

SUN SENIOR NEWS

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And Much More . . .

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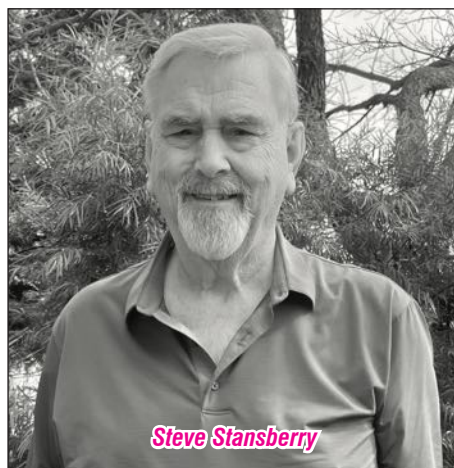
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Steve Stansberry — Animal Lover

BY JENNIFER (JEN) MARTIN

Charles Darwin once said, “The love for all living creatures is the most noble attribute of man.” Starting with a love of frogs, snakes and lizards and graduating to cats, dogs and bears, Steve Stansberry, a SCR resident since 2022, has exhibited this noble attribute most of his life. It probably started when he was in fifth grade and found a cute little snake on the school grounds. It wrapped itself around his arm and shook its tail, endearing itself to Steve until the vice-principal showed up and made him toss it into a bag. It was a baby rattlesnake whose bite is potentially deadly. That was a close call, but not enough to deter his ongoing love for animals.

Steve was born in Hayward, California, in 1952, the middle child in a family of five children. The family moved to Newark when Steve was two. His father worked for Berkeley Farms, delivering milk to residents on the



Steve Stansberry

peninsula and regaling his family with stories of interesting people on his route, people like professional wrestlers who were enemies on TV but friends in real life.

Steve played basketball in high school and for his church. He remembers trying out for baseball and throwing three players out but

not being able to afford the uniform to join the team. He spent his junior and senior years in school living in Fremont and graduated from Mission High School in 1971.

After attending a Christian college in Denver, he joined the Army National Guard from 1972-1978. After basic training, he attended a summer camp where he was assigned to drive the post commander’s daughter around. “It was a fun two weeks,” he recalls. “I got out of everything.”

Steve started working in construction at the early age of 13 and despite one and a half years when he was in law enforcement, he spent his professional life in the field of construction. “I made a better carpenter than I did a cop,” he says.

Eventually, he became a foreman, got his general contractor’s license, and started his own home repair business. When he was 22, he met his future wife, JoAnn, whom he described as one of the prettiest girls in the church youth group. He proposed to her on their third date, which was at her sister’s wedding

(cont’ on page 23)

SCR Foundation 2026

By ELIZABETH JARRETT

The SCR Foundation is pleased to present our 2nd Annual “Derby Days” on Thursday, May 21, in the Timbers Ballroom.

Doors open at 5PM (No-Host Bar); Mexican Dinner Buffett at 6PM; Races begin at 7PM.

Tickets are \$75 each. Purchase tickets during Courier Days at our table, April 1 and May 1 from 8:00 AM to 11:00 AM. The event will have a capacity of 150 guests, and it is open to the public. This means you can invite your friends and family over the age of 18 to attend.

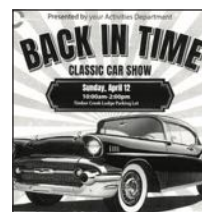
The evening will begin with an opportunity to purchase a racehorse (limit six) for a minimum of \$250. Once you own a horse, you name it, decorate it and select a jockey from your group to compete. One lucky horse will be named the Overall Winner of the evening, splitting the final purse Prize Money with the Foundation. Opportunities are unlimited- bid on all 6 horses for all races at \$2.00/per horse. 1st Place (WIN) is 20%, 2nd Place (PLACE), 3rd Place (SHOW)10%. Raffle tickets will also be available for \$1.00 each with proceeds split between the winner and the Foundation.

Fundraisers held by the Foundation throughout the year allow us to maintain vital programs for residents in our Sun City Roseville community. Thank you for your continued support and we look forward to seeing you at the Races.

(cont’ on page 27)

Classic Car Show

By TRACY CARR



It’s the 30th Anniversary of Sun City Roseville; take a stroll “Back in Time” and enjoy Hot Rods, Custom Builds and Classic Cars; food trucks, music and fun for everyone! It’s our annual Classic Car Show on Sunday April 12th from 10:00am to 2:00pm in the Timber Creek lodge Parking Lot. If you have a classic auto and would like to participate, please call 916-774-3877 and ask for a registration form.

Garden Tour

By STEVEN GUSTAFSON

What does “gardening” bring to mind? Someone (maybe not you) on their knees, wearing gloves, holding a trowel, and digging in the dirt? Sure, but more importantly, gardening is a form of art.

It’s not just caring for plants — it’s choosing plants that have the “right” colors, shapes, sizes, and growth patterns. And critically, it’s arranging them, so they look beautiful together and with their surroundings. Gardening is not just any art---it’s a fine art like watercolor painting!

Sun City has a Garden Tour this year. From 9:00 am to 2:00 pm on Sunday, May 3rd, you’ll be able to visit, at your own pace, seven homes that have great gardens. Each

(cont’ on page 18)

All Tuned Up

By PEGGY WELLS

Save the date – ATU is putting on a show! The date is May 6 at 7:00 pm at Sierra Pines. The theme is “Spring Sing With All Tuned Up!” We’re still working out the details (i.e. format, tickets, etc.), but it promises to be a terrific evening of music and fun. More details to come; keep an eye out for posters advertising the show.

At Courier days, when we encourage people to join ATU, we frequently get comments such as “oh I’m not much of a singer” or “I don’t play an instrument.” Our response is always “You don’t have to be!” The only requirement for ATU is that you enjoy music. Many of us don’t play an instrument, and no one is ever required to sing solo. So, if you want to have fun with a great group of people, ATU is the place for you. We meet on Thursday at 9:30 in the Ponderosa Room at Sierra Pines (starting in May, we’ll meet on Thursday afternoons at 2:00 – same room.)

Drama Club

By LENORA DAVIS

We hope you enjoyed our March 24 & 25 performance. We did sell out fast, as always, so hopefully you were able see one of the three performances over those 2 days. Now that April is upon us, we are looking forward to some activities that do not yet involve planning our upcoming October performance

(cont’ on page 5)



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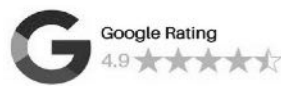


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Neighborhood Watch/Citizen Patrol

BY LINDA VINCENT & RON MASCIOVECCHIO - Program Coordinators

Protect your heart and your bank account Do you have a parent or grandparent living on their own? Older adults who are lonely, isolated, or grieving the loss of a spouse are often prime targets for romance scammers. These criminals are skilled manipulators who look for emotional vulnerabilities and exploit them without remorse. According to the Federal Trade Commission (FTC), many romance scams begin with an unexpected message on social media or a dating platform. While the stories may differ, the motive is always the same: they want your money.

A Roseville resident's experience highlights how devastating these scams can be.

In March 2025, a Roseville resident met a woman on a dating website and quickly moved the relationship to private messaging. The relationship grew, she began asking for financial help, first claiming a family member had died and left her 455 kilograms of gold. She said more than \$1 million was needed to release the gold from storage and cover the taxes. Over several months, the victim transferred more than \$1 million to cover supposed taxes, legal fees, medical bills, and other expenses. The entire story was fabrication.

The FTC warns that romance scammers often follow predictable patterns. Knowing the signs can help protect you or someone you love:

- They can't meet in person.

Scammers often claim they're overseas, traveling, working on an oil rig, serving in

the military, or employed by an international organization. There's always a reason they can't meet, no matter how long you've been communicating.

- They ask for money. Once trust is established, requests begin. They may ask for help paying medical bills, buying a plane ticket to visit, covering visa costs, or paying expected fees to get out of trouble. Some even pitch cryptocurrency or investment opportunities as a way to build a future together.

- They control how you pay. Scammers push payment methods that are fast and nearly impossible to reverse. This may include wiring money through service like Western Union or MoneyGram, purchasing gift cards and sharing the PINs sending funds through money transfer apps, or transferring cryptocurrency.

All of these tactics are designed to create urgency and pressure you into acting quickly before you have time to think, verify or ask questions. That pressure is the warning sign. When emotions are rushed and money is demanded, it's not love – it's a scam.

If you or someone you know has lost money to a romance scammer or believe personal information may have been stolen, report it immediately to the FDIC at www.reportfraud.ftc.gov and file a report with your local police department. Speaking up can help protect others from becoming the next victim.

(Borrowed from our Roseville Police Dept.)

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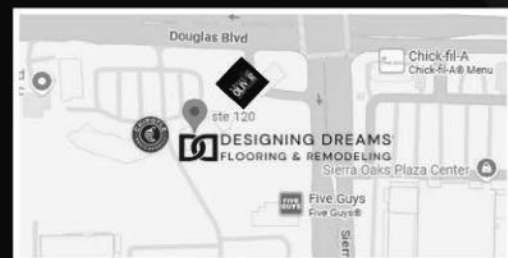
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NEXT CHAPTER GUIDE



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Drama Club

(cont' from page 1)

in the ballroom. We plan to spend this time planning activities that can incorporate some of our newer members, and may include acting workshops and short sketches to present to our own Drama Club, just for fun. This is a great time for residents to come check us out and get involved.

While still busy, this short break from serious planning and rehearsal is refreshing for all cast and crew members, and we will find time to relax. As I have said before, it takes a lot of planning and dedication to bring one of our productions to completion. Thankfully, we have members dedicated to working together to accomplish this goal – some with us since our inception and others who have joined along the way, even as recently as in the last few months.

This month, we would like to acknowledge the back stage and set crew that have spent many hours planning and rehearsing the sequence of sets necessary for a show to happen. Photos include the following



Set crew 1



Set crew 2

members: Greg Davis, Penny Rome, Marilyn Phelps, Pam Tellier, Charlie Baughman, Skip Osborne, Marilyn Pluth and including Jennifer Martin and Donna Stephens who are also directors. Not shown: Joe Keefe, Lenora Davis, Milanna Meyer and Cynthia Cotton.

For more information about our club, contact president Susan Glover (530-383-6367) or myself, Lenora Davis (707-350-1357).

Singers

BY JACKIE PROETT

It's April and the Easter Bunny is filling his baskets. Go ahead and dye your hardboiled eggs, but the favorites are always the chocolate ones. If today is April 1, then hopefully you will be attending Hospitality's April Fool's Day party, "The Way We Were". Those old pictures are precious, as are you. Bad Bunny wasn't invited! Only fools rushed in!

The Singers do not need an invitation to sell tickets to our June 1, Concert, BLAST FROM THE PAST. Each member has tickets to sell as well as our ticket Chairs, Steve Sanchez at 650 868 0328 or even.steven@att.net and Gail Hixson at msgemh@aol.com or 209 479 2981. Tickets are \$20 and get yours soon, they go fast. The music from this Concert will keep you tapping your toes for the whole month!

Ordinarily at this time, a nominating committee would be rounding up a new group of people who would be willing to serve as officers for the coming year. Aren't we lucky, that other than a Vice President, all positions are covered. The Vice President does not have to serve as President, the main job is to make sure that Courier days are filled. Those are great ticket selling days.

The Easter Bunny knows that some folks would like to join the Singers. We meet Monday, 2:30 in back of the Ballroom. You would not be able to sing in this Concert, [not enough rehearsals}but you could still look at the music and sing along with us. You would meet a lot of new friends and you might even get a Bunny Hug!

Harmonicoots

BY JO ANN STOOKSBERRY

March 12th found the Sun City Harmonicoots in Timbers Lobby playing favorites such as "Danny Boy", "When Irish

Eyes are Smiling", and "My Wild Irish Rose". What fun to see so many familiar faces again smiling and singing along.

Our new slate of officers for 2026 are: President, Dennis Hellman, Secretary, Linda Aug, Communications, Amy Cho, Treasurer, Barbara Mills, Gig Coordinator and Courier Writer, Jo Ann Stooksberry, and Conductor, Paula Scarpelli.

Celebrations are always a happening with the "Coots". If you ever think you are too old to learn the harmonica, guess again! Our oldest member is Ted Ball and he is going to turn a young 99 this Thanksgiving! He is a great inspiration to all of us and it's always a treat to hear him sing "I Don't Look Good Naked Anymore".



