines - Appendix A-5 for more information. Artificial Turf has improved over the years but is expensive and not maintenance free. Manufacturers suggest periodic cleaning using antibacterial washes to prevent infections. Artificial turf also absorbs more heat than real grass so the turf surface will get very warm on hot days. It will never beat the look and feel of real grass, but as water restrictions come into play it offers the option to keep the look of grass and minimize water usage.

Finally, with the Roseville summer heat it's time to examine your drip and spray irrigation system. Broken irrigation lines can waste water and kill plants. But, on the contrary, most plants die from overwatering. So, check your irrigation lines and controller times and best to water in the morning hours.

Thanks again for keeping Sun City beautiful.



Governmental Affairs Committee

BY STEVE GUSTAFSON

The US Geological Survey operates under the Federal government's Interior Department. One of its missions is to monitor possible natural events such as hurricanes, earthquakes, and floods, that could have major impacts on US citizens. For the region near Roseville the Survey has identified not an earthquake but a catastrophic flood as the key risk. In particular, the Survey has found indications from the geological record that an ARkStorm (Atmospheric River Storm) occurs, on average, in our area about every 200 years. Such a storm would be similar to the 1862 storm in the Sacramento area, in which rain averaged 3 inches per day for over a month, and the flood water in many areas was over 10 feet above street level. Roseville is higher in elevation than Sacramento, so an ARkStorm flood would be less severe, but still very damaging. In Sun City, the Sierra Pines golf course is mostly "bowl shaped" and could hold much of the flood water.

The Governmental Affairs Committee (GAC) monitors government plans or actions that may impact Sun City residents. For an ARkStorm, the government action (through the US Geological Survey) is providing information on its possible occurrence and the possible consequences. This information is not uplifting but arguably important. The GAC usually meets on the second Tuesday of the month in Timbers Lodge. You are welcome to attend.

SCR Foundation 2022

(cont' from page 1)

Living Considerations and Sunshine Services. If you don't have access to a computer, we also have a detailed brochure that you can pick up outside the Administration Office in the Timbers Lodge.

Foundation board members also participate in community events such as the Ambassador Committee's New Resident Welcome and the All-Volunteer Mix 'N Mingle. In June, the Foundation hosted a very successful Annual Golf Tournament with over 90 participants – thanks to Dave Happe for a job well done! We also hosted a special presentation covering the Foundation services and volunteer opportunities and will continue to engage with the community at various events to help spread the word.

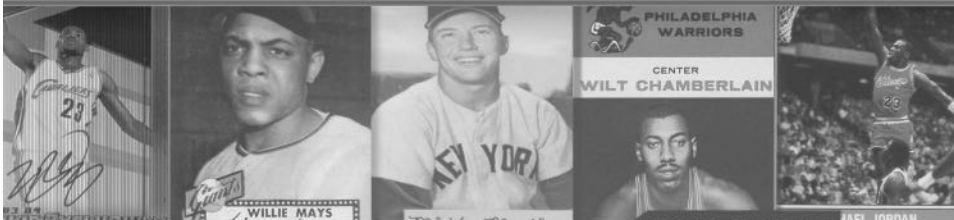
Upcoming events —

- The Foundation is once again partnering with the SCRCA Activities Department by funding the Speaker Series. The next speaker is scheduled for Monday, July 18, 1:00 pm–3:00 pm. Back by popular demand, "The Best Acting Moments in Movies" will be presented by Marc Lapadula. There is a \$5 cover charge.

- Bingo lovers – Save the Date! The Foundation's next Bingo event is scheduled for Sunday, August 14 at 1:00 pm, tickets will be available for purchase at Courier Days on August 1.

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Roseville Stamp Club

BY TIM MILES

We have been moving forward coming out of the pandemic. The Club Dinner, postponed from Christmastime was held in the Solarium at Timbers at the Lodge in June (finally) Many people couldn't attend because of prior commitment but the food was delicious and a good time was had by all.

We meet on a regular basis at the Roseville Sun City Lodge (7050 Del Webb Blvd). Our meeting dates for July and August are set for Tuesday, July 12 – note this is the only meeting in July due to a lack of meeting space at the Lodge. Start time, as usual, is 6:30 pm. For August, we're on for Tues Aug 9 and Tues Aug 23 6:30 pm start time.

The Great American Stamp Show is scheduled for the Sacto SAFE Credit Union Convention Center, 1400 "J" St, Sacto running from Aug 25 to Aug 28. It will be one of the largest shows in No Calif for this year They are looking for volunteers for the show. Contact Wendy Masorti at "stampshow@stamps.com" to volunteer.

The club is always available to assess your "old" album or collection. Contact Al Capparelli at 916-771-8288 and leave a message and you'll be contacted.

Kelleher's Stamp Collector's Quarterly recently arrived with many interesting articles about the hobby. They can be reached at 800-212-2830 to get on their free mailing list. They initially use the APS membership list. It is a beautiful and knowledgeable publication, well worth reading.

• • •

Veterans and Patriots

BY LOU LOPEZ

To all of our Veterans and Patriots members, who came to our Mexican Fiesta on June 5th. We had a great time chatting with friends and fellow members. We were told the food, beer and soft drinks were very good. The music was also a big part of the Fiesta and might I add, well received by all the dancers on the dance floor and the folks who were singing along with the very nostalgic old hits. Thank you to the folks that came and assisted in the set-up and tear-down of the tables and decorations. You did a magnificent job!

Well, as they say "you ain't seen nothing

yet," we are planning an even bigger "blowout" in October at our Octoberfest Celebration. We are putting together our menu and beer selections. So, standby as we get things in place. As we will again have the Baughman's back as the entertainment. We might even have to do the "chicken dance", which is a German tradition!

All of you who are patriots or ex-military reading this article, come join us and become part of the fun. Our general meetings are the first Wednesday of the month and they start at 10am and generally last until 11:15am. By becoming a Lifetime Member for only \$30 you can join us for the meetings and the great events we put on during the year. When you attend a General monthly meeting, we have free donuts & coffee, a drawing for carwashes and meals from our sponsors.

Our speaker for July will be Ray Ille. So, who is Ray Ille? He is probably one of the five (5) longest Veterans and Patriots members who has served in so many important roles and now its his turn to tell his story about "Old Shaky"!

• • •

Republican Group

BY GWEN MYERS

We were honored to have four candidates for local, state and federal offices attend our June meeting, just before the election: Roger Niello, candidate for state Senate District 6, has served as an Assemblyman and Sacramento County supervisor. His concerns are the homeless, rise in crime, Prop 47-decriminalizing crime, smash and grab, water and infrastructure issues.

Joe Patterson, candidate for Assembly District 5, told of his work in Rocklin where he is presently a city council member. He stated he will work to keep issues at the local level, protect our quality of life, defend parental rights, rebuild the state's infrastructure, protect Prop 13 (he is endorsed by the Howard Jarvis Taxpayers Association).

Under Sheriff, Wayne Woo, told of his background in police work starting in Lake County and then moving to Placer County where for 28 years he has moved through the ranks to his present position. He has been endorsed by District Attorney Gire as well as many local sheriffs and elected officials.

Assemblyman Kevin Kiley discussed some important legislation he is fighting.

He stated that he met with President Trump who endorsed him. His interests in Congress will include the Judiciary and Education committees (they are only allowed to serve on two committees).

A very enthusiastic discussion followed and these candidates were wished well.

A reminder that in lieu of the July meeting, there will be a Hot Dog and Fixings plus desert BBQ on Sunday, July 24 at 3 pm at Sierra Pines. The cost is \$10 for members, \$12 for guests. Deadline to pay is July 20. Contact Carole Vaillancourt to sign up.

In remembrance of those who fought to have a free country, and to those who continue to fight for the principles this country was founded on, Happy Independence Day!

