

SUN SENIOR NEWS

Your Community News Source — Serving Sun City Lincoln Hills — ONLINE AT: SUNSENIORNEWS.COM



IN THIS ISSUE

Players, Tap	3
Ballroom, Country Couples	5
Squares, Mixed Media	5
Needle Arts, Painters', Paper Arts.....	7
Photography, Woodcarvers	7
Letters to the Editors	9, 21
Italian, Lavender Friends, Genealogy	11
Apple User, SCHOOLS	11
Shalom Social, Bosom Buddies.....	14
Hearing Support, Low Vision	15
Multiple Sclerosis, Democratic, Astronomy	15
Travel, RV, Amateur Radio, Veterans	17
LH BOD Elections & Candidate Statements.....	19
Republican, Roadrunners, Sports Cars.....	25
Rods & Relics, Bird.....	26
Garden, Hiking-Walking.....	27
Cyclists, Swimmers & Water Walkers.....	29
Water Volleyball, Pickleball	29
Table Tennis, Tennis	30 - 31
Bocce, Shuffleboard, Softball.....	31
Lincsters, Ladies Golf, Men's Golf, Cribbage	33
SSNLH Writer	35
Observations	36
Neighbors InDeed	37
Duplicate Bridge	38
Classifieds.....	39

And Much More . . .

The Singers — School and Service

BY RUTH MORSE

Stu and Sherry Singer have brought a bi-coastal past to share in Sun City Lincoln Hills. After more than sixty years of living in the Washington, D.C. area, the pair retired and moved to San Francisco near the Panhandle of Golden Gate Park for a decade. Then in late June of 2021 they brought their variety of experiences and energy to Lincoln. After living through the adventure of a 1901 era home in San Francisco all of the amenities of this community were extremely appealing. But equally important to living in Sun City was Stu's best friend of nearly seventy years. That made the decision even easier.

Stu grew up in Fairfax, Virginia area and attended college at Southern Methodist University where he majored in both math and journalism. He was there at the same time as Laura Bush, but they did not know each other in school. They would meet later.

Sherry also grew up in the Northern Virginia area and attended George Mason



PHOTO BY JEFF ANDERSEN

University located in Fairfax, Virginia. There she majored in Biology and obtained Bachelor and Master of Science degrees. She did not meet Stu until they both worked at the same

high school which was Stuart High School in Fairfax, Virginia.

After Stu and Sherry met, dated and wished to marry, they ran into some difficulties. The school district had a strict policy that employees at the same school could not work together if they were married. This posed some difficulty because both Stu and Sherry were firmly entrenched with the award-winning school and both had positions of responsibility. The couple researched the issue and discovered the rule stemmed from a 1957 incident when two teachers who were married caused a scene at the school because of a disagreement. Stu and Sherry then went to the Board of Education and asked for a change in the policy so that they could marry and still both remain at the school. The Board took a vote to allow their marriage and it passed with seven ayes and two nays. Afterwards, the Superintendent wrote them a congratulatory letter on their marriage.

(cont' on page 23)

LH Foundation – Hats Off to Our Superheroes

BY DENISE BOWDEN

April is here and we celebrate bunnies on Easter, Tax Day and our planet on Earth Day. We also celebrate Superhero Day at the end of the month, a bit of an unknown holiday but one that resonates with the Foundation. Our superheroesserve and protect their community and dedicate their efforts to helping others in a variety of ways. Join us as we celebrate our donors, our LHF Board members and our volunteers. Without all of you we could not do the job we do here in Sun City Lincoln Hills.

A chance to become a superhero is coming. The Big Day of Giving is coming up on May 4th. It's your opportunity to give where you live and help the Foundation provide and expand services for members of the Lincoln community.

Interested in being a part of an organization providing support and opportunities for our seniors? We are looking for Board Directors or Advisory Board members. If you have skills or experience in marketing, fund raising, program management, finance, writing, web skills or just want to be part of an organization that makes a difference in the community you are welcome. Come to our Board meeting on the second Monday of each month at 9:30 a.m. in Orchard Creek Lodge and see what we are all about.

Bingo day is on Thursday, April 27th, so mark your calendars so you don't miss it. Doors

(cont' on page 38)

LH Chorus Presents "Groovy Sounds of the 60s!"

BY GAY MACKINTOSH

Feelin' groovy? Our May concert "Groovy Sounds of the 60s!" is just around the corner, so get your tickets NOW. And get in the groove with our musical trivia quiz (answers at bottom).

- 1) What song recorded by The Drifters in 1960 is in two of our medleys?
 - a. "In the Still of the Nite"
 - b. "Book of Love"
 - c. "Goodnight, Sweetheart, Goodnight"
 - d. "Save the Last Dance for Me"
- 2) What song's words and music were written by George Harrison?
 - a. "Bye Bye Love"
 - b. "Yesterday"
 - c. "Here Comes the Sun"
 - d. "Our House"

- 3) What song won a Grammy in 1964?
 - a. "Blowin' in the Wind"
 - b. "Sherry"
 - c. "Monday Monday"
 - d. "The Sound of Silence"

Tickets are selling fast for our groovin' performances May 5 (Friday evening), 6 (Saturday matinée), and 7 (Sunday matinée). So, get in line (at either Membership Desk) or online to select your favorite seats in the Ballroom: Premium Reserved (first seven



rows) \$22; Standard Reserved (back seven rows) \$19. Don some cool 60s garb to really get your groove on! (See quiz answers on page 37.)

...

LH Music Group

BY DAN LEHRER

Our meetings start out with a Group sing/play along followed by individual performances. Sometimes the performers invite the audience to sing or clap along and the energy levels soar. It's always amazing to listen to such a wide variety of musical genres. From Country to Blues to classical we've got it all. All of us are striving to learn new songs and stretch our abilities. It's a team effort each month to make the sound quality, set up and group song choices all work. We keep learning each time and are grateful for the opportunity to be in such a fine venue. We meet on the second Wednesday of the month from 2:00 to 4:00 PM in P-Hall (KS) through October. We love an audience so please come on down. You can find the Lead Sheets for the group songs and more information on our website; the password is musicgroup. The Guitar Ensemble meets Fridays from 1:00 to 3:30PM (OC). Open to Lincoln Hills

(cont' on page 3)

PRSRT STD
U.S. POSTAGE
PAID
ROSEVILLE, CA
PERMIT NO. 70

Sun Senior News
5098 Foothills Blvd., #3-405
Roseville, CA 95747

ECRWSS
POSTAL CUSTOMER

Protect Your Investment!



DEFENDER TERMITE & PEST MANAGEMENT
WINNING THE WAR ON PESTS!

(916) 389-BUGS (2847)
www.defenderpest.com

SPECIAL OFFER

\$25.00 OFF* NEW TERMITE WARRANTY OR \$100.00 OFF* COMPLETE TERMITE TREATMENT

(916) 836-8083

PEST CONTROL SPECIAL \$69.00 Bi-Monthly*

*Restrictions apply, call for details!

WE DEFEND AGAINST: Ants - Spiders - Earwigs - Wasp - Rats/Mice - Cockroaches - and More!

★★★★★ "Defender Termite is the best pest company I have dealt with in the greater Sacramento Area. They are the best! Thank you for all your services and for your amazing customer service!" —Flaviu B.

★★★★★ "We love our technician. Wonderful customer service." —Jeannie F.

★★★★★ "Aaron is great. He's knowledgeable and does the job right. Unlike the national competitors, he spends as much time as necessary to protect our home. Treatment, web cleaning, full explanation of what was done and the results to expect." —David G.



POWERPLUS
Heating & Air Conditioning

Power Plus HVAC

Heating & Air Conditioning

CSLB# 898823

- ▶ Service
- ▶ Repairs
- ▶ Ducting
- ▶ New Installations
- ▶ Casita Heat Pumps

Free Quotes!

Local Resident in Sun City Lincoln Hills since 2012

Contact me about the Inflation Reduction Act Rebates for 2023 Heating and Air Conditioning systems!

www.powerplus-hvac.com | 916-430-0553

Don't know where to start to sell your home?

rate my agent

Agent of the Year Award

Top 5 Agent Placer County



From start to finish we are with you all the way. Our team will get it done!!

Review from longtime Sun City Lincoln Hills resident who downsized to a senior facility:

"She does it ALL! Jackie is not just a realtor. She has a team that does estate sales, clean-outs, handyman work, donations of unwanted household items to local charities, and much more! Jackie has a special certification in helping senior citizens with their real estate needs, whether it be downsizing to a smaller home or moving to senior communities such as assisted living. Moving can be overwhelming but Jackie and her team support her clients every step of the way. She's trustworthy and puts her clients' needs above all else. Thank you for helping our family Jackie!"

-Dr. Robert Pretzlaff

Verified by RateMyAgent

Jackie Smith



CA BRE 01937900

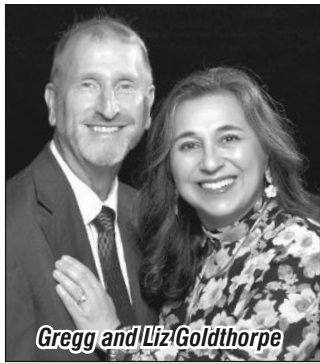


SRES



Call or text today:
916-741-9303
 Email: jackiesmithSRES@gmail.com
 www.DiscoverYourWayHome.com

The Sun Senior News - Lincoln Hills is a monthly publication, published by EGnews Inc.
916-727-6383 • E-mail: SunSeniorNews@gmail.com
Ad rates are available online at www.SunSeniorNews.com or
Email: SunSeniorAD@gmail.com



EDITORS
Gregg & Liz Goldthorpe

PRODUCTION ASSISTANT
Madison Goldthorpe-Lewis

ADVERTISING
Gregg Goldthorpe

CONTRIBUTORS

Ruth Morse, Jeff Andersen, Denise Bowden, Gay Mackintosh, Dan Lehrer, Doug Brown, Alison Wolfe, Ernie Micheli, Rich & Donna Pick, Jackie Carlson, Jill Short, Mary Swanson, Tamsen Armstrong, Linda Lucchetti, Diane Margetts, Lionel Rainman, Judy Ganulin, Val Singer, Stuart Singer, Jeri Di Fiore, Bill Weaver, Linda Bevins, Victoria White, Bill L. Lewis, Sue Dumas, Jacqueline McDermott, Richard Pearl, Elna Ragan, Ruth Baylis, Lorrane Immel, Tom Frady, Jim Klein, Diane Ferrari, Molly Morris, Carl Lynch, Pan Flaherty, Kim Petruzzelli, Jon Kline, Heidi Mazzola, Carole Eubanks, Carol A. Lopez, Mike McBack, Mel Switzer, Paul Schechter, Stuart Singer, Jim Fulcomer, Martin Green, Teresa Tanin, Mona Stryker.

CIRCULATION

The Sun Senior News - Lincoln Hills is mailed free to 7,000 homes in the Sun City - Lincoln Hills community. The delivery is targeted for the first week of each month.

READ ONLINE - DIGITAL ISSUES

The Sun Senior News - Lincoln Hills is available to download each month as a PDF digital file at: www.SunSeniorNews.com
Back issues are available to download there as well.

ADVERTISING

Visit www.SunSeniorNews.com or Email: SunSeniorAD@gmail.com for advertising information.

CLASSIFIED ADS - EMAIL

Classified Ads should be emailed by the 12th of each month to: SunSeniorCA@gmail.com. See the Classified page towards the back of this issue for more information.

SUBMISSIONS

The Sun Senior News - Lincoln Hills welcomes announcements from social clubs, schools, charitable organizations, non-profit organizations, local government and community events. Also, editorial contributions as well as articles, cartoons and photographs are welcomed and considered for publication. Deadline for submissions is the 15th of each month. *Please submit via email to: SunSeniorNews@gmail.com*

All information submitted to the Sun Senior News - Lincoln Hills must be accompanied by your name, phone number and written consent. All letters received become the property of the publisher (EGnews Inc.). The Sun Senior News - Lincoln Hills reserves the right to edit letters for publication and liability purposes and are not guaranteed to be published.

All content and letters to the editors represents the opinion of the various authors and all content and letters should be considered as opinion and editorial in nature. Any representations expressed by the various authors are not necessarily shared or verified by the publisher.

Advertisers are solely responsible for all representations made by their advertisements. EG NEWS INC. is not responsible for the content or accuracy of any advertisements. The presence of an ad within our publications or electronic communications does not imply endorsement of the advertised company, product, or service. Readers should use all due diligence regarding representations, products or services before a transaction is performed. EGnews, Inc. reserves the right to refuse any advertising.

EGnews Inc. publishers of the Sun Senior News - Roseville and Sun Senior News - Lincoln Hills
Sun Senior News is not associated with Del Webb Corporation.
Del Webb's Sun City is a registered trademark of Del Webb Corporation.

LH Music Group

(cont' from page 1)

Residents. Contact Sal Caruso at 916-343-5810 for information. Ukulele Ohana meets Wednesdays, 1:00 to 3:00 PM (OC). Open to Lincoln Hills residents. Contact Ron Peck at 925-788-5869 for information. You can also contact Dan Lehrer at dlehrer72@gmail.com.

Players — “Twelve Angry Jurors” Coming Up!

BY DOUG BROWN

“Twelve Angry Jurors,” the Players’ June 8-11 production, is a courtroom drama complete with suspense, lessons in human nature, and a surprise ending. A young person has stood trial for the murder of his father. While it first appears to be an open and shut case, as the jurors begin to dig more deeply, we witness their sometimes-heated debate.



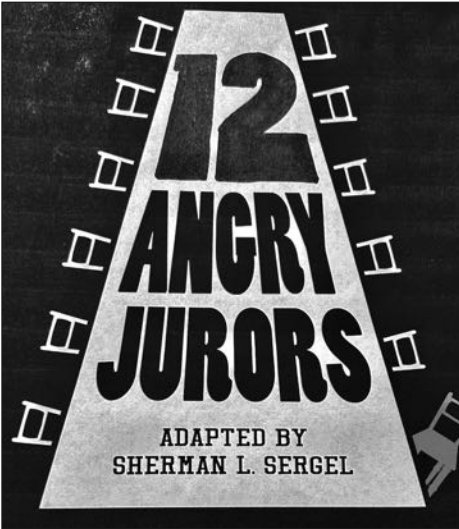
Director Jane, Assistant Director Julie enjoy reading “Jurors” playscript.

Auditions will be held Wednesday, April 5 and Thursday, April 6 at 5:30 in OC Fine Arts Room. To prepare for an audition, scripts may be obtained on the Players website at www.lhplayers.org

You don’t have to be a Players member to audition, but if you’re cast, you’re then asked to join the club for a whopping \$5 (annual club dues).

Performances will be in KS Presentation Hall June 8-9-10-11. Tickets go on sale April 17 in the lodges and online.

The next Players meeting is Monday, April 10, at 4:00 PM in Kilaga Springs Presentation



Hall. For more information, visit our website at www.lhplayers.org or contact Players President Craig Stults at 916-543-6782.

Tap Company

BY ALISON WOLFE

The Tap Company’s production, “Let’s Dance Again”, is now a pleasant memory. We want to thank everyone who came out to watch the show and cheer us on! The show was filled with dancers of all kinds (not just tap!). There were the cloggers, line dancers, jazz, hula and belly dancers. They knocked themselves out with fabulous dance routines. Then there were the singers to take us down memory lane with hit tunes such as “When You’re Smiling” and “Sweet Caroline”.

With over 70 of us involved with this production, there’s a lot of people to thank. Those who participated by dancing and singing, directing, producing, choreographing and the unsung heroes, those behind the scenes. We could never have done the show without the support and dedication of these behind-the-scenes crews. A big thank you to the sound and light crew, backstage crew, set construction and design crew, coaches and others who worked tirelessly to make the show the best it could be. It was a huge team effort and without a lot of hard work, it could not have been done. And a very special thanks to our Artistic Director, Alyson Meador, who choreographed all the tap numbers.

Now a new month begins. Don’t forget to sign up for tap classes. There is a class for every level. If you are an absolute beginner,

(cont' on page 5)

WE’VE MOVED!

Same Great Service,

NEW Location!

State Farm

Julie DeCarlo, Agent

Lic. #0B98828

916-783-4010

Julie@juliedecarlo.com

www.juliedecarlo.com

1259 Pleasant Grove Blvd. Suite 140
Roseville CA 95678
(S/E Corner of Foothills & Pleasant Grove
Across Street From Arco AM/PM)

Amazing Grace

Seventh Day Adventist Church

Saturday Mornings - Bible Study 11:15 am
(English)

— • —

Worship Service 9:30 am - Pastor: Gresford Thomas

Join us at

600 McBean Park Drive - (916) 408-4408

Sam's Electric

Local and semi-retired 40 years experience
LICENSED ELECTRICIAN

ANY TYPE OF ELECTRICAL REPAIRS:

CEILING FANS

RECESSED LIGHTING

EXTRA / OUTDOOR PLUGS

HANDYMAN REPAIRS

PANEL SAFETY CHECKS

Low rates!

916-521-8319

WE ANSWER OUR PHONE!

Senior discounts
Financing Available



Lic # 483222

TERRAZAS LANDSCAPE

Family Owned Since 1998

COMPLETE LANDSCAPE MAINTENANCE!

Top reasons to call Isaac at 916-247-2748 for your maintenance needs:

1. Lawns mowed & edged weekly!
2. Lawns fertilized every eight (8) weeks!
3. Lawn sprinklers checked every eight (8) weeks!
4. Shrubs pruned as needed!
5. Shrubs fertilized twice a year!



6. Drip system checked!
7. Sprinkler timer programmed as needed throughout the year!
8. Weeds eradicated on a weekly basis!
9. Patios and walkways blown off weekly!

Licensed & Insured

Contractor License #: 877722

FULL SERVICE REAL ESTATE BROKER

SERVING OUR GREAT VETERANS

If you are a Veteran and want to sell your home in Sun City Lincoln Hills, call me for a very special offer

I provide an updated Comparative Market Analysis absolutely Free, ensuring you top market value for your home

★ Integrity ★ ★ Honesty ★ ★ Commitment ★



Then



Thank you for your service to this great Country

Tony Portman

USMC Veteran

Sunshine Properties

916-214-7888 email - tonyportman44@gmail.com

Veterans helping Veterans

Cadre #00686943

www.tonyportman.com

Now



Tap Company

(cont' from page 3)
the Monday class at 11:00 AM is for you. Haven't tapped in a while? No problem. We have two technique classes, one on Monday at 10:00 AM and one on Tuesday at 10:00 AM, to bring you up to speed.

...

Ballroom Dance Club

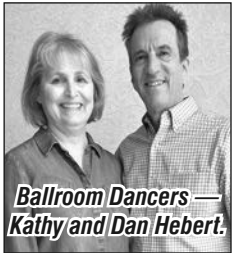
BY ERNIE MICHELI

The Ballroom Dance Club provides instruction for a different dance each month. Sal and Ruth Algeri will provide lessons for the cha cha during the month of April.

On Saturday, April 29 the Ballroom Dance Club will host the Spring Pot Luck. The theme for this potluck will be "Springtime in Paris". Mark your calendars and plan to attend "Springtime in Paris".

The Ballroom Dance Club would like to acknowledge and welcome new members Steve and Jo Roy.

Annual membership dues are only \$10 a person and is open to all SCLH residents and sponsored guests. Lessons are offered in the Kilaga Springs Lodge Multipurpose rooms each Tuesday from 2:00 to 3:00 PM for beginners and 4:00 to 5:00 PM for more experienced dancers. Open dance is from 3:00



Ballroom Dancers —
Kathy and Dan Hebert.

to 4:00 PM during which you can practice the many dance styles including the current month's offering. Contact Sal Algeri at 916-408-4752 for more information.

...

Country Couples

BY RICH & DONNA PICK

Country Couples is blessed with some great members who are also wonderful teachers of country dances. On Monday evenings there is a class taught by Georgi and Dennis Dawson where we learn new dances and review some older dances. Look for Country Western Dance classes listed in the Compass. On Saturdays

Practice Leaders —
Top: Ivan and Irene
Hesson. Bottom, left to
right: Gary and Laura
Wermuth, Colleen and
Brian Hope, Deb and
Jim Christie.



there are practice sessions for those enrolled in the Monday evening class. Country Couples also holds practice sessions for club members on Fridays at 9:30 AM for beginner dancers and 10:30 AM for intermediate dancers in

the Fine Arts Room (OC). These sessions are led by our practice leaders Ivan and Irene Hesson, Gary and Laura Wermuth, Colleen and Brian Hope, and Deb and Jim Christie. We encourage all interested people to come any Friday morning and watch a practice. The practice leaders provide wonderful support for those of us who want additional practice for the dances we've learned.

Some upcoming events include a potluck and dance on April 1 to be held at Kilaga Springs, where we'll be dancing the dances we've learned. Then we have our next scheduled dinner out on April 5th at Cattlemens in Roseville. If you are interested in joining our group, please contact April Cederburg, 916-390-3931.

Website: www.sclhcc.com

...

Sun City Squares

BY JACKIE CARLSON

Sun City Squares is a Beginning (SSD), Plus and Advanced Level Square Dance club. The Beginning and Plus level meet at KS on Mondays 1:15 to 3:45 PM. The Advanced level class meets at KS on Thursdays 1:15 to 3:00 PM. The Round Dance class (similar to ballroom dancing cued by a caller) meets at KS on Thursdays 11:30 AM to 1:00 PM.

Learning to square dance requires months of patience and commitment and is why our club only starts one class per year. We started our newest class in February 2023.

If you have previous experience, stop by the KS Multi-purpose room and join the group.



The cost is \$8 per class.

...

Mixed Media Club

BY JILL SHORT

Do you want to try something different and fun? Come and give the Mixed Media

Club a try. You do not have to have prior experience in art. Worried about not having art supplies? A glue stick and scissors are a good place to start. The Mixed Media Club is a safe encouraging place to experiment, play, laugh and just enjoy yourself. The club meets the 3rd Wednesday of the month at 1:00 PM in the fine Arts Room (OC). At the meetings we have an art lesson presented, then we and work on it during club time. The club has a voluntary monthly art challenge. Our art challenge for April is to use the prompt, "April Fools" anyway you want in an art piece. Bring the finished product to our April 19th meeting to share.

For more information, questions or want to visit us, contact Chris Fetter at 916-276-7895 or email at: mixed.media.chrisf@gmail.com

...

(more Club News cont' on page 7)



LINCOLN COMMUNITY CHURCH

"Sharing the Joy of Christ with Seniors"

EASTER SERVICES

8:30 AND 10:00 AM

GOOD FRIDAY SERVICE

5:00 PM

WINDS OF FAITH CONCERT

APRIL 30 5:00 PM

Weekly Services Available on YouTube.com
Lincoln Community Church

Daily Devotionals Available on Facebook
Lincoln Community Church

950 E. Joiner Parkway, Lincoln, CA

For Information, call 916-408-3800

See's CANDIES EASTER SALE!