Ted Ball

Anyone is welcome to visit us at the Sierra Pines from 1-3 pm on Thursdays. We are a very welcoming group and wish to extend that same hospitality back to your group or club. Call Jo Ann Stooksberry at 916-749-4425 at least one month in advance. HARPS

Music and Laughter

BY JANE BOHN

What a blast we had! Another full house with laughter and applause as our neighborhood entertainers took the stage. The talented lineup included Jan Given, Joe Given, Lily Safdie, Ken Roberts, Jan Montero, and the ever-enthusiastic Jack McGurk. Of course, the sing-a-longs and enthusiastic prize winners added to the fun. 1st prize went to Margaret Gottschalk, 2nd Doug Hull, 3rd Jack McGurk, 4th Gloria Greene, 5th John Benson, and 6th Carol Gonzalez.

Our heartfelt thanks go out to all our



Music and Laughter

musicians, singers, jokesters, fan club, and steadfast helpers; Carolyn Winter, Jean Duffin, Jill Aggersbury, Ken Roberts, Doug Hull, DWight Rose and Lily Sadie. Looking forward to seeing you all again at our next gathering Wednesday evening 7pm, April 8th (doors open at 6:30pm.) Don't forget your \$1 entrance fee for the prize raffle at the end of the show. For those of you who have not tried us out, yet we hope you'll ask around about this group and come over to Sierra Pines Lodge, corner of Del Webb Blvd., and Whistlestop Way for a fun hour of Music and Laughter.

Dance Club

BY VIKKI CLARK

Staying Active During the Fitness Center Remodel — Exciting changes are coming to Sun City! Beginning at the end of April, the Fitness Center will undergo demolition and remodeling. While the improvements will be wonderful once completed, the construction period is expected to last more than seven months. During that time, if you are looking



Dance Club members.



for a convenient way to stay active without leaving Sun City, the Dance Club offers several fun class options that keep you moving while enjoying music. Dance is a great way to maintain balance, coordination, and overall fitness, while having a great time.

Tap and Jazz classes are offered on Tuesdays, Thursdays, and some Saturdays. These lively classes provide a fun way to improve rhythm and coordination while getting a great workout. Clogging classes take place on Fridays and are perfect for anyone who

(cont' on page 9)

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Ambassador Committee

BY LAURIE MORKERT

We are so lucky to live in Sun City! It's the people that make it such an incredible place to live. We have people involved in one club or committee (or more!) who are frequently involved in other volunteer commitments. Three of our Ambassadors were members of the 2026 Leadership Academy. One of members hosts an incredible car show each year. Another member reaches out with her effervescent personality and generous spirit to help the elderly in her swim class. I could go on!

Our two big Ambassador events are the New Resident Orientation on March 28 (residents who moved in December, January and February) and the Interiors Reimagined Home Tour on April 15, 2026. Please remember that you must purchase a ticket for this event and you will need to display your wristband for entrance. Tickets are currently on sale – wristbands and brochures can be picked up in the Aspen Room beginning at 1 PM on April 15.

For the home tour, we are requesting that all of our guests please try to carpool, use your golf carts or walk, if possible, as parking will be limited. We will be using a "staggered system" to view the homes. After you pick up your brochure and band, please check the house number that you start with – Group One starts with house #1, then #2 and so forth. Group Two starts with house #2, then continues with #3. Please follow these directions as they will help to make the traffic flow smoothly.

And don't miss the other fun events which

are being planned for our 30th Anniversary celebration. April is going to be an incredible month.

• • •

Clubs & Groups Committee (CGC)

BY FRANK TOM, *Chair*

The Clubs & Groups Committee hosted a separate Leadership Orientation for Chartered Clubs and Resident Groups on March 3 in the Aspen and Birch Rooms. Presidents and Vice Presidents were in attendance along with other Council Members. Chartered Clubs met from 1:00 – 2:30, and Resident Groups met from 3:00 – 4:00. There were over ninety Club and Group Council Members in attendance.

The orientation addressed the Board approved revisions to the Chartered Club Guidelines and Bylaws, and Resident Group Guidelines. The revisions included: (1) Simplifying language in the Club/Group Guidelines, and Club Bylaws. (2) Flexibility in the Club/Group Guidelines and Club Bylaws. The orientation also addressed the roles and responsibilities of the Clubs & Groups Committee, as well as the following departments: Finance, Activities, and Information Technology. The orientation also included a review of the various Forms that Clubs and Groups must be submitted to the Activities Department on a regular and/or annual basis.

(cont' on page 7)



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Clubs & Groups

(cont' from page 6)

The Clubs & Groups Committee emailed a question to all Presidents and Vice Presidents for feedback regarding the value of the Clubs/Groups Leadership Orientation. A summary of the feedback will be shared in the May issue of the Sun Senior News.

Please note that three of the CGC members will term out this year. As such, we would like to invite any resident who is interested in learning about how our committee supports the Chartered Clubs and Resident Groups to please attend any of our monthly meetings. We meet on the first Thursday of each month in the Cedar Room. If you have an interest, please contact Frank Tom at: frankstom6019@gamil.com, or call/text Frank at 415-261-6816.

• • •

Volunteerism Group

An Invitation to Mix N' Mingle

BY SHARI LYNN GOODWIN, KATHY CASTEN, CONNIE DEBLAQUIERE, & DEE FRANZ – Group Members

The SCR Volunteerism Group invites you to the annual "All Volunteer Mix N' Mingle Celebrates SCR's 30th". This fun event is scheduled for Wednesday, April 29, 2:00-4:00 PM in the Timber Creek Ballroom.

Tables will be staffed by volunteers representing all of our Committees: Ambassador, Architectural Review, Clubs



and Groups, Compliance, Elections, Finance, Golf, Governmental Affairs, Properties, and Sports Activity. In addition, there will be tables representing the Board of Directors, Strategic Planning, Leadership Academy, Sun City Library, Sun City Foundation, Sunshine Services, and Citizen Patrol/Neighborhood Watch.

A Birthday Celebration map, a bag for goodies and handouts, and everything you need to know about this event will be provided at the entrance. During the event, you can enjoy refreshments and learn about the Committees, Groups, and the volunteer opportunities in Sun City. While visiting each table and gathering information, you will have your map marked. Visit each table, have your map stamped, turn in your completed map, and you'll be entered into a drawing for a variety of prizes. The grand prize is a \$100 gift card for an activity of your choice in Sun City.

The "All Volunteer Mix N' Mingle" is an annual event and provides a great opportunity to socialize with Sun City neighbors while learning about the workings of all the Committees and other volunteer opportunities. Did you know that our Sun City

Roseville volunteers provide approximately 1.1 million dollars in services each year to our Association? We invite you to "Step Up and Make a Difference" by becoming a volunteer!

Registration is not required - just mark your calendar, bring a friend, and join the fun in the Timber Creek Ballroom on Wednesday, April 29th, 2:00-4:00 PM.

We look forward to seeing you at the "All Volunteer Mix N' Mingle Celebrates SCR's 30th"!

• • •

SCR Sunshine Services

BY SUSIE RIVERA, President

The Medical Equipment Loan (MEL) program is more than a service- it reflects what makes our community special. It is a place where independence is preserved, dignity is respected, and neighbors support one another. Through generosity, the MEL program reminds us that no one faces challenges alone.

One of the greatest strengths of a close-knit community is helping each other during times of need. The MEL program puts this spirit into action by allowing residents to borrow essential medical and mobility equipment for up to 90 days, helping them remain safe and comfortable in their own homes.

Health challenges can arise unexpectedly. A fall, surgery, illness, or a temporary mobility issue can quickly make daily activities difficult. Purchasing equipment such as walkers, wheelchairs, knee scooters, or transport chairs

can be costly. The MEL program bridges this gap by providing short-term access to necessary equipment at no cost.

Beyond financial savings, the program supports independence. Having the proper equipment helps residents move safely around their homes, reduce fall risks, and maintain daily routines. It also provides peace of mind for family members and caregivers, knowing their loved one has the support they need.

Borrowing equipment is simple. Residents can call 916-960-8091 and leave a message. The volunteer monitor on duty will return the call and arrange a time to meet at the Medical Equipment shed near the Timbers main clubhouse.

The program is sustained through generous donations. Equipment is cleaned, sanitized, inspected and reused so it can benefit many residents over time. Outside of MEL, we accept donations of personal care supplies such as hygiene wipes, incontinence products, and absorbent bed pads, which are provided to residents in need.

At its heart, these programs strengthen community connection- reminding us that support is always close by. We're here to help!

• • •



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★★★★★ We couldn't be happier with the beautiful walk in shower and vanity with integrated sinks that Stanko and his crew constructed for us using the fabulous Kerrock product! Everyone involved was very professional, efficient, and attentive to details. We are going to love the easy care and timeless beauty of our new seamless shower, vanity and sinks! Thank you so much!! J.W. from San Francisco

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Dance Club

(cont' from page 5)

enjoys energetic footwork and upbeat music. Line dancing, a longtime favorite in Sun City, is offered on Tuesdays and Thursdays and welcomes dancers of all experience levels.

In addition to regular classes, the Dance Club also has some exciting events coming up.

On April 20th, the club will host "Let's Learn Ballroom and Dance". The evening will begin with a short ballroom dance lesson, followed by open dancing so participants can practice their new steps. It's a relaxed and friendly way to learn something new.

Then on May 11th, get ready for a fantastic night of music and dancing when Four Barrel returns to Sun City. They were wildly popular at last year's Halloween Dance, and we are excited to welcome them back for a second visit. Tickets will be just \$15, making it an affordable and fun night out. Bring your friends and join us for a great evening on the dance floor!

• • •

Round Dancing Group

BY CATHY RAZUMICH

Whenever I tell someone I round dance, I am often asked what is "round dancing"? Round dancing is social ballroom dancing made easy. Unlike freestyle ballroom dancing, round dancing is not improvised. Dances are choreographed to specific music. A leader (cuer) announces the upcoming steps to dance, which makes leading and following very easy. Dancers move in a counter-clockwise direction around the room, which is why it is called a "round" dance.

Round dancing includes many common ballroom rhythms such as Waltz, Rumba, Cha-Cha, Foxtrot, Jive (East Coast Swing), Two-Step, and Tango. Each rhythm has its own timing and style, but the structure (dancing to choreographed and cued steps) remains the same. Dances are categorized by difficulty, allowing beginners to start with simple steps and advance to more complex, sophisticated routines. Round Dancing is considered



a worldwide activity with standardized terminology, meaning it can be danced in different countries.

Round Dancing in Sun City Lincoln is sponsored by the Sun City Squares Dance club. Our group round dances on Thursdays from 1 to 3 PM in the Placer Room at Kilaga Springs Lodge (1167 Sun City Blvd in Lincoln). Our cuer is Marie Hathaway who is assisted by Gordon Sill. No ballroom dancing experience is required. Anyone interested is invited to stop by and watch us have fun dancing

Round dancing is a great way to spend a Thursday afternoon. We love to dance! We love to meet new people. Most of all, we would love to have you join our group.

Contact Cathy Razumich at 408-218-2144. More club information can be found on our website scsquares.weebly.com

• • •

Square Dance

BY KRIS KNUTSON

Beginning square dance sessions start in April. Some say square dancing is exercise disguised as laughter. You meet friendly people, wake up your brain, and surprise yourself with new skills.

No partner needed, just curiosity and comfortable shoes. The caller guides every step, so beginners succeed quickly. Try square dancing once, and you may discover a joyful habit that keeps calling you back weekly.

Beginning, Mainstream, and Plus square dance sessions are on Monday 12:15-3:00 PM.

Advanced square dance sessions Tuesday 3:00-5:00 and Round Dancing is held on

Thursdays 1:00-3:00 PM. All dancing is at Kilaga Springs 1167 Sun City Blvd Lincoln. All Square Dancers welcome. Our web site is scsquares.weebly.com

• • •

Fine Arts Club

BY NANCY VAVUL

April is shaping up to be another inspiring month for our club! First, many thanks go out to Paula Robinson and Curtis Neely for their tireless work in making this year's Fine Arts Show a great success. Their dedication and countless hours behind the scenes, helped create a memorable event for everyone involved. We also extend our gratitude to all who contributed their time, talent, and creativity, ensuring that every visitor was amazed by the beautiful artworks on display.

This year's show was especially exciting with the beautiful and creative works from Needle Arts and Creative Arts Clubs, adding great variety to the experience. Thanks also to the generosity of our members and guests, another highlight was the immensely successful charity drawings event supporting Acres of Hope.

Be sure to visit the room this month where our members have enthusiastically responded to the prompt "In the manner of..." reworking artworks by the great masters. The results are skillful and often surprising interpretations.

Stop by to see a special student exhibition

on April 18, 19, and 20, featuring artwork created by talented students from Woodcreek High School with a reception honoring these young artists on April 18.

