

# SUN SENIOR NEWS

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## Players — *And Then There Were None*

BY SUE VILLARREAL

Players to Perform Agatha Christie in June — Two dozen people auditioned for the eleven parts in the June production of Agatha Christie's murder mystery "And Then There Were None." The audition team, Ken Reiss, Sue Villarreal and MaryEllen Vogt (Director), said at the conclusion that they could have cast TWO shows from the auditioners they saw! It was challenging to select from such an impressive array of theatrical talent.

According to Director MaryEllen Vogt, "In an ensemble play, all members of the cast work together for a unified effect, rather than emphasizing individual performances. Simply put, there is no star or lead. Each part is as important as the others and the cast depends on a sense of chemistry and community. Interestingly, in most of Agatha Christie's plays, there was a lead, often Hercule Poirot, a detective who solved the mysteries, as some may recall in the recent production of 'Murder

on the Orient Express.' However, in Christie's 'And Then There Were None,' she included no detective or other obvious character who solves the mystery. Instead, the audience is kept in the dark about the murderer, who could be any one of the play's characters."

Now that the play has been cast, the real challenge begins as all actors begin to memorize their lines, study their characters and develop their on-stage relationships. In addition, the production team will also be hard at work behind the scenes building sets, gathering props, creating costumes and much more. Producing a play requires a team of creative minds and helpful hands!

The ensemble includes, in order of appearance: Bob Tatum, David Africa, Mary Whittaker, Cindy Griswold, Rudy Schneider, Steve Gile, Jeri Chase Ferris, Jane Patton, Julie Africa and Joe Nichols. Congratulations one and all!



**Fearful cast members Rudy and Cindy wonder, "Am I next?"**

Tickets – while they last! – are on sale now in the Lodges and online at [www.sclhresidents.com](http://www.sclhresidents.com)

## LH Foundation — *Bingo, Giving and Thanks*

BY DENISE BOWDEN

April showers bring May flowers, Mother's Day, Memorial Day, Cinco de Mayo as well as the Big Day of Giving. If you haven't had a chance to donate yet, you can still go to our website at [www.lincolnhillsfoundation.org](http://www.lincolnhillsfoundation.org). Every donation goes back into the community in support of programs for our seniors.

Speaking of giving, The Foundation would like to acknowledge a special group that felt strongly about giving back to our seniors, the Adaptive Golf Group. Though no longer operating, the group put on clinics for those with special needs to get back into the game they loved after serious illness, or disability. (see full story in Compass archives, June 2013). While closing out the group's business Co-founder Paul Apfel realized there was some money raised by SCLH participants that remained in their bank account. Since the money was contributed by residents Paul felt strongly that it should be put to good use in supporting our residents, so he donated it to the Lincoln Hills Foundation knowing that it would go back into the community. This donation is much appreciated and will go toward our Big Day of giving efforts. Thank you, Paul!

Mark your calendars for Tuesday, May 27th for our next Bingo. Doors open at 12:30 and play starts at 1:00. Twelve cards for \$25,

*(cont' on page 39)*

## LH Chorus

BY GAY MACKINTOSH

"Lights! Camera! Chorus! Songs from the Cinema" is coming soon to a theater near you! And you can't get much nearer than our own Orchard Creek Ballroom. Check out those beautiful new lights in the renovated ballroom and enjoy the enhanced stage lighting and sound from our new control room.



Good seats are still available for our performances on Thursday, May 8 at 7:00 PM, Friday, May 9 at 7:00 PM, and Saturday matinee, May 10, at 2:00 PM. Go online at [www.sclhresidents.com](http://www.sclhresidents.com) or get in line at either lodge

for tickets: premium reserved \$24, standard reserved \$21.

We'll be singing you lots of ways to "Get Happy" from over eight decades of great Hollywood songs. "You must remember this" if you're a film buff: "our dreams may fin'ly come true," "a case of do or die," "won't you fly high?" If you don't recall the film, you'll still find inspiration: "In a restless world like this is," "You'll be free if you truly wish to be" as long as "you feel the power of love." From the light-hearted "Ding-Dong! The Witch is Dead" and "Chitty Chitty Bang Bang" to the poignant "Never Enough" and "Hallelujah," there's something for everyone.

We've got the "Lights! Camera! Chorus!" and the songs. So, all we need is you, our audience, for memorable May performances.

...

## Ballroom Dance

BY ERNIE MICHELI

Cha Cha will be the weekly dance lesson for May. Originating in Cuba, cha cha is a fast-paced dance characterized by its distinctive hip movement, which is achieved through the bending and straightening of the knees.

A significant reorganization of the Ballroom Dance Club has been completed. The exceptional instruction and lessons provided by Sal and Ruth Algeri will remain unchanged. However, the numerous duties and responsibilities that contribute to the club's viability have been delegated to our dedicated volunteers.

*(cont' on page 5)*

Lincoln Hills 21st Annual

# 2025 Fine Arts Show and Sale



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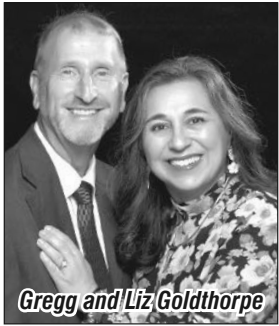
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# Neighborhood Watch

BY TERESA TANIN



Lincoln Hills' residents love their pets. At times, however, pets may become lost. For nearly fifteen years, Alison "Mary" Shelton, managed the Neighborhood Watch Lost Pet Alerts Program, reuniting hundreds of pets, resulting in a documented 98% return rate. Her team of volunteers changed from time to time, but Mary continued as the program leader. This successful program alerted residents of lost pets quickly, through detailed emails from Mailbox Captains. Times



have changed however. Posting on social media sites has become the newest method for reuniting lost and found pets. Because of this growing trend, Mary has decided to retire the email alerts program and promote the new Lost or Found Pet Information program. This new program provides the best resources available in our area. Mary dedicated her time to take each frantic call from pet-parents, who remain forever grateful for Mary's resolve. In retiring the email alert program, we all wish Mary the very best and thank her for helping in this transition. Please refer to the Neighborhood Watch website [schlwatch.org](http://schlwatch.org) for the direct link to the new "Lost or Found Pet Information." This may be a new program for lost or found pets, but there remains hundreds of wagging

tails of joy, forever thankful.  
Thank you Mary.



The General Meeting for Neighborhood Watch will be held Thursday, May 15, 1:00 PM, Fine Arts Room (OC). Learn how goals set for this past year have been reached through the implementation of organizational improvements. New goals are set annually to help streamline the organization and thereby improving the volunteer experience. Neighborhood Watch is pleased to announce a new volunteer, Director, Cheri Jagers. To view her Bio, login to the NW website [schwatch.org](http://schwatch.org) and click on main menu bar then "About us." Her qualifications will add a great deal to the depth of experiences of the collective Board. Thank you Cheri! To meet all of the Board members and fellow volunteers, attend the General Meeting, May 15. All residents are welcome to attend.

The next Volunteer Training will be held June 13, 1:30 PM check-in, Fine Arts Room (OC). These sessions are very popular and seating is limited. To reserve your seat, RSVP to email: [executiveassistant@schwhatch.org](mailto:executiveassistant@schwhatch.org). Include your name, Mail Station number, Village number, and designation, i.e. Mailbox Captain, Coordinator, or if you are interested in being a new volunteer. Training sessions will include how to maneuver the NW website, filling out forms, and a “hands on” training session using the volunteer’s own iPad or laptop. Learn how to be the best volunteer you can be. Help support the NW mission statement: strengthen neighborhood ties, increase personal safety and security awareness, be the eyes and ears of the Lincoln Police and Fire Departments, and encourage emergency preparedness. Neighborhood Watch thanks its dedicated volunteers, the generous donations from residents, and the continued support of the Lincoln Hills Foundation, [www.lincolnhillsfoundation.org](http://www.lincolnhillsfoundation.org).

# Meet the Author Lecture Series

BY JOY HUTCHISON

Meet the Author Lecture Series: Alenka  
Vrecko, Monday, June 2nd at 2:30 PM  
Presentation Hall (KS)

Chasing dreams across California and Mexico, guest author Alenka Vrecek will present her heartfelt and riveting novel *She Rides*. She invites us to come along on her adventure as she rides alone on her mountain bike loaded with fifty pounds of gear, from Lake Tahoe to the tip of Mexico's Baja Peninsula. In her touching tribute to the human spirit, Alenka finds inner strength and community that crosses both borders and boundaries. Alenka's page-turning narrative

is her personal story of love, hope, healing, courage and determination. Please join us to hear Alenka's story firsthand and meet this amazingly strong woman.

Alenka was born at the foot of the Alps in Slovenia and came to America at age twenty with a backpack, a pair of skis and a pocket full of dreams. She was a ski coach and a director for Pedagogy for Squaw Valley and Alpine Meadows Ski Team for thirty years. She lives in Lake Tahoe with her second husband Jim, their four children, three grandchildren and Golden Retriever Monty.

Kilaga Springs Library Lecture Series  
coordinator is Rita Rutledge at [ritarutledge78@gmail.com](mailto:ritarutledge78@gmail.com)

EDITORS' NOTE: *The Sun Senior News* has always been politically neutral. Our content should be focused on the activities of the clubs, groups, individuals and issues related to being a resident of Sun City Lincoln Hills. Our publication will not publish article content or "Letters to the Editors" regarding Federal, or State election issues or advocacy.

*We ask that Sun City clubs/groups that are, or could be perceived as political, to limit submission content to basic meeting/event/link info, and avoid advocacy. All club/group submissions should focus on that organization only. Submissions should be 300 words or less and due by the 15th of the month for the following issue.*

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★★★★★ We couldn't be happier with the beautiful walk in shower and vanity with integrated sinks that Stanko and his crew constructed for us using the fabulous Kerrock product! Everyone involved was very professional, efficient, and attentive to details. We are going to love the easy care and timeless beauty of our new seamless shower, vanity and sinks! Thank you so much!! J.W. from San Francisco

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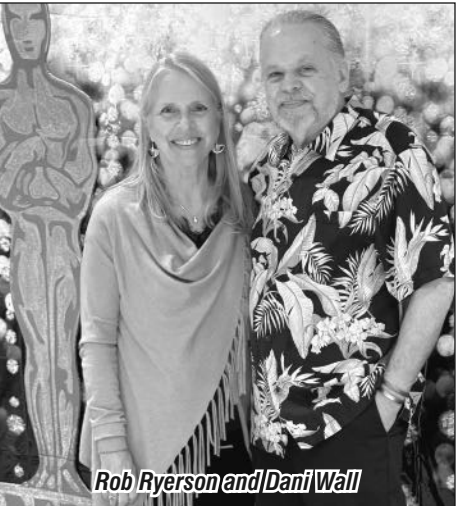
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Ballroom Dance

(cont' from page 1)

The Steering Committee will be led by Chairman Rob Ryerson, Treasurer Karen Worley, and Event Planner Stacey Reynolds.



Weekly dance lessons will be conducted by Sal and Ruth Algeri. Ruth Algeri will also curate the music playlist. Mark and Karen Worley will serve as music DJs. Brian Hope will maintain the registration table.

Stacey Reynolds will oversee dance parties and potlucks, with assistance from Mary Kirkwood and Jamie Martin in ticket sales, Barbara Swerdlow and Belinda Burns in decorations, Ruth Algeri in creating music playlists for parties and structured dances, and Stacey Reynolds, Laura and John Kosbau, Ginger Ikuno, and Patty Van Oosbbree in the kitchen committee. Additional kitchen assistance will be provided on event days by Millie Lelio, Sharon Micheli, and Josie Vandermat.

Communications to members and the public will be handled by the following individuals:

\* David Reynolds will maintain the email list.

\* Ernie Micheli will write articles for the Senior News and Compass and manage the website.

\* Sharon Micheli will provide oversight for the Outreach Program.

An organizational chart and list of individual duties can be found on our website at sclhbd.com.

Lessons will offered in the Kilaga Springs Lodge Multipurpose rooms each Tuesday from

2:00 to 5:00 PM. For further inquiries, please contact Rob Ryerson at 916-408-4752.

...

Line Dance Club

BY ANNETTE PORRECO

Hey line dancers. What a terrific time we had at the April Workshop. It was great to see so many dancers up and dancing. The music provided by the DJ's was outstanding. We had a group of dancers available to review dances as needed and also cue for those who couldn't remember the steps. This made for a fun filled and stress-free experience for everyone. It was so much to dance and socialize with friends. We are planning to have many more workshops throughout the year. Also of note, the association is sponsoring the second dance nite on May 21st from 6-9 PM in the Orchard Creek Ballroom. The cost is \$8 and everyone can attend. So don't put those dance shoes away. We are just getting started!

...

Tap Company

BY ALISON WOLFE

The Tap Company's performances of "Dance Around the World", held on April 3-6, are now a pleasant memory. We want to thank everyone who came out to watch the show and cheer us on! With over 80 of us involved, there's a lot of people to thank. It was a huge team effort and without a lot of hard work it could not have been done. Thank you to our performers, choreographers, and the unsung heroes – the backstage and technical crew – who ensured seamless performances night after night. To celebrate, cast and crew gathered on April 10 for a fantastic cast party, complete with dinner and dancing! A delightful conclusion to all the hard work put in to making the show a success.

...

Square Dance

BY KRIS KNUTSON

Square dance makes me feel 15 again with Kilaga's wooden floors reminding me of the high school gym and classmates learning to square dance.

Locals and strangers, now



square dance partners, sashaying and spinning to Tom's clear cheerful voice commands. Charlotte is nervous at first, smiles like only Charlotte can after she nails her first call. Frank the oldest in the group, dances like his last name is Astaire. The music's rhythm brings joy, weaving a patchwork of energy, smiles and friendship. Each missed call sparked more laughter than embarrassment. By the end of the dancing no one wanted to stop. One more song Tom!

For more information about Lincoln Hills Squares Dance club visit our website [www.sclhsquares.weebly.com](http://www.sclhsquares.weebly.com). Our club dances Monday afternoon 1:00 – 3:00pm Mainstream and Plus levels. Tuesdays 3:00-5:00pm Advanced level Square Dancing. Thursdays 1:00-3:00pm Cued Round Dancing. All dancing is at Kilaga Springs 1167 Sun City Blvd. Lincoln. All square dancers are welcome.

...

Vaudeville Group

BY STEVE EVANS

A new season, a fresh direction, the same heart. This August, experience the New Vaudeville Variety Show — where talent, laughter, and community take center



stage! Directed by Steve Evan's, this year's production blends classic charm with exciting new performances you won't want to miss.

Stay tuned for dates and ticket info in upcoming issues. Come be part of the magic!

...

Country Couples

BY DTIM TATUM

Our longtime Members Olivia and Larry Eckert — May is wonderfully blessed by the Roman Goddess Maia for the spring goodness and growth.

Indeed, the club is pleased to welcome new members especially our longtime members Olivia and Larry Eckert who came to dance at our first dance of the year on Saturday April 12th at Kialga. Olivia said with a smile, "the club is so much fun and inclusive to everyone. We



started in 2010 and always came away after the dance that it was fun and included everyone" which Larry concurred, "the nice thing about country dancing that we've been doing since 1987 is like Olivia said that it's inclusive and they don't care about race or gender – you just come and have a good time!"