MARCH 25TH - APRIL 9TH 10AM - 4PM DAILY



DOWNTOWN LINCOLN

150 Lincoln Blvd
Lincoln Ca 95648
(Next to Tugboat Fish & Chips)

ORCHARD CREEK LODGE

965 Orchard Creek Ln
Lincoln Ca 95648
(Kiosk located in the Lobby)

ONLINE SALES

LincolnSees.com
(Free Local Delivery)

See's FOR SOLDIERS

Buy a Box or Donate & we will handle
transport costs to deployed Solidiers



for More Information
LincolnKiwanis.org/Sees

SUN CITY RESIDENTS



**VOTE
NO!!!**

ON THE BALLOT AMENDMENT

In April, you'll be receiving a ballot for the Board of Directors election, plus a proposed Amendment to our Governing Documents. Currently our Board has the power to decide how our community is managed. This Amendment strips them of that authority. Further, by setting an unattainable voting requirement, it effectively ties the hands of all future boards forever. This is short-sighted and irresponsible. The Amendment was voted-down in 2021.

It must be voted down again.

STOP THE POWER GRAB!

Learn more at:

JustSayNoSCLH.com

Needle Arts

BY MARY SWANSON

The next NA general meeting in will be at the Presentation Hall on April 11th at 1:00 PM. The featured presenter will be a representative from Auburn Needleworks, a yarn shop located in Auburn.

Time is running out to register for the spring get away retreat scheduled for April 24th through 28th at the Mercy Retreat Center in Auburn. A few spots remain available and is open to all. Check out the NA website (sclhna.com) for all the details.

Beginning in April, on the first Friday of each month from 1:00-4:00pm, there will be an Open Workshop in the Needle Arts Sewing Room where you can bring your questions to the monitor of the workshop and get help with your project. Demonstration workshops and classes will be held on the first and third Tuesdays from 1-4 in the Needle Arts Sewing Room. There is no fee for the demonstration workshops, but you must be a member of Needle Arts. The workshops are first come, first served. Classes will be taught by expert teachers and there will be a small fee for these classes which you must sign up for prior to the class date. Volunteers are needed to help as workshop monitors. If you would like to demonstrate a tool or idea, or if you are a teacher and would like to teach an interesting or unique workshop, please contact Betty Kisbey at bettyk@starstream.net. Betty will be demonstrating mitered borders at the first workshop on Tuesday, April 4th.

NA's spring event — May 9th to be held in the OC Ballroom with details being a closely guarded secret.

The NA website, sclhna.com, is where to go if you need any information regarding breakout groups, membership, monthly calendar of activities, or just general information on our club. Make sure to visit it.

• • •

Painters' Club

BY TAMSEN ARMSTRONG

Current Art Show: Check out our paintings at Lincoln's warm and inviting Buonarroti Ristorante on Lincoln Blvd. Show runs until June 3.

Call to Artists: Our April General Meeting will focus on the Fine Arts Show, held this year on June 9-11. You should have

received an email from the FA Committee that details the registration process. If you need more hands on information, please attend the April 18th meeting in the OC Art Room. Contact Joan Musillani at joanmusillani@gmail.com

Simple Pleasures wants your painting on their walls! Look to your emails soon for more information about how to get your work into this friendly café. This place sells!

Our next Paint Challenge is on the theme of Fairy Tales/Nursery Rhymes, which could be from any culture or era and will be presented at our May 16 meeting. Gift certificate prizes/ribbons are given to 1st, 2nd, and 3rd. place winners in the categories of Beginning, Intermediate and Advanced levels.

Our Artist Spotlight for March was Marion Randall, a multi-talented, multi-media creator of stunning landscapes that will engage all of your senses. Her work features complex layers of paint, textiles and other media which creates incredible depth in her scenes.



Check us out on Facebook! Our private group is for you to download forms and newsletter back issues, post your latest masterpiece, ask a question, or share some good painting tips. Our general meetings are on the 3rd Tuesday of every month at 1:30 in the OC Art Room, and dues are \$15 a year. Contact Linda Shields at linda_c_s@yahoo.com for more information 916-761-4549.

• • •

Paper Arts

BY LINDA LUCCHETTI

Our April project presented by Rosy and Sue includes a "Thanks a Latte" card and a cute Bunny Box just in time for Easter. So, hop to it!

Our latest community service project, thanks to Mary Emmet, is a way to benefit Glen Edwards Middle School in Lincoln. The principal often sends cards to staff,

students, and volunteers. That's where our club can help. Club members can donate their cards or monetary donations for "Teacher Appreciation," by bringing them to our monthly meetings or Open Lab sessions. Thanks to Mary, and Carolyn Sanfilippo, Mary Prindiville, and Nancy Younis for coordinating this project.

Open Lab, run by Dottie Macken, is the third Thursday of the month. At a recent Open Lab session Dottie demonstrated the "Stamparatus"—a handy tool used to perfectly



position stamp images on paper. This is a "must have" for card makers and crafters. Thank you to Dottie for teaching us more about this tool and the technique.

We meet on the first (club meeting) and third (Open Lab) Thursdays of the month in the Terra Cotta Room at the Kilaga Springs Lodge at 9:00 AM. Members can check the monthly newsletters (email) for updates and the status of activities and meetings.

For further information, contact: Teri Hersko, at hawaiiateri@gmail.com

• • •

LH Photography Club

BY DIANE MARGETTS

Coming in April, Jan Lightfoot will take us on a magical photographic adventure through Mongolia. This is a presentation you don't want to miss! Our March presenter was Beth Young, a photographer passionate about capturing uplifting images of nature and subsequently sharing their therapeutic effects. Beth's photography is featured in hospitals, clinics, cancer centers, psychiatric facilities and elder care communities throughout the west.

Club members gathered at the Crocker art museum in early March for some interior-

style street photography. Many of the members chose to take a docent-hosted tour of the museum.

The club is planning a Show and Tell Extravaganza for May. Banking on warmer weather, this time we will follow the Show and Tell with an ice cream social! And in June, we are planning a Club barbecue and we hope to be an annual summer social event for club members. See our website for more details on the upcoming Show and Tell Extravaganza and Club barbecue!

We currently have a Gladding McBean exhibit at the Kilaga Springs Library. The Kalakaua Springs exhibit rotates quarterly. We also have an exhibit in the Kilaga Springs spa rooms. It's time to book a relaxing massage and enjoy some of our photographers' beautiful artwork!

Check out our Facebook Page... the Club Facebook page is open to all residents of SCLH who are interested in photography. Members post photographs, suggestions, answer questions, and add ideas for local places to try out your skills with the camera. Go to <https://www.facebook.com/groups/SCLHPhotographyClub/?ref=bookmarks>.

Thinking about joining the Photography Club? We always welcome new members. You can sign up at any of our monthly General or Photography Special Interest Group Meeting. For information of meeting times and schedules, please check out our website.

Contact: Diane Margetts; 916-955-1809
Website: <http://www.lhphotoclub.com>

• • •

Woodcarvers Club

BY LIONEL RAINMAN

Although we don't have a current display of carvings at Orchard Creek, why not come by during our meeting and see what we're carving. It's also a chance to talk to some of the men and women members and hear how they became interested in woodcarving. Most of our members got started carving after seeing a display or talking to someone that carves or whittles wood. Once the interest is established there are sources on the internet or in books or magazines to encourage carving. Better yet is joining a club where you can get help and talk to other carvers about most things relating to wood carving. That would be kinds of wood, tools, styles of carving, painting and

(cont' on page 11)

OLIVIA LARRABEE
Realtor® | DRE #02056059

CENTURY 21

Cell: (530) 520-3169
Email: Olivia.Larrabee@c21selectgroup.com
WWW.C21SELECTGROUP.COM | DEFT mediocrity+ DELIVER extraordinary experiences

GARY'S SPRINKLER REPAIR SERVICE

Residential Experts • 28 Years Experience
Troubleshooting & Repairs

- Timers Changed • Wiring Issues • Bad Valves
- Some Drip Work • Broken Pipes
- All Work Guaranteed

916-223-3706 LIC# 869624

Forget Mow, Blow, & Go!™

USING THESE PAILS MAKES ALL THE DIFFERENCE.

The only way to provide a manicured look to your yard is to yank, trim, rake, and remove weeds, leaves, and debris BY HAND...AND WE DO IT!



We provide an English-speaking crew member at every visit. • Irrigation systems are regularly checked for proper operation. • FREE Timer Adjustments • (3) Service Plans to choose from. • NO contract required. • Change plans anytime. • Improvement project in mind? We prepare all documentation and submit it for Architectural Approval at NO ADDED COST!



530-740-3592

Martin's Landscape
CA Contractor Lic #1007425
City of Lincoln Lic #06875
BONDED & INSURED



ANNE WIENS

REALTOR® | BROKER ASSOCIATE

COLDWELL BANKER

SUN RIDGE
REAL ESTATE

BUYING? SELLING? RELOCATING? INVESTING?

Call 916.847.6006 For All Your Real Estate Needs.

- Professional marketing, negotiation, and communication.
- Real Estate Team with 35+ years combined experience.
- Nearly 800 local real estate transactions closed.
- Visit AnnesFanClub.com for reviews from happy clients.

REALTOR®/ Broker Associate

• e-PRO® • CNE • SRES®

Outstanding Life Masters Club Member

Coldwell Banker International

President's Elite

Email: Anne@YourAgentAnne.com

CA DRE Broker License # 01425896

www.ActiveAdultPlacer.com

www>YourAgentAnne.com



Family Owned – Community Focused


**COCHRANE
WAGEMANN**
FUNERAL DIRECTORS FD305

916.783.7171
www.cochranewagemann.com


**CREMATION SOCIETY
OF PLACER COUNTY** FD2199

916.550.4338
www.csopc.com



Doug and Rita Wagemann
FDR 2864 CA INS LIC. 0149635





Letters to the Editors...

Authors are solely responsible for the content of their letters.

Who Should Decide on Outside Management?

The Issue: Just four of seven Board members can vote to replace our Association's current in-house professional management with outside management by a for-profit company. We would then be staffed by company employees, reducing our Board's control over management and operations. The company's need to make a profit would likely result in higher dues and/or fewer community services. If it didn't work out, returning to in-house management with our own staff would be difficult.

The proposed Bylaws amendment on our Board election ballot would put the critical choice of whether to move to outside management in the hands of the Membership. This amendment was supported by 76% of the properties voting in our 2021 special election and needed only 27 more votes for approval by the required 51% of all 6783 SCLH properties.

The Solution: Vote YES on the proposed amendment empowering us, the Membership, to decide on outside management. And allocate your four Board votes among the five candidates who have served our community well there currently

or previously: Marie Barnes, David Conner, Robert Copp, Jack Harris, and Denny Valentine.

Barry Mackintosh

...

Vote For...

The annual SCLH Board of Directors election is fast approaching. It is critical that we elect four Directors who demonstrate integrity, community commitment and the critical experience needed to serve. It is my belief (and many other SCLH residents) that Robert Copp has proven, over the past 2 years, that he possesses these skills and values. In his 2022 position as Vice President of the Board, Robert Copp has provided exceptional leadership while working collaboratively with the Board. Robert espouses open communication and dialogue, encouraging divergent opinions and ideas to achieve the best collective decisions for the SCLH community. His many contributions have helped SCLH remain a preeminent HOA in California. Please cast your vote for Robert Copp when the ballots are mailed out April 10, 2023!

Linda Mann

...

Vote For...

Robert Copp, current Vice-President of the Board of Directors, is a registered Civil Engineer and was the Assistant to the Caltrans' Director during the last year of his career. In this position, he worked to improve communications among all Executives and oversaw the development of the Department's Strategic Plan. Robert has a calm and confident manner and was able to get consensus involving the 12 Caltrans' Districts. Robert has lived in Sun City since 2013, served as Chair of the Finance Committee for five years, and understands the community and its needs. Robert has a four-pronged approach to serving on the Board of Directors: ongoing engagement with the community, using effective strategies to study an issue, tasking staff and committees to research issues and provide solutions, and providing leadership to ensure we remain a top community. I have worked with Robert on various projects related to Strategic/Long Range Planning during my last five years at Caltrans and have seen his excellent work firsthand. During my 22 years in this community, I have held several positions in the Photography Club and have spent four years as President of the largest club in Sun City - the Lincoln Hills Apple User Group which has over 1300 members. I strongly support Robert Copp for the Board of Directors position and I hope you will too.

Vicki White

...

Member Issue Statement

The proposed amendment was already voted on at the costly special election in the Fall of 2021. There is no material change in circumstances to suggest it needs to be reconsidered, just the opinion of some that the results were so close it should be revisited. Does that mean we vote again, and again, and again, until we get the results this Board desires?

There is no language in our governing documents that requires membership approval to convert from a management company to in-house staff. So, the claim that this amendment supports consistency is false. It is a fabricated explanation that is deceitful and contrary to the interests of this community.

This amendment is a double-edge sword. There are no provisions provided for the membership to request the Board to conduct an election to pursue outside management in the future, if the membership thinks it would be a good idea. There is no language in our governing documents at all for a member to request a vote to change to our governing documents.


Let the Board of Directors do their job. Vote NO on this amendment

Alice Crawford

...

(more Club News cont' on page 21)

Also Offering
Jewelry Repair
and Engraving



BUYERS & SELLERS OF

**GOLD • STERLING SILVER
COINS • BULLION • ESTATE JEWELRY
UNIQUE COLLECTIBLES**

Estate Appraisals by appointment
543-GOLD (4653)
**LINCOLN
Gold & Coin**
547 Lincoln Blvd.



**Lincoln Hills
FOUNDATION**
Serving the Lincoln Senior Community

Support the Lincoln Hills Foundation for the



**Big Day of
Giving
MAY 4**

Your Contributions Make a Difference!

875 seniors in our community received food from the Salt Mine in 2022. Those individuals were served 24,006 times for an average of 2 visits per month up 25% from 2021

Contributions from our donors also provided funding for caregiver support, transportation, senior essentials, safety/security programs and support groups.

With your continued support we can make an even bigger impact in 2023

Donate Now

Call 916-434-0749 and a member of our Board will pick up your donation

Mail your donation to LHF, PO Box 220, Lincoln, CA 95648

Or donate online May 4th @

www.bigdayofgiving.org/organization/LincolnHillsFoundation

www.lincolnhillsfoundation.org

Fibromyalgia Solutions

Common experiences of those living with Fibromyalgia often include:

Pain that is difficult to identify or pinpoint.
 Pain that seems it has a life of it's own.
 The feeling that others expect so much from you because they can't see that you're sick.
 The feeling that everything hurts.
 Feeling of brain fog.
 Overwhelming pain and fatigue that causes you to avoid social or family activities.

Maybe you've tried physical therapy, pain pills, injections, burning off the nerve, back cracking, or massage, which provided some relief at first but is no longer working.

Are you afraid your pain is getting worse?
 Are you tired of not getting any answers?
 Does your doctor tell you the pain is "all in your head" and to "just live with it"?

What Causes Fibromyalgia?

The exact cause of Fibromyalgia are not fully understood, but a variety of factors could be working together that may cause the body's pain signals to go awry, including:

Genetics: There may be certain genetic mutations that may make you more susceptible to developing the disorder.

Infections: Some illnesses appear to trigger or aggravate Fibromyalgia.

Physical or emotional trauma:

Fibromyalgia can sometimes be triggered by a physical trauma, such as a car accident. Psychological stress may also trigger the condition.



"I've had fibromyalgia for 15 years. My first symptom was upper back pain, then slowly everything felt like a bruise. When it all began, my doctors told me I was fine, and I needed a therapist. Then I tried acupuncture and found real support. She really listened to me and with her treatments I'm able to manage to my pain and live my life!"
- Tonya L.

Fibromyalgia affects the entire body, and even more complicated, it affects everyone's body a little differently. Symptoms are often difficult to predict and usually change on a daily basis. Symptoms can make everyday life incredibly difficult. Mundane, daily tasks feel nearly impossible.

Fibromyalgia CAN be treated.

You may feel that your condition is misunderstood or that you and your symptoms are being dismissed. And perhaps you've even been told that you just have to live with your Fibromyalgia pain. But relief CAN be achieved! We have pioneered non-pharmaceutical BioTherapy solutions along with acupuncture to help your Fibromyalgia symptoms. For many of our patients, Fibromyalgia pain can be managed and your daily life can be improved!

What to Expect.

Because there is no simple laboratory test to diagnose Fibromyalgia or determine it's severity, we rely on really listening to your concerns and eliminating the possibility of underlying conditions that might otherwise be causing your symptoms.

Then, a COMPREHENSIVE treatment plan will be developed, CUSTOMIZED for YOUR Fibromyalgia symptoms.

Our treatments have been shown to increase blood flow and expedite healing and recovery. Our clinic has an 87% success rate in treating Fibromyalgia.

**We offer solutions.
 We offer HOPE.**

**Lincoln Acupuncture
 120 F St
 Lincoln, CA 95648
aculincn.com**

Call To Schedule A Consultation: 916-884-0398

Live Life To The Fullest!

Woodcarvers Club

(cont' from page 7)

finishing, and other related information. We have a vast library of carving books and tools to use on a temporary basis. Our club meets on Wednesday, from 1:00 to 4:00PM in the Sierra Room at Kilaga.

Contact: Lionel Rainman, 916-253-9534
Lrainman1414@Yahoo.com

• • •

LH Italian Club

BY LINDA LUCCHETTI

Our next activity is set for April 29 at the Kilaga Springs Lodge. Join us for a trip to Campania located in Italy's southern region. Get a taste of its culture and cuisine during another one of the club's popular regional events. Check the Website for more information.

Coming soon to the Sports Pavilion—BBQ and Bocce, May 21. That's how we roll!

To learn more about this social club and exciting activities, visit our website at www.lhitalianclub.org. For membership information contact Sandi Graham at 916-826-5711.

• • •

Lavender Friends

BY JOAN LACKTIS

Beads, balloons and bingo provided a festive atmosphere as Lavender Friends brought a bit of New Orleans to Lincoln Hills with their Mardi Gras-themed potluck and party, held at Kilaga Springs at the end of February.

After enjoying a sumptuous spread, which included three homemade cakes and dozens of cookies, participants socialized and played bingo and a trivia game (with great prizes).

There were stunning table decorations



Elaborate centerpieces, topped with balloons, decorated each table.

created by one of our members. A highlight was a photo booth with a box of dress-up accessories where people posed for keepsake pictures to remember the event. The winners of the costume contest looked festive in their sparkly bow tie and vest outfits.

Everyone agreed it was a great antidote to the cold and rainy weather and we all left in good spirits.

Next up: a tour of the Nimbus Fish Hatchery later this month. Watch your weekly emails for details. Lavender Friends is a club for LGBTQ residents and their allies. For more information: www.lavenderfriends.com.

• • •

Genealogy Club

BY NANCY SWITZER

News Flash! The Genealogy Club has changed the General Meeting time to the Third Friday of the month, from 10-12 PM. Afterwards we will have discussions and treats in the Kilaga Springs café or outside patio. Hopefully this will be easier for those who do not like to drive at night anymore.

The April 21 st General Meeting will be "What you need in your 2023 Genealogy Toolbox", by Jim Baker. Jim has given presentations in the past, and he is very informative and very knowledgeable.

How many of you signed up for "Rootstech"? What a treasure trove of information! One of the presentations was called "Do Genealogy Step-By-Step." The presenters gave a five-step process to help build your Family Tree, which they call "The Search Party Method." Those steps are: Spotlight, Clues, Sift, Map and Dig.

You must select a Spotlight question to guide your research. You start by asking, "What do I want to know?" More specifically, know exactly what you are looking for.

Next, you look for Clues – which is in the information you already have, and make a list of that information.

Third, you Sift, which is probably the most important step. There are four steps in this section which include, getting all the clues from each record, putting the clues in a timeline, what or who is the source of the information, and lastly, find the important part of the clue.

Fourth, you Map, which is a crucial step. This step helps you know what you have and helps you find the holes in your research.

The last step is Dig, where you find the

information in the record you are looking for and consider the many different ways the information could be recorded.

Of course this is a short condensed version of the hour-long presentation, but well worth watching!

Remember to check our website for changes: <https://www.suncitylhgc.com/>

Contact Bill Kress wckress@gmail.com

• • •

Apple User Group

BY NINA MAZZO

Are you wondering if you should migrate to Ventura - Apple's newest operating system for the Mac? Are you wondering if there is a way to manage some home conveniences with an app and Wi-Fi? Are you wondering if your iPhone has some hidden functions and features?

Well this month our programs have answers to all of the above! These meetings will be in person.

Thursday April 6th Nina (non-tech) and Ken (tech) will present "App Enabled Home Accessories Using Wi-Fi". There are many conveniences that enable us to have a more comfortable home yet the terminology can sometimes dissuade us from attempting to install them into our environment. Nina and Ken will discuss front door locks; garage doors; yard watering systems; thermostats, lights and many more. Ask the Tech begins at 6:45PM Program at 7:00PM in the Kilaga Springs Presentation Hall.

Tuesday April 11 Ken Spencer will present "Venturing to Ventura". If you decide to upgrade to Ventura on your Mac it is recommended you attend this presentation, as there are pluses and minuses alongside some great capabilities. Ask the Tech begins at 6:30PM Program at 7:00 PM in the Kilaga Springs Presentation Hall. This is our monthly general meeting and there will be prizes.

Monday April 24 Andy Petro will present "Discover More Functions and Features and Fun Stuff on Your iPhone with iOS16". Andy Petro is always on the lookout for new and helpful tips and tricks on his iPhone using the latest operating system iOS16. This presentation will take a closer look at how to search for "stuff"; send email at specific times; check your medications; stock listings and other searching features. He promises you will learn 2 or 3 new things! Ask the Tech

begins at 10:15AM Program at 10:30AM in the Kilaga Springs Presentation Hall.

Club website: www.lhaug.org. Club general information line: 916-913-6833.

• • •

SCHOOLS

BY PATTI KINGSTON

Elementary school teachers often request specific needs for help in their classrooms. A Fosket Ranch elementary teacher recently asked for someone to help her with science projects. Maybe that is your calling! A teacher at Sheridan Elementary requested help in the classroom on Tuesdays, either 9 a.m. or 1 p.m. in a 4th-5th grade combined classroom. There is a need and there are many teachers who appreciate any help at all.

Volunteers are needed for grades K-5 and for the Phoenix Continuation High School where tutors help with English, Math or History. Some of our elementary volunteers have continued to work with teachers over the past 2 years, using imaginative ways to be of help. Some have corrected papers and made copies of school work sheets for the teacher without being in the classroom. The days and hours of service are up to the volunteer. No teaching experience is necessary. Many volunteers are in the classroom 1 day a week for a few hours. They work closely with the teacher and are under her direction.

