

SUN SENIOR NEWS

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Rita Perada — Crime Investigator and Family Historian

BY JENNIFER MARTIN

Dennis B. Neuenschwander once said, “Family history builds bridges between the generations of our families. Bridges between generations are not built by accident. If I want my children and grandchildren to know those who still live in my memory, then I must build the bridge between them. I alone am the link to the generations that stand on either side of me.” Rita Perada, president of the Sun City Genealogy Club for the past two years, agrees wholeheartedly. “Everyone has a story to tell,” she says.

Born in San Francisco in 1956, Rita was the youngest of five children raised in Daly City. Her father worked for the Water Department in Daly City while her mother was a teacher's aide in the Jefferson School District. Rita attended Jefferson High School and was active in the drama club, participating in productions of Gypsy and Jesus Christ Super Star. She graduated in 1974 on her 18th birthday.

She attended San Jose State for one



Rita Perada

that dealt with criminal justice. She ended up working thirty years for the US Postal Inspection Service, assisting inspectors on cases involving mail fraud, damage to mailboxes and other crimes related to mail service.

One of the most dramatic investigations she worked on involved her traveling to Anchorage, Alaska, to transcribe phone calls in a bombing-related case in Chugiak, Alaska. This case involved murder, retaliation, and a mail bomb that killed someone who wasn't the intended target. It was serious enough to be prosecuted in federal court in Tacoma, Washington, because of press coverage and jurisdictional decisions.

It turns out that the convicted mail bomber was already incarcerated for a separate murder and orchestrated the bombing plot from jail. The bomb was mailed in retaliation toward a witness. It exploded killing the witness's father and severely injuring his mother.

(cont' on page 35)

LH Foundation — Be My Valentine

BY DENISE BOWDEN

February may be brief, but it's packed with reasons to celebrate. As the shortest month of the year, it brings together romance and rich cultural traditions—from Black History Month, Presidents' birthdays, and Valentine's Day to the lighter flair of Groundhog Day, Mardi Gras, Lunar New Year, and the ever festive Super Bowl Sunday.

The Foundation has released the list of 2026 grant recipients. This year's grant budget totals \$265,290—a 40% increase over 2025. As our community grows and our residents' needs evolve, we are proud to play a meaningful role in supporting programs that make a difference. (See article later in this issue).

We are back to Thursdays for Bingo in 2026; the one exception is a Friday date in March. This month Bingo will be held in the ballroom on Thursday, February 26th so mark your calendars. Don't forget to bring your water bottles. Doors open at 12:30 and play starts at 1:00. Twelve cards for \$25, with exact change appreciated. Payouts are \$100 for the first eleven games and \$250 for the final game. Make an afternoon of it and enjoy lunch at Meridians beforehand.

Bringing a group? We are taking table reservations. Email your request to lincolnhillsfoundation@gmail.com

Looking to volunteer? Interested in being part of our Bingo team? Contact us at www.lincolnhillsfoundation.org

Tap Company

BY PAT ROBINSON

Our Sun City dance community is thrilled to announce Shake It Up! the dynamic dance extravaganza taking place on March 27, 28 and 29 in the SCLH Orchard Creek ballroom. We invite you to grab your friends and family, bring your energy and get ready to embrace the beat, feel the joy, and get swept into a celebration of dance. And best of all, part of the proceeds will go to Lincoln High's Performing Arts Program helping fund costumes, equipment needs, and opportunities for its young passionate students.

Shake It Up! is all about mixing styles ... our stage will come alive with high energy performances by our talented dance groups who remind us that life's greatest moments happen when you get out of your comfort zone and dare to push the limits. Shake It Up! will feature a diverse range of styles from captivating, rhythmic tap dancing, exhilarating jazz, sizzling Latin, and graceful hula to the soulful, mesmerizing moves of Bollywood. With all of these plus a few surprises thrown in, you will be kept on your toes. This show highlights the artistry and the cultural richness of dance while each step, spin and turn shows us the magic that happens when we move together. With all the variety of dance styles, there's something for everyone.

Expect bold, beautiful costumes. Each dance is presented with unique choreography. To quote Producer, Mary Adamson, and Director, Kathy Fernandes: “We want everyone to leave feeling inspired to get up and dance.” So come feel the rhythm and let's Shake It Up! together. The event is open to the public. Tickets are on sale now at the Lifestyle desk

(cont' on page 38)

Players

BY SUE VILLARREAL

Our Valentine to You! Quick! Save the dates! On February 14th and 15th the Players Club will present “The History of Dating”, directed by Cathy Shanley and presented in “Short Play” fashion, free of charge, just in time for Valentine's Day! Our first “Short Play Festival” debuted last August, offering Players Club members an opportunity to perform with or without a



Karen Tricomo-Wallace and Michael Torres, “Feelin' Groovy”

Photo by Cindy Griswold

script. It was a huge success enjoyed by actors and audience members alike. “The History of Dating” follows our new “Short Play” tradition, presenting a series of vignettes featuring new and “seasoned” actors all stepping into the spotlight and bringing their unique characters to life.

Dating and building relationships have always been a challenge for would-be lovers, world-wide, for centuries. “The History of Dating” takes us on a journey through time and place, giving us a glimpse of the ridiculous courting rituals of men and women from

(cont' on page 8)

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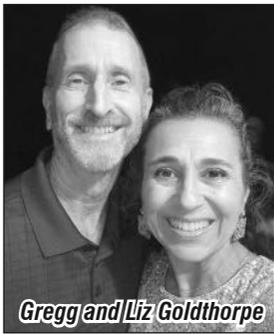
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SUBMISSIONS: The Sun Senior News - Lincoln Hills welcomes announcements from social clubs, charitable

organizations, non-profit organizations, local government and community events. Also, editorial contributions as well as articles, cartoons and photographs are welcomed and considered for publication. Submissions should be 300 words or less and due by the 15th of the month for the following issue, unless the 15th of the month falls on a weekend or holiday, please submit prior to the 15th, or by the Friday before the weekend. Please submit via email to: SunSeniorNews@gmail.com

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Keeping the Art of Speaking Alive — One Voice at a Time

BY MICHELLE COLLETTA

In a world of texts, sound bites, and scrolling thumbs, we are quietly losing something essential: the ability to speak well—to think deeply, organize ideas clearly, and persuade with both heart and reason. Thoughtful public speaking—once the backbone of civic life—is becoming rare. That is why the American Association of University Women (AAUW) Roseville–South Placer (AAUW-RSP is committed to preserving it. For the 17th year, AAUW-RSP presents Speech Trek, a competition between local high schoolers, on Saturday, February 21 at 10 AM at Sun City's Kilaga Presentation Hall, 1167 Sun City Blvd., Lincoln. The event is free and open to the public.

Speech Trek organizers see this as a living classroom where young people learn how to think critically, speak courageously, and engage thoughtfully with the ideas that shape our democracy. This year brings an exciting new dimension. Along with required judge-training program for all Speech Trek judges, the group also offers classes for contestants: how to write a compelling speech, how to deliver it with confidence and clarity, and how to understand the Declaration of Independence.

In celebration of America's Semiquincentennial, this year's Speech Trek topic challenges students to connect the ideals of 1776 to the realities of today. This year's speech Topic: Construct a compelling call to action for the freedom envisioned in the Declaration of Independence. Inspire your

peers and fellow citizens to become stewards of the freedom that was envisioned in 1776—reminding all that the work of independence remains unfinished, and that its ideals demand vigilance, courage, and unity.

Students will write and deliver a challenge to U.S. citizens, urging them to actively defend and realize the freedoms demanded in the Declaration of Independence in today's context, addressing ONE of the following:

- Which freedoms and ideals remain unfulfilled, contested, or threatened today?
- How can individuals and communities revive the spirit of civic engagement and resistance to injustice?
- What concrete social, political, or cultural actions can ensure liberty and equality for all.

All are invited to attend.

Lincoln Police Department Volunteer Program

The program is open to Lincoln Residents, who are 21 years old or older. This is an on going recruiting effort for those individuals who would like to volunteer for either our Patrol Division (vehicle patrol, "Eyes and Ears" in the community) or the Front Office Staff (secured office, "meet & greet, lite phone and office work"). For more information, contact Roy Osborne at 916-645-4081.

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Chabad Jewish Center of Lincoln Celebrates Grand Opening

BY SHAINY HECHT

The Chabad Jewish Center of Lincoln marked a major milestone with a festive grand opening on Sunday, December 21, welcoming community members for an afternoon of celebration, inspiration, and connection. Local leaders joined residents in recognizing the significance

symbolizing the commitment to building a warm, inclusive space for learning, prayer, and community gatherings. Attendees enjoyed the atmosphere of friendship and shared purpose, reflecting the spirit that the center hopes to cultivate for years to come. The Chabad Jewish Center of Lincoln is



Photo Credit: Tesa Richardson Photography LLC

of the new center. Mayor Richard Pearl, City Councilmember Holly Andreatta, Police Chief Matt Alves, and Rabbi Yanki and Shainy Hecht each offered remarks, praising the center's role in strengthening community, promoting understanding, and serving as a welcoming home for Jewish life in Lincoln. A highlight of the event was the unveiling of the dedication plaque,

now located at 448 Lincoln Blvd., Suite 202, and will serve as a hub for religious services, educational programs, and cultural events, providing opportunities for people of all backgrounds to engage, connect, and grow together. To learn more about the Chabad Jewish Center of Lincoln, please visit www.JewishLincoln.com or call 916-258-2418.

LH Foundation Announces 2026 Grants to Strengthen Senior Support Programs

BY DENISE BOWDEN

The Lincoln Hills Foundation enters 2026 with a renewed commitment to supporting the well being, dignity, and independence of older adults. The Foundation has announced the 2026 grants awarded to organizations that provide essential services, food and nutrition and advocacy for seniors. This year's funding reflects a growing recognition that aging adults deserve not only care, but connection, and a strong community network.

A Year of Expanded Investment —

The 2026 grant cycle prioritizes programs that address food insecurity, social isolation, health challenges, and care-giver support. Funding was awarded to a diverse group of nonprofits and community partners whose work strength-ens senior life in SCLH. Our total grant budget for 2026 is \$265,290 an increase of 40% over 2025.

Grant Recipients —

- **Food Security:** Two grants to The Salt Mine support fresh food and pantry boxes, nutritional supplements such as Ensure; as well as a grant to Seniors First as they increase their efforts in SCLH.
- **Caregiver Support:** Del Oro Caregiver Resource Center will continue providing caregiver support and respite services.
- **Senior Wellness, Independence, and Support:** Funding supports a range of wellness and independence pro-grams such as Silver Wishes and peer-support programs, including but not limited to Bosom Buddies, Low Vision, Alzheimer's/Dementia groups, and Multiple Sclerosis support.

- **Digital Literacy & Large Print Materials:** A grant to Friends of the Lincoln Library (FOLL) expands digital access and provides additional large print books.

- **Counseling Services:** Lighthouse Counseling Center is expanding its services and will soon offer on site counseling and grief classes in SCLH.

- **Public Safety:** Community support in a grant to the Lincoln Police Department equipping new patrol cars with defibrillators and support of Neighborhood Watch training activities.

- **Eskaton:** A grant to support the Lincoln Enrichment Café; a facilitated program that affords those with cognitive disorders and their care partners access to resources and connection with others.

A Community Centered Approach —

Grant decisions were guided by direct input from seniors, caregivers, and service providers. Each funded program was selected for its ability to meet the evolving needs of our community and to support the whole person—not just basic necessities.

Looking Ahead —

As these organizations begin implementing their 2026 initiatives, the community anticipates meaningful improvements in nutrition, senior health, and social connection. The Foundation will track program outcomes throughout the year and release a public report in early 2027.

This year's awards reaffirm a simple truth: when seniors thrive, the entire community grows stronger.

EDITORS' NOTE: *The Sun Senior News has always been politically neutral. Our content should be focused on the activities of the clubs, groups, individuals and issues related to being a resident of Sun City Lincoln Hills. Our publication will not publish article content or "Letters to the Editors" regarding Federal, or State election issues or advocacy.*

We ask that Sun City clubs/groups that are, or could be perceived as political, to limit submission content to basic meeting/event/link info, and avoid advocacy. All club/group submissions should focus on that organization only. Submissions should be 300 words or less and due by the 15th of the month for the following issue, unless the 15th of the month falls on a weekend or holiday, please submit prior to the 15th, or by the Friday before the weekend.

Attn: Retired Law Enforcement Officers

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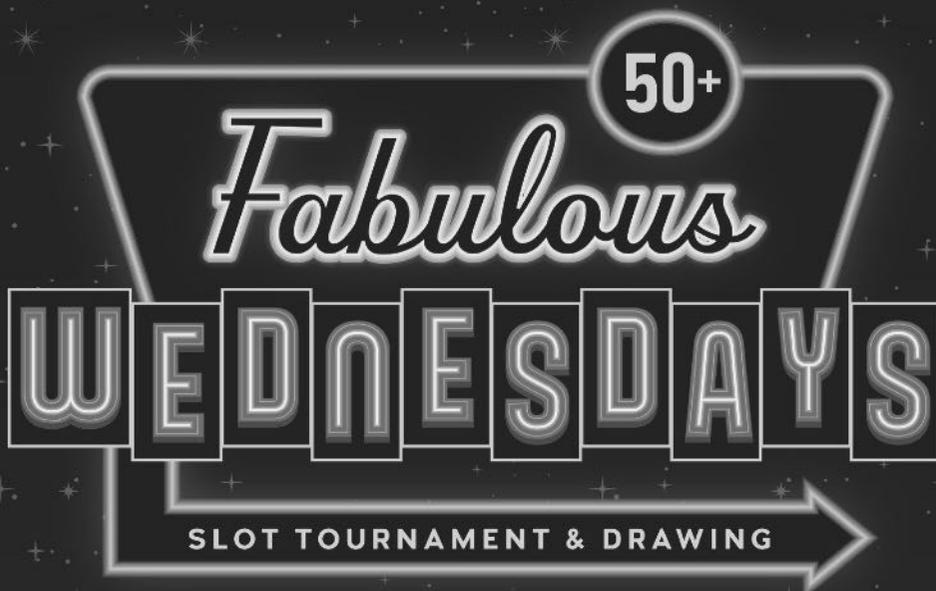
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Share your story. Tell us what these schools mean to you on social media, at school events, or by emailing the district or your school board trustee. Every story helps our community understand why strong, safe schools matter.

TO LEARN MORE AND GET INVOLVED:



Visit the District's Facilities Needs page to get project updates and details about what our schools need: wpusd.org/departments/administrative-services/facilities

Call the Facilities Clerk: **(916) 645-5100**

Neighborhood Watch Shares Community Love and Valuable Information

BY JUDIE FERTIG PANNETON

Neighborhood Watch will show its appreciation for the volunteers who spend time and brain power to serve their neighbors at its annual volunteer appreciation event. Desserts, appetizers and a no-host bar will be featured on March 14, in the Kilaga Springs Multipurpose Room from 6:00 - 8:00 PM. While Mailbox Captains and Coordinators will be honored, others are invited to join in the celebration of these special people who devote their time and show their love for the community. If you would like to attend, please contact executive assistant@schwatch.org so that the group can plan accordingly.

In addition to appreciating its volunteers, Neighborhood Watch is always on the lookout for valuable safety information to help you protect yourself. Thanks to a good relationship with the Placer County District Attorney's Office, Neighborhood Watch is sharing their recommendations: Keep a minimal number of credit cards in your wallet. Use a cross-cut shredder. Photocopy your wallet's contents; remember to copy cards that are two-sided. Only write the last four digits of your credit card accounts on checks you use to pay for them. Monitor bank and credit card statements monthly. Checks ordered from your bank, should be delivered to your bank instead of your home or a group mailbox where thieves might be able to steal them. Check all contractors' license numbers before getting work done and

be wary of large down payments above 10%. To check on licenses, you can contact www.cslb.ca.gov, or call 800-321-2752. Get multiple bids and written contracts for the projects you need completed. Don't be pressured to make immediate decisions. Keep an inventory of all of your valuables (written appraisals and photos of all jewelry and serial numbers for all electronics). Be suspicious of phone calls that say a relative is in jail and immediate payment of cash or credit cards is needed. Phone the "Do Not Call Registry" (1-888-382-1222 or www.donotcall.gov to block scammers.)

