

SUN SENIOR NEWS

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Gary and Jan Gregson — Checking Off Their Bucket List

BY JENNIFER (JEN) MARTIN

SCR residents come from all parts of the country and it's often rare to find native Californians in any given group here, much less born in the same city. That's the case with Gary and Jan Gregson who both grew up in Sacramento.

Born in 1954, Gary grew up in midtown, the youngest of six children. It was a time when no one locked their doors, kids played in the street or at the nearby elementary school, and sleepovers with buddies were held outside on the porch.

Gary graduated from Sacramento High School in 1972, then went on to graduate from California State University at Sacramento (CSUS) in 1978 with a major in Criminal Justice. He had been hired by the Sacramento Police Department in 1975 as a community service officer, but once he turned 21, he was officially a cop with a gun and a badge.

Jan, born in 1955, was the youngest of three children. The day after she graduated



Jan and Gary Gregson and the desk Gary refurbished for Jan.

from Luther Burbank High in 1973, she met Gary who was also working at a big box store, Woolco. The couple got married in 1974 at the Centennial Methodist Church in Sacramento.

On their 40th wedding anniversary, they went to a service there to commemorate the occasion.

Jan and Gary had two children, Erin who is married with two boys and works as an insurance claims adjuster, and Kelly who lives in Hinsdale, a suburb of Chicago, with her husband and three children.

When the girls were young, Gary and Jan took turns working and going to school at night. Jan worked as an elementary school teacher in the Sacramento Unified School District, mainly teaching 5th graders, until the district was downsizing and transferred her to teach Kindergarten classes. "It took three weeks for me to adjust," she recalls, "but after a colleague reminded me that some kindergarteners just weren't ready to learn, I relaxed and realized that kids are the same, no matter what age."

After retiring from the police force, Gary went into business with a friend who started a law enforcement training company. Gary (cont' on page 21)

SCR Foundation 2025

BY ELIZABETH JARRETT — SCR Foundation Board Member

Thanks to everyone who participated in Bingo on July 20. Bingo is a fundraiser for the Foundation. Whether you played, and/or volunteered, we appreciate your support for the work we do on behalf of our community. July 20 was the last scheduled Bingo for 2025. Be on the lookout for our next scheduled dates coming up in 2026 as soon as those are confirmed.

In our next Courier article, we will provide a mid-year update on our community partners Del Oro Caregiver Resources and Seniors First. What we know is that there are ongoing, as well as increasing needs, especially for Caregiving resources. With cutbacks in community program budgets, SCR Foundation partnering with Del Oro has helped residents receive needed resources in the past six months. There are still Caregiving needs that we can assist in providing if we are aware of resident interest. One of those is planning for a Caregiver Support Group modeled on how Sun City Lincoln worked with Del Oro to provide. If you have a need for a group like this, please let the Foundation know. You can contact us through our website at scrfoundation.org or direct email at scrfoundationej@gmail.com

Our new and updated website is a work in progress. Our goal is to make it more comprehensive, easier to access and resident/user friendly. It will also allow us to

(cont' on page 24)

Harmonicoots

BY JO ANN STOOKSBERRY

What happens when you accidentally raise your hand? You become the news writer for the Courier! All the harmonicoots want to thank Linda Aug for her past five years of service writing lively and informative newsletters. She will continue as Secretary and member of the Music Committee.

You might recognize my name though. I am currently the gig coordinator and if you want the Harmonicoots to perform for you call me at 916-749-4425.



Incoming New Director Paula Scarpelli and outgoing Director Ann Kelly.



Linda Aug presenting Paula Cool shirt.

A big shout out to Carolyn Winter, Dennis Hellman, and Linda Aug for subbing for outgoing Music Director, Ann Kelly. They are all excited to get back to playing full time.

A big welcome to our new Music Conductor/Director Paula Scarpelli. More about her in the August issue.

The Coots had a great time playing our patriotic tunes before the July 4th Golf Cart Parade. We also have a great show coming up on Saturday, September 6th. The theme is "Old TV Tune Trivia." It will take place at Sierra Pines from 4-6 p.m. Tickets will be available at the August and September Courier days.

A few new people have dropped by on Thursdays during our practice time 1-3. We welcome any new members! No experience necessary!

So, remember - Thursdays 1-3 at Sierra Pines - who knows maybe you will raise your hand! (or a new Harp!) Harps Up!!!

...

Singers

BY JACKIE PROETT

It's August and the Dog Days are nipping at our heels! They are by no means, strangers. We met a couple in June and by July, they treated us like old friends! We can never tame the growlers, but we certainly know how to keep them on leash!

The Singers have the perfect antidote. Come to our first rehearsal, after summer vacation, on Monday August 11, 2:30, back of the Ballroom. We will hand you an icy package of Christmas carols. Though it sounds strange, bring a sweater too, our AC has no shame.

(cont' on page 9)

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SUBMISSIONS: The Sun Senior News -

Lincoln Hills welcomes announcements from social clubs, schools, charitable organizations, non-profit organizations, local government and community events. Also, editorial contributions as well as articles, cartoons and photographs are welcomed and considered for publication. Deadline for submissions is the 15th of each month. Please submit via email to: SunSeniorNews@gmail.com

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Executive Director Comments

BY GEOFFREY BROWNE

As we move into our new Fiscal Year of 2025-2026, I again find myself thinking of a "clean slate". But that term implies a certain disregard or consideration about the past, and that not the Sun Cityway. The past is important to us, and we're proud of how far we've come and the people who've helped bring us here. Only by studying and learning from the past can we really move forward.

But we are moving forward! We are constantly challenged to remain the premier active adult community in Northern California and we are up to that challenge!

Change is the law of life. And those who look only to the past or present are certain to miss the future. John F. Kennedy

Now the real change starts! At our Board Orientation in late July, we make sure the new Directors are familiar with the organization of the Association and the various departments and leaders, and how they all interact. We'll also make sure they understand their role and the legal responsibilities they have to the members and the Association in general. That newly elected Board will elect the Association Officers and be sworn in at the Annual Meeting on Thursday, August 7, 2025 in the Ballroom by City of Roseville Mayor Krista Bernasconi.

At the Annual Board Retreat later in August the new Board and I will have a chance to set new goals and objectives for the next 12 months. I am sure that discussions around

our Vision and Mission statements will again direct us toward a commitment to the highest service levels, our top-quality restaurant, our best-in-class golf course and our other exceptional amenities, all of which will continue to improve. Other discussion points will include fiscal responsibility, project development and strategic planning for future growth and protection of property values.

And it is also a chance for those new volunteers to begin their work. It is from this pool of committed residents that new ideas and fresh energy is found, contributing greatly to the advancement of our community. The unique opportunity to give back and serve the community that offers so much to all of its residents will not only teach you a LOT about what goes on in Sun City, but you'll also meet a LOT of smart, funny, and genuinely kind people you should be proud to call neighbor.

We look to the past for lessons learned through our community experiences, and now we're looking to help chart the path forward. We've learned over the years that it's important for you to have a forum for positive, two-way communication, and we're listening. Together we can continue our "change" strategy and ensure our positive momentum continues for many years.

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Ambassador Committee

BY DAWN HASKIN

Hopefully you are enjoying your summer and have figured out ways to beat the heat! One such way is to take an afternoon break and head over to the outdoor pool at the lodge. Here you will enjoy lounging around and using the pool noodles to relax and bob around the pool. Between the hours of 1-3PM, you can bring your grandchildren over with you (you will need to use or purchase guest passes for them for \$3 each). After 3PM, the pool is open for adult use only.

If you want to try other ways to cool off, here are a couple of ideas:

1. **Mall Walking:** The Galleria is a great air-conditioned place to do some walking. Generally, the building is open earlier than the shops so you can zip around more quickly!

2. **Take a drive:** Head on up and over the hill to Lake Tahoe. Within about 90 minutes you could be lakeside, enjoying the beautiful areas around the lake.

3. If sitting at home, get a spray bottle and occasionally spritz yourself with some water. Add a fan, and you will get a pretty good cool down!

The Ambassadors held their New Resident Orientation (NRO) on Saturday, June 28. Thirty-nine new residents attended this great breakfast. They heard from various employees and clubs including Beth Acre (activities, Citizens Patrol, etc.), Redell Moore (SCR Website), Ralph Faust (HOA Board), Ryan O'Connell (Standards), Doug Smoot

(SCR Foundation), and Jack Porter (Softball Club). Some new residents moved here "locally" while others came from as far away as New Hampshire and New Orleans! A big welcome to all our new residents!

The final NRO for the year will be held on September 27, 2025. New Residents will be contacted and given the details.

Charter Club Committee

BY FRANK TOM

Our committee has been working with a Board Sub-Committee, titled the Club-Group Review Committee (CGRC). It includes Charter Club Committee (CCC) representatives in an advisory capacity to review and make recommendations to the current Club/Group Guidelines and Club Bylaws for the CGRC to consider. The project was launched in early February 2025 with a survey that the CGRC developed and emailed to Club and Group Presidents for their feedback. In March, the CCC compiled and analyzed the concerns and recommendations, and a Summary of Findings and recommendations were presented by the CCC to the CGRC for review and consideration. The common thread that weaved through the Clubs' feedback is two-fold: (1) simplify the language in the Club/Group Guidelines, (2) provide flexibility in the Guidelines and Bylaws to accommodate the interests and needs of Clubs and Groups as a



Members of the CCC, along with the Board Liaison. From L-R: Bob Beckenhauer, Ann Neumann, Jack Porter, John Woodbury (Vice Chair), Carol Quayle, Diana Combs, Yvonne Bond (Board Liaison) and Frank Tom (Chair).

result of a shift in our demographics.

The CGRC met in early June to review CCC's proposed changes to the Chartered Club Guidelines. Based on their review, the CGRC sent their comments to the CCC for feedback. The CCC reviewed CGRC's comments at their monthly CCC meeting on July 3rd. The CCC will send their comments back to the CGRC in mid-July for their review and feedback, if any. Thereafter, the CGRC will schedule a meeting to include representatives from the CCC to draft a number of Board Resolutions that will address the common threads as stated above. The Board Resolutions may require review by the Association's attorney, Governing Document Group, and other Standing Committees, if needed.

The goal of the CGRC is to address the common interests and needs of Clubs and Groups by drafting a number of resolutions for

the Board to review, consider, and approve. The CCC strongly recommends the Board to approve a number of the resolutions that will simplify the Guidelines and afford flexibility to Clubs and Groups.

EDITORS' NOTE: *The Sun Senior News has always been politically neutral. Our content should be focused on the activities of the clubs, groups, individuals and issues related to being a resident of Sun City Roseville. Our publication will not publish article content or "Letters to the Editors" regarding Federal, or State election issues or advocacy.*

We ask that Sun City clubs/groups that are, or could be perceived as political, to limit submission content to basic meeting/event/link info, and avoid advocacy. All club/group submissions should focus on that organization only. Submissions should be 300 words or less and due by the 15th of the month for the following issue.

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Singers

(cont' from page 1)

Even the naughty puppies would like a blanket. Hope that you all have had a wonderful rest. Maybe you went away or maybe friends and family came to see you. It has not been a kind summer. A shocking explosion that blew up a year's worth of fireworks and took the lives of some does not rest easy on our hearts. Getting back to music will help to ease the sadness. And guess what? There is always Christmas.

