

SUN SENIOR NEWS

Your Community News Source — Serving Sun City Roseville — Online at: SUNSENIORNEWS.COM



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Jean Saunders — Gets an “A” for Adventurous

BY JENNIFER MARTIN

Living a life of adventure means riding a camel in Egypt, watching a snake charmer on a street corner in Delhi, floating in the Dead Sea, reveling at the running of the bulls in Pamplona, shooting the rapids of the gorges of the Zambezi River in Zambia, hiking the trails in the Rain Forest Preserve of Costa Rica, riding an elephant in Thailand, and posing by the Great Wall of China. That’s just a short list of the many exotic adventures Jean Saunders has had throughout her life as a worldwide traveler.

Born in Oklahoma in 1935, Jean and her family, which included Betty, Don, and Sue, moved in 1944 to Los Angeles then on to Chico where Jean graduated from Chico High School in 1952 and then attended Chico State University. She was first runner-up in the first Miss Chico Pageant, performing a dramatic reading as her talent.

In May of 1957, when she was walking the beach in Waikiki, she met a man who was



Jean Saunders

a crew member on the SS Mariposa (Matson Line) who, after an evening of dinner, drinks, and dancing, invited her aboard for a grand tour of the ship. “There were lots of happy

people all around, shouts of bon voyage, and ‘all ashore who are going to shore’ ”. Soon we were sailing out to sea!” she recalls. Now a stowaway, Jean was locked in a room until ship personnel determined it wasn’t intentional and moved her to a stateroom. Eventually, she was transferred to the SS Monterrey and returned to Honolulu. The good news was that she was cleared of any federal charges. The bad news was the Matson Line charged her \$415 for her return to the island. Ironically, 30 years later, she became an Accredited Cruise Counselor and went on cruises all over the world, including to places such as the Greek isles, Glacier Bay in Alaska, the Caribbean, Tahiti, the Mexican Riviera, St. Thomas, and Puerto Rico. She’s even cruised rivers such as in 1983 when she cruised down the Nile in Egypt.

In 1958, Jean became a TWA hostess, offering TLC to passengers flying during thunderstorms and hobnobbing with celebrities
(cont’ on page 25)

SCR Foundation 2024

BY KATHI STROPKAI

The Foundation has had a busy first quarter of the year. We are working with the Fitness Center to get some CPR classes scheduled and the Activities Department is diligently working on setting up some great speakers for the Speaker Series. As a home owner you know you never run out of things to do around the house. It’s no different for our wonderful group of volunteers in the Foundation’s Home Maintenance Program. They are here to help you with minor home repairs. Please visit the website www.scrfoundation.org to learn about all the services that your Foundation offers. Remember, we are a community of volunteers and continue these programs with the support we receive from the residents.

We’re ready for our 2nd Bingo Event of the year. Stop by the table at Courier Days, Friday, March 1st between 8:00 am & 11:00 am to purchase your pre-sale game tickets. \$20 for one 15 game pack & \$25 for two 15 game packs. You can also purchase your Blackout cards for \$2. Doors open at noon and you can purchase your bingo cards then as well.

“Save the Date” Mark your calendar for the 26th Annual Foundation Golf Tournament, June 7, 2024. All proceeds generated from the fundraiser will go towards projects benefitting
(cont’ on page 5)



Sunshine Services

BY LINDA CILENTI

How many of you remember a switchboard operator saying, “Number Please” and then being connected to a live person? Today phone trees seem to be the norm or calling one number only to be referred to another number, it goes on and on. We appreciate reaching the right person the first time we call regarding a service. This month important Sunshine Services phone numbers will be highlighted to make sure you speak with the right person the first time you call. Save these numbers and have them handy in case you need to contact Sunshine Services for Medical Equipment Loans (MEL) or Arrow discounted ride tickets.

Medical Equipment Loan Program (MEL) 916-960-8091

Arrow discounted ride tickets 916-886-7008

If your call is not personally answered, please leave a message. The MEL program and Arrow discounted ride ticket sales program are staffed by our neighbors who have graciously volunteered to donate their time to the Sun City community and Sunshine Services.

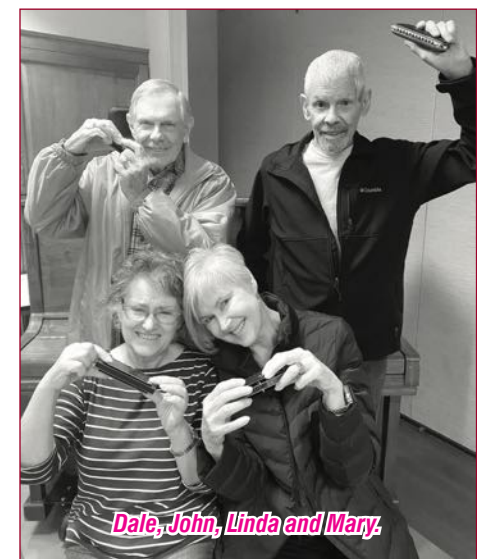
For more information on MEL and Arrow, pick up the Sunshine Services flyer which is just outside the Administration Office down at the Lodge.

Briefly, if you need a walker, wheelchair, crutches, or a cane on a short-term basis, call the MEL phone number to discuss your specific
(more Club News cont’ on page 30)

SC Harmonicoots

BY LINDA B. AUG

It’s MARCH MADNESS for the Sun City Harmonicoots! We will be breezing through March with two performances you will not want to miss! Due to popular demand, the Harmonicoots will return to Timbers lobby on March 14th at 5:30 with a tribute to St. Patrick’s Day. Come early, head to the bar to get your Irish Coffee, find your fireplace seat and sing along to “My Wild Irish Rose,” “Danny Boy,” “When Eyes are Smiling” and other Irish favorites!



Dale, John, Linda and Mary

The Harmonicoots are honored to perform at the annual Fine Arts Show to be held in the ballroom on March 16th. Stroll
(cont’ on page 5)

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Neighborhood Watch/Citizen Patrol

BY LINDA VINCENT

Scammers are some of the busiest people around—they're always looking for new ways to commit classic scams, like stolen checks, fake sweepstakes, stolen identities, and made-up emergencies. This fraud prevention update focuses on new twists to old scams.

Check out 4 ways to protect yourself in 2024 —

1. Don't give out personal financial information.

Your online banking password, card PIN, card security code (CVV), and one-time passcodes (for transactions / logins / registration) are NEVER okay to share, and your financial institution will never ask for them. Giving out personal financial information is still the quickest way to fall victim to a scam—and this won't change in 2024.

What to do instead —

If someone claiming to be (your financial institute) is asking you for something that doesn't seem right, hang up, delete the text, and call them back on their provided 800 number.

2. Don't use checks when you can use another payment type.

In addition to giving you fake checks, fraudsters also love to steal real checks. Check washing — where a stolen check is "washed" and written out to the scammer is still popular — but now scammers are also snapping photos of stolen checks and then altering them to deposit via mobile deposit.

What to do instead —

Use alternate payment methods (credit cards or paying online or autopay) when you can. If you must use checks, take them to the post office to mail. Mailboxes still get broken in.

3. Don't answer calls from unknown numbers.

Popular scams rely on phone calls and texts. When answering these unknown numbers, thieves can capture your voice to be used to impersonate you.

What to do instead —

Let them leave a message — if you know them then call them back.

4. Don't send "emergency" money before contacting someone.

If you get a call from a "family member" claiming to be in trouble, don't panic. Instead, after you've finished talking — and before sending money — call the person at their personal number to check first or call another family member to verify.

Take action and report the scam.

Fraud and scams need to be report to the authorities. Visit usa.gov/where-report-scams.

Finally, plan to attend the April Neighborhood Watch Meeting, April 8th at 10:00am in the Timbercreek Ballroom.

(Information shared by a financial institution — Patelco Credit Union.)

EDITORS' NOTE: *The Sun Senior News has always been politically neutral.*

Our content should be focused on the activities of the clubs, groups, individuals and issues related to being a resident of Sun City Roseville. Our publication will not publish article content or "Letters to the Editors" regarding Federal, or State election issues or advocacy.

We ask that Sun City clubs/groups that are, or could be perceived as political, to limit submission content to basic meeting/event/link info, and avoid advocacy. All club/group submissions should focus on that organization only. Submissions should be 300 words or less and due by the 15th of the month for the following issue.

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MARCH 2024

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7	8	9	10
14	15	16	17
21	22	23	24
28	29	30	31

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Safety First — Watch Out for this Form of Identity Theft

BY ROSEVILLE POLICE DEPARTMENT

It's official. The 2024 tax season has arrived. The Internal Revenue Service (IRS) started accepting paper and electronic tax returns on Monday, January 29, 2024. If you're looking forward to getting your tax refund this year, be careful, as tax identity thieves may want to get your refund, too.

According to the Federal Trade Commission, tax identity theft happens when someone uses your Social Security number to get a tax refund or a job. You might find out it has happened when you get a letter from the IRS saying more than one tax return was filed in your name, or IRS records show you have wages from an employer you don't know.

The IRS uses your Social Security Number (SSN) to make sure your filing is accurate and complete, and that you get any refund you are due. Identity theft can affect how your tax return is processed. An unexpected notice or letter from the IRS could alert you that someone else is using your SSN. Remember, the IRS never starts contact with a taxpayer by sending an email, text or social media message that asks for personal or financial information. If you get an email that claims to be from the IRS, do not reply or click on any links. Instead, forward it to phishing@irs.gov.

If someone uses your SSN to file for a tax refund before you do, the IRS might think you already filed and got your refund. When you file your return later, IRS records will show the first filing and refund, and you'll get a notice or letter from the IRS saying more than one return was filed for you.

If someone uses your SSN to get a job, the employer may report that person's income to the IRS using your SSN. When you file your tax return, you won't include those earnings. IRS records will show you failed to report all your income. The agency will send you a notice or letter saying you got wages but didn't report them. The IRS doesn't know those wages were reported by an employer you don't know.

If you want to avoid becoming a victim this tax season, The FTC has these tips to fight tax identity theft:

- File your tax return early in the tax

season, if you can.

- Use a secure internet connection if you file electronically, or mail your tax return directly from the post office.
- Respond to all mail from the IRS as soon as possible.
- If tax identity theft happens to you, visit IdentityTheft.gov to report it to the FTC, file an Identity Theft Affidavit with the IRS electronically, and get a personal recovery plan.

Now is prime time for tax identity theft, as millions of individuals file their personal tax returns leading up to the April 15 filing deadline. However, protecting your identity is a year-long endeavor. Your personal information is valuable. By securing your identity today, you can minimize your chances of becoming a victim of identity theft.

SCR Foundation

(cont' from page 1)

the community. We were saddened to hear of the recent passing of Dave Happe, our Director for Investments & Golf Tournament. Our hearts go out to the Happe family and we wish them peace and comfort. This year the Foundation will honor Dave Happe at the Golf Tournament. Please reach out to Kathi Stropkai, scrfevents@gmail.com if you'd like to work the tournament.

