

SUN SENIOR NEWS

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Greg Morgan – To the Rescue

BY JENNIFER MARTIN

Joseph Campbell, renown author of The Hero's Journey, once said, "A hero is someone who has given his or her life to something bigger than oneself." Sun City Roseville has had a hero living among us since 2018. His name is Greg Morgan and he'll deny six ways to Sunday that he's a hero, but, in actuality, he is.

Born in 1957, Greg was raised with six brothers and one sister in Southington, Connecticut, a small, rural town with apple orchards and a nearby ski area. He got into skiing when he was 12 and aggressively competed throughout the state until his love for music won out and he became a trumpet player. His passion for music brought him to Los Angeles at age 18, but when the band he was invited to play with broke up, he journeyed to Sacramento and joined the Freelancers, a Drum and Bugle Corps. For the next three years, he'd march with the Freelancers for half the year, then return home to Connecticut for the other half.



Greg Morgan and his dog, Rusty, at work.

When it was time to get a real job, Greg began driving trucks for Lucky Stores, which he did for 22 years. He also taught music on the side, got married and raised two sons. Steven, who lives in Sacramento, is in the medical profession and Brandon, who works for a graphic printing and design company, lives in Rocklin. Although the marriage ended after 25 years, Greg is on amicable terms with his former wife and sees his sons regularly. "They come over for dinner all the time," he says.

In 1992, Greg met a member of Ski Patrol, who invited him to go skiing. Once he got a glimpse of Greg's skill on skis, he urged him to join Ski Patrol, which involved first aid, avalanche control, rescue work, chair evacuation, and emergency medical treatment. This part of Greg's multi-faceted life lasted 22 years.

Meantime, he met a woman who managed an Emergency Room and knew of
(cont' on page 25)

SCR Foundation 2022

BY LISA CRYAN

At the Foundation's November 4th board meeting, we welcomed SCRCA's new Executive Director, Geoffrey Browne. We introduced our board members and shared information about our mission, programs, and services. As the Foundation is a non-profit organization, we are totally independent of the SCR Community Association and are mindful of the need to operate as a separate entity. Nevertheless, we do share a common goal to support the residents of our community and we look forward to forging a partnership with Geoffrey in the future.



SCR Foundation Fun Fact: The Foundation is run solely by volunteers from our community—with over 40 regular volunteers in 2022 alone! Our Home Maintenance program consists of 11 rotating 2-person teams who have performed over 1,300 services this year. Behind the scenes, we have an equally hard-working team of 7 phone volunteers who monitor the Foundation's voicemail box and assist residents with maintenance requests and answering questions. Of course, our board members are all volunteers, and we rely on many other volunteers to help with our events. Our
(cont' on page 31)

Sun City Harmonicoots

BY LINDA AUG

Hello. I am Joe Harpy. I belong to Joe Lopez. I met Joe years ago; however, I had eyes on him for a very long time before he took an interest in me. I had to be patient because Joe preferred singing and dancing. Go figure. It was love at second sight when Joe finally picked me up. Now he takes me everywhere! He puts me in his pocket before he leaves the house. I go to the tennis courts, and the baseball field!

Joe takes me to a place where everyone plays sounds with harpies that look just like me! Joe says they are "Coots." I say they are FUN! We also meet with people who all make noise like me, but we all look different! Joe calls them "ATU." Joe and I have a wonderful time there too! I have a big musical family now.

Yeah, Joe calls the shots. Sometimes he sets me aside and uses his voice to make sounds. I understand in Sun City it is Joe's voice that opens the first verse of "God Bless America." Joe is an entertainer, but I cannot take all the credit. Besides making sounds with his voice, he has feet that tap. Sometimes Joe wants us to be a big family and brings us all together to make people happy.

I have a full social life with Joe because he introduces me to all his friends. Recently we made sounds for the He and She Golf



Joe Lopez "The Entertainer"

Club and the Veterans Club. We also made sounds in the Timbers lobby on October 18th. People used their voices to join us! Such fun for Joe and me.

On December 6th I will be outside the ballroom making holiday sounds for the Ladies Golf Club. The next day we are performing at Pearl Harbor Day. I need to rest but Joe just put me in his pocket again --- so here we go! Harps Up!

...

Sun City Singers

BY JACKIE PROETT

It's December and "OH, WHAT FUN!" Our Christmas Concert, takes place at 7:00pm, in the Ballroom on Monday, December 5. The tickets are \$15 and ticket Chairman is Gail Hixson, 209-479-2981. Tickets are going fast.

The Singers savor our winter Concerts. They give us the opportunity to warm and cheer a cold, dark world. We offer memories of family, tradition, peace and love. We hope to be the first to wish you a Merry Christmas!

Christmas isn't a time, it's a place. It's a place to celebrate the birth of the Christ child and still enjoy sitting on Santa's lap. It's a Safe House to protect us from wars, hunger, fear and hate. Here we can remember goodness and the chance to make a new start.

The Singers will be making a new start on Monday, January 12, at 2:30pm., back of the Ballroom. All of you who saw our concert and want to join, can do so on that date. Come, try us out. You'll get to see all
(cont' on page 5)



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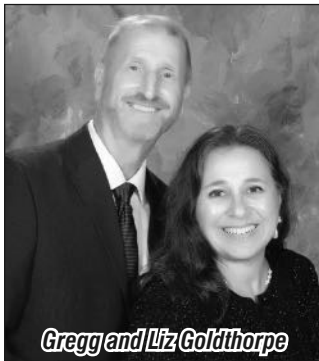
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SUBMISSIONS

The Sun Senior News - Roseville welcomes announcements from social clubs, schools, charitable organizations, non-profit organizations, local government and community events. Also, editorial contributions as well as articles, cartoons and photographs are welcomed and considered for publication. Deadline for submissions is the 15th of each month. Please submit via email to: SunSeniorNews@gmail.com

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From the Editors

FROM OUR FAMILY TO YOURS — HAPPY HOLIDAYS!



EMILY, BEN, LIZ, GREGG, MADISON, NICK AND LAKEN.

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Sun City Singers

(cont' from page 1)

our Spring Concert music.

The picture you see is from our October Fest party, Oh what fun! Instead of a Christmas party, this year, we will probably have a celebration in January. Believe it or not, The Singers will have been a Chartered Club in Sun City for 25 years in 2023. Now that's something to celebrate!

We've had a successful year. Our concerts have been filled. We are blessed to have veteran members who make our Board strong and we have new members who are creative and giving us new ideas. Most of all, we are blessed to have Paul and Andre who make music a joy.

It's time for our Winter Nap. Merry Christmas!



• • •

Music and Laughter

BY JANE BOHN

Another fun hour at Music and Laughter. We'd like to express our heartfelt thanks to all our entertainers who kept our audience enthralled; Jan Givens, Joe Givens, Elton Pamplin, Jean Stephens, Lisa Marie Bohn, Dennis Hellman, Ray DeBenedetto, Gary Mills, Ken Roberts, Kim Meier, Peggy Wells, Jan Montero and Ed Lick. Our exuberant prize winners included Helmug Jacobi, Celia Longworth, Rimi Mogannam, Cal Connley, Kim Meier, and Elton Pamplin. Our heartfelt wishes go out to all our musicians, singers, jokesters, fan club, and steadfast helpers, Maria Hajgato, Arlette Bennett, Jill Aggersbury and Nancy Stetz for the merriest of holidays filled with lots of Music and Laughter. Looking forward to seeing you all again at our next gathering Wednesday evening 7pm January 11, 2023. Don't forget your \$1 entrance fee for the raffle at the end of the show. For those of you who have not tried us out yet we hope you'll ask around about this group and come over to Sierra Pines Lodge, corner of Del Webb Blvd., and Whistlestop Way for a fun hour of Music and Laughter.

• • •

All Tuned Up

BY BARBARA MILLS

All Tuned Up Band presented a fantastic variety show, "October Zest", October 13 at Sierra Pines.

President Ken Roberts welcomed a sell-out crowd of 170.

Among a mix of



classic, country western, blues, and rock and roll, there were several sing-a-long songs. Joe Lopez led the "Patriotic Medley."

Velvet Groove Band presented great "blues" steered by Kenny Giorgi's and Glenn Burleson's lead electric guitars, Bruce Ahnberg held down the bass line, Gary Mills complemented them on his acoustic guitar.

Ted Ball sang a hilarious comedy song "Puttin' on the Style". Ted is only 95, still loves to perform and the audience loves him!

Female vocalists captivated with Cory Blasser belting out "16th Avenue" and "Georgia on My Mind", Judy Hackett bewitched with "Autumn Leaves" and "Goldfinger", Peggy Wells soothed us with "Moonglow" and "Crazy", Cheewa James dramatized her "Summertime" vocal, Gerry Capellino sang "Moondance" and brought the house down with "You May Be Right"!

Male vocalist Dale Mellberg crooned "Scotch and Soda", Ken Roberts serenaded "A Summer Song" and "Jean", Charlie Kidd mastered "Could I Have This Dance" and "Heartbreak Hotel", Kenny Giorgi nailed "Black Magic Woman" and "The Weight".

Kathy and Henry Koong's harmonica duet, "La Paloma", was delightful. Kathy's "Stardust" harmonica solo accompanied by Gary Mills' guitar was pure enchantment. Jean Duffin's and Patti Falkenberg's "You Talk Too Much" was spirited and comical. Singers

Carolyn Winter, Arlene Bailey, Letha Dawson, and Peggy sang "Will Ye Go Lassie Go?"

Ukulele players Rebecca Hellman, Gordon Bjonerud, and Sandy Blaisdell roused the crowd to sing "When the Red, Red, Robin" and "That's Amore". Guest artist, Frank Vanacore, accompanied them on his uke while taping the entire show.

Band percussion was anchored by Bill Muncy and ably assisted by Lem Lapitan.

Next show is April 1, 2023. Save the date.

• • •

SCR Dance Club

BY LENORA DAVIS

The holiday season is here and time for a little good cheer. Don't miss out on all the fun before the end of this year.

Speaking of fun, I hope you have purchased your tickets for the annual holiday dinner dance on December 6. The event is held in the ballroom and doors open at 5:00pm with dinner and dancing until 10:00pm. As usual, there will be performances by line dancers, tap, jazz, and cloggers. There will be music for everyone to enjoy and dance to. Now, doesn't that sound like fun!

Speaking of fun, everyone certainly had fun at our October "Dancing through the Ages" party, featuring the ever-popular Crystal Image Band. Costumes were encouraged and many participated, as



you can see in the photos. (See photos—Karen Munsterman – Country Couples and Kathy Westcott – 50's style; Jan Killingsworth – contemporary dressy, Jan Suoto – 60's groovy, and Dona Sorenson – Sun City chic).

Don't miss out on the January 16, 2023, Line-1 dance social. Bill Swayne will DJ this event and it is sure to be a crowd pleaser for all Line dancers from beginners to the more experience.

Also, a reminder – no dance classes are held in December.

• • •

Second Act Studio Drama Club

BY LENORA DAVIS

The Second Act Studio Drama Club is in full swing and already looking forward to a new line-up of productions in the coming months.

If you saw our November 21 inaugural performances, you know we are awesome, and you could

be part of the awesomeness by joining us. Our next meeting is on January 10 at 6:00pm at Sierra Pines. So, mark your calendar to join us and see what we are planning for 2023. No acting experience is necessary, and acting is not even required if you would like to serve an auxiliary function.

Speaking of awesomeness, let me introduce two of the directors involved in our November production and our current production titled Santa Flunks Retirement. Chris Poppelreiter has 25 years' experience, including director of Sunrise Community Church drama ministry, which performed short sketches and dinner theater productions and "Bethlehem Village" – a costumed outdoor event. She directed our "Tina Latigo Rides to the Rescue" radio play. If you saw that, you can appreciate what she adds to our drama club.

Judy Hackett claims that she was a "drama geek" in high school and performed, directed, and served as stage manager at various times. She also sings with local musicians and even once owned a café music venue in San Jose. She is excited to be a member of the SAS Drama Club.

This month she is directing our "Santa Flunks Retirement" play, a hysterical play performed by our cast of experienced actors, which is scheduled to be presented for three clubs here in Sun City. If your club would be interested in having us entertain you with one of our short productions in the future, or if you have questions, call Susan Glover at 530-388-6367 or Lenora Davis at 707-350-1357.

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(more Club News cont' on page 6)

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Fine Arts Club

BY NANCY VAVUL

Many thanks go to the Needle Arts Club for including us in their spectacular Holiday Craft Fair on November 5. The crowds were bustling and the cash was flowing as shoppers picked up their one-of-a-kind treasures. Thanks also go to all who worked and shopped making this event very special. I hope we are all ready to continue on through this festive season.

If you have not signed up to attend The Eleven Days of Christmas luncheon on December 8, we are accepting reservations and payment through December 2. This event will be filled with good food, fun surprises, and lots of holiday cheer, so be sure to reserve your spot. Also, remember to bring an unwrapped art supply-type gift to be given to the Children's Bereavement Art Group. We are so grateful we can share our bounty with this deserving group each year.

Since there are no classes during the month of December, you will have plenty of opportunity to enjoy open studio time. Perhaps the Holiday Craft Fair inspired you to create some masterpieces of your own just in time for giving gifts, or perhaps you need just a little time away from the hustle and bustle to escape into your art and get your creative juices flowing. In any case, take advantage of the opportunity. There will likely be others joining you, so you might regard this as a chance to get to know others in the group outside of a more formal class. You can also sign up for

the many classes that will resume in January. Be sure to check them out.