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Report Request Service, P.O. Box 105281, Atlanta, GA 30348-5281. Don't leave valuables in your car or items that are visible, including your garage door opener. Lock home, vehicle doors and gates. More information is available on this topic as well as other safety tips at schwatch.org. You can also find a Safe at Home kit to help you identify and remove safety hazards in the place in which you live.

Neighborhood Watch makes a huge difference in our community and is looking for more volunteers to join this fun, supportive and dedicated group. Contact executive director@schwatch.org for more information.

Players

(cont' from page 1)

ancient civilizations to those of our current high-tech generation. In this "short play production", written by Brian D. Taylor, we will be guided through history by "Professor Curio" (Jane Patton) and assisted by her zany assistant "Amore" (Julie Africa), who will introduce each of the time periods we will be visiting including the Colonial period, the Wild West, the 1960s and more. As the song says "The world will always welcome lovers, as time goes by."

Be prepared to laugh, groan, cheer, boo and even sing along with the crazy characters on our stage. "The History of Dating" will play Saturday and Sunday, February 14-15, in Presentation Hall, Kilaga Springs at 3:00. Both performances are free of charge. Arrive early. Seats will fill up quickly!

Please join us the 2nd Monday of each month in Presentation Hall at 4:00. Step into or behind our spotlight!

Vaudeville Show

BY RICHARD HALSEY

So, why did the actor bring a ladder on stage? He wanted to reach new heights in his career.



If you feel compelled to stand on the stage in front of hundreds of people, tell jokes, sing your song, play your banjo, dance your dance, or any combination of the above, the Vaudeville Show wants you! Audition dates are May 13 and 14 from 6:00 PM to 8:00 PM at Kilaga Springs Presentation Hall. Our director Yvonne is standing by at (916-408-2040) prepared to share more details and schedule an appointment for you to show us your stuff. Ask her questions, she has answers. We are anxious to meet you!

The Vaudeville Show, "Anything Goes!" will be presented August 27, 28, 29, and 30, at Kilaga Springs Presentation Hall.

Chorus

BY KARIE GEIGER

The Lincoln Hills Chorus is hard at work preparing an unforgettable Spring concert of country gold classics celebrating the titans of American country western music. This lively performance will bring guitars, fiddles and soaring vocal layers to the Orchard Creek Ballroom May 1, 2, and 3. The choral arrangements will breathe fresh life into beloved songs spanning the heart of the twentieth century. Featuring the lonesome blues of Hank Williams, the velvet tones of Patsy Cline, the gritty depth of Johnny Cash, the crystalline melodies of Dolly Parton, and songs from many more Nashville hitmakers, lifelong fans and newcomers alike will be treated to a masterful blend of heritage and harmony. Tickets go on sale March 17.

(more Club News cont' on page 11)

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Election News: 2026 SCLH Board of Directors

BY JUDY MARTIN, *Election Committee Member*

A new year brings new opportunities—especially for those looking to make a meaningful impact in Sun City Lincoln Hills! As we begin 2026, our community is seeking three new members to join the 2026 Board of Directors, and this could be the perfect moment for you to make a difference.

Serving on the Board is a wonderful way to share your ideas, offer your experience, and help guide the decisions that keep our community thriving. Fresh insights and collaborative energy are always welcome, and your involvement can make a real difference.

Thinking about it? Step Forward!

Pick up a Candidate Information

Packet today at the OC Membership desk. Applications and biographies are due February 17 by 4:00 PM, so now is the ideal time to get started.

Don't let this new year's opportunity pass you by. Decide to run yourself—or encourage a neighbor, who would make a great leader, to run. Imagine working together as part of a team dedicated to the betterment of our community, our neighborhood, and our daily lives.

Step into 2026 with purpose: Volunteer your talents and consider joining the Board of Directors.

For questions, please email: Elections.Committee@sclhca.com



Important Dates —

Candidate Biographies Due	4:00 PM • February 17, 2026
Candidate Application Deadline	4:00 PM • February 17, 2026
Announcement of Candidates	February 18, 2026
Candidate Town Hall/Q&A: KS (PH)	1:00-3:00 • PM March 13, 2026
Candidate Forum: KS(PH)	10:00 AM • Noon March 28, 2026
Ballots Mailed	April 9-14 2026
Ballots Due	May 13, 2026
Election Day/Ballot Counting: OC Ballroom	May 14, 2026
Annual Meeting of Members: OC Ballroom	May 14, 2026
Notice of Election Results: General Delivery	May 29, 2026



Author Lecture Series

BY RITA RUTLEDGE

Meet the Author Lecture Series: Monica Gillman Gavia

Monday, March 2nd • 2:30 PM, Presentation Hall (KS)

Before Griffith Quarry and the town of Penryn, there was Stuart's Flat and an eight-year-old slave girl named Adeline. Come hear local author Monica Gillman Gavia tell the fascinating story of Adeline and how she came to be a slave in the "slave-free" state of California.

Young Monica heard tales from her Penryn neighbor Lucy, who spoke about her mother Adeline. "My momma came from Mississippi to California in a wagon train. She was a slave you know."

This memory left a lasting impression on Monica and inspired her to research Adeline's life story. She spent five years pouring through Placer County archives. She found census, marriage and land ownership records which formed the background for her historical fiction novel.



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Has your chronic back pain made life difficult, unbearable even?
Have you had failed back surgery?
Are you suffering from stenosis, bulging or herniated discs?
Have doctors and specialists offered you pain management techniques that don't really address the problem?

You are not alone. Nearly 38% of the world's population suffer from debilitating back pain. And even more unfortunate, the surgeries recommended to fix you have such a high failure rate that there is a medical term for it, Failed Back Surgery Syndrome (FBSS). FBSS comes with a whole host of symptoms that often make life more difficult than it was before you opted to have surgery and include persistent pain that can affect not only the back, but the neck and limbs as well.

"For our 45th anniversary our children gifted us an Alaskan cruise," shared Max G. of Wheatland, "It's the trip of a lifetime! But while the excitement of exploring the Tundra Wilderness was almost too much to bear, so was my back pain. I've had two failed surgeries and my surgeon keeps pushing for another. One of those fool-me-once situations, but I also didn't want to spend 10 days in a cramped cruise room miserable and taking pain pills."

Not all hope is lost however. We specialize in treating back pain. Whether it's from a disorder, repeated injury, osteoarthritis, or something more complex like FBSS, we are helping people live lives free from pain!

Our patients are typically individuals who have been told they should have surgery but would either have a difficult time going under the knife or have tried that route with little success and decided to explore other options. There is more to healthcare than prescription pills and scalpels. By offering several integrative therapies at Lincoln Acupuncture we are able to combat and treat your pain from several angles ensuring the possible outcome.

We have pioneered non-pharmaceutical, non-surgical innovative medical solutions that not only address the back pain itself, but its cause as well.

Acupuncture has been used for thousands of years to reduce inflammation, increase blood flow, and stimulate the release of endorphins, the body's natural painkillers. To expedite this process, we integrate a targeted microcurrent therapy called ATP Resonance BioTherapy™. This technology was originally developed by NASA to expedite healing and recovery.

In especially complicated conditions they will also utilize BioVantage Regenerative Therapy™, a proprietary technique that makes use of terahertz frequency. We use it today to combat inflammation and in a majority of cases, offer our patients a more permanent solution.

"If you would've asked me 3 months ago if I thought I would feel this good after acupuncture treatments, I would've told you, you're nuts! But I'm a believer! My wife and I are currently booking excursions for the cruise and I'm actually looking forward to it. Before I would've been hesitant to even schedule something like dog sledding knowing my pain was through the roof, but now I can't wait! Obviously I have my kids to thank for this trip but I can't help but take my hat to the team at Lincoln Acupuncture because those ladies are the reason I'm going to truly enjoy this trip."

The staff at **Lincoln Acupuncture** have the skills to help. Your success is our priority.

Ready to schedule your new patient consultation? Call **(916) 884-0398**, a Vitality Coordinator is ready to help you get started living life pain free.

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Music Group

BY BRIAN JEWELL

“Music is love in search of a word.”

The Music Group resumed our regularly scheduled meetings this month. The group meets on the first Monday of every month in our new venue, the Fine Arts Room (OC).

Performing in front of other people is often difficult. But the Music Group provides a friendly environment for anyone willing to step out of their comfort zone to sing and/or play. Of course, spectators are always welcome, and you might meet somebody you can perform with. The Music Group website is [https://](https://lincolnhillsmusicg.wixsite.com/musicgroup)



SCLH Guitar Ensemble performing a Christmas concert at the OC library.

lincolnhillsmusicg.wixsite.com/musicgroup. The password for this website is “musicgroup”. For further information on the Music Group, contact Dan Marcus at 201-741-0920.

The goal of the Music Group is to provide platforms for a variety of musical interests. As

such, there are associated groups and classes that offer fun musical opportunities.

There is also different guitar classes offered every month, and voice training bootcamps for people who like to sing, starting in September. Consult the Compass for additional information.

Anyone who lives in Sun City is eligible to attend any of these groups or classes. Ask to be added to our mailing list (contact Dan Marcus) to keep abreast of our activities. Come feed your inner musician by challenging yourself to learn to play music or enhance the music skills you already have! There are few better ways

to maintain and enhance mental acuity than practicing music! We encourage everyone to visit any of our musical activities.

Line Dance Club

BY SYLVA FOX

We began the New Year with an association Line Dance night on January 9th. These evening dances are open to all line dancer’s living in Lincoln Hills and those dancers living in surrounding communities. Dances are selected by popular demand by the attendees and music is provided by TNT Dynamic DJ Duo.

Our club offers line dance labs on Sunday mornings from 9AM to Noon. Lab sessions are for beginners, improver and intermediate dancers. We also have a Saturday morning lab for Improver and Intermediate dancers. These weekly dance labs are a great way to socialize and make new friends. Line Dancing is a fun way to exercise and a great way to make new friends. The Line Dance club membership application can be found on our website. sclhldc.com

Contact Sylvia Fox foxsam25@gmail.com

Country Couples Club

BY DONNA PICK

The Sun City Country Couples Club started the 2026 year with a Valentine Dance on February 7th at Kilaga Springs. It’s called a “No Frills” Dance because everyone brings their own food and beverages. There is a wonderful chance to listen to music, dance, and socialize with friends.

We are now having our membership drive. There is a low cost of \$10 per person for a year of great fun with lessons on Monday evenings, practices on Saturdays, dinner get togethers during the month, picnics, and other fun activities during the year. We also have cruise trips arranged by Jim and Deb Christie. They are looking into a West Coast and Canada Cruise in 2027.

We love to have fun. We love, love to dance. We love to meet new people. We would love to have you join our group. If you are interested, please contact Dtim at 279-966-8551.

Square Dance

BY KRIS KNUTSON

The reason our square dance club meets on Mondays is because it’s just the best way to start the week. You see square dancers like to fool Monday, it arrives stiff, grumpy and even blue. So, we circle up and tell it where to go. By the third do-si-do, Monday forgets to complain. By the final swing Monday is clapping and smiling to the beat nothing straightens out

a crooked week faster than making Monday promenade left and bow to its partner.

If you’d like help with your Monday, you’re welcome to come by Kilaga Springs (1167 Sun City Blvd Lincoln) of course on Monday from 1:00-3:00 pm. We dance mainstream and plus levels at that time. Tuesdays 3:00-5:00pm is Advanced Squares and Thursdays 1:00-3:00pm Round Dancing.

For more club information visit our website selhsquares.weebly.com. All Square Dancers welcome.

Ceramic Arts Group

BY MIKE BRADY

Happy New Year to all! It’s a great time to give ceramics a try. Fulfill your resolutions to get out and try new things in Sun City. We have a new full-time instructor, Jim Carnathan. Jim is a long time SCLH resident and very experienced potter. We also have a new first time potter orientation group in March! Anyone can drop in the studio on any Friday,



Current project from a new member, ready for glazing.

for free!

Members will be there to help you get started. The studio is also open Wednesday and Saturday 9-4 and Sunday 12-4. These days require membership in the ceramics art group, (CAG) which is only \$25 per year!

Members will also help you get oriented on my of those days. See the Sun City Compass for organized class hours on Tuesday and Thursday if you would like more help and structure. Come give it a try! No experience required.

(more Club News cont’ on page 13)

Ballroom Dance

BY ERNIE MICHELI

The Ballroom Dance Club has a fresh dance schedule for the new year! February lessons are for the Foxtrot. The Foxtrot is named after Vaudeville actor Harry Fox, who made it popular around 1914 by adding quick trotting steps to ragtime music. Audiences started calling it “Fox’s Trot,” which eventually shortened to Foxtrot. But it’s likely that African American dancers came up with the dance before Fox.

A foxtrot is a smooth, flowing ballroom dance. It’s made up of long, graceful walking steps (slows) and short, quick steps (quicks). This creates a “slow-slow-quick-quick” or “slow-quick-quick” rhythm



Judy and Peter Snodgrass

that glides across the floor with elegance. It’s often played to big band music, which emphasizes poise and effortless movement.

Just a heads up, the class times have changed a bit. They’re still on Tuesday, but the beginners’ session starts at 2:15 p.m.; the intermediate session is at 4:00 p.m.; and the open dance session is at 3:15 p.m.

Annual membership dues are available to residents and sponsored guests for a small fee of \$10. Lessons are held in the Kilaga Springs Lodge Multipurpose rooms

each Tuesday. If you have any questions, feel free to reach out to Sal Algeri at 916-408-4752 or visit the Ballroom Dance Club website at sclhbdc.com.

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Lincoln Hills October Sales Snapshot

Address	Street	Approx SqFt	Orig. Price	Selling Price	Floorplan
2838	Coopers Hawk Loop	1195	\$485,000	\$485,000	Calaveras
1645	Hackberry Lane	1515	\$569,000	\$549,000	Pine Hill
926	Gold Nugget	1515	\$539,950	\$530,000	Pine Hill
2810	Kingfisher Lane	1531	\$585,000	\$530,000	Alpine
145	Northfield Court	1626	\$519,988	\$495,000	Lassen
1347	Freschi Lane	1655	\$615,000	\$560,000	Trinity
210	Harper Court	1673	\$611,000	\$540,000	Trinity
1181	Segolily Lane	1777	\$550,000	\$547,500	Tehama
1347	Rose Bouquet Lane	1791	\$679,000	\$638,700	Tahoe
2166	Walden View Lane	1793	\$659,000	\$640,000	Tehama
3066	Coopers Hawk Loop	1795	\$590,000	\$595,000	Tehama
1709	Cottage Rose Lane	1873	\$670,000	\$670,000	Orchard Crest
1826	Beckwith Lane	2068	\$724,900	\$720,000	Tahoe**
1181	Magnolia Lane	2073	\$711,000	\$690,000	Annadel
440	Shadow Lake Court	2151	\$819,000	\$760,000	Sausalito*
1554	Summerhill	2151	\$950,000	\$950,000	Sausalito*
1896	Andover Lane	2190	\$769,000	\$730,000	Orchard Crest**
1047	Overland Lane	2258	\$949,000	\$863,000	Napa
2262	Kingfisher Lane	2513	\$899,999	\$860,000	Marin
1647	Gingersnap Lane	2612	\$965,000	\$829,000	Springcrest*
2076	Stonecrest Lane	2612	\$950,000	\$849,000	Springcrest*
2182	Pebblestone Lane	2801	\$989,000	\$945,000	Meadowgate
2283	Blue Heron Lane	2832	\$999,000	\$1,035,000	Sonoma

*Open Space/Golf Course

Total Homes sold in Sun City per MLS 10/1/25 - 10/31/25

Lincoln Theatre Company Serves Up Farce with Don't Dress for Dinner

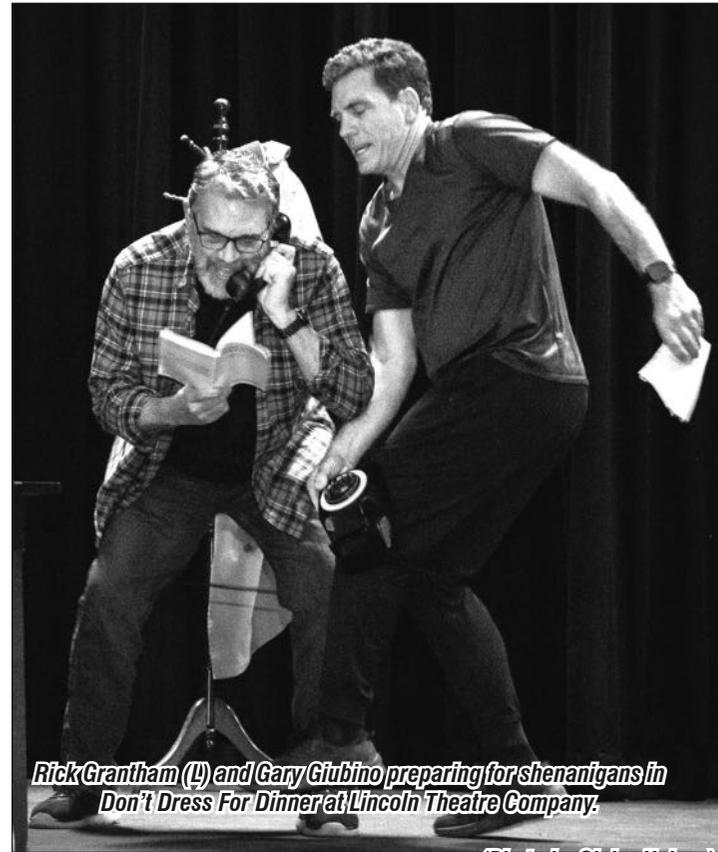
BY PEGGY SCHECHTER

Lincoln Theatre Company invites audiences to escape the winter chill and step into a world of elegant chaos with its upcoming production of Don't Dress for Dinner, opening February 13 and running through March 1.