Our general meeting on April 9 will feature a special presentation by Linda Akers, owner of Fair Oaks Feathered Nest. Linda teaches watercolor, acrylics, and oils, and her presentation promises to be both informative and inspiring.

Classes continue to offer great opportunities to learn and grow as artists. Beginning April 8, Maria Winkler will lead a new one-hour Wednesday class from 11:00-12:00 titled "Paintings That Changed the Art World." Please note that there are a few additional changes in the class schedule this month, so members should be sure to check the calendar for the latest information when signing up.

• • •

Needle Arts Club

BY PEGGY VOAKES

Wow! Ticket sales for our upcoming Fashion Show were fast and furious prior to our March General Meeting. If you weren't able to be there, check with Dianne Faulkner,

916-704-0928, for ticket availability.

Speaking of our March meeting, VP Linda Nelson hosted a Special Interest Groups (SIG) Showcase, allowing new (and maybe not-so-new) members to ask questions and find out all the wonderful things our Club has to offer. The room was alive with interest and socializing in general, my favorite kind of meeting! Thank you to our SIG leaders for their participation and wonderful displays.

As I write this, I am looking forward to the Fine Arts Club's annual show. I hope you all got up to the Lodge to enjoy that and support our member vendors in our Needle Arts Room.

If you are interested in becoming more involved with our Club, we will have a position open in July for Class Coordinator, currently being handled by the amazing Marion Jones. Feel free to contact Marion for more info to help you decide. Marion can be reached at 949-510-5217.

Our next General Meeting will be Wednesday, April 1, 1:30 pm, in the Ballroom. The Back Table will be back with entry at 1:00 pm. Guests are always welcome and I hope to see you there!

• • •

Roseville Stamp Club

BY TIM MILES

The Easter season is upon us and we have a lot of events in the club. Let's get the meeting dates outlined- April 14th and April 28th, May 12th and May 26th. We meet on Tues at 6:30 pm in the Aspen Room of the Sun City Roseville Lodge (7050 Del Webb Blvd). We have all sorts of door prizes, games, albums, pages, liners, protectors, etc. Plus we have a full set of stamp catalogs which makes membership worthwhile by itself. From time to time, our club features guest speakers on the hobby to enhance your knowledge. Any problem that needs solving can usually be taken care of at a meeting and you'll be on your way home by 8:45 pm.

We also have "garage days" at Al Capparelli's house (916-771-8288) where you can address a "special" need and it'll get taken care of. We have used albums, covers, etc. The upcoming garage days are Apr 23rd-24th and May 21st-22nd. Call ahead of time to confirm attendance.

Our Secretary, Lee Coen (leejcoen@)

(cont' on page 11)



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Roseville Stamp Club

(cont' from page 9)

gmail.com) sends out notices to all members as things pop up on short notice so be sure he has your email address.

Our dues are \$20.00 per year for membership in one of the oldest stamp clubs on the West Coast.

As always, we remind all readers that if they have an "old" stamp album stashed away, feel free to drop in any meeting and get a quick free appraisal as to value.

Take note that we are published in the Sun City Roseville and the Sun City Lincoln Hills editions of the Sun City Senior News now and it has attracted lots of new attention to our hobby.

• • •

Socrates Café

BY STEVEN GUSTAFSON

Last month at Socrates Café, we discussed "Does Nature or Nurture determine you as a person?"

In other words, when you're born, are you a "blank slate", so your personality and behavior are determined mostly by your life experiences?

Or is your essential nature, including personal characteristics such as your honesty, generosity, etc., determined at birth?

Ancient people thought that your character was determined by the Gods, by alignments of the stars and planets, etc., and that your upbringing had little influence.

In modern times, due largely to discoveries about genetics and in particular molecular genetics (DNA, RNA, etc.), we tend to think that your genetic makeup is a major factor in determining your character.

But even if you have commendable character, are you living a meaningful and worthy life? This is a question of "authenticity", which is key in philosophy and in particular existential philosophy.

Authenticity urges us to live a life of purpose and to contribute meaningfully to the world. In the words of the famous slavery abolitionist Horace Mann, "Be ashamed to die until you have won some victory for humanity".

Socrates Café has inspiring discussions on the first Monday of every month at 10:00 in the Birch room at the Timbers lodge. You are welcome to join us.

• • •

Jewish Fellowship Circle

BY LOIS ARLEN AND KAREN LEVINE

Happy Spring to all!

A special thank you with appreciation to Ori Kritz and David Bridge for leading the Shabbat (Sabbath) Friday night service and to Vivian and Paul Friedman for hosting the Oneg (a sweet table following the Shabbat service) in February.

Our Shabbat service on April 3 at 7:30 pm will include a speaker, Maria Winkler, whose father was a Holocaust survivor. He made 600 hours of recordings of his experiences during the Holocaust.

Everyone enjoyed the good camaraderie and delicious food at our annual Lox and Bagels brunch in February.

Our JFC Passover Seder will be on April 7 at 6:00 pm at the Timbers. The Seder begins with the reading of the Haggadah followed with the Seder dinner. Along with the main entrees some of the traditional Passover foods will also include chicken soup with matzo balls, gefilte fish with horse radish and, of course, matzo.

Our annual BBQ with fun games will be on May 17 at 5:00 pm at Sierra Pines.

Fun facts about Passover:

Passover is also called the Festival of Unleavened Bread. During Passover only unleavened bread or matzo may be eaten. According to the story of Passover, the Jews did not have enough time to let the bread rise before they fled Egypt. The word Passover comes from the tenth plague in which the firstborn sons of the Egyptians were killed. The Israelites were spared from the plague because Moses told them to mark their doorposts so that the angel of death would "pass over" them.

• • •

Meditation Group

BY ED CERVANTES

The SCR Heart of Gold Meditation Group invites you to come learn a simple method of meditation that uses soothing mantras and music to ease the stress, anxieties, and emotional situations of daily life.

Step away from the busyness of the day and join us for a wonderful hour of meditation, music, refreshments, and good company.

Mantra Meditation welcomes you just as you are, no experience needed, only an open heart and a willingness to relax into your natural joyful state.

The program is donation based and the meditations will be practiced seated in chairs.

Bring a friend and come make new ones.

Here are the dates and locations for our upcoming meetings.

Wednesday, April 8th 1:30pm - 2:30pm in the Ponderosa Room at Sierra Pines

Wednesday, April 29th 1:30pm - 2:30pm in the Ponderosa Room at Sierra Pines

Wednesday, May 13th 1:30pm - 2:30pm in the Spruce Room at Sierra Pines

We look forward to meeting you, Ed Cervantes and The Heart of Gold Meditation Group, mantramedclub@gmail.com

• • •

Solo Friends Group

BY NIKKI COMBS

From the National Institute on Aging, "Staying connected with your family, friends, and neighbors through social activities and community programs is a great way to ward off isolation and loneliness. But did you know it may also help support your cognitive function?" Studies show that social engagement is associated with better brain health.

At Solo Friends, we are all about social connections and activities. Just because we live alone doesn't mean we are lonely or isolated. It means we have the freedom to join other solos for stimulating activities, conversations, and learning opportunities. Last month I asked members how many Solo Friends' perks they participated in. This month, we have even more to choose from. Spring is here, a great time to emerge from hibernation and grow.



Solo Friends playing Rummikub.

To keep your brain healthy and engage in social activities, which of these sparks your interest: Book club, Canasta, Hand & Foot, Kings Corners, Mexican Train, Rummikub, Scrabble, Men's Group, Golden Divas, Travel Buddies, Mixed Gender Discussion, Mah Jong (Asian), Mah Jong (American), Ladies Social Group, or Storytelling Group? Plus, Bunco and bike riding groups are being developed.

To join an activity, check out the Solo

Friends website section and contact the leader or VP Heather Kendall for more information. Heather can also advise about starting a new group.

And for more learning and socializing, don't forget the monthly, first Monday General Meetings in the Ballroom, 6:00 pm, or the catered Social Dinners the third Saturday. Social Dinner coordinator Sharon Hearden is looking for a few volunteers to host or assist with the fall dinners. She and the other Council members go above and beyond helping each host present a fun evening. So, let's get active and engaged for our brain health.

• • •

Conservative Action Group

BY SHERRI SCOTT

A pleasant March meeting was had by all as we listened to George Cramer, Sun City Roseville resident and published author. George spent four decades in law enforcement.



George Cramer

He was with San Diego County for 16 years starting on road patrol, then Detective, then on to Vice Narcotics. As an aside, he became known as "one-kick-Cramer," since there were no battery rams in those days, until he kicked a steel door...that's why he uses a cane to this day. He also worked for Amex Corporation as an insurance fraud investigator and started a private investigative business specializing in insurance fraud and missing persons.

Upon retiring, George went on to college earning an AA in English and a Master of Fine Arts (MFA) degree. Using his experiences as background, he has now written four books; three are published and the newest one is in final editing and should be out this fall. The three books are: "The Mona Lisa Sisters," "Robbers And Cops," and starting a new

(cont' on page 13)

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Executive Director Comments

BY GEOFFREY BROWNE

Just in time for this communication, we received a draft version of the Phase B “budget”, also known as the Guaranteed Maximum Price (GMP) from our General Contractor, Avanti Builders.

On March 13, the Strategic Planning Committee’s Construction Subcommittee met to review this important first look at the various expected costs for the project, ask questions about planned scopes of work, and generate any changes that seemed prudent or necessary.

After that review, and a close look at the proposed construction schedule and projected progress payment schedule, we were very pleased to find that the Subcommittee agreed to submit its support to move forward with the project on schedule to the Board of Directors.

The Board will meet in Executive Session

to review the contract details, ask questions and formalize decision in the next few weeks. Once that decision has been made, final plans for fitness classes, schedules, access and communications can be made, and sent out or published to the community.

This project has been a long time coming, with the membership approval ballot being approved in July 2023. Innumerable hours of volunteer time have been spent working to ensure a design and construction plan is in place that will make this project the most important upgrade to our SCR amenities since the Timbers Restaurant and Lounge renovation work was completed in early 2017. And I firmly believe that the result of this long process will add tremendous excitement to this facility and value to the community in general.

AARP Tax Aide — Free Tax Returns

BY BOB EGGERTS

AARP Foundation volunteers will prepare and electronically file Federal and California income tax returns for low-to-middle income Sun City Roseville residents at the Timbers Lodge Club Room on Sundays. There is no charge for these services that are sponsored by the IRS and the AARP Foundation. Appointments are required and

can be made by calling 916-741-0932 beginning January 19, 2026. Appointments will be made for Sundays from February 8th through April 12th. This appointment line makes appointments for several sites in Roseville so if you want your appointment to be at Sun City, you must mention that when you leave your appointment request.

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Conservative Action Group

(cont' from page 11)

series with "New Liberty." Besides Amazon, his books can be found in the Sun City Roseville Library at the Timbers Lodge in the Local Authors Corner.

And here we are – election 2026! The Conservative Action Group (CAG), according to our Mission Statement will: Inform those who attend our meetings and/or receive our emails; Involve those who choose to be involved in the electoral process; and Initiate action which will support those candidates and petitions upholding or maintaining conservative ideals and values. We accomplish these steps by personal fund-raising activities, educating ourselves in the facts behind the issues, sharing our knowledge and support with our Sun City neighbors, friends and relatives, and encouraging registered voters to vote.

The April 6 meeting will welcome Bonnie Gore, District 1 Placer County Supervisor at Sierra Pines, 6:30pm.

• • •

Travel Club

BY JOANNE SCHUMACHER

As you read this, SCR Travel Club members are returning from Sicily, Portugal, Spain and Australia. Vice-President and Group Leader CJ Johnson hosted a "doc party" for all the Sicily and Portugal/Spain travelers with a pot-luck and plenty of fine wine. What a great kick-off for the trips!

Trips now available for booking for Travel



Travel Club members at CJ's "doc party."

Club members include:

Japan's Cultural Treasures: April 17-May 1 (OAT)

Chicago and Mackinac Island: April 30-May 8 (Collette--note date change!)