We are all sending you our best wishes for a blessed holiday season.

...

Needle Arts Club

BY CJ KIDD

I am extremely happy to say that our Holiday Craft Faire was an enormous success. The vendors were pleased with the great turnout. Shoppers left with smiles on their faces and laughter in their hearts. I would like to thank everyone who worked so diligently toward a successful event. A special thank you to the Co-Chairs, Barbara Davis and Carolyn DeSantis for their leadership. Thank you to all the members who worked diligently to make it happen. Thank you to the members who donated baked goods for the Bake Sale and thank you to all the members who assisted in the wrapping of the baked goods and being cashiers for the patrons. There were many, many helping hands making this an enormous success. A big Thank You to everyone.

I wish everyone a Joyous Holiday Season. It is a marvelous time of the year for you show love and laughter to everyone that crosses your path. Have a Wonderful Healthy and Happy Holiday.

Now is the time to bring the year 2022 to a close and welcome at all the possibilities of 2023. The Needle Arts Club has exciting programs planned, inspiring classes to attend, a fun Fashion Show to enjoy and a creative Tea

(cont' on page 9)

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Neighborhood Watch/Citizen Patrol

BY LINDA VINCENT

Holiday Safety Tips — “Safety first,” goes the old adage, how many of us have accidentally left the stove on, a window open, forgotten to lock the door on the way out, or last, didn’t wait to see if the garage door closed?

Let’s face it, we humans are a distracted a lot. This is no more evident than around the holidays – with the parties for hosting and marshmallows for toasting and... well, you know the rest. In this most wonderful time of the year, it’s easy to forget one very important step: Keeping your home safe.

Here are a few key holiday safety tips to ensure a safer holiday season, whether you’re staying home this year or traveling elsewhere. Because as much as we know the holidays can be stressful, we also know that dealing with an accident, burglary, or some other calamity in the middle of it all can be downright devastating.

If you’re traveling, be careful who you tell. We’re surely not the first to tell you not to post your travel plans on social media. But seriously, don’t! We strongly advise against publicizing details about your holiday travel, especially where you’re going and how long you’ll be gone – with the exception of that friend or neighbor you trust and who has agreed to look after your place while you’re gone.

If you don’t have a security system,

consider getting one.

Security systems have been giving us an ongoing gift as long as we’ve been homeowners: Peace of mind. The convenience of modern systems, with cameras, sensors, remote monitoring and two-way audio, allow us to enjoy our time away without worrying we’ll miss something and can spook anyone who doesn’t belong there is definitely a deterrent. Sixty percent of studies indicate that the presence of some alarm or security equipment would cause them to abort their plan and seek another target?

Other Tips —

- (1) Smart lighting & setting timers
- (2) Park a car in the driveway (looks like someone is home)
- (3) Stop your mail & papers – buildup of evidence states “we are not home”

Don’t Get Too Ambitious in the Kitchen

Between 2012-2022, cooking was the leading cause of reported home fires, and the second leading cause of home fire deaths. And not surprisingly, the risk heightened considerably around Thanksgiving and Christmas. If you remember nothing else, remember this: Never keep food unattended while you’re cooking. This goes for any cooking, but especially for a big, traditional meal like Thanksgiving or Christmas.

See you in 2023!

Sunshine Services “We’re Here to Help”

BY PAT TEILH

Sunshine Services important phone numbers: please keep these phone numbers handy in case you need them in an emergency.

Caregiver Relief/Individual Care call Linda at 916-886-2717.

Medical Equipment loans call 916-367-1695, leave a message with your name, phone number and what type of equipment you wish to borrow.

Dial-a-Ride tickets will be delivered to your home by calling Donna at 916-952-0510 or Pat at 916-521-9729.

Services not covered by Sunshine can be found in the Courier on the page labeled “Resident Services and Notices”. Services offered may include pet care, grocery shopping, rides to appointments, notary public or technology help.

Other Important Programs Outside Of Sunshine Services —

Solid Waste assistance Program: If you are physically unable to place your garbage and green waste containers at the curb for collection, you may request that the driver retrieve the cans from your driveway, roll them out for service and return them to their original location near your driveway. Call 916-774-5302 for this service. Let them know you are inquiring about the SOLID

WASTE ASSISTANCE PROGRAM.

To request mail delivery at your door, you need to write a letter requesting this change and attach a statement from your doctor. Send this doctor letter and your request to the post office that delivers your mail for approval. Address the request letter to POSTMASTER, U.S. POSTAL SERVICE, ROSEVILLE, CALIF. 95747.

If you want to keep your December filled with Holiday traditions, here’s a quick list of ideas for you!


- National Holiday Lights Day (Dec. 1st)
- Make a Gift Day (Dec. 3rd)
- Santa’s List Day (Dec. 4th)
- Holiday Card Day (Dec. 9th)
- Gingerbread House Day (Dec. 12th)
- National Ugly Sweater Day (Dec. 17th)
- Humbug Day (Dec. 21st)
- National Cookie Exchange Day (Dec. 22nd)
- National Holiday Movie Marathon Day (Dec. 23rd)
- National Eggnog Day (Dec. 24th)
- National Pumpkin Pie and Mincemeat Pie Day (Dec. 25th)
- National Thank You Note Day (Dec. 26)
- National Candy Cane Day (Dec. 27)
- National take gifts back to the store Day (Dec. 28)
- National celebrate the New Year Day (Dec. 31).


Happy Holidays and I hope the best for you in the New Year!


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Happy Holidays!
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As we enter a season of holiday parties and community gatherings, we wish to extend blessings and good tidings to you and yours. We thank you for sharing your referrals, and for including us in your real estate journey. It has been our immense pleasure! Our very best wishes to you and your family for health and abundance in the coming year ahead!

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Needle Arts Club

(cont' from page 6)

and Tables Program to attend, 2023 Holiday Craft Faire and A Holiday Home tour. We have so many fun and enjoyable activities for you to create memories for yourself.

The first General Meeting in 2023 is scheduled for Wednesday, January 4th at 1:30 in the Timber's Ballroom. The program will be inspiring and enjoyable. The program will feature Nancie Wiseman Attwater who is a retired nurse and has written many books on sewing, knitting and crocheting. She also teaches sewing in prisons—Jail Journey Sewing Behind Bars.

• • •

Creative Arts Club

BY CAROL KOVACH

Mary Mentser creates wild and whacky creative pieces of pottery. Using hand-building techniques she recently painstakingly covered a human-sized pottery bust with small dainty colorful flowers. How about an extra-large pottery pizza. Her interest in geometric designs led her to create a cupboard door covered with gears. She has always been fascinated with “things that move” and loves fixing things. She has a large collection of tools! Other items in her pottery portfolio include fairy houses, character elf faces, rain sticks, statues, anything that takes her fancy. Mary served as CAC treasurer before the pandemic.

Mary is the second eldest of thirteen children growing up all over the United States as her father was an aerospace engineer, although she calls herself a California girl. Mary became a Registered Nurse in 1974 after attending Golden West College in Huntington Beach. She began her nursing career in pediatrics at Children's Hospital Los Angeles where she met her husband Mark, who was doing his residency in kidney dialysis for children. Married in 1977, they moved to Ohio (where he was from) and where she later received a BA in business in 1990. They both worked in pediatrics in Ohio, creating a special children's kidney dialysis unit, where Mary trained the nurses.

Mary has always liked crafts and painting. While working at Children's hospital in Los Angeles she painted five windows with favorite children's themes such as R2D2 and Santa in

her pediatric unit,

But, after twenty years they decided it was time to come home, to California and family in 2013.

• • •

Cinema Group

BY BRIAN SUTTON

'Tis the season, and a lovely reason for a holiday break. No meeting in December—Best wishes for a fun-filled holiday season, and a healthy, happy new year!

Join us for the January 2023 movie. Friday, January, 20, at 1:30 pm in the Spruce Room at Sierra Pines. As always, admission is free!

The Cinema Group is interested in showing those movies that you would like to see. If you wish to suggest a movie, or have a question about the Cinema Group, please contact Brian Sutton, 916-482-6393.

• • •

Roseville Stamp Club

BY TIM MILES

With no meetings scheduled this month due to Holiday bookings, we await the scheduled January Club meetings of Tuesday, January 10 and Tuesday, January 24, both at 6:30 at the Sun City Roseville Lodge.

We also have our dinner scheduled for Thursday, January 19 (cost is only \$20) with a menu similar to the last get-together, which, before COVID, was a roaring success. We need a commitment of 20 attendees NLT Dec 31, 2022 with full commitment by early January.

Our annual dues are being collected (\$20 annually or \$100.00 lifetime). Contact our treasurer Bob Simonoff thru Al Caparelli (916-771-8288) or email AlRaub (acraub.cal@gmail.com). Also, know that Amer. Philatelic Society (APS) is offering new members only annual dues of \$38 instead of \$48. Contact Al Cap for forms and instructions.

We have recently accessed a wonderful collection, mostly mint, of Great Britain, Australia and New Zealand which Al Cap has been offering to members. It is full of scarce stamps.

He is still doing personal updating of individual collections for members on a “one-on-one” basis to level out your collections and get you focused on a particular direction you want to go with your particular hobby. Call him for an individual appointment.

We always have all the paraphernalia you need to set up your collections in the best way.

Lastly, the Club wishes everybody a wonderful Holiday Season and “Good Health” in the New Year.

• • •

International Social Group

BY CYNTHIA SINDREY

The recent November event for the International Social Group was a catered Chinese dinner followed by an amazing presentation by Steve and Amy Chow who told us all about Mooncakes and we even got to taste them. We had a great turnout and even had two tables of guests from Roseville Kiwanis. The evening was enjoyed by all who attended, and the Kiwanians said what a friendly and interesting group we are then asked if they could attend more meetings. They were told that as guests they could attend 6 meetings a year which is all we have anyway. The next day there was a Kiwanis lunch meeting and all who attended our event put money in the pot to say “Thank You” for a great evening with us. This money goes to help children locally and all over the world so we did a good thing.

Since our next event is Saturday, January 21, 2023 at Sierra View County Club in Roseville. (Rides will be available). We will be having our traditional ‘Bringing In the New Year Party’ with a no-host cocktail hour including hosted hors d'oeuvres, a 3-course dinner, entertainment by ‘The Cocuzzii Duet’ so bring your appetite, singing voice and dance shoes for one of our best events of the year. Details will be in the form of a flyer that will be mailed and e-mailed to our members and also available on the rack in the Lodge.

For further information about our group or events please call: Cynthia Sindrey; President - 916-773-5151 or Charlotte Sloan - Co-President: 415-279-3012.

• • •

Solo Friends

BY CATHY SCHIMANSKY

December is a time for remembering old times and creating new memories coupled with expanding your “flock of friends”.

Beginning with the Solo Friends December holiday party on December 13 and continuing into 2023 with the January 9, 2023 general meeting, Solo Friends members have multiple opportunities to expand their “circle of friends”. Most people, especially seniors, have a few close friends whom they depend on as confidants. With a diverse group



like the Solo Friends membership there is an opportunity for all to expand and create another level/second tier of acquaintances who eventually become new friends.

The four council officers of Solo Friends hope that not only our current membership of 140 members continues to grow in the coming months but also hope that both new and former members will develop new friendships by being proactive and hoping to transition acquaintances into friends.

The Solo Friends December social focuses on holiday traditions and some long revered memories of special Christmas stories and fairytales as well as favorite movies. Who can forget the famous line “Every time a bell rings an angel gets his wings”. And the Solo Friends holiday party will include a party favor for attendees that will help them recall that memory in years to come.

The December social will be held at the Sun City Roseville Timbers Ballroom. The event includes a fully catered sit-down plated dinner, holiday Christmas carols singing, and music provided by a local DJ company.

Solo Friends council members have already planned the 2023 dates for both the first Monday of the month general meetings and third Saturday of the month Saturday socials. The first general meeting of 2023 will be held in the Timbers ballroom on Monday, January 9 and the topic will be a “happy and healthy” New Year involving an audience participation program. Sun City Roseville residents who are not current Solo Friends members can attend our monthly general educational/informational meetings free of charge. The monthly catered dinner socials are limited to Solo Friends members and their guests.

In this time of creating new memories and making new friendships, Solo Friends will always focus on creating the opportunity for companionship whether at the twice a month meetings or at our small group game member home gatherings. Happy Holidays to All!

• • •

(more Club News cont' on page 10)



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Boomer Generation

BY SUZANNE CROWDER

We hope everyone enjoyed their Thanksgiving and is busy getting ready for Christmas. Since I like to go on vacation you had nothing to read in the November, but I wanted to mention The Disco Ball was a blast. Check out all the pictures on the website. The costumes were awesome and I've never seen so many people who never sat down in-between songs. As for the November 16 and 17 event, Pasta Bingo was another huge success. This was a group of people doing what they like to do best, eat, drink and play games. The is best definition of what we do in the Boomer Club. You just can't go wrong with pasta and bingo. We'd like to give a shout out to all that helped. You make all the board and council members look good, so thank you.

Now on to 2023. We have a lot to look forward to. We'll start the year off January 28, 2023 with our "Starry Nights Ball". You'll start the evening off with a fun way to take your



Disco Ball 2022!



pictures, so be sure and dress accordingly. As usual we'll have the No Host bar, fine dining dinner and a band that will keep you dancing through the night. Watch your eblasts for more information. Tickets go on sale January 1st at Courier Days.

