

SUN SENIOR NEWS

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Michael Stewart — The Height of Greatness

BY JENNIFER MARTIN

If it's that time of year when you need to ask the Foundation Maintenance Team to check your smoke detectors because you can't stand the beeping sounds any longer, be sure to ask for Michael Stewart. At 6'10" he barely has to climb a ladder to quickly rescue you from the noise.

Born and raised in San Francisco in 1950, Michael was the youngest of three siblings, one brother and two sisters. His father was stationed in the Army in Germany and when he returned home, he worked for the post office. His mother was a domestic for Charles Schultz, the American cartoonist who created Peanuts, featuring Charlie Brown and Snoopy.

Michael remembers everyone in his family as being tall. The males were 6'5" to 6'11" and the women were mostly "6' to 6'1". "If you're under six feet, you don't belong," he quips. His two sons are 6'8" and 6'11" and, of his four grandsons, three are 6'9" and one is 6'5".

After high school graduation in 1968, Michael was awarded a four-year scholarship to Santa Clara University. He majored in



Michael Stewart

business administration and, of course, played on their basketball team which, at the time, was the #2 team in the nation. His strong play got him drafted in his junior year by the NBA's Chicago Bulls and the ABA's Miami Floridians (now the Heat). In his senior year, he was drafted by the NBA's Boston Celtics and by the ABA's Memphis Tams (now the

Grizzlies). After Michael was cut by the Celtics in 1973, that summer, while playing in the NBA's Professional Summer League, the coach of the "Champions of Europe" (Berck-Sur-Mer, France) offered him a contract to play professional basketball in Europe. "When I accepted, the only thing my family was worried about was what we would eat," he says, laughing.

When Michael was a sophomore in college, he was introduced to Carolyn, the woman who would later become his wife. He was quite shy and didn't know what to say. So, he stood mute, looking around at the scenery, until she asked him about playing basketball and then he talked non-stop at a mile a minute. They laughed years later remembering how she, at first, thought he was a big dork.

The couple got married in 1971 on Michael's 21st birthday and started their family right away. Louis, Sacramento's first Chief Innovation Officer; Michael "Yogi"

(cont' on page 21)

SCR Foundation 2024

BY KATHI STROPKAI, Vice-Chair/Events Director

As we wind down 2024 it's always nice to look back and see what we accomplished and where we're headed. The Foundation's updated Mission and Vision seems to say it all.

Mission: To fund, develop and provide services, projects and events supported by philanthropy and volunteerism.

(a) Promote purposeful engagement and connection with neighbors throughout the community to reduce social isolation

(b) Support the safety of Residents in the community

(c) Fund programs and services that create high levels of connection, emotional and physical well-being for Sun City residents, even as life circumstances change.

Vision: The Sun City Roseville Foundation fosters meaningful and measurable philanthropy

and volunteerism for the benefit of our Residents, by raising money and investing in events, programs and community enhancements.

The New Year starts off with the first fundraiser of the year, Bingo January 5, 2025. Doors open at noon, play starts at 1:00 pm. Pre-sale cards will be available during Courier Days, January 2, 2025 8:00 am-11:00 am. One card is \$20 or two cards for \$25. Cards are available the day of the event.

We are continually looking for fundraising ideas because without your continued support, we couldn't do what we do. Please feel free to share your ideas by emailing Kathi Stropkai at scrfevents@gmail.com

(cont' on page 27)

Singers

BY JACKIE PROETT

It's December and time to see "CANDLES IN THE WINDOW", our Holiday Concert in The Timber Creek Ballroom on Monday December 2, at 7:00 pm. Tickets are \$20 and may be purchased from a member or online from Susan James, drsusanjames@gmail.com or Karen O'Hara, karenohara2@gmail.com.

There is something so welcoming about candles in a window. They seem to be an invitation to come in and be warmed and comforted. You may find a cup of cheer, a warm fire and a plate of goodies. More than that, you'll find that You'll feel lit within. The gift of light. Our Concert will take you on that journey of light.

On a fabulous halloween party Marla Shuman, Hospitality Chairman and a super committee gave us a great meal, great games and door prizes and even spooky ghost stories by Christine Hohmann and Jackie Proett. Almost everyone wore costumes or masks and enjoyed the tables filled with tricks and treats. Say your prayers and maybe they will give us another "Do" next year!

The Singers have been blessed with many gifts this year, nicely filled Concerts, old and new members learning to work beautifully together, and best of all the loving, caring, guiding of Director, Paul and Accompanist, Andre.

It's time to say Merry Christmas and time for us to take our winter nap. For those of you who saw our concert and want to join, we will start again, around the second week in January. Mondays, 2:30 back of the Ballroom. Try us on for size. You'll get a peek at our Spring Concert music and a room full of new friends!

...

Harmonicoots

BY LINDA B. AUG

(To the tune of Santa's Coming to Town):

You better watch out! You better not cry! You better not pout; I'm telling you why. The Harmonicoots are coming to town. We're ready for fun! We're ready to play! We're putting on Santa hats to honor the day! The Harmonicoots are coming to town. You'll hear us in the lobby. You'll hear us at the Pines. You'll hear us in the parking lot keeping golf carts right on time. OHH you better not miss! You better be there. Go grab your coat and bring friends if you dare. Harmonicoots are coming to town!!

We will be honoring the Veteran's and Patriots Club on Dec 7th at Sierra Pines as they pay tribute to Pearl Harbor Day. On December 11th at 5:30 we will be caroling around the Timbers Christmas tree. Please join the festivities!

It's time to thank the groups and clubs who have asked us to entertain them during 2024. Thank you to the SOLO, Newcomers, and Travel Clubs for asking us to perform at their socials. Thank you to the Veterans and Patriots Club for including us in Pearl Harbor Day. Thank you to the Sun City Association for asking us to participate in Flag Day, Opening Day Men's Softball, Grandparents Day, the Golf Cart Parade and Art Show. A big thank you to Sharon Mowry for booking our lobby shows during the year which include St. Patty's Day, Oktoberfest and Holiday Caroling.

The Sun City Harmonicoots are seeking an interested person to become our music conductor beginning in January 2025. Anyone who wants more information on this open position with the Coots is welcome to attend

(cont' on page 5)

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SUBMISSIONS: The Sun Senior News -

Lincoln Hills welcomes announcements from social clubs, schools, charitable organizations, non-profit organizations, local government and community events. Also, editorial contributions as well as articles, cartoons and photographs are welcomed and considered for publication. Deadline for submissions is the 15th of each month. Please submit via email to: SunSeniorNews@gmail.com

All information submitted to the Sun Senior News - Lincoln Hills must be accompanied by your name, phone number and written consent. All letters received become the property of the publisher (EGnews Inc.).

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From the Editors



Wishing you all a
 Merry Christmas
 and
 Happy New Year!

Gregg & Liz
 Goldthorpe

Letters to the Editors...

The sign up process...

The Timbers does a fabulous Thanksgiving. The problem is the sign up process. The line to sign up had a forty five minute wait. There is only one person taking the reservations. Why can there not be a laptop or cell phone in use on all special sign up days? Technology

is available with Wi-Fi and square for both laptop, tablet, and cell phone use, so why is it not used? Since reservation space is limited, why are residents not given the first access to sign up? Residents should have to show their activity card on the first day of sign-ups. Then if it is not sold out, non-residents can have access to the reservations the next day.

Cindy Faulkner

...

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"I Have Hope Again"

Roseville resident, Dawn R. had been experiencing the painful effects of Peripheral Neuropathy, "my feet and legs hurt, tingled and burned, all the time and my doctor told me there was nothing they could do. I was told that I would have to take Gabapentin for the rest of my life, that wasn't okay with me." Then she started treatment with acupuncturist, RaeAnn Salvador.

Peripheral Neuropathy is the pain, discomfort and numbness caused by nerve damage of the peripheral nervous system. Dawn explained that daily tasks like opening doors and using the bathroom were overwhelmingly painful. "How can you live for the next 20 years when you don't even want to get out of bed to do simple things?"

She was experiencing the burning, numbness, tingling and sharp pains that those suffering with neuropathy often describe. "The way that I would describe it, it's equivalent to walking on tacks all the time." Dawn hadn't worn socks in five years and was wearing shoes two sizes too big so that nothing would 'touch' her feet.

Unfortunately Dawn's story is all too familiar for the over 3 million people in the U.S. suffering from Peripheral Neuropathy.

If you are unfortunate enough to be facing the same disheartening prognosis, you're not sleeping at night because of the burning in your feet, you have difficulty walking, shopping or doing any activity for more than 30 minutes because of the pain.

You're struggling with balance and living in fear that you might fall. Your doctor told you to "just live

with the pain" and you're taking medications that aren't working or have uncomfortable side effects. Just know that there are options.

Fortunately, three months ago, Dawn read an article about Lincoln Acupuncture and the work being done to treat those suffering from Peripheral Neuropathy without invasive surgeries or medications. She can now share how significantly her life has been changed

"Now when I go to bed at night I don't have those shooting pains. I don't have that burning sensation. I can let the sheets touch my feet and it isn't painful," Dawn enthusiastically describes life after receiving treatment. "I can wear socks and shoes and I can enjoy working in my garden."

At Lincoln Acupuncture, results are achieved using the time tested science of Acupuncture combined with technology originally developed by NASA that assists in increasing blood flow and expediting recovery and healing to treat this debilitating disease.

What differentiates Lincoln Acupuncture is the use of the most cutting edge and innovative integrative medicine. Specializing in chronic cases, specifically those that have been deemed 'hopeless' or 'untreatable', Dr. Salvador consistently generates significant results. What was once a missing link in senior healthcare is now easily accessible to the residents of Placer County.

If you've missed too many beautiful days outside because of pain or you've passed on dancing along to songs of your youth because you're afraid of falling, it's time to give yourself a new opportunity.

