

# SUN SENIOR NEWS

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## LH Chorus

BY GAY MACKINTOSH

Our holiday concert, “Season of Light” is sure to deLIGHT you! Hurry to get your tickets for December 13th (7:00 PM Friday), 14th (2:00 PM Saturday), or 15th (2:00 PM Sunday). Choose your seats at either lodge or at [www.sclhresidents.com](http://www.sclhresidents.com): Ballroom premium reserved \$24, standard reserved \$21.



We’ll bring you “A Bit of Holiday Cheer” as we “celebrate, joyously, with ones we hold so dear” (“Hanukkah, the Season of Light”). Highlights of our program include “Noel Fantasy” and “A Classic Christmas,” medleys of traditional songs. For a modern twist, we’ll sing “Snow on Snow” and “’Twas the Night Before Christmas.” Sopranos and altos will soothe you with “A La Nanita Nana,” a traditional Spanish carol and lullaby, while tenors and basses regale you with “It’s Beginning to Look Like Christmas” by Meredith Willson. Our lighthearted accompanist Nina Malone will give a solo vocal introduction to “All I Want for Christmas Is You.” And we invite you to raise your voice with ours in some audience sing-a-longs. Special guest Jim Walker of the Players Group takes on a new role as Gramps. Will Santa and his jolly elf appear?

Interested in singing with us? Rehearsals start in January for our spring season. Visit [lincolnhillschorus.org](http://lincolnhillschorus.org) for more information and contact membership chair Mari Long at [mlong24sjca@sbcglobal.net](mailto:mlong24sjca@sbcglobal.net) or 916-409-9136.



## A Christmas Gift from Village 33



Village 33 once more will be having a dazzling display of luminaries on Christmas Eve this year. Over 2,000 red luminary bags will line all of the streets and most of our homes will also be decorated with Christmas lights as well. Santa will be at the east end but don’t forget to see the west end which will have the whole cul-de-sac lit up. Village 33 is located off Spring Valley with the entrances being Elmhurst Lane and Garganey Lane. Happy Holidays from Village 33!

## LH Foundation — Happy Holidays

BY DENISE BOWDEN

December brings us to the end of another year and we hope it has been a good year for all. It is also a month of holiday parties and days to celebrate beyond the traditional ones. We can’t forget Cyber Monday, another day to spend money after Black Friday. International Volunteer Day occurs early in the month and a personal favorite mid-month, Wear Your Pearls Day. We are also closing in on the Winter Solstice and the shortest day of the year which starts the climb by 2 to 3 minutes per day back to the long days of summer.

The Foundation wants to wish everyone a wonderful holiday season, whether you celebrate, Christmas, Hanukkah, Kwanzaa, or you are a Festivus person. Be kind, enjoy time with family and friends and don’t forget those in our community who are alone and reach out with a warm invitation to join you and your family.

Bingo in the Ballroom will be on hiatus for the next several months. We usually take December off to give our volunteers maximum holiday shopping time but at the beginning of 2025 the Orchard Creek Ballroom will be under renovation so we won’t be back until March, however, you can check out the rest of the 2025 Bingo dates on our website.

From all of us at the Lincoln Hills Foundation have a wonderful and safe Holiday Season, and from me to our Board and volunteers, Thank You for everything you do for us and for the Community.

[Lincolnhillsfoundation.org](http://Lincolnhillsfoundation.org)

## Players Club

BY DOUG BROWN

*Guys and Dolls* closed a remarkable four-show run performed to sellout audiences. Actors and production crew burst their buttons in an accomplishment that spanned three months of prep. And thanks to director Karen Pinomaki and her leadership team of Linda Wilds-Beltz (costumer, set designer, and graphic artist), Sue Villarreal and MaryEllen Vogt (vocal music coaches), and dance captain Susan Shamber, we DID it!

Thanks to our audiences for your support, and through the years, your steadfast appreciation of Lincoln Hills resident performing arts—your friends and neighbors living the dream of performing on stages and working “backstage” with all the details, without which the “onstage” performance just wouldn’t happen!


Could this be YOU some day, acting on a stage, working in the tech booth, designing sets or costumes, marketing a show, or performing any of myriad details that add up to a successful show? Check out our website at [www.lhplayers.org](http://www.lhplayers.org) and you’ll be taking the first step.

Or...how about looking into similar roles in other clubs — Chorus, Tap Company, and Vaudeville—where a “knock on the door” will open up new performing opportunities.

Speaking of performing opportunities, the Players club welcomes any SCLH resident to audition—on Friday, December 13, 1:00-4:00 PM in KS Presentation Hall—for our next Readers Theater (featuring actors on stage reading scripts). The FREE shows, coming Saturday and Sunday, February 1 and 2, will feature “A Family Affair,” written and directed

(cont’ on page 5)

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The Sun Senior News - Lincoln Hills is a monthly publication, published by EGnews Inc.

916-727-6383 • E-mail: SunSeniorNews@gmail.com  
 Ad rates are available online at [www.SunSeniorNews.com](http://www.SunSeniorNews.com) or  
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**CIRCULATION:** The Sun Senior News - Lincoln Hills is mailed free to 7,000 homes in the Sun City - Lincoln Hills community. The delivery is targeted for the first week of each month.

**Read Online - Digital Issues:** The Sun Senior News - Lincoln Hills is available to download each month as a PDF digital file at: [www.SunSeniorNews.com](http://www.SunSeniorNews.com)

Back issues are available to download there as well.  
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Lincoln Hills welcomes announcements from social clubs, schools, charitable organizations, non-profit organizations, local government and community events. Also, editorial contributions as well as articles, cartoons and photographs are welcomed and considered for publication. Deadline for submissions is the 15th of each month. Please submit via email to: SunSeniorNews@gmail.com

All information submitted to the Sun Senior News - Lincoln Hills must be accompanied by your name, phone number and written consent. All letters received become the property of the publisher (EGnews Inc.).

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# From the Editors



Wishing you all a  
 Merry Christmas  
 and  
 Happy New Year!

Gregg & Liz  
 Goldthorpe

**EDITORS' NOTE:** *The Sun Senior News has always been politically neutral. Our content should be focused on the activities of the clubs, groups, individuals and issues related to being a resident of Sun City Roseville. Our publication will not publish article content or "Letters to the Editors" regarding Federal, or State election issues or advocacy.*

*We ask that Sun City clubs/groups that are, or could be perceived as political, to limit submission content to basic meeting/event/link info, and avoid advocacy. All club/group submissions should focus on that organization only. Submissions should be 300 words or less and due by the 15th of the month for the following issue.*

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# Election News — 2025 SCLH Board of Directors Election

BY TERESA TANIN

You've heard this many times before—elections have consequences. Why not have those consequences be positive? Consider bringing your years of diverse experience to the Board of Directors. Such diversity leads to innovative yet responsible decisions affecting our community significantly. Nominations are now open. Apply yourself or nominate a fellow resident, or both! Applications are available at the Guest Services desk (OC). Residents here possess a myriad of exceptional backgrounds. With four board openings for 2025, residents have the chance to offer their own experience or nominate another interested candidate. The Board, comprised of seven directors, makes decisions that help keep our community among the very best. As a resident, consider applying for one of the four openings. Bring your expertise, your passion, and you too could turn the consequences of this Board of Directors election into a positive outcome. Attend the Candidate Information Session to be held January 17, Presentation Hall (KS) (place correction) starting at 1:00 PM. Applicants will be provided with the necessary procedures on how to become

an active candidate. Be sure to apply or nominate (including a biography) by the deadline of February 18 at 4:00 PM. Questions? Email: elections.committee@sclhca.com. Apply today! Contribute to a positive result.

**SCLH BOARD OF DIRECTORS**

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BOARD OF DIRECTORS

...FOUR 2025 OPENINGS ARE AVAILABLE...

✓ **MARK YOUR CALENDAR!**

1/17/2025...Candidate Information Session  
1 PM to 3 PM Presentation Hall (KS)

2/18/2025...Application & Biography due 4 PM

2/19/2025...Briefing Session 10 AM to 12 PM (OC)  
Solarium & Photos in Computer Rm

Questions? Email: elections.committee@sclhca.com

# Neighbors InDeed

BY RICK CARREIRO

“Have a Holly, Jolly Holiday”  
Hi everyone! Now that winter is here, it's time to celebrate the Holidays, but not the Holly Daze! We can often over schedule which can overwhelm us. So first, we can't forget to take care of ourselves as that allows us to take care of others, to share with others, and to be present with others. Once we have that part taken care of we can turn our attention to taking care of our “Homes for the Holidays.”  
Since some homes are decorated inside and out, here are just a few reminders regarding safety of your displays. Lights and displays are nice to look at but operate at higher electrical draws on average. However, LED bulbs are perfect for any interior displays and are the preferred choice for tree lights. Our Handy Helpers can help put a small tree together in a safe manner if

you need that service. They can also put in new bulbs around the house as needed. As a bonus, LED lights keep our homes safer and more enjoyable.

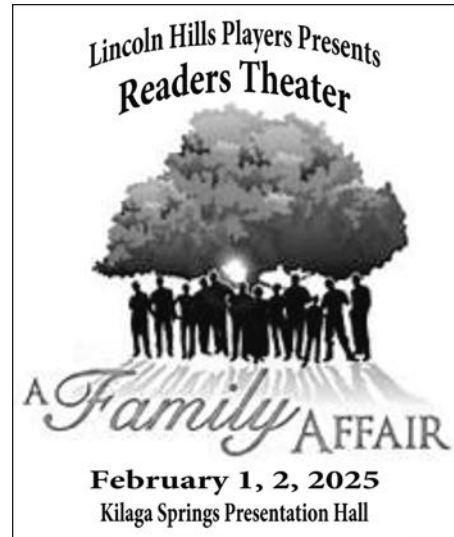
Our SCLH homes have GFI outlets which help to prevent any overheating due to an excessive electrical current demand for that circuit. It is important to use correct extension cords inside and out to ensure a safe and efficient application.

Finally, if you will be traveling away from home, have a trusted friend or neighbor keep watch on your property. Have newspapers and mail put on vacation hold. Also, set up your interior/exterior lights to come on when it gets dark. Some have even had music or television on as well. Any requests for Handy Helpers can be made by calling NID at 916 223-2763. Leave a message and we will return your call from Monday through Friday at 9 AM to 5 PM.



## Players Club

(cont' from page 1)



by our own resident Alan Lowe. The hilarious story highlights a couple who try to “escape” their Bay Area community by moving to “a retirement community in Placer County.” Hmm, sound familiar? Should you be offered a part but are not a Players member, you'll simply need to become a member to perform. Audition information is at www.lhplayers.org. Everybody welcome!

## Music Group

BY BRIAN JEWELL

Our Holiday Party was chock full of music, food and even a raffle! Elections were held for President and Vice President and we welcomed Dan Marcus. as the new President and Brian Jewell as Vice President. Our future meetings will be held on the first Mondays of the month, starting in January, 2025 and running through October. Meetings begin at 2:30 and run to 5:00 in the Fine Arts Room (OC).

You can participate in the Sing & Play from 2:30 to 3:15, or just listen to other



musicians. If you choose to perform, which runs from 3:30 to 4:45, sign up on the performance sheet, which is available starting at 2:15. If you do choose to perform, you will find our setting relaxing and supportive. Before the performances begin, everyone who chooses to can join the rest of the group playing and singing songs that are on our website.

The website is www.lincolnhillsmusicgroup.com. The password for this website is musicgroup. In addition to our monthly music group, there are two other sections that might peak your interest. The first is the guitar ensemble, contact Sal Caruso at 916-343-5810 for more information. This group meets on Fridays from 1:00 to 3:30 in Orchard Creek. The second group is ukulele Ohana, led by Ron Peck at 925-788-5869. Ukulele Ohana meets on Wednesdays from 1:00 to 3:00 in Orchard Creek. You can also contact Brian Jewell at 510-676-4913 for general Music Group information.

Anyone who lives in Sun City is eligible to attend any of these groups. Do yourself a favor and plan to visit one of these groups in the near future. You won't regret it.

## Ballroom Dance Club

BY ERNIE MICHELI

The Ballroom Dance Club held its Halloween Dance Party on October 26. The number and quality of costumed participants was outstanding. Those attending the dance found



a Halloween themed mural that portrayed a haunted house, flying bats and a full moon. The mural also served as an excellent backdrop for taking photos. In addition the table settings and buffet counter continued the theme with pumpkins, witches and ghosts. Many thanks to Decorations Chair Barbara Swerdlow and her decorations committee of Fred and Thelma Locsin.

Ruth Algeri and her kitchen crew of Stacy Reynolds, Karen Worley, Millie Lelio and Sharon Micheli continued the theme with an assortment of desserts. The desserts included pumpkin, apple pies and cheese cake. Well done kitchen crew.

(cont' on page 7)

## Club Cruise and Travel

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## Lincoln United Methodist Church Sunday Worship 10 AM

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Pastor Vinny's sermons available on YouTube.com Lincoln UMC

## Christmas Eve Candlelight Service at 5:00 pm, December 24, 2024

Lincoln United Methodist Church

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For more information visit us online at lincolnumc.com

See upcoming events on our Facebook page or call us at 916-645-3588

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## Ballroom Dance Club

(cont' from page 5)

Other contributors to this special evening were: Mary Kirkwood sold tickets, Ruth Algeri arranged the music playlist, Sal Algeri was master of ceremony and Ernie Micheli took photos. The clean up crew consisted of Peter and Josie Vandermat, Jack Craig, Peggy Woods and Donna and Dick Lange.