Our website is updated with all the current SIG leader's information so be sure and visit it. Also, under the Save the Date Icon is the complete year at a glance of the 2023 gatherings. So mark your calendars so you don't miss out.

Your Boomer Council. Happy Holidays! Merry Christmas! Happy New Year!

...

Jewish Fellowship Circle

BY LOIS ARLEN AND KAREN LEVINE

As we are ending the year, we will finish with two events: One will be the Book Club meeting on Monday, December 12, 2022 at 7:30 PM at the home of Ruth Elkins and Ray Seamans. The book that will be discussed is Moving Day by Jonathan Stone.

The other event will be celebrating Chanukah with the Jewish Fellowship annual Chanukah dinner on Tuesday, December 20, 2022 at 6:00 PM with a delicious dinner and then a White Elephant Sale. Come and join the fun!!!

The eight day Jewish celebration known as Chanukah commemorates the rededication during the second century B.C. of the Second Temple in Jerusalem, where according to legend Jews had risen up against their Greek-

(cont' on page 15)

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City Distributes \$350,000 in American Rescue Plan Act (ARPA) Funds to Area Non-profits

The City of Roseville received \$17 million in one-time funds from the American Rescue Plan Act (ARPA) of 2021 to assist with City and community needs. The Roseville City Council allocated \$1 million of these funds to the Roseville Grants Advisory Commission for distribution to the Roseville community over three years.

The first year of grant awards from the ARPA funding totaling \$350,000 was approved by the City Council at its November 3, 2022 meeting. The Grants Advisory Commission reviewed the grant applications and made funding recommendations to the City Council using the current commission guidelines which follow the City Council budget priorities.

The following are the organizations and their projects or programs funded in the first round of grants from the ARPA funds.

Organization Project/Program Approved funding
 Take Not Troupe, Inc - Capital Improvements for TNT Growth \$25,000
 Compassion Planet - TAY Mentoring Program \$50,000
 Child Advocates of Placer Co. - CASA for Roseville Foster Youth \$24,000
 Placer Co. Law Enforcement Chaplaincy - Critical Incident Chaplain Services \$30,000
 Blue Line Arts - Arts Education Support \$20,000
 Volunteers of America-NCNN HomeStart Playground Project \$56,000
 Seniors First - Senior Nutrition Program \$23,333
 The Petal Connection - Operational and Mission Support \$20,000
 Placer Food Bank - Post-pandemic Hunger Relief \$20,000
 Sierra College Foundation Student Support - Workforce Development \$33,333
 Keaton's Child Cancer Alliance Paths to Wellness Beyond Pediatric Cancer \$11,667
 Health Education Council Peers - Helping Peers Roseville \$23,334
 AMI Housing, Inc. - Roseville Housing & Supportive Services \$13,333

In order to distribute this cycle's ARPA funding prior to the end of the calendar year, an off-cycle grant application and review process was developed. Non-profit programs awarded funds in the regular FY 22/23 grant funding cycle were not awarded duplicate funds. Priority was given to applications that requested \$20,000 or more for one-time programs or projects, and operational support for new programs or expansion of current programs.

The remaining \$650,000 in grant funding will be distributed over the next two fiscal years.

FY 23/24 - \$350,000 - to be added to 23/24 Grants Advisory Commission regular funding cycle

FY 24/25 - \$300,000 - to be added to 24/25 Grants Advisory Commission regular funding cycle

Learn more about the Roseville Grants Advisory Commission and yearly funding cycle at Roseville.ca.us/Grants.

Roseville wins national award for technology efforts for fourth consecutive year

BY BRIAN JACOBSON, *City of Roseville Communications Manager*

The Center for Digital Government (CDG) awarded Roseville 4th place among mid-size U.S. cities for the city's efforts to improve our digital experience for residents and businesses. The CDG's 2022 Digital Cities Survey recognizes cities that elevated their municipalities' resilience while bolstering services and prioritizing engagement with their residents.

"Constituents expect more from modern governments. Our Digital Cities survey winners have worked hard to keep the focus on the needs of the communities they serve while implementing technology to improve delivery and execution," said CDG Vice President Brian Cohen.

"We have been focusing on technology and infrastructure upgrades for the new, post-pandemic work environment," said Roseville Chief Information Officer Hong Sae. "Beyond this, we've built more modern geographic information and enterprise asset management systems for many of our city services including utility billing which will improve the services we provide our residents."

All U.S. cities are invited to take part in the annual Digital Cities Survey.

The Center for Digital Government is a national research and advisory institute focused on technology policies and best practices in state and local government.

Easier Access to City Finances and Budget Now Available

Expanding on the City of Roseville's relaunched open data portal, Open Roseville, the City has launched Open Budget with detailed data dedicated specifically to the City's budget and finances. "Open Budget is a cornerstone of our commitment to transparency. It will give our residents a better understanding of the City's revenues and spending in a user-friendly, interactive and informative way," said Dominick Casey, Roseville City Manager. "This is important because as a full-service city with our own utilities, Roseville's financial data is complex," he added. "This site allows anyone to look at our budget and spending from the highest level down to individual line items with graphical displays that best suits them."

Roseville's Open Budget can be found at budget.roseville.ca.us. Open Roseville can be found at data.roseville.ca.us. "Roseville has a AA bond rating in due partially to extremely high-level of professionalism and integrity the City displays in publicly developing the budget and tracking our spending," said Dennis Kauffman, Roseville Chief Financial Officer and Assistant City Manager. "Open Budget is the next step in making the City's financial data easily accessible to the public."

Initially, three City budgets dating back to Fiscal Year 2020-21 will be available. Data from the current fiscal year's budget will be updated quarterly. Open Roseville launched in December 2021. An interactive Capital Projects Explorer with an easy-to-use dashboard tracking city capital projects, costs, timelines, photos and maps is scheduled to be available in early 2023.

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Ambassador Committee

BY LINDA NELSON

There are three entities with similar titles; the New Resident Orientation, the New Residents Welcome, and the Newcomers Group.



The New Resident Orientation is offered by appointment with the administration staff. They provide you with the opportunity to have a one-on-one meeting, ask questions and receive and important packet of information.

Our New Resident Welcome, hosted by the Ambassador Committee, is a one-time event for newly registered residents. We held our last New Residents Welcome event of this year on November 5th. The invitations were sent out via "evite" on October 15th for new residents who registered in June, July and August 2022. This event is hosted by the Ambassador Committee three times a year. Our next one is planned for February, in 2023. If you are a newly registered resident – check your email for an invitation to this fun and informative event planned just for you.

The Newcomers group, which is a monthly social gathering, is open to all new residents.

There are so many, committee events, clubs and groups to enjoy. We hope you have found the one for you. There is a list in the front of the Courier.

Website Work Group

BY CHARLYN ROSS

The Shortest Day, The Last Month — We approach the month of December with mixed feelings. On December 21, the winter solstice, signals the shortest day of the year. However, we know that the future days will once again grow long.

December contains many familiar, festive holidays. These are a few, additional holidays we could celebrate.

- 8th: Time Traveler Day, a day to pretend we can move across the years to wherever we want.

- 13th: National Ice Cream Day, find a new flavor to savor in the coming year.

- 21st: National Short Girl Appreciation Day, my favorite for obvious reasons.

- 28th: National Call a Friend Day

Finally, December 31, an International Holiday, is celebrated by people around the world, often by writing a list of personal resolutions for the coming year. The Website Workgroup members' resolution is to make our Resident Website (www.scrs.org) the main source for all the information needed to enjoy our Sun City Roseville's great life style.

On The Website, How Do I...?

First, you need to log onto the Resident Website (www.scrs.org), using your email address (no capital letters) and your password.

Should you need assistance, contact Julia Schmunk, our Website Designer, by phone 916-774-3878, by email at julianns@scrca.org.

1. Find A Club Or Group

In the black menu bar click on "COMMUNITY", then the "Clubs & Groups" link, to enter the "Clubs & Groups" web page.

Scroll down to locate the one you are seeking, and click on its name to access its web page. Explore the page to find the information you are seeking.

Remember, green text or colorful buttons are links to additional information. (Links are evident when you move your mouse/cursor over the area, and it changes to a white glove with a raised index finger.)

2. Find a Resident's Email Address

In the black menu bar click on "COMMUNITY", then click on the "SCR Directory".

In the "Search" field enter either the

resident's, name, address, or phone number, to locate the person's information.

Notice that the "name" appears as green text (a link). Click on the name to go to the "Member profile details".

If the resident has permitted the posting of an email address, it will be listed in "green text". Clicking on the email address, may activate your email application to open and provide an email form pre-addressed to that individual.

3. Find The Activities Department Information and Event Schedule

There are two methods to accessing the Activities Department.

a. In the black menu bar click on the "COMMUNITY" menu, then click on "ACTIVITIES DEPARTMENT".

On the "Activities Department" web page you can explore all the information posted. Remember, links to additional information are evident when you move your mouse/cursor over an area, and it changes to a white glove with a raised index finger.

b. On the Home page, which contains the "ANNOUNCEMENTS" area, scroll down to the bottom of the page and click on the "Activities" button. This is an alternate way to access the Activities Department web page.

Our Website Needs You! The Website Work Group meets in the Lodge, Aspen Room at 9:00 – 10:00 am, the first Wednesday of each month (no December meeting), in the Aspen Room. The meeting is open to all residents. Staff is interested in your views of the Resident Website, www.scrs.org.

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Governmental Affairs Committee

BY STEVE CHO

As luck would have it, the November 8 GAC meeting had to be cancelled because of an important government affairs event... the November General Election. The polling location at Timbers used the Aspen/Birch/Cedar rooms where we normally meet and there were no other available rooms to use. In the normal scheme of things, the General Election would take precedence over the GAC meeting.

Sun City historically has a very high voter turnout. We should all be grateful that our community not only talks the talk but walks the walk.

The guest speaker at the October GAC meeting was Don Perkins. Don is a resident of Sun City and has 60+ years of fire service experience. Although he is currently retired from the fire service, he still is involved in his company "Fire Cause Analysis". He is an expert in determining causes of fire. His presentation included some key points in staying safe:

- Sleep with your bedroom door closed
- If your house is on fire, get out as quickly as possible because a flashover can happen in less than 3 minutes
- When cooking, make sure you are not drowsy from meds or other substances.
- Always stay in the kitchen while broiling, frying or grilling food
- Wash the fan and hood filters to avoid

grease build-up.

- Do not use your oven or stovetop to heat your home.
- Clean your home dryer vent
- Do not store 2 butane tanks together
- When staying in a hotel, never stay above the seventh floor because ladders do not reach above 7 floors. Always be aware of your exit route.

The next GAC meeting will be on January 10, 2023, 2pm in the Aspen/Birch room. Come join us.

Happy Holidays to All!

Compliance Committee

BY ERIC OLSSON

Hey, Watch Your Cans!

Let's face it, seeing trash and recycle bins out front each week is not attractive but we do it in order to get our trash picked up. We try to minimize the negative effect by managing the timing for putting the trash out and back. Unfortunately, some neighbors 1) put their cans out way too early, 2) pull them back way too late, or 3) don't put them away correctly, that is, they end up in front of the gate – not behind it.

Last year the Compliance Committee did a trash can canvas and identified well over one hundred trash cans out of compliance. Most were just not stowed properly, a very simple homeowner responsibility. As a result, association resources were spent sending out

letters, performing reinspection's, and then sending more letters for those that still did not comply.

The Design Guidelines, in Section 3.02(r) and Appendix C, state that trash bins are to be completely hidden from view when stowed. A little tough to do in some cases. The convention is to move them to the curb no sooner than 24 hours before and returned to the storage area no later than 24 hours after pickup. Ideally, put them out the evening before pickup but put them back soon after pickup.

Open space lots face an additional hurdle to comply with the stowing of the cans. They don't have the solid fence to hide the trash cans from view. They must build a trash enclosure, hide them by vegetation or store them in the garage. Refer to Exhibit C in the Design Guidelines, for the "Trash Enclosure Specification" information. The problem here is that on open space lots the trash cans can be seen to various degrees.

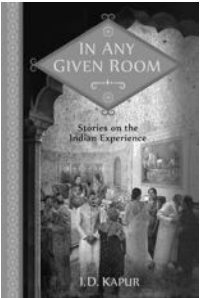
The Compliance and Architectural Committees have met and are implementing changes to mitigate the problem. These are: 1) allow some exposure of the trash receptacles but not to not exceed 20% (versus the current zero percent), 2) allow painted lattice to be attached to tubular steel gates and fences on lots where necessary; 3) have the trash enclosure be located farther back along the side of the house behind the side door, and 4) eliminate white as a color for the enclosures. Hopefully, these changes will help.

The message here is that we all need think about how we manage our trash cans.

That is, be timely by not putting them out too early and not leaving them out beyond what is reasonable. It helps with community ambience and, also, curb appeal. We constantly have home sales in progress and would appreciate potential buyers not seeing errant trash cans on display. Perhaps, you can even be a good neighbor if you see your neighbors can(s) out late, help them out and put them away for them.

New Book By SCR Resident

At a New Delhi party, lies, betrayal, love denied, and lasting loyalties swirl as knowing smiles are exchanged. How can a single grain of rice alter a 40-year friendship forever? Does a private detective in California find evidence to stop a wedding? What does a spoiled American teen face on a visit to India? These are a few of the intriguing questions in Sun City Roseville resident Indra Kapur's thought-provoking collection of stories, *In Any Given Room*, now available on Amazon. Her website is www.idkapur.com



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"I Have My Life Back."