It's time to let your golden years be golden!



PERIPHERAL NEUROPATHY?

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Harmonicoots

(cont' from page 1)

our weekly practice sessions on Thursdays from 1:00 to 3:00 at Sierra Pines. For more information, please call Linda Aug at 510-468-2154. Harps Up!



Music and Laughter Group

BY JANE BOHN

Hooray for our neighborhood Sun City talent who come to entertain us once a month at our "Open Mic" Music and Laughter Group. The lineup this past month included Jan Given on piano, Joe Given on Violin, singer guitarist Gary Mills, singer Ray DeBenedetto accompanied by Gary Mills, humorist/story teller Jack McGurk, singer guitarist Ken Roberts, a cappella singer Peggy Wells and Alan Nichols who prepared fun sing-a-longs for the audience on our overhead screen.

Prize winners included Peggy Wells, Marina Tan, Rich Niski, Jan Given, Phyllis Niski, Maria Hajgato, Irwen Perry and Sherry Scheftner.

Our heartfelt wishes go out to all our musicians, singers, jokesters, fan club, and steadfast helpers for the merriest of holidays filled with lots of Music and Laughter. Looking forward to seeing you all again at our next gathering Wednesday evening 7pm January 8, 2025. (doors open at 6:30pm) Don't forget your \$1 entrance fee for the prize raffle at the end of the show. For those of you who have not tried us out yet we hope you'll ask around about this group and come over to Sierra Pines Lodge, corner of Del Webb Blvd., and Whistlestop way for a fun hour of Music and Laughter.

Drama Club

BY LENORA DAVIS

The Holidays are here and we wish you good cheer. May the joys of the season be with you all year!

We hope you were able to come to our November 19 & 20 Cabaret performance at Sierra Pines and hope that you enjoyed watching it as much as we enjoyed presenting it for you. A special shout out goes to member Dave Tennes, who was able to assemble and manage both a complete sound system and the stage lighting which we used there. These greatly enhanced the experience in that venue.



Our next presentation will be a March

9 matinee luncheon and March 10 evening show with theater seating. As usual, these will include short, humorous drama sketches that you will not want to miss.

Our November performance sold out of tickets much faster than anticipated – so mark your calendars now to prepare to purchase tickets for the March show. These will probably be available in early February. Check the January Courier for more details.

While we continually encourage residents to join us as actors or other stage related personnel, January is an especially great time to join in. We have not yet started rehearsals, or even selecting actors, for the March presentation. This could be your chance!

For more info, contact Susan Glover (530-388-6367) or Lenora Davis (707-350-1357), right away so we can get you started.

Dance Club

BY VIKKI CLARK

With the Holiday season in full swing, take time to check out some of the events the Dance Club has going on!

October brought our Guys, Gals & Ghouls dance with the live band Cocuzzi Trio. Many witches, ghosts and goblins were on the dance floor. It was a Spook-tacular event!

December 3rd will bring the Holiday Magic dinner/dance. Unfortunately, if you haven't already made your reservations, you will miss this holiday celebration. There will be a quick general meeting followed by performances from many of our dance classes, dinner, a no-host bar, and open dancing afterwards.

January 20th will bring an old-fashioned Sock Hop. You can dance to party, country or oldies music. Tickets are only \$5 and will be available at any dance class or at the door the night of the dance.

May each of your households and families enjoy a happy, healthy Holiday Season. Wishing each of you a Happy New Year filled with health, laughter, and good friends.

Fine Arts Club

BY NANCY VAVUL

As we wrap up another exciting year at the Fine Arts Club, we are thrilled to reflect on the recent Craft Faire held last month, which turned out to be a resounding success! Our new gallery wall provided the perfect backdrop for showcasing our talented artists' works, and we were delighted by the positive response and the sales. A heartfelt thank you goes out to everyone who supported us by participating and visiting. Special thanks go to Judi Harrison and Renee Hawkyard for their tireless efforts in making the event a reality.

Additionally, we would like to thank all who took part in the Placer Studio Tour held, in part, in our own gallery. The turnout was fantastic, and the quality of artwork displayed was nothing short of extraordinary.

As we dive into the festive spirit, don't forget to mark your calendars for our much-anticipated Gingerbread House-themed holiday party on December 13 at Sierra Pines. Prepare for an afternoon filled with fun surprises and a delicious lunch catered by Elena's Catering. You may donate an art supply for The Children's Bereavement Art Group. Check the sign up for details.

While December offers limited classes due to the holidays, we are excited to announce a few opportunities. Donna Self will lead paint-alongs on December 5 and 9 and Ed Mallory will teach a paint mixing workshop on December 7. In January, look forward to Maria Winkler's "Drawing on the Right Side of the Brain," Edward Mallory's oil painting classes, and watercolor lessons from Renee Hawkyard. Donna Self and Sherry Bleiweiss will also be returning to teach their popular classes.

The art room remains full of information, so be sure to stop by for updates and sign-ups. We are wishing everyone a wonderful holiday season filled with creativity and joy!

Creative Arts Club

BY CAROL KOVACH & BRIDGET WHITAKER

If you happened to look in on the CAC studio on October 13, you might have felt you were missing out! Twenty-some CAC members gathered in the studio to learn about trending glass techniques—fusing and glass-on-glass. Under the tutelage of Tom Ikelman and Donna Stephens the participants divided into two groups, one working on fused glass with Donna, the other on glass-on-glass with Tom. The energy was contagious as the room

broke into a party-like atmosphere of jubilant camaraderie. At the end of four hours, each participant had created ornaments utilizing intricate techniques of manipulating glass.



There was a wonderful selection of colored glass, frit, beads, noodles, and rods, thanks to the Club's recent decision to seed fund the purchase of a glass inventory at a hugely reduced price. Members can now purchase glass for their projects without driving all the way to Alameda. It's a WIN/WIN! The club's support has given the creative glass group a much-needed way of having a supply of glass to develop their artwork and build the creative glass discipline.

On a different front, our new slab-roller finally arrived last month after a six-month wait and was put together by pottery member, John Robeck. Now, members can roll clay with much less effort and dialed-in precision. No more arthritis challenging acrobatics to push and shove boards under the clay—Whew!

Our classroom schedule can be found on the resident website and special classes and workshops are posted on the classroom bulletin board.

Cinema Group

BY BRIAN SUTTON

'Tis the season and a lovely reason for a holiday break. No movie in December. Join us for the January movie, Friday, January 17, 2025 at 1:30 pm. Spruce Room at Sierra Pines. As always, admission is free.

The Cinema Group is interested in showing those movies that you would like to see. If you wish to suggest a movie or have a question about the Cinema Group, please contact Brian Sutton at 916-482-6393.

Best wishes for a fun-filled holiday season and a healthy, happy new year!

Roseville Stamp Club

BY TIM MILES

No meetings during the month of December due to the Holiday season. We normally meet at the SCR Lodge on designated Tuesdays at 6:30 pm. The January, Tuesday (cont' on page 9)

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PROSPER 

Ambassador Committee

BY DAWN HASKIN

How is it possible that we are at the end of the year already? Time flies when we are out enjoying our SCR Community as well as the surrounding cities and towns. So many things to do! December is full of fun activities. It is the time of year for holiday parties, concerts and, of course, enjoying meals and special time with family and friends.

SCR Activities department has an outing to the Victorian Christmas in Nevada City. Placer Pops has an annual Christmas music concert. Sacramento has holiday plays and performances as well. The Hallmark channel boasts many holiday movies and there are always those great classics to watch, such as It's a Wonderful Life. So, whether you enjoy staying at home or are a social person, there is something for everyone.

Here in Roseville many of our trees are now losing their leaves so there is plenty of yard work to do. Winter is an excellent time to do new plantings to ensure they are well established before our summer heat kicks in next year.

The Ambassador Committee assists the Activities Department by collecting tickets at the doors to some of the events. In November they helped with the Veterans Day Capitol Pops concert and the Renegade Orchestra. In December they will be there to greet those attending the Branden & James show. We love being out and about and greeting members of the community!

Our next New Resident Orientation will be on Saturday, January 4, 2025, and will be open to residents who moved into the community during the months of August through November 2024. If you moved in during these months, look for your invitation which will be sent out very soon. Be aware that you will have just one opportunity to attend the orientation, so we hope you can make it! If you have received an invitation, please take the time to RSVP as soon as possible so that we can make sure to have enough seating and food for the event.

Chartered Club Committee

BY FRANK TOM, CHAIR

Happy Holidays! The Chartered Clubs Committee has spent much of 2024 working on a proposal to unify our Chartered Clubs and Resident Groups into what we are calling Community Clubs. We are doing this to simplify the operating procedures for clubs and groups, as well as the application process for Association members who would like to form a Community Club.

As a guiding principle in drafting the operating procedures for Community Clubs, our committee will rely on staff and the Board of Directors to review our draft proposal and to provide feedback.

As a context, in late August we held two meetings with club and group representatives to share our proposed concept and rationale for unifying Charter Clubs and Resident

Groups into Community Clubs. As such, we listened and documented their thoughts and concerns. Since then, we have developed two sets of procedures, the first for establishing a Community Club, the second for operating a Community Club. We recently shared those operating procedures with Association staff and are awaiting guidance from staff and the Board of Directors. Once we receive their feedback, we anticipate making recommended and necessary changes to the Community Clubs proposed operating procedures to ensure compliance with all Association Governing Documents and Rules and Regulations.

In 2025 we intend to share these operating procedures with club and group representatives, make revisions based on their input and concerns, and ensure we remain in compliance with Association requirements. We will ambitiously work towards the unification of Chartered Clubs and Resident Groups to achieve our end goal of a one part Community Clubs system.