As you are all aware, our Board of Directors is comprised of volunteers. We will have several openings this year and are actively recruiting volunteers. Please join us Friday, March 8th, 9:00 am in the Card Room at the Timbers. It's a great way to learn what the Foundation does for the community, as well as you'll have the opportunity to discover where you might fit in. Visit our website and learn more or contact Doug Smoot, scrf2chair@gmail.com.

If you have any questions about our programs, services or events please call the Foundation's number at 916-774-9040.

SC Harmonicoots

(cont' from page 1)

through the art displays while you hear "Moon River," "Today" "Edelweiss" and popular melodies as you view the many talents of the Sun City residents.

Last year the Harmonicoots established a goal to learn new songs in 2024. All Coots were asked to bring in new songs that would complement the band. Songs started coming in by the droves! Get ready for a new vibe as we are learning Broadway tunes, old standards, Beatles, Dylan, Seekers (remember them?), Willie Nelson and more!

A new VIBE brings new people! The Sun City Harmonicoots are excited to introduce you to our new members. Welcome Dale Mellberg, John Glabas, Mary Onodera, and Linda Cristoni to the Sun City Harmonicoots. What does it feel like to be a new Coot? Mary Onodera says it best "The group is very talented and welcoming. A great group of people who bring the joy of music to our ears."

The Coots would love to play for your club, group, social, or celebration. Contact Dennis Hellman at 916-834-3157 and see how the Sun City Harmonicoots can bring the joy of music to your ears. Or better yet! Visit us on Thursdays at the Pines (1:00 – 3:00) and hear our new vibe!

Harps Up!

Sun City Singers

BY JACKIE PROETT

It's March and the color is Green. Like stop lights, we move from last month's red, "Stop in the Name of Love", to this month's green, "It's Time to Go". Nevertheless, like Kermit the frog, we must remember, "It's not easy being green". Even though, St. Pat's, and the first day of spring are green days, March has swiped Palm Sunday and Easter from April, just to make sure!

While we're at it, the Hospitality team has also added some greens to the mix. Shunning all the obvious themes, they have chosen a SPRING FLING POTLUCK! It will be great to revisit an old event. No potlucks in a long time. There will be a sign-up sheet and you could probably bring green beer, if you



Hospitality team.

wanted! The date is Wednesday, March 6, Sierra Pines Room, 4:30pm – 6pm. Your pot is your payment. Hope you have signed up by now. What fun!

Speaking of fun, our faithful audience is going to love our June third Concert. There has been much discussion and hemming and hawing about the title. It's difficult because it includes folk, country, love songs, work songs and patriotism. Roll those all up together and the title will be announced in April. Tickets will be sold soon. This Timbers Ballroom Concert should be a sellout.

There is still time to GO to our next rehearsal on Monday at 2:30, back of the Ballroom. We always welcome new singers. You don't have to wear green, but you will be welcomed with a salad full of new music, new friends and a new way to celebrate the melody of life. Go Green.

...

Music and Laughter

BY JANE BOHN

The rain did not deter our fans and entertainers to once again share another joyous uplifting hour of Music and Laughter. What a surprise to see such a turnout! After our Happy Birthday song to those in the audience born in February, our humorist Jan Montero gleefully shared her latest funnies. Entertainment ensued as Ray DeBenedetto shared his delightful voice and captivating personality. Our regular popular singer/guitarist Ken Roberts once again performed to keep the music flowing. Two spontaneous jokesters, Dennis Hellman and Leatha Dawson also added their favorite jokes. The crowd was captivated as Peggy Wells and Frank Kilarr provided their special rendition of a rousing show tune duet. These talented entertainers once again uplifted our spirits. Our prize winners included Celia Longworth, Susan Edie, Wilhelmina Doten, Alan Scheiber, Linda Good and Ann Newmann. We ended the show per usual with a rousing rendition of God Bless America. Many thanks to our performers, our fan club and my big-hearted giving assistants, Dennis Hellman, Jay Javier, Ken Roberts, Maria Hajgato, Arlette Bennett and Nancy Stetz. Here's hoping we get to greet you at our next gathering March 13, at 7pm (doors open at 6:30) at our Sierra Pines Lodge located on the corner of Del Webb Blvd., and Whistlestop Way. As daylight savings time approaches, we all are looking forward to better weather conditions.

...

(more Club News cont' on page 7)

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Drama Club

BY LENORA DAVIS

Who doesn't like a Mardi Gras party, especially when it involves a Murder Mystery? As you can see by the photos, the Drama Club does. There were lots of great costumes and great food at this January party, and everyone enjoyed seeing our actors playing their characters in the Murder Mystery. Four of our members had not even acted for us before, and it was amazing how well they did and how much fun they had "hamming it up".

Now the work begins for us, preparing for our May 26 matinee and May 27 evening performances. Scripts have been selected and we are already beginning rehearsals.

If you would like to be on our email list for advance notices of performance information or ticket sales, contact Susan Glover (530.388.6367) or Lenora Davis (707.350.1357).

We always welcome new actors, but we are also in need of people willing to work in non-acting positions such as stage crew, ticket sales, set-up and etc. Feel free to reach out to us, at the numbers above, if you are interested in joining our fun group. Many of our members were a little reluctant at first, but now really enjoy all that we do.

...

All Tuned Up

BY PEGGY WELLS

In March my thoughts turn to the Emerald Isle, i.e., Ireland. I have been lucky enough to spend a lot of time there, and of all the things that draw me there, one of the most important is the traditional music of Ireland. "Trad" music is most often heard in the pubs, where anyone can join in with songs and instruments. There are drinking songs such as "Whiskey in the Jar", and rebel songs; i.e., the songs that address the history of conflict with the British. The best known of these is "Fields of Athenry". Many songs address the Irish diaspora; these songs tell of Irish emigrés yearning to go home. Per the Library of Congress website, it is estimated that as many as 4.5 million Irish arrived in America between 1820 and 1930. Sadly, most of these immigrants would never see their homeland again. In fact, the first



immigrant from any nation to enter the US through Ellis Island was Annie Moore from County Cork; she was only 15 years old and was accompanied only by her 2 younger brothers. The saddest of these songs is called Isle of Hope, and tells the story of Annie Moore. The chorus:

Isle of hope, isle of tears,
isle of freedom, isle of fears

But it's not the isle you left behind

That isle of hunger, isle of pain,
isle you'll never see again.

But the isle of home is always on your mind.

But enough of sad songs. Big news for All Tuned Up - our spring show will be held in the Timber Creek ballroom on Monday April 29. Keep an eye out for further information and advertising for what promises to be a great show!

...

Creative Arts Club

BY CAROL KOVACH

Welcome back, Cheryl Finley!

Multi-talented Cheryl Finley and her husband, Jerry, moved back to Sun City in October 2023 after being forced to leave for one and a half years when their rental house was no longer available. They missed the friends made in Sun City as Cheryl is a member of both Needle Arts and Creative Arts Clubs.

They had originally moved to Sun City thirteen years ago after a friend suggested she might enjoy the arts and crafts clubs at Sun City, as she had been an avid crafter since she was eleven years old.



Cheryl was born and raised in Southern California attending her junior and high school years in the San Fernando Valley. Her passion for designing clothing began after she took classes in school and designed and made her prom dress; a few years later she did the same for her wedding dress! She and Jerry will be celebrating their 50th wedding anniversary this March. They met through a girlfriend in 1974 and have two children – a son, Sean and daughter Michelle, mother of Cheryl's two grandchildren, Landon (12) and Maddison (10).

Cheryl and Jerry moved to Roseville over thirteen years ago from Henderson, Nevada, after living in the Los Angeles area for many years. Cheryl worked in the accounting and sales fields, while maintaining her interest in crafts, especially knitting and crocheting. She makes a lot of baby clothes, often custom orders.

Cheryl joined Creative Arts six years ago after member, Joan Landecker, enticed her to try her hand at pottery. Recently she began working in ceramics as she loves the intricate painting involved.

It's that time again. Works from Creative Artists will be available for purchase at the upcoming 29th Annual Art Show, Saturday March 16 from 10am - 5pm and Sunday March 17 from 1pm - 6pm.

...

Fine Arts Club

BY NANCY VAVUL

Welcome to the vibrant month of March! As spring begins to unfurl its colors, our Fine Arts Club is abuzz with creativity and activity. Mark your calendars for our much-anticipated Annual Art Show, one of the biggest highlights of the year, happening on March 16 from 10:00 to 5:00 and March 17 from 1:00 to 6:00. The showcase will take place in both the ballroom and the Fine Arts room. If you're exhibiting your artwork, ensure it's properly wired and either framed or with finished edges.

Our weekly classes continue to offer opportunities for skill-building and artistic exploration. This month these classes will include acrylics every Monday afternoon taught by the engaging Donna Self, oils every Thursday morning led by the superior Susan Edie, intermediate or advanced drawing every Friday afternoon presented by the talented Pat Jordan, and one alcohol ink class/workshop on the afternoon of March 28 directed by our leader Sherry Bleiweiss.

Join us for our monthly general meeting on March 14, where we'll have the pleasure of hosting a demonstration by the talented local artist, Judy Knott. Judy specializes in

abstract painting, and her insights are sure to inspire us all.

Need a break from your creative endeavors? Back by popular demand, our game day social returns on March 27 from 3:00 to 5:00 PM in the Fine Arts room, it's a fantastic opportunity to unwind, socialize, and perhaps even engage in a friendly game or two.

For detailed information about these events and classes, drop by the art room where you'll find everything you need, from sign-up sheets to additional details.

Let's make March a month filled with artistic exploration, boundless creativity, and camaraderie. We look forward to seeing you at the Art Show and throughout our engaging March lineup!

...

SCR Needle Arts Club

BY PEGGY VOAKES

"Develop enough courage so you can stand up for yourself and then, stand up for someone else." Maya Angelou

Our February program on Victorian lace, given by Nancie Wiseman Attwater, made me think of my grandmother. That, in turn, made me think of my granddaughter. I am doing my best to help her become a strong young woman. I think we need more strong young women and I hope that our participation in our community and the good works that our Club provides for us to do serve as good examples for our granddaughters.

My spotlight in February shone on our Secretary, Linda Nelson. She covers both our General Meetings and Council Meetings to keep us "legal" with the Association. I know I would otherwise never remember all the things going on and very much appreciate her comprehensive notetaking.

We will be participating in the Fine Arts Club show on March 16 (10am to 5pm) and 17 (1pm to 6pm.) Our room and the Club Room will be open for shopping with several of our own talented members.

Our next General Meeting is March 6, 1:30 pm, in the Ballroom. Our guest speaker will be Jonelle Tannahill from Interior Design Trends, speaking on the newest trends. Be sure to come a little early to shop the back table!