Their feedback on the club reflects our commitment to members. It's the dedication of everyone involved that made our first dance event successful especially Dennis Dawson who did an amazing job as our MC and DJ, and our photographer Gary Moulton. The same dedication we always get from our restaurant connoisseur Rich Pick who organized our April dinner at Lucille's Restaurant.

Next up for us is our cruise to Alaska in July – a chance for us to dance to our hearts content on the sea days! For more information on our events and membership, please contact Dtim Tatum at 279-966-8551 or visit our website at [www.sclhcc.com](http://www.sclhcc.com)

...

Ceramic Arts Group

BY JIM CARNATHAN

The 21st annual Lincoln Hills Fine Arts Show will be held in the Orchard Creek ballroom from June 13th-15th. Registration is open to all ceramic artists to enter with their best original artwork. Check the ceramics studio for registration forms with details or contact Marianne Oliphant at [oliphant50@gmail.com](mailto:oliphant50@gmail.com) or Tamsen Armstrong at [tamsen345@](mailto:tamsen345@)

(cont' on page 7)

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Ceramic Arts Group

(cont' from page 5)

comcast.net for more information. This year they have added a “Small & Beautiful” category for original art no larger than 12” x 12” and priced for sell between \$100-\$150.

Our first 2025 CAG general board meeting will be held on Tuesday June 3, 2025, at the Sports Pavilion from 12-4 pm. Please mark your calendar and join us if possible.

Coming up in October is the” Artisans at the Lodge” art and crafts sale sponsored by the Creative Glass Club. It will be held on October 11, 2025, at Orchard Creek Lodge. It is open to all SCLH artists and crafters and the deadline for entry is August 31, 2025. Please contact Sandi Sherwood at sherwoodartz@gmail.com for more information.

Daytime ceramic beginners and advanced classes with instructor Donte Cuellar are held on Tuesdays and Thursdays. Intermediate hand building classes with Jim Carnathan are held on Wednesday evenings. Please check the Compass for class details and come play in the clay.

...

Creative Glass Club

BY CORENE BENNETT

Our club members continue to enjoy playing during our open studio time, the first and third Tuesday of each month, from 6:00 to 8:30 PM. Interested in learning more, come join us for a free glass cutting workshop on Thursday, June 12, 9:00 to 12:00 PM in Sierra room (KS). In addition, we are working on scheduling a beginning fused glass workshop in July. To sign up for the free glass cutting



Fused glass dish by Susan Haas.

workshop or get on our list to be notified when we schedule the Fusing workshop, please contact Corene Bennett at Coralynglass@comcast.net.

...

Mixed Media Club

BY JILL SHORT

Spring is a season that bursts with color, energy, and life, making it an inspiring time for artists. As flowers bloom and nature awakens, artists often feel compelled to capture this transformation by combining different materials such as acrylics, pastels, fabric, or paper.

Spring is the perfect time for Sun City Lincoln Hills residents to awaken your artistic side, and what better way to do that than by joining the Mixed Media Club? Whether you are an experienced artist or just starting out, mixed media offers a unique opportunity to explore various artistic techniques and materials. The club provides an inviting space to experiment, collaborate, and discover new ways to express your creativity. In the club you will be encouraged to combine different mediums, such as paint and paper to create something truly unique. The beauty of mixed media lies in its versatility; no two pieces are ever the same. As we go into the final month of spring, you can dive into a world of endless possibilities, where your art can take unexpected and exciting forms.

This month the club is doing a fun project with tiny birdhouses. You will learn lots of ways to get your artsy side on. The voluntary monthly art challenge was to collage an art piece. There are many possibilities using magazines, papers, washi tape or anything else. Of course you can use other items to enhance your creation. Bring your finished project or any other art project you have done to our May 21 club meeting.

The club meets the 3rd Wednesday of the month at 1:00 PM in the Fine Arts Room (OC). For more information contact Chris Fetter at 916-276-7895 or email at: mixed.media.chrisf@gmail.com

...

Needle Arts

BY ALICYN GOUGHNOUR

As we welcome the warmth of the Spring season, you may be seeking creative outlets for your restless spirit. What better solution than a Needle Arts retreat, a monthly workshop or

an informative and inspirational meeting. The opportunities abound.

If you strolled past the NA window, you would have seen the display of our featured artist, Sue Pharis, and her inspiring quilted creations. Our April general meeting included a presentation from a talented member Betty Kisbey, demonstrating the use of panels in quilting. An upcoming monthly craft class will have seamstresses fashioning a tote bag from a charm pack of colors.

The Spring luncheon encouraged us all to dress in the style of the 1960’s and included a video presentation of the Summer of Love. All of this while eating, laughing and greeting friends, new and old. These are all ways that membership in the NA can inspire that inner fashionista. There are breakout groups to appeal to knitters, crocheters, needle pointers and community service quilters. Welcome the challenges and make the world more beautiful by your handiwork.

Consider joining other crafty and creative women and take the opportunity to learn, share, and discover through seminars, workshops and meetings. There is something for everyone as we continue to keep the needle arts alive and thriving.

...

Painters’ Club

BY TAMSEN ARMSTRONG

We are welcoming a lot of new members these days! Our club is focused on encouraging painters of all levels to come to our meetings to share ideas and inspirations. Many of us are working on paintings for the upcoming Fine Arts Show & Sale on June. 13-15. The deadline to register has come and gone, but we would love to see everyone at the OC Ballroom cheering on those who are participating. Simple Pleasures will once again host our club show and we will be sending out a Call to Artists soon. And don’t forget that October “Artisans at the Lodge” still has spaces available. The deadline to register is August 31st. Contact Sandy Sherwood at sherwoodartz@gmail.com . Our next Club Painting Challenge is on the theme

“Sail” at our May 20th meeting held in the OC Fine Arts Room. Happy Painting!

...

Paper Arts Club

BY LINDA LUCCHETTI

With the Overstock Sale, originally scheduled for May 1, canceled, we went “back to the drawing board” with a “Create A Card” project set for the May 1 meeting. This is always a fun activity, with available paper, cut outs, and tools to create a card on the fly.

Don’t forget to bring in your cards for our display window at OC. No particular themes are required – it’s up to you. Let’s ‘jazz up’ the window with color and creativity!



We meet on the first and third Thursday of the month in the Terra Cotta Room at Kilaga Springs Lodge at 9:00 AM for general meetings and Open Lab. Check the monthly newsletters (email) for updates. For further information, contact: Pam Abad, pamabad@att.net.

...

(more Club News cont’ on page 9)



Painting by Diane Carnes.



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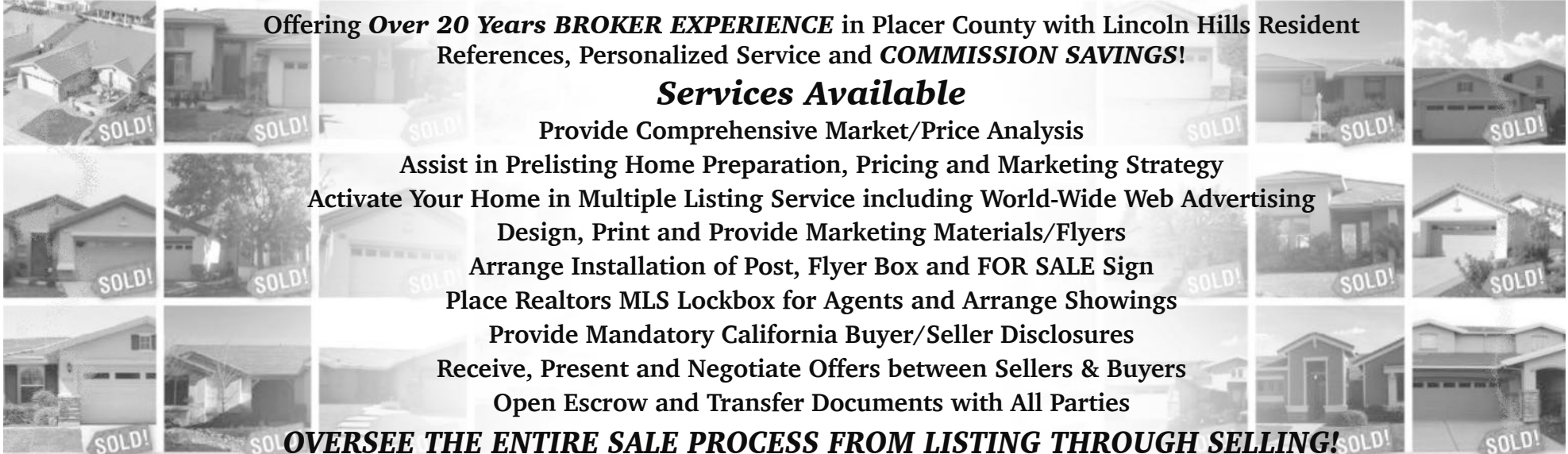




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	\$700,000	\$17,500	\$10,500	\$7,000
	\$800,000	\$20,000	\$12,000	\$8,000
	\$900,000	\$22,500	\$13,500	\$9,000
	\$1,000,000	\$25,000	\$15,000	\$10,000

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Woodcarvers Club

BY LIONEL RAINMAN

Hopefully woodcarving doesn’t conjure up the picture of guys sitting around the wood stove or out in front of the general store with a pocketknife and a wooden stick or branch. The Woodcarvers Club is made up of men and women that take pleasure in a creative process where wood is the medium. Like all creative arts some members have that natural gift and ability, and others may have to work a little harder to achieve that first completed carving.

The woodcarvers in our club have various carving and creative abilities and are always available to assist or advise other members or new carvers as well. Woodcarvers Club members have a large library of carving books, magazines and DVD’s for plans and ideas. If you are curious or have an interest in carving, please stop by and see what we are doing. We have carving tools that you try before you buy.

Woodcarvers Club meet every Wednesday from 1:00-4:00 PM in the Sierra Room at (KS).

Contact: Lionel Rainman 916-253-9534, lrainman1414@Yahoo.com

• • •

Stamp Club

BY TIM MILES

We have our meetings at the Sun City Roseville Lodge (7050 Del Webb Blvd) on Tues at 6:30 pm and we’re usually finished well before 9pm. May meetings are on May 13 and May 27 with June set for June 10 and 24 and July for July 8 and July 22. We have door prizes, special presentations, “mystery” boxes (loaded w/philatelic goodies) and anything else you might need, mostly at huge discounts to the going price. We also have a complete set of catalogs at each meeting.

We have a new Club Secretary in Lee Coen (leejcoen@gmail.com), who is stepping in for Bob Bartlett. Look for notification of anything on your email and make sure that Lee has the address. We want to thank Bob for the great service he rendered to the Club and he, of course, is still a member. Lee’s number is 916-390-1965.

As we always mention, anybody who has that “old” album stashed up on the top closet shelf can bring it to any meeting and we’ll be glad to let him know the current value at no charge. Non-members are more than welcome

to attend a meeting.

From time to time, Al Capparelli (916-771-8288) has “open garage” meetings, whereby (with an appointment) you can fill in any gaps in your collections, pick up anything needed in the philatelic hobby and generally close up any gaps in your collection. We’re talking stamps, pages, albums, protectors, and anything else the hobby uses. You will receive an email as to date and time.

We want to thank Susie Smelser for putting on her “Stamp Bingo” game again. Everybody enjoys it. It is a form of Bingo using postage stamps and your knowledge of them.

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Singles

BY KATHY SHADDOX

We start out with our May Birthday Celebration to be held on Sunday, May 4th at 4:00 pm at Kilaga Springs Café. All members who have birthdays in May, come and check in with Mari Long, and get your free cocktail on your club. Dennis Doane will lead us in singing happy birthday to you!!

Let’s not forget that May 5th is Cinco de Mayo. Hoping all have fun with your friends or family.

Our Activities Committee Meeting is on Tuesday, May 6th at 4:00 pm in the OC Computer Room. Bring your ideas and help us plan for future Events.

On Friday, May 9th at 5:30 pm we have our Business Meeting. On the agenda is the vote for our Officers Election for 2025/26 year. After that we shall be playing our fun game of Left-right-center. Don’t forget to bring your one-dollar bills.

Join us for our 2nd Saturday Breakfast hosted by Dennis Reid on May 10th at 9:00 am and you may order anything off the menu you wish. No reservations needed.

Our Big event for May is our Member Appreciation Pizza Party on Thursday May 17th at 5:00 pm. This is an event planned by Chuck Pineau and he orders pizza from Old Town Pizza. Kathy Shaddox has agreed to prepare the salad again this year. Remember, that you must have paid \$10 in order to make a reservation. Of course, if you show up that day you will get an envelope with your \$10 back!

We end the month with our Social – Awesome Auction on Thursday, April 22nd at 5:00 pm at Kilaga Springs. This is where some members offer services for those other

members attending to bid on. More details to follow....

Singles play Bocce on Wednesdays at 2:00 pm hosted by Peggy Woods and Lucy Coronado. Good news, Marty Miller is getting ready to bring back golf for Singles and is planning on Tuesdays. Stay tuned for more information soon.

Want to be a member, pick up a flyer in the OC lobby and for \$20 you can join and have fun like us.

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Lavender Friends

BY JOAN LACKTIS

We have a lot of activities planned for our members in the next few months, but we also plan to participate in several outside events.

Placer Pride 2025 is scheduled to return to Royer Park in Roseville, on May 17. This is an inclusive and family friendly event for all ages. There will be a performance by the Sacramento Gay Men’s Choir as well as other gay and ally performers. It’s always fun to be in a gay-friendly space enjoying food, games and music with friends from the area. And in October, some of us will make the trip to Reno for the World Gay Rodeo Finals.

Locally, we have our bimonthly birthday breakfast on May 10 and a repeat of last year’s walking tour of historic Lincoln on May 3. It’s great to be retired — most of us anyway — and have time for so many different activities both near and far. There’s more coming in June and July, so members, be sure to read your weekly newsletter.

Lavender Friends is a club for LGBTQ residents and their supporters; check out our website at lavenderfriends.com

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Genealogy Club

BY NANCY SWITZER

The March field trip to the Lincoln Library was very interesting! We learned much about the history of Lincoln and some genealogy tricks from our Docent. After her presentation, we had time to peruse the artifacts and visit their small store. They are always looking for docents if you are a history buff! (Aren’t all genealogists history buffs?)

This could be a fun way to spend a hot summer afternoon! Admission is free, and the hours are Thursdays through Saturdays, 11-3 PM.

Our May 16th 10 AM, (Presentation Hall) meeting will feature Ken Caswell, who is a member of our club and a volunteer at the Family Search Center. He has vast experience in genealogical research. It will be an update on the Family Search website, and the Family Search Center in Sacramento. His presentation will cover what is available at the center and also, what is new. He will include information about the Family Search website, how to access it, and what information is available there. He intends to bring other knowledgeable people with him as it is a vast topic.

Please join us for Coffee, Cookies and Chat afterwards in the Café.

Contact: Rita Perada 510-710-5704, ritaperada@gmail.com

A Genealogy Workshop open to all SCLH residents is on the 2nd Monday of the month from 1-3 PM in the Media Room (OC). Help is available to learn how to start a family tree, how to research, and how to scan documents. If you have specific questions, contact Kate at 916-975-5052 or starkayak@icloud.com and leave a specific question with contact information.

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Shalom Social Group

BY JUDY GANULIN

As always, Shalom Social Group members did and will enjoy many and varied activities. We had a wonderful Seder to celebrate the Passover holiday. Our Women Together enjoyed a fashion show at Chico’s. Our summer picnic is May 25. Our Men’s Club will have a brunch on June 8, where two members of the Placer County Grand Jury will speak. We plan a general meeting on June 22. Our membership is growing. We focus on Jewish history, culture and food, but membership is open to all. For more information, please call Margie Gulko, 916-543-5303, or Deanne Iliff, 530-518-3704.

