

SUN SENIOR NEWS

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Lynn and Nadine Miller — *Dancing through Life*

BY JENNIFER MARTIN

Someone once said, “Travel is the only thing that you buy that makes you richer.” If that’s the case, then Nadine and Lynn Miller are the richest couple on the planet because they’ve traveled the world.

Born in 1938, Lynn grew up in Bingham Canyon, Utah, with one younger brother and a younger sister. He excelled in swimming and even became an Eagle Scout. After graduating from Bingham High School, he enrolled in the University of Utah to study Industrial Psychology for several years. Before volunteering for the draft in the Army, Lynn ended up at Fort Gordon and then Fort Ord with the Combat Development Experimental Corp. He also played on the Fort Ord softball team which happened to travel to Hollister, California, where he met Nadine at a friend’s party.

Nadine was born in 1940 and grew up in Hollister with her older brother. As part of



Nadine and Lynn Miller

a very social Italian-Portuguese family, she provided entertainment for her mother’s social clubs by tap dancing while her brother played the accordion. When she was fifteen, she won

the title of San Juan Bautista Queen of the Fiesta/Rodeo. Four years later, she went to work for KNTV, a San Jose television station as a sales secretary and girl Friday, among other positions.

Nadine was accepted as a stewardess, but prior to leaving for United Airlines training school, she had to lose three pounds and get contact lenses. So, she quit the TV station and moved to Hollister to pursue getting contacts.

Meanwhile Nadine, at a friends’ party met Lynn and dated his friend Jose. At one point, Lynn had asked her to set him up with her friend. Unfortunately, her friend was unable to attend the scheduled party, so Nadine went in her place instead. That started a romance that Nadine had not intended. That is when he clipped her wings.

Eventually, Lynn convinced Nadine to

(cont’ on page 37)

LH Foundation — *Let the Holidays Begin*

BY DENISE BOWDEN

October gets us all thinking about “The Holidays.” From now through New Year’s, it’s a whirlwind of activities and celebrations—and it all kicks off with Pumpkin Spice Latte Day on October 1!

On a more serious note, October also brings several important awareness days. We begin with International Day of Older Persons—and while we may be active adults, we must claim our place among the “older persons”! We also recognize World Mental Health Day and World Food Day.

The Foundation is proud to support organizations that address these important needs, including Lighthouse Family Counseling Center, which provides counseling services on our campus for SCLH residents, and The Salt Mine, whose fresh food and pantry boxes help local seniors stay ahead of food insecurity.

We end the month on a lighter note with Frankenstein Friday, celebrated one week before Halloween, a perfect time to get ready with costumes and candy, even if we are the ones eating the candy.

October Bingo —

Our next Bingo is Thursday, October 22. Doors open at 12:30 p.m., with play beginning at 1:00 p.m.

• 12 cards for \$25 — exact change appreciated.

(cont’ on page 43)

Keeping Our Streets Clear: *A Matter of Safety*

BY MARIE BARNES, *Acting Compliance Chair*

Overnight Street Parking: A Community Safety Issue —

Overnight street parking may seem harmless, but in a senior community with narrow streets, it can create serious safety concerns. Parked vehicles reduce the space available for traffic and can make it difficult for fire trucks, ambulances, and other emergency vehicles to reach a home quickly and safely.

Emergency vehicles are much larger than passenger cars and need adequate clearance to navigate our streets. A single vehicle parked in the wrong location—or cars parked along both sides of a narrow street—could block or significantly delay emergency access. In an emergency, even a few minutes can have serious consequences.

While the City of Lincoln owns our streets, the SCLH CC&Rs prohibit overnight street parking. So, who makes the rules? More importantly, perhaps the guiding consideration should be: What is best for the safety and well-being of our residents?

Many residents in our community are older adults and may be more vulnerable to medical emergencies. A fall, stroke, heart attack, breathing difficulty, fire, or other emergency can require immediate assistance. Paramedics and firefighters need clear, unobstructed access to reach residents when every second counts.

(cont’ on page 41)

Players Club

BY JANE PATTON

You’re A Good Man, Charlie Brown — Happiness is great musical theater! The Players Club presentation of “You’re A Good Man, Charlie Brown” explores life through the eyes of Charlie & his friends. Charles Schulz created Peanuts characters that are universal and timeless.

Interestingly, Schulz didn’t like the moniker “Peanuts” for his comic strip. The title was chosen by United Feature Syndicate before the strip launched in 1950. Schulz reportedly disliked it because he thought “Peanuts” sounded undignified and suggested something childish or trivial. He preferred the name Li’l Folks, which was the title he had originally used for the strip. Unfortunately for him, the name Peanuts stuck!

Regardless of the name, his characters are unmistakable. In this musical. “All the things you love about Charlie Brown, Lucy, Linus, Sally, Schroeder and Snoopy are there... Lucy’s lemonade stand turned psychiatrist stand, , Snoopy’s red doghouse, and more.” (New York Theatre Guide). “The songs are a delight.” (New York Times).

Cast members are hard at work getting in touch with their “inner child”, singing, and dancing their way through rehearsals. Costumed as young characters from the comic strip, Charlie Brown, Lucy and friends may be senior citizens in real life, but on stage they have become children once again.

(cont’ on page 5)



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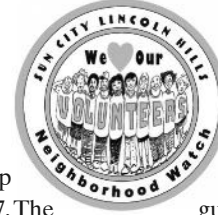
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Neighborhood Watch — Unveils New Safety Focus and Has Tips to Keep You Safe

BY JUDIE PANNETON



Residents are invited to the November 14th Neighborhood Watch Annual Meeting breakfast potluck and meeting where the group will announce its safety plans for 2027. The potluck runs from 9:30 AM-11:30 AM in the Kilaga Springs Multipurpose Room. Bring your

not having everyone wear seatbelts and having backward facing seats. Because the seats do not meet occupant safety and crash-standard guidelines, they are illegal.

In case of an accident, do you have emergency contact information in your wallet,



Planners for Neighborhood Night Out events show the free safety tool they got at a Neighborhood Watch planning session.

favorite breakfast finger foods to share. At the meeting that follows, a 20% quorum of voting member's, current NW Board Directors and Village Coordinators, are needed to vote for 2027-28 directors and on agenda items. All attendees are welcome to make comments and ask questions.

Earlier this month, at Neighborhood Watch's National Night Out event, residents gathered with neighbors and met with police, firefighters and representatives from Placer County agencies. In September, Neighborhood Watch hosted a Safety Forum with the Lincoln Police Department with a focus on trespassing, traffic, and scams. The meeting video is at selhwatch.org (as well as safety alerts, upcoming event information, important contacts, etc.)

Have you noticed an increased presence of Lincoln Police officers in our community? They are making it safer by citing those who don't stop at crosswalks and stop signs. Golf cart drivers are receiving tickets for violating state laws by driving on public roadways with split windshields in the folded-down position, letting non-licensed drivers take the wheel,

phone or kept on your bike or in your vehicle's glove compartment? Sometimes, family and friends aren't notified because accident victims aren't in any shape to contact them. A recent incident involved a couple that was taken to the hospital after a car accident and neighbors were the ones who noticed they were missing after several days. Neighborhood Watch Board Member and Village Coordinator Cheri Jagers was able to contact the couple's son because of the emergency contact information the couple had provided when village information was collected. He then called the police and found out what had happened.

Remember, you put yourself in danger if you hire people who come to your homes or approach you in parking lots for jobs like spreading bark, cleaning gutters, or repairing your roofs and vehicle repairs.

Neighbors who know neighbors have a safer and more caring community. Please consider becoming a Mailbox Captain and or Village Coordinator. It takes less than two hours a month, is so rewarding, and supportive training is provided. Click here to volunteer: <https://selhwatch.org/i-want-to-volunteer/>

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Senior Health and Resource Fair

BY HARRIET GARLAND

The 4th Annual Senior Health and Resource Fair will be held at McBean Park Pavillon, 65 McBean Parkway, on October 8, 2026 from 10am – 1pm. The fair is the result of the City of Lincoln and Seniors First of Placer County joining forces. This is the fourth year for the event, and it continues to grow with over 300 people visiting last year and is expected to continue to grow this year.

The event will showcase professionals from all medical areas including Walgreen's, Kaiser Permanente, UC Davis, hospice, long term care facilities, board and care facilities, home health assistance, urgent care, veteran services, Medicare services, funeral services and more. In addition to medical information vendors will be there to help with financial planning, trust and will preparation, home maintenance services. Visitors will have the opportunity to get free blood pressure readings from Lincoln Urgent Care, free flu and covid vaccinations for all seniors, insured or uninsured, provided by Walgreen's and participate in a chair massage by Esthetics 84. Best Buy Geek Squad will be on site offering a free tech clinic, online scam

The 4th Annual Senior Health and Resource Fair
McBean Park Pavillon
65 McBean Parkway
October 8, 2026
10am – 1pm.

prevention and free cell phone cleaning. UC Davis will be on hand to assist those interested in clinical trials for the treatment of Alzheimer's. Presentations will be made by the Lincoln Police Department on issues relevant for Seniors and Placer Protect, from the Placer County District Attorney's office, will speak on scams and elder abuse.

Food will be available for purchase from Sabores Mexican Food, Old Town Pizza and Saladworks. Complimentary coffee, water and cookies provided by Starbucks and the Woman's Club of Lincoln.

This event is not only relevant for seniors but is also a great resource for adult children that may have to make life decisions for their parents in the future. The goal is to try and ensure that seniors and their families have all the resource information possible to make well informed decisions for their loved ones. Admission is FREE. Sponsors of the Fair are Kaiser Permanente, Lincoln Community Foundation, Dignity Memorial, and Daycation for Seniors.

For more information, please contact Kris Wyatt, 916-768-3803 or Harriet Garland, 916-343-1937



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Kerry Callahan, Superintendent, Western Placer Unified School District

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Players Club

(cont' from page 1)

Our production is directed by Jane Patton with choreography by Karen Pinomaki and music directed by Sue Anderson-Villarreal.

Residents are encouraged to invite family and friends to our show Nov. 5- 6 at 7:00, Nov 7-8 at 2:00, in the Grand Ballroom, (OC). Tickets are for sale online and at both lodges.

The Players Club meets the second Monday of every month at 4:00, in Presentation Hall. Interested? Come and join us! We'd love to "play" with you.

...

Chorus

BY KARIE GEIGER

All Aboard The Yuletide Express with the Lincoln Hills Chorus!

Step into the warmth of the holiday season as the Lincoln Hills Chorus invites you to take your seat on "The Yuletide Express: All Aboard!" the Chorus' winter concert scheduled for December 11, 12 & 13

in the Orchard Creek Ballroom. This year's performance will carry the audience on a musical journey home for the holidays. As "passengers" on this festive ride, the audience will enjoy heartwarming music served up by the Chorus as your dedicated "on-board entertainment."

The musical itinerary offers a delightful

mix of seasonal nostalgia, sacred carols, and soaring choral masterpieces. Along the journey, the Chorus presents sweet renditions of classics like Home for the Holidays, the dreamy, snow-dusted harmonies of White Christmas, and the tender reverence of Away in a Manger. And the passenger sing-along plus an appearance by Santa and his Helper will surely kick your holiday spirit into high gear. Finally, the journey culminates in an exhilarating grand finale with Handel's triumphant Hallelujah Chorus, leaving every passenger inspired and filled with holiday cheer.

Whether you are reminiscing about childhood winters or starting new traditions with friends and neighbors, this musical expedition offers the perfect soundtrack to kick off your celebrations.

Ticketing Information

Tickets go on sale starting October 17th. Secure your seats early before this popular voyage sells out!

• In-Person Sales: Available at Orchard Creek Lodge and Kilaga Springs Lodge.

• Online Sales: Available via the official SCLH Residents website.

• Ticket Prices: \$21/\$24

Clear your schedule, gather your loved ones, and prepare to embark on a festive railway adventure filled with community spirit and unforgettable music. The whistle is about to blow—don't miss your ride on The Yuletide Express!

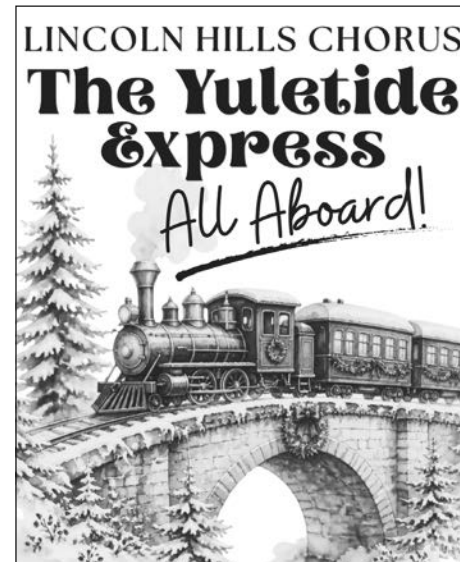
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Vaudeville

BY RICHARD HALSEY

It's been about a month since Vaudeville 2026 wrapped up, and we're still getting compliments from friends, neighbors, and even people we've never met! Everyone has a favorite moment they want to share. As always, we're sending those thoughts to our amazing staff and especially our talented entertainers. Even our staff photographer, Tony, took beautiful photos of each act. We can't thank him enough! Yvonne Halsey, Director says next year's Vaudeville Show will be held again mid-August 2027. Based on our ticket sales this year, you should start looking to purchase tickets around mid-June. But we'll let you know more details as that time gets closer. I just wanted to mention that every show this year

(cont' on page 9)



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★★★★★ Wonderful company. The product is beautiful. The crew arrived on time and were conscientious, professional and courteous. H.M. from Lincoln

★★★★★ We couldn't be happier with the beautiful walk in shower and vanity with integrated sinks that Stanko and his crew constructed for us using the fabulous Kerrock product! Everyone involved was very professional, efficient, and attentive to details. We are going to love the easy care and timeless beauty of our new seamless shower, vanity and sinks! Thank you so much!! J.W. from San Francisco

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Vaudeville

(cont' from page 5)

was sold out two weeks before the show! We're getting lots of ideas for new acts from entertainers who attended this year, which is always a great sign. Since it's Halloween this month, how about a little ghost and goblin humor: Do you know why it's so easy to lie to vampires? Because they are real suckers! Happy Halloween, everyone. See you next month.

...



Trent Bass and Mike Savage who sang a story that was a "whale of a tale."

Sunny Singers

BY JOANNE SCHUMACHER

Our sincere congratulations to Shalom Women Together for celebrating their 10-year anniversary with a luncheon in the OC Ballroom in September. If you attended that event, you were entertained by us! And we hope you enjoyed our music.

Our group, the Sunny Singers, is an octet of women from Sun City Lincoln Hills who love singing and performing. We were originally formed in 2005; and we've been performing ever since. Three of the original founders still sing with us! We sing vocal renditions of Oldies, Pop tunes, Show tunes and other genres of music. We are accompanied by our pianist and flutist.

Two of our members are currently rehearsing for the upcoming November production by the Lincoln Hills Players of "You're A Good Man, Charlie Brown." All our members are regularly active in a variety of musical venues, participating in stage and choral productions at Sun City Lincoln Hills as well as other vocal groups and church choirs in the area.

If you live in Lincoln Hills, you may have heard us singing for events such as the Veteran's Club Memorial Day and Veteran's Day celebrations or at your club's event. We have also performed at private and corporate functions over the last 21 years.

If you or your club is looking for musical entertainment this holiday season, we are currently polishing our holiday tunes and are ready to book performances.

For more information or to schedule an

engagement by the Sunny Singers, contact: Karen Hardage at kmhardage@yahoo.com or Joanne Schumacher at 415-999-1242, jkschumacher1@gmail.com

...