Broadway Experience: June 8-12 (Champ Tours)

Canadian Rockies and Glacier NP: June 21-27 (Collette)

Great Rivers of Europe: August 4-19 (Grand Circle Cruise)

Utah's "Mighty Five": National Parks and the Rockies—August 10-18 (Collette)

Spectacular Scandinavia: September 9-22 (Collette)

Catalina Island: Sept 14-17 (Alamo)

Tahiti with a Windstar Cruise: Sept 28-October 9 (Alamo)

Celebration of America's 250th Anniversary: October 19-27 (Collette)

Danube River Cruise: November 15-23 (Grand Circle Cruise)

New England Holiday trip: December 10-16 (Collette)

Wonders of Thailand: January 14-29, 2027 (small group trip--Collette)

Panama and Costa Rica: February

19-March 3, 2027 (OAT)
Vietnam, Cambodia
Mekong River: October
29-November 12, 2027
(OAT)

See the Travel Club web page on the SCR web site for details on all trips. Click on the "Trips" button for links to the flyers for all available trips.

Lorraine Welk and her committee are also hard at work planning our Spring Social. The theme is Broadway Bash and it's going to be a party to remember. Mark your calendars for May 25 at 5PM. Details and sign-up info to come.

The Travel Club meets the 4th Monday of most months at 3:00 pm in the Ballroom. Our next regular meeting is April 27, 2026, with Ilene Ferguson from Alamo scheduled to speak.

• • •

Veterans & Patriots Club

BY ELIZABETH JARRETT

Thankstoeveryone whoparticipated in our small group listening discussions at the March General Meeting. Sharing your ideas and thoughts was helpful and those are now guiding the next steps for the Club. If you weren't there and have comments or ideas, please share those with the Council. Your input and feedback are important and matter.

Each group provided lists from the discussions. There are several very specific

ideas on those lists. However, a consistent theme came through loud and clear – from every group. That theme is the fact Members value and really want Veterans and Patriots Club to continue in SCR.

Members also want to meet regularly and prefer meetings not to be skipped; they would like presentations to be no longer than 20-25 minutes with time left for questions; a low annual membership fee could be acceptable; members clearly want to reduce Club costs for events such as last year's expensive holiday event. A list of all thoughts and ideas shared will be created and put on our website as soon as possible.

Our next presentation on April 1 is not to be missed. RRUFF is returning! This time, there will be a Service dog – who is in their Basic Training, along with their Trainer.

Also at that meeting, Carol Williams from BSM will sell dinner tickets for their April 22 Fundraiser. They also plan to generously



donate one meal to our raffle. In Honor of our Veterans, BSM will pick our take-up meals up from Texas Roadhouse and deliver them

(cont' on page 17)



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Days & Destination	Cruise Line ~ Sailing Date	Starting Price/ Inside Ocean View Balcony		
15 DAY HAWAII from SFO! PRINCESS		\$1,199	\$1,449	\$1,799
Ruby Princess ~ 3080 Passengers	Mar 18, Oct 23, Nov 29, 2026 & Feb 12, 2027			
Sail round trip from San Francisco, California to Kauai, Nawiliwili Hawaii; Honolulu, Hawaii; Maui, Lahaina, Hawaii; Hilo, Hawaii; Ensenada, Mexico, San Francisco, California.				
*ROUND TRIP LINCOLN SHUTTLE TO SHIP AVAILABLE!				
10 DAY ALASKA From SFO! PRINCESS	May 23, Jul 12, Aug 11, 2026	\$1,099	\$1,599	\$1,749
Ruby Princess ~ 3080 Passengers				
Sail round trip from San Francisco, California to Juneau, Alaska; Skagway, Alaska; Hubbard Glacier, Alaska; Ketchikan, Alaska; Victoria, BC, Canada; San Francisco, California.				
*ROUND TRIP LINCOLN SHUTTLE TO SHIP AVAILABLE!				
12 DAY ALASKA Cruise Tour PRINCESS	May 23, Jun 6, Aug 1, 2026	\$1,299	\$1,599	\$1,749
Discovery Princess ~ 3660 Passengers				
Sail from Vancouver, Canada to Whittier, Alaska, then enjoy a 5 day land tour. Cruise ports are Ketchikan, Alaska; Juneau, Alaska; Skagway, Alaska; Glacier Bay, Alaska, Whittier, Alaska. Land Destinations are Mt. McKinley Princess Wilderness Lodge; Denali Princess Wilderness Lodge; Fairbanks, Alaska. Call for details.				
16 DAY PANAMA CANAL PRINCESS	Sep 29, Oct 4, Dec 3, Dec 28, 2026	\$1,939	\$2,399	\$2,699
Various Princess Ships				
Sail from Los Angeles, California to Fort Lauderdale, Florida visiting Puerto Vallarta, Mexico; Puerto Chiapas, Mexico; Puntarenas, Costa Rica; Fuerte Amador, Panama; Transit the Panama Canal; Oranjestad, Aruba; Fort Lauderdale, Florida.				
10 & 11 DAY MEXICO PRINCESS	Oct 3, Oct 13, Dec 15, 2026	\$749	\$849	\$1,449
Ruby Princess ~ 3080 Passengers				
Sail round trip from San Francisco, California to Manzanillo, Mexico, Puerto Vallarta, Mexico, Cabo San Lucas, Mexico, Mazatlán, Mexico, return to San Francisco, California.				
*ROUND TRIP LINCOLN SHUTTLE TO SHIP AVAILABLE!				
14 DAY CARIBBEAN PRINCESS	Sep 19, 2026	\$1,579	\$1,979	\$2,779
Regal ~ 3560 Passengers				
Sail round trip from Ft. Lauderdale to the Eastern and Western Caribbean visiting Roatan (Mahogany Bay), Honduras; Belize City, Belize; Cozumel Island, Mexico; Amber Cove, Dominican Republic; San Juan Puerto Rico; St. Maarten, return to Ft. Lauderdale.				
10 DAY CLASSIC CANADA & NEW ENGLAND	Sep 13, Oct 3, 2026	\$2,479	\$2,979	\$3,979
Sapphire ~ 2670 Passengers PRINCESS				
Sail from Quebec City, Quebec to Boston, Massachusetts visiting Saguenay, Canada, Charlottetown, Prince Edward Island; Sydney, Nova Scotia; Halifax, Nova Scotia; Saint John (Bay of Fundy), Newfoundland; Boston, Massachusetts.				

Prices are per person based on double occupancy, specific sailing dates and subject to availability at the time of booking. Taxes, Fees, & Port Expenses as well as Travel Insurance are additional. Please call for current availability and pricing.

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CST # 2033380-40 Updated March 2026



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Cruise Line ~ Sailing Date	Starting Price	Balcony
15 DAY AUSTRALIA & NEW ZEALAND Nov 22, Dec 6 & Dec 20, 2026, Multiple Dates Jan & Feb, 2027 Viking Orion ~ 930 Passengers Viking Ocean Cruise Sail from Sydney, Australia to Auckland, New Zealand visiting Melbourne, Bass Strait & Tasmania, Australia; Dunedin, Christchurch, Wellington, Napier, Rotorua & Auckland, New Zealand. Ask about pre and post cruise land packages to see even more!		\$10,999
13 DAY BANGKOK, BALI & BEYOND Oct 25, Nov 13, 2026, Mar 24 or 30, Oct 28 Nov 11, 2027 Viking Orion ~ 930 Passengers Viking Ocean Cruise Sail from Bangkok, Thailand to Bali, Indonesia visiting Koh Samui, Thailand; Kuala Lumpur, Malaysia; Singapore (2 days); Java (2 days) Indonesia; Bali, Indonesia-(overnight on board). Stay on board for the next voyage Bali to Sydney!		\$6,999
17 DAY Komodo & The Australian Coast Nov 6 or 25, 2026, Mar 8 or 14, Nov 9 or 23, 2027 Viking Venus ~ 930 Passengers Viking Ocean Cruise Sail from Bali, Indonesia to Sydney, Australia visiting Lombok, Komodo National Park, Indonesia; Darwin, Australia; Thursday Island, Cairns (for the Great Barrier Reef), Townsville, Whitsunday Islands, Brisbane, Newcastle and Sydney, Australia. Stay on board for the next voyage and sail to New Zealand!		\$5,999
15 DAY FAR EAST HORIZONS Sep 27, Oct 16, 2026, Apr 19, 25, Sep 30, Oct 14, 2027 Viking Orion ~ 930 Passengers Viking Ocean Cruise Sail from Tokyo, Japan to Hong Kong visiting Shimizu, Osaka, Hiroshima, Beppu, Kagoshima & Nagasaki, Japan as well as Taipei and Hong Kong, China.		\$11,999
18 DAY SOUTH AMERICA & CHILEAN FJORDS Dec 2, Dec 19, 2026, Jan 5 or 22, Feb 8 or 25, 2027 Viking Jupiter ~ 930 Passengers Viking Ocean Cruise Sail from Santiago, Chile to Buenos Aires, Argentina visiting Puerto Montt, Chilean Fjords & Punta Arenas, Chile; Ushuaia, Cape Horn, Falkland Islands, Puerto Madryn, Argentina, Montevideo, Uruguay; Buenos Aires, Argentina. Ask about Iguazu Falls post land package.		\$7,999
15 DAY ICELAND, GREENLAND & CANADA Jun 20, Jul 4 or 20, Aug 3 or 17, 2026 Viking Neptune ~ 930 Passengers Viking Ocean Cruise Jun 25, Jul 9 Aug 15 or 29, Sept 2, 2027 Sail from Reykjavik, Iceland to New York City, NY visiting Heimaey, Djupivogur, Seydisfjordur, Akureyri, Isafjordur, Iceland; Nanortalik, Qaqurtoq, Greenland; L'Anse aux Meadows, Newfoundland; St. Lawrence River; Halifax, Nova Scotia; New York, NY INCLUDES ROUND TRIP AIRFARE!		\$11,499
79 DAY AUSTRALIA ASIA & ALASKA Sep 23, 2026, Mar 14, Sep 7 or 21, 2027 Viking Venus ~ 930 Passengers Viking Ocean Cruise Sail from Sydney, Australia to Vancouver, Canada visiting Newcastle, Brisbane, Whitsunday Islands, Townsville, Cairns (for the Great Barrier Reef), Thursday Island, Darwin (2 days) Australia; Komodo National Park, Lombok, Bali (2 days), Java (2 days), Indonesia; Singapore (2 days) Kuala Lumpur, Malaysia; Koh Samui, Bangkok (3 days), Thailand; Sihanoukville (2 days), Cambodia; Ho Chi Minh City (2 days), Hue (Chan May), Ha Long Bay (2 days), Vietnam; Hong Kong, (3 days) Taipei, China; Nagasaki, Kagoshima, Beppu, Hiroshima (2 days), Shimizu (2 days), Tokyo (3 days), Sapporo (2 days), Japan; Kodiak, Homer, Seward, Valdez, Hubbard Glacier, Glacier Bay, Sitka, Ketchikan, Alaska; Vancouver, Canada. Some dates operate from Vancouver to Sydney. INCLUDES ROUND TRIP AIRFARE!		\$38,495

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Placer
Community
FOUNDATION

Veterans & Patriots Club

(cont' from page 13)

to Carol's house for individual order pick-up that night.

We are sending our thoughts of concern and support for all our Troops and especially those in the Middle East and serving in Iran. We will continue to look for ways Veterans and Patriots Club can support our Troops.

• • •

Democrats Group

BY MARTY BOYER

Our Speakers Series guest at our April 22 evening meeting will be Pulitzer Prize winning political cartoonist Jack Ohman. His decades of satirical cartoons and columns on all things political should be informative and highly entertaining. This will be another big crowd, so plan to get your seat early. Doors open at 6 p.m. and meeting begins at 6:30 p.m. at Sierra Pines.

In February, we started Midterms season with a preview of the Governor's race provided through the lens of legendary political columnist Dan Walters. Walters spoke to a standing room only crowd of 100, calling this gubernatorial race "weird" for its long list of hopefuls and rare lack of obvious



front-runners.

He focused on 11 announced candidates (9 Democrats and 2 Republicans) hoping to succeed Gavin Newsom, then winnowed that list down to half a dozen with any real name recognition and resources to run a competitive campaign. In the end, his best "hunch" is that money will decide the race and that billionaire Tom Steyer and San Jose Mayor Matt Mahan will win the "jungle primary" and be the candidates in the General Election. Steyer can self-fund an expensive race while the tech industry in Silicon Valley is likely to provide Mahan with a massive campaign war chest.

Walters also emphasized that whoever wins, the next governor will inherit the major policy problems that Newsom faced, including homelessness, housing costs, chronic budget challenges, and more.

• • •

Garden Club

BY SUZETTE AUSTIN

Mark May 3 on your calendar for our 2026 Garden Tour. The Sun City Roseville Garden Club has selected seven gardens for you to tour this year. The homeowners are pleased to welcome you to view their landscaping. You will be invited to chat with them and learn more about each of these lovely gardens. We hope that their different styles, plants, and layouts will inspire you. Sun City residents can purchase tickets from Linda Gordon or Sandee Drapeau.