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(more Club News cont’ on page 11)

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## Portuguese Social Club

BY MARY LUCIANO

May is the season for the Lincoln A.P.D.E.S. Holy Ghost Festa. The Festa is on Saturday and Sunday, May 24-25, 2025.

A traditional dish called "Sopas" will be served to everyone who attends on Sunday. For a donation, you can enjoy this wonderful tradition. Serving of "Sopas" is served to attendees from 11:30 AM-1:00 PM on Sunday in the Pavilion Courtyard on the left side of McBean Park.

You can also purchase Linguica Sandwiches, Lemon Rice Pudding and Lupin Beans.

The Queens and Side Maids are Crowned on Sunday at St. Joseph Catholic Church at 10:00 AM Portuguese Mass. Following the Mass a traditional parade with marching bands and this year's Queens and Side Maids. They march from McBean Park through downtown Lincoln.

Our Portuguese Club volunteers to help setup for the Lincoln A.P.D.E.S. Holy



Ghost Festa.

If you are of Portuguese descent, would like to help us setup the Lincoln A.P.D.E.S. Holy Ghost Festa, call, or email Mary Luciano to find out how you can become a member. You will see us there, helping setup tables, folding napkins, laying carpet, working in the kitchen, and practicing our Portuguese. Most of us have not spoken Portuguese fluently for a very long time. It brings back memories of when, as young kids, we attended Festas with our parents.

To learn more about this fun social club, contact Mary Luciano by Phone: 1-916-543-9094 or eMail: mary.luciano@marcomadvantage.com.

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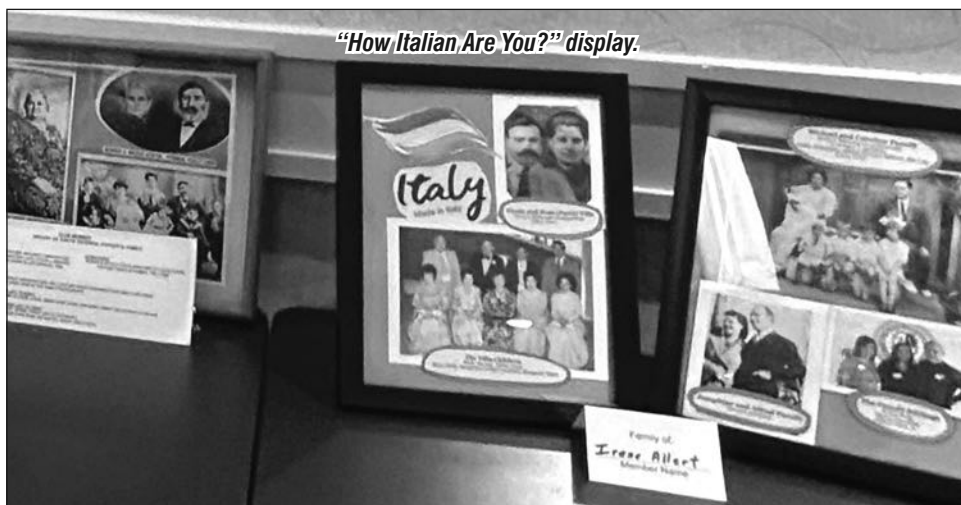
## LH Italian Club

BY LINDA LUCCHETTI

It's May! It's May! The zesty month of May! This could only mean one thing... BBQ and Bocce returns. Get ready for bocce games, lunch, and a raffle all rolled into one

event, on May 18, at the Sports Pavilion. Learn more about our monthly events and activities. Check for email announcements and flyers or visit our website at [www.lhitalianclub.org](http://www.lhitalianclub.org). For membership information contact Sandi Graham at 916-826-5711.

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## Food Adventures Club

BY GINGER IKUNO

May is bursting with flavors at the Food Adventures Club. We begin with a gourmet "Bubbles and Brunch" Mother's Day event at Bennett's Westside Grill. The menu features a choice of five mouth watering entrees, including Avocado Toast (vegan), Dungeness Crab Omelet (gluten free), and Eggs Benedict.

April was a gastronomic journey featuring "The Joy of Simple Sourdough," a hands-on cooking class led by Kat Kepus. We discovered the secrets of crafting delicious sourdough bread from scratch, a skill to be enjoyed for years to come. The quarterly meeting focused on navigating the "Diet Roller Coaster" with a presentation by fellow member, Hagai Narkis. We learned valuable strategies for achieving "Balance & Moderation" in eating habits. Following the presentation, we indulged in delightful appetizers in the Kilaga Kitchen.

Looking ahead to June and August we will have Home Appetizer Parties consisting of 10-12 guests per house. These are casual get-togethers, focused on great food, great wine, and great friends.

FAC is committed to providing enriching experiences that nourish both body and mind. Join us as we celebrate the flavors of May while embracing a healthier lifestyle. For membership inquiries, please contact Debbie Clawson at [debdeb53@yahoo.com](mailto:debdeb53@yahoo.com) and embark on your own culinary adventure.

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## Democratic Club

BY JUDY GANULIN

"Am I Too Old to Save The Planet and Our Democracy? A Boomer's Guide" will be Dr. Diana Cassady's topic when she speaks to the Lincoln Democratic Club on Thursday, May 15, at Presentation Hall. Dr. Cassady is a Professor Emerita in Public Health Services at UC Davis Veterinary Medicine. Our club continues to volunteer at Feeding the Foothills. Our membership has grown significantly, and we continue to receive applications from potential new members. Membership is open to residents of Lincoln outside of as well as within Sun City. For more information, please see our website, [democraticclubLincolnCA.org](http://democraticclubLincolnCA.org)

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## LH Astronomy Group

BY BILL WEAVER

The monthly LHAG General membership meeting, Wednesday, May 7, 2025, in the Kilaga Springs

Presentation Hall at 6:45 PM.

"Rocketry Development from John Glenn Through Today" by Richard Sandler, NASA Solar

System Ambassador.

John Glenn's launch on Friendship 7 initiated over 60 years of space exploration, including moon

landings, Mars missions, the International Space Station, and reusable rockets. Attend our presentation to learn about these milestones and the rocket engines that facilitated them.

Richard Sandler, trained in aircraft and aerospace industries, founded KOR-IT, a drilling manufacturing company, 30 years ago. In 2009, his firm was contracted by the Jet Propulsion Laboratory (JPL) to develop drilling equipment for Mars. Parts of this design are still used by NASA today. He is also certified as a NASA Solar System Ambassador.

Cosmology Interest Group (CIG): Monday, May 19, 2025, 6:45 PM in the Fine Arts Room, Orchard Creek Lodge.

LHAG member Ron Yelton will present a video of Astronomy Professor Alex Filipenko discussing the science behind black holes. These phenomena are central to many intriguing aspects of the universe and provide insights into fundamental astronomy concepts. For more information, contact Ron Yelton at [ryelton660@aol.com](mailto:ryelton660@aol.com).

LHAG Telescope Interest Group (TIG) Star Party: The next party is scheduled for Monday, May 26. See Mars and Jupiter. Sunset is at 8:15 PM. Telescopes will be set up on the upper tennis courts of the SCLH Sports Complex. SCLH residents and their families are invited to attend the event and look through the telescopes. A solar telescope will be set up during the afternoon about three hours before sunset.

For information contact Bob Collins at [bobpcoll@community.net](mailto:bobpcoll@community.net)

For more information about the LHAG, contact Bill Weaver, LHAG President at: [hamweaver@wavecable.com](mailto:hamweaver@wavecable.com).

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(more Club News cont' on page 13)

## Amazing Grace Seventh Day Adventist Church

Saturday Mornings - Bible Study 11:15 am  
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— • —

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## LH Veterans Group

BY STEVE WITMER

The Veterans Group's annual community Memorial Day ceremony will be conducted in the outdoor Orchard Creek Amphitheater beginning at 9:00 a.m. on Monday, May 26. Cadets from the Whitney High School Air Force Junior ROTC detachment will post the colors. The program will include patriotic music, remarks by a local dignitary and a two-bell ceremony honoring those Lincoln Hills veterans who passed away since Veterans Day last November. There will be no general membership meeting in May.

Looking ahead, members and guests should save the date for our popular Flag Day BBQ on Saturday, June 14 in the Sports Pavilion. The celebration will begin at 5:00 p.m. Dinner will be served at 6:00. Bill's Chuckwagon will once again cater this popular event. There will be a cash bar. Sign-up forms will be distributed by email. Additional forms will be available in the June issue of the Vets Group Bulletin. For questions, contact Dottie Monroe at 650-208-2500.

Residents whose American flags took a beating over the winter months can pick up a bright, new flag on the 15th of the month when the Veterans Group sells replacement flags in the Orchard Creek lobby from 8:00 a.m. to 4:00 p.m. Flags are \$20 each.

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## Republican Club

BY RITA PIZIALI

Our members enjoyed the April meeting with presentations from William Jessup University twice elected Student Body President, a Professor and an Administrator.

We are looking forward to a fun Fiesta de Mayo celebration with Mexican themed dinner and entertainment. South of the border favorites with a no-host bar. Never a dull moment with our fabulous members. Wednesday, May 21, doors open 5:30 PM Placer and California Rooms (KS).

\$20 members and \$25 guests. RSVP deadline May 15.

Our Wednesday, June 11 meeting will offer insight into the County Board of Supervisors agenda and priorities with Supervisor, Shanti Landon presenting. Doors open 6:00 PM.

Program starts 6:30 PM in Presentation Hall (KS). We will have a townhall format with

opportunity for members to ask questions. Coffee and cookies will follow in the California and Placer Rooms – a time to mingle with Shanti and like-minded conservatives.

See website for Club news, calendar and community events: [www.RepublicanClubSCLH.org](http://www.RepublicanClubSCLH.org)

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## S.C.H.O.O.L.S.

BY PATTI KINGSTON

Then end of the Lincoln Elementary School year is June 5 and the 2025-2026 year will begin on August 14. If you are considering helping in our schools now is a good time to contact SCHOOLS to let us know you are interested. By signing up now, you will be ready to start volunteering in the new school year. Volunteers are needed in grades K-5. Some volunteers correct papers and make copies of schoolwork sheets for the teacher without being in the classroom. Most volunteers, however, enjoy the contact with young people. The days and hours of service are up to you. No teaching experience is necessary. Many volunteers are in the classroom 1 day a week for a few hours. They work closely with the teacher and are under her direction. The school district has thanked us for our help, and we know we are appreciated.

If you have volunteered in the past and would like to share your experience, contact Patti at [pkingson@att.net](mailto:pkingson@att.net) to tell your story. If you would like to write an article about your time in a classroom, you can submit it to Patti. Some volunteers have been profiled in past issues of this newspaper and there are many volunteers with interesting classroom experiences.

Phoenix High School will be opening in the Fall like a new High School. The campus has the ever-growing Atlas Program so there will be a period of adjustment when school starts. If you are interested in tutoring students in Math, English or History this summer will be a good time to sign up so you will be ready when the school is ready for the help they look forward to. Contact Irma at [jmeidm@aol.com](mailto:jmeidm@aol.com) and she will keep the contact information to be able to check with you in July/August. To find out about volunteering in elementary schools K-5 contact Cyndi at [ccolloton@yahoo.com](mailto:ccolloton@yahoo.com).

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## Travel Group

BY LINDA BEVINS & JOANNE SCHUMACHER

Thanks to all travelers who attended the Lincoln Hills Travel Show. It was fun to see everyone and meet new travelers. Next show is August 27, mark your calendars.

Are you a person that likes to cruise? And likes to be pampered? Sign up for our Crystal Cruise sailing from New York City to Quebec City to view the beautiful fall foliage October 14-22, 2025. Enjoy butler service, unlimited champagne, wine and specialty dining in gourmet restaurants plus more. A detailed brochure is on our website.

Did you know the 250th Anniversary of the United States is in 2026? Collette has designed a special tour to celebrate! Check our website for details.

Looking for new tours? How about a fabulous trip to cool off in the summer by visiting the Canadian Maritimes and Coastal Wonders in July 2025?

Or be the first to visit the new Theodore Roosevelt Presidential Library in Medora, ND!!! It opens in Summer 2026. Check out this North and South Dakota custom Collette tour on our website.

Registration deadlines for price guarantees: Christmas Markets of Montreal and Quebec - June 11, 2025. Tropical Costa Rica - August 16, 2025. After the deadline, airfares may increase significantly, so pricing will be subject to current fares when you book the trip.

These tours and more can be found on our website: [www.lincolnhillstravelgroup.com](http://www.lincolnhillstravelgroup.com). All trips include airfare and rides to/from the airport. You can sign up for trips on our website with a secure link directly to Collette.

All travelers on our tours must be members, but you do not have to live in Sun City Lincoln Hills to be a member. Membership application is on the website.

Lincoln Hills Travel Group Leaders: Joanne Schumacher 415-999-1242 [jkschumacher1@gmail.com](mailto:jkschumacher1@gmail.com), Louise Kuret Auerbach 916-408-0554 [louisekuret@att.net](mailto:louisekuret@att.net), Lyle Auerbach 916-847-6544 [lea925@att.net](mailto:lea925@att.net), Linda Bevins 916-666-7627 [djbevins17@gmail.com](mailto:djbevins17@gmail.com), Lisa Viviano 916-798-7462 [lisav4747@gmail.com](mailto:lisav4747@gmail.com)

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## Apple User Group

BY NINA MAZZO

To-do lists are super helpful, and I've got a few ideas to add to yours.

\* Back up your stuff: The Mac has a built-in tool called Time Machine that automatically backs up your files, apps, and system settings to an external storage device.

\* Organize your screen: If your screen is cluttered, you can create a folder with specific areas of interest, like vacations, pets, pending work, etc.

\* Use Notes to save passwords, drivers' licenses, passports, and more: You can save all your important documents in Notes and then lock them for security.

We start May with a presentation on Thursday, May 1st in the Presentation Hall (KS). Ask the Tech begins at 6:45 PM and the presentation starts at 7:00 PM. Jim Moon will be showing you the Apple Health App. It's a centralized secure platform on iPhones and iPads that gathers and displays your health and fitness data from your devices. You can track your progress and view insights.

On Tuesday, May 13th, we have our general meeting in the Presentation Hall (KS). Ask the Tech begins at 6:30 PM and the presentation starts at 7:00 PM.

"Security and those #\$\$\$&\*? Passwords!"

Ken Spencer will bring you up to speed on the best online security concerns. In addition, he will help you deal with all those DARN passwords.

Just a heads up: if you can't make it to a presentation, don't worry! They're recorded and will be available on our website a few days after the presentation date.

Lincoln Hills Apple User group website: [www.LHAUG.org](http://www.LHAUG.org)

General information line (do not text, voice message only) 916-913-6833.

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(more Club News cont' on page 15)

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## Alzheimer's-Dementia Caregiver's Support Group

BY DENISE WEBFIELD

The Alzheimer's-Dementia Caregiver's Support Group offers information and support to those caring for a loved one with dementia. We have three monthly group meetings. Our Women's group meets at 1:00 PM on the first Wednesday in the Fine Arts Room (OC). The Men's Group meets in the Multipurpose Room (OC) at 10:00 AM on the third Thursday. Both Groups are focused on individual sharing. The General combined meeting is held on the fourth Wednesday at 1:00 PM in the Fine Arts Room (OC) and features a guest speaker.