Music Group

BY BRIAN JEWELL

"Music washes away from the soul the dust of everyday life".

The Music Group meets on the first Monday of every month in the Fine Arts Room (OC) at 2:00.

The first part of the gathering is for the group sing-and-play. This is a popular event, as it provides people of different proficiency levels a chance to play along with other people in a casual environment. Participants typically play various instruments, including guitars, piano, accordion, flute, percussion, etc. All instruments are welcome. The list of sing-and-playsongs is posted before every meeting on the Music Group website. Songs are selected from the Music Group library (on the website) and are popular tunes that everyone is familiar with. To view the lead sheets (chords and lyrics) for the sing-and-play songs, visit the Music Group website and drill-down on the meeting date.

The second half of each meeting is dedicated to open mic performances. Anyone can perform in a non-judgmental environment, where the goal is simply to have fun and allow people to display their talents. Performing in front of other people is often difficult, but the Music Group provides a friendly environment for anyone wanting to step out of their comfort zone to sing and/or play. A signup sheet is

available at every meeting. Spectators are always welcome.

The Music Group website is <https://lincolnhillsmusicg.wixsite.com/musicgroup>. The password for this website is "musicgroup". For further information, contact Dan Marcus at 201-741-0920.

Every month, there are guitar classes, the Guitar Ensemble for anyone interested in reading music, and a seasonal vocal training workshop for people who like to sing. Also, there are drum circle and Ukulele group meetings every month.

Consult the Compass for class information. Contact Sal Caruso at 916-343-5810 for the Guitar Ensemble. Contact Ron Peck at 925-788-5869 for the Ukulele Ohana.

...

Tap Company

BY ALISON WOLFE

Happy Halloween from Tap Company!

As fall gets underway, Tap Company is already looking ahead to a busy and exciting season. We are working to secure a date for our annual holiday luncheon sometime in December. Unfortunately, Alyson and her young tappers will not be able to join us this year as they have in the past, but we look forward to celebrating together!

Alyson's performance class is in full swing and is introducing us to a new dance that we hope to perform in our spring show, "Glitz and Glam, A Dance Showcase". Practices for those who would like to work on footwork and the dance began in September 19.

Auditions for the show are tentatively scheduled for November 10, 5-8 p.m., in the Lincoln Room. With that in mind, we're hoping to find some Lincoln Hills residents who would enjoy being backup dancers for our singers. No need to be a seasoned dancer—just bring some enthusiasm and a willingness to have fun! For more information contact Kathy Fernandes, kathyfern50@gmail.com, or Mary Adamson, maryadamson719@gmail.com

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Ballroom Dance Club

BY ERNIE MICHELI

The Ballroom Dance Club is excited to teach the cha cha in October! Jim and Lia are ready to guide you through the steps. We'll be meeting every Tuesday from 3:30 to 4:30 p.m.

Dancing isn't just fun—it's also great for

your health! Culture Collective says dance can do more than just get you moving. A look at 218 studies showed that dancing can really help lift your spirits. Plus, a study from New Oxford found that eight weeks of dance classes helped young adults feel less down and more at ease with others.

Music, movement, connecting with people, and getting active can all work together to boost your mood.



Paul and Peggy Carr

Just a heads-up, there won't be any dance lessons in November or December, but we're planning a Christmas Potluck on December 8. Keep an eye out for more details about that! We'll be back in action with lessons starting in January.

If you're interested in joining, it's just \$10.00 a year for residents and guests who are sponsored. We have lessons every Tuesday in the Kilaga Springs Lodge Multipurpose room. Open dance starts at 2:00 p.m., and the October lesson kicks off at 3:30 p.m. where Jim and Lia will be teaching the cha cha. If you have any questions, feel free to visit our website at sclhbdc.com or email sr64danz@sbcglobal.net

...

Line Dance Club

BY ALICE ROLLINS

We are a friendly group of line dancer who are always looking for an opportunity to dance! We have Sunday Labs for all levels of dancers. We also dance on Saturday mornings, and Tuesday afternoons. We enjoy

(cont' on page 10)

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— • —

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Line Dance Club

(cont' from page 9)

our Association line dance nights and offer our own club workshops of evening dances. We welcome all dancers at all levels. Check out our Facebook page "Sun City Lincoln Hills Line Dance Club" (open to all SCLH residents), as well as our web page below. We encourage everyone to take line dance classes offered in the Compass to have even more fun! More information and membership applications can be found on the web site.

Contact: Sylvia Fox 916-384-8268, Foxxsam25@gmail.com, www.sclhldc.com

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Round Dancing Group

BY CATHY RAZUMICH

What is "round dancing"? Round dancing is social ballroom dancing made easy. Unlike freestyle ballroom dancing, round dancing is not improvised. Dances have been choreographed to specific music. A leader (cuer) announces the upcoming steps as the music plays which makes leading and following very easy. All dancers perform the same steps at the same time. They move in a counter-clockwise direction around the room, which is why it is called a "round" dance.

Our group round dances on Thursdays from 1-3 PM in the Placer Room at Kilaga Springs Lodge (1167 Sun City Blvd in Lincoln). There is an important Round Dancing Time and Location Change. Sessions on 10/29, 11/5, & 11/12 will be from 11:30-1:30 PM in the

Fine Arts Room at Orchard Creek Lodge (965 Orchard Creek Lane in Lincoln). We would love to have you join us! Singles and couples are welcome. No dancing experience is needed. Contact Cathy Razumich at 408-218-2144.

Round dancing includes many common ballroom rhythms such as Waltz, Rumba, Cha-Cha, Foxtrot, Jive (East Coast Swing), Two-Step, and Tango. These are the rhythms our group practices with our Cuer, Marie Hathaway. Marie is knowledgeable, patient, and has a great sense of humor. She definitely adds to the enjoyment of our sessions.

For each rhythm, skill levels are categorized by difficulty. Beginners start with simple steps and advance to more complex routines. The skill levels called "Phases" range from Phase I (beginner) to Phase VI (expert). In our sessions, Marie works with us so we can dance more rhythms and progress through the phases. When you attend a round dancing event, the playlist includes a variety of rhythms at various skill levels.

Round Dancing is sponsored by the Sun City Squares. More club information can be found on our website sclhsquares.weebly.com

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Country Couples

BY DTIM TATUM

No need to wear boots or hats at our recent "Hot August Hoedown" as we danced away to so many favorite songs selected by our DJ Dennis Dawson. And as we're welcoming the fall, we will soon have such fun again for we plan to have another dance party but



Lia Dresner and Jim Smyrak dancing in style at "Hot August Hoedown."

this time it will be with our spooky spirit to celebrate "Halloween" that has been known as "All Hallows' Eve" - the day dedicated for remembering the dead, including saints, martyrs, and all the faithful departed - on October 31st from noon to 4:30 PM at the Kilaga Springs Lodge.

But because it's Halloween that we always love to dress up in spooky costumes, we will have our luncheon catered. So, the upcoming tickets for this dance will not only cover the cost of the dance but also the catered Deli Buffet Luncheon, iced tea, coffee, water and dessert. For more details, please check our website.

Prior to the Halloween dance, however, members and guests are invited to our club picnic at the Sport Pavilion on September 17th from 4 to 7:30 PM. Please bring your dinner and drinks but most of all your enthusiasm to participate in our fun games! Please also RSVP by email to our Event Coordinator Rich Pick.

Ready to join us for more fun dancing

and social activities? Please contact:

Dtim Tatum 279-966-8551 or visit our website: www.sclhcc.com

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SC Squares

BY KRIS KNUTSON

Fall is in the air, and the square dancing is easy. The sessions we attend and the calls we've learned all make the dancing so much fun. It's amazing what you can learn in 6 months.

Whether you dance at beginner level or advanced, this is a special time to dance. There are a lot of dances being held the next 2 months around our area.

Interested in square dancing for the 1st time or coming back after a few years off, we are 1 of 3 or 4 clubs that can help you get back to swinging and promenading with your partner.

Whether your single or have a partner, live in Loomis, Folsom or Roseville everyone is welcome at Lincoln Hills Squares.

We are the 1 club that dances in the afternoons so your drive home is not in the dark.

Beginning, mainstream and plus classes meet Mondays 12:00-3:00 PM. Advanced class meets Tuesdays 3:00-5:00 PM.

All meetings are held at Kilaga Springs 1167 Sun City Blvd, Lincoln.

Our website is schsquares.weebly.com To get more information about the magic of square dancing at Lincoln call Tom Bolton 818-321-8808.

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(more Club News cont' on page 11)



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Ceramics Arts

BY MICHAEL BRADY

Hello Potters! Time is getting short to complete your holiday ceramic decorations! Pumpkins, Turkeys, Angels and Elves. Time



to get busy in the studio. Classes are Tuesday's and Thursday's. Open studio for all Sun City residents every Friday. Come on down and get those gifts in the kiln.

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Mixed Media

BY JILL SHORT

Believe it or not, fall is here—and with it comes a brand-new year for the Mixed Media Club! We kicked off our 2026–2027 club year with a wonderful luncheon for our members, followed by the election of our new Leadership Team. This year's team includes Jill Short, President and Article Writer; Connie Burdick, Secretary; Nancy Griffin, Treasurer; Jenny Griffin, Second Club Contact and Window

Display Coordinator; and Chris Fetter, Member-at-Large.

We're excited to begin another year filled with creativity, inspiration, friendship—and, of course, fun!

Annual club dues are \$20 and are now being collected. Beginning January 1, 2027, only paid members will receive club emails and participate in club art activities.

We have some fun things planned! This month, we'll welcome a visiting art teacher who will introduce us to color theory and, if time permits, lead us through a fun art project. In November, Jill will guide members in creating a whimsical mixed media piece called "Fall Fox." Then we'll take a holiday break in December and return in January with more creative adventures.

Visitors are always welcome! If you'd like to join us for a visit, please contact Jill beforehand so we can make sure we have a space available.

The Mixed Media Club meets on the third Wednesday of each month in the Fine Arts Room (OC), from 12:00–3:00 PM through November. Beginning in January 2027, our meeting time will change to 1:00–4:00 PM on the same day and in the same location.

Whether you're an experienced artist or completely new to mixed media, come create, experiment, try something new, and enjoy making art with us!

For more information or to arrange a visit, contact Jill Short at 916-409-2481 or Jillann322@gmail.com

Needle Arts

BY JAN HESS

Do you want to get a jump on your holiday shopping? Many of our members have been busy creating unique items which will be for sale at the "Artisans at the Lodge" event on October 3 and again in the Sewing Room during the "SCLH Holiday Market" on November 1. Please visit our booths to shop and for an opportunity drawing with four amazing prizes.

In addition to these events, Needle Arts members have been busy at workshops, attending monthly meetings with fascinating speakers, and getting together weekly with friends in the Sewing Room. If these activities



appeal to you, be sure to check out our new Needle Arts brochure located in the front hallway at Orchard Creek for more information. Applications to join are located in the Sewing Room and on our website.

Workshops available to members have included making rope bowl, tote bags, and embroidery on canvass. Be sure to check the information board in the Sewing Room for details and pictures.

Our next meeting takes place on October 13 at 12:30 PM in P-Hall (KS). Our speaker, Jonelle Tannahill will explain how to decorate for the holidays by up-leveling what we already own. We hope to see you there!

Contact: Cindy Nelson, 916-903-9095
sclhneedleartspress@gmail.com
Website: sclhna.com

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Painters' Club

BY TAMSEN ARMSTRONG

Art and flavor come together this fall in downtown Lincoln! The Painters' Club is proud to present a new and exciting collection of work at Simple Pleasures café located at 648 5th street in Lincoln. The show runs from October 5th through February 1st. Come enjoy a warm piece of pie or tasty sandwich while browsing a delightful collection of original paintings created by our resident artists. All pieces are inspired by the beauty of our community and beyond, making it the perfect opportunity to support local talent and perhaps find a unique piece of art for your home.

(cont' on page 14)

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CRUISE LINE ~	DATES	STARTING PRICE
24 DAY TRANSATLANTIC & EASTERN MEDITERRANEAN		
ROYAL CARIBBEAN ~ BRILLIANCE OF THE SEAS ~ 2,580 PASSENGERS	Apr 23 – May 16, 2027	\$1,880
Ft. Lauderdale to Ravenna, combining two back-to-back sailings through Morocco, Spain, Italy & Croatia.		
15 DAY BRITISH ISLES & IRELAND		
VIKING OCEAN ~ 930 PASSENGERS	July – September 2027	\$8,899
London to Belfast exploring England, Ireland, Northern Ireland & Scotland, with dramatic coastlines, historic ports and charming seaside communities.		
15 DAY AUSTRALIA & NEW ZEALAND		
VIKING OCEAN ~ 930 PASSENGERS	January 2027	\$8,899
Sydney to Auckland exploring Australia & New Zealand, with cosmopolitan cities, spectacular coastlines and scenic ports.		
8 DAY MISSISSIPPI DELTA EXPLORER		
VIKING RIVER ~ VIKING MISSISSIPPI ~ 386 PASSENGERS	March 2027	\$4,966
New Orleans to Memphis visiting Darrow, St. Francisville, Baton Rouge, Natchez, Vicksburg & Greenville.		
26 DAY REPOSITION ~ CUNARD		
QUEEN ELIZABETH ~ 2,547 PASSENGERS	May 2, 2027	\$3,904
London (Southampton) to Rome, Italy visiting La Coruna, Spain; Leixoes (tours to Porto), Portugal; Tangier, Morocco; Gibraltar; Cartagena, Spain; Alicante, Spain; Valencia, Spain; Barcelona, Spain; Messina, Italy; Piraeus (Athens), Greece; Istanbul, Turkey (2 Days); Kusadasi (Ephesus), Turkey; Mykonos, Greece; Katakolon (Olympia), Greece; Sorrento (Pompeii/Capri), Italy; Civitavecchia (Rome), Italy.		
27 DAY REPOSITION ~ HOLLAND AMERICA		
NIEUW STATENDAM ~ 2,666 PASSENGERS	Apr 4, 2027	\$3,080
Ft. Lauderdale to London (Dover), England visiting Kings Wharf, Bermuda; Portland (Weymouth), England; Dover, England; Rotterdam, The Netherlands; Casablanca, Morocco; Agadir, Morocco; Arrecife, Lanzarote, Canary Islands; Santa Cruz (Tenerife), Canary Islands; Funchal (Madeira), Portugal; Lisbon, Portugal; Dover (London), England.		