Written by celebrated French playwright Marc Camoletti, the comedy is one of the most successful farces in modern theatre history. Known for razor-sharp dialogue, rapid pacing, and masterfully constructed misunderstandings, Camoletti's work has delighted audiences around the world—and now comes to life on Lincoln Theatre Company's stage.

Set in a stylish French country home, the story follows Bernard, who has planned what he believes will be the perfect romantic weekend with his mistress while his wife, Jacqueline, is away. He has arranged for his best friend Robert to provide an alibi and hired a cook to prepare gourmet meals for the occasion. Unfortunately, every detail unravels spectacularly. Jacqueline returns early. Robert shows up with romantic intentions of his own. The cook arrives expecting a quiet weekend job and instead finds herself pulled into an ever-growing web of lies, disguises, and improvised relationships. What unfolds is a breathless comedy of errors featuring mistaken identities, secret engagements, shifting alliances, and doors that never seem to stop opening and closing.

The play offers both sophisticated humor and broad comedic moments, appealing to longtime theatergoers and newcomers alike. Its clever structure builds steadily toward outrageous complications, keeping audi-



Rick Grantham (L) and Gary Giubino preparing for shenanigans in Don't Dress For Dinner at Lincoln Theatre Company.

(Photo by Claire Haines)

laughing from the first scene to the final curtain. Lincoln Theatre Company's production features a talented ensemble cast including LTC favorites Serena Olson, Stephanie Dyan, Kim Osteen-Petreshock, Gary Giurbino and Drew Mayes. They are joined by Rick Grantham for his first LTC role. Add an elegant scenic design by Brandon Hunter and period-inspired costumes led by Patty Allison. The set and costumes enhance the play's refined setting while contrasting hilariously with the escalating madness onstage.

Performances run February 13 through March 1. Tickets are available online at www.lincolntheatrecompany.org or through the Lincoln Theatre Company box office at 916-409-7030.

For anyone in need of laughter, romance gone wrong, and a reminder that even the best-laid plans can spiral into delightful disaster, Don't Dress for Dinner offers the perfect theatrical afternoon or evening.

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Mixed Media

BY JILL SHORT

February offers a wonderful opportunity to explore creativity in a supportive and inspiring atmosphere at the Mixed Media Club. This month's meeting invites members to take part in a semi-guided art experience that introduces an engaging new technique while still allowing plenty of room for individual expression. Designed for artists of all experience levels, the project provides gentle structure for beginners and creative freedom for more seasoned participants. February's focus is on slowing down and enjoying the creative process rather than striving for perfection. Members are encouraged to trust their instincts, experiment freely, and embrace unexpected results as part of the artistic journey. Often, these moments of discovery lead to the most meaningful and rewarding outcomes. The relaxed and welcoming environment also offers opportunities to share ideas, ask questions, and draw inspiration from fellow artists.

For those looking to extend their creative experience, an optional art challenge is available. Participants are invited to choose one magazine and use it to create a collage. Mark making tools and a small amount of paint may be added if desired—there are no other rules. Those who take on the challenge are encouraged to bring their completed collage to the February 18 meeting to share.

The Mixed Media Club is about more than making art; it is about building connections through creativity and community. Join us this February for a semi-guided project that encourages curiosity, confidence, and creative growth.

The Mixed Media Club meets on the third Wednesday of each month in the Fine Arts Room (OC). Please note our updated 2026 meeting time: 12:00 PM–3:00 PM. RSVP is kindly requested. For more information, contact Chris Fetter at 916-276-7895 or email mixed.media.chrisf@gmail.com

Needle Arts

BY JAN HESS

Now that we are settled into 2026, it is time to begin or renew a hobby. Needle Arts includes all areas of needlework with specialty breakout groups regularly meeting for knitting, crocheting, quilting, crosstitch, needlepoint and community quilts. Please check our website for day and times, or the posted schedule on the door of the OC Needle Arts room. Our general meetings are held the second Tuesday of the month at 12:30 in P-Hall (KS). We enjoy interesting presentations as well as showcase our own talents. Our membership dues are \$25 per year which includes presentations, breakout groups, newsletter and camaraderie. We encourage new people to check us out. Join us for a creative and fun 2026!

Creative Glass Club

BY SUSAN HAAS

The Creative Glass Club is a community of glass enthusiasts who enjoy learning, sharing, and creating together. We are inviting you to try a new year of art endeavors! Yearly dues \$20. Members work on a variety of projects, including stained glass, fused glass, and mosaics. We offer workshops for both beginners and advanced artists. Non-members

can start with an introductory glass-cutting class, while members can choose from a variety of technique-based workshops taught by members. We meet the 1st and 3rd Tuesday evenings 6:00-8:30 and 4th Thursday 9:00-noon.

Come Join! We can't wait to meet You! Contact Corene 925-813-8385.

Painters' Club

BY TAMSEN ARMSTRONG

Apologizes for the inaccurate information about our meeting days as noted in last month's article. We meet every third Tuesday, not Thursday. This month we are delighted to welcome three new board members: Cathy

Edgar, Janette Olcott, and Joan Kline. Co-President Susie Crawford has lined up some exciting programs and events for this year and will share the details at our General Meeting on the 17th. This meeting will also feature our "Up Close" Challenge where we show our themed paintings and vote for our favorites. That cute little café Simple Pleasures will once again be showing our paintings starting on February 2nd with the show running until June 1st. If you've been putting off renewing your membership, time is almost up! Dues are \$20 per year, \$30 for families, due by the 28th of this month.

Paper Arts Club

BY LINDA LUCCHETTI

Quote of the month: "Card makers don't make mistakes — they create 'limited edition' designs."

February 5 marks the return to our general meetings and projects. As we continue another year of creativity and camaraderie, please bring in cards for display in the window. Check out this month's theme that is all about red, pink, and Valentines, of course! Thank you to Ann Johnson and Anne Handling for taking over the lead in organizing the window. Our appreciation goes out to Cheryl Ramm and Susan Goodrich for doing this task for many years.

We meet on the first and third Thursday of the month in the Terra Cotta Room at Kilaga Springs Lodge at 9:00 AM for general meetings and Open Lab. Check the monthly newsletters (email) for updates. For further information, contact: Pam Abad, pamabad@att.net



(more Club News cont' on page 16)

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15 DAY HAWAII from SFO! PRINCESS		\$1,199	\$1,449	\$1,799
Ruby Princess ~ 3080 Passengers	Mar 18, Oct 23, Nov 29, 2026 & Feb 12, 2027			
Sail round trip from San Francisco, California to Kauai, Nawiliwili Hawaii; Honolulu, Hawaii; Maui, Lahaina, Hawaii; Hilo, Hawaii; Ensenada, Mexico, San Francisco, California.				
*ROUND TRIP LINCOLN SHUTTLE TO SHIP AVAILABLE!				
10 DAY ALASKA From SFO! PRINCESS	May 23, Jul 12, Aug 11, 2026	\$1,099	\$1,599	\$1,749
Ruby Princess ~ 3080 Passengers				
Sail round trip from San Francisco, California to Juneau, Alaska; Skagway, Alaska; Hubbard Glacier, Alaska; Ketchikan, Alaska; Victoria, BC, Canada; San Francisco, California.				
*ROUND TRIP LINCOLN SHUTTLE TO SHIP AVAILABLE!				
22 DAY PANAMA CANAL Reposition CUNARD	Sep 24, 2026	\$2,289	\$2,689	\$3,389
Queen Elizabeth~ 2081 Passengers				
Sail from Seattle, Washington to Miami, Florida visiting Los Angeles, California; Cabo San Lucas, Mexico; Puerto Quetzal, Guatemala; Fuerte Amador, Panama; Transit the Panama Canal; Willemstad, Curacao, Oranjestad, Aruba, Miami, Florida.				
16 DAY PANAMA CANAL PRINCESS	Sep 29, Oct 4, Dec 3, Dec 28, 2026	\$1,939	\$2,399	\$2,699
Various Princess Ships				
Sail from Los Angeles, California to Fort Lauderdale, Florida visiting Puerto Vallarta, Mexico; Puerto Chiapas, Mexico; Puntarenas, Costa Rica; Fuerte Amador, Panama; Transit the Panama Canal; Oranjestad, Aruba; Fort Lauderdale, Florida.				
26 DAY SOUTH PACIFIC Reposition ROYAL CARIBBEAN	Sep 26, 2026	\$3,959	\$4,253	\$4,520
Quantum of the Seas ~ 4180 Passengers				
Sail from Los Angeles to Brisbane, Australia visiting Catalina Island; Kailua Kona, Hawaii; Honolulu (2 Days in port), Hawaii; Raiatea, French Polynesia; Papeete, Tahiti; Moorea, French Polynesia; Cross the international Dateline; Brisbane, Australia. Call for details.				
28 DAY JAPAN Reposition HOLLAND AMERICA	Sep 13, 2026	\$4,779	\$5,249	\$6,349
Westerdam ~ 1916 Passengers				
Sail from Vancouver, B.C. to Tokyo, Japan visiting Ketchikan, Alaska; Kushiro, Japan; Amori, Japan; Tokyo Japan; Osaka, Japan; Kochi, Japan; Hiroshima, Japan; Busan, South Korea; Sakaiminato, Japan; Tsuruga, Japan; Toyama, Japan; Sakata, Japan; Hakadate, Japan.				
29 DAY CANADA, NEW ENGLAND & ICELAND	Jun 20, 2026	\$5,639	\$6,119	\$11,569
Volendam ~ 1432 Passengers HOLLAND AMERICA				
Sail round trip from Boston, Massachusetts visiting Portland, Maine; Sydney, Nova Scotia; Saint Pierre and Miquelon; St. Johns, Newfoundland (2 Days in port), Canada; Isafjordur, Iceland; Akureyri, Iceland; Seydisfjordur, Iceland; Djupivogur, Iceland; Heimaey, Westman Islands, Iceland; Reykjavik (2 Days in port), Iceland; Qaqortoq, Greenland; Nanortalik, Greenland; Corner Brook, Newfoundland, Canada; Cap-aux-Meules, Iles de la Madelein; Halifax, Nova Scotia; Boston, Massachusetts.				

Prices are per person based on double occupancy, specific sailing dates and subject to availability at the time of booking. Taxes, Fees, & Port Expenses as well as Travel Insurance are additional. Please call for current availability and pricing.

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CST # 2033380-40 Updated February 2026



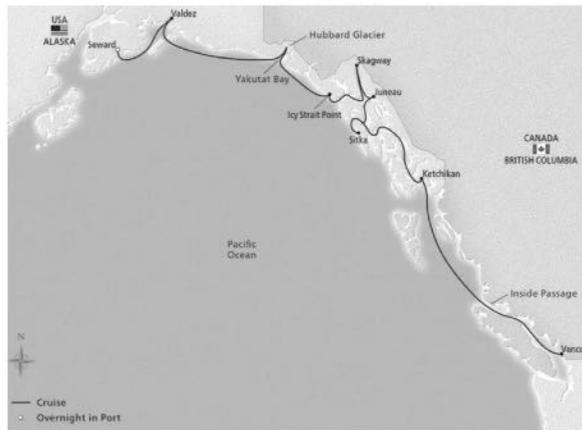
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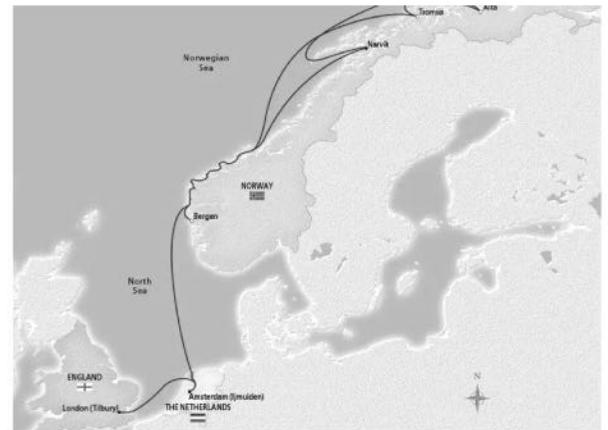
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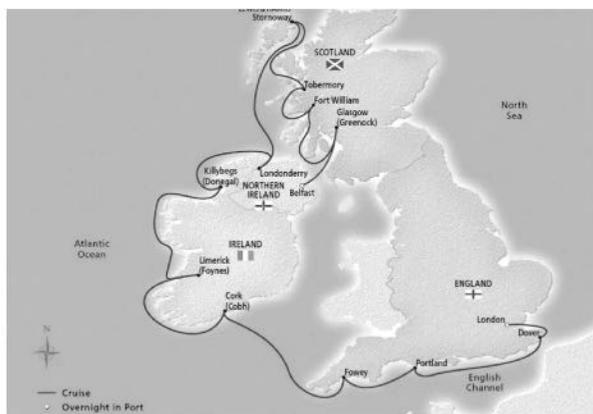
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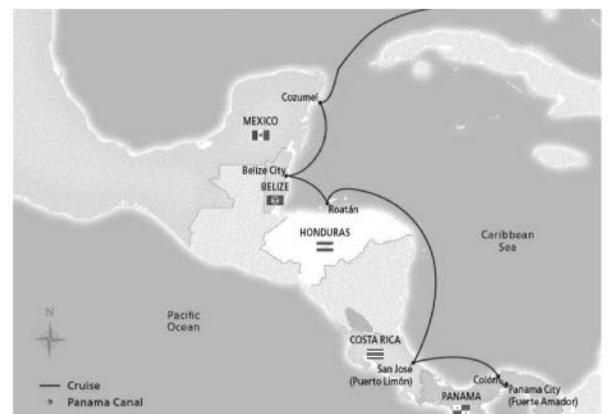
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Photography Club

BY DIANE MARGETTS

Wayde Carroll, was our presenter for January. He shared incredible photos of people, landscapes, and adventure in many far-flung regions around the world. Wayde's specialties include adventure lifestyle and travel, native Alaskans, architecture, and environmental portraits. He also leads photography tours and workshops around the globe and is the founding member of Lightminded Photo Tours.