...

(more Club News cont' on page 9)



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Stamp Club

BY TIM MILES

It's March already and there is no reason to stay home on a meeting night! Our meetings are held at the SCR Lodge (7050 Del Webb Blvd) on Tuesday nights at 6:30 pm and are usually over by 8:45 pm. The current schedule is for March 12th and March 26th and April 9th and April 23rd. We have door prizes, a "token" program that draws names and lets you select what you need from a variety of sources, plus access to any number of album pages, stamps, accouterments of any sort, and what-have-you. If you need a ride, call Al Capparelli (916-771-8288) and we can arrange to have somebody in your area pick you up.

We also have "Open Garage" times set up so you can book an appointment with Al Capp and fill in any gaps in your collection and pick up timely additions to your collection. There are album pages, boxes of area-separated stamps, binder sets, to mention a few items normally available. These items are so numerous that they can't all be transported to the meetings. Once again, rides can be arranged.

We recently have attracted some new members, and we want to welcome them to our group.

As always, should any reader have an "old" album on the closet shelf, come to a meeting and we can gladly update the tentative value of the collection and set you up with additional stamps or paraphernalia. We have access to all sorts of philatelic equipment at minimal prices.

Lastly, during the year, we have outside events such as a dinner or other social get-togethers which will be announced as we set them up.

...

Cinema Group

BY BRIAN SUTTON

Join us in March for this excellent movie...

Now, Voyager (1942)

Run Time: 1 hour 57 minutes

Boston heiress Charlotte (Bette Davis) is a neurotic mess, because of her domineering mother (Gladys Cooper). During a short stint in a sanatorium, where she receives the attention of Dr. Jasquith (Claude Rains), she comes out of her shell and elects to go on a cruise. Aboard ship she meets



Jerry (Paul Henreid) and falls in love, despite his being married.

Ratings:

Internet Movie Data Base Website (IMDB) – 7.9 out of 10 (a high rating)

Rotten Tomatoes Website: 91% Critics – 90% Audience (a high rating)

The film was added to the National Film Registry in 2007

Academy Awards: Winner - Best Music; Nominees - Best Actress, Bette Davis; Best Supporting Actress, Gladys Cooper

The Criterion Channel, a website of important classic and contemporary films, reports that this film "...a box office success, was a clear response to the studio system's wartime efforts, by focusing on the female audiences of the time."

Friday, March 15, 1:30 pm, Spruce Room, Sierra Pines

As always, Admission is free!

The Cinema Group is interested in showing those movies that you would like to see. If you wish to suggest a movie, or have a question about the Cinema Group, please contact Brian Sutton, 916-482-6393.

...

Solo Friends

BY NIKKI COMBS

Spring brings spring cleaning. Solo Friends invited Julie Butler to the last General Meeting, and she brought gift bags full of ideas for cleaning out gently used items.

Julie is Senior Manager of the American Cancer Society Discovery Shop in Roseville. This shop raised \$1.1 million last year through upscale nonprofit resales. The shop accepts clothing, jewelry, artwork, table and kitchenware, some bedding, and furniture. They also accept décor and packaging material such as bags and bubble wrap. They will even pick up the furniture. Items they cannot use are given to another non-profit.

The Shop offers special sales including a St. Patrick's Day collection and a Sports Cards and Memorabilia Day.

There are 85 volunteers, including Sun City residents, helping the Roseville shop. A variety of 4-hour-per-week jobs are offered. Volunteers cashier, stock, do laundry, mend, and conduct research to price donated items. Contact the Shop at 1813 Douglas Blvd for more information.

Almost everyone has been or knows



someone touched by cancer. Thanks to the huge effort of the ACS, many cancers are now survivable. The ACS conducts research and education and offers services including free wigs, rides to treatments, financial assistance, lodging, legal help, college scholarships, support groups, and a 24/7 hotline.

This worthy non-profit can help in so many ways, including spring cleaning.

In other news, hosts are still needed for monthly Social Dinners. These dinners do not need to be catered. An evening with brown bags and games is still a great way for members to socialize.

The next General Meeting is Monday, March 4, at 6:00 pm in the Timbers ballroom. The speaker is Linda Cilenti, President of the Sunshine Services. Join us for information and fun. Those who missed February's meeting will never know the joke about kissing and Jack McGurk!

...

Jewish Fellowship Circle

BY LOIS ARLEN AND KAREN LEVINE

Our January Shabbat (Friday night Sabbath) dinner was enjoyed by all. A special thank you with appreciation to Randy and Lois Arlen for leading the Shabbat service and to Diane Parlin and Ellyn Kaye for hosting the Oneg (a sweet table after the Shabbat service).

The Book Club meeting will be on March 11 at 7:00 pm at the home of Ruth Elkins. The book that will be discussed is "The Winemaker's Wife" by Kristin Harmel.

Our annual Purim party will be on March 17 at Sierra Pines. We will have a homemade hamantaschen contest and will vote for the best hamantaschen.

The Festival of Purim will take place from the evening of March 23 until the evening of March 24. Purim commemorates the saving of the Jewish people from Haman (a Persian leader) by Queen Esther (Jewish wife of the King). The foods that are usually eaten are hamantaschen. It is a triangular filled pastry and is supposed to symbolize Haman's hat. Haman was the character who plotted to kill the Jewish people. It's a holiday where the "young" dress up as characters of the story.

We will have our annual Passover Seder on April 25 at the Timbers Lodge.

...

Mantra Meditation

BY ED CERVANTES

The Heart of Gold Meditation Group of Sun City Roseville cordially invites you to join us for a peaceful hour of mantra meditation, music, and good company.

Come learn a simple method of meditation

that uses soothing mantras and music to ease the stress, anxieties, and emotional situations of daily life. Mantra meditation is as universal as the sunrise. Everyone can enjoy the beauty of a sunrise and be warmed by its rays. Likewise, through this meditation everyone can experience spiritual joy, peace, and contentment.

The program is donation based and the meditations will be practiced seated in chairs.

Here are the dates and locations for our upcoming meetings.

Friday, March 8th 1:30pm - 2:30pm in the Ponderosa Room at Sierra Pines.

Friday, March 22nd 1:30pm - 2:30pm in the Ponderosa Room at Sierra Pines.

Wednesday, April 10th 1:30pm - 2:30pm in the Ponderosa Room at Sierra Pines.

We look forward to meeting you.

Many thanks, Ed Cervantes and The Heart of Gold Meditation Group
mantramedclub@gmail.com

...

Conservative Action Group

BY SHERRI SCOTT

February was a busy month for us. Many of us were volunteers at a major fund-raising event for local conservative candidates. We distributed guides with vote recommendations to registered Republicans (as of the last election) throughout Sun City. Our February 5 meeting featured a highly effective speaker, Leslie Robinson, on how to have a positive and constructive conversation with one who



disagrees with your political views. And we signed and gathered signatures on two propositions that we will be voting on in November - Repeal of Proposition 47 and Protect Kids in our schools.

Our next meeting will be held on March 4 at 6:30 pm at Sierra Pines. We are in hopes of having a law enforcement officer from Placer County as our featured speaker. We are awaiting a firm reply from the individual shortly after this article is sent for publication.

...

(more Club News cont' on page 13)

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PlacerGives.org to learn more.**

PROSPER 

FAB50 Club Expanding

BY PAM ALLEN, *City of Roseville Parks, Recreation & Libraries*

Introducing an exciting expansion for residents aged fifty and better in Roseville. The FAB50 Club will now have two locations the Maidu Community Center and the Mahany Fitness Center, starting in March.



With this expansion comes more fun and engaging activities, including Bingo, Bunco, American/Chinese Mahjong, Cribbage, Stitch & Chat and Mexican Train Dominoes. Members can also look forward to fun day trips organized by the club.

This addition will provide more fun programs to a larger area of town, creating more opportunities for community engagement, fostering connections and friendships among participants.

For more information on how to get involved and join the fun, visit roseville.ca.us/FAB50.

Executive Director Comments

The Economy is Better Than We Thought But We Still Need Responsible Budgeting

BY GEOFFREY BROWNE

In the ever-shifting landscape of today's economy, maintaining financial stability within our HOA is paramount, not to mention one of top Board Goals for 2023-24. As we navigate through periods of uncertainty, such as the fluctuations in market conditions, strong jobs growth, low unemployment and unforeseen challenges like the recent global pandemic, a responsible budgeting process emerges as a cornerstone of financial resilience and long-term sustainability.

For any HOA, whether small or large-scale, the budget serves as a roadmap for financial decision-making. It not only outlines projected expenses and revenue but also reflects the values and priorities of the community it serves. In the current economic climate, characterized by potential volatility and some degree of unpredictability, the need for a robust budgeting process becomes even more apparent.

One of the primary reasons why a responsible budget process is crucial in this economy is its role in ensuring financial stability. By carefully analyzing income streams and expenditures, HOA boards can identify potential risks and take proactive measures to mitigate them. IN our case, this involves keeping reserves funded at close to 100% to cushion against economic downturns or material cost increases, and adjusting spending

priorities to align with current needs. For the last few years, expenses have grown faster than revenues can (in part, due to our emphasis on limiting assessment increases and balancing access to amenities in favor of our members).


Moreover, a well-thought-out budget fosters transparency and accountability within the HOA. When residents have a clear understanding of how their assessments are being allocated and managed, it enhances trust and confidence in the association's leadership. Open communication about budgetary decisions also encourages community engagement, allowing residents to provide valuable input and feedback. As you read this, we will have already hosted our Annual Budget Town Hall – I hope you had an opportunity to attend in person, or view it online. We are committed to keeping this process in the light. During March (18-22) we will host a series of open Budget Meetings to review prospective Departmental Operations, Reserves, and New Capital purchases for the year.

Prudent financial planning is essential to safeguard the interests of all homeowners. By incorporating contingency measures and regularly revisiting budget projections, we can adapt to changing circumstances and maintain financial health. This flexibility is particularly crucial when faced with unexpected expenses or revenue shortfalls, enabling the association

to navigate challenges without compromising its long-term viability.

Responsible budgeting promotes financial sustainability by fostering a culture of fiscal discipline and restraint. It encourages prudent spending practices and discourages reliance on debt to finance operations or capital projects. By living within its means, an HOA can avoid the pitfalls of excessive debt and ensure that financial resources are used wisely for the benefit of the entire community. Our promise to fund New Capital and Improvement projects without using regular or special assessments or loans has worked well for us historically.

Another aspect of responsible budgeting involves prioritizing spending that enhances the quality of life for residents and preserve property values. This may include funding for maintenance and repairs, community amenities, and landscaping improvements. By allocating resources strategically, HOAs can create an attractive and desirable living environment that enhances the overall appeal of the community. Our goal of "Continuous Improvement" requires careful oversight and targeted spending. Setting aside funds for major capital improvements and planning for the future will ensure that the community remains vibrant and resilient for generations to come.