Costume judging was especially difficult given the creativity of all participants. Peggy Woods won the best dressed female as a clown. Jack Craig won the best dressed male as a penguin. Sal and Ruth Algeri won the best dressed couple as bee and bee keeper.

Tuesday, December 10 will be the Christmas Potluck Party. Mark your calendar.

Sal and Ruth extend a very Merry Christmas and best wishes for the new year to all Ballroom Dance Club members.

• • •

## Country Couples

BY RICH AND DONNA PICK

As the year winds down Country Couples members held their annual Holiday Party on December 9th at the Ballroom (OC). We had an extensive banquet dinner with a no-host bar and wonderful music provided by D.J. Gordon.

Additionally, in November, Country Couples members enjoyed their last dinner outing of the year at Casa Ramos Restaurant. This is one of our favorite restaurants in Lincoln because the service is fantastic and the food is scrumptious.



Country Couples

Last but not least all Country Couples members wish everyone in Sun City Lincoln Hills a wonderful Holiday season and a very Merry Happy New Year. Keep practicing those country dances and we'll see you in the new year with new songs, new steps, and lots of laughter.

For more information about our club, please contact April Cederburg at 916-390-3931. Website: sclhcc.com

• • •

## Line Dance

BY ANNETTE PORRECO

Hey line dancers. For those of you who attended the first ever Line Dance Night on November 12th, thanks for your support. We

are hoping that this can become a routine dance opportunity for all line dancers. It's quite an opportunity to get three-hours of dancing right here in our community. As you know we don't offer any line dance classes during the month of December. So, we encourage you to spend this time celebrating the holiday season with family and friends. We are planning many exciting events for 2025. So, enjoy the holidays and don't forget to sign up for classes that startup again in January. Happy Holidays!

• • •

## Tap Company

BY ALISON WOLFE

A big Thank You to everyone who auditioned for our spring show, "Dance Around the World." Auditions were held on November 9 and we were thrilled by the response from our community. If you're still interested in joining us, it's not too late! Whether you're a dancer, singer or entertainer, this is your chance to shine on stage. Please reach out to or Kathy Fernandes at kathyfern50@gmail.com or Mary Adamson at maryadamson719@gmail.com for more information.

Looking ahead, don't forget about our Holiday Luncheon on December 16, 11:00 AM to 2:00 PM in the ballroom. We hope you'll join us to celebrate the season. Alyson Meador may even be able to bring some of her young dancers to perform for us, making it an event to remember.

In December there are no regular tap classes. However, rehearsals for the spring show dances may take place at Alyson's studio. More details will be shared soon.

To All — Happy Holidays and a Wonderful, Prosperous, Healthy New Year.

• • •

## Ceramic Arts Group

BY JIM CARNATHAN

The SCLH Holiday Market was very successful for our CAG members who participated in the event. They were set up in the ceramic arts room this year in Orchard Creek Lodge. The room as well as the entire lodge was packed with shoppers for much of the day. All the artists did well, and many ceramic pieces found new homes. The artist would like to thank all of you who were able to find and take home a handmade ceramic piece you liked for yourself or to give as a gift.



Whimsical Fantasy Art of Carolyn Hughes.

A warm shout out to artists Kimberly Andersen, Margaret Bella, Janie Chalubna, Carolyn Hughes, Sheri Mandell, and Eileen Moffatt for their hard work and preparation in making it a very successful day.

It's time to renew your CAG membership and applications are available in the ceramic's studio. Ceramic classes are available on Tuesdays and Thursdays. Please check the Compass for times and class details and come play in the clay.

• • •

## Mixed Media

BY JILL SHORT

I love this time of the year. All the sights, smells and sounds just delight me. I also get so excited to sit at my art desk in front of my window sipping chai tea and getting creative. There does not always need to be a purpose to use my supplies. It can be just a time to enjoy the season and create, even if it is for a few minutes.

What is the Mixed Media Club up to? The club ended 2024 with the last club meeting on November 20. Members shared some of their creations and learned a new technique. Mixed Media Club will be back, ready to get creative and have fun together on January 15th until then keep creating.

The Club would love to see some new faces, so come and check us out. For those who are curious about what we do or are hesitant to try art, we have a special invitation for you. The Mixed Media Club is making available to 10 Sun City residents the opportunity to receive a trial membership. This membership is \$3 for 3 months. This trial membership is for January, February, and March 2025. All the supplies needed for the projects will be included in the trial membership as well as being guided each month in a new project. Do not hesitate, contact our Club President, Chris Fetter as soon as possible. If more than 10 people want to do this we will have a waiting list. Of course, we always welcome those who want to join our yearly membership. The club meets the 3rd Wednesday of the month at 1:00 PM in the Fine Arts Room (OC). For more information contact Chris Fetter at 916-276-7895 or email at: mixed.media.chrisf@gmail.com

• • •

## Painters' Club

BY TAMSEN ARMSTRONG

Come all ye Painters this December 17th for a festive Chat 'n Chew at the Turkey Creek Golf Club Grill, starting at 11:30. Bring your appetite for delicious salads and sandwiches plus a recent painting to share with the group. If you haven't renewed your yearly membership,



Tracey Bolton's painting demo.

now is a great time to bring cash or check (\$15 individual, \$25 family).

We were pleased with the reception for our "Autumn Artistry" exhibit at the Art League of Lincoln and want to thank all the participating artists, plus Marianne Oliphant and Jeff Anstrom for their valuable assistance in making the room look spectacular. They made my job as organizer of the event so much easier!

Many thanks to Tracey Bolton for her amazing demonstration of her painting techniques at our October meeting. She is a truly generous and competent teacher who really knows her stuff! This November we have our painting challenge where we display and vote on each other's unique interpretation of the theme "Looking Up". So many possibilities!

Simple Pleasures is again providing their wall space for our club members to display their paintings and it would be so nice if we could take time to stop in for a snack and a look-see at the work we have up now and through February 3rd. Downtown Lincoln is fast becoming an enjoyable destination for shopping and dining.

• • •

## Needle Arts

BY MARY SWANSON

Everyone at Needle Arts hopes that you and your family had a very Happy Thanksgiving. December is now upon us and last-minute projects for holiday giving are well underway as is the final planning for our annual holiday luncheon, "Ghome for the Holidays." We hope you've made your reservation for this fun event to be held on December 10th in the Orchard Creek Ballroom. Doors open at 11:15 AM. A short business meeting will begin at noon and the newly elected 2025 NA Board will be introduced. Lunch will follow. Tickets for an opportunity raffle for three fabulous

(cont' on page 8)

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**Lincoln Hills October Sales Snapshot**

|      |                      |      |             |           |               |
|------|----------------------|------|-------------|-----------|---------------|
| 343  | Stags Leap Lane      | 1190 | \$515,000   | \$505,000 | Calaveras     |
| 698  | Wagon Wheel Lane     | 1190 | \$515,000   | \$515,000 | Calaveras     |
| 1861 | Monument Lane        | 1298 | \$550,000   | \$557,775 | Bridgegate    |
| 1255 | Silver Fork Court    | 1322 | \$510,000   | \$465,000 | Bridgegate    |
| 2009 | Winding Way          | 1322 | \$525,000   | \$534,000 | Bridgegate    |
| 1353 | Strolling Hills Lane | 1322 | \$529,900   | \$546,000 | Bridgegate    |
| 205  | Geary                | 1515 | \$589,000   | \$535,000 | Pine Hill     |
| 975  | Dogwood Loop         | 1571 | \$610,000   | \$589,000 | Quail Cove    |
| 957  | Gold Nugget          | 1595 | \$619,500   | \$625,000 | Quail Cove    |
| 1595 | Delta Wind           | 1626 | \$598,000   | \$598,000 | Lassen        |
| 2532 | Black Hawk Ln        | 1674 | \$599,000   | \$610,000 | Trinity       |
| 424  | Violet Lane          | 1854 | \$650,000   | \$648,500 | Plumas        |
| 228  | Stags Leap Lane      | 1855 | \$719,000   | \$718,000 | Plumas        |
| 1165 | Stone Pine Ln.       | 1873 | \$725,000   | \$711,095 | Orchard Crest |
| 320  | Windmill Ct.         | 1887 | \$730,000   | \$726,000 | Fremont       |
| 1120 | Lasso Lake Lane      | 1967 | \$785,000   | \$785,000 | El Dorado     |
| 1157 | Paragon Lane         | 2073 | \$715,000   | \$600,000 | Annadel       |
| 223  | Saddlehorn Loop      | 2465 | \$799,000   | \$775,000 | Monterey      |
| 2336 | Sutter View Lane     | 2504 | \$929,000   | \$859,000 | Marin         |
| 1346 | Rose Bouquet         | 2955 | \$919,000   | \$890,000 | Meadowgate    |
| 867  | Mossy Ridge Lane     | 2955 | \$950,000   | \$950,000 | Meadowgate    |
| 379  | Lilac Lane           | 3081 | \$1,090,000 | \$960,000 | Santa Barbara |

Total Homes sold in Sun City per MLS 10/1/24 - 10/31/24

**Needle Arts**

(cont' from page 7)

items: a 1951 Singer Featherweight sewing machine (in good working order), a beautiful holiday quilt and a spa gift bag will be available at the luncheon. Special Guest entertainment will follow. The deadline for reservations is December 1st.

Community Service volunteers have worked hard all year in order to meet the varied requests received. Most recently port pillows for cancer patients were being made and donated. Many NA members who crochet and knit baby items, including blankets, caps and booties, sprang into action to meet the request from St. Rose of Lima in Roseville for items needed for their annual baby shower, which will now be added to the many charities NA provides for. At this time of thanksgiving, we'd like to thank all the volunteers who work so hard to fulfill these requests. Most all of the cotton fabric used to create quilts is donated and we thank the SCLH community for their generosity.

NA membership has grown to 203 members this year and it's time to renew your membership. Make sure to mark your 2025 calendar for the 2nd Tuesday of each month at 1:00 PM for our monthly meetings in P-Hall (KS). Best wishes to everyone for a very Merry Christmas and Happy Hanukkah!

**Paper Arts Club**

BY LINDA LUCCHETTI

Happy Holidays to all! Thank you to those who donated their holiday handmade cards to our newest service project, Operation Holiday Salute with American Gold Star Mothers, Inc. Thanks to June Paquette who organized the collection. More than 150 beautiful cards made by our members were sent to Veterans in hospice care. (See December's Compass for a story about the project.)

Our November Open Lab on November 21 saw us busily preparing centerpieces for our Christmas luncheon on December 4. Thanks to our project leader, Mina Bahan, for her ideas and hard work.

We meet on the first and third Thursdays of the month in the Terra Cotta Room at Kilaga Springs Lodge at 9:00 A.M. for general meetings and Open Lab. Check the monthly newsletters (email) for updates.

For further information, contact: Pam Abad, pamabad@att.net

**Photography Club**

BY DIANE MARGETTS

Silhouettes was the topic of our November meeting. Truman Holtzclaw presented an array of silhouetted images gathered from a variety of sources including his own and other member photos. The focus of silhouette photography is on creating striking black shapes against a striking background. It's a technique that emphasizes the shape and form of the subject, resulting in minimalistic and graphic effects.

Instead of a general meeting in December,

(cont' on page 9)



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### Photography Club

(cont' from page 8)

we will enjoy our annual holiday breakfast. This event is a member favorite. Our president, Ron Nabity, hasn't shared details but promised he would not make us embarrass ourselves with another round of trivia!

Looking into the new year, our January meeting will be a presentation by Sam Shaw. Sam has produced programs on digital Imaging, color topics, travel destinations, nature and photojournalism and most recently AI. He has made presentations at local travel and service groups, camera clubs, Gold Rush Chapter, Foto-Clave and the PSA International Conference. Sam has also judged photography for county fairs, festivals, camera clubs, camera club councils, and International Exhibitions. The January presentation will focus on AI: what it is and what it is not, comparison of photos and their AI creations, and how to use MidJourney and its varied results.

The December Special Learning Class will discuss judging photos by Greg Geren. Each attendee will submit two photos in advance. The special learning classes are limited to 20 and book up early.

Our popular smartphone photography classes are ongoing. For those members that have already completed the initial series of classes, early next year we will be offering opportunities for a number of members to advance to classes on smartphone photo editing. Both blocks of classes will continue to be offered in the future.

• • •

### Woodcarvers Club

BY LIONEL RAINMAN

Woodcarving goes back a long way either as a necessity to make or repair something and subsequently evolved into an art form and/or a recreational hobby. There are several styles of carving: realistic, stylized, caricature, and novelty items like spoons, chains, and puzzles. Woodcarvers obviously carve in wood although some have been known to carve golf balls and even peach pits.

The woodcarvers in our club have various carving and creative abilities and are always available to assist or advise other members or new carvers as well. Woodcarvers Club members have a large library of carving books, magazines and DVD's for plans and ideas. If you are curious or have an interest in carving please stop by and see what we are doing. We have carving tools that you can try before you buy.

Woodcarvers Club meet every Wednesday from 1:00-4:00 PM in the Sierra Room at (KS). Contact: Lionel Rainman 916-253-9534.