• • •

Rods & Relics

BY ELNA RAGAN

A very successful 16th Annual Downtown Lincoln Car Show was held on Saturday, June 4. Close to 400 vehicles from America's Golden Age of Automobiles, all American-built before 1975, were displayed!

Boy Scout Troop #160 served a delicious Pancake Breakfast from 7:00 a.m. to 10:00 a.m. At 10:00 a.m. the National Anthem was played, followed by a "Special Event," a fly-over by the West Coast Ravens... five planes trailing smoke! What an added treat!

Thousands of spectators walked the shady downtown streets, viewing the wide range of vehicles and enjoying the food and merchandise from the local merchants and vendors. The Lincoln Chamber of Commerce held a BBQ lunch selling Pork and Brisket sandwiches.

The Chamber also had a Raffle Booth loaded with over 100 specialty gifts including many gift cards.

The Car Club and many volunteers were excited to present another great event for the community. The following three local charities will be the recipients of this year's Car Show proceeds: RRUFF Healing Heroes, Acres of Hope, and the Lincoln High School Rodeo. More information will be included in next month's article.

The Club is always looking for new members. If you own a 1975 or older American-made or American-powered vehicle, plan to join us! For more information, check our Web

Site below.

Contacts: Tom Indrieri, President 916-645-2035 or Mike Carvidi, Membership Director 707-849-2834.

Web Site: www.rodsnrelics.net

• • •

Garden Club

BY KAREN BUFORD

Garden Club members gathered on June 7 for our last meeting until September. The evening started with our annual and all-so-yummy root beer floats! We want to thank Linda Gordon and her amazing crew of helpers for providing this delicious dessert.



Our fascinating evening program was titled: "Brighten Your Life with Ribbon" Our guest speakers were Maurene Brice and Karin Anderson who are Sun City residents. Members had so much fun as they taught us to make and use simple bows in so many creative ways. We thank these two delightful ladies for sharing their talents and knowledge with the Garden Club!

(cont' on page 18)

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Garden Club

(cont' from page 17)

We also want to thank Chris Watt for her creative table decorations which were included given away as door prizes along with the door prizes provided by Maureen and Karin.

Karen Burford, the club's president announced two new council members: Suzette Austin who will assist our Vice President, Mike Horrell, as well as writing the courier articles and helping with our website. Sherry Scheftner has offered to be our new refreshment coordinator. We are grateful for their willingness to step up and help the Garden Club flourish. Karen reminded members that there are still many other ways to get involved and help.

Our next meeting will be on September 6 since we don't meet in July and August. We meet on the first Tuesday of the month. Dues are \$10 a year—from September through June. For more information call Karen Burford contact at karinab@aol.com or call 530-575-8384.

The Garden Club is a vibrant and lively group of 105 members including both new and experienced gardeners who love learning and sharing ideas about gardening. Watch for emails and the website for more information about the Garden Club.

...

Birders Group

BY JANET MORELLI

Scheduled group bird watching field trips are on hold during the hottest part of the year (June, July, and August). A new schedule will be posted to the Birders' web site in August and group field trips will start again on September 15. In the meantime, SCR Birders continue to have their binoculars handy on neighborhood walks or auto trips in case of a chance encounter with birds along the way. Some also use the summer break to take advantage of the many birding web sites, field guides, and "bird books" to practice their identification skills in the comfort of their own home.

A male Brewer's Blackbird is identified by its bright yellow eyes, black bill, and long tail. It is basically black with iridescent purplish blue sheen on its head with a greenish sheen on its body. The female is the same shape as the male but has a dark eye and is a dull brownish gray on its head and body.

They are commonly seen on the ground, walking pigeon-toed with slightly drooping



wings, continually chattering or suddenly making a loud whistle. It is a very social species and often mixes with other species such as the Red-winged Blackbird and the Brown-headed Cowbird. They are well adapted to urban environments and can often be seen on golf courses and in fast food parking lots. Sometimes identified as the "McDonald Bird", its scientific name is Euphagus cyanocephalus.

...

SCR Hiking Group

BY DORIS MERCHANT

Here is our July hiking schedule. Please note the trailhead elevations and gains on our website, as we are headed higher into the Sierras.



July 7: Razorback Ridge, rated 5 (moderate), 5.6 miles, \$12 carpool ride.

July 14: Castle Valley Loop, rated 4.5 (moderate), 7 miles, \$12 carpool ride.

July 21: Carson Pass to Woods Lake via Lake Winnemucca, rated 4 (easy to moderate), 5 miles, \$12 carpool ride.

July 28: Lyons Creek, rated 5 (moderate), 7 miles, \$12 carpool ride.

...

SCR Senior Softball

BY BOB MONTALVO

As our spring softball season winds down, playoff fever is in the air. Despite the league standings that mark wins and losses at the end of the 16-game season, all five teams make the double-elimination playoffs, thus there is renewed excitement and hope. Unfortunately, there's also the lingering injuries and fatigue that aging athletes deal with every week, so there's heavy use of knee braces, compression wraps and Ibuprofen. Setting aside the bumps and bruises, it's been a fun and entertaining stretch of games between evenly matched teams, and there is a sense of sadness in seeing it end. We have enjoyed seeing so many Sun City residents come out and watch our games. Although hitting and defensive skills have often been impressive, most notable has been the way these old guys have played the game. Of course, there are the inevitable physical and mental errors, as our skills decline with age. With remarkably few exceptions however, the will to win and competitiveness that most of us feel has been balanced by a sense of fairness and respect for the game and for one another.

As we put away our bats and gloves, and we give our bodies the next seven months to heal, we look forward to the 2023 season, with practices starting in February. Sun City Roseville men and women are encouraged to join the club, so visit our website for information on how to register. It would be

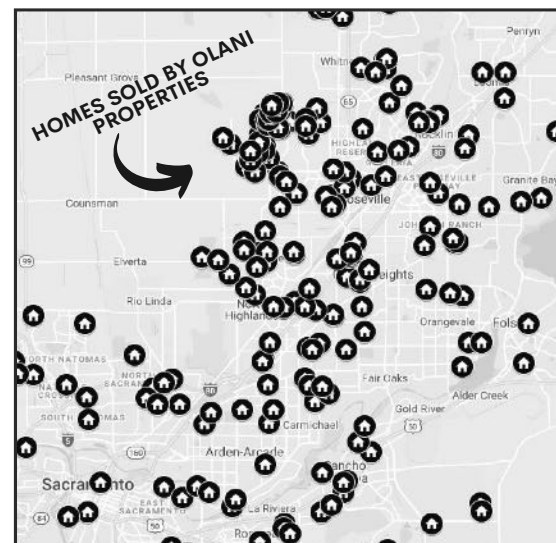
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SCR Senior Softball

(cont' from page 18)

great to have some of our athletic women who enjoy the game of softball also join us on the field. The SCRSCC playoffs will conclude by July 13, so visit rosevillesseniorsoftball.org to see which team took home the gold, or in this case the championship T-shirts.

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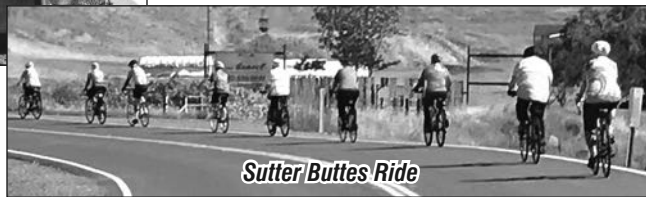
Cycling Group

BY SUZETTE AUSTIN

What is a Koffee Klatch anyhow? The Sun City definition would be a long-loved tradition fostered by our Cycling Group where members join together on a lovely summer morning in the back yard of one of our members for breakfast goodies and camaraderie. There's always a group of riders out riding prior to the Koffee Klatch, then meeting their friends for coffee and a bite to eat.



We have four Koffee Klatches this season. Two are wonderful memories and two



are yet to come on July 10 and August 12. Be sure to view photos of these social events as well as our rides on the Sun City Website under the Cycling Group.