May's program is "Financial Consideration for Caregiver Planning" presented by L Solorio/Attorney. At all meetings you will find a welcoming community ready to hear your questions and concerns. Contact: Jo Fratessa 916-759-8760 mfratessa4@icloud.com

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## Bosom Buddies

BY DOTTIE SUHRHOFF

Bosom Buddies is a support group for those who have survived or are experiencing breast cancer. We are there for each other in good times or when needed for support. We meet on the second Thursday of each month at 1 PM in the Multipurpose Room at Orchard Creek. We have speakers who talk about things related to breast cancer or other items of interest.

Our April meeting featured Dr. Chuck McDonnell, a radiologist from Sutter Health Care. He told us breast cancer is the most frequently diagnosed cancer in women, but early detection is key. It helps to halt the progression of the disease, increase treatment options and save lives. We learned about screening and diagnostic mammograms, 3D imaging, MRIs, ultrasounds, and artificial intelligence. It was a great learning experience.

Our next meeting will be on Thursday, May 8. We will have someone from Sutter



Dr. McDonnell

speaking about lymphedema and oncology rehab services. The June meeting will feature an attorney who will talk about probate and trusts.

All are welcome to attend the meetings. If you would like to go to lunch at Meridians prior to the meeting, contact Nanette Sorensen to reserve a spot at the table.

We thank Sandy Adame for making fabric Easter bunnies filled with candy for those attending. We also thank Linda George for making neck warmers which were given away as raffle items.

Our condolences go out to the family of Cheryl Karleskint, a longtime member that we lost in February. She was a charter member of the group and served on the board of Bosom Buddies many times.



Cheryl Karleskint

If you have any questions regarding Bosom Buddies, please contact Dottie Suhrhoff (815-236-0197) or Patty McCuen (530-575-2889).

"Together we are strong, together we make a difference, together we will survive!"

• • •

## Multiple Sclerosis

BY JERI DI FIORE

Last in-Person Meeting! May 21 will be the last in-person Meeting before the MS June 17 Zoom!

It's time to celebrate our two MS Walks. Pretty amazing and exciting! In Folsom, under the leadership of Captain Joni, we were honored as #1 out of 46 Walk Fundraising Teams.

A lot to talk about and share. Our success is due to all of you who donated and actively fundraised, plus some novel ideas, including help from sponsors:

Devin Arp, Sun Run Solar; Hank Rhoads, American Senior Mortgage, and Donna Judah, Coldwell Banker Real Estate.

The 2025 campaign is up and running and donations are looking promising. The campaign doesn't end till September 30.

Again, Captain Joni plans to lead us to success! This will be challenging, as the Second-place Team

## Hearing Support Group

BY JOANNE MITCHELL

The Hearing Support Group had a wonderful presentation last month covering all aspects of hearing loss, including the anatomy of the hearing pathway, and cochlear implant details. We do not have a speaker scheduled for the May meeting, so will have an open session.

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## Low Vision Support Group

BY STU SINGER

Upcoming Meetings:

Tuesday, May 6, 2:00- 4:00, Fine Arts Room, Orchard Creek Lodge — As a result of our recent loss of a speaker, our May 6 meeting will be partially dedicated to asking the assembled members what they would like to see at our monthly meetings and suggestions of what we can do to still serve our community despite these many setbacks.

There are no bad ideas and what better place to find good ideas than with our fellow members. This could be an important moment as we move forward so, please attend and come with your thoughts.

We will also have a video which shares

how groups from various areas of the country cope with low vision. Light refreshments will also be available.

Tuesday, June 3, 2:00-4:00 pm, Fine Arts Room, Orchard Creek Lodge

Mike Costa, Principal Transportation Planner, Placer County Transportation Planning Agency, and members of his staff will discuss what new services are currently offered for our members. They will also respond to our concerns to achieve better access to local facilities.

Low Vision Support Group Mission Statement — Our mission is to provide information on current research, practical application of daily living skills and new technological equipment to enable those with low vision to maintain their independence. Meetings are on the first Tuesday of each month and are open to all Sun City, Lincoln Hills residents.

The Low Vision Support Group is funded in part by the Lincoln Hills Foundation.

For questions, requesting electronic copies of our notices or to remove a name from our mailing list contact Stu Singer at 703-864-8161 or stuartsinger3@gmail.com

• • •

Walk Walka Walka is on our heels. Please bring your ideas so they don't "Walka" all over us!

May 21, 1PM: Sun City Lincoln Hills, Orchard Creek Lodge Multimedia Room.

Many thanks to the Lincoln Hills Foundation for funding the Multiple Sclerosis Group. Jeri Di Fiore, Facilitator.

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(more Club News cont' on page 17)



MS: A few Trail Mixers on Last year's MS walk from SCLH Sports Pavilion.

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## Lincoln Hills March Sales Snapshot

Address	Street	Sqft	Org. Price	Selling Price	Floorplan
2233	Pebblestone	1184	\$505,000	\$508,000	Millpond
1336	Tallac	1335	\$549,000	\$495,000	Millpond+
2780	Blue Heron	1343	\$549,000	\$530,000	Madera
1950	Mary Rose	1473	\$495,000	\$455,000	Almanor
529	Northfield	1473	\$489,900	\$502,500	Almanor*
101	Hay Wagon	1531	\$559,000	\$549,000	Alpine
3077	Black Hawk	1531	\$579,000	\$595,000	Alpine
2550	Fountain Hill	1539	\$575,000	\$553,325	Pine Hill
380	Lilypond	1539	\$569,000	\$569,000	Pine Hill
607	Yerington	1539	\$599,900	\$600,000	Pine Hill
305	Timberland	1549	\$605,000	\$571,000	Alpine
2108	Prairie View	1578	\$619,900	\$599,900	Lassen
2440	Fountain Hill	1595	\$527,345	\$527,345	Quail Cove
1127	Picket Fence	1602	\$575,000	\$575,000	Lassen
2123	Stonecrest	1626	\$610,000	\$575,000	Lassen
2375	Hidden Hills	1626	\$589,000	\$589,000	Lassen
1977	Hawk Hill	1626	\$595,000	\$545,000	Lassen
1144	River Rock	1655	\$555,000	\$550,000	Trinity
244	Surreytop	1655	\$575,000	\$590,000	Trinity
2460	Fountain Hill	1704	\$650,000	\$615,000	Echo Ridge
1183	Tiger Lily	1777	\$679,000	\$679,000	Tehama
2384	Rubicon	1785	\$650,000	\$599,000	Santa Cruz
1712	Farmgate	1791	\$629,900	\$625,000	Tahoe
413	Snapdragon	1793	\$599,000	\$599,000	Tehama
2927	Coopers Hawk	1793	\$625,000	\$625,000	Tehama
443	Poppyfield	1808	\$599,000	\$580,580	Echo Ridge **
1957	Hawk Hill	1823	\$695,000	\$700,000	Orchard Crest
2273	Monument	1844	\$685,000	\$695,000	Orchard Crest
1868	Carnelian	1967	\$925,000	\$899,000	El Dorado*
1118	Stone Pine	2049	\$769,000	\$769,000	Annadel
1164	Secret Lake	2073	\$815,000	\$818,000	Annadel*
2485	Fountain Hill	2081	\$999,000	\$980,000	Fremont *
1866	Hawk Hill	2150	\$849,000	\$850,000	Fremont**
1249	Stone Hearth	2151	\$869,000	\$875,900	Sausalito
1394	Stone Hearth	2176	\$860,000	\$860,000	Sausalito
2600	Blue Heron	2258	\$949,000	\$875,000	Napa*
104	Sage Hill	2258	\$839,000	\$865,000	Napa
2310	Hidden Hills	2280	\$949,000	\$960,000	Napa*
2314	Pebblestone	2360	\$814,500	\$815,000	Atherton
2438	Loon Lake Ln	2832	\$1,189,000	\$1,205,000	Sonoma */**

\*View    \*\*Casita or extra square footage  
Total Homes sold in Sun City per MLS 3/1/25 - 3/31/25

# Neighbors InDeed—Garbage Disposal Jams

BY BOB LOEW

First, before doing anything, unplug the unit from the electrical outlet under the sink. Then let's talk.

There will be one of two different conditions: either there is a steady hum with no movement (the usual case) or no sound at all. If there is no sound, the correction may be very simple. On the underside of the unit is a small square red button. This is a circuit breaker. Push it in and then plug the unit back in and try running it. If that hasn't solved the problem, unplug the unit and follow these steps.

1. With a flashlight, look down into the unit to see if you can locate the obstruction.



If so, reach in with a pair of pliers to try to dislodge and remove it.

2. If Step 1 is unsuccessful, the next step is to get the tool that came with the unit, which will be a narrow bar with a hexagonal (six-sided) cross section. Alternatively, get a 1/4" Allen wrench (it's the same thing). There will be a small hole of the same size

on the underside of the unit.

3. Insert the wrench and use it to forcibly turn the unit. It may take several tries, but this will usually free it up. Then try again to remove the obstruction from within the unit.

If these steps are successful, plug the unit back in and run it.

To avoid future jams, avoid putting fibrous foods or hard items down the unit, and always run cold water when operating it.

For help with home maintenance tasks, call the Neighbors InDeed message center at 916 223-2763 to leave your request. We will call you back as soon as possible from 9 to 5, Monday thru Friday.



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## Survey Says...

BY STRATEGIC PLANNING TEAM

Thank you to all the Sun City Lincoln Hills residents who took the time to respond to the Community Survey. The survey was timed to align with the Strategic Plan and provided a key opportunity to hear from residents. The feedback has already informed the goals and objectives of the Draft Strategic Plan, with particular emphasis placed on enhancing communication and increasing resident engagement.

Overall, the responses from 1965 residents reflected a positive feeling across a wide range of areas covered in the survey with very few residents expressing low satisfaction. We gained valuable insight from residents by assessing usage and satisfaction related to amenities, facilities, programs, and services at Lincoln Hills. The survey also measured satisfaction with member communication, governance, administration, the value of the annual assessment and user fees as well as residents' needs and support for future enhancements and improvements.

We want to express our appreciation to all the Lincoln Hills residents who took the time to respond to the Community Survey. Resident engagement is critical to the future of our community. Any comments on the Community Survey or the Strategic Plan can be sent by email to SP@scilhc.com. Copies of both documents can be found by clicking on the Strategic Plan button on the home page of our website.

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## LH Amateur Radio Group

BY DAN LEHRER, KN6DRN

Our Group participated in the CQ Worldwide Single Side band contest. Successful contacts were made to 21 foreign countries as far away as Croatia, Ireland, Czech Republic and Japan. We also contacted 20 American stations including Alaska and Hawaii. The 15-meter band was the most active band with favorable propagation conditions. John, NQ6Q conducted a cross-training session to familiarize members on our Winlink and Echolink equipment and software. Maintaining and understanding these modes gives us confidence to help our community, especially in the event of an emergency. Julian, KO6EPL, conducted his first Monday Net with great success, well done Julian.

Meetings are held at the South Tower every Monday night at 6:30 PM. Our club conducts a weekly radio network at 7:00 PM every Monday on the W6LHR Repeater at 147.030 MHz, 167.9 PL. If you are looking for a way to engage in the community and have an interest in amateur radio, please check out the LHARG. We can help with programming handheld radios. For more LHARG information visit our Website, the URL is: lharg.us or email dlehrer72@gmail.com

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## RV Group

BY MARY CARBREY

Our club has so many fun RV adventures under our belt, and so many more to come! Just when you think you have seen it all, one of our RV comrades comes up with a new idea. Sometimes we stay close to home, and sometimes we travel out of state. Currently, we are busy planning for 2026, while we are also enjoying all the trips we have planned for this summer. If you own an RV and find that you are not utilizing it enough, we may be just the

club for you. All types of RVs are welcome.

See our website at [www.lhrvg.com](http://www.lhrvg.com) to learn more and join us on the second Thursday of each month at Kilaga Springs, 4:30 PM in the Placer Room. For general information, contact our club president, Jake Baker, at 916-838-5253 or JBaker525311@gmail.com. For membership contact Cindy Aimar at 707-494-8185, or cjaminar@att.net

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(more Club News cont' on page 18)



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## LH Sports Car Club

BY ROB PHILLIPS

The club is thrilled that April has arrived as we embarked on multiple driving tours. On April 11, Pam Berry led a trip to Theresa's Restaurant in Jackson and the Lockeford Sausage Market, continuing the tradition started by Virgil Berry. Club members appreciated Pam's effort, and the weather was fantastic.



On April 18th, thirty members took a scenic ride through Placer, El Dorado, and Amador counties to Ione. They toured Preston Castle, built in 1894 as the Preston School of Industry, a reform school for boys. Despite its haunted reputation, no spirits were encountered during the tour. After the tour

the group drove to Jackson for an enjoyable lunch at Luka's Restaurant.

The month concluded with an intimate view of Sutter Buttes and Capay Valley during our drive. We opted for smaller roads as much as possible, passing the Sutter Buttes and ultimately arriving in Capay Valley—a rural area in Yolo County renowned for its agriculture, particularly wine grapes and olive cultivation. We paused for lunch at the Road Trip Bar & Grill in Capay. Despite its modest exterior, this restaurant proved to be an exceptional find.

Many more Day Tours as well as Overnight Tours are being planned for this year. If you are not a member and you own a sports car and want to join contact Edy Ternullo at edyternullo@yahoo.com

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## Rods & Relics

BY ELNA RAGAN

April saw a large number of Car Show events being held between the events in Roseville and Wheatland. Our members enjoyed the fellowship and talking with other classic car owners!

On Tuesday, April 18 our monthly "lunch get-together" was held at the Waffle Farm with 18 Club members and guests in attendance.

Later in the day, our 5th Car Show Chair Meeting was held. Many new changes are being made to ensure a highly successful 19th Annual Downtown Lincoln Car Show on Saturday,

(cont' on page 19)



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Blackhawk Lane | Alpine  
\$595,000



Poppyfield Court | Echo Ridge  
\$580,580



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## Rods & Relics

(cont' from page 18)

June 7 from 9:00 a.m. to 3:00 p.m. There will be about 500 beautiful classic vehicles on display, a Pancake Breakfast provided by Boy Scout Troop #160, 50 food and product Vendors, a DJ and live music, a large Raffle Booth with fantastic items, and a BBQ lunch in Beermann's Plaza! So mark June 7 on your calendar to come to Lincoln's shady tree-lined downtown streets to enjoy the beautiful classic vehicles... a bit early Americana!

On Wednesday, April 23, our General Business Meeting was held at Strike's Unlimited in Roseville. Nominations for new Board members were held.

A few of our members will have their vehicles on display at Butch Gardner's Clubhouse at the Cal Expo Autorama being held May 2 - 4.

On May 13, our monthly "lunch get-together" will become a "dinner get-together" at Old Town Pizza at 5:00 p.m. Plan to join us!

The Rods & Relics Car Club is always looking for new members. All owners of vehicles model 1979 or older or replicas of such vehicles, are eligible to be regular members. For more information, check out our Web Site listed below.