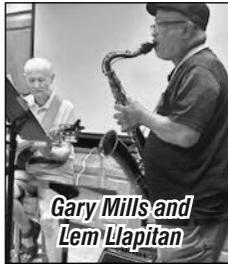
Newcomers, please join us. There are no auditions, just come and try us on for size. Don't worry, we promise not to treat you like the nasty barkers, though we are sure to ask you to sit and stay!

...

Music and Laughter

BY JANE BOHN

Am wondering if you might recognize some of your neighbors in the following list of talented performers at our July Music and Laughter gathering; not one but two piano players including our regular gal Jan Given, and newcomer pianist Toni DiCapue, followed by singer/guitarist Ken Roberts, jokester Jack McGurk, Gary Mills on guitar accompanying Lem Llapitan on saxophone, a cappella singer Peggy Wells, comics Ed Lick, Jan Montero and Anita Adams, singer/guitarist Bruce Barley, and lastly (90 years young) Jan Given on Saxophone.



Gary Mills and Lem Llapitan

Per usual we ended the show with prize winners and audience participation of God Bless America. Our jubilant prize winners included Jan Montero, Gloria Nelson, Sandy Norquist, Sheryl Huckell, Charlie Kidd and Karen Ferreira.

Heartfelt thanks to all our supportive attendees, our entertainers and our helpers including Carolyn Winter, Jill Aggersbury, Arlette Bennett, Maria Hajgato, Pam Moll, Doug Hull and Dwight Rose.

If you'd like to add more Music and Laughter in your life bring your \$1 entry for raffle at the end of the show and come join this fun group at our next gathering Wednesday evening August 13, at 7pm (doors open at 6:30) at our Sierra Pines Lodge located on the corner of Del Webb Blvd., and Whistlestop Way. We look forward to seeing your smiles.

...

Drama Club

BY LENORA DAVIS

The excitement is building and our actors are more than ready to entertain you in the Ballroom once again, on August 10 & 11. If you do not already have your ticket, there may still be some left for the evening of August 11 (sales are closed for the luncheon matinee). You can check availability by using our ticket website, Ludus.SDSDC.com. Tickets are NOT sold at the Activities desk.

This performance line-up is as follows:

1. The Albuquerque Express, or The Grift of the Magi. This is a story of deception inspired by a 1902 book authored by S. W. Erdnase, still considered to be the "bible" of cheating at playing cards. (Cast: Penny Rome, Jennifer Martin and Greg Davis; director: Lenora Davis)



Cast of Albuquerque Express

2. First Timers. A humorous situation in which older grandparents find themselves, while babysitting their first and only grandchild. (Cast: Bob Jorgenson, Marlene Grenz and Karen Cobb; director: Donna Stephens).

3. Dead Cat: The Play. A grand comedy of errors which will have you laughing throughout - a rather ridiculous sketch - still great fun! Not to worry...no animals were harmed in this production. (Cast: Pam Wingo, Bonnie Osborn, Jean Saunders, Milanna Meyer, Brian Sutton and Tom Roth; directors: Susan Glover, Tina Kinghorn)



Cast of Dead Cat: The Play.

This production will be of approximately one hour duration, so there will be no intermission.

For more information, contact Susan Glover (530-388-6337) or Lenora Davis (707-350-1357).

...

Dance Club

BY VIKKI CLARK

The Dance Club kicked off summer with a lively Election Dinner Dance on June 9th. The event, themed "Let's Dance," brought members together for an evening of great music, food, and fun.

Congratulations to the newly elected and returning officers: Mike Reed, President; Cindy Stoorza, Vice President; Charlie Baughman, Treasurer; and Vikki Clark, Secretary. We appreciate their continued leadership and dedication to keeping our dance community thriving.



Cindy Stoorza, Mike Reed, Vikki Clark, Charlie Baughman.

On July 28th, the Dance Club hosted its annual Performance Showcase, a much-anticipated event that highlighted the talents of dancers from all of our classes. The audience enjoyed energetic and entertaining demonstrations by the Strutters Tap, Intro to Line, Line Dance 1, 2, 3 & 4, Tap 1, Cloggers, Country Couples, Jazz, Hula, and the Sun City Tappers. It was a joyful celebration of the variety and spirit of dance in our community, with each group bringing their own unique flair to the stage.

Looking ahead, our next social event is just around the corner! On Monday, August 18th, join us for Island Nights, a dance filled with tropical vibes and cool rhythms. Guests are encouraged to dress the part—Hawaiian shirts, island prints, and breezy summer attire are welcome! It's a great way to keep the summer energy going and enjoy dancing with friends.

Whether you're a seasoned dancer or just looking to have fun, Sun City Dance Club welcomes everyone to join the rhythm. Mark your calendars, invite your neighbors, and we'll see you on the dance floor!

...

SC Squares

BY KRIS KNUTSON

Red, White and Right-on fun at our 4th of July Square Dance and Luncheon! What an absolutely fantastic time we had kicking up our heels and enjoying the potluck with catered sandwiches and magically delicious short cake, fresh strawberries and whipped cream. Thank you to Susan C. our new party coordinator.

We had a special day celebrating our Nation's birthday. Our caller Tom Bolton hit the bullseye with calls of lively promenades and joyous swings. A huge thank you to our members and guests who came out and made it such a blend of tradition, community and pure unadulterated fun. Let's keep the party going!



Tom

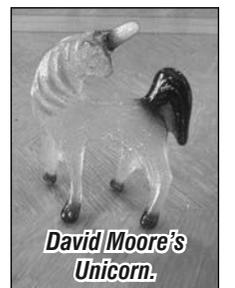
Our club meets: Monday afternoon Beginners session 12:15–1:00pm, Mainstream 1:05–2:00pm and Plus & Mainstream 2:00–3:00pm. Tuesday Advanced Class 3:00–5:00pm. Thursday Round Dancing 1:00–3:00pm. For more information about our club visit schsquares.weebly.com or call Kris at 408.607.5566 All Square Dancers are welcome.

...

Creative Arts Club

BY CAROL KOVACH & BRIDGET WHITAKER

Introducing David Moore, our new Vice President of Creative Arts Club (CAC). David moved to Sun City in 2020 after a 33-year career with the San Francisco Chronicle as an entertainment writer and editor. As with many industries, newspapers were changing, so David took the opportunity for early retirement. This gave him time to spend on his long-time wood working hobby and meet weekly with a group of wood working artists. He was particularly interested in carving beautifully detailed birds out of tupelo wood—favored by carvers because it can hold fine detail. But when he moved out of his large house and moved to Sun City, he sold all his equipment and threw himself into learning varying glass techniques. Now a prominent member of the creative glass group, his new favorite subject, glass butterflies, are often featured in the CAC window display.



David Moore's Unicorn.

Outside of CAC, David and wife Laura can be found at the fitness center and delighting in their new five-month-old rescue puppy and 12-year old toy poodle. Having been to 45 countries, David is an avid traveler. Collecting points and enjoying free travel, his most recent trips include: Dubai, Iceland, Finland, Thailand, and Hong Kong!

While in Hong Kong he was impressed by

(cont' on page 11)



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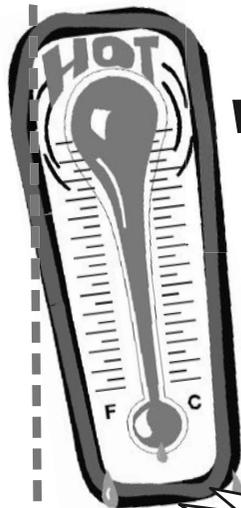
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Sharing Roseville Police Department Tips — When to call 9-1-1

BY LINDA VINCENT & RON MASCIOVECCHIO - Program Coordinators

Did you know that the Roseville Police Department's 9-1-1 Center answers over 155,000 calls for service each year? It is the primary answering point for all police, fire, and medical emergencies within the city limits of Roseville.

It is important to remember that 9-1-1 is a critical resource for emergencies and should only be used for truly urgent matters. You should only call 9-1-1 for life-threatening situations, fires, crimes in progress, or when you need immediate assistance. When to use 9-1-1:

Medical emergency:

When a person has chest pain, difficulty breathing, severe bleeding, seizures, loss of consciousness, or any condition requiring immediate medical attention.

Fire:

Any type of fire, including structure fire, vehicle fire, or brush fire.

Crimes in progress:

A situation where a crime is in progress, such as an assault, burglary, robbery, or any situation where a crime is happening or is about to happen.

Any situation where you believe someone's life is in danger.

Traffic accident with injuries:

If someone in a traffic accident has

sustained serious injuries, or if there is a risk of further injury.

Dangerous situation:

Any situation where you believe someone is being threatened or where you believe someone's life is in danger.

Other emergencies:

Any situation that requires immediate action from emergency services such as a hazardous chemical spill, gas leak, etc.

Caution: Wireless callers should NOT assume the Roseville Police Department will receive their exact location. When making a 9-1-1 call from a cell phone, stay on the line and advise the dispatcher where you are calling from. Testing has shown the GPS data is NOT exact enough to ensure emergency personnel will be able to locate the exact location of the caller.

What is NOT an Emergency?

- Loud parties or music
- Barking dogs
- Parking violations
- Requests for information
- Non-injury vehicle accidents
- Time-delayed report call

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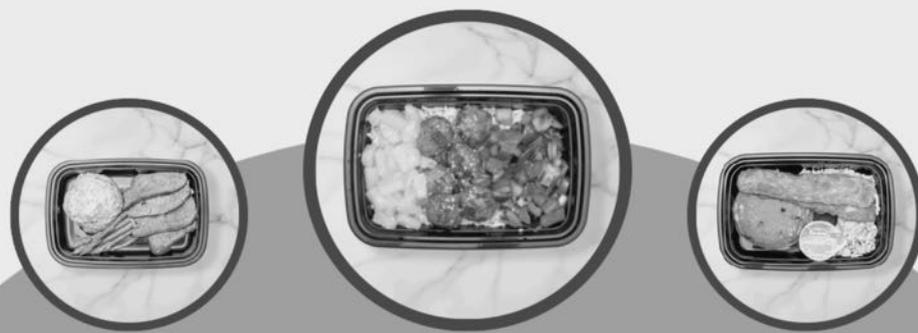


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Creative Arts Club

(cont' from page 9)

Disneyland's special price for seniors (\$12) in keeping with their culture of honoring elders. What's next on his travel menu? Maybe Bora Bora. This after Tahiti where he and Laura honeymooned just over three years ago.

If you've been on the fence about joining the CAC, now is the time! We offer four regular groups: Ceramics, Creative Glass, Decorative Painting, and Pottery. Check out our schedule on the resident club page OR stop in and see what members are up to. While there, check out the back bulletin board for upcoming workshops.