Sunshine Services

BY LINDA CILENTI

Thank You—As the year is nearing its end and the new year approaches, I want to extend my heartfelt thanks to the Sunshine Services group members and the Medical Equipment Loan (MEL) volunteer team. Thank you for your help throughout the year and giving back to your community.

Thank You to our generous neighbors

who have donated medical equipment, such as wheelchairs and walkers, your generosity has in turn helped our neighbors in need.

Sunshine Services extends holiday wishes to our Sun City Community, may new memories be made this holiday season.

The regular article with new information and resources will return next month. This month highlights the two important phone numbers for Sunshine Services.

Important Phone Numbers: Medical Equipment Loan program 1-916-960-8091 and Arrow (Dial-a-Ride) discounted ticket sales 1-916-886-7008.

For more information about Sunshine Services and other local resources, please pick up our Flyer from the magazine racks next to the Administration office.

Stop by during Courier Days and meet some of the Sunshine Services members who are your caring and giving neighbors.

Friends of the Library Book Sale!

The Annual Holiday Book Sale will be held on December 7th at the Downtown Roseville Library, 225 Taylor St. Buy books, movies, music, puzzles, holiday items and more for gifts or for yourself. Featuring "coffee table books" which make great gifts, as well as lots and lots of children's books, holiday books, and collectable signed and first edition mysteries, but we will also have many other great finds. Doors open at 10:00 am at the (Friends members may enter at 9:30 and you can join at the door) and sale closes at 3:00.

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BY LINDA VINCENT - Program Coordinator &
RON MASCIOVECCHIO - Program Coordinator

2024 Holiday Safety Tips—“Safety first,” goes the old adage, how many of us have accidentally left the stove on, a window open, forgotten to lock the door on the way out, or last, didn’t wait to see if the garage door closed?

Let’s face it: We humans are a distracted a lot. This is no more evident than around the holidays – with the parties for hosting and marshmallows for toasting and... well, you know the rest. In this most wonderful time of the year, it’s easy to forget one very important step: Keeping your home safe.

Here are a few key holiday safety tips to ensure a safer holiday season, whether you’re staying home this year or traveling elsewhere. Because as much as we know the holidays can be stressful, we also know that dealing with an accident, burglary, or some other calamity in the middle of it all can be downright devastating.

If you’re traveling, be careful who you tell.

We’re surely not the first to tell you not to post your travel plans on social media. But seriously, don’t! We strongly advise against publicizing details about your holiday travel, especially where you’re going and how long you’ll be gone—with the exception of that friend or neighbor you trust and who has agreed to look after your place while you’re gone.

If you don’t have a security system, consider getting one.

Security systems have been giving us an ongoing gift as long as we’ve been homeowners: Peace of mind. The convenience of modern systems, with cameras, sensors, remote monitoring and two-way audio, allow us to enjoy our time away without worrying we’ll miss something and can spook anyone who doesn’t belong there is definitely a deterrent. Sixty percent of studies indicate that the presence of some alarm or security equipment would cause them to abort their plan and seek another target?

Other Tips —

- (1) Smart lighting & setting timers
- (2) Park a car in the driveway (looks like someone is home)
- (3) Stop your mail & papers – buildup of evidence states “we are not home”

Don’t get too ambitious in the kitchen... between 2012-2022, cooking was the leading cause of reported home fires, and the second leading cause of home fire deaths. And not surprisingly, the risk heightened considerably around the holidays. If you remember nothing else, remember this: Never keep food unattended while you’re cooking.

See you in 2025!

Executive Director Comments

BY GEOFFREY BROWNE

Happy Holidays to everyone!

Like clockwork at this time of the calendar year, the Board of Directors and staff are preparing for a busy Holiday Season full of special events, parties, and social interaction. We’re building up momentum and looking into the future, planning for events and projects that we know are coming up. And the New Year brings new Fitness classes and events, new bus trips and activities, concerts and shows – so much to look forward to!

And of course, we are preparing for some special Holiday Events, as we do every year. Thanksgiving has just passed, but Christmas and New Year are just around the corner and we’ll be ready to ring in 2025. Once again, we will be decorating the Lodge with festive lights (thank you Sun City Roseville Foundation!) and trim, and hosting community events that we hope will bring us all together in our common purpose of celebrating our goodwill.

Some projects take a long time to plan, and our Phase B expansion of the Fitness Center is one such project. We’ve completed the first big step of submitting the Design Review Permit Modification Application to the Planning Division of the City of Roseville. Once that is reviewed, we will start on the next steps in the process of getting that project into the Construction Phase. Staying organized and keeping the momentum going over the next year or so will be the key to success. There is

still a long way to go before we are ready to put the first shovel in the ground!

We’re busy planning several other possible projects, too. The Strategic Planning Committee is working to put together more details and costs on some of the projects they have recommended, including the installation of shade structures, construction of a new Cart Barn, and possible expansion of the Timber’s kitchen. Those projects will likely be three or more years in the future, but getting ahead of the game means we can move faster when it’s time.

I hope you have some fun plans for the Holidays. No matter whether fall is your favorite or not, I hope everyone has a safe and positive month, with friends and family nearby, and with high hopes for the future.

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EDITORS’ NOTE: *The Sun Senior News has always been politically neutral. Our content should be focused on the activities of the clubs, groups, individuals and issues related to being a resident of Sun City Roseville. Our publication will not publish article content or “Letters to the Editors” regarding Federal, or State election issues or advocacy.*

We ask that Sun City clubs/groups that are, or could be perceived as political, to limit submission content to basic meeting/event/link info, and avoid advocacy. All club/group submissions should focus on that organization only. Submissions should be 300 words or less and due by the 15th of the month for the following issue.



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Roseville Stamp Club

(cont' from page 5)

schedule is for Tuesday, January 14 and Tuesday, January 28. Our 2025 dues of \$20 are due also. We feature a guest speaker, door prizes, giveaways of every sort, access to all things philatelic (pages, albums, stamps, even a "mystery box") and all the various accouterments associated with the hobby- all at extremely reduced prices)

During the Holiday season, you can contact Al Capparelli (916-771-8288) to pick up a present for a club member (stamps, albums, pages and whatever). We guarantee it'll beat handkerchiefs or pajamas for a gift. Al undoubtedly has a few suggestions.

Members should be sure that Bob Bartlett (bartlett@corsearch.net) has your email address so you can be notified of timely events. Bob puts out a short breakdown of stamps t/b offered at the scheduled meetings, which is a big help.

Any readers may feel welcome to attend any meeting with his "old" album and we'll be happy to update the "rough" value, which will surprise you. Lastly, the Roseville Stamp Club wishes everyone a very Happy Holiday season!

• • •

Jewish Fellowship Circle

BY LOIS ARLEN & KAREN LEVINE

Hard to believe that it is December already! Where did 2024 go? We hope that the New Year 2025 will be a happy and healthy one.

A special thank you with appreciation to Ruth Elkins and Ray Seamans for leading the Shabbat service (Friday night Sabbath prayers) and for hosting the Oneg (a sweet table after

the Friday night Sabbath service) in October.

Our last event for 2024 will be the annual Hanukkah dinner with the lighting of the menorah on December 29 at Sierra Pines. It will be catered by Elena's Kitchen and Catering with traditional Hanukkah foods of brisket and latkes and jelly donuts for dessert.

Interesting facts about Hanukkah: The word "Hanukkah" is Hebrew for "dedication" honoring the rededication of the Second Temple in Jerusalem. Hanukkah lasts eight nights because the Maccabees only had enough oil to light the menorah for one day, but the miracle was that it lasted for eight days. That is why foods fried in oil (traditional latkes and jelly donuts) are eaten at Hanukkah. A dreidel is a four-sided spinning top with the Hebrew letters: Nun, Gimmel, Hey and Shin. These letters stand for "Nes Gadol Hayah Shom" – a great miracle happened there. There are many accurate spellings for Hanukkah such as: Hannukah, Chanukah and Hanuka. The reason for this is the Hebrew alphabet is unique and can't be translated letter for letter to English.

Our first event for 2025 will be a Shabbat chicken dinner and Shabbat service on January 2 at Sierra Pines. The dinner is free to all JFC members.

Applications for JFC 2025 membership renewals are in the foyer box in the Sun City Timbers Lodge.

• • •

Solo Friends

BY NIKKI COMBS

It's membership time for many groups in Sun City, including Solo Friends. With all the different dues required right now you may be



wondering if Solo Friends is worth \$15. What will you get for your hard-earned money?

For about the price of one sandwich, Solo Friends can offer you a full year of entertainment. In addition, your dues allow discounted prices at the monthly Socials which include catered dinners and entertainment, and access to the monthly general meetings that feature local speakers on a variety of topics. But possibly the best value is the (generally) \$25 holiday dinner subsidy. Each year Solo Friends contributes to the cost of a fabulous dinner at The Timbers Lodge that includes dancing and holiday merriment. The subsidy is larger than the dues! This financial support allows everyone to celebrate at a reasonable price.

The best benefit of Solo Friends is priceless – the ability to meet new people and make friends. Being solo can be emotional and intimidating, especially around the holidays. Knowing there is a group of people in similar situations can be an icebreaker.

Membership dues will be collected through January. Checks should be made out to "Sun City Solo Friends" and delivered to Membership Chair Roberta Simpson at the general meetings or to her home listed in the directory.

• • •

Socrates Cafe

BY STEVEN GUSTAFSON

Last month's discussions focused on the philosophy of music. Our volunteer discussion facilitator pointed out that this philosophy concerns aesthetics—what makes art, including music, beautiful or inspiring or just plain "good". The questions we discussed included: Who decides what constitutes "good" music? Popular opinion? The opinion of critics or "experts"? Should music be an important component of education? If so, what kind of music? Both classical and hard rock? Why does some music make us feel inspired or emotional?

We have a great time discussing questions like these at 10:00 on the first Monday of every month in the Timbers lodge. You are welcome to join us.

