

SUN SENIOR NEWS

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Dick and Yvonne Halsey — Third Time's a Charm

BY JENNIFER MARTIN

According to statistics, widowed people are more likely to remarry than divorced people. But what are the odds of two people remarrying after having lost their previous spouses twice before? That's what happened to Dick and Yvonne Halsey. Both had been widowed twice and met through the Sun City ballroom instructors learning to ballroom dance. The couple were married here in Lincoln Hills and recently celebrated their second wedding anniversary.

Dick was born in 1948 in Lincoln, Nebraska. His father was a chemical engineer who eventually moved his wife and son to southern California where he became a VP of Private Label Sales at the Purex Corporation. An only child, Dick typically played outside with friends after school until the streetlights went on and he went home. In 1966, he graduated from La Habra High School where he played baseball and football.

Undecided on a career, Dick enrolled in junior college before attending Cal Poly where



Dick and Yvonne Halsey

he graduated with a BS in Business in 1972. Then he got a job with a large engineering firm in Century City where he started their 401K program, but after a year, he decided it wasn't for him. He went on to successfully sell real

estate for four years.

After he got married, he and his wife founded Halsey Schools Inc, a private school in Woodland Hills where children, pre-K-6, could learn at their own pace in a secure and nurturing environment. It was a family-run business where parents could have direct contact with their children's educators. If angry parents came in with an issue, Dick would tell them, "If you won't believe everything your child says about us, then we won't believe everything we hear about you." He was kept busy with a high enrollment of 200 kids year-round, including summer camp.

After a while, Dick turned the focus of the school to infant care and pre-school and found that it was even more successful. After 45 years of managing Halsey Schools, he finally retired and sold it two years ago. His first wife had died and he had remarried a woman who lived in Lincoln Hills. She, too, passed away. Wanting to learn ballroom dancing, Dick

(cont' on page 31)

LH Foundation — Summer is Here

BY DENISE BOWDEN

We want to express our appreciation to everyone who supported the Lincoln Hills Foundation during this year's Big Day of Giving. Your generosity enables us to expand our support for a wide range of programs serving our senior community and to grow our impact in new areas.

June ushers in the summer season with the Summer Solstice — the longest day of the year and the official start of summer. Mid month brings two meaningful observances: Flag Day, when we honor "Old Glory," and Father's Day, a time to celebrate fathers and the influential men in our lives.

At this month's Bingo, we're shining the spotlight on the Friends of the Lincoln Library (FOLL). Take a moment to explore their programs, which include informational talks, guest speakers, large print books, digital downloads, story times, and family movie nights. If you don't already have a library card, they're quick and easy to get.

Mark your calendars for Thursday, June 25th. Doors open at 12:30 p.m., and Bingo begins at 1:00 p.m. Twelve cards are \$25 (exact change appreciated). Payouts are \$100 for the first eleven games and \$250 for the final game. Make an afternoon of it and enjoy lunch at Meridians beforehand.

Help Needed: We're seeking two
(cont' on page 35)

Players Club

BY SUE VILLARREAL

Looking for Lovie — Heat haze shimmers on the "Mother Road". The radio is on, and the top is down as we pull over to park by Cookie's Diner's. The Players' production It Happened on Route 66 runs June 4-7. We couldn't be more excited! As the lights come up, Cookie's Diner is getting ready for the lunch time crowd to roll in, when what began as an average day becomes a day to remember! Join us as we bring the diner crowd and the feel of the 50's back to life in this "Rom-Com", written by Todd Wallinger and directed by Sue Villarreal.

Putting on a theater production requires the creativity and skills of many. In addition to our cast of 16 actors and 5 ensemble players, we also have a production staff of 14, and a tech team of 13, all working together, to bring this show to life. Recently, astronaut Christina Koch explained that "A crew is a group that is in it all the time, no matter what... A crew has the same cares and the same needs... and a crew is inescapably, beautifully, dutifully linked." We are one such crew.

As Route 66 opens, our next show is getting underway. The August "Short Play Festival" Adventures in Aging Boldly (in Sun City) includes a combination of soliloquies and "shorts", written and directed by Karen Pinomaki and MaryEllen Vogt. Twenty actors are beginning to rehearse for their performances (which will be offered free of charge) August 1-3 in PH, KS.

Tickets for "It Happened on Route



Looking for Lovie: Steve Gile, Steven Kremer, Lee Ford

Photo by Cindy Griswold

66", may be purchased at member desks or ordered from the website: www.sclhresidents.com. Check out our website for more club information. Our next meeting is Monday, June 8th at 4 PM in Presentation Hall, Kilaga. Please come join our crew!

Vaudeville

BY RICHARD HALSEY

Exciting news! Vaudeville auditions are finally over, and we're just getting ready to cast. The number of people who came in May was amazing! Director Yvonne mentioned, "I really wish we could have more than four shows this year; there's so much talent out there!" Even the actors were impressed. One actor joked, "That audition went so well, even I would cast myself." Yep, we've got some real stars in the making. Now, we're getting ready for rehearsals, sound and lighting checks, and

(cont' on page 3)



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SCLH Election Committee

BY JUDY MARTIN, SCLH Elections Committee Member

The Sun City Lincoln Hills Election Day on May 14 was a success because so many members of our community chose to participate. The Election Committee extends its sincere appreciation to everyone who took part in the process.

In particular:

- We appreciate the volunteers who encouraged community members to run for the Board of Directors and who helped organize an election process that introduced the candidates, providing meaningful opportunities to learn about the candidates' platforms
- We thank the five candidates who stepped forward to run for office and devote many hours to their campaigns. Congratulations to the three winners who will

be serving on the SCLH Board of Directors: Scott Boore, Dr. Frank Menkel, and Eliana White.

- We are grateful for the dedicated volunteers who counted ballots on May 14. Many of these Election Day volunteers return to every election, and we were pleased to welcome and train new volunteers this year.

- We value the many residents who attended the Candidate Town Hall and Forum to learn about the candidates, understand their goals for the community, and engage thoughtfully in the election process by voting.

A successful election depends on the willingness of members to become involved, and this year's participation made all the difference.

Kilaga Springs Library

BY SARAH I. KEVIN

Hello, as you will see from the article, we are very excited to have Lisa See coming in July to speak at Orchard Creek. This was put together by the Lincoln Library.

Lisa See - Orchard Creek Ballroom, July 30th at 6:00PM

Lisa See is one of America's most celebrated authors of historical fiction, renowned for her richly researched novels that illuminate the lives of Chinese and Chinese-American women across centuries. Her upbringing in a family rich with Chinese traditions deeply shaped her literary style.

Her breakout novel, *Snow Flower and the Secret Fan* (2005), introduced millions of readers to the intimate world of 19th-century Chinese women and their secret language, nu shu. She followed with acclaimed works including *The Island of Sea Women* and *Lady Tan's Circle of Women*, blending meticulous historical research with emotionally compelling storytelling.

Starting July 1st, the Kilaga Springs Library will feature a special section of Lisa See's books. This lecture is sponsored by the Friends of the Lincoln Public Library.

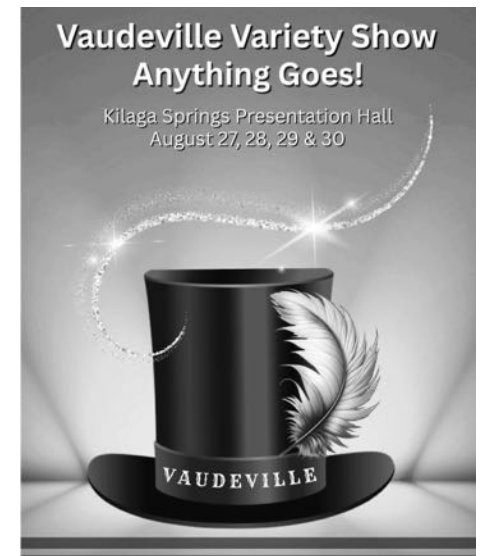
Vaudeville

(cont' from page 1)

more. Our performers are putting in a lot of time to make sure we get their best. Their goal is to bring us performances that make us smile from ear to ear. The Presentation Hall at Kilaga is cozy and welcoming, and we think you'll love it too!

Last year, 2025, Vaudeville tried out some different styles and presentations. The

(cont' on page 5)



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Vaudeville

(cont' from page 3)

most memorable was playing in the Orchard Creek ballroom. The seating was twice as big, and the number of shows was cut from four to three. In all previous years, Vaudeville has played at Kilaga Springs Presentation Hall. The most common comment after last year's show, aside from how much they loved the show, was that they really missed the Presentation Hall. So, this year we're going back to what our audiences have requested. Vaudeville will play four shows at the Kilaga Springs Presentation Hall in late August 2026.

For additional information please contact: Yvonne Halsey, 916-408-2040.

• • •

Chorus

BY KARIE GEIGER

The Lincoln Hills Chorus brought to life the sounds of the frontier during their spectacular concert series, "How the West Was Sung." During three performances in early May, the 75-member ensemble proved that the spirit of the Old West is alive and well, by delivering a harmonic journey through the heart of American country and western music. Under the expert direction of Paul Melkonian, the Chorus brought a professional polish to a repertoire that spanned generations. From the soulful melodies of Patsy Cline and Johnny Cash to the high-energy, modern anthems of Dolly Parton and Garth Brooks, the program was a masterful blend of storytelling and



song. Part of the entertainment included humorous narrations provided by fictional "Kissin' Cousin" characters of country-western royalty, played to perfection by Susan Stecz (Polly Parton), Steve Gile (Slim McGraw), Doug Brown (Billie Nelson), Joanie Adams (Can't See Cline) and Joanie Schuler (Sheba McEntire). The success of these concerts underscores the Chorus's role as a gathering of passionate voices dedicated to artistic excellence and community spirit. The ovations at each performance served as a testament to the months of rigorous rehearsal and the undeniable chemistry of the 75 singers on stage. With the echoes of the West still ringing, the Chorus is already looking toward its winter season. If you are a resident of Lincoln Hills with a passion for singing and a desire to be part of a performing ensemble, there is a place for you - especially if you're a Baritone or Bass. The Chorus is actively seeking new voices to join their ranks for the upcoming season, which starts in early September. If you are interested in learning more about membership, please contact Membership Chair Adrienne Stenson at makstens@gmail.com. Be a part of the harmony that makes Lincoln Hills sing!

• • •

Line Dance

BY SYLVIA FOX

Line Dancer's enjoyed the dance night on May 8th. Our next dance night on July 10th is for all residents and guests. We will be dancing to dances with music provided by D.J's T&T. The Line Dance club will have their afternoon workshop on Sunday July 26th from 12.30pm to 4.00pm. We will be dancing to dances we learned in our dance labs.

We continue to offer line dance labs to our club members on Saturday mornings from 8am for Improver and Intermediate dancers. Sunday labs are from 9am to noon. Sunday dance labs are for beginning to intermediate dancers. We encourage our members to take line dance classes offered in the Compass to learn the basics of line dancing while attending our labs.

Line dancing is a fun social event to make new friends while exercising the brain and body. Contact Sylvia Fox foxsam25@gmail.com

• • •

Ballroom Dance

BY ERNIE MICHELI

Get ready to groove in a slow and sensual way with the Ballroom Dance Class in June! Sal and Ruth Algeri will be guiding you through the rumba. The Beginners class is scheduled for 3:00-4:00 p.m., while the Intermediate class

will teach you the Country Two Step, led by Jim Smyrak and Lia Dresner from 4:00-5:00 p.m. Plus, don't miss the Open Dance session from 2:15-3:00 p.m., perfect for practicing all your ballroom moves!

Jim Smyrak and Lia Dresner have a wealth of experience in ballroom dance. Jim has been dancing for over thirty years, starting with the Author Murray dance studios. Lia also has a great background, having taken many ballroom classes in the Bay Area. They first met while taking a West Coast Swing class twenty years ago, and for the last fifteen years, they've been learning under Sal and Ruth Algeri right here in Sun City.



Lia Dresner and Jim Smyrak

Just a heads-up: Classes will not be held on Tuesdays, June 2 and 23.

If you're a resident or a sponsored guest, you can join our annual membership program for just \$10. Lessons are held in the Kilaga Springs Lodge Multipurpose rooms each Tuesday starting at 2:15 p.m. If you have any questions or need to reach out, feel free to call Sal Algeri at 916-408-4752 or visit our website at sclhfdc.com. We're here to help you make the most of your dance experience!

• • •

Tap Company

BY ALISON WOLFE

The Tap Company wrapped up its spring production, Shake It Up, the last weekend of March, delighting audiences with rhythm, energy, and heart. The show was a joyful celebration of dance and community, featuring everything from classic tap numbers to a surprise Hip Hop performance by the talented Lincoln High School Dance Team. Special thanks go to Principal Ashley Sandor and Dance Director Carrie Pereira for helping make this wonderful collaboration possible.



Presentation of check to LHS.

As part of its commitment to giving back, the Tap Company was proud to present a donation to the Lincoln High School Performing Arts Program in support of young artists and the continued growth of the performing arts. Sharing a portion of the show's proceeds with the program was both an honor and a meaningful way to encourage future performers.

Pictured in the accompanying photo, Pat Robinson presents the donation check to Principal Ashley Sandor and student dancer Lily Nielsen. Pat was instrumental in creating the collaboration between the Tap Company and the Lincoln High School dancers. It was her idea to include the students in the production, and she worked tirelessly behind the scenes to help bring the partnership to life.

The Tap Company hopes the production sparked new interest in the dance opportunities offered at Sun City Lincoln Hills. For those interested in tap dancing, a flash drive featuring basic tap steps will soon be available for anyone wishing to learn or refresh their skills. Tap classes are held Tuesdays at 10a.m. and Thursdays at 11a.m. All are welcome to join in the fun. As a reminder, there will be no tap classes scheduled in July.

• • •

Country Couples

BY DTIM TATUM

We said hello in style to the summer with our traditional Pavilion Picnic on the lovely day of May 29th with plenty of sunshine, fun, and camaraderie! Many thanks to our Social Event Coordinators Rich Pick and his wife Donna who have tirelessly been organizing all our social events for so many years! All we need to do as the Club's members are just

(cont' on page 7)

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Country Couples

(cont' from page 5)

to bring ourselves and our enthusiasm and easy spirit to get together for some fun and laughter in our lives! Of course, we also bring our own picnic food and drink. Oftentimes, however, there will always be something to share amongst our dancing friends!