Roseville resident, Dawn R. had been experiencing the painful effects of Peripheral Neuropathy, "my feet and legs hurt, tingled and burned, all the time and my doctor told me there was nothing they could do. I was told that I would have to take Gabapentin for the rest of my life, that wasn't okay with me." Then she started treatment with acupuncturist, RaeAnn Salvador.

Peripheral Neuropathy is the pain, discomfort and numbness caused by nerve damage of the peripheral nervous system. Dawn explained that daily tasks like opening doors and using the bathroom were overwhelmingly painful. "How can you live for the next 20 years when you don't even want to get out of bed to do simple things?"

She was experiencing the burning, numbness, tingling and sharp pains that those suffering with neuropathy often describe. "The way that I would describe it, it's equivalent to walking on tacks all the time." Dawn hadn't worn socks in five years and was wearing shoes two sizes too big so that nothing would 'touch' her feet.

Unfortunately Dawn's story is all too familiar for the over 3 million people in the U.S. suffering from Peripheral Neuropathy.

If you are unfortunate enough to be facing the same disheartening prognosis, you're not sleeping at night because of the burning in your feet, you have difficulty walking, shopping or doing any activity for more than 30 minutes because of the pain.

You're struggling with balance and living in fear that you might fall. Your doctor told you to "just live

with the pain" and you're taking medications that aren't working or have uncomfortable side effects. Just know that there are options.

Fortunately, three months ago, Dawn read an article about Lincoln Acupuncture and the work being done to treat those suffering from Peripheral Neuropathy without invasive surgeries or medications.

She can now share how significantly her life has been changed

"Now when I go to bed at night I don't have those shooting pains. I don't have that burning sensation. I can let the sheets touch my feet and it isn't painful,"

Dawn enthusiastically describes life after receiving treatment. "I can wear socks and shoes and I can enjoy working in my garden."

At Lincoln Acupuncture, results are achieved using the time tested science of Acupuncture combined with technology originally developed by NASA that assists in increasing blood flow and expediting recovery and healing to treat this debilitating disease.

What differentiates Lincoln Acupuncture is the use of the most cutting edge and innovative integrative medicine. Specializing in chronic cases, specifically those that have been deemed 'hopeless' or 'untreatable', Dr. Salvador consistently generates significant results. What was once a missing link in senior healthcare is now easily accessible to the residents of Placer County.

If you've missed too many beautiful days outside because of pain or you've passed on dancing along to songs of your youth because you're afraid of falling, it's time to give yourself a new opportunity.

It's time to let your golden years be golden!



PERIPHERAL NEUROPATHY?

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Jewish Fellowship Circle

(cont' from page 10)

Syrian oppressors in the Maccabean Revolt. Chanukah starts this year on December 18, 2022 and lasts for eight days. During the Chanukah holiday families eat latkes (potato pancakes) and sufganiyot (round jelly doughnuts). The most famous symbol of Chanukah is the menorah which is also called the "Hanukkah". One candle is lit each night until all eight candles are lit. There is a game called dreidel which is a spinning top.

On Friday, January 6, 2023 at 6:30 PM we will have a Shabbat service together with a Shabbat dinner. Dessert for the Oneg will be served after the service. Details will follow.

...

SCR Democrats

BY TONI FISHER

As of this writing, we are approaching the end of what some have called the craziest, most contentious election season in recent history. Others have pointed out that America has faced a number of national challenges and while this time seems more combative, our history assures us that we will survive provided we hold ourselves to overcoming it. The election results won't be certified for several days, but we can hope that our preferred candidates are successful.

As we await the results, we wish to acknowledge everyone who supported campaigns by canvassing neighborhoods, phone and text banking, hosting house parties and hosting out of town campaign volunteers who needed a place to organize. Also, beneficial were the cash donations to help the candidates cover the high cost of a campaign.

While our November meeting included our regular political review by member Peter Lorenzo, we welcomed Executive Director David Martinez and Director of Development Lisa Heinrich from the Placer Food Bank. We learned how the Food Bank has improved their services in order to address the growing need for food to support the residents in Placer, Nevada and El Dorado Counties. Especially good to learn was that they have increased their purchasing power by joining the Feeding America group. Now, instead of managing food donations, they encourage cash donations which they explained helps them purchase more food than in the past. They offered an example that one dollar spent by

us can now purchase three dollars worth of food through Feeding America. While we encouraged members to bring a cash donation of any amount to the meeting, they approved a motion for the club to donate an additional five hundred dollars beyond their generous gifts. With the holidays approaching, this warmed our hearts and made us proud to be caring Democrats.

...

Socrates Cafe Group

BY STEVEN GUSTAFSON

Socrates Cafe (Philosophy) Group Our philosophy discussion group had inspiring discussions last month on Truth, Opinion, and Belief (and their meaning in science, politics, and more).

For example, you probably learned in elementary school the truth (or fact)

that the earth revolves around the sun. But without learning, you might have the opinion that the sun moves around the earth (because you can see the sun moving in the sky). Or you might have the belief that the earth is stationary because a sacred scripture says so (for example, Psalm 104:5 "God set the earth on its foundations; it can never be moved").

So, why do we regard the revolution of the earth around the sun as true (or factual)? Why isn't this "truth" simply an opinion that is just as valid as the opinion that the sun revolves around the earth? Also, if you believe that the earth is stationary as a matter of faith, can you ever accept that it moves?

Usually about a dozen of us meet for Socrates Cafe discussions at 10:00 on the first Monday of the month in the Timbers lodge. You are welcome to join us.

...

Mantra Meditation

BY ED CERVANTES

Mantra Meditation – A Deeply Relaxing Experience. You are cordially invited to join us for a peaceful hour of mantra meditation, music and good company. Come learn a simple method of meditation that uses soothing mantras and music to ease the stress and anxieties of daily life and emotional situations. By the simple process of mantra meditation, our mind and heart are gradually purified of all kinds of worry, hankering and deep-seated fears. We begin to experience an ever-deepening inner peace and happiness and increasing insights into life.

The meditations will be practiced seated in chairs and the program is presented free of charge. Bring a friend and come make new ones. Here are the dates, times and locations for our December meetings.

Monday, December 5th and Monday, December 19th

1:30pm - 2:30pm in the Ponderosa Room at Sierra Pines

Save the dates and we'll see you soon.

Ed Cervantes and The Heart of Gold Meditation Group mantramedclub@gmail.com

...

Healthcare Professional Group

BY LINDA GORDON

The Healthcare Professionals Group is open to all residents with a Healthcare Background, past or present. We meet bi-monthly on the first Wednesday of the odd numbered months for socialization, lunch & a speaker. We meet in the Ponderosa Room in Sierra Pines at 11:00am-1:00pm.

At our November Meeting we welcomed Darlene Cullivan, The Senior Director of Development at The Gathering Inn here in Roseville. She discussed the Mission of The Gathering Inn and explained the wonderful work they do for the Homeless of Placer County. Those that wished made monetary contributions to the Gathering Inn.

Our next meeting will be on Wednesday January 4, 2023. Doesn't that sound incredible! Carolyn D'Agostino LCSW will be our speaker. She will talk about "Palliative Care – The Philosophy of Care providing care and comfort all the days of your life". She will also have and discuss the POLST forms we learned about at previous meeting. Cost for lunch is \$10. More information will follow in December.

The group also sponsors a Blood Pressure Clinic on the 2nd Wednesday of each month from 9:30-10:30am in the Fitness Center. No appointment is necessary. Next clinic is December 14.

Remember: The club is being resurrected and transformed. Now is a good time to join us, give your input and get involved, all suggestions gratefully received and discussed – continue your healthcare identity!!

For more information, to get yourself on the mailing list and RSVP to the meetings contact Linda Gordon at garlind77@gmail.com or 510-813-7815 (call or text).

...

Conservative Action Group

BY SHERRI SCOTT

Happy Birthday! The Conservative Action Group started in January of 2022 with 39 people as they heard from President, Gwen Meyers, this Group would be comprised of Sun City residents with the mission of Informing, becoming Involved in, and Initiating activities that would promote conservative ideals and values both locally and nationwide. Since we are not holding a December meeting, we are now celebrating our 2022 accomplishments with 139 members.



We are a group of people who share core fundamental values of upholding and protecting the United States Constitution which enshrines our democratic republic of and by the people with inalienable God-given rights and equal protection under the law. Besides holding our own meetings to evaluate political candidates and discuss issues we determined to champion, we also increased our attendance at other conservative meetings and gatherings to expand our understanding of pertinent political issues. Outside of Sun City, we joined with other like-minded local groups who actively support conservative candidates or causes and collaborated with them to get them instituted. All these activities, plus getting out-the-vote drives were extremely important. Per a Republican campaign manager, the conservative votes within Sun City as measured by Republican turn-out during the Primary Election increased by approximately 11%. An even larger turn out is expected for the General Election with excellent conservative candidates.

Our November 7 meeting was short, but poignant with the video of Ronald Reagan from 1964 entitled "A Time for Choosing." The speech is as important today as it was back then as he describes a government too big and run by the few versus smaller government run by individual citizens.

From the entire Conservative Action Group, we wish you a very Merry Christmas and Happy New Year in 2023!

...

(more Club News cont' on page 19)



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Days & Destination	Cruise Line ~ Sailing Date	Starting Price/ Inside Ocean View Balcony		
15 DAY HAWAII from SFO! Princess	Jan 16, 2023	\$898	\$1,500	\$1,500
Royal Princess ~ 3560 Passengers	Mar 12, 2023	\$1,148	\$2,218	\$2,218
Sail round trip from San Francisco, California to Kauai, Nawiliwili Hawaii; Honolulu, Hawaii; Maui, Lahaina, Hawaii; Hilo, Hawaii; Ensenada, Mexico, San Francisco, California.		* FREE ROUNDTrip LINCOLN SHUTTLE TO SHIP!		
10 DAY ALASKA From SFO! Princess	Jun 6, 2023	\$1,199	\$1,343	\$1,899
Ruby Princess ~ 3080 Passengers	Jul 6, 2023	\$1,399	\$1,567	\$2,299
	Aug 15, 2023	\$1,299	\$1,599	\$2,199
Sail round trip from San Francisco, California to Juneau, Alaska; Skagway, Alaska; Hubbard Glacier, Alaska; Ketchikan, Alaska; Victoria, BC, Canada; San Francisco, California. *2023 Alaska Voyages visit Glacier Bay		* FREE ROUND TRIP LINCOLN SHUTTLE TO SHIP!		
10 DAY MEXICO From SFO! Princess	Dec 12, 2022	\$749	\$1,099	\$1,299
Royal Princess ~ 3560 Passengers	Jan 6, 2023	\$598	\$998	\$1,299
Sail round trip from San Francisco, California to Puerto Vallarta, Mexico; Manzanillo, Mexico; Mazatlan, Mexico; Cabo San Lucas, Mexico; San Francisco, California.		* FREE ROUND TRIP LINCOLN SHUTTLE TO SHIP!		
16 DAY PANAMA CANAL Princess	Apr 14, 2023	\$1,899	\$2,299	\$3,499
Ruby Princess ~ 3080 Passengers	INCLUDES FLIGHT TO TEXAS & SHUTTLE FROM SHIP TO LINCOLN!			
Sail from Galveston, Texas to San Francisco visiting Cartagena, Columbia; Transit the Panama Canal; Fuerte Amador, Panama; Puntarenas, Costa Rica; San Juan del Sur, Nicaragua; Cabo San Lucas, Mexico; San Francisco, California.				
22 DAY EUROPE REPOSITION Princess	Apr 16, 2023	\$2,699	\$3,399	\$3,399
Regal Princess ~ 3560 Passengers	INCLUDES ROUND TRIP SACRAMENTO AIRFARE!			
Sail from Fort Lauderdale to London (Southampton) visiting the Azores Islands (Ponta Delgada); Rotterdam, Netherlands; Brussels/Brugges (Zeebrugge); Southampton (London); Portland, UK; Guernsey (St. Peter Port); Cork, Ireland; Glasgow (Greenok), Scotland; Holyhead, Wales; Southampton (London).				
32 DAY CAPE HORN GRAND ADVENTURE Princess	Mar 5, 2023	\$4,748	\$4,078	CALL
Sapphire Princess ~ 2670 Passengers	Mar 4, 2024	\$4,848	\$5,448	\$6,748
INCLUDES ROUND TRIP SACRAMENTO AIRFARE!				
Sail from Buenos Aires, Argentina to Los Angeles, California visiting Montevideo, Uruguay; Puerto Madryn, Argentina; Port Stanley, Falkland Islands; Cape Horn, Cruising; Ushuaia (Tierra del Fuego), Argentina; Punta Arenas, Chile; Amalia Glacier, Chile; Puerto Montt, Chile; Santiago, Chile; La Serena (Coquimbo), Chile; Pisco, Peru (Optional Machu Picchu Overland Tour); Lima, Peru; Manta, Ecuador; Puntarenas, Costa Rica; Puerto Vallarta, Mexico; Cabo San Lucas, Mexico; Los Angeles, California.				

Prices are per person based on double occupancy and subject to availability at the time of booking. Taxes, Fees, & Port Expenses as well as Travel Insurance are additional. *FREE Round Trip Lincoln Shuttle is for new bookings only. Please call for current availability and pricing.