The dedicated SCHOOLS volunteers are appreciated by the teachers they help. It's not too late to sign up to spend time in a K through 5 classroom or at Phoenix High. Teachers always need the help and it doesn't matter when you join in.

If you have volunteered in the past and would like to share your experience, contact Patti at pkington@att.net to tell your story. Some volunteers have been profiled in past issues of this newspaper and there are many volunteers with interesting classroom experiences.

To volunteer at Phoenix Continuing High School contact Irma at jmeidm@aol.com. To find out about volunteering in elementary schools K-5 contact Cyndi at ccolloton@yahoo.com.

• • •

(more Club News cont' on page 14)



WE BUY GUNS

BUY • SELL • CONSIGN

FREE FIREARM APPRAISAL

Fast, Friendly Service • Gun Smith
Gun Transfers & Registration



LINCOLN
GUN EXCHANGE
NEW & USED

916-MR 1-GUNS

(671-4867)

607 5th Street, Lincoln
lincolngunexchange.com

Wed - Sat
10 - 5



BrightStar Care
A HIGHER STANDARD OF HOME CARE



LET US HELP YOU CARE
FOR YOUR LOVED ONE

We specialize in:

- › Personal Care
- › Companion Services
- › Homemaker Services
- › Respite
- › Hospice Support
- › Alzheimer's
- › Parkinson's
- › Heart Failure
- › Post-surgical Care
- › Multiple Sclerosis

**We assist you with Long Term
Care insurance processing.**

No deposit required.

Nurse oversight included.

Independently Owned & Operated

Insured & Bonded – Roseville, CA • 916 781 6500



CLUB CRUISE & TRAVEL

Call our travel experts and let's start planning your next vacation! Call 916-789-4100

or stop by 851 Sterling Parkway, Lincoln ~ M-F 9-5:30



Call us and ask about SHORT NOTICE deals.

916-789-4100

Days & Destination **Cruise Line ~ Sailing Date** **Starting Price/ Inside Ocean View Balcony**

15 DAY HAWAII from SFO! PRINCESS

Crown Princess ~ 3080 Passengers

Nov 26, 2023	\$1,198	\$1,464	\$2,698
Jan 7, 2024	\$1,198	\$1,464	\$2,698
Mar 9, 2024	\$1,198	\$1,464	\$2,698

Sail round trip from San Francisco, California to Kauai, Nawiliwili Hawaii; Honolulu, Hawaii; Maui, Lahaina, Hawaii; Hilo, Hawaii;

Ensenada, Mexico, San Francisco, California.

***LINCOLN SHUTTLE TO SHIP AVAILABLE!**

7 DAY CALIFORNIA COASTAL From SFO! PRINCESS

***LINCOLN SHUTTLE TO SHIP AVAILABLE!**

Royal Princess ~ 3560 Passengers

Apr 16, 2023 \$624 \$709 \$709

Crown Princess ~ 3080 Passengers

Oct 22, 2023 \$498 \$598 \$948

Sail round trip from San Francisco, California to Santa Barbara; Los Angeles; San Diego; Ensenada, Mexico; San Francisco.

10 DAY ALASKA From SFO! PRINCESS

Ruby Princess ~ 3080 Passengers

May 17, 2023	\$749	\$854	\$1,349
Jun 6, 2023	\$948	\$976	\$1,916
Jul 6, 2023	\$998	\$1,148	\$1,898
Aug 15, 2023	\$998	\$1,148	\$1,648

Sail round trip from San Francisco, California to Juneau, Alaska; Skagway, Alaska; Hubbard Glacier, Alaska; Ketchikan, Alaska; Victoria, BC, Canada; San Francisco, California. *2023 Alaska Voyages visit Glacier Bay

***LINCOLN SHUTTLE TO SHIP AVAILABLE!**

10 DAY MEXICO From SFO! PRINCESS

Crown Princess ~ 3080 Passengers

Dec 12, 2023	\$648	\$788	\$1,248
Jan 23, 2024	\$698	\$848	\$1,298
Feb 7, 2024	\$748	\$909	\$1,348
Mar 25, 2024	\$748	\$909	\$1,348

Sail round trip from San Francisco, California to Puerto Vallarta, Mexico; Manzanillo, Mexico; Mazatlan, Mexico; Cabo San Lucas, Mexico; San Francisco, California.

***LINCOLN SHUTTLE TO SHIP AVAILABLE!**

16 DAY PANAMA CANAL PRINCESS

Ruby Princess ~ 3080 Passengers

Oct 22, 2023 \$1,599 \$1,899 \$2,999

INCLUDES SHUTTLE FROM LINCOLN TO SHIP & RETURN FLIGHT!

Sail from San Francisco to Ft. Lauderdale, Florida visiting Cabo San Lucas, Mexico; San Juan del Sur, Nicaragua; Puntarenas, Costa Rica; Fuerte Amador, Panama; Transit the Panama Canal; Cartagena, Columbia; Ft. Lauderdale, Florida.

36 DAY EUROPE REPOSITION CUNARD

Queen Elizabeth ~ 2081 Passengers

Aug 20, 2023 \$5,448 \$6,248 \$7,688

INCLUDES LINCOLN SHUTTLE TO SHIP & SACRAMENTO AIRFARE RETURN!

Sail from San Francisco to Barcelona, Spain visiting the Los Angeles; Cabo San Lucas, Mexico; Puntarenas, Costa Rica; Transit the Panama Canal; Aruba; Ft. Lauderdale; Hamilton, Bermuda; Madeira, Portugal; Seville (Cadiz) Spain; Barcelona, Spain, Capri/Naples, Italy; Ajaccio, France; Mallorca, Spain; Barcelona, Spain.

73 DAY GRAND AFRICA HOLLAND AMERICA

Zuiderdam ~ 1964 Passengers

Oct 7, 2023 \$12,599 \$13,699 \$19,999

INCLUDES ROUND TRIP SACRAMENTO AIRFARE!

Sail round trip from Fort Lauderdale, Florida visiting Funchal, Madeira, Portugal; Arrecife, Lanzarote, Canary Islands; Agadir, Morocco; Casablanca, Morocco; La Goulette, Tunis, Tunisia; Souda, Chanis, Greece; Limassol, Cyprus; Suez Canal; Sharm el Sheikh, Egypt; Aquaba, Petra, Jordan; Safaga, Egypt; Victoria, Mahe, Seychelles; Zanzibar, Tanzania; Mamoudzou, Mayotte; Nose-Be, Madagascar; Maputo, Mozambique; Richards Bay, South Africa; Cape Town, South Africa; Luderitz, Namibia; Luanda, Angola; Takoradi, Ghana; Abidjan, Ivory Coast; Dakar, Senegal; Mindelo, Cape Verde; San Juan, Puerto Rico; Fort Lauderdale, Florida.

Shuttle from Lincoln to the ship in San Francisco is \$200 per person. Prices are per person based on double occupancy and subject to availability at the time of booking. Taxes, Fees, & Port Expenses as well as Travel Insurance are additional. Please call for current availability and pricing.

CLUB CRUISE Reservations, Serving Placer County Since 1991
851 Sterling Parkway, Lincoln, CA 95648

We're local, please visit us or call **(916) 789-4100**

Visit us online www.clubcruise.com Email: book@clubcruise.com

CST # 2033380-40 Updated March 2023



CLUB CRUISE & TRAVEL

ALL INCLUSIVE SPECIALS

Our FULL SERVICE travel agency can book any kind of travel you wish for. Let's get started today.

Days & Destination	Travel Dates	Starting Price
7 Day Maui, Hawaii	May – December 2023	\$2,599
INCLUDES ROUND TRIP SACRAMENTO AIRFARE!		
Package Includes round trip Sacramento to Maui, Hawaii Airfare, Accommodations at the Aston Kaanapali Shores which is an Oceanfront, full service condominium resort with the comfort convenient spacious suites with full kitchens and hotel caliber services. Call for availability.		
7 Day Cabo San Lucas	May – December 2023	\$2,599
INCLUDES ROUND TRIP SACRAMENTO AIRFARE!		
Package Includes round trip Sacramento to Cabo San Lucas Airfare, Accommodations, Meals and Drinks (including alcohol) at the Pueblo Bonito Sunset Beach Golf & Spa Resort located on the western side of the tip of Baja overlooking the Pacific Ocean with breathtaking views of the ocean and beautiful desert landscapes. This resort is set away from the concentration of hotels along the Sea of Cortez on a 50 acre site with an expansive beach. Exchange privileges at the Pueblo Bonito Rose and Pueblo Bonito Los Cabos. Call for availability.		
7 Day Tulum	May – December 2023	\$2,599
INCLUDES ROUND TRIP SACRAMENTO AIRFARE!		
Package Includes round trip Sacramento to Cancun Airfare, Accommodations, Meals and Drinks (including alcohol) at the Hilton Tulum All-Inclusive Resort situated on the white sand and clear waters of a pristine and secluded bay that feels like a private beach. With 735 rooms and suites, 13 all-inclusive restaurants and bars, a luxury spa and a lively family area, 9 pools, disconnected from the ordinary and connected with the extraordinary. Includes Airport to resort transportation. Call for availability.		
7 Day Tahiti	May – December 2023	\$3,999
INCLUDES ROUND TRIP SAN FRANCISCO AIRFARE!		
Package Includes round trip San Francisco to Papeete, Tahiti Airfare, Accommodations at the Intercontinental Tahiti and the Hilton Moorea, transfers from the airport to the hotel and round trip ferry to Moorea. Call for availability.		
12 Day PARIS TO THE SWISS ALPS	May – December 2023	\$3,499
INCLUDES ROUND TRIP SACRAENTO AIRFARE!		
Package Includes your home to the Sacramento Airport Transportation, round trip Sacramento Airfare, Airport Meet-And-Greet with Transfers from the Airport to your hotel in Paris for 2 nights, your 7 Day Viking River Cruise in standard accommodations with a window, 2 nights in a hotel in Zurich, Switzerland, daily sightseeing, and all meals on board the boat as well as breakfast in the hotels in Paris and Switzerland. Ask about higher category staterooms like a French Balcony or Veranda stateroom. Call for availability.		
15 Day GRAND EUROPEAN TOUR	May – December 2023	\$4,299
INCLUDES ROUND TRIP SACRAENTO AIRFARE!		
Package Includes your home to the Sacramento Airport Transportation, round trip Sacramento Airfare, Airport Meet-And-Greet with Transfers from the Airport to the boat, your 15 Day Viking European River Cruise through France, Germany and Switzerland in standard accommodations with a window, all meals on board the boat and daily sightseeing. Ask about higher category staterooms like a French Balcony or Veranda stateroom. Call for availability.		

Prices are per person based on double occupancy and subject to availability at the time of booking. Taxes, Fees, & Port Expenses as well as Travel Insurance are additional. Please call for current availability and pricing.

CLUB CRUISE Reservations, Serving Placer County Since 1991
851 Sterling Parkway, Lincoln, CA 95648

We're local, please visit us or call **(916) 789-4100**

Jensen Smith

CERTIFIED PUBLIC ACCOUNTANTS, INC.



Lisette L. Hutchens, CPA

***“Making a Lasting
Contribution To
Our Clients,
To Our Community and
To Our Profession”***

Jennifer M. Jensen, CPA
Master in Taxation

❖ Income Tax Preparation

- ◆ Individual
- ◆ Business
- ◆ Sole Proprietor
- ◆ Partnership
- ◆ Limited Liability Company
- ◆ Corporation
- ◆ Estates & Trusts
- ❖ Audit, Review & Compilation Services
- ❖ Small Business Consulting



661 5th Street, Suite 101 ❖ Lincoln, CA
Phone (916) 434-1662

Shalom Social Group

BY JUDY GANULIN

Shalom Social Group members had a joyous and meaningful celebration of the Passover holiday. Hagai Narkis coordinated the delicious menu, Alan Gulko was the ceremony leader, and there were new Haggadahs (guidebooks prescribing the rituals) designed and produced by Tammy and Aaron Theodore. We now have members volunteering to help at the Placer Food Bank. Our membership is growing. Our focus is on Jewish history, culture and food, but we also have programs on more general topics. For more information about our activities, please contact either of our Membership Co-chairs: Margie Gulko at 916-960-6341 or Deanne Iliff at 530-518-3704.

...

Bosom Buddies

BY VAL SINGER

Opening the meeting on March 9th, Barbara Mathot read a beautiful poem, “Hope” by Jeanie Robertson. The poem reminded us that answers are not easily found, but as long as we have breath, we have hope.

Elizabeth Klein from Wellness Within, was our speaker at the March meeting. Wellness Within is a nonprofit center that offers support services for patients, survivors, caregivers and families of those affected by cancer. As Elizabeth had

cancer herself, she understands all the steps it takes to move through the various stages of this disease.

For more information on Wellness Within, call 916-788-0333. They are a 501.c3 and there is no charge.

Our April speaker will be Ji Hye Park, a nurse practitioner at Sutter Health who will talk on genetics and testing. This field is expanding and becoming essential in the diagnosis of all cancers.

A caregiver lunch is tentatively planned for July. As Bosom Buddies does not have a regular meeting in July, this lunch would celebrate the people in our lives who have been by our side during the times when we've had cancer. More information will be forthcoming.

If you wish to come to lunch at the Meridians before the General Meeting, please call Sally Bogolub (650) 996-3163 to make your reservation. Please call Sally no later than

Tuesday morning before the meeting, so she can confirm the number with the Meridians.

If you have any questions regarding Bosom Buddies, please contact Val Singer on 916-645-8553 or Judy Stewart on 916- 408-3597.

We end each meeting by holding hands and saying:

“Together we are strong; together we will make a difference; together we will survive!” And, we will, hopefully with a little fun...

...

(more Club News cont' on page 15)



Elizabeth Klein

Michelle's Featured Listings



2535 Blue Heron Loop – Napa on View Lot

Here's your opportunity to own a delightful Napa floor plan in the higher elevation of Del Webb's active adult community of Sun City Lincoln Hills. The Napa floor plan is always a favorite for its great room, open floor concept along with the locations of the bedrooms which are on separate sides of the home. The master suite offers a large room with bump-out window and two side windows allowing for a multitude of natural light. The master bathroom has dual sinks, large soaking tub, step in shower and enormous walk-in closet. The guest en-suite has a full bath for added privacy. The kitchen boasts white cabinetry, stainless steel appliances, double ovens, built-in gas cooktop and microwave, center prep island, large two door pantry and cozy breakfast nook which faces the front of the home. The den/office is located upon entry and also faces the front of the home overlooking the water fountain in the front landscape. The tranquil open space location with adjacent walking trail is perfect for early morning or late afternoon walks.

Offered at \$849,000



1188 Tiger Lily Lane – El Dorado with Golf Cart Garage

This squeaky clean El Dorado floor plan is fresh to the market. If "light and bright" is at the top of your list, this home is for you! The strategically positioned windows allow for optimum sun light regardless of the time of day. The El Dorado model offers a great room concept perfect for a quiet dinner at home or entertaining all the new friends you'll meet after moving in. The kitchen cabinetry is a rich tone cherry wood and includes a center prep island and stainless steel appliances. Other features that are unique to this model is the spacious den/office, master bedroom and large walk-in closet, plantation shutters, crown molding, recessed lighting, ceiling fans, cozy breakfast nook, hard surface flooring in high traffic areas, inside laundry room with added cabinetry. The fully finished 2-car garage has lots of storage and as an added bonus, the original homeowner added the golf cart garage for you new golf cart you'll want to purchase after moving in.

Offered at \$665,000



BRE# 01821892



Be sure to “Like” my Facebook page. There isn't a better way to stay on top of today's real estate market.
[Facebook.com/SunCityLincolnHillsRealEstate](https://www.facebook.com/SunCityLincolnHillsRealEstate)

Michelle Cowles, Realtor

1500 Del Webb Blvd. Suite 101, Lincoln, CA 95648

www.TheRealtyExperts.com | Michelle@TheRealtyExperts.com

916-295-8532



Hearing Support Group

BY JOANNE MITCHELL

The Hearing Support Group will meet on Friday April 7, 2023 at 10AM in the multi-purpose room at Orchard Creek Lodge. We will once again have a social gathering at which members can share experiences and concerns regarding hearing assistive devices. For our meeting in May we will have a zoom presentation by Tomer Aharoni, who will educate us with respect to iPhone apps for hearing assistance.

• • •

Low Vision Support Group

BY STUART SINGER

Meeting: Tuesday, April 4, 2023, 2:00 to 4:00 PM, Fine Arts Room, Orchard Creek Lodge

"Let's Look at Devices" will be the topic. Our speaker, Cory Hanosh of Northstate Assistive Technology and Society for the Blind, will bring the latest items for those with Low Vision. Cory will also review OrCam, Portable Magnifier/Readers and the audio programs Jaws, Magic, and ZoomText.

Meeting: Tuesday, May 2, 2023, 2:00 to 4:00 PM, Fine Arts Room,

"Strategy Sharing" will be our topic. Group members will be volunteering strategies that have been successful and those that have not in assisting them to navigate through their lives. In addition questions will be solicited from group members.

Low Vision Support Group Mission —

Our mission is to provide information on current research, new technological equipment and practical application of daily living skills to enable those affected to maintain independence.

Group Contact: Stu Singer 703.864.8161 of stuart.singer3@gmail.com

• • •

Multiple Sclerosis

BY JERI DI FIORE

You won't want to miss the April MS Meeting!

Laura Kellen, Librarian from the Talking Book Library will be sharing the free Library service and equipment offered to all No. California residents, who among other things are unable to comfortably hold or physically interact with a standard print book. The Library was founded for the blind but also spills over to help those who have mobility issues when reading books. This Library offers over 140,000 audiobooks and 70 audio magazines via postage-free U.S. mail or downloads to a smartphone or tablet. Just like the traditional Public Library, all materials are free of charge and cover a wide variety of fiction and non-fiction genres.

Tuesday, April 18 Meeting, One PM, Orchard Creek Multi-Media Room (Please don't show up at Kilaga Springs!)

Important Notice, Lincoln Trailmixers Captain Joni Deutsch will be answering final questions about the MS Walk that is on April 29, 10 AM Sports Pavilion Plaza, 1050 Del Webb Blvd. If you wish to have a Turkey and

Cheese Panera Sandwich lunch after the walk, \$15 Dollars will be collected after the April meeting. If you prefer to Brown Bag it, feel free to bring your own food. We are excited because, among other things, the SCLH Community is invited to join us. Bring family, friends, and even your dog!

• • •

Lincoln Democratic Club

BY JUDY GANULIN

The Lincoln Democratic Club is growing, both in membership and service activities. We volunteer at the Placer Food Bank. We are involved in the community reaction to the recently rediscovered Titan Missile Site contamination. Club member and Lincoln City Councilman Bill Lauritsen reported that there is a Titan Missile Site Environmental Remediation Committee also exploring the issue. At our March meeting we learned a lot about the Western Placer Unified School District from Superintendent Kerry Callahan. We have several social events scheduled. For more information please visit our website, <https://democraticclublincolnca.org>. We welcome new members. Join us!

• • •

LH Astronomy Group

BY BILL WEAVER

The LHAG will hold its general membership meeting on Wednesday, April 5, 2023, at 6:45 PM in the Kilaga Springs Presentation Hall. A presentation by guest speaker Tim Pinkney, NASA Solar System

Ambassador, on an overview of "Artemis, the first three missions". The LHAG meetings are open to all Sun City Lincoln Hills residents at no charge for up to three meetings. If residents choose to join the LHAG, they must remit an annual membership fee of \$15 per household.

LHAG Cosmology Interest Group (CIG): The CIG is a sub-group of the LHAG and focuses its meetings through lectures and discussions on astrophysics, the branch of astronomy concerned with the physical nature of stars and other celestial bodies. The CIG meetings are currently led by guest speaker Charles Hunt, retired astronomy and physics professor at American River College. For the April 17 meeting, Professor Hunt will describe how stars work by delving into stellar structure, using the Sun as a model. Relying on several physical principles and sticking to order-of-magnitude calculations, determine the pressure and temperature at the center of the Sun, and the time it takes for energy generated in the interior to reach the surface, which amounts to thousands of years. The CIG sessions take place on the third Monday of each month at 6:45 PM in the Fine Arts room of the Orchard Creek Lodge and are open to all SCLH residents. Please contact CIG Coordinator, Ron Yelton, for more information at ryelton660@aol.com

LHAG Telescope Interest Group (TIG): The TIG is another sub-group of the LHAG and open to all SCLH residents and guests. Most sessions ("star parties") involve members

(cont' on page 17)



Lincoln United Methodist Church Sunday Worship 10 AM

Our historic chapel was established in 1890 and has been an enduring legacy to God's faithfulness in our local community ever since!

*Pastor Vinny's sermons available on
YouTube.com Lincoln UMC*

Spring Fling Fundraiser

Wednesday 4/26/23 from 5:00 pm to 7:00 pm

*Join us for our Reasonable Faith Group on
Thursday, April 13 at 6:30pm as we explore
evidence for the Christian faith.*

See upcoming events on our Facebook page

Lincoln United Methodist Church

629 "I" Street, Lincoln CA 95648

For more information visit us online at lincolnumc.com

or call us at 916-645-3588



**Family Operated.
Family Proud.**

**We are a Father & Sons
Remodeling Team that
Specializes in:**

- **CABINET REFACING**
- **CUSTOM CABINET BUILDING**
- **KITCHEN REMODELING**

visit our website at: www.cacabinetsolutions.com

Call for a free estimate (916) 475-7434



CSL# 989815

HERE FROM THE BEGINNING. HERE FOR YOU TODAY.



**Mitzi
Anderson**
#01911208
530-906-2358



**Shawn
Claycomb**
#02116985
916-305-7022



**Michelle
Cowles**
#01821892
916-295-8532



**Nick
Cowles**
#02066942
916-216-5877



Linda Erwin
#00633529
Broker Assoc.
530-720-2303



**Don
Gerring**
#00631339
916-747-5050



**Christine
Hamilton**
#01151335
Broker Assoc.
916-768-5525



**Sue
Hanusek**
#02186925
916-849-8504



**Donna
Judah**
#00780415
916-412-9190



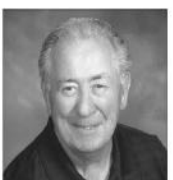
**Wendy
Judah-Olsen**
#01764197
916-276-4194



**Tish
Leo**
#01217695
916-257-3410



**Jean Lund-
Morrisseau**
#01966589
916-751-0712



**Jim
McWilliams**
#00470129
916-296.6358



Paula Nelson
#01156846
Broker Assoc.
916-240-3736



**Kathy
Nowak**
#01327209
408-348-0641



**Tara
Pinder**
#00898876
916-600-2836



**Ann
Renyer**
#01746828
916-343-6044



**Michael
Renyer**
#00894446
916-343-6044



**Bill & Jan
Rexrode**
#01700676/#01700677
916-408-3997



**Loree
Risi**
#01203309
916-716-0854



**Keneta
Sanchez**
#00960821
916-257-1004



**Greg
Spier**
#02120061
916-884-3364



**Doreen
Traxel**
#00822877
916-698-0801



**Jackie
Van Zant**
#01114878
Broker Assoc.
530.448.9815



**Tangi
Walker**
#00820609
916-316-1112



**Tony
Williams**
#01390054
916-521-3400



**Jennifer
Zehnder**
#01190630
Broker Assoc.
916-812-2955

916.543.5222

CBSUNRIDGE.COM

**1500 Del Webb Blvd. #101
Sun City Lincoln Hills, CA 95648**

WE'RE OPEN TO SERVE YOU ... STOP IN AND SAY HELLO!