Local and regional field trips are one of our club's greatest perks! In March, our very own Truman Holtzclaw will lead an incredible adventure to Death Valley, a Photographer's Paradise! We will photograph the "HOT SPOTS" and some of the secret spots as well - everything from petroglyphs to moving rocks. To get everybody primed, at our February general meeting, Truman will showcase images collected over a 30-year period which will cover just about all aspects of Death Valley. "Hang on!"

Thinking about joining the Photography Club? Our Club is not only for people with big cameras, complicated buttons, and lots of technical jargon.

Some of our most enthusiastic members are creating wonderful images using the camera they already carry everywhere—their smartphone.

Our club offers easy-to-follow classes on smartphone photography, from the basics of taking better pictures to learning handy tips that can instantly improve your photos. We also offer Special Interest Groups specifically for iPhone and Android users. If post-processing is your passion, we offer editing classes using popular smartphone apps, showing how a few

simple adjustments can turn a good photo into a great one.

We always welcome new members. Whether you prefer a digital camera or a smartphone, the greatest news is you don't need experience; you just need curiosity and a willingness to have fun. So come learn, laugh, and see the world a little differently—one photo at a time. You can sign up at any of our monthly General or Photography Special Interest Group Meetings. For information of meeting times and schedules, please check out our website.

Contact: Diane Margetts; 916-955-1809
Website: <http://www.lhphotoclub.com>

• • •

Woodcarving Club

BY LIONEL RAINMAN

If you are thinking about getting into wood carving, you will find it is a rewarding hobby that combines creativity, patience, and hands-on craftsmanship. With just a few basic tools, beginners can start shaping wood into decorative or functional pieces. Common tools include carving knives, gouges, and chisels. Safety equipment like cut-resistant gloves are also important when working with sharp edges on tools.

Choosing the right wood makes carving easier and more enjoyable. Soft woods such as basswood, pine, and butternut are popular with beginners because they are easier to cut and are forgiving. Harder woods like oak, maple, and walnut are often used for detailed or durable projects once skills improve.

Joining a woodcarving club offers many benefits. Our club provides access to

(cont' on page 17)



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Woodcarving Club

(cont' from page 16)

experienced members who share techniques, tool advice, and encouragement. Learning alongside others helps improve skills faster and makes woodcarving a more social and enjoyable hobby.

We meet at Kilaga in the Sierra Room on Wednesday from 1:00 to 4:00 PM. Please come visit and meet our group of carvers.

•••

Stamp Club

BY TIM MILES

We're into 2026 and are back to our standard routine. Our meetings are usually twice a month on Tuesday nights at 6:30 pm at the SC Roseville Lodge (7050 Del Webb Blvd). We're usually finished by 8:30 pm.

Our February meeting nights are the 10th and the 17th due to Lodge booking commitments. The March bookings are not set up yet, as of this writing.

We are the oldest stamp club in No. California as far as we can determine.

Our meetings are packed with exhibits, access to a dealer or two, any kind of supply for the philatelic collector at reduced prices to standard costs (sheets, pages, albums, protectors, etc. We have door prizes and drawings, games, and a lot of fun.

Our \$20 dues for 2026 are now being solicited.

Please note that, from time to time, we have "open garage" meetings at Al Capparelli's house, during which you can specifically add to your collection. The dates for February are the 19th and 20th. Call him (916-771-8288) to

book an appointment.

Make sure that our secretary, Lee Coen (leejcoen@gmail.com) has your email address as his emails are more timely than any of the other methods we use to communicate with you.

As we always say, if you have an "old" stamp album lying around your house, come to a meeting (no charge) and we can appraise it for you, as to current value. We have a full set of stamp catalogs at all the meetings.

•••

SCLH Writers' Group

BY RAY BIRGE

February, the shortest month of the year, is here and the holidays are behind us. With 28 days, except for every four years (Leap Year) when we have 29 days, February ushers in our coldest winter months. It is famous for Valentine's Day, Groundhog Day and being the only month that can occasionally not have a full moon. Most importantly, the Super Bowl is played on the first Sunday in February.

Remember, if you can't laugh at yourself, someone will do it for you.

- February can't March, but April May!
- Why do people talk less in February - (Because there are fewer days!)
- What is the best month to tell a lie? - (It's FIB-ruary!)
- A writer walks into a bar. The bartender says, "Have you written 1000 words today? You told me to not serve you a drink until you hit your word count." A writer walks out of a bar!

We're proud to be the SCLH Writers' Group dedicated to encouraging the growth and development of members in meeting their individual writing objectives. We want to be the most creative organization possible

by providing feedback and constructive suggestions to our members and having fun doing it!

Often the social interaction is more important than projects. We author short stories, novels, poetry and even memoirs. Remember, if you can tell it, you can write it!

Bring 14 copies of your masterpiece with 1,300 words or less to share at our next meeting or just visit and check us out! We meet on the 2nd and 4th Monday each month from 5 to 7 pm in the Computer Room (OC). Hopefully, we'll see you there.

Any questions call Ray Birge 909-965-3558 or raybirge@aol.com

•••

Lavender Friends

BY JOAN LACKTIS

January is generally a quieter month for Lavender Friends. After the busyness of the holiday season, we got down to business at our biannual general meeting, which featured a packed agenda. We have started a tradition of following our business meeting with a pizza party to mix in a little pleasure. We also had our every-other-month birthday gathering at Meridian's for a chance to get together and visit over breakfast.

But don't worry, our ACE group is busy planning a full schedule of outings for the coming year, starting this month with throwing axes at Get Axed, which it's been said is cheaper than therapy. Check the Weekly for announcements and sign-up opportunities.

And whether you love football, presidents or the one you're with, February has something to celebrate. So, take the opportunity on one of these holidays to gather with friends, Lavender or otherwise, and show yourself some love

this month.

Lavender Friends is a club for LGBTQ residents and their allies; check out our website at lavenderfriends.com.

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Genealogy Club

BY NANCY SWITZER

Can you make sense out of the Census? How about the Census from other countries?

Our February 20, 2026, 10:00 AM Zoom Meeting at Presentation Hall (KS), is named, "Census Around the World," and she will enlighten us on this topic. Census documents are valuable because you can get a snapshot of an ancestor's household. While most are familiar with the Census of the United States, this is an exploration of what other countries found in their census data.

Denise Beeson, who has taught us before, has been an Adjunct Instructor in the Business Dept. at SRJC for over 25 years. She is now teaching in the Lifelong Learning Genealogy classes.

She is a member in good standing in the Sonoma County Genealogical Society and has an on-going interest in genealogy for over 15 years.

We are still seeking a Vice President. Please consider helping the Club in this way.

Suggestions for future Presentations, contact Kate McCarthy at starkayak@icloud.com

Kate offers a Genealogy workshop open to all residents, 2nd Mondays from 1-3 PM, Computer Room (OC). Kate has started some new classes, so be sure to check the Website for updates. Her February Class is

(cont' on page 19)

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Genealogy Club

(cont' from page 17)

aimed at Advanced Students, with the topic: "Organizing, Preserving and Using Old Photographs in Family History." Questions, contact Kate at 916-975-5052 or starkay-ak@icloud.com and leave your question with contact information.

Coffee, Cookies, and Chat after the meeting in the Kilaga Café.

Contact: Rita Perada 510-710-5704, ritaperada@gmail.com

SCHOOLS

BY PATTI KINGSTON

The SCHOOLS organization is always looking for volunteers in K through 5 in our elementary schools. Some volunteers help with paperwork, but most enjoy working directly with the children. Many volunteers are in the classroom 1 day a week for a few hours. They follow the teacher's guidance and collaborate with her. Most say they love being part of the community and "giving back" by volunteering. Teachers rely on the extra help and appreciate every hour the volunteers spend in the classroom. For more information on volunteering in Lincoln elementary school, contact Cyndi at ccolloton@yahoo.com

The district will provide the steps needed to become a volunteer; a TB clearance from a medical professional and being fingerprinted. Those things can be easily taken care of. The district pays for finger printing. If you would like to join the SCHOOLS Steering Committee, contact Patti at pkingston@att.net

If you are interested in tutoring Math, History or English at Phoenix High School contact Irma at jmeidm@aol.com. You may be asked to tutor during the Fall 2026 semester.

Astronomy Group

BY BARBARA SWERDLOW

Space the final frontier! Interested in learning about our solar system, deep space discoveries, and current space projects? These topics and more are presented at our monthly meetings. Meetings are held the first Wed. of every month, except July and December, at P-Hall (KS) at 6:45pm. Our March speaker will be Raj Dixit presenting, Celestial Objects of Spring.

Our Telescope interest group invites interested people to view space objects at our monthly star parties, which are held, weather permitting, at the upper tennis courts. Check website for updates and times.

Our Cosmology interest group explores the history and development of the universe. Meetings are held monthly at Orchard Creek. Check the website for details.

Website: lhag.org, contact: Cindy Van Buren rvbcvb@att.net

Apple User Group

BY NINA MAZZO

Hello everyone! Welcome to our 2026 Board of Directors – President: Chuck Tyler, Vice President: Ken Spencer, Secretary: Terri Mitsuoka, and Treasurer: Gerry Esker. We also have a fantastic team of volunteers who help us with membership, videography, tech support, programs, and more.



Chuck Tyler - President



Ken Spencer - Vice President



Gerry Esker - Treasurer



Terri Mitsuoka - Secretary

Now, let's take a look at what's happening in February. On Thursday, February 5th, Jim Moon will be giving us a presentation called "Numbers is to Apple as Excel is to Microsoft." He will introduce you to the basics of Numbers in Part 1 of a series. You will come away from this presentation with your numerical inhibitions unchained and your imagination set on fire in anticipation of the second in this series to follow on March 5. Manage and sort data, create schedules, and analyze your monthly and yearly budgets. The meeting will begin with Ask the Tech at 6:45 p.m. followed by the presentation at 7:00 p.m. in the Presentation Hall.

On Tuesday, February 10th, Ken Spencer will be sharing his expertise on photography. We'll have more details coming soon, so stay tuned! The meeting will begin with Ask the Tech at 6:30 p.m. followed by the presentation at 7:00 p.m. in the Presentation Hall.

And on Monday, February 23rd, Ken Caswell will be presenting (details to follow). Ask the Tech begins at 10:15 a.m. followed

by the presentation at 10:30 a.m. in the Presentation Hall.

To learn more about 2026 dues renewal and membership information, visit our website at www.LHAUG.org. Our general phone number is (916) 913-6833, but please remember that we only accept voice messages, not texts.

We hope to see you at our upcoming presentations, and if you are unable to attend, most are videoed and available to view at our website.

Airport Co-op

BY GINNY SATO

Need a Ride to the Airport or Amtrak? Join the Lincoln Hills Airport Co-op! The Lincoln Hills Airport Co-op makes getting to the Sacramento Airport or the Amtrak station easier, more affordable, and more neighborly. This member-run service is perfect for residents who want a convenient way to coordinate airport or train station drop-offs and pick-ups, without the high cost of commercial ride services. Members volunteer to either give or receive rides. There is also a \$15 yearly membership fee per household. For more information, contact Ginny Sato at gsato2002@yahoo.com

Travel Group

BY LINDA BEVINS & JOANNE SCHUMACHER

Thank you to all who attended our January Travel Show. The LH Travel Group is embarking on a new year of exciting fun, meeting new people and sharing incredible memories as you travel to new destinations around the world.

Did you know The LH Travel Group has their own Facebook group? It is free but you have to apply to join the group. Our committee member, Lisa Viviano is our Facebook administrator, leading this wonderful addition to our club!

To join our Facebook group, you must have an active Facebook account. Search for "The Lincoln Hills Travel Group" in Facebook and click the Join or Join Group button. As soon as you are accepted, you can begin to enjoy news on trips coming up and posts from other members who have traveled on some amazing trips. You can also post photos and comments about your Travel Group trips. If you aren't a "poster" but want to share your travel pictures and memories, send them to Lisa who will post on our Facebook page for you.

Be sure to check out our website of LH Travel Group - lincolnhilltravelgroup.com.

Our tours are listed with links to the trip brochures as well as the sign-up pages. Unless noted, all trips include airfare and rides to/from the airport.

All travelers on our trips must be members, but you do not have to live in

SCLH to be a member. Membership application is on the website; dues are \$15 per year. Membership includes our special newsletter 6 times a year with advance notice of tours, and special discounts on certain tours. So, become a member and keep up with all the news and happenings of the LH Travel Group!

LH Travel Group Leaders: Joanne Schumacher 415-999-1242 jkschuma-cher1@gmail.com, Lisa Viviano 916-798-7462 lisav4747@gmail.com, Pam Speck 925-389-6302 joepamspeck@gmail.com, Linda Bevins 916-666-7627 djbe-vins17@gmail.com, Louise Kuret Auerbach 916-408-0554 louisekuret@att.net, Lyle Auerbach 916-847-6544 lea925@att.net

Shalom Social Group

BY JUDY GANULIN

Shalom Social Group members are excited about our new status as a Sun City club! We have a busy calendar: the Men's Club brunch January 18 featuring our own Marty Maisel; our January membership meeting where staff from the California Department of Financial Protection and Innovation educated us on protection from financial scams; Women Together heard Wellfit manager Danielle Merrill February 10; our annual Purim breakfast will be March 1; and our Men's and Women's groups will meet jointly on April 18 to hear Lincoln Mayor Richard Pearl. Our club centers on Jewish history, culture and food, but membership is open to all. New members are always welcome. For more information about membership and our activities, please contact Margie Gulko, 916-543-5303 or Deanne Iliff, 530-518-3704.

(more Club News cont' on page 20)

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LH Italian Club

BY ANNE (CORSAO) FINN

We've kicked off 2026 with a bang! If you joined us for our annual crab feed in January, you know why it's one of our most

Please be sure to check out our website at www.lhitalianclub.org for details on these and other exciting events scheduled throughout the year. For membership information, contact Sandi Graham at 916-826-5711.

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popular events. The sold-out crowd was treated to a great evening of food, friendship and fun. There is more to look forward to in the coming months! Starting on February 12 in P-Hall (KS), is a showing of "Cabrini", the story that depicts the life of Catholic missionary Francesca Cabrini. Get a head start on Valentine's Day and bring your sweetheart to the movies. Then on March 15 in OC, you won't want to miss out on our very own comedic rendition of "Romeo and Juliet".

Food Adventures Club

BY PAUL R. WANKLE

2025 solidified our reputation as a premier "foodie" club within SCLH and together, we navigated a calendar packed with a wide range of food events ranging from intimate tastings to grand culinary celebrations with virtually every event being "sold out."

Our educational sessions, led by some

(cont' on page 21)



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Food Adventures Club

(cont' from page 20)

creative chefs, provided more than just techniques, they offered a window into the passion behind the plate. But beyond the recipes, it was the SCLH connections that truly mattered. Your laughter and shared stories turned simple meals into genuine adventures, proving that your enthusiasm is the secret ingredient to our collective success.

Get ready because we are preparing an even more delicious 2026! To better serve our diverse palate, we are thrilled to introduce specialized "subgroups." These smaller circles will allow members to dive deeper into specific interests, such as:

- Fine Dining: Exploring the heights of gourmet cuisine.
- "Cooking Together": Hands-on collaborative kitchen sessions.
- Adult Beverages: Curated tastings of craft spirits, wines, and brews.
- And more!!

Based on your feedback, we are also increasing the frequency of specialty dinners at the Solarium while maintaining our popular quarterly meetings and other well received events. We aim to make this our most flavorful year yet, promising more opportunities to learn, laugh, and dine as a community.

Contact Debbie Clawson, debdeb53@yahoo.com, for membership information.

...

Singles

BY KATHY SHADDOX

We kick off on Sunday, February 1st at 4:00 pm with our monthly Birthday Celebration. Guess what? We moved our event to the Terra

Cotta Room in Kilaga Spring Lodge (across from the Billiards Room. Lots more room with, of course, a no-host bar! If you are a member and were born in February, join us and receive your free birthday drink. Dennis Doane with lead us in singing to you.

Drop by the OC Computer Room on Tuesday, February 3rd at 4:00 pm and see how our Activities Meeting plans our events with our activities chair, Sarah Lambrose. Bring new ideas with you.