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CRUISE LINE ~	DATES	STARTING PRICE
12 DAY EGYPT PHARAOHS & PYRAMIDS VIKING ANTARES ~ 62 PASSENGERS VIKING RIVER CRUISE Start and end with 2 nights in Cairo, Egypt visiting Luxor; Egypt; Qena, Egypt; Aswan, Egypt; Kom Ombo, Egypt; Edfu, Egypt & More!	January through December	\$6,999
70 DAY CIRCLE SOUTH AMERICA ZAANDAM ~ 1432 PASSENGERS Sail round trip from Ft. Lauderdale to Grand Cayman; through the Panama Canal; Ecuador; Peru; Chile; Strait of Magellan; Cape Horn; Argentina; Antarctic Experience; Uruguay; Brazil; French Guiana; Barbados; St. Lucia; St. Kitts & Nevis; Puerto Rico; Ft. Lauderdale.	Jan 3, 2027	\$16,214
36 DAY JAPAN & HONG KONG VIKING ORION ~ 930 PASSENGERS VIKING OCEAN CRUISE Sail from Vancouver to Hong Kong visiting Alaska; Sapporo, Tokyo, Shimizu, Osaka, Hiroshima, Beppu, Kagoshima, Nagasaki, Japan; Taiwan; Hong Kong.	Sep 21, 2027	\$20,498
114 DAY WORLD CRUISE Princess Line CORAL PRINCESS ~ 2000 PASSENGERS Sail round trip from Los Angeles visiting Hawaii; Samoa; Fiji; Vanuatu; New Guinea; Australia; New Zealand; Indonesia; Malaysia; Vietnam; Hong Kong; Japan; Alaska; Canada; return to Los Angeles.	Jan 21, 2027	\$20,342
15 DAY GRAND EUROPEAN River Cruise VIKING LONGSHIP ~ 190 PASSENGERS VIKING RIVER CRUISE Sail from Amsterdam, Netherlands to Budapest, Hungary visiting Kinderdijk, The Netherlands; Cologne, Germany; Koblenz, Germany; Miltenberg, Germany; Würzburg, Germany; Nuremberg, Germany; Regensburg, Germany; Passau, Germany; Melk, Austria; Krems, Austria; Vienna, Austria (2 Days); Budapest, Hungary (Overnight On Board).	March to November	\$5,999
129 DAY GRAND WORLD CRUISE Holland America Line VOLENDAM ~ 1432 PASSENGERS Sail round trip from Ft. Lauderdale visiting Ecuador; Peru; Chile; French Polynesia; Samoa; Fiji; Australia; Bali; Indonesia; Singapore; Malaysia; Thailand; Sri Lanka; Maldives; Mauritius; South Africa; Namibia; Senegal; Canary Islands; Morocco; Portugal; Spain; France; Netherlands; Norway; Denmark; England; Puerto Rico; Ft. Lauderdale.	Jan 5, 2027	\$28,009
125 DAY WORLD CRUISE VIKING SKY & VESTA ~ 930 PASSENGERS VIKING OCEAN CRUISE Sail from Los Angeles, California to London, UK visiting Hawaii; French Polynesia; Cook Islands; New Zealand; Australia; Indonesia; Singapore; Malaysia; Sri Lanka; Maldives; Seychelles; Kenya; Tanzania; Madagascar; Mozambique; South Africa; Namibia; Angola; Nigeria; Ghana; Senegal; Spain; Morocco; Portugal; France; England. Call for complete itinerary and details.	FREE First Class Airfare & Door to Door Car Service January 2027 & 2028	\$59,999



CONTACT CLUB CRUISE TODAY!

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Painters' Club

(cont' from page 11)

The club offers a fun activity called Painting Challenge in which members display



recent work based on a theme and win prizes. Our next challenge will be November 17th on the theme of "Plumage". Painters may self-select what level they want to compete in and everyone votes for their favorite.

We welcome all residents. Some of us have been painting for a long time but many are beginning or emerging painters who are steadily working on skills and have made great progress. We paint in watercolors, acrylics, oils, pastels, and pen & ink. The club is dedicated to the idea that we are each on

our own personal artistic pathway, hoping for comradery, inspiration, and exposure to new styles and techniques. Meetings are held in the OC Lodge Art Room every 3rd Tuesday of the month starting at 1:30 PM. The Board meets

every 2nd Tuesday at 11:00 AM, welcoming all members to attend and participate. Dues are \$20 a year, \$35 for a family.

Creative Glass Club

BY SUSAN HAAS

The Creative Glass Club is a community of glass enthusiasts who enjoy learning, sharing, and creating together.

We are inviting You to try new Art endeavors! Members work on a variety of

projects, including stained glass, fused glass, and mosaics. We offer Tips and Tricks at each open studio. We offer workshops for both beginners and advanced artists and special member only projects. We meet the 1st and 3rd Tuesday evenings 6:00-8:30 and 4th Thursday 9:00-noon. We meet at the Kilaga Lodge. Do drop in and see what we are creating! Yearly membership fees \$20.

Please contact Corene for membership questions-925-813-8385.

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Paper Arts Club

BY LINDA LUCCHETTI

Our Annual Overstock Sale and Pot Luck at the Sports Pavilion on September 3 was a success. It was chilly outside, but our spirits were warmed by the camaraderie. Thank you Mina B a h a n and helpers. We hope everyone found some treasures and had fun socializing.

C o m i n g soon: Home Craft Room Tour, October 22. This has

become a popular annual event when we caravan in groups to several of our members' craft rooms. We'll get creative ideas for storing and organizing materials, and ways to better set up work stations.

We meet on the first and third Thursday of the month in the Terra Cotta Room at Kilaga Springs Lodge at 9:00 AM for general meetings and Open Lab. Check the monthly newsletters (email) for updates. For further information, contact: Pam Abad, pamabad@att.net

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(more Club News cont' on page 15)



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Photography Club

BY DIANE MARGETTS

Ever wondered why Adobe named one app "Lightroom," another "Lightroom Classic," and yet another "Lightroom Mobile" — and then threw Photoshop into the mix for good measure? At our September 9th general meeting, Cokie Lepinski untangled the Adobe family tree and explained how Lightroom Classic, Lightroom, Lightroom Mobile, and Photoshop actually talk to each other.

Laurie Freedman will make a presentation on Patagonia for October. Patagonia is a geographical region that encompasses the southern end of South America. The region comprises the southern section of the Andes mountains, featuring lakes, fjords, temperate rainforests, and glaciers in the west, and deserts, tablelands, and steppes to the east. We are excitedly, looking forward to the photographic adventure that Laurie is going to take us on!

Our education program is in full swing. In September, Rick Maness conducted a two-part program on masking in Lightroom Classic. In October, Ron Nabity will engage us in a Digital Photography Boot Camp. This program is a hands-on 4-week series designed to help photographers better understand and confidently use their cameras beyond automatic settings.

Several members recently enjoyed a 'Fall in San Francisco' field trip. There was so much to see and do! This photographic journey explored many of the city's iconic

buildings, world-famous bridges, city skylights, ocean views, city streets and fall foliage at the Golden Gate Park.

Look for many stunning San Francisco, and other images, at one of our exhibitions. Our exhibit at Simple Pleasures Restaurant just recently ended, but we are still displaying works at Buonarroti Ristorante

in downtown Lincoln as well as Lincoln Hills Kilaga Springs Spa.

Thinking about joining the Photography Club? We always welcome new members. You can sign up at any of our monthly General or Photography Special Interest Group Meeting. For information of meeting times and schedules, please check out our website.

Contact: Diane Margetts; 916-955-1809
Website: <http://www.lhphotoclub.com>

Woodcarvers Club

BY LIONEL RAINMAN

The Woodcarvers Club has an open-door policy so you can see woodcarvers in action as well as some finished carvings. You can feel free to talk to members about their carvings or ask questions about woodcarving. Our member's range in experience is from beginner to expert.

Woodcarvers Club is open to all members of SCLH and carvers choose their own designs to carve or there are several club projects available as an option. Carving books and magazines are plentiful as well as help from members.

Woodcarvers Club meets every Wednesday, in the Sierra Room at (KS), from

1:00 to 4:00 PM

Contact: Lionel Rainman, 916-253-9534,
lrainman1414@yahoo.com

Stamp Club

BY TIM MILES

The holiday season is fast approaching, and it affects us because of the lack of space at the Sun City Lodge (7050 Del Webb Blvd., Roseville) for the seasonal events of the various groups. The rooms are claimed and there is nothing available for us in December.

However, our meeting times (Tues) for Oct are the 13th and the 27th and Nov 10th. Thanksgiving shuts us out for late November. We have no garage days scheduled also.

Our Secretary, Lee Coen (leejcoen@gmail.com), always sends out timely bulletins about club business as it gets set up so watch your emails.

Our meetings encompass door prizes, giveaways, anything in the "stamp collection" mode from pages to albums and protectors and anything in the hobby you might need. They start at 6:30 pm and we are usually going home by 8:30 pm. We also have a full set of stamps catalogs which are seldom available anywhere else.

We like to welcome anybody who is interested or has an "old" album in the closet to attend at no cost and get an idea of current value.

Anybody is welcome for membership access to all of this for only \$20 per year.

The SACAPEX Stamp show in

Sacramento is scheduled for Nov 7th and 8th so there will be further mention in the Nov edition of this column.

Singles

BY KATHY SHADDOX

Have you noticed that the temperature is dropping as we enter fall. We start off this month with our Birthday Celebration on October 4th at 4:00 pm in the Kilaga Springs Terra Cotta Room. If you are a member and have an October birthday, you can have a free drink ticket on the club from Lucy Martin; and we will sing Happy Birthday lead by Dennis Doane.

Join us at our Activities Meeting and learn how we plan our upcoming events.

A special event will be our Octoberfest on October 7th at 4:00 pm at Dueling Dogs Brewery organized by our President, Chuck Pineau. Reservations needed, so be sure to buy your ticket from Heidi before we sell out!

On Thursday, October 8th is our Business Meeting with a "Surprise Activity". Wondering what that might be? You have to attend the meeting to find out.

Our monthly Saturday Breakfast will be on October 10th at 9:00 am in the OC Sports Bar. No reservations needed. Come and order anything you like off the menu. Great way to meet new friends.

Our October social in October is always our Halloween Party. It will be held on Thursday, October 29th at 5:00 pm in the

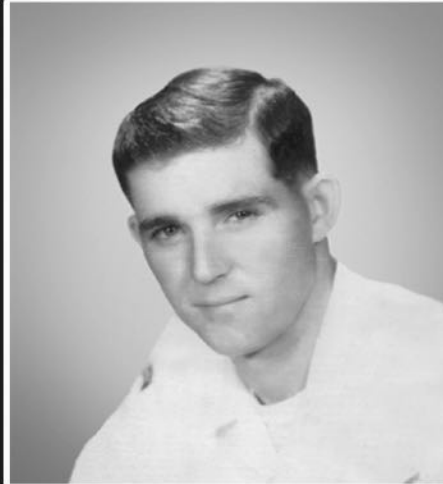
(cont' on page 17)

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	\$700,000	\$17,500	\$10,500	\$7,000
	\$800,000	\$20,000	\$12,000	\$8,000
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Singles

(cont' from page 15)

OC Ballroom. Reservations are needed to be sold by Sarah Lambrose. Each year this great evening offers dinner, dancing and Costume Parade with prizes to the lucky winners. Costumes are not required to attend but encouraged.

Join us as we play Bocce every Wednesday chaired by Peggy Woods and Jim McMann.

Well if you are not a member yet, and wish to join in all the fun we have, just contact Mari Long, Membership Chair, 916-409-9136.

That's all folks, for this month...

SCHOOLS

BY PATTI KINGSTON

The SCHOOLS organization is always looking for volunteers in K through 5 in our elementary schools. Now is a good time to express your interest in the Fall 2026 school year. The district will provide the steps needed to become a volunteer; a TB clearance from a medical professional and being fingerprinted. Those things can be easily taken care of. The district pays for finger printing. Some volunteers help with paperwork, but most enjoy working directly with the children. Many volunteers are in the classroom 1 day a week for a few hours. They follow the teacher's guidance and collaborate with her. Most say they love being part of the community and "giving back" by volunteering. Teachers rely on extra help and appreciate every hour the volunteers spend in the classroom.

The Phoenix/Atlas High School has changed over the past few years. Chuck Whitecotton, Principal, gave the members of the SCHOOLS steering committee a tour of the phase 1 renovations and construction of the new Atlas building and of the existing campus for Phoenix High. The opportunities offered attract High School students who want to work at their own pace with individual instruction to graduate from High School. The classes have become so popular that there is a waiting list for new students. Some classes offered by Sierra College are also available to students.

The "HUB" is a Western Placer Unified School District (WPUSD) family resource center and is adjacent to the Phoenix/Atlas High School. They offer shelf-stable food, produce, backpacks and school supplies,

clothing, hygiene kits, college and career support and referrals to County and local services. Anyone in the community needing the resource may come to the facility at 790 J Street, Monday-Friday, 8 AM to 4 PM during the school year. For more information on volunteering in a Lincoln Elementary School, contact Cyndi at ccolloton@yahoo.com. If you are interested in tutoring Math, History or English at Phoenix High School contact Irma at jmeidm@aol.com

Apple User Group

BY NINA MAZZO

Stay healthier with your iPhone and



Apple Watch. Arrhythmias, blood pressure, sleep apnea, blood oxygenation, fall detection, medications... learn more as Jim Moon discusses how to use these valuable health functions that are already in your pocket or on your wrist. Mark your calendar for our general meeting on Tuesday, October 13. Ask the Tech begins at 6:30PM with the program at 7:00PM in (KS) Presentation Hall.

On Monday, October 26th, join Ken Caswell as shows you how to enhance your Photos experience using the Preview App. He will discuss how to quickly transform your digital pictures using Apple's free, built in Preview App. You will learn easy ways to crop, resize and fine tune the color or lighting of your favorite photos. He will also demonstrate how to remove or change the background of

your photos. Make your memories look their best without complicated software. Ask the Tech begins at 10:15AM with the program at 10:30AM in

(KS) Presentation Hall.

We recently celebrated our club's 24th anniversary with a Safari theme. We had a great time with delicious food and amazing assortment of prizes.

Our club website is a great place to discover the many services and programs available to members. Please remember things can happen and programs might change so check the calendar or look for your weekly email communications.

Club website: www.LHAUG.org. You



Chairs: Bonnie Esker and Nina Mazzo

can call and leave a voice message (no texts) at 916-913-6833.

...

Astronomy

BY BARBARA SWERDLOW

Space the final frontier! Interested in learning about our solar system, deep space discoveries, and current space projects? These topics and more are presented at our monthly meetings. Meetings are held the first Wed. of every month at P-Hall (KS) at 6:45pm. The October presentation included updates on the Juno Mission and Deflecting Asteroids. In November we will explore different rocket engines as well as updates on new space projects.

We also invite people to view space objects at our monthly star parties, which are held, weather permitting, at the upper tennis courts. Check website for updates and times.

Our Cosmology interest group explores the history and development of the universe. Meetings are held monthly at Orchard Creek. Check the website for details.

Website: lhag.org, Contact: Cindy Van Buren, rvcbvb@att.net

...

Shalom Social Group

BY JUDY GANULIN

Members of the Shalom Social Group are very much looking forward to what we consider "the most wonderful time of the year." It starts with our Game Night on October 21. Then comes Thanksgiving. And we end the year with our favorite event, our annual Hanukkah dinner on December 6. Through it all we have fond memories of our Women Together tenth anniversary celebration – it was a spectacular event, with excellent food, good music and great camaraderie! Then we start off 2027 with our Men's Club brunch on January 31. We still volunteer at Feeding the Foothills (formerly the Placer Food Bank). As a newly recognized club, we now have a hallway card in the glass case at Orchard Creek. For more information about our activities or membership, please call Margie Gulko, 916-543-5303.

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(more Club News cont' on page 19)

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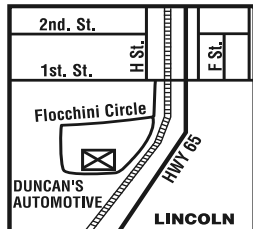
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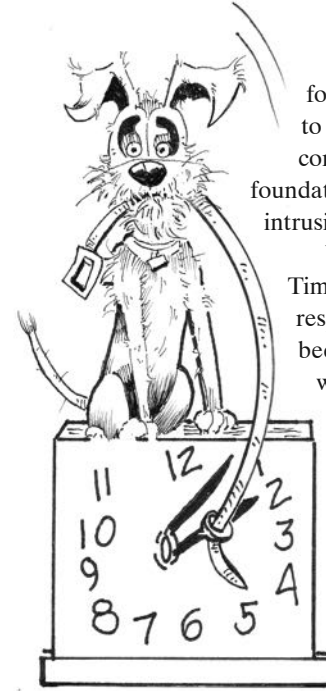
BY RICK CARREIRO

Traditionally, October is time to reflect upon and compare the needs of our homes and our own needs.