COLDWELL BANKER
**SUN RIDGE
REAL ESTATE**

Each office independently owned & operated.
CA DRE #01441035

Property Management by Gold Properties

www.goldpropertiesoflincoln.com

916.408.4444

#01366131

LH Astronomy Group

(cont' from page 15)

who set up their telescopes for viewing solar system planets/moons and other interstellar deep space objects. LHAG residents are welcomed to join these sessions. The TIG Star party telescopes are set up prior to sunset in the upper tennis courts of the SCLH Sports Pavilion. The next star party is scheduled for Thursday, April 20, 2023. The Sun sets at 8:00 PM. Observations on this date will take place during a new Moon, allowing improved observations of prominent interstellar objects such as the Planet Mars, Andromeda Galaxy, Pleiades and Beehive star clusters, the beautiful double star of Aldebaran, and many open and globular star clusters.

Future star party dates can be found on the LHAG website at www.lhag.org. Star party sessions are subject to weather and seeing conditions. For further information on this group please contact the Group Coordinator Bob Collins at bobpcoll@community.net.

For more information about the LHAG, contact Bill Weaver, LHAG President at hamweaver@wavecable.com.

• • •

LH Travel Group

BY LINDA BEVINS

Please mark your calendar! Our next travel show is June 13, 14, 15. The show is free but reservations are required. Details on how to sign up will be in next month's Sun Senior News.

People are traveling again as the long days of quarantine for the Pandemic ends. Our tours are filling up quickly. So you are not disappointed after choosing your special trip, please note the deadline dates on the tour. These are normally 6 months prior to your trip. Why are these dates so important? That is the last date the tour you are considering, has guaranteed seats and pricing. After this date, while you maybe able to book, price may be higher due to available airline seats and/or all the seats the Lincoln Hills Travel Group has been allocated have been filled. It is first come first served then! Recently the Cowboy Country Tour and the Heritage Tour have been sold out and many late signups had to go on a waitlist and just hope a seat opened up. So don't be disappointed - it only takes a deposit to hold your spot! (travel insurance is recommended

with your deposit.)

To get the full itinerary on all the LH Travel Group tours and to sign up to the Travel Club website: lincolnhillstravelgroup.com

There is a list the trips currently on our website. All trips include airfare and transportation to the airport! And new trips are always being added.

Trips with upcoming deadlines include - Fall in the Ozarks, Kenyan Safari, The Croatia Yacht Cruise and San Antonio Holiday!

Please consider officially joining the Lincoln Hills Travel Group membership. The Membership form is on the website and the cost is only \$10 per year. You will be entitled to the Club's monthly newsletter highlighting new and exciting tours and upcoming information on the Club's travels. And a very big bonus for members will be the latest Zoom travel presentation. All members receive our e-mail newsletter, too, with the Zoom link. And you can simply click on the address and browse the Zoom presentation at your own chosen time.

LH Travel Group Committee Member Contacts: Sheron Watkins 916- 849-9504, sheron55@att.net; Louise Kuret Auerbach 916-408-0554 louisekuret@att.net; Lyle Auerbach 916-847-6544 lea925@att.net; Linda Bevins 916-666-7627 djbevin17@gmail.com; Joanne Schumacher 415-999-1242 jkschumacher1@gmail.com

• • •

RV Group

BY VICTORIA WHITE

Kudos to our Secretary/Web Master Robyn Kain and Marsha Richardson for bringing our web site up to date and running again. Please visit www.lhrvg.com to see all of the information that explains our club and guides you to what you need to find. Did you by chance visit the New Comers Expo on March 15th or the Lifestyle Expo on March 21st at OC and visit our little RV Jamboree in the parking lot? We hope that gave potential RV'ers a look into traveling in a new and exciting way.

RV's come in all shapes and sizes and all are welcome to our group. Mark your calendar for May 13th, 5 PM for our dinner dance at the Pavilion. Invitation will be coming out soon so look for it in your e-mail. There are two new rallies added to our tour list, Newport Dunes RV Resort- 11/12-17/23 and Bonelli Bluffs RV in San Dimas- 12/28-1/03 for the Rose Parade. We are also planning a trip to the Albuquerque

Balloon Festival for October 2024. We will discuss that down the road a bit. If you haven't signed up for the rallies you would like to go on, please look on the website in the Rallies section for an application and check out the closing dates for sign ups. If you have any questions you can contact the Wagon Master noted on the application. Coming up in June, Black Oak Casino and RV Park in Tuolumne near Sonora, a beautiful park with tons of activities in the area.

Join us for awesome traveling experiences. Meetings every 2nd Thursday of the month at KS in the Placer Room at 4:30 PM. Contact Maggie Giuliani, Membership Chair, for information on joining 310-963-2350 or malibumarg@gmail.com. Our President, Mary Romo, 707-738-6311 or mromo50170@gmail.com can also be of help.

• • •

LH Amateur Radio Group

BY DAN LEHRER, KN6DRN

The Group participated in the North America QSO Party and made over 75 RTTY contacts. We also connected with over 20 International countries such as Barbados, Ecuador, Bonaire and Portugal in the ARRL DX Contest using SSB Phone. Dan, KN6DRN led the Group in a hands-on demo of FT8. FT8 utilizes your radio and a computer program to send specific information from one station to another. Members were able to sit at the radio and computer and actually made several contacts, which were confirmed. At another meeting, John, NQ6Q introduced the Group to another Digital mode called PSK31. PSK31 also utilizes a computer and your radio but adds the ability to "talk" to another station using your keyboard. We hope to do a hands-on demo at a future date. It's fun as well. Our Hams & Coffee get togethers, held at KS Café are lively, covering a variety of topics (including Ham radio). We will be getting together again in the future, so consider joining us to rag chew, more to come. We help with programming handheld radios. Meetings are held at the South Tower every Monday night at 6:30 PM. Our club conducts a weekly radio network at 7:00 PM every Monday on the W6LHR Repeater at 147.030 MHz, 167.9 PL. If you are looking for a way to engage in the community and have an interest in Amateur Radio, please check out the LHARG. For more LHARG information visit our Website, the URL is: lharg.us or email dlehrer72@gmail.com

• • •

Veterans Group

BY BILL L. LEWIS

Jeff Davis, Lincoln Hills Veterans Group Secretary will be the featured speaker at the general meeting, April 20, 2023 at 1:00 p.m. in the Kilaga Springs Presentation Hall. Jeff served as an Army Officer from 1965 to 1967. His primary duty station was Shemya Alaska, 400 miles from the main Soviet ICBM area on Kamchatka peninsula. He will be speaking about U2 Spy planes and other tales of the Cold War.

The LH Veterans Group is a social group that provides services to the residents of the community such as a complete U.S. Flag Service.

The Group purchases flags and resells them to the residents at the cost that we paid and then we recover the used and flags properly retire them. It is the goal of the Group to purchase quality flags at the lowest price available. Recently, we were out of flags to sell, requiring Flag Committee Chairman to make an emergency flag purchase at the cost of \$36 a flag, a \$6 increase. Presently, Director Peter Gilbert has a team researching the market to find flags that meet our specifications at the lowest price

Welcome Aboard to New Members, Frank Boucher, U.S. Army; Mike Collins, U.S. Navy; Bake Van Oosbree, U.S. Army; Bob Owens U.S. Army; Richard Polar U.S. CA National Guard; Daniel Scheeper, U.S. Air Force, and Evelyn Steadman, Associate Member. Also, congratulations to New Life Member James Hughes, U.S. Navy

The Flag Table will be open on April 15, 2023 in the Orchard Creek Lodge Lobby for the sale of Flags at a price of \$36. There is also a box for flags to be retired in the room next to the Main Desk. We have recovered 78 flags for retirement this year. Also, a volunteer is needed to collect and prepare the used flags for retirement. Contact president Dave Taylor at 559-281-0868. Continue to Fly Your Flag Proudly and turn them in for retirement when they show signs of wear.


In Memoriam —

Judge Robert G. Eckhoff, U. S. Army


The Veterans Group extends its deepest Condolences to his family and friends.

• • •

(more Club News cont' on page 25)



Dr. Brian P. Keller, DPM
Board Certified in Podiatric Surgery by the ABMSP



On Site X-Ray & Diagnostic Ultrasound

- Ingrown Nails
- Heel Pain
- Bunion Surgery
- Custom Orthotics
- Corns & Callouses
- Ankle Injuries
- Hammer Toes
- Diabetic Foot Care
- Foot Pain
- Plantar Fasciitis
- Nail Care
- Painful Diabetic Neuropathy

916 434-6410 **LINCOLN PODIATRY CENTER**
841 Sterling Parkway, Suite 130 • Lincoln

SAM'S GARAGE DOORS

- NEW INSTALL
- REPAIRS
- BROKEN SPRINGS
- OPENER INSTALL
- OPENER REPAIR
- DOOR OFF TRACK
- MOST ANY GARAGE RELATED PROBLEMS



\$55 SERVICE CHARGE PLUS ANY WORK PERFORMED & ANY PARTS

916-769-8345

BINGO

THUNDER VALLEY CASINO RESORT

Enjoy specials, progressive jackpots,
giveaways and more!

THURSDAY, FRIDAY & SATURDAY

Admission opens at 4pm • Games begin at 6:30pm

SUNDAY

Admission opens at 10:30am • Games begin at 1pm



Ride the Tide

BINGO BOAT GIVEAWAY

APRIL 1 - JUNE 25

Earn entry tickets for our Ride the Tide Bingo Boat Giveaway.

GRAND FINALE HELD ON JUNE 29



THURSDAYS

April 6 & 20 - \$70 Power Package

April 13 & 27 - Max Pack Special
\$250 Max Out on regular games
(\$500 Value)



FRIDAYS

Receive a Free Power PhD
package with a purchase
of a Power PhD.



SATURDAYS

Present your Thursday receipt
and double any PhD Package.



SUNDAYS

Thunder Rewards members
fifty-five (55) and older can receive
\$10 off the purchase of an eligible
electronic pack.

Over \$60,000 in payouts!



SATURDAY, APRIL 8

Doors open at 9AM | Bingo starts at 12 noon

20 Regular Games pay \$2,398

5 Starters pay \$1,000

8 Specials pay consolation prize of \$1,199

10 Hot Seat Drawings for \$250 free bingo play

Reserve your seat with a \$100 cash deposit.



SATURDAY, APRIL 15

Doors open at 10AM | Bingo starts at 1PM

I-BALL SPECIAL

12 Regular Games pay 100X

First "I" ball called.

Payouts \$1,600 - \$3,000

Reserve your seat with a \$100 cash deposit.

TIMES, DATES, SPECIAL EVENTS AND PRIZES MAY VARY.
VISIT THUNDERVALLEYRESORT.COM OR THE BINGO ROOM
DURING NORMAL BUSINESS HOURS FOR DETAILS.



THUNDER VALLEY
CASINO • RESORT

Gambling problem? Call (800) 522-4700.

MANAGEMENT RESERVES THE RIGHT TO ALTER OR CANCEL
ANY PROMOTION AT ANYTIME WITHOUT NOTICE

FREE VALET PARKING
TAKE I-80 TO HWY 65, LEFT ON SUNSET

LINCOLN, CA • 877-468-8777
THUNDERVALLEYRESORT.COM

— LH Board of Directors Elections —

BY CAROLE MOORE, *Elections Committee Member*

Sun City Lincoln Hills will elect four members to its Board of Directors on May 18, 2023. There are six candidates running for these positions: Marie Barnes, Anne Cannon, David Conner, Robert Copp, Jack Harris and Denny Valentine. Terms are for two years.

Ballots will be mailed to Sun City Lincoln Hills homeowners the week of April 10th and completed ballots must be returned by 3:00 pm on May 17th.

Ballots should be completed carefully by following the provided instructions exactly as written. When completed, ballots may be returned by mail, dropped off in the provided ballot box at Orchard Creek or dropped off at the Inspector of Elections' office.

This year's election will include an amendment vote in regards to outside management.

There will be two candidate forums, both held at Kilaga Spring's Presentation Hall. The first forum will be on Tuesday, April 4th at 6:00 pm and the second on Saturday, April 8th at 10:00 am. Videos of the forums will be available on the resident website, www.sclhresidents.com

Candidate and Member Issue Statements are on display at both Lodges and on the resident website. The views expressed are those of the candidates and do not reflect the views of the Association, its directors, managers, employees, or agents. The candidates are solely responsible for the content.

The Sun City Lincoln Hills Elections Committee hopes that all members of Sun City Lincoln Hills will become informed voters. Returning a ballot lets your voice be heard.

— LH BOD Candidate Statements —



MARIE BARNES — I am running because I want to continue the progress made this last year in bringing the association up to current business standards. I am committed to making residents voices heard, be as transparent as possible and make safety a high priority.

Committed to our community

- Currently serving on the Board of Directors as Secretary, appointed in 2022
- Currently serving as primary board liaison to the Architectural Review Committee (ARC) and back-up liaison to the Compliance Committee and Accessibility Committee
- Served as Co-Chair of the Compliance Committee for 4 years and member for 5 years
- Participated in implementing Community Review Program to ensure our community remains beautiful while reducing neighbor vs neighbor confrontations
- Serving as aide in several dance classes and run practice sessions on weekends

I will:

- Ensure security is a high priority for our community
 - Be respectful and honest in all interactions
 - Work with the Executive Director in hiring competent staff
 - Work with the Executive Director to ensure training is accomplished with both staff and volunteers
 - Foster positive interactions between Board, staff, and residents
 - Ensure ADA requirements and training are addressed in a timely manner
 - Work with staff to create a sensible budget
- I truly appreciate your votes!
Contact: voteformariesclh@gmail.com



ANNE CANNON — My name is Anne Cannon and I am running for a seat on the SCLH Board of Directors. I was born and raised in Iowa, attended Iowa State University majoring in Hotel/Restaurant Management, and am a single mother with a daughter in college.

My life's work has been in hospitality, bar/restaurant, hotel catering, marketing, sales, property management & inspection, resident and employee relations etc. I'm excited to put my extensive knowledge to work for you.

As a small business owner since 1996, my employees enjoyed working for me as I always respected, motivated, coached and recognized them in fun and creative ways. My years of experience has taught me it's important to listen, not just hear, and to understand other viewpoints and opinions rather than trying to instill my personal ideas or agendas.

Money gives us financial security, freedom, and the ability to weather hard times. I take the responsibility of having a say in handling other people's money very seriously because it matters so much to me as well. I understand the need for stretching dollars and being aware that many in our community struggle with the rising costs of living.

I value opportunities to give back. I loved volunteering at several area nonprofits, including the SPCA, a Women's Shelter, and Second Saturday Art Walk.



DAVID CONNER — I am a 17 year resident of Sun City. My wife and I love the amenities and lifestyle. I am once again asking for your support and vote for a position on our Association Board of Directors.

I have served for 6 years. I served as President in 2019 and the following are some of the Board accomplishments during my tenure as President.

1. The Fixed Mandatory Assessment which fuels our Community Enhancement Fund was increased from 1500 to 3000.
2. A half million dollar expansion project for our sports complex was passed increasing our Pickle Board courts to 14 using Community Enhancement Funds. I also made the motion for the original 6 Pickle Board Courts in 2009.
3. An expansion of our existing Sewing Room was passed and completed.
4. We paid off half of the Association debt on the Solar Project, with a plan to pay off the remainder the following year.

Currently, High inflation, minimum wage laws and unfavorable by-laws are barriers to our Association management and finances. We need to reinstate our Community Enhancement Funding and amend our by-laws while operating in a business like fashion, Lean and Mean.

I am one who is highly disciplined financially and can help the Board achieve our goals during difficult times and I would appreciate your four votes.



ROBERT COPP — I am running for reelection to the Sun City Lincoln Hills Community Association Board of Directors. My commitment continues to be putting the Community First through: • Engagement – Encourage dialogue that fully represents the community's interests & ideas.

- Ask timely questions through online surveys & structured workshops. Be visible in the community and have an open door.
- Improve communication by getting ahead of issues & responding to residents' concerns
- Strategy – Facilitate resident participation in planning our community's future direction
- Collaboratively advance a long-range plan to support the future of SCLH
- Develop a funding source for future capital projects
- Maintain a strong reserve fund that protects our common property
- Structure – Collaborate with the Board, committees, & staff to build & reach consensus
- Take time to collect & review relevant information with our committees
- Help build upon the skills & knowledge of our Association staff
- Ensure that any decision provides the best outcome for the entire Association
- Leadership – Ensure our community remains active and financially sound
- Remain open to new ideas that can improve our community. Ensure property values stay high by ensuring we stay a top community
- Meet community needs while ensuring dues increases remain within control through operational efficiency and revenue enhancements
- To learn more email at: robertcopp64@yahoo.com



JACK HARRIS — Dedicated to what's best for ALL SCLH residents. As a veteran of 35 years in education, including 15 as a High School Principal and District administrator, I have significant training and experience in leadership skills, consensus building, negotiation and communication. I used these skills in managing a large high school staff and budget. This experience plus my 2 years as a SCLH Board Director in 2020-21, have prepared me well to again serve again as a Director.

- We need a strong Strategic Plan that includes programs, services, capital improvements and communications, allowing us to make informed decisions.
- We need yearly careful examination of budget process and our ability to create additional sources of income to maintain low Dues.
- There needs to be an honest dialog of our governing documents, and every effort made to keep them current.
- Within this documents discussion, it is very important that all members understand the decision making process and the Quorum that is required to change the documents.
- The Board in concert with the CCRC needs to carefully review the current Social Media policy and consider any improvements that would make it more effective.

Please see to my Ballot Statement for a complete listing of my Education, Experience and Community/Volunteer involvement.

Promises Made - Promises Kept!

Phone: 916-409-5212, email: smilnjak@icloud.com



DENNY VALENTINE — My name is Denny Valentine, and as a candidate for the Lincoln Hills Board of Directors, I want to introduce myself. This seemed to be the most efficient way to let you know why I am running. I served on this Board for 9 years between 2005 and 2016. I was Executive Director of the California State Association of Counties and owned my own governmental relations consulting firm. Some of the things I believe are important and hope you will agree.

We must:

- a. Maintain and Enhance the Del Webb Lifestyle and infrastructure for our community.
- b. Promote debate and compromise to achieve our business goals and follow our governing documents.
- c. Encourage continued Strategic Planning which should maintain and enhance our property values.

Financial management experience is my strength and I take my fiduciary responsibility to you very seriously. That means the actions I will pursue will be in the best interests of the whole community with an eye always on listening, team building, and attentiveness to our resident issues and concerns!

I ask for your vote or votes because I believe enhanced lifestyle coupled with sound business practices and strategic planning will lead to enhanced property values and quality of life here this beautiful community!

Contact me: Vote.For.Valentine@gmail.com



GIVING TOGETHER FOR A

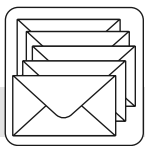
Stronger Community

When you give to the Community Needs Fund, you're joining friends and neighbors across Placer County to provide grants that address the ever-changing needs of our community.

Some of the grants are small but mighty, while others are large and far-reaching. Each represents an innovative approach or collaboration, a new efficiency for an established organization, a critical need that requires "just in time" funding, or an opportunity that needs just a bit of local support to leverage great resources for our community.



**Call (530) 885-4920 or visit
PlacerGives.org to learn more.**



Letters to the Editors...

Authors are solely responsible for the content of their letters.

Member Issue Statement

We now have one source for the price (dues) homeowners pay for SCLHCA operations: association management via a budget process. A form of monopoly pricing.

We could solicit quotes from alternatives like management or consulting companies. Our board can then settle on the best credible price.

It is now simple to choose a management company with a board decision. The resolution that is up for vote intends to make this harder requiring a vote of 51% of all households. An attempt to solidify current monopoly pricing.

My estimates (analyzing our finances since 2017) show that at current price a management company can come in, keep price (dues) the same and make a profit. Next year on, a management company is likely to be the better path.

Instead of contracting a management company harder we need to make reverting back easier. It now takes 51% of all households to revert back.

Our association's management has no competition. It is too much to ask for our homeowner board members to be financial experts to figure if the association manager's price is the best price. But there is recourse: outside experts are willing to provide quotes.

Meanwhile please vote NO on the ballot amendment limiting the actions of future Board of Directors to contract for outside management.

Hal Aytac

• • •

Member Issue Statement

Please vote NO on the ballot amendment limiting the actions of future Board of Directors to contract for outside management.

This amendment was previously rejected by voters. (added) Ask why and how many times this amendment will be added to the ballot for our elections?

Please Join Me in evaluating candidates and the current Board in these areas:

Abides by a Code of Conduct and Ethics:

- Respects members, replies to them within designated timeframes.

Requires the same respect and response from management and committees.

- Role models decorum.
- Holds colleagues accountable for their actions

- Transparent and explains their rationale on votes.

- Complies with and demonstrates knowledge of SCLH Governing Documents, Civil and Corporation Codes, and ADA/ Accessibility laws.

As Fiduciaries:

- Approves spending for expenses, contracts, staffing and activities within the constraints of the budget.

- Prioritizes spending on needs and maintenance over wants.

- Adjusts Association spending as economic conditions dictate.

Supports Free Speech by Members and Use of Social Media Pursuant to California

Assembly Bill 1410:

- The current social media policy revised allowing members to serve on committees while using social media even if comments are critical. This will widen the pool of eligible applicants.

- Advocates for comments made in open forum being included in Association meeting minutes.

- Seeks & Votes for New Members to fill Vacancies on Committees:

- Preference given to applicants that haven't served on committees.

- Votes for and values applicants with diverse opinions.

Donna Fields

• • •

Member Issue Statement

The path to put the amendment on the ballot has been filled with shortcuts, rules being ignored, confusing language, and a huge lack of transparency. We're being played by a small group that wants to make you believe our Association is in danger unless this passes. Nothing is further from the truth.

This amendment proposal failed as it lacked the required 4-vote majority from the board. That should have stopped it in its tracks, but instead the Association began issuing email blasts announcing it as being board approved. The full board wasn't even in agreement with it. Since they didn't agree on it, why should we?