Our regular meeting will be combined with an Ice Cream Social August 21 at Sierra Pines. This will include a spare clothing and equipment exchange. Items left over will be donated. Please note that this is in place of our August 15 meeting. Details are on our website.

We are pleased to announce our new officers who will be taking over their leadership roles July 1. Dee Franz will be our president. The rides VPs will be Ron Morones and Carol Weaver. Elaine Turnbull will be Social VP, Ann White will be Treasurer and Suzette Austin will be our Scribe.

We want to thank Susan Glover, Gail Devitt, Carol Morones and Carolyn Purdy, who will be stepping down from their posts as club officers, for their service.

The next General Meeting of the Cycling Group will be on July 18, at 8:00 am at Sierra Pines. All residents who are interested in getting back on their bikes and riding with like-minded people are invited to attend our meeting and learn what we're all about.

...

Bocce

BY DAVID MOORE

There has been plenty of activity on the bocce courts as spring has changed to summer.

On May 21 was the men's only blind draw tournament although quite a few gals turned out to cheer for a favorite guy, be a flagger or indulge in donuts and coffee.

After a morning's worth of skillful play, the winners were determined. Mike Christie and Mike Bubico came in third, Paul Keck and Jerry Bice placed second with Jerry Frederickson and Jack McKinney winning.

Saturday June 4 was a historic day on the bocce courts as a 99th birthday was celebrated for the first time in memory by some of the fellow club members of June Trost, who were joined by many of her neighbors and family. The day before many bocce members participated in a golf cart parade outside her home. June is a regular bocce player and usually seems to have more energy and a bigger smile than many of us who are decades younger.

By the time you read this the Spring mini league will be history. The winners' names should be in the next Sun Senior News.

In an attempt to avoid the hottest weather there won't be a summer mini league and the Fall league will start in September.

That doesn't mean there won't be fun during the summer though with a Mixed Blind



Draw Tournament on July 9, a Mixed Choose Tournament on July 23, a Mixed Blind Draw on August 6.

The biggest social event of the summer will be the Caribbean themed casino party scheduled for August 19 in the ballroom at Timbers Lodge.

...

Croquet Club

BY GAIL DAILEY

Now that the weather has changed and it is hotter the schedule for allotted times has changed -

please check the board for your groups new time.

There are, at times, heated discussions as to what the rules are and so this might be a good forum to explain some that are lesser known. Let's look at "Ball in Hand"- You've hit your opponents ball, now you will take

(cont' on page 21)

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Croquet Club

(cont' from page 19)

off. I've noticed that at times we can be so concentrated on making sure the opponents ball moves they sometimes will tip their mallet to the side or edge which results in hitting both balls - this is a fault. You are never allowed to hit any ball other than your own with your mallet. Which includes the follow through. Additionally, the discussion as to whether or not the ball moved is not one that should take longer than a second. If unsure ask the striker "Did the ball move?" if the striker says, "yes" the discussion should end. It is the strikers call.

Note: Bert Donlon has offered to give lessons or pointers to anyone who is interested on Tuesday or Thursday mornings at 11:30-contact: brdonlon@surewest.com to set up an appointment.

Reminder the Thursday night Socials are for members and non members - bring an appetizer to share and your own drinks.

Shot of the month: Roy Sterns hit his and his partners balls from wicket 5 to 6 and got them both through the wicket - Wow! Pretty impressive.

See you on the lawn.

• • •

Cornhole Group

BY STEVEN GUSTAFSON

What do Bush's Best baked beans have to do with cornhole? Like Popeye's spinach, maybe they improve how you play the game? The answer is no, even for the professional players you see on ESPN. But they do improve the pros incomes. Sponsorships by Bush's baked beans and Johnsonville sausages are key reasons some of them made over \$200,000 last year.

Cornhole is a very informal game. The pros are informal in that they wear grunge clothes with sponsor logos. Sun City Cornhole is informal in that we have no dues and no meetings! To find out more about when and where we play, email gustafson.steven@gmail.com.

• • •

Pickleball

BY BOB VERZELLO

Welcome to new members Michelle Weeks, Elaine Casel and Dan Williams.

A neightteam, mixed-doubles Tournament of Champions was held by our club on Sunday June 5 after a rain delay and much work by everyone to dry the courts. Participants in the tournament were the winners from our club's earlier women's and men's tournaments. Separate rankings were kept for women and men. In order, the winning women were Pam Wingo, Kathy Hagawara, and Anne Burney. Winning men were Jim Azevedo, Rich Stecz, and Gary Pyle.

In late May, the SCRA Executive Board voted unanimously to stripe one of the lighted sports courts for multiple use by the pickleball and tennis clubs. The striping will enable one court to accommodate either one tennis or two pickleball games.

Volunteers are still needed to help with "Kids on the Court" July 29. Contact Linda Sanders at 916-208-8794 or Debra Davies at 858-395-8071.

As testimony to pickleball's growing popularity, Washington state made pickleball its' official sport. Governor Inslee signed the bill in March on Bainbridge Island where the sport was invented in 1965.

Here are more playing tips from our own members (who see all the mistakes we make):

Gary Pyle: During play, keep moving up to the kitchen line. Once there, stay there except to go back to get a lob.

Wayne Miller and Pramod Sarpotdar: When learning to play, give priority to just hitting the ball over the net and inside the court. Let the other team make the mistakes. As you gain experience, start to work on placement such as hitting the ball down the middle or to opponent's back hand.

Wayne and Gary intend to continue clinics for both beginner and intermediate players. Watch for notices at the courts and on our SCRA website for dates and times.

• • •



Winners of our club's Tournament of Champions. Rich Stecz, Anne Burney, Jim Azevedo, Pam Wingo, Gary Pyle and Kathy Hagawara.

SCR Table Tennis

BY DON WOODS

Featuring New Member - Henry Gonzalez. Henry was born in Madera, California where he lived growing up. He was introduced to table tennis in high school because it was offered in Physical Education classes. On some occasions, he played with his friends because some of them had personal table tennis tables.



One of the first observations of table tennis for Henry, was that it was more challenging than he realized. He discovered that positioning the table tennis paddle was very important in hitting the ball correctly and being able to return serves and make hits. He said that if you do not pay attention to the position of the paddle, you will not come close to returning the ball.

In Henry's experience with table tennis, he has observed the various levels of playing skill. He was amazed that some players have amazing talent and play at a high level.

When asked what do like about the game of Table Tennis? He said, "It gives you a phenomenal workout. I never imagined getting the workout that I got when playing this game. It totally surprised me."

Henry came to our Sun City Table Tennis Group at the Sierra Pines because he noticed a posting at the Recreation Center. He recalled how much fun he had playing table tennis. It had been 25 years since he had played.

The first time that he came to the Pines, he says the people were remarkable, extremely polite and welcoming.

Henry is a great addition to our Table Tennis group.

Roseville Sun City residents are invited to come for some physical exercise, fellowship, fun and/or to observe and explore.

We meet at Sierra Pines on Tuesdays and Thursdays from 2:00 PM to 5:00 PM; and on Saturdays from 9:00 AM to 12 Noon.

• • •

SCR Tennis Club

BY DIANE BARNETT

Meet Tennis Club Secretary Lynne Mellberg. Lynne was born in Santa Rosa, California, and grew up in Walnut Creek where she graduated from Las Lomas High School. After high school, Lynne worked in a variety of jobs and married her first husband, Dan, in September 1966. By December, Lynne and Dan were on their way to Willow Grove, Pennsylvania in a little Volkswagen where Dan was stationed in the Navy. After returning to California, Lynne opened a Day Care business in Livermore in 1980 called "Lynne's Lovables" which she ran for 31 years. Lynne says she loves working with children and keeps in contact with some of the adult children that she once took care of. Lynne and Dan have two children, Wendy and Scott who live in Livermore.