Our monthly Business Meeting led by our President, Chuck Pineau, will be on Thursday, February 12th at 5:30 pm in the OC Ballroom. Following the meeting, stay and play in our Horse Races. Be sure to bring \$5 for each race you sign up for. We have 6 horses racing in each race. See if your horse wins, places or shows.

Join us for our 2nd Saturday Breakfast on February 14th at 9:00 am in the Sports Bar. No reservations needed. Come and order anything you wish off the menu. We might have a Valentine treat for you. Dennis Reid, our host, will greet you! Nice way to chat with other members.

Our social for this month will be on Wednesday, February 25th at 5:30 pm in the OC Ballroom, "Singles Got Talent 3". If you have talent and haven't signed up yet, you have until February 12th. P.S. No prizes, just entertainment!

We still play Bocce every Wednesdays at 2:00 pm.

Call our membership chair, Donna Hartigan 916-408-1405, and you can join in our activities.

...

Veterans Group

BY STEVE WITMER

Don't miss the February 19 general membership meeting at 1:00 p.m. in the Kilaga Springs Presentation Hall when retired Air Force Colonel and Lincoln Hills resident Frank "Fuzzy" Furr, who flew the U-2 Dragon Lady, will provide firsthand insights on this amazing aircraft.

He will discuss how the U-2 delivers vital imagery and signals intelligence to decision makers throughout all phases of conflict, including peacetime indications and warnings, low-intensity conflict, and large-scale hostilities. His overview will highlight why it remains in constant use today, flying critical intelligence-gathering missions around the world.

Fuzzy's operational military assignments started with flying F-102 interceptors in Germany, followed by a tour in Vietnam flying the OV-10 Bronco as a forward air controller.

Returning from Vietnam, he was selected into the U-2 program. He has flown over 3500 hours, including over 1300 in the U-2 and over 1200 hours of combat.

Fuzzy commanded U-2 Operations in Cyprus and subsequently led the 99th Reconnaissance Squadron at Beale AFB, home of worldwide U-2 operations.

The Veterans Group's popular St. Patrick's Luncheon is coming up on March 17. Reservation forms will be available at the general membership meeting on February 19 and in next month's newsletter.

If your American flag is looking shabby and worn after the winter's brutal weather, you can pick up a bright new flag on the 15th of every month in the Orchard Creek Lobby between 8:00 a.m. and 4:00 p.m. The cost per flag is \$20.

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(more Club News cont' on page 23)



U-2 landing at Beale AFB.

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Republican Club

BY SUE DUMAS

Happy Valentine's Day!

January Speaker's meeting was both enlightening and inspiring. Two Placer County Republican Central Committee representatives discussed organizational placement and function within the Republican Party, and how they are responsible for filling local political positions (school boards, supervisors, city and county officials, etc. and how they raise money to help those candidates. PCRCC's largest fundraising activity was highlighted. It is the 3rd Annual Lincoln Reagan Trump Dinner, Saturday - February 28th.

This dinner will provide an outstanding evening of good food, good company, entertainment, a silent auction, and an opportunity to hear and personally meet multiple candidates you have, or will be supporting. Tickets are still available on the PlacerPop.org website, or request assistance from LHRC Board members.

Also, 12 Bridges High School's - Club America (Charlie Kirk and TPUSA chapter) President Garrett Culp, discussed campus activities and focus. Followed by a "Meet and Greet" with the three presenters with coffee and cookies

Wednesday, February 18th - 6:00 PM doors open - 6:30 PM program - (KS) PH - more info to come about Guest Speaker with "Meet and Greet" to follow.

Friday, March 20 - 5:00 PM doors open - 8:00 PM for the March Social - (KS) Placer and California Rooms - Saint Patrick's Day Celebration - Come, kick up your heels and join in with friends old and new, and celebrate the Luck of the Irish!

Unpaid Dues for 2026 are \$20 per person per year. Please make checks payable to Lincoln Hills Republican Club. You can pay at our February meeting or mail your check to: Joan Kippert, 577 Northfield Lane, Lincoln, Calif 95648

Final thought for this month's article: "If we are to guard against ignorance and remain free, it is the responsibility of every American to be informed." Thomas Jefferson www. RepublicanClubSCLH.org

MS Support Group

BY JERI DI FIORE

What fun we had at January's meeting, creating our own fused-glass Valentine. Instructor Corene Bennett

taught us composition, colors and mixing a heart in cupcake holders. She took our creations home and fused them, to be picked

up prior to Valentines.

This project showed the importance of bringing out your creative side when facing physical challenges, such as MS.

Alert - our February 17, meeting is at SCLH Kaliga Springs Lodge, Sierra Room, 1 PM, with a mystery speaker! (More to follow in the February Compass.) We will also catch up with how you are managing your MS. This is a time to share and ask questions.

Please support the Lincoln Trailmixers Corporate Sponsors, who helped us become the Number One Folsom Walk Fundraising Team:

Donna Judah - Coldwell Banker Real Estate, Star Dental - Roseville, Hank Rhoads - American Senior Mortgage, Roberts Retirement Services. Our MS Group appreciates the Lincoln Hills Foundation for their constant support. Thank you!

• • •

Bosom Buddies

BY DOTTIE SUHRHOFF

Bosom Buddies is a support group for those who have survived or are experiencing breast cancer. We are there for each other in good times or when needed for support. We meet on the second Thursday of each month at 1 PM in the Multipurpose Room at Orchard Creek. We have speakers who talk about things related to breast cancer or other items of interest.

Our January meeting featured one of our own, Paula Chaffee, as speaker. She is a clinical psychologist and spoke about the psychological effects of having breast cancer. She was very knowledgeable about what she called the invisible scars of breast cancer. She talked about there is no right way to feel when diagnosed, that we all come from



different stages of age, mental health history, cultural background and support systems. She discussed the emotional impacts of the diagnosis and common reactions to being diagnosed. She also talked about treatment related emotional challenges such as anxiety, depression, exhaustion and feelings of helplessness. We all appreciated hearing about these issues and being able to talk to others about our own experiences.

In February we will have a core meeting on Thursday, February 5, at Patty McCuen's house. All members are welcome to attend the meeting. Then our regular meeting will be held on Thursday, February 12 at 1 pm. Our speaker

will be a physical therapist from Sutter Health talking about falls and how to prevent them. This is a topic that applies to all of us. Several of our ladies will lunch at Meridians prior to the meeting if you are interested in attending.

If you have any questions regarding Bosom Buddies, please contact Dottie Suhrhoff (815-236-0197) or Patty McCuen (530-575-2889).

"Together we are strong, together we make a difference, together we will survive!"

• • •

Alzheimer's-Dementia Caregiver's Support Group

BY DENISE WEBFIELD

We are a Support Group for Caregiver's with loved ones with Alzheimer's-Dementia.

The Women's group was off to a rocky start with room issues, but these have been resolved. Meeting in the Meridians for lunch proved to be a welcome change in January.

We will be back to our usual format in February. The Women's group will meet on February 4th at 1:00 PM in the Fine Arts Room (OC). The Men's group will meet on the THIRD Thursday of the month (February 19th) at 10:00 AM in the Multi Purpose room. There will be a general meeting on February 25th at 1:00 PM in the Fine Arts Room (OC)

with Christine Grmolyes from Senior Care Solutions on Navigating the Senior Care "Maze". For more info contact Elizabeth Farley 916-521-9968 elizjohnfarley@gmail.com

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Low Vision Support Group

BY STU SINGER

Last year my wife and I went to visit our family living in London. Within the two weeks we spent in London and Rome, we gained a new appreciation for the importance of ADA (Americans with Disability Act) that was passed in the United States in 1990. Many of the trains we took required climbing three flights of stairs to the appropriate platform.

(cont' on page 24)

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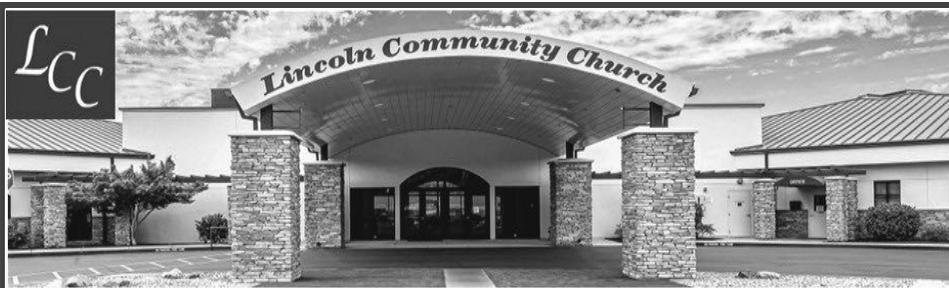
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Low Vision Support Group

(cont' from page 23)

When I jokingly asked one of the employees "Where is the elevator" he shot back "You pay for it and we will get it". Our daughter-in-law told us not to worry about carrying suitcases and bags up daunting heights "Often another passenger will come along and offer to assist you." Many times, this scenario did play out, but is this a viable solution to an issue that does not happen in my country?

While we were both certainly capable of navigating this difficult terrain on this trip, that may not always be the case. And for too many people such obstacles make normal living impossible.

On February 3 at 2 pm in the Fine Arts Room at Orchid Creek, Jeff Thom, an ADA lawyer and board member of the Sacramento Society for the Blind, will be presenting to the Low Vision Support Group for the third time. Jeff will be answering questions and explaining individuals' rights under this landmark legislation and the responsibilities of organizations to provide safe solutions for those with disabilities.

This is not a program dedicated exclusively to those with visual challenges. We invite anyone in Sun City to attend who wants to learn what they can expect from their community under the ADA.

On March 3, Mike Costa, head planner for the Placer County Transit Authority, will be bringing several of his staff members to share the many exciting new innovations that are available to make moving throughout the region easier and more efficient.

Democratic Club

BY JUDY GANULIN

As we charge into an exciting election year, the Lincoln Democratic Club is energized, growing, and ready to make a difference! Our membership continues to expand, and the enthusiasm shared by our members and guests is inspiring and unstoppable.

We believe in action—not just words. That's why we proudly serve our community through ongoing projects like Feeding the Foothills and Adopt-A-Street, while our Political Action Teams continue to gain momentum. Together, we are building connections, engaging voters, and strengthening our voice as we head towards the Mid-Term Elections.

The energy doesn't stop there! We gather every third Thursday of the month at 6:30 PM at Kilaga Lodge, where coffee and treats kick off an evening of ideas, collaboration, and purpose. Whether you're a longtime activist or newly engaged, you'll find a welcoming, motivated group ready to work—and win.

Come be part of the movement, share your voice, and help shape the future of our community. To learn more about our activities, events, and volunteer opportunities, visit us at democraticclubLincolnCA.org. Let's show up. Let's stand together. Let's get to work!

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RV Group

BY MARY CARBREY

RV there yet? You might be an RVer if you stay away from RV shows after the last incident of “only looking.” Can you relate? If you’re feeling the urge to “only look” this winter, check out the RV show at Cal Expo in March. There are also great websites for RV “looking” at rvtrader.com and RVUSA.com. Otherwise, now is the best time to plan your road trip for 2026. So far, our club has planned the following rallies for this year: March-Jackson, April- Paso Robles, May-Angels Camp, June-Central Point, Oregon and August-Heber City, Utah.

To learn more about this adventuresome group, see our website at www.lhrvg.com. For general information, contact our club president, George Slaats at 916-257-3372 or georgeslaats@gmail.com. For membership contact Cara Roberts at 925-330-9397 or constance.roberts@gmail.com. All types of RVs are welcome! Come join us on the second Thursday of the month at KS, 4:30 PM, in the Placer Room.



Campfire Serenade with Mary and Steve.

Amateur Radio Group

BY DAN LEHRER, KN6DRN

We started the New Year off with an exciting RTTY contest called ARRL RTTY Roundup. Utilizing a software package called FLDIGI, an operator is able to type specific information required to a fellow operator. This combination of radio and computer software does not use the internet and thus can be a useful tool in emergency situations. The contest allows us to hone our skills, test our equipment and have fun at the same time. We contacted over 120 stations from all over the US and international countries as well. Special tips and tricks were demonstrated at our meeting.

We are excited for the new Ham year ahead. Meetings are held at the South Tower every Monday night at 6:30 PM. Our club conducts a weekly radio network at 7:00 PM every Monday on the W6LHR Repeater at 147.030 MHz, 167.9 PL. If you are looking for a way to engage in the community and have an interest in amateur radio, please check out the LHARG. We can help with programming handheld radios. For more LHARG information visit our Website, the URL is: lharg.us or email dlehrer72@gmail.com

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Sports Car Club

BY ROB PHILLIPS

On 5 January 2026, the Lincoln Hills Sports Car Club held its inaugural meeting of the new year, marking the start of another exciting chapter for our community of sports car enthusiasts

Meet The 2026 Board: President - Chuck Schmidt, Vice-President - Carol Asnault, Treasurer - Ed Oravec, Secretary - Rob Phillips, Historian/Liaison - Jeanne Cervantes, Tours Co-ordinator - Tom Breckon, Webmaster - Ron Golenio.

We are currently in the “Thinking About” stage for planning our tours and events for 2026. The anticipation is building as we look



2026 LHSCG Board

forward to hitting the roads and sharing memorable experiences with fellow sports car enthusiasts.

The Lincoln Hills Sports Car Club is an

(cont' on page 27)

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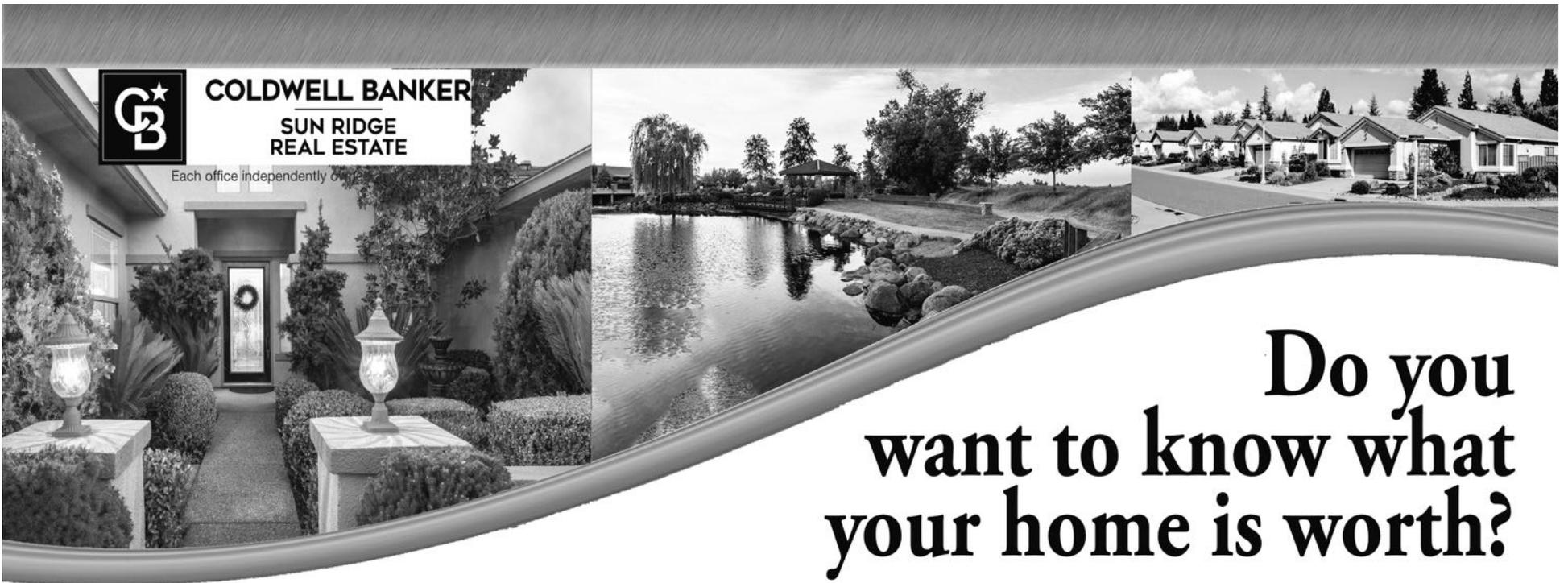


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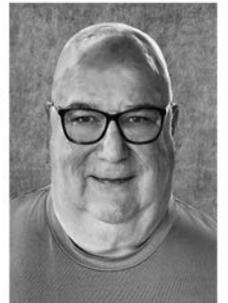
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Sports Car Club

(cont' from page 25)

energetic community of residents who own and drive sports cars. We organise scenic tours, participate in select civic and community events, and enjoy social activities centred around our shared passion for sports cars.