• • •

### Stamp Club

BY TIM MILES

We're into December and that means no meetings during the month due to the Holiday season. We normally meet at the Sun City Roseville Lodge (7050 Del Webb Blvd) on designated Tuesdays at 6:30 pm. They have extensive Holiday bookings which precludes room availability for the month.

The Jan Tuesday schedule is for Tuesday, January 14 and Tuesday, January 28. Our 2025 dues of \$20 are due also. We feature a guest speaker, door prizes, giveaways of every sort,

access to all things philatelic (pages, albums, stamps, even a "mystery box) and all the various accouterments associated with the hobby- all at extremely reduced prices)

During the Holiday season, you can contact Al Capparelli (916-771-8288) to pick up a present for a club member (stamps, albums, pages and whatever). We guarantee it'll beat handkerchiefs or pajamas for a gift. Al undoubtedly has a few suggestions.

Members should be sure that Bob Bartlett (bartlett@corsearch.net) has your email address so you can be notified of timely events. Bob puts out a short breakdown of stamps t/b offered at the scheduled meetings, which is a big help.

Any readers may feel welcome to attend any meeting with his "old" album and we'll be happy to update the "rough" value, which will surprise you. Lastly, the Roseville Stamp Club wishes everyone a very Happy Holiday season!

• • •

### Genealogy Club

BY NANCY SWITZER

Happy Holidays! Happy New Year!

Do mosquitos drool when you come out to enjoy the great outdoors? Can you smell Asparagus odor? Are you competitive? Do you love to dance? Do you get hangry? Do you love the heat? Are you an introvert? Are you a picky eater? Do you like to be a leader?

These are some of the many traits that Ancestry can predict through your DNA testing. They use your DNA information to predict what traits come from each parent. This information is gathered through data provided by surveys completed by those who have taken DNA tests through Ancestry.

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testing of your parents, which would probably be an issue to most of us these days! But the traits can be assigned to a parent if you know where their ancestors lived. I can blame my father for the fact that mosquitos think I am a fine dining experience!

If you are someone with the Leadership trait, we still need a new Social and Membership Chair. Please come join our Committee and help us keep our club going.

No General Meeting in December, instead there will be a Christmas Breakfast, 10 AM in the Solarium at OC.

Check the Website (www.suncitylhgc.com) for the application for next year's dues.

Genealogy Workshops: Kate McCarthy at starkayak@icloud.com.

Contact: Rita Perada 510-710-5704, ritaperada@gmail.com

• • •

### Shalom Social Group

BY JUDY GANULIN

Members of the Shalom Social Group, and Jewish people around the world, celebrate Hanukkah, the Festival of Lights, to commemorate the rededication of the Second Temple in Jerusalem and the miracle of a one-day supply of oil lasting for eight days. At our celebration this year we'll have live music, a raffle and a delicious dinner including traditional holidays foods like potato latkes (pancakes) and jelly donuts, both made with oil. We will also install our new officers for next year. For more information about our activities and membership, please contact Margie Gulko, 816-543-5303, or Deanne Iliff, 530-518-3704.

• • •

(more Club News cont' on page 12)



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### LH Italian Club

BY LINDA LUCCHETTI

Buon Natale e Felice Anno Nuovo. Merry Christmas and Happy New Year. It's been a busy year for the Italian Club. And, we look forward to more fun in the coming year. So, stand by! Check the website for updates.



Italian Club — Bocce winners - Meat Balls.

Looking Back: On October 20, under beautiful fall skies, the Meat Balls (Italian Club) and the Matzo Balls (Shalom Club) met for their 10th Annual Bocce Tournament. The excitement grows each year, as the two clubs face off to capture the magnificent traveling trophy. The Meat Balls this year were again victorious, securing the trophy for another year, making 10 years in a row. But, alas – it's about more than winning. The camaraderie between the teams is palpable, as shown by the pregame get-together and “breaking bread” with Italian and Jewish goodies. Congratulations to all the players.

To learn more about our monthly events and activities, visit our website at [www.lhitalianclub.org](http://www.lhitalianclub.org). For membership information contact Sandi Graham at 916-826-5711.

• • •

### Lavender Friends

BY JOAN LACKTIS.

With the return of the cooler weather, Lavender Friends have been getting outside again. We had a good group for a game of cornhole and this month we will be visiting the Thundering Herd mandarin ranch in Penryn.

We still have lots going on indoors, too. We had a large crowd for our Halloween trivia night at Kilaga Café and in November a group went to see “Wicked” at the Blue Oaks cinema. The



Laura Niles (standing) leads the club in trivia.

highlight of December is always our holiday dinner dance at Turkey Creek. This dance features music with Sacramento DJ Jammin' Jo and draws dancers from throughout the area. Everyone enjoys the opportunity to dress up and go to a dance where gay and lesbian couples are the norm.

It's not all music and games, though. On Jan. 25, we will have our biannual business meeting where we will elect/reelect officers. Lavender Friends is a club for LGBTQ residents and their allies; check out our website at [lavenderfriends.com](http://lavenderfriends.com).

• • •

(more Club News cont' on page 13)



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## Singles

BY KATHY SHADDOX

December is the most wonderful time of the year! Everyone is running around shopping for the upcoming holidays and decorating indoors and outdoors. Make sure you take the time to drive thru our SCLH streets and enjoy the lights!!

Singles start out on Sunday, December 1st at 4:00 pm at Kilaga Springs Café for our monthly Birthday Celebration. For all members born in December, don't forget to attend and get your free cocktail. Check in with Mari Long to get your free drink ticket. Best part is when Dennis Doane leads us in singing Happy Birthday!

We will not have an Activities Meeting this month as we are up-to-date with our planning for this year. Any club questions, contact Sarah Lambrose.

On Thursday, December 5th we will have our annual Winterfest Dinner/Dance in the OC Ballroom. We will have a plated dinner, music for dancing and surprise entertainment! This is our festive holiday party chaired by Kathy Shaddox, so be sure to buy your ticket before it sells out!

We will not have a Business Meeting in December. This will give you plenty of last minutes shopping, cooking, planning and traveling for the holidays!

On Saturday, December 14th at 9:00 am we have our 2nd Saturday Breakfast event in the Sports Bar. Come and mingle with members and enjoy ordering off the menu whatever you wish. Our host Dennis Reid, will greet and welcome you when you arrive.

Our final Social of the year will our Pre-New Year's Party on Saturday, December

28th at 5:00 pm at Kilaga Springs. This event will be chaired by Chuck Pineau. Be sure to purchase your ticket as soon as it goes on sale. Our weekly blast will let you know.

Weekly activities are Bocce Ball on Wednesdays at 2:00 pm and Golf/18 holes on Fridays at various courses. Of course, our weekly activities will continue as long as the weather permits!

Enjoy reading our article? For \$20 you can join! Contact Mari Long.

That's all folks! See you next year 2025.

## Bosom Buddies

BY DOTTIE SUHRHOFF

Bosom Buddies is a support group for those who have experienced breast cancer. We are there for each member, whether it be listening or needing a ride. We have meetings on the second Thursday of each month which are held at 1 PM in the Multipurpose Room at Orchard Creek. We have speakers who inform us on things related to breast cancer or other items of interest such as Medicare changes.



Our November meeting was Thursday the 14th. Our speaker was Carolynn Washington from HICAP Services talking about Medicare and recent



changes that affect us. HICAP helps people with Medicare questions and concerns at no cost.

We would like to again thank the Lincoln Hills Foundation for their yearly grants. The Foundation Bingo in October was dedicated to Bosom Buddies where we had two tables of players.

Our December meeting will be the Holiday Party to be held December 12 at Kilaga Springs. It will start at 11:30 am. Cheryl Hansen, Dee O'Hara and Nanette Sorenson are in charge of the party. Sandy Adame will make the table decorations which will be raffled off. Kay Brady is designing and crafting a special gift for each member. The entertainment will be Corinne Ehlers leading the members in singing holiday songs. Please remember to bring unwrapped toys to donate to the Marines Toy Barrel.

Our raffle winners were Nanette Sorenson, Leona Cleaner, Lorri Song, Dottie Suhrhoff, Mary Shelton, Mae Gagnon and Joan Jones. The prizes were seasonal trees or neck warmers made by Sandy Adame.

If you have any questions regarding Bosom Buddies, please contact Dottie Suhrhoff (815-236-0197) or Judy Stewart (916-408-3597).

"Together we are strong, together we make a difference, together we will survive!"

## Alzheimer's-Dementia Caregiver's Support Group

BY MARIANNE OLIPHANT

The Alzheimer's-Dementia Caregiver's Support Group offers information and support to those caring for a loved one with dementia.

We have three monthly group meetings. Our Women's group meets at 1:00 PM on the 1st Wednesday in the Fine Arts Room (OC). The Men's group meets in the Multimedia Room at 10:00 AM on the third Thursday. Both groups are focused on individual sharing. The General combined meeting is held on the 4th Wednesday at 1:00 PM in the Fine Arts Room (OC) and features a guest speaker. The General meeting will not be held during November and December but the Women's and Men's meetings continue. At all meetings you will find a welcoming community ready to hear your questions and concerns. Contact: Jo Fratessa - 916-759-8760.

## Hearing Support Group

BY JOANNE MITCHELL

Last month our group enjoyed an excellent, informative presentation on services provided to the older population, including assistance with getting to appointments, even if it means traveling outside the county. We hope to have them write an article for the Compass, outlining many more of their services. For December, Dr. Beverly Chang will be speaking to us about the connection between hearing loss and dementia. Our meeting will take place in the OC Multipurpose Room at 10AM on December 3.

(more Club News cont' on page 17)

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| \$700,000                  | \$17,500                             | \$10,500                              | \$7,000                           |
| \$800,000                  | \$20,000                             | \$12,000                              | \$8,000                           |
| \$900,000                  | \$22,500                             | \$13,500                              | \$9,000                           |
| \$1,000,000                | \$25,000                             | \$15,000                              | \$10,000                          |

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## Multiple Sclerosis Group

BY JERI DI FIORE

All MS members and guests are cordially invited to celebrate our Traditional Holiday Party and Bingo: Friday, December 20, 1 PM, In the Lincoln Room, next to Kilaga's Kitchen.

Joni Deutsch and Corene Bennett will be hosting the gala. If you have not paid your \$10 for lunch, email Corene for reservations and instructions.

Coralyn@comcast.net  
RSVP by 12/18



Lunch includes a sandwich, chips, cookie, and water. Such a deal!

At the party, in addition to Bingo, we'll honor Donors and Fundraisers who helped with the amazing and fantastic achievement of our Lincoln Trailmixer team winning #1 in The Folsom and Central Valley walks.

See you on Friday 12/20.

## S.C.H.O.O.L.S.

BY PATTI KINGSTON

Happy Holidays to you and your families. Don't forget that teachers are asking for help in the classroom. There will be holiday art projects and year end projects to help complete. You can volunteer in grades K-5 or at Phoenix High School where tutors help with English, Math or History. Some volunteers correct papers and make copies of school work sheets for the teacher without being in the classroom. Most enjoy the contact with young people.



Jane Hall with art projects.

The days and hours of service are up to the volunteer. No teaching experience is necessary. Many volunteers are in the classroom 1 day a week for a few hours. They work closely with the teacher and are under her direction. The school district has thanked us for our help and we know we are appreciated.

If you have volunteered in the past and would like to share your experience, contact Patti at pkingston@att.net to tell your story. If you would like to write an article about your time in a classroom, you can submit it to Patti. Some volunteers have been profiled in past issues of this newspaper and there are many volunteers with interesting classroom experiences.

To volunteer at Phoenix High School contact Irma at jmeidm@aol.com. To find out about volunteering in elementary schools K-5 contact Cyndi at ccolloton@yahoo.com.

## Democrats

BY JUDY GANULIN

Of course we Democrats are disappointed in the results of the Presidential election but, as the song goes, we "pick ourselves up, dust ourselves off and start all over again." We look forward to the next election and will be working hard and preparing for better outcomes in the future. Meanwhile, we are delighted that Adam Schiff has won the U.S. Senate seat. We will have a Gratitude Party on November 22 to thank all the volunteers who worked so hard, and on December 19 we'll have our annual holiday dinner. For more information please see our website, <https://democraticclubLincolnca.org>.

## Writers' Group

BY RAY BIRGE

The winter holidays are soon upon us. Whatever the reason, it is time to be with family, make new friends and memories. It is described as the season adorned with twinkling lights, festive decorations and sounds of special melodies.

So, what are some fun things to do? How about (1) Decorating and showing off your collectibles (2) Opening presents and watching the children glow with joy. (3) Watching reruns of Classic Holiday shows on TV with family (4) Eating, Eating and Eating. I've been told there are no calories in food on Christmas. You may not, but I choose to believe it.

All writers, beginners and seasoned, share the same challenge. What do we write about? Just listen to the family stories being shared over dinner or in the living room. Everyone has a story. Some may be sad, some funny and

some just warm memories. The Holidays have a way of bringing them out. Remember, if you can tell it, you can write it!

We are proud to be the SCLH Writers' Group dedicated to encouraging the growth and development of members in meeting their individual writing objectives. We want to be the most creative organization possible by providing feedback and constructive suggestions to our members and have fun doing it. We author short stories, novels, poetry and even memoirs.