• • •

SCR Democrats

BY MARISA BERNETTI

This exhausting, profoundly important election is over. The results are not what we hoped and work so hard for, the 200-plus members of Sun City Democrats can be proud of the efforts they put into serving our democracy and good government.

While we cannot know exact amounts and totals, here is a look at our contributions since Jan. 1, 2024, by our numbers:

Forty members fully staffed a four-day voting center, not only helping Roseville residents experience a smooth, accurate election process, but earning the club \$5,000

(cont' on page 11)

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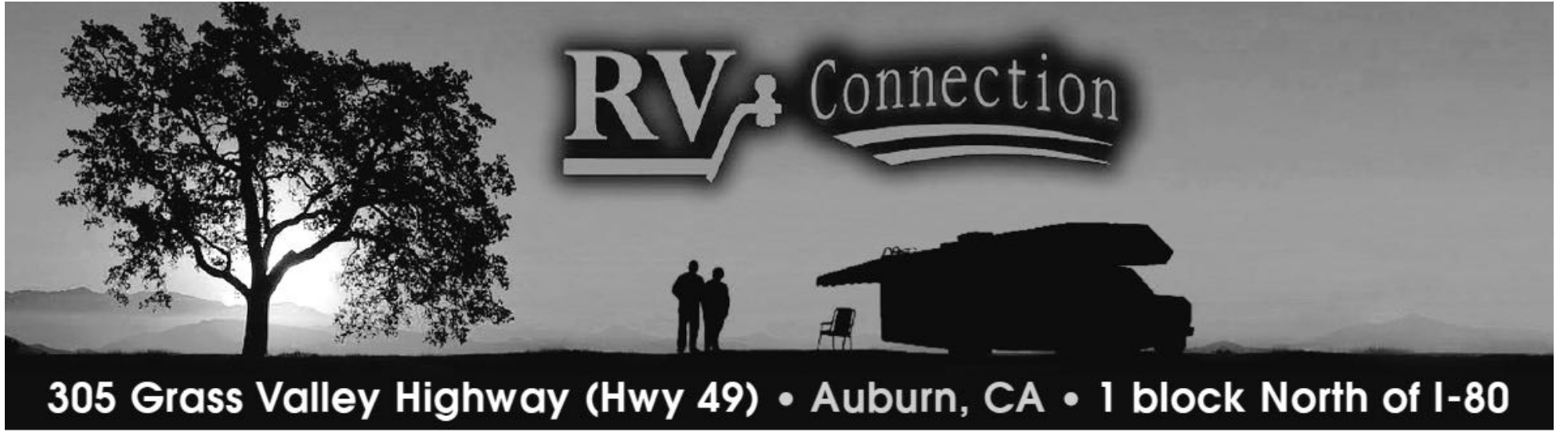
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SCR Democrats

(cont' from page 9)

that will help support candidates and causes in the future.

Dozens of members hand-wrote some 7,000 postcards for various candidates here in Placer County and in crucial swing state races. Dozens more walked precincts, staffed phone banks, bought and displayed yard signs, and worked voter registration and get-out-the-vote efforts.

The Club donated \$7,260 to 10 candidates for local school boards, Roseville City Council, State Senate, Congress, and two vital U.S. Senate race.

While we cannot compile data on how many members wrote checks and gave time outside of Club initiatives, it appears a large number did so based on discussions and information volunteered by members. Some volunteered time and contributed in other states' races.



SCR Democrats volunteers.

Congratulations and our eternal gratitude to all. It has been gratifying to see membership at Sun City Democrats grow steadily. We have become a force that is making a difference.

December 27, we will celebrate our hard-working, generous members and of course, the holiday season. The Club will subsidize a significant amount of the catering costs as a thank you for all these achievements. Watch for email blasts with details and hold the date on your calendar.

...

Rods & Relics

BY ELNA RAGAN

Club members are looking forward to participating in the Hometown Christmas Parade on Saturday, December 7. The parade starts at 4:30 p.m. at 5th and B Streets. The Parade vehicles will be decorated... many with festive lighting!

This year our Club's Christmas event will be a luncheon held on Monday, December 16 at the Orchard Creek Ballroom in Del Webb, Lincoln. In addition to a selection of delicious hot buffet entrees and tasty desserts, there will be games, and music. Every year our Club contributes unwrapped children's toys to the Toys for Tots organization. Wishing everyone a safe, happy holiday season!

The Rods & Relics Car Club is always looking for new members. All owners of vehicles model year 1979 or before, or replicas of such vehicles, are eligible to be regular members. For more information, check out our Web Site listed below.

Contact: Tom Indrieri, President 916-645-2035; Mike Fraga, Membership Director 916-812-2749. Web Site: www.rodsnrelics.net

...

SCR Computer Club

BY BARBARA EICHTEN

There will be NO General Computer Club meeting in December, 2024.

The Computer Club will meet on Monday, January 27, 2025 at 10:00 in the Club Room.

Photo: Will meet on the third Friday, December 20 at 10:00 am in the Club Room. All photography artists are welcome to attend

the Photo SIG (photo Club). Only Photo SIG members may submit photos for the monthly contest. Submission of a maximum of 3 photos, sent to PhotoSIG916@gmail.com is due by Monday, December 16, 2024. November's theme is "Abstract." Photos have no time frame. Contact Dennis Studer for additional information

Persons interested in Photography are welcome to come to the Club Room during OPEN SESSIONS to use the Adobe Photo Shop on the Computer Club's computers. Bring a thumb drive with the photos you are interested in improving.

Genealogy: The next meeting will be January 9 at 2:00 in the Club Room. Join us for a video presentation. We will be no meeting in December.

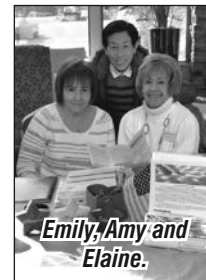
OPEN sessions will be on Friday December 6, 13, 20 from 1:00-3:00 pm in the Club Room. These sessions are to assist individual residences with their iPhone, iPad or a computer. For further information call/text Barbara Eichten (901-626-9821) or email barbara.eichten@gmail.com

...

Conservative Action Group

BY SHERRI SCOTT

Our meeting of November 4 was one of anticipation and relaxation and fun. Deacon Carl Kube opened the meeting with a special prayer session for the election outcome as well as Thanksgiving Day that



Emily, Amy and Elaine.

included testament scripture. Time was spent just getting to know many of our new members that joined CAG this year as they wanted to be involved in the electoral process.

We are an official Group of Sun City Roseville and welcome you to attend our meetings which are held the first Monday of the month. We are conservatives, who are bound together because of our fundamental core values in supporting American ideals as presented in the Constitution and Declaration of Independence. These include but are not limited to preserving American traditions, limited government, the rule of law, fiscal responsibility, free speech, individual freedom and responsibility, and quality education. And, as a group we enjoy the camaraderie and enthusiasm among our fellow conservatives.

Our goals include our active involvement as volunteers in assisting conservative candidates running for office or while holding office in Placer County and at the State and Federal levels; to work with other like-minded grass-roots organizations on issues pertaining to the positive progress and civility of our nation; to educate members and citizens of our community as new issues arise not in keeping with our American traditions.

As there are no available rooms due to Christmas Holiday celebrations in Sun City facilities, there will be no meeting in December. Our next meeting will be held at Sierra Pines on January 6, 2025, starting at 6:30 pm.

To all of you, we wish you a very Merry Christmas, Happy Hanakkah and a great New Year!

...

(more Club News cont' on page 13)

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Travel Club

BY PAM SCHEEL-HEMINGWAY

As I write this, Travel Club members are touring the beaches of Normandy in honor of the 80th anniversary of D-Day. By the time you read this, Travel Club members will be packing for their journey to visit the Greenbrier in all its holiday splendor. The Travel Club sponsors an amazing variety of trips, with something for everyone.

Trips now available for booking for Travel Club members include:

Tropical Costa Rica: January 22-30, 2025 (Collette)

Patagonia: Feb 21-March 6, 2025 (Collette)

“American Music Cities” tour: March 16-23, 2025 (Collette) –SOLD OUT

Great Lakes Cruise: April 22-29, 2025 (Viking through Alamo)

Italy’s Treasures: May 3-14, 2025 (Collette)

Canadian Maritimes and Coastal Wonders: July 19-30, 2025 (Collette)

Croatia Yacht trip with Venice, Italy: August 18-30, 2025 (Collette)

Islands of New England: October 2-9, 2025 (Collette)

Canada and New England Cruise:



SC Travelers commemorating the 80th anniversary of D-Day.

October 14-25, 2025 (Crystal through Alamo)
European Christmas Markets: December 4-11, 2025 (Collette)

See the Travel Club web page on the SCR web site for details on all trips. Click on the “Trips” button for links to the flyers for all available trips. Coming soon — A trip to Branson, Missouri.

The Travel Club meets the 4th Monday of each month at 3:00 pm in the Ballroom. December brings our annual Holiday Party in lieu of a meeting. Hope you were able to join in the fun as we celebrated “Merry Grinchmas” on December 1st.

Join us for our next scheduled meeting on Monday January 27, 2025. Remember to bring any unwanted travel-related items (in excellent condition) for the “back table.” Donated items are available to all members on a first-come basis, so check the table when you get to the meeting!

• • •

Birders

BY JANET MORELLI

The leaves should be off most deciduous trees by now, making birdwatching a lot less challenging. Waves of migration have passed our area depositing some bird species that are going to call the Central Valley (Sacramento Valley and San Joaquin Valley) their winter residence. This is a prime time to visit area refuges and preserves and view these temporary residents.

In early October, Birders visited Ferrari Ranch Trail in West Lincoln where they spotted 21 species, including the Ring-necked Pheasant, Red-tailed Hawk, California Quail, Says Phoebe, and Lark Sparrow. In addition

to watching birds, the Birders saw river otters, turtles, and a coyote chasing a jack rabbit (the jack rabbit won!)