Join us - new members are always welcome! If you're interested in joining or learning more about the club, please visit our <http://lhsportscars.com> or contact Carol Asnault at casnault@comcast.net

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Tesla Group

BY PAUL GARDNER

Our next meeting is scheduled for Saturday, February 28 at 2 PM in the Kilaga Springs Presentation Hall. The topic will be "How to Use Tesla Navigation." The Doors will open at 1:15 to allow those of you with individual questions to query our experts. After the meeting, we will offer rides around the community to demonstrate FSD. It is an absolutely amazing experience.

• • •

Garden Group

BY LORRAINE IMMEL

We are pleased to welcome Greg Gayton (from Green Acres) to our General Meeting, February 26, KS, 2:00 PM. Greg will be presenting "Explaining Maples: Foliage, Form, and Function in the Landscape!"



Greg Gayton

His presentation will cover Japanese Maples and Red Maples as focal points in the landscaping. Maples are one of the most versatile and beloved trees in our gardens, offering beauty, structure, and seasonal interest year-round. Greg will help us better understand how to choose the right maple, appreciate its unique foliage and form, and use it effectively in the landscape. There are many popular varieties and best care practices available.

Save the date: The Spring Social Luncheon will be March 23, Ballroom, OC. Members will be sent an invitation with all the luncheon details for "Hopping Into Spring!" soon. Tickets will also be sold at the February 26 General Meeting.

Please Note: There will be registration for New and Renewal Members for 2026 at the February meeting and also online

(lhgardengroup.org). March 31 will be the last day for registering before the email services to you are dropped. After that you will have to sign-in as a guest or fill out a new registration form. Until you become a member, the door prizes, tours, socials, classes, etc. will not be available. Membership Chair Marjie Anderson: 916-408-7685, conmarand@sbcglobal.net

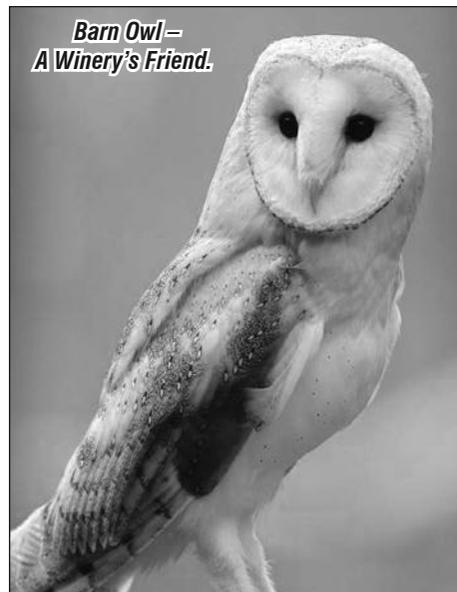
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Bird Group

BY SHERRY SINGER

When strolling through the vineyards at your local winery, you may have noticed the numerous owl boxes. Apparently, birds are not just beautiful to look at; they are also very effective farmhands. Grape farmers have discovered that birds can prevent rodents from eating their crops without using rodenticides.

Owls are one of the biggest resources for managing California's vineyards. Wineries in Napa Valley historically used rodenticides to keep rodents from eating their grapes. But since the 1980s, roughly eighty percent of these farmers have installed nest boxes to lure owls to their grape vines. A barn owl family kills up to 4,000 rodents in one year. And others are often scared away.



How do owls accomplish this amazing kill rate? They can see fifty times better than humans at night, and their remarkable hearing allows them to triangulate sounds of rodents rustling in the cover crop between the vines.

Alternatively, rodenticides interfere with the rodent blood's ability to clot causing them to bleed to death. This then poses risks to pets and wildlife through direct ingestion or

secondary contact from eating poisoned prey.

For additional information on the use of owls for rodent control go to the "Raptors Are the Solution" website. <https://raptorsarethesolution.org/>

Note: Despite the dense fog, intrepid members of the Bird Group participated in the annual CHRISTMAS BIRD COUNT on the morning of December 30. We managed to see 65 species of birds and the highest historical numbers of Starlings and Yellow-rumped Warblers.

Future Bird Walks — Note: Non-local walks depart from the OC gym parking lot @8AM

February 6: Ferrari Pond Trail/Salt Pond
February 13: Gibson Ranch County Park
February 20: Lincoln Wastewater Treatment Plant

Future Meetings — Note: Meetings are held every 2nd Monday of the month at 1:30 PM in Presentation Hall

February 9: Allison Nelson—Birding Cuba and Gold Country Avian Studies Organization.

Contact Information: Visit us at our website www.sclhbirders.org

Or contact Don Fallon, our chairperson at donfallon102@gmail.com

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Hikers and Walkers

BY LISA MARIOTTI

Hiking in February isn't about seeing wildflowers and butterflies—it's about cozy layers, rosy cheeks, and the simple joy of moving through a world that's resting, not rushing. While February has its weather challenges, hiking and walking when the weather is good is, oh, so sweet! The Lincoln Hills Hikers and Walkers would love to have you join us for scheduled hikes and walks this month. Check

out our website: LHhikersandwalkers.org.

We have some great hikes scheduled for February including a very cool geology hike. This hike is local to our area and will be a fun, educational outing. Expect to see plenty of rocks—I'll leave the official classifications to our geologist! We may also keep an eye out for heart-shaped rocks (just kidding... mostly. It is February, after all). Several grinding rocks can also be found along the trail, offering insight into the area's human history. This moderate hike has a little bit of everything, including rope swings for those feeling adventurous!

Our Walkers enjoy weekly opportunities to walk together within our community, with routes and paces suited to a wide range of abilities—from relaxed strolls to brisk walks. Please check our website LHhikersandwalkers.org for the latest schedule and starting locations. For questions, feel free to contact the Wednesday Walkers coordinator Debbie Schryver (916-666-1741) or Wellness Walkers coordinator Karl Aitken (w4wleader@gmail.com).

February hike teaser:

We have two hikes lined up so far but expect to be adding a couple more as we firm up the schedule.

- "Cool" Hike of 9.7 miles with 1000' elevation gain. Enjoy a moderate/strenuous hike through a meandering oak woodland. (Rescheduled from January).

- Geology Hike in Lincoln. A moderate hike of approximately 7 miles with our resident geologist.

Call President Tom Denzler, 530-368-2564 for more information or visit LHhikersandwalkers.org

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(more Club News cont' on page 30)



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Cyclists

BY TOM FRADY

We just have space for a quick review of LHC's 2025, from the January 13th Annual Meeting.

Financially, we look good. We start the new year solidly in the black with some income from our dues still to come in. Our treasurer gave us an overview of the last five years. We're headed in the right direction.

We also had three "Minglers" (love the name even if spell check couldn't find it). Beerlings may have been involved. We had the first 2026 Mingler on January 21 at Moska Barrel House.

We define a "destination ride" as an outing that requires us to load our bikes in or on our cars and drive to another location, with or without an overnight or two. We had a couple of them in 2025 and I'm sure we will have more in 2026.

2025 also saw the genesis of a new ride group (I think we have 9 or so now). The Easy Riders. The name describes the vibe. Check the club ride calendar for days and times.

2025 saw the launch of the LHC Newsletter. There has been only 1 issue so far, but it looks great with sections on ride groups, destination rides, safety and much more. Look for it in your email box. There's a "Contact Us" button at the end if you have something for publication, a question or comment.

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Senior Softball

BY ERNIE MICHELI

The Lincoln Hills Senior Softball League season is almost here! You can apply online at lhssl.net. The deadline is February 18. If you fill out the form, you can play in the recreational coed division, the women's division, or try out for traveling tournament teams.

Lincoln Hills Del Webb Field is the best, most well-maintained field in Northern California. We provide team shirts and hats for players. Depending on the player's sign-up, we hope to have ten teams and as much as a 27-30 game schedule. A tournament follows the regular season to determine the league champion. If you're new to the community or a returning player, this is the time to sign up!

Spring training starts on Wednesday, February 4, and goes every Wednesday in February. John Moran and his trainers are experienced tournament players who designed this clinic to get players ready for the season. You'll learn about conditioning, throwing, outfield, and infield. Each session starts at 9:00 a.m. and ends at 10:30 a.m.

Our first general board meeting of the year is coming up! It's on Thursday, February 12th, at 3:00 p.m. at Presentation Hall (KS). See you there! Board meetings give you information on current issues and a chance to ask questions and voice concerns.

Saturday practices start on Saturday, February 28, at 9:00 a.m. Get back into shape on Saturday mornings with infield, outfield,



and hitting practice.

The player draft is on Tuesday, March 3. Oil that glove, dust off your cleats because soon it'll be time to play ball.

For further information, contact President Bruce Briggs, who can be reached at 916-543-3401 or email bbriggssrsoftball@sbcglobal.net

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Pickleball Club

BY DIANE FERRARI

Love, much like pickleball, thrives on connection: quick volleys of kindness, well placed serves of appreciation, and the willingness to show up for your partner point after point! We are so excited to share our news about the new Lincoln Hills Pickleball Club website, powered by CourtReserve! The site features a clean, modern design with easier access. The website was created to make things easier for our members, not more complicated. It's a simple place where you can: Check playing schedules, see upcoming

events and announcements, Join or renew your membership and Find contact information if you need help. Liveuse workshops will be offered in the OC Computer Room with dates and details scheduled and posted to the website. We have designated Website Helpers and they can address questions you may have. If you'd like to learn more about the website and upcoming features, join us at the March 12 Board Meeting at 3:30 PM in the Fine Arts Room at Orchard Creek. New to Pickleball? We Can Help! Join our free beginner session and learn basic skills, scoring, and the benefits of Club membership. You'll even play a game by the end! February 18 at 6:00 PM at the Multi Use Courts open to all Lincoln Hills residents for no cost. Paddles and balls provided. Limited to 8 players. Please wear Court Shoes and bring water. To reserve a spot email Cathy Shanley at welcometopickleball@gmail.com. Enjoy this month with the "love" of Pickleball, it's a sweetheart of a game.

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Tennis Club

BY PAULA GRIFFIN

Feeling lucky? Registration is now underway for the Lincoln Hills Tennis Group's St. Patrick's Day Mixed Doubles Tournament on March 14th, 2026. No partner needed to sign up, as this tournament is in a round robin format. If you're not quite ready for tournament play, we have other activities to get you back in the "swing" of things. Come out on any non-tournament Saturday morning for ball machine practice and/or Triples Play. We also host a Live Ball session the first Sunday of every month. If weekdays are better for you, we have Ball Machine practice and Drop-In

(cont' on page 31)

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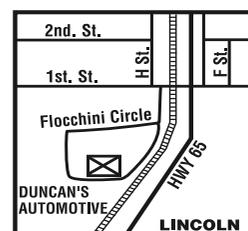
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Tennis Club

(cont' from page 30)

tennis play on Wednesday mornings. All skill levels are welcome! In addition, Sacramento Area Tennis Association (SATA) and United States Tennis Association (USTA) teams are now forming for members who enjoy playing at a highly competitive level against other tennis clubs in the Northern California region. Find out more about us at <https://sclhtg.com>.

Renew your membership or join on the club website. New members receive a complimentary lesson from our resident and Certified RSPA/USTPA Tennis Professional, Eric Garcia. See you on the courts!

Club contact: Paula Griffin lhtg.communications@gmail.com, 916-804-2164.

• • •

LH Table Tennis

BY ILENE MARSHALL

The Table Tennis Club is excited for a year filled with fun events. Starting with our Chinese/Lunar New Year Doubles Happiness Tournament, Sunday, February 15th. That will be followed with our Lunar New Year Banquet at China Villa, Wednesday, February 18th. This event is open to members only, so if you want to join us, sign up during one of our play days!

We play in the Multi-Purpose Room (KS) on Sundays 8:00 AM to 5:00 PM, Tuesdays, 6:00 PM to 9:00 PM, and Fridays 8:00 AM to 12:00 PM.

If you are a resident of SCLH you can drop in and join the fun.

You can also join our LH Table Tennis Club (LHTTC). Membership dues are not required.

To join, just sign up on the new member sheet at the play sessions or email pingpongsclh2@gmail.com.

LHTTC members hear about all our fun club events and announcements via email. You can easily unsubscribe at any time.

We play on 7 tables, beginner to advanced levels on a drop-in basis. We play women's doubles, men's doubles, mixed doubles, and singles.

Reservations are not required. Please wear non-marking tennis shoes. Loaner paddles are available.

Ladies Golf - 18 Hole Club

BY KAREN ESCOBAR

Our 2026 golf season is officially underway! Thirty-three fearless golfers braved the Orchard Course from the executive tees, navigating cart-path-only conditions courtesy of a classic Northern California January. First place winners in each flight included Sylvia Feldman, Katherine Meske, Edda Ashe, and Dee Grimm. The January Net Chix event was held on the Hills Course. Despite the potential for a frost delay, play commenced as scheduled,

When you come out to play Table Tennis on Fridays, please note that we are adjacent to Kilaga Café where you can enjoy a nice pastry and coffee!

We set up a "Robot" table tennis ball machine on Fridays to use for beginner coaching, warm up, training, and practice. Players may use it on a "first come first served" basis, and the signup sheet is located there with the ball machine.

For more information, check out our webpage: [LHTTC \(google.com\)](http://LHTTC.google.com)

• • •

and participants enjoyed a beautiful, sunny day on the course. Congratulations to Marcella Christoff who was our January Net Chix winner. First place winners in each flight included Donna Sanderson, Cathy Jaicks, Barbara Grant, and Carol McCann, and Patti Tilton landed her tee shot four feet from the pin on Hole #7!

The first General Membership meeting of the year was held on January 22. Our Executive & Extended Board for the current year includes Lissi Bedford, Captain; Kathy Woodward, Co-Captain; Georgia Richie-

Lynch, Treasurer; Ilene Marshall, Secretary; Eileen Boore, Past Captain; Edda Ashe and Maureen Senn, Tournament Chairs; Linda Blackburn, Handicap Chair; Kathy Lee, Membership Chair; Donna McKinnon, Sunshine/New Member Chair; Donna Sanderson, Web Administrator; Karen Thom, NCGA Ambassador; Cathy Jaicks, Photographer; Karen Escobar, Publicity; Sylvia Feldman, Rules/Pace of Play; Barbara Grant, Eagles, Birdies, Chip-Ins; Patti Tilton, Eclectic; and TBD, Social/Catering Chair. Upcoming club tournaments include Friends and Family (April 9), Guest Day (June 4), and Red, White and Blue (July 2).

If you live in SCLH and want to play with ladies who love golf, we invite you to join the Lincoln Hills Ladies Golf XVIII group. Our club gathers every Thursday for a fun and friendly Play Day, featuring a different game format each week to keep things new and exciting. Come join the fun and get to know the amazing women in our club! If you are interested in joining, please contact our Membership Chair, Kathy Lee, at kathy.lee2@att.net or 925-998-3538.

• • •

(more Club News cont' on page 36)



Ladies Golf - 18 Hole Club, 2025 Club Christmas Party

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Letters to the Editors...

Authors are solely responsible for the content of their letters.

So happy...

My husband and I moved to SCLH 9 months ago and we are so happy with this beautiful com-munity with all the clubs, restaurants, events, golf courses, other outdoor sport areas and facil-ities available to us. We thought the HOA was extremely reasonable—even with the small in-crease this year it is still better than any other 55+ community in the area. Roseville Sun City is over \$200/month and Trilogy at Bickford Ranch is \$265 now, but once the club house is built it will be twice that.

Joyce Wilson

...

Our Little "Paradise"

I have lived here five years, and I would estimate that 99.5% of the people who live here are content and happy living in Sun City Lincoln Hills. We enjoy our countless activities and clubs, appreciate our new friends, and give back to the community when we can. We feel we have found our little "paradise" in this hectic world.