Contacts: Tom Indrieri, President 916-645-2035; Mike Faga, Membership Director 916-812-2749

Web Site: [www.rodsnrelics.net](http://www.rodsnrelics.net)

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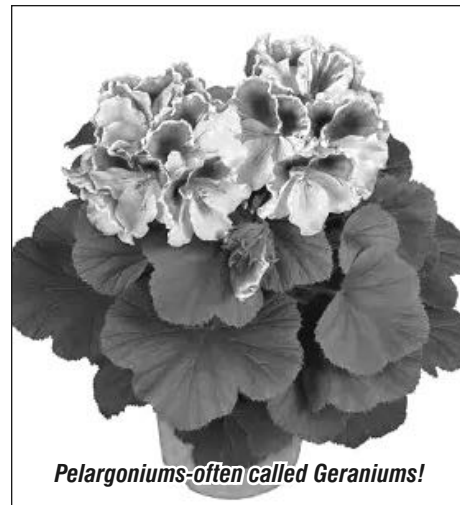
## Garden Group

BY LORRAINE IMMEL

If you missed the SCLH Garden Tour and the Rose Show at OC, they will be held again next year-save the month of April 2026 for them!

We started May 1 activities with the Spring Luncheon and Hat Competition. Next will be the Bonsai Show-May 10/11, at OC-10 AM through 3 PM and the Annual Plant Sale-May 17, Pavilion, 10:00 AM until noon (parking is allowed on Del Webb Blvd that day). The General Meeting will be May 22-2:00 PM, KS -Geraniums!

Pelargoniums, often called geraniums, are a popular choice for gardens and containers, with many varieties offering a range of colors and scents. Robin Parer has owned



*Pelargoniums-often called Geraniums!*

and operated Geraniaceae Nursery in Marin County near San Francisco, California for the past forty years, and has collected and propagated over 500 geranium species. She is our Speaker for the General Meeting and is featured in many Garden Magazines and lectures at many garden events. She is bringing handouts and plants for the door prizes! Robin has an Instagram page with photo and commentary on one pelargonium per day. Her address is: pelargoniums\_forever. Check it out!

There will be Brown Bag Sales and Master Gardeners Q's & A's at this meeting.

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## Bird Group

BY SHERRY SINGER

On March 28 at 8:30 am, 23 members of the SCLH Bird Group walked along the nearby Wilson Park Trail in a quest to discover as many birds as possible. The path, a mere eight-minute drive from Orchard Creek Lodge, did not disappoint. While it was barely a week after the first day of spring, nature was on display. Many of the birds were already showing signs of mating behavior appropriate for the season. Over a dozen male red-winged blackbirds were spreading their wings, fluffing their feathers and singing to defend their marshy territories in their quest to pair up with local females. Male and female hooded mergansers (see photo) were swimming together in the nearby ponds and



*Male and female Hooded Mergansers by Stu Singer.*

a solitary pair of cinnamon teals were nestled in the grasses feeding together. In less than two hours we recorded 29 different species of birds less than three miles from Orchard Creek Lodge. The SCLH hiking trails, wildlife preserves, and fitness trails provide a perfect setting for observing the various, beautiful birds that inhabit our area. Ed Yong, a Pulitzer Prize winning science journalist, states that observing birds can be a "balm for modern anxiety". Personal problems and to-do-lists just fall away when your mind is focused on nature. So, if you haven't had a chance yet, grab some water, a good pair of binoculars

and hiking shoes and join us on one of the scheduled walks listed below. You too may see your problems simply disappear!

Future Bird Walks (weather permitting):

Note: Non-local walks depart from the

(cont' on page 23)



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<b>11 Day ALASKA From SFO! PRINCESS</b>					
<b>Ruby Princess ~ 3080 Passengers</b>	Jul. 20, Aug. 11, Sep. 13-2025	\$1,599	\$2,051	\$2,699	
Sail round trip from San Francisco, California to Skagway, Alaska; Juneau, Alaska; Glacier Bay National Park, Alaska; Ketchikan, Alaska; Prince Rupert, BC, Canada; San Francisco, California.					
<b>*LINCOLN SHUTTLE TO SHIP AVAILABLE!</b>					
<b>11 Day MEXICO From SFO! PRINCESS</b>					
<b>Ruby Princess ~ 3080 Passengers</b>	Sep.24, Oct. 19, Nov. 15-2025	\$999	\$1,139	\$1,349	
Sail round trip from San Francisco, California to Manzanillo, Mexico; Puerto Vallarta, Mexico; Mazatlan, Mexico; Cabo San Lucas, Mexico; San Francisco, California.					
<b>*LINCOLN SHUTTLE TO SHIP AVAILABLE!</b>					
<b>16 Day PANAMA CANAL - PRINCESS</b>					
<b>Island Princess ~ 2000 Passengers</b>	Nov. 21, Dec. 7- 2025	\$2,009	\$2,269	\$2,799	
Sail from San Francisco, California to Fort Lauderdale visiting Puerto Vallarta, Mexico; Puerto Quetzal, Mexico; Guatemala; Puntarenas, Costa Rica; Fuerte Amador, Panama; Full Transit of the Panama Canal; Cartagena, Columbia; Fort Lauderdale, Florida.					
<b>*INCLUDES LINCOLN SHUTTLE TO SHIP &amp; SACRAMENTO AIR RETURN or VICE VERSA!</b>					
<b>21 Day BEST OF THE MEDITERRANEAN - PRINCESS - NEW SHIP!</b>					
<b>Sun Princess ~ 4300 Passengers</b>	October 11-2025	\$2,697	\$3,647	\$4,497	
Sail round trip from Barcelona, Spain; Marseille, France; Genoa, Italy; Florence, Italy; Bar Montenegro; Naples, Italy; Rome, Italy; Naples, Italy; Santorini, Greece; Kusadasi, Turkey; Athens, Greece; Crete, Greece; Sicily, Italy; Mallorca, Spain; to Barcelona, Spain.					
<b>14 Day CARIBBEAN - PRINCESS - NEW SHIP!</b>					
<b>Sun Princess ~ 4300 Passengers</b>	Nov. 16, Nov. 23 Dec. 7, Dec. 14-2025	\$1,719	\$2,149	\$2,599	
Sail round trip from Fort Lauderdale, Florida to Princess Cays, Bahamas; San Juna, Puerto Rico; St. Thomas, Virgin Islands; Ft. Lauderdale, Florida; Grand Cayman, Cayman Islands; Roatan, Honduras; Cozumel, Mexico; Fort Lauderdale, Florida.					
<b>32 Day SOUTH PACIFIC ISLANDS AND HAWAII From LAX! PRINCESS</b>					
<b>Sapphire Princess ~ 2670 Passengers</b>	October 15-2025	\$2,789	\$3,141	\$5,848	
Sail round trip from Los Angeles, California to Kauai, Hawaii; Honolulu, Hawaii; Pago Pago, American Samoa; Int. Date Line; Apia, Western Samoa; Suva, Fiji; Dravuni Island, Fiji; Int. Date Line; Tahiti, French Polynesia; Moorea, French Polynesia; Los Angeles, California.					
<b>20 Day ANDES &amp; SOUTH AMERICA - PRINCESS</b>					
<b>Sapphire Princess ~ 2670 Passengers</b>	November 16-2025	\$2,249	\$2,289	\$2,749	
Sail from Los Angeles, California to Manzanillo, Mexico; Puntarenas, Costa Rica; Panama City, Panama; Lima, Peru; Pisco, Peru; La Serena, Chile; to San Antonio, Chile.					
<b>22 Day ULTIMATE ALASKA SOLSTICE From SFO! PRINCESS</b>					
<b>Ruby Princess ~ 3080 Passengers</b>	June 6, 2025	\$2,093	\$2,534	\$4,649	
Sail round trip from San Francisco, California to Ketchikan, Alaska; Wrangell, Alaska; Haines, Alaska; Sitka, Alaska; Glacier Bay; Hubbard Glacier; Valdez, Alaska; Anchorage, Alaska; College Fjord, Alaska; Icy Strait Point, Alaska; Juneau, Alaska; Endicott Arm & Dawes Glacier; Vancouver, Canada; Victoria, Canada to San Francisco, California.					

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<b>15 Day GRAND NEW ENGLAND Cruise</b> <b>American Patriot- 130 Passengers</b> Round trip Sacramento airfare, Airport Meet-And-Greet with transfers, WIFI, an included excursion at each port. Pre-night at 4 Seasons Boston, 15-day Cruise in a balcony cabin. Sail round trip from Boston, MA; Portland, ME; Bath, ME; Boothbay Harbor, ME; Bar Harbor, ME; Bangor, ME; Rockland/Camden, ME; Portsmouth, NH; Gloucester, MA; Provincetown, MA; Newport, RI; Martha's Vineyard, MA; Nantucket, MA; Plymouth, MA; to Boston, MA.	<b>June - September 2025</b> <b>INCLUDES ROUND TRIP SACRAMENTO AIRFARE!</b>	<b>\$13,730</b>
<b>8 Day MISSISSIPPI Cruise</b> <b>Viking Mississippi- 386 Passengers</b> Package includes your home to the Sacramento Airport, Round trip Sacramento airfare, Airport Meet-And-Greet with transfers, WIFI, an included excursion at each port. 8-day Viking River Cruise in standard accommodations with a window. Sail from New Orleans to Memphis visiting Darrow, St. Francisville, Louisiana; Natchez, Vicksburg, Greenville, Rosedale, Mississippi; to Memphis, Tennessee.	<b>June - December 2025</b> <b>INCLUDES ROUND TRIP SACRAMENTO AIRFARE!</b>	<b>\$4,498</b>
<b>15 Day SOUTHEAST ASIA &amp; HONG KONG Cruise</b> <b>Viking Venus ~ 930 Passengers</b> Package includes your home to the Sacramento Airport, Round trip Sacramento airfare, Airport transfers, WIFI, an Included Excursion at each port. 15-day Viking Ocean Cruise in balcony accommodations. Sail from Bangkok, Thailand; Sihanoukville, Cambodia; Scenic sailing Gulf of Thailand; Ho Chi Minh City, Vietnam; South China Sea; Hue, Vietnam; Ha Long Bay, Vietnam; to Hong Kong, China.	<b>October 2025</b> <b>INCLUDES ROUND TRIP SACRAMENTO AIRFARE!!</b>	<b>\$6,998</b>
<b>10 Day GREEK ISLES CRUISE</b> <b>Windstar Yacht ~ Wind Spirit ~ 148 Passengers</b> Board your Windstar yacht and sail round trip from Athens; Delphi; Meteora; Acropolis; Athens; Mykonos; Kusadasi; Patmos; Santorini; Milos; Monemvasia; to Athens, Greece. Ask about the All Inclusive Option!	<b>June - October 2025</b> <b>INCLUDES ROUND TRIP SACRAMENTO AIRFARE!!</b>	<b>\$6,920</b>
<b>7 Day DREAMS OF TAHITI Cruise</b> <b>Windstar Yacht ~ Star Breeze ~ 312 Passengers</b> Board your Windstar Yacht and sail round trip Papeete, Tahiti visiting the French Polynesian Islands of Moorea, Raiatea, Motu Mahaea (Tahaa, Bora Bora, Huahine, and back to Papeete in an Ocean View Suite. Don't put it off any longer. <b>Book your Tahiti trip today!</b>	<b>June - December 2025</b> <b>INCLUDES ROUND TRIP SAN FRANCISCO AIRFARE!!</b>	<b>\$5,488</b>
<b>9 Day COLUMBIA &amp; SNAKE Cruise</b> <b>American Cruise Lines~ American Riverboat ~ 180 Passengers</b> Package includes 9-day American Cruise Lines river cruise in standard accommodations. Enjoy an included excursion at each port, WIFI, beverage package & gratuities. Follow the trail of the intrepid explorers, Lewis and Clark and sail from Portland, Oregon; Cruise the Columbia River; Astoria, Oregon; Kalama, Washington; The Dalles, Oregon; Cruise the Columbia River; Pendleton, Oregon; Richland, Washington; to Clarkston, Washington.	<b>June - October 2025</b> <b>INCLUDES ROUND TRIP SACRAMENTO AIRFARE!!</b>	<b>\$5,755</b>

Prices are per person based on double occupancy and subject to availability at the time of booking. Taxes, Fees, & Port Expenses as well as Travel Insurance are additional. Please call for current availability and pricing.

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## Bird Group

(cont' from page 19)

OC gym parking lot @8am  
 May 9 – May 9 – Mahany Park  
 May 23 – Canyon Oaks Trail  
 June 4-5 – overnight field trip to Sierra Valley  
 Monthly Meetings:  
 Note Meetings are always on the second Monday of the month at 1:30pm @ Kilaga Presentation Hall  
 May 12 – Kate Marsden from West Coast Falconry will bring live raptors!  
 June 9 – Don Fallon shares his experiences while “Birding in Bhutan”  
 July 14 – SCLH birders share their photos in the “End of Year Photo Extravaganza”  
 Contact Information:  
 Visit us at our website [www.sclhbirders.org](http://www.sclhbirders.org) or contact Don Fallon, our chairperson at [donfallon102@gmail.com](mailto:donfallon102@gmail.com)

## Hikers and Walkers

BY GAY MACKINTOSH

April showers bring . . . May dogwood blossoms! Flowers bloom to their own beat, but we've got two great dogwood-peeping opportunities this month: Jenkinson Lake on May 6 and higher-altitude Pioneer-Hallelujah Trail on May 22. If we're lucky, we'll also see swaths of redbud. An array of wildflowers for sure!

New website [www.lhhikersandwalkers.org](http://www.lhhikersandwalkers.org). Whether you're a walker or a hiker or



both, check the website regularly for all the information you need to choose what's just right for you.

Walkers meet every Wednesday at 8:00 AM on our own SCLH trails. Slower-paced Wellness Walkers meet some Mondays as well. Meeting places and route maps are on the website. Call Coordinator Debbie Schryver, 916-666-1741, with questions about the Walkers. Contact Karl Aitken, [w4wleader@gmail.com](mailto:w4wleader@gmail.com) about Walk for Wellness.

Here's our May hike schedule as of press time. But watch the website for changes and be sure to read the detailed hike descriptions to pick your perfect challenge level.

- Tuesday, May 6: Jenkinson Lake
- Friday, May 9: Confluence-Lake Clementine Loop.
- Friday, May 16: TBA. Strenuous.
- Thursday, May 22: Pioneer-Hallelujah Dogwood Loop

Interested in sharing your favorite hike? New leaders are needed to achieve our goal of offering at least one hike each week. Easy, moderate, or strenuous, mileage and pace up to you. Contact Gay Mackintosh, Vice-President for Hikes, [mackintoshbg@msn.com](mailto:mackintoshbg@msn.com) or 916-209-3628 for lots of resources to support new and returning hike leaders.

Spring is an especially great time to get outdoors. New members are always welcome. Call President Tom Denzler, 530-368-2564, for information about LH Hikers and Walkers.

## LH Softball

BY HEIDI MAZZOLA

Both the Summer Coed and Women's Division seasons are now underway! Coed games are typically played on Mondays and Wednesdays, with a few additional games scheduled early Thursdays and Fridays when the weather heats up. Weekly team standings will be posted on our website, so be sure to check it regularly.

The Women's Division plays most of its games on Sunday mornings, with occasional matchups on Thursdays. A special event is coming up on Saturday, May 10—Family Day! Players and their families of all ages are invited to join a fun, light-hearted softball game

featuring a giant squishy ball and a goofy bat. It's always a blast, so bring the whole crew and enjoy some silly softball fun starting at 11:00 AM.

If you're heading to the tournament at Del Webb Field on May 17–18, be sure to grab a hot dog from the Women's Division. Proceeds go right back into their program—support a great cause while enjoying the games!