• • •

Fine Arts Club

BY NANCY VAVUL

While the dog days of summer may get us down, we can relax in the coolness of the indoors admiring the new track lighting in our gallery and enjoying the fellowship of our artistic friends. We are thrilled to announce that our general meeting on August 14 will feature esteemed watercolorist Steve Walters. This talented Northern California artist has made a name for himself as a commercial artist, art director, fine arts teacher, and painter. With numerous regional, national, and international awards to his credit, including several "Best of Show" honors, Steve is sure to inspire us all. He articulates his passion by stating, "Where poets enjoy playing with words, I love the process of juggling the many formal elements of painting—texture, shape, color, tone, line, edge quality, etc.—and pulling together in an original manner a successful composition or design."

We invite you to stop by the Fine Arts Club room to admire the beautiful artwork produced by our talented members. Our gallery display changes monthly, so make it a habit to visit. Many of our members also showcase their work at various venues. Don't miss the current members' show at the Blue Line Gallery on Vernon Street, which runs until August 8 where several of our members have work on display. It's a wonderful opportunity to show your support!

Members are reminded to frequently check the Fine Arts clubroom for the latest class schedule, sign-up sheets, and payment before the first class of each month. Regular classes include acrylic painting with Donna Self, drawing with Marie Winkler or Pat Jordan, watercolor with Renee Hawkyard, alcohol ink with Sherry Bleiweiss, and oil painting with Ed Mallory.

Thank you for being a part of our artistic community. We can't wait to see you at meetings and events.

• • •

Needle Arts Club

BY PEGGY VOAKES

Welcome to Needle Arts New Year! Our June meeting elected the Board you will see in August. We are Peggy Voakes as President, our new Vice President Linda Nelson – a familiar face, as she has served as our Secretary previously, our returning Treasurer Nancy Dunne, and, also returning, our Secretary Dianne Faulkner. I want to thank our Board for their service and all of you for placing your trust in me again.

Our June meeting also treated us to Show & Tell – amazing as always! The Back Table Challenge continues and Chris MacAdams

has been receiving more donations for our "shopping" pleasure.

Your Council and volunteers have been busy over our summer break working on plans to bring us another fun-filled year. Barbara Aaberg's and Carolyn DeSantis' Craft Faire Committee is already meeting, Marion Jones has lined up some great classes, our new VP Linda Nelson is out and about finding programs for our General Meetings. Most of our Special Interest Groups have been meeting throughout the break. We enjoyed our Thread Connection event in June with a wonderful variety of Show & Tell items (and lunch!), brought to us by Cheryl Finley and Yvette Lee.

Our business year began on July 1, our dues (\$15) for the new fiscal year are payable now. Karen Porter will be the entrance table at our August meeting, making it easy for you to accomplish that task.

Let's get this party started! General Meeting is Wednesday, August 6, 1:30 pm, in the Ballroom. I am looking forward to seeing returning and new members!

• • •

Roseville Stamp Club

BY TIM MILES

We meet at the Sun City Roseville Lodge (7050 Del Webb Blvd) twice a month on Tues evenings at 6:30 pm. We feature guest speakers, door prizes, assorted giveaways, and access to anything philatelic. We have registered member-dealers present and a complete set of current catalogs so that any info needed is accessible. We usually have a guest speaker and some interesting topics.

Al Capparelli (916-771-8288) has access to albums, assorted pages, protectors, and just about anything you would need to improve

your collection at a price way under store and email prices. Al has a set of "open garage" days tentatively set for Thurs the 21 and Fri the 25 of Aug. Hours are 10am to 4 pm sharp- Set up a reservation by calling Al and letting him know what your needs are from stamps to all the accouterments and he do his best to fulfill your needs. Make sure that Lee Coen (leejcoen@gmail.com), our secretary, has your email address and he'll keep you current the best and fastest way possible.

Let our readers be aware that first class mail went from 73 to 78 cents during the month of July. You'd best buy a roll of "forever" stamps at Costco or the PO and be done with it.

Our standing offer is that anybody who has an "old" album up on the shelf and wants to get a quick current idea of the current value has only to attend one of our meeting (no cost) and we'll run it down for you. Stamps never lose value.

Our meeting schedule for August on is Tuesday nights August 12 and 26, September 9 and 23, and October 14 and 28.

• • •

Meditation Group

BY ED CERVANTES

The Heart of Gold Meditation Group of Sun City Roseville invites you to come learn a simple method of meditation that uses soothing mantras and music to ease the stress and emotional situations of daily life.

It is a time-honored practice that illuminates our lives, allowing us to experience an inner peace, happiness and increasing insights.

The program is donation based and the

(cont' on page 14)





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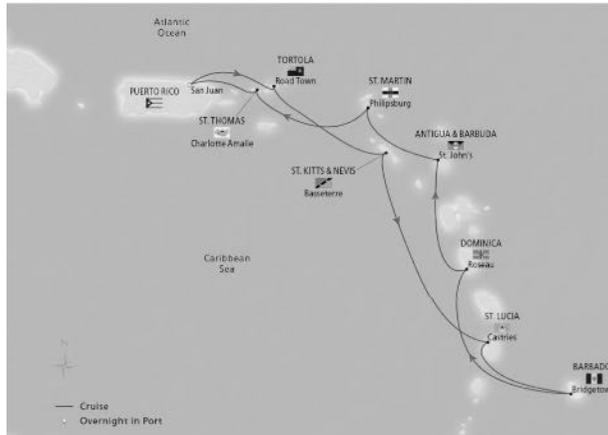
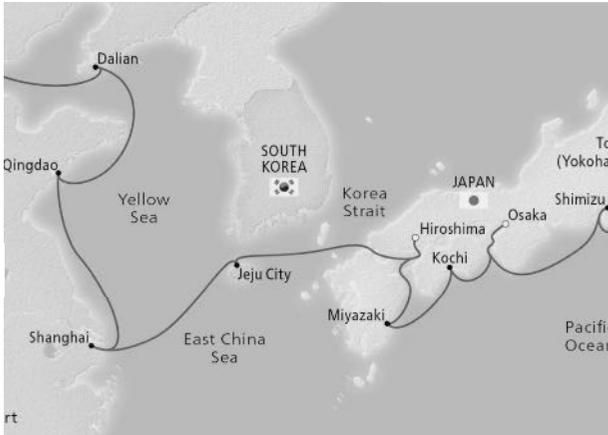

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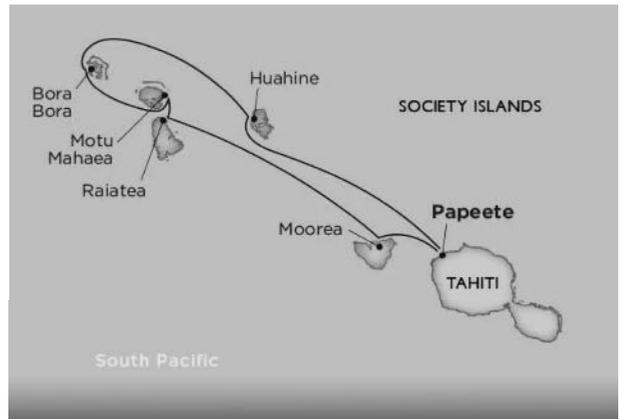
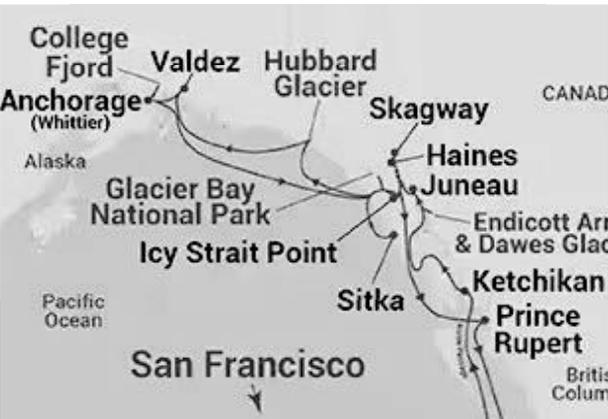
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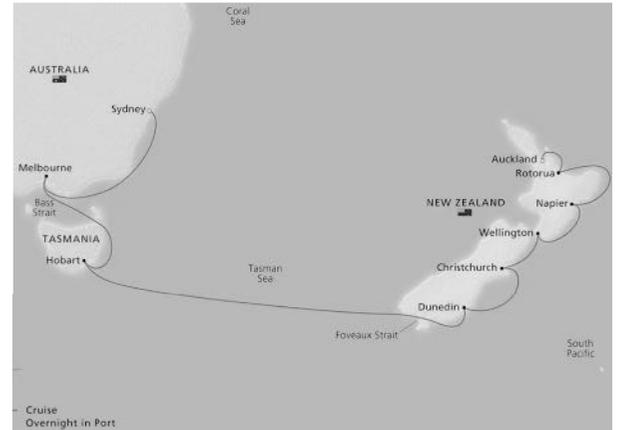
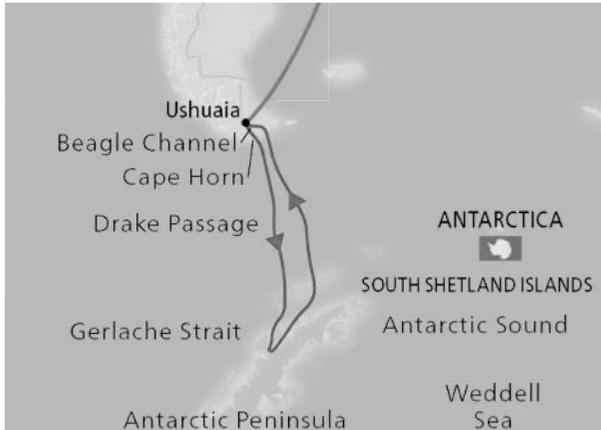
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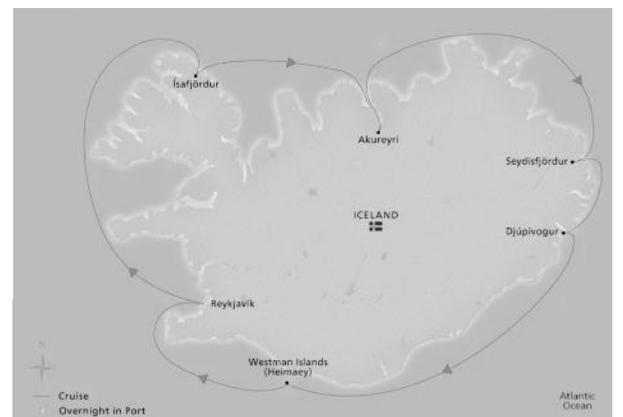
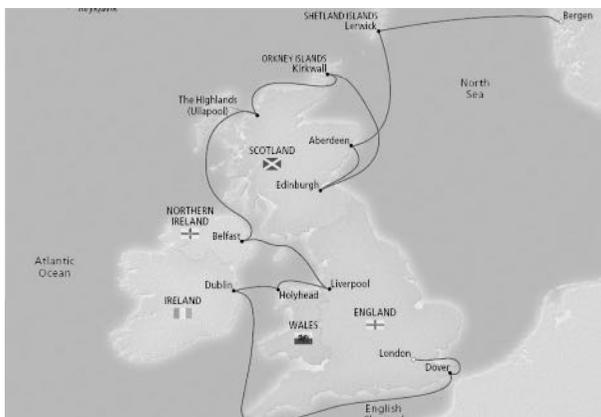
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Meditation Group*(cont' from page 11)*

meditations will be practiced seated in chairs. Bring a friend, come make new ones and enjoy a peaceful hour of meditation, light refreshments, and good company.