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Pain comes in many shapes and sizes. One of the most debilitating being the burning and tingling that comes with peripheral neuropathy. Neuropathy, a disease that was once classified as irreparable, is a disease that comes with years of shooting, stabbing pain that gradually ends in severe numbness, balance problems and in extreme cases, amputation.

David R. of Sun City was experiencing such a fate:

"I stopped golfing. I wasn't taking walks with my wife. I was living on Gabapentin and antidepressants and everywhere I went, my doctor, neurologist, the pain clinic, told me there was no cure. How are you supposed to live your life knowing that everyday brings pain and feeling unstable on my feet?"

Peripheral neuropathy is a result of damage to the nerves, commonly caused by a lack of blood flow to the nerves in the hands and feet. This causes the nerves to begin to degenerate due to lack of nutrient flow. Most peripheral neuropathy sufferers experience a heightened sensitivity to touch, making it almost impossible for those diagnosed to even wear socks or shoes, much less, enjoy life.

"It was like walking on sharp river rocks. I barely left my recliner," shares David, whose experience is not

uncommon for those diagnosed with peripheral neuropathy.

Quality of life for David seemed uncertain. That is, until he found RaeAnn Salvador, LAc, DiplOM of Lincoln Acupuncture Clinic. Lincoln Acupuncture has pioneered a cutting edge, medical solution to treat neuropathy, eliminate, or greatly reduce the symptoms of neuropathy and give people their lives back. And they're doing it without the use of prescription medication or invasive surgeries.

"Acupuncture is incredible at restoring blood flow and stimulating damaged nerves, preventing them from dying off," tells Dr. Salvador. "We take our treatments a step further by integrating ATP Resonance BioTherapy," which targets specific nerves in the body using microcurrent. ATP BioTherapy is like watering a plant. This treatment will stimulate the blood vessels to grow back around the peripheral nerves and provide them with the proper nutrients to heal and repair.

Three months later, David is thrilled with his progress, "I can enjoy walking my dog around the neighborhood with my wife and I feel more stable on the golf course."

Success stories like David's are not atypical at Lincoln Acupuncture, "We have a 90% success rate. But only doctors care about the numbers. How people feel and what improves in their lives is what really matters," shares clinic manager, Ann.

The number of treatments needed to allow the nerves to fully recover will vary from person to person and can only be determined after a detailed neurological and vascular evaluation. Lincoln Acupuncture offers hope for neuropathy where there once was none.

While David's neuropathy was idiopathic, meaning the cause is not quite known, treatments at Lincoln Acupuncture can also help people whose neuropathy is caused by diabetes or chemotherapy.

"We have seen tremendous success in treating neuropathy of all types through very personalized treatments specifically tailored to treat each individual case."

Neuropathy discomfort should not be the trade off for enjoying your golden years!

To schedule a consultation and complete evaluation, call the office at **916-884-0398**.

Lincoln Acupuncture & Integrative Health

120 F St. Lincoln, CA 95648

Computer Club

BY BARBARA EICHTEN

There will be no General meeting in March or April.

Cardmaking Classes will meet on the third Thursday of the month from 1:00 pm - 4:00 pm in the Club Room. We will be creating all-occasion cards with rubber stamps and dyes. For more information and to reserve your spot, call Cathy Fluellen at 623-256-0280.

Photo: Will meet on the third Friday, March 15 at 10:00 am in the Club Room. Come to the meeting and see how the Photo SIG (camera club) does things. Only Photo SIG members may submit photos for the monthly contest. Submission of a minimum of 3 photos, sent to PhotoSIG916@gmail.com is due by Monday, March 11, 2024. The photos are juried at the regular, monthly meeting. March's theme is "Glass." Photos are to be taken between January 2021 and the submitted date. Contact Dennis Studer or Jennie Ramirez for additional information.

Genealogy: There will be no Genealogy meeting in March and April. The group will resume on May 9 at 2:00 pm - 3:30 pm in the Club Room.

Open sessions will be March 1, 8, and 29 from 1:00 pm - 3:00 pm in the Club Room. These sessions are available to assist individual residents with iPhone, iPad, or MAC computer problems.

Check the scres.org website for further information or call/text Barbara Eichten (901-626-9821) or barbara.eichten@gmail

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Rods And Relics

BY ELNA RAGAN

The Downtown Lincoln Car Show is gaining momentum as nine Platinum and six Gold Sponsors have already signed up for the Saturday, June 1, 2024 Car Show!

On February 7, Chuck Barnhart met with his seven Chairs representing the core group of leadership for our 2024 Car Show. Responsibilities and working relationships were discussed. We are off to a great start!

Last year more than 5,000 people attended the Car Show. In addition to a Pancake Breakfast to start the day, there will be food and product Vendors, a DJ playing music, a Bar-B-Q lunch, a large Raffle Booth with great items, and over 400 beautiful Classic vehicles on display.

Over the years, the Rods & Relics have donated over \$253,000 to local charities from the Car Show proceeds! So, save the date of Saturday, June 1! Come to Downtown Lincoln and have a great time!

The Club is always looking for new members. All car owners with vehicles model year 1979 or before, or replicas of such vehicles, are eligible to be regular members of the Rods and Relics Car Club. For more information, check our Web Site listed below.

Contacts: Tom Indrieri, President 916-645-2035, Michael Carvidi, Membership Director 707-849-2834.

Web Site: www.rodsnrelics.net

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SCR Democrats

BY MARISA BERNETTI

The SCR Democrats held their evening General Meeting on February 28 at 6:30pm at Sierra Pines. The Speaker Series' featured Dr. Alexander "Sasha" Sidorkin, Dean of Education at California State University, Sacramento, and newly appointed Dean of Artificial Intelligence of one of the nation's first Institutes for the Ethical Use and Application of Artificial Intelligence (AI). He provided insights into the complicated consequences of AI for those of us who can barely grasp the concept, much less understand its seismic impact on our lives and for coming generations – for good and bad.

The March 27 General Meeting will be at 9:30am at Sierra Pines. The featured speaker is Gale Kaufman. Ms. Kaufman, the owner of Kaufman Strategies, is synonymous with successful campaign strategies and guidance in Sacramento and statewide. While she has helped more than 100 candidates' campaigns, she is renowned for successful rights for and against high-profile initiatives. She will share insights about this year's election cycle and especially, ballot initiatives we should care about.

We send a HUGE "shout out" to 38 SCR Democrats members who volunteered to staff the Vote Center at Cooley Middle School for the Primary Election. Also, due to the collaborative efforts of SCR Democrats Chair, Marisa Bernetti and Executive Director, Geoffrey Browne, Sun City residents were able to have an official Vote Drop Box at Timbers Lodge.

More information on the Group is available on-line at the Resident Website, under Community, Clubs/Groups, Democrats or you may contact Marisa Bernetti at 916-745-9571.

...



Gale Kaufman



Vote Drop Box at Timbers Lodge.

Birders

BY JANET MORELLI

Every summer, a group of SCR Birders sits down to draw up a field trip schedule for the upcoming bird watching season (mid-September of the current calendar year to mid-May of the next year). Every year, we congratulate ourselves for doing such a fine job, only to be disappointed six months later when we face dense fog, wicked winds, or "atmospheric rivers" on a scheduled field trip day. Those days are few, however, and we have many more perfect weather days than disappointing ones.

On January 18, Birders travelled to Colusa Wildlife Refuge on a perfect bird watching day. A total of 39 species were identified, including the White-fronted Goose, Northern Pintail, Snow Goose, Black-crowned Night Heron, American Pipit, and Common Gallinule.

The Nimbus Fish Hatchery on the American River in Folsom will be the Birders planned destination on March 7 where we expect to see Double-crested Cormorants, Ringed-billed Gulls, Common Goldeneyes, Northern Pintails, and Belted Kingfishers. On March 21, the Birders will be visiting Woodbridge Ecological Preserve and Staten Island near Lodi. There we expect to see Sand Hill Cranes, Snow Geese, Western Meadowlarks, and Red-winged Blackbirds.

Every year the Birders go to Sierra View Country Club in Roseville but have to wait until the next calendar year to arrange a date for a field trip. This year's date will be March 25 which is a Monday when the facility is closed. We will have access to the golf course to search for birds as long as we do not interfere with the groundskeepers. It is a beautiful course with a wide variety of trees and home to many birds.

An email will be sent to SCR residents listed on the Birders email roster a week before each upcoming trip. Contact Janet Morelli at 916-782-6393 for more information.

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Garden Club

BY SUZETTE AUSTIN

Garden Club Members and Guests are invited to attend our March 5 meeting and learn about Spring Planting for your garden. Debbie Buelher, a CCN (Certified California Nurseryman) from Green Acres Nursery, will be our speaker. Her presentation on Spring planting will include showing us live plants. She will discuss seasonal annuals, seeds and bulbs and the best perennials for summer color, as well as soil preparation for planting.

Doors open at Sierra Pines at 6:15 pm, our meeting will begin at 6:45 pm and end

by 8:15pm. Please join us and enjoy cookies prior to the meeting. Don't forget to wear your name badge.

Michael Stark, President of the Dry Creek Conservatory was the speaker at our February meeting. His presentation was on the Sacramento-San Joaquin Delta, known as a prime agricultural area, supporting profitable export crops such as rice, almonds, tomatoes and pears. Prior to the 1800's the Sacramento-San Joaquin Delta consisted of vast areas of freshwater tidal marshes. Tule filled most of the matrix and grew everywhere except in the deeper water channels but by the end of the mid 1800's the construction of levees led to the development of large agricultural farms.

Garden Club meetings are on the first Tuesday evening of each month at Sierra Pines.

We have a table at our meetings to "Share the Bounty." If you have a garden and have extra fruit, herbs or vegetables you are invited to share.

Mark your calendar for our Sun City Roseville 2024 Garden Tour which will be held on May 4. Eight gardens will be featured in the tour. We'll start selling tickets at March Courier Days.

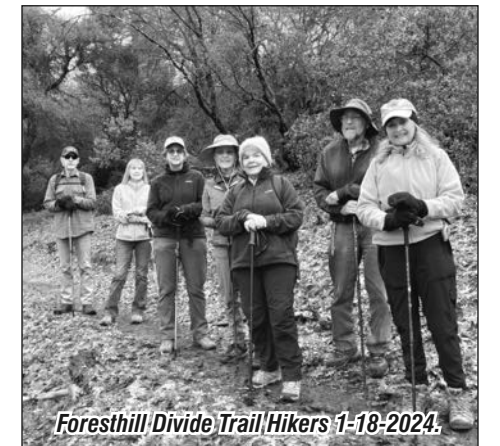
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SCR Hiking Group

BY SILVANA HUGHES

Cooler winter temperatures notwithstanding, hikers in January completed several scheduled hikes including Sweetwater Creek trail along Folsom Lake, Cronan Ranch trail in El Dorado County, and the North Foresthill Divide trail. Along the Foresthill Divide trail, hikers discovered "art in the wild" – heart carvings on the trunk of a Manzanita

(cont' on page 15)



Foresthill Divide Trail Hikers 1-18-2024.