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Days & Destination	Cruise Line ~ Sailing Date	Starting Price/ Inside Ocean View Balcony		
11 DAY EASTERN CARIBBEAN HOLLAND AMERICA	Jan 14, 2023	\$899	\$1,499	\$2,049
Rotterdam ~ 2668 Passengers	Feb 4, 2023	\$899	\$1,199	\$1,999
Sail round trip from Fort Lauderdale, FL to Half Moon Cay (Private Island), Bahamas; St. Thomas, U.S.V.I.; Phillipsburg, Sint Maarten; Fort-de-France, Martinique; Bridgetown, Barbados; Castries, Saint Lucia; Basseterre, St. Kitts and Nevis; Fort Lauderdale, FL.				
10 DAY SOUTHERN CARIBBEAN ROYAL CARIBBEAN	Feb 17, 2023	\$559	\$612	\$1,863
Vision of the Seas ~ 2435 Passengers	Mar 31, 2023	\$387	\$477	\$1,577
	Apr 21, 2023	\$396	\$576	\$1,507
Sail round trip from Fort Lauderdale, FL to Labadee, Haiti (Royal Caribbean’s Private Resort); San Juan, Puerto Rico; Philipsburg, St. Maarten; Basseterre, St. Kitts; Castries, St. Lucia; St. John’s, Antigua; Fort Lauderdale, FL.				
14 DAY PANAMA CANAL HOLLAND AMERICA	Jan 21, 2023	\$699	\$799	\$3,499
Zaandam ~ 1432 Passengers				
Sail from San Diego, California to Fort Lauderdale, FL visiting Puerto Vallarta, Mexico; Huatulco, Mexico Puerto Quetzal, Guatemala; Transit the Panama Canal; Cartagena, Columbia, Half Moon Cay, Fort Lauderdale, FL.				
12 DAY AUSTRALIA & NEW ZEALAND CELEBRITY	Jan 2, 2023	\$799	\$1,299	\$1,499
Celebrity Eclipse ~ 2850 Passengers				
Sail from Sydney, Australia to Auckland, New Zealand visiting Melbourne, Australia; Milford Sound, New Zealand; Doubtful Sound, New Zealand; Dusky Sound, New Zealand; Dunedin, New Zealand; Christchurch, New Zealand; Wellington, New Zealand; Bay of Islands, New Zealand, Tauranga, New Zealand; Auckland, New Zealand.				
15 DAY PANAMA CANAL ROYAL CARIBBEAN	Apr 21, 2023	\$931	\$1,541	\$2,741
Radiance of the Seas ~ 3080 Passengers				
Sail from Galveston, Texas to Los Angeles, California visiting Georgetown, Grand Cayman; Cartagena, Columbia; Colon, Panama; Transit the Panama Canal; San Juan del Sur, Nicaragua; Puerto Vallarta, Mexico, Los Angeles, California.				
36 DAY EUROPE REPOSITION CUNARD	Aug 20, 2023	\$5,448	\$6,248	\$7,688
Queen Elizabeth ~ 2081 Passengers	INCLUDES LINCLON SHUTTLE TO SHIP & SACRAMENTO AIRFARE RETURN!			
Sail from San Francisco to Barcelona, Spain visiting the Los Angeles; Cabo San Lucas, Mexico; Puntarenas, Costa Rica; Transit the Panama Canal; Aruba; Ft. Lauderdale; Hamilton, Bermuda; Madeira, Portugal; Seville (Cadiz) Spain; Barcelona, Spain, Capri/Naples, Italy; Ajaccio, France; Mallorca, Spain; Barcelona, Spain.				
80 DAY GRAND REPOSITION CUNARD	Feb 7, 2024	\$15,499	\$17,499	\$22,499
Queen Victoria ~ 2061 Passengers	INCLUDES LINCLON SHUTTLE TO SHIP & SACRAMENTO AIRFARE RETURN!			
Sail from San Francisco to London visiting Honolulu, Hawaii, Apia, Western Samoa; Suva, Fiji; Auckland, New Zealand; Wellington, New Zealand; Christchurch, New Zealand; Sydney, Australia; Arlie Beach, Australia; Cairns (Great Barrier Reef), Australia; Bitung, Indonesia; Puerto Princesa, Philippines; Manila, Philippines; Hong Kong, China; Ho Chi Minh City, Vietnam; Singapore; Colombo, Sri Lanka; Port Louis, Maritius; Port Elizabeth, South Africa; Cape Town, South Africa; Walvis Bay, Namibia; Tenerife, Spain; Funchal, Madeira, Portugal; Southampton (London), England, UK.				
94 DAY AUSTRALIA & NEW ZEALAND Holland America	Jan 3, 2024	\$16,999	\$18,699	\$42,499
Volendam ~ 1432 Passengers	INCLUDES ROUND TRIP SACRAMENTO AIRFARE!			
Sail round trip San Diego, California visiting Honolulu, Lahaina, & Hilo Hawaii; Fanning Island, Kiribati; Pago Pago, American Samoa; Suva, Fiji; Lautoka, Fiji; Port Vila, Vanuatu; Noumea, New Caledonia; Brisbane, Australia; Arlie Beach, Townsville, Cairns (Great Barrier Reef) & Darwin Australia; Komodo Island, Indonesia; Broome, Exmouth, Fremantle, Albany, Port Lincoln, Kangaroo Island, Adelaide, Melbourne, Port Arthur, Australia, Hobart, Tasmania; Sydney, Australia; Milford Sound, Port Chalmers (Dunedin), Akaroa (Christchurch), Wellington, Napier, Tauranga, Auckland, New Zealand, Nuku Alofa, Tonga, Rarotonga, Cook Islands, Bora Bora, Moorea, Huahine, Papeete, Fakarava, French Polynesia; San Diego, California. <i>This is a hosted cruise with lots of free perks and benefits on board. Don’t miss the boat!</i>				

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SCR Computer Club

BY BARBARA EICHTEN

As with most clubs, the Computer Club will have no Council or General meeting in December. We will have an interesting speaker in January. Judy Tylour, a member of the Santa Clarita Valley Computer Club, will be presenting "The Cloud is here, Don't Be Left Behind."

Most of the Special Interest Groups will not meet in December. Meeting will be the following:

Photo: PhotoSIG will meet on the 3rd Friday, December 16 at 10:00 am in the Club Room. Come to the meeting and see how the Photo SIG (camera club) does things. All Computer Club members may join the Photo SIG. Only Photo SIG members may submit photos for the monthly contest. Submission of a maximum of 3 photos, sent to PhotoSIG916@gmail.com, is due by Monday, December 12, 2022. The photos are juried at the regular monthly meeting. December's theme is "Architecture or Industrial Photography." Photos must have been taken between January 2019 and the photo submittal date. Contact Dennis Studer or Jenny Ramirez for additional information.

Card Making: Will meet on the 3rd Tuesday, December 20, 2022 at 1:00 - 4:00 in the Club Room. Cathy Fluellen (623-256-0290) will host a session with Rubberstamps. Call to register and for further information.

An OPEN session will be available on Friday, December 9 and 16 from 1:00 - 3:00. This is designed to give individual assistance with devices. A second OPEN session will be available on Monday, December 12 at 1:00-3:00 in the Club Room. More sessions will be available in January. No Workshops will be scheduled in this "busy" month.

Check the scres.org website for further information.

Relax and enjoy a wonderful holiday with family and friends! See you in the New Year!

• • •

SCR Republican Group

BY GWEN MYERS

At the November meeting members and visitors filled the room to hear Roseville Police Officer Mat Jones and volunteer Linda Waage discuss the many challenges of spam that is in all segments of our lives from banking and credit cards, on our computers and those who

come to the door. Linda handed out a packet of information on how to protect ourselves. There were many questions and comments.

We are looking forward to our Christmas Brunch on Thursday December 8 at 9:30 am in the Timbers ballroom. There will be a contest for the ugliest Christmas sweater with the winner getting a prize. There will also be entertainment and door prizes. If you have not received your invitation by now, call Carole Vaillancourt to sign up ASAP. It will be a fun event!

There will not be a meeting in January. The first meeting of 2023 will be on Thursday, February 2 at 6:45 pm.

We wish you a wonderful holiday season with family and friends! Let's look forward to a positive 2023.

• • •

Veterans and Patriots

BY MIKE YOUNG

The Veterans and Patriots members would like to wish all of the Del Webb Community the very best Holiday Season ever! The Veterans and Patriots would like to take an opportunity introduce and congratulate our slate of officers for 2023. They are: President - Geoff Marshal, Vice President - Bill Coibion, Secretary - Rob Gullet, Treasurer - Linda Moyer. This fabulous group of Officers is going to dramatically look to expand into the community with some very innovative and creative new approaches to building the Club.

On December 7 (Pearl Harbor Day), Mel Nosal (The Master Story Teller And Military Historian) Will Present His New Historical Presentation Of What Happened On The Island Of Maui That Fateful Day. He Will Also Have Jim Medeiros Who Was There On The 7th. This Presentation Will Be Held At Sierra Pines And Will Start At 10am. The Whole Del Webb Community Is Invited To Attend. Get There Early, As It Is Usually Packed! We Are Also Excited To Have Our Dear Friends The Harmonicoots, who will play Patriotic and Holiday Music. Come Join Us!

We would also like to invite the Del Webb community to participate in our Annual Holiday Dinner Dance on December 8th at 6pm in the Timbers Lodge Ballroom. The dinner has always been close to sold out as the members have the first opportunity at a reservation followed by members of the community. Gentlemen, a jacket and tie are the preferred attire. The Baughman Group

will be providing the entertainment. If you like the late 40's, 50's and 60's music that you can dance too, then you need to be there! If there are reservations still available when you read the December Courier then we look forward to hearing from you. Interested in going? Call Linda Moyer-707-266-3335, or pnlmoyer@sbcglobal.net

• • •

SCR Travel Club

BY ANDREA NORCIA

The Sun City Roseville Travel Club (TC) meets on the fourth Monday of each month at 3:00 pm, in the Timber Lodge Ballroom. Our next meeting is on November 28, 2022.

The Travel Club is hosting a Winter Wonderland Brunch on December 4, 2022. The brunch will be held in the Timber's Ballroom beginning at 11:00 am. The deadline for reservations is November 18, 2022.

Travel Club members recently traveled to Croatia. The trip included a Yacht Cruise and land trip. Pam Scheel Hemingway submitted two pictures from their trip. One picture is of their arrival to the Zagreb Sheraton and the second picture is of the "Sun City seven supping and sipping in Slano." As you can see everyone had a great time.



Travel Club members traveled to Croatia.



The TC is excited to offer several domestic and international trips to our TC members. Below is a list of trips that are currently scheduled in 2023:

February 22-28: Alaska's Northern Lights
March 6-18: Shades of Ireland
April 3-11: Mississippi River Cruise
April 28-May 11: Cultural Treasures of Japan
July 2023: Cowboy Country (Northern National Parks)

June 2023: Switzerland Hidden Hills and Majestic Parks

August 2023: Northern National Parks (Jackson Hole, Tetons, Yellowstone, Mt. Rushmore)

August 2023: Iceland, Windstar Cruise
September 2023: African Safari

October 2023: Fall Foliage
December 2023: New York City Christmas Lights

For more information on the TC visit our website on the SCres.org website. Look for the "Travel Club" tab for the most recent information on trips, activities, helpful hints on navigating the TC website, as well as interesting travel tips.

• • •

Rods & Relics

BY ELNA RAGAN

On November 8, 16 Club members enjoyed a great lunch and socializing at the Waffle Farm. Our monthly get-togethers there are a lot of fun!

What did Club members do on a cool, crisp November 12? They caravanned behind "Fearless Leaders" Chuck and Barbara Barnhart as they led us around Lincoln's countryside to three local breweries! First on the list was The Goat House, complete with a "Goat Sanctuary." It was a time to visit with several of our new members. The second stop was at the Dueling Dogs Brewery. Our final stop was the Hillenbrand Brewery. Everyone enjoyed sampling various brews, mead, wines, and some food truck faire.

The Club's annual Christmas Dinner and Dance will be held on Friday, December 16 at the Orchard Creek Lodge Ballroom in Sun City Lincoln. Cocktails from 5:00 p.m. on will be followed by a buffet-style dinner at 6:00 p.m. Steve Evans will be providing music for our listening and dancing pleasure.

The Club is always looking for new members. All car owners with vehicles model year 1979 or before or replicas of such a vehicle are eligible to be regular members of this Club. For more information, check out our Web Site listed below.

Contacts: Tom Indrieri, President 916-645-2035, Mike Carvidi, Membership Director 707-849-2834.

Web Site: www.rodsnrelics.net

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(more Club News cont' on page 20)

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Garden Club

BY SUZETTE AUSTIN

As our year draws to an end we wish to once again thank all of our speakers who have given great presentations during our club meetings this year.

Mike Horrell hosted a hands-on workshop at his home for club members in mid October. It was a demonstration of pre-planting of seasonal annuals into pots to encourage a season-long show of eye-catching flowers.

Georgette Porter, a Master Gardener, spoke to our club on our November general meeting at Sierra Pines. Her presentation, "Gardening with Bulbs," was about creating color, variety and interest in our gardens using bulbs.



Our Garden Club Holiday Breakfast Buffet is December 6th in the Lodge. This breakfast will be followed by a gift exchange where each participating member will bring a wrapped gift. Our general meetings are usually on the first Tuesday evening of each month, but our Holiday Breakfast will take the place of our December meeting.