Later in October, the Birders’ field trip schedule for 2024-2025 directed them to Mahany Park in Roseville where, again, they identified 21 species. Among those seen were the Meadowlark, Savannah Sparrow, American Kestrel, Western Bluebird and Red-shouldered Hawk.

Two field trips are scheduled for the month of December. On December 5, the Birders will be going to Gray Lodge Wildlife Area in Gridley, located in the path of the Pacific Flyway. We are almost guaranteed to see thousands of Snow Geese and Greater White-fronted Geese at this site.

The second field trip scheduled for December will be on December 19 to the Yolo Bypass Wildlife Area near Davis. Last year this area was closed due to flooding, but the year before, we sighted 23 species mainly of waterfowl, hawks, and herons.

SCR Birders’ website has a schedule of bird watching field trips planned for 2024-2025. A week prior to each trip, an eBlast is sent to all SCR residents on the Birders’ email roster. Residents can be added to the roster by contacting Janet Morelli at 916-782-6393.

• • •

Garden Club

BY SUZETTE AUSTIN

Our annual Garden Club Christmas Breakfast and Gift Exchange is December 3. Doors open at 8:30 am at the Timbers in the Aspen, Birch and Cedars rooms. At 9 am we will enjoy a Quiche Buffet with fruit, bacon and drinks. This will be followed by a

gift exchange with each participating member or guest bringing a wrapped gift with a \$25 maximum value. A short general meeting will be included at this event.

Debbie Buehler, a CCN (Certified California Nurseryman), from Green Acres Nursery was the speaker for our November 5 meeting. In her presentation she shared her expertise in winterizing our gardens including pruning, bulb care and protecting from frost.



Our Garden Club meetings are on the first Tuesday evening of each month at Sierra Pines. A short December general meeting will be included with our Garden Club Breakfast. Our first meeting for 2025 will be January 7. Doors open at 6:15 pm, our meeting will begin at 6:45 pm and end by 8:15 pm. Please join us and enjoy cookies prior to the meeting. Guests are always welcome. Don’t forget to wear your name badge.

We will have a table at our January meeting to “Share the Bounty.” If you have a garden and have extra fruit, herbs or vegetables you are invited to share. You may want to add serving suggestions, such as “allow to ripen on the counter” or “chill and enjoy” as well as the name of the donor.

• • •

(more Club News cont’ on page 17)

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Majestic Princess ~ 3560 Passengers	Sep 9, 19, 29, Oct. 9-2025	\$1,398	N/A	\$2,221	
Sail from Boston, ME; Portland, MA; St. Johns Bay; Halifax, CA; Sydney, CA; Charlottetown, CA; Saguenay, CA; Quebec City, Canada					
11 Day ALASKA From SFO! PRINCESS					
Ruby Princess ~ 3080 Passengers	Jun. 28, Jul. 9, 31, Aug. 22-2025	\$1,448	\$1,934	\$2,288	
Sail round trip from San Francisco, California to Skagway, Alaska; Juneau, Alaska; Glacier Bay National Park, Alaska; Ketchikan, Alaska; Prince Rupert, BC, Canada; San Francisco, California.					
*LINCOLN SHUTTLE TO SHIP AVAILABLE!					
11 Day MEXICO From SFO! PRINCESS					
Ruby Princess ~ 3080 Passengers	Jan. 19, Mar. 8, Sep. 24-2025	\$948	\$1,091	\$1,968	
Sail round trip from San Francisco, California to Manzanillo, Mexico; Puerto Vallarta, Mexico; Mazatlan, Mexico; Cabo San Lucas, Mexico; San Francisco, California.					
*LINCOLN SHUTTLE TO SHIP AVAILABLE!					
16 Day PANAMA CANAL - PRINCESS					
Coral Princess ~ 2000 Passengers	Jan. 20, Dec. 7- 2025	\$1,950	\$2,070	\$2,470	
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Ruby Princess ~ 3080 Passengers	Apr. 27, Oct. 12-2025	\$978	\$1,049	\$1,288	
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Cycling Group

BY SUZETTE AUSTIN

“Peace around the World” will be the theme of our Holiday Party on December 18 at Sierra Pines. In addition to a delicious catered meal we will have a White Elephant Gift Exchange. We’re asking those attending to bring a non-perishable food item to donate to the Placer County Food Bank.



October Dinner party.

“BBQ BOO!” was the theme of our October Halloween dinner party at Sierra Pines. We sincerely thank Chef Karl preparing the delectable sausage and chicken with his homemade sauerkraut. We had a fun evening of games and prizes as well as a short general meeting.

A Four Score and More breakfast was held November 14 at the Timbers Restaurant. This is a SIG (Special Interest Group) of our members who have celebrated their 80th birthday.

Although we have rides scheduled to leave from the tennis courts almost daily they’re sometimes cancelled due to rain, chilly weather and strong winds. Please contact any of our Club Officers for information on rides or text 916-759-9495 to subscribe to up-to-date texts about rides.

On Friday mornings many of our Sun City Cyclists ride to Panera Bread for coffee. Some

our riders (and retirees) drive there on Friday for camaraderie and a cinnamon crunch bagel. You’re welcome to join us about 9:30 am.

Our next general meeting is Monday, January 20 at 8 am in Sierra Pines. This meeting will include an exchange of cycling apparel and gear. If your looking for a cycling jersey or have cycling items or clothes you aren’t using, you’ll want to participate in in this event.

Watch your email for eBlasts on activities, check our webpage on the SCR website (Community/Clubs & Groups), and visit our photo gallery for fun pictures of our rides and group activities.

...

SCR Hiking Group

BY SILVANA HUGHES

The mild fall weather made for some very enjoyable hikes. In late October we visited the Bobelaine Preserve which is a National Audubon Sanctuary on the Feather River near Yuba City. This riparian forest of cottonwoods, sycamores and willows is home to a wide variety of birds and wildlife. We were able to hear the chirps and tweets of the many birds that reside in this lush habitat or visit during their migration along the Pacific Flyway. We spotted a few flowers and snacked on abundant



Darrington Trail hikers 10-17-2024.

wild grapes. On an earlier hike to Robie Point, we observed several deer scampering in the woods. Many thanks to our dedicated hike leaders who make these experiences possible!

We look forward to this year’s holiday celebration which will be a no-host dinner at Timbers Restaurant on Friday, December 6. A big thank you to Dori Zuchold for planning this event! The next Hike Group meeting will be on March 10, 2025.

Below is the December schedule, subject to change depending on weather and trail conditions. Bring water, snacks/lunch, and a change of shoes to keep the driver’s car clean. We meet at 8:45 am in the lodge parking lot near the tennis courts for carpooling and a 9:00 am departure. Happy hiking!

December 5: Empire Mine, rated #4.5 (easy to moderate), 6 miles, elevation gain 750 feet, \$8 carpool ride.

December 12: Rattlesnake Bar to past Avery’s Pond, rated #4 (easy), 6 miles, elevation gain 500 feet, \$8 carpool ride.

December 19: Cool to Quarry Trail Head, rated #4 (easy), 5.5 miles, elevation gain 350 feet, \$8 carpool ride.

December 26: Sterling Pointe Loop, rated #4.5 (moderate), 6 miles, elevation gain 900 feet, \$8 carpool ride.

...

SCR Softball

BY PATRICK MAGLIONE

Well into the holiday season, please be reminded that there is no membership meeting in December, so our next membership meeting will be January 8, 2025, which marks the deadline to register to ensure your spot in the draft, scheduled for February 5, 2025.

If you have not yet signed up, you may want to do so before getting caught up in all your holiday festivities. Visit our club website www.rosevilleseniorsoftball.org to print an application and waiver. Complete and submit along with your check as instructed. You may also check the kiosk at the lodge for an application.

The status of our sign ups as of this writing is thirty-seven players, with at least sixty players needed for five teams. We encourage you to register as soon as possible so we can determine whether we be able to field five teams.

We have four sponsors committed and a fifth sponsor standing by. We also have four team managers and coaches, but will hopefully need to line up a fifth. As you can see, there are a couple of matters hinging on the number of players that register to play. Signing up now will help finalize these and other related matters at an earlier and more manageable time frame. Thank you for your consideration.

With practices having ended in November, we expect to resume practices on January 13, 2025, which will be confirmed as we near that date. An update on sign ups and team status will be forthcoming in the January 2025 article.

The SCR Senior Softball Club wishes each and every one of you and your families a joyous holiday season and a safe and healthy new year. May 2025 bring peace and hope to all.

...

SCRCA Tennis Club

BY WENDY LEIMBACH

As the holidays are near, let us reflect on the idea of giving back to our community. In our tennis club we have many who give of
(cont’ on page 19)



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Observations — Looking Back on Baseball

BY MARTIN GREEN

Readers may know that I'm a New Yorker. I was born in the Bronx and grew up there during the Depression years. Yankee Stadium is in the Bronx and the team was known as the Bronx Bombers, so, of course, I was a Yankees fan. Also, when I was a teenager I played handball every weekend at MacCombs Dam Park, which was right next to Yankee Stadium, and some afternoons we'd walk over and get bleacher seats for 55 cents. Yes, baseball was actually played in the daytime back then. And you could see a game for 55 cents. All of this is by way of a prelude to admitting that, after many years of not watching baseball on television, I watched this year's World Series because I'm still a Yankees fan.

The first thing I noticed when watching was how much bigger baseball players had become. Back when I was a kid (it was way back) some baseball players looked like average people so it was possible to imagine becoming one yourself. My fantasy, which I thought was being realistic, wasn't that I'd be a star but rather a relief pitcher. I'd come in the last inning and baffle batters with my variety of slow pitches to preserve the victory. As I passed the great DiMaggio he'd say, "Got get 'em, kid."