Kevin Marini will be our speaker at our April meeting. He is Program Manager for the Placer and Nevada Counties' Master Gardener programs and has trained over two thousand Master Gardeners. Kevin will speak to us about "Bad Bugs" and how to manage pests in our gardens. "Integrated Pest Management" (IPM) is a fancy term for looking at yards and gardens as ecosystems with interrelated parts. When a pest arises, whether it's an insect, a weed or a plant disease, it's crucial to learn the life cycle of that pest to understand how to manage the situation for the overall health of the ecosystem.

Corey Rollinson, owner of West Coast Landscape, was the speaker for our March meeting. He discussed the issues that come up after new landscape is complete; including adjustment of irrigation, pruning, fertilizing and weed control.

Our meetings are on the first Tuesday of the month and begin at 6:45 pm and end by 8:15 pm. Please join us and enjoy cookies prior to the meeting. Guests are always welcome.

We have a table at our meetings to "Share the Bounty." If you have a garden and have extra fruit, herbs or vegetables you are invited to share.

• • •



Corey Rollinson

SCR Hiking Group

BY SILVANA HUGHES

Warmer temperatures invite us to venture outdoors to enjoy nature's exhibition of wildflowers and listen to songbirds welcoming spring in all its colorful glory. We will keep to nearby areas and the foothills to explore the Capay Valley, Cronan Ranch, and Lake Clementine, among other places. While the winter Olympic games in Cortina D'Ampezzo showcased the magnificent Dolomites in northern Italy, we are blessed to be within driving distance of the beautiful landscapes of the Sierra Nevada, where we will hike again later this month.

Now is a great time to give hiking a try and enjoy the outdoors with like-minded folks. You don't have to be an athlete to hike, though you should be in reasonably good shape to walk a few miles at a comfortable pace. Photos from recent hikes can be viewed on the SCR Hiking Group photo gallery.

April schedule, subject to change depending on weather and trail conditions. Note time change: We now meet at 7:45 am in the parking lot near the tennis courts for carpooling. A detailed schedule is posted online. Remember to pack a change of shoes, lunch, water and sunscreen. For additional information, please contact President Bill Haley (www.scrs.org/Hiking-Group).

April 2 - Capay Valley Road 53 - #5.5 (moderate), 7 miles, elevation gain 1200 ft, carpool ride \$10.

April 9 - Spenceville - #4 (easy), 5.25 miles, elevation gain 500, carpool ride \$8.

April 16 - Lake Clementine View - #4



Shirland Canal Hikers 2-12-2026

(easy to moderate), 5 miles, elevation gain 600 feet, carpool ride \$8.

April 23 - Cronan Ranch to Greenwood Creek Access - #5 (moderate), 6.5 miles, elevation gain 1050 feet, carpool ride \$8.

April 30 - Deer Creek to Stockton Flat - #4.5 (easy to moderate), 5.75 miles, elevation gain 770 feet, carpool ride \$10.

• • •

Senior Softball Club

BY FRANK TOM

Thank you to resident fans, friends and families who joined us for our 30th Year as a Club and League. The bleachers were over-flowing with fans. The Opening Day Event on March 25, at Mahany Park was launched with a memorable ceremony filled with music provided by the Sun City Singers and Harmonicoots. A big thank you to the Singers and Harmonicoots. The fans and players enjoyed donuts, coffee, hot dogs, chips, water, and soda. Big thanks to Oakmont and Ivy Blue Oaks for hosting the lunch, and to Starbucks and Raley's for offsetting the cost for donuts and coffee.

President Ray Harrison emceed the Opening Ceremony by thanking all volunteer umpires and scorekeepers, our fans, and our Team and League Sponsors. A plaque was presented to Coach Jim Bisenius for his twenty-five plus years of service in support of our softball players and league. The traditional First Pitch was thrown by our most senior 92-year-old resident player, Mr. Joe Lopez. He is an inspiration to the players and spectators who are in awe of his athleticism as a softball player.

Mark your calendar for our All-Star Game scheduled for Friday, May 29 at 10 a.m. at Mahany Field. The event will feature refreshments, play-by-play announcers, and honorary managers Al Bowen and Coach JB Bisenius, assisted by leaders from the top teams at that point in the season. It promises to be fun and highly competitive.

Our league games are played every Wednesday morning starting with our first game at 9:30 AM, followed by our second game at 11:00 AM. If you would like to have a copy of our League Schedule, go to <https://rosevillesseniorsoftball.org/schedule/>. Play Ball!

• • •

Pickleball Club

BY MARILYN PLUTH

Join the Sun City Roseville Pickleball Club and come out and play Monday through Saturday from 8:00 am to Noon. As a club member you can also take part in our fun tournaments, social events, and great parties.

Welcome to our new Pickleball Club member Colin Scott.

Come try out Pickleball at our monthly "Rookie Play Day," being held on April 25, 9 to 11 am. This event is open to all members at a beginner skill level, as well as activity-card holding Sun City residents who just want to check the game out. We offer "Rookie Play Day," where the basic rules are taught to beginners who want to try out the sport, as well as court time with players at your skill level. Seasoned members will be there to offer assistance and advice. Watch for our flyer in the club kiosk. Registration is required. Contact Marlene at 815-274-5462.

"Step it Up" lessons are offered to club members who are considered advanced beginners. Not ready to play the most skilled players? No problem. Attend this clinic to get more training on strategies and techniques to "Step Up" your game. Registration is required. Contact Mo at 530-864-6923.

Time is running out to reserve your spot for our "Quatro de Mayo Party" at Sierra Pines on Monday, May 4th at 5:30. Taco bar by Tres Hermanos, Super fun games (\$3 per game), and beer & Sangria. Cost is \$28. Make checks payable to Pickleball Club and deliver to porch drop box of Judy Coldani at 6241 Rose Garden Ln. Or drop in mailbox on side of shed on the PB courts. For questions, call Judy Coldani at 408-691-4866.

• • •

Table Tennis Group

BY JEFF CARASKA

There are dozens of Sun City clubs and groups suitable for couples. Table tennis has been a good fit for Dave Klinger and Terri Kutz.



Terri Kutz & Dave Klinger

Dave worked in business management and marketing for Micron Technology and Intel. Terri is a retired Kaiser clinical laboratory. The couple have dated for 12 years, and moved here in 2022. Dave discovered Sun City when his oldest daughter was married here.

Dave and Terri joined the table tennis group soon after their move. Dave played as a teen and in his 20s. Terri had never played. "But I got hooked," she said. "I'm very competitive and I liked that part of it."

Both are sports minded. Dave played high school football, baseball and golf in Milpitas. Terri played softball growing up in San Francisco. Now they spend time attending their grandchildren's sporting activities (they have six between them).

Dave, also an avid golfer, says the enjoyment of playing table tennis has kept him active in the group here. "Between golf and table tennis, I spend a lot of time chasing around a little white ball," he said.

Terri enjoys the feeling of a shared experience. "It's what you get from belonging with a group of like-minded people," she said.

On April 26, the Roseville group will visit Lincoln to meet its Sun City counterpart in an ongoing competition. Roseville won the previous meeting in September, its first series victory since 2023.

The Table Tennis Group plays 2:00 pm - 5:00 pm Tuesdays and Thursdays and 9:00 am to 12:00 pm Saturdays at Sierra Pines.

• • •

Tennis Club

BY MARILYNN VANDYKE

Our February 4 General Meeting and dinner was filled with lots of fun and excellent food. The champagne was a special treat. Thank you, Kathy Fowler. Everyone had a wonderful time, and our gratitude goes to Linda Gordon and all who helped make the event possible.

We were pleased to welcome our new President, Ron Houston. Ron has lived in Sun

(cont' on page 18)

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THURSDAY, APRIL 30TH
9:00AM - 11:00AM

Join us in the Solarium at Sun City Lincoln Hills
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Join Oakmont of Roseville and Realtor Erik Nelson of HomeSmart Realty, for a culinary experience and informative conversation designed for those considering assisted living or memory care.

Enjoy a gourmet breakfast and beverages while learning more about our personalized care services and resort-style amenities. Our team will be available to answer questions, share insights, and help you explore your options.

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Garden Tour

(cont' from page 1)

homeowner will welcome you and will be delighted to tell you about their garden and about how you'll like it as much as they do.

The seven garden displays have wonderful artistic diversity. Here's a brief description of what you'll see:

- Many swirls of color surround three water features.
- A heart-shaped hedge encloses a "lovers corner".
- A beautiful boxwood hedge outlines an expansive view of the golf course.
- Birdhouses and whimsical decor accent a classic garden design.
- A tranquil oasis features lovely white roses.
- A "walk in the woods" atmosphere surrounds gorgeous landscaping.
- Peaceful sounds come from a unique water feature surrounded by plants.

The Garden Club's Linda Gordon has organized the last five Garden Tours. Funds from the 2024 Garden Tour enabled a donation of garden benches.

This year's Garden Tour is especially nice. We're sure you'll enjoy it!

...

Tennis Club

(cont' from page 17)

City Roseville for 12 years. He is a retired teacher who has taught a wide range of students. Ron also served as summer school principal and even took students backpacking. At Sun City, he has previously held the position of President of the Table Tennis Club. His strong leadership will be a valuable asset to the Tennis Club.

We're glad to have Ray Barnett back assisting with court usage. If you notice anything on the courts that needs attention, please contact Ray at 916-771-4212.

A heartfelt thank-you to Nancy, Carol, Linda, Patrick, Pramod, Connie and Marilyn for their ongoing support of the tennis club.

Great news: our weekday tennis matches, organized by Patrick Maglione, are now extended to Saturdays.

Thank you to everyone who participated in last year's survey. We've already implemented several requested changes. Another survey was initiated this year. Stay tuned for the compilation of the responses.

Mark your calendars for upcoming events. More details will follow.

May 8, 5:30-7:30 pm — General meeting and dinner at Sierra Pines.

June 20, 8:30-11:00 am — Fun on the Courts: tennis and socializing.

...

(more Club News cont' on page 19)

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He & She Golf

BY JAHNA HOLMES

It's time for Easter bunnies, spring flowers, and baseball! Our annual Spring Tournament and dinner will be on Monday, May 11, so Save the Date! The theme is "Take Me Out to the Ball Park!" Dig out your sports themed tees and shirts!

Due to wintery weather, February 9th was the only play day with tournaments, even though it was cold and blustery. Many players from both clubs were on a SCR golf trip to Mexico which kept the numbers down. The 18-hole group first place team, scoring 127, was Ken & Shirley Roberts, Jim Sherrard and Vernita Hillwig. Second place scoring 132 was Brian Gorman and Stephanie Tran, Joan Munn, and Fred Festersen. Third place scoring 134 was Bill Thyken, Barbara Simon, Steve Proctor and Christian Leaman. CTP was Steve Proctor at 9'7" and Shirley Roberts at 15'4".

The cold and windy conditions didn't stop 42 9-holers from playing. First-place was a two-team tie team scoring a remarkable 13 under par score of 59. Dirk & Kathy Fowler and Marty & Bobbie Hostler and Michael & Pam Hemingway, Scott Mortimore and Blind Draw. Second place, scoring 61 was Tony & Janet King, with Lou Steck and Pam Cabezas. The third-place team scoring 62 was Bob Niznik, Denise Gilbert, Cary Diskin and Pam Wilkinson. CTP winners were Sol Labrada at 11'9", Scott Mortimore at 33'8", and Bobbie Hostler at 9'5" and Arlene Lizotte at 36'.

Fun golf facts: Mary, Queen of Scots, is

the first known woman to play the game. When exiled to France, she took the game with her, where royals were accompanied by cadets who carried their clubs and gear. The term "cadet" later evolved to "caddy", but the term wasn't commonly used until around 1630.

Sierra Pines Ladies Golf

BY DANA EGGERTS

Spring is here and our Sierra Pines Ladies Golf group has some wonderful events coming up. Be sure to mark your calendars for two exciting "save the dates"!

Our Annual Spring Social will take place on April 15, 2026, at noon at The Pines. The cost is \$15, which includes delicious salads from Elena's, along with wine and dessert. We'll also enjoy demonstrations from our golf pros, making this both a fun and informative afternoon. The sign-up binder is available in The Pines, and the last day to sign up is April 8, 2026.

Another special event is the Rancho Marriott's Niner Invitational – "Golf's Kentucky Derby Day: Play FORE the Roses" on April 30, 2026. The \$100 entry fee includes breakfast and lunch, golf and cart, a hat contest, putting contest, and a mulligan package. Be sure to check the sign-up binder in The Pines, and remember that the registration and payment deadline is April 7, 2026.