Greg Gayton, from Green Acres, will be our speaker on January 3, our first meeting in the New Year. He will give us an overview of on their new store and what additions that they have incorporated. Doors open at Sierra Pines at 6:15 pm for social and cookie time. Meetings begin at 6:45 pm and will end by 8:15 pm.

We are planning lots of interesting topics for our club meetings in the new year. For more information about our club contact Karen Burford at 530-575-8384 or karinab@aol.com

• • •

Birders

BY JANET MORELLI

The scheduled day, November 3, for the Birders field trip to Gibson Ranch County Park in Elverta turned out to be unusually cold and foggy, making bird watching difficult. It didn't warm up much during our stay, but the sun eventually broke through the haze and awarded the SCR Birders with a total of 33 sightings. Among the species recorded were the Say's Phoebe, Northern Flicker, Snowy Egret, and American Pipit.

December 1 is on the Birders' calendar to go to the Colusa Wildlife Refuge off of Hwy. 29 near Williams. This trip should last 4-6 hours and include a walking distance of about 1 mile. On December 15, the birders will travel to the Yolo Bypass Preserve between Davis and West Sacramento. For the most part, we will be bird watching by auto with an occasional stop to set up a spotting scope.

Birders will start the new year by bird watching at the Lincoln Water Treatment Plant on Fiddymont Road in Roseville on January 5. This will also be mostly birding by auto and should take about 3 hours. The second trip in the new year, January 19, will be to Gray Lodge Preserve, near Gridely. This trip will be a combination of walking and riding

(cont' on page 21)



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Birders

(cont' from page 20)

around the ponds and afterwards, going to a local restaurant for lunch. This trip should take about 6 hours.

An email will be sent to all SCR residents on the Birders Group email list one week prior to each planned field trip providing additional information regarding the trip. Residents who would like to be included on the email list should call either Janet Zeitman (916-771-5235) or Janet Morelli (916-782-6393),

...

SCR Hiking Group

BY DORIS MERCHANT

The big news for this month is our annual group Christmas dinner with homemade cookies for dessert. The event will be held in



the Solarium on December 13 at 5:45 pm, and by now you have all made your reservations. As is tradition, awards will be given out for Hiker of the Year (most hikes made) and Runner-up Hiker of the Year. Yours truly always comes up short!

Regarding hiking, we'll see what the weather brings this month. All hikes are fairly close to home.

December 1 Empire Mine, rated 4.5 (easy to moderate), 6 miles, \$8.00 carpool ride.

December 8 - Sterling Point Loop, rated 4.5 (moderate), 6 miles, \$8.00 carpool ride.

December 15 - Rattlesnake Bar to past Avery's Pond, rated 4 (easy), 6 miles, \$8.00 carpool ride.

December 22 - Lake Clementine View, rated 4 (easy to moderate), 5 miles, \$8.00 carpool ride.

December 29 - Cool to Quarry Trail, rated 4 (easy to moderate) 5.5 miles, \$8.00 carpool ride.

...

Cycling Group

BY SUZETTE AUSTIN

Even as the weather cools off and our rainy season has begun, many of our group are putting on layers of clothing and are out there riding when the sun peaks through.

Seventeen of our members participated in Bike Fittings done here in Sun City by American River Physical Therapy during October and November. Dirk Manley meticulously adjusted our bicycles to fit our bodies and maximize our performance and



comfort.

We're eagerly anticipating our Cycling Group Holiday Dinner in The Timbers Ballroom on December 14. For entertainment we will have a short skit by the new Sun City Se-cond Act Drama Club titled "Santa Flunks Retirement" and there will be door prizes.

Our group usually meets the third Monday of each month. Our Holiday party will take the place of our December meeting and we will not have a meeting in January. Our next meeting will be February 20 at 8 am in Sierra Pines.

Take a moment to check our Cycling Group website. Details of all our rides and upcoming events are updated regularly. Photos

posted on the Cycling Group website include vintage photos of our group and of rides and relaxing together in 2022.

...

Croquet Club

BY GAIL DAILEY

As you know our old lawn was completely demo'd and a new lawn was laid. Different grass was used for the new layout and by now everyone is back on the new "improved" croquet lawn. It is an entirely different feel and plays differently as well. Hopefully it is a difference that we all welcome and we are all grateful for the many people who played a part in getting this done. Thanks to President Bert Donlon and Ken Coyne for the hours of discussion and planning and to Steve Kimbaugh and his crew for the implementation of the plan. The weather is getting cooler and adjustment may soon take place in the schedule so that we are out in the nicest part of the day. Also, we will soon welcome a new Board and they will be ready to take over as of January 2023. Thank you for all the work and dedication of the retiring members and thank you to those who stepped up to continue the work for our club. New officers are as follows: President Barbara Stearn, VP Lee Prager, Secretary Janice Shreveport, Treasurer Patrick Maglione.

The party October 27, to celebrate the new lawn was a big success and everyone had a great time. Thank you to Debbie Phillips for organizing everything, and those who helped make it a fun time.

(cont' on page 22)



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Croquet Club

(cont' from page 21)

Once again, I welcome any member who wants to pay special recognition for an outstanding play or shot to email me gaildailey3@hotmail.com so that I can make sure the club hears the news.

Christmas is right around the corner and everyone is busy planning, baking and buying but we always leave time to show up

for competitive play and fun.

Happy Holidays and see you on the lawn.

• • •



Croquet Court Restoration Party.

Cornhole Group

BY STEVEN GUSTAFSON

The photo shows Cornhole Group member David Hixon. He's at the cornhole storage box located on the Sierra Pines horseshoe lanes. He has opened the box using the key he got from the Sierra Pines golf office.

He has in his hand a clipboard that

was in the box. On the clipboard he will say that he has borrowed a pair of cornhole boards and a set of eight bags to use for a couple of days on his home patio to entertain visiting relatives.

You are welcome to do the same! Also, you are welcome to join us for our Group play, which is currently every Tuesday at 3:00 on the Sierra Pines horseshoe lanes.

• • •

SCR Softball

BY BOB MONTALVO

As we move through our holiday season, I hope you're enjoying these cooler days, and that your Thanksgiving was memorable. The "happiest time of the year" is just ahead but avoiding the stresses of Christmas is highly recommended. Many of us have a lot to be

(cont' on page 23)



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SCR Softball

(cont' from page 22)

thankful for, more than simply the ability at our age to keep playing softball, as losing friends and family is part of this aging game. Our marvelously engineered bodies are made up of so many vital and moving parts, and all of them have expiration dates, earlier for some than for others. Not unlike a car engine after 200K miles, the regular tune-ups, oil changes and repairs don't guarantee a serviceable vehicle forever. Unfortunately, despite modern science, longevity remains largely a mystery. We understand that genetics, diet, exercise, rational thinking, and companionship all play a part in warding off health problems, so making the most of those under our control is essential.

If you're looking forward to playing in the SCRSS 2023 season, don't forget to submit your registration form. It is available at the Sun City Lodge, or on the SCRSS website. Although the registration fee has been raised to \$90, new hats and new jerseys are being purchased for 2023. Also be reminded that Rich Epting is continuing to coordinate softball practices at Mahan Park (weather permitting) at 10:00 am on December 5, 7, 12 & 14, thus reducing the gap before practices begin again in late January. Managers and coaches will then be out there scouting, as the five teams will be drafted in mid-February. League play will begin in late March. We will not hold a meeting in December, but encourage all to attend the January 4, 2023 membership meeting at 1:30 at Sierra Pines.

...

Pickleball

BY BOB VERZELLO

Welcome to new members Vicki Bogdanos, Tom Roth, Cindy Worth, Gregory Worth, and Nancy Watkins. We now have about 130 members and almost all are players.

Gary Pyle and his partner Al Appo from Hawaii won a bronze medal in the Huntsman World Senior Games held in St. George Utah. They competed against 13 teams in the 80-84 age category and actually beat the team that eventually won the gold medal. There were over 1,100 Pickleball participants from 27 states and three foreign countries.

Next, Gary and five other men from our club played a match against Heritage Solaire. They played a total of 15 games and won 14 of them. After the matches there was plenty of beer and bragging. Everyone had a good time, and they all look forward to our next match.

Twelve of our club's women hosted games with ladies from Heritage Natomas. According to Phyllis Perkins, Heritage took home bragging rights. Afterwards they all enjoyed lunch and drinks together at the bocce courts.

Finally, Pam Wingo organized our first Sadie Hawkins (women's choice) tournament. There were 14 women and only six men competing. So, some of the women played in the men's group. Linda Sanders, Suzanne Crowder and Eva Freeman won the women's



Sadie Hawkins tournament winners, left to right: Paul Roberts, Linda Sanders, Anne Burney, Suzanne Crowder, Eva Freeman, and Anna Hamilton.

group and Anne Burney, Paul Roberts, and Anna Hamilton won the men's group.

Now, it's time to party. Let Eva Freeman know if you are coming to the club's Christmas party on December 9, 5:00pm, at the Sierra Pines. Watch for a Christmas party flyer coming out soon to get more details. And make sure to attend the combined Council and general membership meeting on December 12, 4:30pm, at the Timbers Ponderosa Room (not Card Room).

...

Bocce Club

BY DAVID MOORE

Three big events have drawn out big crowds of bocce players since our last report.

The awards party for the Fall mini-leagues was held on October 28 at the bocce courts. The party being on the same night as the Chicago concert didn't seem to hurt attendance.

All of the 432 participants in the 9 leagues won cash prizes.

The next night was the Fall Pumpkin

Spice and Everything Nice party with a buffet which included marinated BBQ Tri-tip and herb chicken and finished with pumpkin and apple pie.

The party featured a pumpkin decorating contest with some amazing entries which ran the gamut from scary to funny to strange.



The Bocce Witch took first place in the pumpkin decorating contest.

Eight bocce players collaborated on a large Bocce Witch which won the \$50 first place prize.

November saw the beginning of Winter League which includes 12 teams of people undeterred by a bit of chilly weather who are playing on Monday afternoons for five weeks.

...

(more Club News cont' on page 25)



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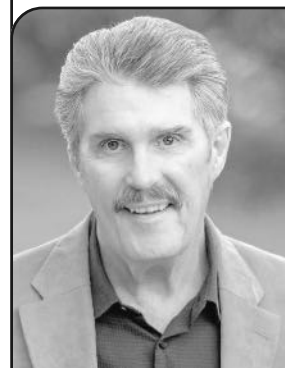
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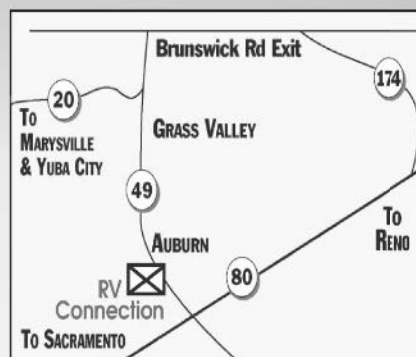
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Greg Morgan – To the Rescue

(cont' from page 1)

Greg's excellence in first aid. She offered him a part-time job at Sutter working as an emergency room tech. "I got more excited about first aid, seeing the doctors and nurses working," he says. So, he went to school for two years to become a licensed paramedic and began working for a 911 ambulance in Stockton.

Then in 2014, he applied to become a Critical Care Flight paramedic. This involved flying in a helicopter with a nurse

as part of a team of rescuers. After spending another year getting a critical care certification, Greg jumped into a job that he considered "the greatest job in the world." He and his team might, for instance, land on a freeway and provide transport to higher care facilities for crash victims. While in the air, they would manage the complete care of the person, be they adults or children or even women going into labor. "We're like an ICU only in a helicopter," Greg says. "I pinch myself every time I go to work. I'm so lucky to be able to help people."

His most memorable rescue was with a critically ill seven-year-old boy whose family was unable to get high level care for him. Greg and his partner immediately flew the boy to Sutter Hospital in Sacramento. It was a short trip, but a critical one because the child was septic and had no discernable blood pressure. By the time they got him to Sacramento, he was nearly in cardiac arrest and was put on a machine that took over all his bodily functions. The boy spent nearly a year in the hospital, but, miraculously, survived. When he went to Greg's base in Marysville for the first time, Greg and his team took him on a helicopter ride so he could experience what he had missed



Greg with his two sons, Steven and Brandon and his dog Rusty.

before. Greg looks forward to his reunion visit every year.

Another activity he enjoys is taking his



Greg Morgan received a plaque for 20 years of service.

dog, Rusty, a therapy and certified service dog, to visit chemo patients at the Cancer Infusion Center at Rideout Hospital in Marysville. Seeing them reaching out to pet his dog and talking to them about their own pets is very rewarding, but heart-wrenching, for Greg. "I cry every time I leave the place," he admits. "But it's my way of giving back. I volunteer to give happiness to people."

This year Greg received a plaque honoring his 20-years of service in Emergency Medical Systems. He works two days a week, and the shifts are 24-hours each. But Greg's stamina is strong and his love for his line of work keeps him energetic and committed.

Greg moved to SCR in 2018. He had a friend who lived in the first Del Webb community in Phoenix and when he visited, Greg knew he'd want to live in a Del Webb community because he loved golf and an active community. He's a member of the Men's Golf Club, the Pickleball League (playing with an elite group of players in other communities), Boomer's and Bocci. He gets calls all the time from people who want him to join their clubs and groups, but he's had to turn them down because full-time rescue work is his top priority.



Greg Morgan and his dog Rusty.