Talk about dancing, we enjoyed May dance event, "Boots and Flowers" at Kilaga Spring Lodge and thank everyone who attended including the great DJ Dennis Dawson for keeping us entertained with such fun music and dance steps! It truly reflected how going to our dance practices on a regular basis is



Rich & Donna Pick at our Pavilion

the key for our fun on the dance floor. So, why not remind ourselves to come to our "Dance Review and Practice" on Monday evenings at 7 PM at Kilaga Springs Lodge? The time is also convenient as it starts right after Dennis Dawson's "Country Couples Western Dance" class for beginners!

Summer always gives us so much fun in the sunshine. But why not beat the heat and join us? For membership, dance events, and social activities, please contact:

Dtim Tatum 279-966-8551 or 2nparadise@sbcglobal.net Website: www.sclhcc.com

• • •

Painters' Club

BY TAMSEN ARMSTRONG

I hope this little blurb finds you well and enjoying the warm weather. A great time to go outdoors and paint in the shade, or just sit and observe all the beauty. Many of us are busy as bees with the Lincoln Hills Fine Arts Show and are excitedly putting it all together into a wonderful event for everyone to enjoy. Please spread the word and mark your calendars for the 5th, 6th, and 7th of June to celebrate the amazing paintings, ceramics, photographs and other works your friends and neighbors have created. Are you interested in practicing color theory? Our August 18th Meeting is our 2-color Challenge! Using only 2 tube colors plus Black & White, and only mixing tones and tints, discover the value of a limited palette. Don't forget to meet us for lunch at the Turkey Creek Bar & Grill at 11:30 AM on June 16th where we Chat, Chew, Show & Tell.

• • •



Oil painting by Tamsen Armstrong

Round Dancing Group

BY CATHY RAZUMICH

What is "round dancing"? Round dancing is social ballroom dancing that is choreographed (a prearranged sequence of steps) and cued (a leader calls out the upcoming steps). Because there is no improvising, leading and following are easy and dancing flows smoothly.

Round dancing is a fun activity to add to your day. No ballroom dancing experience is required. Our group round dances on Thursdays from 1 to 3 PM in the Placer Room at Kilaga Springs Lodge (1167 Sun City Blvd in Lincoln). Dancers and anyone interested in stopping by to find out more, there is an important ROUND DANCING TIME AND LOCATION CHANGE. Sessions on June 4, 11, 18, and 25. will be from 11:30-1:30 PM in the Fine Arts Room at Orchard Creek Lodge (965 Orchard Creek Lane in Lincoln).

Round dancing includes many common ballroom rhythms. It is estimated that there are tens of thousands of choreographed dances.

The most common rhythms listed below account for 50-65% of all choreographed

round dances.

- Rumba – one of the biggest categories, slow, expressive, and very popular.
- Waltz – huge catalog, especially for beginners, classic ballroom
- Cha-Cha – very large and growing due to upbeat, modern music choices
- These very common rhythms account for 20-30% of all choreographed round dances.
- Two-Step – extremely popular, easier steps, classic and country music
- Foxtrot – strong presence
- Jive (East coast swing) – energetic and widely choreographed, especially more recently

When you attend round dance events and festivals, you can expect the playlist to include a variety of these common cued rhythms. These are the rhythms our group practices on Thursday afternoons.

We would love to have you join us! Contact Cathy Razumich at 408-218-2144. We are sponsored by the Sun City Squares. More club information can be found on our website sclhsquares.weebly.com.

• • •

Ceramic Arts Group

BY MIKE BRADY

Hello fellow potters! The very warm weather will be here soon. What to do on a hot afternoon? Come on down to the air-conditioned potter's studio and spend a cool afternoon making pottery! The studio in the Orchard Creek lodge is open to any resident

on any Friday. Come and give it a try. We have small packets of clay available for a few dollars so that you can experiment. Check the Compass for beginner orientation classes as well. Summer is a great time for pottery. Fellow resident potters will help you get started.

• • •

Needle Arts

BY JAN HESS

Spring is in full bloom and quickly turning into summer days. Our members recently visited with new and old friends at the Sports Pavilion for our Spring Fling Picnic where we shared yummy food and stimulating conversation.

Needle Arts workshops are popular with members who want to learn new skills or just make fun, small projects with friends. Previous participants have made aprons, plastic totes and cross body purses. We will make rope bowls June 15. If you have a project you would like to teach, please contact Leslie Sheets at sewingnutna@gmail.com.

Be sure to join us at our next meeting on Tuesday, June 9 at 12:30 PM in P-Hall (KS). After a short business meeting, we will have a presentation by Tayva Singer from Roseville's



Spring Fling Picnic

Cali Quilt Co. This will be followed by show and tell from our own members. We hope you will join us.

Contact: Cindy Nelson, 916-603-9095 sclhneedleartspres@gmail.com

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(more Club News cont' on page 9)



Round dancers at a recent party in Roseville.

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Creative Glass Club

BY SUSAN HAAS

The Creative Glass Club is a community of glass enthusiasts who enjoy learning, sharing, and creating together.



A recent piece by one of our resident members.

We are inviting You to try new Art endeavors! Yearly dues \$20. Members work on a variety of projects, including stained glass, fused glass, and mosaics. We offer workshops for both beginners and advanced artists and special member only projects. We meet the 1st and 3rd Tuesday evenings 6:00-8:30 and 4th Thursday 9:00-noon. We will be displaying our artwork in the window cases in Orchard Creek in July.

Contact Corene Bennett 925-813-8385.

Mixed Media Club

BY JILL SHORT

In May, members explored the tiny-but-mighty world of Artist Trading Cards (ATCs), led by the inspiring Chris Fetter. These miniature works of art sparked big ideas as members experimented with color, texture, and storytelling. Each card reflected its creator's unique style, proving that even the smallest canvas can make a big impact. The room buzzed with creativity, laughter, and admiration as everyone shared their finished pieces.

June is bringing a fresh burst of creativity to our Mixed Media Club! Now it's time to think outside the envelope—literally! The June 17 meeting will feature an Envelope Collage Challenge led by Jenny Griffin. Participants will transform the contents of an ordinary envelope into imaginative collage art. Each piece of paper becomes part of the creative adventure. Will your collage be bold and colorful, vintage and whimsical, or mysterious and abstract? The possibilities are endless, making this challenge both exciting and inspiring.

Before you start gathering your art supplies, there's one important step: RSVP! Keep an eye out for the club email arriving

the week before the meeting, and be sure to respond by the deadline. This helps us plan supplies, make sure you have a workspace, and ensure everyone has a smooth, enjoyable experience.

So, mark your calendars, bring your curiosity and creative spark, and get ready for another inspiring session. June is sure to deliver! The Mixed Media Club meets on the third Wednesday of each month in the Fine Arts Room (OC) from 12:00-3:00 PM.

Questions? Contact Club President Chris Fetter at 916-276-7895 or email mixed.media.chris@gmail.com

June is calling, and it's going to be a fun one!

Paper Arts Club

BY LINDA LUCCHETTI

Quote of the month: "You can't use up creativity. The more you use, the more you have." (Maya Angelou)



May's meeting

Our June card project includes three creative cards with one 'shaker' card. If you haven't tried making a shaker card, now is the time. The person who'll receive it will be amazed! Speaking of our June project, please mark your calendars: Our June meeting is scheduled for the second week, on June 11, due to room availability.

We meet on the first and third Thursday of the month in the Terra Cotta Room at Kilaga Springs Lodge at 9:00 AM for general meetings and Open Lab. Check the monthly newsletters (email) for updates. For further information, contact: Pam Abad, pamabad@att.net

Photography Club

BY DIANE MARGETTS

In May Laurie Friedman gave a presentation on Burning Man, a spectacular week-long large-scale annual desert event focused on "community, art, self-expression, and self-reliance. Every summer, Nevada's Black Rock Desert springs to life as tens of thousands of people come together to build a city from scratch. Laurie took us to Burning

Man, day by day, so we too experienced the week-long festival where Black Rock City becomes a temporary playground of themed camps, towering sculptures, and open stages scattered across a barren desert. The celebration culminates with the ceremonial burning of a massive wooden 'Man' under starlit skies.

In June, our regular board meeting will be replaced by a Show and Tell Extravaganza. The event will culminate with a pizza social! In July, Truman Holtzclaw will give a presentation on reflections and in August Jim Dunn will present 'Birds in Brazil'.

Our Education Committee has been working hard to come up with special interest classes for Club members. Upcoming classes include popular Canon and Nikon group meetings as well as and Snapseed and other post-processing classes.

Currently, we have two active exhibits which include the Kilaga Sprigs Spa and Buonarrati Restaurant. Upcoming exhibits include Simple Pleasures Restaurant and the very sought after Orchard Creek Alcove exhibit. Check our Club website for updates.

Thinking about joining the Photography Club? We always welcome new members of all skill levels! You can sign up at our monthly General Meeting. For information of meeting times and schedules, please reference our website.

Woodcarvers Club

BY LIONEL RAINMAN

At the Woodcarving club we like to say that every block of wood has a surprise hiding inside and half the fun is figuring out what it wants to become. The carved spool in the picture, for example. It started out as an ordinary



Carving by Lionel Rainman

item, but with a few tools, a bit of patience, and plenty of encouragement, it turned into a neat little piece that makes people ask, How'd you do that.

That's the magic of our club. We laugh, we learn, we make chips and every now and then we even make something we're proud to show off. Whether you've carved for years or you're just curious what all the chips are about, you're welcome to pull up a chair and give it a try.

Come visit the Woodcarvers Club — you might discover a new hobby, a new skill, or at the very least, a group of folks who love turning wood into something worth smiling about. We meet every Wednesday from 1:00 to 4:00 PM in the Sierra Room at Kilaga.

Stamp Club

BY TIM MILES

A lot of things happening in the Stamp Club in June. We meet twice a month on Tuesday evenings at 6:30 pm at the Sun City Roseville Lodge meeting rooms (7050 Del Webb Blvd). June's dates are the 9th and the 23rd, July's are the 14th and the 28th. We have door prizes, games, guest speakers, plus any and all parts of the hobby available (albums, pages, protectors, etc.) There is also a complete set of catalogs available for perusal.

Al Capparelli (916-771-8288) also has "garage days" from time to time to fill out a particular gap in your collection. These are set for June 18th and 19th and July 23rd and 24th. Be sure and call ahead for an appointment as folks sign up fast.

The World Exposition in Boston was held on May 23-30 and some of our members attended.

We also had a recent luncheon at 747 Restaurant, which occurs from time to time.

Our Secretary, Lee Coen (leejcoen@gmail.com) sends out timely notices on club happenings so be sure he has your email address. Dues are \$20 per year for all this.

We always note that if any reader has an "old" album in the closet that he wants an updated idea of price estimated, drop in on one of our meetings and we can give you a pretty good estimate of value.

SCHOOLS

BY PATTI KINGSTON

SCHOOLS volunteers support the Phoenix/Atlas High School. Chuck Whitecotton, Principal, gave the Members of the SCHOOLS Steering Committee a

(cont' on page 11)

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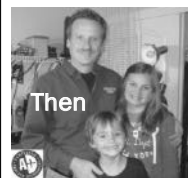
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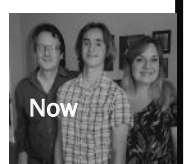
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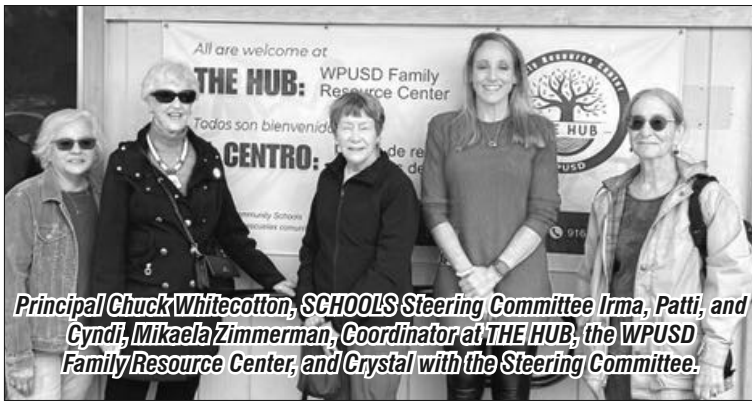
SCHOOLS

(cont' from page 9)

tour of the phase I renovations and construction of the new Atlas building and of the existing campus for Phoenix High. The opportunities offered attract High School students who want to work at their own pace with individual instruction to graduate from High School. The classes have become so popular that there is a waiting list for new students. Some classes offered by Sierra College are also available to students.

“The HUB” is a Western Placer Unified School District (WPUSD) family resource center and is adjacent to the Phoenix/Atlas High School. They offer shelf stable food, produce, backpacks and school supplies, clothing, hygiene kits, college and career support and referrals to County and Local services. Anyone in the community needing this resource may come to the facility at 790 J Street, Monday-Friday, 8 AM to 4 PM during the school year.

The SCHOOLS organization is always looking for volunteers in K through 5 in our elementary schools. Now is a good time to express your interest for the Fall 2026 school



Principal Chuck Whitecotton, SCHOOLS Steering Committee Irma, Patti, and Cyndi, Mikaela Zimmerman, Coordinator at THE HUB, the WPUSD Family Resource Center, and Crystal with the Steering Committee.

year. The district will provide the steps needed to become a volunteer; a TB clearance from a medical professional and being fingerprinted. Those things can be easily taken care of. The district pays for finger printing. Some volunteers help with paperwork, but most enjoy working directly with the children. Many volunteers are in the classroom 1 day a week for a few hours. They follow the teacher's guidance and collaborate with her. Most say they love being part of the community and “giving back” by volunteering. Teachers rely on extra help and appreciate every hour the volunteers spend in the classroom. For more information on volunteering in a Lincoln elementary school, contact Cyndi at ccolloton@yahoo.com. If you are interested in tutoring Math, History or English at Phoenix High School contact Irma at jmeidm@aol.com

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Apple User Group

BY NINA MAZZO

Our general meeting on Tuesday, June 9th, at 6:30PM in the Presentation Hall (KS) will feature a special program. We will (REMOTELY) welcome David Pogue, the New York Times best-selling author and tech columnist. He will share insights, historical stories and trivia about his new book, “Apple: The First 50 Years,” based on interviews with key features in Apple's history. The presentation starts PROMPTLY at 6:30PM. Doors open at 6:00PM and close at 6:30PM. The presentation will be recorded for later viewing by members.