Start by checking the light throughout your home including entrances, hallways, bathroom walkways, and garages as the reduced natural light could be dangerous. Replace burned out bulbs and consider adding night lights to prevent trips and falls in areas used after dark.

Have your furnace inspected with routine maintenance, replace filter, check smoke alarms, and monitors changing batteries as needed. Keep furniture away from vents and switch ceiling fans to a clockwise direction. Check all window and door seals for air leaks and repair if necessary.

On the exterior, check for debris or leaves and remove to prevent slip and fall accidents. Loose fixtures, handrails, and uneven surfaces should be fixed. The "bleed" holes or slots in window frames need to be opened and cleared



Rudi 10-2026

for water drainage. It's a good idea to remove any material or greenery contacting your home's exterior or foundation thus preventing costly water intrusion.

With the change of Daylight Savings Time, DST, you can adjust your body's response by gradually changing your bedtime and waking times. Along with these changes, October is an opportunity to review emergency supplies such as, flashlights, batteries, water, and medications.

As a reminder, our NID team can help with many of your basic needs by calling 916-223-2763. We reply Monday to Friday 9AM - 5PM. Please call if you would like to help volunteer with us!



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Lavender Friends

BY JOAN LACKTIS

We had a fairly quiet September with a couple of outings, including bocce ball and our ever-popular birthday breakfast, but we are starting to make plans as we head into the cooler weather. We'll be wine tasting at Rancho Roble Winery here in Lincoln later this month. Next month will bring a repeat of our visit to Thundering Herd Mandarin Ranch and a new event: a special Friendsgiving potluck.

In addition to the fun stuff, we will be staffing a voting center Oct. 31 to Nov. 3 for the midterm elections. This will be our third time staffing a voting center for Placer County Elections and some of us are feeling like old hands at this — and heartened by the fact that more Lavender Friends sign up to volunteer each time.

Every October, the U.S. observes LGBTQ History Month, which includes National Coming Out Day on Oct. 11. The day, celebrated since 1988, honors the significance of coming out or inviting others in and raises awareness about LGBTQ rights. Let's take a moment to appreciate living in this community where Lavender Friends, a club for LGBTQ residents and their allies, are welcome and accepted.

Want to learn more about our club? Check out our website at lavenderfriends.com

• • •

LH Italian Club

BY ANNE (CORSARO) FINN

To say that our recent Musica Bella event was a big hit, would be an understatement! Guests were treated to an array of Italian music that spanned generations. They learned about the important history of our music and topped it all off with a delicious lunch buffet. It was truly an afternoon filled with musical and culinary delights! A special thank you goes out to Lilly LaPira, Karen Zimmerman and our other event committee members for making this and all our events so incredibly special.



Italian Club "Bella Liguria" event.

Now that autumn has arrived, we're getting ready for Turkey Bingo and dinner, scheduled on November 1 at Del Webb Roseville. Be sure to buy your tickets and join us for this fun and popular event. Please check out our website at www.lhitalianclub.org for details on these and future events. For membership information, contact Sandi Graham at 916-826-5711.

• • •

Genealogy Club

BY NANCY SWITZER

A "Brick Wall" in genealogy is a dead end in family history research where no

further information can be found about an ancestor or lineage. Your trail has gone cold, or the person has disappeared without an explanation. Do you throw up your hands in frustration, or what?

It is a perfect mind picture when you think about it. How can you scale a brick wall without some help? Well, our club has an answer for you!

Our October 16th 10:00 AM Meeting, (PH) (KS) features one of our knowledgeable past presenters, Denise Beeson. Denise has been an Adjunct Instructor in the Business Dept. at SRJC for over 25 years, and now teaching in the Lifelong Learning Genealogy classes.

Denise has a BA from Whittier College and a MA from San Francisco State and a Licensing Certificate in Intellectual Property Licensing from the Licensing Executive Society (LES). She is published in the field of technology transfer, marketing and sales and networking.

She is a member in good standing in the Sonoma County Genealogical Society and has an ongoing interest in genealogy for over 15 years.

We are still looking for two more members of our leadership committee. We seem to have hit a "brick wall" there! Would you consider helping us over this wall by joining us as a Vice President or a Recording Secretary? We would love to have you with us!

Kate offers a Genealogy workshop open

(cont' on page 20)

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Genealogy Club

(cont' from page 19)

to all residents, 2nd Mondays from 1-3 PM, Computer Room (OC). Questions, contact Kate at (916) 975-5052 or starkayak@icloud.com and leave your question with contact information. Don't forget to check the website for updates! (suncitylhgc.com)

Contact: Rita Perada 510-710-5704, ritaperada@gmail.com

Coffee, Cookies, and Chat after the meeting in the Kilaga Café.

• • •

Lincoln Dems

BY PAT MACHT

Did you get your ballot from Placer County yet? Let Lincoln Dems take the fog and confusion out of voting! Need the cliff notes on who's running, who's endorsing whom, what the propositions are all about before you fill out the ballot? We have it all for you in an easy-to-understand way!

First, RSVP Now on our website to attend our October monthly meeting on the ballot propositions. The League of Women Voters will walk us through all 14. They'll lay them out, and give the pros, the cons, and answer all your questions. You don't want to miss this one. It's taking place on Thursday, October 15 at 6:30 p.m. in Kilaga Presentation Hall.

And this just in! We have curated the best sources we can find to help clear the fog about candidates, ballot initiatives, and voting locations and we've put them on our website

homepage. Just go to www.LincolnCA Dems.org and find what you need or didn't know you needed until you went there!

You'll see all the endorsements from the Blue Voter Guide: it identifies the candidates and propositions on your ballot and endorsements from pro-democracy and pro-working family, forward-looking organizations.

There's also a link to who has been officially endorsed by Placer County Democrats.

We've got the journalist-prepared voting guide called the CalMatters Voting Guide - plus a list of Placer County voter locations and drop boxes and the Track Your Ballot app, where you can follow your ballot to make sure it landed safely.

Hey. Want to write or call voters? Knock on doors? Help with events? Learn about those and other ways to help. Sign up on the homepage by clicking on "Volunteer. "Let's win this, Dems! With your help, we can do it!"

• • •

Writers' Group

BY RAY BIRGE

October is my favorite month of the year! It's also the perfect month for finding inspirations to write about. Mother Nature puts on a display of vibrant fall colors announcing the changing season and Autumn weather.

It's the season of pleasing smells from the Fall Candles to the smell of pumpkin spice, crunchy leaves, hot mulled wine and foamy hot cocoa. Nothing beats the smell of apple pies baking at the beginning of apple picking season.

Remember the search for the perfect jack-

o-lantern at the local pumpkin patch? Don't forget those spooky Halloween parties and movies, and, of course, the fun of creating the perfect costume for your kids - or maybe even yourself! Nothing is more fun than handing out the candy to those little ghosts and goblins ringing your doorbell. Those memories make great stories. If you can tell it, you can write it!

Fun thoughts for Halloween:

What do you get when you drop a pumpkin?... A squash.

Why did the skeleton go to the party alone?... He had no-body to go with him.

Why do witches fly on brooms?... Because vacuums suck.

What is a ghost's favorite desert?... I-scream.

We're proud to be the SCLH Writers' Group dedicated to encouraging the growth and development of members in meeting their individual writing objectives. We want to be the most creative organization possible by providing feedback and constructive suggestions to our members on each of their under 1400 word "masterpieces" and have fun doing it. We author short stories, novels, poetry and even memoirs.

We meet on the 2nd and 4th Monday of each month from 5 to 7 pm in the Computer Room (OC). Hopefully, we'll see you there.

Any questions call George O'Conner, Secretary 818.585.5261 or e-mail george7282yahoo.com

• • •

Airport Co-op

BY GINNY SATO

Need a Ride to the Airport or Amtrak? Join the Lincoln Hills Airport Co-op! The Lincoln Hills Airport Co-op makes getting to the Sacramento Airport or the Amtrak station easier, more affordable, and more neighborly. This member-run service is perfect for residents who want a convenient way to coordinate airport or train station drop-offs and pick-ups, without the high cost of commercial ride services. Members provide rides to get rides. There is also a \$15 yearly membership fee per household. For more information, contact Ginny Sato at gsato2002@yahoo.com

• • •

Travel Club

BY LINDA & JOANNE & PAM & LISA

Please be sure to check our website lincolnhillstravelgroup.com often for new tours and events.

Some interesting facts about upcoming tours:

· Explore Tuscany in April 2027 has twenty passengers going!

· Discover Spectacular Scandinavia in June 2027 has seats available.

· Did you know Amish Country Getaway includes only a two hotel stay, Philadelphia with the Liberty Bell, Nemours Mansion & French Gardens, Longwood Gardens, and Hershey's

(cont' on page 21)



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Travel Club

(cont' from page 20)

Chocolate World

- Switzerland, Austria, and Bavaria features Octoberfest!
- Niagara Falls to New York City also features West Point Military Academy and Cooperstown - the National Baseball Hall of Fame and Museum, Sonnenburg Mansion and Gardens
- Antarctica (2028) There are already two Travel Club members going! Another member is looking for a roommate to go as a double. Contact Lisa Viviano for more information. Because this is such an unusual trip, the deadline is now a year and one-half earlier.
- Spirit of North and South Dakota includes the new Theodore Roosevelt Library that just opened in Summer 2026.

Travel Group Member Appreciation Event- Everyone is invited on October 8, 2026, from 4-6 pm, mixer and food at the Lincoln Hills Sports Pavillon. See details on the website!

The next Travel Show will be on Monday, November 9, 2026, at 1 pm in the Willow Room of the Lincoln Public Library.

All trips on the Lincoln Hills Travel Group website include airfare and a ride to/ from the airport. You can sign up for any of these trips on our website with a secure link directly to Collette.

Lincoln Hills Travel Group Leaders: Joanne Schumacher 415-999-1242 jkschumacher1@gmail.com, Lisa Viviano 916-798-7462 lisav4747@gmail.com, Pam

Speck 916-925-389-6302 joepamspeck@gmail.com, Linda Bevins 916-752-0311 djbevins17@gmail.com

• • •

Veterans Group

BY STEVE WITMER

Members and guests need to make reservations now for the Veterans Group's popular Oktoberfest Luncheon on Friday, October 23, in the Orchard Creek Ballroom. A no-host bar featuring wine and German bier will open at 11:30 a.m. A three-course luncheon will be served at noon. A choice of three entrées will be available: A Taste of Germany with German Sausage and Pork Schnitzel for \$33.00, Chuck Roast for \$35.00 and Orchard Apple Salad for \$23.00. The deadline for reservations is Friday, October 16. For details and reservations, contact Phillip Cameron at (916) 705-4310

Residents can pick up a bright, new American flag on the 15th of the month when the Veterans Group sells replacement flags in the Orchard Creek Lobby from 8:00 a.m. to 4:00 p.m. Flags are \$20 each. To purchase a flag at any time, contact Van Oosbree at 559-307-5577, leave a message with your name, address and phone number and the best time to call back.

• • •

Republican Club

BY SUE DUMAS

One month countdown to Mid-Term Election!

Wednesday, October 7th Sports Pavilion – 12:00 PM–3:00 PM. Bring your Ballot and questions for review. Assemblyman Joe Patterson will be speaking on entire Ballot including non-partisan races. Michelle Kubo, Rob Tucker, Holly Andreatta, Marjorie Profitt, and Quinn Eichorst- non-partisan candidates in November election, will speak briefly. This meeting is a must! Join us for the best combination of fun and serious, “Meet, Greet and Eat!” Hot Dog Vendor; \$6- for hot dog, chips and soft drink. Bring your Ballot, and cash!

Assemblyman, Josh Hoover discussed specific propositions at September meeting. Joe Patterson will go deeper, broader at Sports Pavilion.

Thank you to our valued Volunteers who have been and are, busy addressing envelopes, packaging candidate handouts, knocking on doors, holding up signs, phoning, etc.

Wednesday, November 6th PH (KS) – 6:00 PM, starts 6:30 PM – Election Status, followed by Guest Speaker, Henny Abraham – “My life under the Iranian Regime.” Our “why” for being in Iran.

Tuesday, December 15th – Christmas Luncheon in OC Ballroom. 12:00 PM – 3:00 PM.

Watch for our first ever Club Display in OC hallway opposite Sewing Room. November

2nd thru November 30th.

LHRC Book Club: Contact - Alice Crawford, Committee Chair, alicebcrawford@gmail.com, or 916-835-3399.

Facebook: “Lincoln CA Republicans” offers current events, articles, photos, etc.

Visit Website or Facebook for more info. www.RepublicanClubSCLH.org

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Tesla Club

BY PAUL GARDNER

The October meeting of the Tesla Club will be on the 4th Saturday, October 24, in the Kilaga Springs Presentation Hall, with doors opening at 1:30 to allow for lots of Q&A. Membership in the club is free to all Lincoln Hills Residents, and you are invited to attend and bring anyone who might be even a little curious about driving a Tesla. After this meeting, we will be going on a scenic road trip to demonstrate the incredible capabilities of Full Self Driving. Our destination will be the Rancho Roble Vineyards at 340 Fleming Rd. in Lincoln, where we will enjoy an optional wine tasting for \$20 per person. For further information log into lhtesclub.com or email: lhtesclub@gmail.com

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(more Club News cont' on page 23)



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RV Group

BY MARY CARBREY

What do computers, the Winter Olympics, family research, cows and Heber Valley, Utah all have in common? Why, our most recent RV rally of course! Twenty adventurous RVers journeyed across the Great Salt Lake Desert to the beautiful Heber Valley for a week of unique activities. We visited the site of the Salt Lake City Olympics in Park City, toured a computerized dairy farm, discovered new family history at the Mormon Research library, and hiked or biked along the Provo River Canyon, all while basking in the beauty of Wasatch Mountain that surrounded our first class RV resort. We have several more rallies scheduled in the months to come.

To learn more, see our website at www.lhrvg.com or join us on the second Thursday



Mary C. plays with baby calf at computerized dairy farm.

of the month, 4:30 PM in the Placer Room at KS. Remember, all types of RVs are welcome. Contact our Club President, George Slaats at 916-257-3372, or, Georgeslaats@gmail.com for more information.

...

Sports Car Club

BY ROBERT PHILLIPS

Being a member of the LHSCG offers much more than sharing an interest in cars—it's about friendship, adventure, and shared experiences.

Throughout the year, our rides take us to new destinations, along scenic roads, and on memorable adventures with friends. Each outing gives us a chance to explore, have fun, and create lasting memories together.

Perhaps the greatest benefit of the Sun City Lincoln Hills Sports Car Club is the connections we make with people who share our passion for cars and travel. Whether you're a longtime sports car enthusiast or simply enjoy riding along, the club is a wonderful way to stay active, connected, and involved in our community.

Here is a look at the rides and adventures we have enjoyed so far this year:

Date • Ride Completed • Leaders
March 18: El Tapatio - Auburn • Bob &

Kathy Owens

May-15: Capay Valley, Sutter Buttes & Road Trip Bar & Grill • James & Debbie Gibson

June 4: Willo Steak House, Nevada City

• Rich Tassano & Pam Berry

July 4: Lincoln Independence Day Parade

• James & Debbie Gibson

July 16: Tofanelli's Grass Valley • Gary Raine & Peggy Voss

August 21: Blackhawk Museum • Miles Rodgers & Janine Corby

Future Rides —

Sept. 25: Cotti Cellars Ride & Picnic • Loren Winkler & Wendy Gotcher

Oct. 9: Dancing Tomato, Yuba City • Jeanne Cervantes & Wood McCann

Join us - new members are always welcome! If you're interested in joining or learning more about the club, please visit our <http://lhsportscars.com> or contact Carol Asnault at casnault@comcast.net

...