We'd also like to celebrate our February chip-ins—great shots, ladies!

- February 4: Judy Benjamin on Hole 4
- February 4: Linda Osgood on Hole 5

Congratulations to both players on those fantastic moments on the course!

We look forward to seeing everyone out on the greens and at these upcoming events. As always, thank you for helping make Sierra Pines Ladies Golf such a welcoming and fun community.

Timber Creek Women's Golf Club

BY MARY NEARN

Timber Creek Women's Golf Club sponsored a 'Thank You Lunch!' for the Golf Course Maintenance crew on February 26th.



Headed up by Kathy Hamilton, and helped by Julie Harris, Sherrill Pahl and Mary Nearn, our team served Lasagna, Garlic Bread, Salads, with Brownies and Ice Cream Bars. As usual the guys were gracious and welcoming to us and came back for seconds!

Steve's teams are instrumental in making our golf experience top notch, and we wanted to show our appreciation to them. Thank you, Kathy, for all the planning and great organization of this event.

Most Improved Handicap for February First Flight Susan Green, Second Flight Peggy Siminich, Third Flight Sherry Hilger.

Timber Creek has new fences on Hole 5, 6, 10, 15, 17 and 18.

If you hit your ball into these fenced areas, you are in an 'Environmental Penalty Area.' Please review the rules for these out-of-bound areas. The new fences on 5 and 10 are to regulate cart traffic and are not considered out of bounds.

In February, the Club voted to create a local rule for Hole 2 and Hole 18 'Barranca Crossings'.

On these specific holes so as not to cause delay, if you cannot be determine that your ball made it over the 'Barranca' from your or your partners line of sight, then you may hit a provisional ball from where it crossed into or over the penalty area and then proceed to the other side to look for the original ball. You must announce you are hitting a provisional ball to your playing partners; the ball must be dropped from the knee according to the rules in taking relief from the penalty area: two club lengths from where it entered the penalty area or back in line with the pin.

See you out there!

Timber Creek Men's Golf Club

BY RICH AUG

Hello from the Timber Creek Men's Golf Club. As Spring approaches, our days get longer. That means more time for golf as *(cont' on page 21)*



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TRIBUTE TO MORGAN WALLEN
& LAINEY WILSON
APRIL 16 • 7:30PM

MAOLI
WITH THE GREEN & ANUHEA
APRIL 17 • 7PM

RUSSELL PETERS
RELAX* WORLD TOUR
APRIL 18 • 8PM
(*IT'S NOT THAT SERIOUS)

SHANKAR-EHSAAN-LOY
"KAL HO NA HO" US TOUR
APRIL 19 • 7PM

SWITCHFOOT
WITH LIT, FUEL & THOMAS IAN NICHOLAS
APRIL 24 • 7PM

LO TA YOU
WITH CHUN LONG SYMPHONY ORCHESTRA
APRIL 25 • 7:30PM

**QUEENS OF THE
STONE AGE**
THE CATACOMBS TOUR
MAY 1 • 7PM

KIRK FRANKLIN
WITH WITH JONATHAN MCREYNOLDS
MAY 2 • 7:30PM

**FREESTYLE
EXPLOSION '26**
FEATURING STEVIE B, LISA LISA, JOHNNY O,
CYNTHIA, LISETTE MELENDEZ,
SWEET SENSATION & WILL TO POWER
MAY 8 • 7PM

SEAL
MAY 9 • 8PM

NORAH JONES
MAY 15 • 8PM

SEXBOMB
GET, GET AW!
MAY 16 • 8PM & MAY 17 • 5PM*
*2ND DATE ADDED DUE TO DEMAND

3RD THURSDAY \$30 TRIBUTE SERIES
JUMP
AMERICA'S VAN HALEN EXPERIENCE
MAY 21 • 7:30PM

LENNY KRAVITZ
MAY 22 • 8PM

PAUL ANKA
MAY 23 • 8PM

JONAS BROTHERS
MAY 29 • 8PM

**THE ALL-AMERICAN
REJECTS**
WITH JOYCE MANOR
MAY 30 • 7:30PM

RINGO STARR
& HIS ALL STARR BAND
JUNE 5 • 8PM

**RICHARD MARX &
WILSON PHILLIPS**
WITH STARSHIP FEATURING
MICKEY THOMAS
JUNE 6 • 7PM

THE CHICKS
JUNE 13 • 8PM

CARRIE UNDERWOOD
JUNE 14 • 7PM

3RD THURSDAY \$30 TRIBUTE SERIES
RAGDOLLS
TRIBUTE TO AEROSMITH
JUNE 18 • 7:30PM

GARY VALENCIANO
JUNE 19 • 8PM

JOHN FOGERTY
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JUNE 26 • 7:30PM

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Timber Creek Men's Golf Club

(cont' from page 19)

the rain fades away. Although, the rains have helped make our courses pristine. They are looking better each day. Our maintenance crew led by Steve Kimbrough, has made many improvements over the past few months. New split rail fencing has been installed in and around both courses, adding to the beauty. Also, since the rains, much sand has been added to the traps. Our season opened with the Pink Ball Tournament but the rain made us put it on the shelf until next year. March gave us The Irish Shamble, followed by a pizza lunch at the bocce courts. A Good time was had by all. Results to follow in my next article. Mike Carroll, our tournament director, is still looking for a few volunteers to help with future tournaments. If you'd like to help, he can be contacted at 408-861-0730 or at 49erdog79@gmail.com. The RAMP program started in March. If you are not currently a RAMP participant and want to get involved in helping to keep our courses looking good, contact Joey Mastrantonio at 408-482-2188. Remember, 1 hour a month! Mark Gregson our membership chair, has been doing a great job recruiting new members. Currently, we are up to 214. If you recruit a new member, you get 6 points towards Member of the Year. Just a reminder, the time and location has been changed for our monthly meetings. The date is always the same, the 1st Wednesday of every month. The door opens at 7:30 for donuts and coffee, and the meeting starts at 8:00. New location is Sierra

Pines. Hope to see you all there.
Hit'em Straight.

Golden Niner

BY BILL MOORMAN

Erin Go Bragh! Tuesday, March 17th was also a Golden Niner golf day where members enjoyed a round, with some individuals enjoying another round. Good Luck to all.

Speaking of good luck, last month our big winner was Howard Sandler \$28, who played in all 3 of the February tournaments. Followed by Jerry Crosby, Paul Garcia and Juan Grau each winning \$24. We had a total of 200 players with 159 winning money. Winnings are paid through your resident card and can be spent on golf, at the Pines or Timbers. All money won, stays in the community. Our weekly tournaments provide anybody the capability of winning money anytime.

We had 2 members turn 80 last month advancing to the red tees. Happy Birthday to Bob McCleary and Terry Berardino. Also 2 new officers, Gary Zeledon is our new Golf Committee representative, Bill Moonman is our new secretary / publicity director.

If you're a Sun City resident and interested in joining Tuesday play with the Golden Niner's now is your time to join. We play different scoring games with low net scores to a full scramble. Just stop by the Sierra Pines clubhouse, sign up, establish a handicap and start winning.

Would you like to keep the Sierra Pines rating up, currently ranked 13TH nationally for

a 9-hole golf course, consider volunteering to work with RAMP. Just 30 minutes on the 3RD Thursday at 7am, we assist our outstanding groundkeepers and maintenance staff with minor divot repairs throughout the course
See you on the course or at RAMP.

SCR Volleyball

BY MARISA BERNETTI

Water Volleyball: Indoor pool – All levels of play: Mondays, Wednesdays and Fridays, 11:00 am-1:00 pm. For a more advanced level of play, we offer Thursday evenings, 5:00 pm-7:00 pm (winter hours); Summer hours will be 6:00 pm to 8:00 pm (date TBD). If you're unsure of your level of play, join us at any of the morning sessions. Either way, all games are spirited and with friendly competition. All are welcome.

We bid farewell to one of our friends: Bente Frydendahl was born and raised in Denmark, Europe. In school she played dodge ball and soft ball. She often skied the three miles to school and ice skated on a small pond close to her home. In summers, she was an avid tennis player. This explains her athleticism as well as her good nature.

In 1998, Bente moved to Sun City Roseville after losing her husband of 41 years. She quickly joined the volleyball group and has been playing

religiously three times per week, ever since; it has been "my favorite pass time" she adds. She also spent days on Sun City's beautiful croquet court.

Over the years, Bente did a lot of volunteering with the SCR Singles Club, now Solo Friends, and has driven for Citizen Patrol for 18 years. Thank you Bente, for your contributions to our community!

After 28 years of fun, exercise and camaraderie, we bid Bente a warm farewell, a long life and many happy days. In the last year, she's had some difficulty with her eyesight, but her serves remained ever-challenging!

In Bente's honor, the Volleyball Group enjoyed a delicious catered dinner at Sierra Pines, on Friday April 3, 2026. Farewell Friend!

Join us in the water or at our next social on June 12, 2026.

Croquet Club

BY JIM WILSON

The Croquet Club held our first of four quarterly meetings/socials on February 22. A delicious lasagna dinner was prepared by Sally Wander, assisted by Debbie Phillips. Be sure to attend our next meeting/social in May, then again in August and our special holiday event in November, all in the Spruce Room at Sierra Pines.

There is a story told of the American tourist in England who admired a croquet court at Cambridge College. "How do you

(cont' on page 23)

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SUN SENIOR PROFILES *Getting to know you...*

Steve Stansberry

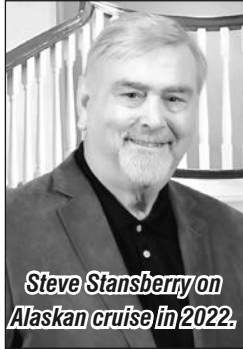
(cont' from page 1)

where he caught the garter and JoAnn caught the bouquet. They got married in 1976 and had two daughters: Katherine, married and living in Vacaville and Audra, married and living in Roseville. They are the proud grandparents of four grandsons and one granddaughter. (JoAnn was under the weather at the time of this interview so was unable to contribute to it.)

After their marriage, the couple lived in Fremont. Steve took his dog for a vet appointment and saw a cat up for adoption. He was able to take her home for the night as a test to see how she was with the dogs. She liked them and they, all four, liked her. He put her in the garage for the night. The next morning, he found her in the garage standing on the top shelf with a mouse in her mouth. Once she showed her mouse-capturing skills, she was in like Flynn.

Steve named the cat Rita after the Texas hurricane of 2005. He had four dachshunds at the time, a smooth hair, a wire hair and two long hairs. All became friends with Rita who considered herself Steve's watch guard. There were large juniper bushes outside the house which served as a perfect environment for mice. Rita became relentless in her mouse pursuit until every last one was gone. "She was formidable," says Steve. "She even went after squirrels." Most of his neighbors were happy with Rita's prowess except for one who had a birdbath in his backyard and was less than pleased when Rita snapped up a bird in flight in a midair jump.

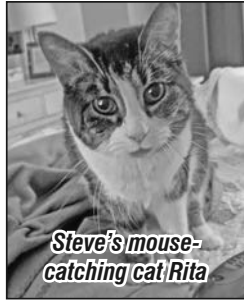
Because of an autoimmune disease, Steve was forced into retirement when he was just 50 years old. He's had 24 orthopedic surgeries including two knee replacements. He estimates he's had some kind of joint replacement every



Steve Stansberry on Alaskan cruise in 2022.



Steve Stansberry at 2025 Veterans Patriots event.



Steve's mouse-catching cat Rita

two years or so. "You name it and I've had it," he quips.

In the early 2020's, Steve found himself divorced from JoAnn and living in Oregon with a cat named Blue. He remembers hearing about the death of a dog that the couple once owned and called to give his condolences to JoAnn. That phone call lasted several hours at the end of which he agreed to go to Roseville to spend Christmas with the family. Realizing that neither one of them had ever fallen out of love with each other, they decided to get back together and remarry. They bought the house in SCR, sold their respective houses elsewhere, and married in the Rose Garden at the Lodge.

Steve worked with the Compliance Committee to remodel both the front and backyards and joined the Veterans/Patriots Club, becoming its Vice-President in 2023 and President in 2025. He loves living here. Before he even moved in, he met people who would soon become his neighbors and was impressed with everyone's friendliness. He notes that one of his neighbors worked on special wood carvings, giving a wooden goose to everyone who lived on Goose Meadows Way. Besides attending Conservative Action Group meetings, he and Joann are members of the Vintage Sippers, a group who meet once a month to socialize, eat hors' d'oeuvre's, and share their favorite wine. "If you live here and you're bored," Steve says, "it's your fault."