Does he like SCR? "I love it here," he says. "I love my neighborhood, the people here. I love everything about the place." He compares his SCR life to living in a bubble. "I like staying in my bubble," he says with a chuckle.

Throughout his life, Greg has traveled all over the country and to Mexico and Hawaii.

He's looking forward to retiring in about a year and a half to do more traveling and play more golf. Although he doesn't consider himself to be a great golfer, he's had two hole-in-ones, a feat many golfers have never achieved. The question is, will he aim for three?

Meantime, he'll continue his journey, rescuing those in need, taking Rusty to cheer up ailing patients, and living an active life — a quiet hero among us.

Want to share your story or know a neighbor who should be recognized?

Just let us know!

Call us at 916-727-6383 or e-mail us at:
SunSeniorNews@gmail.com

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SCR Tennis Club

BY DIANE BARNETT

The Tennis Club had the last mixed doubles play day of 2022 on November 19 for the first 12 men and women who sign up. Play days are fun, no-pressure competitions that have become regularly scheduled events at the courts, in between tournaments with weather permitting. With inclement weather already here, there are never enough days to play tennis, so hopefully, the weather cooperated and the play day took place as scheduled as there will not be another play day until March or a tournament until May 2023.

If you are a Tennis Club member, you have received your annual Tennis Club Christmas Party invitation that was hand-delivered to your residence on November 28. On December 12, the Tennis Club invites you to don your finest attire and dust off your dancing shoes for an unforgettable evening that begins with a no-host cocktail party at 6 pm with our resident photographer John Desmond taking pictures as members arrive. Thank you John for all the years you have provided Tennis Club members with this lovely and memorable gift. Before dinner, Tennis Club's incoming President Dieter Rohfleisch will introduce the recently elected tennis officers and appointed council members for 2023. A delicious 3-course dinner will be served at 7 pm while Crystal Image plays music for your listening and dancing enjoyment. Please remember to bring your donation for the Gathering Inn charity.

We have a variety of new tennis activities coming up in 2023 and the Tennis Club welcomes new members whether you play tennis or just want to meet new friends. Contact Ray Barnett for more information and he will get you started. Happy Holidays from the SCR Tennis Club.

...

Sierra Pines Ladies Golf

BY DEBBIE GEORGE

We held our latest New Member Social in October where we welcomed five new members and two returning members. Hosted by Cathy Hurst, this event was enjoyed by the new members, their Big Sisters and club Officers.

Most improved players for the month of October are the following. First flight – Gail Riddle; second flight – Kathy De Vito; third flight – Claudia Schnarre; and fourth flight –

(cont' on page 27)



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Sierra Pines Ladies Golf

(cont' from page 25)

Marilyn Meyers.

Chip-ins recorded in October are the following. October 5 Charlotte Johnson on hole #3, Sharon Lawin hole #4, Jan Rivera hole #6 and Kathy Fowler hole #8. October 12 Annette Eastman chipped in on hole #8. There were no birdies recorded in October.

Our new club shirts, etc. came in early and were distributed in October. It's so nice seeing so many of our members wearing them. Thank you to Jan Rivera, Linda Ryan and Cathy Hurst for all your efforts on this huge project.

We had 60 members attend our Fall Fest in October. Food was delicious and catered by Penguins of Auburn. Thank you Jan Pilliard and Ellen Thomas and the rest of your committee for a great time.

Our Holiday luncheon is being held December 6 at the lodge. Hope everyone signed up to attend. This is a great way to end our play for 2022. If all goes as planned, we will be handing out the new 2023 Member Handbooks.

We began our tee times at 9:00 am in November. We will keep these times until the Spring of 2023.

A reminder, there are no Council or General meetings scheduled for December. Enjoy this holiday season. And have a safe and happy New Year!

• • •

He & She Golf Club

BY JULIE HARRIS

The He & She Holiday party is scheduled for Friday, December 2. There will be a no-host bar, dinner and live music by Crystal Image. Watch your email for more information about sign-ups. In the meantime, save the date!

Partial results of recent Monday tournaments are as follows. Unfortunately there isn't room to list all winners but congratulations to all at both Sierra Pines and Timber Creek along with the closest to the pin winners.

18 Hole at Timber Creek —

1st place: Deb Gassen, Theresa Howard, Ken & Karen Shahoian \$9 each.

2nd place: Mike Fitzgerald, Don Brooks, Bill Thyken \$8 each.

Closest to the Pin —

Ladies —

1st Place: Connie DeBlaguere 8'10" \$5

2nd Place: Barbara Simon 11'5" \$3

Men —

1st Place: Jim Lynch 6'5" \$5

2nd Place: Don Cook 13' \$3

9 Hole at Sierra Pines —

1st Place: Bob and Pat Horning, and Cary Diskin and Pam Wilkinson \$8 each.

2nd Place: Keith and Roxanne Warloe \$7 each

Closest to the Pin —

Ladies —

1st Place: Marilyn Meyers 4'9" \$5

2nd Place: Gail Hixson 32'5" \$3

Men —

1st Place Al Dumm 20'5" \$5

2nd Place Bob Niznik 40'1" \$3

As the weather gets cooler and the morning temperatures are chilly to say the least, please don't sign up to play He & She golf unless you are sure you are willing to brave the elements. We have had way too many no-shows and last-minute cancellations lately. Yes, everyone understands those unforeseeable circumstances that may prevent you from playing, but there is a lot of work that goes into putting the foursomes together and planning the tournament games. Scrambling at the last minute to re-organize is an added burden for our wonderful volunteers. Thank you!

• • •

Timber Creek Women's Golf Club

BY NANCY LABRADA

It has been a very busy year for our Club filled with so many events: 36-Hole Better Ball Tournament, Club Invitational, Handicap Championship, 9/18 Hole Mixer, Club Championship, and ending with the always fun and festive Holly Jolly Tournament on December 7.

In November we started with 9:00 am tee times to continue through March and then shotgun starts will be in effect from April through October.

Due to the wonderful support of our members during October for Play for P.I.N.K., our club made a generous donation to the Breast Cancer Research Foundation, where 100% of funds donated goes to research. This is the fourth year for Barbara Mills, Paula Hau, Nancy Gould, and Lois Habein to organize this worthy fundraiser. Minelle Fredricks was thrilled to win the drawing for the DRIVE PINK license plate frame. Also thrilled to win a fabric travel bag made by Kyle Vodden was Diane Dooley.



The Most Improved Players for October are: Lynn Pearsall (1st Flight); Kathy Hamilton (2nd Flight); and Kathy DeVito (3rd Flight). Congratulations!

And much congratulations to Barbara Simon for breaking 80 on October 26th!!

We are happy to welcome another new member, Gloria Oates, who moved to SCR from Northridge Country Club to be close to her daughter in Lincoln. Her big sister is Maureen Nutter.



We end the year with our Holiday Luncheon on December 14 in the ballroom with the presentation of awards and the eagerly-awaited announcement of the Overall Most-Improved golfer for 2022.

Happiest Holidays to All.

• • •

Timber Creek Men's Golf Club

BY TERRY DOOLEY

Wow! Summer (and its heat) has left us in record time. It's the time of year to bundle up to go play golf. But enjoying a round of golf is still great! The course is in good shape after some rain, cooler weather and some attention to the course including bunkers. Sand traps are receiving special attention from the golf maintenance team and fairways, greens and tees look good.

The Autumn Leaves Tournament was held on October 18th. And the Rose Cup, Roseville city golf tournament played between Sierra View, Diamond Oaks, Woodcreek Oaks and us, Timber Creek was held on two days, October 21st and 22nd. The last two years Timber Creek had won the Rose Cup. This year, while competing well, Timber Creek came in third, a mere four points behind the winner—Sierra View. Good play Timber Creek Rose Cup Team!

Results for the Autumn Leaves Tournament: Frankenstein Flight winners – N. Hamilton/K. Shahoian/J. Yanssens/F. Festeren with a net 53; and for the Zombie

Flight – P. Carnaghe/G. Farris/A. Dumm/D. Davie with a net 55. Closest to the pin Hole #4 (Lakes) – Ron Judd (11'1"); Hole #6 (Lakes) – Ron Robinson (6'1"); Hole #5 (Pines) – Bob Pearsall (9"); and Hole #8 (Pines) – Jay Dameron (8'). Congratulations to all the winners!

Next month is the 'Turkey Shoot' Tournament on November 8th. Results will be published later.

It's been a great year playing golf with colleagues. We continue to enjoy the great conditions here at Timber Creek Golf Course. Stay healthy and "Go Golfing!"

• • •

Golden Niners

BY RALPH FRIEND

This month we are featuring Brian Prestedge. Brian is from South Africa and has only been in the USA and Sun City for two years. Brian has been married for almost 53 years and he and his wife have two sons and three grandchildren. His oldest son and family live in West Park in Roseville. His son is the vice principal at Orchard Park Elementary School in Roseville. His youngest son lives in Vancouver, Canada. Brian and his wife were born and raised in Johannesburg, South Africa and then moved to Durbin, South Africa for 20 years prior to moving to Sun City to be closer to family. He worked as a chemist for Union Carbide for 18 years and then joined a Swedish Company as a chemist before retiring. I asked him how long he had been playing golf and he responded, "forever"! He started playing golf in high school with a lot of "starts and stops" between then and now. He is not currently involved in any Sun City activities, however he did mention that he ran three 56 mile ultra-marathons while in South Africa. Brian wanted to end our conversation by saying that the Golden Niners were very welcoming and fun to golf with. It is clear that Brian is happy to be in Sun City and delighted to be "just around the corner" from his grandchildren. Welcome Brian!

Each month I highlight the top money winners for the preceding month. Here are the "top ten" for October: Bob Prentice \$37, Lynn Hendricks and Bob White \$36, Steve Schmidt and Bud Haddix \$30, Gene Martineau \$28, Mike Cephress \$27, Allen Greenberg and Gary Lee \$26, Jack Ramos \$24.

• • •

(more Club News cont' on page 29)

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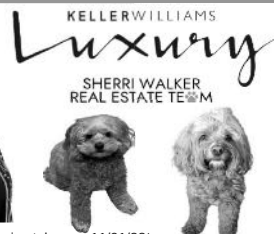
138 HOMES SOLD IN SUN CITY JANUARY TO OCTOBER 2022

PRICE RANGE	SQFT	NO.	MODEL
\$425,000-\$566,000	964-1176	12	MEADOW
\$450,000-\$550,000	1198	9	TIMBERROSE
\$522,000-\$587,500	1323-1343	11	ORCHARD
\$475,000-\$701,000	1334-1347	15	ROSETREE
\$545,000-\$641,000	1476-1500	12	COUNTRYROSE
\$530,000-\$803,500	1547	17	SHASTA
\$599,000-\$645,000	1560-1578	3	PINERY
\$630,000	1583	1	REGENT
\$550,000-\$700,000	1618-1781	6	CALAVERAS
\$617,500	1638	1	PARKLAND
\$615,000	1658	1	BAYWOOD
\$580,000-\$805,000	1741-1869	19	YOSEMITE
\$635,000-\$688,500	1774	3	IRONWOOD
\$615,000	1799	1	GROVE
\$620,000-\$745,000	1840	4	PLUMAS
\$660,000-\$815,000	1994-2032	4	SUMMIT
\$656,500-\$785,000	2083	3	SIERRA
\$660,000-\$875,000	2287	10	DELTA BREEZE
\$749,000-\$899,000	2362	3	HEARTHWOOD
\$872,000	2375	1	STONECREST
\$730,000	2538	1	TIMBERLODGE
\$1,150,000	2665	1	WILSHIRE



October Home Sale Averages

Homes Sold: 12
Days on Market: 46
SqFt: 1,514
Price per SqFt: \$387.83
Listing Price: \$588,824
Closing Price: \$581,625



All data reflects homes sold in Sun City on the metrolist service taken on 11/01/22

Observations...

BY MARTIN GREEN

This will be a very short "Observations." Readers of this column have become acquainted with my wife Beverly. I'm sorry to report that Beverly was diagnosed with acute leukemia, the worst kind. The doctors told me she probably had it for several months before. When it was diagnosed the leukemia moved quickly and Beverly passed very shortly after.

I'm struck that those who have talked or written to me about Beverly have all stressed her sweetness, her kindness, her thoughtfulness, her empathy and much more. Beverly became a talented watercolor artist when we moved to Sun City Roseville and her paintings hang in many houses here. Beverly also joined the Sun City Singers and enjoyed being in the Chorus for some 25 years. Beverly loved to travel, and we were members of the Travel Club. When our youngest son Christopher married our lovely daughter-in-law Flindie and moved to Ireland, we made many trips there.

I've received tremendous support from my three sons and their families. Chris, our youngest son, flew here from Ireland. Michael, our middle son who lives closest, drove me to the hospital every day while Beverly was there. David, our oldest, did whatever was needed. I've also received tremendous support from friends and neighbors.

I wrote at the beginning that this would be a very short "Observations" and if I put in all the thoughts that my sons and their wives —

David and Laura, Michael and Bridget, Chris and Flindie — have expressed about Beverly they would fill the entire Sun Senior News and more. Just to put in some: David: the heart and soul of the family; Michael: Mom was a wonderful, amazing talented woman; Chris: a constant cheerleader, nothing but love and light, sweetness and grace.