Baseball of course has changed in many other ways. Pitchers used to pitch nine innings and relief pitchers were old starters who couldn't go nine innings any more. Now

a starting pitcher might go five innings and then the relievers will come in, one inning at a time. And now it seems that almost every pitcher can throw at 100 miles an hour or close to it. I imagine hitters must have super quick reflexes to see and hit the ball.

Despite the World Series outcome, I enjoyed watching baseball again. The sport doesn't have the frenetic pace of sports like football or basketball, but it still builds up suspense as batters battle pitchers with ball one giving the batter an advantage, then strike one giving it back to the pitcher and so on until the count reaches three and two, and the batter keeps on fouling off those 100 miles an hour pitches to stay alive, and you wonder if he'll strike out or maybe catch a hold of one and hit a home run. In football, anything can happen as an interception or a fumble can turn a game around. The Yankees showed that in baseball, anything can also happen as, sailing along with a 5-0 lead behind their best pitcher, they committed all those errors to eventually lose the game. But, as a Yankees fan, I don't want to dwell on that.

In Memorium: My wife Beverly passed away two years ago last month, and it seems impossible that it's been that long. I know how easy it is to forget someone so I'd like to ask those who knew Beverly to stop and remember her and for other readers to give her a passing thought. Thank you.

SCRCA Tennis Club

(cont' from page 17)

their time and experiences. One special club member is our tennis secretary, Carol Delville.

Carol is a retired middle school math and science teacher who is also the volunteer Tech Trek Roseville-Placer County branch coordinator for the local AAUW (American Association of University Women).

This organization participates in the yearly national STEM program that offers scholarships for a one-week camp at UC Davis to selected 7th grade girls at local middle schools.

STEM (Science, Technology, Engineering and Math) is a hands-on learning program to expose these disciplines to young girls as a possible alternate path for their future education and career. The girls live on the campus for one week, experience college life and engage in various workshops, classes and demonstrations coordinated by the local AAUW.

Carol spends each year forming relationships with the schools, teachers, and principals. She coordinates all the state required paperwork and legal documents necessary to allow the AAUW to fund this program each year, Carol heads up the selection committee and participates in interviews and final decisions on who will



Carol and the 2023 scholarship Tech Trek Girls.

receive the scholarship. She also collaborates with the girls both before and after camp to ensure that their experiences are successful and productive.

As to the why Carol does this, it is her love for education and her desire to open the opportunities that are available to young women as they navigate their career paths. Carol's instinct to help and support and engage these young women to believe in themselves and their abilities is one of her unique qualities. Carol, as this is a time of Thanksgiving, our club is giving back by saying thank you to you.

He & She Golf

BY JAHNA HOLMES

'Tis the season! Our Holiday Party is Friday, December 6 in the Ballroom. We have a new band, The Rusty Rockers, and expect a good crowd! See you there!

As it's the end of our golf calendar year, please remember that 2025 dues of \$12.00 will be due beginning in January. Checks can be put into the red membership folders in both Pro Shops any time AFTER Christmas. Returning members do not need to fill out an application UNLESS you have a change of email or phone number.

Eighty plus members showed up for the October 14th Fall Festival and enjoyed the baked potato bar with all the fixin's. Both groups played a scramble for the tournament on that day, and the weather was delightful! First, congratulations to Joan Meyers on her Hole-in-One on hole # 6! The 1st place team scoring 64 was Joan Meyers, Dave Driscoll,

(cont' on page 21)

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SUN SENIOR PROFILES *Getting to know you...*

Michael Stewart

(cont' from page 1)

Stewart, a 10-yr. NBA player including with the Sacramento Kings; and Samantha Stewart, a graduate of San Francisco State University.

Michael and his family lived for two years in Northern France where he played for the team Berck-Sur-Mer. They lived



Michael Stewart's family watching him play in Monaco — May 29, 1978.

geographically close to an area where they were able to learn French remotely via an English TV channel.

After playing two years in Northern France, they moved to Monte Carlo (Monaco) where Michael continued to play professional basketball and was surrounded by famous people. Michael had a standing date every Thursday to meet Ringo Starr at one of the casino bars and



Legacy poster — August 9, 2022.

talk, but never broaching the subjects of music or basketball. Michael did PR work with Joe DiMaggio, and gave basketball lessons to Jodi Scheckter, the Formula 1 World Champion car driver in 1979. He was invited to dinner at the palace by Princess Grace and Prince Rainier and became good friends with one of their children, Prince Albert. Michael and Carolyn were given ringside seats to the Leon Spinks vs. Gerrie Coetzee at the World Heavyweight Boxing Championship in Monaco. He attended five Monte Carlo Grand Prix events and had the lead acting role in a French TV series, Salut Champion, in 1981. And after leaving Monaco, he signed on to play in Italy for one year for Caserta, before retiring from basketball and returning to the states in 1982.

While Michael was busy on the court, Carolyn taught Conversational English and their children learned to be multi-lingual, speaking English, French, and Italian. Samantha, at age six, spoke four different languages,



Michael Stewart holding a newspaper showing his son Yogi as a new Sacramento King — Dec. 26, 1997.

one being a dialect of Italian and French. The family traveled to every country in Europe and Michael, who speaks fluid French and a little bit of Italian, recommends driving as the best way to experience the distinct culture of each country.

Michael recalls that when he lived in Europe, he became an ambassador of sorts for the United States. Living in a close community, his neighbors and friends expected him to be up on U.S. finance and politics. So, he subscribed to the International Herald Tribune so he'd always be on top of the current exchange rates and what political issues were in the headlines.

After relocating to Sacramento where his mother and stepfather lived, Michael was hired by Hewlett-Packard in Roseville where he spent the next 25 years traveling the Far East and all but three of the states as the manager of HP's Global Small Business Program. He reported to Carly Fiorina, 2016 candidate for President of the U.S., and received the Small Business Administration's National Small Business Advocate of the Year Award in 2007. He also served as HP's United Way Loaned Executive in 2000.

One big project he took on after retiring from HP was demolishing his mother's house

and rebuilding it himself from top to bottom—with the help of a few specialists and a Do-It-Yourself book. Then he decided to return to the corporate world, this time with Booz Allen Hamilton which was a major consulting firm to the federal government in Washington, D.C. Michael became their Global Small Business Liaison Officer and spent extensive time in meetings at the White House and the Pentagon. With his friendly nature and agreeable personality, Michael got along with everyone he met. "I never had a bad day at work," he says with a smile.

In the summer of 2012, he took a break from work to attend the summer Olympics in London, swim with the dolphins in the Mediterranean Sea off the southern coast of Malaga, Spain, and later traveled back to Monaco to be inducted into their Sports Hall of Fame.

Michael moved to SCR in 2016 and started a small business, Long River Health Care, which sold medical supplies locally and statewide. Samantha, who had been diagnosed with Multiple Sclerosis, moved in with him in 2019. "My greatest joy in life is taking care of my daughter," Michael says.

Both he and Samantha think the world of Sun City Roseville. "It's the best place Samantha and I could ever live in," he says. Michael has been part of the Foundation Maintenance Team for eight years. He also is the Neighborhood Watch person for Cobblestone Court where its residents have nicknamed him "The Mayor of Cobblestone Court." He and Samantha frequent the Fitness Center and the Timbers restaurant.

Michael keeps close ties to the sport of basketball where he averaged 18.9 points a game, with his highest score being 61 points. He and Samantha recently attended a game in Las Vegas to watch grandson, Sean, play for Ohio State. He has another grandson, Miles, who plays for Howard University.

Both Michael and Samantha are friendly and approachable, so if you see them around, be sure to say hi. What a splendid addition they are to our community.

Want to share your story or know a neighbor who should be recognized? Just let us know!
Call us at 916-727-6383 or e-mail us at: SunSeniorNews@gmail.com

He & She Golf

(cont' from page 19)

Julie & Steve Harris; The 2nd place team scoring 65 was Ken & Karen Shahoian, Steve Hennessy and Jeri Lehnhoff. Two more places were awarded.

The 9-hole group played a red-white-blue scramble, with par 3's from the blue tees. No one made it to the green on hole #5!! 1st place team scoring 34 was Marty & Bobbie Hostler, Roy Thompson and Monica Konkel. The three 2nd place teams scoring 35 were Bob Niznik, Bill Pagano & Candi McDonald; Ed & Mariette Araya and Bill & Barbara Wells, and Dennis Hellman, Don Cook and Raquel Godfrey. Two more places were awarded.

Both groups also played on a lovely but chilly October 22, but I'm out of room to list results. Here's wishing everyone Happy Holidays, a wonderful New Year, and all the best for more great golf in 2025! Cheers, everyone!!

...

Sierra Pines Ladies Golf

BY PAM SKARG

What a wonderful time of the year for the Lady Niners as they get ready to bring in the holiday season and celebrate the end of their year with their annual holiday brunch. It is a time of fellowship, laughter, good food, awards and prizes. It is also a good excuse to get out of our golf clothes and into something festive. Thank you, Denise Roberts and your team of elves, for making this a special event.

This year has been a year of changes: new officers, a new club champion, new bi-monthly general meetings and best of all 16 new members. Hopefully, looking back, there have been new and better handicaps to celebrate.

- Most Improved Players for October —
- Flight A: Pam Cabezas
- Flight B: Bobbie Hostler
- Flight C: Debby Huntington
- Flight D: Denise Randall (new member)

Congratulations, ladies, as you were still golfing in the heat.

Our club is always welcoming new members. The Lady Niners love their golf, love to laugh and love making new friends. Please come join us, you will love us too.

"Golf's three ugliest words: still your shot." Dave Marr

Happy Holidays and Cheers to the New Year!

...