Here are the dates and locations for our upcoming meetings.

Wednesday, August 13th 1:30pm - 2:30pm in the Ponderosa Room at Sierra Pines

Wednesday, August 27th 1:30pm - 2:30pm in the Ponderosa Room at Sierra Pines

Wednesday, Sept. 10th 1:30pm - 2:30pm in the Ponderosa Room at Sierra Pines

We look forward to meeting you. Ed Cervantes and The Heart of Gold Meditation Group: mantramedclub@gmail.com

• • •

Solo Friends Group

BY NIKKI COMBS

An organization is only as good as its most active members. Without those willing to work for the benefit of the group, nothing is accomplished, and the organization fades away. Thankfully, Solo Friends has numerous members who volunteer to ensure a strong and active group. Two members who recently stepped up are Cal Conley and Heather Pua'ala Kendall.

Cal joined Solo Friends and jumped right in by hosting and helping at Social Dinners. It's inevitable that a senior group will have more women than men. Cal quickly realized that the demographics of the group left the few men feeling outnumbered. The remedy? Form a special group just for the guys. The Men's Group meets at Cal's home and plans activities and lunches around the area. Any single guy

**Cal Conley and the Men's Group.****Heather Pua'ala Kendall**

looking for new friends and some socializing is welcome. Please contact Cal at 209-559-7737.

Thank you to Heather Kendall for taking on the June event and creating a fun evening for all attending.

Heather not only put on a delicious Hawaiian luau; she also demonstrated hula dancing and soon had participants joining her. Heather has performed with a hula dance group for 15 years and now co-teaches in Sun City.

Solo Friends welcomes all who are living without a partner. Our volunteers host a monthly catered dinner at Sierra Pines, which for some is the only chance to visit fellow members. Volunteers also host games and book clubs. Our volunteer Council members host the monthly General Meeting at the Timbers ballroom on the first Monday of most months.

The August 4, 6:30pm meeting will feature Dr. Paulette Perfumo speaking about senior nutrition. Living alone? Join us!

• • •

(more Club News cont' on page 15)

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Jewish Fellowship Circle

BY LOIS ARLEN & KAREN LEVINE

A big thank you with special appreciation to Faye and Barry Klein for leading the Shabbat (Sabbath Friday night) service and to Diane and Ron Rische for hosting the Oneg (a sweet table) in June.

We had a delightful evening of entertainment in June with our Comedy Night accompanied with a nice variety of delicious appetizers and desserts.

There are no events in this month of August.

Our annual potluck dinner will be held on September 21 at Sierra Pines. We will be in for a real entertainment treat with our JFC member, Linda Kosut, who will perform along with her combo group at the dinner.

The Book Club meeting will resume in September. Details will follow in an email to all JFC members.

If any JFC members are unable to drive and need a ride to any of our events, please contact our JFC member, Irwin Perry, our Transportation Committee coordinator, at 609-915-9746. He will arrange to have one of our JFC members provide transportation to the JFC event.

Here are a few of our Jewish traditions explained: Shabbat: Jews observe Shabbat as a day of rest. It starts at dusk on Friday and ends at sunset on Saturday. Havdalah: Havdalah is a ceremony that signals the end of Shabbat and the start of a new week. Bar/Bat Mitzvah: A coming-of-age ceremony that usually occurs when a child is 13 years old and signifies the passage from childhood to maturity. A Bar Mitzvah is for a boy, and a Bat Mitzvah is for a girl. Kosher: Observant Jews adhere to a set

of dietary regulations known as Kosher. These laws specify what foods are acceptable to eat and how they should be cooked.

SC Democrats

BY MARTY BOYER

Sun City Democrats have had a busy summer, and it just keeps getting better. First up: Elections were held at the June meeting, bringing back a couple Council members and welcoming several new ones. Congratulations to new Chair Ann Neumann, Vice Chair Marty Boyer, Treasurer Cheryl Thyken, and co-Secretaries Tina Kinghorn and Barb Smith. Fortunately, Membership Chair David Wyatt remains in that role. We are grateful to retiring officers Marisa Bernetti, Lynn Baxter, and Linda Enis for their extraordinary service to the Group.



Tina Kinghorn, Marty Boyer, Cheryl Thyken, Ann Neumann, David Wyatt (Missing: Barb Smith).

The scheduled speaker for July as of press time was award-winning political journalist Alexei Kosoff, who has covered the Capitol and Governor for the San Francisco Chronicle, Sacramento Bee, and now, CalMatters. By the time of this publication, he will have provided us with a deep-dive preview into the 2026 Governor's race. With a plentiful and diverse

field of possible candidates, next year's election for Governor could be a wild one.

August is a dark month with no general meeting. But don't miss the summer social, Wednesday, August 27, 6 p.m. at Sierra Pines. Menu is catered Italian. Tickets are \$32/ members and \$37/guests, checks payable to Democrats of Sun City and mailed/dropped off to Marisa Bernetti, 5765 Sandlewood Way by August 17. Indicate names in memo line.

The September Speakers Series will star Professor Aaron Tang, JD, UC Davis School of Law. It took nearly two years to find and schedule the right expert to address a profoundly important issue: "What's Wrong With The Supreme Court, And How Do We Fix It?" Guests are welcome. Hold the date Wednesday, September 24, 9:30 a.m., Sierra Pines.

Healthcare Professionals Group

BY LINDA GORDON

At our last meeting on July 2 we had a very informative presentation by Deborah Tyler, the HICAP Regional Coordinator for Placer, Nevada & Sierra Counties. She spoke about Medicare Coverage Choices, Original Medicare or Medicare Advantage. She is a wealth of information about all things concerning Medicare. Since there was so much to cover, Debbie has agreed to come again to our next meeting which will be on Wednesday September 3. At this time, she will be discussing "How to Navigate & Find Information on the Medicare.gov Website" as well as answer questions concerning the previous presentation. Since this is a topic we all need to understand don't miss this chance.

The Healthcare Professionals Group is

a social group of SCR residents who have worked in any capacity in the Healthcare Field. We meet the first Wednesday of every other month at 11:00am in the

Spruce Room in Sierra Pines. The speaker will start at 11:30 and lunch and social time will be at 12:00. Cost is \$10 for lunch. Our next meeting will be Wednesday September 3. RSVP by August 31.

Nurses from our group hold a Blood Pressure Clinic for Residents on the second Wednesday of the month from 9:30-11:00am in the Fitness Center. This is open to all residents to have their Blood Pressure checked and to discuss any issues they may have. Our next clinic will be August 13.

For more information, to get yourself on the mailing list & to RSVP for the meetings contact Linda Gordon at garlind77@gmail.com or 510-813-7815 (call or text).

Compute Club

BY BARBARA EICHTEN

The Computer Club general meeting will be in September. The Genealogy group will resume in September.

PHOTOSIG: Please join our enthusiastic photographers and be challenged to share knowledge and improve skills. Photo SIG (photo club) will meet on Friday, August 15, at 10:00 am in the Club Room. Only Photo SIG members may submit photos for the monthly contest for the monthly contest. Submit a maximum of 3 photos, send to scrphotosig@gmail.com by Monday, August 11. The photos are juried at the regular monthly meeting. August's theme is "Black & White/Sepia."

(cont' on page 17)

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"I Can Enjoy Walks With My Wife Again!"

Local acupuncture clinic is treating the untreatable peripheral neuropathy with incredible results!

Pain comes in many shapes and sizes. One of the most debilitating being the burning and tingling that comes with peripheral neuropathy. Neuropathy, a disease that was once classified as irreparable, is a disease that comes with years of shooting, stabbing pain that gradually ends in severe numbness, balance problems and in extreme cases, amputation.

David R. of Sun City was experiencing such a fate:

"I stopped golfing. I wasn't taking walks with my wife. I was living on Gabapentin and antidepressants and everywhere I went, my doctor, neurologist, the pain clinic, told me there was no cure. How are you supposed to live your life knowing that everyday brings pain and feeling unstable on my feet?"

Peripheral neuropathy is a result of damage to the nerves, commonly caused by a lack of blood flow to the nerves in the hands and feet. This causes the nerves to begin to degenerate due to lack of nutrient flow. Most peripheral neuropathy sufferers experience a heightened sensitivity to touch, making it almost impossible for those diagnosed to even wear socks or shoes, much less, enjoy life.

"It was like walking on sharp river rocks. I barely left my recliner," shares David, whose experience is not

uncommon for those diagnosed with peripheral neuropathy.

Quality of life for David seemed uncertain. That is, until he found RaeAnn Salvador, LAc, DiplOM of Lincoln Acupuncture Clinic. Lincoln Acupuncture has pioneered a cutting edge, medical solution to treat neuropathy, eliminate, or greatly reduce the symptoms of neuropathy and give people their lives back. And they're doing it without the use of prescription medication or invasive surgeries.

"Acupuncture is incredible at restoring blood flow and stimulating damaged nerves, preventing them from dying off," tells Dr. Salvador. "We take our treatments a step further by integrating ATP Resonance BioTherapy," which targets specific nerves in the body using microcurrent. ATP BioTherapy is like watering a plant. This treatment will stimulate the blood vessels to grow back around the peripheral nerves and provide them with the proper nutrients to heal and repair.

Three months later, David is thrilled with his progress, "I can enjoy walking my dog around the neighborhood with my wife and I feel more stable on the golf course."

Success stories like David's are not atypical at Lincoln Acupuncture, "We have a 90% success rate. But only doctors care about the numbers. How people feel and what improves in their lives is what really matters," shares clinic manager, Ann.

The number of treatments needed to allow the nerves to fully recover will vary from person to person and can only be determined after a detailed neurological and vascular evaluation. Lincoln Acupuncture offers hope for neuropathy where there once was none.

While David's neuropathy was idiopathic, meaning the cause is not quite known, treatments at Lincoln Acupuncture can also help people whose neuropathy is caused by diabetes or chemotherapy.

"We have seen tremendous success in treating neuropathy of all types through very personalized treatments specifically tailored to treat each individual case."

Neuropathy discomfort should not be the trade off for enjoying your golden years!

To schedule a consultation and complete evaluation, call the office at **916-884-0398**.

Lincoln Acupuncture & Integrative Health

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Compute Club

(cont' from page 15)

Time frame for photos is within the last 3 years (2022-2025). Contact Carmela Kube for further information.

Open Sessions will be Friday, August 1, 8, and 15 from 1:00-3:00 in the Club Room. These sessions are to assist individual residents with their iPhone, iPad, or computer. For further information, call/text Barbara Eichten (901-626-9821) or email barbara.eichten@gmail.com

• • •

Socrates Café

BY STEVEN GUSTAFSON

At our July meeting, Socrates Cafe discussed what can be proved "beyond reasonable doubt". The volunteer discussion facilitator presented a proof for each of two bizarre statements. The proofs were short and easy for a high school kid to understand.