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SCR Hiking Group

(cont' from page 13)

tree. Due to recent rains that had made some trails unpassable, the January 25 hike was changed to the Coyote Pond Trail in nearby Lincoln and all enjoyed the views and sunny weather, as shown in the photos taken by the hikers and available for viewing on the SCR Hike Group photo gallery.



Below is the March schedule, subject to change depending on weather and trail conditions. We meet at 8:45 in the parking lot near the tennis courts for carpooling. A detailed schedule is posted on the SCR website. For additional information, feel free to inquire with President Pete Grady (see contact information on the SCR Hiking Group web page).

March 7 - Yuba Rim Trail – rated #5 (moderate), 5.25 miles, elevation gain of 950 feet, \$10 carpool ride.

March 14 - Deer Creek to Stocking Flat -- rated #4.5 (easy to moderate), 5.75 miles, elevation gain of 770 feet, \$10 carpool ride.

March 21 -Lake Clementine Loop--rated #5.5 (moderate), 8 miles, elevation gain of 1240 feet, \$8 carpool ride.

March 28 – Bridgeport -- rated #4.5 (moderate), 6 miles, elevation gain of 750 feet, \$10 carpool ride.

...

Cycling Group

BY SUZETTE AUSTIN

On Friday mornings, many of the Sun City Cyclists ride to Panera Bread for coffee. Due to rain, chilly weather and strong winds there weren't a lot of good Friday mornings for rides recently. That doesn't keep some of the riders (and retirees) from driving there on Friday for camaraderie and a cinnamon crunch bagel. Club members are welcome to join us about 9:30am.



Rovers Rides continue on Sundays and Wednesdays weather permitting. These rides are usually about an hour in length and average 10 MPH. Avoiding heavy traffic, the group rides on Sun City roads and local bike trails. This group focuses on new and returning riders. Any resident of Sun City is welcome. Departure times could vary, and cancellations do occur due to weather. Please text Renee Hawkyard at 916-759-9495 to subscribe to up-to-date texts about each ride and to get more information. Other riding groups are available for all levels of riders.

Our next meeting will be March 18 at 8:00 am at Sierra Pines. Please note that we will be meeting quarterly rather than monthly. For more information on our Club, please contact Dee Franz at petendee@comcast.net or check our webpage on the SCR website (Community/ Clubs & Groups).

...

Senior Softball

BY BOB MONTALVO

SCRSSC Opening Day is just 31 days away, with our first league games on April 3. Between the rainy days, our February practice sessions at Mahan Park have been well attended, as everyone strives to regain their productive swings and defensive skills. With team rosters set after the February 14 draft, our March practices will now focus on setting lineups, defensive positions, and strategies... and of course, on staying healthy by warming up those muscles and staying hydrated. In

addition to health and safety, club president Frank Tom wants this season to prioritize fun and camaraderie on the field and in dugouts. Treating our volunteer umpires with respect is another priority, as only a team manager or their designee will be allowed to question or appeal umpire decisions. Hopefully this will keep the games on track and reduce unnecessary delays.

As the league's self-appointed sportswriter, I'll once again be providing weekly recaps of our league games, offering not only game scores and league standings, but highlighting good defensive plays and timely hitting. These recaps will be emailed to club members and will also be posted on our website. Hope to see you at our April first Opening Day celebration... no fooling!

...

SR Pickleball

BY ANNE BURNEY

Have you discovered Pickleball yet? Here in Sun City Roseville, we have four designated Pickleball courts and two more that are shared with the tennis club. The club continues to grow and this month we have six new members. We welcome: Bill Tanner, Theresa Kramer, Kate Duane, Joan and Tim Olsen.

You don't want to miss the Fitness Center's latest trophy case. Pam Wingo and Sandy Block have decorated the trophy case beautifully to celebrate the sport we love.

Pickleball Tip of the month: Hand Battles - The hand battle is when all four players are up at the kitchen line dinking and one of the four players decides to speed up the ball. Things happen fast in the hands battle, it's important to maintain a ready position and limit exaggerated body movements. Your shot

should be a short punch that can be reloaded quickly and get back to the ready position. A big follow-through or standing straight up will leave you out of position for the next ball.

If you are new to the game, please contact Wayne Miller, our Intro to Pickleball Manager at Tollman80@yahoo.com. Wayne keeps a list of individuals that would like to attend a New Players Clinic. Be sure to let him know if you are interested in attending.

...

Bocce

BY DAVID MOORE

Spring is almost here which means the bocce spring mini-leagues will begin soon. If you aren't familiar with the game or how we play it in Sun City Roseville here is a bit of information about it. To play you don't have to be in super shape and your fellow players include both men and women ranging in age from their 50s to 90s.



Bocce is said to be the third most popular sport in the world, behind soccer and golf. In Sun City it ranks number 2 as not that many residents here play soccer. Bocce ball has fairly simple rules, making it a fun and easy game for residents to learn and play. There are two teams, each use four larger balls. There is also one small ball, the pallino. Play begins when a member of one team throws the pallino across

(cont' on page 17)



SUN CITY REAL ESTATE UPDATE

While retirement communities are not immune to interest changes they are less susceptible to rising rates. Primarily it is a function of higher down payments and a higher percentage of cash purchases. Where rates do come into play is the sale of homes owned by potential buyers coming into Sun City. So far this year, the buyers have not been dissuaded as buyers and sales in Sun City have been very active. Pending sales have trended higher and days on the market for homes has fallen in both January and February.



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Bocce

(cont' from page 15)

the court. The teams then switch off throwing the large balls toward where the pallino has landed. After all the balls have been thrown, the team with the ball or balls closest to the pallino wins a point or points. A team can score from 1 to 4 points in each frame. Once you play a game or two the rules are even easier to understand.

The sign-up is Thursday April 4 at 6:30 pm at Sierra Pines and Wednesday April 10 is when play begins. There are leagues every day of the week.

We end this month's report on a sad note. David Happe passed away recently after a long battle with cancer. David and his wife Paula were both longtime supporters of the Bocce Club and Sun City Roseville. He will be missed greatly by the many members of our club who had the pleasure of knowing him.

Tennis Club

BY WENDY LEIMBACH

Greetings Sun City from our Tennis Club. Winter has arrived with loads of rain and wintry weather. This has hampered our ability to play on the courts at times. However, some brave souls (both drop-in and daily play) have managed to get in some fun sets when the weather breaks. We forecast loads of play as the weather improves.

In addition, for the last 6 months we have been introducing our new tennis ball machine to the club for their use. Several members, Ray Barnett, Patrick Maglione, and Jim Leimbach have been training tennis members on the safe way to use the new machine. The machine



during better weather has been utilized many times, and according to some of our tennis players has enhanced their play. Learning to improve your forehand or backhand, or just get better at the net, the ball machine will help. Anyone interested in using the machine, please call Jim Leimbach @ 585-545-5162 to schedule a time to train on usage. For those of you that are not currently a tennis club member, join and get usage of a great tool for enhancing your play.

Some unfortunate news: Our SATA league which has been playing for the last year will be on furlough for the spring league. We will be planning some round robin play between our Roseville players and hope to have a turnout of enthusiastic fans cheering us on. The goal is to have any issues resolved in the spring which will result in our participation in the SATA league in the summer.

We had our general meeting on February 7, 2024. Delicious lasagna and salad was served. Many items were reviewed. Volunteers are required for tournament chair as well as

support for grandparents' day. Let the council know of your interest in serving.

He & She Golf Club

BY JAHNA HOLMES

It's March, the season of, shamrocks, spring and Easter! February started out wet, windy and wild, so let's hope that by now we're able to play comfortably in lovely spring weather, keeping our eyes open for that Easter bunny!

The first play day of the year was January 8, and it was 30 degrees, so everything had to shift to a 10:00 am tee time. However, enough hardy people played the 18-hole to have a game.

Results of Jan 8 18-hole tournament:

1st place score of 213: Ken & Karen Shahoian, Ken & Shirley Roberts

2nd place score of 214: Barbara Simon, Ron Galvin, Sol & Nancy LaBrada

3rd place score of 215: Gary Parker, Kathy Hamilton, Steve & Julie Harris

4th place score of 216: Cal Conley, Frank Patch, Joan Munn, Blind Draw

Results of January 8, 9-Hole tournament:

Closest to the Pin: Women – 1st place Pam Hemingway – 34'9"; Men – 1st place Jack Moskowitz – 34'0";

2nd place Bob Horning – 35'5

1st place - 66: Garrie Yacap & Lora Lee Del Rosario and Fred Festersen & Charlotte Johnson

2nd place - 71: Dirk & Kathy Fowler and Michael & Pam Hemingway

3rd place - 73: Jay Dameron & Geri Womack and Don Cook & Raquel Godfrey; Dan & Trish Nicholson with two Blind Draws

4th place - 74: Al & BJ Dumm and Jim Hackbarth & Arlene Lizotte

January 22 was a washout. Only a few

played since it was cart path only, so no payouts. The first day of play in February on the 12th

The first play day in February was the 12th. The 9-hole group just had open play, with no tournament. The 18-hole group had 32 players with playing a one best net, one best gross, with these results:

1st place scored 143: Steve and Julie Harris, Peg Mucci and Mike Murphy;

2nd place scored 147: Marsha Suter, Steve Hennessy, Marianne Daly and blind draw;

3rd place scored 156: Ken & Shirley Roberts, Gloria Oates and Devin Olson;

4th place scored 158: Sol & Nancy LaBrada, Jim Sherrard, and blind draw.

The Social Committee has begun working on the Spring Fling tournament and Luncheon, scheduled for Monday, May 13. Mark your calendars!

Lastly, Membership is due for 2024. Anyone who played last year and has not renewed should pony up soon. After April 15th unpaid renewals will be removed from the He/She roster and unable to participate until paid up. You may email Jahna Holmes at jahna95747@gmail.com if you have membership questions. Happy Easter to everyone!