Of course, no place is perfect, nor is life. But we wouldn't want to live anywhere else.

Rosemary Tanfani

...

Equal Access to all SCLH Meetings is Needed

I have long advocated that all Association meetings be hybrid for in person attendance and available on zoom with the meetings recorded and placed on the Resident Website for viewing.

There are approximately 6703 homes in Sun City Lincoln Hills and 11,000 homeowners.

The Board of Directors, management and the Executive Director need to acknowledge and accept that members are busy and for a myriad of reasons cannot attend Association meetings that are usually scheduled in the mornings Monday -Friday.

To be inclusive and promote participation by members, communication and transparency, this practice of selective decision making on which meetings are hybrid and the scheduling of meetings must be updated to allow for equal access to information provided in meetings as

well as not overwhelming members by having several association meetings scheduled during the same week.

Some meetings are held in small rooms, for example the multipurpose room Orchard Creek Lodge and during cold & flu season members may choose to limit their close contact with others so zoom is a safer way to attend and participate.

Others may have weakened immune systems due to chronic conditions, are recovering from surgery and maybe undergoing treatment for other serious illnesses that limit their exposure to groups.

So, meetings offered on zoom are safer and more prudent for some members' health.

The Board and management are encouraged to define what engage-ment means and set goals for attendance at meetings to allow for mod-ifying the formatting of meetings to meet the needs of members who have busy schedules.

Lastly for those members needing accommodation appropriate ADA compliant seating for those needing it should be provided.

Donna Fields

...

Lessons in Governance from a Year of Board Turnover

Boards change every year in SCLH, but the community should not have to start over each time they do.

A review of 2025 Board actions shows a clear pattern: strong governance early in the year, followed by a loss of momentum after the May election. From January through April, the Board operated with clarity and discipline. Facilities projects advanced, indoor pool repairs were scheduled, the Strategic Plan was completed and adopted, and the Governing Documents Revision was authorized. Decisions were strategic, motions were clear, outcomes were defined, and committee and staff roles were respected.

That changed in May. Newly seated directors began reopening previously approved initiatives without sound reasoning, new information, legal concerns, or evidence of failure. Committee recommendations and staff work were questioned midstream, often

without replacement direction or defined outcomes. Personal agendas increasingly replaced adopted plans as the basis for decision making.

The combination of inexperience, individual agendas, and disruptive governance behavior created instability. Continuity was lost, and execution stalled. Major initiatives were delayed, fragmented, or abandoned.

It was in this environment that three experienced directors resigned after the August meeting. Their departures were not about policy disagreements, but about the erosion of governance discipline and the rise of personal agendas that derailed the Association's business.

The arrival of an experienced Executive Director has provided some needed guidance. Motions have become clearer, and fiduciary risk has been reduced. Yet Board behavior continues to be shaped by personal preferences rather than disciplined governance. Meetings remain unfocused, and decisions are too often justified by individual viewpoints, including one director's assertion that he must serve only those who voted for him, overlooking his fundamental obligation to serve the entire community.

Governance is not driven by personal preference or the desire to "take another look." The Board's responsibility is to maintain continuity and carry forward adopted plans unless new information, legal risks, or documented failure requires change.

The lesson from 2025 is simple: governance experience matters because continuity matters. When continuity is lost, the community pays the price.

With three Board seats open in the May election, members have a responsibility to thoroughly vet candidates. Stepping forward may require courage in the current environment, but our community includes many individuals—from former HOA board members to retired CEOs—who understand governance and leadership. These are the people we need representing SCLH, and we hope they will step up in the coming election.

Frank Ball

...

Concerns Over Transparency and Leadership

In recent months, growing concerns have emerged regarding the leadership approach and transparency practices of Placer County Supervisor, Shanti Landon. While elected officials hold significant responsibility to

uphold public trust, critics argue that several poor decisions and communication patterns have fallen short of the openness Lincoln residents and county residents expect.

On September 16, 2025, when Landon held a "Town Hall with the Supervisor" at Sun City Lincoln Hills. When asked about the ongoing court action by the City of Lincoln against The Gathering Inn (TGI), TGI was buying a building on 3rd St in Lincoln to use as a low barrier homeless shelter. Landon stated she was not part of it, nor was the county, that she had not been deposed, that she was simply awaiting the outcome. It sounded like she didn't know much about the case at all. She went on to distance herself by pointing to jurisdictional issues and miscommunication. Up to this point, her comments hadn't taken a huge departure from those a year earlier, but they were about to.

In response to a Public Records Act requests concerning official communications with TGI, Placer County released more than a thousand emails, which showed that Landon was fully aware of the case and the internal proceedings at TGI. She was asked to be quiet until escrow closed on a building purchased by TGI in Lincoln. And she helped craft the language with TGI keeping the information from the city.

Shanti Landon needs to come back to Sun City Lincoln Hills and explain to the residents why she acted as if she did not know much about the case, but the emails obtained from Placer County show that she was heavily involved. There is no chance for course direction, since the emails speak for themselves, but residents of Sun City Lincoln Hills and all residents of Lincoln and Placer County deserve Landon to be honest and transparent.

Steve Bringman

...

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SUN CITY REAL ESTATE UPDATE

While the market adjusts continually both up and down, most people don't realize the median sales price in Placer County is roughly the same today as it was in July of 2021. Our median sales price peaked in May of 2022 then fell of as we went into fall of 2022 and never came back. In fact each year since 2021 we have seen prices reach their peak for the year in early spring to early summer only to watch them retreat from August through December. I've always said, the only constant in real estate is change and this new norm for sales appears to be holding on. If you are considering selling your home or a rental, you may want to take the timing into account.

WRITTEN BY
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Neighbors InDeed

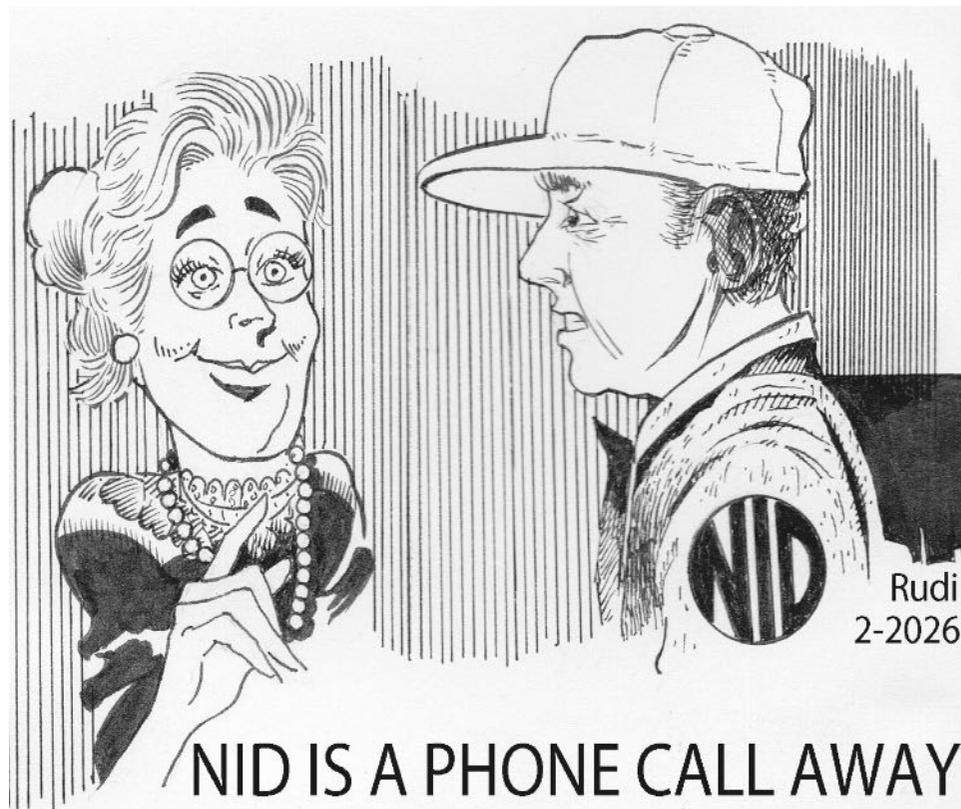
BY RON CRITES

My name is Ron Crites, and this is my Neighbors InDeed story.

I have been working for Neighbors

I had once provided and could no longer do for myself or for my community.

While resting at home in a cast as my injuries mended, I was reminded of the many times I visited folks while on NID jobs. They told me they used to do the tasks requested, but are now not able to do them.



InDeed for nearly five years as a Handy Helper. If you are not familiar, a Handy Helper is most likely the person who knocks on your door when you call NID for one of the many small and free services we perform for our neighbors. You will recognize us by our smile, tool bag, and sometimes a ladder.

In July, I was enjoying a day on the golf course when I slipped on some wet grass and took a nasty fall. I dislocated my ankle and fractured three bones in my foot and leg.

In an instant, my life changed. My life as someone who was a community helper, switched to a person who needed the help that

Many ladies would say to me as I entered the residence, "My husband used to do all these tasks, but since he passed away, it is now on me, and I can't do them."

Well, folks, the good news is NID was created just for you (and me) when we need help with small tasks. NID is a phone call away. We are ready and willing to help when there is a need.

An update. I now have three screws and a metal rod permanently in my leg and foot. I am nearing complete recovery. After physical therapy, I will be back with NID.

Thanks for reading, Ron.



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SUN SENIOR PROFILES *Getting to know you...*

Rita Perada

(cont' from page 1)

Rita was instrumental in obtaining evidence against the perpetrator because she transcribed his phone conversations from jail to his sister, instructing her on how to build the bomb, then how to mail it to the whistleblower who had testified in the prior case against him. Justice was served when a federal conviction with life sentences was issued for everyone involved in the bomb plot.

Afterwards, a TV crime movie was produced, inspired by the bombing in Alaska. It was called *The Inspectors* and starred Lou Gossett Jr.

When she got back from the investigation in Alaska, Rita was invited to join the Central Testing Unit whose task was to design ways to find if employees were stealing things from the postal service. After that, she got on a mail theft team as an analyst, finally retiring in 2017.

Along with investigating postal-related crimes, Rita has also been intrigued by investigating her own family history. She read Dan Kurzman's book, *Disaster—The Great San Francisco Quake and Fire of 1906*, particularly marveling at her grandmother's story of survival which was detailed in the book. Her great-aunt Rose was born during the earthquake, a birth witnessed by Rita's grandmother who was eight years old at the time. Because the house had tilted off its foundation, the rescuers had to put the family on a mattress and pull them through a window.

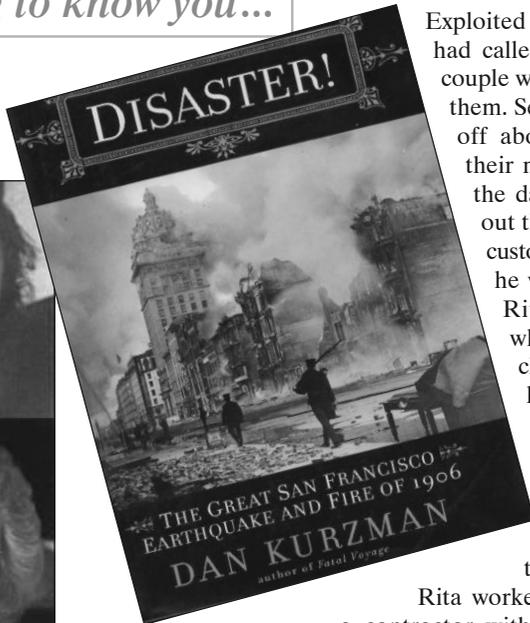
When the San Francisco History Association president had a signing for



Rita Perada's lineage starting with her great-grandmother (top left), grandmother (bottom left) and Rita.



Rita Perada at ten years old as a girl scout.



The book details of how Rita Perada's family survived the 1906 earthquake.

the Kurzman book in Haight Ashbury, Rita attended the event and was so impressed that she joined the group, eventually sitting on its board as Vice-President. At the time there were only about 50-60 people, but when COVID hit, their meetings were held on Zoom which opened their membership to people around the world. They now have more than 200 members, many of whom attended their 100-year anniversary which was held in the Palace Hotel on Market Street, the same hotel that Enrico Caruso, the great Italian tenor, stayed in when the earthquake hit in 1906.

Caruso, who was in San Francisco with the Metropolitan Opera Company performing *Carmen* at the Grand Opera House, later wrote an eyewitness account of his experience, describing how he was awakened by the violent shaking in his suite and saw buildings collapsing and chaos in the streets below. He was so distressed by the quake and its aftermath that he vowed never to return to San Francisco—and in fact, he never did before his death in 1921.

One of her biggest accomplishments

happened in 2008 when Rita was working with the National Center for Missing and Exploited Children. An informant had called her about a suspicious couple who had a young child with them. Sensing that something was off about them, she told Rita their names so she could check the database. When she found out that the couple didn't have custody of the child, even though he was their biological child, Rita contacted the police who arrested the couple on charges of kidnapping. They had been heavily involved with drugs and Rita was so glad that she was able to get the child away from them.

After retiring from the Postal Service in 2017, Rita worked for five more years as a contractor with the Inspection Service, investigating things like mailbox break-ins, then retired for good in 2022.

By that time, she had moved to SCLH where one day she talked on the phone to Patrick McElroy, he was the captain of the security service of SCLH. She solicited the help of the security service to assist in stopping the mailbox break-ins. During the conversation, he asked her if she had ever lived in Daly City which she acknowledged. He asked her if she remembered him, which she didn't. It turns out that they had dated when she was fourteen and he was seventeen, but her parents had put a stop to their relationship, worried that he was so much older than she was. She and Patrick got together to reminisce and eventually got married in 2016, holding the wedding and reception at SCLH.

In 2015 Rita joined the Genealogy Club which has about 75 people in it. Their website—suncitylhgc.com highlights their many activities. Their goal is to create a friendly learning environment by having genealogy experts and mentors available to help with residents' research. They provide instructions on how to use genealogy applications such as FamilySearch, MyHeritage, Ancestry and more. Kate McCarthy teaches residents how to start their own search, get DNA follow-up, and other techniques. Rita is currently investigating her ancestral roots from Romania.

Rita also does chair yoga and attends OLLI (Osha Lifelong Learning Institute) classes at Sierra College. While attending to the medical needs of her husband, she also deals with her two rambunctious Jack Russell Pinschers, one of whom has managed to chew

three pairs of her glasses.

When she was 17, Rita went to Europe for six weeks with a group of students led by her Photography teacher. A few years ago, she went to Sicily with family members and now wants to go back to Italy to visit Pompeii. No doubt, that will be another story to add to her unique family history.

**Want to share your story — let us know!
E-mail us at: SunSeniorNews@gmail.com**

SSNLH WRITER...

Heart to Heart

BY JOY S. HUTCHISON

Valentine's Day is almost here! You can't miss it if you tried. Little candy hearts saying, "I LUV U," tee shirts with "I (heart) _____" printed on them, delicious chocolate candy in shiny red heart-shaped boxes at the candy kiosk at Orchard Creek. Yes, the choice is yours, but that's not what this little message is about. It's all about our heart. Not the one with the aorta tucked inside our chest that keeps us living; it's the other one, the sensitive heart that connects to our feelings, attitudes, and happiness.

I have friends (92 and 88) who have been married for 68 years. Some of our Lincoln Hills couples may relate to this long, loving relationship and say, "Hey, that's us, too!" On the other hand, I'm not the only one who found a special person to share my twilight years with after being alone. When we first met, my sensitive heart actually fluttered! I thought, "Hey, heart, what's going on here?"

I've discovered that my sensitive heart seems to work overtime around people: Holding a great-grandchild for the first time as I kissed his downy head, and my heart melting with joy; visiting a special relative that I hadn't seen in awhile and getting the biggest bear hug I've ever encountered, leaving my heart breathless; meeting new friends to go to activities and out to lunch with, giving my heart a feeling of belonging and contentment.

I encourage you to listen to your heart. In the meantime, my heart wishes your heart a Happy Valentine's Day!