The first statement was "You can't die--death is an unfortunate illusion". A proof of this statement was first given by Zeno of Elea, a Greek philosopher who lived over 2200 years ago, he claimed that his proof was beyond reasonable doubt. This claim was accepted by many philosophers until Isaac Newton invented calculus (about 330 years ago). So, among philosophers, death was widely considered an illusion for over 1800 years!

The second statement was "If you add 1 + 2 + 3 + 4 + 5 + 6 ... and never stop adding, infinity is a correct result, but minus one twelfth is also correct." Mathematicians proved this statement about 110 years ago, and essentially all mathematicians agree that it is correct beyond reasonable doubt. You might think the sum of all positive whole numbers can't possibly result in a negative fraction, but you are wrong!

What can we be sure of if simple arithmetic can produce unbelievable results? What can we be sure of if it might take almost 2000 years to show that a logical proof of an outlandish statement is incorrect?

Socrates Cafe meets at 10:00 on the first Monday of every month in the Timbers Lodge. You are welcome to join us.

• • •

Rods & Relics

BY ELNA RAGAN

We are looking forward to the "Wings and Wheels" two-day event being held at the Lincoln Airport on August 22 and 23.

The Rods & Relics Car Club is always looking for new members. All owners of vehicles model year 1979 or older or replicas

of such vehicles, are eligible to be regular members. For more information, check out our Web Site listed below.

Contacts: Tom Indrieri, President 916-645-2035; Mike Fraga, Membership Director 916-812-2749. Web Site: www.rodsnrelics.net

• • •

Conservative Action Group

BY SHERRI SCOTT

Sun City Roseville showed our energetic American patriotism on July 3 at the fireworks display and the fine dinner event put on by Administration as well as during the Fourth of July golf cart parade.

Our group did not hold a general meeting in July but will be in action mode starting with our first Monday of the month meeting in August. Knowledge about the candidates' priorities and each ballot proposition is the foundation for our voting decisions. Therefore, our group will have various speakers, open discussions and exchange of ideas, educational materials, and group action activities.



Courier Days, Lisa Bryan and Sue Sequeira.

In our August 4 meeting we will have as speakers, Jon Fenske and Jean Pagnone, who are Board

Trustees from Dry Creek School District and will bring us up to date. We will also hear about an effort to get a Voter ID petition on the 2026 ballot which will need our support.

Every first Monday of each month during Courier Days we have a table set up where anyone can stop by and find out what the Conservative Action Group is all about and join the group if interested. On July 1, four more people joined, bringing our group or email list to over 200 Sun City residents. We hope interest in the upcoming General Election will increase these numbers.

The August 4 meeting will be held at Sierra Pines starting at 6:30 pm. We look forward to seeing you there.

• • •

Veterans and Patriots Club

BY SUZETTE AUSTIN

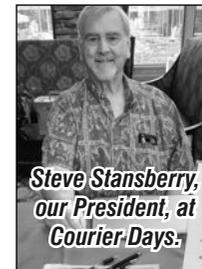
Veterans and Patriots is one of the largest Chartered Clubs in Sun City, however, we are very short on members willing to stand up and assume leadership roles. Unless Club members fill critical leadership positions we are looking at dissolving the Club. If you are interested, we encourage you to notify a Club officer and to attend one of our Council meetings which are held the third Tuesday of each month at 1 pm in the Timbers Club Room.

Club meetings are the first Wednesday of each month in the Timber Creek Ballroom at 10 am. Our next meeting is August 5. The speaker will be Don Perkins, educating us on the origin and cause of home fires and fire safety at home.

After four years in the Navy, Don joined the Campbell Fire Department and retired with 28 years of service as a Captain in the San Jose Fire Department. Additionally, he served 10 years in the Coast Guard Reserve as a Marine Fire Investigator. He currently has a California Fire Investigator's license and started his own company, Fire Cause Analysis. We encourage our members to attend and invite residents of the community as well as guests to hear this presentation. We'll have coffee, and doughnuts, as well as raffle prizes from our sponsors.

The Independence Day Golf Cart Parade was held on July 4th. Many of our members participated with their golf carts festively decorated. Many thanks to Brian and Tracy Carr for organizing this fun event.

If your flag is worn or frayed our group can provide you a new American-made flag for a \$30 donation. Bring your old flag into the front lobby area of the Lodge where we have a bin and we'll have it properly destroyed.



Steve Stansberry, our President, at Courier Days.

• • •

Garden Club

BY SUZETTE AUSTIN

Garden Club meetings are on the first Tuesday evening of each month at Sierra Pines. The Garden Club does not meet in July and August. We look forward to seeing you again on September 2 when the presentation will be about selection and care of Houseplants. Doors open at Sierra Pines at 6:15 pm, our meetings begin at 6:45 pm and end by 8:15 pm. We invite you to join us and enjoy cookies prior to the meeting. Guests are always welcome.

• • •

Birders

BY JANET MORELLI

This month the Birders will create a new schedule of birding field trips for the 2025/2026 bird watching season starting in mid-September 2025 and ending in mid-May 2026. They are normally scheduled for the first, third, and fifth (if any) Thursdays of the months in between but this year will be a challenge for the schedulers since New Year's Day 2026 will land on the first Thursday of January. Whatever the outcome, the schedule will be available on the Birders Group website (www.scores.org/) this month (August).

A bird seen year-round in our area is the House Finch. This species is a member of the largest bird family, the Finch Family, in North America with over 80 species. The male bird, in our area, has a distinctive red head and breast with nearly all of its lower body covered with brown streaks. (Male birds in other areas will be seen with yellow or orange heads and breasts.) The female House Finch is uniformly brown, streaked over most of her body.

House Finches forage on the ground and in trees for seeds, blossoms, fruits, and buds. Suburban bird feeders are where they go to find sunflower seeds and monopolize the space at the feeder. These birds were introduced to New York City in 1940 when pet dealers, being arrested for illegally selling House Finches, released the birds. They are now common to abundant across the entire country and can be found in lowlands and slopes up to 6,000 feet.

• • •

SCR Hiking Group

BY SILVANA HUGHES

At our meeting in June, we welcomed three new members--Art Hager, Lee Ann Cimino, and Lynn Hinds who look forward to joining us on our hiking adventures. We also voted for our officers who continue to serve our group: President Pete Grady, Vice President Bill Haley, Treasurer Charlie Baughman, and Secretary Silvia Hughes. We appreciate their continued service, as well as the efforts of our Trail Master Donald Stoye and our various hike leaders. Thank you all for your efforts in planning and leading our wonderful hikes!

To avoid the valley heat, our recent hikes have taken us to higher elevations in the Tahoe and El Dorado National Forests in the Sierra Nevada. We observed colorful wildflowers in bloom, butterflies and bees were flitting about, and we heard many songbirds.

(cont' on page 19)



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SUN CITY REAL ESTATE UPDATE

The market in Sun City Roseville remains healthy, while regionally we hit our peak, price wise in April, earlier than normal. With only a 2 month supply of homes for sale it would look to be a seller's market, but that's not how it feels. There were a lot of price reductions over the past few months to get homes under contract. I have a saying I have used for a couple of decades, "the only constant in Real Estate is change" and that appears where we are today. That said, inventory is still low, but demand has slackened a bit also.



WRITTEN BY
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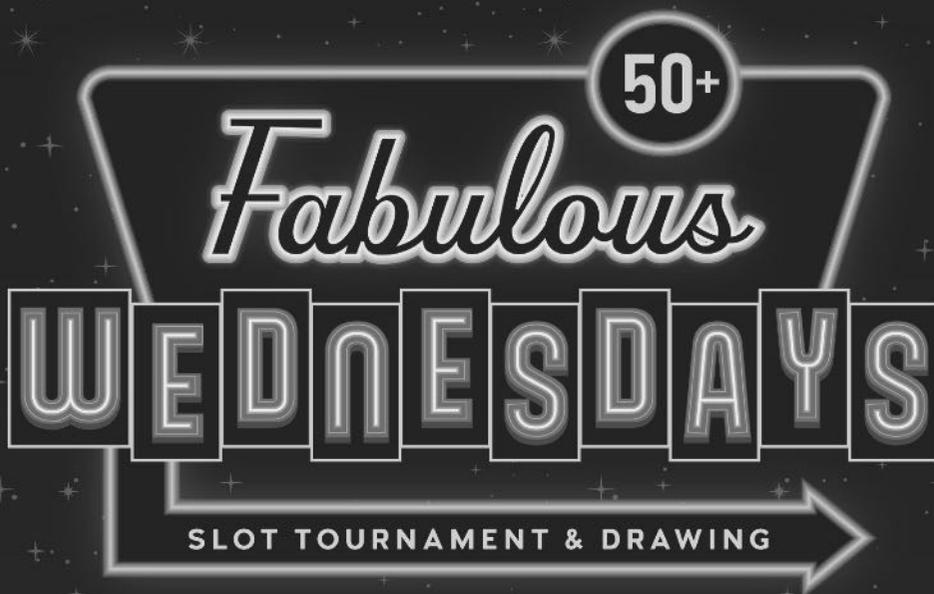
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SCR Hiking Group

(cont' from page 17)

A detailed schedule of future hikes is posted on the SCR Hiking Group web page. For additional information, please contact President Pete Grady (see SCR Hiking Group web page). Remember to bring plenty of water, sunscreen, insect repellent, and lunch. Please pack a change of shoes to keep the driver's car clean.



Below is the August schedule, subject to change depending on weather and trail conditions. We meet at 7:45 am in the lodge parking lot near the tennis and pickleball courts for carpooling. All carpool rides in August are \$12. Happy hiking!

August 7: Three Lakes, #4.5 (moderate), 5.75 miles, elevation gain 850 feet, TH (trailhead) elevation 7200 feet.

August 14: Penner Lake, #5 (moderate), 6.5 miles, elevation gain 900 feet, TH elevation 6650 feet.

August 21: Hawk's Peak, #5 (moderate), 6.5 miles, elevation gain 900 feet, TH elevation 7400 feet.

August 28: Castle Valley Loop, #4.5 (easy to moderate), 6.7 miles, elevation gain 750 feet, TH elevation 7200 feet.

• • •

Softball Club

BY PATRICK MAGLIONE

What does the month of August mean to you? For most of us, it means the heat is still with us and there are no holidays to celebrate. But for "softballers", it also means our season has ended and it's a long wait before the new season begins.

At the time of this writing, the 2025 season league winners will have been determined – Oakmont of West Park, led by manager Rory Wilkerson and coach Robert Bryant, with a 15 and 3 record. Your Roofing Contractor placed second, managed by Rich Muenter and Gary

Zeledon; Eskaton Village finished third, with Lupe Rios and Eric Erickson leading the way; and Frank Tom and Jim Rhoe taking Ivy Blue Oaks into fourth place. Play-off winners will be announced next month.

League players voted to determine two awards:

"Sportsmanship Award," to the player exemplifying fairness, respect, and fellowship to not only his/her teammates, but also those on the other teams, as well as the umpires—winner, our sole woman player, Stephanie Lyons.

"Manager of the Year" was won by Rory Wilkerson, who demonstrated inspirational leadership in taking his team Oakmont to first place in the league.