As an active member of the Veterans/Patriots Club, Steve attends their monthly

meetings where they have speakers and round table discussion groups. Thirty dollars will get you a lifetime membership, so if you move away, then come back, you can rejoin at no cost. The group schedules ceremonies to commemorate Pearl Harbor Day and Veteran's Day. Steve remembers the first ceremony he attended in 2023 for Veteran's Day where he got to meet two people who were in combat in World War II.

A fan of American history, Steve toured Gettysburg and noted the bullet holes still visible in some of the houses. He's visited Pearl Harbor several times, going to every Army and Navy base as well as the Punch Bowl. He's taken the family to Hawaii twice and enjoyed a 10-day trip to Alaska where he rented a Jeep and visited Seward, Home and Anchorage. At a salmon research facility, the public can catch a salmon one day a year for \$6. Steve happened to be there on that special day when a little Amish girl caught a fish so big that it started to pull her into the water. A woman helped the girl pull in a fish that was taller than she was when they held it up for a photo. "That was fun to watch," he says.

These days he and JoAnn are content to stay home with their two adorable dogs, Sassy, a lhasa apso, and Freida, a cockapoo. When the weather is good, he gets around the community in a scooter and enjoys the camaraderie. "This is a great place to live," he says.

Want to share your story? Just let us know!
E-mail us at: SunSeniorNews@gmail.com

EDITORS' NOTE: The Sun Senior News has always been politically neutral. Our content should be focused on the activities of the clubs, groups, individuals and issues related to being a resident of Sun City Roseville. Our publication will not publish article content or "Letters to the Editors" regarding Federal, or State election issues or advocacy.

We ask that Sun City clubs/groups that are, or could be perceived as political, to limit submission content to basic meeting/event/link info, and avoid advocacy.

All club/group submissions should focus on that organization only.

Submissions should be 300 words or less and due by the 15th month (unless the 15th falls on a weekend or holiday) then the submission should be submitted before then for the following month's issue. Email to: SunSeniorNews@gmail.com

Croquet Club

(cont' from page 21)

achieve that beautiful surface?" the tourist asked the gardener. "Very simple," replied the gardener, "just mow it and roll it, mow it and roll it every day for two hundred years." Fortunately, our excellent grounds crew achieved our beautiful court in much less time, acclaimed by a croquet professional as one of the best in Northern California... without the maintenance mentioned by the English gardener.

Proceeding from court care to croquet mallet care, regardless of the quality of your mallet, protect it from prolonged exposure to rain or dampness, by drying and cleaning it after each use. Apply an occasional coat of furniture polish to wooden surfaces. Store it in a cool, dry place, ideally upside down between two pegs. Don't stand a mallet in a corner, as that can warp the shaft. Use only with appropriate croquet balls. With proper use and care, your mallet can last a lifetime.

For those of you interested in joining the club, check the kiosk in the lobby of the Lodge for applications, or contact Louisa or Patrick Maglione, both officers of the club. We provide all the equipment necessary for you to play. Membership in the club offers an excellent opportunity to participate in a new and challenging endeavor requiring a lot of strategy as well as the chance to meet and socialize with new friends.

•••

Bocce Club

BY DAVID MOORE

After input from the many bocce club members who participated in a survey and much consultation with the bocce club leadership our HOA board made the decision to separate the projects to provide shade on the bocce courts and to add solar panels to generate electricity for the clubhouse.

A shade structure will likely be installed at each end of the courts. This became necessary after the trees in the bocce area became diseased and had to be removed in October of 2024.

The solar panels will be installed in another location. There likely will be a temporary shade solution for this summer and

(cont' on page 25)



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"I Have My Life Back."

Roseville resident, Dawn R. had been experiencing the painful effects of Peripheral Neuropathy, "my feet and legs hurt, tingled and burned, all the time and my doctor told me there was nothing they could do. I was told that I would have to take Gabapentin for the rest of my life, that wasn't okay with me." Then she started treatment with acupuncturist, RaeAnn Salvador.

Peripheral Neuropathy is the pain, discomfort and numbness caused by nerve damage of the peripheral nervous system. Dawn explained that daily tasks like opening doors and using the bathroom were overwhelmingly painful. "How can you live for the next 20 years when you don't even want to get out of bed to do simple things?"

She was experiencing the burning, numbness, tingling and sharp pains that those suffering with neuropathy often describe. "The way that I would describe it, it's equivalent to walking on tacks all the time." Dawn hadn't worn socks in five years and was wearing shoes two sizes too big so that nothing would 'touch' her feet.

Unfortunately Dawn's story is all too familiar for the over 3 million people in the U.S. suffering from Peripheral Neuropathy.

If you are unfortunate enough to be facing the same disheartening prognosis, you're not sleeping at night because of the burning in your feet, you have difficulty walking, shopping or doing any activity for more than 30 minutes because of the pain.

You're struggling with balance and living in fear that you might fall. Your doctor told you to "just live

with the pain" and you're taking medications that aren't working or have uncomfortable side effects. Just know that there are options.

Fortunately, three months ago, Dawn read an article about Lincoln Acupuncture and the work being done to treat those suffering from Peripheral Neuropathy without invasive surgeries or medications. She can now share how significantly her life has been changed

"Now when I go to bed at night I don't have those shooting pains. I don't have that burning sensation. I can let the sheets touch my feet and it isn't painful," Dawn enthusiastically describes life after receiving treatment. "I can wear socks and shoes and I can enjoy working in my garden."

At Lincoln Acupuncture, results are achieved using the time tested science of Acupuncture combined with technology originally developed by NASA that assists in increasing blood flow and expediting recovery and healing to treat this debilitating disease.

What differentiates Lincoln Acupuncture is the use of the most cutting edge and innovative integrative medicine. Specializing in chronic cases, specifically those that have been deemed 'hopeless' or 'untreatable', Dr. Salvador consistently generates significant results. What was once a missing link in senior healthcare is now easily accessible to the residents of Placer County.

If you've missed too many beautiful days outside because of pain or you've passed on dancing along to songs of your youth because you're afraid of falling, it's time to give yourself a new opportunity.

It's time to let your golden years be golden!



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Bocce Club

(cont' from page 23)

possibly a permanent structure for 2027.

Things are about to get very busy on the courts with the Spring Mini League beginning on Tuesday, April 7 and continuing seven days a week until Monday, June 1 with a hiatus during Memorial Day week. The awards party will be on June 11.

The tournament schedule for 2026 has been drawn up and will include the following competitions: April 11: Mixed Blind Draw, April 18: Battle of the Sexes, May 2: Women's Blind Draw, May 16: Mixed Blind Draw, May 30: Women Choose Women, June 13: Men's Blind Draw, June 27: Mixed Choose Partner,



July 11: Men Choose Men, July 25: Mixed Blind Draw, August 8: Last Chance to Qualify, August 22: Men's Qualifying Round, August 29: Women's Qualifying Round, September 12: Championships.

On the social front, the Summer Bocce Party is scheduled for June 14th.

• • •

Cornhole Group

BY STEVEN GUSTAFSON

Maybe you remember the TV show "Cheers". The theme song had the famous lyrics "Sometimes you wanna go, where everybody knows your name, and they're always glad you came..."

Cornhole is a friendly game. We're the opposite of Vince Lombardi's "Winning isn't everything; it's the only thing". And sure enough, very often when we meet for cornhole, "Everybody knows your name"!

We play cornhole Tuesdays on the Sierra Pines horseshoe lanes. If the forecasted temperature at 9:00 is above 65 degrees, we play at 9:00. Otherwise, we play at 3:00.

So, the weather forecast decides when we play—we strive to keep everyone comfortable. You are welcome to join us. As in the Cheers theme song, we're "always glad you came".

• • •

Billiards Club

TERRY SATCHELL

Please use the billiard room. You do not have to be a member as it is open play for all residents, except for the Tuesday afternoon tournament. If you want to play and no one is there just



Winners 2-12, Bob Cecil, Roy Stearns, Jerry Crosby and Terry Satchell.

go to front desk, leave your ID and get the key. Enjoy the facilities we have. We are growing our membership and continually seeing new faces. Thanks to Ken Neal for running the Tuesday tournaments. He is host, organizer, babysitter and supreme ruler of the room! Thanks for your work.

I am going to talk about pool gloves this month. They come in handy? Gloves were not big things in my local pool room. The old guys would snicker and of course assumed that if you had a glove on it meant you didn't play very well. Perhaps it was because it seemed like a gimmick, like it made the player better just by putting it on. All those humid summer nights playing pool with sweaty hands. Glove Pros- Sweaty hands are sticky. Smooth and consistent stroke. Hands and cue stay cleaner. Cons- You get very used to shooting with it and to have one tear or go missing may cause issues. Occasionally wash your glove so it

stays smooth and your friends won't call you stinky hand! And finally, you may lose some "feel" at your bridge. Gloves are very popular and come in more colors, shapes and styles than golf gloves.

T u e s d a y s M e n ' s
Tournament Results February
2-6 Ken Lane and Jeff

Mapes

2-13 Bob Cecil, Roy Stearns, Jerry Crosby and Terry Satchell

2-20 Ken Neal, Jerry Crosby and Tim Connolly

2-27 Rich Berger and Ron Judd "The Judge"

• • •

Bridge Club

BY JOYCE WADE

The Bridge Club is active with four opportunities each week to play bridge and socialize. On Thursdays at 9:00 Social bridge is in the card room. Fun & Friendly duplicate bridge starts at noon on Wednesdays in the card room. American Contract Bridge League sanctioned games are played on Mondays at 1:00 at Sierra Pines. Saturday mornings at 10:00 bridge workshops are held in the card room.

• • •

Cribbage Club

BY BRUCE AHNBERG

Wow, during our weekly play last month a player scored a 28-point hand, the second highest only to the very, very rare perfect hand of 29-points! Julie Mattson of Village Nine scored the 28 and took top hand honors for the week. Julie started playing cribbage 30 years ago, often playing with her husband. She is a welcome addition to our band of players, quick and challenging to play. A 28-point hand in cribbage has a probability of roughly 1 in 15,028 hands. Julie stated, "It is my first 28 in 30 years of playing." Congratulations!



Julie Mattson

The Cribbage Club meets every Friday in the Timber Creek Lodge Card Room from 1:00 to 3:00 PM. For a small stake, we play several games each week, switching partners each time so that everyone plays a new partner until time runs out. It's fun and enjoyable.

• • •

Bunco

BY JUDY DEL GRANDE

As the days get longer and buds make their first appearance, it's time to access your daily routine. The Monday morning Bunco group may be just the thing to add variety to your experience at Sun City Roseville. We meet on

the 2nd and 4th Monday of the month. No training necessary, a simple throw of the dice and you're playing. Sign in starts at



Cindy Jones, Becky Matsen and Sue Bianco.

8:30 and play begins at 9:00. We'd love to have you join us in the Card Room at Timber's Lodge. Bunco is a low-pressure game and a great way to meet your neighbors. There is no commitment to playing every time. Just come and enjoy yourself. Once you start you will be hooked. We look forward to meeting you.

• • •

Library News

BY ELIZABETH GUSTAFSON

New library hours started March 1: Monday-Saturday 9-5, Sunday 10-4. We hope you are finding this helpful.

Please welcome our newest library monitor, Jan Birdsall!

National Library Week is April 19-25 this year and the theme is Find Your Joy, something we hope you all do in our library. It's a good time to thank a library monitor for their service.

New Books — Fiction: Abe, Shana - *A Crown of Stars*; Berry, Steve - *The Devil's Bible*; Box, C.J. - *The Crossroads*; Greaney, Mark - *The Hard Line*; Johnson, Sadega - *Keeper of Lost Children*; Kellerman, Jonathan - *Jigsaw*; Kubica, Mary - *It's Not Her*; Page, Libby - *This Book Made Me Think of You*; Parker, Robert B - *Big Shot*; Patterson, James - *Cross and Sampson*; Quindlen, Anna - *More Than Enough*; Quinn, Kate - *Astral Library*; Robb, J.D. - *Stolen in Death*; Sabit, Patmeena - *Good People*; Thor, Brad - *Cold Zero*.

Non-Fiction: Fischer, Paul - *The Last Kings of Hollywood: Coppola, Lucas, Spielberg and the Battle for the Soul of American Cinema* (Biography).