Sierra Pines Ladies Golf

BY PAM SKARG

At the stroke of the gavel by Janet King, our 2024 golf season was officially underway. The main topic of conversation was the budget presented by Marilyn Meyers. She is a whiz at numbers and patiently went over every line. The budget was passed by a majority, but who

(cont' on page 23)

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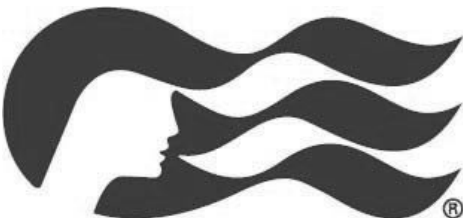


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Days & Destination	Cruise Line ~ Sailing Date	Starting Price/ Inside Ocean View Balcony		
15 DAY HAWAII from SFO! PRINCESS	Apr 4, 2024	\$1,099	\$1,299	\$2,099
Crown Princess ~ 3080 Passengers	Sep 29, 2024	\$1,099	\$1,199	\$1,999
Ruby Princess ~ 3080 Passengers	Dec 2, 2024	\$999	\$1,099	\$1,799
Sail round trip from San Francisco, California to Kauai, Nawiliwili Hawaii; Honolulu, Hawaii; Hilo, Hawaii; Ensenada, Mexico, San Francisco, California.				
*LINCOLN SHUTTLE TO SHIP AVAILABLE!				
11 DAY ALASKA From SFO! PRINCESS	May 15, 2024	\$798	\$999	\$1,599
Crown Princess ~ 3080 Passengers	Jun 17, 2024	\$848	\$1,149	\$1,999
	Jul 9, 2024	\$928	\$1,299	\$2,299
	Aug 11, 2024	\$828	\$1,098	\$1,628
Sail round trip from San Francisco, California to Skagway, Alaska; Juneau, Alaska; Glacier Bay National Park, Alaska; Ketchikan, Alaska; Prince Rupert, BC, Canada; San Francisco, California.				
*LINCOLN SHUTTLE TO SHIP AVAILABLE!				
14 DAY NEW ENGLAND REPOSITION PRINCESS	Oct 17, 2024	\$1,799	\$2,099	\$2,699
Emerald Princess ~ 3080 Passengers	INCLUDES SACRAMENTO AIRFARE!			
Sail from Quebec City, Canada to Fort Lauderdale, Florida visiting Halifax, Nova Scotia; Portland, Maine; Boston, Massachusetts; New York City, New York; Norfolk, Virginia; Charleston, South Carolina; Fort Lauderdale, Florida.				
16 DAY PANAMA CANAL PRINCESS	Sep 28, 2024	\$1,699	\$1,999	\$3,699
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25 DAY SOUTH PACIFIC Cunard	Sep 22, 2024	\$2,548	\$3,510	\$3,948
Queen Elizabeth ~ 2081 Passengers				
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52 DAY WORLD CRUISE SEGMENT PRINCESS	Jan 20, 2025	\$8,998	\$10,599	\$13,999
Island Princess ~ 2200 Passengers	INCLUDES SACRAMENTO AIRFARE!			
Sail from Los Angeles, California to Dubai visiting Honolulu, Hawaii; Maui, Hawaii; Suva, Fiji; Bay of Islands, New Zealand; Napier, New Zealand; Picton, New Zealand; Dunedin, New Zealand; Fjordland National Park, New Zealand; Sydney, Australia; Burnie, Australia; Melbourne, Australia; Adelaide, Australia; Perth, Australia; Bali (Benoa), Indonesia; Singapore; Colombo, Sri Lanka; Dubai, United Arab Emirates. Limited availability, book soon!				

*Shuttle from Lincoln to the ship in San Francisco is \$200 p/p round trip. Prices are per person based on double occupancy and subject to availability at the time of booking. Taxes, Fees, & Port Expenses as well as Travel Insurance are additional. Please call for current availability and pricing.



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15 Day GRAND EUROPEAN TOUR May – December 2024	\$4,299
Viking Longships ~ 190 Passengers	INCLUDES ROUND TRIP SACRAMENTO AIRFARE!
Package Includes your home to the Sacramento Airport Transportation, round trip Sacramento Airfare, Airport Meet-And-Greet with Transfers from the Airport to the boat, your 15 Day Viking European River Cruise through France, Germany and Switzerland in standard accommodations with a window, all meals on board the boat AND daily sightseeing! Ask about higher category staterooms like a French Balcony or Veranda stateroom. Call for availability.	

12 Day MISSISSIPPI March – November 2024/2025	\$4,299
Viking Mississippi ~ 386 Passengers	INCLUDES ROUND TRIP SACRAMENTO AIRFARE!
Sail from New Orleans to Memphis visiting Darrow, Louisiana; Baton Rouge, Louisiana; St. Francisville, Louisiana; Natchez, Mississippi; Vicksburg, Mississippi; Greenville, Mississippi; Rosedale, Mississippi; Memphis, Tennessee. Package Includes your home to the Sacramento Airport Transportation, round trip Sacramento Airfare, Airport Meet-And-Greet with Transfers from the Airport to the hotel & river boat, your 7 Day Viking Mississippi River Cruise, 2 nights hotel stay in New Orleans and 2 nights hotel stay in Memphis, all meals on board the boat AND daily sightseeing! Ask about higher category staterooms. Call for availability and to book your Mississippi cruise.	

8 Day NIAGARA & GREAT LAKES April – October 2024/2025	\$5,995
Viking Octanis ~ 378 Passengers	INCLUDES ROUND TRIP SACRAMENTO AIRFARE!
Sail from Toronto, Canada to Milwaukee, Wisconsin visiting the Welland Canal; Niagara Falls, Canada; Point Pelee, Canada; Detroit, Michigan; Alpena, Michigan; Mackinac Island, Michigan; Milwaukee, Michigan. Package Includes your home to the Sacramento Airport Transportation, round trip Sacramento Airfare, Airport Meet-And-Greet with Transfers from the Airport to the hotel & river boat, your 7 Day Viking Cruise, all meals on board the boat AND daily sightseeing! Ask about higher category staterooms. Call for availability and to book your Great Lakes cruise.	

121 Day VIKING WORLD JOURNEY Jan 5, 2025	\$55,995
Viking Sky ~ 930 Passengers	INCLUDES ROUND TRIP SACRAMENTO AIRFARE!
Sail from Los Angeles, CA to London visiting California; Hawaii; Tahiti; New Zealand; Australia; Indonesia; Vietnam; Thailand; Singapore; Thailand; Myanmar; Sri Lanka; India; Arabia; Jordan; Egypt; Israel; Greece; Turkey; Italy; Monaco; Spain; Portugal; France; England. Package Includes your home to the Sacramento Airport Transportation, round trip Sacramento Airfare, Airport Meet-And-Greet with Transfers from the Airport to the cruise, 121 Day Viking World Cruise, all meals on board the boat AND daily sightseeing! Ask about higher category staterooms. Call for availability and to book your World Cruise!	

Prices are per person based on double occupancy and subject to availability at the time of booking. Taxes, Fees, & Port Expenses as well as Travel Insurance are additional. Please call for current availability and pricing.

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Say Goodbye to Clutter: Spring Cleaning Events Happening in April and May

BY MAURICE CHANEY, *Roseville Environmental Utilities*

Streamline your spring cleaning by participating in a complimentary spring clean-up organized by the City of Roseville and the Roseville Coalition of Neighborhood Associations.

Happening in April and May, these events will you to seize the chance to declutter your space, reclaim your garage, and dispose of unwanted items at no cost! These organized events are strategically planned to include locations within or near your neighborhood association.

Spring clean-up days are scheduled on

Saturdays from 8 a.m. to 2 p.m. at the following locations:

- April 6: Saugstad Park, 100 Buljan Drive
- April 20: Bridgeway Church, 8150 Industrial Avenue
- May 4: St John's Church, 2351 Pleasant Grove Blvd
- May 18: Bridgeway Church, 8150 Industrial Avenue

Find out what items will be accepted and other details at Roseville.ca.us/NeighborhoodCleanUp



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Independent Living

Ambassador Committee

BY DANA EGGERTS

One of the duties of the Ambassador Committee is giving tours to people who are interested in possibly moving to Sun City Roseville. I have had the pleasure of being assigned to this for the past six months. Personally, I love living here. I'm active in several clubs, enjoy eating at Timbers, like to golf and use the fitness facilities. It isn't a chore to speak about how wonderful living here is. The feedback from those touring has been positive. They comment on the friendliness of the residents that they encounter during our tour of the club rooms, restaurant, fitness studio and library. They're happy to hear that there are meeting rooms they can rent if they'd like rent one, that their families can use the sports courts and pool area with them (including children at designated times). Every person I've given a tour to has expressed how well kept our neighborhood is. I'm proud to be able to showcase our community.

Website Workgroup

BY CHARLYN ROSS

Have You Joined "Sun City Roseville Club Now"? In February, Sun City Roseville (SCR) residents were notified via an Association email and with a posting to the Resident Website, www.scrs.org, that the new associated website "Sun City Roseville Club Now" had become available. This website is our destination to book tee times, to register for activities and events, and to make dining reservations. A button to access this new site was added to the bottom of Resident Website's home page. It can also be reached from <https://scrmember.scrs.org>. Should a resident have a problem accessing the "Club Now" website, they should email Nona Weintz, at nonaw@scrc.org, from their correct email address, asking for an update. Do You Receive the Association's Email? In today's world of Internet technology, the Resident Website, www.scrs.org, is the main method to provide current information to our residents. The Resident Website's Home Page is like the front page of a newspaper, continually updated with the latest information. It is a "living" website. Another method is via an "eBlast," which is an Association email sent to all residents. Some residents have indicated they do not receive these eBlast emails. There could be several reasons for this. 1. The resident has not completed

the "Electronic Mail Consent Form" and submitted it to the Administration Office for their email address to be added to the Resident website's database. The form can be accessed from the link below the "Announcements" area. 2. On the resident's internet device, the email application may be out of storage space, because the "In Box", "Trash", or "Sent" files have reached capacity and need to be emptied. Lack of capacity will block new emails from being downloaded. Like any filing system, there comes a time when it is necessary to eliminate files that are no longer needed, and to confirm that the Trash file is emptied either manually or at a pre-set time. 3. The resident has not supplied a valid email address for the Association's database. To correct this, send an email from the correct address to the Association requesting that your email address be verified. (See "Need Assistance?" information below). March On SCR The definition of the term "march on" is to move forward or progress. As this is the month of "March", it is particularly significant for SCR. Our community has certainly moved forward as it takes action to remain attractive to new home buyers and satisfy the needs of current residents. This progress was planned many years ago when residents initiated a future "strategic plan." We are now experiencing the implementation of many elements in the strategic plan.

The Strategic Plan Implementation Special Purpose Committee (SPI) has over time, gathered other suggestions from residents and staff for future projects, and prioritized them into the strategic plan, based on need and available funding. A link to the SPI webpage, which describes projects and scheduled meetings, which are open to all Association members, has been added to the top of the Resident Website's Home Page, www.scrs.org. Need Assistance? Should you have Website questions, please contact Julia Schmunk, our Website Designer, by phone 916-774-3878, by email at julianns@scrc.org.