Our "Lou Del Pozzo Award" is presented to an individual who has not only given exemplary service to the club and league consistently and ongoing, but also heart and soul. It was the pleasure and privilege of the Council to select Rose Miller for her scorekeeping leadership and serving as each team's honorary teammate.

Our election of new officers has been postponed until our September 3rd membership meeting since our August meeting was cancelled due to the unavailability of three of our four officers. Nevertheless, it is vital that resident club members attend the September meeting so that the election can be held.

• • •

Table Tennis

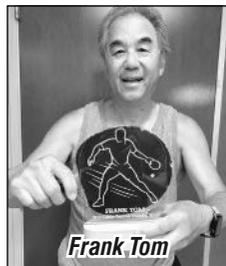
BY JEFF CARASKA

Table tennis was a very different experience for Frank Tom as a 7-year-old than it is now.

"We used our dining room table," Tom said. Playing cards were inserted into the table's expansion gap to serve as the net. Small pieces of wood served as paddles. Eventually there was an upgrade. "We went to a five-and-dime store and got four sandpaper paddles, three balls and a net for a dollar," he said. "That was a good deal!"

The game has been a part of Tom's life pretty much ever since. "I started playing more seriously in my teens (when he wasn't running his own house painting business in his hometown of San Francisco), and played competitively in college (Cal Poly San Luis Obispo).

He worked as a short order cook at the school's Vista Grande restaurant, and also worked as a kinesiologist at the nearby



California Men's Colony. Kinesiology continues to interest him.

"I love biomechanics," Tom said. "I like to analyze movement. To that end, Tom is always willing to work with group members on their table tennis. "I really enjoy helping people improve their game, and enjoy seeing them recognize their improvement."

Tom retired as the superintendent of schools in Lafayette, Calif., and move to Sun City in 2010.

In June, Tom stepped down as the treasurer for Sun City Roseville's Table Tennis group after serving 10 years. He's previously served as president, vice president and secretary.

"Frank's a get-it-done type of guy," group president Jan Gregson said. "He's very knowledgeable about table tennis, organizes our competitions with Sun City Lincoln... he's a true asset to the group."

The Table Tennis Resident Group plays 2:00 pm - 5:00 pm Tuesdays and Thursdays and 9:00 am - 12 pm Saturdays at Sierra Pines.

• • •

Tennis Club

BY WENDY LEIMBACH

Greetings to all our summer tennis players at Sun City Roseville. As the days are getting exponentially hotter; I'd like to start off by reflecting for a moment on the 2025 Paris Open and specifically on the match that Coco Graff won.

Let us agree that tennis is as much a mental game as it is physical, requiring players to constantly adapt to changing conditions. Weather is one of the most unpredictable factors that can dramatically alter the flow of a match as most of us have discovered.

During the Paris Open, Coco Gauff demonstrated remarkable strategic flexibility in her semifinal match against Aryna Sabalenka. With swirling winds disrupting play, Gauff was forced to adjust her approach. Known for her aggressive baseline play, she shifted to a more conservative strategy, focusing on consistency and placement rather than power. This pivot proved critical in securing her win.

Excessive heat can also be a critical factor as it can affect our ability to focus, play competitively and stay aggressive. Understanding the weather, you are playing in, and adjusting can make a big difference in your play and outcomes. With extreme heat, staying hydrated correctly is critical. Watchout for headaches, muscle cramps and dizziness or any other condition that is not normal for you as you play. Take care to make sure you can play. Stop if you do not feel normal and seek

appropriate care.

Coco Gauff's performance in Paris exemplifies the importance of adaptability. Her ability to read the weather and respond in real-time underscores why being able to pivot and adapt is just as vital as skill in tennis.

• • •

Pickleball Club

BY MARILYN PLUTH

Welcome to our new Pickleball Club members: Raju Lalani, Juleen Murray, Karen Power, Joan Sanchez, Holly Wentworth, and David & Karen Williams

Join us on the courts Monday through Saturday from 8:00 am to Noon for friendly games, and participate in any of our upcoming tournaments, social events, and great parties.

Ever wonder what the Pickleball craze is all about? Come join us for a test run of this awesome sport! We are having a "Rookie Play Date" on August 23, at 7:30 AM. Rookie members will be split up by skill level. Non-members will be enrolled in our "free clinic," which goes over the basics of Safety, Skills, Positioning, Scoring and Serves. Our seasoned members will be providing advice and support, so bring water, your activities card, or sign a waiver and... you're all in! Please RSVP to marlenegrens@gmail.com so we have enough members to help everybody out. We may even bring out the ball machine!

For players new to the sport, Maureen (Mo) Guinon has stepped up as manager of the Club's "Intro to Pickleball" clinics. If you are interested and want to find out when the next clinic is scheduled for, contact her at Guinonmo@gmail.com or text 530-864-6923.

This is an announcement that all SCR Pickleball courts will be used for a competitive tournament against Heritage Placer Vineyard on July 30, beginning at 5:30 PM until dark.

A Council meeting has been scheduled for August 4, at 4:30 PM in the Card Room (Council only).

• • •

He & She Golf

BY JAHNA HOLMES

Welcome to the "dog days of summer." The Greeks noticed that in full summer, a particular star, the Dog Star, rose and set with the sun. They believed that is what caused it to be so hot. The Greek word for "scorching" is "sirius," which is what we call that star. Hopefully, our two play days, the 11th and 25th, will not be "sirius!"

On a more serious note (couldn't help it!), nominations for club officers for 2026 come up

(cont' on page 22)

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Gary and Jan Gregson

(cont' from page 1)

focused on hostage negotiations and was the Commander of the team which dealt with a lot of domestic violence incidents. His expertise was mentioned in a book on domestic violence (No Visible Bruises—What We Don't Know About Domestic Violence Can Kill Us by Rachel Snyder). Through his years of handling these cases, Gary understood that the key to successful negotiations was the skill of listening. "It's important to be an active listener," he says. "Show them that you're listening and that helps establish trust. Then, with trust established, you can influence their behavior."



The Gregson family in 2024.

Jan remembers the time that she and Gary were having dinner at Morton's Steak House in Sacramento when he got a call to duty. Because there wasn't time to take Jan home, she went with him and got to see first-hand how Gary and his team worked together on a case. She was told to stay in the car which was parked behind a SWAT team van. All of a sudden, the back door opened, the SWAT team poured out, and the muscular men began changing from their street clothes to their protective gear. "I was treated to both dinner and a show," Jan quips.

Another time, Jan and Gary were at a party when Gary got the call that a man had barged into his ex-girlfriend's house, put a gun to her head and forced her to drive in her car with him to Atherton. The police had tailed him to a cul-de-sac where he had kicked in the door of a house and was holding the family there hostage along with his girlfriend. Gary had been talking to the bad guy on the man's cell phone until it died. Other negotiators stepped in and were able to get all the hostages

released before the man committed suicide. "It was absolutely unbelievable teamwork," says Jan.

More than 20 years later, a Sacramento negotiator found the woman who had been taken at gunpoint and asked if she would be willing to tell her story at a conference attended by six hundred negotiators. Jan and Gary were fascinated to hear her story from a hostage's point of view, as was the audience, many of whom came up to her in tears to thank her for sharing her story. She had revealed during her talk that for years, she didn't believe her ex-boyfriend was dead and would constantly be scanning her surroundings for signs that she might be in danger of him showing up again.

From 1996-2000, Jan and Gary hosted students from Belgium and found it fun to learn about different cultures. In 1999 they chaperoned some students in Europe and got to visit France and Italy, again learning about the culture of the countries. After Jan took Spanish lessons, they went on a culturally based trip to Peru each with just

a carry-on bag and a backpack. They visited Machu Pichu, Lake Titicaca, and Amantani, an island with a population of 5,000 people and no cars. After they took a similar trip to Ecuador, Jan went solo to Cuba. While she was away, Gary refinished a school desk from her first classroom as a surprise gift when she got back home.

Gary and Jan moved to SCR in 2020 when COVID prevented them from joining clubs and activities. So, they bought passes to Roseville Aquatics Complex and went swimming on a frequent basis. Gradually, things opened up here and they both joined the table tennis group as well as corn hole. Jan got involved with the needle arts group and began making beautiful quilts, tote bags and purses. Gary joined the Softball team. They both walk every day and when they get the chance, they dance, having taken ballroom dancing lessons for ten years.

When Gary turned sixty, the couple established a goal which was to do 60 things they'd never done before. They called it 60 at 60. Some of the things they've done include paddleboarding in Hawaii, eating roasted guinea pig in Ecuador, and reaching a 16,100 ft. elevation in Peru. One of their all-time favorites was taking an outrigger two miles out in Hawaii and watching humpback whales surfacing below them with tiger sharks circling in the water. Gary still marvels at hearing the song of the whales.

Another goal is to visit all the major league baseball parks in America. Having started in 2013, they only have eight more to see.

Meanwhile, Gary recently emceed Puttin' on the Hitz which Jan also participated in. And Jan is cooking up some fun thing to do that they've never done. They still laugh at the photos taken at their 50th wedding anniversary celebration in San Diego. When their grandson, Nate, couldn't make it, they carried a cardboard cutout of him wherever they went so he would be included in absentia.

Throughout the years, Jan and Greg have developed a solid friendship and a happy, loving marriage. When asked what the secret to their relationship is, the answer is simple. Give more than you take. That's great advice for any generation, right?

Sunshine Services

BY LINDA CILENTI

Join us on August 20, from 10:00am to 12:00pm at Sierra Pines for a presentation titled "Successful Aging: It Takes a Plan." Caring for a loved one and planning for the future can be challenging. This presentation will explore options of staying at home compared to moving to a retirement community, including associated costs, and preparing for worst-case scenarios. It will focus on developing a plan and using available community resources.

As we meet new neighbors during Courier Days, we want to remind everyone that "We're Here to Help."

Medical Equipment Loan Program: Have a temporary need for a wheelchair, walker, cane, knee walker, or crutches, call us at 1-916-960-8091 and leave a message. Our volunteer will return your call to arrange a meeting at the onsite Medical Equipment storage unit.

Arrow Discounted Tickets: Arrow, operated by the City of Roseville, offers door-to-door transportation with smaller, wheelchair-accessible buses. Sunshine Services administers the sale of discounted tickets, at a reduced price of \$10.00 each. To buy a ticket, call 1-916-886-7008. Once you have a ticket, schedule ride reservations by calling the City of Roseville Transit Office at 1-916-745-7560.

Personal Care Home Items: We have received donations of new personal care home items, such as moist towelettes, adult briefs, and bedding protectors. If you need any of these items or want to donate items, please contact Sharon at 1-916-261-1181.

Cover-ups/Adult Bibs: Thanks to Needle Arts who have provided materials to create adult cover-ups/bibs we are busy sewing and currently have a limited supply available for purchase at \$10.00 each. Look for our display during Courier Days.

Adult Bereavement Support Group: Meets on the first Tuesday of every month from 10:00am to 11:30am at the Lodge in the Card Room. Contact Kate Craig, LCSW, Sutter Health at Hospice, at 1-916-918-3025 for more information.