We normally meet on the 2nd and 4th Monday from 5 to 7 pm in the Computer Room (OC). BUT we will skip our December 23, 2024, meeting to prepare for the Holidays. Hopefully, we'll see you before then, but if not, Happy Holidays to everyone from the Sun City Writers Group.

Any questions call Ray Birge 909-965-3558 or raybirge@aol.com

## LH Amateur Radio Group

BY DAN LEHRER, KN6DRN

The Ham bands were packed with operators for the CQ World Wide DX Contest back in October. We had dozens of QSO's (contacts) with 9 countries, 12 zones and accumulated 1,071 points. Our farthest country was Morocco, 5,979 miles away! Sal, WC6SAL, shared some of his secrets to success on FT8. By varying odd versus even frequencies one could improve chances of successful contacts. Dan, KN6DRN demonstrated how to convert log entries into Cabrillo format for contests. LHARG crewed a table at November's New Resident Orientation. Hams & Coffee was festive and fun. We look forward to a Happy New Year.

Meetings are held at the South Tower every Monday night at 6:30 PM. Our club conducts a weekly radio network at 7:00 PM every Monday on the W6LHR Repeater at 147.030 MHz, 167.9 PL. If you are looking for a way to engage in the community and have an interest in amateur radio, please check out the LHARG. We can help with programming handheld radios. For more LHARG information visit our Website, the URL is: [lharg.us](http://lharg.us) or email [dlehrer72@gmail.com](mailto:dlehrer72@gmail.com)

## LH Veterans Group

BY STEVE WITMER

Veterans Group members and friends will gather in the Orchard Creek Ballroom on December 5 for the annual holiday luncheon. Plans for next year's social events include St. Patrick's Day, Flag Day, Oktoberfest and year-

end holiday gatherings.

Planning is underway for 2025, and the group is looking for a few good volunteers. If you or someone you know would be interested in serving as a member of the group's board of directors, please contact Jeff Davis, president, at 408-483-2860 or [jdavis879@me.com](mailto:jdavis879@me.com). We're also looking for a social events coordinator and a person to serve as backup to our public relations officer. The social events coordinator finds and oversees coordinators and other volunteers for 4-5 major social functions a year. He or she acts as the link between the board of directors and these volunteers. If interested, contact Shirley Schultz, 916-645-7539, [sstlouis@gmail.com](mailto:ssstlouis@gmail.com). We're also looking for a public relations assistant, who would apply their writing/editing skills, PR/outreach experience and a basic capability in digital publishing to the group's internal and external communications. For more information or to volunteer, contact Steve Witmer, 916-408-2455, [switmer@ymail.com](mailto:switmer@ymail.com).

A sociable group of veterans gathers informally from 8:00 to 9:00 a.m. on Monday, Wednesday and Friday mornings in the Kilaga Springs Café. The group is always looking for more vets to show up and enjoy the fellowship. If you're interested in coffee and lively conversation with people with a wide range of military experience, stop by and join in.

Dedicated members of the Veterans Group man our flag-sales table in the Orchard Creek lobby on the 15th day of every month. They play a key role in keeping residents supplied with high-quality American flags and performing a valuable recruiting function for the group. Stop by the group's table and pick up a bright new flag that you can fly with pride.

## Republican Club

BY SUE DUMAS

Wishing everyone a very Merry Christmas & Happy New Year! The future is definitely brighter after November 5th! If anyone can unite our country... it is our new President!

The Republican Club Victory Party was well attended! Well over 100 Club Members gathered in the (KS) Placer and California Rooms to celebrate the election Victory of President Donald Trump and VP J. D. Vance. Congressman Kevin Kiley and Assemblyman Joe Patterson, along with various other School Boards, City and County candidates also secured their seats.

Optimism and hope prevailed in jubilant celebration! Time spent holding up signs, going door to door, registering and reaching out for people to vote, paid off in spades! Thank you,

(cont' on page 20)



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| <b>Ruby Princess ~ 3080 Passengers</b>   | Jan. 30, Mar. 19, Oct. 30- 2025        | \$1,588         | \$1,674           | \$2,462 |
| Sail round trip from San Francisco, California to Kauai, Nawiliwili Hawaii; Honolulu, Hawaii; Hilo, Hawaii; Ensenada, Mexico; San Francisco, California.   |  |                 |                   |         |
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| <b>10 Day CANADA AND NEW ENGLAND! PRINCESS</b>   |  |                 |                   |         |
| <b>Majestic Princess ~ 3560 Passengers</b>   | Sep 9, 19, 29, Oct. 9-2025             | \$1,398         | N/A               | \$2,221 |
| Sail from Boston, ME; Portland, MA; St. Johns Bay; Halifax, CA; Sydney, CA; Charlottetown, CA; Saguenay, CA; Quebec City, Canada   |  |                 |                   |         |
| <b>11 Day ALASKA From SFO! PRINCESS</b>  |  |                 |                   |         |
| <b>Ruby Princess ~ 3080 Passengers</b>   | Jun. 28, Jul. 9, 31, Aug. 22-2025      | \$1,448         | \$1,934           | \$2,288 |
| Sail round trip from San Francisco, California to Skagway, Alaska; Juneau, Alaska; Glacier Bay National Park, Alaska; Ketchikan, Alaska; Prince Rupert, BC, Canada; San Francisco, California.   |  |                 |                   |         |
| <b>*LINCOLN SHUTTLE TO SHIP AVAILABLE!</b>   |  |                 |                   |         |
| <b>11 Day MEXICO From SFO! PRINCESS</b>  |  |                 |                   |         |
| <b>Ruby Princess ~ 3080 Passengers</b>   | Jan. 19, Mar. 8, Sep. 24-2025          | \$948           | \$1,091           | \$1,968 |
| Sail round trip from San Francisco, California to Manzanillo, Mexico; Puerto Vallarta, Mexico; Mazatlan, Mexico; Cabo San Lucas, Mexico; San Francisco, California.  |  |                 |                   |         |
| <b>*LINCOLN SHUTTLE TO SHIP AVAILABLE!</b>   |  |                 |                   |         |
| <b>16 Day PANAMA CANAL - PRINCESS</b>  |  |                 |                   |         |
| <b>Coral Princess ~ 2000 Passengers</b>  | Jan. 20, Dec. 7- 2025                  | \$1,950         | \$2,070           | \$2,470 |
| Sail from San Francisco, California to Fort Lauderdale visiting Puerto Vallarta, Mexico; Puerto Quetzal, Mexico; Guatemala; Puntarenas, Costa Rica; Fuerte Amador, Panama; Full Transit of the Panama Canal; Cartagena, Columbia; Fort Lauderdale, Florida.  |  |                 |                   |         |
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| <b>11 Night ALASKA DENALI EXPLORER EXCLUSIVE CRUISETOUR - PRINCESS</b>   |  |                 |                   |         |
| <b>Sapphire Princess ~ 2670 Passengers</b>   | Jun. 10, Jul. 22, Aug. 19, Sep. 2-2025 | \$2,792         | \$2,842           | \$3,892 |
| Land and Sea includes a 4-night land tour and a 7-day Voyage of the Glaciers Cruise. 1-night Anchorage, 1-night Mt. McKinley, 2 nights Denali. Cruise one way from Anchorage, Alaska; Glacier Bay Scenic Cruising; Hubbard Glacier Cruising; Skagway, AK; Juneau, AK; Ketchikan, AK; Vancouver, Canada. *Package includes 3 breakfasts, 2 Dinners, Upgraded Denali Tour, Husky Homestead Excursion and a Welcome Reception on the ship! Call for Availability! |  |                 |                   |         |
| <b>7 Day CLASSIC CALIFORNIA From SFO! PRINCESS</b>   |  |                 |                   |         |
| <b>Ruby Princess ~ 3080 Passengers</b>   | Apr. 27, Oct. 12-2025                  | \$978           | \$1,049           | \$1,288 |
| Sail round trip from San Francisco, California to Astoria, OR; Seattle, WA; Vancouver, Canada; San Francisco, California.  |  |                 |                   |         |
| <b>*LINCOLN SHUTTLE TO SHIP AVAILABLE!</b>   |  |                 |                   |         |
| <b>22 Day ULTIMATE ALASKA SOLSTICE From SFO! PRINCESS</b>  |  |                 |                   |         |
| <b>Ruby Princess ~ 3080 Passengers</b>   | Jun. 6-2025                            | \$3,198         | \$4,154           | \$5,898 |
| Sail round trip from San Francisco, California to Ketchikan; Endicott Arm & Dawes Glacier Scenic Cruising; Haines; Sitka; Glacier Bay & Hubbard Glacier Scenic Cruising; Valdez; Anchorage; College Fjord Scenic Cruising; Icy Strait Point; Skagway; Juneau; Wrangell; Vancouver, Canada; Victoria, Canada; San Francisco, California.  |  |                 |                   |         |
| <b>*LINCOLN SHUTTLE TO SHIP AVAILABLE!</b>   |  |                 |                   |         |

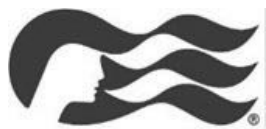
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| <b>8 Day MISSISSIPPI Cruise</b><br>Viking Mississippi- 386 Passengers<br>Package includes your home to the Sacramento Airport, Round trip Sacramento airfare, Airport Meet-And-Greet with transfers, WIFI, an included excursion at each port. 8-day Viking River Cruise in standard accommodations with a window.<br>Sail from New Orleans to Memphis visiting Darrow, St. Francisville, Louisiana; Natchez, Vicksburg, Greenville, Rosedale, Mississippi; Memphis, Tennessee.                     | <b>January - December 2025</b><br><b>INCLUDES ROUND TRIP SACRAMENTO AIRFARE!</b>    | <b>\$3,999</b>                            |
| <b>32 Day SOUTH PACIFIC ISLANDS AND HAWAII From LAX! PRINCESS</b><br>Sapphire Princess ~ 2670 Passengers<br>Sail round trip from Los Angeles, California to Kauai, Nawiliwili Hawaii; Honolulu, Hawaii; Pago Pago, American Samoa; Cross the International Date Line; Apia, Western Samoa; Suva, Fiji; Dravuni Island, Fiji; Cross the International Date Line; Tahiti, French Polynesia; Moorea, French Polynesia; Los Angeles, California.  | <b>Oct. 15-2025</b><br><b>\$2,788    \$3,140    \$4,988</b>                         |   |
| <b>7 Day DREAMS OF TAHITI Cruise</b><br>Windstar Yacht ~ Star Breeze ~ 312 Passengers<br>Board your Windstar Yacht and sail round trip Papeete, Tahiti visiting the French Polynesian Islands of Moorea, Raiatea, Motu Mahaea (Tahaa, Bora Bora, Huahine, and back to Papeete in an Ocean View Suite. Don't put it off any longer. Book your Tahiti trip today!<br><b>Call your Tahiti experts at Club Cruise!</b>  | <b>January- December 2025</b><br><b>INCLUDES ROUND TRIP SAN FRANCISCO AIRFARE!!</b> | <b>\$5,488</b>                            |
| <b>14 Day ANCIENT MEDITERRANEAN Cruise</b><br>Windstar Yacht ~ Star Star ~ 312 Passengers<br>Board your Windstar Yacht and sail from Athens, Greece; Monemvasia, Greece; Gythion, Greece; Messina, Sicily; Sorrento, Italy; Ponza, Italy; Rome, Italy; Portoferraio, Italy; Bastia, Italy; Calvi, Italy; Mahon, Spain; Palma De Mallorca, Spain; Barcelona, Spain in an Ocean View Suite. Ask about the all-inclusive package and pre and post hotel extensions!                                    | <b>April - October 2025</b><br><b>INCLUDES ROUND TRIP SACRAMENTO AIRFARE!!</b>      | <b>\$5,550</b>                            |

Prices are per person based on double occupancy and subject to availability at the time of booking. Taxes, Fees, & Port Expenses as well as Travel Insurance are additional. Please call for current availability and pricing.

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**Republican Club**

(cont' from page 17)

volunteers! Your time and energy drove the Trump Train!

Welcome to the nine new members who signed up at the Victory Party!

Our next event will be a Christmas celebration – “Candyland Christmas” – (KS) - California and Placer Rooms. This will be a Members Only event due to limited seating. (Waiting list for guests). Thursday, December 5, 2024 – from 1:00 PM to 4:00 PM. It will be a Christmas Luncheon with no-host bar. Cost will be \$14.00 per member. A portion of proceeds will help fund the Beale AFB Family Support Christmas gift.

Get your reservation and check payable to Republican Club SCLH, in early! RSVP to Diana Peters, 916-541-6632 or email to [RSVP@RepublicanClubSCLH.org](mailto:RSVP@RepublicanClubSCLH.org). Please mail your check to: Diana Peters, 1150 Sun Flare Ct., Lincoln, CA. 95648. Deadline is December 1st!