In 1990, Lynne and Dan divorced and in 1999, she married her present husband of 23 years, Dale Mellberg. Lynne retired her Day Care business in 2012 after working 31 years and she and Dale began looking for a home in the Auburn area. Luckily, they found their "perfect" home in Sun City Roseville and they moved in on April Fools Day of 2013.

Besides playing tennis and being Tennis Club Secretary for several years, Lynne

(cont' on page 22)



Lynne Mellberg

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SCR Tennis Club

(cont' from page 21)

is a member of the Bocce, Volleyball, and Pickleball Club. She is a volunteer for the Foundation and Citizen's Patrol where she serves as Shift Captain for 1 week every 11 weeks. Lynne and Dale still find time to travel throughout Europe and within the US. Lynne and Dale are the proud owners of 3 beautiful "red" vehicles, which include a 2016 Mustang, a 64 VW bug, and Dale's 2022 Ford Maverick. Lynne's goal is to stay healthy, continue to enjoy Sun City, and continue to travel. Great goals Lynne! Thanks for all you do!

...

He & She Golf

BY JULIE HARRIS

The annual He & She Spring Tournament at Sierra Pines was a big success. Thanks for all the hard work of the committee consisting of Rich Aug, Kathy Fowler, Kathy DeVito, Linda Ryan and Sal LaBrada who planned and carried out the event. At the awards luncheon in the Timber Creek Ballroom after a fun day of golf, the following winners were announced:

Flight A

1st place: Mark & Jo Anne Gregson, Johnice Swallender, Gary Pelzman

2nd place: Steve & Julie Harris, Pat & Maggie Altnow

3rd place: Jim Ryan, Tena Johnson, Bob & Pat Horning

4th place: Jack Moskewich, Toni Ulloa,

Dave Driscoll, Joan Meyers

Flight B

1st place: Jim Dachauer, Shirley Libis, Cary Diskin & Pam Wilkinson

2nd place: Bob & Monica Konkel, Fred Amador

3rd place: Don & Marilyn Meyers, Don Brooks, Heidi Gongaware

4th place: Ruby & Bev Warrington, Ron & Teresa Howard

Closest to the hole

Men -- Jack Moskewich & Jim Sherrard

Ladies -- Shirly Libis

Congratulations to the winners!

As a reminder the He & She Club plays on the 2nd and 4th Mondays of the month both at Sierra Pines and at Timber Creek. To sign up to play, go to the He & She website. You must be a member to play in the bi-weekly events so if you would like to join there is an application and instructions on the website.

...

Sierra Pines Ladies Golf

BY DEBBIE GEORGE

Our most improved players for the month of May are the following. First flight -- Barbara Simon; Second flight -- Pat Llapitan; Third flight -- Sharon Hearden; and Fourth flight -- Marianne Minkler. Congratulations ladies!

We had another new member join our ladies golf club. Please welcome Kathleen Westcott. She joined in late May. If you see Kathy on the course, please be sure to extend a warm welcome to her.

Some of our members recently attended another away tournament. This time North Ridge Country Club was the destination. Hope you all had a wonderful time.

Jan Rivera has reported the chip-ins and birdies for May. Let's start with the birdies first. May 4th Kathy Fowler on hole 5 and Carolyn Freese also hole 5. May 11 Valerie Wilson hole 7; May 18 Darlene Reber hole 5; and May 25 Kristi McCushin hole 9.

Chip-ins May 11 Valerie Wilson hole 7; Cathy Fluellen holes 4 and 9; Sharon Young hole 9. May 18 Marilyn Meyers hole 5; Hideko Gongaware hole 1; Joan Rose holes 2 and 3; and Darlene Reber hole 5.

First time scoring under 50 was Karen Shahoian on May 4 and Judy Benjamin on May 25. Both players scored 49. That's some great golf! Congratulations to all.

In June our shot gun times moved up a half hour earlier to 7:30 and 10:00. We will keep those times until October. New times will be announced then.

Upcoming events. July 20th we'll be hosting the 9 & 18 Hole Mixer. Watch for sign-ups and other details. July 27th is our annual Ice Cream Social. We love to show our support and appreciation for all ground maintenance team/crew. Be sure to sign up for that as well.

Remember, especially for our newer members, winter rules apply all year!

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Timber Creek Men's Golf Club

BY TERRY DOOLEY

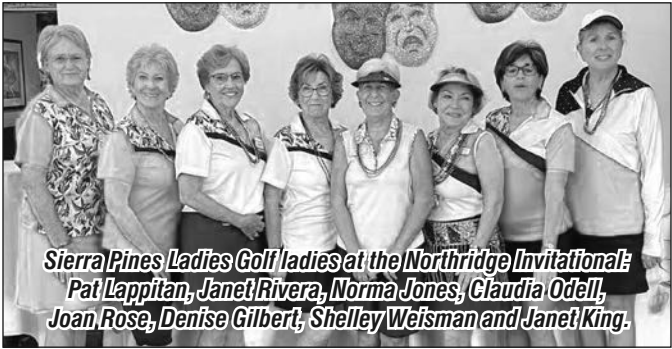
The golf courses are in good shape and the weather is getting warmer, so come out and enjoy a round of golf at Timber Creek or Sierra Pines Golf Courses.

There were two Hole-in-ones in May. Ed Van Patten got a hole in one on hole 6 on May 3rd and Gary Beckman got a hole in one on May 12th. Congratulations guys!

We've had several tournaments since the last publication. The Medal Play Tournament was held in May where every tee designation has an eventual Champion! This tournament was held over two days with many great matches.

Results are -- Club Champion -- Roger Exline; Feherty Flight -- John Raniseski; Faldo Flight -- John Quintel; and the Crenshaw

(cont' on page 23)



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Timber Creek Men's Golf Club

(cont' from page 22)

Flight – Chris Jacobson. Congratulations to all the winners!

The TCMGC held a “mixer” golf day last day of May. Lots of fun was enjoyed, and many folks met more of our club. We'll got to meet others we don't know as well, enjoy our favorite sport, and made new friends!

There are two tournaments in the month of June – NCGA Senior Four-Ball Qualifier and the Member-to-Member Tournament. As well the NCGA 12 Man Timber Creek began their three-month long tournament on June 2. Results will be published in later editions. Stay healthy and “Go Golfing!”

• • •

Timber Creek Women's Golf Club

BY BARBARA MILLS

Our Memorial Day Tournament on May 25 was very special this year. We gathered on the putting green for a tribute to the 77 members who have passed away over the years. There were flags, music, red/white/blue shirts, and several readings. Bobbi Dunk and Gail Quintel assisted by Lois Habein made commemorative rocks each painted with a white cloud, the name of the deceased, and the year of passing.



Gail Quintel and Bobbi Dunk

Members placed the rocks somewhere special along the course throughout play or took them home to put in their garden.

Congratulations to our Co-Captain Barbara Simon who broke 90 on May 4!

The Most Improved Players for May are Barbara Simon (1st Flight); Diane Dooley (2nd Flight); and Suzanne Myers (3rd Flight).

Our Handicap Championship Tournament was played over three Wednesdays in June and the winners will be announced in the August Courier article.

Kathy Casten reminded members to take a look at our website to see some updates. New photos taken by members in the past few months have been added to the Photo Gallery, so check them out and see if you are on Candid Camera.

We are looking forward to the 9/18 Hole Mixer with the Sierra Pines Ladies' Club on July 20th. There is always a big turnout for this really fun tournament so watch for information on when to sign up. It will be held on the Sierra Pines course with an 8:00 am shotgun start and a maximum of 72 players. Roxanne Warloe is the Chair



Barbara Simon broke 90!

and is planning a nice lunch in the Spruce Room right after play. If you have any questions, please call Roxanne at 916.749.3328.

Wishing everyone a happy and safe 4th of July!