Large Print: Berry, Steve - *The Devil's Bible*; Box, C.J. - *The Crossroads*; Cleeton, Chanel - *The Lost Story of Eva Fuentes*; Goodman, Allegra - *This is Not About Us*; Greaney, Mark - *The Hard Line*; Jones, Tayari - *Kin*; Kellerman, Jonathan - *Jigsaw*; Kubica, Mary - *It's Not Her*; Patterson, James - *Cross and Sampson*; Quinn, Kate - *Astral Library*; Sabit, Patmeena - *Good People*.

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SUN CITY REAL ESTATE UPDATE

The inventory of homes for sale in Sun City, both Roseville and Lincoln, has remained very constrained. The largest segment of the homes going into pending sale have been the smaller homes listed under \$600,000. While the larger homes over 1800 square feet have taken a bit longer to sell. The signs I see in the housing market in general, is that buyers are being more budget conscious and cautious about overspending. There seems to be less optimism about the health of the economy overall and certainly geopolitics is playing a role. I recall vividly how the impact of Desert Storm in 1991 affected the housing market. At that time we also had seen a surge in home purchases beginning in 1985 and peaking in 1990, so there are definitely similarities in the market conditions.



WRITTEN BY
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Observations — Remembering Paris

BY MARTIN GREEN

When I graduated college in 1952 the Korean War was still going on and so was the draft. I was inducted into the Army that fall and eventually was posted to Stuttgart, Germany. Not surprisingly the first European city I wanted to visit was Paris and when I got my first three-day pass that's where I'd go. However, the French must have gotten wind of my plans because they had one of their periodic strikes and there went Paris. I was told Lucerne, Switzerland was a nice place and so that's where I went. Lucerne was nice but it wasn't Paris. A good thing came out of going to Lucerne though. On the train there I met a young guy who played the violin in their casino. We kept in touch and sometime later he went to London and on my second trip to London I stayed at his place, bringing him two cartons of cigarettes, almost legal tender then, for rent.

How did I get to London? It was courtesy of MATS, Military Air Transport Service. We'd heard of MATS and been told that you could hitch a ride to almost anywhere in Europe on its planes. On my first leave I took the train from Stuttgart to Frankfurt, where there was a MATS base, somehow found it and had two choices, Amsterdam or London. There was no question; I chose London.

So, what about Paris? When I was close to being discharged I had somehow accumulated four weeks of leave and it was use them or

lose them. I then planned what I thought of as my grand European tour, first to London again, then, finally, courtesy of MATS, to Paris, with a brief stop at the Riviera, then Florence and Rome.

I'd somehow made reservations to stay at each stop, my rule being no more than \$3 a night. My Paris hotel was what you'd expect at that price, but it was conveniently located, on the right bank, close to the Opera House.

I did a lot of sight-seeing and a lot of walking. On my first day in Paris, I went to the symbol of Paris, the Eiffel Tower. I know I went to the Louvre, and a museum that featured Impressionist artists and of course to Notre Dame. I also walked around the Left Bank seeing outdoor cafes where I imagined Hemingway might have written his stories.

As I said, I did a lot of walking, my favorite being along the Champs Elysees from the Arc de Triomphe to the Tuileries. Another walk was to the Luxembourg Gardens where I paid a few francs for a chair. One day I also took a long walk along the Seine and saw people fishing. During all this walking I'm sure I sat down many times to rest at one of Paris's many outdoor cafés, sipping my coffee and watching the French world go by.

As a civilian I visited Paris again a few more times so maybe I'll get to those visits in a future "Observations." Just let me say now it's nice to have those memories of Paris.

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SCR Foundation 2026

(cont' from page 1)

The Foundation held our Annual Volunteer Thank You event on March 13. We had 46 volunteers attend a catered lunch provided by Elana's. We are grateful to all our volunteers and appreciate all the time and efforts they give to support the Foundation by helping residents. Our Home Maintenance program has teams of volunteers who help with our smoke alarms or change our light bulbs. We have phone volunteers who receive and return calls from the Foundation line, and we

have many other volunteer roles that allow the Foundation to support our community. Currently, the Home Maintenance program is looking for volunteers. Please contact Roy Myers at 805-558-1927.

Save the Date of April 29 between 2PM and 4PM in the Ballroom for the Annual Mix and Mingle for residents to learn about the opportunities to volunteer in the community. Come see us at our table and learn more about the Foundation, what it does in our community and how you can support your neighbors by supporting the Foundation.

Welcome back the 'Big Boy No. 4014'

Big Boy No. 4014, the world's largest steam locomotive, will be on display for public viewing in Roseville April 10-11, as part of Union Pacific's "coast-to-coast" steam tour.

The train will be on viewing display from 1-5 p.m., on Friday, April 10, and from 9 a.m.-3 p.m., on Saturday, April 11.

On Saturday, the City will be offering additional activities at the Vernon Street Town Square between 9 a.m. to 3 p.m., including a Maker's Market and live music. Stay tuned for more information. If you are interested in being a vendor for the Maker's Market, click here.

The monthlong tour, which starts March 29, will honor Union Pacific's celebrating 250 years of American independence and innovation.

Big Boy No. 4014 will be joined by two commemorative locomotives, including the railroad's newest locomotive: No. 1776 – America250. It's a tribute to the signing of the Declaration of Independence and is the official train for the United States 250th- anniversary celebration. More information can be found at roseville.ca.us/train.



SUN SENIOR NEWS CLASSIFIEDS

SERVICES

CABINETMAKER/WOODWORKER, custom cabinets, woodwork, doors, drawers, pullouts, quality workmanship, 56 years experience, Michel 916-270-7525.

ESL/ENGLISH LANGUAGE TUTOR. Please call Anne 916-838-7267. Experienced Sun City resident. Tutoring in my home.

WHEELER CLOCK WORKS. Certified Journeyman Machinist. Repair, Restoration of clocks: Grand father, Antique, Cuckoo. Jim Wheeler 916-303-3459.

PELICAN HAULING AND JUNK REMOVAL garage, yard, storage units, furniture, appliances, e-waste, & more. Call/text Andy at 1-916-712-7224 Business Lic #00833776.

IN-HOME caregiving – hourly/daily/weekly. Also, transportation & errands. 12 yrs experience. Jan: 916-781-9651.

HANDYMAN: 916-724-5207 phileb@live.com. Drywall, plumbing, fans, hang pictures & t.v.s, and more.

GARY'S SPRINKLER REPAIR: Lic# 869624. Valves replaced, Drip systems installed, Timers set or replaced. 916-223-3706.

RETIRED NURSE LOOKING TO PROVIDE CARE IN YOUR HOME. Bathing, cooking, cleaning, running errands or anything you might need. Beverly Johnson 916-316-1737.

PET SITTING AND DOG WALKING by experienced Sun City Resident. References available. Debbie McClelland, 650-814-7414.

FAMILY-OWNED HANDYMAN and Remodeling Services, Proudly Rated 5 Stars! Landrum Construction Lic#1126021- Call 510-901-1166.

HAIR CARE SERVICES. Enjoy this specialty service provided in the comfort of your home. Licensed cosmetologist. Kimberly 916-837-1637.

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CLEANUP KING: Junk hauling & pressure washing. Fast, reliable, licensed, insured. Veteran-owned. Call 916-699-2165.

GUTTER CLEANING, WINDOW CLEANING, Solar Panel Cleaning, & Christmas Lights... Home Detail Services. Call/Text: 916-500-4314.

FENCE REPAIR, PAINTING & Power Washing: Reasonable, many Sun City references. Please call Josh at 916-307-8430.

WESLEY FINANCIAL GROUP, LLC. TIMESHARE CANCELLATION EXPERTS. Over \$50,000,000 in timeshare debt and fees canceled in 2019. Get free informational package and learn how to get rid of your timeshare! Free consultations. Over 450 positive reviews. Call 855-946-0763.

FOR SALE / WANTED ANNOUNCEMENTS

WOOD DECOY carving tool set! "FREE" to a good home! Mark: 916-599-7610.

VINTAGE MILITARY COLLECTOR PAYS CASH! (ROSEVILLE) I collect vintage military items... Looking for medals, patches, bayonets, knives, helmets, old documents, maps, military photos & more.... Also collect vintage model trains. Call George 916.768.4694

BUYING OLD COINS, pay cash, free appraisals, discreet, I pay more! Private collector, SC resident. Call Jerry 1-916-772-4268.

WANTED: BUYING RECORDS Jazz, Blues, Rock, and R & B. Buying small and large collections, LP's, 45's, and 78's. Also looking for reel-to-reel tapes, (all types.) Call 530 273-8490

WE BUY ANY CAR truck, suv, trailer, motorhome. We do all the DMV paper work. Licensed dealer. Call for free estimate at your home. LH res 22years. Jeffrey 916-871-4304

FRIENDS OF THE LIBRARY BOOKSALE: Sat., April 11th at the Downtown Roseville Library, 225 Taylor St. Hours: 10:00 to 3:00. Prices: Hardcover \$3; Paperbacks \$2; Children's Hardcover \$1; Children's Paperbacks \$.50, or as marked. All other prices amazingly low.

FRIENDS OF THE BIBLE, non-denominational group, SCR. Interested, call/text Bali David 714- 478-4789.

Email Classified Ads by the 12th of each month to: SunSeniorCA@gmail.com

**FREE ADS — INCLUDE:

- ◆ First 15 words are FREE (for SCLH residents only), additional words \$1 each
- ◆ ONE AD PER HOUSEHOLD, PER MONTH
- ◆ Any Real Estate or Business Ads are not free. Please see "Business Ads"
- ◆ Lost and found items/pets.

BUSINESS ADS:

- ◆ Anything of a commercial nature, including pet sitting, real estate, rentals, timeshare/condos, etc.
- ◆ 15 words for \$35. Additional words \$1 each.
- ◆ \$90 for three months, same ad! (15 words only) additional words \$1 each

Classified Ad Submissions — WHEN: By the 12th of the month. Please email the information below to: SunSeniorCA@gmail.com.

Subject Line should be SCLH Classified and your Phone Number (Example: SCLH Classified 916-123-4567)

1. Contact name and phone number.
2. Which category to place your classified ad in: (Service, For Sale, Wanted, Announcement)
3. Classified ad text - including the phone number you want readers to call.

SCLH residents get FREE non-business Classified Ads; limited to 15 words; one per household per month.

Non-business Ad items include selling personal used items such as furniture, tools, books, rugs, electronics, personal car, golf cart, etc.

Business Ads include anything of a commercial nature or service, including pet sitting, real estate, rentals, timeshare/condos, any service etc.

Business Ads are 15 words for \$35 for one-month. Additional words \$1 each. (\$90 for three months for the same ad.)

If your classified ad is determined to be "business" related, we will email you an invoice that will allow you to pay immediately with a credit card, or mail a check.

*HINT on Word Counts: A "word" is anything separated by spaces, or as reported by word-process software like Microsoft Word.

If you have any questions, please email us at: SunSeniorCA@gmail.com

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CSLB# 566294

www.PeckHeatingAndAir.com 916-409-0768

Spring is Here! Time to start thinking about a Quiet Cool whole house fan to help reduce your A/C costs this year!

Roseville residents: \$600 REBATE (2000 CFM required) Call for details.

We are Hiring Service Technicians

Tune-up Special! \$69

Expires 4/30/26

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Duct Cleaning with our new **ROTOBRUSH** Machine!



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GBROWN@THOMPSON-
BROWN.COM**



As Broker and Owner of Thompson+Brown I have worked with thousands of sellers to achieve their goals. This year marks my 40th year in Real Estate. I have seen every market condition and I use that vast experience to make the sales process easier for my clients. Please give me a call or text me and I will be happy to come and meet with you and answer any questions you may have.



George Brown

RECENT SALES IN SUN CITY ROSEVILLE

7532 Timberrose Way	1476 Sq. Ft.	\$550,000
216 Trolleybell Court	1476 Sq. Ft.	\$563,000
7736 Rosestone Lane	1840 Sq. Ft.	\$575,000
7082 Cope Ridge Way	1476 Sq. Ft.	\$547,000
300 Cope Ridge Court	1869 Sq. Ft.	\$700,000
2112 Arlington Drive	2385 Sq. Ft.	\$723,600
7389 Goose Meadows Way	1869 Sq. Ft.	\$740,000
6030 Timberlodge Lane	2083 Sq. Ft.	\$750,000
4317 Napa Loop	2362 Sq. Ft.	\$750,000
6014 Timberlodge Lane	2030 Sq. Ft.	\$754,000
7408 Whistlestop Way	2362 Sq. Ft.	\$800,000

All measurements and all calculations of area are approximate. All sales from all MLS brokers. Display of MLS data is usually deemed reliable but is NOT guaranteed accurate by the MLS. Buyers are responsible for verifying the accuracy of all information

BRE #01163699