[www.RepublicanClubSCLH.org](http://www.RepublicanClubSCLH.org)

**Food Adventures Club**

BY PAUL R. WANKLE

2024 was a growth year for the Food Adventures Club (FAC), filled with fun food adventures. Club members enjoyed a wide range of food and beverage experiences in over 30 separate events, from French cooking to edible flower arranging to gathering for appetizers in members' homes. In late October, we hosted the club's largest event ever, a paella dinner/dance attended by over half of our 450 members. It was a wonderful evening with four paella options, dancing to



Paella

the Ma Barker Band, and the opportunity to visit with new and long-time members. In November, over 100 members enjoyed a visit to the Colwell Thundering Herd Ranch in Penryn, for a talk on the history of agriculture in Placer County, a tasting of Colwell products, and the opportunity to shop for locally grown mandarins, olive oil, and other items. Our final meeting of the year was held in December where we elected our new leadership team for 2025. Congratulations to President Wendy Nugent, Vice President Paul Wankle, Treasurer Katie Bloom, and Secretary Patricia Wick. To celebrate after the meeting, over 100 members enjoyed a cookie exchange, hot chocolate, and socializing. 2025 will start with a general club meeting in Presentation Hall on January 20th, followed by the always popular soup sharing event. For information on future activities, please contact us at [foodadclub@gmail.com](mailto:foodadclub@gmail.com)

(more Club News cont' on page 21)

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### Apple User Group

BY NINA MAZZO

Managing passwords, passkeys, and verification codes is a breeze with iOS18, iPadOS18, and macOS Sequoia. You can create your own or generate and save strong passwords, share them with friends and family, customize them, and more. For all the details, check out the November issue of the Cider Press on our club website.

Unfortunately, there won't be any meetings or presentations in December. But don't worry, we've got open labs for members on December 4th and 18th. Check club website calendar for January meetings; seminars and open labs.

And for those who receive a new Apple product during the holidays and need some help, head over to our club website for tutoring and support services.

Happy holidays!

LH Apple User Group website: [www.LHAUG.org](http://www.LHAUG.org)

General information line: 916-913-6833

### LH RV Group

BY MARY CARBREY

Who knew? Who knew the town of Oroville held so many hidden treasures? Last month, with the Fall colors on full display, our group spent five days at the Feather Falls RV Resort near Lake Oroville. When we weren't getting pummeled by falling acorns, we were treated to private tours of the Lake Oroville Dam and Fish Hatchery, a pioneer museum, a Chinese museum, and even the United States' only "Tool" museum! In the evenings, we enjoyed games in the clubhouse or bundled up



Salmon Ladders at Lake Oroville Fish Hatchery.

around the campfire. A "howling" good time was had by all, especially our furry friends.

See our website at [www.lhrvg.com](http://www.lhrvg.com) to learn more and join us on the second Thursday of each month at Kilaga Springs, 4:30 PM in the Placer Room. For general information, contact our club president, Jake Baker at 916-838-5253 or [JBaker525311@gmail.com](mailto:JBaker525311@gmail.com)

For membership contact Tari Briscoe at 530-210-3302 or [Taribriscoe@gmail.com](mailto:Taribriscoe@gmail.com).

### LH Sports Car Club

BY ROB PHILLIPS

2024 is coming to an end and the Sports Car Club is wrapping up a great year of rides, socials and camaraderie. This year members enjoyed 18 rides, 3 Social events, and 2 Mini-Car Shows. The last ride we took was a short one to the 1st and Joiner Fire Station for the Lincolns Firemans' Turkey Drive for our annual Turkey & Toys for Tots Drive November 21. Our final social event is the elegant Christmas Dinner Dance at Catta



Turkey & Toys for Tots Drive Last Year.

A new LHSCG Board was elected at the November meeting and will begin planning soon for the 2025 Season and look forward to continuing to enjoy the highways and backroads in our cars as well as the opportunity to share these good times with friends.

There are currently 89 household with 161 members in the Sports Car Club.

If you are interested in joining or want to learn more about the club visit our website at [lhsportscars.com](http://lhsportscars.com), or contact Edy Ternullo at [edyternullo@yahoo.com](mailto:edyternullo@yahoo.com)

### Rods & Relics

BY ELNA RAGAN

On October 29, Ralph Colunga, Downtown Lincoln Car Show Chair, held his first meeting with the Committee Chairs. The 2025 Car Show, to be held on Saturday, June 7, is shaping up to be another successful event!

On Thursday, October 31, members attended the Sierra Regency Car Show in Roseville. We have always looked forward to visiting Independent Living Communities, meeting the people, and enjoying the great food and music!

There were three Club activities that members participated in in November.

Saturday, November 9, found several of our members at Starbucks at Twelve Bridges for a mid-morning get-together! The coffee and pastries hit the spot!

The Friends of the Lincoln Library held its 2nd book sale of the year on Saturday, November 16. Club members Mike Fraga, Carol and Dan Larsen, George Funk, and Rich Ragan helped move hundreds of books from the Office to the Meeting Room the day before the sale. After the sale, the unsold books

were returned to the Office. The sale was a "huge success" and the library appreciated our Club's volunteers!

On Thursday, November 21, Club members participated in the 11th Annual Turkey Drive hosted by the Lincoln Firefighters. Frozen turkeys were delivered to Fire House #34 at the corner of Joiner Parkway and 1st Street. The collected turkeys will be distributed to the local Salt Mine and the Placer Food Bank.

Club members are looking forward to participating in the Hometown Christmas Parade on Saturday, December 7. The parade starts at 4:30 p.m. at 5th and B Streets. The Parade vehicles will be decorated... many with festive lighting!

This year our Club's Christmas event will be a luncheon held on Monday, December 16 at the Orchard Creek Ballroom in Del Webb, Lincoln. In addition to a selection of delicious hot buffet entrees and tasty desserts, there will be games, and music. Every year our Club contributes unwrapped children's toys to the Toys for Tots organization.

Wishing everyone a safe, happy holiday season!

The Rods & Relics Car Club is always looking for new members. All owners of vehicles model year 1979 or before, or replicas of such vehicles, are eligible to be regular members. For more information, check out our Web Site listed below.

Contact: Tom Indrieri, President 916-645-2035; Mike Fraga, Membership Director 916-812-2749.

Web Site: [www.rodsnrelics.net](http://www.rodsnrelics.net)

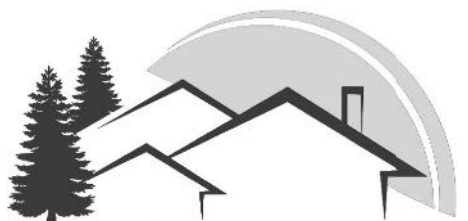
(more Club News cont' on page 23)

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## LH Travel Group

BY LINDA BEVINS &  
JOANNE SCHUMACHER

Happy Holidays to all the Lincoln Hills Travel Group travelers, friends and family!

It has been an exciting travel year, and we would like to extend a special invitation to everyone to attend our next Travel Show and see all the wonderful trips for the upcoming years.

Our next show will be Wednesday, January 22 in the Willow Room of the Lincoln Public Library. Again, we will have two sessions: 1:00 and 3:00 pm. RSVP: email your name, phone number, email address, which session you would like to attend and the number of people in your group to [travelgroup1h@gmail.com](mailto:travelgroup1h@gmail.com). The show is free!

Last month the newsletter highlighted our Canadian trips. But perhaps you would prefer to stroll through the Countryside and Coasts of England. Or enjoy one of the places that is on everyone's bucket lists - Mackinac Island! These and more tours (Australia & New Zealand, Costa Rica, India) can be found on our website: [www.lincolnhillstravelgroup.com](http://www.lincolnhillstravelgroup.com).

All trips include airfare and rides to/from the airport. You can sign up on our website with a secure link directly to Collette's website. As always, contact any committee member to answer questions, get assistance or ask about a destination YOU are interested in visiting.

All Travelers must be members, but you do not have to live in Sun City Lincoln Hills to be a member. To join, check the website for a membership application; dues are \$15 per year.

If you are interested in meeting new friends to perhaps travel with - come to a Solo Travelers meeting. For more information on this group, please contact Lisa Viviano.

Enjoy your holidays and see you at the travel show in January.

Lincoln Hills Travel Group Leaders — Joanne Schumacher 415-999-1242 [jkschumacher1@gmail.com](mailto:jkschumacher1@gmail.com); Louise Kuret Auerbach 916-408-0554 [louisekuret@att.net](mailto:louisekuret@att.net); Lyle Auerbach 916-847-6544 [lea925@att.net](mailto:lea925@att.net); Linda Bevins 916-666-7627 [djbevin17@gmail.com](mailto:djbevin17@gmail.com); Lisa Viviano 916-798-7462 [lisav4747@gmail.com](mailto:lisav4747@gmail.com)

• • •

## Garden Group

BY LORRAINE IMMEL

As we wrap up another year of green thumbs, shared smiles, and Garden Group events, we encourage members to use this time to imagine how your gardens can take shape next Spring. Use the next months to go through garden catalogs/magazines and walk through

nurseries to get ideas of how your garden can "come alive" with color and veggies! Picking roses from your own yard is so gratifying and roses/perennials/herbs grow very well in Sun City gardens! Whether you're growing a small herb garden on your windowsill or tending to a larger outdoor garden, the act of gardening can be deeply beneficial to your health, well-being, and overall quality of life. Spring is the nation's very own happy pill!

Don't forget the trees that provide a wide range of benefits to the environment, society, and human health. Trees absorb carbon dioxide (CO<sub>2</sub>) and release oxygen through photosynthesis, which helps improve air quality. They also filter pollutants like sulfur dioxide, ammonia, and nitrogen oxides, which can reduce respiratory problems in humans and animals.

There are no other Garden events in December other than the Holiday Luncheon "Let it Snow" and reservations for that are filled.

• • •

## Bird Group

BY SHERRY SINGER

Residents of Sun City Lincoln Hills are very fortunate to have 26 miles of wildlife preserve and neighborhood fitness trails available to walkers, dogs on leashes, runners and cyclists, not to mention bird watchers.

But birdwatching does not have to be limited to the local trails.



Here are a few examples of some of the birds seen in recent outings to areas outside of our neighborhood:

A rare sighting of Phainopepla at the Effie Yeaw Nature Center along the American River in Carmichael

A Red-Tailed Hawk in the Vic Fazio Yolo Wildlife Area (see accompanying photograph by Sal Acosta)

Snow Geese at Gray Lodge in Gridley  
Sand Hill Cranes at Consumnes River

Preserve in Walnut Grove

And featured at our November 11 meeting, Carol Smith, a new resident of SCLH, shared her bird photos from her trips to Florida, North Carolina's Outer Banks, and Costa Rica. Her website, full of beautiful pictures of Snail Kites, Bald Eagles, Hummingbirds, Skimmers, Ospreys and more, is

[www.infocusdaily.com](http://www.infocusdaily.com)

Future Bird Walks — Note: Walks depart from the OC gym parking lot @8am.

December 13 – Sacramento National Wildlife Refuge, Willows CA in Colusa County

Future Meetings — Note: Meetings are always held at 1:30pm @ Kilaga Presentation Hall

December 9 - JD Bergeron of International Bird Rescue will make a return visit. His talks are always a highlight.

January 13 – Sal Acosta, our former chairperson, and Suzanne Hutchinson will share their photos and experiences in The Birds of Borneo.

Special Event: SCLH Bird Group members will again be participating in the Christmas Bird Count on December 26. (<https://www.audubon.org/community-science/christmas-bird-count>) Members of the Bird Group have been participating in this citizen-science endeavor since 2009 and have cited 56,000 total birds.

For bird lovers who also love to read: Be sure to take a look at a new release "The Backyard Bird Chronicles" written and illustrated by Amy Tan ("Joy Luck Club").

Contact Information:

Visit us at our website [www.sclhbirders.org](http://www.sclhbirders.org)

Or contact Don Fallon, our chairperson at [donfallon102@gmail.com](mailto:donfallon102@gmail.com)

• • •

## LH Cyclists

BY TOM FRADY

The Lincoln Hills Cyclists have been vibing with their besties recently, thanks to the hard work of the Social Committee. Way back in June it was beer at Fowler Ranch Brewery, then in September our annual Potluck at the Sports Pavilion. Come for a very brief business meeting, stay the food.

While not an official LHC event, the 22nd Tour de Lincoln was held October 19. Many club members play an integral part in the planning and execution of the ride, which is fund raiser for Lincoln Rotary Foundation. The after-ride BBQ is always great and a good place to talk to friends. Of course, a high percentage of the riders are from our club.

On November 7, we met for fun'n'fellowship

(read: beer) at Moksa Brewery in Roseville. I see a bit of a pattern here. There was a good turnout of both club members and S.O.B.s (Spouses of Bicyclists.)

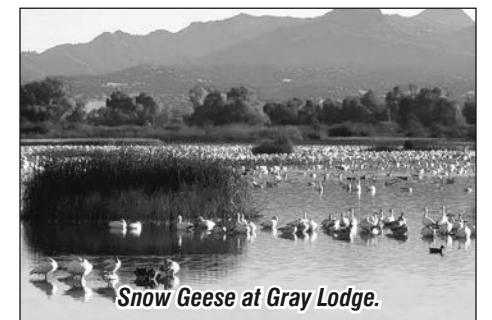
But we're not all fun'n'beer. We have a brilliant slate of officers to be voted on at our January 2025 meeting. We greatly appreciate these folks stepping forward. President: Greg Sandusky; Vice President: Joan Hasset; Treasurer: John Wright; Secretary: Lisa Leto. There is much work that goes on behind the scenes so the general membership can ride, ride, ride (and sometimes drink beer).

• • •

## Hikers and Walkers

BY GAY MACKINTOSH

Unless the weather outside is frightful, LH Hikers and Walkers will be out enjoying the trails. Find delightful places to explore with us at our website [lincolnhillshikers.org](http://lincolnhillshikers.org). We'll wrap up our hiking year with a special outing to see the snow geese at Gray Lodge Wildlife Refuge on December 30.