• • •

Golden Niners

BY RALPH FRIEND

Our highlighted member this month is Gordon Rusaw. Gordon and his wife have lived here in Sun City for almost three years. He previously lived in Elverta (near Sacramento) for many years prior to moving to Sun City. Gordon worked for the railroad for over thirty-nine years before retirement. Prior to that he was an electrician. Gordon and his wife have two children, one of which is in Idaho and the other lives in Roseville. In addition, he has two grandchildren.

As a resident of Sun City, he participates in Bocce and Pickleball in addition to golfing with the Golden Niners. He became a part of the Golden Niners when he was encouraged to join by one of our current members. He began golfing when he was in high school (in West Sacramento) when his gym teacher introduced him to golf by hitting golf balls onto the sports field.

When I asked him to tell me about what he loves to do, he talked about playing the guitar with his wife. She plays a bass guitar along with him.

We are happy that Gordon is a part of the Golden Niners and like Gordon, you can be a

part of the fun as well. Come and join us! Just ask for an application at the Sierra Pines Pro Shop. Fill it out and turn it back in to them. It is easy and fast, so get your application in and join the fun!

May winners: \$43- Hubert Gladbach, \$42- Bob Schroeder, \$37- Ed Underwood and Duane Kruen, \$36- Sherm Walker, Don Meyers and Gary Pyle, \$34- John Geary and Jack Ramos, \$32- Bill Bernard, \$31- Jack Murphy, \$30- Doug Peck, A total of \$1,633.00 was awarded (the club raised the payoffs for our members!) Congratulations.

• • •

Billiards Club

BY BRUCE AHNBERG

The Billiards Club held its annual member dinner on June 22 in the Timbers Ballroom. The meal was tasty, and the members and guests provided good company. A new slate of officers assumed their duties beginning July 1, for 2022/2023. They are:

President-Ben Padilla, Vice President-Brian Carr, Secretary-Barbara Davis, Treasurer-Gerry Cristoni, Council Members-Tim Connolly, Jerry Crosby, Terry Satchell. Congratulations, and here's to a good year!

The billiards room is well utilized by both club members and the general Sun city population. The schedule for member-only play and open play is posted in the room. If you use the room, please sign in on the sign-in sheet on the cabinet near the front door.

(cont' on page 27)

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GIVING THAT LEAVES A LEGACY

Annemarie Angelo



Janet Wilson



This summer, PCF is celebrating the memory of two dear Legacy Society members: Annemarie Angelo and Janet Wilson. The legacies of both women were just launched at PCF's annual donor event, while surrounded by our close-knit community of givers. It was beautiful to honor them and their bequests. For many years to come, PCF will fulfill the charitable intent of each of these caring individuals by directing grants from their funds to make a meaningful impact in areas aligned with their passions.

Our community is full of generous and forward-thinking residents. PCF's Legacy Society is a home for finding inspiration and like-minded friends who give to express their values, passion and care. If you would like to explore options for charitable giving, Placer Community Foundation is here as a resource. We would love to work with you and your professional advisors to develop a personalized giving plan today, or through your estate plan.

Contact Jessica Hubbard, Philanthropic Services Manager, for a free, no-obligation, 30-minute consultation at jhubbard@placercf.org or 530-885-4920.



SUN SENIOR PROFILES *Getting to know you...*

Bob and Linda Krolick

(cont' from page 1)

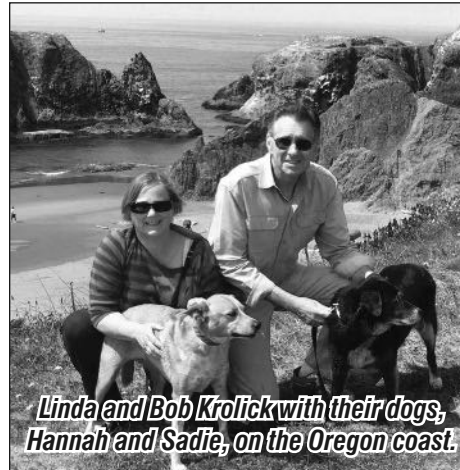
of Industrial Design, he was featured in an article in the Wall Street Journal for teaching a highly popular class in San Francisco State's Department of Design and Industry on How to Develop, Patent and Market an idea. This innovative course won both the Freedom Foundation's George Washington Award and their highest award, the coveted Meritorious Award for Excellence in private enterprise education.

One of Bob's students, Charles Hall, invited the class to view his project, a big cushion-chair made of plastic filled with gooey blue gelatin. Hall later became a multi-millionaire when he converted his chair to a mattress and replaced the gelatin with warm water, thereby creating the first water bed. Bob always told his students that the best inventions were the most obvious ones, the ones that seem as though you could have thought them up yourself.

A specialist in plastics technology, Bob told his students stories of his own about the foibles of product hatching. His own drawing board has yielded, among other things, a suitcase with sliding drawers, a collapsible fabric wind-generator for running appliances on a sailboat and acrylic hardware that is cleaner and less obtrusive than metal hardware. When making and selling the acrylic hardware became more lucrative than his teaching salary, Bob took a leave from San Francisco State University to market his acrylic products which sold like hotcakes. He's appeared on Good Morning America, the Evening Magazine and many Cable News Network programs.

Linda worked long and hard at getting the acrylic hardware business up and running while being a full-time mother. Once the kids were old enough, she transitioned back to her first love, art, and she also became a licensed practitioner in the Church of Religious Science. Bob took classes in Religious Science as well and credits its philosophy with helping him overcome many obstacles in life.

Throughout the years, Bob and Linda have shared a love for camping and road trips. They started out in an old Plymouth with a tent in the trunk and have evolved through a number



Linda and Bob Krolick with their dogs, Hannah and Sadie, on the Oregon coast.



Linda Krolick, holding her favorite painting.

of recreational vehicles. They still enjoy taking road trips in their 28-foot trailer with their dog, Hannah. They've been to Alaska several times, across Canada to Prince Edward Island, Nova Scotia, Newfoundland, and Labrador. When their son, David, was one year old, they traveled around the U.S. in a VW van. They camped in the Everglades and in most of the National Parks along the way. On that trip, they drove 33,000 miles crisscrossing the U.S. back in the day when they were a lot younger and gas was more affordable.

It's during their RV trips that Linda's other love (besides art) kicks in—photography. She's taken photos of elk, moose, and Grizzly bears fishing for salmon. On one of their trips to Fairbanks, she captured a shot of the aurora



Bob and Linda with their family in 2018.

borealis. What was interesting about this shot was that Linda couldn't differentiate the colors with her naked eye when she took the shot, but the camera lens picked up the typical aurora borealis colors of green and purple to everyone's amazement. This trip was also particularly memorable because they went dog sledding, sat in a hot spring sporting icicles in their hair, and visited a reindeer farm. "It was an adventure," Linda says with a smile.

When the summer in Roseville gets unbearable, the couple like to take their trailer up to the Oregon and Washington coasts to cool off and enjoy nature. "Oregon has some beautiful parks," Bob says. "They're right on the coast, dog friendly and there are many good seafood restaurants along the way." Right now, they're making plans to go to Bodie, an old California ghost town which is actually a state park left to decay naturally. They're also planning to visit their daughter and her family in Santa Barbara.

Bob and Linda have enjoyed the past ten years living in Sun City with its abundant activities and clubs. "It's been a great opportunity to make friends," Linda says. "And you can always keep busy. The role models, like people in their 90's still playing Mah Jong, are amazing. I'm a real believer in active adult communities like this."

Linda is a member of the Art Club and her watercolors have been displayed at their art shows. She also plays cards and Asian Mah

Jong with various groups and has recently joined the Bocce Ball Club.

Bob's retirement years have been filled with dreaming up new inventions. "It's a source of continuing satisfaction," he says. "I can't imagine myself doing anything else. It's what I'm naturally inclined to do."

In all, Bob holds 17 patents and has recently developed a lift assist device for retrieving individuals from the floor or ground. It's designed for use by EMT first responders. Four patents have been issued for this device and he is on the hunt for a licensing partner. It's obvious that inventing new things to benefit the world will continue to occupy Bob's fertile imagination while Linda's imagination will continue to produce beautiful works of art.