Don't miss out on the fun—visit LHSSL.net for schedules, standings, and the latest league news. See you at the ballfield!

## LH Coyotes 75's

BY GAGE JOHNSON

The Lincoln Hills Coyotes 75's team will again be hosting three tournaments at Del Webb Field this season. Tournaments will be on Saturdays and Sundays, May 17-18, June 21-22 and August 16-17. Five games each day starting at 8:30.

Concessions will be provided by LHSSL Women's Division and Co-Ed Division. The field will consist of the same teams as last year: Coyotes, Sacramento Buds, NorCal Redhawks, Chico Crankees and Please Don't Bug Me. Based on last year's events, we expect each tournament will be a very competitive affair.

(more Club News cont' on page 25)



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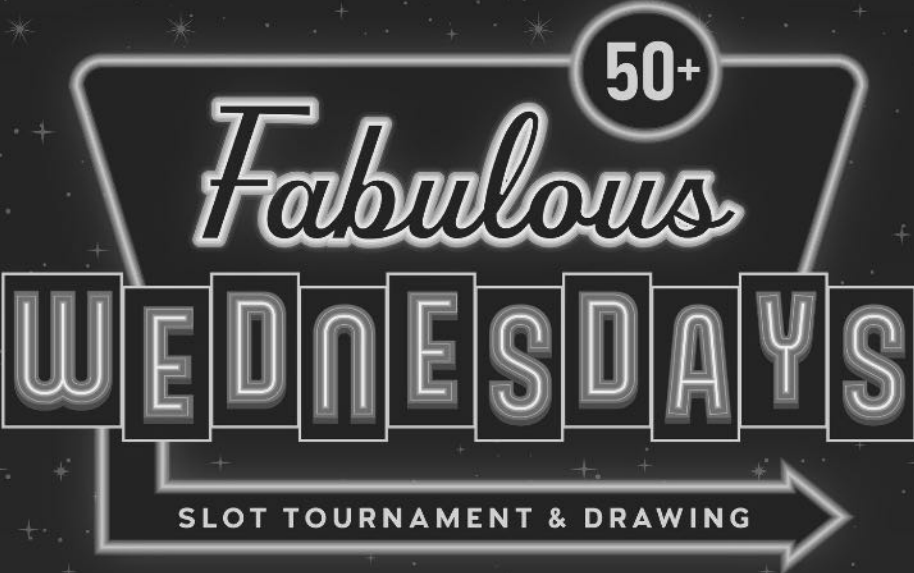
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MAY 2025

THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	2	3	4
8	9	10	11
15	16	17	18
22	23	24	25
29	30	31	

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## Ladies Golf - 18 Hole Club

BY CATHY JAICKS

March Highlights – Swinging Through the Rain!

March showers didn't stop our fabulous ladies from showing up and showing off! We squeezed in three awesome Play Days, and the competition was as fierce as ever!

March 6 – 1 BB Odd / 2 BB Even

1st Place Dream Team: Eileen Boore + Beth Morton + Ginny Smith + Carol McCann  
Closest to the Pin: Kathi McCoy – 9'11"

March 20 – Team Stableford

1st Place Champs: Cathy Jaicks + Donna Brinkerhoff + Judy Emge + Lynn Lapera

This squad came to play and slayed the scoreboard!

March 27 – NetChix Day!

Our final Play Day was won by our March NetChix winner: Captain Eileen Boore, with an unbelievable net 62! She was on fire!

Closest to the Pin – Hole #7: Patti Tilton – 7'10"

Save the date for our "Get WILD About Golf" tournament! This exciting tournament is just around the corner, and you won't want to miss it! Set for June 5th Guest Day Tournament with a Safari Theme + Step Aside Scramble + tons of fun. Registration Form: Coming soon with all the wild details!

In closing, we're so excited to welcome our newest member, Karen Escobar, to the Ladies' 18-Hole League! With Escobar on board, we've hit a huge milestone—100 members strong!

Want in on the fun? Text or call Kathy



Lee at 925-998-3538 for more info—we're always excited to add more fabulous golfers to the crew!

...



## Lincsters 9-Hole Club

BY LORA FINNEGAN

Our Big Sister/Little Sister Tournament was a blast! Kudos to first place team Jane Steffes, Gay Gladden, Carolyn Conyers, Nancy Dodgion. Second place team: Sue Pharis, Joyce Kirk, Charlotte Raifaisen, Brenda D'Andre. Third place team: Kim Hall, Linda Mann, Michelle Carson, Nancy Martin. Closest to the pin winner was Lynn Hamman. Putt pool winner was Barbara Korenthal; second place tie went to Linda Salmon, Nancy Dodgion, Betsy Williams, Marie Bossert; third place tie went to Nancy Martin, Janet Adler, Lora Finnegan, Brenda D'Andre, Liz Kelley. Congratulations also to Linda Mann for her hole-in-one on #5 (Hills Course)! "After forty years of playing golf, it was a wonderful moment," she quipped.

And a tip of the hat to March's WNHGA Low Net Winner Joyce Kirk, who shot 25. Coming up: Bring a Friend Tournament May 14. And don't forget our new web address at [Lincolnhillslincsters.memberplanet.com](http://Lincolnhillslincsters.memberplanet.com)

...

(more Club News cont' on page 27)



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## Men's Golf Club

BY CARL LYNCH

Congratulations to our Tournament of Champions (TOC) and Just for Fun (JFF), Individual Stroke Play Competition tournament champions!

It was a bit on the cool side to start, but otherwise we had excellent weather for our Tournament-of-Champions (TOC) and Just-for-Fun (JFF) event. With Cart-Path-Only (CPO) conditions, we understandably had many players that were unable to participate. As a result, some of the flights were considerably smaller than the original sign-ups. A big shout-out especially to the players on the Hills that tolerated the aeration and CPO conditions! I did get feedback that considering the greens were just aerated, they were in surprisingly good condition.

Competition Winners:

Overall low Gross of 77 (for a \$30 tournament payout): Mike Black.

Overall low Net of 73 (for a \$30 tournament payout): Ray Otis.

Closest to Pin (CTP) on the Par 3 holes (for a \$12.50 tournament payout per person): Vance Sharp, Albert Ferreira, James Chan, Dan Guth, John Eisenhower, Chris, Carroll, Joe McDonnell, and Walter Milgroom.

Long Drive (LD) (for a \$15 tournament payout per person): Mike Monsees, Raymond Overton, Ciro Estremo, and Rob Davies.

The Men's Golf Club is an excellent way to make new golfing buddies and enjoy a game of golf in our monthly tournaments and other

events during the year.

Check out our Men's Golf Club webpage at <https://mgclh.club/>

...

## Water Volleyball

BY HOLLIS BISCHOFF

As the weather heats up, it's time to cool off while making friends and exercising the no sweat way with both indoor and our monthly summer outdoor pool play times. On dry land, Water Volleyball meets Potters Baseball, join us to cheer on our hometown sluggers, for a reduced ticket price. Contact us for dates, prices and details.

Come and try us out at a free drop session any Saturday at 9 am. Please contact us beforehand so we can let you know where to meet and what to bring. Find us at [LHWaterVolleyball.com](http://LHWaterVolleyball.com) or call Ernie Ferrier: 925-961-2372.



As the weather heats up, it's time to cool off while making friends and exercising the no sweat way with both indoor and our monthly summer outdoor pool play times. On dry land, Water Volleyball meets Potters Baseball, join us to cheer on our hometown sluggers, for a reduced ticket price. Contact us for dates, prices and details.

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...

## LH Table Tennis

BY ILENE MARSHALL

Our Sun City Lincoln Hills (SCLH) Table Tennis Club competed against Sun City Roseville (SCR) Table Tennis Club, in our semi-annual Interclub competition.

SCR had 15 players, and we had 21 players. We played a combination of SCLH and SCR players at each table.

We WON with a score of 73-72! and we had 1306 points to their 1295 points! Which

(cont' on page 29)






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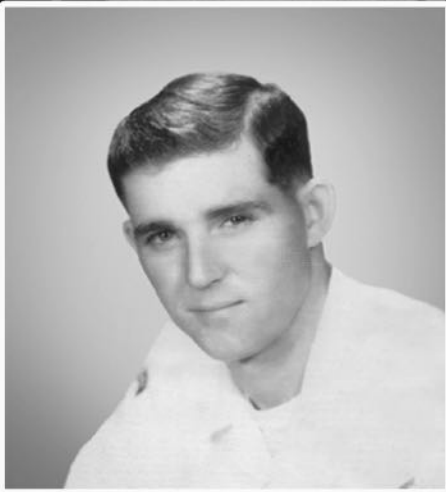
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## LH Table Tennis

(cont' from page 27)

means we keep the trophy and the title for another 6 months. Congratulations to those who came out and left their hearts on the tables!! Good job!!

We play in the Multi-Purpose Room (KS) on Sundays 8:00 AM to 5:00 PM, Tuesdays, 6:00 PM to 9:00 PM, and Fridays 8:00 AM to 12:00 PM.

If you are a resident of SCLH you can drop in and join the fun.

You can also join our Lincoln Hills Table Tennis Club (LHTTC). Membership dues are

not required.

To join, just sign up on the new member sheet at the play sessions or email pingpongsclh2@gmail.com.

LHTTC members hear about all our fun club events and announcements via email. You can easily unsubscribe at any time.

We play on 7 tables, beginner to advanced levels on a drop-in basis. We play women's doubles, men's doubles, mixed doubles, and singles.

Reservations are not required. Please wear non-marking tennis shoes. Loaner paddles are available.

When you come out to play Table Tennis

on Fridays, please note that we are adjacent to Kilaga Café where you can enjoy a nice pastry and coffee!

We set up a 'Robot' table tennis ball machine on Fridays to use for beginner coaching, warm up, training, and practice. Players may use it on a "first come first served" basis, and the signup sheet is located there with the ball machine.

For more information, check out our webpage: <https://sites.google.com/view/lhttc/>

• • •

## Swimmers & Water Walkers Club

BY ROSEMARY TANFANI

Both OC outdoor pools are open; enjoy! If in doubt about pool rules and the lap reservation system, contact the front desk at both lodges. The most important rule is: no diving into the pools. Also, if you plan to wear aquatic shoes into the pool, please put those shoes on when you enter the water. Do not wear your aquatic shoes from the car to the pools.

July 11 is National Swimming Pool Day, and this special day will be celebrated with a fun event at OC outdoor pools from 11:00 AM to 1:00 PM. The Swimmers and Water Walkers Club, along with the Water Volleyball Club, will be participating. Our club will host a half hour of swimming and water walking demonstrations,

The club still needs some volunteers for that day. If you can put in an hour of your time, please contact us at [swimmers.walkers@gmail.com](mailto:swimmers.walkers@gmail.com).

See you in the pools!

Club Contact: Kathy Carpenter, [swimmers.walkers@gmail.com](mailto:swimmers.walkers@gmail.com)

• • •

## LH Tennis Club

BY SUSAN KUUKKA

The banner has been hung on court 2 in recognition of the Men's 7.0+ USTA Sectional Championship win.

Our St. Patrick's Day tournament was a fun event, with 38 players participating in 3 brackets of round robin "fun" play. Winners determined by winning record and closest service games won and lost. The winners for the 7.5+ bracket were Sal Zimmitti and Sandy Bristow, for the 7.0 bracket were Jack Blyskal and Joan Peterson and for the 6.0 bracket were Alan Whittaker and Brodie Trap. Congratulations to them all.

Hopefully many of you also played in our April Spring Fling Mix and Match tournament. This is always a fun tournament that everyone loves as players play with different partners in each round. This is a great way to meet new people in our tennis community. Our next tournament is the mixed doubles tournament on May 31st. You can sign up for this tournament through the LHTG website's events page or through the link in the LHTG member's weekly newsletter.

For those of you who are new to Sun City or just wanting to get back to playing tennis and would like to meet other tennis players, there are several ways to do that. We have drop-in tennis Wednesday and Saturday morning from 8 – 10 am, Live Ball the first Sunday of

the month at 10 am, and we also have a Tuesday Night Mixed Doubles Group, which gives an opportunity to play tennis for those that work during the day. Please note that the Saturday Ball Machine will now start at 8 am.

The General Membership Director's meeting on June 4th at 4pm at Orchard Creek. Come and hear what the Board have to say.

For more information on all the tennis activities offered by the club, check out the LHTG website, Compass magazine, WellFit website, or contact our resident RSPA/USTPA Teaching Pro, Eric Garcia. He can be reached at [Eric.Garcia@sclhca.com](mailto:Eric.Garcia@sclhca.com)

• • •

(more Club News cont' on page 31)



St. Patrick's Day Tennis Tournament

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The exhaustion takes over and covers you like a heavy blanket.

And of course, when the depression hits, you can't clean your house or play with your grandkids.

You wonder if you're any good to anyone when you're like this.

This was everyday life for Kelly of Roseville.

This is life with Fibromyalgia.

At Lincoln Acupuncture, we understand how debilitating Fibromyalgia can be - you're in pain all the time, you don't have the energy to do the things you love with the people you love.

Fibromyalgia affects the

entire body, and to make things complicated, it affects every body a little differently.

**"I would spend my days in bed. I couldn't even anticipate where the pain would be each day. It was an aching sensation that moves under my skin, a sensation I wish on no one. I knew my family needed me, and it was devastating to not be fully present day after day because I didn't feel well," Kelly shares.**

So how is it that we have a 90% success rate in treating Fibromyalgia? We incorporate ATP Resonance BioTherapy™. It's a cutting edge technology that targets specific tissues in the body. It then reprograms them for optimal performance, thereby amplifying the effects of acupuncture.

It's in combining the time-tested science of acupuncture

and modern medical solutions like ATP Resonance BioTherapy™ and O3 Regenerative Therapy that we are giving much needed relief to those suffering with Fibromyalgia and other complicated, chronic conditions.

### *Benefits of Treatment:*

- Reduce Fibro fog and improve memory, concentration, and focus
- Improve sleep and increase energy
- Reduce pain and stiffness
- Alleviate anxiety and depression
- Improve gut health

By improving these areas, we offer our patients their best chance at living a pain free life!

**"Every specialist I met with couldn't offer me a real solution. I had never felt so defeated, but now, I can be the one who hosts the bridge parties. I'm thriving, not just surviving!"**

At Lincoln Acupuncture Clinic, an initial consultation is the first step to creating a personalized treatment program for each individual. Call **916-884-0398** to start your healing process.



## Pickleball Club

BY DIANE FERRARI

Spring is blooming everywhere, and the Pickleball Club has been growing its activities for Members. Join now and be a part of the many Club activities offered. Club Members have opportunities galore: Academies, Drills, Round Robins, Meet the Pro series, Pickleball 101-103, and Ladders to name a few. The Pickleball courts are beautiful, equipment is great and the camaraderie amongst members is friendly or competitive- you choose! On May 28th learn “How to Play the Game of Pickleball”: scoring, club programs, and basic pickleball skills are covered. No cost for the session and its open to all Lincoln Hills residents. The Academies offered in May to members will cover: dinking, volleying, ground strokes, and video analysis. If you would rather have small group lessons, Club Pro Ian Dickson offers classes monthly through Wellfit. Sign up for Ian Dickson’s clinics at SCLHResidents.com or the Wellfit desk. The Club offers social events throughout the year with PicklePalooza on June 19th: food, fun, games and vendors. Tournaments scheduled for May, September and November. Visit the club website for new member information, dates and times of events, academies and more. The new Member Webpage has instructions,



New member Ron learning Pickleball.

tutorials and a wealth of information on how to get immersed in Club activities. Membership benefits are a great value. Play, socialize, and enjoy amazing sunsets at the courts in the evenings. [www.lhpbclub.com/event](http://www.lhpbclub.com/event) or Lincoln Hills Pickleball Club - Player Development. Join the club and let’s see you on the courts!