Tax Returns

BY BOB EGGERTS

AARP Foundation volunteers will prepare and electronically file Federal and California income tax returns for low-to-middle income SCR residents at the Timbers Lodge Club Room on Sundays. There is no charge for these services that are sponsored by the IRS and the AARP Foundation. Appointments are required and can be made by calling 916-741-0932. Appointments will be made for Sundays now through April 14th. This appointment line makes appointments for several sites in Roseville so if you want your appointment to be at Sun City, you must mention that when you leave your appointment request.



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Sierra Pines Ladies Golf

(cont' from page 17)

could argue with Marilyn's numbers. This year it was decided that there will be payouts for birdies and chip-ins. The money will be put on members activity cards through the pro shop. For information on birdie and chip-ins, they will be posted on the website. It was voted on by the majority that the general meetings will be held bi-monthly, and the next meeting will be March 20. After the meeting was adjourned, wine was served on the patio for some fun fellowship.

Our warmest gratitude to Linda Vincent for her hard work and dedication to the Lady Niners for organizing and printing our membership directory. Linda has stepped up every year to take of this huge undertaking. Thank you, Linda, again this year.

What a delightful morning spent at the home of Kathy Hurst who was kind enough to host our first "New Member Social" of the year. It's always special getting to know the new ladies better in the warmth of someone's home. It was pretty much unanimous that we are all fair-weather golfers, so we will get together when the sun comes out.

The most improved players for January:
Flight A - Theresa Howard
Flight B - Pat Liapitan
Flight C - No improved player
Fight D - Linda Ryan

Great golf ladies in some challenging conditions.

A quote from Chi Chi Rodriquez: "Golf is the most fun you can have without taking your clothes off".

Happy Easter Sun City and enjoy the beauty of Spring.

...

Timber Creek Men's Golf Club

BY MIKE MURPHY

Greetings from the Timber Creek Men's Golf Club, we hope everyone is well! We have one new member this month, Scott Larson has recently joined the club, and we would like to extend him a warm welcome. If you, or anyone you know, is interested in golf and being part of wonderful group of guys we encourage you to join our club. Players of all abilities are welcome. The emphasis of our club is having fun, meeting people and camaraderie. Please look to our website for more information on how to join or feel free to contact Neil Hamilton, our Membership Director at 707-529-4038 or email him at neilhamilton6049@gmail.com.

We have some great events this month, the Irish Shamle event is scheduled for March 12 and the annual Putting Contest will be held on March 29 at Sierra Pines. Qualifying for the putting contest will begin at 11:00 am. These are great events; we hope to see all our members there. Our Central Valley Seniors (CVS) program will begin in April with visits to Sierra View on April 15 and Yolo Fliers on April 29. If you're unfamiliar with the Central Valley Seniors program, club members have the opportunity to play mainly private courses in the region at a very fair price. This is one of the great benefits to belonging to the Timber Creek Men's Golf Club and we certainly welcome our members to take advantage of this program.

Our next General Meeting will be held at Sierra Pines on Wednesday, March 6 at 8:00 am we encourage our members to attend. Donuts and coffee are provided.

See you on the links!

...

Billiards

BY DAVID ZAN

The Billiards Club continued to be very active during January. Monday morning Ladies (9:00 am to 11:00 am) would like to increase their numbers and are looking for new players. No experience necessary. If you are not coming out because you are worried about your skill level, I am happy to give informal lessons (group or individual). Any afternoon except on Wednesdays is good for me. Just email me (David Zan) at dzan@surewest.net to get a lesson scheduled.

The Tuesday evening couples group continues to play on the 1st and 3rd Tuesday of the month at 6:00 pm. They are also looking to increase their numbers.

Gentle reminder to any member cancelling their pool cue locker rental should drop their locker key in the drop box after cleaning out their locker.

The Team Tournaments on Tuesday at 1:00pm are attracting a full house and are very competitive. Congratulations to Terry Satchell, David Zan, and Ron Judd for being on two winning teams in the month.

Winners of the team tournaments in January were:

January 2: 9 Ball – Bob Cecil & Ron Judd
January 9: 8 Ball – Tie: David Zan & Bill Stephens / Terry Satchell & Ron Judd / David



Deninno & Chuck Vermette
January 16: 8 Ball – David Zan & Gregg Slavik
January 23: 8 Ball – Terry Satchell & Don Warden

...

Bridge Club

BY JANE MCNALLY

Intermediate bridge lessons on Saturday from 10 am until noon have attracted an average attendance of 34 students. Volunteer members of the Bridge Club attend the event as helpers. Each week, Susan Pankoph presents a bridge convention. Bridge boards are set up so attendees can practice and discuss the concept presented. The following subjects are among the many that have been addressed: opening bids; leads; play of hand; and doubles. This class will continue in the card room at the



Susan Pankoph

(cont' on page 31)

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SUN SENIOR PROFILES *Getting to know you...*

Jean Saunders

(cont' from page 1)

like Cary Grant who helped her with trays in the galley one night, and author Rod Serling with whom she played gin. One embarrassing incident happened when Jean was making sure that non-English speaking passengers had someone nearby to translate instructions in English for them in case of an emergency. When she overheard a passenger speaking Italian, she asked the woman sitting next to her if she spoke Italian. "Yes, I speak Italian,"

answered the actress, Gina Lollobrigida, who icily informed her that Jean had previously overheard Gina's maid speaking.

In May of 1959, on a flight to New York, she struck up a conversation with a handsome young Englishman who asked if she had any plans when they would land in NYC. She told him she would like to see Flower Drum Song but understood that the tickets were hard to come by. He promised to get her a ticket because he knew a few people in the business. She asked what he did, and he replied, "Well, I'm a bit of an actor." "Oh, what's your name?" asked Jean. "Richard Burton." He and Jean spent the rest of the flight reciting poetry to each other. "You haven't lived until you've spent a night on a 707 at 31,000 feet with Richard Burton quoting love poetry to you," Jean says.

Two weeks later, Jean was Richard Burton's guest to see Camelot on Broadway. She was thrilled to meet his co-star, Julie Andrews, backstage after the show. Throughout her career, Jean met many other celebrities including Marlon Brando, Paul Newman, Red Skelton, Danny Kaye, and the singer Fabian. And she took in many plays such as Gypsy, Sweet Bird of youth, and Singing in the



Jean Saunders with Richard Burton, 1969.

Rain. One highlight was seeing Carol Burnett in Once Upon a Mattress at an off-Broadway show that catapulted Carol into stardom.

Throughout her airline career, Jean received many accolades and gifts, such as Broadway theater tickets, from passengers impressed by her outstanding service.

"Every flight was an adventure," she says.

Jean met her husband, Bob Saunders, when she took flying lessons at the Marin Airport and married him in 1962. "I didn't get my pilot's license," she says, "but I got him." The couple had two sons, Tim and Brad.

After he was furloughed from Flying Tiger Airlines, Bob signed on with Japan Airlines and the family moved to Japan. "For me, moving to Japan was a wonderful experience—highlighted by the World's Fair in Osaka," Jean remembers. "We lived in Hayama, near the emperor's summer palace. You could see Mt. Fuji on a clear day. Luckily, American boys throwing rocks in our neighbor's koi pond did not cause an international incident."

After leaving the airline industry behind, Jean immersed herself in the travel business. In 1960, she took in the highlights of Europe: The Trevi fountain, Buckingham Palace, the English Channel, and an art museum where she fell in love with Monet's "Water Lilies." Jean, Bob, and their sons vacationed in Tahiti and when Bob was away flying, her sons accompanied her



Jean Saunders with her two sons, Brad and Tim, 1979.



Jean Saunders riding a camel, 1983.

memorable time in Malaga was when Jean and her friends invited some gypsy children, who had been begging, to join them for lunch, much to the shock of the waiter.

Having one sister in Roseville and another in Sun City Lincoln Hills, Jean decided to move to SCR in 2019 where she continued her active life—playing Scrabble and Mah Jongg, acting in productions of the Second Act Studio Drama Club, and participating in the Bocce Club.

She's close to her sons, Tim and Brad. Tim lives in Redding with his wife, Bonnie and their "Fabulous Four" children, and Brad, never married, lives with Jean in SCR. Of all her travels with family, Jean cherishes three trips the most, when she took her mother to Paris in 1960, her granddaughter Melanie to Paris in 2012 and granddaughter Jessica to Spain in 2014.

Mark Twain once wrote: "Twenty years from now, you will be more disappointed by the things you didn't do than by the ones you did do. So, throw off the bowlines. Sail away from the safe harbor. Catch the tradewinds in your sails. Explore. Dream. Discover." That's what Jean Saunders has done, fearlessly, all her life. Bravo, Jean! Bravo!

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Manufacturing Innovation is Driving Economic Growth

BY HELEN DYDA, *City of Roseville*

From electric vehicle technology to medical devices, manufacturing plays an important role in the health of Roseville's economy.

Over the last year, Roseville's manufacturing industry grew by 17.9% to approximately 2,900 jobs.

Because the manufacturing industry has the highest multiplier effect of any economic sector, it's beneficial for driving economic growth. That means for every \$1 spent on manufacturing, another \$2.69 is added to the economy (National Association of Manufacturers).

Powering the future of mobility

Bosch is a recent example of Roseville's expanding manufacturing sector. The company's move toward investing \$1.5 billion in the former TSI Semiconductor site is anticipated to spur growth in related businesses and suppliers.

Locally manufactured silicon carbide chips are critical for the expanding electric vehicle market, providing significant improvements in efficiency, range, and battery size. The worldwide market for silicon carbide devices is estimated to climb from \$2 billion to \$14 billion in value by 2030.

Roseville is Bosch's first chip manufacturing location outside of Germany, joining plants in Dresden and Reutlingen. The first chips are estimated to be ready by 2026.

Following the most significant



semiconductor deal in 30 years, manufacturing and technology investments from additional companies will further elevate Roseville as one of the best places to do business in California.

Roseville's advantage

Our area has the advantage of a skilled talent pool and quality higher education. Local colleges play an important role in the workforce pipeline. Efforts are underway in collaborating with large employers to adjust curriculums to meet evolving manufacturing industry demands.

Recent data from the Greater Sacramento Economic Council reveals that the region is known for having a welcoming and collaborative business climate. These are key differentiators for companies seeking a location that fosters growth and innovation.

Additionally, reliable and affordable City of Roseville utilities are a major benefit to businesses operating in our community. This predictability continues to be a major reason for companies to locate and stay in Roseville.

Anticipating the Future: Get Insight into City Planning and Development

BY HELEN DYDA, *City of Roseville*

For more than 35 years, the City of Roseville has strategically planned for long-term growth, using a master-planning process called a Specific Plan.

A Specific Plan looks at a multi-acre, undeveloped geographic area and creates a blueprint for all the roads, parks, schools, residential neighborhoods, and commercial centers. This comprehensive plan is designed in collaboration with the public over several years. The community's needs are carefully considered to strike the right balance of land uses and establish a long-term vision for the next decades of development.