We welcome your submissions such as humorous observations and poetry. Please see page 3 for submissions information.



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Lincsters

BY LORA FINNEGAN

If you've lived in Sun City for long, you know the importance of volunteers to our community. That goes double for the volunteers who serve the Lincsters. Today we're celebrating the gals that make our golf world go 'round: the Lincsters board of directors:

Captain Susan Friedlund, Co-Captain Carol Shuey, Treasurer Pattie Woolsey and Co-Treasurer Marcia Bush, Secretary Linda Morley, and Past Captain Jane Hall. We're grateful to these ladies who stepped up to do all the hard behind-the-scenes work. And here's a toast to those who coordinate our weekly play dates, WNHGA rounds and those who



chair and work our tournaments—including the Lincoln Hills Ladies XVIII and Lincsters' biggest fundraiser of the year: the Breast Cancer Tournament, benefiting Placer Breast Cancer Foundation. Come join us: you'll learn about golf and make new friends! Just go to our website: <https://Lincolnhillslincsters.memberplanet.com>

• • •

Men's Golf Club

BY CARL LYNCH

It was a cold day on the Hills Course for our December Holiday Challenge with 2-Man Pinehurst format. The competition was extremely close, and Congratulations to the winning teams, and to the individual winners of the Closest-to-the-Pin and Long Drive contests!

Flight 1 Low Gross of 67 went to: Mike Black and Jeff McClaskey.

Flight 1 Low Net of 69 (-3) went to: Chuck Martin and Dan Martin.

Flight 2 Low Gross of 74 went to: Rob Davies and Tom Gorman.

Flight 2 Low Net of 65 (-7) went to: Bill Kugel and Tony Portman.

Flight 3 Low Gross of 76 went to: Don Cook and Gary Russ.

Flight 3 low Net of 67 (-5) went to: Jeff Griffith and Ike Ogata.

Flight 4 Low Gross of 83 went to: Rick Luyet and Jack Woods.

Flight 4 low Net of 67 (-5) went to: Gary Englehardt and Dave Gauldin.

Flight 5 Low Gross of 79 went to: Steve James and Raymond Overton.

Flight 5 low Net of 63 (-9) went to: James Chan and Russ Galvan.

CTP went to JR Mars, Ike Ogata, Walter Milgroom, Vince Barrero, and Steve James

Long Drive went to Dan Martin and Rick Luyet.

The Men's Golf Club is an excellent way

to make new golfing buddies and enjoy a game of golf in our monthly tournaments and other events during the year. Check out our Men's Golf Club webpage at <https://mgclh.club/>

• • •

Mad Hatters Bocce Group

BY KIM PETRUZZELLI

We recently tried mixing it up on the bocce courts by pairing our weird players with our normal players. Chaos ensued, and we now realize that we're all weird. Next month we may try placing the lucky players with the unlucky placers. No bets allowed.

Bocce is an easy game to learn, and we welcome newcomers of all skill levels. We have everything you'll need to get started at the courts, so you just need to show up in the morning. New, inexperienced, and handicapped players are always welcome. Don't know how to play? We'll guide you.

Our winter start time is still 10:00 am on Thursdays. Can't get enough bocce? There is also the Monday Morning Bocce Group led by Ron Clawson that plays at 9:00 am and is open to everyone.

Mad Hatters Contact: Kim Petruzzelli, LHBocce@gmail.com / 408-439-8716.

• • •

Shuffleboard Club

BY JON KLINE

Winter Hours for club play: Tuesday and Saturday afternoons: 1:30 to 3:30 PM. New player orientation is offered at every session. The five professional-grade PolyCourts are located on Court #10 in the Sports Plaza, adjacent to the rear of the softball field parking lot. Starting February 7th - If you come to play on Saturdays you can sign up at the court to

join fellow players at 3:15 at Meridians to dine and continue to socialize. There are ongoing discussions with L.H. staff to provide a very low-cost solution for providing necessary shade on Court #10 during the 5 ½ months (May thru mid-October) when hot weather poses a health and safety risk for all players. Do you know that playing shuffleboard can contribute to your mental and physical well-being? Check out this informative article at www.Seniorcenters.com/shuffleboard. For open play and practice, all equipment is in the onsite, unlocked cabinet; instructions for play and equipment use are posted there. The first tournaments and clinics in 2026 will be held in March. Check the club website for details of all upcoming court and social events. If your club or social group is looking for a different outing? Contact Wellfit to reserve 2-5 courts in advance and contact us for help setting up the courts or reviewing the basic game rules. We are a no dues club. People of all ages and fitness levels can play shuffle-board because no bending or lifting is required.

Contact Jon Kline at 650-279-0001 or at alsonjonny@gmail.com

Club Website: Facebook/SCLH Shuffleboard Club

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Billiards

BY RANDY FANN

Crack! Pow! Ker-plunk!. Zowie! You won! You sank the 8 ball! What will you do next?

"I'm going to Disneyland!"

Maybe, maybe not. But you are bathed in the glory of the win.

Sometimes it's the thrill of victory. Sometimes it's the agony of defeat. (Not a slo-

(cont' on page 37)



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Billiards

(cont' from page 36)

gan for The Good Feet people... but maybe it should be.)

Tired of the cold, the rain? Ready for some sun but not summer's blistering heat? Looking for some fun? We are the Lincoln Hills Billiards Group, running tournaments at the Kilaga Lodge.

Neither rain nor snow(?) nor dark of night... even summer heat doesn't distract us from playing pool, having fun.

Nine tournaments each week. For all skill levels. From beginners to intermediate players to experienced players.

Not ready for a tournament? That's OK. On Tuesday, we have two sessions of Mentoring, 9.15 and 10.30. Tables and mentors for all skill levels.

We have everything you need to get started. Just bring a smile on your face, a lightness in your heart, a desire to learn, and an insatiable need to have fun.

So stop by on Tuesdays. In the Kilaga pool room, ask for Cathy Goebel. She will place you with an appropriate mentor.

You deserve to have some fun.

• • •

Duplicate Bridge Club

BY MONA STRYKER

Denise Morgan was elected by the bridge board to be president for an unprecedented 4th year! Wow! She will time out as a board member after this year as will 2 other board members.



Denise Morgan

While they are all hard to replace, we need to be thinking about future leadership.

Games (reservations need to be made at least two days ahead of game with Elise Homer at elisehomer@gmail.com or 916 303-0751):

Wednesdays: starting at 12:30 in Multipurpose Room (KS). Open and limited sections

Saturdays: starting at 12:30 in Sierra Room (KS). Open section only

For further information, go to our website shown below.

Partnership chairmen: Open game: Denise Morgan (909-263-2651), C Group: Linda Kawula (916-301-6458)

Contact: Elise Homer (elisehomer@gmail.com, 916 303-0751)

Website: www.bridgewebs.com/lincolnhills/

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Cribbage

BY MEL SWITZER

You ain't nothin' but a Crib Dog, Cryin' all the time.

You ain't nothin' but a Crib Dog, Losing all the time.

Well, you ain't never won the kitty, And you ain't the winning kind.

They said you were a hot shot, Well, that was just a lie.

They said you were a hot shot, Well, that was just a lie.

Well, you ain't never won the kitty And you ain't the winning kind.

But here are the recent winners in December/January 2026 – No Crib Dogs here.

Dec. 16th there was a 3-way tie for first place between Jean Stefani, Harry Hirsch and Betty Carter at 717 points.

On Dec. 23 Ross Burkett (736) won, and on Dec 30th Lana Venturi raked in the pot with a score of 715,

Kathy Houston (728) won the first kitty of the New Year and on 1/13/26 Mark Edmonds (732) posted the highest score.

Here are some interesting year-end statistics from 2025

Most Wins: Ray Cook – 5 total wins in 2025

Highest One Week Score – Ken Von Deylen – 776 in 2025

Lowest One Week Score (551) L**a V***ri in 2025

We play Cribbage every Tuesday in the OC Card Room and start practicing for fun at 8:30 AM. Then the starting bell rings, the gloves come off at 9:00 and then it's every one for themselves. A high point winner for the day is declared around 11:00 and we all commiserate and laugh starting at 11:01. It's a fun group that has played Cribbage in the past and can still get up "early" to have some fun. So, if you want to laugh, mingle and have a chance to get your name in this very paper, give us a try.

• • •

Pedro Group

BY BONNIE KING

Pedro is a slightly challenging bidding card game. If you have never played, or it has been a long time since you played, we are happy to teach you the basics or refresh your memory. We meet from 9:00 AM to Noon in the Card Room (OC) on the first and third Fridays. For more information, please call Denise or Bonnie King at 916-303-3525. We look forward to seeing you soon.

Contact: Denise Jones – 916-543-3317.

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Tap Company

(cont' from page 1)

(OC/KS) and on the website, www.sclhresidents.com. Show performances are March 27 at 7:00 PM and March 28, 29 at 2:00 PM. With only one evening performance and two matinee shows, this event will sell out quickly. So, get your tickets early and enjoy a fantastic show.



SSNLH WRITER...

These Drivers are a Continuing Threat

BY STU SINGER

We had been warned. Our new Sun City neighbors informed us that there are some very dangerous drivers nearby. They said there are individuals, whether because of physical shortcomings, lack of focus, poor judgment or all the above, continually wreaking havoc on innocent Sun City residents. Making matters worse, there is little or nothing the victims can do to prevent the carnage. Usually, the perpetrators are never seen.

Welcome to life adjacent to a golf course. Be Careful What You Wish For —

After a claustrophobic decade living in the heart of San Francisco, one of the requirements of our future home in Sun City was a backyard next to an open space or golf course. Luckily, our search quickly offered just such a view. Our new residence was more than fifty feet above and at least a hundred yards removed from an adjacent fairway. From the back of our new house, one saw only green spaces and tall trees. The nearest neighbors seemed miles away.

Welcome to our Shangri-La.

Some Golfers are Not Good —

We quickly learned that splendid view came at a price. We had become in-habitants of a literal shooting gallery. Within days I had found a golf ball in the water feature; another was under our pomegranate tree. A third was found resting quietly by our HVAC. These dimpled spheres were appearing like tribbles on the Starship Enterprise. Within four

months I had accumulated a dozen wayward balls. That was only a partial count. Out of frustration my wife would throw numerous of the tiny intruders back onto the course which, ironically, vastly improved its untalented owner's chances of making par.

We also found ourselves sharing our lives with a diverse collection of human visitors. At least once a week there was the jarring image of a golf cart cruising up next to our backyard followed by multiple gentlemen in search of their errant shots. Many of our backyard dinners were punctuated by conversations with club-carrying individuals.

They Came in a Variety of Temperments —

Between bites we would awkwardly ask an intruder, "So, uh, how are you doing?". The cheerful warriors often responded, "Not as good as you are". Those visitors frustrated by their questionable skill offered nothing more than a defeated shrug. Those harboring anger management issues ignored us completely while mumbling obscenities about their athletic ineptitude. One of the most bizarre interactions was a golfer asking if he could sample some of the fruit off our trees.

Nuisance Becomes Distraction —

Soon we found ourselves longing for the days of entertaining uninvited dinner guests. A man who was working on our roof shared a photo on his phone of a shattered solar panel. He then produced the culprit, a light green golf ball. While mulling the question of just how bad a golfer must be to hit a ball that far offline, my thoughts quickly turned to the needed repair and who was responsible for paying for it. (Spoiler alert: me). My insurance agent informed me that somehow if I made a

(cont' on page 38)

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SUN SENIOR NEWS CLASSIFIEDS

These Drivers

(cont' from page 38)

claim, it would end up costing me more money in the long run. The golf course director was sympathetic but told me my only option was to catch the person who hit the ball.

Fat chance of that happening.

Unfortunately, the nightmare had only begun. A month later a window in our bedroom was shattered by another powerful, errant shot. Again, I knew who would be paying for the replacement. After a relatively quiet interlude two more broken solar panels were discovered.

At a \$3300 price tag, these will remain as is. Epilogue —

I am not a golfer, but I am a math nerd. I have calculated that after hooking a drive into our home, a player is significantly further from the green than he was before ever swinging his club. So, here's my modest proposal. Skip the tee shot and just drive up to our yard, hand the ball to my wife and she will gladly fling it toward the middle of the fairway.

A true win-win.

• • •

We welcome your submissions such as humorous observations and poetry.

Please see page 3 for submissions information.



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ANNOUNCEMENTS

GRIEF SHARE, a faith based grief support group. 9:30 am at Granite Springs Church, Lincoln. Call Cherie for info 916-250-8526.

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FOLSOM QUILT AND FIBER GUILD "Ruby Celebration Quilt Show" February 6-8, 2026 • 10AM to 4PM Daily. Admission \$10 and Children under 10 are FREE. Folsom Community Center. 52 Natoma Street, Folsom, CA

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LINCOLN POLICE DEPARTMENT VOLUNTEER PROGRAM: The program is open to Lincoln Residents, who are 21 years old or older. This is an on going recruiting effort for those individuals who would like to volunteer for either our Patrol Division (vehicle patrol, "Eyes and Ears" in the community) or the Front Office Staff (secured office, "meet & greet, lite phone and office work"). For more information, contact Roy Osborne at 916-645-4081.

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Email Classified Ads by the 12th of each month to: SunSeniorCA@gmail.com

**FREE ADS — INCLUDE:

- ◆ First 15 words are FREE (for SCLH residents only), additional words \$1 each
- ◆ ONE AD PER HOUSEHOLD, PER MONTH
- ◆ *Any Real Estate or Business Ads* are not free. Please see "Business Ads"
- ◆ Lost and found items/pets.

Classified Ad Submissions — WHEN: By the 12th of the month. Please email the information below to: SunSeniorCA@gmail.com.

Subject Line should be SCLH Classified and your Phone Number (Example: SCLH Classified 916-123-4567)

1. Contact name and phone number.
2. Which category to place your classified ad in: (Service, For Sale, Wanted, Announcement)
3. Classified ad text - including the phone number you want readers to call.

SCLH residents get FREE non-business Classified Ads; limited to 15 words; one per household per month.

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BUSINESS ADS:

- ◆ **Anything of a commercial nature, including pet sitting, real estate, rentals, timeshare/condos, etc.**
- ◆ 15 words for \$35. Additional words \$1 each.
- ◆ \$90 for three months, same ad! (15 words only) additional words \$1 each

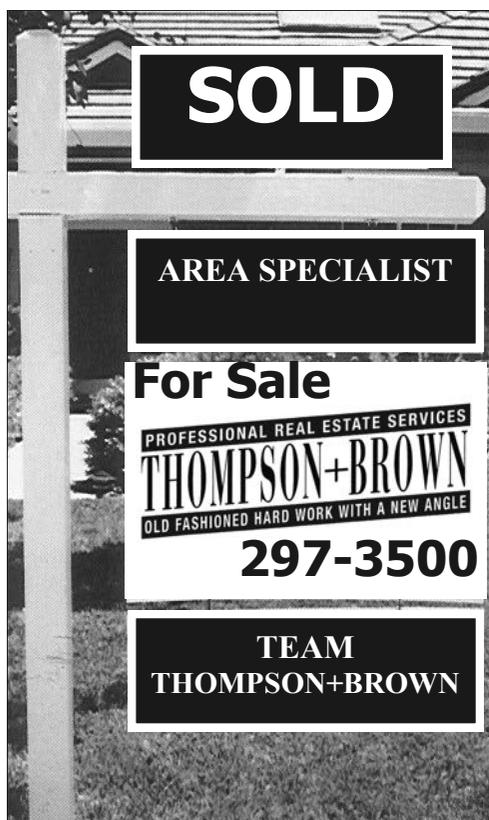
Business Ads include anything of a commercial nature or service, including pet sitting, real estate, rentals, timeshare/condos, any service etc.

Business Ads are 15 words for \$35 for one-month. Additional words \$1 each. (\$90 for three months for the same ad.)

If your classified ad is determined to be "business" related, we will email you an invoice that will allow you to pay immediately with a credit card, or mail a check.

*HINT on Word Counts: A "word" is anything separated by spaces, or as reported by word-process software like Microsoft Word.

If you have any questions, please email us at: SunSeniorCA@gmail.com



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