• • •



Pickleball members.

## Shuffleboard Club

BY JON KLINE

Club play has moved to mornings: Wednesday and Saturday from 9:00 to 11:00 AM. Arrive earlier and set up a court if the weather gets hot! New players are welcome to attend; orientation to game rules is offered at all sessions. We are located on Court #10 in the Sports Plaza, adjacent to the rear of the softball field parking lot.

New: Thursday evening socials – come meet a great group of shufflers every Thursday from 6:30 to 8:30 PM. Bring a snack or dessert for yourself or to share.

Free “Introduction to Shuffleboard Clinics” are scheduled: Mondays from 9:00 to 10:30 AM on May 12th and 26th. Maximum 8 residents per clinic, reserve your spot by contacting Jon (see below).

There is still time to sign up for the May 10th annual club picnic at the sports pavilion.

• • •

## Lawn Sports Club

BY HAL SILLIMAN

Lincoln Hills Lawn Sports Club plays croquet and corn hole... The Lawn Activities Friends held its second official meeting April 8 on the way to be an official club in the Sun City Lincoln Hills Association. Sixteen people gathered at the lawn games area at the Del Webb Sports Complex and new members joined. There are now 70 members.

Two croquet courses were set up, as well as corn hole. The group promotes lawn sports

Email to Irene at [ininsc@gmail.com](mailto:ininsc@gmail.com). Attend our annual membership meeting Monday, May 12th at 2:00 PM at the OC Lodge art room. More socials, tournaments and basic strategy clinics are being planned. Scheduled events will be posted outside of Court #10 and in the club “bin” at the OC Lodge. For open play and practice, reserve courts for 1-3 hours up to 7 days in advance at: Resident Website / Wellfit Reservations / Shuffleboard Courts. All equipment is in the onsite locker; instructions for using the equipment are posted in the locker. For evening play, enjoy the bright LED lighting until 9:00 PM.

Email the club for the basic game rules. We are a no dues club. People of all ages and fitness levels can play shuffleboard because no bending or lifting is required.

Contact Jon Kline at 650-279-0001 or at [alsonjonny@gmail.com](mailto:alsonjonny@gmail.com)

such as croquet, badminton, corn hole and Frisbee-tossing. There is no fee. All SCLH residents are welcome.

Acting Club President Steve Olcott briefed members on the club application status. Club representatives were due to appear at the SCLH CCOC meeting on May 6 to complete the process of becoming an official club. The club’s status will be reported on next month. Email [SCLHLawnFriends@gmail.com](mailto:SCLHLawnFriends@gmail.com)

• • •

(cont’ on page 37)



Ann Kray, left, playing croquet.

## SUN CITY REAL ESTATE UPDATE

Sun City Lincoln is seeing a bit of an uptick in homes available for sale. As of this writing the number of homes for sale is 46 with 24 homes in pending sale. That means roughly a two months supply of housing, although that is misleading. Some homes have been for sale for over two months and many have sold in the first week on the market. Price, updates and location are the major factors at play. But I will also say some buyers I have spoken with are a bit deterred by the traffic issues on 65. Mostly though it is a market where updated, modern homes and homes priced properly are selling quickly while others sit.



WRITTEN BY  
GEORGE BROWN  
[gbrown@thompson-brown.com](mailto:gbrown@thompson-brown.com)

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# SSNLH WRITERS...

## In Memoriam II

BY JIM FULCOMER

Those heroes who once gave their life in wars not of their choosing, now rest in honored silence, which they fought without refusing.

Most lying now beneath the soil or under waves at sea.

Thus it falls to us the living, to keep alive their memory.

The lives they lost in valor for their country’s call to arms, who left their homes and safety, facing fear and deadly harms - did not join up for glory or for victory celebration, but for the sake of freedom, preserved across the nation.

Include a time for honored thanks, to Veterans who have served.

And for those who still live on, whose honor is deserved.

Because they fought and died for us, so we could all be free - not subject to a foreign flag, or cruel tyranny.

Sound the Anthems. Wave the Flag and cheer the Honor Guard.

Wear the Poppies proudly, for the stripes and for the starred.

When the final note of “Taps” fades out, then whisper just a prayer - to honor those who served and died and gave more than their share.

## What’s In a Name?

BY JOY HUTCHISON

I don’t know about you, but I have four name tags tucked into the console between the front seat of my car. I had tried to keep them saved in my top bureau drawer until I attended one of the activities they represented, but hidden means forgotten in my elder-hood mind. Putting them at arm’s length when I’m headed to either my volunteer job, club activity or church, I have found it’s much easier to remember to dig into my console for the appropriate one before placing it on my lapel or shoulder as I head out. My only drawback is that since all but one has a magnet, they all seem to like each other, and when I reach into the console, they are scrunched together like a cluster of oysters.

Let me share some of the fun things I’ve

found about wearing a name tag. First of all, people I meet seem to be very friendly, and call me by name. That might not seem like such a big deal, but when you’re new to a group of people you don’t know, it seems to break the ice, especially if the greeter also has a name tag on. Then it seems that questions come easily such as “How long have you been in (Lincoln Hills), (group name), (church name)?” I’ve met so many interesting people around our campus, being a greeter at a function, and even at the grocery store when I’ve forgotten to take my name tag off after an activity I’ve attended.

Yes, I know, I know. We are all a bit shy around people we don’t know. But on the other hand, you might find some new friends you would have never met if you hadn’t worn your name tag!

## To Mom on Mother’s Day

BY STUART SINGER

It was a moment that encapsulated so much about our relationship. I was nearing thirty years of age, a father of two young boys, and there was my mother sharing with a group of my friends some misstep I had recently committed. I do not remember my misstep, but I do remember one of my friend’s response to her negative critique by saying, “Mrs. Singer, you certainly have a way of putting your son under a pedestal.” It was a clever remark, and it evoked well-deserved laughter from the assembled folks including mom. But those in attendance missed the importance of his comment.

It was that very trait, my mother’s unrelenting truth telling, that makes me miss her so much.

Honesty Is Her Only Policy—

I think about my mother often but especially on Mother’s Day. Her greatest strength was her unfailing, clear-eyed commitment to the truth. This approach to parenting created a powerful steadying influence for her oldest, often fearful and insecure, child. When praised I felt the embrace of her sincere support; when criticized I always knew it was driven by her devotion and love.

These attributes were a security blanket that followed me through our time together.

A Personality Forged In Adversity—

Ida Mae Bazman born on March 1, 1920. Seventy-three years later she died from Hodgkin’s Lymphoma. During those seven plus decades she endured numerous setbacks. She was the only child of European immigrants neither of whom had advanced past the third grade. But her parents understood the importance of education and strongly encouraged her schooling. She was an exceptional student. Twice double promoted, she graduated from high school three months past her sixteenth birthday. Then came a major disappointment; in the midst of the Great Depression her dream of attending college was not to be.

Instead, she joined the workforce and soon met my father. They married on October 26, 1941. Three months later there was another setback. He was drafted into the Army and was overseas for nearly four years. He finally returned in the fall of 1945, and I was born a little more than nine months later.

I am the poster child of the Baby Boomers. A Startling Discovery—

No one would describe the Singer family as overly demonstrative. We rarely hugged and overt claims of love were rare. What we did do was gather every night as a family of five (I had two younger sisters) to eat dinner together in our tiny kitchen. During these meals we would patiently discuss what we each had done that day, whether it was what happened at school, my father’s work downtown or Mom’s management of the household. Each of our lives was given equal value. Looking back, those will always be among my fondest memories.

As I grew older, I began to observe how other families interacted. Many seemed so much more overtly “loving”. When they would see one another, one would have thought they had been apart for decades rather than days or weeks. At first, I thought something was very wrong in my family until I came to realize that much of their affection was a façade. The lesson was clear—insincere hugging could not replace true caring.

Another moment I grew to appreciate the strength of consistent honesty.

A Quiet Ending—

My mother suffered from a number of illnesses throughout her life. But her greatest battle was with cancer which she fought valiantly for the last seven years of her life. In the spring of 1993, she went into the hospital when she had a particularly difficult flare up. The doctor assured us that she “would be fine within two weeks”.

Five days later she was gone.

I will always remember my last day with her. I sat next to her bed in the hospital and realized that despite having spent forty-seven years together, I felt there was nothing I needed to make right, nothing that needed an apology. Likewise, there were no “I’m sorry for...” due me. Nearly a half a century of honesty and openness allowed our last moments together to focus only on us.

I thanked her one last time and then said goodbye.

*We welcome your submissions such as humorous observations and poetry. Please see page 3 for submissions information.*





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## LTC Presents A Timeless Classic That Still Resonates Today

BY PEGGY SCHECHTER

Arthur Miller's, "Death of a Salesman" is a powerful, moving exploration of dreams, family, and the pursuit of success. This well-known American drama captivates audiences with its emotional depth, unforgettable characters, and insights into the human condition. Join us for an unforgettable night of theatre that will leave you thinking, feeling, and talking long after the curtain falls. It is a masterpiece that proves great storytelling never goes out of style.

Arthur Miller's, "Death of a Salesman" hits the stage in Lincoln in a stirring production that honors the play's enduring legacy. Willy Loman will be played by an LTC newcomer, Nathan Rangel and his wife Linda will be played by another LTC newcomer. Kim

McNabb. Other exceptional performances will be delivered by actors you may remember from this year's "Titanic the Musical" and "Noises Off."

This production invites audiences to reflect on family, identity, and the pursuit of the American Dream. This is theatre that is human, honest and moving. A powerful evening that will linger long after the final curtain.

Performances are on Friday, Saturday and Sunday May 2nd through May 18th with both evening and matinee shows. All shows are located at the Lincoln Civic Auditorium 511 Fifth Street, Lincoln, CA. Tickets may be purchased at [www.lincolntheatrecompany.org](http://www.lincolntheatrecompany.org) or by calling the box office at 916-409-7030.



*Rehearsal photo — The Loman family is pictured left to right: Zane Begley as Happy Loman; Kim McNabb as Linda Loman; Jared Albano as Biff Loman; Nathan Rangel as Willy Loman. Photo by Carter Medlin*

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## ❖ POETS WANTED ❖

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**Enter Now!**

**1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place winners selected in each contest category**

- Five (5) contest categories include the following: **Wishes Do Come True** **Open Your Mind To Change** **Rise To Life's Challenges** **Do A Good Deed** **Smile Every Day**
- Poets may submit a maximum of three (3) poems. Select three (3) of the contest categories and submit one poem from each. Poets do not have to live in Lincoln, CA. There is no entry fee.
- Poems may be in rhyme, free verse, haiku, or other accepted poetry forms and of any length, up to a maximum of 60 lines.
- **Young Poets**, 18-years of age or under, are encouraged to submit poems and will compete in a special "Young Poets" category.
- **Entry Forms and Contest Rules** can be downloaded by clicking on the link below.
- **Contest Deadline:** Poems must be received **no later than Wednesday, July 16, 2025**. Early submissions are appreciated. Questions—contact Alan Lowe at

### ✧ RULES AND ENTRY FORM ✧

1. **POETS WANTED!** 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place winners will be selected in each contest category.
2. The five (5) contest categories include the following: **Wishes Do Come True** **Open Your Mind To Change** **Rise To Life's Challenges** **Do A Good Deed** **Smile Every Day**
3. Poets may submit a maximum of three (3) poems. Select three (3) of the contest categories and submit one poem from each. Everyone is encouraged to enter. Poets do not have to live in Lincoln, CA. There is no entry fee.
4. Poems may be in rhyme, free verse, haiku, or other accepted poetry forms and of any length, up to a maximum of 60 lines.
5. Poems should be written in English. They should be typewritten and not centered (read left to right). Please use the Arial font 12-point. The title should be listed at the top of the poem and the category should be included at the top right corner of the poem page. The name of the poet should not be indicated on the poem.
6. **Young Poets**, 18-years of age or under, are encouraged to submit poems and will compete in a special "Young Poets" category. Young poets should follow the same rules as noted above. However, they should include their age, grade, and school on the Entry Form.
7. All poems must be submitted on hard copy to the address listed on the Entry Form below and must be received **no later than Wednesday, July 16, 2025**.
8. Early submissions are appreciated. A separate Entry Form should be attached to the hard copy of each poem submitted. Duplication of the form is permitted. Questions—contact Alan Lowe at
9. The top three winners in each category will be contacted. They will be asked to submit their poems electronically, by email attachment. All winning poems will be printed in a commemorative chapbook, which winners will receive as a gift.

### 2025 VOICES OF LINCOLN POETRY CONTEST ENTRY FORM

(One Per Poem – PLEASE PRINT)

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Young Poets Only--Age: \_\_\_\_\_ Grade: \_\_\_\_\_ School: \_\_\_\_\_

Contest Categories (Check appropriate category of poem submitted): ☐ **Wishes Do Come True** ☐ **Open Your Mind To Change** ☐ **Rise To Life's Challenges** ☐ **Do A Good Deed** ☐ **Smile Every Day**

Title of Poem Submitted: \_\_\_\_\_

Please insure that poems comply with all contest rules. No names should appear on the poems submitted. Include the title at the top of the poem. Place the category at the top right corner of the poem page. Use a paper clip to attach a copy of this Entry Form (cut along dotted line) to each poem submitted. Mail poems to Voices of Lincoln Poetry Contest, c/o Alan Lowe, 1235 Picket Fence Lane, Lincoln, CA 95648. Poems must be received **no later than Wednesday, July 16, 2025**. Early submissions are appreciated.