We are fortunate to have many volunteers behind the scenes who regularly provide tech



Lew Barnard

help, member services, program presentations and videography. We would like to extend a big THANK YOU to Lew Barnard who has been helping with videography for over 12 years!

Club website: www.LHAUG.org. General information phone is 916-913-6833 (we only accept voice messages not texts).

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Astronomy

BY BARBARA SWERDLOW

Space the final frontier! Interested in learning about our solar system, deep space discoveries, and current space projects? These topics and more are presented at our monthly meetings. Meetings are held the first Wed. of every month, except July and December, at P-Hall (KS) at 6:45pm. Our speaker for May was Raj Dixit who gave an informative and enjoyable presentation about the search for exoplanets. There will be no meeting in July, which is our summer break.

We also invite people to view space objects at our monthly star parties, which are held, weather permitting, at the upper tennis courts. Summer is a good time to view galaxies, planets, and many other interesting things. Check website for updates and times.

Our Cosmology interest group explores the history and development of the universe. Meetings are held monthly at Orchard Creek. Check the website for details.

Website: lhag.org Contact: Cindy Van Buren, rvbcbv@att.net

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Airport Co-op

BY GINNY SATO

Need a Ride to the Airport or Amtrak? Join the Lincoln Hills Airport Co-op! The Lincoln Hills Airport Co-op makes getting to the Sacramento Airport or the Amtrak station easier, more affordable, and more neighborly. This member-run service is perfect for residents who want a convenient way to coordinate airport or train station drop-offs and pick-ups, without the high cost of commercial ride services. Members volunteer to either give or receive rides. There is also a \$15 yearly membership fee per household. For more information, contact Ginny Sato at gsato2002@yahoo.com.

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Travel Group

BY LINDA & JOANNE & PAM & LISA

Mark your calendar for the next Lincoln Hills Travel Show on July 29th.

Did you know? You can book any Collette Travel tour that interests you with any of the Lincoln Hills Travel Group Leaders – even if it is not one of the Travel Group's highlighted tours? All of the highlighted Lincoln Hills Travel Group tours can be found on our website: lincolnhilstravelgroup.com.

Call any committee member (listed below) and see what other dates Collette may have open for your dream trip.

Advantages to booking your personal Collette trip through a Lincoln Hills Travel Group committee member rather than directly with Collette:

- Having someone local assisting them, not speaking with a different person each time you call;
- If you buy air with Collette through the Lincoln Hills Travel Group, you can get picked up at your home instead of the clubhouse (where our groups normally get picked up);
- You pay the same price as you would by calling Collette Travel directly;
- You will receive a \$50 discount for booking your private trip through Lincoln

Hills Travel Group;

• Transportation to/from SAC airport included with air purchase if you live 50 miles or closer to airport. (But no SFO option unless you wish to stay near SFO and get picked up at a hotel or friends home;

• Travel documents are sent directly to your home.

All trips on the Lincoln Hills Travel Group website include airfare and transportation to/from the airport in the price of the trip. You can sign up for any of these trips on our website with a secure link directly to Collette.

LH Travel Group Leaders: Joanne Schumacher 415-999-1242 jkschumacher1@gmail.com;

Lisa Viviano 916-798-7462 lisav4747@gmail.com; Pam Speck 916-925-389-6302 joepamspeck@gmail.com; Linda Bevins 916-666-7627 djbevins17@gmail.com

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Republican Club

BY SUE DUMAS

Our Club presented the first recipient at 12 Bridges HS with a \$1250.00 scholarship for submission on her favorite Constitutional Amendment (pictured). \$10 Leatherby's gift certificates were given to additional eighteen applicants.



Friday, May 8th was an evening focused on education. Candidates; Sonja Shaw (for State Superintendent of Schools), and Marjorie Proffitt, (for West Placer Unified School Board). Also, Garrett Culp, President of Twelve Bridges High School's Club America. All three guests provided significant and impactful information on past, present, and future aspirations for our youth.

The May 20th event at the Sports Pavilion, had to be cancelled due to issues with Facilities Management.

Leading up to the Nov primary election, (cont' on page 13)

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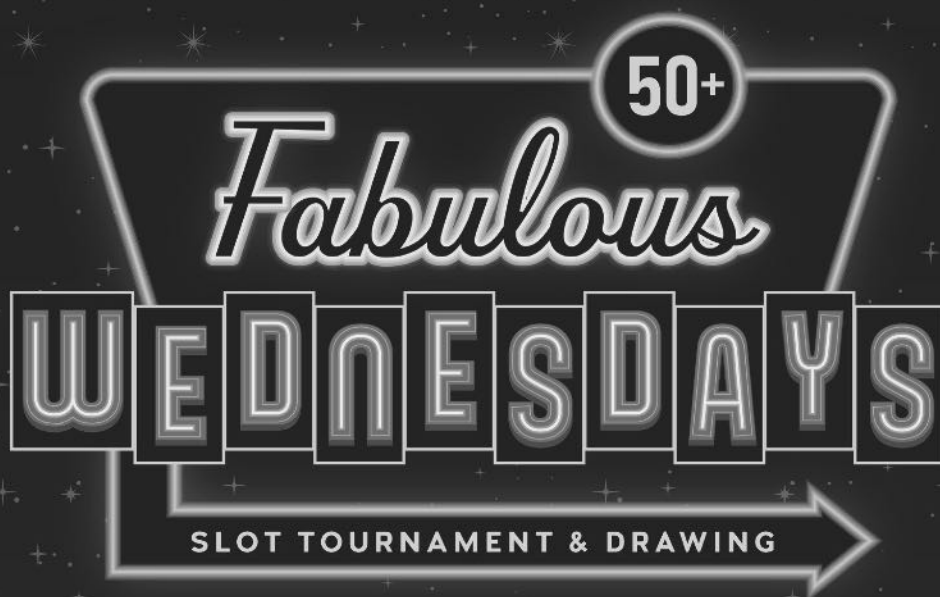
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Republican Club

(cont' from page 11)

we will be busy supporting well qualified local and State candidates.

Details for BBQ's, meet & greets, etc., will be on our website and in Club emails. (It is never too late to volunteer...we can always use more help.)

Friday, June 19th - "Early 250th Celebration" - (KS) Placer rooms. There will be games, prizes, and lots of laughs! Watch for more info.

Saturday, July 4th - Downtown Lincoln Old Fashion Parade and 4th of July Celebration! Starting at 9:30 AM on McBean Parkway, and ending traveling SW down 5th to end stations. Do not miss it! Ride or march with PCRCC floats (3) if you get there by 8:30 AM. Fireworks after dark at McBean Park will complete the day.

Our Club continues to grow, enhancing our ability to do more for our community to impact strong healthy family and youth values.

Vote June 2nd, make California Great Again! www.RepublicanClubSCLH.org

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Veterans Group

BY STEVE WITMER

Members and guests, make your reservations now for the annual Flag Day Barbecue on Sunday, June 14, at the Sports Pavilion. The celebration will begin at 5:00. Dinner will be served at 6:00. Clay City BBQ will cater this popular event again this year. There will be a cash bar and complimentary bottled water will be available.

The \$30 per person buffet includes: beef tip roast, barbecued chicken breast, fresh smashed potatoes, ranch beans, tossed green salad, hot ciabatta bread and dessert.

Reservations close on June 8. For further information and reservations, contact Dottie Monroe at 650-208-2500.

Residents whose American flags took a beating over the winter months can pick up a bright, new flag on the 15th of the month when the Veterans Group sells replacement flags in the Orchard Creek lobby from 8:00 a.m. to 4:00 p.m. Flags are \$20 each.

All residents are urged to fly their American flags proudly on D-Day, June 6; Flag Day, June 14 and Independence Day, July 4.

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Genealogy Club

BY NANCY SWITZER

There's nothing more exciting to a genealogy researcher than finding a Ship

Manifest with your ancestor's name on it. My friend found the ship manifest for my husband's maternal grandmother, who came on the Norddeutscher, Lloyd Bremen Steamship Company. She ended up working for a family (possibly as an indentured servant) in Oakland CA. His paternal side have been in the US for more generations, living in Indiana. Granddad was a man who did whatever would support his family during hard times, working in oil fields and falling off an oil derrick, working as a carnival worker in summers, and farm work during harvest times. He eventually worked his way across the US, ending in California, owning his own small farm. These were folks willing to do whatever it took to live in America.

Our June 19, 2026 10:00 AM meeting in Presentation Hall (KS), Zoom Presentation will be "Tools Used for Immigration and Migration", presented by Denise Beeson. She will speak on how "Immigration and migration records traced the routes our ancestor took in coming to the United States." This is an exploration of the documents that traced their journey.

Denise Beeson has been an Adjunct Instructor in the Business Dept. at SRJC for over 25 years. Now teaching in the Lifelong Learning Genealogy classes, Denise has a BA from Whittier College and a MA from San Francisco State and is a member in good standing in the Sonoma County Genealogical Society with an ongoing interest in genealogy for over 15 years.

Kate offers a Genealogy workshop open to all residents, 2nd Mondays from 1-3 PM, Computer Room (OC). Questions, contact Kate at 916-975-5052 or starkayak@icloud.com and leave your question with contact information.

Contact: Rita Perada 510-710-5704, ritaperada@gmail.com

Coffee, Cookies, and Chat afterwards in the Café.

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Shalom Social Group

BY JUDY GANULIN

There is always something going on with the Shalom Social Group. Sometimes it's educational; sometimes it's entertaining; sometimes it's spiritual, sometimes it's culinary; sometimes it's a mix of two or more of these characteristics, but we always have a good time when we get together! This was certainly true at our late-May picnic - good food, music, bocce ball, lawn games, board games and exciting prizes at our raffle. We look forward to Trivia Night June 24 and a July 22 membership meeting with speakers from the Sacramento

Bee. We are working on our calendar for next year. For more information about our group, or to join, please contact Margie Gulko, 916-543-5303 or Deanne Iliff, 530-518-3704, or visit our website <https://shalomsocialgroup.godaddysites.com>

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Lavender Friends

BY JOAN LACKTIS

This month we will be taking ourselves out to ball game when we go see the Potters play on June 25. Our group event tickets include all-you-can-eat hamburgers and hot dogs with beverages available for purchase.

Our annual all-members mixer is planned for July 11. This year we are moving to the Orchard Creek Ballroom to beat the heat, but it will be the same mix of good food, catching up with friends, and hopefully making new ones - along with games or other entertainment. Watch the Weekly for details.

June is recognized as Gay Pride month throughout the world as we celebrate the rights gained over the past 50 years. Placer County's celebration was held in May in Roseville to avoid competition with larger events in Sacramento and elsewhere. The Lavender Friends Club was invited to judge the booths. Such fun! And there's still time to plan an outing to Sacramento June 14-15 for their parade and festival.

Lavender Friends is a club for LGBTQ residents and their allies; check out our website at lavenderfriends.com

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Democratic Club

BY PAT MACHT

With election battle lines drawn, we're putting pedal to the metal to get our nominees into the winner's circle this November. Great News: there is now an official Placer County Democratic headquarters in downtown Lincoln, home base for what will be an amazing five months of campaigning. Check it out. It's located in the Lincoln Brands Feed building, and if you haven't already, sign on to join the fight.

At our next club meeting Thursday, June 18 at Kilaga Springs Presentation Hall, we'll debrief the primary and provide an update on our plans from now to November, sharing the many ways members can get involved. There has never been as important an election as this one and the harder we fight, the bigger the win for democracy!

That urgent message came through loudly and clearly on May 20th from Lt. Gov. Eleni Kounalakis, keynote speaker at the Placer

County Democratic Party's 13th annual Roosevelt-Kennedy fundraising Dinner held at Orchard Creek Lodge. Funds will go toward printing election materials, sample ballots, get-out-the-vote efforts and a whole lot more.

In May, we also held several more Coffee and Conversations with Democrats providing an opportunity to talk about hot button issues. We host every other week, by voting precinct, now til the election. The next events will take place on June 9 and June 24.

Our passion for community service also continues. Our quarterly "Adopt-A-Street" project is going great guns. Last month, we picked up debris on F Street. Others sorted and shelved donations at the Feeding the Foothills food bank. Consider joining the team! For more information on what's happening and how you can get involved go to www.LincolnCADems.org

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Alzheimer's-Dementia Caregiver's Support Group

BY DENISE WEBFIELD

This group provides an opportunity to meet with others caring for someone with dementia. We share experiences and resources. The Women's Group meets on the first Wednesday of the month at 1:00 PM in the Fine Arts room. (OC). The Men's Group meets on the third Thursday of the month (June 18th) at 10:00 AM in the Multipurpose Room (OC). The General Meeting is June 24th at 1:00 PM in the Fine Arts room (OC) featuring Stephani Gunther from Del Oro. She is a dynamic speaker who will address "Strategies for Successful Care Planning." For more info contact Elizabeth Farley 916-521-9968 or elizjohnfarley@gmail.com

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Low Vision Support Group

BY STUART SINGER

While the topic of Artificial Intelligence (AI) is the hottest new thing in new technologies, a much older one may help in the future of treating certain forms of low vision. Dr. Alison Liu, a professor of Ophthalmology at UC Davis Medical School, will be presenting the potential uses of Virtual Reality in treating visual challenges at the June 6 Low Vision Support Group meeting. Along with several of her students, Dr. Liu will demonstrate the latest innovations in Virtual Reality that are specifically geared toward improving eyesight. In addition, she will give attendees an opportunity to "test drive" some of the devices. Members will be given the opportunity

(cont' on page 14)



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Low Vision Support Group

(cont' from page 13)

to volunteer for clinical trials being conducted with the technology. There are several such groups currently utilizing this technology in the area.

This meeting will be held on Tuesday, June 6 in the Fine Arts Room at Orchard Creek beginning at 2:00. All Sun City residents are welcome to attend.

Upcoming meetings:

On July 7, Shanti Landon, Chairman of the Placer County Board of Supervisors will present her vision for the future of the county as well as listen and respond to the concerns of our members.