Language in this amendment proposal is so poorly written that it seems to guarantee lifetime employment to our current manager since approving this amendment requires a membership vote to replace our current onsite professional management. This ballot also asks the contradictory question of whether members should vote to replace professional management with professional management. Huh?

This is also so poorly written it's a Catch-22. Notice that whether you vote Yes or No, either way it changes our governing documents and authorizes the board to do something new. What kind of choices are those?

I and many other former board members ask you to please, don't vote.

Joe Cortez - Ex-Board Member

• • •

Member Issue Statement

Stop the power grab — Vote No on the Amendment!

There's no reason to be considering this ill-intended Amendment again. It was already defeated in 2021 – and we need to defeat it again!

Our documents do not require a Homeowners' vote to switch from Management Company to Executive Director. Proponents' claim that this Amendment is "needed for consistency" is Not True.

The Amendment's ringleaders concocted that "cover story" to hide their true motive:

A power grab!

The "Old Guard Clique" is trying to seize permanent control of our community

by restricting options of all future boards – forever!

It's shortsighted and irresponsible to impose restrictions today, which "tie the hands" of future Boards. The Board must act based on circumstances at any point in time.

For the majority of all Homeowners to vote to approve a management change makes it nearly impossible to achieve – even if that change would cost less and provide better management!

We Homeowner exercise our power every year by voting for new Directors – to whom we delegate operating decisions. Since they are involved every single day in HOA operations, they are best qualified to decide how it should be managed. Further, only Board members are privy to ALL the confidential information required to make fully-informed "evidence-based decisions."

This Amendment is shortsighted, inflexible, irresponsible!!!

Vote No!

Beth & Bill Schuman

• • •

Member Issue Statement

As a former member of the SCLH Board of Directors, I am compelled to weigh in on the proposed amendment to our Governing Documents that will appear on this year's ballot.

I am against this proposed amendment and I will vote NO! It is my opinion that our Board should concentrate on matters that affect our overall quality of life here. We already voted this amendment DOWN last year. Why are we faced with it again? I guess our Directors must have listened to a former Board President who stated "we were only one vote away from outside management". That is a total lie !! Even Director Dunipace denied the veracity of that statement. So why then are they trying so hard to pass this amendment? It must be an attempt to maintain their control. The amendment itself is disguised as an opportunity for the membership to decide on SCLH's style of management. But it is the exact opposite. Anyone knowledgeable in HOA affairs knows the prescribed 51% Yes votes needed are impossible to attain. The four Board members pushing the amendment are well aware of this limitation. It will serve to keep them and their "Lincoln Futures" friends in power indefinitely, and will preclude any other style of management.

Don Negus

• • •

Member Issue Statement

Vote Yes — Proposed Amendment to Bylaws: Shall a Membership vote be required to replace our current Association self-management with a for-profit, outside management company?

CC&Rs Section 14.04(b)xi, Amendments to Documents, states that a 67% majority of the Membership is required to establish self-management in place of professional management. Del Webb established the Association as a self-managed organization by the Board of Directors through a professional Executive Director and staff.

Today, a majority of 4 Directors could vote to replace this self-management model with an outside, for profit, management company

to manage the operation of the Association. If this move did not work well, 67% of the entire Membership (4545 members) would have to vote "YES" to return the community to self management.

By voting YES on the ballot question above, the amendment would provide consistency in how the Association accomplishes changes in management. Any change in the method of management will require a vote by the membership. Approving this amendment assures that this decision remains with the Membership. This change will not impact the Association's current ability to contract for specific services.

HOA Management Companies are for profit corporations, requiring a profit which is then passed on to the client (our Association). That profit will be reflected in assessments.

Level the field; retain control.

Ken Silverman

• • •

Member Issue Statement

I have become very concerned about our association the last couple of years.

1). The manner in which the Special Election happened in 2021, the breaking of civil codes and disrespect given members who opposed the Special Election. No opposing views were allowed during this election, which breaks civil code 5105. 5105 provides members advocating a point of view is provided access to media, newsletters, internet websites during a campaign. At the ice cream socials and such, opposing views were not allowed either, while using our dues of \$35,000 to press their agenda forward.

2). The board has taken an item from the special election, pushing it through as an amendment to our governing documents this election cycle. A vote was taken to bring it forward with only 3 yes votes requiring 4 votes, minutes being changed of the meeting. Then a rewrite of that amendment over 2 months later. As of this member statement with a deadline of February 13, this amendment has yet to be brought before membership again required by law.

3). I am very concerned about the breaking of laws and rules going about the management of our community.


Please vote NO on this amendment. Just so you know Marie Barnes voted NO on this ballot amendment, she has our community at heart.

Lena Labosky

• • •

Editors' Note —

This month's issue was printed in two sections to accommodate the extra submissions associated with the SCLH election. Our commercial printer is temporarily limited to producing sections of only 36-pages or less, hence the unusual insert configuration for the extra pages.



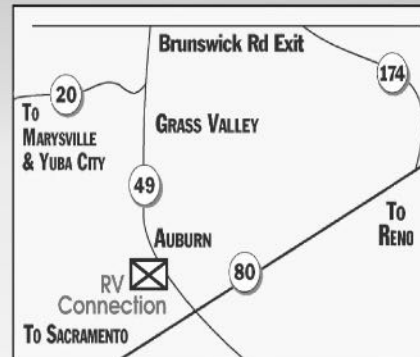
305 Grass Valley Highway (Hwy 49) • Auburn, CA • 1 block North of I-80



BUY • SELL • CONSIGN

**We
Buy**

- Motorhomes
- Travel Trailers
- 5th Wheels
- Campers



**We
Consign**

Trades Welcome

Small town dealership with small town prices! Stop by for a FREE appraisal.

49 YEARS OF LOCAL RV EXPERIENCE

Visit our Website: **www.ShopRVconnection.com**

Open 7 days 9am to 5pm • After hours appts. available

Call (916) 765-1022

Pictures of units are examples only.

SUN SENIOR PROFILES *Getting to know you...*

The Singers

(cont' from page 1)

It was fortuitous that the couple stayed at the same school, Stuart High School in the Fairfax County (Virginia) Public Schools. Stu was a mathematics teacher at Stuart for forty years. For the final twenty-six years, he served as Math Department Chair and for the last nine years, he was also the Instructional Coordinator. Stu states, "As a result of the success of the school's math department on the Virginia State Standards tests, I was invited to be the math member of a panel advising George W. Bush on his 'No Child Left Behind' initiative." Stu and Sherry met both President Bush and Laura. Laura and Stu realized they had been at SMU at the same time.

Two days before the scheduled meeting with President Bush, the Singers had a pipe break in their home late at night and the emergency plumber insisted that he needed to shut off the water for several days before he could repair it. Stu answered, "You can't cut off our water. You don't understand, I have a meeting with President Bush in thirty-six hours and I need to take a shower." The plumber was unmoved and clearly a nonbeliever. Luckily some great neighbors saved the day and opened their home so disaster could be averted. Stu also had a relationship with Jay Matthews who was involved in the story about Jaime Escalante at a school in East Los Angeles that led to the movie "Stand and Deliver." Jaime Escalante had similar successes in math with his students in East Los Angeles.

Stu was the offensive coordinator of the varsity football team at Stuart for twenty-three years and the varsity men's tennis team for thirty years and was named coach of the year seven times. For fifteen years, he was the yearbook advisor.

Sherry was an AP and IB Biology teacher at Stuart High School for twenty-seven years. She served eight years as the chairperson of the Science Department. In addition, she was an associate professor of Biology at Northern Virginia Community College where her career overlapped with that of Dr. Jill Biden who also taught at the school. She was part of a group of teachers working with

researchers at Georgetown University to create biotechnology teaching tools for high school science teachers. She gave a presentation of these tools at the National Association of Biology Teachers in San Diego as well as at a regional gathering in Roanoke, Virginia.

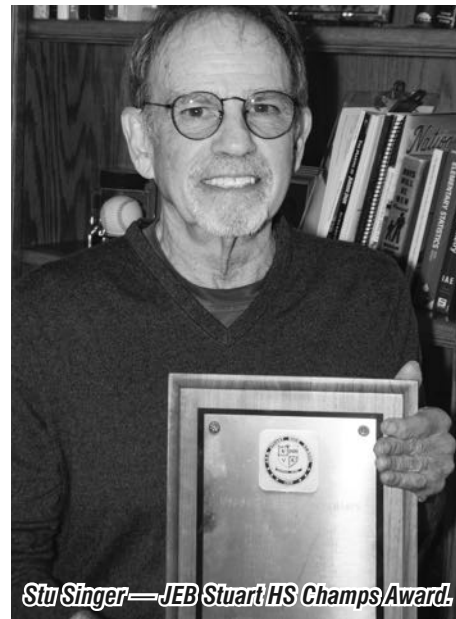
Stu and Sherry have three children and six grandchildren. One son and his family live in Austin, Texas. Stu and Sherry's daughter and her family reside in New Orleans. The other son and his family make their home in London,



Stu and Sherry Singer—Hawaii Circa 2018.

England. Originally, one of the big reasons for the couple to relocate to San Francisco was that the son who now lives in England was living in San Francisco. The parents and son's family bought a house together. Now that the son's family is in London, the five-year-old granddaughter speaks with a British accent. Stu and Sherry loved the area and the culture in San Francisco. They had left the D. C. area in part because the winter before they relocated, they had an unusually high snowfall of fifty-five inches. The normal was eight to ten inches. Stu had to break ice off the heat pump, and they decided a milder environment might be advantageous.

After retirement, Stu wrote a book in 2008 entitled "The Algebra Miracle: The True Story of a High Poverty School's Triumph in the Age of Accountability." He has put his



Stu Singer—JEB Stuart HS Champs Award.



Sherry Singer—Staring down an Eagle.

college journalism degree to good use over the years, writing articles for the Washingtonian magazine, Washington Evening Star and the Washington Post. He wrote a blog for the National Association of Secondary School Principals called "The Principal Difference" as well as a blog entitled "Sports by the Numbers." During his time in San Francisco, he blogged about the pandemic and survival in "Close Encounters of the Viral Kind." He has also had some articles published in the "Sun Senior News," notably in January and February of 2023.

Sherry has also been very busy in retirement. In San Francisco, she served for nine years as a volunteer researcher in the Botany Department of the California Academy of Sciences. She is enthusiastic about her current volunteering with the Adult Literacy

Program at the Lincoln Public Library.

While Stu and Sherry are both very accomplished in their fields of study, they share many interests. They love bird watching. Sherry identifies the birds and Stu photographs. They are also in two book clubs, like to bike the trails in Sun City. They complement each other in writing. He writes, she edits everything. Extremely avid home cooks, they match their background cooking music to the kind of meal they are preparing. They are very pleased with their location in Sun City with its water feature in the backyard, Scandinavian teak furnishings inside the house, and bird feeders to attract hummingbirds and other birds. Sherry even admits a fascination with the birds of prey that can sometimes be seen in their backyard.

Accomplished and skilled, the mathematician and scientist are enthusiastic about their fields of interest and enjoying an active and busy retirement in Sun City Lincoln Hills. They look back on great memories of the Washington, D.C. area and also of the cultural gems they enjoyed while living in San Francisco. They are looking forward to visiting family on the East Coast and in London very soon. They bring their teaching skills to help others and give back after a lifetime of service.

Want to share your story or know a neighbor who should be recognized?

Just let us know!

Call us at 916-727-6383 or e-mail us at:
SunSeniorNews@gmail.com

Lincoln Police Department Volunteer Program

The program is open to Lincoln Residents, who are 21 years old or older. This ongoing recruiting effort is for those individuals who would like to volunteer for our Patrol Division (vehicle patrol, "eyes and ears" in the community). Qualified individuals will receive training on all aspects of Police Volunteer work.

For more information, contact Roy Osborne at 916-645-4081.

SCREENS 4 LESS

Wizard Retractable Screen Systems

- Security Doors
- Swinging Screen Doors
- Retractable Screen Doors

**Call Us Today
For A FREE
Estimate!
773-6500**



Cont. Lic. #806165



Looking to buy a home or an investment property in the Sun Cities?

We have an inventory of some great homes available!



Jean Lund-Morrisseau
Resident Realtor®
916.751.0712
JeanLund81@yahoo.com
DRE# 01966589



Specializing in the Western Placer Area

- Active in Real Estate and Lending for over 35 years
- Consistent Placer County Top Producer

FREE HOME MARKET EVALUATION
FREE PARTIAL STAGING
VIRTUAL TOURS ON A NEW LISTING!

*Let Me Help You Find
Your New Home!
And Sell Your Current One!*

Donna Judah



916-412-9190
djudah@sbcglobal.net
CalBRE #00780415
1500 Del Webb Blvd. #101
Lincoln, CA 95648



SUN RIDGE REAL ESTATE

Former Del
Webb Sales
Associate in
Both
Lincoln Hills
and
Sun City
Roseville

35 Years in the Business

WELLS
FARGO

Advisors

6 Month Non-Callable CD

Wells Fargo Bank, N.A.

5.06%

Annual percentage yield*
Maturing 9/18/2023
Coupon 5.00%
Priced at 100
\$1,000 minimum investment
Interest paid at maturity
Rate as of 03/13/2023

Investment and Insurance Products: ► NOT FDIC Insured ► NO Bank Guarantee ► MAY Lose Value

Wells Fargo Advisors is a trade name used by Wells Fargo Clearing Services, LLC, Member SIPC, a registered broker-dealer and non-bank affiliate of Wells Fargo & Company.
© 2022 Wells Fargo Clearing Services, LLC. CAR-0323-01559

*The Annual Percentage Yield (APY) represents the interest named through each eligible call date (or per annum for non-callable securities) based on simple interest calculations, and an investment price of 100. Subject to availability. CDs are FDIC insured up to \$250,000 per depositor per insured depository institution for each account ownership category. Liquidity in the secondary market can be limited. If interest rates change, this may negatively affect the principal value; and if these CDs are sold in the secondary market prior to maturity, they may be worth less than their original cost. FDIC insurance does not cover losses in market value. Holding CDs until term assures the holder par value redemption. CDs are redeemable at par upon death of beneficial holder. For detailed overview and other risks refer to the Certificate of Deposit Disclosure Statement at wellsfargo.com/disclosures/legal-disclosures.htm. Additional information is available upon request.



B Z Plumbing Co., Inc.

Your Neighborhood Plumber & Re-Pipe Specialist.
Locally owned & operated since 1990

SERVICES OFFERED:

- Complete replacement of water pipes in home
- Water Heater replacement
- Fixture repair and replacement
- Sewer line inspection
- Pressure regulator replacement

**Do you have KITEC or
CPI DURA-PEX pipes
in your home?**

*Call today for a Free in home
Re-Pipe Consultation and Estimate.*

**CALL US TODAY AT
916-645-1600**

1901 Aviation Blvd
Lincoln, CA 95648

www.bzplumbing.com
License #577219

FREE ESTIMATES • SENIOR DISCOUNTS • ALL WORK GUARANTEED

LH Republican Club

BY SUE DUMAS

Happy Easter! April 9th.

As we move into the 2nd quarter of the year, the list of what needs to be done, seems to grow. With the 2024 Election coming up, and so much more on the local level, it sometimes feels overwhelming. So much to do, so little time to work with! March 8th many of us attended the comprehensive presentation by Anne Birge and the City Planners of Lincoln, regarding the Titan 1-A Missile Facility. This facility abuts SCLH, and two churches. This site should have been cleaned up in the early 70's... remains TOXIC. And the toxic plume is expanding ever closer. A Restoration Advisory Board will be taking on the U.S. Army Corp of Engineers to hopefully, resolve this.

March 21st All Club Expogave opportunity to discuss the importance of being involved, and just how much of a difference each of us can make in our community and beyond. Our Club offers multiple opportunities to get involved in your community, and make a positive difference. We also have social events and will have five Guest Speaker meetings this year.

Wednesday, April 19th at Kilaga PH; 6 to 9 p.m. Tom Del Beccaro – author, and former head of California GOP, will be our Guest Speaker. Tom is both dynamic and knowledgeable, and you will not want to miss his views on the many challenges confronting our families and those dedicated to public service. Awareness will lead to potential solutions to

our many concerns.

Join in the journey, and in the fun. See our website for Club Calendar of Events, our new lending library (with list of books), various articles, websites, resources, etc. We are here because we care. We invite you to join us. Annual membership dues \$15/per person. www.RepublicanClubSCLH.org

• • •

Roadrunners Motorcycle Club

BY JACQUELINE MCDERMOTT

For adults, finding a new hobby or rediscovering your love for an old hobby means finding a new love in life. Maybe you only dreamed of riding a motorcycle or maybe you have fond memories meeting up with friends, and feeling the wind glide through your hair as you zoom down the road. Biking is a freeing hobby for active adults.

The weather is ideal this time of year. To prepare for riding a motorcycle, make sure you have obtained appropriate gear to keep you protected on your rides.

Prioritize the safety and fundamental aspects of biking. Like any other sport or hobby, training helps ensure that you are fully prepared. If you are unsure about traffic rules/riding skills, you can visit a nearby driving institution or ask a Road Runner Club friend for advice. They can help make sure that you are prepared to hit the road.

RoadRunner Motorcycle club offers an experience unlike any other. Our Sun City senior living community has many clubs to join and we want you to enjoy an active life

spending your time doing what you love.

There is never a wrong time to have fun, live your best life, and pursue your interest. Join us at our next social meeting. Call our Membership Chair for more information.

Social Meeting: Fourth Thursday-5:30 PM Multipurpose Room (OC). Group Ride: Second Saturday- 8:00 AM Twelve Bridges Chevron. Manny Perez 916-253-9121 Manwil412@wavecable.com

• • •

Sports Cars

BY RICHARD PEARL

The Club descended on Turkey Creek Golf Club February 17th for its annual Marti Gras party. Champagne, cocktails, a great buffet dinner, and dressing for the occasion made for an enjoyable night. Steve Evens provided the musical entertainment and the dance floor was crowded all night.

February 28th saw the club at the Red Hawk Casino's Apex Go-Cart venue—our first trip there. The trip navigated around Folsom Lake to the Casino where we had a nice buffet lunch. Many of the group then jumped into the go-karts for some serious fun.

After weeks of wet weather we had a crystal clear day for our road trip through the Sutter Buttes and Capay Valley on March 15th. A small group of 13 cars enjoyed the best views of the Buttes from Pass Road followed by the lovely green hills and Almond Blossoms of Capay Valley. The rivers were full and flowing fast. We had one detour required due to the Sacramento River still rising. The restaurant



through us a curve by letting us know their kitchen stove was broken, so we went to Cache Creek Casino for lunch instead. All in all we had a really fine day.

In the near future we have a social event at the Pescatore Winery for a Murder Mystery Dinner and Wine Tasting, then it's on to the Lockford Sausage store and Theresa's Place in Jackson for lunch. June will have us at Lake Tahoe for an overnight trip to Vikingsholm on Lake Tahoe.

Contact: Richard Pearl; 916-715-9666; Pennyrich99@gmail.com; Website: lhsportscars.com

• • •

(more Club News cont' on page 26)

WISDOM AWAY...
MINUTES FROM HOME
BE SMART. DRINK WISE!

Wise Villa Winery
www.WiseVillaWinery.com
Tasting Room Open Daily at 11am
4200 Wise Rd. Lincoln, CA
(916) 543-0323

The Lenora Harrison Team...
Serving the Sun City Roseville community since 1996
Don't just hire an agent...hire a team!

Lenora Harrison
Broker Associate | DRE #01229914
lenorasellssuncity@gmail.com
916.765.4188

Larry Pearson
Realtor® | DRE #01938527
youragentpearson@gmail.com
916.521.6516

⇒ Senior Real Estate Specialists
⇒ Certified Negotiation Experts

COLDWELL BANKER
SUN RIDGE REAL ESTATE

www.WeSellSunCity.com facebook.com/lenoraharristeam



**Experience,
Tenacity, Ethics,
Resourcefulness,
and Attention
to Detail**

Paula Nelson
916-240-3736
DRE lic. # 01156846
www.PaulaNelson.com
email: REALTOR@PaulaNelson.com



Lincoln Hills February Sales Snapshot				
Address - Street Name	Sq Ft	Original Price	Selling Price	Model
2785 Winding Way	1020	\$540,000	\$481,000	Mariposa
1309 Secret Lake Loop	1322	\$565,000	\$505,000	Bridgegate
995 Dogwood	1322	\$539,999	\$486,999	Bridgegate
2595 Eagles Peak	1361	\$549,500	\$550,000	Madera
1834 Springvale	1457	\$580,000	\$540,000	Almanor
2224 Winding	1515	\$535,000	\$532,000	Pine Hill
1750 Starview	1515	\$570,000	\$560,000	Pine Hill
2963 Coopers Hawk	1549	\$575,000	\$550,000	Alpine
1589 Avian Hill	1549	\$560,000	\$515,000	Alpine
885 Slawson	1571	\$575,000	\$575,000	Quail Cove
2871 Blue Heron	1673	\$565,000	\$565,000	Trinity
777 Rustic Ranch	1785	\$699,000	\$660,000	Plumas
2355 Hidden Hills	1791	\$638,000	\$607,500	Tahoe
560 Geary	1791	\$589,000	\$580,000	Tahoe
1779 Winding Way	1791	\$588,000	\$588,000	Tahoe
1269 Dapple Dawn	1791	\$525,000	\$525,000	Tahoe
1267 Tiger Lily	1795	\$594,500	\$565,000	Tehama
472 Violet	1795	\$575,000	\$572,000	Tehama
2597 Woodacre	1815	\$640,000	\$640,000	Tahoe
1010 Shadow Glen	1873	\$699,999	\$625,000	Orchard Crest
1706 Monument	1886	\$790,000	\$705,000	Fremont**
1757 Creekcrest	1910	\$739,900	\$750,000	Fremont*
1132 Fairway Valley	2258	\$995,000	\$925,000	Napa*
405 Calistoga	2636	\$1,150,000	\$1,000,000	Sonoma*
2050 Briarcliff	2801	\$949,900	\$935,000	Meadowgate
121 Walden View	3081	\$1,480,000	\$1,435,000	Santa Barbara*/**

**Golf Course/Open Space • **Casita*

Total Homes sold in Sun City per MLS 2/1/23 - 2/28/23

Rods & Relics

BY ELNA RAGAN

The blustery, rainy weather has drastically affected outdoor Car Show venues. Bring on the spring so that we can get out and about, attend local and distant Car Shows, and go on group runs!

At the recent Board Meeting and General Membership Meeting, club members were gearing up for the Saturday, June 3 Downtown Lincoln Car Show. We are off to a good start!

The Club is always looking for new members. All car owners with vehicles model year

1979 or before, or replicas of such vehicles, are eligible to be regular members of the Rods & Relics Car Club. For more information, check out our Web Site listed below.