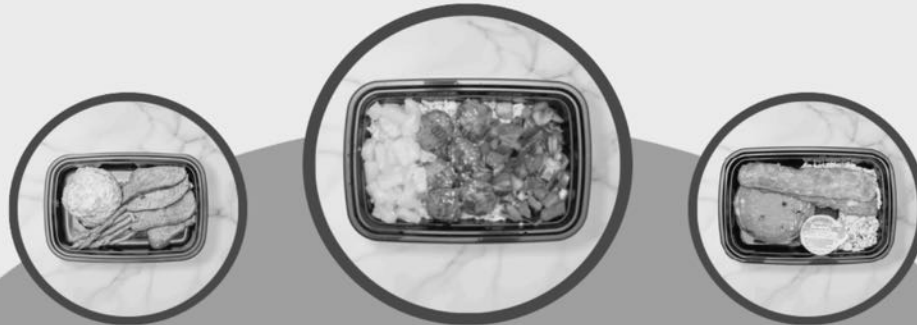
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Cribbage

BY MEL SWITZER

Cribbin’ U.S.A. — A Song by The Cribbage Boys (and Girls)  
If everybody had a notion  
To play cards each day.  
Then everybody be cribbin’  
Like old Bruce and Rae  
You’d see ‘em wearing their badges  
And their big grins too  
But not much of a hairdo  
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You’ll catch ‘em playin’ at the OC (inside, outside U.S.A.)  
Placer county line (inside, outside U.S.A.)  
Around all eight tables (inside, outside U.S.A.)  
A folding one besides (inside, outside U.S.A.)  
We play in the Game Room (inside, outside U.S.A.)  
And down the hall we say (inside, outside)  
Everybody’s gone Cribbin’  
Cribbin’ U.S.A.  
We’re playing all four suits  
We’re gonna win real soon  
We’re closing down our laptops  
We’re going to play till June  
We’ll all be hot this summer  
Some aren’t going to stay  
Tell them all we’re Cribbin’  
Cribbin’ U.S.A.  
We’re not playin’ in Reno (inside, outside U.S.A.)  
Not at Thunder Bay (inside, outside

U.S.A.)  
We’ll play till the sun sets (inside, outside U.S.A.)  
Just get out of the way (Inside, outside U.S.A.)  
All over the card room (inside, outside U.S.A.)  
You’re going to hear us say (inside, outside)  
Everybody’s gone Cribbin’  
Cribbin’ U.S.A.  
Everybody’s gone Cribbin’  
Cribbin’ U.S.A.  
Everybody’s gone Cribbin’  
Cribbin’ U.S.A.  
Everybody’s gone Cribbin’  
Cribbin’ U.S.A.  
Everybody’s gone Cribbin’  
Cribbin’ U.S.A.  
Those who rode the wave to victory lately are as follows:  
3/11: Eleanor Jones – an alias, no doubt + again???  
3/18: Pat McGough – wins way too much  
3/25: Joanne Quermann – Again???  
4/1: Paul Winters – No April Fools trick on this one – A WINNER  
4/8: Mel Switzer – This guy could write in anybody’s name  
If anyone wants to challenge these SHARKS above, please come on any Tuesday at 8:30 AM in the OC Card Room and maybe you’ll be riding the wave of victory!!!

• • •

Duplicate Bridge

BY MONA STRYKER

Congratulations to Pat Lewis for achieving the Bronze Life Master level from the American Contract Bridge League.



Pat Lewis achieves Bronze Life Master

Fun ahead! Special refreshments on Wednesday May 14 and July 2.  
See you at the bridge table!  
Games (reservations need to be made at least two days ahead of game with Elise Homer at elisehomer@gmail.com or 916 303-0751):  
Wednesdays: starting at 12:30 in



Multipurpose Room (KS). Open and limited sections.  
Saturdays: starting at 12:30 in Sierra Room (KS). Open section only.  
For further information, go to our website shown below.  
Partnership chairmen: Open game: Denise Morgan (909-263-2651), C Group: Linda Kawula (423-538-0097).  
Contact: Elise Homer (elisehomer@gmail.com, 916-303-0751).  
Website: www.bridgewebs.com/lincolnhills/

• • •

Pedro Group

BY BONNIE KING  
Pedro is a slightly challenging bidding card game. If you have never played, or it has been a long time since you played, we are happy to teach you the basics or refresh your memory. We meet from 9:00 AM to Noon in the Card Room (OC) on the first and third Fridays. For more information, please call Denise or Bonnie King at 916-303-3525. We look forward to seeing you soon. Contact: Denise Jones, 916-543-3317.

• • •



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# 21st Annual Voices of Lincoln Poetry Contest... *Poets Wanted — Enter Now!*

BY ALAN LOWE

The 21st Annual Voices of Lincoln Poetry Contest officially began in April, as part of the celebration of National Poetry Month. The theme of this year's contest is "Believe In The Power Of Words Brought To Life Through Poetry." The five (5) new contest categories include the following: Wishes Do Come True, Open Your Mind To Change, Rise To Life's Challenges, Do A Good Deed, Smile Every Day. Poets may submit a maximum of three poems, no more than one in each of three of the five contest categories.

Poems may be in rhyme, free verse, haiku or other accepted poetry forms and of any length, up to a maximum of 60 lines.

Everyone is encouraged to enter the contest. Poets do not have to live in Lincoln to be eligible. There is no entry fee. Young Poets, 18-years of age or under, are encouraged to submit poems and will compete in a special "Young Poets" category.

The "Rules and Entry Form" can be downloaded from the following blog:

<https://slolowe44.blogspot.com/2025/03/2025-voices-of-lincoln-poetry-contest.html>.

Poems should be written in English. They should be typewritten and not centered. Please use the Arial font 12-point. The title should be listed at the top of the poem and the category should be included at the top right corner of the poem page. The name of the poet should not be included on the poem. Entry Forms must be received no later than Wednesday, July 16, 2025. Early submissions are appreciated. If you have questions, please contact Alan Lowe, Contest Coordinator, at [slolowe@icloud.com](mailto:slolowe@icloud.com).

The Voices of Lincoln Poetry Contest is presented by the Poets Club of Lincoln. Winners will receive a commemorative chapbook of the winning poems.

## In Memory—

David Russell, Chief Justice of the Ninth Circuit Eastern District Bankruptcy Court, passed away on April 1, 2025, leaving behind a distinguished legacy of professional excellence.



Born in Chicago Heights, Illinois, in 1935, David graduated from the University of California, Berkeley and earned his law degree from Boalt Hall School of Law. He served as founding partner in his law firm for twenty-one years and in 1986, David was called to the bench, culminating in his role as Chief Justice.

David retired in 2000. He was immediately recalled to the bench and continued to serve for an additional fifteen years.

David was passionate about exploring new cultures and the wonders of the world with his loving wife, Sandra at his side. Together they explored every continent except Antarctica. His competitive spirit and sharp mind were evident in his love for duplicate bridge (Life Master).

Above all, David was a devoted family man. He is survived by his loving wife of 43 years, Sandra Niemeyer Ahrens Russell;

his children Penny Ahrens Carolan, Dirk Russell, Kent Russell, Stacy Ahrens, Laura Russell Rohe, Jeff Ahrens and Rachel Russell Weninger.

David's ashes will be taken to his final resting place in Laupahoehoe, Hawaii.

## Friendly Visitor

BY PAULINE BACCELLI

A new program has started called "Friendly Visitor" for Lincoln Hills residence who may be home bound for many difference reasons and would enjoy a friendly visit from one of the residents. Please contact Pauline Baccelli 916-408-4520; email [pbaccelli@att.net](mailto:pbaccelli@att.net). We will set up an appointment and visit you in your home.



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# LH Foundation –

(cont’ from page 1)

with exact change appreciated. Payouts are \$100 for the first eleven games and \$250 for the final game. Make an afternoon of it and enjoy lunch at Meridians beforehand.

Bringing a group? We are taking table reservations. Email your request to [lincolnhillsfoundation@gmail.com](mailto:lincolnhillsfoundation@gmail.com)

Looking to volunteer? Contact us at [www.lincolnhillsfoundation.org](http://www.lincolnhillsfoundation.org)

# Kilaga Springs Library News

BY JOY HUTCHISON

For those of you who enjoy books relating to animals, Kilaga Springs Library offers a selection you may want to investigate. In the Fiction section, you will find “West With Giraffes” by Linda Rutledge and “Horse” by Geraldine Brooks. For dog lovers, “Dog Eat Dog” as well as “Rescued” by David Rosenfelt, or the two novels-in-one, “The Dog Who Saved Me/A Man of His Own” by Susan Wilson might fit your fancy. If non-fiction is what you’re searching for, look around the corner by the computer on the Animal shelf that features books such as “The Elephant in My Kitchen” by Françoise Malby-Anthony, “The Crash of Rhinos” by Ray Dearlove, and “Ruff Guide” for travelers looking for pet-friendly places to stay in the USA, plus books on how to train puppies and more.

The library is busting at the seams with all of the puzzle donations we have recently received. We kindly request that you hold onto your puzzles for the time being. Contact: Volunteer Library Coordinator, Sarah Kevin at [sikevin@gmail.com](mailto:sikevin@gmail.com)

# SUN SENIOR NEWS CLASSIFIEDS

## SERVICES

PET SITTING IN YOUR HOME, any errands, housecleaning. Call 916-390-9301.

SCLH RESIDENT HANDYMAN. Painting, concrete. Landscaping, fencing. No job too small. little bit of everything. 916-532-2960.

HANDYMAN: 916-724-5207 [phileb@live.com](mailto:phileb@live.com). Drywall, plumbing, fans, hang pictures & t.v.s, and more.

PET SETTING IN YOUR HOME. Senior women who will stay full time with your pet. Call Rita for details 916-280-1506.

GARY’S SPRINKLER REPAIR: Lic# 869624. Valves replaced, Drip systems installed, Timers set or replaced. 916-223-3706.

PELICAN HAULING AND JUNK REMOVAL garage, yard, storage units, furniture, appliances, e-waste, & more. Call/text Andy at 1-916-712-7224 Business Lic #00833776.

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FAMILY-OWNED HANDYMAN AND REMODELING SERVICES, Proudly Rated 5 Stars! Landrum Construction Lic# 1126021- Call 510-901-1166.

WHEELER CLOCK WORKS. Certified Journeyman Machinist. Repair, Restoration of clocks: Grandfather, Antique, Cuckoo. Jim Wheeler 916-303-3459.

CONTRACTOR, HANDYMAN. No job too small: Carpentry, Electrical, Plumbing, Sheetrock, and Dry Rot repair. Call Martin: 916-747-7888. LIC# 1042598.

GUTTER CLEANING, WINDOW CLEANING, Solar Panel Cleaning, & Christmas Lights... Home Detail Services. Call/Text: 916-500-4314.

EXPERIENCED CARETAKER IN SUN CITY FOR 6 YEARS. Dependable reliable & trustworthy 6 years in Sun City. Dr. Appts, Organizing Preparing Meals Medical Nutrition Hairdresser Shopping Companionship. Lymph Massage. Call Wendy: 916-223-5026.

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DOG WALKING / BOARDING: Pro SF Dogwalker coming out of retirement in SCLH. Dog-Tech Certified. 415-921-4841.

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## FOR SALE / FOR RENT

PUREWICK URINE COLLECTION SYSTEM Starter Set (for Women). Never used, in original packaging. \$350. 916-759-6439.

MONOPOLY GAME CORVETTE EDITION. New, never been used. \$25. Contact #279-202-4688

SONY 5 PIECE COMPACT STACKED PLAYER with speakers/phonograph plus albums/CD’s/classics/ pop & more. \$100...call Jo at 916-408-3955.

WHITE MOUNTAIN PUZZLES, once used, 1000 piece, large selection, will provide photos, 916-300-0158.

HUNTER ceiling fan. Five blades, 3 lights. Excellent condition \$50. Call 916-616-8825.

## WANTED

WANTED: BUYING RECORDS JAZZ, BLUES, ROCK, AND R & B. Buying small and large collections, LP’s, 45’s, and 78’s. Also looking for reel-to-reel tapes, ( all types.) Call 530-273-8490

WANTED: BUYING OLD COINS, pay cash, free appraisals, discreet, I pay more! Private collector, SC resident. Call Jerry 1-916-772-4268.

COLLECTOR WILL PAY CASH FOR MILITARY ITEMS & COLLECTIBLES. I will pay cash for military and vintage collectibles. Helmets, maps, knives and bayonets, old west items, vintage military photos, model trains, unbuilt plastic models, old documents and more. Contact George 916-768-4694.

BUYING ANY CAR, TRUCK, SUV, VAN. I am a licensed Auto Dealer. I do all DMV paper work. Always paying TOP prices. Free appraisal at your home. Montie Boatwright 916-417-7468. LH Resident.

## ANNOUNCEMENTS

YARD SALE Multiple houses. Saturday, May 3rd. 8am-1pm. 1043 Tioga Ct. Lincoln. Books, Electronics, Furniture, Housewares, Tools, Toys. 408-761-5924.

GRIEF SHARE, a faith based grief support group. New sessions begin April 22, 9:30 am at Granite Springs Church, Lincoln, CA. Call Cherie for information 916-250-8526.

SCLH Airport Co-op: We are open to Lincoln Hills resident households to provide rides to and from the Sacramento Airport. The co-op works on a point system. Give a ride, get a ride. Membership is \$15 per year per household. For more information, please contact: Ginny Sato at 916-253-3919 ([gsato2002@yahoo.com](mailto:gsato2002@yahoo.com)) or Barb Iniguez at 915-408-7812.

LET’S PLAY DUNGEONS AND DRAGONS or other roleplaying games. I’ve been playing since 1975 and cannot believe I’m the only gamer in Sun City! Have you played before and want to get back to it? Did you never get the chance before but wanted to play? Maybe this is a new way of meeting folks and having fun that you’d like to try? Let’s talk. I’ve got the games, old and new, and am ready to start D&D, Traveller Science Fiction, TOON! comedy and more. Call or email DAVE 916-295-1912 [cataraft\\_2000@yahoo.com](mailto:cataraft_2000@yahoo.com)



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### Email Classified Ads by the 12th of each month to: [SunSeniorCA@gmail.com](mailto:SunSeniorCA@gmail.com)

**\*\*FREE ADS — INCLUDE:**

- ◆ First 15 words are FREE (for SCLH residents only), additional words \$1 each
- ◆ ONE AD PER HOUSEHOLD, PER MONTH
- ◆ *Any Real Estate or Business Ads* are not free. Please see "Business Ads"
- ◆ Lost and found items/pets.

**BUSINESS ADS:**

- ◆ Anything of a commercial nature, including pet sitting, real estate, rentals, time-share/condos, etc.
- ◆ 15 words for \$35. Additional words \$1 each.
- ◆ \$90 for three months, same ad! (15 words only) additional words \$1 each

**Classified Ad Submissions** — WHEN: By the 12th of the month. Please email the information below to: [SunSeniorCA@gmail.com](mailto:SunSeniorCA@gmail.com).  
**Subject Line** should be SCLH Classified and your Phone Number (Example: SCLH Classified 916-123-4567)  
1. Contact name and phone number.  
2. Which category to place your classified ad in: (Service, For Sale, Wanted, Announcement)  
3. Classified ad text - including the phone number you want readers to call.  
SCLH residents get FREE non-business Classified Ads; limited to 15 words; one per household per month.  
**Non-business Ad** items include selling personal used items such as furniture, tools, books, rugs, electronics, personal car, golf cart, etc.

**Business Ads** include anything of a commercial nature or service, including pet sitting, real estate, rentals, timeshare/condos, any service etc.  
**Business Ads** are 15 words for \$35 for one-month. Additional words \$1 each. (\$90 for three months for the same ad.)  
If your classified ad is determined to be “business” related, we will email you an invoice that will allow you to pay immediately with a credit card, or mail a check.  
\*HINT on Word Counts: A “word” is anything separated by spaces, or as reported by word-process software like Microsoft Word.

If you have any questions, please email us at: [SunSeniorCA@gmail.com](mailto:SunSeniorCA@gmail.com)



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George Brown

RECENT SALES IN LINCOLN HILLS

1612 Andover Lane	900 Sq. Ft.	\$420,000
2621 Winding Way	1491 Sq. Ft.	\$475,000
1010 Tioga Court	1626 Sq. Ft.	\$568,000
444 Stags Leap Lane	1531 Sq. Ft.	\$575,000
2481 Longspur Loop	1795 Sq. Ft.	\$610,000
874 Bridalveil Lane	1704 Sq. Ft.	\$629,000
589 Northfield Lane	2073 Sq. Ft.	\$630,000
2678 Kingfisher Lane	2245 Sq. Ft.	\$670,000
500 Stillwater Court	2073 Sq. Ft.	\$720,000
2407 Granite Lane	1910 Sq. Ft.	\$780,000
841 Northfield Lane	2883 Sq. Ft.	\$1,075,000

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