The September 1 meeting will feature a panel of instructors from the Sacramento Society for the Blind, who will share their profoundly moving journeys facing the challenges of vision loss.

October 6 meeting will feature Dr. Cameron Pole, a Retinal Specialist in Roseville, who will discuss new treatments for Macular Degeneration as well as other breakthroughs.

• • •

Multiple Sclerosis

BY JERI DIFIORE

Alert! The Tuesday, June 16, 1PM, MS Meeting will be our yearly ZOOM, on the "Unmentionables".

July and August you can enjoy the heat wherever you stay cool.

Therefore, there will be no in-person meeting till September 15. In the past, the June Zoom has been a source of personal information and ideas to manage our MS.

Members share openly and enjoy each other. Feedback has been very positive!

Login information to be forwarded members by Sunday June 14 for the June 16 Zoom!

We wish to thank our 2026 Corporate Sponsors: Cindy Lynn's Rub, Donna Judah, Coldwell Banker Real Estate, Hank Rhoads, American Senior Mortgage, Star Dental, Roberts Retirement Financial Services. And as always the Lincoln Hills Foundation for supporting us throughout the years!

• • •

Bosom Buddies

BY DOTTIE SUHRHOFF

Bosom Buddies is a support group for those who have survived or are experiencing breast cancer. We are there for each other in good times or when needed for support. Our phone tree and our monthly meetings are so important to determine who needs support at any given time. We meet on the second Thursday of each



month at 1 PM in the Multipurpose Room at Orchard Creek. We have speakers who talk about things related to breast cancer or other items of interest.

Our May meeting did not have an outside speaker. Instead, we had a casual round table discussion with all our ladies participating. There were questions and concerns about medications, osteoporosis treatments, and how to get information when needed. Paula Chaffee guided the meeting and led us in two different breathing techniques to relieve anxiety. She showed us how to do cyclic breathing to train our nervous system to relax and box breathing to help us remain calm.

We will have the core meeting on Thursday, June 4, at Patty McCuen's house. All members are welcome to attend. Our regular meeting will be on Thursday, June 11, at 1 pm at Orchard Creek. Our speaker will be a physical therapist from Kaiser who will speak on preventing lymphedema. Also mark your calendar for



Saturday, July 11, for the annual Care Givers Luncheon. More details to follow. Many of our ladies go to lunch at Meridians just prior to the meeting and all are welcome.

We want to thank Sandy Adame for continuing to provide handcrafted raffle prizes.

If you have any questions regarding Bosom Buddies, please contact Dottie Suhrhoff (815-236-0197) or Patty McCuen (530-575-2889).

"Together we are strong, together we make a difference, together we will survive!"

• • •

Writers' Group

BY RAY BIRGE

We're proud to be the SCLH Writers' Group dedicated to encouraging the growth and development of members in meeting their individual writing objectives.

Fun Facts About June — June marks the start of summer. Shade, cool beverages and air conditioning become the topic of conversations.

- June is associated with Juno, the goddess of marriage and is a popular month for weddings. Interestingly, the antacid Rolaid was trademarked in June 1847... It is unknown if there was a relationship between the two events.

- In June, the Summer Solstice features the longest daylight hours of the year and occurs around the 20th or 21st.

- Flag Day is June 14th.

- We celebrate the third Sunday as Fathers' Day.

- June flowers are roses and honeysuckles.
- Donuts were invented in 1847.

Looking For Fun Topics To Write About
(cont' on page 15)



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Writers' Group

(cont' from page 14)

Remember, If you can tell it, you can write it!

- Childhood memories
- Foods you 'don't' like
- Your pet's quirks
- Where do you want to visit in the U.S.?

We want to be the most creative organization possible by providing feedback and constructive suggestions to our members and having fun doing it. We author short stories, novels, poetry and even memoirs.

We meet on the 2nd and 4th Monday each month from 5 to 7 pm in the Computer Room (OC). Hopefully, we'll see you there. We share copies of our 1300 words or less "masterpieces" so everyone can read along. Join in or just come visit. Happy 2026 from the SCLH Writers' Group.

Any questions, call Ray Birge 909.965.3558 or raybirge@aol.com

• • •

LH Italian Club

BY ANNE (CORSAO) FINN

Drop by the Sports Pavilion between



Italian Club's "L-Tombola" event.

noon and 1pm on June 29 for our annual member appreciation lunch. Our membership is growing and we couldn't be happier! You'll be able to visit with some of your favorite people and maybe even make a new friend or two. We'll be serving meatball hoagies, chips, Caesar salad, and some refreshing watermelon. Afterwards, you can top it all off with a yummy ice cream treat! See you all there! Don't miss out on our Inaugural Dinner and Great Gatsby performance on July 12 in the Ballroom (OC). Let's welcome our new Board members for 2026-2027 and thank them for stepping up to the plate so that our club can continue to thrive and grow. Please check out our website at www.lhitalianclub.org for details on these and future events. For membership information, contact Sandi Graham at 916-826-5711.

• • •

RV Club

BY MARY CARBREY

"I'll take a Paso Pour, por favor!" If you attended the RV rally in Paso Robles, you were treated to a grand winetasting while we all watched the astronauts splash down on TV. Want to know what a "Paso Pour" is? Just ask the experts Al, Steve, and Craig. In addition,

we participated in a tour of Hearst Castle, elephant seal viewing, a spectacular Sensorio light show at night in the rolling hills, and a dueling piano concert led by our own dancing queen, Kathy.

More to come in Angels Camp, Central Point-Oregon, Heber City-Utah, and McLeod. To learn more, see our website at www.lhrvg.com and join us on the second Thursday of the month, 4:30 PM in the Placer Room. All types of RVs are welcome. For general information contact George Slaats at 916-257-3372 or Georgeslaats@gmail.com.



RV Club Tour of Hearst Castle.

HEARST CASTLE, APRIL 11, 2026

For membership contact Cara Roberts at 925-330-9397, or Constanceroberts@gmail.com. Submitted by Mary Carbrey.

• • •

Sports Car Club

BY ROB PHILLIPS

They say April showers bring May flowers—yet this year, May showers brought a cancelled Mini Car Show. We were rained out of our springtime show scheduled for May 4th, but we're hoping for clear skies for our fall event.

Fortunately, the weather cooperated on May 6th for our second social event, hosted by Bob & Kathy Owens at Topgolf. A small group played—or at least attempted to play—and everyone had a swinging good time.

On May 15th, 21 cars ventured out on a driving tour led by James & Debbie Gibson for a close-up view of the Sutter Buttes and



On the road to Capay Valley.

Capay Valley. We departed from Lincoln, cruised through Nicolaus, and passed alongside the Sutter Buttes. We took a quick break at Granzella's in Williams before heading to the Capay Valley via Highways 20 and 16.

The Capay Valley is a serene, rural agricultural region in Yolo County, northwest of Sacramento. It's known for organic farms,

(cont' on page 17)

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"I Have My Life Back."

Roseville resident, Dawn R. had been experiencing the painful effects of Peripheral Neuropathy, "my feet and legs hurt, tingled and burned, all the time and my doctor told me there was nothing they could do. I was told that I would have to take Gabapentin for the rest of my life, that wasn't okay with me." Then she started treatment with acupuncturist, RaeAnn Salvador.

Peripheral Neuropathy is the pain, discomfort and numbness caused by nerve damage of the peripheral nervous system. Dawn explained that daily tasks like opening doors and using the bathroom were overwhelmingly painful. "How can you live for the next 20 years when you don't even want to get out of bed to do simple things?"

She was experiencing the burning, numbness, tingling and sharp pains that those suffering with neuropathy often describe. "The way that I would describe it, it's equivalent to walking on tacks all the time." Dawn hadn't worn socks in five years and was wearing shoes two sizes too big so that nothing would 'touch' her feet.

Unfortunately Dawn's story is all too familiar for the over 3 million people in the U.S. suffering from Peripheral Neuropathy.

If you are unfortunate enough to be facing the same disheartening prognosis, you're not sleeping at night because of the burning in your feet, you have difficulty walking, shopping or doing any activity for more than 30 minutes because of the pain.

You're struggling with balance and living in fear that you might fall. Your doctor told you to "just live

with the pain" and you're taking medications that aren't working or have uncomfortable side effects. Just know that there are options.

Fortunately, three months ago, Dawn read an article about Lincoln Acupuncture and the work being done to treat those suffering from Peripheral Neuropathy without invasive surgeries or medications. She can now share how significantly her life has been changed

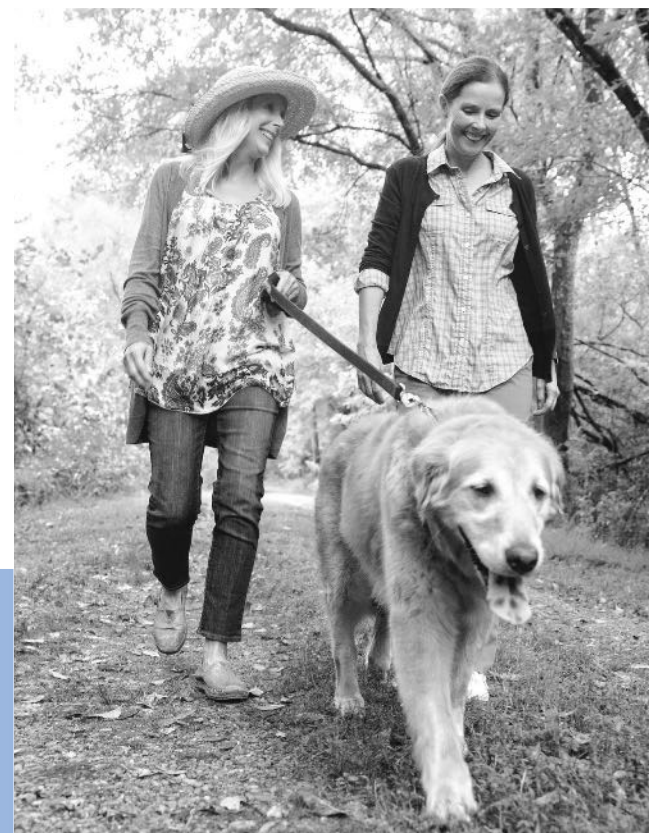
"Now when I go to bed at night I don't have those shooting pains. I don't have that burning sensation. I can let the sheets touch my feet and it isn't painful," Dawn enthusiastically describes life after receiving treatment. "I can wear socks and shoes and I can enjoy working in my garden."

At Lincoln Acupuncture, results are achieved using the time tested science of Acupuncture combined with technology originally developed by NASA that assists in increasing blood flow and expediting recovery and healing to treat this debilitating disease.

What differentiates Lincoln Acupuncture is the use of the most cutting edge and innovative integrative medicine. Specializing in chronic cases, specifically those that have been deemed 'hopeless' or 'untreatable', Dr. Salvador consistently generates significant results. What was once a missing link in senior healthcare is now easily accessible to the residents of Placer County.

If you've missed too many beautiful days outside because of pain or you've passed on dancing along to songs of your youth because you're afraid of falling, it's time to give yourself a new opportunity.

It's time to let your golden years be golden!



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Sports Car Club

(cont' from page 15)

olive orchards, and the scenic Cache Creek corridor. It's a great drive in any car—but especially enjoyable in a sports car with the top down.

We stopped for lunch at the Road Trip Bar & Grill, an old-timey roadside spot serving American comfort food in a laid-back atmosphere. After lunch, some cars headed home through Knights Landing and back through Nicolaus. A few folks chose other routes after spending a little more time exploring the Capay Valley.

More road-trip adventures are planned for this summer—hope you can join us!

Join us - New members are always welcome! If you're interested in joining or learning more about the club, please visit our <http://lhsportscars.com> or contact Carol Asnault at casnault@comcast.net

Tesla Club

BY PAUL GARDNER

The next meeting of the Tesla Club will be on Saturday, June 27, in the Kilaga Springs Presentation Hall, with our doors opening at 1:30 to allow for lots of Q and A. Membership in the club is free and you are invited to attend and bring your friends and neighbors who might be interested in driving a Tesla. After the meeting, we will be happy to provide rides to those who would like to experience the incredible magic of Full Self Driving. For further information log into lhteslaclub.com or email lhteslaclub@gmail.com.

Amateur Radio Group

BY DAN LEHRER, KN6DRN

A useful online tool was demonstrated by Art, KI6GYY. Reverse Beacon Network is an easy tool that Hams can access (for free) to see at a glance what bands are active any time of the day. Art was able to pose verbal questions to the program and received verbal sophisticated answers immediately.

Members are continuing to watch free online Zoom Meetings which cover a wide range of topics for Hams. Contesting, Logging Software, Amateur Satellites etc. are just a few of the offerings to our members.

We are looking forward to Field Day, June 27-28. We will be setting up near the Sports Plaza. Consider coming by and maybe get on-the-air yourself. Club Contacts and achievements will be posted in future months.

Meetings are held at the South Tower



every Monday night at 6:30 PM. Our club conducts a weekly radio network at 7:00 PM every Monday on the W6LHR Repeater at 147.030 MHz, 167.9 PL. If you are looking for a way to engage in the community and have an interest in amateur radio, please check out the LHARG. We can help with programming handheld radios. For more LHARG info visit our Website, the URL is: lharg.us or email: dlehrer72@gmail.com

Garden Group

BY LORRAINE IMMEL

Herbs can bring beauty and scent to our gardens and flavors to our food. The Garden Group will have Rose Lovell from Morning Sun Herb Farm as our guest speaker on "Herbs for Pollinator Gardens." (Presentation Hall, June 25, 2 PM.) She will be bringing handouts and a variety of herbs for sale and donating some for our Door Prizes. Cash is best for faster check out—small bills if possible.



Rose Lovell from Morning Sun Herb Farm.

plants for different pollinators, and find out some great uses

for herbal flowers for humans as well. Stop pinching all those herb flowers, thinking you are helping your herbs, and instead stop and smell – and maybe eat, the flowers, and find out why all the bees and butterflies are attracted to them!

Rose Loveall is the founder and owner of Morningsun Herb Farm in Vacaville, California. She is a knowledgeable horticulturist. Morningsun Herb Farm offers a large selection of herbs, vegetables, and perennial plants.