Einstein must have had both of them in mind when he said, "Imagination is everything. It is the preview of life's coming attractions." No couple in SCR exemplifies the use of their imagination in their everyday lives better than Sun City Roseville's own Bob and Linda Krolick.

Want to share your story or know a neighbor who should be recognized?

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The Pioneer Quilters Guild 2022 Quilt Show and Sale!

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Safety First — Avoiding Common Scams

BY ROB BAQUERA — Public Information Officer, Roseville Police Department

Overwhelmed by all the scam calls, emails and pop-up offers? Welcome to the club. Fraud is a thriving industry—the Federal Trade Commission received loss reports totaling \$5.8 billion dollars last year. With help from Consumer Reports, here are some of the most common types of scams, and how to avoid them.

1. You owe us money! “This is the [fill in the blank: IRS, Social Security, ABC Bank, XYZ Police department] and we’ve been trying to reach you about a [fill in the blank: warrant for your arrest, cancellation of your Social Security, freezing of your bank account.] Call us immediately!” If you talk to them, they’ll pressure you to pay immediately to prevent terrible things from happening. They’ll ask you to pay by unconventional means, like buying gift cards and reading the card numbers to them over the phone.

NOPE: Government agencies never call consumers about money owed or threaten arrest. No legitimate business asks for payment in gift cards—ever. Just hang up.

2. What a great deal! You’re scrolling through Facebook or Insta and you see an ad for something you want. You’ve never heard of the company, and you can’t find their address, phone number or refund policy, but the price is amazing, so why not? You pay with your credit card or Venmo...and the merchandise never arrives, or when it does it’s poor quality or some cheap thing you didn’t order.

NOPE: Don’t click on links in ads. If you’re shopping online, go to known, reputable businesses. You may not get “amazing deals” but you’re more likely to get the merchandise you paid for. Always pay for online purchases with your credit card—if you get defrauded, you can contact your credit card company to dispute the charge and potentially get a refund.

3. What a great job! Scammers prey on job-hunters, and they even post fraudulent jobs in popular job-hunting sites. Red flags include an employer sending you a large check up front, then claiming they overpaid you and asking you to refund a portion of it (their check will bounce); or asking you to pay them for work-related equipment and supplies. The actual job never materializes.

NOPE: Hiring applications shouldn’t ask for social security numbers or bank account information. Employers should never ask you to pay for training or work supplies or ask for refunds of checks they sent you. If you gave up this information, call your bank immediately to flag or freeze the account, and take immediate steps to prevent identity theft (here’s a link to the FTC for more information.) Be wary of “work from home,” “mystery shopper” and shipping/warehouse job offers. Look up the company online and check out their job page to make sure the job is legit.

4. What a great investment opportunity! You get a call from an investment adviser or even an acquaintance with a can’t miss investment opportunity. You’re going to get so rich! But you must act now, and you’ll pay with an unconventional method like wire transfers, gift cards, a Venmo account or cryptocurrency.

NOPE: Anytime you’re rushed into a



decision, promised huge returns, or asked to buy in via unconventional, untraceable methods, stop. You can check out whether investment advisors are properly licensed or have a history of disciplinary actions on the Security Exchange Commission’s investor.gov website. You can check out brokers at BrokerCheck.finra.org.

5. You won! You get a text, email or call telling you you’ve won a sweepstakes, lottery, gift card or iPad. The only catch is that you have to pay a small handling or administrative fee. They might even ask for your credit card or bank account number to pay the fees and transfer your winnings.

NOPE: Legitimate government lotteries or the Publisher’s Clearing House won’t ask for administrative fees or your account information. If you’ve fallen for this one, contact your bank and report the loss to the FTC immediately.

You’ve probably noticed similar tactics among all these scams. Their cover stories will change, but their methods won’t. The common red flags are:

- Offering something that’s too good to be true.
- Applying pressure, talking fast, threatening and rushing you into a decision. Scammers don’t want you to have time to think about what they’re saying, or time to talk to a trusted friend.
- Asking for sensitive personal information, like your social security number or bank account information.
- Asking for payment by unconventional, untraceable methods, like gift cards or wire transfers.

Arm yourself with information and a big dose of healthy skepticism, and you can protect yourself from even the cleverest scammers.

Astronomical Events for July

BY BILL WEAVER

Jul 4: Earth’s Aphelion - The Earth will reach its aphelion—the point on its orbit farthest (95 million miles) from the Sun; the opposite of perihelion when the Earth is closest to the Sun (92 million miles).

July 13: Full Moon - July’s Full Moon is known as the Buck Moon, Thunder Moon, Hay Moon, and Wort Moon. named after the new antlers that emerge from buck’s foreheads around this time of the year. The Buck Moon for 2022 is also a Supermoon.

Jul 28: New Moon - July’s New Moon is called the “New Sturgeon Moon”. The New Moon phase is the best time to explore the night sky, and find planets, stars, and constellations because of the lack of reflected light from the Moon’s surface.

Billiards Club

(cont' from page 23)

Our weekly Women-Only Session is held Monday mornings from 9:00 to 11:00 AM. This session provides both friendly and competitive games for our women members. The Tuesday Tournaments provide competitive games for both men-only and men/women members on



5/24/22 Men Only 8-Ball Winners:
David Zan and Ken Lane.



6/14/22 Men/Women 8-Ball Winners:
Bob Daly and Don Warden.

our four tables. Tournaments are held the first four Tuesdays of the month at 1:00 PM. There are both 9-Ball and 8-Ball tournaments, so check the schedule. The signup sheet is on the clipboard in the billiards room. Come and polish your skills against other competitive players.

Billiards is a great game with a history dating back hundreds of years. Come in and take advantage of our well maintained, high quality tables, and meet new friends.

Recent tournament winners include:

5/24/22 Men Only 8-Ball Winners: David Zan & Ken Lane

6/14/22 Men/Women 8-Ball Winners: Bob Daly & Don Warden

• • •

SCR Bridge Club

BY BRENCE DAVIS

Born in Washington, DC, Irene Lynn went to school at High Point College (now University) in North Carolina. She learned to play bridge there, and of course it continues to be one of her favorite pastimes. She has had an interesting and varied career, mostly in employment and training, mainly with 15 to 19 year-olds, for nearly 33 years. She helped get funding from different providers, for example, non-profits and

government agencies. She also worked at the Institute for Educational Leadership, part of the Labor Department, especially helping youth with disabilities.

Irene met her husband, Richard, at a party. He was stationed at Walter Reed National Military Medical Center in Bethesda, Maryland, during the Vietnam War. Married in 1971, they will celebrate their 51st anniversary this year.

They've lived here in Sun City for five years. Because she misses her brother, she has named her young Poodle/Cavalier King Charles Spaniel mix after him: Billy!

Earlier this summer, she and Richard saw family and friends near the District of Columbia, at their favorite beach in Delaware (where they celebrated a grandson's birthday), and in a visit to Florida. They have traveled through Europe, especially Rome and Paris. They've also visited Australia and New Zealand. Irene's favorite is the beautiful city of Singapore. Never ones to stay home long, they plan a cruise from Maryland to London in the fall.

At the June luncheon, Irene was nominated at the annual meeting to be the vice president of the Bridge Club. The result of that nomination will be known by the publication of this article. We hope it's Congratulations, Irene!

• • •



Irene Lynn and
her dog Billy.

Mah Jongg Club

BY LAURI MOORMAN

There was a great turnout at the Mah Jongg Luncheon and Play Day was held on June 24 at Sierra Pines, hosted by Dora Dummert, Mary Hunter, TM Lehmann, Jean Nakao, and Laurie Schuermann. The food was a Subway Box Lunch, with a sandwich, chips, a cookie, and a goodie bag, and the cost was \$11 per person. Everyone in the club were very happy that these wonderful hosts stepped up to provide us all with the chance to get together to eat and play in June. Thanks to all the hostesses we've had since resuming our luncheons last year!