Contacts: Tom Indrieri - President 916-645-2035, Mike Carvidi - Membership Director 707-849-2834. Web Site: www.rodsnrelics.net

...

Bird Group

BY RUTH BAYLIS

Don and I went up to the Sacramento NWR and were not disappointed. We observed 43 species. The 2 Bald Eagles that we found were in distant trees, but a usually hard to spot American Bittern did make an appearance close by.

I hope some of you have seen and heard the Sandhill Cranes overhead as they head back to their breeding grounds. Nesting season is upon us and the early nesters



Yellow-rumped Warbler

like Hummingbirds and Owls are already raising young. There are at least 3 known Great Horned Owl nests in Lincoln Hills or nearby, and of this writing one of them has 2 owlets peering out. This is a reminder to get your bluebird boxes out. The bluebirds and swallows are actively looking for homes. There are reports off Evening Grosbeaks being seen in Roseville and a large flock across the American River in Gold River. These birds would normally be found in more northern coniferous forests, and not expected here. A rare sighting in Lincoln Hills was a leucistic Yellow-rumped Warbler. A leucistic bird is one that has a partial loss of pigmentation making it have white, pale, or patchy feathers. This is not albino, although pure white albino birds do also occur.

Our March speakers were Dr. Vicki Joseph, avian veterinarian, and Andy McBride, master falconer, from Birds of Prey Health Group (BPHG) presenting "Rehabilitation Challenges of the Golden Eagle".

Upcoming events:

• Apr 10, Mon, 1:30PM: Monthly meeting, Kilaga Presentation Hall. Deb and John Kirkpatrick will speak on "Hummingbirds (cont' on page 27)

Your Old Photos Restored!

I'll restore your **faded, stained and damaged** heirloom photos to their original appearance.

They can also be re-colored, enlarged and duplicated—ready for framing. Your original is not altered, and never leaves my studio.

I live in *Lincoln Hills* and will gladly do free estimates in your home.

Patrick J Osborne
Visionary Design
916-408-4152
email patrickjosborne1@gmail.com

Bird Group

(cont' from page 26)

and Fun Facts". Deb also hopes to bring rehabilitating hummingbirds.

• Apr 14, Fri, 8:00AM: Canyon Oaks Trail walk, Lincoln Hills. Expect to see Acorn Woodpecker, Scrub Jay, Oak Titmouse, and White-breasted Nuthatch. I understand that many trees have been downed by recent wind and rain.

• Apr 24, Fri, 8:00AM: Traylor Ranch, Penryn. This will be a walk through trees and meadows and with the rains there should be a running stream. Expect to see a variety of birds. There is an established bluebird trail there, with boxes usually occupied by either Tree Swallows or Western Bluebirds. There are Wood Duck boxes there also, sometimes occupied.

For a full listing of future events, birding tips, a photo gallery, bird lists from trips and more, visit our website: <http://www.sclhbirders.org>

You can communicate with the Lincoln Hills Bird Group at email address: SunCityBirders@sclhbirders.org

...

Garden Group

BY LORRAINE IMMEL

There is no General Meeting in April due to the two events below.

Please join us on Thursday, April 20th for the 2023 Garden Tour. This year's theme is "Beyond the Rocks – Great Gardens"

and will feature 8 homes selected for their beauty, uniqueness and adaptability to the environment in Sun City. Attendees will gain many ideas helpful in their own gardening. The tour will take place from 10:00 AM to 2:00 PM. Packets with yard descriptions will be available for \$5 each in the Orchard Creek (OC) Fitness Center Parking Lot from 9:45 AM to 11:15 AM on tour day. Cash only, exact change is appreciated. Plan to carpool if possible as some homes have limited parking. We are looking for several more volunteers to assist as garden docents at the homes on the Tour. The position requires a sunny smile and ability to offer basic garden information to guests. Assignments are in two hour shifts from 9:45 AM to noon and 11:45 AM to 2:00 PM. Benefits include a free Pre-Tour on April 19th of all the homes on the Tour plus the opportunity to meet enthusiastic garden kindred souls. Please contact Diane Johnson at 916-803-5428. For any questions, contact: Sue Bolton Chair, 2023 Garden Tour Planning Committee 916- 409-5220.

April 29/30-Rose Show-OC Lobby-10:00 AM. Start getting those roses ready! Members may bring them between 8:00 AM-10:00 AM on Apr 29. (More info is in your Rose Show participant email.) Prizes (SCLH gift cards) will be awarded at 2:00 PM, Apr 30. Categories are by color, type and arrangements. They will be on display for all of our neighbors to enjoy. Help us show off our beautiful SCLH roses! Questions: Linda Garrett, 916-409-5944.

Save The Dates —

May 13/14: Bonsai Show - OC Did you

know that you can join the Bonsai Group (a subgroup of the Garden Group) without any additional charge if you are a Member of the Garden Group? (You can also come just to visit and watch!) The Group meets the 3rd Thurs. of the month, 2:00 PM at KS, TerraCotta room. Contact: Paul Lewis 925-393-9772 or email wood1664@gmail.com.

May 20: Plant Sale - Pavilion Start saving and packaging plants and garden items now to donate to the Plant Sale. Contact: Marie Salers, 916-408-3895.

June 5: Spring Luncheon-Secret Garden. Details are available in the Member Reminder emails.

...

Hiking-Walking Group

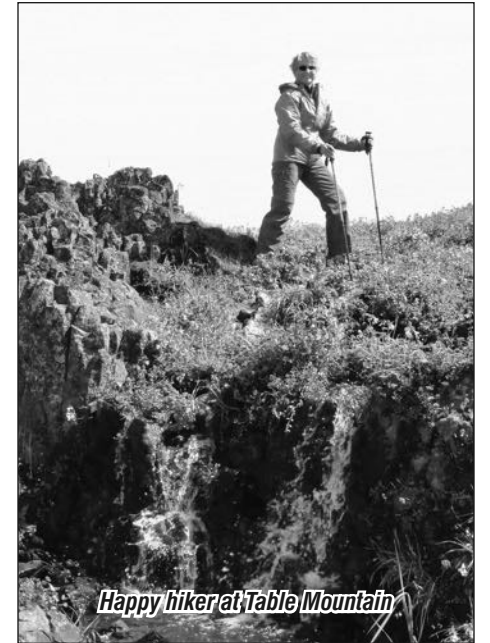
BY GAY MACKINTOSH

Eager to spy some wildflowers, right here in Lincoln Hills? Walkers meet at 8 AM every Wednesday at different trailheads for invigorating 2½-3-mile treks. Call Walking Group Coordinator Debbie Schryver, 916-666-1741.

Hikes are scheduled the first Tuesday and third Thursday of each month.

• 1st Tuesday, April 4: Table Mountain Waterfalls and Wildflowers (north of Oroville). This ancient lava-flow mesa is a hotspot for wildflower watching, with a bonus of spectacular waterfalls. Note you must obtain a CA F&W lands pass online in advance (or show hunting/fishing license) see website. Moderate/strenuous 6 ½ miles.

• Rescheduled to 2nd Thursday, April



Happy hiker at Table Mountain

13: Cronan Ranch (Cool). Enjoy foothill grasslands and riparian woodlands with great views of the South Fork of the American River. Moderate 6+ miles.

• 3rd Thursday, April 20: Buttermilk Bend/Point Defiance (Bridgeport). Another great site for wildflowers. Trek above the foaming South Yuba River and through the restored covered bridge, then continue on a scenic loop to Lake Englebright. Easy 2.5 miles OR moderate 5.5 miles.

• 1st Tuesday, May 2: Hidden Falls Creeks, Pools, and Waterfalls (Auburn). New route features connecting loops to Seven Pools (cont' on page 29)



PECK

HEATING & AIR
CONDITIONING

CSLB# 566294

- SALES
- SERVICE
- INSTALLATION

www.PeckHeatingAndAir.com 916-409-0768

Spring is Here! Time to start thinking about a Quiet Cool whole house fan to help reduce your A/C costs this year!


QuietCool
ADVANCED WHOLE HOUSE FANS

Tune-up \$79 Special!

Expires 4/30/23

Three Generations Strong

Lambert Funeral Home



A Family Tradition Since 1934
400 Douglas Blvd. • Roseville
783-0474

LiftMaster

Get in your garage, EVERY TIME

See and hear what's happening in your garage.

- The LiftMaster Garage Door Opener, with built-in camera and 2-way communication, provides peace of mind your garage is safe and secure. Model 85503
- REAL TIME VIDEO MONITORING
- 2-WAY COMMUNICATION
- SMART PHONE CONTROL
- INTEGRATED BATTERY BACKUP



**COMPLETE
Garage Door Installations**

*Many Styles & Colors to Choose From
Less Expensive Than Home Depot & Lowe's
Over 20 Years of Experience*

**EL CAMINO OVERHEAD
GARAGE DOORS**

**Contact Khoun Mokhantha
For a free estimate!**



Lic# 910298

(916) 533-6501

www.elcaminogarage.com

Hiking-Walking Group

(cont' from page 27)

Vista, Canyon View Bridge, and Hidden Falls Overlook. Moderate 5.1 miles, some steep sections.

• 3rd Thursday, May 18: El Dorado Trail (Placerville). Pine- and oak-lined paved trail opens to Smith Flat. Easy/moderate 5 miles with a gradual, steady climb.

The website boasts a wealth of information for both walks and hikes, including meeting locations, route maps, and photos. Be sure to check back for weather cancellations or other changes.

LH Hikers and Walkers Website: <http://www.lincolnhillshikers.org>. Call Dan Cortinovis, Hiking Group President, 925-262-7345 with questions about the Hiking Group.

• • •

LH Cyclists

BY TOM FRADY

I think most LHC members will agree the Ride Leaders are the heart of the club. The duties and responsibilities of ride leaders takes up an entire page or more in the club's Operating Procedures document.

Here with follows my process. Yours may differ.

The first, and most crucial, decision is where the group will be going to get a donut. I have a list. Then, how to get there must be planned. Never go the direct route.

Most Ride Leaders use GPS to develop a route and post it on the calendar.

There are a number of considerations when planning a route. Of course, the mileage and total ascent are important, but roads with construction, tricky left turns or unusual traffic must all be considered. It is a good idea to warn the other riders of up-coming difficult situations. Ride leaders are charged with the safety of the group, after all.

If a new or unusual safety hazard is encountered, the Ride Leader should report it to the Safety Coordinator (me), who will in turn get a message out to the entire club membership.

When I am the Ride Leader, I also print a hard copy of the cue sheet and clip it to my handlebars. I even make marks on turns that are somewhat out of the usual, just to be sure I remember it.

The decision I hate is whether to ride on a

(potentially) rainy morning. I check the hourly forecast every couple of hours the day before, right until midnight, look at radar and watch the local weather report on TV. When I get up, the first thing I do is look out the window to see how wet the streets are. Canceling a ride "last minute" means at least an hour before takeoff. I think we can stand a little drizzle, but will err on the side of safety when making the decision.

Should there be an accident, the Ride Leader must take charge of the scene. This may mean delegating duties to other riders, like traffic control or first aid assistance.

On the road, it is the Ride Leader's responsibility to be sure no one gets lost or left behind with a mechanical problem or medical incident. Each group has a slightly different culture, but occasional regroupings, frequent use of the helmet mirror and maybe even a designated sweeper all help.

This is, at best, a very brief overview of the responsibilities of a Ride Leader. It's not a hard job, but it does take some time, if you are not a Ride Leader, let yours know you appreciate the effort.

• • •

Swimming & Water Walkers Club

BY JIM KLEIN

After unsuccessful knee replacement surgery in 2017, Rosemary 'Chap' Tanfani, could no longer run, and had to give up jogging and playing tennis.



Rosemary 'Chap' Tanfani

A few months after moving to Lincoln Hills in 2020, she was walking by the OC outdoor lap pool and saw a person running/walking in the pool. She decided to give it a try and found not only could she walk and run in the pool without pain, but she could also skip, jump, hop, sidestep and dance!

Thus, was born a dedicated water walker.

Tanfani now water walks in the OC pools 2-3 times a week. She prefers the deeper water in the OC indoor pool. "The deeper water gives me a better upper body workout. When I am pulling with my arms in the water, I feel the resistance in my shoulders and chest," she says. "I've found it's a safe exercise for seniors, whether as a primary or supplemental exercise routine. There is zero impact, and the water exercise fine-tunes your form, and builds core strength. One can go at an easy or hard pace – the perfect exercise!"

With the Sierra Splash event coming in June 2023, where water exercisers will swim and water walk to Tahoe, Tanfani is increasing her lap times using the wall mounted digital clock. "I can water walk one length in 1.6 minutes, but have been able to get my time down to 1.46 minutes. It is a challenge that I am enjoying and will help me 'walk' to Tahoe."

Tanfani, club secretary of the Swimming and Water Walkers Club, urges everyone, to try water walking in the pool. "It is the best, most enjoyable aerobic exercise I have ever done," she adds. "And, no matter my mental state, when I am in the pool, I am energized by the water."

The next club meeting will be May 15, with Sierra Splash on the agenda.

Club Contact: Jim Klein, swimmers. walkers@gmail.com

• • •

LH Water Volleyball

BY DIANE FERRARI

Suddenly we are hopping right into spring, so hop right into the pool and play Water Volleyball with us! The "Some Spike It Hot" tournament happens in April. Check the [LHWaterVolleyball.com](https://lhwatervolleyball.com) website for dates and times. Watch and cheer on your local neighbors at this exciting event. We also have our annual Cinco de Mayo festival scheduled for May 5 at the Pavilion. Don't miss this fun event with food, friends and dancing. Want to just try out Water Volleyball? Join us on Free Play Saturdays. Every Saturday at Kilaga (KS) Indoor Pool starting at 9:00 a.m. It's easy to learn and great to meet new people. Don't know how to play? We provide Training with Skills and Drills classes once per month and provide you with a Mentor when you join our club. We have a Ladies Night monthly for fun and frolic so come on out! We have more fun events planned for the upcoming summer months

and a Fall Festival in October so join now to be a part of the fun in and out of the pool. We welcome all levels of interested players. Find us at [LHWaterVolleyball.com](https://lhwatervolleyball.com). Or Call Jerry Grisler 209-648-9534 for more info.

• • •

Pickleball

BY MOLLY MORRIS

Pickleball Palooza 2023 is quickly approaching! The event will be held this year on Thursday, May 4, 2023, 4PM-6PM on the Lower Courts, and open to all SCLH residents.

We are celebrating Pickleball with five courts of pickleball games, where you can win tickets for prizes! There will be raffle-prize winners announced throughout the event, vendors to visit, paddles to demo in our designated paddle demo area, food and drink, and music galore.

The cost of admission is \$15, and all the fun, fun, fun is free!

Sign up for the event begins Monday, March 6, 2023 at 12PM (Maximum 200 spots)

On the Lincoln Hills Pickleball Club website (<https://lhpbclub.com>), go to Home/Coming Events>Pickleball Palooza to sign up.

The pickleball games are fun "Boardwalk"-type games, where you can win tickets for prizes.

There are 5 Game Zone Courts – and their respective "Boardwalk-type pickleball game

- Drop-Hit Groundstroke to Target
 - You drop-hit a groundstroke to the target (over the net, to mid-court)
 - 3rd Shot Drop From Baseline
 - You return a groundstroke ball with a 3rd shot drop into the NVZ
 - Serving
 - You serve a ball, landing the ball in the back 1/3 of the court
 - Catch of the Day
 - You serve a ball to your partner, who is sitting in a chair in the back 1/3 of the opposing court, catching the ball off the bounce
 - Dinking
 - You and a partner hit and return continuous dinks to each other
- Bring your paddle to the party!

• • •

(more Club News cont' on page 30)

Morgan Oaks
Eternal Preserve
A GREEN BURIAL CEMETERY

Leave a legacy for future generations to enjoy!

OUR GREEN BURIAL:

- Offers minimal environmental impact
- Conserves natural resources
- Forgoes toxic embalming
- Provides an affordable way to say goodbye to your loved ones
- Delivers a lasting legacy for generations to come
- Includes 160 acre nature preserve with 3 miles of walking trails in a park like setting

Start your afterlife journey now with green burial and we will help you every step of the way.

Mention this ad and receive a complimentary processing and recording fee with your plot purchase, a \$250 value!

421 Fleming Road, Lincoln, CA 95648

Located in scenic Placer County. Schedule your private tour of the property today.

833.667.4266

Hello@MorganOaksGreenBurial.com

www.MorganOaksGreenBurial.com

COA 667

LOOKING TO Buy OR Sell A HOME?

I will guide you through every step of your real estate journey, call me!

CENTURY 21 Select Real Estate

MARY OLSEN
Broker Associate | DRE #01313720
(916) 521-5492
Mary.Olsen@c21selectgroup.com
www.Mary-Olsen.c21selectgroup.com

©2023 CENTURY 21 Select Real Estate, Inc. All rights reserved. CENTURY 21® and the CENTURY 21 Logo are registered trademarks owned by Century 21 Real Estate LLC. Each Office is Independently Owned and Operated.

J. Jowers Painting

Licensed Contractor # 1045212

Why not call someone that lives and works in your own community?

- Two coats of highest quality paint for all interior.
- For exterior spray and back roll body.
- Prime and two coats on all trim with paint.



Licensed

All work guaranteed!

References from people in your own community proudly provided.

Be aware of statements such as "As needed".

Call (916) 408-2341
(916) 802-1849

LH Table Tennis

BY CARL LYNCH

We had a round robin table tennis tournament called "Doubles Happiness" that coincided with the Chinese New Year. Year of the Rabbit! Congratulations to all 30 players and the Gold-Silver-Bronze medal winners. It was great fun, and everybody had a great time! We held a Saturday night Table Tennis St. Patrick's day-after event. We have some upcoming events: a singles placement pool and a doubles ladder.

We play in the Multi-Purpose Room (KS), where it's nice. We play on 7 tables, beginner to advanced levels on a drop-in basis. We play women's doubles, men's doubles, mixed doubles, and singles. Reservations are not required. Please wear non-marking tennis shoes. Loaner paddles are available.

Play times are Sundays 8:00 AM to 5:00 PM (except the first Sunday of the month when play starts at 12:30 PM), Tuesdays, 6:00 to 9:00 PM, and Fridays 8:00 to 12:00 PM.

We set up a Newgy Robot table tennis ball machine on Fridays to use for beginner coaching, warm up, training, and just plain old practice. Players may use it on a "first come first serve" basis, and the signup sheet is located there with the ball machine. When somebody is waiting, your timeslot is limited to 15-minutes.

For more information, check out our webpage: [https://sites.google.com/view/lhhttp/](https://sites.google.com/view/lhhttp) or email us at pingpongsclh2@gmail.com.

April 23 is World Table Tennis Day!!

Team USA held the US National Table Tennis Team Trials close to home at TT888 club in Burlingame on April 7-9.

Our USA Olympic Table Tennis players qualify for the 2023 Pan American games and the 2024 Paris Olympics at this event.

...

(more Club News cont' on page 31)



TRUSTED ADVICE FROM REAL ESTATE PROFESSIONALS

Buying

- ✓ SHOPPING FOR HOMES
 - We will set up home viewings on your behalf.
 - Based on your needs we will locate the perfect home.
- ✓ SUBMITTING AN OFFER
 - We will help you negotiate the best competitive price.
 - Years of experience preparing contracts.
- ✓ MANAGING THE PROCESS
 - Timelines, inspections and contracts. We are with you through the entire transaction.
 - Final closing and getting your keys!

Selling

- ✓ PREPARING YOUR HOME
 - We have a network of trusted contractors.
 - We will help neutralize your home to appeal to any buyer.
- ✓ DETERMINING VALUE
 - Years of experience analyzing the current market.
 - The right price to attract the most buyers.
- ✓ MARKETING YOUR HOME
 - Social Media & Online Marketing
 - Custom tailored professional videos and photos to showcase your home.

WHETHER YOU'RE BUYING OR SELLING, WE'LL
HELP GUIDE YOU THROUGH THE PROCESS



Erik Nelson
916.765.8124
DRE#02113178



Jenna Lyn Gutierrez
916.662.1477
DRE#0205988



Shari McGrail
DRE#01436301



McGrail Team.com

The **McGrail Team**
Makes the Difference

916.765.8124

CONNECT WITH US



in
@
f



ICARE REALTY

Each Brokerage is Independently Owned & Operated.



Tennis Group

BY PAM FLAHERTY

Tennis players have been seeking windows of sunshine during this exceptionally wet winter. But fear not, they are a mighty bunch. Ever hopeful for dry courts, planning went ahead for our first ever St. Patrick's Day Live Ball Tournament and LITT (Intramural Team Tennis.) Both events are full (at time of this writing) with waiting lists and are expected to go on. LITT will be playing on Mondays through April twentieth and offers all players some great entertainment.



USTA Team members
Sharon Klotz and Darlene Fisher.

Meanwhile Captain Denise Higgins is leading a fourteen player USTA 7.0 team, the "Racq Pacqs" through a great season! Of course, rain has caused some rescheduling but the play is still highly competitive and a

great spectator event, so watch for the match schedule in emails and on the pavilion bulletin board.

Our next tennis tournament will be a "Cinco de Mayo" themed event. It will be a mixed doubles format with delicious Mexican food, prizes and music! Find a partner (start early for a ringer, ha!) and watch for sign up information. Our website (www.sclhtg.com) truly is the source for first hand information.

Steve Bringman continues to offer introductory and refresher free lessons. Contact Steve at steve.bringman@yahoo.com. See you on the courts!

• • •

Mad Hatters Bocce Group

BY KIM PETRUZZELLI

This beautiful April is our last month of playing bocce at the 10:00 am starting time. Once May rolls around, we'll be dragging ourselves out of bed 2 hours earlier. Fortunately for you, we have a tradition of marking the changeover with donuts. We bring—you eat.

Another change we see during the warmer months is an increase in traveling. Since we make up our bocce teams each week, it's not a problem if you're going to be out of town. When you're in town, you're also welcome to bring along your adult visitors to play.

We generally play 4 games of bocce in the morning. All totaled, our playing usually lasts for 75 to 90 minutes. As you join us on Thursday mornings, feel free to stay for all 4 games, or fewer if you need to leave sooner.

Mad Hatters Contact: Russ Petruzzelli, LHBocce@gmail.com / 408-439-1848.

• • •

LH Shuffleboard Club

BY JON KLINE

Outdoor Shuffleboard Play Continues!

Indoor play at Kilaga Springs fitness has been temporarily suspended so that we can concentrate on playing on our two new outdoor courts. These professional-grade PolyCourts are identical to the courts used for the 2019 World Shuffleboard Championships in Vienna, Austria.

Weekly club doubles play during April and May is held every Tuesday, Thursday and Saturday afternoons at the rear bocce area of the Sports Plaza. There are two 90-minute sessions each day: 12:45 to 2:15 and 2:15 to 3:45 with a special clinic for new players on Saturdays at 1:00 PM. Have to come late? No problem... you'll join a team for a game in progress.