Walkers meet every Wednesday at 8:00 AM on our own SCLH trails. Choose a brisk 2½-3-mile trek or a slower-paced Walk for Wellness with Karl Aitken, [karlaitken@comcast.net](mailto:karlaitken@comcast.net). Call Coordinator Debbie Schryver, 916-666-1741, with questions about the Walkers.

Here's our December hike schedule as of press time. Check back often for changes.

- Tuesday, December 3. Cronan and Magnolia Ranches (Pilot Hill). Moderate 5-mile loop through grasslands with American River views plus optional 2-mile Magnolia loop.

- Friday, December 13. Winchester Loop (Meadow Vista). 6 miles of paved and unpaved trails through Winchester Country Club with views of woodlands and Sierras.

- Thursday, December 19. Holiday Hike to Lunch at Timbers (Roseville). Easy 3.5 miles on Sun City Roseville nature trails. RSVP for lunch at Timbers or bring your own.

(cont' on page 26)

## SUN CITY REAL ESTATE UPDATE

There are four types of buyers we are seeing in Sun City right now and they all are willing to pay different amounts for a home. At the base, are those buyers looking to buy homes that are in bad shape at significantly lower prices. Next is the buyer who wants a cosmetic fixer that needs carpet, paint, appliances and most likely kitchen counters. They are looking for discounted homes but not in such bad shape as to require more significant investments. Next are those willing to take dated interiors as long as they are clean and in move in condition. Last, and these buyers are willing to pay a premium, is the home that has been fully updated, kitchen, flooring and baths. These buyers have been paying a premium. On homes valued at \$550,000 in clean but not remodeled homes, the range in values between these buyers is \$460,000-\$650,000. Quite the range, where does your home fall?



WRITTEN BY GEORGE BROWN  
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★★★★★ I got several estimates for my bathroom remodel - LISAC was somewhere in the middle. I picked them because of the product; no grout lines with the appearance that the entire bathroom was one piece. It turned out AMAZING. Even better than I had anticipated. They do great work, always on time, and didn't drag the job out. J.G. from Sacramento

★★★★★ Wonderful company. The product is beautiful. The crew arrived on time and were conscientious, professional and courteous. H.M. from Lincoln

★★★★★ We couldn't be happier with the beautiful walk in shower and vanity with integrated sinks that Stanko and his crew constructed for us using the fabulous Kerrock product! Everyone involved was very professional, efficient, and attentive to details. We are going to love the easy care and timeless beauty of our new seamless shower, vanity and sinks! Thank you so much!! J.W. from San Francisco

★★★★★ We have had almost our entire house re-modeled and have worked with numerous contractors. Some of them were great and some were a complete nightmare. LISAC far exceeded my expectations in both customer service and workmanship. Our project consisted of a full master and guest bathroom remodel. We love our seamless shower and vanities. We would highly recommend this company. S.W. from Sacramento



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# "I Have Hope Again"

Roseville resident, Dawn R. had been experiencing the painful effects of Peripheral Neuropathy, "my feet and legs hurt, tingled and burned, all the time and my doctor told me there was nothing they could do. I was told that I would have to take Gabapentin for the rest of my life, that wasn't okay with me." Then she started treatment with acupuncturist, RaeAnn Salvador.

Peripheral Neuropathy is the pain, discomfort and numbness caused by nerve damage of the peripheral nervous system. Dawn explained that daily tasks like opening doors and using the bathroom were overwhelmingly painful. "How can you live for the next 20 years when you don't even want to get out of bed to do simple things?"

She was experiencing the burning, numbness, tingling and sharp pains that those suffering with neuropathy often describe. "The way that I would describe it, it's equivalent to walking on tacks all the time." Dawn hadn't worn socks in five years and was wearing shoes two sizes too big so that nothing would 'touch' her feet.

**Unfortunately Dawn's story is all too familiar for the over 3 million people in the U.S. suffering from Peripheral Neuropathy.**

If you are unfortunate enough to be facing the same disheartening prognosis, you're not sleeping at night because of the burning in your feet, you have difficulty walking, shopping or doing any activity for more than 30 minutes because of the pain.

You're struggling with balance and living in fear that you might fall. Your doctor told you to "just live

with the pain" and you're taking medications that aren't working or have uncomfortable side effects. Just know that there are options.

Fortunately, three months ago, Dawn read an article about Lincoln Acupuncture and the work being done to treat those suffering from Peripheral Neuropathy without invasive surgeries or medications. She can now share how significantly her life has been changed

**"Now when I go to bed at night I don't have those shooting pains. I don't have that burning sensation. I can let the sheets touch my feet and it isn't painful," Dawn enthusiastically describes life after receiving treatment. "I can wear socks and shoes and I can enjoy working in my garden."**

At Lincoln Acupuncture, results are achieved using the time tested science of Acupuncture combined with technology originally developed by NASA that assists in increasing blood flow and expediting recovery and healing to treat this debilitating disease.

What differentiates Lincoln Acupuncture is the use of the most cutting edge and innovative integrative medicine. Specializing in chronic cases, specifically those that have been deemed 'hopeless' or 'untreatable', Dr. Salvador consistently generates significant results. What was once a missing link in senior healthcare is now easily accessible to the residents of Placer County.

If you've missed too many beautiful days outside because of pain or you've passed on dancing along to songs of your youth because you're afraid of falling, it's time to give yourself a new opportunity.

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### Hikers and Walkers

(cont' from page 23)

• Monday, December 30. Gray Lodge Wildlife Refuge (Gridley). Easy 5 miles on refuge trails to view thousands of migrating Snow Geese and many other birds.

Our gala Holiday Party with dinner buffet is Tuesday, December 10. Reservations are filled, but

contact Gay Mackintosh, Vice President for Hikes, [mackintoshbg@msn.com](mailto:mackintoshbg@msn.com) or 916-209-3628 to get on the wait list.

Call President Tom Denzler, 530-368-2564, for more information about LH Hikers and Walkers. New members are always welcome: see website "About Us/Join Us" tab.

• • •

### Softball

BY HEIDI MAZZOLA

As the year winds down and the holiday season is upon us, we're excited to share that Fun Ball is still going strong with plenty of enthusiasm! There's always room for more players, so come out and give it a try. We meet every Wednesday and Saturday morning, weather permitting.

A quick reminder: any proposed rule changes for 2025 must be submitted to Commissioner Karl Wenzler by January 31. You can find his contact information on our website under the "Board" tab. Additionally, nominations for the 2025 Hall of Fame are due to Bec Cannistraci by December 31, with the application form and instructions also on our website. Bec, who has done an exceptional job over the years, will be stepping down from the Hall of Fame Committee, so we're looking for a dedicated volunteer to take his place. Contact



Fun Ball 2024 — Ron Greeno goes deep.

any Board Member if you are interested.

Finally, the Board will begin planning for the summer season in January with three new Board Members and much to do. Until then, the LHSSL Board Members wish everyone a joyful holiday season!

Please check our website for contact information, Hall of Fame submission instructions, and updates at [LHSSL.net](http://LHSSL.net)

• • •

(more Club News cont' on page 27)



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## Swimmers & Water Walkers Club

BY ROSEMARY TANFANI

Since ancient times, humanity has created and listened to music. Music makes us feel good, reduces anxiety, and lowers blood pressure and heart rate. We see joggers, walkers and exercisers listening to music in their ears, so why not do it in the pool?

The simplest way to listen to music while in the pool is to wear a pair of waterproof Bluetooth headphones that connect to your smart phone or a portable media player (iPod, for example) wirelessly. You must leave your device out of the water, on a chair or dry place near the pool. But, this method may lead to frequent signal loss. (The recommended maximum distance for Bluetooth is about 30 feet.) But, Kathy Carpenter, Swimmers and Water Walkers President, says, despite the

distance requirement, she gets good reception in the KS pool on her iPod.

A weather proof phone case with waterproof wired ear buds can solve the signal problem, with having your phone strapped to your arm or neck. But, the phone and ear buds can hinder your movements.

A waterproof MP3 player is probably the best way to listen to music while water walking or swimming. The players are light weight, and come with a pair of high-quality waterproof ear buds. You can purchase an all in one player, or bone conduction headphones with a built-in MP3 player that connects near the ears. You can find them on line for as little as \$40.

Club members have said that listening to music, "makes the laps go faster, relieves the boredom and lifts the spirits." Is it time to give it a try?

Club contact: Kathy Carpenter at swimmers.walkers@gmail.com

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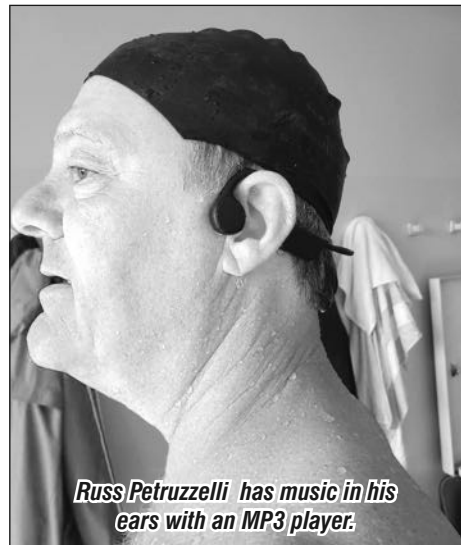
## SCLH Water Volleyball

BY HOLLIS BISCHOFF

Splash into the new year! Looking for a unique way to jumpstart those healthy New Year's Resolutions? Come join us! We offer recreational play with a softer ball and multiple levels of competitive play with a harder, regulation water ball. Play opportunities Monday-Thursday and Saturdays.

Want to try us out? Come to a free drop session any Saturday at 9 am. Please contact us beforehand so we can let you know where to meet and what to bring. Find us at LHWaterVolleyball.com or call Jerry Grisler at 209.648.9534. Not sure if you have the skills? Attend a Skills and Drills class the first Tuesday night of the month.

• • •



Russ Petruzzelli has music in his ears with an MP3 player.

## LH Tennis Group

BY PAM FLAHERTY

Tennis players are out taking advantage of the beautiful Fall weather and have been busy participating in our annual Octoberfest Tennis Tournament, Tuesday and Thursday night mixed doubles, Live Ball, Ball Machine practice and league play. Check out all events on our website [www.sclhtg.com](http://www.sclhtg.com). We are excited to report that our first annual Membership Appreciation Day was a huge success with over 90 members enjoying music, games, gifts, raffles and lunch! This event was designed to let our members know that we value their membership. Thank you all LHTG Members!

Club members can sign up for a free fifteen-minute skills assessment with our Tennis Professional Eric Garcia and take both private



Tuesday night Mixed Doubles Group

and/or group lessons customized to their needs. Check out all of the tennis classes in the Compass under Sun City WellFit Programs.

Be sure to sign up or renew your 2025 LHTG membership on our website.

The tennis club wishes all residents of Sun City a very happy holiday season and we look forward to seeing you on the courts in 2025!

• • •

## LH Table Tennis

BY ILENE MARSHALL

Our Monster Bash Potluck was a huge success with around 40 members enjoying delicious food, comradery and some fun table tennis.

When we head into December we'll celebrate the holidays with our annual Holiday Luncheon. This will be a plated lunch with several delicious options to choose from. In addition to apple pie for dessert, we'll also be entertained by the wonderful piano playing from one of our very own members – Dennis

Zaro! Think about what you're missing and then come out and join us.

We play in the Multi-Purpose Room (KS) on Sundays 8:00 AM to 5:00 PM, Tuesdays, 6:00 PM to 9:00 PM, and Fridays 8:00 AM to 12:00 PM.

If you are a resident of SCLH you can drop in and join the fun.

You can also join our Lincoln Hills Table Tennis Club (LHTTC). Membership dues are not required.

(cont' on page 28)

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### LH Table Tennis

*(cont' from page 27)*

To join, just sign up on the new member sheet at the play sessions or email pingpongsclh2@gmail.com.

LHTTC members hear about all our fun club events and announcements via email. You can easily unsubscribe at any time.

We play on 7 tables, beginner to advanced levels on a drop-in basis. We play women's doubles, men's doubles, mixed doubles, and singles.

Reservations are not required. Please wear non-marking tennis shoes. Loaner paddles are available.

When you come out to play Table Tennis on Fridays, please note that we are adjacent to Kilaga Café where you can enjoy a nice pastry and coffee!

We set up a 'Robot' table tennis ball machine on Fridays to use for beginner coaching, warm up, training, and practice. Players may use it on a "first come first served" basis, and the signup sheet is located there with the ball machine.

For more information, check out our webpage: <https://sites.google.com/view/lhttc/>

• • •

### Mad Hatters Bocce Group

BY KIM PETRUZZELLI

Our Potluck Christmas Party begins at noon at Kilaga Springs on Thursday, December 19, following morning bocce. You can still sign-up at the bocce courts on Thursday mornings, or by emailing us at the address below. We'll have coffee and water for you there, so just bring something to share and your sense of humor. Grab your ugly sweaters,

because there are always prizes.

The Mad Hatters play bocce ball year-round each Thursday morning, and all skill levels are welcome. While it's cold outside, we begin at 10:00 am. Teams of 4 players are formed on-the-fly each week so just show up! The focus is on recreation not competition, and we rotate players and teams with each 20-minute round. Our players usually spend about 90 minutes on the courts. New, inexperienced, and handicapped players are always welcome. Don't know how to play? We'll guide you. There is plenty of parking available at the courts, and it's a great way to meet new people.