On Friday, August 26, at 11:30 am, we will be having our Annual Club Luncheon and Play Day, at the Lodge Breakout Rooms. This is a free luncheon for members of the club, but in order to make a reservation, a refundable check for \$20 made payable to SCRMJC is required, along with your menu selection. Your check will be returned to you at the luncheon. The menu choices are a turkey croissant, a peppered roast beef sandwich, a chicken apple salad, or a vegan burger.

There will be free Mah Jongg lessons in the card room on the following Fridays: September 16, 23, and 30, from 9:00 am to 11:00 am. Since each class builds on the previous one, all classes are suggested. Sign-ups are required, so call Cindy Faulkner at 916-759-7068. Bring your activities card, wear your name badge, and

(cont' on page 31)

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*Using U.S. and imported parts.

SUN CITY HOMES SOLD IN 2022

SqFt/Model	Price Range
878 WILLOW	None listed on MLS
964 ROSEGARDEN	None listed on MLS
1102-1167 MEADOW	\$460,000-\$566,000
1198 TIMBEROSE	\$499,000-\$550,000
1323- 1343 ORCHARD	\$522,000-\$585,000
1334 ROSETREE	\$550,000-\$701,000
1476 COUNTRYROSE	\$569,000-\$641,000
1493-1547 SHASTA	\$555,000-\$803,000
1539 PINERY	None listed on MLS
1619 REGENT	\$630,000
1618-1781 CALVARAS	\$578,000-\$612,000
1638-1656 PARKLAND	\$617,500-\$650,000
1676 BAYWOOD	None Listed on MLS
1741 YOSEMITE (2 BED)	None Listed on MLS
1774-2029 IRONWOOD	\$688,500
1817 GROVE	\$615,000
1840-1896 PLUMAS	\$620,000-\$745,000
1869 YOSEMITE (3 BED)	\$612,500-\$805,000
2001-2032 SUMMIT	\$660,000-\$815,000
2231-2270 STONECREST	None Listed on MLS
2287 DELTA BREEZE	\$810,000-\$831,500
2083 -2283 SIERRA	\$755,000-\$785,000
2091 TURNBERRY	None listed on MLS
2362 HEARTHWOOD	\$899,000
2538 TIMBERLODGE	None Listed on MLS
2681 WILSHIRE	\$1,150,000

*statistics reflect MLS Data from 1/1/22- 6/1/22

Sun City Roseville 2022 Real Estate Trends

The real estate market has been in an upward trend this year. In January, eight homes sold in our neighborhood and the average price per square foot was \$374.54. This past month (May), fourteen homes sold and the average price per square foot was \$399.5.

At present, the market is in the midst of a change. We aren't seeing as many multiple offers and homes are staying on the market longer this month than prior months. While the market is still strong, it appears many buyers are choosing to 'wait and see'. The experts don't see this becoming a buyer's market any time soon, but there is a definite cooling in the air. The market isn't cold but the temperature is different. No one has a crystal ball. All we know for sure is that it is still a great time to be a seller.

Since this magazine publishes data submitted a month prior, please subscribe to my Sun City YouTube channel for weekly market updates and off-market homes for sale by using the link provided below or contact me and I will send you a link. Note: The data presented in this article reflects MLS data only. It does not account for homes sold off the market.

Sherri Walker

<https://www.youtube.com/channel/UCN6jmkbWjriWLSpWDDo3SIQ>



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Sherri.Walker@gmail.com
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Blue Oak Trees: A True-Blue California Native

BY AUDREY DAVIS - Placer County Master Gardener

Blue oak trees (*Quercus douglasii*) are native only to California, and have developed over the millennia adapting to the conditions found in our state. Blue oaks are drought resistant, fire resistant and are otherwise a well-adjusted and an integral part to our climate and ecosystem. Appreciating and protecting these majestic trees is not only rewarding, it can help maintain an ecological balance. Oak trees cool the ground with their canopy, clean the air, reduce erosion, and provide habitat for 600 species of mammal, birds, reptiles and insects. Here are some of my favorite examples of blue oak's extraordinary characteristics.

These gorgeous oaks have lobed leaves with more of a blue tint than its other mighty oak relatives. The blue oaks' blue-gray-green leaf color reduces heat absorption, making them particularly well adapted to heat that may stress other trees. These oaks can also survive temperatures above 100° F for several weeks at a time. When it is too hot, they can shed some of their leaves and go dormant, awaiting better weather. Guana, Forest. Plant of the Week. USDA. 2022 https://www.fs.fed.us/wildflowers/plant-of-the-week/quercus_douglasii.shtml

The blue oaks thick leaves make them somewhat fire resistant. Blue oaks can tolerate fast burning fire, but have a harder time



Photo by Audrey Davis

surviving hotter brush fires. When blue oaks do survive a fire event, they can reproduce both through spreading seeds on the cleared ground and by sprouting from burnt stumps. Lukes, Laura. The Blue Oak. The Real Dirt. 2019 <https://ucanr.edu/blogs/blogcore/postdetail.cfm?postnum=29462>

These resilient trees are very resourceful even in times of drought. Mature blue oaks have an extensive root system; their roots can grow through cracks in rocks to depths of 80 feet searching for groundwater. Their long history in California has allowed them to adapt to environmental changes and demands imposed upon them.

They grow slowly and handle even marginal soils. Blue oaks create islands of enhanced soil quality and fertility beneath their canopies that is considerably better than the soil in bare grasslands or under many other tree species.

Veteran's Memorial and Blue Oaks Parks in Roseville have 43 acres of green space, trails and places to ride your bike and view these trees and the wildlife they support. The blue oaks around town are picturesque, fit for a sunset photo shoot. They are an example of a successful native adaptation to a demanding habitat and extreme local climate conditions. When developing your yard, think to include native trees and plants to add resilience and benefit your land for years to come.

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Observations — Adventures in Telephoneland

BY MARTIN GREEN

Telephones used to be a pretty simple device. If you wanted to call someone you dialed a number. If you wanted to call someone long-distance, a rare event, you dialed an operator. If your telephone rang you answered it. That was about all.

Then along came cell phones, smart phones that did everything (and cost a lot), automated phone systems and robocalls. Beverly and I, being old fogies, stuck to our old landline phones, but a few years ago we both got cell phones called Jitterbugs, on the recommendation of AARP, as being designed for and easy to use by seniors. A nice feature of the Jitterbug phone was that you could call and the operator would get you a ride with Lyft, this instead of using an App, something which Beverly and I have never mastered.

We hadn't been taking Lyft rides for a long while, with Covid hanging over our heads, we hadn't been going much of anywhere. However, recently we both had dental and medical appointments. For the dental appointments we decided to get Lyft rides, Beverly got her Lyft ride there with no trouble but then had some kind of trouble getting through to call for a ride back. Luckily, a nice woman in the dental office volunteered to drive her back to Sun City on her way to her destination in Lincoln.

When it came to my dental appointment, I had a little problem as I couldn't get to the telephone keypad on my Jitterbug. I

used Beverly's and it worked, so I made it to the dentist and back. I then called the Jitterbug customer service and was told that both Beverly's and my phone were obsolete. Beverly's phone could be overhauled, which the customer service lady proceeded to do, but mine was beyond hope and had to be replaced.

My new phone came in a week or so with a little booklet called the "Quick Setup Guide." I followed the guide's instructions but when I came to the crucial point, the new phone wouldn't set up because, as I found out, it hadn't yet been charged, something the Guide didn't bother to tell me. Once the new phone was charged up enough, I encountered still another problem: I got a message saying the set up couldn't be finished, Error 2, call Customer Service. I was about to do so when I saw that another call was coming in, from my health care provider, Kaiser.