Amateur Radio Group

BY DAN LEHRER, KN6DRN

We participated in several contests recently. The NA QSO Party using phone (SSB) yielded close to two dozen contacts. For the first time we joined in on the World Wide

Meetings are held at the South Tower every Monday night at 6:30 PM. Our club conducts a weekly radio network at 7:00 PM every Monday on the W6LHR Repeater at 147.030 MHz, 167.9 PL. If you are looking for a way to engage in the community and have an interest in amateur radio, please



Dan Lehrer, KN6DRN
America250 Worked All States Award

Digital Contest. Using the FT8 Digital mode, we contacted 40 stations. This mode utilizes radio combined with computers allowing us to make contacts with weak signals. Argentina, New Zealand, Brazil, and Chile were among the International contacts. Dan, KN6DRN earned his America250 Worked All States award, congratulations!

These contests are fun, but they also keep us and our equipment ready in case of emergencies. By participating in these contests we test our communication skills as well as troubleshoot any equipment malfunctions.

check out the LHARG. We can help with programming handheld radios. For more LHARG information visit our Website, the URL is: lharg.us or email dllehrer72@gmail.com

...

(more Club News cont' on page 24)



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Bosom Buddies

BY DOTTIE SUHRHOFF

Bosom Buddies is a support group for those who have survived or are experiencing breast cancer. We are there for each other in good times or when needed for support. Our phone tree and our monthly meetings are so important to determine who needs support at any given time. We meet on the



Kay, Sandy and Jane



BB Ladies with Green Acres Speaker, Greg

second Thursday of each month at 1 PM in the Multipurpose Room at Orchard Creek. We have speakers who talk about things related to breast cancer or other items of interest.

In September we had a speaker from Green Acres come to tell us how to keep our gardens growing. Greg was a great speaker and kept us totally entertained. He is the person who answers the questions on Green Acres' website. He discussed how bad chemicals were and how we need to provide an ecosystem for the surrounding plants. He stressed going back to basics while feeding the soil and roots. He gave us many examples of how to bring life

into our yards, particularly during the winter months.

October is a very busy month for our group since it is Breast Cancer Awareness Month. We attended the Brighton Event on October 1 and will have a Celebration of Life gathering on October 3. We have our Appreciation Luncheon on October 15 so remember to RSVP to Patti Kingston by October 3. We will be playing bingo and be recognized by the Lincoln Hills Foundation on October 22. There will be NO general meeting in October, but we will have both core and general meetings in November.

If you have any questions regarding Bosom Buddies, please contact Dottie Suhrhoff (815-236-0197) or Patty McCuen (530-575-2889).

"Together we are strong, together we make a difference, together we will survive!"

...

Alzheimer's-Dementia Caregiver's Support Group

BY DENISE WEBFIELD

This group provides an opportunity to meet with others caring for someone with dementia. We share experiences and resources. The Women's Group meets on the first Wednesday of each month. (October 7th) at 1:00 PM in the Fine Arts Room (OC). The Men's Group meets on the third Thursday of the month (October 15th) at 10:00 AM in the Multipurpose Room (OC).

The General Meeting is on the fourth Wednesday of the month (October 28th) at 1:00 PM in the Fine Arts Room (OC). The speaker will be from

Elder Care Management presenting a segway to death and dying. For more info contact Kathi Ridley 916 253 7086 or kathiridley@yahoo.com

...

Low Vision Support Group

BY STU SINGER

Medical breakthroughs occur on a regular basis. While curing eye diseases has proven particularly difficult, new discoveries

and procedures are being developed to aid in managing these conditions while the search for the "Silver Bullet" to reverse vision loss continues. The presenter for the October 6, Sun City Low Vision Support Group, Dr. Cameron Pole, is at the forefront of one such innovation. Dr. Pole, a member of a Retinal Specialists Group located in Roseville, will share with the group a new, less invasive method that can replace the injections currently being employed as treatment for certain kinds of eye disease. He will also discuss other discoveries on the horizon. The meeting is at 2 pm in the Fine Arts Room at Orchard Creek Lodge and is open to all Sun City residents.

"What Can Sun City Do for You" will be the theme of our November 3 meeting. We will have presentations from local Sun City residents who have formed their own ride-share programs, the sale of half-price tickets for "Dial-a-Ride", an overview of the services offered by "Neighbors InDeed" and a discussion of classes provided in our gyms for improving balance, strength and mobility. We will have a presentation by the Tesla Group about autonomous driving as well as actual rides in the parking lot so members can experience self-driving vehicles.

Save the Date: December 1 will be our annual "Winter Social" in the Placer Room at Kilaga Springs Lodge beginning at 2:00 pm. No admission charge, just good food and comradery.

...

(more Club News cont' on page 25)

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Multiple Sclerosis

BY JERI DI FIORE

Let's have fun teasing our brain at the October 20 MS Meeting!

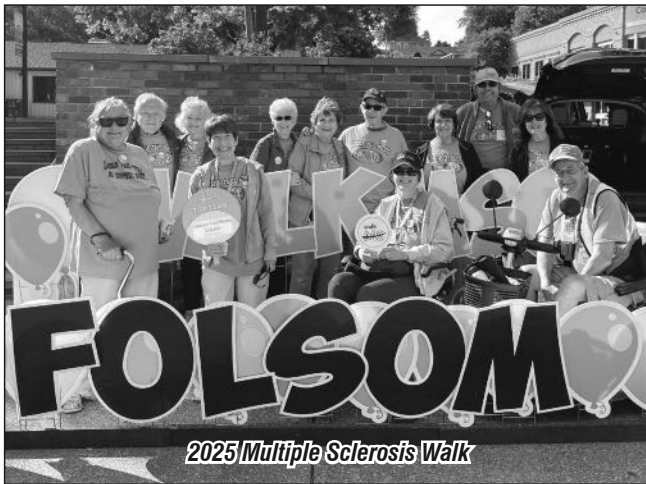
It's important to keep our mind sharp as we age, especially in managing our MS!

Tuesday, October 20, 1PM, Kilaga Springs Lodge, Sierra Room

Individually or as a group, Member Corene Bennett will lead us in written exercises; such as, "Read and Recall, Word scramble, Word search, Crossword puzzles, Sudoku, etc.

Also, Trailmixers Team Captain, Joni Deuth, plans to announce the exciting final fundraising figures for the 2026 Folsom Multiple Sclerosis Walk.

Thank you to all who helped and to our Corporate Sponsors: Devin Arp - Sun Run Solar, Donna Judah - Coldwell Banker



Real Estate, Star Dental - Roseville, Roberts Retirement Financial Service, Cindy Lynn's Rubs - Rubs and More!

Newly diagnosed, have a friend or relative with MS, you are invited to join us at our October 20th meeting!

Questions call: Jeri Di Fiore- Facilitator, Lincoln MS Group 530-401-2135.

...

Garden Group

BY LORRAINE IMMEL

Don't miss our last General Meeting of the year Thursday, October 22, 2:00 PM, Kilaga Springs! We'll announce our special program as soon as the details are finalized.

Come see what garden treasures are

available at our Brown Bag Sales! Bring your gardening questions before the meeting (1:30 PM) for our Master Gardeners Q & A Program. Pick up information and hand-outs about finding homes for next year's 2027 Home Garden Tour.

Social Chair Debbie Schryver will be



taking sign-ups before and after the October meeting for our much-anticipated Holiday Social. Keep an eye on your email for the December 2nd Holiday Luncheon Invitation. It will be a wonderful opportunity to celebrate the season, enjoy good food and friendship, and share some holiday cheer with our Garden Group family!

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Bird Group

BY SHERRY SINGER

Most of us at one time or another in our lives have wondered what it would be like to fly like a bird. But have you ever wondered what it would be like to sleep like a bird?

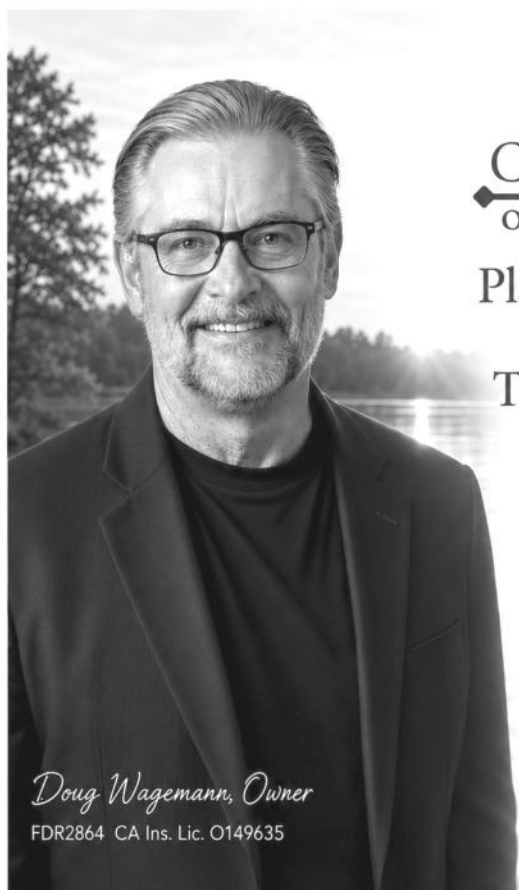
A publication from the National Institute of Aging states that "Many older adults don't sleep well. Factors including insomnia, sleep apnea, and movement disorders such as restless legs syndrome make it difficult to get in a good night's sleep."

Birds may have evolved in a better way. Birds not only don't have the issues that older humans have, they have some nifty workarounds to get the sleep that they need. Avian sleep research has found that birds such as chickens, ducks and Zebra Finches have the ability to sleep with only one half of their

(cont' on page 27)



A Zebra Finch





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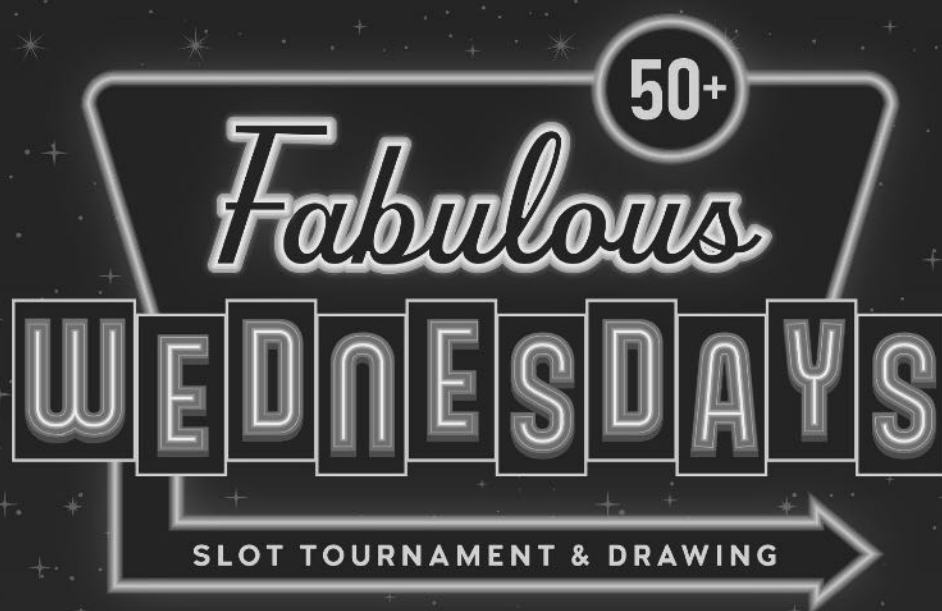
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SUNDAY

Admission opens at **10:30am** • Games begin at **1pm**

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Bird Group

(cont' from page 25)

brain at a time. By alternating the sleeping half of the brain throughout the night, these birds can still be watching out for predators with one eye always open. And yet, they still get their required brain rest and perhaps even dream. Even more remarkable, some birds appear to be able to sleep while flying. There is evidence that birds like albatrosses can fly over open water for days at a time and actually sleep while soaring over the oceans.

So, the next time you're tossing and turning while trying to get to sleep, perhaps imagine that you are a bird, flying over Lincoln, California. You probably will still struggle to get to sleep right away, but you may have exhilarating dreams when you do

Future Bird Walks:

Note: Non-local walks depart from the OC gym parking lot @ 8AM

October 9: Dry Creek Community Park
October 23: Vic Fazio-Yolo Bypass

Future Meetings:

Meetings are always the second Monday of the month at 1:30PM @ Kilaga Presentation Hall

October 12: Jack and Judy Weaver will be presenting a Birding in Belize Travelog. We will learn about the National Bird of Belize, the Ghost Bird—Master of Camouflage and more!

Contact Information:

Visit us at our website www.sclhbirders.org

Or contact Don Fallon, our chairperson at donfallon102@gmail.com

...

Fly Fishing Club

BY HENRY SANDIGO

Hi Fly Fishers, fantastic news! Sun City is welcoming a new club!

If you're passionate about fly fishing or simply dream about it, this club is just what you need. Plus, there are no dues!

We enjoy getting together socially every Friday at 8:00 AM at Meridian's for coffee and breakfast, and the club will meet on the first Tuesday of each month from 9:00 AM to 10:30 AM at OC's Fine Arts room.

Our first meeting October 6th.

We can discuss anything from "Hey, I went fly fishing!" to general conversations

about your favorite times on the water, where to fish, or getting hooked up with a Fish Out. Dick Angus will also demonstrate his favorite fly on his vise and might even lead a fly tying class. You don't have to tie; you can just watch. And if you have something you'd like to chat about, like a conservation issue, a fish out you would like to put together, we're all ears!

This is just an informal group of like-minded fly fishers who want to learn more about who, what, where, when, and how.

To join, simply contact Henry (the membership person) at hsandigo@icloud.com or text 415-716-0666. No forms to fill—just a roster to add you to.

...

Hikers and Walkers

BY LISA MARIOTTI

Grab your hiking shoes and a light jacket—October is calling, and she's bringing cooler temps, colorful trails, and plenty of excuses to get outside. Check our website www.LHhikersandwalkers.org for all the information you'll need to pick what's right for you. New members are always welcome, and you can try out a walk or hike before joining our club.

September brought us all together for our annual meeting where we enjoyed listening to Mark Smelser's engaging geology talk. Our hikers also gathered for a wonderful hiking extravaganza to Mammoth Lakes—a great way to get to know fellow club members in a

casual and fun environment. Guess what! We're already looking forward to our next social—our annual holiday party on December 14th!

We have a couple of October hikes ready to go as I write this newsletter, so there's plenty to look forward to. Fall is a magical time in the Tahoe Basin, and the aspens should be glowing when we hike the Martis Peak Trail. We're expecting stunning 360-degree views overlooking Lake Tahoe and Donner Lake. This is a great hike for those who enjoy a longer hike at a faster pace—with plenty of elevation gain!

Another scheduled hike is the ever-popular hike to historic Cool for lunch. This is always a well-attended hike and is perfect for moderate hikers who enjoy a little socializing along the way and a fun lunch spot. We always have a great time, and we hope to see you there!

Our Walkers enjoy weekly opportunities to walk together within our community, with routes and paces suited to a wide range of abilities—from relaxed strolls to brisk walks. Please check our website LHhikersandwalkers.org for the latest schedule and starting locations.

Call President Tom Denzler, 530-368-2564 for more information or visit LHhikersandwalkers.org

...

Cyclists

BY TOM FRADY

By the time you read this, the annual club potluck will have transpired. We know from history it was a ton o' fun with amazing food and the business meeting was kept mercifully short. It's always a great time to make connections with club members with home you don't ride.

The Sacramento Century Challenge (Oct 3rd) saw a few club members ride the delta on a ride that is perfectly flat.