If Thursday mornings aren't convenient for you, or you just can't get enough bocce, there's also a Monday Morning bocce group that plays at 9:00 am.

Mad Hatters Contact: Russ Petruzzelli, LHBocce@gmail.com / 408-439-1848.

• • •

### Lincsters 9-Hole Club

BY LORA FINNEGAN

Club play ended the year with the Turkey Trot Tournament, an annual competition that really tests the players' skills and vision. The skills are challenged because you must play with only three clubs and a putter, testing how well you judge yardages with each club. Your vision is challenged because you must spot any of four scarecrows hidden around the course. The season will end with a bang with this month's Holiday Par-tee, set for December 3 at Orchard Creek Ballroom.

Join us! Go to the Lincsters.com or email Nancy Hastings: nhast38@yahoo.com.

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*(more Club News cont' on page 29)*

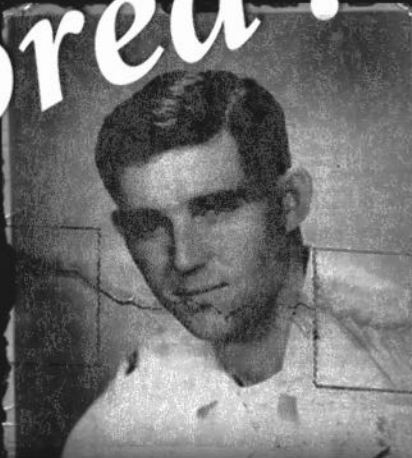
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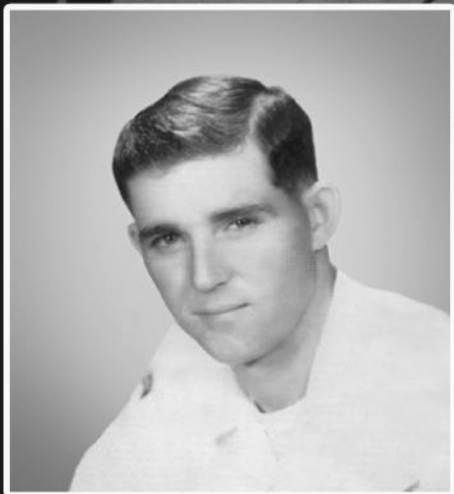
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## Ladies Golf - 18 Holers

BY CAROL LOPEZ

Can you imagine playing a round of golf with only 3 clubs and your putter? Well, that was our "Witches Brew" game for Halloween and the ladies dressed for the occasion. Which club would you have put in your bag? Patti Tilton picked the right clubs and was low gross over the field with an 88. Other low gross winners, in flights 2-5, were Nancy Jenkins, Eileen Boore, Judy Dong & Marcella Christoff. Low net winners, flights 1-5 respectively: Betty Blaney, Sue O'Laughlin, Edda Ashe, Vivian Lim and Mary D'Agostini. Dong took closest to the pin on Hills #16 with a shot 7'11" from the flag.



*Golf Tricksters — Tamanti, Tilton, Kathy Lee and Kelley Royball.*

Additionally, in the last month, we've played 2 Best Net Balls of the Foursome, Best Nine and had our Annual 2024 Net Chix competition. Chip-ins have been made by: Blaney (3, with one a birdie), Mikie Briggs, Cathy Jaicks (birdie), Sharon Knoll, Wendy Seagraves & Sandy Tamanti (birdie).

As a reminder, pace of play continues to be an issue; please keep up with the group in front of you. The ladies have voted and a new

bulletin board will be purchased and placed on the wall outside of the Clubhouse in the new year.

Don't delay in getting your membership fees paid before the end of the year. Details are on our website ([www.lincolnhillsladiesgc.memberpanet.com](http://www.lincolnhillsladiesgc.memberpanet.com)) and we encourage all ladies to come out and join us each Thursday, except for December when we have no formal play days.

We will celebrate the year, our members' accomplishments, acknowledge our new board and thank our outgoing board on December 19th, in the Orchard Ballroom, with a Holiday Luncheon. Happy Holidays and New Year to everyone!

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## Men's Golf Club

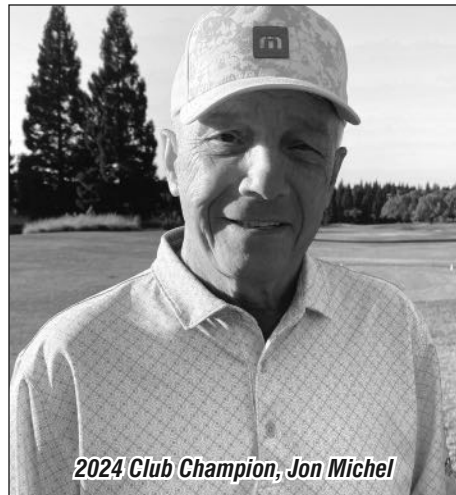
BY CARL LYNCH

What a beautiful day for golf!!! On October 22, over 110 members played the Hills Course for a wonderful day of golf. It was the second round of the Annual MGCLH Club Championship, and the Just For Fun (JFF) Tournament. Many of our members came with their game faces on and took-on the course and each other. Over 40 members fought for the title of Club Champion. Over 70 members played in the Just For Fun Tournament. Once all was said and done, all the players enjoyed a wonderful BBQ lunch and cold drinks. Everyone enjoyed the day!

We are excited to announce that the 2023 Men's Golf Club Champion defended his title and is still the MGCLH Club Champion!

Congratulations to our 2024 Club Champion: John Michel! He shot a 74-74 for a gross score of 148!!

One of the many wonderful things about



*2024 Club Champion, Jon Michel*

golf is that it's a game that you can play for the rest of your life!

In fact, "Seasoned" Citizens (prefer this term to "Senior") may even get more enjoyment out of the game than they did when they were young because the deeper you get into golf, the more you learn to value the freedom, the companionship, and the joy of being outdoors in beautiful surroundings, and the mysteries of the game itself. Like Chess, golf is a game that is forever challenging and can never be conquered. As a golfer grows older and becomes a Seasoned Citizen, age does take its toll on eyesight, muscles, flexibility and all too often, the waistline. However, there are many ways a Seasoned Citizen can continue to score better due to the wisdom of age and the new equipment that is available!

Please check out our Men's Golf Club webpage at <https://mgclh.club/>.

...

## Shuffleboard Club

BY JON KLINE

Congrats to the winners of our last tournament of 2024: 1st Place – Rick Grider; 2nd Place – Jim Riley; 3rd Place – Gail Gentile, who won a net-points tiebreaker over 8 other players! All residents are invited



*Tournament Medalists - Rick, Jim & Gail.*

to play shuffleboard on our 5 all-weather PolyCourts on Court #10, located in the Sports Plaza adjacent to the rear of the softball field parking lot. Club play continues every Wednesday and Saturday from 1:30 to 3:30 PM, with new player orientation offered at every session. Evening or morning rain has no effect on the courts except to clean them;

(cont' on page 33)



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# Neighborhood Watch

BY TERESA TANIN

Joy can be in dreams coming true or wishes fulfilled. During the holidays joy comes in the simple pleasures of being with family, cooking Grandma's pies, and remembering joyful memories of times gone by. Neighborhood Watch strives to keep residents safe in providing helpful safety information throughout the year. During the last National Night Out safety event, a small boy looking up, wishing perhaps "Maybe Santa can fit this fire truck into his sleigh?" Indeed the small boy possibly made a really big wish, however, many wishes in childhood grow to be reality. He may be a future first responder for the Lincoln Fire Department! Our grandchildren are our future. We need to encourage them to dream and wish. The resulting joy is just too



big to set aside. May the holidays bring you and yours the joy of dreams and wishes, especially the big ones. Neighborhood Watch wishes everyone a joyful holiday season. Now go make that wish!

Speaking of wishes, Neighborhood Watch is continually wishing for new volunteers. Many openings are available. Volunteer to help with event organization during the NW safety events held at Kilaga and the Sports Plaza/Pavilion. Sign up to cover your cluster mailbox as a Mailbox Captain for your neighbors. Volunteer as a Village Coordinator to oversee your Mailbox Captains and their resident contact information forms. Re-unite lost/found pets as part of the Lost Pet Alerts Team. Consider volunteering to be a Director to oversee



Villages, attend board meetings and events. Our organization is flexible. You choose the role you desire. We look forward to having new and long-term residents on our team. Those who may want to meet new people and perhaps share their talents. For inquiries, visit the website [schwatch.org](http://schwatch.org) and click on "Want to Volunteer?" Or attend one of our next training sessions to learn about the program and meet fellow safety team members. See the calendar of events on the website [schwatch.org](http://schwatch.org). Keeping our residents safe is a priority. Neighborhood Watch sends out informative "Alerts" via your email if you sign up. Click on "Sign Me Up For Alerts" on the [schwatch.org](http://schwatch.org) website from your own device/computer. Informed residents have made this community one of the safest places to live in California. It begins with each resident being aware and reporting what they see. Report an incident by calling the Lincoln Police 916-645-4040 non-emergency line. In an emergency be sure to call 911. "Report an Incident" on-line at [schwatch.org](http://schwatch.org) and then follow-up with a call to Barry Johnson, Public Safety Liaison to the Police & Fire, 916-434-6538 (leave a short message). SCLH Neighborhood Watch Mission, through the dissemination of safety and security information is to strengthen neighborhood ties, increase personal safety and security awareness, be the "eyes & ears" of the Police & Fire Departments, and encourage emergency preparedness. As we near the end of this year, Neighborhood Watch would like to wish everyone Happy Holidays. Remember to make a wish. Wishes and dreams can come true!

## Meet the Author Lecture Series

BY JOY HUTCHISON

Meet the Author Lecture Series: Michele McCoy  
Monday, January 6th at 2:30 PM  
Presentation Hall (KS)

Author Michele McCoy is our guest author, presenting her first published children's book, *Apollo the Angora Goat*. Written with very young and early readers in mind, this beautifully illustrated book from real life introduces children to a warm and woolly baby goat, Apollo, and his friends. Fascinated with the actions of their animals, Michele first wrote this and two other stories when she, her husband Denney, and their two sons farmed with 150 goats, Pyrenees dogs, and a bevy of other animals in the foothills of Northern California. After being tucked away for 24 years, Michele decided to share her stories with others and contacted a children's book publisher in 2022. As they say, the rest is history! Michele's enthusiasm as she and Denny share their adventures will delight and entertain you.

Please note that the 2025 lecture presentations are now on the first Monday of each month. In order to give you advance notice, information is provided in time for you to mark your calendars. Kilaga Springs Library Lecture Series coordinator is Rita Rutledge at [ritarutledge78@gmail.com](mailto:ritarutledge78@gmail.com).

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## Shuffleboard Club

(cont' from page 29)

they are virtually hollow and sit 3/8 of an inch above ground level. Winter and spring social events are being planned, so come out and meet a great group of Lincoln Hills Shufflers. For open play and practice, reserve courts for 1-3 hours up to 7 days in advance at: Resident Website / Wellfit Reservations / Shuffleboard Courts. All equipment is in the onsite locker; instructions for using the equipment are posted in the locker. For evening play, enjoy the bright LED lighting until 9:00 PM.

Email the club for the basic game rules. We are a no dues club. People of all ages and fitness levels can play shuffleboard because no bending or lifting is required.

Contact Jon Kline at 650-279-0001 or at alsonjonny@gmail.com

## Cribbage

BY MEL SWITZER

It's beginning to look a lot like Cribbage, everywhere you go!

Take a look at a player's grin; they're happy once again,

With double runs and red flushes that glow!

It's beginning to look a lot like Cribbage, fives in every play!

But the prettiest sight to see is the money when you win,

that will make your day!

A pair of aces so good, yet another win would,

Be the wish of Betty and Rae!

A huge double run for sixteen in the cat, Is the hope of Dory each day.

And Jerry and Jack can hardly wait for dealing to start again!

It's beginning to look a lot like Cribbage, joy and laughs in store!

But the prettiest sight you'll see, is green not on a tree

As you walk out the door!!!

Our recent winners were 10/15 John Gilmore, 10/22 Jack Poshepny, 10/29 Mel Switzer and Lana Venturi (AGAIN) on 11/5. They all outplayed their opponents, had some good partners and a "little luck".

Congratulations to all. We have lost some good friends and Cribbage players this past year or so. General Grant Lee played an excellent game of Cribbage, won quite a bit, and was a delight to all of us. Sue Cirerol was a joy and is truly missed.

Christmas time is a great time to think about old friends and the joy that we shared

from their acquaintances.

From the Cribbage Club to you, please have a great season to celebrate friends and family. Anyone who knows how to play Cribbage can join us any Tuesday morning starting at 8:30AM in the OC Card Room. We play four-handed Cribbage and laugh a lot.

Contact Mel Switzer at 510-589-7658 with any questions.

Happy Holidays to All

We hope to see you soon.

## Pedro Group

BY BONNIE KING

Pedro is a slightly challenging bidding card game. If you have never played, or it has been a long time since you played, we are happy to teach you the basics or refresh your memory. We meet from 9:00 AM to Noon in the Card Room (OC) on the first and third Fridays. For more information, please call Denise or Bonnie King at 916-303-3525. We look forward to seeing you soon. Contact: Denise Jones – 916-543-3317.