Going back a little, at the medical appointment mentioned above, my blood pressure was, as it always is in the doctor's cubicle, pretty high, so I was to get a phone call and see what my blood pressure was on my home machine. This was the phone call. I immediately burst out laughing and told the nurse (or person) on the phone that I was in the middle of a frustrating exercise to set up a new cell phone and was sure my blood pressure was at an all-time high. She understood, and when I told her that I'd previously taken my

blood pressure several times and it was OK. She said she'd pass on that information to my doctor. Then, it was another call to Customer Service, and this time the set up was completed. I tested the phone to see if I could get the phone dial pad and was successful. Now I hoped this would be true the next time I needed a Lyft ride.

Once again going back to that medical appointment. Kaiser began a new benefit last year, giving oldsters like Beverly and myself free transportation to such appointments. This was a nice and timely benefit for us. The only problem, as we discovered, was that when you called the transportation number you encountered an automated phone system you couldn't get past. For example, it asked you to press 1 for English or 2 for Spanish and when I pressed 1 it would repeat this over and over again. Finally, in exasperation, I asked to speak to a person and after repeated such requests finally broke through. I told her of my difficulty with their automated phone system and she said they were working on it. I was then able to schedule my ride and, what do you know, my ride, a Lyft, came at the appointed time and delivered me and my high blood pressure to Kaiser.

This took care of getting there; what about getting back? I asked the Lyft driver and she said that Kaiser would take care of it. So, after I finished in the doctor's cubicle, and was

to then go to the Lab to have my blood drawn for tests, I mentioned this and the nurse went and got a lady who was a "patients assistant", and she called the Transportation number and was told a car would be there in 45 minutes. She then went with me to the Lab and waited until my blood was drawn, and then we waited for my ride, which, what do you know, didn't come. So, at my suggestion, she again called the Transportation number and, like me, couldn't get past the automated phone system. Mindful of my experience, I told her to keep asking to talk to a person and she finally got through and then was told a car would be outside in four minutes. We went outside, held our breaths, and there came the car, another Lyft. So, I didn't have to spend the rest of the day (or life) at Kaiser after all.

One more thing. Beverly's appointment with her Kaiser doctor was for the next week and she had exactly the same experience as I had, only this time we knew to immediately ask to speak to a person. And, her Lyft driver coming back told her that often the instructions given on the place to make the pick-up were confusing, which may explain why in my case the first driver never showed up.

So, for the time being, that's the end of my adventures in telephoneland, but I'm sure there'll be more coming up so stay tuned in.



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10 DAY ALASKA From SFO! Princess	Jul 9, 2022	\$749	\$839	\$1,149
Ruby Princess ~ 3080 Passengers	Jul 29, 2022	\$799	\$895	\$1,399
	Aug 8, 2022	\$799	\$895	\$1,599
	Sep 7, 2022	\$948	\$1,062	\$1,732
	Jun 6, 2023	\$998	\$1,118	\$2,048
	Jul 6, 2023	\$1,498	\$1,698	\$2,448
	Aug 15, 2023	\$1,299	\$1,599	\$2,199
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*ROUND TRIP LINCOLN SHUTTLE TO SHIP!				
7 DAY CA Coastal from SFO! Princess	Oct 1, 2022	\$449	\$569	\$729
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Sail round trip from San Francisco, California to; Santa Barbara, California; Los Angeles, California; San Diego, California; Ensenada, Mexico; San Francisco, California.				
*ROUND TRIP LINCOLN SHUTTLE TO SHIP!				
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CST # 2033380-40 July 2022 edition

Mah Jongg Club

(cont' from page 27)

please no fragrances.

Some of us get together for lunch in the Timbers Restaurant at 11:30 am on Mondays, before we play, and at 12:00 pm on Fridays, after we play. You can play either day or both and all are welcome to join us for lunch.

Bunco

BY PAT OBERLANDER

Come join us 2nd & 4th Mondays! No training necessary, just luck. The cost is \$4 Sign-in starts at 8:30am and we start playing at 9am. Good way to meet neighbors and loads of fun. We'd love for you to join us. We're in the card room at Timber's Lodge. You don't have to commit to every time, but once you start, you'll be hooked. Come on down!



Bunco Winners!



Winners for May 9: Debbie Phillips, Yoshi Polgar, Terry.

Winners for May 24: Norah Bork, Jean Smart, Pat Oberlander

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ANNOUNCEMENTS

NEW DRAMA CLUB FORMING! Tuesdays 5:45-6:45pm beginning June 21st - in the Ballroom. Contact Susan Glover 530-388-6367.

WELLS FARGO RETIREE CLUB is reaching out to all Well Fargo Retirees. If you retired from Wells Fargo & are interested in joining us, please contact Katie Hiskens 916-212-1147 or Bonnie Luster 916-838-7173.

Classified Ads should be Emailed by the 12th of each month to: SunSeniorCA@gmail.com

**FREE ADS — INCLUDE

- ◆ First 15 words are FREE (for SCR residents only), additional words \$1 each
- ◆ ONE AD PER HOUSEHOLD, PER MONTH
- ◆ Any Real Estate or Business Ads are not free. Please see "Business Ads"
- ◆ Lost and found items/pets.

BUSINESS ADS

- ◆ Anything of a commercial nature, including pet sitting, real estate, rentals, timeshare/condos, etc.
- ◆ 15 words for \$25. Additional words \$1 each.
- ◆ \$65 for three months, same ad! (15 words only) additional words \$1 each

Classified Ad Submissions —

WHEN: By the 12th of the month, please email the information below to: SunSeniorCA@gmail.com

Subject Line should be SCR Classified and your Phone Number (Example: SCR Classified 916-123-4567)

1. Contact name and phone number.
2. Which category to place your classified ad in: (Service, For Sale, Wanted, Announcement)
3. Classified ad text - including the phone number you want readers to call.

SCR residents get FREE non-business Classified Ads; limited to 15 words; one per household per month.

Non-business Ad items include selling personal used items such as furniture, tools, books, rugs, electronics, personal car, golf cart, etc.

Business Ads include anything of a commercial nature or service, including pet sitting, real estate, rentals, timeshare/condos, any service etc.

Business Ads are 15 words for \$25 for one-month. Additional words \$1 each. (\$65 for three months for the same ad.)

If your classified ad is determined to be "business" related, we will email you an invoice that will allow you to pay immediately with a credit card, or mail a check.

*HINT on Word Counts: A "word" is anything separated by spaces, or as reported by word-process software like Microsoft Word.

If you have any questions, please email us at: SunSeniorCA@gmail.com



Since 1991
CALL US
FOR MORE
INFORMATION
ON THESE HOMES
OR FOR THE
MARKET VALUE
OF YOUR HOME
771-4177

BRE #01163699



WHY PAY 6%?



George Brown

*Experience
Makes a Difference!!!*

*Call us for an
Expert Home Price Evaluation
Recent Sales in Sun City*

4088 Rose Creek Road	Meadow	\$477,000
7027 Lost Lake Lane	Rosetree	\$520,000
4865 Winter Haven Way	Countryrose	\$530,900
7596 Timberrose Way	Rosetree	\$552,000
7280 Pineschi Place	Calaveras	\$560,000
5348 Sugar Pine Loop	Yosemite	\$612,500
7067 Cope Ridge Way	Shasta	\$630,000
232 Trolleybell Court	Summit	\$660,000
6241 Rose Garden Lane	Shasta	\$725,500
241 Clearview Court	Hearthwood	\$899,000
112 Timberlodge Court	Wilshire	\$1,150,000

CALL OR TEXT 916-297-3500 FOR A FREE CONSULTATION ON VALUE AND BEST STRATEGY TO ACHIEVE YOUR GOALS. WITH OVER 35 YEARS EXPERIENCE IN MARKETS LIKE THIS.

*All measurements and all calculations of area are approximate. All Sales from all MLS Brokers. Display of MLS data is usually deemed reliable but is NOT guaranteed accurate by the MLS. Buyers are responsible for verifying the accuracy of all information , Sales from all MLS brokers