And the Solvang Destination Ride (Oct. 6-8) has also occurred. Whew! The summer was just full of fun activities for club members.

Coming up? There will be another Bike Maintenance class in November, so watch for the date and location. These have been hands-on, fun and well-attended.

And take time to add the club's Annual Meeting on January 19, 2027 to your calendar. The Annual Dinner will be just two days later, on January 21, 2027.

The heart of our club are our rides. There are now rides on Monday, Wednesday, Thursday, Friday and Sunday.

2026 is our 25th anniversary and we are more active and stronger than ever.

...

Pickleball Club

BY DIANE FERRARI

We have lots of Fall fun scheduled this month! We want to thank all our residents for their patience and understanding during the resurfacing and construction projects in late September and early October. The wait was worth it! Our improved courts provide a safer playing environment, nicer courts, and additional opportunities for court use. And there's even more! Two new pickleball courts are being added to the Multi-Use Court in October. These additional courts will help improve court access, reduce wait times, and give more residents the opportunity to play, connect, and enjoy pickleball! More Exciting Improvements! We're excited that the new Sunshade has been installed on the lower courts! Our Grand Opening Gala is coming soon, so stay tuned for details and dates at lhpcub.com. A special thank you to our September tournament sponsors for their generous support: Terrie MacDonald

(cont' on page 29)



Hikers and Walkers — October is looking pretty cool.

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Pickleball Club

(cont' from page 27)

with Intero Real Estate Services, Carlos Lara with California Carpet and Design Center, and our newest sponsor, Linda Hulberg with Empire Home Loans. We truly appreciate your support of our pickleball community! New to Pickleball? If you don't know how to play, now is the perfect time to learn! Our next Intro to Pickleball classes is scheduled for October 14 and October 28. These free introductory classes require advance registration. Space is extremely limited to just eight participants per session, and spots fill quickly. To register, residents must email Cathy Shanley directly at welcometopickleball@gmail.com. Bring your water and wear court shoes—we'll provide the paddles and balls!

• • •

Water Volleyball

BY MIKE CARLSON

If you missed us playing at Orchard Creek, come discover the newly renovated Kilaga Springs pool and experience the fun of water volleyball. With fall just beginning, it's the perfect choice for indoor recreation. Just as importantly, we're a warm and welcoming social club, with plenty of fun gatherings and activities outside the pool throughout the year. We have a spot for you no matter what your

skill level is. Come out any Saturday morning to check us out. First please email Elaine at: Schwatervolleyball+newmember@gmail.com

• • •

Softball

BY ERNIE MICHELI & LANETTE STRATTON

If it's October, it must be time for Fun Ball. Fun Ball is an off-season softball activity to maintain our skill level and just have fun in a more relaxed atmosphere than the regular season. Games will be played each Wednesday and Saturday beginning at 8:00 a.m. with a second game at 9:45 a.m. A link to Signup Genius has been e-mailed to membership where you can sign up to play.

The Women's Division has been in existence for six years and wanted to pay forward, for past support, to a worthwhile softball organization. On September 12, they were excited and pleased to donate six complete sets of catcher's gear and \$500 to the Lincoln Girls Softball Association.

The Lincoln Girls Softball Association is a fast-pitch softball program for girls living in Lincoln and Sheridan. This program provides opportunities for girls ages 4.5 to 16 and at all skill levels. The league is committed to

The LHSSL Women's team were welcomed by the Manteca Del Webb ladies' team for the 1st annual double header on Sept 13. The Lincoln women had a blast as they won both games 13-6 and 12-4. The skill level and



providing a safe and positive atmosphere for teaching softball skills and sportsmanship. They look forward to seeing these young ladies grow into fun, strong, and competitive athletes.

Funding for this donation was made possible by hot dog sales and generous contributions by the women's team sponsors.

great teamwork showed with strong defense coupled with plenty of offense. Extra high fives and the supportive fans made the day even more special. We look forward to welcoming Manteca to our field next year.

You can find more information about the LHSSL and Fun Ball at lhssl.net.

• • •



Mad Hatters Bocce Group

BY KIM PETRUZZELLI

We didn't want to run out of Band-Aids, so rather than falling over for fall, we simply changed our Thursday morning start time to 9:00 am. We'll stick with this start time until we trust the weather to really stay cool, and then we'll formally move to the 10:00 am winter start time (aka Donut Day).

Bocce is an easy game to learn, and we welcome newcomers of all skill levels. Everything you'll need to get started is already at the courts, so you just need to show up in the morning. New, inexperienced, and handicapped players are always welcome. Don't know how to play? We'll guide you.

If you're looking for more bocce, the Monday Morning Bocce Group led by Ron

Clawson plays at 9:00 am and is open to everyone. If you're more of a night person, you'll want to try out the Night Owls led by Ann & Rick Marks. You'll find them on the courts at 7:00 pm on the 1st and 3rd Tuesdays of each month.

Mad Hatters Contact: Kim Petruzzelli, LHBocce@gmail.com / 408-439-8716

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(more Club News cont' on page 31)

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Lincoln Hills August Sales Snapshot

Address	Street	Sqft.	Orig. Price	Selling Price	Floor Plan
1550	Topanga Lane	1194	\$385,000	\$315,000	Condo
1530	Topanga Lane	1519	\$399,000	\$395,000	Condo
2297	Winding Way	1020	\$439,900	\$443,000	Mariposa
162	Calistoga Lane	1854	\$549,000	\$520,000	Plumas
994	Gold Nugget Lane	1473	\$550,000	\$538,500	Almanor
855	Waterfield Court	1873	\$649,000	\$593,000	Orchard Crest
408	Daylily Lane	1549	\$599,000	\$600,000	Alpine
1486	Rose Bouquet Lane	1681	\$617,000	\$610,000	Echo Ridge
2964	Black Hawk Lane	1531	\$619,000	\$614,000	Alpine
1945	Laurelhurst Lane	1595	\$615,000	\$620,000	Quail Cove
671	Violet Lane	1785	\$699,900	\$637,000	Santa Cruz
1556	Sweet Juliet Lane	1910	\$670,000	\$650,000	Fremont
2341	Stepping Stone Lane	2017	\$692,500	\$692,500	Pine Hill*
1264	Hillhaven Lane	1910	\$719,000	\$719,000	Fremont
137	Lakefield Court	1910	\$719,000	\$719,000	Fremont
2695	Kingfisher Lane	2281	\$789,000	\$725,000	Shasta
1760	Barn Valley Lane	2049	\$745,000	\$744,870	Annadel
632	Orchid Lane	2372	\$779,000	\$749,000	San Mateo
2135	Hidden Hills	2025	\$765,000	\$775,000	Annadel
1817	Barn Valley Lane	1791	\$809,000	\$781,000	Tahoe**/***
2203	Pebblestone Lane	1934	\$789,000	\$790,000	Fremont
2603	Woodacre Lane	1873	\$819,000	\$840,000	Orchard Crest
2607	Blue Heron Lane	2504	\$869,000	\$869,000	Marin***
2209	Lamplight Lane	2801	\$899,000	\$890,000	Meadowgate
640	Loon Lake Lane	2258	\$1,050,000	\$1,050,000	Napa***
308	Prunella Court	3081	\$1,250,000	\$1,285,000	Santa Barbara**/***
2456	Blue Heron Lane	2831	\$1,295,000	\$1,300,000	Sonoma**/***

Casita * View / Golf Course

Total Homes sold in Sun City per MLS 08/1/26 - 08/31/26

SCLH Elections Committee — Step Up as an SCLH Board Leader

BY JUDY MARTIN, *Committee Member*

Have you ever thought, “I’d like to make a difference in our community?” This may be your opportunity to turn that thought into action. Serving on the Sun City Lincoln Hills Board of Directors is about much more than filling a seat. It is an opportunity to help shape the future of our community, work collaboratively with fellow Board members, and help ensure that SCLH remains a strong, vibrant, and thriving place to live.

Your Leadership Can Make a Difference - As a Board member, you can help:

- Safeguard our community resources and ensure they are managed wisely.
- Strengthen programs and services that enhance the quality of life for all residents.
- Address community challenges and help establish priorities for the future.
- Bring your experience, ideas, and perspective to decisions that affect our entire community.

Why Consider Running? Board decisions have a direct impact on every SCLH resident. With four Board positions open in the 2027 election, there is an opportunity for your voice and fresh perspectives to become part of the leadership team. Your professional experience, community knowledge, problem-solving skills, and passion for SCLH could make a meaningful contribution.

This Could Be Your Moment - Meaningful change begins when people are willing to step forward and serve. By becoming a candidate, you can contribute to the community you call home—and to experience the satisfaction that comes from knowing your efforts can make a lasting difference.

Ready to Learn More? The SCLH Elections Committee is available to help. Candidate information packets for the 2027 election are available now at the Membership Services Desk (OC).

2027 Election Schedule —

Friday, January 15, 2027: Candidate Information Session — Ballroom (OC) 1:00-3:00 PM

Tuesday, February 16, 2027: Candidate Nomination Form with Autobiography Due — 4:00 PM

Friday, February 19, 2027: Candidate Briefing Session — Solarium (OC) 10:00 AM – 12:00 PM

Monday, March 1, 2027: Campaign Materials Display begins — OC and KS Lobbies

Candidate Forum Question Box — OC and KS Lobbies

Friday, March 12, 2027: Candidate Town Hall — KSPH 10:00 AM – 12:00 PM

Candidate Meet & Greet (refreshments served) KS Placer Room Noon – 3 :00 PM

Saturday, April 3, 2027: Candidate Forum KSPH 10:00 AM – 12:00 PM

Candidate Meet & Greet (refreshments served) KS Placer Room Noon – 3 :00 PM

(Mon-Fri), April 5-9, 2027: Ballots mailed to members

Wednesday, May 12, 2027: Deadline to Return Ballots 3:00 PM

Thursday, May 13, 2027: Election Day: Ballot Counting — Ballroom (OC) 9:00 AM

Election and Annual Meeting of Members

Election Results announced

Wildlife Heritage Foundation Community Forum Presentation — News and New Faces at Wildlife Heritage Foundation

BY LINDA FRANKLIN

Monday, October 26, 2:00 p.m., KS P-Hall

When you walk the Elderberry Trail, Ferrari Ranch Trail, or other protected nature areas in our community, have you wondered who cares for them? Who removes invasive plants or fallen debris, decides when to leave a dead tree standing for wildlife, or manages overgrown cattails?

Join us as we welcome Sarah Wood, Wildlife Biologist at the Wildlife Heritage Foundation, and Lance Spece, Conservation Integrity Manager. Sarah follows Gaylene Tupen in helping care for the nearly 500 acres of protected open space that make Sun City Lincoln Hills so special.

The Wildlife Heritage Foundation, or WHF, works with our dedicated landscape staff to protect, enhance, and restore vital California habitats. Our community is uniquely



Lance Spece and Sarah Wood

fortunate among senior communities to benefit from trails to walk through acres of protected preserves, which provide food, water, shelter, and space for native plants and animals.

The preserve, nestled within our residential development, supports many bird

species, including killdeer, California quail, and waterfowl. During nesting season, WHF and landscape staff work together to avoid disturbing nests and to help protect young birds as they begin moving beyond the preserve.

One example of this is WHF’s installation of custom, lightweight storm drain covers in high-risk neighborhoods. These covers help prevent young birds from falling into drains while still allowing water to flow through.

Come meet Sarah and Lance and learn how WHF helps preserve the open space and wildlife that enrich our community.

Table Tennis

BY WES HILL

The sport we play goes by table tennis or ping pong. Perhaps if you take the sport extremely seriously, you insist on calling it table tennis. If this is your mindset, you probably already know that a typical slam in a professional match travels at 50 to 60 miles per hour. You may also know the fastest a human has hit a ping pong ball is close to 120 miles per hour (and they're probably still trying to

reattach his arm to his shoulder). At "only" 55 miles per hour, the ball is traveling 80 feet per second. The table is 9 feet long, so maybe there are 12 feet between your opponent's paddle when it contacts the ball, and your body. Do you know how long it takes an object traveling 80 feet per second to travel 12 feet? Correct. Not long enough to duck. This is why we discourage professional table tennis players from playing in our club. Casual players are welcome to join us. That's not to say we don't have some good players -- there just aren't any



Club President Carl Lynch outlasting our ball machine.

who care what you call this sport.

We play in the Multipurpose Room (KS) Tuesdays from 6 PM to 8:30 PM, Fridays from 8 AM to noon, and Sundays from 8 AM to 5 PM. There is no charge to play, and we provide loaner paddles and ping pong balls. Membership in the club is also free. There will be a membership signup sheet by the main entry door to the Multipurpose Room during the hours we play. As a member you will receive an entertaining, monthly newsletter that includes a calendar of upcoming events.

For more information, check out our club website: <https://sites.google.com/view/LHTTC>

Shuffleboard

BY JON KLINE

Morning Club play continues- later starting time: Tuesdays and Saturdays from 9:00 to 10:30 A.M. During warmer weather, come after 8:30 AM to set up a court and start playing. New players are welcome; we will quickly show you how to play. The four commercial grade shade canopies give sun protection to the players standing or sitting at both ends of all five courts. Thursday Evening Socials continue from 7:00 to 8:30 PM. Bring a dessert to share. Court 10 is located at the back of the Softball parking lot in the Sports Plaza. Sign up for an "Intro to Shuffleboard" clinic on October 12 at 9:00 AM. Next club tournament featuring Same Side Partner format is October 24. Details on club website or flyers in the OC club bin. For residents' open play, all equipment is in the onsite cabinet (contact

club for padlock combination), with use and safety instructions posted there. Court 10 gate is now locked from 7:00 PM to 7:00 AM. Call V-Force security to unlock for evening play: 279-239-9094. You can reserve courts up to 7 days in advance online via the WellFit Resident website. For large group reservations, please contact WellFit to reserve courts 2-8 weeks in advance. Club volunteers are available to help your group get started and go over the basic game & safety rules. Remember that no bending or lifting is required to play shuffleboard, and everything is free.

Contact Jon Kline at 650-279-0001 or at alsonjonny@gmail.com

Club Website: Facebook/SCLH Shuffleboard Club



(more Club News cont' on page 33)

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Voices of Lincoln Poetry Contest Attracts 72 Poets from 47 Cities in 10 US States and Five Countries

BY ALAN LOWE

The 22nd Annual Voices of Lincoln Poetry Contest was very successful again this year. The theme of the contest was "Memories: Revisiting The Past Through Poetry." The five (5) contest categories included the following: My First Love, The Best Gift I Ever Received, My Greatest Accomplishment, What I'd Like, To Do Over Again, Advice That Changed My Life.

The July 15th entry deadline attracted 72 poets. Poets submitted 153 poems in the five categories. Poets came from 31 California cities and from Tempe, AZ; Tuscan, AZ; Champaign, IL; Spring Valley, IL; Fort Wayne, IN; Barnstable, MA; Rockville, MD; Belfast, ME; Charlotte, NC; Klamath Falls, OR; Austin, TX; and Houston, TX. International submissions came from Chittagong, Bangladesh; Dundas, Ontario, Canada; London, England; and West Kowloon, Hong Kong.

Judges selected 37 winning poems, submitted by 22 poets, including 10 "Young Poets," ages 10 through 18. Seven Placer County residents, two from Lincoln, one from Penryn, one from Rocklin, and three from Roseville did very well in the competition. These seven received five 1st places, one by a young poet; three 2nd places, two by young poets; and five 3rd places, one by a young poet. Young poets came from Granite Bay High School and Rocklin High School.