As for me, to borrow words from a song, when Beverly left, she took away the sun. I was a lucky guy to be married to Beverly for 57-plus years

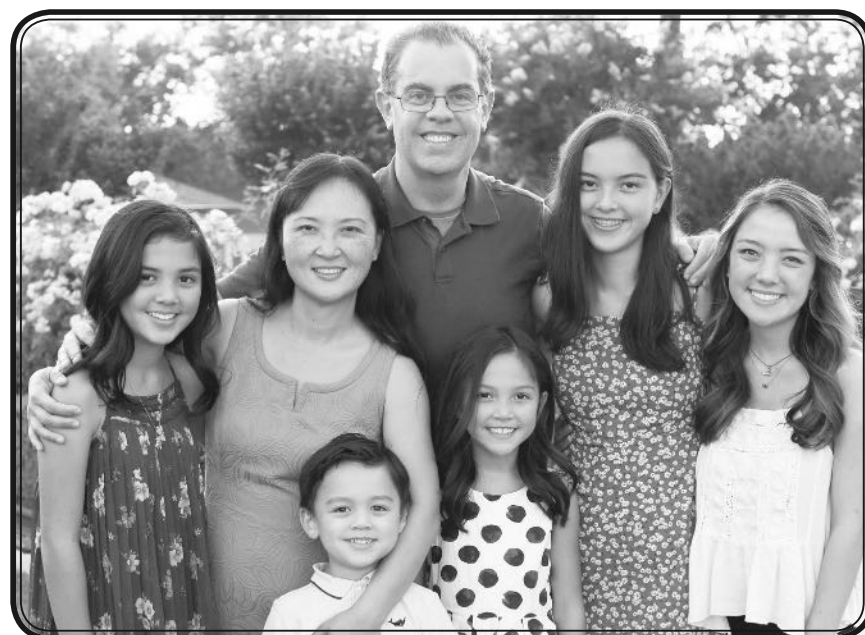
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WOODCREEK
DENTISTRY

Keep Online Purchases Safe this Holiday Season!

BY ROB BAQUERA — Public Information Officer, Roseville Police Department

Yes, that wonderful time of year is rapidly approaching and we're sure many of you can't wait to get clicking online, or don your virtual elbow pads to get hunting for bargains at the mall.

While we all wish for an enjoyable holiday shopping experience, we know there are criminals out there who have a clear desire to spoil your fun. Just as we find more advanced ways to catch criminals, they create new ways to steal your hard earned money. But... there are precautions you can take that will help from becoming a victim.

While shopping online:

- Create strong passwords that are difficult to guess. Include numbers, capital letters and special characters like !?&a. Don't use the same password for all your logins and if you have to write them down to remember, keep the list locked away somewhere at home.
- Only shop and pay at reputable sites that have a URL starting with https://.
- Never use a debit card to shop online. Credit cards have more added protections.
- Validate who emails are really coming from. If you click on the sender's name, you'll often see that the email is actually not from Target, Walmart or Amazon.
- Avoid opening emails that suggest you've won a prize. You haven't. Never click to open a file from someone you don't know. It could contain a virus that takes control



of your computer and sends all your private data to a criminal.

Protect those packages:

- Once you've ordered items, make sure they're not stolen before they make it inside your house.
- Track your packages and encourage deliveries are placed in a hidden area.
- If you're going to be out of town, don't order items to sit on your front steps, have it delivered to a trusted neighbor or use a service like Amazon locker.
- If you're away from home for an extended amount of time, ask USPS to hold your mail.

If you believe you're a victim of package or mail theft, file a report on the Roseville Police Department website: www.roseville.ca.us

Whether you shop in stores or online, it's really important to frequently check your bank and credit card accounts. If something appears in your account that you don't recognize, immediately call your bank or card issuer.

If you are diligent in following the above advice, the worst that will happen this holiday season is that you'll receive two pairs of the same socks.

Billiards

BY DON WARDEN

Well the weather has cooled a bit, and the interest in the weekly



tournaments has risen. Nothing like cooler weather to get people out and about. The tournament on Tuesday, the 11th of October, was completely full - even had to turn one player away. It was a lively event with both men and women competing.

The winners in October were:

Oct. 18th, 8 ball, David Zan

Oct. 11th, 8 ball, Roy Stearns and Don Warden

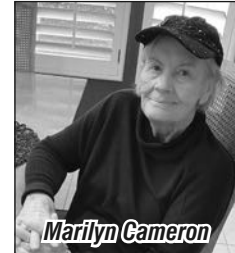
Oct. 04th, nine ball, Derrick Tegg and Bob Cecil

• • •

Bridge Club

BY BRENCE DAVIS

Life began for Marilyn Cameron in North Dakota where winter snow drifts reached the tops of door frames and summers were dominated by the Milky Way and Northern Lights. She spent her days enjoying nature and her



animals and or hunkering down with a good book.

Marilyn met Bruce ice skating on snowy days when she was only six years old. They were neighbors for years, dated when they were in college, and finally married in 1953. Their lives were defined by Harvard medical school, a bachelor's degree for Marilyn in Medical Records, four children, tight finances, and—since they had learned to play bridge together—some games with close friends.

After a brief sojourn in Marshfield, Wisconsin, where Marilyn worked for political causes, they relocated to Castro Valley when Bruce was hired as Kaiser Hayward's Chief of Surgery. He later founded Kaiser's Fremont ambulatory surgical center. She and Bruce were avid tennis players. With children off to college, Marilyn became a club director for a 20-indoor-court tennis facility. She started a newsletter at the club and later another about rescuing animals at a shelter where she volunteered.

They were married for 27 years, but their future dreams were derailed when Bruce died at 51 of a rare (now curable) kind of leukemia.

The following years Marilyn traveled to wonderful places, including Greece and Africa. Soon there were eight grandchildren. Then she began a new life in Sun City in 1998. She continued to play bridge, with help from patient partners and mentor Bob Boggs. Marilyn became a bridge life master and

(cont' on page 30)

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Eric Schott

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Bridge Club

(cont' from page 27)

participated in tennis, skiing, books, movies, and friendships. She also became captain of the women's 18-hole golf club. She's continued serve the community with PEO scholarship fund-raising. She says it's been a great life.

...

Mah Jongg Club

BY LAURI MOORMAN

All the Mah Jongg club members extend a warm welcome to all our newest members: Diane Elieff, Trudi Fury, Raquel Godfrey, Linda Howell, Wendy Lentz, Sandi Patterson, Jackie Phillips, Dennis Vronay, Tedi Vronay, Gwen Weitz, and Edna Zissler. We are so glad to have you joining us on Mondays and/or Fridays. Please know that you will be encouraged and helped by all the club members, whichever day you come, to continue to learn this great game.

The new Mah Jongg card purchase sheet will be in the card room starting this month. The small print card is \$14 and the large print

card is \$15. We hope that everyone will please purchase their cards through our club. Your checks must be made payable to SCRMJC and will not be cashed January 23, 2023. The charity donation to the Foundation will increase from \$2.50 to \$5.00 per card ordered. Our club was able to donate \$257.00 to the Foundation this year. The new cards will be mailed directly to each person's home address, and will arrive around the beginning of April. Cards can be ordered in the card room, by mail, or you can deliver your check to Annette Pettersen in person. Her address is 332 Station Court, Roseville, CA 95747. The deadline for ordering is January 20, 2023.

We play on Mah Jongg in the card room on Mondays from 12:30 pm to 3:00 pm and on Fridays from 9:00 am to 12:00 pm. You can play either day, or on both days. Mah Jongg is fragrance-free and name tags are encouraged.

In the joyful month of December, here's hoping all of us have good health, an opportunity to have celebrations with family and friends, and the very happiest of holidays.

...

Astronomical Events for the Month of December

BY BILL WEAVER

Dec 8 - Mars at Opposition

Mars is closest to Earth at opposition when Earth passes between Mars and the Sun. By contrast, at solar conjunction—when Mars is on the opposite side of the Sun to Earth—the planet can be more than seven times farther away. Roughly speaking, Mars oppositions occur every 780 days (about 2 years and 50 days). At this time, Mars is the fourth brightest object in our sky: a fiery red light that has inspired fear and wonder throughout human history.

December 8 – “Cold Moon”

In December, winter sets in and the Full Moon is called the Cold Moon. It is also called Long Nights Moon, and the Moon before Yule.

Dec 13/14 - Geminid Meteor Showers

The Geminids are considered to be one of the most spectacular meteor showers of the year, with the possibility of sighting around 120 meteors per hour at its peak. Unlike most

other meteor showers, the Geminids are not associated with a comet but with an asteroid: the 3200 Phaethon. The asteroid takes about 1.4 years to orbit the Sun.

Dec 21 - December Solstice

The December solstice will take place at 21:48 UTC. Also known as the winter solstice, it is the shortest day of the year in the Northern Hemisphere. In the Southern Hemisphere, it is the longest day of the year and is called the summer solstice.

Dec 22/23 - Ursid Meteors

Catch the shooting stars of the last major meteor shower of the year, the Ursids, when it peaks in the night between December 22 and 23.

Dec 23 - Super New Moon

This New Moon takes place very close to its perigee—the point on its orbit closest to the Earth.

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SCR Foundation 2022

(cont' from page 1)

volunteers epitomize our motto of "Neighbors helping Neighbors" with every call returned, service performed, and event coordinated. Our hats are off to all our volunteers for the work they do and all the time they spend helping others. Thank you!

The Foundation will continue to partner with SCRCA's Activities Department by funding the quarterly Speaker Series. Please save January 16, 2023, for the next Speaker Series event.

Mark your calendars! You are invited to attend the Foundation's special presentation on January 28, 2023, in the Timber Creek Ballroom. Doors open at 9:30 am and refreshments will be served. Come meet the Foundation's board members who will share information about our mission, programs, and services. We will also highlight our accomplishments for the 2022 calendar year to demonstrate how your donations of time and money have supported our community. Inevitably, some of our board members will be reaching the end of their terms next summer so we will highlight these positions and encourage others to serve our community by joining the Foundation's board – or any of our many volunteer positions. Information about the Foundation can be found on our website at www.scrfoundation.org

Friends of the Roseville Public Library Christmas Book Sale!

BY JOAN GOFF

Saturday, December 3, 2022 at the Maidu Library, 1530 Maidu Dr, Roseville from 10 am to 3 pm. Friends get in at 9:30 am. Cash, check or charge, cheap prices on really great books for gifting, reading and enjoying. Lots of large format coffee table beauties, Christmas romance and mysteries, children's holiday books, DVD's and CD's of holiday music and films. Call 916-746-1212 or email us at friends@rosevillefol.org with questions.

SUN SENIOR NEWS CLASSIFIEDS

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- ◆ ONE AD PER HOUSEHOLD, PER MONTH
- ◆ *Any Real Estate or Business Ads* are not free. Please see "Business Ads"
- ◆ Lost and found items/pets.

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- ◆ Anything of a commercial nature, including pet sitting, real estate, rentals, timeshare/condos, etc.
- ◆ 15 words for \$25. Additional words \$1 each.
- ◆ \$65 for three months, same ad! (15 words only) additional words \$1 each

Classified Ad Submissions —

WHEN: By the 12th of the month, please email the information below to: SunSeniorCA@gmail.com

Subject Line should be SCR Classified and your Phone Number (Example: SCR Classified 916-123-4567)

1. Contact name and phone number.
2. Which category to place your classified ad in: (Service, For Sale, Wanted, Announcement)
3. Classified ad text - including the phone number you want readers to call.

SCR residents get FREE non-business Classified Ads; limited to 15 words; one per household per month.

Non-business Ad items include selling personal used items such as furniture, tools, books, rugs, electronics, personal car, golf cart, etc.

Business Ads include anything of a commercial nature or service, including pet sitting, real estate, rentals, timeshare/condos, any service etc.

Business Ads are 15 words for \$25 for one-month. Additional words \$1 each. (\$65 for three months for the same ad.)

If your classified ad is determined to be "business" related, we will email you an invoice that will allow you to pay immediately with a credit card, or mail a check.

*HINT on Word Counts: A "word" is anything separated by spaces, or as reported by word-process software like Microsoft Word.

If you have any questions, please email us at: SunSeniorCA@gmail.com



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117 Timberlodge Court	Ironwood	\$640,000
5121 Green Grove Lane	Calaveras	\$645,000
4109 Napa Loop	Sierra	\$650,000
7317 Goose Meadows Way	Yosemite	\$650,000
341 Cope Ridge Court	Yosemite	\$655,000
7437 Goose Meadows Way	Delta Breeze	\$660,000
4301 Coach Whip Way	Yosemite	\$665,000
7012 Windchime Way	Calaveras	\$695,000
5385 Angelrock Loop	Yosemite	\$695,000
5132 Redbud Grove Lane	Yosemite	\$720,000

Market Update

“The only constant in the Real Estate Market is change.” I’ve used that line for better than 3 decades in my Real Estate career. The market is in constant change and this particular change is going to require that home sellers have a full strategy to list and sell their home. If you are thinking of interviewing an agent, my first piece of advice is look for someone who has been through a market in decline. I have been through the housing recession caused by high interest rates in the early 80’s, the recession that began in 1990 (which actually resembles what we are seeing now) and the crash of 08. I am the full time Broker and Owner of Thompson+Brown Real Estate and offer my expertise. Call or text 916-297-3500

George Brown

*All measurements and all calculations of area are approximate. All Sales from all MLS Brokers. Display of MLS data is usually deemed reliable but is NOT guaranteed accurate by the MLS. Buyers are responsible for verifying the accuracy of all information, Sales from all MLS brokers