There will be Brown Bag Sales before/after the meeting, Master Gardeners (1:30-2:00 PM) will answer your Q's & A's and door prize tickets will be available at check-in time.

Bird Group

BY SHERRY SINGER

If you are reading this article, you are probably familiar with the Northern Mockingbird. A loud, chatty local bird that can produce up to 200 different songs used for defending large territories and attracting mates. Studies indicate that Mockingbirds can not only mimic over 150 bird species but also a barking dog or mechanical sounds like sirens! And it is not just the males that have this ability. Females can also learn hundreds of songs. They just vocalize more quietly and not as frequently. (As an aside, I have spent three years studying with Duolingo, trying to learn one additional language with little success.)

How do these birds make all these different sounds? They use a structure found in most birds called a SYRINX. Unlike our larynx, the syrinx is a dual voice box allowing the bird to produce two different notes simultaneously. Additionally, there are muscles attached to each voice box that allow them to rapidly change the tension of elastic membranes and thus the sounds. The Mockingbird's mastery of bird song is impressive.

Attention! Change Of Dates: Due to factors out of our control the following Bird Meeting dates have been changed. The June Meeting will be changed to the third Monday on June 15. And the September Meeting will also be changed to the third Monday on September 21.

Bird Walks: Bird Walks are currently on summer hiatus and will resume in the fall.

Future Meetings — Note: The June Meeting is on the third Monday this month at 1:30pm @ Kilaga Presentation Hall

June 15: Carol Smith, SCLH resident and outstanding photographer, will be presenting "Birding the Ecuadorian Cloud Forest".

Contact Information: Visit us at our website www.sclhbirders.org

Or contact Don Fallon, our chairperson at donfallon102@gmail.com

Cyclists

BY TOM FRADY

The weather and club activities are both heating up. Go to the club website (Lincolnhillscyclists.com) and click on "Safety" to find a Teachable Moment on "Hydration" to help you navigate the summer on your bike.

If you tend to ride with the same group all the time, try a morning with a different group. You will meet some great folks. There are descriptions on the website of all the groups to help you find compatible riders. The Sunday Social Ride is also a great place to find some new riding buddies.

All the right people have been very active planning some fun activities for the membership.

- The Tahoe Overnight Destination Ride is planned for June 24th. Details are available. At least two rides are planned.

- There will be a club "mingler" August 13. Get it on your calendar... in pencil.

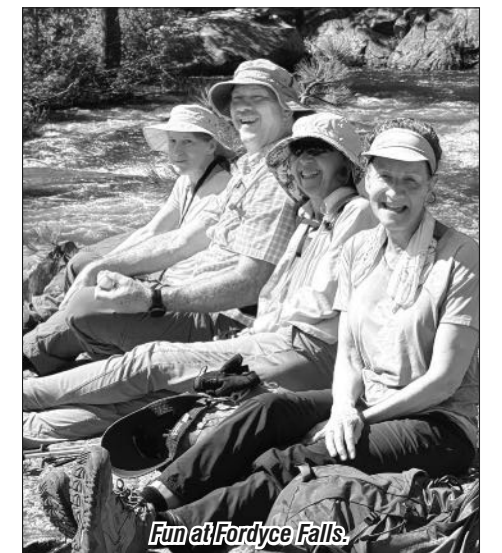
- And Solvang. October 6 – 8. That promises to be an amazing experience.

Hikers and Walkers

BY LISA MARIOTTI

It's June — the mountains are calling! Whether you're joining us for a relaxing nature walk here in Sun City or a more challenging summit adventure, we're excited to share another month of fresh air, scenic views, and

(cont' on page 19)



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Lincoln Hills April Sales Snapshot

Address	Street	Approx SqFt	Orig. Price	Selling Price	Floorplan
1935	Mary Rose Lane	900	\$439,000	\$445,000	Woodleaf
2272	Winding Way	1020	\$449,900	\$449,900	Mariposa
1410	Periwinkle Lane	1195	\$479,999	\$495,000	Calaveras
679	Wagon Wheel Lane	1190	\$499,900	\$499,900	Calaveras
608	Wagon Wheel Lane	1361	\$499,950	\$499,950	Madera
2182	Lamplight Lane	1161	\$515,000	\$490,000	Sequoia
869	Greenridge Court	1138	\$529,000	\$492,800	Millpond
1161	Ivy Arbor Lane	1602	\$539,900	\$536,000	Lassen
1799	Stone House Lane	1473	\$549,000	\$544,400	Almanor
1165	Segolily Lane	1655	\$558,900	\$554,500	Trinity
1738	Leander Lane	1515	\$559,000	\$555,000	Pine Hill
1960	Graeagle Court	1322	\$569,000	\$560,000	Bridgegate
380	Lilypond Lane	1539	\$570,000	\$585,000	Pine Hill
2254	Lamplight Lane	1626	\$574,900	\$560,000	Lassen
1885	Laurelhurst Lane	1602	\$575,000	\$565,000	Lassen
1384	Tallac Lane	1515	\$580,000	\$585,000	Pine Hill
1230	Sun Valley Loop	1380	\$585,000	\$596,500	Millpond**
1274	Hawthorne Lane	1673	\$588,000	\$588,000	Trinity
216	Timberland Lane	1795	\$590,000	\$580,000	Tehama
1854	Hidden Hollow Lane	1515	\$599,000	\$620,000	Pine Hill
2241	Stepping Stone Lane	1539	\$614,900	\$615,000	Pine Hill
2123	Stonecrest Lane	1626	\$615,000	\$620,000	Lassen
203	Harper Court	1549	\$620,000	\$621,000	Alpine
2849	Black Hawk Lane	1549	\$648,000	\$633,000	Alpine
1980	Laurelhurst Lane	1768	\$664,888	\$692,500	Tahoe
501	Oriole Court	1836	\$698,500	\$675,000	Plumas
1995	Briarcliff	1792	\$699,000	\$699,000	Tahoe
324	Sawmill Lane	1785	\$699,500	\$715,000	Santa Cruz
1807	Grand Pheasant Ln.	1935	\$715,000	\$720,000	El Dorado
2835	Blue Heron Lane	2245	\$749,000	\$805,000	Shasta
1266	Hillhaven Lane	2068	\$779,900	\$801,000	Tahoe**
380	Shepherds Court	2073	\$784,900	\$790,000	Annadel
285	Sawmill Lane	2280	\$789,000	\$789,000	Shasta
584	Rustic Ranch Lane	1949	\$849,000	\$822,500	El Dorado***
1888	Echo Lane	2585	\$849,000	\$849,000	Monterey
2005	Deep Springs Lane	2264	\$855,000	\$825,000	Napa
209	Calistoga Lane	2264	\$879,000	\$915,000	Napa*
1208	Segolily Lane	2504	\$910,000	\$890,000	Marin*
2507	Walden View Lane	2504	\$1,050,000	\$1,100,000	Marin*
1236	Overland Lane	2258	\$1,090,000	\$1,115,000	Napa*
1053	Overland Lane	3073	\$1,100,000	\$1,065,000	Santa Barbara*/**
117	Deep Springs Court	2814	\$1,175,000	\$1,163,000	Sonoma*/**
113	Lasso Lake Court	2831	\$1,300,000	\$1,120,000	Sonoma*/**

* View • **Casita

Total Homes sold in Sun City per MLS 04/1/26 - 04/30/26

Neighbors InDeed — Get Grillin’

BY JAN LEE

It’s Summertime. And who doesn’t love eating outside, “putting some shrimp (or a steak) on the barbie,” and having no pans to wash!

To me, the thought of grilling can be daunting. I’m thinking, “the grill gets SO hot! And what will I do if I can’t control the fire?”

To ease my mind and relieve my F-O-B, (fear of the barbecue), I found some safety tips to keep in mind when grilling:

Start with a clean grill — The grids on some grills can even go in the dishwasher. If not, get a stiff brush and attack last season’s caked on grease and food. This residue comes off quite easily, but be careful that your brush does not damage the grid surfaces. Today, there are brushes that clean as well as old-fashioned wire brushes, without damaging the grids.

Select your tools — Use long-handled barbecue forks, tongs, and



spatulas to prevent burns. Always keep sturdy mitts or pot holders designed to withstand barbecue heat on hand. Long-handled grill baskets hold lots of shrimp or vegetables and prevent them from falling into the fire.

Have a small bowl of water or a squirt bottle handy.

Fire flareups can easily be tamed with a squirt before they get out of control.

Remove any combustibles from the area. If grilling with charcoal briquets and a fire starter, place the starter far from the barbecue before starting to grill.

Plan your work surface. Create a clean place to keep tools while grilling. And have the serving plate(s) ready to accommodate the food immediately after grilling.

Remember, Neighbors Indeed volunteers can assist with various household tasks. Call 916-223-2763, leave a message, and we will return your call Monday – Friday between 9 AM and 5:00 PM.



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Hikers and Walkers

(cont' from page 17)

good company. We look forward to seeing both familiar faces and new members out on the trails this month!

With June upon us, the weather is heating up, and hikers head to higher elevations to escape the valley heat. Summer hikes may range from 3,000 to 9,000 feet in elevation, depending on weather conditions and trail location.

When considering participation on a hike, it is important to carefully assess one's health and skill level to determine if it will be a safe activity. No matter if the person is a hiker or a walker, knowing one's ability is vital to the enjoyment of the outdoors. Please remember to check hike details carefully, bring plenty of water, and be prepared for changing weather conditions.

One fun hike we have planned for June is Fordyce Falls. This 9.5-mile hike near Emigrant Gap takes us past beautiful views of Spaulding Lake on the way to the falls. Spring runoff should ensure the waterfalls are flowing all around us as we enjoy lunch on the rocks. Many more exciting hikes are planned this month — check the website, LHHikersandwalkers.org, for details!

Our Walkers enjoy weekly opportunities to walk together within our community, with routes and paces suited to a wide range of abilities—from relaxed strolls to brisk walks. Please check our website LHHikersandwalkers.org for the latest schedule and starting locations. For questions, feel free to contact the Wednesday Walkers coordinator Debbie Schryver (916-666-1741) or Wellness Walkers coordinator Karl Aitken (w4wleader@gmail.com).

com).

Call President Tom Denzler, 530-368-2564 for more information or visit LHHikersandwalkers.org

Pickleball Club

BY DIANE FERRARI

June is for grads, dads—and plenty of pickleball fun! We just wrapped up an amazing Paddle Battle Tournament, and what a great mix of energy, competition, and community. Huge thanks to our wonderful sponsors: The McGrail Team Real Estate, Eric Nelson, and Farmers Insurance Agency Katie Pexa. We couldn't do it without you! New to pickleball? We've got you covered. Jump into PB101: Introduction to Pickleball—a free, beginner-friendly class designed to get you comfortable with the rules, scoring, and basic skills. Open to all Sun City Lincoln Hills residents, and you will play a real game before you leave! Upcoming classes: June 24 & July 15 Sign up: welcometopickleball@gmail.com Bring water, a hat, and court shoes (we'll provide paddles and balls!) Once you've got the basics down, keep the momentum going with our follow-up classes and club opportunities. Joining the Pickleball Club means access to training, social events, and plenty of chances to play. Ready to level up your game? Our pro, Ian Dickson, is offering two great June clinics: June 18: Navigating the Transition and June 25: Avoid Beating Yourself! Register through WellFit. Looking ahead, we have a lot going on. Start building your team for the Frenemies Scramble – The Revenge Tour (September 15–16). Registration opens soon! And don't forget to mark your calendars for Oktoberfest on October 8 and the Holiday

Party on December 1, 2026. It's shaping up to be a fantastic season—full of fun, friends, and plenty of play. See you out on the courts!

Softball

BY ERNIE MICHELI

The Lincoln Hills Senior Softball League is keeping things rolling, with 55 total games already played! As of May 14, Coldwell Banker is leading the league with a fantastic 7-2 record. Donna Judah is in second place with a 7-3 record.

June is shaping up to be a busy month with

lots of softball action. Games are scheduled every Monday and Wednesday from 8:00 a.m. to 12:30 p.m.

We'll have a general membership meeting on Thursday, June 4, at Presentation Hall (KS) at 3:00 p.m.

Don't miss Saturday practices on June 6 and 13 from 9:00 a.m. until noon.

The co-ed division is planning a hot dog day on Wednesday, June 3. Meanwhile, the Women's Division will be grilling hot dogs during the Coyote 75's tournament on Saturday and Sunday, June 27 and 28. For just \$6, you can enjoy a delicious hot dog, a bag of chips, and a drink, all while supporting a great cause.

The women's division will be playing games on Sunday, June 7 and 14, and they'll also have a Saturday game on June 20.

Women's division practices are scheduled for Thursdays, June 4, 11, and 25 at 3:00 p.m.

If you ever hear an umpire, say, "5 is on 1" or "5 is on 2," that's a heads-up to all the players about where the 5th run of the inning is. The Five Run Rule says an inning wraps up when a team scores 5 runs, or when three outs are made, whichever happens first.

Our website is a treasure trove of all the latest news, including standings, team rosters, photos, and more. You can find it at lhssl.net.



Clay Wilcox, Photo by David Hughes.

(more Club News cont' on page 22)

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	\$800,000	\$20,000	\$12,000	\$8,000
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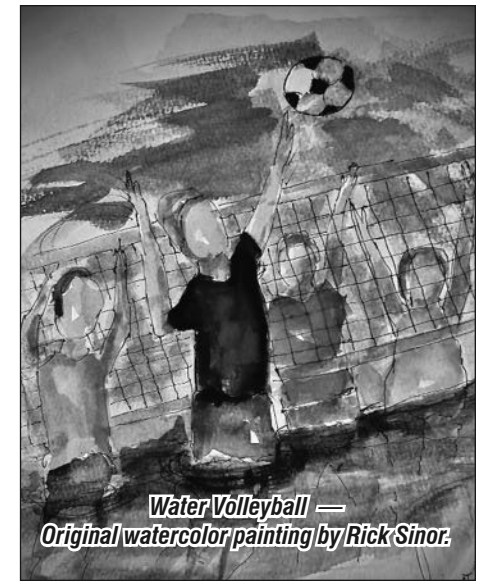
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Water Volleyball

BY MIKE CARLSON

I don't know what your stance is on global warming. But one thing for sure is when June rolls around, it gets hot here at Sun City Lincoln Hills. Really hot! If you are looking for a fun way to beat the heat, I can think of nothing better than a little water volleyball at



Water Volleyball — Original watercolor painting by Rick Sinor.

the Kilaga Springs pool! We have a spot for you no matter what your skill level is. Come out any Saturday morning to check us out. First contact us at LHWatervolleyball.com or email Elaine at schlwatervolleyball+membership.com. See you in the pool!