The Voices of Lincoln Poetry Contest special event, at which winning poets will read their poems, will be held on Sunday, October 18, 2026, from 3-5:30 pm, at The Salt Mine, 590 Lincoln Blvd, at 6th Street (Enter building on 6th Street), Lincoln, CA. Everybody is invited. This event is free to the public.

Winners will be presented with a commemorative chapbook of the winning poems.

The Voices of Lincoln Poetry Contest is presented by the Poets Club of Lincoln.



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Tennis Group

BY PAULA GRIFFIN

Fall is in the air as the Tennis Club wrapped up its annual Fall Frolic Men’s and Women’s Doubles Tournament. Friendly competition, camaraderie, wonderful weather, and a delicious lunch ruled the day. A big thank you to sponsor Terrie MacDonald of Intero Real Estate for her support of the tournament. The Oktoberfest Mix & Switch Mixed Doubles Tournament is next up, as tournament season winds down into winter. Not to worry, we will continue to offer a variety of activities to keep your strings in tune during the winter months. Try Ball Machine practice on Thursday and Saturday mornings, Triples (3 players on each side of the court), on Saturday mornings, Drop

in on Wednesday and Saturday mornings, or Live Ball on the first or second Sunday morning of every month. Check our calendar on our website <https://sclhtg.com> for details on all activities.

New to tennis? We are offering a membership special “Three for Free” for anyone who joins in October, November, or December. Get the rest of 2026 for free, included with your 2027 membership dues payment! Membership applications are available from our website or by the chalkboard at the Sports Pavilion. Also check out our window display throughout October at the Orchard Creek Lodge. Attached photo of Fall Frolic Tournament participants courtesy of member Shima Daniels.

See you on the courts!

• • •

Men’s Golf Club

BY WALTER MILGROOM

The Lincoln Hills Mens Golf Club welcomes all who wish to compete in a friendly, but competitive golf tournament. The format changes each month throughout the year. There are always prizes for the many winners in each flight, and an occasional free lunch. You’ll always be playing with players of comparable ability and flighted with players of similar handicaps as your own. What a great way to meet some new friends who enjoy the game!

This month’s tournament was the always popular ‘Step-aside Scramble’: A scramble, but if your shot is chosen as best, you step aside while the other three hit shots.

And the winners for August:

1st Lazarek, Allen, Kastner, Horan
2nd Eisenhower, Milgroom, Schneider, Walker
1st (Gross) Jaicks, Black, McClaskey, Leonard
A good time was had by all, and everyone had fun!

• • •

(more Club News cont’ on page 39)



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LH Foundation Wise Aging Series — “Living Longer, Living Well”

BY DENISE BOWDEN

Planning ahead can make all the difference in aging well and being prepared for life's unexpected turns. The Lincoln Hills Foundation's Wise Aging series brings experts and practical information to help seniors navigate the transitions ahead.

Upcoming Wise Aging Presentations

Encore Presentation—Medicare Updates:
What You Need to Know for 2027 Wednesday,
October 21 at 10:00 a.m. Presentation Hall

With Medicare Open Enrollment beginning October 15, this encore presentation is especially timely. Learn how Medicare works, compare plan options, understand the pros and cons of different types of coverage, and identify what to consider when making your Medicare choices for 2027.

November 6 – Lifespan, Healthspan,
JoySpan: Living Longer, Living Well

Friday, November 6 at 10:00 a.m.
Presentation Hall

Speaker Marcia VanWagner will discuss how chronic disease doesn't just affect how we feel today. It shapes our future health and end of life choices. Learn what you can do now to protect your health; preserve your joy and plan for the life you want.

Don't miss these valuable opportunities to

get informed and plan ahead. Each session will be held in Kilaga Springs Presentation Hall.

Previous Wise Aging sessions covered High-Risk Medications and Cognitive Aging. If you missed either presentation, you can watch the videos on the Lincoln Hills Foundation website at www.lincolnhillsfoundation.org

SCLH Libraries

BY JANE LEONARD

Did You Know... 73% of adults over the age of 60 identify as book worms? Good news—SCLH has two libraries, and no card is needed!

Orchard Creek's “living room” shelves offer numerous fiction paperbacks. Kilaga Springs has a broader selection: over 1,500 current fiction titles, 300 large print books, 400+ paperbacks, and 800+ non-fiction titles covering Biographies, History/Politics, Health/Self-help, Adventure, Travel, Science/Technology, Business/Finance, and more. There are also 500+ books on CD, plus special and seasonal selections.

And don't miss the Author Lecture Series, where local published authors share their stories and their writing process every few months.

So next time the reading bug hits, you'll find your cure right here in our own SCLH libraries!



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Lynn and Nadine Miller

(cont' from page 1)

get married which they did on September 17, 1961 at the Sacred Heart Catholic Church in Hollister. After the wedding, they headed for Utah in time for Lynn to resume at the University of Utah while Nadine worked at one of the television stations in Salt Lake as a traffic controller, setting times for shows, commercials and impromptu ads.

Then they returned to California, this time Santa Clara, where Lynn worked for Gousha, a map printing company. The couple managed duplexes to save money to buy a home in south San Jose and had three children, Richard, Jeannine and Nicole. Richard, now retired, owned a concrete coating company. Jeannine (Scott) lives in Atlanta, and Nicole (Cori) resides in Loomis.

Lynn took a sales position with Kellogg's and in 1968 was transferred to Salt Lake City where they enjoyed the Newcomer's Club and made great friends. "I was the Ski Chairwoman and the gals skied during the week after sending kids off the school," Nadine recalls. Then Lynn was transferred to Denver where they enjoyed the outdoor lifestyle and another Newcomers Club, meeting more great friends. Jeannine started ice skating lessons and the entire family skated and skied almost every Sunday for the next four years.

Then it was off to Chicago where Nadine and friends took the commuter train into the



Nadine and Lynn Miller on their wedding day, 1961.



Nadine and Lynn Miller and their family in 2012.

city for lunch, plays and shopping. But the winters were harsh and Lynn, remembering the California climate, decided it was time to return there, this time to Fair Oaks where the whole family would ride their bikes to the river and enjoy outdoor living again. Nicole had started horse riding lessons in Chicago, so Nadine and Lynn bought her a horse which they boarded

around the corner from their home. Soon they were hooked on all the horseshows and trailering.

Lynn, at that time, was in sales with Monarch Foods. Then he managed the Superior Coffee sales. And, eventually, he became the beverage specialist for Nestle's, serving casinos and hotels in California and Nevada.

After their first two children left for college, Nadine began working as a multi-level representative, pioneering tour companies for Hawaii, Jamaica and Mexico into the California travel market. It was the perfect time for her to take advantage of all the travel benefits,

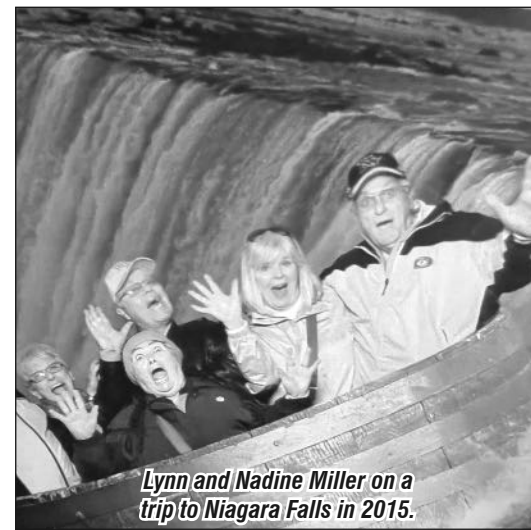
and she and Lynn began traveling the world. Nadine was enthralled by her travels, wanting to see how other people lived, and participating in different cultures. She also began pursuing another goal of being a specialist for various countries, especially for Africa.

In 2000, while Nadine was working as a travel agent with American Express and as a Corporate Travel Manager in Sacramento, Lynn decided they should move to Sun City Lincoln Hills which they did in 2001. After two years of meeting so many Italians in the pool, Nadine decided to start an Italian club. She talked to couples who agreed to be on the board, and then she wrote the by-laws and constitution for the potential club. On July 23, 2003, Nadine invited three couples to her home to initiate the beginning of the Italian Club. Luckily, years later, Italians are still keeping the club quite active with their amazing events by Lilly and other supporting members. "It is the most active independent club in SCLH," says Nadine.

Nadine and Lynn also joined the Portuguese club and the Sportscar club. Lynn even started two men's poker groups and has a passion for making sourdough bread. Of course, when they can, they dance. Throughout her life, Nadine loved to dance—tap, line, hula jazz, you name it. Many compliments were given to them as the perfect dance couple even on cruises. On one visit to Sulawesi, Indonesia, natives came out of the jungle to see, for the first time, American tourists who danced in front of them. Their dance was even captured on local television.

Once on a trip to Africa the couple were turned away at the airport because Lynn's visa was posted on the wrong page of the passport, there was no room for more stamps. When they returned home, Nadine contacted people in the industry that she knew would rectify the situation. Within four days, she and Lynn were able to join their friends on safari in Africa.

After moving to Lincoln Hills, Nadine



Lynn and Nadine Miller on a trip to Niagara Falls in 2015.

kept her passion for traveling alive by organizing many trips for her fellow residents. She took groups to various places like Branson, Missouri, and Niagara Falls as well as on cruises to the Caribbean on the Oasis of the Seas. Because of hip and knee problems, she doesn't anticipate much traveling in the future, but

having been to countries throughout the world, including China, Viet Nam, India, and Tahiti, she's content to socialize, dance and continue with activities that she and Lynn enjoy.

They also enjoy hearing from their children and six grandchildren, Zach and Sydney (Jeannine's) who live and work in Manhattan, Caleb (Nicole's) who is in college at Riverside Baptist, and triplets Max, Julius and Nicolas (Richard's) living in Austin, Texas.

They still enjoy all the activities at SCLH and their trips to Swabbie's on the river in Sacramento where Nadine and Lynn dance.

Last month the couple celebrated their 65th wedding anniversary. "It's been a wonderful journey," says Nadine. "We've met so many wonderful people and have so many great memories to savor!"

Want to share your story — let us know!
E-mail us at: SunSeniorNews@gmail.com



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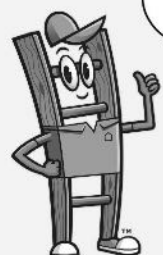


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Ladies Golf - 18 Hole Club

BY KAREN ESCOBAR

It was one of the hottest golf days of the summer, but that didn't stop Betty Blaney from bringing her A-game! Betty finished with a net 71 to claim the September Net Chix title. Gretchen Hanson also had a great day, winning Closest to the Pin on Hole 16 of the Hills Course with a shot just 8 feet, 10 inches from the cup. Congratulations, ladies!

SCLH XVIII golfers Patti Tilton, Edda Ashe, Judy Dong, and Donna Sanderson came out on top with low net over the field at the Turkey Creek Swing with Bling Guest Day. Way to go, team!

Live in SCLH and love golf? Ladies Golf XVIII is the place to be! We tee it up every Thursday for a fun and friendly Play Day, with a different game format each week to keep



things fresh and entertaining. With nearly 100 amazing women in our club, there's always someone new to meet, laugh with, and enjoy a round of golf. Come join us—we'd love to have you!

• • •



Patti Tilton, Edda Ashe, Judy Dong and Donna Sanderson

Billiards Group

BY SUSAN VOIGHT

Why don't you come join us at one of our Billiards Tournaments! For only \$10 per year, not only do we have several tournaments each week ranging from Beginners to Advanced playing, but we also have several Special Tournaments throughout the year: Holiday themed as well as Seasonal Tournaments and Best of the Best. Just last month we held our Falling Leaf Open Tournament!

Our "Free" Mentoring sessions for Beginners to Advance on Tuesday mornings with two session are very popular. Session 1 at 9:15 to 10:15 and Session 2 at 10:30 to 11:30. We have everything you need to get started: cue sticks, chalk, and of course the billiards balls. Stay for both sessions!

Billiards is a wonderful inside activity, you can play all year long with no need to worry about the weather. Our players can enjoy relaxed or competitive games depending on your mood. Of course, "friendly" competitive games are excellent for developing your game and can give you a boost of confidence. Each game you play is a new adventure!

Stop by to check out our Mentoring group on Tuesday or one of our Tournaments in action. You'll definitely want to try a few.

We are a fun and welcoming group where you'll make many new friends. We have two fun events during the year. Our Summer Picnic and our Holiday Dinner and Dance which will be coming up in December, so be sure and join before this wonderful event!

Billiards is a great social game so make sure you check out our website: www.lhbilliards.com for all the information which includes Tournament times and other events. And then, come join us at the Lincoln Hills Billiards Group. Have some fun. You deserve it.

• • •

Bridge

BY WENDY WOHL

If you are looking for fun, try bridge — yes bridge. It offers the suspense of poker, the cerebral qualities of chess and the excitement of athletic sports all in a social setting where you are a participant not just a spectator. Bridge is also a great way to practice the "use it or lose it" advice for maintaining mental sharpness in old age.

If you have been playing bridge for a while and would like to step it up a notch, contact our club President, Elise Homer at 916-303-0751. Games are every Wednesday and Saturday at K.S. At 12:30. Come out and make some friends at the bridge table.

• • •

(more Club News cont' on page 42)

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Medicare -2027 Update

Brent and Ellen Smedley, Principals

Wednesday October 21, 2026 | 10AM-12 Noon

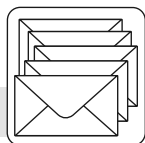
Kilaga Springs Presentation Hall

Medicare can feel like wandering through a maze. Join **Brent and Ellen Smedley, principals of Smedley Insurance Solutions**, for a free presentation designed to make Medicare easier to understand.

With **Medicare Open Enrollment for 2027 beginning October 15**, this is a timely opportunity to learn how Medicare works, when and how to sign up, and how to compare your plan options. Brent and Ellen will review the pros and cons of different types of plans, what to consider when choosing coverage, and **how Medicare is changing**.

The presentation will also include a look at the overall state of Medicare and what future changes may mean for older adults.

This presentation will help residents ask better questions, compare options more confidently, and plan ahead with clearer information.



Letters to the Editors...

Authors are solely responsible for the content of their letters.

The reasons for moving here...

Some people are dedicated to disparaging Sun City Lincoln Hills Rules, Management, the Board and perceived high dues. Most residents don't.

Sun City Lincoln Hills is a community created by Del Webb as an Active 55+ Adult association. Opened in 1999 it has grown to 6783 homes nestled in Lincoln, Ca. About 45% through the building of this community Del Webb went bankrupt and was sold to Pulte Homes.

The Board of Directors are volunteers elected by the residents and have varied views of issues. The Board does agree on Management and is working hard on making Sun City a better place to live.

When considering buying a home in SCLH, you look at a variety of points. What are the Dues? Is it close to family living in northern California? Does it fit my financial situation? Does the association offer to support me? There are other questions, but these are the main issues.

Dues are now only \$188 per month, in 1999 Dues were \$83.18. The dues have increased a mear \$3.88 on average over the past 27 years. Compare our dues and what we offer our residents to any HOA anywhere near our size

within 100 miles around, SCLH wins.

The reasons for moving here are many, family and friends are near, the dues, the great amenities, downsizing, or you heard it from the grape vine.

If you have moved from So. Cal or the Bay Area your home equity may serve you well here.

Considering there are well over 28,000 sq. ft. of facilities that are dedicated to the physical and mental well-being of the 850 residents that check in each week and they can also take advantage of the 142 machines that populate the two gyms, the sports facility with pickleball, bocci ball, tennis and softball, SCLH wins again.

A very few have dedicated their efforts to a negative view of our home, but I am with the vast majority of residents that have a deep abiding love and respect for this home, SCLH.

Michael Deal

• • •

Time to hire an outside consultant

The SCLHCA salary schedule needs to be made public for all members to see, including being placed on their website. Most important is that each paid position should have a detailed job description to support the hours and salary needed.