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35 Years in the Business

He & She Golf

(cont' from page 19)

next month, and our current treasurer, Karen Hawkins, has decided it's time to move on. So, if any of you retired accounting folks out there are willing to take over the job, please contact President Julie Harris, or any other officer that you know. We need to have a slate nominated by mid-September. Without a treasurer, there can be no club! Just a thought!

We had some great golf weather on June 23rd. Here are some results. The nine-hole group's first place team scored par 32, the winnings going to Lem & Pat Llapitan, Debby Huntington and Toni Ulloa. The other three winning teams, with a 2-way tie for 3rd, all scored below par. Fifth place was a 5-way tie, so no payouts, making the other payouts a bit richer!

The 18-hole group had a somewhat complicated format, apparently resulting in a good time at the bar after the round! First place scoring 94 was Barbara Simon, Ron Galvin, Vi Wan and Scott Larson. Second place scoring 96 Ken & Shirley Roberts, Rich Aug & Johnice Swallender. Third place scoring 101 was Carol Norris, Darrell Herrold and Rich & Lynne Peaslee.

Save the date! Monday, October 23, will be our fall tournament and dinner with a Hawaiian Luau theme!

...

Sierra Pines Ladies Golf

BY JOAN ROSE

Our group will have two Fun and Games tournaments this month, on August 2 and 20. Putts for Points will be on August 13 and Regular play on August 27. All play will continue with Tee Times beginning at 7:30 am.

The chip ins for June are: June 4 Lois Habein #6, June 18 Jackie Shook #9, June 25, Elizabeth Gustafson #5, and Carolyn Pitman #1.

The birdies for June are: June 4 Denise Randall #8, Kathy Hagiwara #6, June 11 Roxanne Warloe #5, June 25 Elizabeth Gustafson #5. Congratulations ladies. Keep up the good work.

A big thank you to the 18-hole ladies for hosting the 9 hole/18 hole mixer at Sierra Pines on July 16. Winners will be announced in next month's article.

Another away tournament was attended by several of our ladies. The picture is of Rhonda Slusser, Pat Llapitan, Debby Huntington and Monica Konkel at Northridge



Country Club. The theme was Boogey Woogey Bogey. Monica's team took first place in her flight. Congratulations Monica. The next away tournament is September 23 at Lake of the Pines. Look for the sign up at the Pines,

(cont' on page 23)

AW

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Sierra Pines Ladies Golf

(cont' from page 22)

coming soon.

Start working on your A game. The Club Championship Tournament will be played over 3 weeks on Wednesdays, September 10, 17 and 24. This will culminate with the Club Championship Luncheon on September 24. Looking forward to seeing all of our members participating in this event.

• • •

Timber Creek Women's Golf Club

BY LATRICIA NICHOLSON

Congratulations to our Handicap Tournament winners, Pat DeCroix who is the Red Tee winner and Raquel Godfrey who is the white tee winner! A special thanks to Gail Quintel, Kathy Hamilton and Theresa Howard for their help with making this fun event happen.

The Most Improved Players for June are Cindy Gray (1st Flight); Theresa Howard (2nd Flight); and Yvonne Miller (3rd Flight).

We added three new members last month, a huge welcome to Mary Nearn, Shelia Michael and Peggy Simnick. We look forward to golfing with you!

On July 16 we enjoyed our 9/18 Hole Mixer with the Sierra Pines Ladies Golf Club. This year it was hosted by the TCWGC on the Sierra Pines course where we played 9 holes and enjoyed a nice lunch. Winners will be announced in the next Courier.



Mary Nearn



Shelia Michael

Our next event is TCWGC 36 Hole Better Ball Tournament on August 13 and August 20. Be on the lookout for sign up information.

The monthly General Meeting will be held on August 20 in the Birch/Aspen Room at 1:30 pm. Please plan on attending as member participation is encouraged so that you are aware of your Club's activities.

Stay cool and great golfing!

• • •

Timber Creek Men's Golf Club

BY MIKE MURPHY

Greetings from the Timber Creek Men's Golf Club! So far this summer, we have been blessed with beautiful, moderate weather. Cool mornings and warm but not too hot afternoons were perfect for golf with family and friends. As always, we would like to invite anyone that may be interested in meeting new people with the same passion for golf, camaraderie and fun to please contact Neil Hamilton, our Membership Director at 707-529-4038 or email him at neilhamilton6049@gmail.com. Included in your membership fee is NCGA membership including a GHIN number allowing you to establish an official handicap. We welcome players of all abilities so call Neil today and join the fun!

We have a number of exciting events scheduled this month. Our club championship will be held on August 5, 12 and 19. This is a match play tournament so bring your A-game! The Central Valley Seniors (CVS) season is in full swing as well with our next outing on

August 11 at Cameron Park Country Club. If you are not aware, the CVS program provides our club members with the opportunity to play the top courses in the area for a very reasonable price which usually includes lunch and a light breakfast. This is terrific value and one of the top benefits of being a club member. Our NCGA tournament season is complete. The highlight of the NCGA year was Frank Taylor not only qualifying for the final at Poppy Hills but leading after day one and finishing ninth overall. Congrats Frank!

Our next general club meeting will be held on Wednesday August 5 at Sierra Pines. We would like to invite anyone interested in our club to come by and meet the membership. As always, free coffee and donuts are served at 8:00am. See you on the links!

• • •

Golden Niner

BY KEN HANSEN

Hello again golf fans.

New officers were duly elected at the quarterly meeting and burger lunch.

Bill Pagano will be President; Bud Haddix, Vice President; Russell Levine, Treasurer; and Ken Hansen, Secretary. A big acknowledgment and gratitude goes to Joe Compagna for his faithful service to our club from its infancy.

Do you ever wonder how golf evolved to its present state? From early times, many cultures played games with sticks and balls. Croquet, lacrosse, hockey, pool, baseball. Greeks, Romans, more? Egyptians? Who knows?

In Holland, they played a game called kolf on fields and ice in the 13th century with a stick and leather ball. It wasn't until the Scots that the game as we know it began to evolve. In 1672, in Musselburgh, Scotland, on a 7-hole

course, golf was first recorded as being played. That course hosted three Opens. The 4 1/4-inch hole size came from a tool used to cut the holes there. But St. Andrews claims the title of the first 18-hole course. As for golf in America, it was reportedly played by Dutch settlers in Fort Orange, New Netherlands (Albany) in 1650.

We have some new golf prodigies: Alan Morgenstern, Bob Childs, Roy Myers, Mike Le Ana, and Wayne Davidson. Welcome, gentlemen.

Question: who is the happiest Sun City resident, uses a driver on all par 3s, and can easily be located and ID'd merely by his cackling laugh? Anyone, anyone? Cmon, of course: Barry Franklin! Always fun to play with Barry.

Some numbers for you: we have 172 members; 86 played each week with 68 members splitting the \$1547 paid out.

Until next time: remember to cherish this great life we are fortunate to enjoy here at Sun City.

• • •

Cornhole

BY STEVEN GUSTAFSON

Cornhole has an interesting history. It was invented and patented in 1883, and it was called "Quoits". It was similar to the modern game, but the board and bag dimensions were different, and the hole was square instead of round. Cornhole evolved in many forms--one variety had two holes of different sizes and score values. Many varieties had the hole centered on the board, and rectangular bags instead of square bags were popular.

"Survival of the fittest" selected the board (cont' on page 25)

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SCR Library News

BY ELIZABETH GUSTAFSON

The Sun City Roseville Library has a donations policy that can be picked up in print at the library or accessed from our web site. Please check it before bringing us your old books. Note that we do NOT take travel, cooking, self-help, politics or religion titles and we ask you not to bring hard cover books unless they are the current year's best-sellers. We spend a lot of time and energy getting rid of books that we can not use.

The library is open every day 10:00-4:00 and there is a drop box you can use when we are not open. You can read about our new books in the Courier library article that is also provided in the library.

New Books – Fiction: Cosby, S.A. - *King of Ashes*; Deaver, Jeffrey - *South of Nowhere*; Gaige, Amity – *Heartwood*; Harmel, Kristin - *The Stolen Life of Colette Marceau*; Preston & Child - *Bad Lands*; Reid, Taylor Jenkins – *Atmosphere*; Rosenfelt, David - *Dogged Pursuit*; Sager, Riley - *With a Vengeance* - Steel, Danielle - *A Mother's Love* - Woods, Stuart - *Finders Keepers*.

Large Print: Backman, Fredrik - *My Friends*; Bloom, Amy - *I'll Be Right There*; Bostwick, Marie - *The Book Club for Troublesome Women*; Comey, James - *FDR Drive*; Connolly, John - *The Children of Eve*; Cosby, S.A. - *King of Ashes*; McConaghy, Charlotte - *Wild Dark Shore*; Monroe, Mary Alice - *Where the Rivers Merge*; Perkins-Valdez, Dolen - *Happy Land*; Reid, Taylor Jenkins –

Atmosphere; Sager, Riley - *With a Vengeance*; Steel, Danielle - *A Mother's Love*; Woods, Stuart - *Finders Keepers*.

SCR Foundation 2025

(cont' from page 1)

post Foundation news more easily and keep residents up to date on events or activities. We will be outlining those changes as soon as the redesign is completed. And, for anyone that can be challenged by websites, we have learned that AARP members have access to some senior computer classes that could help with internet use and navigation. That AARP information can be accessed through their website, or you can call the phone line on your card.

August is a month that highlights Wellness. Whether it is used in Blue Zones philosophy, or other entities focused on creating and sustaining better health later in life, Wellness has become a frequently used word. And it can be vague. Synthesizing terms and definitions of Wellness together, the resulting word gets used to describe a positive state of being as well as different paths and ways of achieving and working towards individual health goals. Please look for an expanded article highlighting Wellness and how it connects with the Foundation's Mission Statement and Goals in our next E Courier article available mid-August.



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Cornhole

(cont' from page 23)

and bag features we use today because they were the most fun to play. By 1980 the board and bag features were standardized, and in 2005 the American Cornhole Organization was established. The cornhole tournaments you see on TV (mostly on ESPN) were originally sponsored by this organization.

Sun City's Cornhole Group plays every Tuesday at 9:00 on the Sierra Pines horseshoe lanes. We have no dues or meetings. You are welcome to join us.

• • •

Bocce

BY DAVID MOORE

Plenty of bocce balls have rolled since our last report. The Mixed Choose Your Partner Tournament was held on a warm morning on June 28.

Mike Foote, Mary Ovalle, Mike Bubbico and Rhonda Bubbico finished in first place.

Second Place was taken by Medina Lane, Ken Lane, Mary Scott and Tony King. Stan Bomar, Kathy Bomar, Bobbi Dunk and Bill Dunk placed third.



Mike Foote, Mary Ovalle, Mike Bubbico and Rhonda Bubbico Choose Your Partner Tournament winners.

The Men's Blind Draw was held on June 14. Larry Herndon and Pete DiLonardo took first place. Kevin Myers and Bill Pagano finished second while Kenny Smith and Rick Workman were the third-place finishers.



Larry Herndon and Pete DiLonardo won the Men's Blind Draw.

The Aloha dinner on June 29 was a sell-out with scrumptious food from Elena's while some of the best decorations in recent memory made parties feel like they were in the Pineapple State instead of Sierra Pines.