## Duplicate Bridge

BY MONA STRYKER

For Veterans Day we honored our many veterans (pictured) and enjoyed refreshments.

In our recent fundraising drive we collected \$1295 for the Wounded Warrior Project. Thank you Joyce Clark for heading this effort.

Our Christmas luncheon/game is coming up Wednesday, December 18. Check our website for information.

Games (reservations need to be made at least two days ahead of game with Elise Homer at elisehomer@gmail.com or 916 303-0751):

Wednesdays: starting at 12:30 in Multipurpose Room (KS). Open and limited sections

Saturdays: starting at 12:30 in Sierra Room (KS). Open section only

For further information, go to our website shown below.

Partnership chairmen: Open game: Denise Morgan (909-263-2651), C Group: Linda Kawula (423-538-0097)

Contact: Elise Homer (elisehomer@gmail.com, 916 303-0751)

Website: www.bridgewebs.com/lincolnhills/



## SSNLH WRITERS...

### The Gift of Encouragement

BY JOY S. HUTCHISON

It was Christmas Day 2023. My three children had asked for my Santa List and so I mentioned ordinary or practical items such as new gloves, socks and bathrobe. There were a few surprises during the gift unwrapping activity, including some jokey things that we all laughed about such as a block of Velveeta cheese (a basic addition to many casseroles in their growing-up years), heart-shaped sticky notes since they know how much I depend on those little reminders, and dark chocolates, which are my weakness. There were also some very touching and heartfelt gifts that brought tears to my eyes.

At what I thought was the end, I was given three very hefty gifts, all wrapped with different paper, but all the same size. The tags indicated that each one was from one of my children. My youngest said, "You might want to open just one now, Mom, since the other two can be used later." Well, okay, at my age

you follow directions. I tore off the wrapping paper and discovered a ream of printer paper. I was surprised, startled, and then understood what their intention was.

You see, just that summer in 2023 when I was adjusting to widow-hood, I started writing down my thoughts. The first one was called "In Pause Mode." And then I had the experience of a bobcat spending the whole day in my backyard, "The Unexpected Visitor." After that the stories, experiences and memories just tumbled out. I was fortunate to have my writings accepted by the supportive co-editor of the monthly newspaper for seniors where I live. I also received positive comments from some of the people who had read my articles.

And now, the ultimate endorsement. My children. Golly, three reams of paper! Like a sculptor's clay or an artist's canvass, I must uncover what's hidden in my medium – those sheets of paper and the stories they will tell.

## Most of All I Miss My Words

BY STU SINGER

Nora Ephron famously entitled her book about aging "I Feel Bad About My Neck". I am confident that many in the Medicare community could add items that would address their own particular sense of loss to the passing of time: I feel bad about my hair or a flat stomach or 20-20 vision or better balance... the list could go on and on. In my case, however, I want to focus on a more intangible loss.

I feel bad about my vocabulary.

Lots of Words; Just Not the Right Ones — My word usage would never have been grouped with George Will, William Buckley or Patrick Moynihan. These were writers who could sling 13-letter words around the way Patrick Mahomes throws a football. Though I have dabbled with writing for much of my life, I specialized in using an accurate, meaningful word rather than one that was more ostentatious. (In the spirit of total transparency, I must thank spellcheck for correcting my initial attempt at writing "ostentatious" otherwise I would have been reduced to "showy"). But in

(cont' on page 34)

We welcome your submissions such as humorous observations and poetry. Please see page 3 for submissions information.

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## Most of All I Miss My Words

(cont' from page 33)

my latter years I now find myself groping even for my formerly broad, if somewhat mundane vocabulary.

All of these revelations came crashing home to me when my wife and I were in Rome, Italy in late October. As we had feared, the crowds of tourists were overwhelming. Everywhere we went we were seemingly shoulder-to-shoulder with folks from all over the world clogging the sidewalks, restaurants, sights, everything. At one point in exasperation, I exclaimed “So many people, this place is totally landlocked.” Her look told me that I had misspoken. I quickly tried to recover with “I mean deadlocked.” Her face now conveyed an overt sense of sadness. In full panic mode, I immediately ran through my mental Rolodex of possible choices. Flying in from all corners of my brain were options ranging from bad to far, far worse: “deadbolt lock”, “hammerlock”, “cream cheese and lox”, then a Hail Mary, “Goldilocks”.

“You mean ‘gridlocked,’” my wife softly patted my hand as she spoke in a soothing tone, “The word is gridlocked”.

Where Have All the Good Words Gone? — Remember when you could recite the entire starting opening day lineup for the 2002 San Francisco Giants? Remember when you could name the President that followed Harry Truman? Remember when you could find Iowa on a U.S. map? Remember when you knew the word you wanted was “pervasive” not the one you said “perverse”?

And by the way your first and best choice had been “ubiquitous” but that one never had a chance.

Then There is the Makes No Sense Moment — Sitting at the breakfast table one recent morning, my wife noted that Quincy Jones had passed away at the age of 91. Without hesitation I responded, “Was he still married to Peggy Lipton from the “Mod Squad”?” The answer to that is no. She died in 2019 long after divorcing the musical giant. That fact, of course, is relevant for Ms. Lipton, but totally irrelevant to this discussion. What is of concern is that I remembered the name of a random TV actor on a show that premiered one day before my 22th birthday while I struggle with the names of my current neighbors... the store where I just bought a new pair of pants... the day of the week... whether I took my meds this morning...

The marriage of Peggy Lipton to Quincy Jones — clear as a bell.

The Moral of the Story — No one is denying that with aging comes loss. The body cannot do what it did forty years ago. The choice of hairstyles is significantly more limited. Glasses and hearing aids become part of the daily attire and, hopefully are enough to restore some semblance of one’s previous abilities. But it is that loss of vocabulary, the inability to express oneself that is so flustering... no, I mean flummoxing... or is it flattering—no, no, that’s not even close to it. It must be that it is so fruitless or maybe it is extremely unfulfilling. Can someone please help me out here—I am getting very, very frustrated.

Oh, yeah, now I remember.

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CAPTURE CHERISHED MOMENTS: Family, pets & X-mas portraits to treasure for a lifetime. \$300. 916-475-5848.

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GUTTER CLEANING, WINDOW CLEANING, Solar Panel Cleaning, & Christmas Lights... Home Detail Services. Call/Text: 916-500-4314.

• • •

GARY'S SPRINKLER REPAIR: Lic# 869624. Valves replaced, Drip systems installed, Timers set or replaced. 916-223-3706.

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PELICAN HAULING AND JUNK REMOVAL garage, yard, storage units, furniture, appliances, e-waste, & more. Call/text Andy at 1-916-712-7224 Business Lic #00833776.

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HAIR CARE SERVICES. Enjoy this specialty service provided in the comfort of your home. Licensed cosmetologist. Kimberly 916-837-1637.

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ED'S STUMP GRINDING: Reasonable rates, prompt response. Call Ed 916-996-5812.

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NEED A HANDYMAN? Trust us to get the job done right. Contact us for quality service. Landrum Construction & Repair Services 510-901-1166.

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\$\$\$ SAVE MONEY WHEN SELLING HOME. LH Resident/RE Broker will list your home for only 1.5%! Full service, less cost! DRE#01195871. SELL n SAVE w/ Cindy. Action Realty: 916-595-2635. www.sellsavewithcindy.com

• • •

PET SETTING IN YOUR HOME. Senior women who will stay full time with your pet. Call Rita for details 916-280-1506.

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TIMESHARE CANCELLATION EXPERTS. Over \$50,000,000 in timeshare debt and fees cancelled in 2019. Get free informational package and learn how to get rid of your timeshare! Free consultations. Over 450 positive reviews. Call 855-946-0763.

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## FOR RENT

BEAUTIFUL SAN MIGUEL DE ALLENDE, MEXICO, condo for rent. Central location. Sandra 916-502-4882. LHSC resident.

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## FOR SALE

TUFFCARE SEATED KNEE SCOOTER - excellent \$180. Details on Amazon under TuffCare. Susan 916-434-6155.

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MANY DIFFERENT TOOLS new red portable micro wave camping gear starting 520-479-7555.

• • •

06 WESTERN 4 SEATER GOLF CART in very good condition, runs well. \$3,000 or BO 916-805-6338.

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## WANTED

WANTED: BUYING OLD COINS, pay cash, free appraisals, discreet, I pay more! Private collector, SC resident. Call Jerry 1-916-772-4268.

• • •

BUYING ANY CAR, TRUCK, SUV, VAN. I am a licensed Auto Dealer. I do all DMV paper work. Always paying TOP prices. Free appraisal at your home. Montie Boatwright 916-417-7468. LH Resident

• • •

WANTED: BUYING RECORDS JAZZ, BLUES, ROCK, AND R & B. Buying small and large collections, LP's, 45's, and 78's. Also looking for reel-to-reel tapes, (all types.) Call 530-273-8490

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WANTED: Donated manual vintage typewriters and telephones for Lincoln Museum's Children's corner. Call Cherie Weygandt 916-250-8526.

• • •

WANTED: Beads! Starting a new hobby and need supplies and beads. Call Larry, 916-749-9052.

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## ANNOUNCEMENTS

Interested in fishing and enjoy the camaraderie of other fishing-folks? Additional information is available by email to info@roostertailsfishingclub.org

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LET'S PLAY DUNGEONS and Dragons or other roleplaying games. I've been playing since 1975 and cannot believe I'm the only gamer in Sun City! Have you played before and want to get back to it? Did you never get the chance before but wanted to play? Maybe this is a new way of meeting folks and having fun that you'd like to try? Let's talk. I've got the games, old and new, and am ready to start D&D, Traveller Science Fiction, TOON! comedy and more. Call or email DAVE 916-295-1912 cataract\_2000@yahoo.com

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AARP FOUNDATION volunteers will prepare and electronically file Federal and California income tax returns for low-to-middle income Sun City Roseville residents at the Timbers Lodge Club Room on Sundays. There is no charge for these services that are sponsored by the IRS and the AARP Foundation. Appointments are required and can be made by calling 916-741-0932 beginning January 13, 2025. Appointments will be made for Sundays from February 2nd through April 13th. This appointment line makes appointments for several sites in Roseville so if you want your appointment to be at Sun City, you must mention that when you leave your appointment request.

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LINCOLN POLICE Department Volunteer Program: The program is open to Lincoln Residents, who are 21 years old or older. This is an on going recruiting effort for those individuals who would like to volunteer for either our Patrol Division (vehicle patrol, "Eyes and Ears" in the community) or the Front Office Staff (secured office, "meet & greet, lite phone and office work"). For more information, contact Roy Osborne at 916-645-4081.

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*Please patronize our  
advertisers,  
and let them know  
you saw their  
ad in the  
Sun Senior News!*

### Email Classified Ads by the 12th of each month to: SunSeniorCA@gmail.com

#### \*\*FREE ADS — INCLUDE:

- ◆ First 15 words are FREE (for SCLH residents only), additional words \$1 each
- ◆ ONE AD PER HOUSEHOLD, PER MONTH
- ◆ Any Real Estate or Business Ads are not free. Please see "Business Ads"
- ◆ Lost and found items/pets.

#### BUSINESS ADS:

- ◆ Anything of a commercial nature, including pet sitting, real estate, rentals, timeshare/condos, etc.
- ◆ 15 words for \$35. Additional words \$1 each.
- ◆ \$90 for three months, same ad! (15 words only) additional words \$1 each

**Classified Ad Submissions** — WHEN: By the 12th of the month. Please email the information below to: SunSeniorCA@gmail.com.

**Subject Line** should be SCLH Classified and your Phone Number (Example: SCLH Classified 916-123-4567)

1. Contact name and phone number.
2. Which category to place your classified ad in: (Service, For Sale, Wanted, Announcement)
3. Classified ad text - including the phone number you want readers to call.

SCLH residents get FREE non-business Classified Ads; limited to 15 words; one per household per month.

**Non-business Ad** items include selling personal used items such as furniture, tools, books, rugs, electronics, personal car, golf cart, etc.

**Business Ads** include anything of a commercial nature or service, including pet sitting, real estate, rentals, timeshare/condos, any service etc.

**Business Ads** are 15 words for \$35 for one-month. Additional words \$1 each. (\$90 for three months for the same ad.)

If your classified ad is determined to be "business" related, we will email you an invoice that will allow you to pay immediately with a credit card, or mail a check.

\*HINT on Word Counts: A "word" is anything separated by spaces, or as reported by word-process software like Microsoft Word.

If you have any questions, please email us at: SunSeniorCA@gmail.com



As Broker and Owner of Thompson+Brown I have worked with thousands of sellers to achieve their goals. This year marks my 39th year in Real Estate. I have seen every market condition and I use that vast experience to make the sales process easier for my clients. Please give me a call or text me and I will be happy to come and meet with you and answer any questions you may have.



**George Brown**

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VALUATION  
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**gbrown@thompson  
-brown.com**



CALL/TEXT  
**916-297-3500**



1884 Andover Lane  
Sequoia  
SOLD \$510,000



1861 Monument Drive  
Bridgeway  
SOLD 557,775



1157 Paragon Lane  
Annadel  
SOLD \$600,000



1502 Perdita Lane  
Tahoe  
SOLD \$612,000