Since I moved here in 2010, there have not been any new homes added. We still have the same amount of people living here. Capital improvements moved forward without a full time Project Manager. Yet now, we see more and more upper management positions being added.

The executive director suddenly needs and created new positions: Director of Operations, HR Manager, Project Manager, Project Coordinator, 2 Community Standards Coordinators, 3 additional staff Accountants, 2 Lifestyle Supervisors. And the list goes on...

It appears that each Director needs a Manager who needs an Assistant who needs a Supervisor, etc.

It is obvious that we are TOP Heavy in management positions. What we really need is the office clerks and labor workers to be FULL time, in order to get the everyday jobs done.

The restaurant, cafe and two bars need to be open daily and full time to accommodate the residents' and public needs. Eliminating unnecessary upper management positions would allow for more full time workers.

It is time to hire an outside consultant or company to do a Classification Study to recommend reducing the need for more supervisors while being able to increase the hours of all the worker bees who are the ones that get the job done!

Kathy Shaddox

• • •

Learn, Understand, Vote

Do you ever feel overwhelmed during election season? Do you tell your friends you don't know who is the best candidate? Is it hard to decide whether to vote yes or no on the propositions? Does it take too much time to do the necessary research to be an informed voter?

VOTE411.org can help with all of the above! Produced by the nonpartisan League of Women Voters Education Fund,

- Candidates list their three priorities, explain their qualifications to hold office, and answer additional questions.

- Answers are side by side so that voters can compare them directly.

- No ranking. No endorsement. No spin.

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And there is MORE! Vote411.org includes:

- Your complete ballot including Measures.

- Description of the position the candidate is running for.

- Links to check your registration status.

This One Stop Shop also lets voters register to vote and confirm key election dates.

Be an informed voter. VOTE411.org

Dawna Hawksworth —Placer

County Vote411.org Coordinator

dhawksworth@cavote411.org

• • •



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SSNLHWRITERS...

The Craziest Eight

BY STU SINGER

“Age is an issue of mind over matter. If you don’t mind, it doesn’t matter.” Mark Twain.

I have recently ushered in a birthday where for the first time the number eight was the lead digit. For years I could not understand why friends and family treated reaching octogenarian status with trepidation. Now I find myself among them.

It is surprisingly uncomfortable.

Let me make one thing perfectly clear: This is not a complaint. I am extraordinarily grateful to have reached an age neither my mother nor oldest sister attained and to be relatively healthy to boot.

However, regardless of one’s positivity, that eight is still a big number in the aging business. It will take a bit of time to adjust to this new status. One thing that has not been particularly helpful has been the deluge of platitudes I have received. Their purpose was noble—to assuage the pain. But all too often I found they missed the intended mark. Let me share with you some of my least favorites.

Age Is Just A Number —

Ah, everyone’s favorite go-to platitude. Age may be just a number but in the aging game it is critical to remember that “infinite” is not an option. And thanks to basic math this is clear: numbers are numbers, but some numbers are bigger than others. And this saying

seems to be invoked only when the number being discussed is big enough to cause concern.

With Age Comes Wisdom —

This makes sense but doesn’t work. Yes, more years means more life experiences. Of course, more life experiences mean more acquired wisdom. However, as we age that wonderful wealth of knowledge becomes locked away in a mind that struggles to remember names, dates, movie titles and the reason one went into a particular room. One bizarre exception: every word of every song I loved as a teenager is permanently locked into that otherwise jumbled terrain.

Every Wrinkle Is Just A Smile Line —

I will embrace this one as soon as someone explains to me why my arms and legs must have smiled so much.

Forget foreness Is A Form Of Freedom —

This only works if you consider frustration to be aligned with freedom.

Youth Is Wasted On The Young —

Technically, this is more of a complaint than an endorsement of the wonders of aging. Secondly, it is misguided. Too often this statement evokes the image of some young, annoying people we encounter at the Galleria Mall. The true tragedy is how much youth WE wasted on OURSELVES! Every time I see my young adulthood photos, I want to scream at the image, “Smarten up, you have no idea what is waiting for you on the other side of 70!”

You’re Not Getting Older, You’re Getting Better —

No... no... definitely...no.

Your Best Days Are Ahead Of You (see

above) —

“Eventually you will reach a point when you stop lying about your age and start bragging about it.” Will Rogers.

I am being a bit disingenuous about this whole aging thing. Sure, there are negatives when passing the “eight-O” Rubicon. However, in many ways viewing the world from near the top of the maturation pyramid is quite cool. Plus, I have some classy company. Sharing my 1946 birth year are Presidents Clinton, Bush and Trump. In the same boat are Sally Field, Cher, Sylvester Stallone and the late Dolly Parton to name just a few. Steven Spielberg, you, too, can come aboard. And so, so many Baby Boomers like me who are critical little spokes who help roll the much bigger wheel of life.

And then there is Sun City, Lincoln Hills. Who could imagine a better neighborhood to swap aging platitudes? All while watching folks live out one of the best:

“You don’t stop laughing when you grow old; you grow old when you stop laughing”. George Bernard Shaw

We welcome your submissions such as humorous observations and poetry. Please see page 3 for submissions information.

Keeping Our Streets Clear: A Matter of Safety

(cont’ from page 1)

Keeping our streets clear overnight is therefore more than a parking issue—it is a community safety issue. Each of us should consider whether leaving a vehicle on the street could prevent an ambulance or fire truck from reaching a neighbor in need.

We all share responsibility for maintaining emergency access. By avoiding overnight street parking, particularly on narrow streets, and using designated parking areas whenever possible, we can help ensure emergency responders can reach every resident without unnecessary delay.

Clear streets can save valuable time — and lives.

EDITORS’ NOTE: The Sun Senior News has always been politically neutral. Our content should be focused on the activities of the clubs, groups, individuals and issues related to being a resident of Sun City Lincoln Hills. Our publication will not publish article content or “Letters to the Editors” regarding Federal, or State election issues or advocacy.

We ask that Sun City clubs/groups that are, or could be perceived as political, to limit submission content to basic meeting/event/link info, and avoid advocacy.

All club/group submissions should focus on that organization only.

Submissions should be 300 words or less and due by the 15 month (unless the 15th falls on a weekend or holiday) then the submission should be submitted before then for the following month’s issue. Email to: SunSeniorNews@gmail.com



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Cribbage

BY MEL SWITZER

I was playing in the Card Room, all
looked right,

When my eyes beheld an amazing sight.

For my partner from his chair, began
to rise,

And suddenly to my surprise!!!

(He did the Mash) He did the Cribbage
Mash.

(The Cribbage Mash) It was a card room
smash!

(He did the Mash) It caught on in a flash!

(He did the Mash) He did the Cribbage
Mash.

From the parking lot in the OC east,
To the master card room where the sharks
all feast.

The gang all came from their humble
abodes,

To see a bunch of old dancing toads!!!

(They did the Mash) They did the
Cribbage Mash.

(The Cribbage Mash) It was a card room
smash!

(They did the Mash) It caught on in a flash,

(They did the Mash) They did the
Cribbage Mash.

The ladies were having fun, (wa hoo,
wa hoo)

The party had just begun, (wahoo, wahoo)

The guests included Lana, Kenneth and
his pun.

The scene was rockin', all were digging
the sounds.

Rae unchained, backed by her baying
hounds.

The coffin-bangers were about to arrive,
With their vocal group, "The Crib-Killer
Five."

(They played the Mash) They played the
Cribbage Mash.

(The Cribbage Mash) It was a card room
smash!

(They played the Mash) It caught on in
a flash,

(They played the Mash) They played the
Cribbage Mash.

Fresh from his long walk, Bruce's voice
did ring,

Seems he was troubled by just one thing.

He stumbled in and shook his fist and said,

"Whatever happened to my Sun City
Twist?"

Repeat chorus

Recent winners: John Gilmore, Rae Cook,
Tom Emerich and Ross Burkett.

These Zombies play every Tuesday at
8:30AM in the OC card room along with about
23 other Children of the Crypt (Cribbage) Club.

• • •

Euchre Club

BY SUSIE SMELSER

Euchre (Juckerspiel): Try an AI search
to find out more about this card game said to
originate from Germany. Our club meets twice
a month in the OC card room, each 2nd and 4th
Thursday. There are no dues, just an easy fun
card game. We start promptly at 6:00 PM and
play for 2 hours, ending at 8:00 PM. New to the
game? Come a bit early so we can refresh your
memory or teach you how to play. Basic rules
are online or on our handout located in the
club news rack. We usually have 3 or 4 tables
of four but can also play with six. We switch
partners often to keep things friendly and fun.
For more information contact Susie Smelser
707-362-6518, susiesmelser@gmail.com

• • •

Pedro Group

BY BONNIE KING

Pedro is a slightly challenging bidding
card game. If you have never played, or it
has been a long time since you played, we are
happy to teach you the basics or refresh your
memory. We meet from 9:00 AM to Noon in
the Card Room (OC) on the first and third
Fridays. For more information, please call
Denise or Bonnie King at 916-303-3525. We
look forward to seeing you soon.

Contact: Denise Jones – 916-543-3317.

• • •

22nd Annual *Memories* **2026**

VOICES OF LINCOLN *Revisiting The Past Through Poetry* **POETRY CONTEST**

WINNERS EVENT

SUNDAY, OCTOBER 18, 2026
3:00 – 5:30 P.M.

Twenty-two (22) poets, including 10 "Young Poets," ages 10 through 18, will read 37 poems expressing their thoughts on the following topics: My First Love The Best Gift I Ever Received My Greatest Accomplishment What I'd Like To Do Over Again Advice That Changed My Life.

Through the inspiration, thoughtfulness, and passion of our poets, words will be brought to life through their poetry.

- Everyone is invited to this free event to be held at The Salt Mine, 590 Lincoln Blvd, at 6th Street (Enter building on 6th Street—Park on Lincoln Blvd, 6th Street, or in parking lots across Lincoln Blvd. at 6th and F Streets), Lincoln, CA.
- Refreshments will be provided.

please join us  *please join us*

Presented By The Poets Club Of Lincoln **Sponsored By** The Salt Mine

LH Foundation —

(cont' from page 1)

- \$100 payout for each of the first 11 games
- \$250 payout for the final game

Make an afternoon of it and enjoy lunch at Meridians beforehand!

Bringing a group? We're taking table reservations. Email your request to lincolnhillsfoundation@gmail.com. And remember, if you don't have a full table, invite others to join you. You might make new friends—and enjoy a little good Bingo karma!

Meet the Author
Lecture Series

BY RITA RUTLEDGE

Meet the Author Lecture Series: Roy Brewer

Crusaders Down Under

Monday, November 2, at 2:30 PM • Presentation Hall (KS)

Imagine an unconventional army of Australia's exotic animals led by a wildlife veterinarian from the Outback taking out a terrorist responsible for a fatal plane bombing. In author Roy Brewer's Crusaders Down Under, this is just one of the many missions his quirky team takes on.

The Sacramento author & former lobbyist introduces you to some fascinating critters as he takes you on an exciting journey through many of Australia's most iconic wonders. The story is based on his travel adventures with Wink, his favorite Aussie and wife of 54 years who died of Alzheimer's in 2023. He wrote a second book, Who Are You? about caring for his wife during her illness. Proceeds from both books will support Alzheimer's research.



SUN SENIOR NEWS CLASSIFIEDS

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ANNOUNCEMENTS

CRAFT FAIRE AND BAKE SALE on Friday and Saturday, November 6th and 7th, 9 AM to 3 PM, featuring 40+ crafters. Lincoln Community Church, 950 E Joiner Parkway, Lincoln. Lunch available for purchase from 11 AM to 2 PM both days.

• • •

STUDENT-LED Lincoln Youth for Veterans offers free yard help to Lincoln veterans. Veterans and families: contact LincolnYouthForVeterans@yahoo.com to request assistance.

• • •

PLAY D&D “Dragonbane” in Sun City. Beginners Welcome. Call David at 916-462 2325 for info.

• • •

ATTN: Retired Law Enforcement Officers You are invited to join us for our quarterly meetings for some camaraderie, coffee and terrific guest speakers. We were formed in 2002 and have approximately 120 members. Please contact Chuck Schmidt, the RLEO Group coordinator at: 530cms@gmail.com

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SUN CITY REAL ESTATE UPDATE

Late August and early September (when I write this) is generally a bit of a ho hum period for sales. Labor day, kids going back to school or off to college all take buyers out of the market for periods of time. Surprisingly Sun City Lincoln sales over the past two weeks (8/26-9/10) has been pretty active, especially in comparison to Sun City Roseville. We are seeing longer marketing times or DOM (Days on Market) for most homes, but we still get those offers over the weekend sales too with a 2 DOM.



WRITTEN BY
GEORGE BROWN

gbrown@thompson-brown.com



Email Classified Ads by the 12th of each month to: SunSeniorCA@gmail.com

**FREE ADS — INCLUDE:

- ◆ First 15 words are FREE (for SCLH residents only), additional words \$1 each
- ◆ ONE AD PER HOUSEHOLD, PER MONTH
- ◆ Any Real Estate or Business Ads are not free. Please see "Business Ads"
- ◆ Lost and found items/pets.

Classified Ad Submissions — WHEN: By the 12th of the month. Please email the information below to: SunSeniorCA@gmail.com.
Subject Line should be SCLH Classified and your Phone Number (Example: SCLH Classified 916-123-4567)
1. Contact name and phone number.
2. Which category to place your classified ad in: (Service, For Sale, Wanted, Announcement)
3. Classified ad text - including the phone number you want readers to call.
SCLH residents get FREE non-business Classified Ads; limited to 15 words; one per household per month.
Non-business Ad items include selling personal used items such as furniture, tools, books, rugs, electronics, personal car, golf cart, etc.

BUSINESS ADS:

- ◆ Anything of a commercial nature, including pet sitting, real estate, rentals, time-share/condos, etc.
- ◆ 15 words for \$35. Additional words \$1 each.
- ◆ \$90 for three months, same ad! (15 words only) additional words \$1 each

Business Ads include anything of a commercial nature or service, including pet sitting, real estate, rentals, timeshare/condos, any service etc.
Business Ads are 15 words for \$35 for one-month. Additional words \$1 each. (\$90 for three months for the same ad.)
If your classified ad is determined to be “business” related, we will email you an invoice that will allow you to pay immediately with a credit card, or mail a check.
*HINT on Word Counts: A “word” is anything separated by spaces, or as reported by word-process software like Microsoft Word.

If you have any questions, please email us at: SunSeniorCA@gmail.com



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George Brown

RECENT SALES IN LINCOLN HILLS

1556 Sweet Juliet Lane	1910 Sq. Ft.	\$650,000
265 Lariat Loop	2073 Sq. Ft.	\$730,000
297 Sawmill Lane	2192 Sq. Ft.	\$800,000
1755 Maple Grove Lane	2192 Sq. Ft.	\$805,000
2306 Longspur Loop	2264 Sq. Ft.	\$816,000
714 Canyon Oak Lane	2612 Sq. Ft.	\$885,000
2209 Lamplight Lane	2801 Sq. Ft.	\$899,000
504 Sawmill Court	2258 Sq. Ft.	\$1,080,000
2462 Loon Lake Lane	2240 Sq. Ft.	\$1,152,000
460 Lilypond Lane	2955 Sq. Ft.	\$1,172,600
2456 Blue Heron Loop	2831 Sq. Ft.	\$1,300,000

All measurements and all calculations of area are approximate. All sales from all MLS brokers. Display of MLS data is usually deemed reliable but is NOT guaranteed accurate by the MLS. Buyers are responsible for verifying the accuracy of all information