Four of the five games of the Summer League had been played, and the competition was fierce. Bocce Posse (Mike Christy, Michael Foote, Kevin Myers, Bill Pagano) was leading with Deboccery (Ron Judd, Medina Lane, Ken Lane, Ralph Leaman, David Zan) one point behind and Let the Good Times Roll (Paula Happe, Terry Lane, Mary Ovalle, Diana Rischling, Elaine Turnbull) trailing by only two points.

Three tournaments are scheduled this month in preparation for the big championship tournament on September 6. The Last Chance to Qualify Tournament is August 9; the Women's Qualifying is August 23 while the Men's Qualifying is August 30.

Also, next month the Fall Mini-league sign-up is August 29 with play beginning on September 10, so mark your calendar.

• • •

Billiards

BY TERRY SATCHELL

Monday morning Ladies (9:00 am to 11:00 am) would like to have some more and new players. Come play and bring a friend. One of our members, David Zan, would be happy to give informal lessons (group or individual). Any afternoon except on Wednesdays. Just email dzan@surewest.net to get a lesson scheduled.



Bill Stephens and Bob Cecil winners of the 6-24-25 tournament.

Please note that yearly member dues are due this month of July. The dues remain the same at \$15 per member. Please make you check out to SCR Billiards Club and drop it in the drop box in the Billiards Room. If you would like to cancel your pool cue locker rental, please clear it out and drop the locker key in the drop box.

For Members and Guests, please remember to sign in on the sign-in sheet when entering the Billiards Room. I sign anytime the room is open!

The Team Tournaments on Tuesday at 1:00 pm are attracting a full house and are very competitive. We now are officially playing the one-fifteen game in these tournaments. Men's

Tuesday players held an internal tournament to rank our players for a proposed match against Del Web Lincoln. Thanks to all that played. It appears that the plans for playing Lincoln have fallen through, but we enjoyed playing an internal tournament.

Winners of the team tournaments in June were:

June 3rd: 9 ball - Troy Cardosa, Tony Cardosa, Terry Satchell, David Deninno, John Johnson and Bill Stephens

June 10th: 8 Ball - Tony Cardosa, David Deninno, Jean Stephens and Ken Lane

June 17th: 8 ball - Ken Lane and Ken Neal
June 24th: 8 ball - Bill Stephens and Bob Cecil

• • •

Croquet Club

BY JIM WILLSON

Each year the Croquet Club hosts four meetings accompanied by a catered dinner on the fourth Sunday in February, May, August and November. Sunday, August 24, will be the third

meeting at Sierra Pines commencing at 4:00pm.

The Croquet Club in Sun City Roseville (SCR) offers seniors the chance to participate in a challenging game of strategy and tenacity which is not overly physically taxing so that everyone can participate and enjoy.

During the summer months the morning session commences at 8:00am and lasts until approximately 9:15am at which time the second group starts to play. For seniors the heat of the day has not started and the games are over before it gets too hot.

(cont' on page 26)

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Croquet Club

(cont' from page 25)

The first golden age of croquet in America was in the 1920s and 1930s among American socialites some of whom were Harpo Marx, Tyrone Power, George Sanders and Louis Jordan. It is said that gambling was an important part of the ritual with bets of \$10,000 or more.

On the West Coast, croquet was embraced by movie moguls Darryl Zanuck and Samuel Goldwyn, both of whom had grandiose home courts. When Goldwyn could no longer play golf, he had two tournament quality lawn courts installed on his Beverly Hills estate which were utilized by movie star acquaintances.

Several independent clubs banded together in 1977 to form the United States Croquet Association (USCA) which encouraged the formation of local croquet clubs.

Check the kiosk in the lobby of the Timber Creek Lodge for a club application. For additional information, please contact Louisa or Patrick Maglione both officers of the club. The club offers an excellent opportunity to participate in a challenging sport and to meet new friends.

Mah Jongg

BY BECKY MATSON

As the hot days of summer are here, we're all glad to be able to spend a few hours each week in the cool of the card room. We play the challenging game of Mah Jongg. Mah Jongg is a thinking game and our brains get a work out each week.

On June 27, our group had our MJ luncheon at Sierra Pines. Our hostesses, Debbie Phillips and Janet Riley provided delicious personal pizzas and salads. Another fun luncheon and play for the Monday and Friday groups. Our every other month luncheons give the Monday and Friday groups the opportunity to play together. Our next luncheon will be held August 22. There will be a signup sheet in the card room.

If you would like to see how Mah Jongg is played, stop and watch a game or two. We always welcome new members.

Cribbage Club

BY BRUCE AHNBERG

There is a perfect hand in Cribbage, worth 29 points. Most players never see this hand in their entire lives. The odds of being dealt the hand are incredibly low, 1 in 216,580. Nevertheless, Bill Harold of Village 2 was dealt the perfect hand during our Friday sessions in June! Bill plays almost every week, and was just as shocked as the rest of us when we realized what he was holding. Needless to say, he went on to win the game and take high hand honors for the day after scoring such an incredible hand. His fellow competitor Christy Moreland brought in balloons to celebrate the feat. Congratulations to Bill, and thank you to Christy. Cribbage enthusiasts meet in the card



Bill Harold holding the perfect hand.

room at Timber Creek Lodge each Friday from 1:00 to 3:00. All players are welcome. There are no fees to join.

Bunco

BY PAT OBERLANDER

Hot August Days! Join us to beat the heat at Bunco on the 2nd and 4th Mondays. We start with signing in at 8:30am and the fun and games



Bunco Winners!



begin at 9am. Good way to meet neighbors and have lots of fun. We would love to see you. We are in the card room at Timber's Lodge. You don't have to commit to every time, but once you start, you'll be hooked. Come on down!

Mayor Bernasconi to Give State of the City Address

Mayor Krista Bernasconi will give the 2025 State of the City address at 9 a.m., Wednesday, August 27 at Denio's Farmers Market & Swap Meet. The event is hosted by the Roseville Chamber of Commerce.

Join us to reflect on Roseville's transformation over the years, including the past year's accomplishments and what's on the horizon for our city's future.

The speech is open to the public. More information and a link to free tickets are available at roseville.ca.us/soc2025.

The speech will be live streamed to the City YouTube channel, and a recording will be available after the event.

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Observations on This and That

BY MARTIN GREEN

NYC Street Games: I've written on this subject here before, but only on the games we boys used to play on our Bronx street. My sister recently reminded me of a game the girls used to play — potsy. I hadn't heard that word in years, but it rang a bell. I knew it involved chalking boxes on the sidewalk and a lot of jumping around.

My sister tried to explain it to me, but I ended up Googling it. Google says, "In New York City, 'potsy' is a term for hopscotch or a similar game involving throwing a marker (also called a 'potsy') into a numbered pattern and hopping through it. The marker itself, often a flattened tin can, can also be referred to as a potsy." My sister also said that the girls would play jacks, and I remember that they played a lot of jump rope. As far as I recall, in those innocent days, the boys played with boys and the girls with girls. A girl who liked to play with the boys was known as a "tomboy." I remember that my sister and I would play "hit the penny." A penny would be placed on the crack between boxes on the sidewalk, and we'd stand a box away and try to hit the penny with a rubber ball. I think the one who got to ten won the game, and if the penny flipped over when you hit it, you got two points. I wonder if any kids nowadays play or have even heard of these pastimes.

Life's Little Annoyances (LLAs): I haven't written much about these lately, but they are still there. One pervasive LLA (and sometimes not so little) is the army of scammers out there. I recently started getting e-mails saying my cloud storage was full, and if I didn't do something

right away, I'd lose my pictures or whatever was stored up in the cloud. I'm not sure what the doing something involved, but I'm sure it meant giving up some personal information to the scammer. Oh, yes, I Googled this, and Google said this was a scam.

I've probably noted as an LLA that whoever delivers my Safeway order is supposed to ring the doorbell and maybe even stick around and help me bring in the bags. I'd been having pretty good success with this until the last delivery when the delivery person didn't even ring the doorbell, so the bags were left out in 100-degree heat. Luckily, a good neighbor called to tell me I'd had a delivery and I got the bags in before anything melted. Stay cool...

New Yorkers Luncheon

Join us for a New Yorkers luncheon! Share stories, make new friends and reminisce.

On Wednesday, August 13th we'll meet at noon at the Timbers Restaurant. If you can join us or have questions, feel free to reach out to Deanna Jones at 530-677-4074 or email jones_deanna@outlook.com. We would love to know how many other New Yorkers can join us!

Share stories, make new friends and reminisce.

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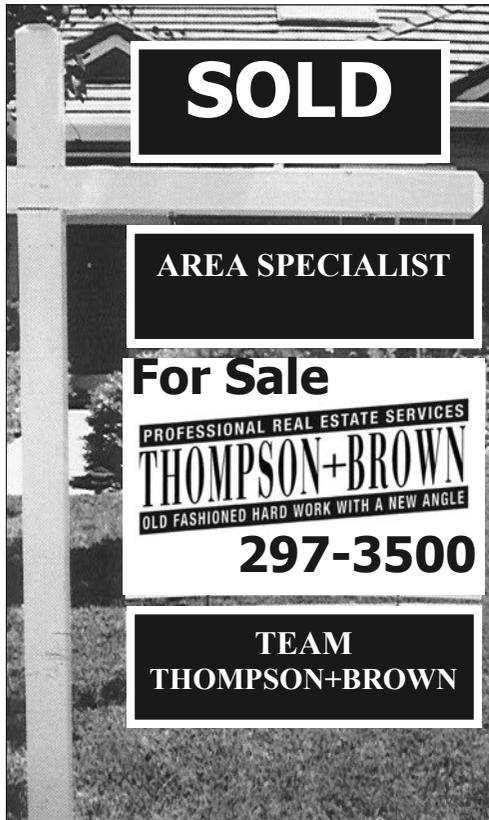


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As Broker and Owner of Thompson+Brown I have worked with thousands of sellers to achieve their goals. This year marks my 40th year in Real Estate. I have seen every market condition and I use that vast experience to make the sales process easier for my clients. Please give me a call or text me and I will be happy to come and meet with you and answer any questions you may have.



George Brown

RECENT SALES IN SUN CITY ROSEVILLE

7195 Timberrose Way	964 Sq. Ft.	\$475,000
201 Saddlebag Court	1334 Sq. Ft.	\$507,000
7064 Hayride Lane	1323 Sq. Ft.	515,000
4241 Rose Creek Road	1547 Sq. Ft.	\$525,000
4725 Cottage Lane	1869 Sq. Ft.	\$625,000
7025 Timberrose Way	1741 Sq. Ft.	\$645,000
7457 Whistlestop Way	2032 Sq. Ft.	\$675,000
7448 School House Lane	1476 Sq. Ft.	\$679,000
4208 Echo Rock Lane	2287 Sq. Ft.	\$855,000
7496 Whistlestop Way	2427 Sq. Ft.	\$905,000
108 Homewood Court	2665 Sq. Ft.	\$910,000

All measurements and all calculations of area are approximate. All sales from all MLS brokers. Display of MLS data is usually deemed reliable but is NOT guaranteed accurate by the MLS. Buyers are responsible for verifying the accuracy of all information