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(cont' on page 23)



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Tennis Group

BY PAULA GRIFFIN

The LH Tennis Group hosted the largest ever turnout for its recent annual Spring Fling Mix and Match Doubles Tournament. Fifty-seven players and 14 guests enjoyed the matches in perfect Spring tennis weather. A delicious pizza, salad, and ice cream cone lunch was enjoyed afterward. Moving into summer, the club hosts the Wimbledon Woodie Tournament on Saturday, July 11th. Wood racquets, tennis

whites, scones, and strawberries & cream are in the queue! Registration for the tournament is now open on the club website <https://sclhtg.com>. If tournaments are not your vibe, we offer a variety of activities for the novice and experienced player. Try Drop-in Play, Ball Machine Practice, Triples, and Live Ball. Check out all of our events on the club website or email us at LHTG01@gmail.com. See you on the courts!

...



Table Tennis Club

BY WES HILL

We play in the Multi-Purpose Room (KS) Tuesdays from 6 PM to 8:30 PM, Fridays from 8 AM to noon, and Sundays from 8 AM to 5

PM. We usually set up seven table tennis tables surrounded by 3-foot high, folding partitions to corral those annoyingly elusive ping pong balls. The club has numerous loaner paddles available, and it also supplies ping pong balls. (Please note: it's OK to call this sport ping



pong or table tennis!)

We have 258 members in our club, representing roughly 258 skill levels. The odds are excellent you will find others with abilities similar to yours. To accommodate as many players as possible, we usually play doubles. When numerous players are waiting to play, we shorten wait times at each table by having at least two players rotate out after each game. Sundays from 3 PM to 5 PM, and other days and times when there are fewer players present, we may play singles. Because of the popularity of the sport, we ask that residents accompany their guests at all times.

Since people have more fun when playing with others of a similar skill level, the club has designated the tables toward the kitchen end of the room for more casual players, while the tables closer to the mirrored wall are for those with greater skills. The bottom line, though, is to enjoy the sport and each other's company, regardless of which table you are using. Speaking of having fun, the club will be hosting a Potluck in June, an Ice Cream Social in July, a Halloween Party in October, and a Holiday Party in December. In addition, there are various table tennis competitions throughout the year. (For more information, our club website is <https://sites.google.com/view/lhttc>)

...

Men's Golf Club

BY CARL LYNCH

A significant rainstorm came in overnight the night before our JFF and NCGA qualifier tournament and continued to hit our area. The course was soaked and had numerous large puddles throughout. We had to cancel the JFF Division and Postpone the NCGA

Division until the next day.

The weather cleared for the next day, and we had a nice afternoon for the NCGA Qualifier on the Orchard Course. The soggy course did not bother Mike Black, who set the tone out right out of the blocks with a sizzling 31 on the front nine. Partner Fred Jaicks shot under par on the back. That combination will qualify you for moving on to the regionals!

The team of Mike McQuire-Back and Ray Otis played a very solid round of golf and was our second 2-Man team to move on. Congrats to both teams, and good luck in the next round!

Lincoln Hills Men's Club NCGA Qualifying Teams

- Mike Black/Fred Jaicks NET 64
 - Mike McQuire-Back/Ray Otis NET 66
- The complete leaderboard is as follows— Position by GROSS scores:
- 1 Fred Jaicks + Mike Black (-6)
 - 2 Chuck Martin + Dan Martin (+2)
 - 3 John Eisenhower + Torr Zielenski (+3)
 - 4 Michael McQuire-Back + Ray Otis (+5)
 - 5 Rob Davies + Jim Citarella (+6)
 - 6 Jerry Noonan + Tony Portman (+12)
- Position by NET scores:
- 1 Fred Jaicks + Mike Black (-8)
 - 2 Michael McQuire-Back + Ray Otis (-6)
 - 3 Chuck Martin + Dan Martin (-3)
 - 4 Jerry Noonan + Tony Portman (-1)
 - 5 Rob Davies + Jim Citarella (E)
 - 6 John Eisenhower + Torr Zielenski (+3)

The Men's Golf Club is an excellent way to make new golfing buddies and enjoy a game of golf in our monthly tournaments and other events during the year.

Check out our Men's Golf Club webpage at <https://mgclh.club/>

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(more Club News cont' on page 25)

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Neighborhood Watch — Be Prepared for an Emergency

BY JUDIE PANNETON



Ever wonder what you would do in case of an emergency when you might not be able to answer questions for yourself? Find out some handy tips at the upcoming July 14, Neighborhood Watch Safety Forum with first responders. It will be held in KS Presentation Hall from 1:00-3:00 PM. First responders, including firefighters, will be among those sharing valuable information.

A resident recently had a medical emergency in the Kilaga Springs parking lot when paramedics tried to revive her. They wanted to contact her family but her friends did not know the resident's daughter's last name. Fortunately, that was enough of a lead for firefighters and paramedics to use to tap into the woman's cellphone and find her daughter's emergency contact information.

Have you pre-programmed your cellphone with Medical ID information, like the medication you are taking, drug allergies, as well as whom to call in case of an emergency? It works on both iPhones and Androids and you can find a video online or contact your cell carrier to guide you through the setup process.

Another way to protect yourself in emergencies is to provide confidential, emergency contact information to your village's Mailbox Captain, who also has free materials to list medications and health care

preferences that are kept in the house for first responders. Some people keep their information on the front of the refrigerators while others keep it in a plastic bag that Neighborhood Watch provides to you.

The key is to keep it up to date as medications change.

Your village's Mailbox Captains and Coordinators are dedicated volunteers who work on your behalf. Days ago, they attended training to learn how to better serve you as they provide valuable information to keep you as safe and knowledgeable, as possible. If you don't know who they are, check on the schwatch.org website. While you are there, click on a few other links and learn more about being safe in our community. It is always best when Mailbox Captains and Coordinators live in the villages in which they serve. Some neighborhoods have volunteers who don't live in a specific village when residents have not stepped up to take on the roles. Please consider offering to help. Training is provided to make the jobs as easy as time efficient as possible. Plus, you reap the rewards of getting to better know your neighbors and having more eyes and ears to make neighborhood safety a priority. Send inquiries to executivedirector@schwatch.org and see you at the safety forum on July 14.

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Lincsters

BY LORA FINNEGAN

The 2026 Inter Club Scramble was a big hit, with 21 foursomes going after prizes and bragging rights. Each team included two guys from the Lincoln Hills Men's Club, a Ladies XVIII player and a Lincsters gal.

Gross score winners

First place Team Flight One: Alderete, Patty + Brown, Andy + Martin, Dan + Wohl, Wendy.

First Place Team Flight Two: Cannon, Sara + Clawson, Curt + Link, Ronnie + Ostertag, Jon

First place Team Flight Three: Cardinale, Vincent + Hutchinson, Suzanne + Jaicks, Fred + Wuschnig, Jeannine.

Low net score winners

First place Team Flight One: Alderete, Patty + Brown, Andy + Martin, Dan + Wohl, Wendy. First Place Team Flight Two: Daniels,

Kerry + Dong, Jerry + Krochak, Maddie. First Place Team Flight Three: Cardinale, Vincent + Hutchinson, Suzanne + Jaicks, Fred + Wuschnig, Jeannine.

A sad note- we recently lost a dear member of the Lincsters, Brenda Cook (pictured in colorful garb for the Fourth of July tournament). Her enthusiasm, energy, and love of the game will be sorely missed.

• • •

Ladies Golf - 18 Hole Club

BY KAREN ESCOBAR

Congratulations to Georgia Richie-Lynch, club treasurer and our May Net Chix winner, who finished with an outstanding net score of 73! Closest to the Pin honors went to Donna Sanderson with an impressive shot that landed just four feet from the cup. Flight winners included Gwen Hare, Kelley Royball, Judy Emge, Judy Dong, and Debbie Ferini.

On April 27, 84 golfers from the SCLH Men's Golf Club, Lincsters, and Ladies 18-Hole Club came together for the annual Inter-Club Scramble. Following a fun-filled day of games on the course, participants gathered in the tent for lunch, camaraderie, and cash prizes. We are also pleased to welcome new



May Net Chix
Georgia Richie-Lynch



New Member Sue
Damiani



Inter-Club Scramble

member Sue Damiani. Sue recently relocated to SCLH from the Bay Area, where she taught math and PE at San Marin High School in Novato. She hit the ground running, already becoming a familiar face on our golf course.

There are several exciting tournaments on the schedule in the months ahead:

- Red, White and Blue – July 2
- Captain's Cup – August 13

- Breast Cancer Tournament – October 7

Our club gathers every Thursday for a fun and friendly Play Day, featuring a different game format each week to keep things new and exciting. Come join the fun and get to know the amazing women in our club! Please contact our Membership Chair, Kathy Lee, at kathy.lee2@att.net or 925-998-3538.

• • •

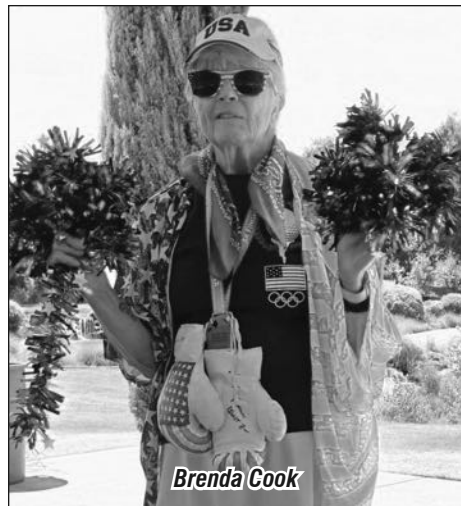
Shuffleboard Club

BY JON KLINE

Morning Club play - Earlier start times: Tuesdays and Saturdays from 9:00 to 10:30 A.M. As it gets hotter, we will move to 8:30 A.M. New players are welcome; we will quickly show you how to play. The four new commercial grade shade canopies give sun protection to the players standing or sitting at both ends of all five courts. Thursday Evening Socials have returned. Come join us on Court 10 every Thursday anytime between 6:30 and 8:00 PM to play and socialize. Bring a snack or dessert to share. At twilight, we turn on the 8 LED lights. We have two games to play: "Same side partners" and standard shuffleboard with

partners on opposite ends. Court 10 is located at the back of the Softball parking lot in the Sports Plaza. There's still time to sign up for our annual Brown Bag Picnic at the Sports Plaza on Sunday, June 14, from 11:00 A.M. to 2:00 P.M. Bring your own lunch and something to drink. We encourage you to bring a game: checkers, chess, L, R, C, Domino's, corn hole, etc. Contact Irene at ininsc@gmail.com.

For residents' open play, all equipment is in the onsite cabinet with use and safety instructions posted there. You can reserve courts up to 7 days in advance online via the WellFit Resident website; large groups can call WellFit for longer lead time reservations. Remember that no bending or lifting is (cont' on page 26)



Brenda Cook



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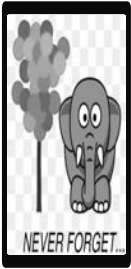

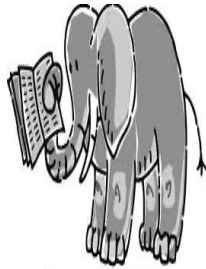
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VOICES OF LINCOLN
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POETRY CONTEST

★ RULES AND ENTRY FORM ★

- POETS WANTED!** 1st, 2nd, and 3rd place winners will be selected in each contest category.
- The five (5) contest categories include the following: **My First Love** **The Best Gift I Ever Received** **My Greatest Accomplishment** **What I'd Like To Do Over Again** **Advice That Changed My Life**
- Poets may submit a maximum of three (3) poems. Select three (3) of the contest categories and submit one poem from each. Everyone is encouraged to enter. Poets do not have to live in Lincoln, CA. There is no entry fee.
- Poems may be in rhyme, free verse, haiku, or other accepted poetry forms and of any length, up to a maximum of 60 lines.
- Poems should be written in English. They should be typewritten and not centered (read left to right). Please use the Arial font 12-point. The title should be listed at the top of the poem and the category should be included at the top right corner of the poem page. The name of the poet should not be indicated on the poem.
- Young Poets**, 18-years of age or under, are encouraged to submit poems and will compete in a special "Young Poets" category. Young poets should follow the same rules as noted above. However, they should include their age, grade, and school on the Entry Form.
- All poems must be submitted on hard copy to the address listed on the Entry Form below and must be received **no later than Wednesday, July 15, 2026.**
- Early submissions are appreciated. A separate Entry Form should be attached to the hard copy of each poem submitted. Duplication of the form is permitted. Questions—contact Alan Lowe at slolowe@icloud.com.
- The top three winners in each category will be contacted. They will be asked to submit their poems electronically, by email attachment. All winning poems will be printed in a commemorative chapbook, which winners will receive as a gift.

2026 VOICES OF LINCOLN POETRY CONTEST

ENTRY FORM

(One Per Poem – PLEASE PRINT)

Name: _____ Phone: _____ Email: _____

Address: _____ City: _____ State: _____ Zip: _____

Young Poets Only--Age: _____ Grade: _____ School: _____

Contest Categories (Check appropriate category of poem submitted): My First Love The Best Gift I Ever Received
 My Greatest Accomplishment What I'd Like To Do Over Again Advice That Changed My Life

Title of Poem Submitted: _____

Please ensure that poems comply with all contest rules. No names should appear on the poems submitted. Include the title at the top of the poem. Place the category at the top right corner of the poem page. Use a paper clip to attach a copy of this Entry Form (cut along dotted line) to each poem submitted. Mail poems to Voices of Lincoln Poetry Contest, c/o Alan Lowe, 1235 Picket Fence Lane, Lincoln, CA 95648. Poems must be received **no later than Wednesday, July 15, 2026.** Early submissions are appreciated.

Shuffleboard Club

(cont' from page 25)

required to play shuffleboard, and everything is free.