Bring a picnic lunch to the adjacent covered gazebo before playing. If you want to get in some extra practice or just play with friends or family during the many hours available for open play, you can reserve a court for 1-2 hours up to 7 days in advance at: Resident Website/Wellfit Reservations/Bocce-Shuffleboard Court. The shuffleboard equipment is stored in the croquet locker behind the bocce courts; get the key at the OC Fitness desk. Tips for using the equipment are posted on the inside wall of the locker. You can email the club for the basic game rules. We

are a no dues club, and all residents & their guests are encouraged to come to the courts and learn to play this sport. People of all ages and fitness levels can play shuffleboard; no bending or lifting is required.

Contact Jon Kline at 650-279-0001 or at alsonjonny@gmail.com

• • •

LH Senior Softball League

BY HEIDI MAZZOLA

This year marks the 24th year of softball in our community. This year, nine teams will play 30 games over four months and then play a two-week double elimination tournament to determine the League champion.

Opening Day is scheduled for April 12th so mark your calendars and get ready for some serious fun. You won't want to miss out on the Coed regular season action as well as a Women's Division exhibition game. And don't forget about the delicious hot dogs available for purchase. The Hot Dog Meal Deal gets you a dog, chips, and soda for \$6. Fingers crossed for a dry day.

A lot of preparation went into getting ready for the upcoming season. A small group of experienced league members conducted a rating session with 14 new players who were added to the player draft. The draft is crucial for managers as they build the most competitive team they can with new and returning players. In the end, though, a lot depends on player availability, players staying healthy, and a

(cont' on page 33)

What a family-run senior living community feels like.



Visit And Enjoy A Meal On Us!

Your favorite blanket: time-tested, cozy, and a great place to be. Sounds just like our community. Please call for more information. Then prepare for warmth and comfort all year round.

THE PINES
A MERRILL GARDENS COMMUNITY

Proud to be part of Merrill Gardens | Celebrating 30 Years

(916) 745-6238
merrillgardenthepines.com
500 W Ranch View Dr
Rocklin, CA 95765



Lic #312700739

PLACER PEST & TERMITE

Special Pricing for Sun City Residents!
\$70 Every Other Month
Pest Control Plan

- **Pest service covers ants, spiders, wasps, rodents and many other pests**
- **Unlimited free re-services between regular scheduled visits if needed**
- **Bird Services available**
- **No long term contracts or cancellation fees**
- **Dry rot repairs and pest/termite inspections available**

"I chose Placer Pest & Termite for the special price for Sun City homes. I will stay with them because Chris always texts me the day before coming over so I can unlock the gate. He shows up on time with a smile. He asks if I have special concerns. After he leaves I get an email naming all the products that were used and a receipt. I've had other pest services but honestly Placer Pest and Termite is the best." ~ Janice F.



Locally owned and operated with over 25 years in the industry

Call/text/email and mention this ad for special pricing!

916-546-5024 | cvp@placerpest.com

www.placerpest.com

Independent Living • Assisted Living • Memory Care



We invite you to come for a complimentary lunch and tour of our gorgeous community in Granite Bay.

Call 916-755-6553 to set up a tour today!


WellQuest
of **GRANITE BAY**



Come and join Wellquest of Granite Bay

Whether you are looking for independent, assisted or memory care, WellQuest of Granite Bay is the premier senior community within Placer County. We believe that our residents can continue to live life to the fullest and continue to find great joy and meaning with planned, purposeful activities.

We pride ourselves in bringing you the latest technology for older adults to make lives simpler, safer and easier for our community members. Wellquest is the only community to offer CarePredict's preventative senior care solution which provides easy ways to help residents and assistance is always close at hand.

We offer luxurious amenities and living options, with spacious well-appointed apartments with full baths, full kitchens or kitchenettes. Choose from studios, 1 or 2 bedrooms apartments

9747 Sierra College Blvd. • Granite Bay, CA 95746 • www.WellQuestGB.com

CA RCFE #312700996  

Carolyn Properties

Specializing in Real Estate and Property Management in Sun City Lincoln Hills

www.CarolanProperties.com

CA DRE # 01468489

916.253.1833

Our Family Means Business ... a New Year ... a New Market! Homes are still selling and for good prices!

Happy New Year! We are thankful for the loyalty that our friends and clients give us year after year. Up markets, down markets and everything in between - we are here for you. We are soon approaching our 20th year serving this amazing community and we couldn't be more proud. There is no place we would rather be than right here!



Penny Carolan
916.871.3860
Listing & Selling Broker
Broker Associate
CA DRE # 01053722



Courtney Carolan Arnold
916.258.2188
Property Manager
Broker Associate
CA DRE # 01471287



Megan Carolan Martin
916.420.4576
Transaction Coordinator
CA DRE # 01937273

945 Orchard Creek Lane, Suite 300, Lincoln, CA 95648

LH Senior Softball League

(cont' from page 31)

dose of luck.

The Women's Division Opening Day is scheduled for April 16th with the season running through July. The ladies have some special events planned, as usual. Keep an eye on the website for event announcements, dates, and times. Their regular season games are played on Sundays at 10 a.m.

Be sure to come out to support your favorite teams and players. It's going to be an exciting season, and we can't wait to see you there. Team rosters, league playing schedules, and applications are available for download on our website. Check it out at LHSSL.net.

• • •

Lincsters 9-Hole Golf Club

BY CAROLE EUBANKS

General News—See the Lincsters website (<https://www.lincsters.com>) for details and questions. You can also send general email questions to the captains at lh9captain@gmail.com.

Welcome our newest member, Lucy Facchin! Her bio is posted on the website.

Club News—The new bunker construction phase is complete. Some bunkers are filled with sand and ready for play. All the bunkers should be playable by the end of March.

Information about the GeoFence app deserves repeating. Carts are not allowed with 30 yards of a green. GeoFence beeps and switches automatically to reverse if you stray. It also ensures you stay on the cart path when passing every tee box (handicapped players can adjust the app to allow a

15-yard approach). You can still use the neighborhood streets between tees, but not external streets. But, it's always safer to use cart path to return to the clubhouse.

Remember — Private cart owners must now sign a Golf Cart License Agreement and provide proof of insurance when using their cart. Club cart users must sign a liability waiver before getting the keys.

Lincsters Wednesday Play—The shotgun start is 1:00 p.m. through March 31st. Beginning April 1st, the start time is set at 8:30 a.m. on the back 9. May - October start is 8:00 a.m., also on the back 9.

Tournaments — The 19th Annual Grandmother Tournament results are in.

64 Lincsters braved the winter weather on January 18th. Qualifications were tough...be a grandmother, want to be a grandmother, or had a grandmother! The Granny Sitting on a Bench Trophy went to Carol McCann (Low Gross) and Patty Alderete (Low Net). The Walking Cane winners each had the Low Net for their flight: Sara Cannon (1st Flight), Marie Bossert (2nd Flight), Linda Mateer (3rd Flight), and Jane Steffes (4th Flight).

• • •

Ladies Golf - 18 Holers

BY CAROL A. LOPEZ

It was a cool, moist day as the ladies hurried to finish their round before the next storm arrived. Not even the rain would dampen Mitsuko Cameron's spirit. She used her 7 iron on the Orchard Par 3 Hole 11 and received her first hole-in-one which was observed by her team mates, Robyn Kain and Lissi Bedford. They (with blind draw, Ofra Unger) took second place in the Quota tournament that



Mitsuko Cameron
"Hole-in-One"
Club Member.

day, hosted by Debbie Dunipace, behind the team of Donna Sanderson, Ginny Smith, Sandy Tamanti & Wanda Ivaldi. Closest to the pin was on Hole 16 by Kain with a shot within 5'8".

Rain has really limited the ability to play this year as our Stroke Play event had to be cancelled. Maureen Senn was able to host a round on the Hills course and the ladies played Best Even Holes. It was cold and there was concern about a possible freeze delay, but forty-four ladies didn't let the weather deter them. First to fourth positions in each flight were paid. Winners were Flight 1: Mitsuko, Jody Watson, Kelley Royball & Betty Blaney; Flight 2: Vivian Lim, Elizabeth Phillips, Barbara Grant & Georgia Richie-Lynch; Flight 3: Tamanti, Ilene Marshall, Kathie Sutter & Kathy Lee; Flight 4: Nancy Gadsby, Unger, Sandra McKeith & Dee Grimm. Cameron is playing superior golf and took closest to the pin on Hole 16 with a shot that was 14'5" from the flag.

We have a dedicated bunch of women, and many have stepped up to chair and assist with the year's upcoming special events. There are too many to name, but you know who you are and all the Eighteen Holers appreciate each and every one of you! We hope everyone has signed up for the April 20th Spring Fling as the last day to register is April 11th. Also, the Interclub Scramble with the Nine Holers, who are chairing this event, and the Men's Club is a few days later on the 24th.

Please come join us each Thursday and experience the fun! Should you have any questions about our club, please contact our membership chair, Linda Chappellear, linda_chappellear@sbcglobal.net, 916-409-0151.

• • •

LH Men's Golf

BY MIKE MCBACK

April's tournament is NCGA Senior Four-Ball Net Qualifier & JFF. This is a 2-man better ball tournament, so choose your partner and sign up. This event takes place on April 18 and tee-offs start at 8:30. This will be a packed field so sign up fast.

As most of you know now, Vince McCalla has had to resign from the MGCLH Board and his role as Tournament Director. The board would like to sincerely thank Vince for all his effort, time, and work, and to wish him the very best with his ongoing treatment.

Mike Munro has agreed to temporarily step back in as Tournament Director, and

will again execute all Tournament-related communication, planning, set-up, results, etc., tasks with the Membership. Keith Bergevin has agreed to become the full-time Tournament Director and has started training with Mike on the ins and outs of the job. Thank you Mike and Keith for stepping in and taking over.

• • •

Cribbage Club

BY MEL SWITZER

Okay, spring has sprung and Cribbage is in the air. But the burning questions are Who's in first? What's in second?

Is I don't know in third?

Well Bud, let me tell you. Jean Stefan was in first with a whopping score of 746 (not her B.A.) on 2/14. Howard Beaumont ripped one on 2/21, yet Nancy Christensen dethroned him on 2/28 but Jodi Deeley out lasted the field on 3/7.

Our dealer, Tomorrow tosses cards to our catcher, Today (and every Tuesday morning at 9:00AM in the OC Card Room) and the opponent hits it to our left player, Why! Not Because. He's playing on the center table.

Questions? You should have a few! Like "Who" is in first now??? and is there a right fielder?

PS SS. I don't give a darn.

The starting line ups change from week to week, but we all have fun and a few walk out of the dugout a little richer!

Cribbage "Open Tryouts" are held each week and you can bring your own moniker if you like, but please bring your name tag if you do. Lineup cards are filled out prior to our matches yet the Cards and Cribbage boards are provided. Caution: Bring your own luck.

On a serious note, our Manager from Montana and good friend, Larry O'Donnell passed away recently, and his "Celebration of Life" was recently held in Rocklin. It was a well-attended affair, and several Cribbage Club members were there in support of Larry and his wonderful family.

Call Mel Switzer 510-589-7658 with any questions.

• • •

(more Club News cont' on page 38)

REBARK TIME, INC.

Tree Care – Planting- Irrigation- Fertilization



916-764-7650

Licensed/Insured
#23559/03224



www.rebarktime.com

- * Thinning/ Pruning of all plants shrubs and trees
- * Tree Training/ Maintenance
- * Weed Abatement
- * Planter Beds
- * Pathways/ Walkways/ Walls
- * Boulders/ Stream Beds
- * Bark Installation

FREE ESTAMATES!

COLDWELL BANKER
SUN RIDGE
REAL ESTATE

REALTOR®



Mitzi Anderson - Realtor® site: MitziSellsRealEstate.com

CA DRE #01911208

phone: 530-906-2358

REALTOR® - I HANDLE IT ALL!

Services Include:

- Residential Sales and Purchases including Trust and Probate Sales
- Relocations and 1031 Exchange Sales
- Professional Photos/Standard and Virtual Staged Available
- Obtain Estimates - Consult on Repairs and Staging
- Schedule Showings and Inspections
- Contract Negotiations
- Correspond with Lender, Title and Escrow
- Trusted Referral Vendors and Movers
- Open Houses and More.....
- Also serve Greater Sacramento and Foothill areas!

Proud Sponsor
of Sun City
Softball
League





SAVE \$\$ WHEN SELLING YOUR HOME!!

List for 1.5%*

**Independent Real Estate Broker
Full Service Less Cost!**

**Living & Selling in Lincoln Hills
for over 15 years!**

Offering Over 20 Years **BROKER EXPERIENCE** in Placer County with Lincoln Hills Resident References, Personalized Service and **COMMISSION SAVINGS!**

Services Available

Provide Comprehensive Market/Price Analysis

Assist in Prelisting Home Preparation, Pricing and Marketing Strategy

Activate Your Home in Multiple Listing Service including World-Wide Web Advertising

Design, Print and Provide Marketing Materials/Flyers

Arrange Installation of Post, Flyer Box and FOR SALE Sign

Place Realtors MLS Lockbox for Agents and Arrange Showings

Provide Mandatory California Buyer/Seller Disclosures

Receive, Present and Negotiate Offers between Sellers & Buyers

Open Escrow and Transfer Documents with All Parties

OVERSEE THE ENTIRE SALE PROCESS FROM LISTING THROUGH SELLING!

	*PRICE YOUR HOME SELLS FOR	*TRADITIONAL LISTING COMMISSION 2.5%	ACTION REALTY LISTING COMMISSION 1.5%	**YOU SAVE 1% with ACTION REALTY!
	\$400,000	\$10,000	\$6,000	\$4,000
	\$500,000	\$12,500	\$7,500	\$5,000
	\$600,000	\$15,000	\$9,000	\$6,000
	\$700,000	\$17,500	\$10,500	\$7,000
	\$800,000	\$20,000	\$12,000	\$8,000
	\$900,000	\$22,500	\$13,500	\$9,000
	\$1,000,000	\$25,000	\$15,000	\$10,000

*Commissions are based on Sale Price. I List for 1.5% and additional commission is paid to Buyer's Agency. TOTAL Commission is 4%.
**Seller savings based on Area Average Commission of 5%.



916-595-2635

Cindy Collis

Independent Real Estate
Broker & SCLH Resident

cindycollis@mail.com

www.sellinsavewithcindy.com

I Also Represent BUYERS!

ACTION REALTY



CALIFORNIA
ASSOCIATION
OF REALTORS®



MULTIPLE LISTING SERVICE
MLS

SSNLH WRITER...

How Dare You Wish Me a Happy Birthday!

BY STUART SINGER

Birthdays can have very different meanings at various stages of life. In the early years, every moment is celebrated. Photos of the one-year-old face covered in chocolate icing are cherished for decades. There are the milestone birthdays—thirteen, the dreaded teenage years; sixteen, a driver's license, eighteen, voting rights and twenty-one, adulthood.

But over the years anniversaries of birth become less about milestones and more about grudging acceptance. At thirty there is the sense that you are no longer young. At forty there is a growing understanding of what it was like to be your parents.

The point of all of this is I recently observed my 76th birthday. Notice I used the word "observed" rather than "celebrated." Unlike numbers 1, 13, 16, 18, 20, 30 and 40, by the time my 76th rolled around I felt more grateful than celebratory.

But there were some wonderful moments on that day. There was the "Happy Birthday to You" serenade over Zoom from London, England, where two of my granddaughters, ages seven and four, recently moved. Their enthusiastic if slightly off tune rendition was wonderful. Lovely birthday Ecards from my two sisters and daughter were heartfelt and uplifting although one did offer a memory acuity test which was a smidgen more challenging than I would have liked.

Additional zoom calls with sons, daughters-in-laws and assorted grandchildren provided all the warmth and fuzziness I needed. And a cake from dear friends was touching even for a crusty old curmudgeon like me.

We all know that Corporate America has transformed Christmas, Thanksgiving and Halloween from Norman Rockwell moments into capitalist free-for-alls. Some might rightfully suggest that July Fourth, Washington's Birthday and Easter have been high-jacked as well. Who would have thought my birthday was in danger from such

degradation?

For the first time in my more than three-quarters of a century, my Gmail inbox was overwhelmed by more than two dozen "birthday wishes" from people with little or no connection to my life. These algorithm-produced missives were so fraught with insincerity it brought back harrowing memories of Valentine's Day in the second grade when it was explained to me that all the pretty girls in the class had been required to send everyone a card. Isn't it ironic that with all of the memories old age has robbed from me that one vividly remains? By the way, isn't Valentine's Day another victim of Corporate America?

But I digress. Here is a sampling of the birthday greetings staring at me from my computer screen. I received two from different mortgage companies. We obtained our current home mortgage fourteen months ago. The gentleman who navigated the process for us left the company; that company then sold our loan to another bank. In my Gmail inbox was a "heartfelt" card from the man who no longer works at the company and another from the woman who replaced him at the firm. I have never met her and never will since she no longer has any business with us.

Interestingly I did not get any such recognition from the bank that actually owns my mortgage.

Scrolling down I found birthday greetings from a dentist whom I have not seen in more than two years because we moved from their San Francisco location. When we first arrived here, I went to a local dentist office that I only saw once because I suspected the \$11,000 worth of "absolutely essential" dental work they found was a scam. We actually told them that was the reason we were going to a different practice. They sent me a birthday email.

Perhaps not to be outdone, my new, trusted dentist sent me two birthday emails in addition to a birthday text.

Okay, okay we get it. So, what is your actual gripe?

I do cherish that my family and close friends take the time to acknowledge my birthday. But much of the good that comes from those moments are diluted when the day morphs into a cause for "celebration" from a group of strangers who would not know who I was if they bumped into me on the street. All I ask is that you save your insincere, bureaucratic algorithms for someone else.

The April Fool

BY JIM FULCOMER

If April be the month for fools, then please include me in.

For Winter has hung on too long, my patience wearing thin.

For I enjoy the gentle breezes, far more than the gales,
which Winter gives in great amount, and all that cold prevails.

Now I can drive no more enclosed in glass and painted steel,
to feel the sun upon my face, with

sunscreen head to heel.

And to enjoy the Rites of Spring well in my "mellow years."

At least the contemplation, while my "inner teen" still cheers.

Who dares to think so far ahead, when summer falls upon us?

Days in the hundreds soon will come when shade will be a bonus.

So shed the garb of Winter days and break out summer gear -

Reset the thermostat to "Cool," for Spring is finally here.

Lincoln Theatre Company Features Music by Lincoln H.S. Grad

BY PAUL SCHECHTER

Breaking Up Is Hard To Do will be Lincoln Theatre Company's delightful musical comedy. The show features 18 songs by Neil Sedaka, a graduate of Brooklyn's Lincoln High School. The show runs for three weekends from April 28-May 14, 2023 at the Lincoln Civic Auditorium.

Neil Sedaka has entertained and influenced American popular music for more than 60 years.

He wrote songs for such diverse artists as Frank Sinatra, Elvis Presley, Tom Jones, The Monkees, and The Fifth Dimension. Captain and Tennille scored a worldwide #1 hit and the Grammy for Record of the Year with Sedaka/Greenfield's Love Will Keep Us Together. Clay Aiken re-released Solitaire in 2004 which became one of the Top Selling Singles. This reintroduced Sedaka to a new generation of fans.

LTC's show includes 18 of these great hits accompanying a delightful romantic comedy set in a 1960s Catskills Mountain resort reminiscent of the setting of the movie, Dirty Dancing. Steve Allison, Kasper Cummins, Matt Dunn, Betsy Edwards, Tea Hanks, Merilee Imamoto, Kanai Kalama and Sierra Nevin. The show is directed and choreographed by our popular Jeff Teague, with music direction by William Zinn.

Show tickets and more information about the show are available at www.lincoltheatrecompany.org or by calling 916-409-7030.



BRE # 01390054

Got Real Estate Needs???

**You know my face,
I know the market!**

*Please contact me for a
free market analysis*

Tony Williams

(916) 521-3400

Tony @TonyWilliams.com



Each Office is Independently Owned and Operated

Your Certified Computer Tech is Steve

Thank you for the last 18 years!

Comp-Solve Computers

916-276-1374

In Home Computer Service

Hard Drive Upgrades, Backup & Restore

New Computer & Printer Setup's, Data Transfer

Lincoln Hills Special \$89/hr

Repairs - Wireless Issues

Tablet & Phone Help

Malware & Virus Issues

Tune Up's - Email Setup

Scams & Hacking Help

Lincoln Hills 5 Days a Week

*****New*****

Ring Video Doorbell Installs

Ring Wireless Backyard Camera Installs

Then

Now

Before you Paint - Call West Coast Drywall



- Sheetrock Repairs - Low Rates for Seniors

- Small Handyman Jobs - Painting

Richard McCracken
20 Years Experience
Lic# 837055

Office - (916) 900-4994
Cell - (916) 849-7909
RichardandJulia25@gmail.com

OAKMONT SENIOR LIVING Traditions Memory Care



THE BEST CARE. FOR THE BEST LIFE.

Whether your loved one is in the first stages of memory loss or is experiencing more advanced symptoms, Oakmont of Roseville can help.

Call **(916) 297-4512** to schedule a private or virtual tour today!

PERSON-CENTERED CARE

Specially Designed Community
Compassionate Care Providers
Individual & Group Activities
Restaurant-Style Dining

Assisted Living & Memory Care
Oakmont
of Roseville

1101 Secret Ravine Pkwy • Roseville, CA 95661
(916) 297-4512 • oakmontofroseville.com

Observations on Happiness Continued...

BY MARTIN GREEN

Happiness, is something to which all, or most, people, I would assume, aspire. A Harvard study that followed people from college to old age concluded that the key to being happy was to have an active social life.

Sorting through old magazines that had piled up recently, I came across a Time magazine whose cover said “The Secrets of Happiness Experts” and so naturally I was intrigued. Inside the magazine I found several articles on Happiness and related subjects. The most pertinent, I thought, was one with the title “The Daily Habits of Happiness Experts.” Okay, maybe the “experts” knew some things that we ordinary people didn’t.

The article says: “The meaning of happiness is, to some extent, subjective. But, nearly every expert we surveyed emphasized the same cocktail of ingredients: a sense of control and autonomy over one’s life, being guided by meaning and purpose, and contacting with others.” Contacting with others. So this was in accord with the Harvard study.

The article goes on to say that the experts had a handful of happiness habits in common. “Spending time with family outside of the house, and with friends in a nonprofessional setting, were big ones (there’s having a active social life again)... Pursuing hobbies such as art, music, cooking, or reading were also universally important.” Other habits were getting a good night’s sleep and exercising or playing sports. Finally, there’s “basking in nature.”

Okay, there’s nothing startling in any of these habits but if, as the experts say, they promote happiness that’s all to the good. The only problem for us senior citizens is that insomnia seems to come with old age and that most of us are beyond playing sports.