(more Club News cont' on page 23)

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Timber Creek Women's Golf Club

BY NANCY LABRADA

It has been a very busy year for our Club filled with so many events: 36-Hole Better Ball Tournament, Club Invitational, Handicap Championship, 9/18 Hole Mixer, Club Championship, and ending with the always fun and festive Holly Jolly Tournament on December 6.

In November we started with 9:00 am tee times to continue through March.

Due to the wonderful support of our members during October Play for P.I.N.K., our club made a generous donation to the Breast Cancer Research Foundation, where 100% of funds donated goes to research. Thanks again to Barbara Mills and committee for organizing this worthy fundraiser. Kathy Hamilton was the proud recipient of the P.I.N.K license plate holder.



Kathy Hamilton P.I.N.K. License Winner

The Most Improved Players for October are: Bonnie Brown (1st Flight); Nicki Wampold (2nd Flight); and Shirley Libis (3rd Flight). Congratulations!

We are happy to welcome great golfer, Julie Kim to our 18 hole club. Julie originally came to Southern California from South Korea approximately 20 years ago. From there she moved to then Bay Area, then Rocklin, and settled in Sun City with her husband a little over a year ago. She has been a member of many golf clubs over the years both in/Southern California and the Bay Area. Her Big Sister is Kathy Hamilton.



Julie Kim

We end the year with our Holiday Luncheon on December 11 in the ballroom with the presentation of awards and the eagerly-awaited announcement of the Overall Most-Improved golfer for 2023. Thank you to Barbara Simon for hosting this event.

Happiest Holidays to All.

• • •

Timber Creek Men's Golf Club

BY MIKE MURPHY

Hello from the Timber Creek Men's Golf Club! We have finally entered the fall months after a long sweltering summer. We are now enjoying beautiful cool mornings and mild afternoons, perfect for golf with our friends and fellow members! As the year winds down, we remind our members to renew their memberships for 2025, please contact Neil Hamilton. We invite anyone interested in becoming a member of our club to contact Neil Hamilton our Membership Director at 707-529-4038 or email him at neilhamilton6049@gmail.com



Sol Labrada, Gary Pedersen, Harry Temple, and Ted Allen ready to play in a recent Tuesday Club outing.

Our final club event of the year will be the Last Chance Tournament on December 10. This is a team scramble which is always fun and a terrific way to spend the day with your friends. Our holiday breakfast is scheduled for Wednesday, December 4. We are looking forward to the skills challenge held after the breakfast where members compete for bragging rights and prizes in long drive, putting and chipping. Congratulations to John Woodbury who had a hole-in-one on the sixth hole at Timber Creek on October 10 using a 7-iron. Well done, John! Our officers were elected at our last general meeting on November 6. For 2025 our officers will be: Jeff Dean, Treasurer, Rich Aug, Secretary, Mike Murphy, Vice President, and Bob Pearsall President. Congratulations and we all look forward to a great 2025 season.



Julian Erickson and Rich McGinness participate on a RAMP Day.

Our next general meeting is on February 5 at Sierra Pines. Free donuts and coffee will be served by Bill Ledoux at 8:00 and the meeting starts at 8:30. We encourage all our club members and guests to attend. We would like to invite anyone interested in joining our club to attend our meetings, it is a fun way to spend a morning!

See you on the links!

• • •

Golden Niners

BY WALTER BROMBY

The Golden Niners held their quarterly meeting on October 16. Brat sandwiches and potato salad were enjoyed by Golden Niners in attendance, with Klondike Bars for dessert after the meeting concluded. During the meeting, Bill Pagano announced that club membership is now 156. Club President Bud Haddix introduced the SCR Association speaker Ralph Faust who is the current President of the SCR Board. Ralph spoke on a number of issues including SCR fallen tree and replacement plans; the new Safeway property access for SCR members through the parking lot off the street; a more serious "Impact Report" to the City Of Roseville concerning the proposed development of a future Warehouse and Industrial area with access from Blue Oaks Blvd. and the expressed impact this new area will pose to sun City Residents.

The First Tee Management sent a message to thank the Golden Niners for helping support the recent First Tee Golf Tournament.

Club Secretary Joseph Campagna gave a brief overview of the December 18 Holiday event that will be held in the Timber Creek Ball Room with the cost to attend set at \$25 for members and each guest.

Another round of Golden Niners shirts and hats have been ordered by club members. Proceeds go to the First Tee program. Thank you Niners for your support!

The club has added new member Scott Larson and returning members Bill Dulin and Randy Carson. Welcome Scott and welcome back Bill and Randy!

Top money winners for October were Gordon Rusaw, \$54, Rick Robinson, \$50, Greg Worth, \$45, James Ryan, \$39, Gary Lee, Lowell Ploss, and Anthony

Riggio, \$36. The October 1 Modified Scramble saw six Poley's scored! Dennis Thompson, Rob Schroeder, Bob Horning, Gordon Rusaw, James Ryan, and Bob Paese all won \$5 added to any additional tournament winnings.

• • •

Pickleball Club

BY ANNE BURNEY

As we head into the homestretch for 2024 it's a good time to reflect on some of the exciting events, improvements, and growth of the Sun City Pickleball Club.

In addition to drop-in morning pickleball Monday thru Saturday, members have enjoyed several tournaments throughout

the year. These tournaments are fun, competitive, and social. The pickleball Club has also reached out to other over 55+ communities and arranged evening pickleball play. These events are a great way to meet new people outside of Sun City and share the love of pickleball. The club has offered events for both newcomers and experienced pickleballers.



Paul Roberts and Debbie Carapiet, teaming up against Placer Heritage Vineyards.



Jeff Bennett at Placer Heritage Vineyards Pickleball Club,

The club has seen many improvements this year. The courts were newly resurfaced in May along with new nets. Sunshades were installed on the courts as well as over the courtyard. It's now a perfect place to sit, have a cup of coffee, and visit with friends. The club also acquired two more pickleball courts. We now have a total of 8 courts.

As far as growth, the club now has 169 pickleball members. Just last month the club welcomed Debbie and Jim Sajdak, Nikki Combs, and Marilyn Pluth. With beautiful facilities and lots of fun events for playing pickleball and socializing the club keeps expanding. Look for the addition of a ball machine for the pickleball club in 2025

So, get out there, play safe, and keep sharing this wonderful game every chance you get.

• • •

Bocce

BY DAVID MOORE

The Fall Mini-league ended festively with an amazingly beautiful sunset at the Awards Party at Sierra Pines where every participant received a cash prize. The first place finishers, as would be expected, received the biggest awards.

They were: Wednesday night: Team 1 of Steve Cooper, Jim Hackbarth, Lana Madak and Shelley Weisman.

Thursday morning: Team 8 of Kate Duane, Ken Lane, Bev Lewis and Phyllis Niski.

(cont' on page 25)

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Bocce

(cont' from page 23)

Thursday evening: Team 13 of Tom Carden, Carolyn Friend, Terry Lane and Kevin Myers.

Friday evening: Team 3 of Jerry Bice, Fred Haseley, Jan Rivera and Debie Smith.

Saturday evening: Team 8 of Mike Christy, Ilona DeRosa, Michael Foote and Lynne Johnson.

Sunday evening: Team 8 of Rick Fischer, Paul Keck, Marjorie McKee and Salli Scott.

Monday evening: Team 9 of Ron Brower, Bob Cecil, Diana Gerlach and Jean Hays.

Tuesday morning: Team 2 of Linda Fredericksen, Shelley Galvin, Pat Horning and Arlene Lizotte.

Tuesday evening: Team 6 of Edie Durham, Sandi George, Lynn Jones and Frank Paluch.

Although the numbers are fewer there are still plenty of players enjoying Bocce at the Monday afternoon winter league. And the cold weather hasn't put a damper on the partying as the November Harvest Moon Party was a sellout.

For anyone who hasn't been down to the Bocce Courts recently, the biggest change you'll find is the absence of the Bradford Pear trees on the patio. Fire blight forced the removal of all of them.

• • •

Cornhole Group

BY STEVEN GUSTAFSON

Now that the weather is cooler, we play cornhole at 3:00 on Tuesdays (instead of 9:00) on the Sierra Pines horseshoe lanes.

With the change in time new people have joined us. We (usually about a dozen of us) have a great time. You don't need to be a "serious" player — cornhole is fun no matter how you play. Also, you'll get mild exercise, and you'll improve your eye-hand coordination.

You are welcome to join us in playing cornhole and having fun.

• • •

Croquet Club

BY PATRICK MAGLIONE

By the time you read this article, we will have had our November 17 membership meeting and holiday social. Our incumbent officers have all agreed to stay on and there has yet to be any other members who have



The removal of all the trees totally changes the appearance of the Bocce Court patio.

expressed an interest in running for any of the four positions. If that holds true, we will have had our election at that meeting and voted as follows: President, Louisa Maglione; Vice-President, Judith Shively; Secretary, Janice Shreve; and Treasurer, Patrick Maglione. Will confirm this to members in an email and posting on the bulletin board.

Regarding our social, our meal will have been provided by El Pollo Loco, consisting of Fire Grilled Chicken, Rice, Pinto Beans, Corn, Flour Tortillas, Cole Slaw, Chips, Salsa, Guacamole, a

Surprise Dessert, as well as wine and beer. We will also have been visited by our special guests, Mr. and Mrs. Wright. If you were unable to attend, you will have missed a great holiday season kick off. Oh, and who are Mr. and Mrs. Wright, you ask? Hmmm!

For those of you members who no longer play croquet, we encourage you to stop by the court (yes, court - singular) to take a look. Our two half size courts have been combined into one regulation size court, which offers us a whole different prospective of the game. This certainly puts a new spin on the game for most of us, giving us a greater challenge and lots more exercise. So, those of you who seem to breeze through the half-court game, this full-size regulation court will certainly be humbling. But not to fret, before long you'll be back playing like a pro once again.

Best wishes for a joyful holiday season and may the new year keep you healthy and hopeful.