Contact Jon Kline at 650-279-0001 or at alsjonny@gmail.com

Club Website: Facebook/SCLH Shuffleboard Club

Billiards Group

BY RANDY FANN

When we last communicated, I extolled on the fun we have at playing pool and that we have two Mentoring sessions every Tuesday at Kilaga Lodge. Nine o'clock and 10.15. For all skill levels.

More specifically, on Mondays at 10.00am, Jim Mac Williams leads Billboards 101. You have learned some basics in Mentoring, now Jim assists you in applying those skills in a tournament-like environment.

You compete with others with the same skill level. Meet new players. Share some joy when you, or someone else, makes a fantastic shot... or the disappointment when that one you really wanted to fall... doesn't.

Jim is available to coach you on shot selection, how to cut that objective ball into the side pocket, and strategy as to what ball to shoot or where to leave the cue ball.

Jim can teach you the rules of the game. If you played when you were younger, you will find that the rules have changed. For the most part, we follow the American Poolplayers Association rules. Let's just say, the game has evolved.

If you would like more information on

APA rules, check out their website at www.poolplayers.com or email me (randyfann@gmail.com) for a copy.

Come join us. Have some fun. You deserve it.

...

Euchre Club

BY SUSIE SMELSER

Have you ever been "Euchred"? What the heck is a bower? What do you mean the jacks are the highest? Wait, the Jack of clubs is really a spade? These and many other intricacies are all part of the simple card game Euchre, a quick to learn, easy to play, fast paced trump-based game. The game is played in groups of four or six, working with partners to take 3 out of 5 "tricks". We welcome all levels of players, and we enjoy teaching anyone that has not played the game. The club meets on the 2nd and 4th Thursdays from 6:00 PM to 8:00 PM in the card room at the OC Lodge. For more information contact Susie Smelser 707-362-6518, susiesmelsers@gmail.com

...

Cribbage

BY MEL SWITZER

The Wizard of Crib

We're off to play a card game, and Crib is the game we love.

We hear it is a whiz of a game, a game that will challenge your brain!

If ever, oh ever a game there was, come play with us and join the fun,

Because, because, because, because, because,

Because it's so fun to win the pot!

(cont' on page 29)

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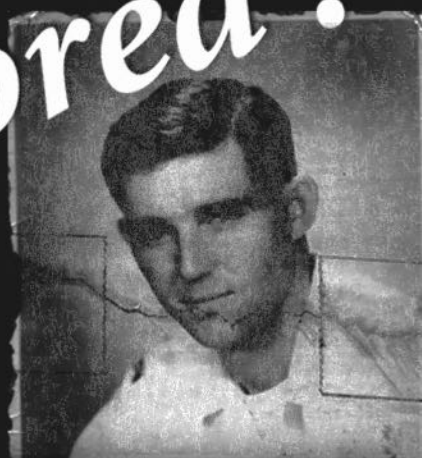
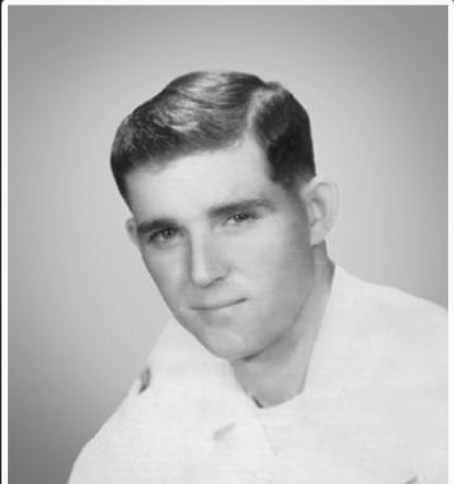
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SSNLH WRITER...

The Maestro

BY JOY S. HUTCHISON

Even though I'm an early riser, one of my favorite programs begins at 6:00 AM on Sunday mornings. That's a little too early to start my day in front of the boob tube, so I tape it to watch at a more convenient time. Since I didn't have much planned this one particular Sunday afternoon, I decided to see who they had interviewed. One of the featured guests was a 98-year-old gentleman, a famed conductor, who is still leading international orchestras all over the world. Wow! My ears perked up and I sat down to watch, hoping I would pick up some sage advice and inspiration.

During the interview, the maestro was very candid and discussed some of his health challenges. He has mobility issues and no longer stands at the podium but sits in a chair. He also directs the orchestra with his hands instead of a baton due to arthritis and uses hearing aids. The program then showed a clip of the musicians at the end of a performance, rushing to the podium to shake his hand with smiles on their faces. With what some people might interpret as roadblocks, the maestro was and is still making beautiful music!

What I gathered from this heartfelt interview was a man, in what today's world would be considered over the hill, still using his passion to share his special gift with the world. The interviewer commented that the maestro had concert bookings past his 100th year! When asked by the reporter what he felt his legacy was, the maestro replied that it

was modesty, truthfulness and being genuine. Simple and straight-forward, yet something we can all achieve no matter how many years we have on our calendar.

...

On Father's Day

BY STU SINGER

My father and I shared 61 years together. On Father's Day I think of him as a man I truly admired and the guiding role model in my life. To be clear, he was never my best friend. Our roles were understood, he was the father; I was the son. He was supportive but never a buddy. If I did something well, I was congratulated; my missteps were never sugarcoated. But Father's Day is just one day in the year. Nearly every day of the year he is in my thoughts, and I still look to my memories of him for guidance. I lost him on March 10, 2008, when he was 91 years old. Thanks to the support of my wife, I was able to be with him in his final hours. Before his life supports had been mercifully turned off, I wrote on a sheet of paper "You have been a great father—thank you". The equipment reduced him to acknowledging my message with a nod. It was the appropriate ending—no contrived theatrical emotions. The machines stopped and soon he was gone.

I have the remarkable opportunity to share some insights into my father through his own words. Twenty years ago, several of his nieces persuaded him to write his memories of the four years he fought in World War II. On his rickety, old, manual Underwood typewriter, he produced from memory a recap of events that occurred six decades earlier. The result was 44 pages of single-spaced lines. Three

years ago, my wife retyped all 25,000 words and created a book which we gave to my siblings, his grandchildren and great grandchildren.

Let me set the scene. In 1944 while stationed with a truck division in Italy, my father's corps of enlisted men—he was the Sgt. Major in charge—encountered an incident which defined his core beliefs. This account, decades before the Civil Rights Movement, provides the reader insight into this quiet, apolitical man of character.

"Maintaining the morale of the soldiers was always important. We were able to get plenty of movies made in Hollywood, and we had members of our battalion who were capable of showing them. We did have a problem getting a projector at times. One of the men in our unit had a contact with someone in the U.S. who could get us a used projector for \$400.00. It was easy to collect one dollar each from four hundred men in our organization, so the enlisted men of the 56th Truck Battalion became joint owners of our own movie projector..."

"A movie would be shown for at least two nights in a row. The movies would be shown in a wide-open area with just the ground to sit on. After D-Day, June 6, 1944, the main fighting appeared to be primarily in other parts of Western Europe so there were periods when we were able to stay at one location for weeks at a time. It was such a time when the enlisted men challenged our colonel.

"Another truck battalion arrived in our area. It was like our battalion except the enlisted men were Black. The commissioned officers were White. Our two battalions were within walking distance of each other and the delivery duties of both were almost identical. Some members of our neighboring battalion

started to come to see "our" movies. Our colonel said that having so many more soldiers in the area watching the movies increased the noise and litter. He told the men whose job was showing the films to allow only members of our battalion to attend the showings. That directive did not please the involved enlisted men. They told the colonel that while dealing with the other battalion in their course of delivering their cargoes, members of our unit had invited the members of the other unit to see the movies. It is true that all soldiers have the same morale needs regardless of race, creed or color, and of course the commissioned officers of our neighboring battalion welcomed the thought of their troops enjoying some of the best and newest productions which we were able to get. When our colonel hesitated to change his directive, our enlisted men decided that no more movies would be shown to anyone – after all it was the enlisted men's projector. The colonel backed down, and the movies continued to be shown to all until we moved to another location. The enlisted men in our headquarters detachment applauded the action taken by their fellow soldiers of the 56th Truck Battalion."

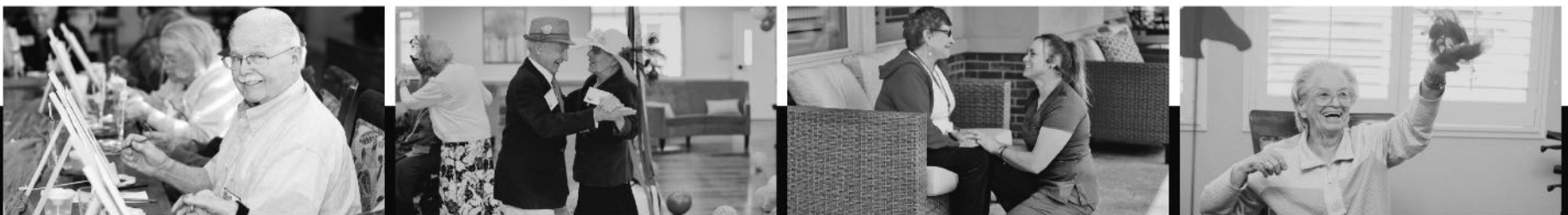
Thank you Dad, I miss you and your wisdom.

...

We welcome your submissions such as humorous observations and poetry. Please see page 3 for submissions information.



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Cribbage

(cont' from page 26)

We're off to play a card game, the wonderful card game of Crib.

Over the past month, there have been a select few of our Munchkins who have taken home the pot of gold. They followed the Yellow Brick Road, fought off Flying Monkeys and none were melted by water.

On April 21st Grisler scored a whopping 724, and then Phil Sanderson topped that with a score of 734. Next, Betty Carter won with a score of 721. Lastly, John W. rolled up a score of 726.

Even if you come in second or third, there's smaller pots of gold. And if you get the very worst score that day, you're in luck, you get a buck.

So come join us on Tuesdays, at 8:30am in the OC Card Room to laugh, have fun and maybe win a pot of gold.

As a side note, surprisingly, I run into a lot of seniors in our area who know how to play Cribbage yet do not come on Tuesdays. Please join us. We don't bite.

•••

Pedro Group

BY BONNIE KING

Pedro is a slightly challenging bidding card game. If you have never played, or it has been a long time since you played, we are happy to teach you the basics or refresh your memory. We meet from 9:00 AM to Noon in the Card Room (OC) on the first and third Fridays. For more information, please call Denise or Bonnie King at 916-303-3525. We look forward to seeing you soon.

Contact: Denise Jones – 916-543-3317.

•••



Letters to the Editors...

Authors are solely responsible for the content of their letters.

Major Court Ruling Over HOA Fees, Championing Homeowners' Rights

The Lincoln Hills Advocacy Alliance (LHAA) a non-profit corporation made up of residents of Sun City Lincoln Hills has been granted final judgment and a victory for homeowners. The LHAA has successfully challenged fees charged by Sun City Lincoln Hills to new buyers moving into the HOA.

The case stems from a lawsuit filed by Lincoln Hills Advocacy Alliance against Sun City Lincoln Hills HOA, located in Lincoln Ca. The Advocacy group argued that fees larger than transfer fees to move into the community violated Ca civil code 4575 and violated the CCR's. The HOA oversees 6783 homes in Sun City.

A Victory for Homeowners — The final judgment granted by the Placer County Superior Court marks a decisive win for homeowners who have for long felt powerless against the financial authority of HOA's. The judge determined the fees violated state law.

The Advocacy's lawsuit stemmed from fees charged to borrowers to move into their home in the HOA. These charges were forced upon the buyer to pay to close escrow. Some homeowners paid \$1,500 to move in while others paid \$3,000.

The Ruling's Broader Impact — The court's decision is being viewed as a potential

game-changer for HOA governance. Local housing advocates believe the ruling could lead to a wave of similar cases being filed nationwide, as more homeowners voice frustration over unpredictable and often unreasonable HOA fees. In recent years, the practice of charging excessive fees to residents for everything from property inspections to enforcement of vague rules has become an increasingly contentious issue.

In the wake of this victory, many are calling for broader reforms, including better regulation and oversight of HOA practices. Some propose that more state-level legislation be enacted to protect homeowners from what they see as predatory financial practices within homeowner associations.

Implications for Future HOA Cases — The advocacy group's win is expected to spark a wave of scrutiny on how HOAs operate across the nation. A key element of the ruling—requiring full transparency and documentation of fees—could serve as a blueprint for other states looking to better regulate HOA financial practices.

As more homeowners look to protect themselves against unclear fees and penalties, legal experts predict that similar cases will likely arise in communities across the country. This final judgment is seen as an encouraging step toward greater accountability in homeowner associations.

Looking Ahead — The case represents not just a legal win but a growing movement

toward homeowner empowerment and the fight for transparency in residential communities.

For residents of Lincoln Hills however, it marks a hard-won victory, and possibly a turning point in how their community—and others like it—will function moving forward.

Steve Bringman

•••

Attn: Retired Law Enforcement Officers

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Dick and Yvonne Halsey

(cont' from page 1)

asked a friend if there was someone in the Dance Club who would be willing to partner with him in ballroom dance lessons and that's when he met Yvonne.

Yvonne was born in 1948 in The Hague in Holland. She lived with her parents and a younger sister who currently lives in Loomis. Her father was a supervisor for a chrome plating company. He moved the family to Canada in 1956, and then five years later to Vallejo, California. She graduated, in 1967, from Harry Ells High School in Richmond where she enjoyed



Dick and Yvonne Halsey's wedding day in 2024.

dancers showed up to spacious rooms where they could dance 24/7. Yvonne came in second place, which is phenomenal considering it was her very first competition in choreography.

After Dick and Yvonne married in 2024, they took cruises and road trips around the country. Yvonne wanted Dick, who had not had a chance to travel while running Halsey Schools, to enjoy places she'd been to. They've been to the Panama Canal where an excursion found Yvonne fascinated by leaf cutter ants walking on their path, and to Cabo San Lucas, Mexico, where their serenity was interrupted by rowdy college students on spring break. They recently returned from a trip to Branson, Missouri, and are already planning a trip to Hawaii for next year. Interesting fact: both are pool players and take their cue sticks with them on trips. "Our cue sticks have been with us in some unusual places, some classy, some not," says Dick.