Specific Plans also determine funding for the construction of new infrastructure and set what are called impact fees. These fees are paid by private land developers to account for the impact of their development on the city. Before construction can begin on roadway widening, building a new park, or other public facilities, sufficient funds must be collected through these fees. This ensures that development pays its own way and has a positive fiscal impact on the City.

Our long-range planning also addresses utilities, public safety, and other municipal needs to ensure they're available as we grow.



Because Roseville is a full-service city, we're able to effectively forecast and coordinate these services more easily than many other communities.

As you travel around Roseville and see new homes and shopping being built, remember that while construction is new, the plans are not. This activity is the result of decades of thoughtful planning.

The City of Roseville continues to have an eye on the future, serving current and future residents as the population changes.

Learn more about how development is planned in Roseville by visiting [roseville.ca.us/DevelopmentDecoded](https://www.roseville.ca.us/DevelopmentDecoded)

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Observations on San Francisco in the Rare Old Times

BY MARTIN GREEN

Having a son in Ireland, I've become interested in Irish pub songs and one I like is called "Dublin in the Rare Old Times." And being an old codger who likes to recall when he was younger, I've been thinking back to my days in San Francisco and, considering what that city has become according to the latest reports, I would call them San Francisco in the rare old times.

I was still in my twenties when I came out to San Francisco from New York, so this was way back in the 1950s. The Korean War was going on in those days, so after graduating college I spent two years in the Army and then almost two years in New York before heading West. What made me leave New York for San Francisco? For one thing, New York was expensive, too expensive for me to have a place of my own, so I lived with my parents in the Bronx. I took the subway to my job in Manhattan, not the most pleasant type of commute. The city seemed crowded, noisy and, as I've said, expensive. I was ready to leave.

Why San Francisco? One thing was that while in the Army, in Stuttgart, Germany, I'd met Ron F---, who was a Cal Berkeley graduate and who thought San Francisco was the finest place in the world. Come on out, he kept urging me and although my parents didn't approve, and some friends thought I was crazy, I did.

Ron and three other Cal grads were renting a house on San Francisco's Telegraph Hill, so during my first few weeks there I stayed with them, sleeping on a sofa bed. Then I got a job and found an apartment I could afford, \$60 a month. That seems unbelievable now, but this was San Francisco in the rare old times. I moved in and, for the first time in my life, had my own place. A landmark day. I thought I might need a car for my job (it turned out that I didn't) so I took three lessons at a driving school and then got my driver's license at the DMV. I think the driving school had a deal with the DMV to give their graduates a license, no matter what. I then bought a second-hand Chevy and proceeded to learn how to drive.

My \$60 a month apartment was within walking distance (I was young then) of downtown, so I was able to walk to my office, a big improvement overriding the subway. On Fridays after work, I would meet Ron and other friends at a bar called The Office. If someone's wife called, he could say he was at the office. Almost always, someone knew of a party that was going on, either that or the next night and usually on both nights.

On the day after the party, the "gang" would usually meet at the Buena Vista near Fisherman's Wharf and have Irish coffees. The Buena Vista claimed Irish coffee was invented there; the Irish didn't agree. Then

we'd do something for the day. Often, we'd go over the Golden Gate Bridge to Marin and have lunch at Sam's in Tiburon. If it was foggy in San Francisco, it would be sunny in Marin, and we'd have Samburgers for lunch while sitting outside and enjoying the view of San Francisco across the Bay.

San Francisco, then, was a small city. You learned what was going on there by reading Herb Caen's column in the daily Chronicle. You felt you could meet someone mentioned in Herb Caen's column if you stopped into a bar, like, say, the Buena Vista. You felt you a part of the city's activity.

Not only were apartments cheap at that time, but so were restaurants and besides being inexpensive, the food was good. North Beach was filled with cheap and good Italian restaurants. My Chinese laundryman told me of a Chinese restaurant where I could get a five or six-course dinner for a couple of dollars. There was Tommy's Joynt, famous for its beers from all over the world, where you could get a great roast beef meal.

There was always something you could do or some place you could go to in San Francisco. You could go to Golden Gate Park, visit the aquarium or the DeYoung Museum. You could drive out to the ocean and maybe have a clam chowder at the Cliff House. You could even go to Fisherman's Wharf and mingle with the tourists and have

a meal at one of the many good seafood restaurants there.

Yes, it was a good time and a good place to be young in San Francisco in those days, the rare old times. And the best thing that happened to me there was meeting Beverly. On our first date, I took her to Tommy's Joynt, and we sat with a group of Irish guys who treated us as if we were an old married couple and bought us Irish coffees. Maybe they knew something.

I haven't been to San Francisco for a long time and maybe that's just as well. I can look back and remember the way it was in the rare old times.

.....

Sunshine Services

(cont' from page 1)

needs and arrange an appointment to meet with the MEL volunteer at the onsite Sunshine Services storage unit. If you wish to donate medical equipment the volunteer will explain what can and cannot be accepted.

Arrow (Dial-A-Ride) is administered by the City of Roseville, Roseville Transit. Sunshine Services sells discounted ride tickets. Funding for MEL and Arrow discounted ride tickets is provided by The Foundation; we are grateful for their ongoing support.

If you have a general question or a suggestion not related to MEL or Arrow, please send an email to: sunshineserviceslcc@gmail.com



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Bridge Club

(cont' from page 23)

Timbers for the first 2 Saturdays in March. Thank you, Susan for volunteering to lead this valuable experience. Our Bridge Club is successful because of the many volunteers we have. We welcome new members.

Lots of good times are coming up. On Monday, March 11, we are having a St. Patrick's Day Party. We will start the event at 11 am at Sierra Pines. A ham will be served, and members will supply the side dishes. Bridge play will follow the luncheon. 5 dollars will be charged to cover paper goods and prizes. There will be a Memorial Day Cook Out on Monday, May 27th. The annual Membership Meeting will take place on June 10th. If you are looking for a group that provides challenges in the game and fun in the activities, the Bridge Club is for you.

Mah Jongg Club

BY BECKY MATSON

If you would like to learn this fun game, there will be Mah Jongg lessons starting Friday, April 5, 12 and 19 at 9:00 am. There will be three (3) lessons. If you are interested, please let Pat Oberlander know at 916-929-5582. Sign-ups are required. Bring your Activities Card and wear your Name Badge and please, no fragrances.

Basically, the game requires strategy and skill, but it also depends, as many games do, on luck. If you're looking for a game that stimulates your brain, Mah Jongg is for you! Anyone is welcome to come by and watch the play to find out if you'd like to learn this fun game and meet some very nice members!

We play MJ Mondays at 12:30, some go to lunch before and Friday at 9:00, lunch after if you'd like to join in.

Bunco

BY PAT OBERLANDER

March is for leprechauns and the luck of the Irish, but we don't care if you are either. Just come try your luck on the 2nd and 4th Monday. Come join us! No training necessary, just luck. The cost is \$4 Sign-in starts at 8:30 am and we start playing at 9:00 am. Good way to meet neighbors and loads of fun. We'd



Love for you to join us. We're in the card room at Timber's Lodge. You don't have to commit to every time, but once you start, you'll be hooked. Come on down!

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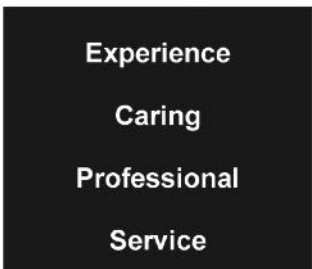
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See Website: www.guthandchangarislaw.com

JOHN L. GUTH and PENELOPE A. CHANGARIS are both Certified Specialists in Estate Planning, Trust and Probate Law by the State Bar of California, with 70 years of combined experience.

Email Classified Ads by the 12th of each month to: SunSeniorCA@gmail.com

****FREE ADS — INCLUDE:**
◆ First 15 words are FREE (for SCLH residents only), additional words \$1 each
◆ ONE AD PER HOUSEHOLD, PER MONTH
◆ Any Real Estate or Business Ads are not free. Please see "Business Ads"
◆ Lost and found items/pets.

BUSINESS ADS:
◆ Anything of a commercial nature, including pet sitting, real estate, rentals, time-share/condos, etc.
◆ 15 words for \$35. Additional words \$1 each.
◆ \$90 for three months, same ad! (15 words only) additional words \$1 each

Classified Ad Submissions — WHEN: By the 12th of the month. Please email the information below to: SunSeniorCA@gmail.com.
Subject Line should be SCLH Classified and your Phone Number (Example: SCLH Classified 916-123-4567)
1. Contact name and phone number.
2. Which category to place your classified ad in: (Service, For Sale, Wanted, Announcement)
3. Classified ad text - including the phone number you want readers to call.
SCLH residents get FREE non-business Classified Ads; limited to 15 words; one per household per month.
Non-business Ad items include selling personal used items such as furniture, tools, books, rugs, electronics, personal car, golf cart, etc.

Business Ads include anything of a commercial nature or service, including pet sitting, real estate, rentals, timeshare/condos, any service etc.
Business Ads are 15 words for \$35 for one-month. Additional words \$1 each. (\$90 for three months for the same ad.)
If your classified ad is determined to be "business" related, we will email you an invoice that will allow you to pay immediately with a credit card, or mail a check.
*HINT on Word Counts: A "word" is anything separated by spaces, or as reported by word-process software like Microsoft Word.
If you have any questions, please email us at: SunSeniorCA@gmail.com



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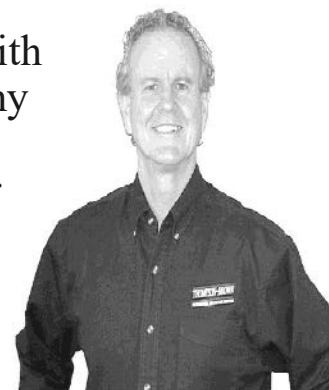
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As Broker and Owner of Thompson+Brown I have worked with thousands of sellers to achieve their goals. This year marks my 39th year in Real Estate. I have seen every market condition and I use that vast experience to make the sales process easier for my clients. Please give me a call or text me and I will be happy to come and meet with you and answer any questions you may have.



George Brown

Recent Sales in Sun City Roseville



**794 Wagon Wheel Lane
Yosemite Model
SOLD \$620,000**



**7346 School House Ln
Yosemite Model
SOLD \$655,000**



**4293 Napa Loop
Summit Model
SOLD \$689,500**



**7338 School House Ln
Ironwood Model
SOLD \$714,524**

*All measurements and all calculations of area are approximate. All Sales from all MLS Brokers. Display of MLS data is usually deemed reliable but is NOT guaranteed accurate by the MLS. Buyers are responsible for verifying the accuracy of all information, Sales from all MLS brokers