But wait a minute, what about money? The old saying of course is that money can’t buy happiness. What do the experts say? The article is a bit ambiguous. It says: “Experts are divided on whether happiness can be bought. As author and podcaster Gretchen Rubin put it, ‘Money can’t buy happiness, but it can buy many things that contribute mightily,’ ”

Fortunately, in my Googling I came across a study that attempted to find out the answer to the money and happiness question. In this study, a group of 200 people were given a one-time sum of \$10,000 they were to spend in three months, while a control group of 100 people didn’t get any money. The findings, as is often the case with such studies, could have been predicted by any of us non-experts: yes, the people who got the \$10,000 ended up happier. It should be noted that households with incomes above \$123,000 didn’t report a noticeable increase in happiness. I guess with that kind of income an additional ten grand didn’t make that much difference. I know that if I was given \$10,000 I’d feel a lot happier.

Just a little more on the subject of happiness. I found another Time article to be of interest. It’s title is “Happiness Isn’t Pollyannaism. It’s a Practice.” The author is Judith T. Moscovitz. It starts by saying: “Looking at the world around us, happiness may seem an unattainable goal. As we move into the fourth year of a pandemic... there seems little reason to be happy. Indeed, results from the 2022 annual Stress in America survey indicate one-third of the respondents report that their stress... is ‘overwhelming.’ ” A Stress in America survey? Who knew there was such a thing? I suppose that nowadays there’s a survey on everything.

Our weather this winter has not been a happy development. I’ve lived in California for over 60 years and until now hadn’t heard of an “atmospheric river.” So, where did these come from and why now? I see I don’t have enough space so will hope to answer these questions in next month’s “Observations.”

Those who read the December “Observations” know that my wife Beverly passed away in early November. We are having a Celebration of Life for Beverly on Saturday, April 8, at 2 PM at the Pleasant Grove Community Church. Anyone who knew Beverly and wants to honor her memory is welcome to come.

HOLM SWEET HOME

YVONNE HOLM
REALTOR®

Sun City Lincoln Hills Expert



YVONNE HOLM

GUIDE REAL ESTATE **Forbes** REAL ESTATE

916.616.6555

YvonneHolm@me.com | www.LincolnHillsRE.com | DRE# 01969667

Neighborhood Watch

BY TERESA TANIN

During this year's Volunteer Appreciation Celebration, awards were presented while volunteers enjoyed a wonderful variety of free desserts. The Neighborhood Watch Directors served over 120 volunteers that evening to say thank you for serving our community every day.

Five Year volunteers received personal thank you letters from the Executive Director, Linda Minor. Ten Year, Fifteen Year, and Twenty year volunteers were honored with beautifully signed certificate awards. See the event's photo slide show listing this year's volunteers on the NW website sclhwatch.org.

A special gift card drawing (two per Director) was awarded to volunteers sending in their reports on time. Congratulations to Nancy and Dave Millican V25B, Karen Schurr V26C, Robert Thorley V19B, Lynne White V22A, Sharon McCall V2, Joann Howard V4, Pauline Watson V43B, Linda Mateer V1, Susan Ishimaru V37, Patti and Bill Woolsey V32A, Jane Hall and Linda David V16B, Steve Lewis V15, Marie Basinger V41BC, Kathleen Bailey V21, Irma Hoag V36, Kathy Bezy V38 A, Kathleen Wilens and Heather Brown V30A. Great Job Mailbox Captains and Coordinators for sending in your reports on time, due annually February 15. Reports containing important contact information could save precious time when needed. Contact your Mailbox Captain to bring your information up to date. It is also important to update your "Vial of Life" for first responders. The "Vial of Life" paperwork is your voice (medical issues, contacts, and pet information) when you don't have one. Keep your info up to date!

For more information about our safety and security team of Neighborhood Watch volunteers, attend our next General Meeting, May 10, 1:00 to 3:00 PM, Fine Arts Room (OC). Meet our special award-winning volunteers—the special people of Neighborhood Watch.

Neighborhood Watch Mission Statement:

- Strengthen neighborhood ties



- Increase personal safety & security awareness
 - Be the "eyes and ears" of the Lincoln Police & Fire Departments
 - Encourage emergency preparedness
- Neighborhood Watch relies on volunteers to connect with their neighbors. Thank you to those Mailbox Captains

who collect, update and submit their Resident's Contact Information reports, February 15 annually, to their Village Coordinators. Without our dedicated volunteers, Neighborhood Watch could not provide vital safety and security information to our community.

As volunteers retire, openings become available, but not all open spots are filled. Email the Neighborhood Watch Executive Director at executivedirector@sclhwatch.org for more information about becoming a member of our safety and security team. We need more of you!

Neighborhood Watch is thankful for our recent volunteers who have volunteered to help fill some of the open spots: Mailbox Captain(s) Allison Goodwin for V26B MS 6; Joan Eastman 16B MS 10; Fran Skillman V30C MS 8; Sandy Monsees V41A MS 1; Cindy Moore V19A MS 1; Judy Elkins and Joan Fulcomer for V19A MS 5, Sharon Stout V16C MS 10; Gary Keogh V31C MS 7; Nicole Brown V38D MS 14; and Merrilee Curry V38D MS 13. We also welcome the help of Janice Latham, Coordinator for Village 26A. SCLH Residents benefit greatly from these new volunteers, however, too many Mailbox Captain and Coordinator spots remain open. Volunteers contact residents and pass along important safety and security information. Thank you new volunteers! The success of Neighborhood Watch depends on its dedicated volunteers, and is grateful for the continued support and funding from the Lincoln Hills Foundation, lincolnhillsfoundation.org striving to support our senior community.

Spring Safety Symposium, April 6, Grand

FIVE – YEAR Volunteers

Mimi Arighi
Maureen Barnes
Judy Beck
Sylvan Braa
Tom Cluster
Cyndi Colloton
Susan Dickerson
Wanda Gentry
Mary Gott
Shirley Guzman
Susan Haas
Pat Hammer

Shirley Hanson
Denise Hexom
Susan Huch
Carol Judd
Dennis Kathey
Lorraine Katz
Claire Lindauer
Charlene Lindsey
Diane Lundin
Nancy Martin
Diane Margetts
Linda Minor

Kim Morgan
Don Negus
Ursula Neil
Ingela Orlove
Renee Plummer
Danielle Pon
Barb Proffitt
Michele Prout
Bruce Robinson
Vivian Rodgers
Suzanne Rosevold
Joe Santos

Anita Santos
Diane Savoia
Mo Scarpitti
Mary Scott
Beth Slagle
Gary Sloan
Joyce Spisak
Ginny Sprague
Carol Verdolivo
Linda Weatherholt
Lynne White
Mark Worley

TEN – YEAR Volunteers

Kris Astone
Bob Berreman
Tom Breckon
Betty Carlton
Art Deardorff

James Dimapasoc
Elizabeth Farley
Donna Gilmore
Carol Glaush
Diane Hawes
Irma Hoag

Eva Horvath
Klara Kleman
Barbie Mellish
Don Noel
Carol Vasconcellos

FIFTEEN – YEAR Volunteers

Jeanie Abela
Sally Callahan
Geoff Capell
Jim Collart

Sandy Crane
Mike Derosier
Micky Fisher

Joyce Herreras
Sharon Klotz
Dan Larsen

Sherry Lenz
Ben Newton
Jane Roman
Sophia Van

TWENTY – YEAR Volunteers

Sharon Hallsworth

Donna Malone

Nancy Whitaker

Ballroom, (OC). If you were unable to attend, please visit the Neighborhood Watch website sclhwatch.org (top of the home page) and click on the "Lincoln Police Links." This link-directed Lincoln Police website is a great tool for residents to review and obtain current information on what is happening in their neighborhoods via a user friendly map, and provides additional links to Vacation Home Checks and Security Camera Registration. "Project Lifesaver" is also a free service offered by the Lincoln Police. Signing up provides a watch-like wearable device for locating your loved ones who may wonder. Send an email to projectlifesaver@lincolnca.gov for more information.

Receive community "Alerts" directly to

your personal email. Visit sclhwatch.org and click on "Add Me To Alerts."

Visit the NW website sclhwatch.org and click on "Want To Volunteer?" Help keep your neighborhood a safer place to live. Safety and security is important to us all!

LH Chorus Presents

(cont' from page 1)

Answers to quiz:

- 1) d. "Save the Last Dance for Me"
- 2) c. "Here Comes the Sun"
- 3) a. "Blowin' in the Wind"

• • •

Student SERVICES A+ HOME SERVICES

LEAVE THE LADDERS TO US

Gutter Cleaning

Window Cleaning

Solar Cleaning

Christmas Lights

(916) 500-4314

studentservices.biz

RC Painting

Interior & Exterior Painting

www.rcpaintingcompany.com

- Quality Workmanship and Materials
- Competitive Rates
- Small Jobs Ok
- Excellent Local References

Please call for your free estimate

530-305-2943

lic# 1004744.

Try us in Lincoln...a place You Can Trust for your car repairs and maintenance.

*We have 25 Years
of Honesty & Integrity behind us.*

"Duncan's Automotive
fixed a problem that I had
been to 3 different places
over the course of 2 years".

-P. Buntiny
-Citrus Heights



Open Saturdays in Lincoln • We Now Do Smogs In Lincoln

most
cars

Summer Service Special \$89⁹⁵

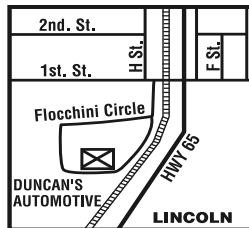
- Lube, Oil, Oil Filter • Brake Inspection • Test Battery •
(Synthetic Oil Extra.)
- 45 Point Inspection • Install Wiper Blades •
(most cars)

Lincoln 645-2860 Also Good at: Citrus Heights 726-8473 and Roseville Locations 789-0303

Not Valid with any other offer. Expires 4-30-23

A place where
your car is
done when
promised!

★ STAR Certified



Duncan's
Automotive 
645-2860
MasterAuto
Repair
Professionals

185 Flocchini Circle, Lincoln www.DuncansAutomotive.com

Duplicate Bridge Club

BY MONA STRYKER

Our exchange with Roseville Sun City
Duplicate Bridge Club is coming up on Weds.,



*March Club Champions, Terri and
Mitch Miladinovich.*

Apr. 19, in the Multipurpose Room (KS).
Check our website for further information.

"Meet-Ups" are in the planning stage for
after bridge once a month. Players can gather
at a local restaurant to talk about the crazy
hands played, and get to know one another
away from the bridge table.

In March, Jack Uppal presented a well-
attended and informative lesson, "Duality in
Competitive Bridge Bidding." After the game
he answered questions about hands from the
game. Check our website for future programs.

Games (reservations need to be made at
least two days ahead of game with Elise Homer
at elisehomer@gmail.com or 916 303-0751):

Wednesdays: starting at 12:30 in
Multipurpose Room (KS). Open and limited
sections

Saturdays: starting at 12:30 in Sierra
Room (KS). Open section only

For further information, go to our website
shown below.

Partnership chairman: Sharon Duley
916-253-3885

Contact: Elise Homer (elisehomer@gmail.com, 916-303-0751)

Website: www.bridgewebs.com/lincolnhills/

...

LH Foundation —

(cont' from page 1)

open at 12:30 and play starts at 1:00. Twelve
cards for \$25, with exact change appreciated.
Join us and be one of our 2023 winners. Payouts
are \$100 for the first eleven games and \$250
for the final game. Make an afternoon of it
and enjoy a special Bingo lunch at Meridians
beforehand.

Bringing a group? We are taking
table reservations. Email your request to
lincolnhillsfoundation@gmail.com.

Quality Residential Painting



THE WEATHER IS CHANGING!
WITH PRICES LOWER THAN EVER, NOW IS THE
PERFECT TIME TO PAINT YOUR HOME!

Why should you choose Quality Residential Painting?

- ✓ Quality Work that Speaks for Itself
- ✓ 25 Years Experience
- ✓ Interior AND Exterior Painting
- ✓ Cabinet Painting and Refinishing
- ✓ Exceptional, Meticulous Attention to Detail
- ✓ Reliable and Trustworthy, References Available
- ✓ No job is finished until the customer is completely satisfied!

Chuck Niemeyer 916.765.8731

Owner and Operator
License # 882509

"Call Chuck, he is the only painter you will want to call!"



See recent projects completed at: www.qrp-painting.com



\$0 DOWN

Pay Less each month
than you are currently paying!

Don't Miss Out,
Call Today!

(916) 782-3333

VISIT US AT: www.capitalcitysolar.com

Serving Sun City Lincoln Since 2002



- **Solar Electric Installation**
- **Battery Back Up**
- **Service Solar Electric Systems**

CCL# 1018035

SUNPOWER®

Elite Dealer

TESLA

POWERWALL

CERTIFIED INSTALLER

SUN SENIOR NEWS CLASSIFIEDS

SERVICES

WHEELER CLOCK WORKS. Certified Journeyman Machinist. Repair, Restoration of clocks: Grand father, Antique, Cuckoo. Jim Wheeler 916-303-3459.

• • •

GARY’S SPRINKLER REPAIR: Lic# 869624. Valves replaced, dripsystemschecked, timers, broken pipes. 916-223-3706.

• • •

HAIR CARE SERVICES. Enjoy this specialty service provided in the comfort of your home. Licensed cosmetologist. Kimberly 916-837-1637.

• • •

CONTRACTOR, HANDYMAN. No job to small: Carpentry, Electrical, Plumbing, Sheetrock, and Dry Rot repair. Call Martin: 916-747-7888. LIC# 1042598.

• • •

DRIVER AT YOUR SERVICE SCLH Resident Airport Doctor Appointments Shopping Errands Call Cindy 916-747-1882.

• • •

CALIFORNIA WINDOW WASHING. Lincoln Hills Senior Special Only. Entire Home Including Screens \$125. Vetted/ schedule today 916-515-6631.

• • •

PELICAN HAULING AND JUNK REMOVAL garage, yard, storage units, furniture, appliances, e-waste, & more. Call/ text Andy at 1-916-712-7224 Business Lic #00833776

• • •

DIANNE DELEON still serving humanity 13 years for SCLH. Driving, Airport, Appointments. Call or text 916-759-8410 Lic#106453.

• • •

SEWING, MENDING, HEMMING. Lincoln Hills resident. Reasonable rates. Quick service. Janine at 530-613-4444 or djcorby4334@gmail.com.

• • •

\$10 Off GO GRANNY GO Senior Ride Service. Make an Appt for your first ride TODAY! 916/305-0771. Licensed, Insured, CPR/AED Certified, Locally Owned Lic# 016288 www.gogrannygo.BIZ

• • •

SUNSET LANDSCAPE. All Landscape necessities including •Basic Maintenance •Fence repair •Tree Services •Gutter cleaning. Free estimates. Salvador 530-315-0055

• • •

\$\$SAVE MONEY WHEN SELLING HOME. LH Resident/RE Broker will list your home for only 1.5%! Full service, less cost! DRE#01195871. SELL n SAVE w/ Cindy. Action Realty: 916-595-2635 . www.sellnsavewithcindy.com

• • •

ROOF INSPECTIONS AND REPAIRS. License #758107. Steve 916-997-2749

• • •

AIRPORT DRIVER Sacramento International. SCLH Residents only Call or text Richard Brady in SCLH 209-499-0497

• • •

GUTTER CLEANING, WINDOW CLEANING, Solar Panel Cleaning, & Christmas Lights... Student Services Call/Text 916-500-4314

• • •

TIMESHARE CANCELLATION EXPERTS. Wesley Financial Group, LLC Over \$50,000,000 in timeshare debt and fees cancelled in 2019. Get free informational package and learn how to get rid of your timeshare! Free consultations. Over 450 positive reviews. Call 855-946-0763.

• • •

ELIMINATE GUTTER cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 15% off Entire Purchase. 10% Senior & Military Discounts. Call 1-916-953-5518.

• • •

FOR SALE

KNEEROVER: A DELUXE KNEE SCOOTER. New Memory Foam Pad, Cup Holder, Like new. Originally \$229. Now \$125 916-261-074.

• • •

SILVER 1999 PORSCHE 911 Carrera. 109,000 miles. Call Donna 925-786-0029.

• • •

BUZZAROUND LT 3-WHEEL SCOOTER BY GOLDEN TECHNOLOGIES. Brand new-never used. Paid \$1,250. Asking \$1,000 or BO. Call Barbara 209-327-9578. SCLH

• • •

TOMBERLIN GOLF CART, 2010 with Cover, 16750 miles, \$1,500. Call Bill 916-303-0349. SCLH.

• • •

WHITE 2008 GEM EV2 NEV, Hard Doors, Heater, New Tires, Just Serviced, \$7950. 707-290-3515.

• • •

FOR RENT/WANTED

BUYING ANY CAR, TRUCK, SUV, VAN. I am a licensed Auto Dealer. I do all DMV paper work. Always paying TOP prices. Free appraisal at your home. Montie Boatwright 916-417-7468. LH Resident.

• • •

WANTED: BUYING RECORDS: Jazz, Blues, Rock, and R & B. Buying small and large collections, LP’s, 45’s, and 78’s. Also looking for reel-to-reel tapes,(all types.) Call 530-273-8490.

• • •

WANTED! CARS-TRUCK-SUV’S ALL YEARS ALL MAKES. I pay top dollar! Always more than CarMax 19 yr Lincoln Hills resident: Les Van Pelt 916-837-7659 or lesvp@yahoo.com

• • •

WANTED: BUYING OLD COINS, pay cash, free appraisals, discreet, I pay more! Private collector, SC resident. Call Jerry 1-916-772-4268.

• • •

WANTED: BUYING RECORDS: Jazz, Blues, Rock, and R & B. Buying small and large collections, LP’s, 45’s, and 78’s. Also looking for reel-to-reel tapes,(all types.) Call 530-273-8490.

• • •

WANTED: FISHING GEAR ALL TYPES. Call or text Joe 916-813-0895.

• • •

ANNOUNCEMENTS

PMR/GCA Support Group in SCLH. Information - Adrian Felice. Call 916-408-4332 or e-mail adrianfelice55@gmail.com.

• • •

NOTICE TO RETIRED MEN: We are a social club for retired men. We meet monthly for lunch, on the third Tuesday of each month at the Catta Verdera Country Club. We have lunch at noon and afterward, we do a little club business. Our lunch this month will be on the 18th. Look for changes soon to our meeting schedules. Some of the activities you may want to participate in are golf, bocce, or bridge. If this sounds like something you might be interested in, contact Jay James at 408-533-3132 or jayj332@gmail.com or Phil Sanderson at 916-408-4764 or philbridge9@gmail.com.

• • •

Blood Drive

Date: April 21, 2023
Time: 10:45am until 2:45pm.
Place: Lincoln Veterans’ Memorial Hall, 541 Fifth Street, downtown Lincoln.
To reserve an appointment go to: <https://bit.ly/LincolnBloodDriveApril212023>
Refreshments provided by the Placer Nevada Cattlewomen’s Association.

Classified Ads should be Emailed by the 12th of each month to: SunSeniorCA@gmail.com

**FREE ADS — INCLUDE

- ◆ First 15 words are FREE (for SCLH residents only), additional words \$1 each
- ◆ ONE AD PER HOUSEHOLD, PER MONTH
- ◆ *Any Real Estate or Business Ads* are not free. Please see "Business Ads"
- ◆ Lost and found items/pets.

BUSINESS ADS

- ◆ Anything of a commercial nature, including pet sitting, real estate, rentals, timeshare/condos, etc.
- ◆ 15 words for \$35. Additional words \$1 each.
- ◆ \$65 for three months, same ad! (15 words only) additional words \$1 each

Classified Ad Submissions —

WHEN: By the 12th of the month.

Please email the information below to: SunSeniorCA@gmail.com.

Subject Line should be SCLH Classified and your Phone Number (Example: SCLH Classified 916-123-4567)

1. Contact name and phone number.
2. Which category to place your classified ad in: (Service, For Sale, Wanted, Announcement)

3. Classified ad text - including the phone number you want readers to call.

SCLH residents get FREE non-business Classified Ads; limited to 15 words; one per household per month.

Non-business Ad items include selling personal used items such as furniture, tools, books, rugs, electronics, personal car, golf cart, etc.

Business Ads include anything of a commercial nature or service, including pet sitting, real estate, rentals, timeshare/condos, any service etc.

Business Ads are 15 words for \$35 for one-month. Additional words \$1 each. (\$90 for three months for the same ad.)

If your classified ad is determined to be “business” related, we will email you an invoice that will allow you to pay immediately with a credit card, or mail a check.

*HINT on Word Counts: A “word” is anything separated by spaces, or as reported by word-process software like Microsoft Word.

If you have any questions, please email us at: SunSeniorCA@gmail.com



Since 1991
CALL US
FOR MORE
INFORMATION
ON THESE HOMES
OR FOR THE
MARKET VALUE
OF YOUR HOME
771-4177

BRE #01163699



WHY PAY 6%?



George Brown

Experience Makes a Difference!!!

*Call us for an
Expert Home Price Evaluation*

Recent Sales in Lincoln Hills

2739 Eagles Peak Lane	El Dorado	\$600,000
638 Orchid Lane	Santa Cruz	\$620,000
1193 Magnolia Lane	Anadel	\$625,000
2000 Stone House Cir	Fremont	\$700,000
1724 Glenbrook Lane	Tahoe	\$725,000
1813 Creekcrest Lane	Fremont	\$745,000
536 Belladonna Lane	San Mateo	\$ 765,000
130 Boulder Court	Napa	\$ 860,000
2462 Loon Lake Lane	Napa	\$920,000
1552 Summerhill Lane	Meadowgate	\$ 950,000
2257 Sutter View Lane	Sonoma	\$1,275,000

Market Update

Although for the most part the news on sales in Placer County is not rosy, down 31% compared to 2022. There are rays of sunshine. Sometimes these kinds of numbers can be misleading so it's important to look behind the numbers. Our inventory of homes for sale is very low at the same time. What we are not hearing in the news is that the number of sales has climbed every week since the third week of January. It's very typical to see sales climb as we go into spring, but the main point is that all is not dour on the sales front. If you are thinking of selling it is critical to get your home ready and priced correctly. Those sellers that put the effort in and price correctly will sell. Those that don't will sit, and sitting on the market is the worst thing that can happen as buyers will become even more aggressive with their offers. Shop for an agent who has been through the market conditions that exist, they will be your best guides. Just for the record, not patting myself on the back or anything, but in my 38 years in real estate I've gone through every market imaginable.

George Brown
916-297-3500 CALL/TEXT

*All measurements and all calculations of area are approximate. All Sales from all MLS Brokers. Display of MLS data is usually deemed reliable but is NOT guaranteed accurate by the MLS. Buyers are responsible for verifying the accuracy of all information , Sales from all MLS brokers