Dick's first wife had five boys when

now, Dick used to have a shih tzu and Yvonne raised Gouldian finches, colorful birds native to northern Australia. She also had a pet tarantula named Igor which she has saved in a box for sentimental reasons.

Whether it's teaching line dancing every Wednesday to residents of Sonrisa Independent Living or performing in the Potpourri Troupe for people in assisted living places, Yvonne will keep busy. Dick helps on the technical side of the shows she's in and together they make a pretty good team.

Want to share your story — let us know!
E-mail us at: SunSeniorNews@gmail.com



Dick and Yvonne Halsey dancing the Tango in 2023 when they first met.

Am Bowl tournament. She taught swimming at Hilltop in El Sobrante. And in the 1980's she directed tournaments for the Contra Costa Golf Club's Ladies' division.

As a teenager, she was always singing along with her mother who had sung in a band during WWII. She recalls loving songs by Connie Francis and Cher and when a band asked her to sing now and then, Yvonne would have no qualms about hopping on the stage to sing. She worked at Mills Music in El Cerrito and lived her life around music and dancing. She even played the organ, winning local and Western division competitions.

After she moved to SCLH in 2001, Yvonne became a line dance instructor for more than 15 years. In 2014, she started directing the Vaudeville Show here which she did for ten years until she married Dick and wanted some time to travel with him. She plans to direct the show again this year, though, and hopes everyone will get a chance to see it during its run, August 27-30. "Anything Goes!" is the name of our show which will be a fresh take on previous years. The performances and acts will be upbeat and hilarious, and there will be a few special surprises for the audience," she says. She plans to be in the show as well, dancing to a Big Band medley with the Out of Line Dancers.

Speaking of dancing, Yvonne has been a renown line dance choreographer for many years. You can find her work on the web where people have posted videos of dances she's designed. In 2024, she entered a choreography competition called the Las Vegas Dance Explosion and was held at the Convention Center in Las Vegas. More than 1,500 line



Dick Halsey in one of the Vaudeville Show's directed by Yvonne in 2024.

they married, so he and Yvonne, who have 11 grandchildren and 5 great-grandchildren between them, will no doubt make time to visit the family along the way.

The couple stays active even though Yvonne has a rod in her leg, metal in her hip and back and two new knees. "Dick's going to sell me for parts if I die first," she quips.

They both love living at SCLH. Their house near the fifth hole of the golf course has the perfect view. They've renovated the front patio and the entire backyard which features stunning palm trees and flitting hummingbirds. Although they don't have pets

22nd Annual Voices of Lincoln Poetry Contest — Poets Wanted! Enter Now!

BY ALAN LOWE

The 22nd Annual Voices of Lincoln Poetry Contest officially began in April, as part of the celebration of National Poetry Month. The theme of this year's contest is "Memories: Revisiting The Past Through Poetry." The five (5) new contest categories include the following: My First Love The Best Gift I Ever Received My Greatest Accomplishment What I'd Like To Do Over Again Advice That Changed My Life. Poets may submit a maximum of three poems, no more than one in each of three of the five contest categories.

Poems may be in rhyme, free verse, haiku or other accepted poetry forms and of any length, up to a maximum of 60 lines.

Everyone is encouraged to enter the contest. The "Rules and Entry Form" can be downloaded from the following blog:

<https://slolowe44.blogspot.com/2026/03/2026-voices-of-lincoln-poetry-contest.html>

Poems should be written in English. They should be typewritten and not centered. Please use the Arial font 12-point. The title should be listed at the top of the poem and the category should be included at the top right corner of the poem page. The name of the poet should not be included on the poem. Entry Forms must be received no later than Wednesday, July 15, 2026. Early submissions are appreciated. If you have questions, contact Alan Lowe, Contest Coordinator, at slolowe@icloud.com.

The Voices of Lincoln Poetry Contest is presented by the Poets Club of Lincoln. Winners will receive a commemorative chapbook of the winning poems.

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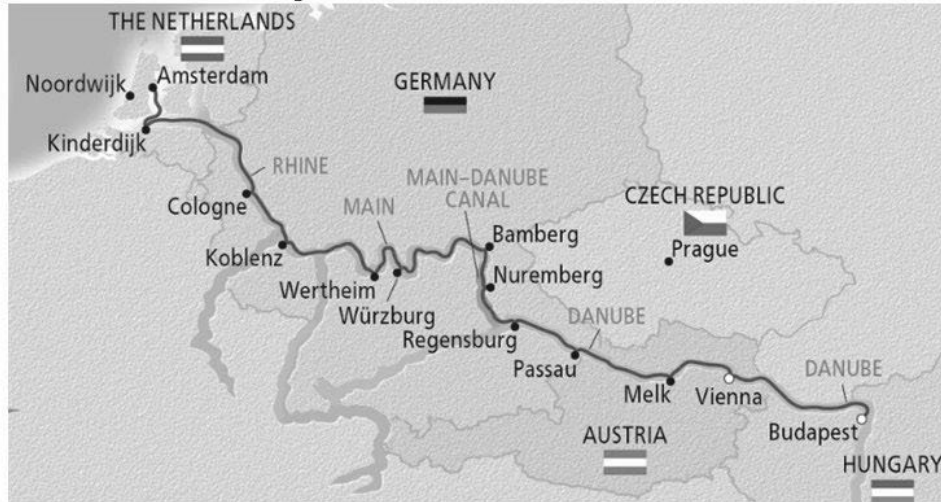


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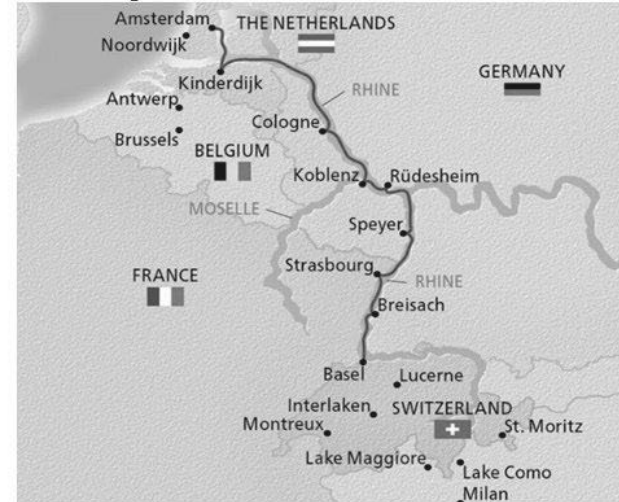
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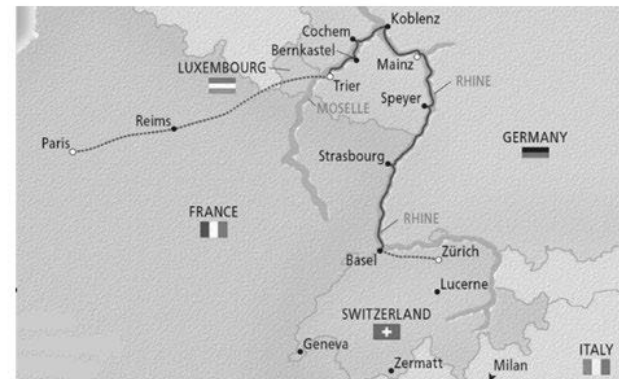
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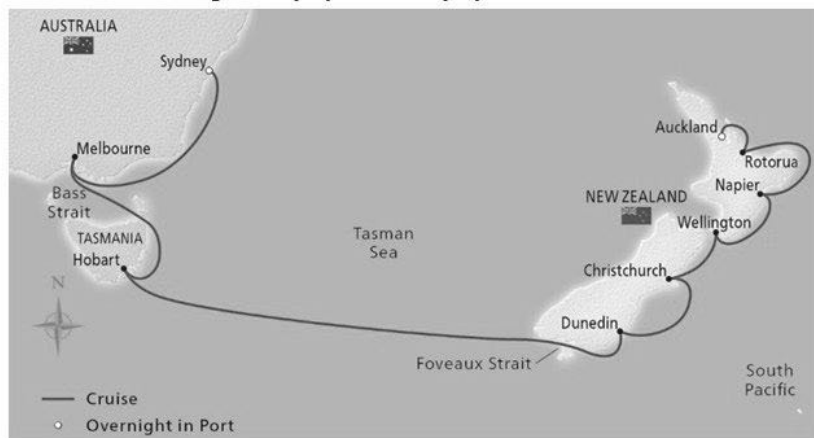
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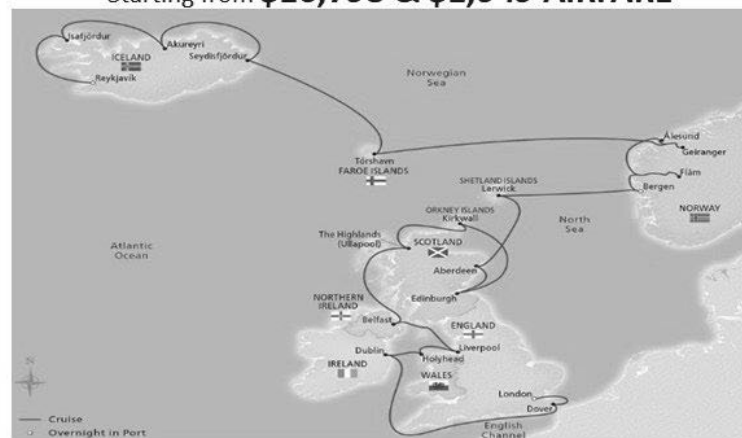
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(cont' from page 1)

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We ask that Sun City clubs/groups that are, or could be perceived as political, to limit submission content to basic meeting/event/link info, and avoid advocacy.

All club/group submissions should focus on that organization only.

Submissions should be 300 words or less and due by the 15th month (unless the 15th falls on a weekend or holiday) then the submission should be submitted before then for the following month's issue. Email to: SunSeniorNews@gmail.com



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ANNOUNCEMENTS

RETIRED? Need something to fill your days? Want to put some excitement in your life? Volunteer at the Lincoln Area Archives Museum. No experience necessary. Friendly and fun people to work with, plus it's rewarding and educational. Open Thursday, Friday and Saturdays from 11 am to 3 pm. You pick your time! Call 916-645-3800 to learn more.

VFW Post 3010 is looking for Veterans that want to help other veterans. Call 530-635-7429.

FRIENDS OF THE BIBLE, non-denominational group, Sun City, Roseville. Interested, call/text Bali David 714-478-4789.

SUN CITY REAL ESTATE UPDATE

Sun City Lincoln has seen very good spring sale season. The market has been very healthy. As I have said before, the new norm is that February, March and April and May have become the hot months for buying homes. Partially because the inventory of homes available is low making buyers choose between very few homes. This is also the reason we have seen prices rise in the first half of the year then taper off as we head into fall. There is also increased outside competition for age restricted communities drawing some buyers away from Sun City.



WRITTEN BY
GEORGE BROWN
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Email Classified Ads by the 12th of each month to: SunSeniorCA@gmail.com

**FREE ADS — INCLUDE:

- ◆ First 15 words are FREE (for SCLH residents only), additional words \$1 each
- ◆ ONE AD PER HOUSEHOLD, PER MONTH
- ◆ Any Real Estate or Business Ads are not free. Please see "Business Ads"
- ◆ Lost and found items/pets.

BUSINESS ADS:

- ◆ Anything of a commercial nature, including pet sitting, real estate, rentals, timeshare/condos, etc.
- ◆ 15 words for \$35. Additional words \$1 each.
- ◆ \$90 for three months, same ad! (15 words only) additional words \$1 each

Classified Ad Submissions — WHEN: By the 12th of the month. Please email the information below to: SunSeniorCA@gmail.com.

Subject Line should be SCLH Classified and your Phone Number (Example: SCLH Classified 916-123-4567)

1. Contact name and phone number.
2. Which category to place your classified ad in: (Service, For Sale, Wanted, Announcement)
3. Classified ad text - including the phone number you want readers to call.

SCLH residents get FREE non-business Classified Ads; limited to 15 words; one per household per month.

Non-business Ad items include selling personal used items such as furniture, tools, books, rugs, electronics, personal car, golf cart, etc.

Business Ads include anything of a commercial nature or service, including pet sitting, real estate, rentals, timeshare/condos, any service etc.

Business Ads are 15 words for \$35 for one-month. Additional words \$1 each. (\$90 for three months for the same ad.)

If your classified ad is determined to be "business" related, we will email you an invoice that will allow you to pay immediately with a credit card, or mail a check.

*HINT on Word Counts: A "word" is anything separated by spaces, or as reported by word-process software like Microsoft Word.

If you have any questions, please email us at: SunSeniorCA@gmail.com



**Thompson + Brown
Real Estate**

**CALL/TEXT US
FOR MORE
INFORMATION**

**916-297-
3500
CALL/
TEXT**

**FOR A FREE HOME
VALUATION EMAIL:
GBROWN@THOMPSON-
BROWN.COM**



As Broker and Owner of Thompson+Brown I have worked with thousands of sellers to achieve their goals. This year marks my 40th year in Real Estate. I have seen every market condition and I use that vast experience to make the sales process easier for my clients. Please give me a call or text me and I will be happy to come and meet with you and answer any questions you may have.



George Brown

RECENT SALES IN LINCOLN HILLS

2332 Monument Drive	1730 Sq. Ft.	\$605,000
338 Snapdragon Lane	1491 Sq. Ft.	\$607,000
405 Lilypond Lane	1728 Sq. Ft.	\$629,000
800 Magnolia Lane	1910 Sq. Ft.	\$715,000
1925 Laurelhurst Lane	2092 Sq. Ft.	\$749,000
953 Gold Nugget Circle	1791 Sq. Ft.	\$750,000
856 Mossy Ridge Lane	2612 Sq. Ft.	\$789,000
561 Rustic Ranch Lane	2390 Sq. Ft.	\$865,000
888 Bridalveil Lane	2955 Sq. Ft.	\$940,000
1816 Stone House Lane	2541 Sq. Ft.	\$997,300
2134 Coldwater Lane	2955 Sq. Ft.	\$1,075,000

All measurements and all calculations of area are approximate. All sales from all MLS brokers. Display of MLS data is usually deemed reliable but is NOT guaranteed accurate by the MLS. Buyers are responsible for verifying the accuracy of all information