• • •

Billiards

BY DAVID ZAN

The Billiards Club continued to be very active during October. Monday morning Ladies (9:00 am to 11:00 am) would like to increase their numbers and are looking for new players. No experience necessary. If you are not coming out because you are worried about your skill level, I am happy to give informal lessons (group or individual). Any afternoon except on Wednesdays is good for me. Just email me (David Zan) at dzan@surewest.net to get a lesson scheduled.

For Members and Guests, please remember to sign in on the sign-in sheet

when entering the Billiards Room and please print your name. Some signatures are hard to read... thanks.

Gentle reminder to any member cancelling their pool cue locker rental should drop their locker key in the drop box after cleaning out their locker.

The Team Tournaments on Tuesday at 1:00pm are attracting a full house and are very competitive. Congratulations to David Deninno for being the winning team four out of five weeks in October.

Winners of the team tournaments in October were — October 1: 9 Ball - David



Deninno & Bob Cecil, Ron Judd & Terry Satchell, Don Warden & Jerry Crosby. October 8: 8 Ball - Jerry Crosby & Tony Cardoso. October 15: 8 Ball - David Deninno & Roy Stearns. October 22: 8 Ball - Bob Cecil & David Deninno. October 29: 8 Ball - David Deninno & Troy Cardoso.

• • •

Mah Jongg

BY BECKY MATSON

Join us for this fun, critical thinking game. We play in the Card Room on Mondays from 12:30 pm to 3:30 pm and on Fridays from 9:00 am to 12:00 pm. You can play either or both days!

Next year's dues are \$15. We will start collecting the dues in early January 2025.

It is also time to order our 2025 Mah Jongg cards. There will be a folder, for each, available in the Card Room. Please follow directions on the outside of the folders. The last day to order is January 24, 2025. Standard size cards are \$14 and Large Print cards are \$15. If you don't play MJ in the Card Room, you may mail or deliver your order and check (made out to SCRMJC) to: Jackie Spencer, 7613 Timberrose Way, Roseville, CA 95747. Checks will not be cashed until the end of January. Cards will be mailed to you in the spring.

If you are interested in learning to play Mah Jongg, please get in touch with Pat Oberlander at

916-929-5582. Lessons are given several times a year. Happy Holidays!

• • •

Bridge Club

BY COLLEEN TOVEY

The SCR Bridge Club participates in the ACBL (American Contract Bridge League) matches. ACBL is worldwide and has thousands of sanctioned matches weekly. If a member does well in a match, he/she earns master points. The monthly ACBL Bulletin lists both matches and member milestones. Some SCR Roseville life masters are Ella Bosse, Peter Bosse, Bill Huber, Dick Pankopf, Susan Pankopf and Willie Williams. Last month our bridge club hosted Lincoln Hills Bridge Club Exchange in which 88 players participated in a sanctioned match. Next year the event will be held at Lincoln Hills.

The Bridge Club Holiday Luncheon will be held Monday, December 9, at 11:30 in the Ballroom. Cynthia Cecil is chairman of the event. The cost is \$25 for members and \$35 for guests. After lunch bridge will be played. The deadline for signups was November 27th.



Cynthia Cecil

• • •

Bunco

BY PAT OBERLANDER

The holidays are upon us! By now you've filled your belly with lots of good food and your heart with the things you are thankful for. Now we are in the spirit of giving and I want to wish all of you a Merry Christmas, Happy Hanukkah or whatever you and yours celebrate.



Please Join us at Bunco on the 2nd and 4th Monday of each month. Sign in starts at 8:30 am and we start playing at 9:00 am. We'd love to see you. We're in the card room at Timber's Lodge. You don't have to commit to every time, but once you start, you'll be hooked. We are always looking for fun loving players. And if you win, you'll get your 15 minutes of fame! We have several new players and are enjoying getting to know them, so bring your neighbors or friends anytime.

Winners for 10-14: Linda Solomon, Shari Lynn Goodwin, Yoshi Polgar, Becky Matson and Sue Bianco. Winners for 10-28: Debbie Phillips, Jackie Spencer, Judy Spencer, Shari Lynn Goodwin and Dottie Thornton.

• • •

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SCR Foundation 2024

(cont' from page 1)

Everything the Foundation has accomplished has been attributable to its volunteers. That said, we are wishing Paula Silva a happy retirement from her phone volunteer duties after more than 10 years of dedicated service to the Foundation. We can't thank her enough. If you're interested in volunteering to help out with the phones, please reach out to Arleeta Krolkowski, Phone Volunteer Coordinator, at 916-205-8314 and learn about what the job entails.

We are excited to announce our new partnership with Del Oro Caregiver Resource

Center, a private nonprofit agency dedicated to improving the wellbeing of family caregivers throughout their journey. They offer services to family caregivers of adults with chronic and disabling conditions or diseases. With a team of highly-qualified, professional staff, Del Oro helps families through a full range of programs and services. As we work through setting up the program with Del Oro we'll be releasing more information to the community. Check our website to keep fully informed. We would like to thank you all for your continued support and wish you a wonderful holiday season. Best wishes for 2025!

Game Day Express

Are you tired of navigating busy downtown Sacramento traffic and parking lots? Make Roseville Transit part of your game plan! Join fellow Kings fans on non-stop bus service from Roseville to Sacramento for 2024-25 season games at the Golden 1 Center.

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Learn more and buy your tickets online: roseville.ca.us/GameDayExpress.

Curbside Leaf Pickup Season Runs through January

The changing of the seasons means leaves can pile up quickly. Take advantage of Curbside Leaf Pickup through January 17.

Roseville's complimentary Curbside Leaf Pickup service helps prevent fallen front yard leaves from clogging stormwater drains and washing into our creeks and streams, disturbing the sensitive ecological balance and affecting plants and wildlife.

The City offers bagged or leaf pile pickup depending on the tree coverage in your neighborhood.

Learn how you can participate: roseville.ca.us/LeafPickup.

SCR Library News

BY ELIZABETH GUSTAFSON

We have some new shelves in the library that will allow us to have more books. We thank the SCR Foundation for funding these shelves and the SCR Association for arranging for their installation. They look great!

In January the library will be hosting two discussions by panels of authors who live right here in Sun City. You can find many of their books in the Local Authors section of our library. Watch for the announcements and come to learn about their work.

The Library is open for Sun City residents Monday-Saturday 10:00-4:00 and Sunday 10:00-2:00.

When we are not open, you can return books in the drop box by the door.

New Books – Fiction: Child, Lee - In Too Deep; Connolly, Michael - The Waiting; Jance,

J.A. - Den of Iniquity; Koontz, Dean - The Forest of Lost Souls; Korelitz, Jean Hanff - The Sequel; Penny, Louise - The Grey Wolf; Pooley, Clare - How to Age Disgracefully; Rosenfelt, David - The More the Terrier; Steel, Danielle - Triangle; Stevenson, Benjamin - Everyone this Christmas has a Secret.

Non-Fiction: Garten, Ina - Be Ready When Luck Happens (memoir); Grisham, John - Framed: Astonishing True Stories of Wrongful Convictions.

Large Print: Archer, Jeffrey - An Eye for an Eye; Bayard, Louis - The Wildes: A Novel in Five Acts; Child, Lee - In Too Deep; Connolly, Michael - The Waiting; Grisham, John - Framed; Korelitz, Jean Hanff - The Sequel; Macomber, Debbie - A Christmas Duet; Martin, Madeline - The Booklover's Library; Patterson, James - Murder Island; Pooley, Clare - How to Age Disgracefully; Steel, Danielle - Triangle.

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SUN CITY REAL ESTATE UPDATE

There are four types of buyers we are seeing in Sun City right now and they all are willing to pay different amounts for a home. At the base, are those buyers looking to buy homes that are in bad shape at significantly lower prices. Next is the buyer who wants a cosmetic fixer that needs carpet, paint, appliances and most likely kitchen counters. They are looking for discounted homes but not in such bad shape as to require more significant investments. Next are those willing to take dated interiors as long as they are clean and in move in condition. Last, and these buyers are willing to pay a premium, is the home that has been fully updated, kitchen, flooring and baths. These buyers have been paying a premium. On homes valued at \$550,000 in clean but not remodeled homes, the range in values between these buyers is \$460,000-\$650,000. Quite the range, where does your home fall?



WRITTEN BY GEORGE BROWN
916-297-3500 CALL/TEXT
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**FREE ADS — INCLUDE:

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Business Ads are 15 words for \$35 for one-month. Additional words \$1 each. (\$90 for three months for the same ad.)

If your classified ad is determined to be "business" related, we will email you an invoice that will allow you to pay immediately with a credit card, or mail a check.

*HINT on Word Counts: A "word" is anything separated by spaces, or as reported by word-process software like Microsoft Word.

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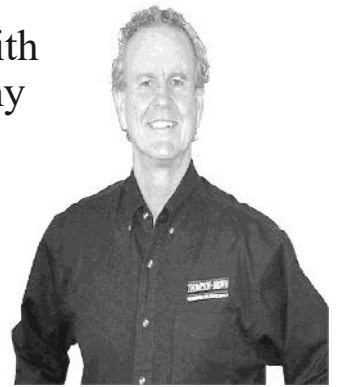
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George Brown

Recent Sales in Sun City Roseville



**7000 Mule Team Way
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SOLD \$492,000**



**7107 Dream Inn Lane
Shasta
SOLD \$515,000**



**6185 Rose Garden Lane
Calaveras
SOLD \$605,000**



**6108 Strawberry Station Loop
Sierra
SOLD \$629,000**

*All measurements and all calculations of area are approximate. All Sales from all MLS Brokers. Display of MLS data is usually deemed reliable but is NOT guaranteed accurate by the MLS. Buyers are responsible for verifying the accuracy of all information, Sales from all MLS brokers